

TRIMSARAN FAMILY CENTRE

England & Wales · Charity number 1088190

Details

Other names	BOBOL BACH
Status	Registered
Legal form	Other
Registered	2001-08-24
Register	View on the Charity Commission register

Contact

Address Trimsaran Multipurpose Hall
Heol Llanelli
Trimsaran
Kidwelly
Dyfed
SA17 4AA

Phone +447377428083

Email trimsaranfc512@gmail.com

Activities

Objects: I. THE PRESERVATION AND PROTECTION OF HEALTH AND THE RELIEF OF DISTRESS WITHIN FAMILY RELATIONSHIPS BY THE PROVISION OF A RESOURCE AND ADVICE CENTRE AND BY THE EDUCATION OF THE PUBLIC IN GOOD PARENTING SKILLS.II. THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME ACTIVITIES FOR AND IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING CONDITIONS OF LIFE .

Activities: Provision of a resource and advice centre which provides recreation and leisure activities to promote good family relationships and relieve stress within families. To preserve and protect health. Provide education of the public in good parenting skills for the interests of social welfare with a view to improving family life conditions.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** TRIMSARAN AND SURROUNDING DISTRICT.
- Carmarthenshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£42,868	£35,155	-	-
2024-03-31	£35,606	£26,673	-	-
2023-03-31	£35,606	£26,673	-	-
2022-03-31	£25,861	£31,131	-	-
2021-03-31	£44,093	£21,904	-	-

Trustees

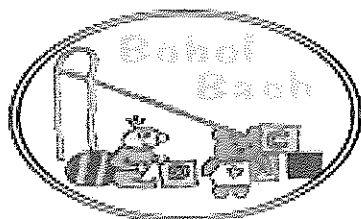
Name	Role	Appointed
PAULINE BOWERS	Chair	
Dr KIM VANESSA BROOM		1923-02-08
Naomi Jane Wilmot		2023-02-08

TRIMSARAN FAMILY CENTRE

England & Wales - Charity number 1088190

Accounts

Registered Charity Number: 1088190



Trimsaran Family Centre

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
TRIMSARAN FAMILY CENTRE**

TRIMSARAN FAMILY CENTRE
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FOR THE YEAR ENDED 31 MARCH 2025

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TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1088190
Registered Office	Plas Y Sarn Heol Llanelli Trimsaran Kidwelly SA17 4AA
Trustees	Pauline Bowers - Chairperson Naomi Jan Wilmot - Secretary Dr Kim Vanessa Broom - Treasurer
Advisory	Meryl Gravell - Honorary Member Mrs Nerys Burton – Hywel Dda Advisory
Bankers	Lloyds TSB Bank plc Stepney Street Llanelli Carmarthenshire
Independent Examiners	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trimsaran Family Centre is a charity governed by a constitution as adopted 15th February 2001. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

Appointment of Trustees

Trustees are appointed as set out in the Memorandum and Articles of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Risk Management

Trimsaran Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

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The object of the charity is about prevention and early intervention.

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
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The Aims of the Family Centre is to ensure children:-

- Have a flying start to life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm and welcoming environment.
- Provide access to various play equipment and activities.
- Offer training and support to families.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.

Every year we continue to see children's social skills develop which better prepares them for school. The children who attend the Family Centre will often be attending school together so they already know each other. Numbers have declined recently possibly due to the change of location and venue and also the introduction of flying start which offers a two and a half hour session a day of crèche provision for every 2 year old living in a flying start area, however even though our numbers are affected it is an excellent provision that we welcome and are more than happy to work along side.

At the Family Centre staff provide a safe quality service. We provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, their families have gained:-

- Improved social and support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

TRIMASARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

Public Benefit

Trimsaran Family Centre has become a community hub for all. We continue to be a free access service that provides sessions for families with children however during 2020 as we were all in the depths of the pandemic it became obvious that we needed and more importantly could extend our provision out into the wider community. As part of the community we were able to get really involved with meals on wheel, the food bank and groups with the older generations. The open door policy that we practice encourages equal opportunities and promotes inclusivity through a wide variety of sessions and activities. We have reached out deep into the community for experience and skills that we can all share. The Centre is very often a first point of contact for many and because we work closely with other like-minded organisations we can direct residents and families to the right service when needed.

Achievement and Performance

Trimsaran Family Centre it's staff, trustees and volunteers continue to offer support and opportunity to the families of Trimsaran and the surrounding area as an open access provision that is inclusive to all without any restrictions.

The Family Centre is in the centre of the village and is for most families the first point of contact whether it's a new family moving to the area or an existing family. We support families and individuals with issues and concerns surrounding their daily lives providing support sessions and activities that are designed together with families to ensure that everyone's needs are met. All weekly sessions and activities are bilingual and are well attended and are designed to positively nurture a healthy life and wellbeing for the whole family. Our work continues to be supported within the community with various community groups and professionals. Sessions and activities include early years sessions, baby group that supports parents by sharing experiences and advice when need. Messy Play, sensory play and toddler play sessions provided to encourage learning through play to develop young brains and minds. Older children and teenagers engage in cooking sessions, budgeting session and arts and crafts sessions as well as a holiday club during all school holidays supported by the community council. The data on these sessions demonstrate the need for the service and that that adults and children feel supported and that new skills have been learned. Our open days, family fun days, trips and outings all contribute to life experiences that are affordable and achievable that create lasting childhood memories.

The Family Centre has a trusted and positive deep-rooted reputation in our community and adults and children alike know that we are a safe space and a listening ear. This year we have engaged positively with 77 adults and 139 babies, children and teenagers .

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

Outcomes

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

FINANCIAL REVIEW

Reserves Policy

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2025 there were unrestricted reserves of £2,205 available to the charity.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....18/11/2025..... and signed on its behalf by

.....*K Broom* - Treasurer

K Broom

TRIMSARAN FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the Trustees of Trimsaran Family Centre

I report on the accounts of the Charity for the year ended 31 March 2025, which are set out on pages 9 to 13.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 10.12.25

TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
<u>Incoming Resources</u>					
<u>Receipts</u>					
Grant income	2	-	31,205	31,205	23,820
Fundraising		737	-	737	1,962
Donations		2,980	-	2,980	1,000
Other Income		7,946	-	7,946	-
Total receipts		<u>11,663</u>	<u>31,205</u>	<u>42,868</u>	<u>26,782</u>
<u>Resources Expended</u>					
<u>Charitable payments</u>					
Activity costs		72	395	467	971
DBS check		-	-	-	62
Sundries		-	-	-	31
Office supplies		-	152	152	1,323
Maintenance		-	-	-	-
Cooking supplies		24	1,163	1,187	1,129
Office equipment		-	-	-	474
Payroll Costs		62	28	90	-
Salaries, tax and nic	3	3,570	20,599	24,169	26,583
Community project work support		-	-	-	8,064
Training for staff and volunteers		-	-	-	28
Travel for staff and volunteers		-	-	-	-
Room hire		1,000	5,850	6,850	7,523
Total charitable payments		<u>4,728</u>	<u>28,187</u>	<u>32,915</u>	<u>46,188</u>
Governance	4	<u>480</u>	<u>1,760</u>	<u>2,240</u>	<u>2,016</u>
Total payments		<u>5,208</u>	<u>29,947</u>	<u>35,155</u>	<u>48,204</u>
Net Receipts/(Payments)		6,455	1,258	7,713	(21,422)
Total funds brought forward		(3,074)	8,764	5,690	27,112
Transfer between funds		<u>(1,176)</u>	<u>1,176</u>	-	-
Total Funds carried forward		<u>2,205</u>	<u>11,198</u>	<u>13,403</u>	<u>5,690</u>

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE

BALANCE SHEET
AS AT 31 MARCH 2025

	Note	2025		2024	
		£	£	£	£
Current assets					
Cash at bank and in hand					
Cash at bank		13,403		5,690	
Petty cash		—		—	
Total cash at bank and in hand			<u>13,403</u>		<u>5,690</u>
Total current assets			13,403		5,690
Current liabilities					
Accounts payable					
Accounts payable		—		—	
Total accounts payable		—		—	
Net Assets			<u>13,403</u>		<u>5,690</u>
Breakdown of Funds					
Unrestricted reserves			2,205		(3,074)
Restricted funds	2		<u>11,198</u>		<u>8,764</u>
Total Funds			<u>13,403</u>		<u>5,690</u>

The Financial Statements were approved by the Board of Trustees on 18/11/2025 2025
and were signed on its behalf by:

Signed on behalf of the Trustees Kim Broom

Print Name Kim Broom

Date 18/11/2025

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2019 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. INCOMING RESOURCES

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income	Expenditure	Transfer	C/F
	£	£	£	£	£
Comic Relief	(1,199)	-	-	1,199	-
Moondance	1,416	-	1,162	-	254
Garfield Weston	389	5,000	4,591	-	798
Big Sky	-	4,900	1,632	-	3,268
Carmarthenshire CC (TFF)	(1,374)	1,397	-	(23)	-
NHS family food project	3,138	-	2,846	-	292
Children in need	6,394	14,359	14,667	-	6,086
Masonic	-	2,049	2,049	-	-
Coop	-	500	-	-	500
YAPP	-	3,000	3,000	-	-
Total Funds	8,764	31,205	29,947	1,176	11,198
Unrestricted Funds	(3,074)	11,663	5,208	(1,176)	2,205

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Total staff costs comprised:

Wages and salaries	24,017
Employers pension costs	152
Employers National Insurance costs	-
Total staff costs	£24,169

TRIMSARAN FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Payroll and recruitment costs totalled £90.

The average monthly head count was 2 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities. No employees received emoluments of more than £60,000.

PENSION SCHEMES

The charity does operate a pension scheme.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,164
Membership fees	-
Independent Examination	588
Insurance	488
Total	<u>£2,240</u>

5. RISK MANAGEMENT

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

6. ULTIMATE CONTROLLING PARTY

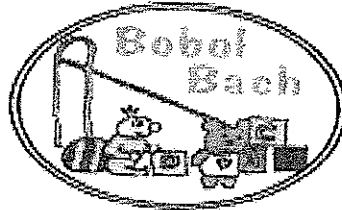
The charity is controlled by the board of trustees.

TRIMSARAN FAMILY CENTRE

England & Wales - Charity number 1088190

Accounts

Registered Charity Number: 1088190



Trimsaran Family Centre

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

FOR

TRIMSARAN FAMILY CENTRE

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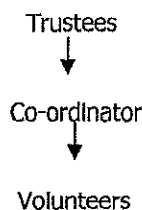
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- Improved resilience.
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TRIMASARAN FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd****Public Benefit**

Trimsaran Family Centre has become a community hub for all. We continue to be a free access service that provides sessions for families with children however during 2020 as we were all in the depths of the pandemic it became obvious that we needed and more importantly could extend our provision out into the wider community. As part of the community we were able to get really involved with meals on wheel, the food bank and groups with the older generations. The open door policy that we practice encourages equal opportunities and promotes inclusivity through a wide variety of sessions and activities. We have reached out deep into the community for experience and skills that we can all share. The Centre is very often a first point of contact for many and because we work closely with other like-minded organisations we can direct residents and families to the right service when needed.

Achievement and Performance

Trimsaran Family Centre provides a free access provision for the families and young people of Trimsaran and the surrounding areas. Every year staff continue to support existing families as well as welcoming new families into the warm environment of the centre.

The staff and volunteers work hard to create a welcoming caring setting that advocates a sense of belonging and community cohesion. The Family Centre and the staff, support families to feel more valued and encourages everyone to get involved in community events to build social networks, friendships and resilience. The centre is the first point of contact for many families that have moved to the area. The supporting nature of the centre is down to the staff and the safe space that is offered.

Families and individuals are helped with any issues and concerns surrounding their daily lives with support sessions and activities built around their needs. We are a provision that is open to everyone. We work hard to establish an atmosphere where Families feel comfortable to work with us and to say what they need which feeds into the timetable. All weekly sessions and activities are bilingual and are well attended. We work collaboratively within the community with various community groups, including working in partnership on many sessions in particular with the community council.

The weekly timetable includes a baby group, sensory play sessions, active play, role play, early explorers for toddlers, Cooking Club, budgeting and more. Together with families we also organise holiday-time activities and sessions. This provides experiences of outdoor events, activities and trips creating lasting childhood memories that are affordable and achievable, as we work in a very disadvantaged ex-mining area.

We use a sensitive approach to relieve stresses and concerns by offering preventative interventions rather than cure. We know that we cannot solve all the issues that families deal with, but families know that we are a safe space and a listening ear. We have built strong relationships and our roots are firmly embedded in the community.

Working collaboratively with local agencies we can signpost and support families when and if the need arises. Many families continue to access the service even though their children are in full time education, adults will drop in and attend the adult activities or use our drop-in service to get support or advice. This year we engaged with 79 families.

As Trustees we feel this is a vital service for our community and the pressures of short term funding on top of the cost of living crisis affecting our families has been particularly challenging. We are grateful for the funding provided as detailed in the accounts and are looking at longer term sustainability funding.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd

Outcomes

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

FINANCIAL REVIEW

Reserves Policy

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2024 there were no unrestricted reserves available to the charity.

TRIMSARAN FAMILY CENTRE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

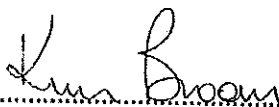
The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....2011/25..... and signed on its behalf by


.....

TRIMSARAN FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2024**

Independent examiner's report to the Trustees of Trimsaran Family Centre

I report on the accounts of the Charity for the year ended 31 March 2024, which are set out on pages 9 to 13.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 26.01.25

TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming Resources					
Receipts					
Grant income	2	-	23,820	23,820	29,894
Fundraising		1,962	-	1,962	1,502
Donations		1,000	-	1,000	4,210
Total receipts		<u>2,962</u>	<u>23,820</u>	<u>26,782</u>	<u>35,606</u>
Resources Expended					
Charitable payments					
Activity costs		383	588	971	1,624
DBS check		-	62	62	133
Sundries		-	31	31	-
Office supplies		147	1,176	1,323	50
Maintenance		-	-	-	-
Cooking supplies		38	1,091	1,129	-
Office equipment		408	66	474	-
Computer costs		-	-	-	-
Salaries, tax and nic	3	9,188	17,395	26,583	20,335
Community project work support		1,613	6,451	8,064	-
Training for staff and volunteers		14	14	28	26
Travel for staff and volunteers		-	-	-	-
Room hire		332	7,191	7,523	2,525
Total charitable payments		<u>12,123</u>	<u>34,065</u>	<u>46,188</u>	<u>24,693</u>
Governance	4	<u>1,338</u>	<u>678</u>	<u>2,016</u>	<u>1,980</u>
Total payments		<u>13,461</u>	<u>34,743</u>	<u>48,204</u>	<u>26,673</u>
Net Receipts/(Payments)		(10,499)	(10,923)	(21,422)	8,933
Total funds brought forward		7,425	19,687	27,112	18,179
Transfer between funds		-	-	-	-
Total Funds carried forward		<u>(3,074)</u>	<u>8,764</u>	<u>5,690</u>	<u>27,112</u>

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024		2023	
		£	£	£	£
Current assets					
Cash at bank and in hand					
Cash at bank		5,690		27,112	
Petty cash		—		—	
Total cash at bank and in hand			<u>5,690</u>		<u>27,112</u>
Total current assets			5,690		27,112
Current liabilities					
Accounts payable					
Accounts payable		—		—	
Total accounts payable		<u>—</u>		<u>—</u>	
Net Assets			<u>5,690</u>		<u>27,112</u>
Breakdown of Funds					
Unrestricted reserves			(3,074)		7,425
Restricted funds	2		<u>8,764</u>		<u>19,687</u>
Total Funds			<u>5,690</u>		<u>27,112</u>

The Financial Statements were approved by the Board of Trustees on ... 20.11.25 2024
and were signed on its behalf by:

Signed on behalf of the Trustees

Kim Bloom

Print Name Kim Bloom

Date 20.11.25

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2021 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. INCOMING RESOURCES

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income	Expenditure	Transfer	C/F
	£	£	£	£	£
Comic Relief	4,545	-	5,744	-	(1,199)
Moondance	589	2,000	1,173	-	1,416
Garfield Weston	389	-	-	-	389
Lottery	9,164	-	9,164	-	-
Carmarthenshire CC (TFF)	-	6,861	8,235	-	(1,374)
NHS family food project	5,000	-	1,862	-	3,138
Children in need	-	14,959	8,565	-	6,394
Total Funds	<u>19,687</u>	<u>23,820</u>	<u>34,743</u>	-	<u>8,764</u>
Unrestricted Funds	<u>7,425</u>	<u>2,962</u>	<u>13,461</u>	-	<u>(3,074)</u>

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2021).

Total staff costs comprised:	
Wages and salaries	18,242
Employers pension costs	142
Redundancy	8,060
Employers National Insurance costs	-
Total staff costs	<u>26,444</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

Payroll and recruitment costs totalled £139.

The average monthly head count was 1 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities. No employees received emoluments of more than £60,000.

PENSION SCHEMES

The charity does operate a pension scheme.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,080
Membership fees	-
Independent Examination	528
Insurance	<u>408</u>
Total	<u>£2,016</u>

5. RISK MANAGEMENT

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

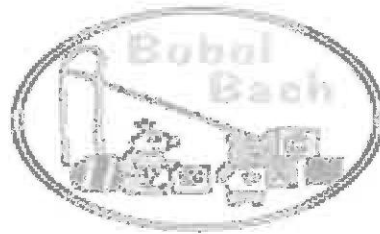
6. ULTIMATE CONTROLLING PARTY

The charity is controlled by the board of trustees.

TRIMSARAN FAMILY CENTRE

England & Wales - Charity number 1088190

Accounts



Trimsaran Family Centre

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
TRIMSARAN FAMILY CENTRE**

TRIMSARAN FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

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Report of the Independent Examiner	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 – 13

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (effective 1 January 2021).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1088190
Registered Office	Plas Y Sarn Heol Llanelli Trimsaran Kidwelly SA17 4AA
Trustees	Pauline Bowers - Chairperson Naomi Jan Wilmot - Secretary Dr Kim Vanessa Broom - Treasurer
Advisory	Meryl Gravell - Honorary Member Mrs Nerys Burton – Hywel Dda Advisory
Bankers	Lloyds TSB Bank plc Stepney Street Llanelli Carmarthenshire
Independent Examiners	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

TRIMSARAN FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd****STRUCTURE, GOVERNANCE AND MANAGEMENT**

Trimsaran Family Centre is a charity governed by a constitution as adopted 15th February 2001. It is registered as a charity with the Charity Commission.

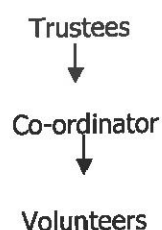
The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

Appointment of Trustees

Trustees are appointed as set out in the Memorandum and Articles of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure

Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Risk Management

Trimsaran Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

TRIMSARAN FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 Cont'd

OBJECTIVES AND ACTIVITIES

The object of the charity is about prevention and early intervention.

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions for life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start to life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm and welcoming environment.
- Provide access to various play equipment and activities.
- Offer training and support to families.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.

Every year we continue to see children's social skills develop which better prepares them for school. The children who attend the Family Centre will often be attending school together so they already know each other. Numbers have declined recently possibly due to the change of location and venue and also the introduction of flying start which offers a two and a half hour session a day of crèche provision for every 2 year old living in a flying start area, however even though our numbers are affected it is an excellent provision that we welcome and are more than happy to work along side.

At the Family Centre staff provide a safe quality service. We provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, their families have gained:-

- Improved social and support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

TRIMASARAN FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd****Public Benefit**

Trimsaran Family Centre has become a community hub for all. We continue to be a free access service that provides sessions for families with children however during 2020 as we were all in the depths of the pandemic it became obvious that we needed and more importantly could extend our provision out into the wider community. As part of the community we were able to get really involved with meals on wheel, the food bank and groups with the older generations. The open door policy that we practice encourages equal opportunities and promotes inclusivity through a wide variety of sessions and activities. We have reached out deep into the community for experience and skills that we can all share. The Centre is very often a first point of contact for many and because we work closely with other like-minded organisations we can direct residents and families to the right service when needed.

ACHIEVEMENT AND PERFORMANCE

Trimsaran Family Centre provides an open access provision for the families of Trimsaran and the surrounding areas. Every year we continue to support existing families as well as welcoming new families. The staff work hard to create a welcoming caring setting that advocates a sense of belonging. The Family Centre and the staff help families feel more valued and get involved in the community building social networks, friendships as well as promoting community involvement.

For many we are the first point of contact especially for new families that move to the area. The supporting nature of the centre is down to the staff and the safe space we offer. We are privileged and proud to say that we feel valued within the community. We support families and individuals with issues and concerns surrounding their daily lives now especially as we move on from the COVID pandemic. Many families struggling with the cost-of-living crisis are dependent on us now more than ever. We are in a unique position to help families build the resilience they need every day. We are a provision that is open to everyone.

Families work with us to establish a timetable. All weekly sessions and activities are bilingual and include a weekly baby group, sensory play sessions, active play, role play, early explores for toddlers, Cooking Club and many more. Families are also involved when we organise holiday time activity and sessions. We always ensure that they are affordable and achievable providing experiences of outdoor events, activities and trips and outings creating lasting childhood memories.

We use a sensitive approach to relieve stresses and concerns by offering preventative interventions as rather than cure. We know we cannot cure all issues that families deal with but we are a safe space and a listening ear. We have built strong relationships within the community with our roots firmly embedded in the village. As we work collaboratively with outside agencies we will signpost and support families when and if they need. Many families continue to access the service even though their children are in full time education, adults will drop in and attend the adult activities or use our drop-in service to get support or advice. This year we engaged with 46 families.

TRIMSARAN FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 Cont'd

Outcomes

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

FINANCIAL REVIEW

Reserves Policy

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2023 the unrestricted reserves available to the charity were £7,425.

TRINISARAH FAMILY CENTRE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 4 Dec. 2023 and signed on its behalf by

Paulie Boves

TRIMSARAN FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2023**

Independent examiner's report to the Trustees of Trimsaran Family Centre

I report on the accounts of the Charity for the year ended 31 March 2023, which are set out on pages 9 to 13.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 18-01-24

TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
<u>Incoming Resources</u>					
<u>Receipts</u>					
Voluntary income	2	-	29,894	29,894	23,465
Fundraising		1,502	-	1,502	655
Donations		<u>241</u>	<u>3,969</u>	<u>4,210</u>	-
Total receipts		1,743	33,863	<u>35,606</u>	<u>25,861</u>
<u>Resources Expended</u>					
<u>Charitable payments</u>					
Activity costs		1,126	498	1,624	7,742
DBS check		-	133	133	-
Sundries		-	-	-	-
Stationery		50	-	50	-
Maintenance		-	-	-	-
Raffle supplies		-	-	-	-
Office equipment		-	-	-	566
Computer costs		-	-	-	165
Salaries, tax and nic	3	83	20,252	20,335	17,266
Telephone		-	-	-	-
Training for staff and volunteers		-	26	26	-
Travel for staff and volunteers		-	-	-	583
Room hire		<u>330</u>	<u>2,195</u>	<u>2,525</u>	<u>2,745</u>
Total charitable payments		1,589	23,104	24,693	<u>29,067</u>
Governance	4	-	<u>1,980</u>	<u>1,980</u>	<u>2,064</u>
Total payments		<u>1,589</u>	<u>25,084</u>	<u>26,673</u>	<u>31,131</u>
Net Receipts/(Payments)		154	8,779	8,933	(5,270)
Total funds brought forward		7,351	10,828	18,179	23,449
Transfer between funds		<u>(80)</u>	<u>80</u>	<u>-</u>	<u>-</u>
Total Funds carried forward		<u>7,425</u>	<u>19,687</u>	<u>27,112</u>	<u>18,179</u>

The Notes form part of these financial statements

TRINBARAN FAMILY CENTRE

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023		2022	
		£	£	£	£
Current assets					
Cash at bank and in hand					
Cash at bank		27,112		18,179	
Petty cash		—		—	
Total cash at bank and in hand			27,112		18,179
Total current assets			27,112		18,179
Current liabilities					
Accounts payable					
Accounts payable		—		—	
Total accounts payable		—		—	
Net Assets			27,112		18,179
Breakdown of Funds					
Unrestricted reserves			7,425		7,351
Restricted funds	2		19,687		10,828
Total Funds			27,112		18,179

The Financial Statements were approved by the Board of Trustees on
2023 and were signed on its behalf by:

Signed on behalf of the Trustees Kim Bloom
Print Name Kim Bloom
Date 4/12/23

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2021 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. INCOMING RESOURCES

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income	Expenditure	Transfer	C/F
	£	£	£	£	£
Early years	-	470	470	-	-
Comic Relief	-	10,000	5,455	-	4,545
Moondance	331	5,730	5,472	-	589
Garfield Weston	7,500	-	7,111	-	389
Lottery	-	9,164	-	-	9,164
Awards for all	2,997	-	3,341	344	-
P & J Harris Charitable Trust	-	3,000	2,736	(264)	-
Eui Toys	-	499	499	-	-
Hywel Dda	-	5,000	-	-	5,000
Total Funds	<u>10,828</u>	<u>33,863</u>	<u>25,084</u>	<u>80</u>	<u>19,687</u>
Unrestricted Funds	<u>7,351</u>	<u>1,743</u>	<u>1,589</u>	<u>(80)</u>	<u>7,425</u>

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2021).

Total staff costs comprised:

Wages and salaries	19,933
Employers pension costs	296
Employers National Insurance costs	-
Total staff costs	<u>20,229</u>

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Payroll and recruitment costs totalled £106.

The average monthly head count was 1 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.
No employees received emoluments of more than £60,000.

PENSION SCHEMES

The charity does operate a pension scheme.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,080
Membership fees	-
Independent Examination	522
Insurance	<u>378</u>
Total	<u>£1,980</u>

5. RISK MANAGEMENT

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

6. ULTIMATE CONTROLLING PARTY

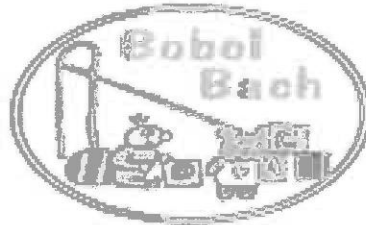
The charity is controlled by the board of trustees.

TRIMSARAN FAMILY CENTRE

England & Wales - Charity number 1088190

Accounts

Registered Charity Number: 1088190



Trimsaran Family Centre

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

FOR

TRIMSARAN FAMILY CENTRE

TRIMSARAN FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

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Balance Sheet	10
Notes to the Financial Statements	11 – 13

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). (effective 1 January 2015).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1088190
Registered Office	Plas Y Sarn Heol Llanelli Trimsaran Kidwelly SA17 4AA
Trustees	Pauline Bowers - Chairperson Fran Burke-Lloyd - Treasurer Terri Wilkinson – Secretary
Advisory	Mrs Christine Miller - Wales PPA Clr. Meryl Gravell - Honorary Member Mrs Nerys Burton - Menter Advisory
Bankers	Lloyds TSB Bank plc Stepney Street Llanelli Carmarthenshire
Independent Examiners	Rimmer & May Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trimsaran Family Centre is a charity governed by a constitution as adopted 15th February 2001. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

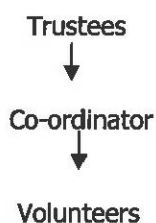
Appointment of Trustees

Trustees are appointed as set out in the Memorandum and Articles of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Risk Management

Trimsaran Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

TRIMSARAN FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022 Cont'd

OBJECTIVES AND ACTIVITIES

The object of the charity is about prevention and early intervention.

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions for life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start to life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm and welcoming environment.
- Provide access to various play equipment and activities.
- Offer training and support to families.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.

Every year we continue to see children's social skills develop which better prepares them for school. The children who attend the Family Centre will often be attending school together so they already know each other. Numbers have declined recently possibly due to the change of location and venue and also the introduction of flying start which offers a two and a half hour session a day of crèche provision for every 2 year old living in a flying start area, however even though our numbers are affected it is an excellent provision that we welcome and are more than happy to work along side.

At the Family Centre staff provide a safe quality service. We provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, their families have gained:-

- Improved social and support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

TRIMASARAN FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022 Cont'd****Public Benefit**

Trimsaran Family Centre has become a community hub for all. We continue to be a free access service that provides sessions for families with children however during 2020 as we were all in the depths of the pandemic it became obvious that we needed and more importantly could extend our provision out into the wider community. As part of the community we were able to get really involved with meals on wheel, the food bank and groups with the older generations. The open door policy that we practice encourages equal opportunities and promotes inclusivity through a wide variety of sessions and activities. We have reached out deep into the community for experience and skills that we can all share. The Centre is very often a first point of contact for many and because we work closely with other like-minded organisations we can direct residents and families to the right service when needed.

ACHIEVEMENT AND PERFORMANCE

During this year we supported 52 families by providing weekly themed activity bags that kept the families occupied and promoted family time. We were awarded lottery money to purchase resources to deliver this project during 2021. The monthly themed activities were a positive step to keep all the family involved as many of the activities needed parental supervision. Many reported as the restrictions were in place it allowed them the time to spend with their children but were grateful for ideas and resources.

As restrictions were lifted, we were able to provide sessions with limited numbers with all guidance in place following government guidelines. 42 families continued to attend 4 morning sessions of play and chat sessions. These were sessions that encouraged families to socialize again, it was also an opportunity for mums that had had babies during lockdown to introduce their babies to social settings and new faces. This was something that proved to be quite a task but eventually we did overcome some fears and phobias.

As well as supporting our existing families we were able to reach out to many residents with doorstep deliveries and distanced chats. We continued to support families with food surplus pick up deliveries and we also supported local residents with the delivery of hot food which the local cafe provided. This was welcomed more than ever. We collected food donations and shopping from foodbanks and supermarkets to distribute to residents that were unable to leave their homes. We also picked up weekly shopping and delivered medical supplies and medicines in the community to whoever needed. This proved to be a lifeline to the older generation and people who were living alone.

During the summer holidays we provided outdoor play sessions which were all very well attended, and we also went on an outing each week to explore the outdoors. We carefully chose venues that were free to not put a strain on families; beaches and parks where we played games, did scavenger hunts, and had lovely picnics. We worked together with the community council to deliver Christmas gifts from donations that had been provided and also food items to many who were still feeling vulnerable, isolating or fearful of going out and about when lockdown was eased before Christmas.

During this pandemic it has become even more apparent that Trimsaran is a close knit community and the strength within community groups is truly reassuring which has validated our place in village life. We believe that we have played an integral part in emotionally and physically supporting our residents keeping the community connected. We were privileged to be able to keep connected with our families and other residents. We feel part of a local network that is a support mechanism for families living locally who depend on us. We are fortunate that we have excellent working relationships in the wider community who support the work that we do.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022 Cont'd

Outcomes

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

FINANCIAL REVIEW

Reserves Policy

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2022 the reserves available to the charity were £18,179.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....*17 January 2023*..... and signed on its behalf by

Pauline Bovers
.....

TRIMSARAN FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2022**

Independent examiner's report to the Trustees of Trimsaran Family Centre

I report on the accounts of the Charity for the year ended 31 March 2022, which are set out on pages 9 to 13.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman

E Truman FCA
Rimmer and May
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: *20-01-2023*

TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<u>Incoming Resources</u>					
<u>Receipts</u>					
Voluntary income	2	-	23,465	23,465	41,140
Fundraising		655	-	655	2,953
Donations		<u>1,741</u>	-	<u>1,741</u>	-
Total receipts		<u>2,396</u>	<u>23,465</u>	<u>25,861</u>	<u>44,093</u>
<u>Resources Expended</u>					
<u>Charitable payments</u>					
Activity costs		-	7,742	7,742	3,050
DBS check		-	-	-	-
Sundries		-	-	-	15
Uniforms		-	-	-	-
Maintenance		-	-	-	-
Raffle supplies		-	-	-	25
Office equipment		-	566	566	113
Computer costs		165	-	165	-
Salaries, tax and nic	3	87	17,179	17,266	16,532
Telephone		-	-	-	40
Training for staff and volunteers		-	-	-	-
Travel for staff and volunteers		-	583	583	97
Room hire		<u>945</u>	<u>1,800</u>	<u>2,745</u>	-
Total charitable payments		<u>1,197</u>	<u>27,870</u>	<u>29,067</u>	<u>19,872</u>
Governance	4	<u>1,864</u>	<u>200</u>	<u>2,064</u>	<u>2,032</u>
Total payments		<u>3,061</u>	<u>28,070</u>	<u>31,131</u>	<u>21,904</u>
Net (Payments) / Receipts		(665)	(4,605)	(5,270)	22,189
Total funds brought forward		7,039	16,410	23,449	1,260
Transfer between funds		<u>977</u>	<u>(977)</u>	-	-
Total Funds carried forward		<u>7,351</u>	<u>10,828</u>	<u>18,179</u>	<u>23,449</u>

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
Current assets					
Cash at bank and in hand					
Cash at bank		18,179		23,449	
Petty cash		<u>—</u>		<u>—</u>	
Total cash at bank and in hand			<u>18,179</u>		<u>23,449</u>
Total current assets			18,179		23,449
Current liabilities					
Accounts payable					
Accounts payable		<u>—</u>		<u>—</u>	
Total accounts payable			<u>—</u>		<u>—</u>
Net Assets			<u>18,179</u>		<u>23,449</u>
Breakdown of Funds					
Unrestricted reserves			7,351		7,039
Restricted funds	2		<u>10,828</u>		<u>16,410</u>
Total Funds			<u>18,179</u>		<u>23,449</u>

The Financial Statements were approved by the Board of Trustees on
January 2023 and were signed on its behalf by:

Signed on behalf of the Trustees Pauline Bowers

Print Name PAULINE BOWERS

Date 17 January 2023

TRIMSARAN FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2015 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in Incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

TRIMSARAN FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. INCOMING RESOURCES

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income	Expenditure	Transfer	C/F
	£	£	£	£	£
Persimmon	900	-	-	(900)	-
Community Fund	77	-	-	(77)	-
Moondance	7,163	5,480	(12,312)	-	331
Garfield Weston	-	7,500	-	-	7,500
Community Foundation Wales	-	2,000	(2,000)	-	-
Awards for all	8,270	8,485	(13,758)	-	2,997
Total Funds	<u>16,410</u>	<u>23,465</u>	<u>(28,070)</u>	<u>(977)</u>	<u>10,828</u>
Unrestricted Funds	<u>7,039</u>	<u>2,396</u>	<u>(3,061)</u>	<u>977</u>	<u>7,351</u>

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Total staff costs comprised:

Sessional wages - events	-
Sessional wages	-
Wages and salaries	16,882
Employers pension costs	297
Employers National Insurance costs	-
Total staff costs	<u>17,179</u>

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Payroll and recruitment costs totalled £87.

The average monthly head count was 1 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities. No employees received emoluments of more than £60,000.

PENSION SCHEMES

The charity does operate a pension scheme.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,080
Membership fees	-
Independent Examination	510
Insurance	<u>474</u>
Total	<u>£2,064</u>

5. RISK MANAGEMENT

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

6. ULTIMATE CONTROLLING PARTY

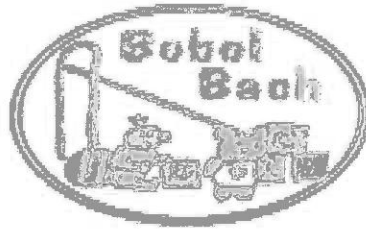
The charity is controlled by the board of trustees.

TRIMSARAN FAMILY CENTRE

England & Wales - Charity number 1088190

Accounts

Registered Charity Number: 1088190



Trimsaran Family Centre

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

FOR

TRIMSARAN FAMILY CENTRE

TRIMSARAN FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

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TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). (effective 1 January 2015).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1088190
Registered Office	Plas Y Sarn Heol Llanelli Trimsaran Kidwelly SA17 4AA
Trustees	Pauline Bowers - Chairperson Fran Burke-Lloyd - Treasurer Terri Wilkinson – Secretary
Advisory	Mrs Christine Miller - Wales PPA Cllr. Meryl Gravell - Honorary Member Mrs Nerys Burton - Menter Advisory
Bankers	Lloyds TSB Bank plc Stepney Street Llanelli Carmarthenshire
Independent Examiners	Rimmer & May Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trimsaran Family Centre is a charity governed by a constitution as adopted 15th February 2001. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "to develop at a local level the skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced."

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

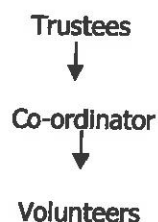
Appointment of Trustees

Trustees are appointed as set out in the Memorandum and Articles of the company. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Risk Management

Trimsaran Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021 Cont'd

OBJECTIVES AND ACTIVITIES

The object of the charity is about prevention and early intervention.

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions for life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start to life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm and welcoming environment.
- Provide access to various play equipment and activities.
- Offer training and support to families.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.

Every year we continue to see children's social skills develop which better prepares them for school. The children who attend the Family Centre will often be attending school together so they already know each other. Numbers have declined recently possibly due to the change of location and venue and also the introduction of flying start which offers a two and a half hour session a day of crèche provision for every 2 year old living in a flying start area, however even though our numbers are affected it is an excellent provision that we welcome and are more than happy to work along side.

At the Family Centre staff provide a safe quality service. We provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, their families have gained:-

- Improved social and support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

TRIMASARAN FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021 Cont'd

Public Benefit

The public benefit is having a community hub that is welcoming for all ages especially families with children aged 0-4 years (0-11 school holidays). The free access sessions are designed for all to attend as and when it suits each family's needs. The open door policy that we practice promotes equal opportunities and through a wide variety of play activities, courses, trips and outings we reach out deep into the community. The Centre and its staff works closely with other like-minded organisations and therefore is able to sign-post families in need to other professionals when needs arise. The Centre's service preserves and protects health and works on relieving stress within family relationships.

ACHIEVEMENT AND PERFORMANCE

A year like no other!

The circumstances during this year meant that Trimsaran Family Centre had to provide virtual sessions and support as most of the year remained in lockdown. Facebook, WhatsApp and Zoom gave us platforms to conduct story and music sessions as well as cooking and craft tutorials as many families were reporting that they were struggling to cope with home schooling, having to stay at home in isolation.

As we were in the final year of the Lottery Rural Project with Tumble Family Centre, we were able to purchase, prepare and deliver activity bags for our families to provide much needed ideas and resources to keep children occupied. This we believed relived some family stress.

As well as supporting our existing families we were able to reach out to many residents with doorstep deliveries and distanced chats. This also proved to be a lifeline to the older generation and people who were living alone.

We continued to work with CETMA a charity in Llanelli that provides surplus foods. This was welcomed more than ever. We collected food donations and shopping from foodbanks and supermarkets to distribute to residents that were unable to leave their homes. We also picked up weekly shopping and delivered medical supplies and medicines in the community to whoever needed.

We worked together with the community council to deliver Christmas gifts from donations that had been provided and also food items to many who were still feeling vulnerable, isolating or fearful of going out and about when lockdown was eased before Christmas.

During this pandemic it has become even more apparent that Trimsaran is a close knit community and the strength within community groups is truly reassuring which has validated our place in village life. We believe that we have played an integral part in emotionally and physically supporting our residents keeping the community connected. We were privileged to be able to keep connected with our families and other residents.

We feel part of a local network that is a support mechanism for families living locally whom depend on us. We are fortunate that we have excellent working relationships in the wider community who support the work that we do.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021 Cont'd

Outcomes

The outcomes we have worked towards during the past year are:

- Promote and improve family engagement.
- Increased self-esteem to raise aspirations and motivation.
- Advocate inclusion and grow self-worth and confidence.
- Create coping strategies and support networks.
- Encourage good nutrition and a better perception of good produce.
- Support budgets and plans for family goals.
- Advocate acceptance of difference and equality.
- Increased access to appropriate information and advice.
- Promote child development and education.
- Promote further education or employment which are needs based.
- Encourage age appropriate activities that support child development.
- Provide opportunities for basic learning.
- Help parents as they prepare their children for school.
- Provide experiences that create everlasting memories.

FINANCIAL REVIEW

Reserves Policy

Trimsaran Family Centre has reviewed the risks that might occur and feels that reserves are necessary to enable the service to continue in the event of the loss of a major grant. The trustees feel it would be important to ensure that the service could continue at the same level of provision for between 6 – 9 months following the loss or discontinuation of funding to enable time to secure alternative provision. At 31 March 2021 the reserves available to the charity were £23,449.

TRIMSARAN FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021 Cont'd

STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 01/11/21 and signed on its behalf by

[Handwritten signature]

.....

TRIMSARAN FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the Trustees of Trimsaran Family Centre

I report on the accounts of the Charity for the year ended 31 March 2021, which are set out on pages 9 to 13.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E - Truman

E Truman FCA
Rimmer and May
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 08.11.21

TRIMSARAN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
<u>Incoming Resources</u>					
<u>Receipts</u>					
Voluntary income	2	-	41,140	41,140	14,916
Fundraising		2,953	-	2,953	1,130
Sundry income		-	-	-	1
Total receipts		<u>2,953</u>	<u>41,140</u>	<u>44,093</u>	<u>16,047</u>
<u>Resources Expended</u>					
<u>Charitable payments</u>					
Activity costs		-	3,050	3,050	2,828
DBS check		-	-	-	24
Sundries		15	-	15	-
Uniforms		-	-	-	65
Maintenance		-	-	-	565
Raffle supplies		25	-	25	-
Office equipment		113	-	113	505
Kitchen equipment		-	-	-	621
Salaries, tax and nic	3	2,758	13,774	16,532	16,185
Telephone		40	-	40	-
Training for staff and volunteers		-	-	-	540
Travel for staff and volunteers		-	97	97	-
Vehicle hire		-	-	-	742
Total charitable payments		<u>2,951</u>	<u>16,921</u>	<u>19,872</u>	<u>22,075</u>
Governance	4	<u>724</u>	<u>1,308</u>	<u>2,032</u>	<u>2,090</u>
Total payments		<u>3,675</u>	<u>18,229</u>	<u>21,904</u>	<u>24,165</u>
Net Receipts/(Payments)		(722)	22,911	22,189	(8,118)
Total funds brought forward		11,885	(10,625)	1,260	9,378
Transfer between funds		(4,124)	<u>4,124</u>	-	-
Total Funds carried forward		<u>7,039</u>	<u>16,410</u>	<u>23,449</u>	<u>1,260</u>

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021		2020	
		£	£	£	£
Current assets					
Cash at bank and in hand					
Cash at bank		23,449		1,152	
Petty cash		—		<u>108</u>	
Total cash at bank and in hand			23,449		<u>1,260</u>
Total current assets			23,449		1,260
Current liabilities					
Accounts payable					
Accounts payable					
Total accounts payable			—		—
Net Assets			<u>23,449</u>		<u>1,260</u>
Breakdown of Funds					
Unrestricted reserves			7,039		11,885
Restricted funds	2		<u>16,410</u>		(10,625)
Total Funds			<u>23,449</u>		<u>1,260</u>

The Financial Statements were approved by the Board of Trustees on
November 2021 and were signed on its behalf by:

Signed on behalf of the Trustees *F. Burke-Lloyd*

Print Name F. BURKE-LLOYD

Date: 01/11/21

The Notes form part of these financial statements

TRIMSARAN FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2015 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A

Trimsaran Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. INCOMING RESOURCES

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income	Expenditure	Transfer	C/F
	£	£	£	£	£
Persimmon	-	900	-	-	900
Community Fund	-	414	(337)	-	77
Moondance	-	8,406	(1,243)	-	7,163
CAVS	-	1,000	(1,000)	-	-
Lottery	(10,976)	20,432	(13,931)	4,475	-
Awards for all	-	9,988	(1,718)	-	8,270
Coalfield	351	-	-	(351)	-
CCC	-	-	-	-	-
Total Funds	(10,625)	41,140	(18,229)	4,124	16,410
Unrestricted Funds	11,885	2,953	(3,675)	(4,124)	7,039

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down according to the activity headings as recommended by the Accounting and Reporting by Charities Statements of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Total staff costs comprised:

Sessional wages - events	-
Sessional wages	-
Wages and salaries	16,119
Employers pension costs	355
Employers National Insurance costs	-
Total staff costs	16,474

TRIMSARAN FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

Payroll and recruitment costs totalled £58.

The average monthly head count was 1 staff member, with all employee time involved in providing either support to the governance of the charity or support services to charitable activities. No employees received emoluments of more than £60,000.

PENSION SCHEMES

The charity does operate a pension scheme.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

Professional fees	1,080
Membership fees	-
Independent Examination	498
Insurance	454
Total	<u>£2,032</u>

5. RISK MANAGEMENT

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

6. ULTIMATE CONTROLLING PARTY

The charity is controlled by the board of trustees.