

INTERNATIONAL STRESS MANAGEMENT ASSOCIATION UK

England & Wales · Charity number 1088103

Details

Other names ISMA (UK), ISMA INTERNATIONAL

Status Registered

Legal form Charitable company

Company number [04079657](#)

Registered 2001-08-17

Register [View on the Charity Commission register](#)

Contact

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Crich
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Activities

Objects: A) TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE FIELD OF BIOLOGICAL STRESS.B) TO UNDERTAKE ANY OTHER CHARITABLE ACTIVITY.

Activities: Providing information about stress and stress management to the public and organisations. Running conferences and workshops. Information dissemination and networking. Promoting National Stress Awareness Week in November each year. Providing a referral service.

Classification

- **How:** Provides Human Resources, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£21,426	£21,246	-	-
2024-08-31	£24,314	£22,414	-	-
2023-08-31	£20,997	£19,022	-	-
2022-08-31	£23,937	£19,754	-	-
2021-08-31	£24,357	£30,068	-	-
2020-08-31	£21,506	£20,806	-	-

Trustees

Name	Role	Appointed
Carole Rose Spiers	Chair	2015-11-12
Amy Florence Edmonds McKeown		2024-01-31
Charlotte Rose Yallop		2021-12-27
Christopher Clark		2015-12-04
Deep Dhir		2015-12-12
Dr Stephen Patrick McKeown		2024-01-01
Paul Charles Dorrington		2022-12-08