

Company No. 4226256  
Charity No. 1087969

**Every Parent & Child**  
**(A company limited by guarantee)**

**Report and Financial Statements**  
**For the Year Ended 31 March 2023**

**Community House 311 Fore Street**  
**London N9 0PZ**

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# Every Parent & Child

## Annual Account

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## Legal & Administrative Information

Company Charity name      Every Parent & Child (known as EPC)  
   (formerly Enfield Parents & Children)

Registered office and  
operations address      Community House  
   311 Fore Street  
   London N9 0PZ

Telephone      020 8373 6243  
Website      www.epandc.org.uk

Directors (also known as Trustees)

Chair      Ingrid Cranfield  
Treasurer      Sudipta Ghosh  
Company Secretary      Jaspal Dhani (Acting)

Directors      Thomas Boadu  
                         Ingrid Cranfield  
                         Sudipta Ghosh  
                         Jane Hessami      (appointed 19 July 2022)  
                         Andy Love      (retired 19 July 2022)  
                         Leo Meggitt  
                         Avishai Passman      (retired 19 July 2022)  
                         Vijay Sujan      (retired 19 July 2022)

Chief Executive      Jaspal Dhani

Independent Examiner      TACTS Accountant  
                                 61 Fountains Crescent  
                                 Southgate  
                                 London N14 6BD

Bankers      Barclays Bank      CAF Bank  
                         4-6 South Mall      25 Kings Hill Avenue  
                         Edmonton      Kings Hill  
                         London N9      West Malling  
                              Kent ME19 4JQ

Charity registration number:      1087969  
Company registration number:      4226256

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## Trustees' Report

### Objectives and Activities

Every Parent & Child (EPC) is a well-known and respected Enfield-based charity that provides much-needed services to children, young people and families. We are valued by families, professionals and other voluntary organisations for the expert and timely advice, practical help and emotional support that we give to families. Many of our families tell us how much difference our support makes to their lives.

This report features the highlights across our services during 2022-23.

#### Charitable Objective

To advance the education of children resident or educated in the London Borough of Enfield and surrounding areas, regardless of culture, beliefs or language, who, because of difficulties in the school or home environment, require special assistance to help them complete their education.

*We achieve this through:*

- Ensuring children and young people are better able to realise their educational potential.
- Informing children, young people and their families about the Special Educational Needs and Disability reforms and their entitlements.
- Working with educational institutions – and society more generally – to provide more inclusive environments for children and young people.
- Supporting children and young people to lead positive independent adult lives, contributing to wider society.
- Engaging with children, young people and parents using our services to ensure their voice is heard when decisions affecting their lives are being made.
- Providing emotional and well-being support to children and young people in order that they are better able to manage their emotions and relationships within the school and external settings.
- Providing emotional and well-being support to parents/carers of those we support to manage their emotions and wellbeing.

### Our Mission and Vision Statements

Our mission is to contribute to a world where children and young people with Special Educational Needs and Disabilities and those in need of special assistance can thrive.

Our vision is to support children and young people with Special Educational Needs and Disabilities or who require special assistance, and their families, to succeed in education and community life to improve their life chances.

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## Our Services

### Staff changes during the year

We were sad to goodbye to Rochelle Morgan, Child Health Community Champions Lead. During her tenure, Rochelle managed her demanding role with great commitment and passion and built strong relationships with the Community Champion volunteers. We wish Rochelle the very best for the future.

Due to new funding from BBC Children in Need, we have been able to restart the My Time Counselling Service and welcomed Pauline Walker back as the service Manager. Pauline previously worked in the project until the funding ended in 2021.

### Starfish

Following the end of a three-year funding period, the Starfish project closed in November 2022. As reported in previous years, the project endured challenging times during the Covid-19 lockdown periods but continued to operate successfully, providing essential support to hundreds of children. We remain grateful to the funder, Reaching Communities, who allowed us to work flexibly over the three years.

The Starfish project enabled children to develop communication, social and life skills in order to participate fully in school and their community and reach their full potential. Starfish has six pathways, with differing levels of targeted support for primary-age children. We continued working with Year 12 students, who became peer mentors to the younger primary-age children.

Below is a three-year summary highlighting the key achievements.

#### The Aspire & Shine pathway:

- Improves self-esteem and develops social and linguistic confidence.
- Develops communication skills, self-expression and techniques that will help both in and outside of the classroom.
- Children learn how to present themselves positively and how to engage with other people.
- Targeted four schools in the Autumn term with 120 children participating.
- Targeted three schools in the Spring term with 90 children participating.
- Targeted four schools in the Summer term with 120 children participating.
- Targeted three schools during the project extension period with 90 children participating.
- 420 children in total have taken part in Aspire & Shine in Year 3.

**Memorable quote:** *Children really developed confidence because of these workshops, and it was able to reach large numbers of children, which was brilliant. It was challenging and required perseverance and enabled the children to feel proud of what they achieved. Some of the SEN (Special Educational Needs) children demonstrated skills that they didn't know they had!* – HT, Fleecefield School.

#### The Mentoring pathway:

- Provided one-to-one mentoring for Year 5 children in three schools with 12 children receiving 10 weekly sessions.
- Transition support mentoring workshops for Year 6 children in four schools (one-to-one, pairs or small groups over two/three weeks).
- 54 children were supported during the final year.
- The feedback from these sessions has been universally positive and participating has had a significant impact on the children involved.

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**Memorable quote:** *They knew that having G from the Starfish Team was a special provision just for them. They knew that her focus was entirely about their well-being and success. She quickly gained their trust and was able to offer strategies which had immediate impact. They knew that she could advocate on their behalf with school staff and could explain their position where needed. G also worked with staff to agree strategies that would better meet the children's needs.* – Class teacher, Hazelbury School.

### **The Family Learning pathway:**

Because schools remained cautious about allowing groups of parents on school premises, we continued the sessions on Zoom, which had worked well during school closures. The Family Learning sessions were also run on a Saturday morning to give working parents the opportunity to participate.

- Autumn term – delivered support and advice sessions to parents and children from three schools via Zoom. A total of 24 families participated.
- Spring term – delivered face-to-face sessions in schools as well as on Zoom. A total of 2 families participated.

**Memorable quote:** *Starfish's Mr Numbervator is fabulous and he really knows how to engage his audience!* – Parent, St Edmund's School.

### **The Young Leaders pathway:**

The Young Leaders programme has been delivered in eight schools during 2022/2023 with 132 children participating. We adapted the model for smaller schools with 12 children in one group participating. Feedback has been excellent and the children taking part have gained a lot of confidence and developed the skills to design, campaign for and deliver projects in their schools. The primary focus during the programme has been the development of leadership skills and instilling a sense of confidence to take a leadership role.

**Memorable quote:** *The Young Leaders project was a fantastic opportunity for children to develop leadership skills and create a change in the school that they could take ownership of and feel proud of. They really enjoyed it and have already started to implement some of the things they learnt.* – Pastoral Manager, Bowes School.

### **The Play Therapy pathway:**

The Play Therapy programme supported 72 children with low self-esteem, anxiety, friendship issues, communication difficulties and mental health conditions. Referred children have used the session time with their therapist to talk through their feelings, worries and anxiety issues. They learnt how to name and manage their emotions and, consequently, how to articulate their feelings. The children successfully utilised and benefitted from having a dedicated one-to-one space with the same Play Therapist on a weekly basis, outside of the classroom environment, to explore their feelings and emotions.

**Memorable quote:** *Children feel heard – this in turn gives them a sense of value and respect for themselves. Starfish is non-directive, so children really have the space to think and feel freely, gaining confidence and sense of self along the way.* – Assistant HT, Fleecefield School.

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### Starfish Pathways: number of children participating over 3 years

1. *Aspire & Shine*: Delivered in ten schools with **772** children participating.
2. *Young Leaders*: Delivered in eight schools with **204** children participating.
3. *Peer Mentoring*: Delivered in four schools with **87** children participating.
4. *Play Therapy*: Delivered in nine schools with **126** children participating.
5. *Family Learning Parent workshops*: Delivered virtually to **292** parents and children.

Other notable outcomes for the Starfish project:

1. Over 90% of the children taking part in Starfish told us they had improved in all the areas on which they were consulted. They felt more confident, were able to speak up in class more, better explain their ideas, join in and participate, talk about feelings, listen better, keep on trying and not give up, not worry so much about learning, ask for help and work better in a group.
2. We have been working with 9 Edmonton primary schools this year and ran some Aspire & Shine and Young Leaders sessions in three schools in our neighbouring boroughs of Haringey and Waltham Forest. EPC has increased its geographical reach of delivery and we were contacted by schools who had heard about the work Starfish was doing in Enfield. There does indeed seem to be the same level of need for this type of project intervention and support in other boroughs.
3. Starfish collaboration with Tiger Monkey, a local arts-based company, on a project funded by the Arts Council for a Queen's Jubilee Arts Project. The Young Leaders at Fleecefield, St Edmund's and Starks Field schools participated in the project, designing and making costumes and props for a grand parade to celebrate the Queen's Jubilee in the Summer term. The children are currently acting as champions for their school community to encourage participation in local community events organised by Tiger Monkey and EPC.
4. This year we delivered elements of the Starfish project in two Haringey primary schools: Lea Valley Primary and St Mary's C of E. We also collaborated with Willow Brook Primary in Waltham Forest. Young Leaders and Aspire & Shine have been extremely successful, with very positive feedback from children and staff.
5. To support future funding bids, we have gathered evidence for the need for this type of social and emotional support in our neighbouring boroughs of Haringey and Waltham Forest.
6. We have developed an extremely positive relationship with our local schools since we began the project three years ago and were able to go back into schools quickly after Covid-19 closures as 'trusted partners'. This meant that we were able to keep our delivery schedule on track and provide much-needed support for children during a very difficult time. We have consistently developed our approach and delivery, through the different Starfish pathways, to meet the specific needs of children since they returned to school.

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### Enfield Parent Infant Partnership

We have maintained our partnership with the Enfield Parent Infant Partnership (EPIP). EPIP is a therapeutic service working with parents/carers and their babies together in cases where there is a concern that a fractured or insecure relationship may develop because of a number of identified risks. These risks include post-natal depression and anxiety, other mental health presentations, adjustment to parenthood, traumatic birth experiences, loss of a previous child, trauma and adverse life experiences, previous children having been removed from parents' care, babies born with additional or complex needs and parents having struggled to bond with previous babies. The EPIP service offers parents the opportunity of a better start to their lives as new parents, which in turn helps to grow more secure, content and confident children and encourages a happy and reciprocal relationship between parents and their babies.

EPIP works very closely with other agencies, particularly the Perinatal Mental Health Service, health visitors, Children's Centres and social care, all of which also refer into the service.

### ABC Parents Project

The project aims to empower parents from the most deprived wards in Enfield and Haringey to increase their confidence, create networks of peer-to-peer support for parents and improve appropriate use of services across health and social care through child health workshops.

"Inappropriate" attendances to A&E are stressful for families, costly and deemed a waste of resources. Furthermore, stark health inequalities in the community correlate with high use of emergency departments by children under five.

Parental fear, doubt, isolation and a lack of knowledge are all key drivers in health behaviours and important determinants of A&E attendance. Parents often doubt their own ability or judgement and this lack of confidence can prevent them from even attempting "self-care".

The ABC Parents initiative brings together parents, healthcare professionals, voluntary-sector and statutory organisations to co-produce collaborative solutions to tackle deficiencies in:

- (1) child health knowledge,
- (2) parental confidence and mental health, and
- (3) building sustainable communities.

ABC Parents is a community-based initiative developed with staff at North Middlesex University Hospital to empower local families. The programme strives to make child health knowledge accessible, to engage and upskill residents and integrate community, voluntary and statutory partnerships to tackle health inequalities together.

### Results

Table 1 shows ABC Parents partnerships, parent education activities and beneficiaries. Parent education comprised bi-weekly in-person Child Health & Lifesaving courses and multidisciplinary workshops, with free crèche facilities increasing participation.

Parent champion training facilitated peer support and provided asset-based solutions to health inequalities. Utilising multilingual and ethnically diverse parent volunteers empowered, upskilled and provided relatable experiences for other local parents. Trained breastfeeding champions increased initiation and sustained breastfeeding rates. ABC Parents has facilitated over 1500 instances of education, peer support or community engagement.

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Table 1. ABC Parents Paediatric Community Outreach – Combatting deficiencies (Jul 2021 – Jan 2023)		Attendances
(1) Child health knowledge	Child Health & Lifesaving courses	513
	Online workshops (co-produced list of topics)	46
	“Restart a Heart Day” ’22 & ’23 delivering Basic Life Support training (adults and children, both boroughs)	272
(2) Parental confidence and mental health	Breastfeeding drop-in groups (health visitor and champions-led)	59
	IAPT Mental Health workshops	47
	NICU peer support & 1:1 support on maternity/NICU	120
	Peer support groups for champions and community groups enabling awareness, health messaging and practical support	98
(3) Sustainable communities	Community engagement events (Christmas, Great Mental Health Day ’22 & ’23 and Mothers’ Appreciation Day)	319
	Breastfeeding Champions	11
	Child Health Champions	34
Total Individual Instances		1519

**Memorable quote:** *I liked that we had the chance to share our stories and to openly talk about anything baby- and breastfeeding-related and that our tutor was very passionate and patient with each one of us. We could talk about the good and the nasty and we have been even more inspired to be passionate about breastfeeding and helping mums even just by listening to them.* – Mother at Breastfeeding group.

**Memorable quote:** *Please keep on doing the amazing work you do, you're saving lives every time you put on a class. From the people who attend, to the people they teach, we can't thank you enough!* – Parent who attended the First Aid class.

## Impact

By routinely screening for health inequalities, ABC Parents is reducing stigma, increasing parental knowledge and advocacy in accessing community support, thus improving families' social circumstances, and making longer-term impacts on children's health. Parents who are supported become peer supporters, sharing their experiences and building sustainability.

Multidisciplinary cross-sector partnership working supported by North Central London Integrated Care System and Public Health, has co-production with families at its heart. With over 50 local organisations reciprocally supporting our outreach and engagement, we are building a community of resources, facilities and opportunities for our local families.

## My Time Counselling Service

We are delighted to announce that BBC Children in Need have awarded three-year funding to recommence the much-needed and popular counselling service for children aged 5 to 18 years.

The project started in September 2022 and will support children across Enfield, Haringey and Waltham Forest. Specifically, the project will focus on the following delivery model:

1. Individual therapeutic 1:1 counselling/play therapy. Providing children aged 5 to 18 with space to

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### For the Year Ended 31 March 2023

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explore their thoughts, feelings and difficulties through individual talking and therapeutic play.

2. Closed therapeutic groups in schools to enable children to share their experiences, validate feelings, build relationships and experiment with alternative ways of behaving in a safe and supportive environment.
3. Well-being service: a drop-in for older children, either alone or with friends, to access therapeutic support and to learn self-managing techniques such as mindfulness, mediation and visualisation. We hope to help children meet challenges, build emotional resilience and develop coping strategies. We are acutely aware that some children struggle to access our services as they don't want peers to think they have a "mental health" issue or need "counselling". This started off well, but, owing to Covid-19, the lockdowns, schools operating in year group bubbles and restriction of students moving around the school, the numbers here have since been minimal. We expect numbers to rise substantially, as the need is, if anything, greater than it was before the pandemic.
4. Developing parenting skills: this is very important as parents play a key role in embedding and sustaining outcomes the children achieve through the other parts of the project.

## Enfield Jubilee Let's Create 2022

Funded by the Queen's Jubilee Fund, EPC worked in partnership with Tiger Monkey UK Limited (TM) and established some new creative hubs across Enfield targeting our most in-need families and children in Edmonton N9 and N18 areas. This included Edmonton Green Shopping Centre, Bury Street Gardens, Angel Gardens and Exeter Road Play Street. All of these settings proved popular for engagement with families and creativity and interest in future programmes.

We worked with Fleecefield Primary School children and parents/carers, St Edmund's Primary School, St John and St James Primary School, Starks Field Primary School and Enfield's PRU – Orchardside School – which is becoming a trauma-informed school.

We delivered Jubilee-inspired workshops making hats, crowns/costumes and clay sculptures for a celebration festival event in Grovelands Park. The event was extremely busy and the sculptures proved very popular. For Orchardside, as an older clientele, we combined their workshops and arranged a photography shoot with birds of prey at Forty Hall – the site of King Henry VIII's former palace. The experience was a once-in-a-lifetime opportunity, and the young people kept a photograph and USB of all their shots and footage. They also worked with a professional photographer and had a Q & A about career pathways and studying arts, to inspire and link to cultural capital.

Positive engagement was key and we provided accessible workshops in a range of new settings that enabled us to make new connections with partners across a wide range of cultural cold-spots. Children from three primary schools created legacy artwork in the form of digital artwork and new signage. We made a short film documenting all the workshops and activities.

### Aim of this short project included:

- Increased well-being and community cohesion as a result of arts participation and community arts engagement for all participants.
- Establishment of new, community-led creative hubs in Enfield.
- Increased participation in the arts by families, children and young people outside of school.
- New audiences and participants engaging in arts activities and taking ownership of them.
- Community cohesion bringing different communities together over three weekends of activities including the Jubilee celebration on 4th June 2022.

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- Leaving a physical legacy, e.g. mural or digital artwork, as well as increasing well-being.
  - Tiger Monkey establishing more local community-based partners for future project funding from Arts Council England and other funders.

#### Memorable feedback:

*I love it.*

*This workshop was brilliant.*

*I had a great time here today.*

*We all loved the workshop.*

*I love this but the best part was to put accessories on.*

*Diamond. This was amazing, thank you.*

*I liked this workshop. I enjoyed it a lot and hope to do it again.*

*It was amazing and doing new things.*

*It was amazing making a story and drawing.*

*Fun and interesting. I had an amazing time.*

*A highlight video of the project can be viewed on YouTube at <https://www.youtube.com/watch?v=V7mwpZD8SPI>*

## Looking ahead to 2023–24

The last 12 months have been a period of consolidation and slow growth, and we look forward to continued growth during the coming year.

We expect to build on the existing ABC Parents project, further extending its capacity to reach more families across Enfield and Haringey, while recruiting and supporting a growing bank of Community Champion volunteers.

We will continue our partnership with Tiger Monkey UK Ltd for future community arts work. Local venues and community projects include PlayStreet, Edmonton Parents Get Together, Bury Street Gardens, Angel Gardens, Friends of Grovelands Park and Orchardside School. All these partnerships have good community leaders and cultural champions whom we can work with to further develop art-based projects to benefit those most in need.

We have already started the work of developing a funding bid to continue the excellent work undertaken by the Starfish project, and we look forward to sharing some good news in next year's Annual Report.

We will strengthen the Board of Trustees by actively recruiting new members with the skillset that supports the delivery of the Strategic Plan.

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## **Structure, Governance and Management**

### **Governing document**

The organisation is a charitable company limited by guarantee, incorporated on 31 May 2001, and registered as a charity on 10 August 2001. The company was established under a Memorandum of Association that defined the objects and powers of the charitable company. It is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The Charity was established in 1996 as Enfield Parents Centre.

### **Recruitment and appointment of members of the Board of Directors**

The Directors of the company are also Charity Trustees for the purposes of Charity Law. The Board tries to ensure that it reflects the diversity and needs of the community that is being served, by using a variety of avenues for recruitment. These include approaching individuals with particular skills via the Enfield Volunteer Centre and the national REACH website and approaching the Charity's service users via the Charity's website and mailings. The Directors are appointed by members of the company.

### **Directors' induction and training**

The Charity has an information pack for new Trustees, and prospective Trustees are interviewed by the Chief Executive and Chair. They are offered support prior to attending their first Board meeting, to explain the duties and responsibilities of Trustees. The Charity takes up training on governance offered by local and national organisations. Trustees may also attend conferences on governance.

### **Risk management**

The Trustees and staff reviewed the updated risk register and the measures taken to manage or alleviate the key risks. As reported last year, funding and sustainability are still a real challenge for the Charity for the medium term and are a serious constraint on our work.

### **Organisational structure**

The Charity has a Board of not fewer than three nor more than 16 Trustees. The Trustees meet approximately every six weeks to review and agree major areas of policy and the strategic direction of the Charity. At the time of writing, the Board has five members from a variety of professional backgrounds.

A scheme of delegation is in place and the day-to-day responsibility for the provision of services rests with the Chief Executive. He manages the operations of the Charity, supervises the staff and ensures that the teams continue to develop their skills and working practices. The operations of the Charity are reported to the Board through reports on projects and the Chief Executive's reports and periodic attendance and presentations by project leaders.

Responsibility for reviewing key areas and reporting to the Board is taken by committees consisting of two or three trustees and with responsibility for different areas, such as governance and finance, which meet between the Board meetings or as required. Volunteers are supervised by the service leads.

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### **Pay policy for senior staff**

The Board of Trustees is responsible for defining EPC's Management Pay Policy and deciding on the salaries of the Chief Executive, managers and staff.

It is essential for EPC to have leaders who bring professional expertise, significant leadership experience and strong capability to develop and grow the organisation to further enhance its reputation in the Borough and beyond. The pay for the management is benchmarked against pay levels in other voluntary sectors in Outer London.

All the Trustees give their time freely and no Trustee received remuneration in the past year. Details of Trustees' expenses and related party transactions are disclosed in notes 2 and 9 on pages 19 & 21.

### **Related parties**

The Charity works in partnership with Enfield and North Central London Clinical Commissioning Group, Children's Services, the SEND Board and other professionals in the Local Authority, as well as the voluntary and community sector.

There is no connection between Trustees or senior managers of the Charity and suppliers of services to the Charity.

### **Public benefit**

The Trustees confirm that they have paid due regard to the guidance given by the Charity Commission on public benefit in deciding what activities the Charity should undertake. The Trustees have concluded that the activities carried out by the Charity have fulfilled the public benefit requirement.

### **Financial Review**

EPC's main funding sources are both restricted & unrestricted funding. This year we were successful in bringing in £135,380 from various sources and have a healthy unrestricted reserve of £197,536 (of which £152,248 is designated), which the charity aims to continue spending on its charitable objects.

Our principal source of income has been through grant funding and partnership with the North Middlesex University Hospital.

### **Investment Policy**

#### **Investment objectives**

The Charity has assets which are invested to provide unrestricted income.

The Charity seeks to produce the best financial return within an acceptable level of risk, which balances the likelihood of losses that may damage the Charity against the potential for benefit and a good return on investment. The Board will ensure it looks at the risk, ethical and time-horizon factors in making investment decisions. It will also require regular reporting and monitoring of the investments to be submitted at Board meetings.

In the previous reporting year, the Trustees took the decision to invest unrestricted reserves in the COIF Charities Ethical Investment Fund provided by CCLA and the Charity Multi-Asset Fund provided by

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Schroders. This investment has yielded £3,016 for the year.

### *Reserves policy and going concern*

The reserves policy is to hold six months' running costs as free reserves. Free reserves are those funds not tied up in fixed assets or held as designated or restricted funds. Free reserves are held to ensure the continuity of educational services and, given the relative uncertainty of future funding and the long-term viability of the Charity, that adequate funds are available to cover the running costs for six months.

Six months' running costs are calculated as £100,000. The Trustees and management are pleased that the reserves are at the desired level and have decided to use the reserves to invest in further services for our beneficiaries in the forthcoming year. The Trustees are of the view that EPC is a going concern.

This report has been prepared in accordance with the provisions in part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.

### **Our Big Thank You**


The year would not have been possible without the support of our amazing staff, volunteers, partners, and funders. Thank you for your continued support of Every Parent & Child – together we make communities stronger so that they can thrive.

Approved by the Board on 18<sup>th</sup> July 2023 and signed on its behalf by:

Ingrid Cranfield.....

Director

For and on behalf of the Board of Directors



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For the Year Ended 31 March 2023

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## Independent Examiner's Report to the Trustees of Every Parent & Child

I report on the accounts of the company for the year ended 31<sup>st</sup> March 2023, which are set out on pages 16 to 23.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. The charity's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention.

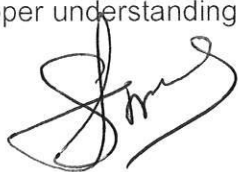
### Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate:

- that accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- that the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102);
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



Date: 18/07/2023

Chartered Certified Accountant  
TACTS Accountant, 61 Fountains Crescent, London, N14 6BD

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## Statement of Financial Activities for the Year End 31 March 2023

	<u>Notes</u>	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>Funds</u> <u>2023</u>	<u>Total</u> <u>Funds</u> <u>2022</u>
		£	£	£	£
<b><u>INCOMING RESOURCES</u></b>					
<b>Incoming resources from generated funds:</b>					
Voluntary income		6,874	-	6,874	725
Investment Income	(8)	3,016	-	3,016	3,658
<b>Incoming resources from charitable activities:</b>					
Grants to provide charitable activities	(10)	-	101,270	101,270	253,014
Other Income		24,120	-	24,120	-
<b>TOTAL INCOMING RESOURCES</b>		<b>34,010</b>	<b>101,270</b>	<b>135,280</b>	<b>257,397</b>
<b><u>RESOURCES EXPENDED</u></b>					
Expenditure on charitable activities	(11)	55,317	141,585	196,902	274,928
<b>TOTAL RESOURCES EXPENDED</b>		<b>55,317</b>	<b>141,585</b>	<b>196,902</b>	<b>274,928</b>
Net Incomings and (outgoings) resources		(21,307)	(40,315)	(61,622)	(17,531)
Gains/losses on revaluation of investment assets (note 5)		(5,441)	-	(5,441)	33,336
Net movements in funds for the year		(26,748)	(40,315)	(67,063)	15,805
<b>Balances Brought Forward</b>		<b>224,283</b>	<b>40,316</b>	<b>264,599</b>	<b>248,794</b>
<b>Balances Carried Forward</b>		<b>197,536</b>	<b>-</b>	<b>197,536</b>	<b>264,599</b>

There were no recognised gains or losses for the above period other than those shown in the statement of financial activities for the above financial year. All incoming resources and resources expended are derived from continuing activities.

(The notes attached form part of these financial statements)

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

### Balance Sheet as at 31 March 2023

	Notes	£ <u>2023</u>	£ <u>2022</u>
<b>Fixed Assets</b>			
Tangible assets			-
Investments	(5)	82,163	87,604
<b>Current Assets:</b>			
Debtors	(6)	11,149	8,440
Cash at Bank and In Hand		120,059	206,758
<b>Current Liabilities:</b>			
<b>Creditors:</b>			
Amount falling due within one year:			
Accruals & Creditors	(7)	15,835	38,203
Net Current Assets		<u>115,373</u>	<u>176,995</u>
<b>Net Assets</b>		<u>197,536</u>	<u>264,599</u>
<b>As Represented By</b>			
Unrestricted Fund		45,288	72,035
Restricted Fund	(12)	-	40,316
Designated Funds	(15)	152,248	152,248
<b>Total Funds</b>		<u>197,536</u>	<u>264,599</u>


The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Directors and Trustees on 18/07/2023 and signed on their behalf by:

.....  
**Ingrid Cranfield**  
Director

.....  
**Sudipta Ghosh**  
Director

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

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## Notes to the Accounts

### 1. Accounting policies

#### **Basis of accounting**

The accounts (financial statements) have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for twelve months from authorising these accounts and have decided that the charity is able to continue as a going concern.

#### **Income recognition**

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. Grant income received in advance of the period to which they are intended are deferred to that period.

#### **Expenditure recognition**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that a settlement will be required, and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis and is inclusive of VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees and costs linked to the strategic management of the charity. Governance costs which cannot be allocated directly are apportioned on an appropriate basis.

#### **Fund accounting**

Unrestricted funds are grants, donations and other incoming resources receivable for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds are grants, donations and other incoming resources which are to be used for specific purposes as laid by the donor. Expenditure which meets these criteria is charged to the fund.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

#### **Fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation. If the cost of a fixed asset is below £500 it is not capitalised.

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

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Depreciation is provided at rates calculated to write off the cost of each asset, less its estimated residual value, over the useful economic life of that asset as follows:

Office furniture	20% straight line
Equipment	20% straight line
Computers	33.33% straight line

### Investments

Fixed asset investments are included at market value. Any gain or loss on revaluation of disposal is included in the statement of financial activities.

### Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

### Short term deposits

Short term deposits are deposits with a maturity date of one year or less from the date of acquisition.

### Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

### Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

### Pension costs

The costs of the defined contribution arrangements are charged to the SOFA as incurred.

### Operating leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease

## 2. Related party transactions

There were no related party transactions that require disclosure during the year.

## 3. Taxation

The charity has no corporation tax liability because income from its activities is in pursuance of its charitable objectives and all income is applied for charitable purposes.

## 4. Pension costs

The company charity participates in defined contribution arrangements for members of staff. The employer contribution rate is 6%. There was no outstanding amount at the year end.

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

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### 5. Investment assets

Listed Investments at market value comprise

	2023	2022
	£	£
<b>Unit Trusts:</b>		
Market valuation brought forward	87,604	54,268
Gains and losses on revaluation of investment assets	(5,441)	33,336
Market valuation carried forward	<u>82,163</u>	<u>87,604</u>

*All fixed assets investments are held in UK and are unrestricted*

### 6. Debtors

	2023	2022
	£	£
Prepayments	1,740	1,740
Accrued Income	9,209	6,500
Other Debtors	200	200
	<u>11,149</u>	<u>8,440</u>

### 7. Accruals and Creditors

	2023	2022
	£	£
Accruals	15,835	38,203
Deferred Income	-	-
Other Creditors	-	-
	<u>15,835</u>	<u>38,203</u>

### 8. Investment income

	2023	2022
	£	£
Income from UK listed investments & interest receivable	<u>3,016</u>	<u>3,658</u>
	<u>3,016</u>	<u>3,658</u>

*All income from investments is unrestricted*

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

### 9. Staff Cost

	2023	2022
	£	£
Salaries	51,517	96,537
Tax and NIC	5,971	24,316
Pension	4,511	9,584
	<u>61,999</u>	<u>130,437</u>

No employee earned £60,000 or more per annum.

The average number of employees during the year was 3.

The trustees received no remuneration, and no expenses were claimed by them.

The average number of volunteers during the year was 20.

### 10. Income from Charitable Activities

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Total</u>
	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
	£	£	2023	2022
			£	£
<b>Incoming resources from charitable activities:</b>				
London Borough of Enfield	-	-	-	67,375
National Children's Bureau	-	-	-	5,833
BBC Children in Need	-	31,053	<b>31,053</b>	-
NHS Enfield CCG Grant	-	26,004	<b>26,004</b>	26,003
London Com. Fund - Queen Jubilee	-	10,000	<b>10,000</b>	-
Bridge Renewal Trust	-	24,252	<b>24,252</b>	-
National Lottery - Advocacy	-	9,961	<b>9,961</b>	-
Active Youth Enfield, EVA	-	-	-	1,000
CCG Child Health	-	-	-	12,407
London Catalyst	-	-	-	2,500
Bailey Thomas	-	-	-	2,000
Big Lottery Fund, Starfish project	-	-	-	135,896
<b>TOTAL INCOMING RESOURCES</b>	<u>-</u>	<u>101,270</u>	<u>101,270</u>	<u>257,397</u>

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

### 11. Expenditure on charitable activities:

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>Funds</u> 2023	<u>Total</u> <u>Funds</u> 2022
	£	£	£	£
<b>Charitable Expenses</b>				
Gross Wages inc. on costs	22,277	39,722	61,999	125,859
Sessional Workers and Consultancy	14,632	28,025	42,657	51,315
Recruitment Cost	1,418	-	1,418	400
Rent, Room Hire and Rates	10,425	-	10,425	29,050
Travelling and Transport	-	366	366	66
Office Expenses & General Running Expenses	-	3,510	3,510	6,460
Professional Fees	-	1,100	1,100	1,100
IT support & Computer Maintenance	6,565	-	6,565	4,758
Subscriptions and Learning Resources	-	13	13	818
Insurance	-	3,708	3,708	3,572
Training	-	531	531	250
Workshops and Activities	-	64,103	64,103	51,246
Volunteer Expenses	-	28	28	35
Publicity and Promotion	-	480	480	-
<b>TOTAL RESOURCES EXPENDED</b>	<b>55,317</b>	<b>141,585</b>	<b>196,902</b>	<b>274,928</b>

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>Funds</u> 2023	<u>Total</u> <u>Funds</u> 2022
	£	£	£	£
<b>Incoming resources from charitable activities:</b>				
London Borough of Enfield	-	-	-	67,375
National Children's Bureau	-	-	-	5,833
BBC Children in Need	-	31,053	31,053	-
NHS Enfield CCG Grant	-	26,004	26,004	26,003
London Com. Fund - Queen Jubilee	-	10,000	10,000	-
Bridge Renewal Trust	-	24,252	24,252	-
National Lottery - Advocacy	-	9,961	9,961	-
Active Youth Enfield, EVA	-	-	-	1,000
CCG Child Health	-	-	-	12,407
London Catalyst	-	-	-	2,500
Bailey Thomas	-	-	-	2,000
Big Lottery Fund, Starfish project	-	-	-	135,896
<b>TOTAL INCOMING RESOURCES</b>	<b>-</b>	<b>101,270</b>	<b>101,270</b>	<b>257,397</b>

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

### 12. Analysis of Restricted Funds:

	Balance at 1st April 2022	Incoming resources	Outgoing resources	Balance at 31st March 2023
		£	£	£
Big Lottery Fund (Starfish)	40,316	-	40,316	-
BBC Children in Need	-	31,053	31,053	-
National Lottery - Advocacy	-	9,961	9,961	-
NHS Enfield CCG Grant	-	26,004	26,004	-
LCF - Queen Jubilee	-	10,000	10,000	-
Bridge Renewal Trust	-	24,252	24,252	-
	40,316	101,270	141,586	-

#### Purpose:

- Youth development in communication, social and life skills
- Counselling sessions for children and young people.
- Mentoring programme to selected local Primary and Secondary Schools.
- Volunteering.
- Active youth and Improving health and wellbeing.

### 13. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total Funds
	£	£	£
Fixed Assets	82,163	-	82,163
Current Assets	90,892	40,316	131,208
Current Liabilities	15,835	-	15,835
<b>Net Assets as at 31st March 2023</b>	<b>157,220</b>	<b>40,316</b>	<b>197,536</b>

### 14. Movement in funds

	Unrestricted funds	Designated Fund	Restricted funds	Total
	£		£	£
At 1st April 2022	72,035	152,248	40,316	264,599
Surplus/(Deficit) for the year	(21,307)	-	(40,316)	(61,623)
Gains and losses on revaluation of investment assets	(5,441)	-	-	(5,441)
<b>At 31st March 2023</b>	<b>45,287</b>	<b>152,248</b>	<b>-</b>	<b>197,536</b>

# Every Parent & Child

## Annual Account

For the Year Ended 31 March 2023

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### 15. Designated funds

The directors have earmarked funds for particular purposes and these designated funds are shown above.

- Management Team Structure fund is to provide for any shortfall in management salaries.
- Admin support for EPC fund is for an admin worker to support EPC's structure.
- Volunteer Co-ordinator fund is to provide a post to support all EPC's volunteers.
- Website, IT maintenance & marketing fund is to provide support for EPC's website development, provision for new IT equipment and publicity.
- Rent fund is to provide for rent not funded by incoming resources.
- Fundraiser is to provide for the salary of staff engaged in fundraising.
- Starfish project aims to enable children to develop their communication, narrative, social and educational skills.
- SEND Service is to provide help to parents and children to convert Special Educational Statements to Education, Health and Care Plan.
- Counselling Service is to provide counselling sessions for parents whose children are in receipt counselling sessions.