

**The Royal Academy of Culinary Arts**

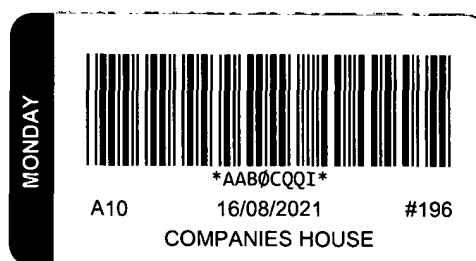
**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2020**



**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Company information**

**Directors/Trustees**

Sara Jayne Stanes OBE  
Richard Alan Shepherd CBE  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Secretary**

Martha Bruce

**Company number**

04144824

**Registered Charity number**

1087567

**Registered office**

53 Cavendish Road  
London  
SW12 OBL

**Independent accountants**

Riches & Company  
34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
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**The Royal Academy of Culinary Arts  
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**Trustees' and Directors' annual report  
for the year ended 31st December 2020**

The trustees/directors present their report and financial statements for the year ended 31st December 2020.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures.

**Registered office:**  
53 Cavendish Road  
London  
SW12 0BL

**Directors/trustees**

The following have held office throughout the year: -

Sara Jayne Stanes OBE  
Richard Alan Shepherd CBE  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission's general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
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**Trustees’ and Directors’ annual report (continued)  
for the year ended 31st December 2020**

Since its beginnings in 1990, the Trust has delivered its workshops to many thousands of children across the country – and we have an ever growing waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our members who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of 5 chef lecturers and support, some full and some part time, across the country daily challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We also deliver sessions to a number of special educational needs schools and to many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years and the benefits have been well documented. We also work with Evelina Children’s Hospital and Lavender Walk Adolescent Mental Health Unit at Chelsea and Westminster Hospital. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

**Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The state of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been a particularly challenging year for the Trust. While we have been unable to benefit from our usual calendar of fundraising events, we have still spent time fundraising and with some success.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Garfield Weston Foundation, the Worshipful Company of Innholders and The Band Trust - all pillars of support both financially and morally. In addition, the University of West London has sponsored Ashley Marsh for 2 ½ days a week.

The Trustees have no need to be disappointed in the efforts of the team. Applications to grant making bodies are a constant part of the Trust’s work to secure the future. But we are aware that we are one of many also seeking funding. We have unrestricted reserves of £227,354 and restricted reserves of £26,536 as at 31 December 2020.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2020**

**Covid-19**

During the year, the UK and the world have been severely affected by the pandemic. Whilst the Royal Academy of Culinary Arts and the Adopt a School Trust has continued to function and carry out its work, there has been an inevitable disruption with the temporary consequence of furloughing some employees and restricted activity; this will have an impact on the year's trading, but the Trustees remain confident that the financial position remains robust and activity levels will recover and strengthen over the coming months and year.

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

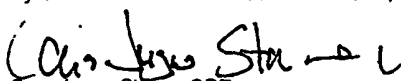
**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board Date 24/6/2021

  
Sara Jayne Stanes OBE  
Director/Trustee

## **Independent Accountants' Report to the members of**

### **The Royal Academy of Culinary Arts "Adopt-a-School" Trust (a company limited by guarantee)**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31 December 2020 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



**Riches & Company**

**Chartered Accountants**

Date 24 June 2021

34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Statement of financial activities  
for the year ended 31st December 2020**

	Note	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>Incoming resources</b>					
Donations		120,961	183,334	304,295	156,811
Income from charitable activities		100,789	0	100,789	170,164
Interest income		0	0	0	1,125
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total incoming resources</b>		<b>221,750</b>	<b>183,334</b>	<b>405,084</b>	<b>328,100</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity's objectives		15,393	0	15,393	20,908
Activity implementation costs	3	130,807	177,422	308,229	191,697
Management and administration	4	70,191	0	70,191	60,486
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total resources expended</b>		<b>216,391</b>	<b>177,422</b>	<b>393,813</b>	<b>273,091</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net income for the year</b>		<b>5,359</b>	<b>5,912</b>	<b>11,271</b>	<b>55,009</b>
Fund balances brought forward		221,995	20,624	242,619	187,610
Funds transfer during the year		0	0	0	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Fund balances carried forward</b>		<b>227,354</b>	<b>26,536</b>	<b>253,890</b>	<b>242,619</b>
		<hr/>	<hr/>	<hr/>	<hr/>

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.



**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Balance sheet  
at 31st December 2020**

	Note	£	2020 £	£	2019 £	£
<b>Current assets:</b>						
Hats and aprons stocks			2,288		3,350	
Other debtors			21,850		30,563	
Cash at bank			311,148		226,453	
			<u>          </u>		<u>          </u>	
			335,286		260,366	
<b>Creditors: amounts falling due within one year</b>						
	5		(81,396)		(17,747)	
			<u>          </u>		<u>          </u>	
<b>Total net current assets</b>				253,890		242,619
				<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>				253,890		242,619
				<u>          </u>		<u>          </u>
<b>Represented by:</b>						
<b>Funds</b>						
Unrestricted funds	9		227,354		221,995	
Restricted funds	9		26,536		20,624	
			<u>          </u>		<u>          </u>	
			253,890		242,619	
			<u>          </u>		<u>          </u>	

For the financial period ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' and Directors' responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2020 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on Date 24/6/2021



Sara Jayne Stanes OBE  
Director/Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2020**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is 53 Cavendish Road, London, SW12 0BL, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Notes to the financial statements (continued)  
for the year ended 31st December 2020**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2020 £	2019 £
Operating profit stated after charging:		
Accountants' remuneration	305	1,080
	<u>          </u>	<u>          </u>

**3 Activity implementation costs**

	2020 £	2019 £
Salaries and fees	130,527	140,160
Activities costs	177,422	35,835
Travel costs	280	15,702
	<u>          </u>	<u>          </u>
	308,229	191,697
	<u>          </u>	<u>          </u>

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Notes to the financial statements (continued)  
for the year ended 31st December 2020**

**4 Management and administration**

	2020 £	2019 £
Administration salaries and fees	29,750	28,822
Office costs	22,096	18,654
Telephone	67	687
Accountancy fees	2,582	9,264
Professional fees	0	2,409
Computer costs	306	650
Doubtful debt expense	15,390	-
	<u>70,191</u>	<u>60,486</u>

**5 Creditors: amounts falling due within one year**

	2020 £	2019 £
Other creditors	10,073	14,382
Accruals and deferred income	71,323	3,365
	<u>81,396</u>	<u>17,747</u>

**6 Staff costs**

	2020 £	2019 £
Gross wages and salaries	146,490	138,880
Employer's National Insurance contributions	9,394	12,990
Employer's pension contributions	4,393	3,799
	<u>160,277</u>	<u>155,669</u>

No employee earned £60,000 per year or more for the years ended 31st December 2020 or 2019.

The average number of persons employed by the company was 5 (2019 – 5).

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2020**

**7 Related parties/trustees' remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2020 £	2019 £
Salaries and fees	29,750	13,415
Other costs	16,983	19,032
	<hr/>	<hr/>
	46,733	32,447
	<hr/>	<hr/>

Included within the figure for salaries and fees recharged above is £28,350 (2019 - £12,000) paid to Sara Jayne Stanes, the Chief Executive and a trustee, to reimburse her for the work she performs administering the charitable company.

No remuneration was paid to the directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2020, The Royal Academy of Culinary Arts Limited was owed by the charitable company £1,354 (2019 – debtor £5,939).

**8 Company Status**

The company has no share capital but is limited by guarantees for £10 from each of the directors/trustees.

**9 Funds**

Unrestricted funds relate only to the charitable company's general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run by the North East branch and funds funding received from the Erasmus programme. These funds may only be used to contribute towards the costs of the relevant activities.