

# THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST

England & Wales · Charity number 1087567

## Details

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<b>Other names</b>	THE ACADEMY OF CULINARY ARTS "ADOPT-A-SCHOOL" TRUST, THE ROYAL ACADEMY OF CULINARY ARTS ADOPT A SCHOOL, ADOPT-A SCHOOL TRUST, CHEFS' ADOPT A SCHOOL
<b>Status</b>	Registered
<b>Legal form</b>	Charitable company
<b>Company number</b>	<a href="#">04144824</a>
<b>Registered</b>	2001-07-16
<b>Register</b>	<a href="#">View on the Charity Commission register</a>

## Contact

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<b>Address</b>	Capital City College Westminster Campus 76 Vincent Square London SW1P 2PD
<b>Phone</b>	02086736300
<b>Email</b>	<a href="mailto:info@royalacademyofculinaryarts.org.uk">info@royalacademyofculinaryarts.org.uk</a>
<b>Website</b>	<a href="http://www.royalacademyofculinaryarts.org.uk">www.royalacademyofculinaryarts.org.uk</a>

## Activities

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**Objects:** THE CHARITY'S OBJECTS ("THE OBJECTS") ARE TO ADVANCE THE EDUCATION OF CHILDREN AND YOUNG PERSONS IN FOOD, NUTRITION, HYGIENE, HEALTH AND RELATED SUBJECTS SO AS TO DEVELOP THEIR KNOWLEDGE AND UNDERSTANDING AND EXPAND THEIR TASTE AND APPRECIATION OF FOOD, OF FOOD ORIGINS AND OF DIFFERENT CULTURES..

**Activities:** Teaches schoolchildren about food, where it comes from, nutrition and healthy diet, and how to cook it.

## Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** Children/young People

## Geography

- **Area of benefit:** NOT DEFINED, IN PRACTICE ENGLAND AND WALES
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£266,607	£362,834	-	-
2023-12-31	£525,441	£589,685	£434,492	5
2022-12-31	£662,187	£335,418	£498,736	6
2021-12-31	£210,712	£227,957	-	-
2020-12-31	£405,084	£393,813	-	-

## Trustees

Name	Role	Appointed
Adrian Richard Bratt		2024-10-28
Amanda Jayne Afiya		2016-06-09
BRIAN JAMES TURNER CBE		
David Charles Coubrough		2019-03-26
John Thomas Williams MBE		2016-06-09
MYLES IRONSIDE BREMNER		2016-11-22
Martha Blanche Waymark Bruce		2025-05-01
William James Toner		2023-04-13

**THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST**

England & Wales - Charity number 1087567

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# Accounts

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**The Royal Academy of Culinary Arts**

**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2024**

**SATURDAY**



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**COMPANIES HOUSE**

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Company information**

Directors/Trustees	Brian James Turner CBE John Thomas Williams MBE Amanda Jayne Afiya Myles Ironside Bremner David Charles Coubrough William James Toner Adrian Richard Bratt (appointed 28 October 2024) Martha Blanche Waymark Bruce (appointed 1 May 2025)
Secretary	SGH Company Secretaries Limited
Company number	04144824
Registered Charity number	1087567
Registered office	Westminster Kingsway College 76 Vincent Square London SW1P 2PD
Independent accountants	Riches & Company 34 Anyards Road Cobham Surrey KT11 2LA

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

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**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Trustees’ and Directors’ annual report  
for the year ended 31st December 2024**

The trustees/directors present their report and financial statements for the year ended 31st December 2024.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures.

**Registered office:**

Westminster Kingsway College  
76 Vincent Square  
London  
SW1P 2PD

**Directors/trustees**

The following have held office during the year: -

Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert (resigned 9<sup>th</sup> February 2024)  
Myles Ironside Bremner  
Richard James Dunne (resigned 25<sup>th</sup> November 2024)  
David Charles Coubrough  
William James Toner  
Adrian Richard Bratt (appointed 28<sup>th</sup> October 2024)

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission’s general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Trustees’ and Directors’ annual report (continued)  
for the year ended 31st December 2024**

Since its beginnings in 1990, the Trust has delivered its sessions to thousands of children across the country and continues to have a waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our partners and individuals in the hospitality industry who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of nine including six regional chefs who work alongside the schools challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We deliver sessions mainly in classrooms but also on farms, including Plumpton College in Sussex, with a regional chef sponsored by the Prep’t Foundation. We work with several special educational schools, youth clubs and with many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years, as well as the Evelina Children’s Hospital, Chelsea and Westminster Hospital and St. George’s Hospital. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

**Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The continued vulnerability of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been another challenging year for the Trust. However, we continue to have fundraising successes as well as renewed support from volunteers delivering the programme.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Rotherwick Foundation, the Worshipful Company of Innholders, The Band Trust and the Prep’t Foundation. The University of West London continue to sponsor a regional chef and University College Birmingham (UCB) employ a chef lecturer who delivers the Adopt a School programme two days a week.

The Trust remains in a strong financial position with unrestricted reserves of £314,205, and restricted reserves of £24,060 as at 31 December 2024.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2024**

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

Signed by:  
  
David COUBROUGH  
428175243975417...  
Director/Trustee

**Independent Accountants' Report to the members of  
The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31st December 2024 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Signed by:  
*Riches and Company*  
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**Riches & Company**  
**Chartered Accountants**

Date 7/9/2025  
34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Statement of financial activities  
for the year ended 31st December 2024**

	Note	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>Incoming resources</b>					
Donations		31,250	88,881	120,131	391,323
Income from charitable activities		123,478	-	123,478	130,059
Interest income		13,083	-	13,083	4,059
Investment income		<u>9,915</u>	<u>-</u>	<u>9,915</u>	<u>-</u>
<b>Total incoming resources</b>		<b><u>177,726</u></b>	<b><u>88,881</u></b>	<b><u>266,607</u></b>	<b><u>525,441</u></b>
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity's objectives		32,540	4,667	37,207	35,593
Activity implementation costs	3	183,365	108,200	291,565	528,321
Management and administration	4	34,062	-	34,062	25,771
<b>Total resources expended</b>		<b><u>249,967</u></b>	<b><u>112,867</u></b>	<b><u>362,834</u></b>	<b><u>589,685</u></b>
<b>Net (expenditure)/income for the year</b>		<b><u>(72,241)</u></b>	<b><u>(23,986)</u></b>	<b><u>(96,227)</u></b>	<b><u>(64,244)</u></b>
Fund balances brought forward		324,892	109,600	434,492	498,736
Funds transfer during the year		61,554	(61,554)	-	-
<b>Fund balances carried forward</b>		<b><u>£314,205</u></b>	<b><u>£24,060</u></b>	<b><u>£338,265</u></b>	<b><u>434,492</u></b>

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2024**

	Note	2024		2023	
		£	£	£	£
<b>Current assets:</b>					
Hats and aprons stocks		7,122		8,121	
Other debtors		10,205		11,649	
Investments		209,732		29,371	
Cash at bank	5	242,536		428,492	
		<u>          </u>		<u>          </u>	
		469,595		477,633	
<b>Creditors: amounts falling due within one year</b>					
	6	(131,331)		(43,141)	
		<u>          </u>		<u>          </u>	
<b>Total net current assets</b>			338,264		434,492
			<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>			338,264		434,492
			<u>          </u>		<u>          </u>
<b>Represented by:</b>					
<b>Funds</b>					
Unrestricted funds	10		314,204		324,892
Restricted funds	10		24,060		109,600
			<u>          </u>		<u>          </u>
			338,264		434,492
			<u>          </u>		<u>          </u>

For the financial period ended 31st December 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' and Directors' responsibilities:**

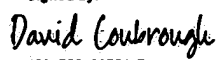
- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2024 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board

Signed by:  
  
428175243975417...

David Coubrough  
Director/Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2024**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities Act 2022 where relevant, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is Westminster Kingsway College, 76 Vincent Square, London, SW1P 2PD, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2024**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2024 £	2023 £
Operating profit stated after charging:		
Accountants' remuneration	600	600
	<u>          </u>	<u>          </u>

**3 Activity implementation costs**

	2024 £	2023 £
Salaries and fees	221,905	224,130
Activities costs	56,553	292,173
Travel costs	13,107	12,018
	<u>          </u>	<u>          </u>
	<u>291,565</u>	<u>528,321</u>

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2024**

<b>4</b>	<b>Management and administration</b>		
		2024	2023
		£	£
	Office costs	24,448	20,973
	Administration salaries	1,904	-
	Accountancy fees	4,261	3,574
	Professional fees	2,378	-
	Computer costs	1,069	420
	Unrealised loss on investments	-	804
		<u>34,060</u>	<u>25,771</u>
<b>5</b>	<b>Cash at bank</b>		
	Bank current account	127,306	125,897
	Fixed interest investment accounts	115,230	302,595
		<u>242,536</u>	<u>428,492</u>
<b>6</b>	<b>Creditors: amounts falling due within one year</b>		
		2024	2023
		£	£
	Other creditors	8,818	6,805
	Accruals and deferred income	122,513	36,336
		<u>131,331</u>	<u>43,141</u>
<b>7</b>	<b>Staff costs</b>		
		2024	2023
		£	£
	Gross wages and salaries	204,800	202,100
	Employer’s National Insurance contributions	13,983	16,169
	Employer’s pension contributions	5,026	5,861
		<u>223,809</u>	<u>224,130</u>

No employee earned £60,000 per year or more for the years ended 31st December 2024 or 2023. The average number of persons employed by the company was 5 (2023 – 5).

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2024**

**8 Related parties/trustees’ remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2024 £	2023 £
Salaries and fees	1,904	-
Other costs	15,067	9,665
	<u>16,971</u>	<u>9,665</u>

No remuneration was paid to other directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2024, The Royal Academy of Culinary Arts Limited owed the charitable company £3,242 (2023 – £4,442).

**9 Company Status**

The company has no share capital but is limited by guarantees for £10 from the sole member, The Royal Academy of Culinary Arts Limited.

**10 Funds**

Unrestricted funds relate only to the charitable company’s general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run for the Northeast of England, Erasmus funding and funding received for the Chef on the Farm, and the Sussex and London Chef programmes, along with other smaller grants. These funds may only be used to contribute towards the costs of the relevant activities.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Income and expenditure account  
for the year ended 31st December 2024**

	£	2024	£	2023	£
<b>Income</b>					
Donations			120,131		391,323
Charitable activities			123,478		130,059
			<hr/>		<hr/>
			243,609		521,382
<b>Expenditure</b>					
Schools costs	26,682			24,149	
Salaries and fees	223,810			224,429	
Activities costs	56,553			291,533	
Hats and aprons	10,525			11,444	
Training	107			640	
Rent and rates	15,067			9,645	
Insurance	4,039			3,481	
Printing, postage and stationery	396			525	
Telephone	-			-	
Travel and subsistence	13,107			12,018	
Entertaining	85			-	
Accountancy fees	4,261			3,574	
Other professional fees	2,378			-	
Advertising	270			-	
Computer costs	1,069			420	
Subscriptions and donations	1,101			1,980	
Bank charges	947			1,360	
Sundry expenses	2,436			3,683	
			<hr/>		<hr/>
			(362,833)		(588,880)
			<hr/>		<hr/>
<b>Operating loss</b>			(119,224)		(67,498)
Interest receivable			13,083		4,059
Gains/(losses) on investments			9,915		(804)
			<hr/>		<hr/>
<b>Deficit for the year</b>			(96,226)		(64,244)
			<hr/> <hr/>		<hr/> <hr/>

**THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST**

England & Wales - Charity number 1087567

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# Accounts

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**The Royal Academy of Culinary Arts**

**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2023**



**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Company information**

Directors/Trustees	Brian James Turner CBE John Thomas Williams MBE Amanda Jayne Afiya Frederick Willem Mostert Myles Ironside Bremner Richard James Dunne David Charles Coubrough William James Toner (appointed 13 April 2023)
Secretary	Martha Bruce
Company number	04144824
Registered Charity number	1087567
Registered office	Westminster Kingsway College 76 Vincent Square London SW1P 2PD
Independent accountants	Riches & Company 34 Anyards Road Cobham Surrey KT11 2LA

**The Royal Academy of Culinary Arts  
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**The Royal Academy of Culinary Arts  
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**Trustees’ and Directors’ annual report  
for the year ended 31st December 2023**

The trustees/directors present their report and financial statements for the year ended 31st December 2023.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures.

**Registered office:**

Westminster Kingsway College  
76 Vincent Square  
London  
SW1P 2PD

**Directors/trustees**

The following have held office: -

Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough  
William James Toner (appointed 13<sup>th</sup> April 2023)

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission’s general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
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**Trustees’ and Directors’ annual report (continued)  
for the year ended 31st December 2023**

Since its beginnings in 1990, the Trust has delivered its sessions to many thousands of children across the country – and we have an ever-growing waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our members and the wider hospitality industry who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of 7 including 6 regional chef lecturers daily challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We deliver sessions mainly in classrooms but also on farms and we are very proud of our new teaching kitchen at Plumpton College in Sussex, in partnership with Table Talk Foundation. We work with a number of special educational needs schools, youth clubs and with many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years and we now also work with Evelina Children’s Hospital, Chelsea and Westminster Hospital and St. George’s Hospital. In 2023, we also supported students from 5 Northern Colleges in to go on 3 weeks’ work experience in France, Spain and Italy. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

**Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The state of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been another challenging year for the Trust. However, we continue to have fundraising successes as well as renewed support from volunteers delivering the programme. The Trustees have no need to be disappointed in the efforts of the team.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Garfield Weston Foundation, the Worshipful Company of Innholders, The Band Trust and Table Talk Foundation - all pillars of support both financially and morally. In addition, the University of West London has sponsored Ashley Marsh for 2½ days a week and University College Birmingham employed Ibrahim Bellal in 2023 as a chef lecturer who delivers the Adopt a School programme 2 days a week.

The Trust remains in a strong financial position with unrestricted reserves of £323,972, and restricted reserves of £109,600 as at 31 December 2023.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2023**

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

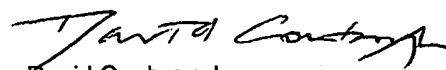
**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

  
David Coubrough  
Director/Trustee

24/5/24

## **Independent Accountants' Report to the members of**

### **The Royal Academy of Culinary Arts "Adopt-a-School" Trust (a company limited by guarantee)**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31 December 2023 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://www.icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

*Riches and Company*

**Riches & Company**

**Chartered Accountants**

Date 24/05/2024

34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Statement of financial activities  
 for the year ended 31st December 2023**

	Note	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>Incoming resources</b>					
Donations		47,596	343,727	391,323	495,700
Income from charitable activities		130,059	-	130,059	101,280
Interest income		4,059	-	4,059	529
		<u>181,714</u>	<u>343,727</u>	<u>525,441</u>	<u>597,509</u>
<b>Total incoming resources</b>					
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity's objectives		24,225	11,368	35,593	41,875
Activity implementation costs	3	194,488	333,833	528,321	258,489
Management and administration	4	25,771	-	25,771	35,054
		<u>244,484</u>	<u>345,201</u>	<u>589,685</u>	<u>335,418</u>
<b>Total resources expended</b>					
<b>Net (expenditure)/income for the year</b>		<b>(62,770)</b>	<b>(1,474)</b>	<b>(64,244)</b>	262,091
Fund balances brought forward		318,304	180,432	498,736	236,645
Funds transfer during the year		69,358	(69,358)	-	-
		<u>£324,892</u>	<u>£109,600</u>	<u>£434,492</u>	<u>498,736</u>
<b>Fund balances carried forward</b>					

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2023**

	Note	2023		2022	
		£	£	£	£
<b>Current assets:</b>					
Hats and aprons stocks		8,121		6,441	
Other debtors		11,649		14,811	
Investments		29,371		10,000	
Cash at bank	5	428,492		517,221	
		<u>          </u>		<u>          </u>	
		477,633		548,473	
<b>Creditors: amounts falling due within one year</b>					
	6	(43,141)		(49,737)	
		<u>          </u>		<u>          </u>	
<b>Total net current assets</b>			434,492		498,736
			<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>			434,492		498,736
			<u>          </u>		<u>          </u>
<b>Represented by:</b>					
<b>Funds</b>					
Unrestricted funds	10		324,892		318,304
Restricted funds	10		109,600		180,432
			<u>          </u>		<u>          </u>
			434,492		498,736
			<u>          </u>		<u>          </u>

For the financial period ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' and Directors' responsibilities:**


- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2023 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board

 - 24/5/24  
David Coubrough  
Director/Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2023**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities Act 2022 where relevant, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is Westminster Kingsway College, 76 Vincent Square, London, SW1P 2PD, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Notes to the financial statements (continued)  
 for the year ended 31st December 2023**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2023 £	2022 £
Operating profit stated after charging:		
Accountants' remuneration	600	600
	<u>600</u>	<u>600</u>

**3 Activity implementation costs**

	2023 £	2022 £
Salaries and fees	224,130	224,983
Activities costs	292,173	21,318
Travel costs	12,018	12,188
	<u>528,321</u>	<u>258,489</u>

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2023**

<b>4</b>	<b>Management and administration</b>		
		2023	2022
		£	£
	Office costs	20,973	31,229
	Telephone	-	27
	Accountancy fees	3,574	3,406
	Computer costs	420	392
	Unrealised loss on investments	804	-
		<hr/>	<hr/>
		25,771	35,054
		<hr/> <hr/>	<hr/> <hr/>
<b>5</b>	<b>Cash at bank</b>		
	Bank current account	125,897	158,695
	Bank deposit account	-	358,526
	Fixed interest investment accounts	302,595	-
		<hr/>	<hr/>
		428,492	517,221
		<hr/> <hr/>	<hr/> <hr/>
<b>6</b>	<b>Creditors: amounts falling due within one year</b>		
		2023	2022
		£	£
	Other creditors	6,805	6,730
	Accruals and deferred income	36,336	43,007
		<hr/>	<hr/>
		43,141	49,737
		<hr/> <hr/>	<hr/> <hr/>
<b>7</b>	<b>Staff costs</b>		
		2023	2022
		£	£
	Gross wages and salaries	202,100	202,300
	Employer's National Insurance contributions	16,169	16,711
	Employer's pension contributions	5,861	5,972
		<hr/>	<hr/>
		224,130	224,983
		<hr/> <hr/>	<hr/> <hr/>

No employee earned £60,000 per year or more for the years ended 31st December 2023 or 2022. The average number of persons employed by the company was 5 (2022 – 6).

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2023**

**8 Related parties/trustees’ remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2023 £	2022 £
Salaries and fees	-	-
Other costs	9,665	23,291
	<u>9,665</u>	<u>23,291</u>

No remuneration was paid to other directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2023, The Royal Academy of Culinary Arts Limited owed the charitable company £4,442 (2022 – £6,005).

**9 Company Status**

The company has no share capital but is limited by guarantees for £10 from the sole member, The Royal Academy of Culinary Arts Limited.

**10 Funds**

Unrestricted funds relate only to the charitable company’s general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run for the North East of England, and funding received for the Chef on the Farm, and the Sussex and London Chef programmes. In 2023, the charitable company expended funds provided for setting up the Plumpton Kitchen. These funds may only be used to contribute towards the costs of the relevant activities.

**THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST**

England & Wales - Charity number 1087567

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# Accounts

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**The Royal Academy of Culinary Arts**

**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2022**

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Company information**

Directors/Trustees	Brian James Turner CBE John Thomas Williams MBE Amanda Jayne Afiya Frederick Willem Mostert Myles Ironside Bremner Richard James Dunne David Charles Coubrough William James Toner (appointed 13 April 2023)
Secretary	Martha Bruce
Company number	04144824
Registered Charity number	1087567
Registered office	Westminster Kingsway College 76 Vincent Square London SW1P 2PD
Independent accountants	Riches & Company 34 Anyards Road Cobham Surrey KT11 2LA

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

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Independent accountants' report	4
Statement of financial activities	5
Balance sheet	6 - 7
Notes to the financial statements	8 - 11

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Trustees’ and Directors’ annual report  
for the year ended 31st December 2022**

The trustees/directors present their report and financial statements for the year ended 31st December 2022.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures.

**Registered office:**

Westminster Kingsway College  
76 Vincent Square  
London  
SW1P 2PD

**Directors/trustees**

The following have held office throughout the year: -

Richard Alan Shepherd CBE (deceased 24<sup>th</sup> November 2022)  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission’s general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

# **The Royal Academy of Culinary Arts “Adopt-a-School” Trust (a company limited by guarantee)**

## **Trustees’ and Directors’ annual report (continued) for the year ended 31st December 2022**

Since its beginnings in 1990, the Trust has delivered its sessions to many thousands of children across the country – and we have an ever-growing waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our members and the wider hospitality industry who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of 7 including 5 regional chef lecturers daily challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We deliver sessions mainly in classrooms but also on farms. We work with a number of special educational needs schools, youth clubs and with many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years and we now also work with Evelina Children’s Hospital and Chelsea and Westminster Hospital. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

### **Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The state of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been another challenging year for the Trust. However, coming out of the Covid-19 pandemic, we have had fundraising successes as well as renewed support from volunteers delivering the programme. The Trustees have no need to be disappointed in the efforts of the team.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Garfield Weston Foundation, the Worshipful Company of Innholders, The Band Trust and Table Talk Foundation - all pillars of support both financially and morally. In addition, the University of West London has sponsored Ashley Marsh for 2½ days a week.

In 2022, the Trust received a one-off £200,000 bequest from former Chief Executive and Trustee, Sara Jayne Stanes OBE. The Trustees are hugely grateful for this extraordinary and exceptional legacy which will provide much-welcome security and reserves for the Trust in an uncertain economic environment, although general fundraising will obviously need to continue. Therefore, the Trust has unrestricted reserves of £318,304, and restricted reserves of £180,432 as at 31 December 2022.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2022**

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board

5/6/23

*David Coughlin*

Director/Trustee

David Coughlin

**Independent Accountants' Report to the members of  
The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

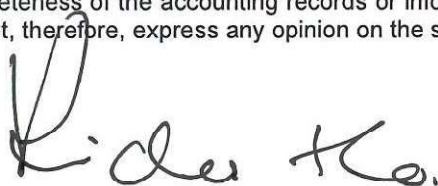
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31 December 2022 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



**Riches & Company**

**Chartered Accountants**

Date

5/6/23

34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Statement of financial activities  
for the year ended 31st December 2022**

	Note	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>Incoming resources</b>					
Donations		255,470	240,230	495,700	130,632
Income from charitable activities		100,920	360	101,280	77,330
Interest income		529	-	529	2,750
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total incoming resources</b>		<b>356,919</b>	<b>240,590</b>	<b>597,509</b>	<b>210,712</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity’s objectives		16,697	25,178	41,875	19,656
Activity implementation costs	3	203,399	55,090	258,489	149,641
Management and administration	4	35,054	-	35,054	58,660
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total resources expended</b>		<b>255,150</b>	<b>80,268</b>	<b>335,418</b>	<b>227,957</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net (expenditure)/income for the year</b>		<b>101,769</b>	<b>160,322</b>	<b>262,091</b>	<b>(17,245)</b>
Fund balances brought forward		165,385	71,260	236,645	253,890
Funds transfer during the year		51,150	(51,150)	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Fund balances carried forward</b>		<b>318,304</b>	<b>180,432</b>	<b>498,736</b>	<b>236,645</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2022**

	Note	2022		2021	
		£	£	£	£
<b>Current assets:</b>					
Hats and aprons stocks		6,441		1,079	
Other debtors		14,811		17,745	
Investments		10,000		-	
Cash at bank		517,221		281,666	
		<u>548,473</u>		<u>300,490</u>	
<b>Creditors: amounts falling due within one year</b>	5	<u>(49,737)</u>		<u>(63,845)</u>	
<b>Total net current assets</b>			498,736		236,645
<b>Total assets less current liabilities</b>			<u>498,736</u>		<u>236,645</u>
<b>Represented by:</b>					
<b>Funds</b>					
Unrestricted funds	9		318,304		165,385
Restricted funds	9		180,432		71,260
			<u>498,736</u>		<u>236,645</u>

For the financial period ended 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' and Directors' responsibilities:

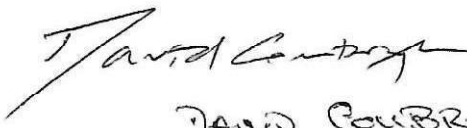
- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2022 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on Date 5/6/23

  
DAVID COUBROUGHT  
Director/Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2022**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is Westminster Kingsway College, 76 Vincent Square, London, SW1P 2PD, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2022**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2022 £	2021 £
Operating profit stated after charging:		
Accountants' remuneration	600	600
	<u>          </u>	<u>          </u>

**3 Activity implementation costs**

	2022 £	2021 £
Salaries and fees	224,983	144,797
Activities costs	21,318	-
Travel costs	12,188	4,844
	<u>          </u>	<u>          </u>
	258,489	149,641
	<u>          </u>	<u>          </u>

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2022**

<b>4</b>	<b>Management and administration</b>		
		2022 £	2021 £
	Administration salaries and fees	-	8,818
	Office costs	31,229	47,020
	Telephone	27	511
	Accountancy fees	3,406	2,260
	Computer costs	392	51
		<hr/>	<hr/>
		35,054	58,660
		<hr/> <hr/>	<hr/> <hr/>
<b>5</b>	<b>Creditors: amounts falling due within one year</b>		
		2022 £	2021 £
	Other creditors	6,730	6,080
	Accruals and deferred income	43,007	57,764
		<hr/>	<hr/>
		49,737	63,844
		<hr/> <hr/>	<hr/> <hr/>
<b>6</b>	<b>Staff costs</b>		
		2022 £	2021 £
	Gross wages and salaries	202,300	142,365
	Employer’s National Insurance contributions	16,711	7,244
	Employer’s pension contributions	5,972	4,006
		<hr/>	<hr/>
		224,983	153,615
		<hr/> <hr/>	<hr/> <hr/>

No employee earned £60,000 per year or more for the years ended 31st December 2022 or 2021.

The average number of persons employed by the company was 6 (2021 – 5).

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2022**

**7 Related parties/trustees’ remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2022 £	2021 £
Salaries and fees	-	8,818
Other costs	23,291	28,548
	<hr/>	<hr/>
	23,291	37,366
	<hr/> <hr/>	<hr/> <hr/>

Included within the figure for salaries and fees recharged above is £nil (2021 - £7,362) paid to Sara Jayne Stanes, the Chief Executive and a trustee, to reimburse her for the work she performed administering the charitable company.

No remuneration was paid to other directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2022, The Royal Academy of Culinary Arts Limited owed the charitable company £6,005 (2021 – £6,005).

**8 Company Status**

The company has no share capital but is limited by guarantees for £10 from each of the directors/trustees.

**9 Funds**

Unrestricted funds relate only to the charitable company’s general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run by the North East branch, and funding received for the Chef on the Farm and the Sussex Chef programmes. These funds may only be used to contribute towards the costs of the relevant activities.

**THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST**

England & Wales - Charity number 1087567

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# Accounts

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**The Royal Academy of Culinary Arts**

**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2021**



**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Company information**

Directors/Trustees	Richard Alan Shepherd CBE Brian James Turner CBE John Thomas Williams MBE Amanda Jayne Afiya Frederick Willem Mostert Myles Ironside Bremner Richard James Dunne David Charles Coubrough
Secretary	Martha Bruce
Company number	04144824
Registered Charity number	1087567
Registered office	Westminster Kingsway College 76 Vincent Square London SW1P 2PD
Independent accountants	Riches & Company 34 Anyards Road Cobham Surrey KT11 2LA

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

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**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Trustees’ and Directors’ annual report  
for the year ended 31st December 2021**

The trustees/directors present their report and financial statements for the year ended 31st December 2021.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures. The trustees are saddened to report the death during the year of Sara Jayne Stanes, founding trustee and dynamic supporter of the trust.

**Registered office:**

Westminster Kingsway College  
76 Vincent Square  
London  
SW1P 2PD

**Directors/trustees**

The following have held office throughout the year: -

Sara Jayne Stanes OBE (deceased 24<sup>th</sup> July 2021)  
Richard Alan Shepherd CBE  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission’s general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Trustees’ and Directors’ annual report (continued)  
for the year ended 31st December 2021**

Since its beginnings in 1990, the Trust has delivered its workshops to many thousands of children across the country – and we have an ever-growing waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our members and the wider hospitality industry who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of 5 including 3 regional chef lecturers daily challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We deliver sessions mainly in classrooms but also on farms. We work with a number of special educational needs schools, youth clubs and with many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years and we now also work with Evelina Children’s Hospital and Chelsea and Westminster Hospital. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

**Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The state of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been another particularly challenging year for the Trust. While we have been unable to benefit from our usual calendar of fundraising events, we have still spent time fundraising and with some success.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Garfield Weston Foundation, the Worshipful Company of Innholders, The Band Trust and Table Talk Foundation - all pillars of support both financially and morally. In addition, the University of West London has sponsored Ashley Marsh for 2½ days a week.

The Trustees have no need to be disappointed in the efforts of the team. Applications to grant making bodies are a constant part of the Trust’s work to secure the future. But we are aware that we are one of many also seeking funding. We have unrestricted reserves of £165,385 and restricted reserves of £71,260 as at 31 December 2021.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2021**

**Covid-19**

During the year, the UK and the world continued to be severely affected by the pandemic. Whilst the Royal Academy of Culinary Arts and the Adopt a School Trust has continued to function and carry out its work, there has been an inevitable disruption with the temporary consequence of furloughing some employees and restricted activity; this will have an impact on the year's trading, but the Trustees remain confident that the financial position remains robust and activity levels will recover and strengthen over the coming months and year.

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board Date 23 May 2022



David Coubrough  
Trustee

**Independent Accountants' Report to the members of****The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

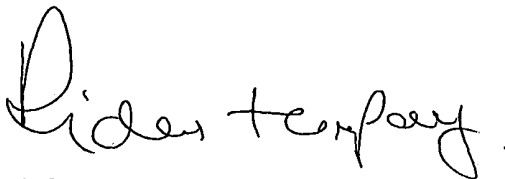
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31 December 2021 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

**Riches & Company****Chartered Accountants**

23 June 2022

34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Statement of financial activities  
 for the year ended 31st December 2021**

	Note	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>Incoming resources</b>					
Donations		64,775	65,857	130,632	304,295
Income from charitable activities		77,330	0	77,330	100,789
Interest income		2,750	0	2,750	0
<b>Total incoming resources</b>		<b>144,855</b>	<b>65,857</b>	<b>210,712</b>	<b>405,084</b>
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity's objectives		19,656	0	19,656	15,393
Activity implementation costs	3	134,410	15,231	149,641	308,229
Management and administration	4	58,660	0	58,660	70,191
<b>Total resources expended</b>		<b>212,726</b>	<b>15,231</b>	<b>227,957</b>	<b>393,813</b>
<b>Net (expenditure)/income for the year</b>		<b>(67,871)</b>	<b>50,626</b>	<b>(17,245)</b>	<b>11,271</b>
Fund balances brought forward		227,354	26,536	253,890	242,619
Funds transfer during the year		5,902	(5,902)	0	-
<b>Fund balances carried forward</b>		<b>165,385</b>	<b>71,260</b>	<b>236,645</b>	<b>253,890</b>

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Balance sheet  
 at 31st December 2021**

	Note	2021		2020	
		£	£	£	£
<b>Current assets:</b>					
Hats and aprons stocks		1,079		2,288	
Other debtors		17,745		21,850	
Cash at bank		281,666		311,148	
		<u>          </u>		<u>          </u>	
		300,490		335,286	
<b>Creditors: amounts falling due within one year</b>	5	<u>(63,845)</u>		<u>(81,396)</u>	
<b>Total net current assets</b>			236,645		253,890
			<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>			236,645		253,890
			<u>          </u>		<u>          </u>
<b>Represented by:</b>					
<b>Funds</b>					
Unrestricted funds	9		165,385		227,354
Restricted funds	9		71,260		26,536
			<u>          </u>		<u>          </u>
			236,645		253,890
			<u>          </u>		<u>          </u>

For the financial period ended 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' and Directors' responsibilities:

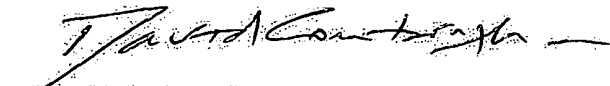
- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Balance sheet  
at 31st December 2021 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on Date 23 May 2022

  
David Coubrough  
Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2021**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is Westminster Kingsway College, 76 Vincent Square, London, SW1P 2PD, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Notes to the financial statements (continued)  
 for the year ended 31st December 2021**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2021 £	2020 £
Operating profit stated after charging:		
Accountants' remuneration	600	305
	<u>600</u>	<u>305</u>

**3 Activity implementation costs**

	2021 £	2020 £
Salaries and fees	144,797	130,527
Activities costs	-	177,422
Travel costs	4,844	280
	<u>149,641</u>	<u>308,229</u>

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Notes to the financial statements (continued)  
 for the year ended 31st December 2021**

<b>4</b>	<b>Management and administration</b>		
		2021	2020
		£	£
	Administration salaries and fees	8,818	29,750
	Office costs	47,020	22,096
	Telephone	511	67
	Accountancy fees	2,260	2,582
	Professional fees	-	-
	Computer costs	51	306
	Doubtful debt expense	-	15,390
		<hr/>	<hr/>
		58,660	70,191
		<hr/> <hr/>	<hr/> <hr/>
<b>5</b>	<b>Creditors: amounts falling due within one year</b>		
		2021	2020
		£	£
	Other creditors	6,080	10,073
	Accruals and deferred income	57,764	71,323
		<hr/>	<hr/>
		63,844	81,396
		<hr/> <hr/>	<hr/> <hr/>
<b>6</b>	<b>Staff costs</b>		
		2021	2020
		£	£
	Gross wages and salaries	142,365	146,490
	Employer’s National Insurance contributions	7,244	9,394
	Employer’s pension contributions	4,006	4,393
		<hr/>	<hr/>
		153,615	160,277
		<hr/> <hr/>	<hr/> <hr/>

No employee earned £60,000 per year or more for the years ended 31st December 2021 or 2020.

The average number of persons employed by the company was 5 (2020 – 5).

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2021**

**7 Related parties/trustees' remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2021 £	2020 £
Salaries and fees	8,818	29,750
Other costs	28,548	16,983
	<hr/>	<hr/>
	37,366	46,733
	<hr/> <hr/>	<hr/> <hr/>

Included within the figure for salaries and fees recharged above is £7,362 (2020 - £28,350) paid to Sara Jayne Stanes, the Chief Executive and a trustee, to reimburse her for the work she performs administering the charitable company.

No remuneration was paid to other directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2021, The Royal Academy of Culinary Arts Limited owed the charitable company £6,005 (2020 – creditor £1,354).

**8 Company Status**

The company has no share capital but is limited by guarantees for £10 from each of the directors/trustees.

**9 Funds**

Unrestricted funds relate only to the charitable company's general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run by the North East branch, and funding received for the Chef on the Farm and the Sussex Chef programmes. These funds may only be used to contribute towards the costs of the relevant activities.

**THE ROYAL ACADEMY OF CULINARY ARTS 'ADOPT A SCHOOL' TRUST**

England & Wales - Charity number 1087567

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# Accounts

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**The Royal Academy of Culinary Arts**

**“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Charity No. 1087567  
Company No. 04144824**

**Reports and Financial Statements**

**for the year ended**

**31st December 2020**



**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Company information**

**Directors/Trustees**

Sara Jayne Stanes OBE  
Richard Alan Shepherd CBE  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Secretary**

Martha Bruce

**Company number**

04144824

**Registered Charity number**

1087567

**Registered office**

53 Cavendish Road  
London  
SW12 OBL

**Independent accountants**

Riches & Company  
34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
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**The Royal Academy of Culinary Arts  
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**Trustees' and Directors' annual report  
for the year ended 31st December 2020**

The trustees/directors present their report and financial statements for the year ended 31st December 2020.

**Principal activities and objectives**

The principal activities of the company are to advance the education of children and young persons in food, nutrition, hygiene, health and related subjects so as to develop their taste and appreciation of food, of food origins and of different cultures.

**Registered office:**  
53 Cavendish Road  
London  
SW12 0BL

**Directors/trustees**

The following have held office throughout the year: -

Sara Jayne Stanes OBE  
Richard Alan Shepherd CBE  
Brian James Turner CBE  
John Thomas Williams MBE  
Amanda Jayne Afiya  
Frederick Willem Mostert  
Myles Ironside Bremner  
Richard James Dunne  
David Charles Coubrough

**Status**

The company is limited by guarantee and has no share capital. The company is also registered as a charity, number 1087567.

**Review of activities**

During the period since inception the trust has been successful in obtaining sufficient donations to cover overhead expenses and meet its primary aims.

**Public benefit**

In preparing their statements on public benefit, the directors have, in accordance with s.4 of the Charities Act 2006, considered the Charity Commission's general guidance on public benefit.

Adopt a School teaches children about food in a holistic way from plant to plate, paying respect to food, nutrition, health and hygiene and cooking as a life skill. We believe that learning can and should be fun and informative.

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
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**Trustees’ and Directors’ annual report (continued)  
for the year ended 31st December 2020**

Since its beginnings in 1990, the Trust has delivered its workshops to many thousands of children across the country – and we have an ever growing waiting list of schools eager to be ‘adopted’. In addition to the voluntary time invested by our members who are absolutely passionate about what they do and for whom food is their reason for being, Adopt a School has an on-staff team of 5 chef lecturers and support, some full and some part time, across the country daily challenging children’s senses and captivating their curiosity for food and teaching about its significance in every aspect of our lives.

We also deliver sessions to a number of special educational needs schools and to many schools where children come from disadvantaged backgrounds. We have been working with Great Ormond Street for many years and the benefits have been well documented. We also work with Evelina Children’s Hospital and Lavender Walk Adolescent Mental Health Unit at Chelsea and Westminster Hospital. We have discovered that cookery can be an exceptional educational tool to many children who find learning tough, having the added benefit of helping to develop teamwork and communication skills.

Adopt a School is a way of life. It is about improving the lives of young people and changing habits so that the next generations can continue to benefit. We believe strongly in the principle of good, sensible eating which is the key to healthy mind, body and nation and of invaluable benefit to social behaviour.

We also believe that the current approach towards food education needs to be transformed so that it has a secure and definitive place on the curriculum - for all children. Our workshops integrate with many key syllabus subjects.

**Financial Review**

The Statement of Financial Activities, Balance Sheet and following notes show the performance of the charitable company during the year.

The state of the nation’s economy and the confidence factor are always a feature in fulfilling the plans of the Trust and, this has understandably been a particularly challenging year for the Trust. While we have been unable to benefit from our usual calendar of fundraising events, we have still spent time fundraising and with some success.

As in previous years, there has been great support from grant-makers. The Savoy Educational Trust has been a supporter since 1996 and the Worshipful Company of Cooks since 2000, and more recently, we have received grants from the Garfield Weston Foundation, the Worshipful Company of Innholders and The Band Trust - all pillars of support both financially and morally. In addition, the University of West London has sponsored Ashley Marsh for 2 ½ days a week.

The Trustees have no need to be disappointed in the efforts of the team. Applications to grant making bodies are a constant part of the Trust’s work to secure the future. But we are aware that we are one of many also seeking funding. We have unrestricted reserves of £227,354 and restricted reserves of £26,536 as at 31 December 2020.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Trustees' and Directors' annual report (continued)  
for the year ended 31st December 2020**

**Covid-19**

During the year, the UK and the world have been severely affected by the pandemic. Whilst the Royal Academy of Culinary Arts and the Adopt a School Trust has continued to function and carry out its work, there has been an inevitable disruption with the temporary consequence of furloughing some employees and restricted activity; this will have an impact on the year's trading, but the Trustees remain confident that the financial position remains robust and activity levels will recover and strengthen over the coming months and year.

**Structure, governance and management**

The charitable company was incorporated on 16th January 2001 and is governed by its memorandum and articles of association. It is managed by its directors/ trustees.

New directors/trustees can be appointed by a majority vote of the existing directors/ trustees at a general meeting at which a quorum is obtained.

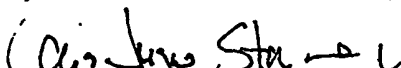
**Statement of trustees' and directors' responsibilities**

Charity and company law require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Board Date 24/6/2021

  
Sara Jayne Stanes OBE  
Director/Trustee

## **Independent Accountants' Report to the members of**

### **The Royal Academy of Culinary Arts "Adopt-a-School" Trust (a company limited by guarantee)**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust for the year ended 31 December 2020 set out on pages 5 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made solely to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust and state those matters that we have agreed to state to the Board of Directors of The Royal Academy of Culinary Arts "Adopt-a-School" Trust, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at [icaew.com](http://icaew.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Royal Academy of Culinary Arts "Adopt-a-School" Trust and its Board of Directors as a body, for our work or for this report.

It is your duty to ensure that The Royal Academy of Culinary Arts "Adopt-a-School" Trust has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. You consider that The Royal Academy of Culinary Arts "Adopt-a-School" Trust is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Royal Academy of Culinary Arts "Adopt-a-School" Trust. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



**Riches & Company**

**Chartered Accountants**

Date *24 June 2021*

34 Anyards Road  
Cobham  
Surrey  
KT11 2LA

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
(a company limited by guarantee)**

**Statement of financial activities  
for the year ended 31st December 2020**

	Note	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>Incoming resources</b>					
Donations		120,961	183,334	304,295	156,811
Income from charitable activities		100,789	0	100,789	170,164
Interest income		0	0	0	1,125
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total incoming resources</b>		<b>221,750</b>	<b>183,334</b>	<b>405,084</b>	<b>328,100</b>
<b>Charitable expenditure</b>					
Direct cost of activities in furtherance of the charity's objectives		15,393	0	15,393	20,908
Activity implementation costs	3	130,807	177,422	308,229	191,697
Management and administration	4	70,191	0	70,191	60,486
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total resources expended</b>		<b>216,391</b>	<b>177,422</b>	<b>393,813</b>	<b>273,091</b>
<b>Net income for the year</b>					
		<b>5,359</b>	<b>5,912</b>	<b>11,271</b>	<b>55,009</b>
Fund balances brought forward		221,995	20,624	242,619	187,610
Funds transfer during the year		0	0	0	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Fund balances carried forward</b>		<b>227,354</b>	<b>26,536</b>	<b>253,890</b>	<b>242,619</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The charitable company has no gains or losses other than those reported above, and therefore no separate statement of total recognised gains and losses has been presented.

All amounts relate to continuing activities.

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Balance sheet  
 at 31st December 2020**

	Note	2020		2019	
		£	£	£	£
<b>Current assets:</b>					
Hats and aprons stocks		2,288		3,350	
Other debtors		21,850		30,563	
Cash at bank		311,148		226,453	
		<u>          </u>		<u>          </u>	
		335,286		260,366	
<b>Creditors: amounts falling due          within one year</b>	5	<u>(81,396)</u>		<u>(17,747)</u>	
<b>Total net current assets</b>			253,890		242,619
			<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>			253,890		242,619
			<u>          </u>		<u>          </u>
<b>Represented by:</b>					
<b>Funds</b>					
Unrestricted funds	9		227,354		221,995
Restricted funds	9		26,536		20,624
			<u>          </u>		<u>          </u>
			253,890		242,619
			<u>          </u>		<u>          </u>

For the financial period ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' and Directors' responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**The Royal Academy of Culinary Arts  
"Adopt-a-School" Trust  
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**Balance sheet  
at 31st December 2020 (continued)**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on Date 24/6/2021



Sara Jayne Stanes OBE  
Director/Trustee

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements  
for the year ended 31st December 2020**

**1 Accounting policies**

**1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, the Companies Act 2006, the Charities Act 2011, the Charities SORP 2 (FRS 102) and the Financial Reporting Standard (FRS 102). The principal accounting policies adopted in the preparation of the financial statements are set out below.

The company is registered in England with registration number 04144824 and its registered office is 53 Cavendish Road, London, SW12 0BL, United Kingdom.

The company has taken advantage of the exemption in FRS 102 from the requirement to produce a cash flow statement on the grounds that it is a small company.

These financial statements are presented in sterling which is also the functional currency of the company.

The charity meets the definition of a public benefit entity under FRS 102.

The trustees have considered the financial position, forecasts and cash flows of the organisation and are satisfied that it is appropriate to prepare the accounts on a going concern basis.

**1.2 Incoming resources**

Income is recognised in the period in which the company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred in accordance with the period of the donation as specified by the donor.

**1.3 Resources expended**

Expenditure is included on an accruals basis.

Costs of generating funds comprise those costs directly attributable to obtaining donations and sponsorship.

Management and administration comprises costs for the running of the company.

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Notes to the financial statements (continued)  
 for the year ended 31st December 2020**

**1.4 Funds accounting**

Funds held by the company are:

Unrestricted Funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted Funds - these are funds that can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.5 Expenditure**

Expenditure is recognised when a liability is incurred.

**1.6 Taxation**

As a registered charity, the company is exempt from liability to corporation tax on its charitable activities.

**1.7 Leasing arrangements**

Rentals payable under operating leases are charged to the unrestricted reserves on a straight-line basis over the lease term.

**2 Operating profit**

	2020 £	2019 £
Operating profit stated after charging:		
Accountants' remuneration	305	1,080
	<u>          </u>	<u>          </u>

**3 Activity implementation costs**

	2020 £	2019 £
Salaries and fees	130,527	140,160
Activities costs	177,422	35,835
Travel costs	280	15,702
	<u>          </u>	<u>          </u>
	<u>308,229</u>	<u>191,697</u>

**The Royal Academy of Culinary Arts  
 “Adopt-a-School” Trust  
 (a company limited by guarantee)**

**Notes to the financial statements (continued)  
 for the year ended 31st December 2020**

<b>4</b>	<b>Management and administration</b>		
		2020	2019
		£	£
	Administration salaries and fees	29,750	28,822
	Office costs	22,096	18,654
	Telephone	67	687
	Accountancy fees	2,582	9,264
	Professional fees	0	2,409
	Computer costs	306	650
	Doubtful debt expense	15,390	-
		<u>70,191</u>	<u>60,486</u>
		<u><u>70,191</u></u>	<u><u>60,486</u></u>
<b>5</b>	<b>Creditors: amounts falling due within one year</b>		
		2020	2019
		£	£
	Other creditors	10,073	14,382
	Accruals and deferred income	71,323	3,365
		<u>81,396</u>	<u>17,747</u>
		<u><u>81,396</u></u>	<u><u>17,747</u></u>
<b>6</b>	<b>Staff costs</b>		
		2020	2019
		£	£
	Gross wages and salaries	146,490	138,880
	Employer’s National Insurance contributions	9,394	12,990
	Employer’s pension contributions	4,393	3,799
		<u>160,277</u>	<u>155,669</u>
		<u><u>160,277</u></u>	<u><u>155,669</u></u>

No employee earned £60,000 per year or more for the years ended 31st December 2020 or 2019.

The average number of persons employed by the company was 5 (2019 – 5).

**The Royal Academy of Culinary Arts  
“Adopt-a-School” Trust  
(a company limited by guarantee)**

**Notes to the financial statements (continued)  
for the year ended 31st December 2020**

**7 Related parties/trustees’ remuneration**

The charitable company was formed to continue the Adopt-a-School activities previously carried on by The Royal Academy of Culinary Arts Limited, a company limited by guarantee, which changed its status from a friendly society on 30th September 2014.

The Royal Academy of Culinary Arts Limited recharged the following during the period:

	2020 £	2019 £
Salaries and fees	29,750	13,415
Other costs	16,983	19,032
	<hr/>	<hr/>
	46,733	32,447
	<hr/> <hr/>	<hr/> <hr/>

Included within the figure for salaries and fees recharged above is £28,350 (2019 - £12,000) paid to Sara Jayne Stanes, the Chief Executive and a trustee, to reimburse her for the work she performs administering the charitable company.

No remuneration was paid to the directors or trustees during the current and prior year.

No director or trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the current and prior year.

At 31st December 2020, The Royal Academy of Culinary Arts Limited was owed by the charitable company £1,354 (2019 – debtor £5,939).

**8 Company Status**

The company has no share capital but is limited by guarantees for £10 from each of the directors/trustees.

**9 Funds**

Unrestricted funds relate only to the charitable company’s general fund, for use as the trustees see fit.

Restricted funds relate to donations received for Schools Sessions run by the North East branch and funds funding received from the Erasmus programme. These funds may only be used to contribute towards the costs of the relevant activities.