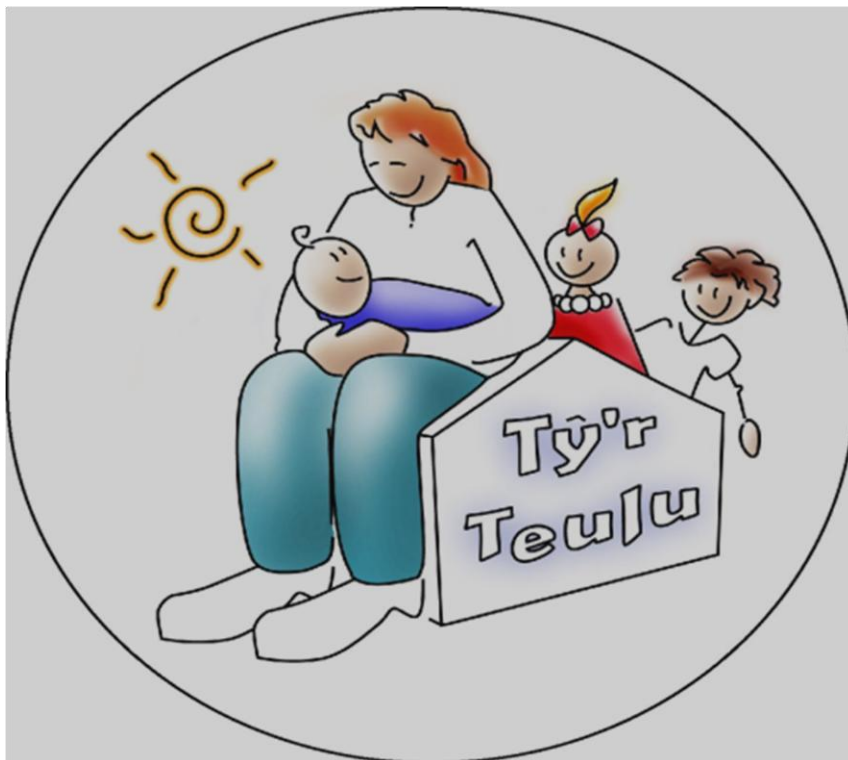


# LLANYBYDDER FAMILY CENTRE

Registered Charity Number: 1087515



## ANNUAL REPORT 2024 – 2025

## **BACKGROUND**

Llanybydder Family Centre was founded as an independent charity in **2001** with the aim of supporting families in Llanybydder and nearby rural communities in addressing challenges such as low income, poor health, inadequate housing, social exclusion, rural isolation, and limited access to services. The Centre's Management Committee was established by local residents who brought a diverse set of skills and a common commitment to improving the wellbeing of their community.



Llanybydder is a small, rurally isolated town with a population of 1,544 (Census 2021). In recent years, it has experienced the loss of several businesses and local banking services to the nearby larger towns of Carmarthen and Lampeter. Employment in the area is primarily provided by two industries—an abattoir and a horse mart—both of which suffered significantly during the 2001 foot-and-mouth outbreak and have struggled to fully recover since.

According to the 2019 Welsh Index of Multiple Deprivation (WIMD), Llanybydder ranks 854th, placing it within the 30–50% most deprived areas in Wales overall. The WIMD highlights that 27% of local children live in low-income households, and the village falls within the 10–20% most deprived areas in terms of housing and education. Additionally, 30.6% of residents have no formal qualifications, which is 3.8% above the Carmarthenshire average.

When the Family Centre first launched in 2001, it operated from a portacabin, which served as its base until 2017. However, during the severe winter of that year, the cabins became increasingly unfit for use due to leaks, inadequate heating, and limited space. In response, the Management Committee and Centre Co-ordinator collaborated with Gwalia to explore using a decommissioned room in the Cwm Aur Independent Living Facility. The proposal was well received, and in July 2017, the Family Centre successfully relocated to its new premises.



The Centre was fully set up in its new location in time for the 2017 school summer holidays.

Staff quickly introduced the facility to the residents and team at Cwm Aur, who warmly welcomed its presence. The residents were delighted to see the space brought to life and many visited daily, often bringing treats like pop, biscuits, and cakes to share with the families. Inspired by these positive interactions, the team decided to build on this connection—and so, the Intergenerational Project was launched, fostering relationships between the older and younger generations.

The Centre is run by a Manager and a Play Worker, both of whom receive continuous training to stay informed about current best practices, policies, and legislation. Staff are routinely trained in areas such as Child Protection and Safeguarding, Food Hygiene, and First Aid, and they undergo DBS checks every three years. Oversight of the Family Centre is provided by a Management Committee made up of local residents who contribute valuable knowledge, skills, and experience.

### **What we have done 2024 – 2025**

Our primary goal is to support families through a range of challenges, fostering strong relationships between adults and children by working together in various sessions. We strive to provide children with a wealth of new experiences during their formative years.

We remained committed to listening to families' immediate needs and shaped our future planning around their feedback. We placed equal importance on children's voices, using their interests and hobbies to inform our session planning.

Isolation continued to be a significant concern among families in the community. As the only free drop-in service, we prioritised creating connections and building friendships through support and encouragement, with the hope that these relationships would continue beyond our space.

We focused on developing children's abilities across all areas, particularly in social interaction, independence, creativity, and speech and language. Sessions such as **Language & Play**, **Cylch Ti a Fi**, and **Stay & Play** provided opportunities for children to grow in these areas, guided by staff skilled in modelling and supporting learning.

Our partnership with the **local primary school** continued to thrive, with regular meetings and many Cylch Ti a Fi sessions now taking place there. Their insights into emerging needs among incoming pupils have been invaluable to our **School Readiness** sessions.

The **Pre-Loved Clothes** scheme, initiated during the pandemic, has become an essential resource for families. What began as a few bags of donated clothes has expanded into a dedicated space. '**Y Siop**' officially opened in November 2023 and is now used daily. With children constantly growing, the demand for clothing remains high. Families value the

accessibility and cost-saving benefits, along with the positive environmental impact of reusing and recycling clothing.



***Clothes, toys, and books – all ready for a good rummage!***

*A treasure trove of pre-loved items, perfect for families to browse, share, and discover something new.*

We continue to serve as a distribution hub for Carmarthenshire County Council's 'Period Dignity Project,' providing families with free, high-quality sanitary products.



Lastly, we've been actively engaging with the wider community, forging and strengthening relationships with a variety of organisations, businesses, and agencies.

**It's been a successful, productive, and vibrant year!**

## **Baby Groups**

Over the past year, we delivered **22 Bumps & Babies** sessions, providing a welcoming and supportive space for new parents and their babies (aged 0–18 months). These sessions offered a calm, relaxed environment where families could connect with one another and take part in a range of **messy and sensory play activities**, designed to promote early development and stimulation.



In addition to indoor play, the group regularly engaged in **gentle walks** around the local area, offering both physical and emotional benefits for parents and babies, and encouraging community connection.

Our trained staff were on hand throughout the year to provide guidance on common parenting challenges, including **breastfeeding, weaning, sleep difficulties, and teething**. Where further support was needed, families were signposted or referred to trusted local services and professionals.



As part of our commitment to expanding support for new parents, staff undertook training in **Rubba Bubba Baby Massage** and successfully delivered **two 6-week courses**. Feedback from participants was overwhelmingly positive, with many parents reporting an improved bond with their babies and an increased sense of confidence. The social aspect of the sessions was also highly valued, offering peer support during the early stages of parenting.

We also partnered with Rubba Bubba with Rach to deliver two Sensory and Messy Play sessions during the summer, enhancing our offer to families and broadening the range of developmental experiences available to babies.

### **Toddler Groups**

To support older children, we offer a wide variety of engaging and age-appropriate activities tailored to toddlers' interests and developmental stages. Over the past year, we have delivered:

- **52 Stay & Play sessions**
  - **21 Amser Chwarae (Play Time) sessions**
  - **22 Cylch Ti a Fi sessions**
- Activities included: Tri Mochyn Bach, Anifeiliaid Fferm, Buwch Goch Gota, Jambori'r Jyngl, Noson Tan Gwyllt*
- **13 Cylch Ti a Fi @ Ysgol Llanybydder School**
  - **32 Arts & Crafts sessions**

*Creative highlights included: junk modelling, Duplo dino printing, den building, rock snakes, stained glass colouring, paper bead jewellery, paper boat & river building, and ribbon weaving.*

- **28 Messy Play sessions**

*Messy fun included: gloop cement, car wash role play, outdoor mark making, finger paint collages, leek paintbrushes, fruit kebabs, and bubbles.*



We plan our sessions based on the children's interests, seasonal themes, and local or national events. Through careful observation, we tailor activities to match the children's developmental levels. Our trained staff are skilled in delivering stage-appropriate experiences and adapting them to support a wide range of abilities.



*Outdoor Learning*



*An appearance by Peppa Pig!*

## Physical Wellbeing & Movement

Our physical activity sessions provide children with valuable opportunities to develop their **gross motor skills** in a safe, supportive, and fun environment. Each session is designed to keep children fully engaged while encouraging movement, coordination, and confidence.



**Little Groovers** was one of our most popular offerings—an energetic dance session tailored for toddlers. It provided an outlet for **creative expression**, helped children burn off excess energy, and contributed to their **overall wellbeing**.



*Ribbon Weaving*



*Discussing, (and tasting!) healthy fruits*



*Sports Day at Llanybydder Park*

We also incorporated **local nature walks** into our programme, where children explored their surroundings, collected natural materials such as leaves and twigs, and brought them back to the Centre to repurpose in creative activities—connecting physical activity with sensory learning and environmental awareness.



*Den Building*

Throughout the year, we collaborated with **Actif-i-ti**, a local external organisation, to deliver physical sessions during the **school holidays**. These were always well received by the children - joyful and memorable times filled with play, laughter, and excitement.

We also introduced **Adult & Child Mindfulness Sessions**, which proved extremely popular. These sessions focused on **gentle yoga movements**, **calming breathing techniques**, and **soothing hand massages**, helping both children and parents to relax, regulate emotions, and develop tools for emotional wellbeing.

**Cuppa & Catch-up** sessions offered adults a much-needed moment to pause, enjoy a hot drink, and engage in friendly conversation with others—while their children took part in a range of fun and educational activities.

For many families, opportunities like this are rare. Going out for a simple cup of tea often comes with financial barriers, making these sessions at the Family Centre particularly

valuable. **With no entry fee and free tea, coffee, and biscuits, families could relax without worrying about cost.**

This simple yet meaningful offer contributed positively to the **wellbeing of the entire family unit**, reducing isolation, encouraging peer support, and helping parents recharge in a safe, welcoming space.

### **Trips, Days Out & New Experiences**

Throughout the year, we organised a variety of **trips and special experiences**, offering families the chance to enjoy time together outside of their usual routines. These outings created opportunities for **learning, exploration, and fun**, while also helping to build relationships among families and staff.



*Cardigan Island Farm Park*

For many families, these experiences are not easily accessible due to financial or practical barriers. By removing those obstacles, we ensured that everyone could take part—regardless of circumstances.

Whether it was a **local nature walk, a visit to a nearby park, or a group day out**, each trip was carefully planned to support children's development, strengthen family bonds, and provide meaningful shared experiences. These moments often became highlights of the year for both children and adults, sparking curiosity and creating lasting memories.



*Trip to Lampeter Fire Station*

We remain committed to offering **inclusive, low-cost or free opportunities** that enrich family life and broaden horizons.



*A very soggy trip to National Botanic Garden of Wales (thank you Plant Dewi!)*



*Trip to St Ffagans*

### **School Readiness and Language & Play**

The **School Readiness course** is a carefully designed four-week programme aimed at supporting both children and parents as they prepare for the important transition into formal schooling. During the 2024–2025 period, we delivered **12 sessions** arranged into three blocks of four sessions each.

The course was developed with input from local schools and Cylch Meithrins to identify common challenges faced by incoming pupils. This collaboration ensured the course content targeted key areas where children benefit from additional preparation.

By addressing both child development and parental support, the School Readiness course helps families feel prepared and confident for the start of the school journey.

The first week focuses on the foundational skill of **mark-making**, which is essential in early years as a precursor to writing. Activities are designed to strengthen children's arm, shoulder, and hand muscles through a variety of engaging resources and experiences.

Building this physical readiness supports children in developing the fine motor skills necessary to hold a pencil and write confidently.



**Week two** centres on developing **social skills and independence**. Children are encouraged to practice fine motor tasks that foster self-reliance, such as managing coat zips and buttons and using the bathroom independently. They also engage in collaborative play in the role-play area, supporting the growth of social interaction and teamwork with their peers.



**Week three** focuses on **speech and language development**. Parents learn techniques to model effective conversation, including the use of open-ended questions, supported by a variety of resources like toys, jigsaws, and flashcards. These activities aim to expand children's vocabulary and communication skills.

In **week four**, attention turns to **emotional preparation** for school. Families receive practical advice and strategies to help children manage strong emotions and adapt to the new environment. Upon completion of the course, participants are awarded a certificate, celebrating their commitment and achievement.



The **Language and Play** programme ran in three blocks of four-week sessions and focuses primarily on supporting children's speech and language development. Similar in approach to our School Readiness course, it offers a fun and interactive space where parents can learn about key aspects of early communication and play.

Throughout the sessions, parents explore the importance of:

- Eye contact and face-to-face conversation
  - Waiting your turn
  - Making choices
- Different types of play
- Sustaining attention

This programme empowers parents with practical strategies to enhance their child's language skills while fostering positive interactions and engagement through play.

### **Parenting Support**

Centre staff were pleased to co-facilitate the '**Family Links Nurture Parenting Puzzle**', a 10-week course delivered in partnership with **Team Around the Family**. The programme covered a range of important topics to support positive parenting, including:

- The Art of Listening and How We Communicate
  - Giving Praise
- Helping Children Manage Big Emotions
  - Praise and Criticism
  - Child-led Play
  - Boundaries
  - Handling Anger
- Choices and Consequences
  - Behaviour to Ignore

Feedback from participants indicated significant benefits, including stronger bonds with their children, improved behaviour at home, and enhanced communication skills within the family.

### **Big Sky Club**

New for 2024, and generously funded by **Children in Need**, our **Big Sky Club** is an after-school programme designed for children aged 8–11. Held during term time at the Centre, the club provides a safe and supportive space focused on improving children's **wellbeing**.

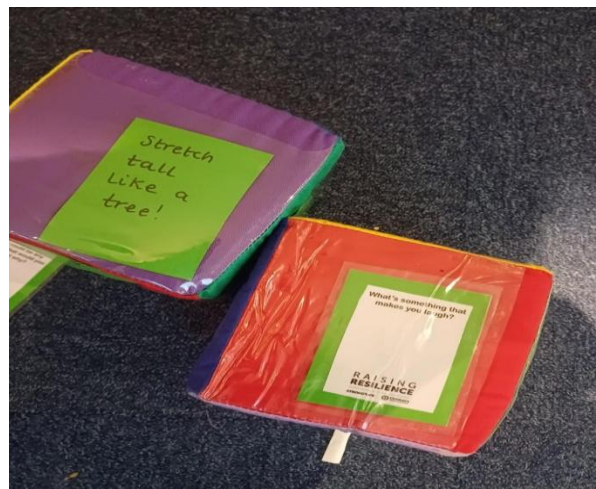
A key feature of the club is that children take ownership of the sessions, shaping the activities and making decisions about what they want to do. This autonomy encourages engagement and confidence.



*Pizza Making*

Throughout the programme, activities are woven together with opportunities to explore and **identify feelings and emotions**. By helping children label their emotions, the club supports them in understanding and managing their feelings more effectively, which in turn builds their **emotional resilience**.

Children have enjoyed a variety of activities including **board games, arts and crafts, Lego building**, and even **making their own pizzas**. Alongside the fun, they've also gained valuable **knowledge and skills** about where to turn if they are feeling **anxious, worried, or unsafe**, helping to build emotional awareness and confidence, as we promote ChildLine and the NSPCC.



*Big Sky Activities*

### Community & Partnership Working

Using the local primary school as a base for some of our Cylch Ti a Fi sessions (18 sessions in '23-'24) has proved very beneficial to our parents. They appreciate being able to maintain early links with the school, before their child starts full-time, especially since the closure of the Cylch Meithrin in 2022. We have introduced children to the building, to the staff and to the older pupils, which will undoubtedly make transitions smoother.



*Our dedicated Cylch Ti a Fi room at Ysgol Llanybydder*

We continued with our **Intergenerational Project**, which we are working hard to bring back to pre-Covid levels of engagement. Sessions took place in Alltymynydd Nursing Home – everything from singing to crafts, a Halloween party and Christmas activities. We organised the attendance of local charity, Stepp Upp, to visit us and the tenants for a wonderful Christmas Nativity Puppet Show.



*Delivering Christmas Gifts to our friends in Cwm Aur*



*Halloween Party @ Allt-y-mynydd*



*Trick or Treating with the tenants of Cwm Aur*

We were delighted to welcome the community to our **Garden Opening** event. Our heartfelt thanks go to Pobl for their outstanding work in carrying out repairs and remodelling, which have transformed the garden into a space we can all enjoy.



*Before*



*Official opening by a much-loved friend from Cwm Aur*



*Special thanks to Year 5 & 6 of Llanybydder Primary School for organising a very special Cylch Ti a Fi session for our little ones!*



*Rocket building lesson at the Centre, with staff from the National Botanic Garden of Wales, through the Multiply project*



*A Christmas visit from Dre Twt (role play and small world play) – providing a fantastic imaginative experience for our youngest*

## Winners!

### Early Years Wales Award 2024 – Category ‘Cynefin’

In December, we very proudly, held a **‘Winner’s Party’**, as we had been privileged to win the **Early Years Wales** award in the category **‘Cynefin’**.

The panel had been looking for services ‘..that respond to local need and work directly with parents and young children. .. Parent and Toddler Groups, community groups or groups/businesses providing sessional activities to parents and children such as play, child development, parent support, physical activities, life skills, social interaction.’ Services or projects needed to demonstrate an inclusive approach to improving the lives of young children and their families, supporting them to build connections with the community and inspiring a sense of Cynefin.

Being the winners, out of 850 other settings in Wales, was a huge achievement for us, one that we are incredibly proud of, and is a testament to how important our work is. The VIPs of the party were very clearly our wonderful families, staff and Trustees, and also in attendance - Ann Davies MP, Cefin Cambell MS, Dave Goodger CEO of Early Years Wales and the Archdeacon of the diocese of St David’s Eileen Davies. Our whole community came together for an afternoon of celebration, with entertainment provided by the wonderful children of Llanybydder Primary School, and a delicious buffet prepared by a local caterer.



*L-R Dave Goodger, CEO of Early Years Wales; Denise Owen, County Councillor; Ann Davies MP, Kim Rees, Centre Manager*



*Celebration cake & Entertainment from the children of Llanbydder Primary School*

We also participated in **Llanbydder Community Council's Christmas Fair**, hosting a stall where children enjoyed decorating their own wooden baubles through free craft activities.

### **Facts & Figures 2024 – 2025 :**

#### **Supporting:**

248 families ~ 267 adults ~ 348 children

#### **Of these adults:**

29% did not have employment, 8% were raising children as single parents, and 6% experienced both.

#### **In a survey to encapsulate the whole year:**

96% indicated that the Family Centre had helped them, and their children, meet new people and to form friendships they may otherwise not have done (4% neutral)

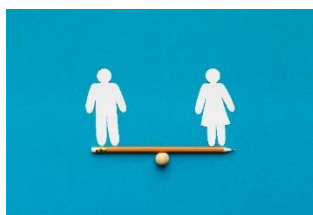
95.2% of respondents stated that The Family Centre has helped to improve their confidence - and/or the confidence of their child(ren) (4.8% neutral)

92% agreed that the Family Centre had helped them with the cost-of-living crisis, through providing clothing, food and sanitary products (8% neutral)

90.5% of respondents stated that The Family Centre has reduced feelings of isolation and loneliness for them and/or their family (9.5% neutral)

85.7% stated that The Family Centre has helped them or given them ideas on how to improve their wellbeing, or/and the wellbeing of their family (14.3% neutral)

81% believed that The Family Centre had helped them improve their relationship with their child(ren), and/or given them advice and ideas on how to improve their relationship (19% neutral)



### **Welcoming families**

We continue to warmly **welcome new families** to the Centre—many of whom are **new to the area** or **first-time parents** living in the village. Families often hear about us through **word of mouth**, particularly from other parents who've benefited from our services. We also promote the Centre via **Facebook, community posters**, and through referrals from our **local Health Visitor**, who shares information during surgeries and home visits.

For many, the Family Centre offers a much-needed **sense of connection and companionship**, helping to reduce feelings of **isolation** for both parents and children. New friendships regularly blossom during sessions and often continue beyond the Family Centre setting.

We pride ourselves on being **user-led** and regularly seek input from parents and older children to shape our programmes. We collect **feedback**, encourage **suggestions**, and actively incorporate ideas into our planning to ensure our **workshops, activities, and support services** remain relevant, inclusive, and of the highest quality. All feedback is reviewed and discussed at committee meetings, ensuring it plays a central role in guiding the Centre's development.

### **Timetables**

**Llanybydder Family Centre** is open **four days a week**, offering a welcoming and supportive environment for families throughout the week:

- **Monday:** Closed
- **Tuesday:** 9:00 am – 3:00 pm
- **Wednesday:** 9:00 am – 3:00 pm
- **Thursday:** 9:00 am – 3:00 pm
- **Friday:** 9:00 am – 3:00 pm

Monthly timetables are shared on **Facebook**, and **printed copies** are available at the Centre to take home. For those who don't use social media, timetables can also be sent via **email** upon request—ensuring everyone stays informed and included.

## Referrals, Partnerships & Multi-Agency Working

We continue to respond to the **individual needs of families** by identifying when more **specialised support** is required and making appropriate **referrals**. This ensures that the help we provide remains **targeted, timely, and effective**.

Looking ahead, we hope to see **increased engagement with Health Professionals**, particularly the local **Health Visitor**, whose involvement has been limited this year due to staffing pressures—currently, just one Health Visitor is covering a very large area, which has understandably impacted capacity.

To deliver a truly **holistic service**, it is essential that the Family Centre builds and maintains strong, collaborative links with both **statutory** and **voluntary organisations**, locally and beyond. In addition to independent trainers who occasionally deliver workshops and courses, the Family Centre works in partnership with the following organisations:

**Plant Dewi** - The Strategic Manager from Plant Dewi visits the Centre regularly, providing ongoing support to both the **Centre Manager** and the **Management Committee**. They also attend **Committee Meetings**, offering strategic guidance and helping to ensure the smooth and effective running of the Centre.

**Family Centre Network** - The Centre Manager attends monthly Family Centre Network **meetings**, which bring together all Family Centres across **Carmarthenshire**. These meetings provide valuable updates on **training opportunities, funding, policy developments, research, and best practice**, as well as information about **local and national events** in which Centres can participate. This collaborative network ensures we remain connected, informed, and aligned with county-wide priorities.

**Cwm Aur** -We have a strong and valued relationship with Cwm Aur, who support us in delivering our **Intergenerational Project**. Together, we've hosted a number of shared activities, including **Bingo evenings** and **Christmas events**, which bring different generations together to foster connection, understanding, and community spirit.

**Cymraeg i Blant** - We are regularly visited by Cymraeg i Blant, who deliver engaging **Baby Massage, Yoga, and Story & Song** sessions at the Centre—**through the medium of Welsh**. These sessions are always well-received, offering families a fun and accessible way to introduce Welsh language and culture from an early age.

**Llanybydder Village Committee** - The Family Centre maintains a positive relationship with the Llanybydder Village Committee and takes part in **community-organised events** whenever possible. This helps strengthen community ties and ensures the Centre remains an active and visible part of local life.

**Early Years Wales** - We continue to benefit from the **ongoing support** of Early Years Wales, who provide us with up-to-date **information, training opportunities, and valuable resources** to support our work with young children and their families.

**Mudiad Meithrin** - We continue to benefit from the **ongoing support** of Mudiad Meithrin, who provide us with up-to-date **information, training opportunities, and valuable resources** to support our work with young children and their families.

**Llanybydder Primary School** - We maintain regular contact with Llanybydder Primary School and greatly value their input when developing our sessions and courses. This collaboration helps ensure our programmes are well-aligned with local educational priorities and the needs of children transitioning to school.

**WCVA and CAVS** - The WCVA (Wales Council for Voluntary Action) and CAVS (Carmarthenshire Association of Voluntary Services) keep us informed about relevant **training opportunities, funding updates**, and other important information that supports the ongoing development of our services.

**Carmarthenshire County Council** - We continue to benefit from our relationship with Carmarthenshire County Council, which provides access to valuable **training opportunities** and support from their **Housing Officer**. This year, we were pleased to welcome the **Carmarthenshire Road Safety Team** to deliver a session on **car seat and in-car safety**. Additionally, we hosted the **Carmarthenshire Rural Hub team**, who offer advice on a wide range of topics including council services, financial support, and employment assistance for local residents.

**Health Visitor** - The Health Visiting service in our area has faced extensive pressures over recent years, which unfortunately limited our access to their support. However, we are pleased to report that we now have a strong point of contact and can schedule their regular visits to the Centre. During these sessions, the Health Visitor weighs babies and addresses any general concerns parents may have. We hope to continue this valuable collaboration moving forward.



## **COMMENTS FROM SERVICE USERS**

"I think the family centre provide such a positive and helpful experience. I absolutely adore visiting weekly with my daughter and my son. It's helped both of them gain so much confidence in making new friends and playing kindly before they both start going to school. The family centre really helped me during those first postpartum months between having both of my children, some days it gave me a reason to get out of the house when I felt like I couldn't and for that I will always be grateful. Kim, Hannah and the rest of the staff are absolute angels and I know my time visiting the family centre won't end anytime soon."

"It's absolutely amazing and we have had so many great times thanks to the family centre! We've been on trips I wouldn't have otherwise been able to afford because of it, and I honestly think they do the activities and play sessions so perfectly. Thank you family centre"

"The centre has helped me come out of the house with 2 young children. I was scared the first time, thinking how id cope knowing my toddler is clingy to me whilst having a newborn. But the staff there were so lovely and helpful in every possible way i could think of. Even the other parents would help you out. I enjoy coming here every week to attend baby classes for my son and also for my girl to play and make new friends"

"The centre is a god send its helped us with ideas to promote the children's development and kept us sain through the tougher times of raising children ... thank you Kim and Hannah ... E and D both love their time with you ... the best family centre around ...xx🥰"

"Safe, welcoming and comfortable place to come. Just getting out the house for an adult conversation and a cup of tea does wonders for my mental health. Meeting and making new friends and having the clothes bank has helped greatly."

"The family centre has helped us integrate our little ones into the community in a lively and friendly way. Lovely place that is well run and well organised"

"The centre has provided a safe space for me to go with my daughter. Here I can have a chat with other parents which has helped me feel less isolated. Also, they run great trips and experiences! As money is tight, this has enabled me and my daughter to make these family memories and have experiences we might not have been able to."



### **Case Study illustrating family support**

Child M was referred to the Family Centre by their parent. When they first came, Child M was very quiet and withdrawn, often clinging tightly to their mother. They rarely made eye contact and spoke only a few words or used gestures. Group activities were overwhelming for them, so they preferred to watch from the side rather than join in. Mum asked for support with helping Child M's speech, language, and social skills.

The family is a single-parent household with one child. We worked with both Child M and their parent throughout their time at the Centre. We also found that the family was living on a low income and wasn't receiving all the financial support they were entitled to.

Our team provided ongoing, caring support through bilingual Toddler Groups and Play Sessions. A Play Worker spent time with Child M one-on-one, using their interests—especially dinosaurs and building blocks—to build trust and encourage participation. The family regularly used our 'Shop', which helped ease the financial burden by providing essentials like clothes and nappies. We also connected them with Citizens Advice to make sure they were receiving all the benefits they should.

Child M and their parent joined Tiny Talkers sessions, which gave Child M a chance to practise speech and social skills in a supportive group. At the same time, the parent learned how to help their child develop language at home, following the Welsh Government's 'Talk With Me' programme.

We have been working with Child M and their family for 19 months and continue to do so. The consistent support in a welcoming and friendly environment gave Child M a safe space to explore and express themselves.

Over time, Child M started to explore the room more freely. With gentle encouragement, they joined in singing using hand gestures, began naming familiar objects and people, and started repeating simple words during play. They even made friends, beginning to have short conversations, ask questions, and take turns.

Now, Child M confidently leads their own play, chooses activities, and fully participates in story time. They enjoy helping plan sessions and love being involved in deciding what happens next. Child M no longer needs their mother by their side all the time. Their self-esteem has grown noticeably—they smile more, help others, and use words to express their feelings instead of frustration.

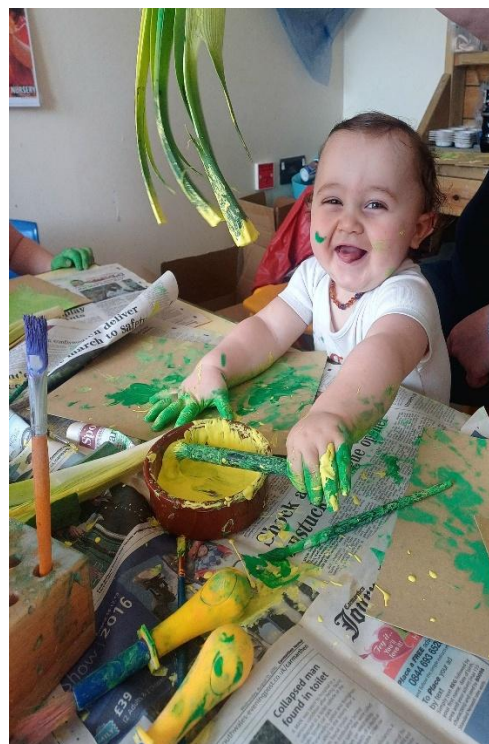
One key to success was celebrating the small achievements as much as the big ones, keeping everyone motivated. There were no major barriers, but building trust and finding the right approach for Child M took time. We are happy with the progress and plan to offer even more opportunities for Child M to take the lead in sessions, helping them grow in confidence through greater choice.

### **Lessons learned & how we are changing what we do**

At present, there are no significant changes to report, as our established targets with our funders remain highly relevant and our current approach continues to deliver positive results. We remain committed to continuous monitoring and actively gathering feedback from stakeholders to ensure we consistently meet the evolving needs of the families and communities we serve.

### **Challenges for the Future**

Our key challenges remain largely unchanged. Supporting families through the ongoing cost-of-living crisis will continue to be a central part of our daily work. In time, this crisis may also affect the Centre directly, as many charities face rising operational costs. Competition for limited grants and funding remains a persistent pressure. Nevertheless, we are a resilient organisation, well-equipped to demonstrate the essential nature of our services and the positive impact we deliver within the local community.



## Funding Partners

We would like to thank everyone who has funded the Family Centre over the last year. Without the funding, the Family Centre would not exist, as it is a free-of-charge, non-profit-making organisation. It has been essential to maintain a constant flow of income in order to provide a consistent service for the families of Llanybydder. The funding we have received has enabled us to offer these families high quality support and help in dealing with the complexities of family life.

We would like to thank:



*Dr Dewi Davies Endowment Fund*

*Llanybydder & Rhydcymerau  
Community Council*

**Thank you**  
**Diolch**



### **Contact Details**

**Organisation name:** Canolfan Ty'r Teulu, Ty'r Teulu Family Centre

Llanybydder Family Centre

**Reg. Charity Number:** 1087515

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Heol Y Dderi,

Llanybydder

Carmarthen

SA40 9AB

**Contact name:** Kimberly Rees, BA (Hons), (Centre Manager)

**Tel:** 01570 481 617

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**Facebook | Messenger:** Llanybydder FamilyCentre

**Staff:** Manager – Kimberly Rees, BA (Hons)

Playworker– Hannah Benson

### **Staff training '24-'25**

- Ffa-la-la
- Neurodiversity
- Safeguarding A, B & C
- ADHD training
- Rubba Bubba Baby Massage
- Trauma Informed Practice & ACEs
- Systemic Practice
- Attendance at the health board's Healthy Pre-School conference



### **Management:**

The Family Centre's Management Committee is made up of six dedicated members of the local community who share a genuine commitment to the wellbeing of local families. The committee brings together a diverse mix of perspectives — from professionals with a range of skills and expertise to parents who currently use or have previously used our services.

Living locally, members are actively engaged, attending regular management meetings and remaining readily available to support the Centre. They play a vital role in shaping the Centre's strategic direction, ensuring our work remains relevant and impactful. We continue to actively seek new members to broaden the committee's range of experience and knowledge, further strengthening our ability to serve the community.

**Chairperson** – Sarah Jones has been a valued member of the Management Committee for 13 years, serving as Chair for the past 10. Deeply committed to the Centre's mission, she hopes to continue in her role for as long as possible, recognising the vital role the Centre plays in the local community.

A working mother of three, Sarah first became involved with the Centre after finding its support invaluable when her children were young. In addition to her work with the Centre, she has served as a Parent Governor at the local school for the past six years, where her children are pupils.

**Treasurer** - Dawn Jones first came to the Centre as a parent and regular visitor, before joining the Management Committee in 2023. A mother of three young children, she is a strong advocate for the Centre and firmly believes in the positive impact it has on the local community.

Dawn brings a wealth of fundraising experience, gained through many years of involvement with various committees and organisations, and continues to use her skills to support the Centre's growth and sustainability.

**Secretary** - Ann Smith brings over 40 years of experience working across a wide range of childcare settings. For many years, she has worked as an Assessor, delivering childcare training (NVQ, QCF) to those employed in residential childcare environments. She holds numerous qualifications, most recently completing her MA (Hons), and regularly undertakes professional development courses to maintain and enhance her expertise.

A long-standing member of the Family Centre's Management Committee, Ann is dedicated to ensuring local families have access to a safe and welcoming space where they can relax, share experiences, and support their children's development.

**Additional Committee Member** – Heather Jones has been a resident of Llanybydder for more than 50 years and is deeply rooted in the local community. Now retired after 14 years working at the local pharmacy, she serves on the Management Committee as the nominated representative from St Peter's Church, Llanybydder, appointed by the Parochial Church Council.

Heather is an active organiser and fundraiser, notably leading the Church's annual sponsored walk. A member of the Llanybydder Women's Institute since 1978, she is a long-serving President, bringing decades of community leadership and dedication to her role at the Centre.

**Additional Committee Member** – Lesley White moved to the area shortly before the onset of the 2020 pandemic. She brings extensive experience of working with children, having led out-of-school clubs, after-school provision, and children's activities within the Church. In addition to her professional and voluntary roles, Lesley is a proud mother, grandmother, and great-grandmother.

She is also an active member of the Llanwenog Women's Institute, contributing her time and energy to community initiatives. Lesley's wealth of experience and dedication make her a valued member of the Management Committee.

**Additional Committee Member** – Catrin Thomas joined the Management Committee in 2022. A mother of three and grandmother of five, she has lived and worked in the local area for many years.

Catrin has been connected to the Centre since it first opened over two decades ago and has remained a strong supporter throughout.

With a deep understanding of the challenges faced by families in Llanybydder, she is committed to helping reduce the difficulties and pressures they encounter, ensuring the Centre continues to be a place of support and welcome for all.



Staff & Trustees of Llanybydder Family Centre



# Llanybydder Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Arwyn Vobe Accountancy Ltd.  
Maesowen  
Rhydowen  
Llandysul  
Ceredigion  
SA44 4PY

# **Llanybydder Family Centre**

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The following page do not form part of the statutory financial statements:

**Llanybydder Family Centre**  
**Reference and Administrative Details**

|                     |  |
|---------------------|--|
| <b>Charity name</b> | Llanybydder Family Centre  |
| <b>Trustees</b>     | Sarah Jones<br>Bev Pold<br>Heather Jones<br>Ann Smith<br>Lesley White<br>Catrin Thomas<br>Dawn Hamblin |
| <b>Secretary</b>    | Ann Smith  |
| <b>Chair</b>        | Sarah Jones  |
| <b>Treasurer</b>    | Dawn Hamblin   |
| <b>Accountant</b>   | Arwyn Vobe Accountancy Ltd.<br>Maesowen<br>Rhydowen<br>Llandysul<br>Ceredigion<br>SA44 4PY             |

# **Independent Examiner's Report to the Trustees of Llanybydder Family Centre**

I report on the accounts of the Trust for the year ended 31 March 2025, which are set out on pages 4 to 10.

## **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act); and
- state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 41 of the 1993 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

# **Independent Examiner's Report to the Trustees of Llanybydder Family Centre**

..... continued

I report on the accounts of the Trust for the year ended 31 March 2025, which are set out on pages 4 to 10.

## **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Arwyn Vobe Accountancy Ltd.

29 August 2025

Maesowen  
Rhydowen  
Llandysul  
Ceredigion  
SA44 4PY

## Llanybydder Family Centre

### Statement of Financial Activities for the Year Ended 31 March 2025

|   |      | Unrestricted Funds   | Restricted Funds     | Total Funds<br>2025  | Total Funds<br>2024  |
|---|------|----------------------|----------------------|----------------------|----------------------|
|   | Note | £                    | £                    | £                    | £                    |
| <b>Incoming resources</b>               |      |                      |                      |                      |                      |
| Incoming resources from generated funds |      |                      |                      |                      |                      |
| Voluntary income                        | 2    | 1,406                | 43,733               | 45,139               | 23,741               |
| Total incoming resources                |      | <u>1,406</u>         | <u>43,733</u>        | <u>45,139</u>        | <u>23,741</u>        |
| <b>Resources expended</b>               |      |                      |                      |                      |                      |
| Costs of generating funds               |      |                      |                      |                      |                      |
| Costs of generating voluntary income    | 4    | 1,304                | 43,597               | 44,901               | 38,194               |
| Governance costs                        | 4    | 720                  | -                    | 720                  | 570                  |
| Total resources expended                |      | <u>2,024</u>         | <u>43,597</u>        | <u>45,621</u>        | <u>38,764</u>        |
| Net movements in funds                  |      | (618)                | 136                  | (482)                | (15,023)             |
| <b>Reconciliation of funds</b>          |      |                      |                      |                      |                      |
| Total funds brought forward             |      | 19,474               | 15,670               | 35,144               | 50,167               |
| Total funds carried forward             |      | <u><u>18,856</u></u> | <u><u>15,806</u></u> | <u><u>34,662</u></u> | <u><u>35,144</u></u> |

All incoming resources and resources expended derive from continuing activities.

The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 6 to 10 form an integral part of these financial statements.

**Llanybydder Family Centre**  
**Balance Sheet as at 31 March 2025**

|   |             | <b>2025</b>   |                      | <b>2024</b>   |                      |
|---|-------------|---------------|----------------------|---------------|----------------------|
|   | <b>Note</b> | <b>£</b>      | <b>£</b>             | <b>£</b>      | <b>£</b>             |
| <b>Fixed assets</b>                                   |             |               |                      |               |                      |
| Tangible assets                                       | 7           |               | 1,732                |               | 1,086                |
| <b>Current assets</b>                                 |             |               |                      |               |                      |
| Cash at bank and in hand                              |             | 33,650        |                      | 34,628        |                      |
| <b>Creditors: Amounts falling due within one year</b> | 8           | <u>(720)</u>  |                      | <u>(570)</u>  |                      |
| <b>Net current assets</b>                             |             |               | <u>32,930</u>        |               | <u>34,058</u>        |
| <b>Net assets</b>                                     |             |               | <u><u>34,662</u></u> |               | <u><u>35,144</u></u> |
| <b><u>The funds of the charity:</u></b>               |             |               |                      |               |                      |
| <b>Restricted funds</b>                               |             |               | 15,806               |               | 15,669               |
| <b>Unrestricted funds</b>                             |             |               |                      |               |                      |
| Other reserves  |             | (144)         |                      | (144)         |                      |
| Unrestricted income funds                             |             | <u>19,000</u> |                      | <u>19,619</u> |                      |
| <b>Total unrestricted funds</b>                       |             |               | <u>18,856</u>        |               | <u>19,475</u>        |
| <b>Total charity funds</b>                            |             |               | <u><u>34,662</u></u> |               | <u><u>35,144</u></u> |

Approved by the Board on 29 August 2025 and signed on its behalf by:

.....

Sarah Jones  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

# **Llanybydder Family Centre**

## **Notes to the Financial Statements for the Year Ended 31 March 2025**

### **I Accounting policies**

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

#### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

#### **Incoming resources**

Voluntary income including donations and grants that provide core funding or are of a general nature is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

#### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

#### **Governance costs**

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

|                   |                            |
|-------------------|----------------------------|
| Plant & Equipment | 15% reducing balance basis |
|-------------------|----------------------------|

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme.

### 2 Voluntary income

|                                      | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Total Funds<br>2024<br>£ |
|--------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| <b><u>Donations and legacies</u></b> |                            |                          |                          |                          |
| Appeals and donations                | 1,406                      | 250                      | 1,656                    | 3,440                    |
| <b><u>Grants</u></b>                 |                            |                          |                          |                          |
| Trusts and foundations               | -                          | 43,483                   | 43,483                   | 20,301                   |
|                                      | <u>1,406</u>               | <u>43,733</u>            | <u>45,139</u>            | <u>23,741</u>            |

### 3 Grants receivable

|                        | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Total Funds<br>2024<br>£ |
|------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Trusts and foundations | -                          | 43,483                   | 43,483                   | 20,301                   |

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### 4 Total resources expended

|                                       | Donations<br>and legacies | Grants        | Governance | Total         |
|---------------------------------------|---------------------------|---------------|------------|---------------|
|                                       | £                         | £             | £          | £             |
| <b>Direct costs</b>                   |                           |               |            |               |
| Fundraising costs                     | -                         | 20            | -          | 20            |
| Publicity costs                       | -                         | 573           | -          | 573           |
| Employment costs                      | -                         | 36,437        | -          | 36,437        |
| Establishment costs                   | 1,423                     | 4,105         | -          | 5,528         |
| Repairs and maintenance               | -                         | 107           | -          | 107           |
| Office expenses                       | 119                       | 336           | -          | 455           |
| Printing, posting and stationery      | -                         | 423           | -          | 423           |
| Subscriptions and donations           | -                         | 30            | -          | 30            |
| Travel and subsistence                | -                         | 373           | -          | 373           |
| Advertising and promotion             | -                         | 302           | -          | 302           |
| Accountancy fees                      | -                         | -             | 720        | 720           |
| Legal and professional costs          | 30                        | 317           | -          | 347           |
| Depreciation of tangible fixed assets | 306                       | -             | -          | 306           |
|                                       | <u>1,878</u>              | <u>43,023</u> | <u>720</u> | <u>45,621</u> |

### 5 Net outgoing resources

Net outgoing resources is stated after charging:

|                              | 2025       | 2024       |
|------------------------------|------------|------------|
|                              | £          | £          |
| Depreciation of owned assets | <u>306</u> | <u>168</u> |

### 6 Employees' remuneration

The aggregate payroll costs of these persons were as follows:

|                     | 2025          | 2024          |
|---------------------|---------------|---------------|
|                     | £             | £             |
| Wages and salaries  | 34,809        | 28,973        |
| Other pension costs | <u>1,628</u>  | <u>1,104</u>  |
|                     | <u>36,437</u> | <u>30,077</u> |

No employee received emoluments of more than £60,000 during the year (2024 - No. 0).

## Llanybydder Family Centre

### Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

#### 7 Tangible fixed assets

|                              | Plant & Equipment<br>£ | Fixtures, fittings<br>and equipment<br>£ | Total<br>£   |
|------------------------------|------------------------|--|--------------|
| <b><u>Cost</u></b>           |                        |  |              |
| As at 1 April 2024           | 2,620                  | 1,986                                    | 4,606        |
| Additions                    | -                      | 952                                      | 952          |
| As at 31 March 2025          | <u>2,620</u>           | <u>2,938</u>                             | <u>5,558</u> |
| <b><u>Depreciation</u></b>   |                        |  |              |
| As at 1 April 2024           | 2,283                  | 1,237                                    | 3,520        |
| Charge for the year          | 51                     | 255                                      | 306          |
| As at 31 March 2025          | <u>2,334</u>           | <u>1,492</u>                             | <u>3,826</u> |
| <b><u>Net book value</u></b> |                        |  |              |
| As at 31 March 2025          | <u>286</u>             | <u>1,446</u>                             | <u>1,732</u> |
| As at 31 March 2024          | <u>337</u>             | <u>749</u>                               | <u>1,086</u> |

#### 8 Creditors: Amounts falling due within one year

|                              | 2025<br>£  | 2024<br>£  |
|------------------------------|------------|------------|
| Trade creditors              | -          | 570        |
| Accruals and deferred income | <u>720</u> | <u>-</u>   |
|                              | <u>720</u> | <u>570</u> |

#### 9 Pension scheme

##### **Defined contribution pension scheme**

The charity operates a defined contribution pension scheme. The pension cost charge for the period represents contributions payable by the charity to the scheme and amounted to £1,628 (2024 - £1,104).

There were no outstanding or prepaid contributions at either the beginning or end of the financial year.

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### 10 Analysis of funds

|                               | At 1 April<br>2024 | Incoming<br>resources | Resources<br>expended | At 31 March<br>2025 |
|-------------------------------|--------------------|-----------------------|-----------------------|---------------------|
|                               | £                  | £                     | £                     | £                   |
| <b>General Funds</b>          |                    |                       |                       |                     |
| General Reserves              | 19,474             | 1,406                 | (2,024)               | 18,856              |
| <b>Restricted Funds</b>       |                    |                       |                       |                     |
| Families first                | -                  | 1,750                 | (1,750)               | -                   |
| Mudiad Meithrin               | -                  | -                     | -                     | -                   |
| Llanybydder Community Council | -                  | 250                   | -                     | 250                 |
| BBC Children In Need          | 2,020              | 9,348                 | (9,031)               | 2,337               |
| William Hill Brown            | 1,900              | -                     | (612)                 | 1,288               |
| Furlough Scheme               | 379                | -                     | -                     | 379                 |
| Tesco                         | -                  | 500                   | -                     | 500                 |
| Lottery                       | 10,596             | 23,318                | (30,109)              | 3,805               |
| Nisa                          | 275                | 500                   | (775)                 | -                   |
| Children In Need extra        | 500                | -                     | (279)                 | 221                 |
| Lottery underspend            | -                  | -                     | -                     | -                   |
| CO-OP Community Fund          | -                  | 2,067                 | 600                   | 2,667               |
| Big Sky                       | -                  | 5,000                 | (1,593)               | 3,407               |
| Dr Dewi Davies                | -                  | 1,000                 | (48)                  | 952                 |
|                               | 15,670             | 43,733                | (43,597)              | 15,806              |
|                               | 35,144             | 45,139                | (45,621)              | 34,662              |



# Llanybydder Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Arwyn Vobe Accountancy Ltd.  
Maesowen  
Rhydowen  
Llandysul  
Ceredigion  
SA44 4PY

# **Llanybydder Family Centre**

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| Notes to the financial statements .....    | 6 to 10 |

The following page do not form part of the statutory financial statements:

**Llanybydder Family Centre**  
**Reference and Administrative Details**

|                     |  |
|---------------------|--|
| <b>Charity name</b> | Llanybydder Family Centre  |
| <b>Trustees</b>     | Sarah Jones<br>Bev Pold<br>Heather Jones<br>Ann Smith<br>Lesley White<br>Catrin Thomas<br>Dawn Hamblin |
| <b>Secretary</b>    | Ann Smith  |
| <b>Chair</b>        | Sarah Jones  |
| <b>Treasurer</b>    | Dawn Hamblin   |
| <b>Accountant</b>   | Arwyn Vobe Accountancy Ltd.<br>Maesowen<br>Rhydowen<br>Llandysul<br>Ceredigion<br>SA44 4PY             |

# **Independent Examiner's Report to the Trustees of Llanybydder Family Centre**

I report on the accounts of the Trust for the year ended 31 March 2025, which are set out on pages 4 to 10.

## **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act); and
- state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 41 of the 1993 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

# **Independent Examiner's Report to the Trustees of Llanybydder Family Centre**

..... continued

I report on the accounts of the Trust for the year ended 31 March 2025, which are set out on pages 4 to 10.

## **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Arwyn Vobe Accountancy Ltd.

29 August 2025

Maesowen  
Rhydowen  
Llandysul  
Ceredigion  
SA44 4PY

## Llanybydder Family Centre

### Statement of Financial Activities for the Year Ended 31 March 2025

|   |      | Unrestricted Funds | Restricted Funds | Total Funds<br>2025 | Total Funds<br>2024 |
|---|------|--------------------|------------------|---------------------|---------------------|
|   | Note | £                  | £                | £                   | £                   |
| <b>Incoming resources</b>               |      |                    |                  |                     |                     |
| Incoming resources from generated funds |      |                    |                  |                     |                     |
| Voluntary income                        | 2    | 1,406              | 43,733           | 45,139              | 23,741              |
| Total incoming resources                |      | 1,406              | 43,733           | 45,139              | 23,741              |
| <b>Resources expended</b>               |      |                    |                  |                     |                     |
| Costs of generating funds               |      |                    |                  |                     |                     |
| Costs of generating voluntary income    | 4    | 1,304              | 43,597           | 44,901              | 38,194              |
| Governance costs                        | 4    | 720                | -                | 720                 | 570                 |
| Total resources expended                |      | 2,024              | 43,597           | 45,621              | 38,764              |
| Net movements in funds                  |      | (618)              | 136              | (482)               | (15,023)            |
| <b>Reconciliation of funds</b>          |      |                    |                  |                     |                     |
| Total funds brought forward             |      | 19,474             | 15,670           | 35,144              | 50,167              |
| Total funds carried forward             |      | 18,856             | 15,806           | 34,662              | 35,144              |

All incoming resources and resources expended derive from continuing activities.

The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 6 to 10 form an integral part of these financial statements.

**Llanybydder Family Centre**  
**Balance Sheet as at 31 March 2025**

|   |             | <b>2025</b>   |                      | <b>2024</b>   |                      |
|---|-------------|---------------|----------------------|---------------|----------------------|
|   | <b>Note</b> | <b>£</b>      | <b>£</b>             | <b>£</b>      | <b>£</b>             |
| <b>Fixed assets</b>                                   |             |               |                      |               |                      |
| Tangible assets                                       | 7           |               | 1,732                |               | 1,086                |
| <b>Current assets</b>                                 |             |               |                      |               |                      |
| Cash at bank and in hand                              |             | 33,650        |                      | 34,628        |                      |
| <b>Creditors: Amounts falling due within one year</b> | 8           | <u>(720)</u>  |                      | <u>(570)</u>  |                      |
| <b>Net current assets</b>                             |             |               | <u>32,930</u>        |               | <u>34,058</u>        |
| <b>Net assets</b>                                     |             |               | <u><u>34,662</u></u> |               | <u><u>35,144</u></u> |
| <b><u>The funds of the charity:</u></b>               |             |               |                      |               |                      |
| <b>Restricted funds</b>                               |             |               | 15,806               |               | 15,669               |
| <b>Unrestricted funds</b>                             |             |               |                      |               |                      |
| Other reserves  |             | (144)         |                      | (144)         |                      |
| Unrestricted income funds                             |             | <u>19,000</u> |                      | <u>19,619</u> |                      |
| <b>Total unrestricted funds</b>                       |             |               | <u>18,856</u>        |               | <u>19,475</u>        |
| <b>Total charity funds</b>                            |             |               | <u><u>34,662</u></u> |               | <u><u>35,144</u></u> |

Approved by the Board on 29 August 2025 and signed on its behalf by:

.....

Sarah Jones  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

# **Llanybydder Family Centre**

## **Notes to the Financial Statements for the Year Ended 31 March 2025**

### **I Accounting policies**

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

#### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

#### **Incoming resources**

Voluntary income including donations and grants that provide core funding or are of a general nature is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

#### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

#### **Governance costs**

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

|                   |                            |
|-------------------|----------------------------|
| Plant & Equipment | 15% reducing balance basis |
|-------------------|----------------------------|

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme.

### 2 Voluntary income

|                                      | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Total Funds<br>2024<br>£ |
|--------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| <b><u>Donations and legacies</u></b> |                            |                          |                          |                          |
| Appeals and donations                | 1,406                      | 250                      | 1,656                    | 3,440                    |
| <b><u>Grants</u></b>                 |                            |                          |                          |                          |
| Trusts and foundations               | -                          | 43,483                   | 43,483                   | 20,301                   |
|                                      | <u>1,406</u>               | <u>43,733</u>            | <u>45,139</u>            | <u>23,741</u>            |

### 3 Grants receivable

|                        | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Total Funds<br>2024<br>£ |
|------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Trusts and foundations | -                          | 43,483                   | 43,483                   | 20,301                   |

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### 4 Total resources expended

|                                       | Donations<br>and legacies | Grants        | Governance | Total         |
|---------------------------------------|---------------------------|---------------|------------|---------------|
|                                       | £                         | £             | £          | £             |
| <b>Direct costs</b>                   |                           |               |            |               |
| Fundraising costs                     | -                         | 20            | -          | 20            |
| Publicity costs                       | -                         | 573           | -          | 573           |
| Employment costs                      | -                         | 36,437        | -          | 36,437        |
| Establishment costs                   | 1,423                     | 4,105         | -          | 5,528         |
| Repairs and maintenance               | -                         | 107           | -          | 107           |
| Office expenses                       | 119                       | 336           | -          | 455           |
| Printing, posting and stationery      | -                         | 423           | -          | 423           |
| Subscriptions and donations           | -                         | 30            | -          | 30            |
| Travel and subsistence                | -                         | 373           | -          | 373           |
| Advertising and promotion             | -                         | 302           | -          | 302           |
| Accountancy fees                      | -                         | -             | 720        | 720           |
| Legal and professional costs          | 30                        | 317           | -          | 347           |
| Depreciation of tangible fixed assets | 306                       | -             | -          | 306           |
|                                       | <u>1,878</u>              | <u>43,023</u> | <u>720</u> | <u>45,621</u> |

### 5 Net outgoing resources

Net outgoing resources is stated after charging:

|                              | 2025       | 2024       |
|------------------------------|------------|------------|
|                              | £          | £          |
| Depreciation of owned assets | <u>306</u> | <u>168</u> |

### 6 Employees' remuneration

The aggregate payroll costs of these persons were as follows:

|                     | 2025          | 2024          |
|---------------------|---------------|---------------|
|                     | £             | £             |
| Wages and salaries  | 34,809        | 28,973        |
| Other pension costs | <u>1,628</u>  | <u>1,104</u>  |
|                     | <u>36,437</u> | <u>30,077</u> |

No employee received emoluments of more than £60,000 during the year (2024 - No. 0).

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### 7 Tangible fixed assets

|                              | Plant & Equipment<br>£ | Fixtures, fittings<br>and equipment<br>£ | Total<br>£ |
|------------------------------|------------------------|--|------------|
| <b><u>Cost</u></b>           |                        |  |            |
| As at 1 April 2024           | 2,620                  | 1,986                                    | 4,606      |
| Additions                    | -                      | 952                                      | 952        |
| As at 31 March 2025          | 2,620                  | 2,938                                    | 5,558      |
| <b><u>Depreciation</u></b>   |                        |  |            |
| As at 1 April 2024           | 2,283                  | 1,237                                    | 3,520      |
| Charge for the year          | 51                     | 255                                      | 306        |
| As at 31 March 2025          | 2,334                  | 1,492                                    | 3,826      |
| <b><u>Net book value</u></b> |                        |  |            |
| As at 31 March 2025          | 286                    | 1,446                                    | 1,732      |
| As at 31 March 2024          | 337                    | 749                                      | 1,086      |

### 8 Creditors: Amounts falling due within one year

|                              | 2025<br>£ | 2024<br>£ |
|------------------------------|-----------|-----------|
| Trade creditors              | -         | 570       |
| Accruals and deferred income | 720       | -         |
|                              | 720       | 570       |

### 9 Pension scheme

#### **Defined contribution pension scheme**

The charity operates a defined contribution pension scheme. The pension cost charge for the period represents contributions payable by the charity to the scheme and amounted to £1,628 (2024 - £1,104).

There were no outstanding or prepaid contributions at either the beginning or end of the financial year.

# Llanybydder Family Centre

## Notes to the Financial Statements for the Year Ended 31 March 2025

..... continued

### 10 Analysis of funds

|                               | At 1 April<br>2024 | Incoming<br>resources | Resources<br>expended | At 31 March<br>2025 |
|-------------------------------|--------------------|-----------------------|-----------------------|---------------------|
|                               | £                  | £                     | £                     | £                   |
| <b>General Funds</b>          |                    |                       |                       |                     |
| General Reserves              | 19,474             | 1,406                 | (2,024)               | 18,856              |
| <b>Restricted Funds</b>       |                    |                       |                       |                     |
| Families first                | -                  | 1,750                 | (1,750)               | -                   |
| Mudiad Meithrin               | -                  | -                     | -                     | -                   |
| Llanybydder Community Council | -                  | 250                   | -                     | 250                 |
| BBC Children In Need          | 2,020              | 9,348                 | (9,031)               | 2,337               |
| William Hill Brown            | 1,900              | -                     | (612)                 | 1,288               |
| Furlough Scheme               | 379                | -                     | -                     | 379                 |
| Tesco                         | -                  | 500                   | -                     | 500                 |
| Lottery                       | 10,596             | 23,318                | (30,109)              | 3,805               |
| Nisa                          | 275                | 500                   | (775)                 | -                   |
| Children In Need extra        | 500                | -                     | (279)                 | 221                 |
| Lottery underspend            | -                  | -                     | -                     | -                   |
| CO-OP Community Fund          | -                  | 2,067                 | 600                   | 2,667               |
| Big Sky                       | -                  | 5,000                 | (1,593)               | 3,407               |
| Dr Dewi Davies                | -                  | 1,000                 | (48)                  | 952                 |
|                               | 15,670             | 43,733                | (43,597)              | 15,806              |
|                               | 35,144             | 45,139                | (45,621)              | 34,662              |

