

# ISLE OF WIGHT YOUTH TRUST

England & Wales · Charity number 1087163

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [04149036](#)

**Registered** 2001-06-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.iowyouthtrust.co.uk](http://www.iowyouthtrust.co.uk)

## Activities

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**Objects:** THE ADVANCEMENT OF EDUCATION AND TRAINING, THE RELIEF OF POVERTY AND DISTRESS AND THE RELIEF OF SICKNESS, AND IMPROVEMENT AND PRESERVATION OF HEALTH FOR YOUNG PEOPLE.

**Activities:** Providing a counselling service to young people up to the age of 25. Providing a counselling service for Under 13s. Providing a welfare service at local events (utilising volunteers).

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

## Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE ISLE OF WIGHT.
- Isle Of Wight

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,343,453	£1,324,858	£630,092	35
2024-03-31	£1,259,290	£1,218,080	£611,497	35
2023-03-31	£803,774	£946,573	£570,287	27
2022-03-31	£959,199	£926,130	£713,086	27
2021-03-31	£784,814	£595,861	£680,017	19

## Trustees

Name	Role	Appointed
Alison Pleszak		2022-07-13
Helen Farrant		2022-07-13
Kay Boycott		2023-07-12
Mark Dix		2024-01-24
Michael Shepherd		2024-01-24
Nigel Hartley		2026-03-26
Peter Elliott		2017-12-12
Rosalyn Julia Parker		2025-08-05
Sarah Redrup		2024-01-24
Tom Flower		2024-07-18
Victoria Sitch		2025-07-17

**ISLE OF WIGHT YOUTH TRUST**

England & Wales - Charity number 1087163

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# Accounts

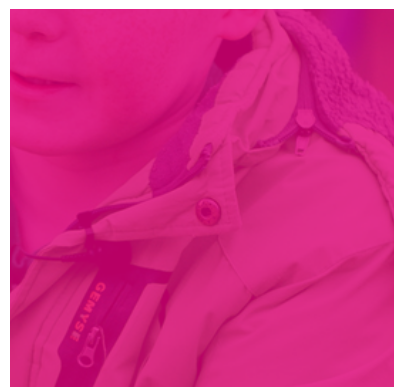
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# Annual Report & Accounts 2024/25

## Our Vision

*An Island where children and young people's mental health needs are well recognised and supported.*



## Our Purpose

*To listen to, and work with young islanders and their families so they can get the help they need, when they need it, to support their mental and emotional wellbeing. To campaign for change that has a positive impact on young people.*

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## **Independent Auditor's Report to the IW Youth Trust for the Year Ending 31 March 2025**

The trustees present their report and accounts for the year ended March 2025. This report also meets the criteria for a Director's Report under company law. The charity is registered in England and Wales as a company under number 0414036, and as a charity with the Charity Commission in England and Wales under number 1087163.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the IWYT's Memorandum and Articles, the Companies Act 2006 and the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS102) applicable from January 2019.

## **Governing Instrument:**

Memorandum and Articles of Association dated 29th January 2001

# Welcome, by our Chair, Kay Boycott

I am honoured to be Chair of the Isle of Wight Youth Trust and to have this opportunity to reflect on our remarkable organisation – an organisation that has a unique position in the Island community.

We are a growing charity, and provide expert practical support to hundreds of children, young people and their families on the Isle of Wight every week. There are many challenges that face young people today and it is a privilege to be part of an organisation that works tirelessly to make a positive difference.

On behalf of the Trustees, I would like to express our appreciation to Jo and her team who have the immense responsibility of managing scarce resources carefully to deliver the best services possible. We are very proud of the positive feedback from those using our services - testament to the care and expertise of our staff. I was delighted to be present when their dedication was recognised by becoming the 2025 GSK King's Fund Impact Awards Overall Winner.

We are also very grateful to our volunteers, particularly our Youth Taskforce members, who so willingly give their time and insights to shape our work.

Finally, I would like to thank everyone who has funded us or supported us in different ways through this year. The Isle of Wight needs our young people to ensure we all thrive in the future, and we are so grateful for everyone who contributes to provide much needed services for young islanders.



**Kay Boycott**

Chair of Trustees

# CEO comment, a year of progress

In our 40th year of providing free, professional, and confidential counselling and psychotherapy to children and young people aged 5–25, we celebrated by having an open day for the Island community - raising awareness and sharing our evolution into a YIACS (Youth Information Advice and Counselling Service) model. This transformation has been shaped by listening to young people, valuing their voices, in service design and delivery.

A major highlight of 2024/25 was being shortlisted from over 700 charities for the GSK/Kings Fund Impact Award 2025, in January and winning Overall Winner in May. Recognising the outstanding skill, professionalism and dedication of our staff, trustees and volunteers, judges praised the charity's exceptional commitment to young people on the island, highlighting its wide-ranging, preventive services—from art therapy to housing support—and its inclusive approach to service design, notably through initiatives like The Travelling Safe Space, showing 'how deeply they understand and respond to the needs of local young people'.

Over the year, we supported 1,722 children and young people. While therapeutic demand may be stabilising thanks to our broader wellbeing offer, referrals are increasingly complex with a higher number of referrals for under-11s. Limited resources led to a temporary pause in under-11 referrals from the beginning of April 2025. This helped reduce wait times but highlighted the need for long-term solutions. We're working with NHS partners to expand capacity and increasing our fundraising efforts in response.

Teamwork has driven our progress. I'm incredibly proud of our frontline teams, who deliver compassionate, tailored support despite rising demand and complexity. Our operational staff ensure smooth delivery across HR, finance, communications, fundraising, premises, and IT, while our leadership team continues to guide us through challenges with foresight and resilience. Together, by collaborating and supporting each other, we've lived our values of kindness, collaboration, positivity, and trust.

Looking ahead, we remain committed to helping young people not just survive but thrive. Our new 5 year strategy is in development, which will further adapt and innovate, increasing access and inclusion, aspiring to ensure that no young person ever feels they have nowhere to turn.



**Jo Dare**

CEO - IOW Youth Trust

# Delivering Our Strategy

Activities in year are guided by the strategic ambitions and priorities, highlighted in our 'Changing the Odds' strategy 2022-2025.

## Why We Are Needed

c29,000 children and young people (CYP), aged 5-25, live on the Isle of Wight (IW). Up to 5,000 need our support aligning need to agreed mental health data (1:6 4-16-year-olds) and 1:4 (17-25-year-olds).

Children and young people on the Isle of Wight face some difficult challenges growing up and living on the Island that creates economic, social, structural, and cultural challenges, including:

- IW has the third highest mental health hospital admissions for under 18's in England
- Children and young people in care is 122 per 10,000 vs 71 per 10,000 across England
- Education exam results in 2025, were the bottom of all English counties for GCSE's and A levels.
- Young people, aged 18-24, claiming out of work benefits; 7.5% vs 4.4% South East, May 2025 (this is growing, as IW employment declined by 2.44% May 24 to May 25).
- First Time Entrants to the Youth Justice System; 340 per 100,000; national average 143.

Total number of referrals/enquiries for support into the Youth Trust in 2024/25

**1,722**

**2024/25**



# 2024/2025 In Numbers

Main referrals route  
into triage

**1,376**

Direct enquiries  
into The Hub

**346**

## Age Split

**46%**  
5 - 12  
year olds



**12%**  
16 - 18  
year olds



**28%**  
13 - 15  
year olds



**14%**  
18 +  
years

## Gender Split



**56%**  
Female ♀

**42%**  
Male ♂

**2%**  
Other \* ♂

# We Offered

1:1 / Group Sessions

**6,560**

Sessions in  
Schools

**588**

Support Calls  
Made

**482**

**428**

Agency  
contacts to  
other services



**3,273**

Information,  
Advice and  
Guidance  
given



**30**

Parent  
workshops  
delivered



**617**

Housing  
support  
sessions &  
calls

**1591**

sessions  
delivered 1:1  
& group in  
MHST Team

Enrollments for  
employment  
support (18 - 25)

**349**

Transitioning to  
paid employment  
or full-time  
education

**238**



# MHST Offered

sessions delivered 1:1  
& group in MHST Team

**1591**

Whole School  
Approach delivery

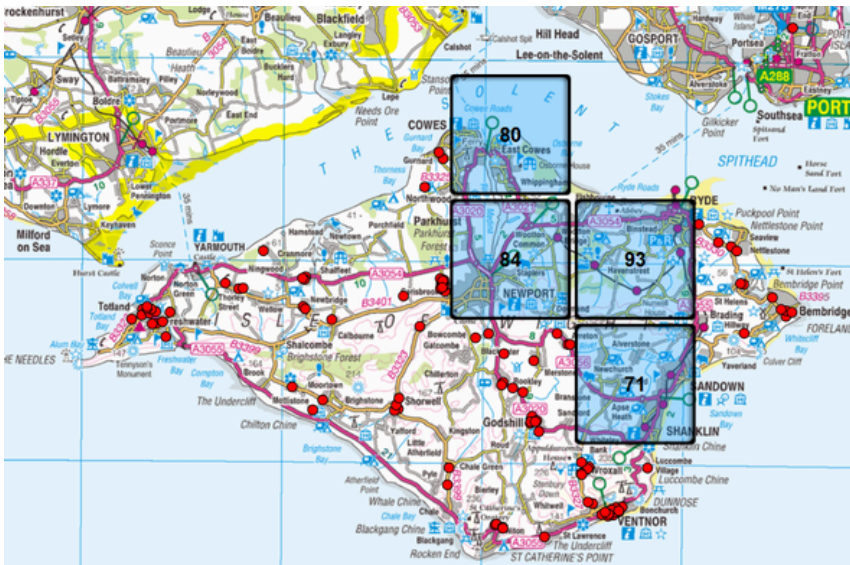
**8,972**

Number of schools  
with MHST services

**39**

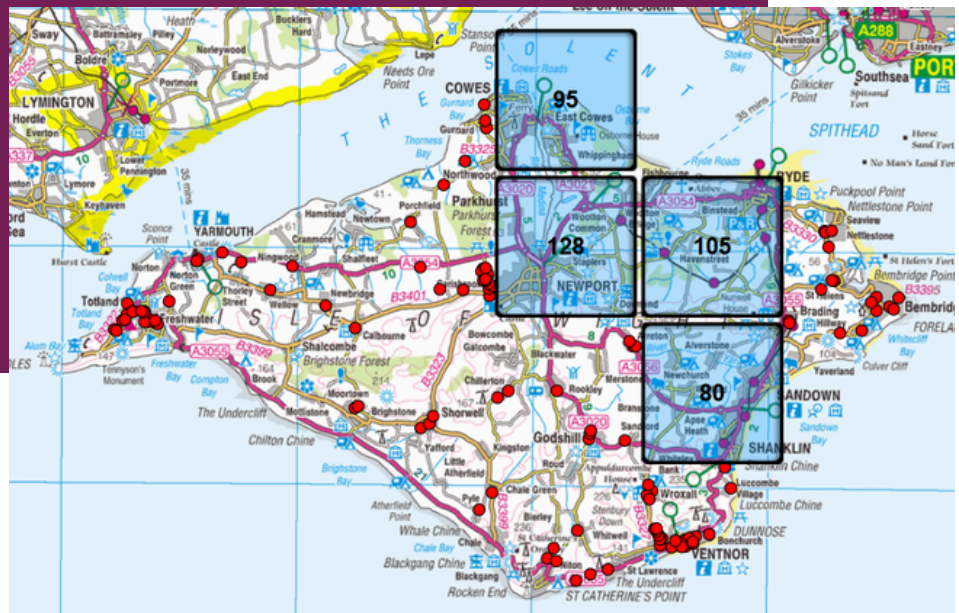
# Our Demographic

The top 5 locations on the Island where most of the requests for help came from are Newport 28%, Ryde 21%, Cowes 12%, Sandown 10% & East Cowes 7% which have some of the highest LSOA's (Lower Super Output Areas) wards of deprivation identified in the Joint Strategic Needs Analysis data set. This demonstrates that we are reaching more children and young people from statistically higher poverty or low income/more disadvantaged households.



Referrals 1st April  
24 to 30th Sept  
2024

Referrals 1st Oct  
2024 to 31st  
March 2025



# The Difference We Made

**Total number of children and young people supported**

**1,722**

**Total number of interventions delivered**

**8,711**

## Top 10 reasons children and young people sought, and received help

Referral reason	No of CYP	%	Referral reason	No of CYP	%
Anxiety	548	40	Self Harm	47	3
Anger	207	15	Low Confidence	41	3
Low Mood and Depression	89	6	Behaviour	39	3
Family issues	81	6	Eating Issues	33	2
Trauma (abuse/DV)	71	5	School Issues	31	2

IW Youth Trust uses both quantitative and qualitative methods to improve our services and impact. The bi-annual census, which in 2025 surveyed 1,760 local children and young people, informs our understanding of need and service development on an ongoing basis.

Clinically, we embed assessment baseline, and tracking tools e.g. Outcome Star, Mood scale rating, and ROMs (Routine Outcome Measures). The Hub uses the Outcome Star and Customer led goals and skills action planning. Both areas of work use questionnaires, client satisfaction surveys and case studies to gain deeper insight into strategic need and opportunities for service improvement. Department for Work and Pensions, the employment services delivery partner also collects impartial satisfaction data of which 100% of responders have provided a positive score.

An Island where children and young people’s mental health needs are well recognised and supported.



## 100%

CYP accessing the YT have increased knowledge of where to find help



## 100%

of participants reported improvements in confidence progressing career, learning and life goals



## 100%

100% of DWP participants reported positively towards interactions with the Hub

### Education Support



## 85%

of MHST CYP showed an improved outcome score on anxiety presentation using RCADS clinical ROM

### Taskforce

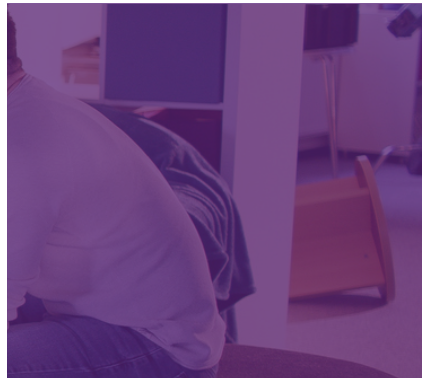
## 100%

of Taskforce members asked, rated reduced isolation and enjoyment in attending activities

### Parents/Carers

## 100%

100% of parents accessing a workshop said it was beneficial & they had more knowledge



### Positive Mindset

## 93%

Positivity about the future, making friends and accessing support

## 95%

of CYP accessing wellbeing drop-in or Trusted Adult support stated they saw an improvement

## 87%

Increased confidence and self-esteem from attending Youth Trust

### Positive Outcomes

## 86%

say they have the tools to help regulate their own emotions after receiving support

## 78%

of CYP showed an improved paired clinical outcome rating score following counselling

## 90%

of post therapy evaluation forms scored 8,9 or 10/10

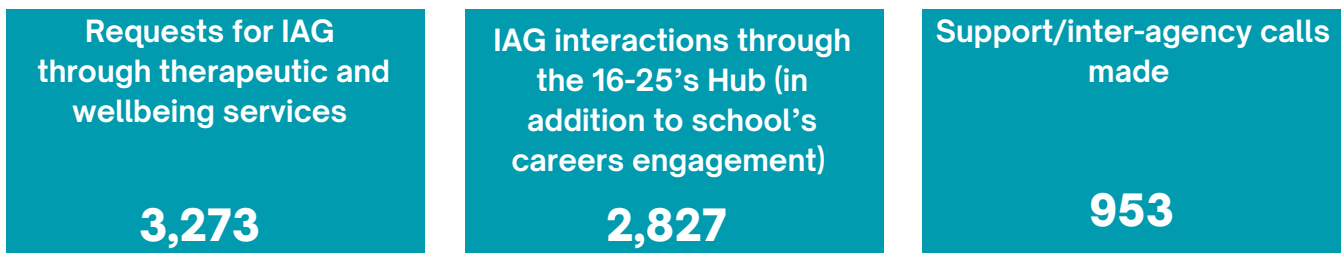
# How We Helped

## Our services explained

### In 2024/25, we have delivered the following services:

- **Information, Advice and Guidance:** provided as a drop-in to children, young people and parents about any mental health concerns. These might consist of sharing information on the services we directly provide ourselves, signposting to other specialist services, giving links to recommended Apps and websites as easy self-help resources or just being a listening ear in times of worry.
- **Therapeutic work:** counselling and psychotherapy, art therapy, Cognitive Behaviour Therapy (CBT), Eye Movement Desensitization and Reprocessing (EMDR) post trauma therapy, and mindfulness, is delivered face to face in schools and from our central office, and online if required, through individual sessions, groupwork and family therapy. All therapists and clinical practitioners are highly qualified and experienced, and all are registered members of BACP, HCPC, BAAT or BABCP. We also provide supported training placements to student counsellors in the last year of their course.
- **Targeted and bespoke therapeutic delivery:** interventions are provided to children who are in the care system, including care leavers, children and young people on the edge of crime and neurodivergent children and young people.
- **Wellbeing activities:** delivered face to face individually, or in groupwork, these activities support children and young people to understand positive mental health actions, make lifestyle changes and build resilience either in drop-in groups or out in the community. Trusted Adults are offered to help empower children and young people to gain confidence and reduce isolation.
- **Practical support for young people aged 16-25:** employment and careers/training advice, housing support, sexual health advice and specialist service signposting and liaison. Supporting 16-25 year olds through Transition stage from Child to Adult Mental Services seamlessly with the support of a Transitions Link Worker.
- **Resources given to children, young people and parents:** 'Hygiene Bank' toiletries and other essential products to help address poverty. Financial support with transport costs to access our services or get them to appointments. Top up phone credit in emergency situations.
- **Parent information:** offering advice workshops and support calls to parents/carers whose child is experiencing poor mental health.
- **Mental Health Support Team (MHST) - Mental Health prevention and early intervention:** delivered as both Whole School Approach education and 1:1 sessions from the MHST Team delivering Tier 1 support in all IW Schools.
- **Youth Voice and Youth Engagement:** Collecting Census data on the issues affecting children and young people locally and giving them a platform within our Youth Taskforce forum to help shape our services and become young ambassadors for the Youth Trust. Holding an Annual Youth Conference to provide a platform for children and young people to tell their story and raise issues important to them to senior professionals, politicians and stakeholders.

## Information, Advice & Guidance



Information, Advice and Guidance, provided to help people get the right support when they need it most, has been extended over the last 12 months through the wellbeing and administration teams, with increased calls from parents and young people having questions on how best to access relevant mental health support.

This occurs either through an individual contacting the charity, or as a result of the weekly triage process highlighting the need for support calls, for several reasons:

- To get more accurate information about their needs
- To signpost to other services more suited to their needs
- To provide information, advice and guidance if we know there is time to wait before interventions begin

Sometimes just a friendly voice and listening ear is the most valuable support to offer those struggling or having a bad day.

During 2024/25, we have seen a shift from all referrals needing a therapeutic intervention, to an increased number of enquiries being supported by the wellbeing team or a support/signposting call to address their questions. This refinement in service model is helping to address need in a timelier way and reduce the waiting list.

### *Parent Engagement in the Fears & Worries Group*

*A parent was informed about the Fears & Worries group, but initially declined, believing their child needed individual support. After discussing the benefits of the parent-led approach, they agreed to attend—though with some hesitation.*

### *Following the group, they shared:*

*“To be honest, when I was asked to join, I did not think it would be beneficial. I believed my child needed help, not me, and I was concerned it would feel like a parenting course. However, it has been great.”*

*This feedback highlights the positive impact of giving parents the information they need to make choices, and involving parents in the therapeutic process.*

## Therapeutic Work



Although referral numbers coming into IW Youth Trust have stabilised in the last 12 months, we have seen an increase in their complexity with more referrals for trauma/abuse and multiple issues rather than a single presentation, demonstrating the higher levels of need and issues affecting some of our children and young people.

Therapy sessions for children and young people affected by Adverse Childhood Experiences (ACES), and children and young people on the edge of crime aged 10-17, particularly present with anger and trauma issues, and bereavement has also seen increased prevalence.

Most children and young people access therapeutic support from our main delivery site (HQ). To increase access, and take up, we are also offering counselling in four of our large Secondary Schools.

Alongside traditional 1:1, face to face therapeutic support, more clinical Group work delivery has been added to our service offer, including sessions for Tics and Tourette's, Emotional Coping Skills, Junior Inspire and Autism support sessions. These are a mix of parent and child sessions.

Additionally, we offer weekly universal Parent information sessions with 4 topics covered: Supporting your child with Anxiety, Low Mood, Self Harm, Obsessive Compulsive Disorder, and Anger. A targeted four weekly parent workshop held on supporting your Neurodiverse child and supporting your child with Fears & Worries were developed this year to help address demand.

There has been a particular increase of Under 11's referrals in 2024/25 resulting in a long waiting list for this age group and with support and agreement from the ICB a pause for under 11's from 1 April 2025 to address the backlog. Further training has been offered to skill up the workforce to better meet the needs of younger children in the 5-10-year age range and reduce the waiting time.

*A 13-year-old was referred by a parent for counselling due to a two-year intermittent history of self-harm, low mood, and emotional overwhelm. She felt isolated, had poor sleep, and was being home educated. Parents were concerned about bullying and lack of friendships.*

*She attended 10 sessions. At intake, she was actively self-harming, prompting a safety plan. Therapy combined person-centred and ACT approaches, focusing on emotional regulation, boundaries, family dynamics, and resilience through mindfulness and values work.*

*By the final session, her Core YP score dropped to 7/40 indicating a significant reduction in psychological distress. She had not self-harmed in over two months, returned to mainstream school, rejoined her youth group, and was sleeping 8-9 hours nightly. She said, "I was really depressed when I started counselling but it's helped me more than I ever thought it would. I can now manage my emotions and thoughts so much better."*

## Wellbeing Activities

During 2024/25, we have continued to extend our Youth Information, Advice and Counselling Services (YIACS) model, embedding wellbeing delivery alongside therapeutic support. Together, these programmes expanded access, strengthened youth voice, and deepened community engagement across the Isle of Wight.

With support from the Department of Health and Social Care, IW Youth Trust became one of 24 national pilot sites to expand into an Early Intervention Mental Health Hub, integrating wellbeing, therapeutic and practical activity — a strong endorsement of our impact. This funding enabled us to extend hours and improve accessibility, integrate wellbeing and therapeutic support for 18–25s, raise awareness of the offer, and increase our youth engagement activity to ensure developments were youth led.

Aligned to this work, funded by the National Lottery, Reaching Communities Programme, two full-time Child Wellbeing Practitioners (CWPs) delivered:

- ***1:1 CBT interventions***
- ***Trusted Adult social inclusion work***
- ***Outreach to youth groups with wellbeing sessions to raise awareness of youth mental health to reduce stigma and support parents and carers to develop the confidence to support their child's mental health and wellbeing, including those with autism or learning needs.***
- ***Drop-ins including 'snack and chat', a weekly drop-in, to enable children and young people to have a chill out space, play games and chat in a relaxed environment. This activity supports reduction in isolation, with friendships forged and positive peer support links grown.***
- ***Parent information sessions***
- ***A 'step up/step down' approach to re-engage with support should their mental health reduce.***

As a result of feedback this year, 'snack and chat' was changed to split into two age groups for 11-16 year olds and 16–25 year olds and moved to a slightly later time to align better with the school/College finishing times of the day. Further, we trialled Saturday opening of the Youth Hub – every week during August 2024 and now open one Saturday a month.



CWP Sessions & Support delivered

1,175

Children and young people attended a Snack & Chat Drop in

202

Extra YP aged 11-25 reached with DHSC Hub funding

2,067

**98** Parents supported in **30** information sessions

Snack and chat feedback:

*"Freedom of speech. No one judging me, really social place. Total safety."*

*"Making friends, activities and advice."*

Parent feedback:

*"Thank you for the kind and professional way you have presented a potentially emotional and personal topic. Thank you for sharing your invaluable experiences."*

*"I've learnt about some things I didn't have much understanding of. It's also nice to know you are not alone in what you are going through."*

Building Confidence and Connection

*A 19-year-old accessed our wellbeing services and, with support and encouragement of a Trusted Adult, formed a new friendship through group sessions. They now connect regularly outside the group.*

*We helped her build self-confidence, set boundaries, and improve existing friendships through honest conversations. She also joined our Youth Social Action activities, becoming more engaged in the community and feeling less isolated.*

*With our guidance, she connected with our Youth Employment Coordinator to enhance her CV and interview skills. She's grateful for the support, and we remind her that her progress is the result of her own hard work.*

Feedback & Case Study

## Mental health prevention and early intervention

Island Schools have an MHST offer now

47

Sessions delivered (1:1 and group work)

1,591

Contacts with CYP through Whole School Approach

8,972

## Mental Health Support Teams (MHST)

As a collaborative service delivered jointly by CAMHS, Barnardo's and the Youth Trust since 2021 the MHST has expanded into all 47 schools across the Island this year. This is a big increase from the 28 schools supported in the previous 2023/24 year.

Schools are split into three cluster areas with both Primary and Secondary Schools in each to help manage the large number of education sites Island-wide. The team offers a menu of support consisting of the three core elements:

- Whole School and College Approach (WSCA) which offers assemblies and larger group education on positive mental health awareness and skills.
- Group workshops.
- 1:1 sessions for individual referrals.

Schools can choose which aspects best meets their school's needs.

The service is for 5-18 year olds, and supports parents of under 11's with parent led sessions and workshops.

The Education Mental Health Practitioners (EMHP's) are trained to deliver a range of low intensity CBT interventions to address worry management, anxiety, exam stress, school issues and simple phobias which often presents as school avoidance. 323 individuals were supported with 1:1 sessions, totalling 1,591 sessions.

The MHST school's team is a Tier 1 early help offer in establishing Mentally Healthy Schools and avoiding escalation into higher tiered services. The high number of 8,972 education sessions to schools as Whole School Approach saw a 122% increase on the previous year, showing many more CYP are being reached by the service.

### Supporting a Young Person with Low Mood

A 14-year-old student received six sessions and an assessment with the Mental Health Support Team (MHST). Using behavioural activation techniques, the Education Mental Health Practitioner (EMHP) helped the young person re-engage with activities they once enjoyed, while also addressing sleep difficulties and friendship challenges.

Outcome measures showed a significant improvement in mood. The young person shared that they had learned practical strategies to manage their emotions—first with support, and then independently.

#### The client commented:

*"I found sessions with K very helpful, and it was helpful to learn to be reflective. I think these sessions have improved my relationship with my mum too and my overall sense of self-worth"*

“

*"It's helped me have a better mindset and find strategies for my worries which has helped me a lot "*

Young person, aged 15

”

Case Study

Quote

## Practical Support for young people aged 16-25

Individuals engaged with the Hub across all activities

**443**

Individuals moved in employment or into full time accredited learning

**217**

Individuals reported a sustainable housing improvement

**30**

**485** individuals provided with Information, Advice and Guidance (IAG) at school and college careers events

Supported by Department of Health and Social Care, DWP, Isle of Wight Council and Sovereign Network Group (SNG) funding, the 16-25's practical support Hub provides employment support and help to achieve work, education or training, housing advice and support, and sexual health education, advice and access to emergency products.

Young people attending the Hub are offered a holistic assessment, based on the Outcome Star, to identify all needs and not just the presenting need they attended with.

This is an integrated, collaborative partnership model, that can also provide a seamless transition into mental health support for those aged 18-25.

### Employment Support

accredited learning outcomes were achieved

**56**

non-accredited sessions were delivered for skill-building and personal development

**227**

voluntary placements were supported to build experience and confidence

**11**

Demonstrating the effectiveness of colocated services, targeted interventions, and strong partnerships, the 16-25 Practical Support Hub delivered exceptional outcomes through its employment and skills support programme, exceeding all contractual expectations and demonstrating clear impact for young people across the Isle of Wight. Between May 2024, and March 2025:

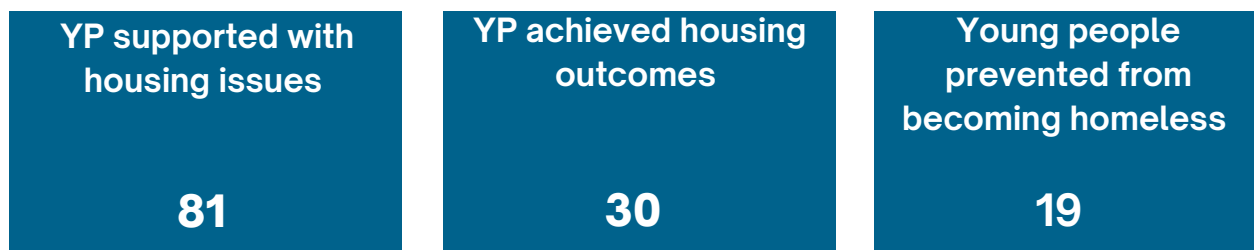
- **346 young people supported (target: 229) — 151% of contractual goal**
- **208 progressed into employment or education (target: 91) — 228% of expected outcomes**

As a result, the contract was renewed by the DWP before 31st March 2025, with a 20% increase in delivery capacity for 2025/26.

Through this contract, the Hub established a new level of collaboration with the DWP, gaining approval to host Work Coaches on-site within the Hub premises. This arrangement allowed young people on Universal Credit to access statutory work-readiness appointments in a familiar, supportive environment, with seamless links to other Hub services. It also enabled the introduction of dedicated Youth Employment and Youth Housing Workers, ensuring that support was both integrated and bespoke to individual needs.

1,155 1:1 sessions delivered and 748 attendees at group workshops. Sessions covered CV writing, interview skills, confidence-building, sector-specific training, and practical skills. As well as outstanding learning outcomes, the Employment offer also provided Information, Advice and Guidance (IAG) to over 485 individuals through careers events at schools and colleges.

## Housing Support



Funded by Sovereign Network Group, the Housing Support offer provides structured, ongoing housing support to young people, helping them secure safe, stable accommodation and build pathways to independence. Support was tailored through one-to-one guidance and practical group sessions. During 2024/25, the housing offer supported 81 young people: 270% of the expected engagement target. As this is a vulnerable group, to achieve these outcomes, 592 one-to-one appointments were undertaken averaging about 7 appointments per client. Group sessions were also offered to 128 young people.

Although not an outcomes-based contract, the Hub's impact measures highlighted the holistic person-centred support offer for both housing and long-term wellbeing. 30 sustainable housing outcomes achieved across:

- ***Housing resolution and improvement***
- ***Health improvement***
- ***Transitions into learning and employment***

### Care Leaver Support:

Launched in August 2024, this targeted programme was established to provide intensive, personalised support for care-experienced young people aged 16–25. The service offers a safe and consistent point of contact, helping participants to navigate a broad range of needs and challenges while building trust and stability.

During the reporting period, the team supported 17 individuals, delivering an estimated 204 interventions through a fortnightly service model. Although the project was in its early stages at the time of reporting, and therefore measurable impact remains limited, early engagement has been positive and consistent.

The programme focuses on holistic, wraparound support, addressing key areas such as housing, education, employment, health, and emotional wellbeing. Participants are guided through both internal Youth Trust support pathways and external specialist provisions, ensuring continuity of care and access to the right services at the right time.

### Other activities:

Other elements of a holistic support offer to young people attending the Hub included:

- ***Sexual health advice with free condom and pregnancy test distribution***
- ***Transitions Link Worker delivering 1:1 wellbeing coaching and goal setting for 16-25's***

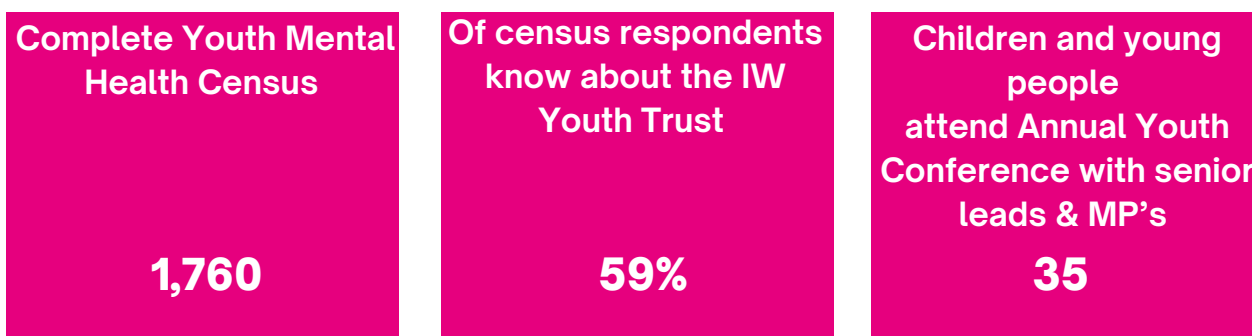
A 24-year-old care leaver was referred to our Youth Hub by the DWP after experiencing over 20 placements in childhood, frequent homelessness, and a conviction that made finding housing extremely difficult. He had spent time in prison, was rough sleeping, and had recently been admitted to inpatient care three times in one week. He was unemployed, reliant on Universal Credit, and without a phone.

Over nine days, he used the Youth Hub as a safe, warm space. With support, he received a phone, paused debt repayments, and secured a tent through Outreach. Tailored housing support helped him present to IOW Council, where he was later offered B&B accommodation under Priority Need. We worked closely with the Leaving Care and Home Treatment Teams, arranging gym access for hygiene and employment support to build his CV and find live-in work.

He was subsequently offered a live-in Sous Chef position near London and moved the following week. He has since been in touch, expressing his gratitude and saying he “now loves life.” He was also provided with information on local support services in his new area.

“Massive thanks to you and the Youth Trust team — you’ve helped me so much. I’m leaving Sunday morning to start my new job. The island’s lucky to have something like this. Without your support, I don’t know where I’d be. Thanks again.”

## Youth Voice and Youth Engagement



As outlined in Ambition 1 of our Strategy, to increase youth voice, the IW Youth Trust Taskforce helped to shape an annual Youth Conference to influence community activities and youth voice. Input was gathered from both engaged and non-engaged children and young people through collaboration with local youth groups.

In January 2025, over 35 children and young people attended a vibrant Youth Conference at the local Minster, joined by newly elected Island MPs, the Director of Children’s Services, and other key stakeholders. Building on the 6 Point Plan, discussions led to real outcomes—such as discounted ferry tickets for students crossing the Solent.

The Taskforce continues to progress, with monthly forums. There are around 10 regular members (including remote university students), and leadership from an elected 18-year-old Chair. It offers a safe, empowering space to campaign and collaborate. Guest contributors have included ARC Biodiversity & Island Nature, NHS Trusts, Isorropia Foundation, and CAMHS Service Leads.

“I attend Taskforce because I care about mental health and want to make a difference.” “I want to give back to the charity and help break the stigma around youth mental health.”

The Chair of the Taskforce is an incredible asset to youth engagement. She meets quarterly with the CEO for two-way information sharing and professional discussion about the development of the Charity.

## Youth-Led Action

Taskforce members and other young people have actively participated in environmental initiatives such as beach cleans and invasive species removal alongside IW Planet Aware Group. A voter registration event aligned with the July 2024 election encouraged civic engagement, while a ‘Dragons Den’ style workshop led to a youth-led redecoration of the IWYT reception area. Fourteen children and young people contributed bespoke artwork, with a celebratory opening event planned for May 2025.

Youth involvement also extended to Wightlink’s Youth Focus Group, where ferry costs and mainland access barriers were raised.

## Youth Mental Health Census 2025

The biennial Youth Voice Census reached 1,760 children and young people aged 8–25 across the Island. Key findings include:

- **31% reported self-harm; 12% had attempted suicide**
- **Top mental health challenges: unhappiness (70%), anger (69%), bullying (57%), isolation (47%)**
- **8% increase since 2023 in children and young people feeling terribly alone or isolated**

These insights guide IWYT’s strategic outreach efforts, especially in rural areas. Positively, 66% of respondents feel optimistic about their future, and nearly 60% are aware of IWYT’s support services.



# 1,760

Young Islanders (aged 8-25) responded to the Census

# 96%

Have one or more good friends

# 90%

Have one trusted adult who they can go to for support

# 59%

Have heard of the Youth Trust

# 31%

Have seen a mental health professional

## FEELINGS

It is true or sometimes true that I...



**68%** have been worrying a lot



**69%** often get angry or lose their temper



**71%** find it hard to go to sleep or stay asleep



**71%** often feel unhappy, down or tearful



**66%** feel totally lacking in energy and enthusiasm



**46%** feel terribly alone and isolated



## POSITIVITY

I agree or strongly agree that...

# 66%

I feel positive about my future



# 54%

young people are viewed positively within the Island community

## SELF HARM

# 31%

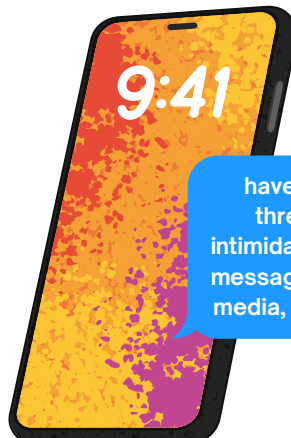
have deliberately hurt themselves without intending to end their life



## BULLYING

# 41%

have received threatening, intimidating or nasty messages via social media, email or text



“youth trust”



# IOW Youth Mental Health Census 2025

# Collaboration

Wellbeing and Outreach delivery across the Island has expanded with drop-in sessions offered at a range of Youth Clubs, Barnardo's Family Centres, local libraries and other voluntary sector providers such as Network Ryde, SWAY, Break Out Youth and Aspire.

The MHST collaborative (Barnardo's, CAMHS and IW Youth Trust) delivers youth mental health work into 47 local schools, and 4 secondary Schools now have a weekly IW Youth Trust counsellor on site delivering therapeutic sessions.

Positive links to specialist provision including NHS Sexual health dept, Paragon Domestic Abuse Service, Inclusion drug & alcohol support, with talks from each of these service at team meetings to improve links and effective joined up working as well as educating the team on their offers.

The 16–25's Hub thrives through partnerships with IW College, HTP, IW Council, DWP, Sovereign Network Group, private landlords, and local businesses including (in no particular order):

**IW Tomatoes**  
**Isle of Wight Jobs**  
**UKSA**  
**Royal Yacht Squadron**  
**Chamber of Commerce**

**KH Marine**  
**Gibbs Timber**  
**Wightlink**  
**Costa Coffee**  
**National Careers Service**  
**IOW Garlic Farm**

**Park Dean Resorts**  
**Red Funnel**  
**Premier Ford**  
**Sovereign Network Group**  
**(Skills 4 Work)**  
**Pertemps**

Youth engagement is boosted by an annual youth conference and informal collaboration with IW Youth Council, Network Ryde, SWAY, Revive, Bay Youth Project, Ventnor Youth Club, Brading Youth Club, and other youth providers and uniformed groups.

# Influencing for Change

Our CEO is a member of the IW Health and Care Partnership where she recently influenced the Health and Care Plan to include a priority to support youth mental health needs and deputises for the Chair of the Voluntary Sector Forum at the Health and Wellbeing Board. She is the joint senior responsible officer, with a CAMHS colleague, for youth mental health service transformation, and sits on the Youth Justice Management Board.

The Head of Services represents at the IWC Early Help Board, Public Health MH Alliance Group, HIPS Partnerships Boards for area Steering Groups on MHST and 16-25 Transitions subgroup. She sits on the SEN Partnership Board to represent the importance of youth mental health to all children and young people and sustains good working relationships with Integrated Care Board commissioners to help shape services.

Our Clinical Lead participates in a weekly triage meeting with CAMHS to ensure referrals are appropriately allocated to the right service, and we sit on the Neurodiversity Multidisciplinary Board.

16-25's Hub staff attend a number of meetings to advocate for the needs of young people, including:

- **Digital Inclusion Network**
- **SEND Employment Forum**
- **IOW NHS Transformation Forum**
- **Together for Children Group**
- **Preparing for adulthood working group**
- **IOW Poverty Reduction Group**
- **DWP National NEED Summit**
- **Leaving Care team meetings**

We communicate with grant funders to ensure they have access to the information they need to enable good strategic decisions on services and funding opportunities that improve the lives of young people.

The results from the Youth Voice event in 2024 were developed into a 6-point plan, covering employment, mental health, environment, transport, equality and diversity, and youth provision. These focus points have already been used to escalate issues to the local authority and transport providers.

Members of the Youth Trust Taskforce and other young people who come along for support have met with environmental champions on the Island, Isle of Wight Council Councillors and NHS engagement team to raise their concerns and share ideas.

# Our People

2024/25 has seen workforce growth, restructure and development, as follows:

- **Staffing increased from 35 to 42 to meet rising demand and better serve children and young people.**
- **A new Workforce Plan was introduced to address skills shortages and support youth entry into the sector.**
- **Two trainee counsellors qualified and transitioned into permanent roles; an apprentice continues to be supported under our 'grow your own' model.**
- **Two internal wellbeing practitioners are completing PG Cert in Advanced Clinical Skills training.**
- **Our Operations Assistant is studying AAT Level 2 Bookkeeping to strengthen our finance function.**

In early 2025, we restructured to enable distributed line-management, creating new leadership roles including a Deputy Clinical Lead to manage clinical complexity and risk and deliver clinical supervision to the counsellors.

Our annual staff survey is now a key tool for cultural improvement, contributing to a significant drop in turnover. As a result of the survey, a Staff Forum was established and is now thriving as a platform for Employee Voice.

These developments continue to progress the charity to become an emerging employer of choice in the sector.

## Volunteers

Our small but dedicated team of volunteers continue to support the Youth Trust through presence at events, fundraising, drop-in sessions and workshops. We deliver bi-monthly Youth Trust Ally Training to those interested in volunteering, and plan to develop this offer further in 2025-2026.

## Equality, Diversity and Inclusion (EDI)

EDI and Belonging are core values at the Youth Trust, guiding our commitment to meet the needs of everyone who engages with us — from young people and families to staff, trustees, professionals and funders.

We reflect a broad diversity of age, gender, and backgrounds across our team and Trustee Board, and our inclusive recruitment actively welcomes applicants with lived experience of mental health and from marginalised communities.

In 2024/25, we launched:

- ***a revised EDI Policy***
- ***a new Neurodiversity Policy***
- ***a Reasonable Adjustment Policy***
- ***Accessibility Passports to support staff need***

# Infrastructure

## IT & Communications

In 2024-2025, we achieved the Cyber Essentials qualification, and renewed registration with the NHS Data Toolkit. We launched Beacon as our new Fundraising CRM system and developed the use of Viva Engage to aid internal communications. A lone-working app was relaunched, to ensure the safety of our team.

IW Youth Trust continues to develop website structure and content supported by continued feedback from young people, staff and the wider public, with plans for a full website refresh in Autumn 2025. 2024-2025 has seen an increase in awareness raising of the IW Youth Trust with regular press releases about the work we are doing, and income generation activities and a new podcast is in development. We are working to develop the use of AI where appropriate to support improved communications.

## Our Buildings

During 2024/25, we continued to grow a 'Hub and Spoke' model with our 16-25 Hub fully operational as a ground-level drop-in support for Housing & Employment, as well as the MHST service finding a permanent home at Exchange House.

During the year, we were grateful for the support of Artswork, and a local artist chosen by the Taskforce, to redesign and decorate the therapeutic reception area.

Community outreach through wellbeing activity is maintained across the Island in a variety of venues and locations. We made some adjustments to the internal structure of our main building, to provide additional office space and free up available clinic space; and we continue to seek funding to improve the space further.

# Goals For The Next 12 Months

## **Strategy:**

Implement a new 5-year youth mental health and wellbeing strategy

## **Services:**

- Explore, and implement, new service models to progress strategy priorities, and support a Single Point of Access across youth mental health services.
- Continue to explore outreach opportunities, and plan for the introduction of digital technology, to further to increase accessibility.
- Extend the 16-25's offer, and plan to safeguard 18-25's therapeutic delivery.

## **Infrastructure and Finance:**

- Using improved processes and technology, implement infrastructure changes to ensure capacity to support quality, sustainable service delivery.

## **Income Generation, towards sustainability:**

- Continue to focus on the funding landscape to identify future funding challenges and opportunities.
- Keep under review fundraising capacity to diversify income streams and raise our profile to raise awareness of the vital support we provide to young islanders.

## **Developing youth engagement:**

- Continue elevating youth voice in strategic planning and delivery.

# Key Roles

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## Trustees/Directors, Key Administrative Details:

Kay Boycott  
Pete Elliott

Michael Shepherd

Alison Plezsak

Helen Farrant

Mark Dix

Jonathan Read

Retired 18th July 2024

Sarah Redrup

Tom Flower

Appointed 18th July 2024

Ros Parker

Appointed 05<sup>th</sup> August 2025

Vicki Stich

Appointed 17th July 2025

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## Chief Executive Officer:

Jo Dare, BEM

## Company Secretary:

Jo Dare, BEM

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## Youth Trust Patrons:

Baron Grade of Yarmouth, Rob & Josie da Bank

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### Charity Number:

1087163

### Company Number:

04149036

### Principle Address & Registered

#### Office:

The Isle of Wight Youth Trust

114 Pyle Street

Newport

Isle of Wight

PO30 1XA

### Bankers:

Barclays, 8 High Street, Ryde, IW.

PO33 4PE

### Accountants:

MC Audit Limited, North Street, Havant.

PO9 1QU

### Independent Auditors:

MC Audit Limited, North

Street, Havant. PO9 1QU

### Contact Details:

Tel: 01983 529 569

Email: [info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)

Website: [www.iowyouthtrust.co.uk](http://www.iowyouthtrust.co.uk)

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## Follow Us:



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IOWYouthTrust



Registered with  
FUNDRAISING  
REGULATOR

# Financial Summary

## Key Highlights

During 2024/25, our income was £1,343,453 and expenditure was £1,324,858. Principle funding sources were as follows:

<b>Statutory</b>
Hampshire & Isle of Wight Integrated Care Board (HIOWICB)
IW Council and Department for Work and Pensions (DWP Youth Offer)
Department of Health & Social Care (DHSC)
Office of Police and Crime Commissioner
<b>Trusts and Foundations (funding over £10,000)</b>
Hampshire and Isle of Wight Community Foundation
Sovereign Network Group
BBC Children in Need
Newport and Carisbrooke Community Council
St James' Place Charitable Foundation
National Lottery Community Fund

We extend our sincere thanks to all those who have supported our charity over the past year. From sponsored sporting events to quizzes and raffles, your fundraising efforts have been invaluable. We are particularly grateful to the Town and Parish Councils, Daisy Rich Trust, Women's Institute, Round Table, and the Masons for their generous contributions to our cause. A special note of thanks to everyone who supported our Big Christmas Give campaign in 2024. Your generosity enabled us to raise £10,000 to support autistic children and young people - creating a lasting impact for young islanders.

## Reserves

IW Youth Trust holds reserves to:

- Demonstrate strong financial management and stewardship to funders.
- Show resilience and ability to handle unexpected financial challenges.
- Help justify funding needs for specific projects or activities.
- Provide assurance to lenders and creditors of financial stability.
- Manage reputational risk from holding large unspent funds without explanation.

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- Provide assurance to lenders and creditors of financial stability.
- Manage reputational risk from holding large unspent funds without explanation.

Trustees consider reserves in future financial planning, and reserves planning is calculated based on risks of income volatility to protect beneficiary services.

The Reserves Policy is reviewed annually, or sooner if funding or risk circumstances change, tailored to the charity's financial structure and included in annual reports.

Strategic Use of Reserves:

- In 2024/25, trustees chose to invest reserves to support income generation.

At end of 2025 we had free reserves of £532k (2024: £455k), as explained below: Total reserves per balance sheet £630k (2024: £611k) Less: restricted funds £98k (2024: £156k). Total free reserves £532k (2024: £455k).

## **Investments**

The primary aim of investment is to preserve and ideally grow the value of reserves, protecting them from inflation and enabling investment in line with strategic development. The charity holds reserves in a mix of notice and fixed-term cash accounts to ensure flexible access, especially given rising demand for services.

## **Investment Objectives**

- Invest securely and flexibly. Investments are kept low-risk to align with the above objectives.
- Risk management, to ensure sufficient working capital, maintaining enough cash to cover at least 3 months of operational costs.
- Protect capital value.

The Investment Policy has been developed in line with Charity Commission guidance (document CC14).

The Finance Committee reviews non-cash investments annually for performance, service quality, and alignment with charitable aims, reporting to the Board.

## **Future Financial Strategy**

Our financial strategy focuses on sustainability, achieving more unrestricted funding streams to reduce risk, enable adaptability, and encourage innovation within the charity. This will be underpinned by achieving a plan to target increased reserves that maintain reserves at a level in line with good practice, whilst enabling flexibility to manage potential variations in income and service demand. The primary annual target is to deliver a breakeven budget each year, with a secondary target to achieve a surplus where possible.

New funding sources (bids and tenders) are monitored as appropriate, and achieved, to maintain current services and develop new, according to need. Other sources being targeted include corporate partnerships and regular, individual giving.

# Governance, Management & Public Benefit

IW Youth Trust is a company limited by guarantee (no share capital), governed by its Memorandum and Articles. Trustees may contribute up to £10 if the charity is wound up.

## **Governance**

Trustees follow Charity Commission guidance on public benefit, with a mission to support young people on the Isle of Wight through education, training, and relief of poverty, distress, and sickness.

Trustee Recruitment is conducted transparently and inclusively, ensuring a broad mix of skills including clinical, commercial, HR, education, and charity experience. Trustees act in line with Section 172 of the Companies Act 2006.

The Trustee Board meets quarterly to oversee performance and strategy. Committees (Finance & Risk, Services, and Development) also meet quarterly and report to the Board. An AGM is held annually. Members of the Youth Mental Health Taskforce attend Board meetings twice a year and contribute to strategic planning, helping identify service gaps and co-produce improvements.

Staff pay is reviewed annually in line with the Remuneration Policy, and IW Youth Trust is a Real Living Wage employer. Trustees and volunteers are unpaid, with only out-of-pocket expenses reimbursed.

## **Management and structure**

- Trustees delegate day-to-day management to CEO, Jo Dare, and the Senior Leadership Team (SLT), which includes Heads of Services, Operations, Fundraising, and Finance. In 2024/25, leadership was strengthened through a distributive model, adding Clinical and Sub-Team leads.
- Policies and procedures cover all operational and strategic areas. One anonymous complaint was received in the past year; after a brief investigation that revealed nothing untoward, it was filed. All staff are trained in safeguarding, which is updated every 3 years minimum.
- Monitoring and evaluation systems track outcomes, service improvements, and satisfaction, supporting continuous improvement and risk management.

## **Public Benefit**

Trustees follow Charity Commission guidance under Section 17 of the Charities Act 2011 and confirm that IW Youth Trust's services meet public benefit principles.

Intended to benefit the Isle of Wight community, activities align with the charity's founding aim, to support vulnerable children and young people's mental health through education, training, and relief of poverty, distress, and sickness.

Services deliver our purpose, 'to listen to, and work with, young islanders and their families so they can get the help they need, when they need it, to support their mental, and emotional wellbeing'. Services are person centred, and although universal, are targeted to those under-represented and affected by Adverse Childhood Experiences (ACEs) or challenges in transitioning to adulthood. Through its strategy Changing the Odds, IW Youth Trust aims to reduce lifelong mental health issues and build resilience in young people.

Services are co-designed to deliver clear benefits to children, young people, and their families, with progress tracked to ensure effectiveness and continuous improvement.

# Quality & Risk Management

Trustees use a structured governance framework to monitor service quality, employer responsibilities, and risk management, including safeguarding.

A regularly updated organisational risk register and clinical risk register help track major risks and mitigation actions. Performance is monitored and reported to funders, with annual impact data published on our website.

The charity evidences competence through the achievement of quality standards. In 2024/25, the Matrix Standard was achieved, with BACP accreditation for counselling services in progress.

An internal quality assurance framework is used by the leadership team, assessing services using five key questions: Are we safe? Effective? Caring? Responsive? Well led?

## 2024/25 Activities by Quality Domain:

- Safe:
  - Ongoing monitoring of clinical audit action plans.
  - Clinical supervision for wellbeing staff.
  - Regular safeguarding and GDPR training.
  - Updated policies and procedures, including health & safety and emergency protocols.
  - Cyber Essentials accreditation and NHS-compliant data practices.
- Effective:
  - Use of clinical outcome tools (e.g. YP CORE, RCADS, Outcomes Star).
  - Children and young people satisfaction surveys and feedback mechanisms.
  - Case file audits and safeguarding tracking.
  - Monthly staff supervision and feedback via staff forum.
- Caring:
  - Positive feedback from children and young people on staff interactions.
  - Staff wellbeing supported through counselling access, wellbeing days, insurance, and generous leave policies.
- Responsive:
  - Complaints handled per policy.
  - Increased self-help resources and support calls.
  - Plans to extend service hours to early evening/Saturday mornings if possible
- Well Led:
  - Weekly senior leadership meetings.
  - Governance and financial oversight maintained.
  - External audit triggered by income exceeding £1m.
  - Strategy sessions held; staff engagement through surveys and forums.
  - Leadership actively involved in strategic partnerships and advocacy.

## Safeguarding

31 Safeguarding Referrals were made into the Multi Agency Safeguarding Hub (MASH) following a disclosure of risk of harm to self or others. These were all followed up in line with our policy and overseen by the Designated Safeguarding Lead. A separate Annual Safeguarding report is produced annually for Trustee oversight and monitoring.

# Fundraising Practice

During 2024/25, investment was made into fundraising and income generation to increase our focus to diversify our income streams.

As a result, fundraising activity is now led and managed in-house by the Head of Fundraising and Income Generation, supported by a Fundraising and Communications Co-ordinator and Fundraising Apprentice. The Head of Fundraising and Income Generation oversees day to day fundraising activities including bid writing and tenders, corporate partnerships individual giving, and community fundraising. The Charity is registered with the Fundraising Regulator and adheres to the Code of Fundraising Practice and the Fundraising Promise. Fundraising and income generation is monitored and overseen by the Development Committee which meets quarterly.

# Statement of Trustee Responsibilities

The trustees (who are also the Directors for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statement in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP 2019
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was prepared taking advantage of the exemptions available to small companies within the Companies Act 2006 and was approved by the Board of Trustees and signed on its behalf.

## Statement as to Disclosure of Information to Auditors

**The following statements have been affirmed by each of the Trustees of the charitable company:**

- so far as each Trustee is aware, there is no relevant audit information, (that is information needed by the company's auditors in connection with preparing their report), of which the company's auditors are unaware; and
- each Trustee has taken all the steps that he / she ought to have taken as a Trustee in order to make himself/ herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

## Auditors

MC Audit Limited, having been appointed as auditor following the last annual general meeting, indicated its willingness to be reappointed as statutory auditor and a resolution to re-appoint them as auditors will be proposed at the next Annual General Meeting.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP).

Approved by order of the board of trustees on:

Date: 30.10.2025

Signed on its behalf by: Kay Boycott  
Chair of Trustees



Dated 30.10.2025

## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ISLE OF WIGHT YOUTH TRUST

### Opinion

We have audited the financial statements of Isle of Wight Youth Trust (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ISLE OF WIGHT YOUTH TRUST

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ISLE OF WIGHT YOUTH TRUST**

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

As part of our audit procedures, we held discussions with management and those charged with governance to obtain an understanding of the entity and its operations. These discussions included management's assessment of key risks, including irregularities, the potential for fraud, and the organisation's ability to continue as a going concern.

Based on these discussions and our independent risk assessment, we identified the key areas of audit focus as:

- Income recognition, particularly in relation to timing and cut-off issues.
- Management override of controls, considering the size and structure of the organisation.

We determined overall financial statement materiality based on income levels, as this is considered the most relevant benchmark for a not-for-profit entity. Performance materiality was set at an appropriate level, reflecting our risk assessment.

Our audit approach included testing of internal controls and the design and execution of substantive procedures. The internal control systems in place, designed to prevent and detect fraud and error, were found to be operating as intended. Substantive testing was performed on a representative sample and did not identify any material misstatements.

Based on our substantive audit work, no material errors were identified in the key areas of income recognition or management override of controls.

We also considered the organisation's compliance with applicable laws and regulations and found no evidence to suggest a material risk of non-compliance that would affect the financial statements.

Management has concluded that the entity is a going concern. We have reviewed supporting budgets and management accounts and found no evidence to contradict this assessment.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
ISLE OF WIGHT YOUTH TRUST**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

*Stuart Mackie*

Stuart Mackie (Senior Statutory Auditor)  
for and on behalf of MC Audit Limited  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 07/11/2025 .....

**ISLE OF WIGHT YOUTH TRUST**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	98,768	327,905	426,673	369,431
<b>Charitable activities</b>					
Counselling and wellbeing services	4	899,054	11,163	910,217	883,227
Investment income	3	6,563	-	6,563	6,632
<b>Total</b>		<u>1,004,385</u>	<u>339,068</u>	<u>1,343,453</u>	<u>1,259,290</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	49,727	-	49,727	35,978
<b>Charitable activities</b>					
Counselling and wellbeing services	6	947,527	327,604	1,275,131	1,182,102
<b>Total</b>		<u>997,254</u>	<u>327,604</u>	<u>1,324,858</u>	<u>1,218,080</u>
<b>NET INCOME</b>					
Transfers between funds	20	7,131	11,464	18,595	41,210
		<u>69,752</u>	<u>(69,752)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		76,883	(58,288)	18,595	41,210
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		455,092	156,405	611,497	570,287
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>531,975</u></u>	<u><u>98,117</u></u>	<u><u>630,092</u></u>	<u><u>611,497</u></u>

The notes form part of these financial statements

**ISLE OF WIGHT YOUTH TRUST**

**BALANCE SHEET  
31 MARCH 2025**

	Notes	2025 £	2024 £
<b>FIXED ASSETS</b>			
Tangible assets	12	254,520	281,103
<b>CURRENT ASSETS</b>			
Debtors	13	47,245	53,295
Investments	14	186,590	181,499
Cash at bank		325,422	306,544
		<hr/>	<hr/>
		559,257	541,338
<b>CREDITORS</b>			
Amounts falling due within one year	15	(51,500)	(73,214)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		507,757	468,124
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<hr/>	<hr/>
		762,277	749,227
<b>CREDITORS</b>			
Amounts falling due after more than one year	16	(132,185)	(137,730)
		<hr/>	<hr/>
<b>NET ASSETS</b>		630,092	611,497
<b>FUNDS</b>	20		
Unrestricted funds		531,978	455,092
Restricted funds		98,114	156,405
		<hr/>	<hr/>
<b>TOTAL FUNDS</b>		630,092	611,497
		<hr/>	<hr/>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30.10.2025 and were signed on its behalf by:



.....  
K Boycott - Trustee

**ISLE OF WIGHT YOUTH TRUST**  
**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	22,024	34,980
Net cash provided by operating activities		<u>22,024</u>	<u>34,980</u>
<b>Cash flows from investing activities</b>			
Purchase of investments		(5,091)	(80,000)
Proceeds from disposal of investments		-	159,000
Interest received		6,563	6,632
Net cash provided by investing activities		<u>1,472</u>	<u>85,632</u>
<b>Cash flows from financing activities</b>			
Loan repayments in year		(4,618)	(5,917)
Net cash used in financing activities		<u>(4,618)</u>	<u>(5,917)</u>
<b>Change in cash and cash equivalents in the reporting period</b>			
		<u>18,878</u>	<u>114,695</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>306,544</u>	<u>191,849</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>325,422</u></u>	<u><u>306,544</u></u>

The notes form part of these financial statements

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2025	2024
	£	£
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	18,595	41,210
<b>Adjustments for:</b>		
Depreciation charges	6,254	11,432
Loss/(profit) on disposal of fixed assets	20,329	(1,575)
Interest received	(6,563)	(6,632)
Decrease/(increase) in debtors	6,050	(22,806)
(Decrease)/increase in creditors	(22,641)	13,351
<b>Net cash provided by operations</b>	<u>22,024</u>	<u>34,980</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
<b>Net cash</b>			
Cash at bank	306,544	18,878	325,422
	<u>306,544</u>	<u>18,878</u>	<u>325,422</u>
<b>Liquid resources</b>			
Deposits included in cash	-	-	-
Current asset investments	181,499	5,091	186,590
	<u>181,499</u>	<u>5,091</u>	<u>186,590</u>
<b>Debt</b>			
Debts falling due within 1 year	(5,164)	(927)	(6,091)
Debts falling due after 1 year	(137,730)	5,545	(132,185)
	<u>(142,894)</u>	<u>4,618</u>	<u>(138,276)</u>
<b>Total</b>	<u>345,149</u>	<u>28,587</u>	<u>373,736</u>

The notes form part of these financial statements

## ISLE OF WIGHT YOUTH TRUST

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The Isle of Wight Youth Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information page at the front of these financial statements. The nature of the charity's operations and principal activity is providing counselling services to young people in the Isle of Wight.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### **Critical accounting judgements and key sources of estimation uncertainty**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

##### **Income recognition policies**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations, legacies and gifts and are included in full in the Statement of Financial Activities when the Charity has control over the income, any conditions placed are met, the receipt is probable, and that it can be measured reliably.

- Grants, including Government Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant and as the charity earns the right to income through delivery of services.

- Donated services and facilities (Gifts in kind) are included at the value to the charity only where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when received.

##### **Resources expended**

Expenditure is recognised on an accruals basis as the liability is incurred. All costs are shown in full and no netting off with income occurs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates:

## ISLE OF WIGHT YOUTH TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 1. ACCOUNTING POLICIES - continued

##### Resources expended

- Fundraising costs comprise the costs associated with attracting grants and other voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis. Salaries are allocated by reviewing time spent by each employee on the activities and attributing cost accordingly.

##### Allocation of support costs and governance

Support costs are those functions which assist the work of the charity, but do not directly comprise charitable activities. Support costs are allocated to fundraising costs and charitable activities proportionate to the use of those costs.

Governance costs include accounting support with the year end accounts and Audit costs.

##### Tangible fixed assets

Tangible fixed assets other than freehold land are stated at cost less depreciation. Assets below £1,000 are not treated as capital. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

- Freehold property - 2% straight line
- Office equipment - 20% reducing balance
- Computer equipment and database - 50% straight line

##### Taxation

No corporation tax has been provided in these accounts because the income of the charity is within the exemption granted by Section 505 of the Income and Corporation Taxes Act 1988 to the extent that these funds are applied to Charitable objects.

##### Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

##### Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The Charity contributes to a defined contribution scheme on behalf of its employees. The assets of the scheme are held separate from those of the Charity in an independently administered fund. The pension costs charged in the period represents the employer's contributions payable in respect of the accounting period.

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

**Financial Instruments**

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties.

**Trade and other debtors**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, deposits with banks and other short-term highly liquid investments and bank overdrafts. In the balance sheet, bank overdrafts are shown within borrowings or current liabilities.

**Trade and other creditors**

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

**2. DONATIONS AND LEGACIES**

	2025	2024
	£	£
Donations	70,601	20,319
Legacies	877	5,000
Grants and donations	355,195	344,112
	426,673	369,431
	426,673	369,431

**3. INVESTMENT INCOME**

	2025	2024
	£	£
Deposit account interest	6,563	6,632
	6,563	6,632
	6,563	6,632

All investment income is derived from assets held in the United Kingdom.

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**4. INCOME FROM CHARITABLE ACTIVITIES**

		2025	2024
	Activity	£	£
Service level agreements	Counselling and wellbeing services	910,217	883,227
		<u>910,217</u>	<u>883,227</u>

**5. RAISING FUNDS**

**Raising donations and legacies**

		2025	2024
		£	£
Staff costs		15,046	31,862
Consultancy		28,837	-
Other Fundraising costs		5,844	4,116
		<u>49,727</u>	<u>35,978</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Counselling and wellbeing services	1,114,956	160,175	1,275,131
	<u>1,114,956</u>	<u>160,175</u>	<u>1,275,131</u>

**7. SUPPORT COSTS**

	Support costs £	Governance costs £	Totals £
Counselling and wellbeing services	145,172	15,003	160,175
	<u>145,172</u>	<u>15,003</u>	<u>160,175</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

		2025	2024
		£	£
Auditors' remuneration		7,800	7,500
Auditors' remuneration for non audit work		1,700	-
Depreciation - owned assets		6,254	11,432
Deficit on disposal of fixed assets		20,329	-
Other operating leases		28,382	17,375
		<u>74,465</u>	<u>36,307</u>

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

During the year no trustee(s) (2024: No trustees) were reimbursed out of pocket expenses.

**10. STAFF COSTS**

	2025 £	2024 £
Wages and salaries	932,241	864,217
Social security costs	78,052	68,774
Other pension costs	20,176	18,270
	1,030,469	951,261

The average monthly number of employees during the year was as follows:

	2025	2024
Project and administration	35	35
	35	35

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	1	1
	1	1

The total costs attributable to senior management personnel amounted to £168,983 for the year to 31 March 2025 (2024: £170,312). Senior management personnel comprise the Chief Executive Officer, Head of Finance, and the Head of Counselling & Wellbeing/MHST Lead.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	46,546	322,885	369,431
<b>Charitable activities</b>			
Counselling and wellbeing services	879,215	4,012	883,227
Investment income	6,632	-	6,632
<b>Total</b>	932,393	326,897	1,259,290
<b>EXPENDITURE ON</b>			
Raising funds	35,978	-	35,978
<b>Charitable activities</b>			
Counselling and wellbeing services	990,811	191,291	1,182,102
<b>Total</b>	1,026,789	191,291	1,218,080

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>NET INCOME/(EXPENDITURE)</b>	(94,396)	135,606	41,210
<b>Transfers between funds</b>	(112)	112	-
<b>Net movement in funds</b>	(94,508)	135,718	41,210
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	549,600	20,687	570,287
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>455,092</u>	<u>156,405</u>	<u>611,497</u>

**12. TANGIBLE FIXED ASSETS**

	Freehold property £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2024	294,222	96,621	390,843
Disposals	-	(63,967)	(63,967)
At 31 March 2025	<u>294,222</u>	<u>32,654</u>	<u>326,876</u>
<b>DEPRECIATION</b>			
At 1 April 2024	35,307	74,433	109,740
Charge for year	5,884	370	6,254
Eliminated on disposal	-	(43,638)	(43,638)
At 31 March 2025	<u>41,191</u>	<u>31,165</u>	<u>72,356</u>
<b>NET BOOK VALUE</b>			
At 31 March 2025	<u>253,031</u>	<u>1,489</u>	<u>254,520</u>
At 31 March 2024	<u>258,915</u>	<u>22,188</u>	<u>281,103</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Grants receivable	36,889	41,048
Other debtors	3,375	3,375
Prepayments and accrued income	6,981	8,872
	<u>47,245</u>	<u>53,295</u>

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**14. CURRENT ASSET INVESTMENTS**

	2025 £	2024 £
Short term investments	186,590	181,499
	<u>186,590</u>	<u>181,499</u>

**15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Bank loans and overdrafts (see note 17)	6,091	5,164
Trade creditors	8,644	29,411
Social security and other taxes	19,810	17,100
Other creditors	7,455	3,948
Accrued expenses	9,500	17,591
	<u>51,500</u>	<u>73,214</u>

**16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2025 £	2024 £
Bank loans (see note 17)	132,185	137,730
	<u>132,185</u>	<u>137,730</u>

**17. LOANS**

An analysis of the maturity of loans is given below:

	2025 £	2024 £
Amounts falling due within one year on demand:		
Bank loans	<u>6,091</u>	<u>5,164</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>29,559</u>	<u>27,200</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	102,626	110,530

**18. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025 £	2024 £
Within one year	27,382	24,882
Between one and five years	79,757	32,140
	<u>107,139</u>	<u>57,022</u>

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**19. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Fixed assets	252,018	2,502	254,520	281,103
Current assets	463,645	95,612	559,257	541,338
Current liabilities	(51,500)	-	(51,500)	(73,214)
Long term liabilities	(132,185)	-	(132,185)	(137,730)
	<u>531,978</u>	<u>98,114</u>	<u>630,092</u>	<u>611,497</u>

**20. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	400,092	(68,100)	69,752	401,744
ICB activity increase	55,000	75,234	-	130,234
	<u>455,092</u>	<u>7,134</u>	<u>69,752</u>	<u>531,978</u>
<b>Restricted funds</b>				
Children in Need Social action	25,859	(11,449)	(14,410)	-
OPCC Ace'ing it	10,616	(11,160)	544	-
Travel Safe Space	6,959	-	(6,959)	-
Sovereign Housing	15,561	1,039	-	16,600
Children In Need	35,000	-	(35,000)	-
National Lottery – Reaching Communities	46,517	(5,013)	-	41,504
HIWCF – Bridging the Gap	2,917	(6)	(2,911)	-
HIWCF – Building emotional resilience	4,857	(2,395)	(2,462)	-
RAISE	-	3,468	(3,468)	-
School Wellbeing	5,086	-	(5,086)	-
Client Welfare	3,033	(7)	-	3,026
16 - 25 & Transition	-	6,973	-	6,973
DWP	-	15,501	-	15,501
HIWCF – Care Leavers	-	9,394	-	9,394
HIWCF – Young lives	-	5,116	-	5,116
	<u>156,405</u>	<u>11,461</u>	<u>(69,752)</u>	<u>98,114</u>
<b>TOTAL FUNDS</b>	<u>611,497</u>	<u>18,595</u>	<u>-</u>	<u>630,092</u>

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**20. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	643,385	(711,485)	(68,100)
ICB activity increase	361,000	(285,766)	75,234
	<u>1,004,385</u>	<u>(997,251)</u>	<u>7,134</u>
<b>Restricted funds</b>			
Children in Need Social action	30,509	(41,958)	(11,449)
OPCC Ace'ing it	11,163	(22,323)	(11,160)
Sovereign Housing	20,525	(19,486)	1,039
National Lottery – Reaching Communities	145,706	(150,719)	(5,013)
HIWCF – Bridging the Gap	-	(6)	(6)
HIWCF – Building emotional resilience	1	(2,396)	(2,395)
RAISE	3,500	(32)	3,468
Client Welfare	-	(7)	(7)
16 - 25 & Transition	17,141	(10,168)	6,973
DWP	85,523	(70,022)	15,501
HIWCF – Care Leavers	15,000	(5,606)	9,394
HIWCF – Young lives	10,000	(4,884)	5,116
	<u>339,068</u>	<u>(327,607)</u>	<u>11,461</u>
<b>TOTAL FUNDS</b>	<u><u>1,343,453</u></u>	<u><u>(1,324,858)</u></u>	<u><u>18,595</u></u>

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**20. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	464,600	(64,396)	(112)	400,092
ICB activity increase	-	55,000	-	55,000
Mobilisation	85,000	(85,000)	-	-
	<u>549,600</u>	<u>(94,396)</u>	<u>(112)</u>	<u>455,092</u>
<b>Restricted funds</b>				
Children in Need Social action	12,085	13,774	-	25,859
Skateboarding	2,500	(2,500)	-	-
OPCC Ace'ing it	-	10,616	-	10,616
Travel Safe Space	-	6,959	-	6,959
Sovereign Housing	-	15,561	-	15,561
Children In Need	-	35,000	-	35,000
National Lottery – Reaching Communities	-	46,517	-	46,517
HIWCF – Bridging the Gap	-	2,917	-	2,917
HIWCF – Building emotional resilience	-	4,857	-	4,857
School Wellbeing	-	5,086	-	5,086
Skipton Foundation	-	(112)	112	-
Specialist Counselling	3,000	(3,000)	-	-
Client Welfare	3,102	(69)	-	3,033
	<u>20,687</u>	<u>135,606</u>	<u>112</u>	<u>156,405</u>
<b>TOTAL FUNDS</b>	<u><u>570,287</u></u>	<u><u>41,210</u></u>	<u><u>-</u></u>	<u><u>611,497</u></u>

**ISLE OF WIGHT YOUTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**20. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	827,393	(891,789)	(64,396)
ICB activity increase	105,000	(50,000)	55,000
Mobilisation	-	(85,000)	(85,000)
	<hr/>	<hr/>	<hr/>
	932,393	(1,026,789)	(94,396)
<b>Restricted funds</b>			
Children in Need Social action	44,456	(30,682)	13,774
Skateboarding	-	(2,500)	(2,500)
OPCC Ace'ing it	12,351	(1,735)	10,616
Travel Safe Space	9,752	(2,793)	6,959
Sovereign Housing	20,000	(4,439)	15,561
Children In Need	70,000	(35,000)	35,000
National Lottery – Reaching Communities	147,582	(101,065)	46,517
HIWCF – Bridging the Gap	5,000	(2,083)	2,917
HIWCF – Building emotional resilience	4,912	(55)	4,857
RAISE	4,000	(4,000)	-
School Wellbeing	7,806	(2,720)	5,086
Skipton Foundation	538	(650)	(112)
Specialist Counselling	-	(3,000)	(3,000)
Client Welfare	500	(569)	(69)
	<hr/>	<hr/>	<hr/>
	326,897	(191,291)	135,606
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>1,259,290</b>	<b>(1,218,080)</b>	<b>41,210</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**Unrestricted**

- The Trust has designated the above "mobilisation" funds towards the planned organisational transformation and managing the NHS procurement process for the U18 counselling service to improve future delivery of the charity's objects.

- ICB agreed a non-recurring financial uplift to support management of increased referral demand.

**Restricted**

- Mental Health School Team - funds school-based wellbeing services.

- Children in Need Social action provided funding for advocacy work to celebrate the Year of the Child.

- Client Welfare - is funding to help with service users' basic welfare needs.

- OPCC Ace'ing it - Office of Police & Crime Commissioner (OPCC), project called Ace'ing it.

- Travel Safe Space - IW Foundation, project called Travelling safe space. Support to buy video equipment & training for young people.

- Sovereign Housing - To support young people into accommodation.

## ISLE OF WIGHT YOUTH TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 20. MOVEMENT IN FUNDS - continued

- Children In Need - Funding received to support core costs; providing subsidy to part cover the salary of Head of Counselling and Wellbeing Services and CEO.
- National Lottery Reaching Communities - The National Lottery 'Reaching Communities' fund. - Increasing the wellbeing offer into the community to improve CYP isolation & mental health.
- HIWCF Bringing the Gap - Hampshire and IW Charitable Foundation. Bridging the Gap. - To deliver 18-25 counselling sessions.
- HIWCF Building emotional resilience - Hampshire and IW Charitable Foundation. Building emotional resilience. - To deliver EMOTIONAL coping skills groups to build resilience and address self-harm for CYP.
- RAISE - A school autism program which our Specialist ASC Practitioner carry out: Learning walks in schools and reports on her findings
- School Wellbeing - Big Give (school wellbeing). All primary schools were offered the opportunity to receive wellbeing boxes, five ways to wellbeing resource boxes delivered to 28 primary schools across the island with resources & lesson plans.
- 16 - 25 & Transition - delivery of 1:1 sessions for 16-25 year olds either with coaching skills or counselling.
- HIWCF - Young Lives & Care Leavers - The care leaver work. It is for sustained engagement of 30 care experienced young people. The Young lives part is outcome driven where 10 will need to start employment.
- DWP - The employment part of the Hub, engaging with 300 people and placing 100 back into education and/ or training

#### 21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

#### 22. ULTIMATE CONTROLLING PARTY

The charitable company is not under the control of another entity or any one individual.

**ISLE OF WIGHT YOUTH TRUST**

England & Wales - Charity number 1087163

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# Accounts

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2023  
2024



# ANNUAL REPORT

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## MESSAGE FROM THE CEO

By listening to children, young people and their families we understand how increasing challenges, such as cost of living, anxiety, bullying and social media affect mental health.

This year, in the face of unprecedented demand, IW Youth Trust has taken a different approach to increase the support we provide by introducing innovative new services that build on existing youth mental health provision for children and young people aged 5-25.

Mental health cannot be looked at in isolation. 'One size does not fit all'. Our aim to deliver services capable of responding to each person's individual needs and circumstances. As a result, we have now developed and embedded a Youth Information, Advice and Counselling (YIACS) model, expanding support for young people aged 11-25.

YIACS retains a core youth mental health offer and increases opportunities for early help, particularly at times of transition; if a young person is experiencing homelessness or insecure housing, or is not in employment, education or training, their mental health may be challenged too.

For all ages, alongside our one-to-one therapeutic offer we have expanded to now deliver small group therapy activities. EMDR and art therapy are new skills we can utilise to find the right approach for each person.

'The Hub', nextdoor to our main HQ, is now a one-stop shop offering a mix of appointments and drop-in opportunities. This addresses a range of practical challenges, through housing, employment, and general advice and empowers young people to focus on their future. Its success is down to collaborative, creative partnerships with other agencies; including DWP (Department for Work and Pensions), IW Council and the Careers Service.

Like other charities and voluntary organisations, we are also seeing an increasing demand for services from children, young people and families who are diagnosed with, or awaiting diagnosis, of autism. In this report, you will see our response.

Our Youth Mental Health Taskforce and service evaluation comments increase young people's influence within the charity; engaging more young people in conversations about mental health services and creating opportunities for them to have a say in other things that impact their mental health. We are proud of our collaboration with the IW Youth Council to host a youth conference in March 2024, that resulted in a 6 point plan of change priorities to take to policy makers, funders and commissioners.

To further increase our impact and reach, this year we started to work more within local communities, in collaboration with other services. Working together, we can build young people's resilience to better manage future challenges.

Our funders have endorsed and supported this transformation. However, increased demand costs money and whilst we have sought to broaden our income base, we will need the ongoing commitment of our current and potential funders over a period of years to maintain and grow further what we do.

I also want to recognise the vital contribution made by our skilled, experienced and talented staff and volunteers, who have so much commitment to the children and young people we serve to build resilience and hope for the future.

Collectively, we have achieved so much during 2023-2024 and I am proud of the impact it is having so far. We need to ensure that we continue our transformation in order to change the odds for as many children and young people as possible.



Jo Dare BEM Isle of Wight  
Youth Trust CEO



“

*We cannot deliver transformation alone.*

”

# TRUSTEES REPORT

I was appointed as the Chair of the Isle of Wight Youth Trust in July 2023 and was privileged to join the charity at a time of positive development and growth. As with many Island and national youth and mental health organisations, there are many challenges; reduced budgets, increasing demand, and the main focus this year has been to actively find new ways of working whilst retaining the core aim of the Youth Trust which is to support and empower children and young people on the Island.

To support this process, a recruitment campaign was launched to help broaden Board Trustee experience for maximum impact and influence and to ensure that the key skills and knowledge required for oversight were in place. We now have in place a Board that has experience in a range of areas including clinical services, HR, finance, communications and marketing, and strategy.

“  
*the main focus this year has been to actively find new ways of working whilst retaining the core aim of the Youth Trust*  
 ”

I am looking forward to supporting the continued growth of the Youth Trust and embedding the existing work along with new services to ensure that we continue to be there when our young people need us most.

The staff and volunteers at the Youth Trust have worked incredibly hard to design and implement new and creative ways of delivering services and we are already seeing the impact this is having on children & young people and their families.

*Kay Boycott  
 Chair of Trustees*



# MESSAGE FROM THE TASKFORCE

“  
*The Youth Trust Taskforce has a positive impact on the lives of so many in such a wide variety of ways*  
 ”

Having been the newly appointed chair of the Youth Trust Taskforce for the past three months, it has been great to see the enthusiasm from all individuals within the Taskforce, both those with many years commitment as well as those we have welcomed more recently.

The Youth Trust Taskforce has positive impact on the lives of so many in such a wide variety of ways, through the common objective of individuals using their voices to help other young people living on the island and beyond. Not only this but being a member of the Taskforce builds on skills on a personal level for all those involved, and this is the reason why many taskforce members (including myself) are extremely grateful for the opportunity to be part of this collaborative group.

The Taskforce is currently looking for young people to join our team! Anyone aged between 11 – 24 years old is welcome to join the Taskforce, so if this interests you, please do get in touch!

*Charlotte Andrews  
 Chair of the Youth Taskforce*



## WHO WE ARE



*For 40 years the Isle of Wight Youth Trust has delivered free, professional, and confidential counselling, and psychotherapy services to children and young people aged 5-25, on the Isle of Wight.*



At the heart of our charity is our commitment to listen to the voices of the children and young people we serve to ensure their needs are met, improvements are made and gaps in services highlighted, and filled.

In a post-Covid reality of rising demand, in 2022, a new, ambitious strategy was co-produced, developed and launched. Called 'Changing the Odds' it aspired to create a paradigm shift that builds on the strengths of children and young people through early-help wellbeing activity, to develop resilience and reduce the need for more intensive, complex interventions. However, it retained the commitment to the charity's foundations of being there to offer therapeutic support for children and young people, when they need it.

This report reflects our progress to meet our strategy ambitions throughout 2023-24.



# CHARITABLE OBJECTIVES

In setting the charity's objectives and planning activities, the trustees have considered the Charity Commission's guidance on public benefit. The objectives of the charity are to advance the education and training of young people on the Isle of Wight through the relief of poverty, distress, and sickness.

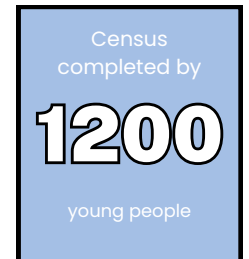
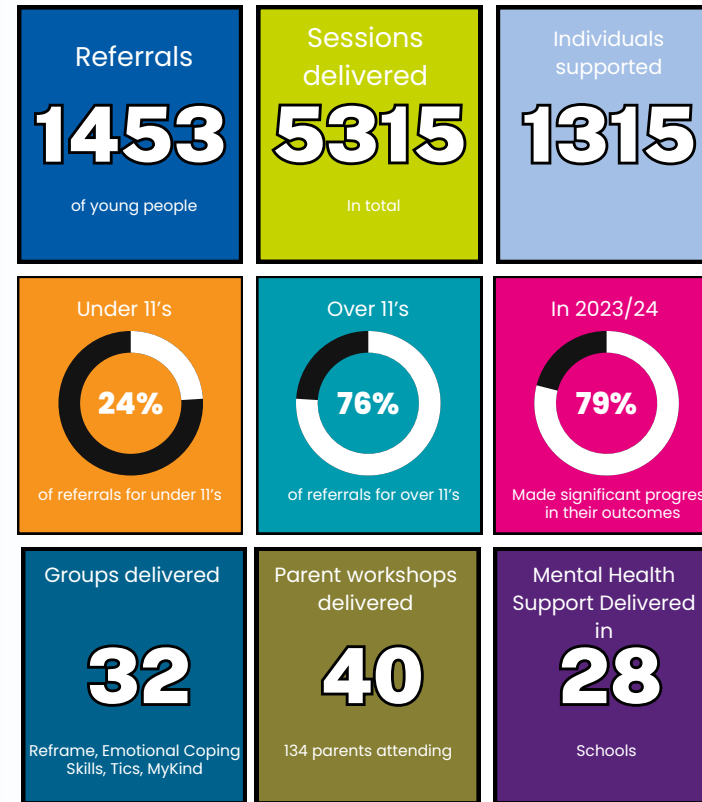
OUR VISION

*We want an Island where children and young people's mental health needs are well recognised and supported.*



## VALUES

# MAKING A DIFFERENCE

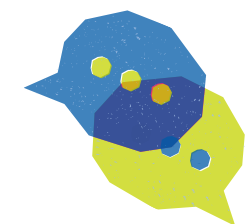


"It has helped me when my sadness and thoughts are irrational and how to cope with them. I now have a positive outlook on everYouth Trusting."

"I felt very safe when being here and always listened to."

"I can believe in myself more than a couple of months ago."

"It has definitely made me listen to my child more & hear what she's expressing not what I want to hear" (parent workshop attendee)

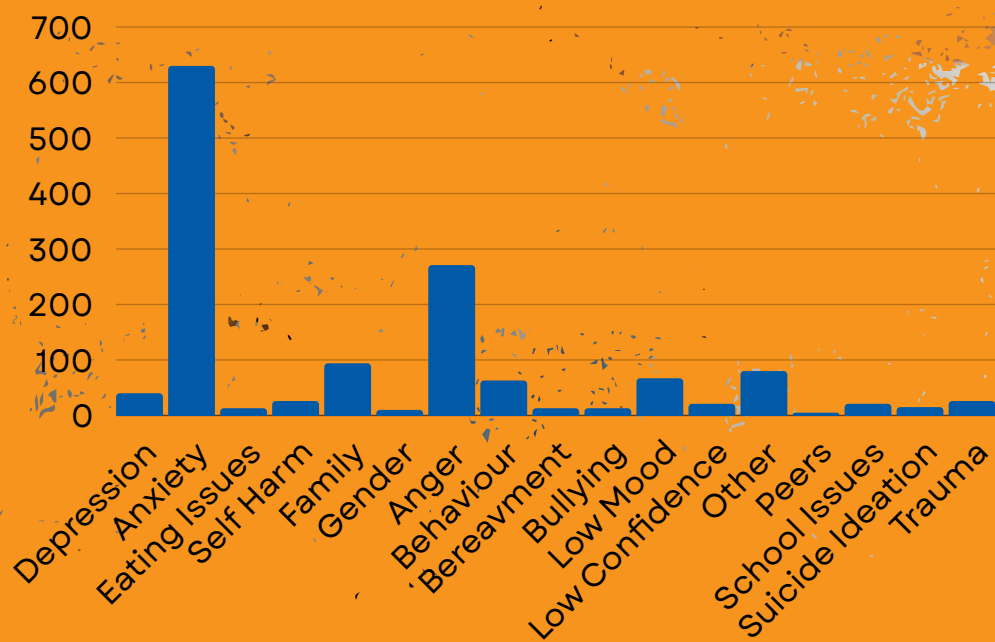


## INSIGHTS

## FEEDBACK

The overarching outcome that the Youth Trust seeks to achieve, is to improve the mental health and wellbeing of children and young people. In 2023/24, 79% of young people made significant progress in their outcomes and Youth Trust achieved client satisfaction rating of 87% (counselling) scoring 8 or more (out of 10).

## ACCUMULATIVE NUMBER OF REFFERALS BY PRIMARY REASON



# BRINGING OUR STRATEGY TO LIFE

ACTIVITIES IN 2023-2024

The IW has the third highest mental health hospital admissions for under 18's in England. IW Youth Trust is playing a leading role in service transformation to meet the needs of children & young people and reduce admissions, particularly those most vulnerable to crisis including children & young people who are LGBTQAI+, neurodivergent, those on the edge of crime, those with care experience/care leavers, etc.

Our proposals for transformation have come about through our commitment to ensuring young people can influence how services are designed and delivered. In the 2023 youth mental health census, 30% stated they had deliberately hurt themselves, 1:3 have considered suicide and 1:10 have tried to take their own lives – all evidence of crisis which needs to be prevented, or addressed sooner.

2023/24 has therefore focused on embedding a YIACS (Youth Information, Advice and Counselling Service) approach to provide holistic, person-centred and trauma informed therapeutic and practical support through crisis, and beyond, to recovery - whether the support required is therapeutic, or practical.



## AMBITION ONE

AMBITION 1

### Our goal:

More children and young people have a say in the things that matter to them, and help shape the services they need

*The focus during this has been to develop plans to extend our youth voice further and enable increased participation, supported by a Youth Engagement Officer.*

### Feedback



The Taskforce has given me the opportunity to engage in events I would never have done otherwise. Most importantly it has enabled me to have a voice surrounding youth mental health on the island and interact with other services as well as the youth trust to help shape the experience of other young people, and I can't wait to lead these important conversations going forward.

-By Charlotte

Youth Trust has shaped my life for the better and I thoroughly encourage anyone who has a strong interest in helping the community to get involved; it truly is worth it.

-By DW

# AIMS & PROGRESS (AMBITION ONE)

## KEY AIMS

**Engaging more young people in conversations about youth mental health services on the Isle of Wight**

## PROGRESS

The Taskforce have engaged with IW Council, local NHS, and others, as a trusted source to seek the views of young people.

The bi-annual youth mental health census was completed by 1,223 young people, aged 11 to 25, in 2023. This year, due to funding, it became a digital survey model which reduced numbers, but it was still a good, representative sample of the Island's youth population.

**Increase influence within the Youth Trust**

Young people are becoming more engaged in leadership and decision making, helping to guide the direction of the Youth Trust, through the development of the Youth Mental Health Taskforce.

The Taskforce has 36 active members who have developed, and delivered their own project, 'The Travelling Safe Space'; a series of social events and activities, held across the Island, to grow their skills and improve inclusion.

The CEO attends meetings quarterly to listen to concerns, and engage members to inform us of their views for service developments, website changes, etc. If invited, the CEO attends more regularly. The Chair of the Board has also attended.

Taskforce members attend Board and Strategy meetings to speak to trustees, at least twice a year, and have become involved in some staff recruitment.

Youth volunteers support group work delivery.

## KEY AIMS

**Create opportunities for young people to have a say in other things that impact their mental health, including money, employment, housing and climate change**

## PROGRESS

A successful bid to the Youth Social Action Fund (BBC Children in Need/Blagrove) provided resources to achieve 'The Travelling Safe Space' project and the Youth Conference.

The Youth Conference held in March 2024, was attended by 35+ young people. A co-produced collaboration between the IW Youth Council and Youth Trust, it aimed to get youth voice heard on the topics that mattered most to them, with the opportunity at the end of the day to pose their questions to a panel of professionals. This led to a 'six-point-plan' compiled from the thoughts of those who attended. Another event is planned for Autumn 2024.

The number of therapeutic and wellbeing groups has increased to provide an alternative to waiting for 1:1 counselling support, including a Tics & Tourette's group, Emotional Coping Skills and Junior Inspire groups as well as continuation of 'ReFrame', an 8 week workshop delivered in collaboration with Isorropia Foundation, to support young people needing support in confidence and self-esteem building as they transition into adulthood.

Travelling Safe Space project activities, designed by young people, to make connections with others have included tree climbing, sailing activities, beach cleaning, end-of-term social evenings, and cultural events including Filipino and Hungarian evenings, as well as attending other community projects such as at Newport Minster getting the building ready to be used again after renovations, volunteering at a Foodbank and getting involved in the IW Biosphere Festival.

## AMBITION TWO

AMBITION 2

### Our goal:

Getting the right information and help earlier, when it's needed

With little funding through the Integrated Care Board (ICB) for prevention and early help activity, it has been vital to secure additional grant funding and establish local collaborations with other agencies to make this happen.

This vision commenced with support from The National Lottery to enable this new, local approach to be realised, and was boosted, in February 2024, from Department of Health and Social Care (DHSC) funding for Early Intervention Hubs. IW Youth Trust was one of only 24 successful awards across England to develop pilots to evidence the positive outcomes that could be achieved. However, this is only for 12 months, at this stage.

This funding has allowed work to reduce the length of time children and young people must wait for direct contact with the Youth Trust. All children and young people are first screened through the triage process and, where appropriate, are contacted first by the Wellbeing team.

These guided conversations have led to clients no longer needing to wait for a full therapeutic assessment, and resources shared to families have led to children going to school when they had previously been refusing to go, calmer communication at home and trying out recommended local groups to follow up interests and hobbies or support needed.

### CASE STUDY



A 17 year old was referred for Housing Support. Home life was emotionally abusive, and Mum was struggling with alcoholism. The client was struggling with living in a loud and chaotic environment. They enjoyed education and had aspirations to go to university.

The Youth Trust Housing Support Worker worked with the University in order to secure year round and safe accommodation for the future and attendance at University. The client felt that things were in place and was feeling positive about starting University in September ready for a new start.



# AIMS & PROGRESS (AMBITION TWO)

## KEY AIMS

**Ensure young people are more informed about the support available**

## PROGRESS

Continued development of the website, social media and press releases are raising awareness. The website has an increasing number of self-help resources.

Newport and Carisbrooke Community Council funded a successful project to highlight '5 ways to Wellbeing' in 7 Newport schools. This led to wider distribution of 28 wellbeing boxes to all Primary Schools, funded by the Big Give.

**Get more people taking about mental health**

Child Wellbeing Practitioners (CWP's) have spent time visiting local community youth activity providers to support youth workers and get young people talking more about their mental health and wellbeing.

IW Youth Trust is one partner in the local, innovative MHST collaborative enabling CAMHS, Barnardo's and Youth Trust to deliver the Mental Health Support Team initiative (MHST). During 2023/24, MHST expanded its reach into more schools (now 28 in total) and aims to be in all IW schools by July 2025. The Youth Trust team now includes a part time autism specialist practitioner.

**Support parents and carers to develop the skills and confidence to support children and young people experiencing mental health problems**

Development of information and advice workshops on a range of wellbeing and mental health topics  
Development of resources which can be accessed through our website  
Launch a parent advice line  
Develop training for and network of parent peer supporters

## KEY AIMS

**Increase access to support, earlier**

## PROGRESS

A holistic, accessible 'one stop shop' Youth Hub is developing, with drop in opportunities throughout the week for information, advice and guidance, CBT support and guided self-help. The offer is expanded through collaboration with Department for Work and Pensions (DWP) for employment advice, Sovereign Network Group (SNG) for housing advice, Careers Service, and local employers to address the challenges facing some young people as they move into adulthood.

Counselling has commenced in 2 secondary schools creating therapeutic delivery as community outreach.

The number of therapeutic and wellbeing groups has increased to provide an alternative to waiting for 1:1 counselling support, including a Tics & Tourette's group, Emotional Coping Skills and Junior Inspire groups as well as continuation of 'ReFrame', an 8 week workshop delivered in collaboration with Isorropia Foundation, to support young people needing support in confidence and self-esteem building as they transition into adulthood.

CWP's are attending youth providers to deliver workshops that build resilience and prevent escalating poor mental health. They also refer into services those who may need more proactive support.

The workforce has increased, including 6 trainees, now all qualified, and retained as full-time employees.



# AMBITION THREE



AMBITION 3

**Our goal:**  
Getting the right help quickly when things get more difficult

There are times when moving straight into therapy is delivering the right support, first time. For some children and young people, something happens in their lives, adverse childhood experiences, and early help wellbeing activity is not enough.

Once therapy has been completed, sometimes there are concerns from the therapist, or young person, that they are not quite ready to be independent of the support we can offer or perhaps their mental health has improved but their life chances have not, and practical support is still needed. The ability to benefit from a 'step up and step down' model may make the difference between needing more therapy at a future date, or not.

## CASE STUDY



13-year-old male referred to the Youth Trust for counselling by CAMHS for persistent low mood, suicidal ideation and anger management difficulties. The young person had also struggled with bullying and was beginning to engage in some anti-social behaviours.

He attended six sessions of counselling with a baseline score at first session of 32/40. Intervention was trauma informed, and person-centred with some systemic and creative interventions. After positive engagement with his counsellor each week, his final session showed a significant improved outcome score of 9/40.

Young person and parent reported a positive experience from having counselling sessions and alongside having social worker support there were signs of improved family relationships, too

Client also reported improved peer relationships with his friends at school. On his final session he said it had been helpful to talk things through, especially about his feelings, as this was something he found difficult to do. He shared that he had a good experience of counselling and had noticed an improvement in how he now felt.

On feeling more positive he joined a local youth group and was excited about attending some planned activities and events there.

Onward support was offered by the Youth Trust Wellbeing Team to drop in for the weekly 'Snack & Chat' group.

# AIMS & PROGRESS (AMBITION THREE)

## KEY AIMS

**Getting the right support at the right time, first time:**

## PROGRESS

A Triage Lead is now part of our model to attend weekly triage meetings with CAMHS. MHST and CAMHS also attend our triage meetings to ensure the young person is supported into the right service, first time, enabling a seamless, supported handover between services if needs escalate.

We achieved additional funding from the Office of Police Crime Commissioners (OPCC) for children and young people who are particularly vulnerable due to trauma and Adverse Childhood Experiences (ACEs) including those with care experience, and those on the edge of crime.

Therapeutic staff have undertaken professional development to support vulnerable children and young people better, growing their skills and confidence in understanding the impact of adverse childhood experiences, neurodivergence and DICES clinical risk assessment and we have grown the therapy modalities we can draw on, including art therapy and EMDR.

**Getting support sooner**

Therapist and practitioner hours have increased by 30 hours a week to support more children and young people, due to an increase in Integrated Care Board (ICB) funding. We are concerned this can be maintained because this is non-recurrent.

The number of support calls, self-help resources, and practical advice has increased for children, young people and parents, whilst waiting for therapeutic support.

## KEY AIMS

**Developing 'step up and step down'**

## PROGRESS

A 'step up and step down' offer is developing led by Child Wellbeing Practitioners (CWP's) and the Youth Hub Wellbeing Team.



# GOALS FOR THE NEXT 12 MONTHS: 2024-2025

## Ambition One

Children and Young People have a say in the things that matter to them and help shape the services they need

Further review of participation good practice to continue to increase co-production in service design, development and delivery.

Extend how young people are involved in the monitoring and evaluation of their services to influence change where needed, ensuring clearer links between evaluation and service development with feedback to children and young people as a continuous improvement loop.

Increase campaigning activity to raise awareness of the concerns of young people and promote IW Youth Trust services. Use the 6 point plan as a foundation for future activity.

Continue to expand social media engagement, and opportunities for young people to attend events that increase the presence, and influence, of young people including the Travelling Safe Space project and supporting fundraising activities.

## Ambition Two

Getting the right information and help earlier if needed

Extend the reach of the Youth Trust, including through 'hub and spoke' delivery, extend counselling into 2 more schools, the development of community mental health ambassadors and peer support workers, talks to community groups and increased local media presence.

Develop parent peer supporters.

Further develop the website to promote easier access to information.

Secure funding to continue early help support.

Achieve BACP Accreditation for IW Youth Trust counselling services.

Expand longer-term support to our most vulnerable young Islanders through trauma informed interventions that address Adverse Childhood Experiences.

Create easy access back into support, if required.

Increase use of Peer Support Workers aligned to therapeutic delivery.

## Ambition Three

Getting the right help quickly when things get more difficult



# GETTING THE INFRASTRUCTURE RIGHT TO DELIVER OUR STRATEGY

## People

2023-2024 staffing has grown from 30 to 35, reflecting the changing model to manage demand and meet the needs of children and young people. We have also continued to support trainee counsellors and recruit another apprentice, in line with our 'grow your own' approach to training and developing staff where there are workforce shortages. In the last year we supported 6 practitioners to gain Postgraduate qualifications, and subsequently employed them full-time. Further to this, we supported our existing Counsellor and Service Team Lead to gain a PG Diploma in Clinical Supervision Skills, enabling us to provide in-house Clinical Supervision.

Similarly, recognising the importance of dedicated time to fully support the development and wellbeing of our people, the Operations & People Lead was enabled to start a CIPD qualification which is already showing benefits from the learning process. This has been supported by investment in increased hours for Operations administration.

Staffology HR system was introduced in April 2023 and continues to be developed so that all staff can manage their own records, and better management and reporting has been achieved.



## A 'Good Employer'

IW Youth Trust achieved Real Living Wage Employer accreditation through the Real Living Wage Foundation in 2023 and were accepted as signatories to the Mindful Employer Charter. Work has started on accreditation via Inclusive Island, and we continue to progress through the Disability Confident accreditation process.

Terms and conditions were reviewed in line with legislative change, and a wider pay review was performed. In March 2024, staff received a 4% cost of living increase to salaries aligned to affordability and the need to keep close to NHS Agenda for Change rates, if we are to recruit and retain outstanding staff.

We have continued to invest in the training and development of our staff, with improved access to CPD and a renewed approach to identifying training needs via a Training Needs Analysis.

# Wellbeing

Sickness rates remain below national average (average 2.64 days per employee per year compared to national average of 4.6 days per employee) (ONS data). Staff turnover is 12%, compared to the national figure of between 26%-35% (ONS data).

To monitor wellbeing, and increase engagement, in April 2023 a new annual staff survey was launched. This was analysed, with Trustees and senior management informed of the outcome, and has been repeated in April 2024. Key themes emerging were:

- Internal Communication: Development of an internal communications plan, and plan to introduce a staff intranet platform
- Collaborative working: Development of a staff forum to improve collaboration (and communication)
- Career progression: Review of learning and development options and availability.

A staff forum has been created, launching in May 2024, to further share leadership opportunities, concerns, and ideas for change to improve staff wellbeing and service effectiveness. Lunchtime social sessions are being introduced to encourage wider staff interaction and opportunity for time away from screens.

Focusing on teamwork and communications, all staff took part in the Insights Discovery profiles as part of our staff away day to learn more about our individual strengths and how we interact with each other.



# Estates

During 2023/24, significant work was undertaken to understand our current estates position and future needs, culminating in an Estates Strategy and Plan to ensure that IW Youth Trust continues to develop a 'Hub and Spoke' model of estates, to enable accessible services for children and young people that also aligns with developments in Education and Health.

Elements of the Hub are to:

- Maintain, and improve, an HQ Hub at 114 Pyle Street, Newport, for Operations staff, reception/services administration, some therapeutic activity
- Continue to rent (or in due course, purchase) retail space next door as a wellbeing 'Hub' from which to develop future activity in collaboration with DWP and other organisations.

The Spokes will evolve in two phases:

- Initially utilizing free, school or family hub locations in Ryde, Cowes and Sandown, once a week, before moving to phase two, in several years, with at least one 'branded', dedicated space once ideas for earned income are finalized, and earned income/therapeutic activity can be co-located where possible.

During these developments, community outreach through wellbeing activity will be maintained across the Island.

## I.T

In 2023-2024, IW Youth Trust invested in 10 new machines to support the IT renewal of a growing team of staff and volunteers. Penetration Testing was performed and successfully completed. We achieved the Cyber Essentials qualification, and renewed registration with the NHS Data Toolkit.

Staffology HR was launched in April 2023 as a replacement HR system, affording better reporting, and records management. Salesforce was refreshed and data cleansed to better support supporter networks and income generation. Work began to embed a staff intranet platform to aid internal communications. A lone-working app was relaunched, to ensure the safety of our team.



## Communications

IW Youth Trust continues to develop website structure and content supported by continued feedback from young people, staff and the wider public.

We are proud of our Marketing and Communications Apprentice who completed her apprenticeship during 2023/24 and secured a new opportunity to work in the marketing industry focusing on digital media. The recruitment of a new Marketing and Communications Coordinator has allowed us to review the charity's current needs and direction in terms of communications and marketing.

2023-2024 has seen an increase in awareness raising of the IW Youth Trust with regular press releases about the work we are doing, and income generation activities.

## PEOPLE

Embed the staff survey into an increasingly meaningful tool to improve culture and become an 'employer of choice' to increase retention.

Develop a workforce plan to manage skills shortages; encourage and enable young people into the workforce.

## ESTATES

Continue to develop a 'Hub and Spoke' model of estates to complement more accessible service delivery.

## I.T

Continue to refresh IT hardware to ensure efficiency and data security.

Develop use of AI where appropriate to support improved communications.

## COMMUNICATIONS

Increase awareness and reputation of the Youth Trust in local communities and to key stakeholders.

Further website development will be completed, social media platforms will be expanded and increased information, advice and self-help resources will be available.

## FINANCE

Stabilise and evolve the finance function in line with changing organisation requirements.

## INCOME GENERATION

Diversify income generation activity to increase unrestricted income, and manage risk.

INFRASTRUCTURE GOALS FOR NEXT 12 MONTHS

# STRUCTURE, GOVERNANCE & MANAGEMENT

The charity is controlled by its governing document, the Memorandum and Articles. The charity is a company limited by guarantee, as defined by the Companies Act 2006 and has no share capital. In the event of a winding up the members (trustees) must contribute a sum up to £10.

## Trustees/Directors, Key Administrative Details:

Malcolm Marshall	Retired 12 July 2023
Kay Boycott	Appointed 12th July 2023
Pete Elliott	Appointed 12th July 2023
Michael Shepherd	Appointed 24th January 2024
Alison Plezsak	Appointed 13th July 2022
Helen Farrant	Appointed 13th July 2022
Mark Dix	Appointed 24th January 2024
Jonathan Read	Retired 18th July 2024
Ed Webb	Retired 31st March 2024
Michael Lilley	Retired 12th July 2023
Sarah Redrup	Appointed 24th January 2024
Tom Flower	Appointed 18th July 2024

## Chief Executive Officer:

Jo Dare, BEM

## Company Secretary:

Natascha Nelson	Resigned 1st August 2024
Joanne Dare	Appointed 1st August 2024

## Youth Trust Patrons:

Lord Michael Grade, Rob & Josie da Bank

<b>Charity Number:</b> 1087163	<b>Company Number:</b> 04149036	<b>Principle Address &amp; Registered Office:</b>
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## Bankers:

Barclays, 8 High Street, Ryde, IW.  
PO33 4PE

## Accountants:

Moore South, 9 St John's Place, Newport,  
Isle of Wight PO30 1LH

## Independent Auditors:

Morris Crocker, North  
Street, Havant. PO9 1QU

The Isle of Wight Youth Trust  
114 Pyle Street  
Newport  
Isle of Wight  
PO30 1XA

## Contact Details:

Tel: 01983 529 569  
Email: [info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)  
Website: [www.iowyouthtrust.co.uk](http://www.iowyouthtrust.co.uk)

## Follow Us:

@IOYYouthTrust

isleofwightyouthtrust

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# GOVERNANCE

After a robust, open recruitment process for a new Chair, in July 2023, Malcolm Marshall retired after 6 years of service and was succeeded by Kay Boycott. Staff and the Youth Taskforce were part of the selection and interview process.

Subsequent recruitment for new trustees took place in November 2023 and April 2024, after some trustees retired, and to ensure that the range of skills and experience were broad and include areas needed by IW Youth Trust.

Trustees have relevant experience with skills and experience in clinical practice, commerce, local government, HR, charities and business. Candidate trustees attend a formal interview with the Chair of Trustees, trustee and CEO, before being recommended to the Board of Trustees. Trustees are subject to a Disclosure and Barring Services (DBS) check, references, and confirmation of compliance with the Trustee Code of Conduct. Trustees receive a formal induction and training is provided.

Members of the Youth Mental Health Taskforce are invited to Board meetings at least twice a year, and take part in Strategy sessions, to share their concerns about gaps in Island mental health services, and co-produce opportunities for improvements and developments.

## Key areas of work for the board in 24/25

- Engaging the Board and senior leadership team to confirm a sense of purpose around the vision for the 'Changing the Odds' strategy.
- To start the development of the Youth Trust strategy from 2025.
- Extending further the youth participation in governance.
- Focus on People and Estates Strategies and Plans.

# GOVERNANCE STRUCTURE

Meeting	Regularity	Remit
Full Board Meeting	Quarterly	Risk register review to ensure effective internal controls and risk management systems are in place Financial management review, and budget sign off Annual report and accounts sign off Trustee appointments Youth voice update Policy review, and approval Strategy development and progress monitoring Annual reports - health & safety, environmental plans, EDI.
Finance, HR and Operations Subcommittee	Quarterly	Monitor the financial position of the charity to ensure long and short-term viability. Ensure financial management information has integrity, is balanced and transparent. Monitor budget setting and recommend budget to the Board Review financial strategy and risk Oversee an annual external audit, implement recommendations from the external auditor's report and make recommendations to the Board on the appointment/removal of auditors Oversight, and support, to develop approach for income strategies and plans, and monitor income generated to ensure sufficient and sustainable income, now and in the future People related oversight, including culture, conflict of interest, remuneration, EDI, workforce wellbeing and development Communications oversight.
Clinical and Services Subcommittee	Quarterly	Monitor that IW Youth Trust safeguards and meets the needs of children, young people, their parents/carers by delivering services which achieve the best impact and outcomes Review clinical risk.
Strategy Meetings	At least once a year	Oversight, and support for, strategy development and progress towards implementation.
AGM	Annually (October)	Publish statutory annual report and accounts Trustee rotation and reappointment Appointment of auditors

## MANAGEMENT

Trustees delegate the management functions of the charity to the CEO which empowers the CEO to delegate further to the Senior Leadership Team and other staff through a Scheme of Delegated Authority.

The CEO is supported by a Head of Services, managers and team leaders. Four whole team meetings take place in the year, part strategic and part information sharing. Each work area maintains regular team meetings to progress their activities.

During 2024/25, further work will be undertaken to achieve more distributive leadership throughout the Charity.

The charity has policies and procedures in place covering all aspects of operational and strategic functions of the organisation.

## RISK MANAGEMENT & QUALITY ASSURANCE

To address risk management and ensure Quality Assurance for governance and to enable Trustee oversight, staff evidence the following: Are we safe? Are we effective? Are we caring? Are we responsive? Are we well led?

During 2023/24, risk management and quality assurance activities were as follows:

### SAFE

- Continued, regular monitoring of an action plan developed because of an internal clinical audit undertaken in 2022 (CQC standard) to quality assure service delivery.
- Retention of qualified, experienced external Clinical Supervisors to provide regular, consistent clinical supervision for all clinical, counselling and wellbeing staff.
- Safeguarding training is undertaken on induction and then regularly by all clinical team members and Designated Safeguarding Lead (DSL) and Deputy Safeguarding Lead (DDSL).
- Maintenance and review of risk registers (staff and trustees) for both clinical services and organisation wide.
- In year, policies, procedures, and staff handbook are revised to an established cycle, or due to legislative change. As a result, a health and safety audit was carried out, the Business Continuity Plan reviewed and updated, the Critical Incident Policy & Emergency Alert protocol was reviewed, and lone-working safety app introduced.
- GDPR training is undertaken on induction and refreshed annually. This is supported by an Information Governance framework including policies and procedures, training and monitoring. We are Cyber Essentials accredited and use Nhs.net secure email for information transfer and are compliant with the requirements of NHS Information Governance Regulations and adhere to the NHS Record Management Code of Practice 2021.

### EFFECTIVE

- Clinical outcome questionnaires, including YP CORE, RCADS, CORS, Health and Wellbeing Wheel and the Outcomes Star have been used to evidence distance travelled on first and last session.
- Post evaluation satisfaction surveys have been completed by all children & young people to score and give feedback of the service they have received on final session. There is also a suggestion box in reception which is monitored.
- Audits have been carried out on case files and sampling for quality control of admin and case recording processes. A safeguarding tracker was kept for all MASH referrals sent in and follow up any actions.
- Staff had regular monthly supervision to ensure systems and processes are being followed.
- The newly established staff forum fed back ideas and suggestions to improve staff experience.

### CARING

- Feedback gained from children & young people in customer satisfaction rating scores recognised the caring nature of interactions with staff.
- Activities were maintained to support staff wellbeing, including allocated wellbeing days, access to a free online counselling and advice for personal support, medical and life insurance cover, generous annual leave entitlement, and sickness/compassion leave.

### RESPONSIVE

- Complaints, or concerns, were actioned and followed up in accordance with our complaints policy.
- Self-help resources and support calls were increased to all those waiting for support. For those attending in person, plans were developed to extend opening hours to Saturdays. The trial will start in August. Outside of office hours, the website increased self-help resources and opportunities to signpost to other services, as needed, including crisis support.

### WELL LED

- Experienced senior leadership met weekly to steer organisational development and monitor risk.
- A new Chair was recruited after the retirement of the previous incumbent. Governance continued to be kept under review with senior leaders held to account, with financial monitoring maintained. During 2023/24, the Charity's income increased to over £1m triggering an external audit for the first time. Strategy sessions were held to monitor progress towards achieving our strategic goals and start preparation for a new strategy in 2025.
- The staff survey, and staff forum, were used to engage with staff, understand and address, concerns.
- The leadership team attended many strategic meetings and represented the Youth Trust to influence strategy, advance youth voice, and highlight gaps in service delivery to partners.

## MONITORING & EVALUATION

*We continue to increase the use of data to monitor and evaluate services and this will be further developed in 2024-25 through dedicated staff resource.*

*We use a variety of systems and tools to capture data, enabling us to provide quantitative and qualitative reports detailing outputs, outcomes and ultimately impact:*

- IAPTUS data/case management system – records all data from tools outlined below. Reports and tracks outcomes of all children & young people sessions including individual progress/future needs.
- Mood scale rating (user involved) – completed at assessment stage for risk management/prioritisation/additional support needs.
- Risk assessment (practitioner led) – completed at assessment stage to identify level of risk (harm to self/others) and complexity e.g. if requiring T3 intervention.
- Routine Outcome Measures (ROMS) questionnaires (user involved) – completed at session one, then every 6 sessions until closure. ROMS include CORS (Child Outcome Rating Score) YP CORE (Clinical Outcome Routine Evaluation) for counselling.
- Outcome Star – completed at baseline, mid-pint and on completion of service – different stars for different challenges but focus includes feelings/emotions, lifestyle, relationships, school, training and work, using time, addictive behavior, trust.
- Groupwork/workshop feedback (service user led) – first and last week of course. Psycho-education/skills sharing informing best practice and use of ROM where possible, to evidence distance travelled.
- Engagement Data – recorded weekly across the service. Impressions, clicks, and interactions across our digital platform including website and social media channels.
- Satisfaction survey (service user led) – on completion of service. Youth Trust service experience rating questions plus feedback.
- Case studies – on completion of service. Summary of service user presenting issue, intervention provided, evidence of outcomes achieved.
- A comment box in reception for anyone to add any feedback or ideas for improvement.

## REMUNERATION POLICY

IW Youth Trust is committed to ensuring that it pays people fairly and in a way which ensures it can attract and retain the right skills to have the greatest impact in delivering its charitable objectives.

As a charity which is limited by its resources, it is important that any money it wishes to make available for remuneration is utilised appropriately and effectively.

Youth Trust aspires, as a minimum, to pay the living wage to all its employees, subject to affordability and where possible, the charity will reference Voluntary Sector salary reports and NHS Agenda for Change.

The charity strives to be an equal opportunity employer. This means it aims to treat all staff equitably with regards to the terms and conditions of employment offered, including pay.

Youth Trust follows the five principles advocated by the Association of Chief Executives of Voluntary Organisations (ACEVO) in its Good Pay Guide publication for all its employees. These are:

1. Transparency - being open about how pay is set
2. Proportionality - being fair and consistent
3. Performance - ensuring salaries reflect the size and available resources of Youth Trust, take account of comparable, local pay and individual performance achievement
4. Recruitment and Retention - keeping valued staff within the organisation
5. Process - ensuring that the principles of Good Pay are supported by appropriate procedures.

Trustees do not receive payment, just reimbursement of out-of-pocket expenses in line with Charity Commission guidelines.

Responsibility for monitoring IW Youth Trust's remuneration policy and procedure rests with the Finance, HR and Operations Subcommittee, which meets 4 times per year, advised by the CEO/Operation and People Lead. The Committee comprises at least three Youth Trust Trustees. The CEO attends all meetings and Senior Leadership Team members as required. The CEO and Senior Leadership Team will leave the meeting when their remuneration packages are discussed. Decisions by the Finance, HR and Operations Subcommittee require ratification by the full Board. Meetings are minutes, taking account of data protection law.

The Finance, HR and Operations subcommittee recommends to the Board the pay, benefits and reward strategy for the charity and the remuneration packages of the CEO and the Senior Leadership Team. Senior Leadership Team pay reviews are completed by the CEO. It will review pay levels at least annually and normally as part of budget setting for the coming year. This ensures that remuneration is decided in the context of wider financial performance.

## PUBLIC BENEFIT

In setting plans and priorities for areas of work, our Trustees have followed guidance from the Charity Commission on the provision of public benefit, in accordance with Section 17 of the Charities Act 2011 and are satisfied that the services provided by IW Youth Trust fully meet the principles of public benefit as set out in the Charity Commission Guidance.

IW Youth Trust's objectives and activities fully reflect the purposes that the Charity was set up to advance, focusing priorities for service development and delivery on supporting children and young people most vulnerable in their mental health.

With 50% of potential lifelong mental health problems emerging by the age of 14, rising to 75% by the age of 24, IW Youth Trust service delivery has not only considered the need for an accessible, person-centred therapeutic response to treat poor mental health, but also how we can intervene early in a non-stigmatising way, to address the causes of poor mental health, whether that be because of trauma caused by Adverse Childhood Experiences (ACEs) or practical challenges arising from the transition between child and adulthood.

Our role is to ensure that children and young people can access the right support, at the right time, first time.

In delivering these services, we clearly identify the benefits to children, young people and their parents/carers. We then monitor progress to make sure our services are having a positive impact on children and young people, as planned, and to learn any lessons that can be used to improve the services.

IW Youth Trust's charitable purpose is to advance the education and training of young people on the Isle of Wight through the relief of poverty, distress, and sickness. Our vision is for an Island where children and young people's mental health needs are well recognised and supported.

We have demonstrated through this annual report that we are working within our charitable purpose, to public benefit, by progressing our Strategy 'Changing the Odds' so that fewer children and young people have poor mental health throughout their lifetime that sometimes result in profound and tragic consequences. By meeting their needs now, we are making a vital contribution to individuals having more resilience to manage life's challenges both as children and as adults.

*As we deliver services to benefit individuals, we hope and anticipate that our work will benefit both our Island community, and wider society.*

## SUSTAINABILITY UPDATE

IW Youth Trust recognises its responsibility to reduce its impact on the environment and climate change within its broader scope of supporting young people on the Isle of Wight.

*The importance, no matter how small, is even more relevant given the demographic we work with as well as living on an Island which is a UNESCO Biosphere Reserve in 2019. 'UNESCO Biosphere Reserves are unique areas of environmental significance in which communities strive to work hand in hand, innovatively and responsibly to protect and support the local environment and the world we all live in'. [www.unesco.org.uk](http://www.unesco.org.uk)*

IW Youth Trust is working towards effective stewardship of the environment, tackling environmental impact, climate change and working towards Carbon Net Zero.

Progress towards our goals for 2023-2024 were as follows:

- An increase in recycling and reducing waste
- Increased use of environmentally friendly products and local suppliers

We recognise that more work needs to be done towards achieving our environmental stewardship targets and a review was carried out to be carried out in April 2024. The appointment of new Operations staff will help support the work that the review identifies.

# EDI STATEMENT

Equality, diversity, and inclusion (EDI) are three values that the Youth Trust recognises and strives to achieve to help meet the needs of all people who encounter the charity whether as staff member, trustee, young person, parent, professionals, funding bodies, etc.

During 2023/24, a review was completed and as a result, future priorities were resolved as below.

Priorities for 2024-2025 – to identify and address barriers in equity of access and opportunity for clients, staff and volunteers

Leadership will:				
Model inclusive behaviours	Actively challenge discrimination and injustice	Make sure there are adequate resources to support effective action	Make sure there are safe and effective processes for addressing discrimination	Commit to building an equitable organisational culture.

Priority 1	Priority 2	Priority 3	Priority 4	Priority 5
Develop data collection and reporting mechanisms to measure initiatives and progress, maintain transparency and accountability, and acknowledge success	Review current policies, procedures and communications through all channels to ensure stakeholders know how to actively challenge discrimination and injustice.	Ensure funding bids, tenders, and the annual budget contain budget to support activity that ensures equity, diversity and inclusion.	Develop and implement 2 organisational projects/initiatives to demonstrate progress towards achieving good practice in equity, diversity and inclusion	Develop and implement 2 service projects/initiatives to demonstrate progress towards achieving good practice in equity, diversity and inclusion
Goal 1	Goal 2	Goal 3	Goal 4	Goal 5
All stakeholders are able to see what and how Youth Trust is acting to ensure equity, diversity and inclusion. This will be communicated evidencing action and impact.	All stakeholders both know how to challenge discrimination and injustice, and feel able to do so.	Best practice in equity, diversity and inclusion is achieved through resources alongside commitment) to make it happen.	An organisational culture that can evidence equity, diversity and inclusion for staff, trustees and volunteers	A service delivery culture that can evidence equity, diversity and inclusion for clients, parents and professionals (wider stakeholders)

## FINANCIAL REVIEW

During 2023-24, the Trust increased income from all sources by 56% to £1,259,290 (2023 - £803,774). Whilst expenditure also increased by 29% to £1,218,080 (2023 - £946,573), the Trust produced an overall surplus of £41,210 (2023 - deficit of £142,799). The restricted funds grew by £135,718 to £156,405 (2023 - £20,687) due to the timing of projects.

The Trust's unrestricted funds position decreased from £549,600 to £455,092, but this was because of a decision by Trustees to invest in the infrastructure of the Charity to diversify income and provide a broader capacity to enable quality service delivery underpinned by good risk management. At the end of the year, the investment to "pump-prime" changes made have been followed through into future year's budgets.

Our most significant area of expenditure is in staff costs, which increased from £764,366 to £955,377 as staffing numbers increased to reflect the broader service offering and a 4% cost of living pay award.

There are significant challenges to income generation for the Charity. The fundraising landscape continues to change, increasing the imperative to diversify income generation to manage risk. Inflation during the year has affected the true value of contracts and grants for core services. We continue to work hard to generate income to support children and young people's mental health and wellbeing and change young lives for the better.

Bids to Trusts and Foundations continued at pace to fund gaps in funding and implement new projects. The time taken to draft and submit funding bids is not insignificant at a time where there is greater competition than ever.

Donations including a legacy of £5,000 were £25,319 (2023 - £16,981).

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### Funders & Supporters

We are very grateful to everyone who supports our work by contributing funds for our charity (alphabetical):

*BBC Children in Need*

*Cherry Godfrey*

*Daisie Rich*

*Department of Health and Social Care (DHSC)*

*Department of Work and Pensions (DWP)*

*Glanville's Damant Solicitors*

*Hampshire and Isle of Wight Charitable Foundation*

*Integrated Care Board (ICB)*

*IW NHS Trust*

*Isle of Wight Tomatoes*

*Love Running*

*Neighbourly*

*Newport and Carisbrooke Community Council (NCCC)*

*Pertemps*

*SNG (Formerly Sovereign Housing)*

*The Big Give*

*The National Lottery*

*Transpetrel Foundation*

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And to all the individuals, businesses and organisations who have donated and organised events and fundraisers for us.

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During the year, much work was done with Trustees and the CEO to review income generation and fundraising strategies to ensure a clear sense of direction for 2024/25, to increase sustainability. As a result, during 2024/25, we will increase segmentation of income generation activity and seek external support to build the right frameworks for income generation into the future. We will also ensure much clearer management information is available to identify what is working and what needs improvement.

## RESERVES & INVESTMENTS

The Trust aims to hold between 4 and 6 months' worth of operating costs in free reserves plus designated reserves for specific purposes such as premises renovation and maintenance. At the time of publication, the Youth Trust is working to free reserves of 4 months operating costs.

IW Youth Trust's (Youth Trust) objective for holding unrestricted reserves is to:

- give confidence to funders by demonstrating good stewardship and active financial management
- demonstrate the charity's resilience and capacity to manage unforeseen financial difficulties to beneficiaries, funders and the public
- give funders, such as grant-makers, an understanding of why funding is needed to undertake a particular project or activity
- give assurance to lenders and creditors that the charity can meet its financial commitments
- manage the risk to a charity's reputation from holding substantial unspent funds at the year-end without explanation

Reserves have been calculated and estimated based on identified risks of income volatility and are set to mitigate the effects of potential volatility affecting beneficiary services. Trustees will ensure that the charity takes its reserves position into account in future financial planning decisions.

Isle of Wight Youth Trust's (Youth Trust) Reserves Policy is reviewed annually unless there are in year changes to funding and risk management that will require a revised approach. It is drafted having specific reference to the financial structure of the Charity and is included in the annual report and accounts.

As in previous years, Trustees hold reserves in cash using a mix of notice and fixed term accounts to maintain flexibility of access. With the increasing demand for our services, trustees consider that we need to be able to draw upon reserves as needed.

Overall, the aim is to maintain, and if possible, enhance the value of the invested funds whilst they are retained, but primarily to ensure that reserves do not erode over time because of the effect of inflation. Policy has been developed using document CC14 from the Charities Commission.

The Charity's investment objectives are to invest

- 1) securely and flexibly;
- 2) to ensure working capital requirements are met; and
- 3) to seek to protect capital value.

IW Youth Trust will aim to keep on instant access sufficient cash to cover not less than 3 months' operational expenditure and manage the level of risk inherent with achieving the objectives set out above, by holding an investment portfolio with an overall low risk.

There is an annual review by the Finance Committee of non-cash/savings investments to assess performance of the investment, quality of service and alignment with charitable objectives. Finance Committee will report back to the Board accordingly.

## PENSION STATEMENT

All employees are auto-enrolled in a Stakeholder pension scheme with The People's Pension. The minimum employee contribution is 5% of salary, with a 3% contribution from the Youth Trust, as employer.

## PRINCIPLE RISKS & UNCERTAINTIES

The Trustees consider the principle risks facing the charity to be funding security.

Whilst funding for Under 18's counselling has now been secured for 4+2 years, and Lottery funding is secured until 2026, demand is such that these sources do not cover activity, nor does this funding support the development of a Youth Information, Advice and Counselling Service model.

In 2023/24, IW Youth Trust secured significant increase in funding to undertake it's work but grants and contracts were increased for 12 months duration without commitment to renew. Risks arising from funding insecurity is being mitigated through:

- A renewed, strategic, segmented approach to fundraising to increase public donations and Trusts and Foundations income, as well as commence social enterprise.
- Influencing funders to consider additional funding and extended contract terms.
- Improving financial efficiency.
- Reviewing supplier costs.

## GOING CONCERN

IW Youth Trust remains a going concern

## STATEMENT OF TRUSTEE RESPONSIBILITIES

The Trustees (who are also the Directors for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statement in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP 2019
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was prepared taking advantage of the exemptions available to small companies within the Companies Act 2006 and was approved by the Board of Trustees and signed on its behalf.

## STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The following statements have been affirmed by each of the Trustees of the charitable company:

- so far as each Trustee is aware, there is no relevant audit information, (that is information needed by the company's auditors in connection with preparing their report), of which the company's auditors are unaware; and
- each Trustee has taken all the steps that he / she ought to have taken as a Trustee in order to make himself / herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Morris Crocker, having been appointed as auditor following the last annual general meeting, indicated its willingness to be reappointed as statutory auditor and a resolution to re-appoint them as auditors will be proposed at the next Annual General Meeting.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP).

Approved by order of the board of trustees on and signed on its behalf by:

Kay Boycott  
Chair of Trustees



Dated: 31/10/24

## INDEPENDENT AUDITORS REPORT

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Report of the Independent Auditors for the year ended 31 March 2024**

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE ISLE OF WIGHT YOUTH TRUST**

**Opinion**

We have audited the financial statements of Isle of Wight Youth Trust (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE ISLE OF WIGHT YOUTH TRUST

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit, or
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Strategic Report of in preparing the Report of the Trustees.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

From discussion with management and those charged with governance information about the entity is documented to assess the activity within the organisation. We discuss management's assessment of risk in respect of irregularities, fraud and going concern.

Based on these discussions and our own assessments we determined that the key risk areas were income recognition in respect of cut off issues and management override concerning the size of the organisation.

We set financial statement materiality level based on the level of income. As a not-for-profit organisation raising income is its primary focus which is why income was used to determine the level of materiality. Our overall assessment of risk was used to determine performance materiality at an appropriate level.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE ISLE OF WIGHT YOUTH TRUST

Our responsibilities for the audit of the financial statements (cont ...)

Substantive audit tests were designed after assessing and performing walkthrough tests. The walkthrough testing confirmed documented systems which have been designed to act as a preventative measure against fraud and error which appear to be operating as documented. Substantive testing tested a sample of the population, representative of the population, to identify errors. The testing did not identify any material misstatements in areas tested.

Audit substantive tests concluded no material errors over the key risk areas of income recognition and management override.

The audit considers the organisation is not exposed to material risk of error as a result of assessing laws and regulations that are appropriate to the organisation.

Management assessed there is no going concern risk. The audit undertook a review of budgets, management accounts and the review of board minutes and came to the same conclusion as management.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

*Stuart Mackie*

Stuart Mackie (Senior Statutory Auditor)  
for and on behalf of Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 15/11/2024

## FINANCIAL REPORTS

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>INCOME:</b>					
Donations and legacies		46,546	322,885	369,431	158,241
Charitable activities		879,215	4,012	883,227	639,725
Investments		<u>6,632</u>	<u>-</u>	<u>6,632</u>	<u>5,808</u>
<b>TOTAL INCOME</b>	3	<u>932,393</u>	<u>326,897</u>	<u>1,259,290</u>	<u>803,774</u>
<b>EXPENDITURE</b>					
Raising funds:		35,978	-	35,978	55,538
Charitable activities:					
Counselling and wellbeing services		<u>990,811</u>	<u>191,291</u>	<u>1,182,102</u>	<u>891,035</u>
<b>TOTAL EXPENDITURE</b>	4	<u>1,026,789</u>	<u>191,291</u>	<u>1,218,080</u>	<u>946,573</u>
<b>NET (EXPENDITURE)/INCOME BEFORE TRANSFERS</b>		(94,396)	135,606	41,210	(142,799)
Gross transfers between funds		<u>(112)</u>	<u>112</u>	<u>-</u>	<u>-</u>
<b>NET MOVEMENT IN FUNDS</b>		(94,508)	135,718	41,210	(142,799)
<b>FUND RECONCILIATION</b>					
Fund balances at 1 April 2023		<u>549,600</u>	<u>20,687</u>	<u>570,287</u>	<u>713,086</u>
Fund balances at 31 March 2024		<u>455,092</u>	<u>156,405</u>	<u>611,497</u>	<u>570,287</u>

The Statement of Financial Activities includes all gains and losses in the period.

All incoming resources and resources expended derive from continuing activities.

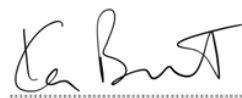
Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

BALANCE SHEET

	Notes	£	2024 £	£	2023 £
<b>FIXED ASSETS</b>					
Tangible assets	8		281,103		292,535
<b>CURRENT ASSETS</b>					
Debtors	9	53,295		30,489	
Cash at bank		306,544		191,849	
Short term investments		<u>181,499</u>		<u>258,924</u>	
		541,338		481,262	
<b>CREDITORS: amounts falling due within one year</b>	10	<u>(73,214)</u>		<u>(60,477)</u>	
<b>Net current assets</b>			<u>468,124</u>		<u>420,785</u>
<b>Total assets less Current liabilities</b>			749,227		713,320
<b>CREDITORS: amounts falling due after more than one year</b>	11	<u>(137,730)</u>		<u>(143,033)</u>	
<b>Total net assets</b>			<u>611,497</u> =====		<u>570,287</u> =====
<b>INCOME FUNDS</b>					
Unrestricted funds	12	455,092		549,600	
Restricted funds	13	<u>156,405</u>		<u>20,687</u>	
		611,497		570,287	
		=====		=====	

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees on 31/10/2024 and signed on its behalf by:



Kay Boycott, Chair of Trustees

Company Registration Number: 04149036

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

CASHFLOW STATEMENT

		2024 £	2023 £
<b>Cash flow from operating activities</b>			
Net cash flow from operations	as below	<u>36,555</u>	<u>(180,026)</u>
<b>Total cash flow from operating activities</b>		<u>36,555</u>	<u>(180,026)</u>
<b>Cash flow from investing activities</b>			
Interest received		5,057	5,808
Payments for fixed assets		-	(16,324)
Proceeds from disposal of investments		159,000	-
Purchase of investments		<u>(80,000)</u>	<u>(87,770)</u>
<b>Total cash flow on Investing activities</b>		<u>84,057</u>	<u>(98,286)</u>
<b>Cash flow from financing activities</b>			
Repayment of borrowing		<u>(5,917)</u>	<u>(6,263)</u>
<b>Total cash flow on financing activities</b>		<u>(5,917)</u>	<u>(6,263)</u>
<b>Net increase in cash and cash equivalents</b>		114,695	(284,575)
Cash and cash equivalents at 1 April 2023		<u>191,849</u>	<u>476,424</u>
Cash and cash equivalents at 31 March 2024		306,544	191,849
		=====	=====
<b>Cash and cash equivalents consist of:</b>			
Cash at bank and in hand		<u>306,544</u>	<u>191,849</u>
Cash and cash equivalent at 31 March 2024		306,544	191,849
		=====	=====
<b>Reconciliation of income to net cashflow from operations:</b>			
		2024 £	2023 £
Net surplus of income over expenditure for the year		41,210	(142,799)
Adjustments for:			
Interest received		(5,057)	(5,808)
Depreciation charges		11,432	12,816
Gain on disposal of investments		(1,575)	-
(Increase)/decrease in debtors		(22,806)	34,263
Increase/(decrease) in creditors		<u>13,351</u>	<u>(78,498)</u>
<b>Net cash from operations</b>		<u>36,555</u> =====	<u>(180,026)</u> =====

Analysis of changes in net debt:

	At start of the year £	Cashflows £	Other non-cash changes £	At end of the year £
Cash and cash equivalents	191,849	114,695	-	306,544
Loans falling due within one year	(5,778)	614	-	(5,164)
Loans falling due after one year	<u>(143,033)</u>	<u>5,303</u>	-	<u>(137,730)</u>
<b>Total</b>	<u>43,038</u> =====	<u>120,612</u> =====	<u>-</u> =====	<u>163,650</u> =====

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**Basis of accounting**

The Isle of Wight Youth Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information page at the front of these financial statements. The nature of the charity's operations and principal activity is providing counselling services to young people in the Isle of Wight.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

**Income recognition policies**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations, legacies and gifts and are included in full in the Statement of Financial Activities when the Charity has control over the income, any conditions placed are met, the receipt is probable, and that it can be measured reliably.
- Grants, including Government Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant and as the charity earns the right to income through delivery of services.
- Donated services and facilities (Gifts in kind) are included at the value to the charity only where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when received.

**Debtors**

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**Resources expended**

Expenditure is recognised on an accruals basis as the liability is incurred. All costs are shown in full and no netting off with income occurs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates:

- Fundraising costs comprise the costs associated with attracting grants and other voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis. Salaries are allocated by reviewing time spent by each employee on the activities and attributing cost accordingly.

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES (continued ...)

**Allocation of Support Costs and Governance**

Support costs are those functions which assist the work of the charity, but do not directly comprise charitable activities. Support costs are allocated to fundraising costs and charitable activities proportionate to the use of those costs as shown in note 4.

Governance costs include accounting support with the year end accounts and Audit (2023: Independent Examination) costs.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due can be measured reliably.

**Financial assets and liabilities**

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Tangible Fixed Assets and Depreciation**

Tangible fixed assets other than freehold land are stated at cost less depreciation. Assets below £1,000 are not treated as capital. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	2%	Straight line
Office equipment	20%	Reducing balance.
Computer equipment and database	50%	Straight line

**Taxation**

No corporation tax has been provided in these accounts because the income of the charity is within the exemption granted by Section 505 of the Income and Corporation Taxes Act 1988 to the extent that these funds are applied to Charitable objects.

**Pensions**

The Trust operates a defined contribution stakeholder pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**Judgements and key sources of estimation uncertainty**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

**Operating Lease rentals**

Rentals payable under operating leases are charged as an expense to the Statement of Financial Activities on a straight-line basis over the lease term, even if the payments are not made on such a basis.

**Employee benefits**

The Charity contributes to a defined contribution scheme on behalf of its employees. The assets of the scheme are held separate from those of the Charity in an independently administered fund. The pension costs charged in the period represents the employer's contributions payable in respect of the accounting period.

**Cash at bank and in hand**

Cash at bank and in hand includes cash, bank account balances, and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

NOTES TO THE FINANCIAL STATEMENTS

2. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES

As required by SORP FRS102, the comparative SOFA information is produced below.

	Unrestricted Funds £	Restricted Funds £	Total 2023 £
<b>INCOME:</b>			
Donations and legacies	17,981	140,260	158,241
Charitable activities	575,079	64,646	639,725
Investments	<u>5,808</u>	-	<u>5,808</u>
<b>TOTAL INCOME</b>	<u>598,868</u>	<u>204,906</u>	<u>803,774</u>
<b>EXPENDITURE</b>			
Raising funds	55,538	-	55,538
Charitable activities:			
Counselling and wellbeing services	<u>626,281</u>	<u>264,754</u>	<u>891,035</u>
<b>TOTAL EXPENDITURE</b>	<u>681,819</u>	<u>264,754</u>	<u>946,573</u>
<b>NET (EXPENDITURE)/INCOME BEFORE TRANSFERS</b>	<u>(82,951)</u>	<u>(59,848)</u>	<u>(142,799)</u>
Gross transfers between funds	-	-	-
<b>NET MOVEMENT IN FUNDS</b>	<u>(82,951)</u>	<u>(59,848)</u>	<u>(142,799)</u>
<b>FUND RECONCILIATION</b>			
Fund balances at 1 April 2022	<u>632,551</u>	<u>80,535</u>	<u>713,086</u>
Fund balances at 31 March 2023	<u>549,600</u>	<u>20,687</u>	<u>570,287</u>

3. INCOME

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<u>Donations and legacies</u>				
Donations including gift aid	20,319	-	20,319	16,981
Legacies	5,000	-	5,000	-
Grants and donations – Charities and Foundations	<u>21,227</u>	<u>322,885</u>	<u>344,112</u>	<u>141,260</u>
	<u>46,546</u>	<u>322,885</u>	<u>369,431</u>	<u>158,241</u>
<u>Income from Charitable Activities</u>				
Service level agreements	879,215	4,012	883,227	639,725
<u>Investment Income</u>				
Bank interest	6,632	-	6,632	5,808
<b>TOTAL</b>	<u>932,393</u>	<u>326,897</u>	<u>1,259,290</u>	<u>803,774</u>

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

NOTES TO THE FINANCIAL STATEMENTS

4. EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<u>Fundraising costs:</u>				
Consultancy	-	-	-	11,664
Wage costs (see note 6)	31,862	-	31,862	38,604
Support costs	<u>4,116</u>	-	<u>4,116</u>	<u>5,270</u>
	<u>35,978</u>	-	<u>35,978</u>	<u>55,538</u>
<u>Charitable activities:</u>				
Counselling services:				
Wage costs (see note 6)	784,820	138,695	923,515	725,762
Sessional fees	-	5,363	5,363	8,197
Direct costs	103,996	6,827	110,823	49,853
Support costs	<u>78,705</u>	<u>40,406</u>	<u>119,111</u>	<u>99,083</u>
	<u>967,521</u>	<u>191,291</u>	<u>1,158,812</u>	<u>882,895</u>
<u>Governance costs:</u>				
Accounting and Independent Examination	<u>23,290</u>	-	<u>23,290</u>	<u>8,140</u>
	<u>990,811</u>	<u>191,291</u>	<u>1,182,102</u>	<u>891,035</u>
<b>TOTAL</b>	<u>1,026,789</u>	<u>191,291</u>	<u>1,218,080</u>	<u>946,573</u>

	2024 £	2023 £
<u>Support costs</u>		
Payroll charges	2,099	846
Printing postage and administration costs	5,697	5,440
Advertising and marketing	7,424	7,573
Utilities	9,594	6,516
Cleaning and Covid-19 costs	8,105	8,437
Insurance	5,786	7,508
Subscriptions	4,755	3,443
Bank charges and interest	12,183	8,406
Telephone	8,435	5,801
Bookkeeping support and software	864	3,956
Consultants and recruitment	16,643	5,207
Rent and leases	14,000	14,000
Maintenance	7,792	8,817
Sundry	8,418	5,587
Depreciation	<u>11,432</u>	<u>12,816</u>
	<u>123,227</u>	<u>104,353</u>
Allocated based on use of resources:		
To Fundraising costs	4,116	5,270
To Charitable activities	<u>119,111</u>	<u>99,083</u>
<b>Total</b>	<u>123,227</u>	<u>104,353</u>

Isle of Wight Youth Trust  
Company Limited by Guarantee  
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NOTES TO THE FINANCIAL STATEMENTS

5. ADMINISTRATIVE EXPENSES	2024 £	2023 £
The surplus/(deficit) is stated after charging:		
Independent examination	-	2,895
Audit	7,500	-
Other accounting services	14,271	9,201
Depreciation of owned fixed assets	11,432	12,816
	=====	=====

6. STAFF COSTS AND RELATED PARTY TRANSACTIONS

	2024 £	2023 £
Wages and salaries	868,333	689,199
Social Security costs	68,774	59,998
Pension costs	<u>18,270</u>	<u>15,169</u>
	955,377	764,366
	=====	=====
Allocated to:		
Fundraising costs	31,862	38,604
Charitable activities	<u>923,515</u>	<u>725,762</u>
	955,377	764,366
	=====	=====

The average number of employees during the period was as follows:

	2024	2023
Project and office administration	35	27
	==	==
One employee received remuneration in excess of £60,000 (2023 - £60,000).		
	2024	2023
£60,001 to £70,000	1	1
	==	==

No payments were made to any Trustee either as remuneration, or the reimbursement of travel or other expenses. Trustees' indemnity insurance is paid by the Charity.

The total costs attributable to senior management personnel amounted to £170,312 for the year to 31 March 2024 (2023: £177,491). Senior management personnel comprise the Chief Executive Officer, Head of Finance, and the Head of Counselling & Wellbeing/MHST Lead.

7. PENSIONS

The charity operates a defined contribution pension scheme – the assets of which are held separate to the Trust's assets. Amounts due at the year end £3,084 (2023 – £3,222). The contributions for the year are shown in note 6.

Isle of Wight Youth Trust  
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NOTES TO THE FINANCIAL STATEMENTS

8. TANGIBLE FIXED ASSETS

	Freehold Property £	Office Equipment £	Total £
Cost at 1 April 2023	294,222	96,621	390,843
Additions in the year	-	-	-
At 31 March 2024	294,222	96,621	390,843
	=====	=====	=====
Depreciation at 1 April 2023	29,423	68,885	98,308
Charge for the period	<u>5,884</u>	<u>5,548</u>	<u>11,432</u>
At 31 March 2024	35,307	74,433	109,740
	=====	=====	=====
Net Book Value at 31 March 2024	258,915	22,188	281,103
	=====	=====	=====
Net Book Value at 31 March 2023	264,799	27,736	292,535
	=====	=====	=====

The freehold property is secured by a mortgage charge by the Charity's bankers.

9. DEBTORS

	2024 £	2023 £
Grants receivable	41,048	21,277
Other debtors	3,375	-
Prepayments	<u>8,872</u>	<u>9,212</u>
	53,295	30,489
	=====	=====

10. CREDITORS DUE WITHIN ONE YEAR

	2024 £	2023 £
Amounts falling due within one year:		
Bank loan (current portion)	5,164	5,778
Accounts payable	29,411	24,486
Taxation including social security	17,100	17,262
Other creditors	3,948	4,956
Accruals	<u>17,591</u>	<u>7,995</u>
	73,214	60,477
	=====	=====

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

NOTES TO THE FINANCIAL STATEMENTS

	2024 £	2023 £
<b>11. CREDITORS DUE AFTER ONE YEAR</b>		
Amounts falling due after more than one year:		
Bank loan	137,730	143,033
	=====	=====
Amounts repayable by installments in more than 5 years:		
Bank loan	110,530	118,178
	=====	=====

The bank loan is secured on the Charity's freehold property and is at commercial rates of interest.

**12. UNRESTRICTED FUNDS**

	At 1 April 2023 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2024 £
<b>Unrestricted</b>	464,600	827,393	(891,789)	-	(112)	400,092
<b>Designated</b>						
ICB activity increase	-	105,000	(50,000)	-	-	55,000
Mobilisation	85,000	-	(85,000)	-	-	-
<b>Total Designated</b>	<u>85,000</u>	<u>105,000</u>	<u>(135,000)</u>	<u>-</u>	<u>-</u>	<u>55,000</u>
<b>Total Unrestricted fund</b>	<u>549,600</u>	<u>932,393</u>	<u>(1,026,789)</u>	<u>-</u>	<u>(112)</u>	<u>455,092</u>

The Trust has designated the above "mobilisation" funds towards the planned organisational transformation and managing the NHS procurement process for the U18 counselling service to improve future delivery of the charity's objects.

ICB agreed a non-recurring financial uplift to support management of increased referral demand.

COMPARATIVE	At 1 April 2022 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2023 £
<b>Unrestricted</b>	380,051	598,868	(634,319)	-	120,000	464,600
<b>Designated</b>						
Building fund and roof repairs	55,000	-	-	-	(55,000)	-
Service transition	150,000	-	-	-	(150,000)	-
Workforce development	47,500	-	(47,500)	-	-	-
Mobilisation	-	-	-	-	85,000	85,000
<b>Total Designated</b>	<u>252,500</u>	<u>-</u>	<u>(47,500)</u>	<u>-</u>	<u>(120,000)</u>	<u>85,000</u>
<b>Total Unrestricted fund</b>	<u>632,551</u>	<u>598,868</u>	<u>(681,819)</u>	<u>-</u>	<u>-</u>	<u>549,600</u>

Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Audited Accounts for the year ended 31 March 2024

NOTES TO THE FINANCIAL STATEMENTS

**13. RESTRICTED FUNDS**

	At 1 April 2023 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2024 £
Advocacy – Year of the Child	12,085	44,456	(30,682)	-	25,859
Skateboarding	2,500	-	(2,500)	-	-
Specialist Counselling	3,000	-	(3,000)	-	-
Welfare	3,102	500	(569)	-	3,033
OPCC Ace'ing it	-	12,351	(1,735)	-	10,616
Travel Safe Space	-	9,752	(2,793)	-	6,959
Sovereign Housing	-	20,000	(4,439)	-	15,561
Children In Need	-	70,000	(35,000)	-	35,000
National Lottery – Reaching Communities	-	147,582	(101,065)	-	46,517
HIWCF – Bridging the Gap	-	5,000	(2,083)	-	2,917
HIWCF – Building emotional resilience	-	4,912	(55)	-	4,857
RAISE	-	4,000	(4,000)	-	-
School Wellbeing	-	7,806	(2,720)	-	5,086
Skipton Foundation	-	538	(650)	112	-
<b>Total Restricted funds</b>	<u>20,687</u>	<u>326,897</u>	<u>(191,291)</u>	<u>112</u>	<u>156,405</u>

Comparative information

	At 1 April 2022 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2023 £
Mental Health Schools Team	48,887	-	(48,887)	-	-
Counselling Services	27,450	114,939	(142,389)	-	-
Society of Friends	4,198	16,282	(20,480)	-	-
Advocacy – Year of the Child	-	36,256	(24,171)	-	12,085
Skateboarding	-	19,921	(17,421)	-	2,500
Specialist Counselling	-	4,000	(1,000)	-	3,000
Welfare	-	3,483	(381)	-	3,102
Youth Voice	-	10,025	(10,025)	-	-
<b>Total Restricted funds</b>	<u>80,535</u>	<u>204,906</u>	<u>(264,754)</u>	<u>-</u>	<u>20,687</u>

- Mental Health School Team - funds school-based wellbeing services.
- Counselling Services - restricted fund is predominantly from Children in Need and the National Lottery for 18–25-year-olds and over 12 sessions.
- The Society of Friends (Quakers) - provided funds for digital resilience which supported staff training and a client record database
- Advocacy – Year of the child provided funding for advocacy work to celebrate the Year of the Child
- Skateboarding - supported the delivery of accessible eight week "Skating into Wellbeing" programs.
- Specialist Counselling - provided funding to deliver expertise as part of the RAISE Autism project in schools.
- Welfare - is funding to help with service users' basic welfare needs.
- Youth Voice - supports the representation of voiced of young people on the Isle of Wight
- OPCC Ace'ing it - Office of Police & Crime Commissioner (OPCC), project called Ace'ing it.
- Travel Safe Space – IW Foundation, project called Travelling safe space. Support to buy video equipment & training for young people.
- Sovereign Housing – To support young people into accommodation.
- Children In Need - Funding received to support core costs; providing subsidy to part cover the salary of Head of Counselling and Wellbeing Services and CEO.
- National Lottery Reaching Communities – The National Lottery 'Reaching Communities' fund. - Increasing the wellbeing offer into the community to improve CYP isolation & mental health.

NOTES TO THE FINANCIAL STATEMENTS

13. RESTRICTED FUNDS (continued)

- HIWCF Bringing the Gap - Hampshire and IW Charitable Foundation. Bridging the Gap. - To deliver 18 – 25 counselling sessions
- HIWCF Building emotional resilience - Hampshire and IW Charitable Foundation. Building emotional resilience. - To deliver EMOTIONAL coping skills groups to build resilience and address self-harm for CYP
- RAISE - Supporting parents of autistic children with coffee morning support groups & learning walks in schools
- School Wellbeing - Big Give (school wellbeing). All primary schools were offered the opportunity to receive wellbeing boxes, five ways to wellbeing resource boxes delivered to 28 primary schools across the island with resources & lesson plans.
- Skipton Foundation – this is towards Hygiene Bank products – Specialist equipment's which includes EMDR machine for therapy. During the year a contribution was made from unrestricted funds to cover the costs incurred which exceeded income received.

14. ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted & Designated Funds £	Restricted Funds £	2024 £	2023 £
Tangible fixed assets	281,103	-	281,103	292,535
Current assets	384,933	156,405	541,338	481,262
Creditors	<u>(210,944)</u>	<u>-</u>	<u>(210,944)</u>	<u>(203,510)</u>
	455,092	156,405	611,497	570,287
	=====	=====	=====	=====

COMPARATIVE ANALYSIS OF NET ASSETS BY FUNDS

	Unrestricted & Designated Funds £	Restricted Funds £	2023 £	2022 £
Tangible fixed assets	292,535	-	292,535	289,027
Current assets	460,575	20,687	481,262	712,329
Creditors	<u>(203,510)</u>	<u>-</u>	<u>(203,510)</u>	<u>(288,270)</u>
	549,600	20,687	570,287	713,086
	=====	=====	=====	=====

15. LEASING COMMITMENTS

The charity has operating lease commitments in respect of land and buildings as outlined below:

	2024 £	2023 £
Within one year	24,000	14,000
Between two and five years	<u>30,375</u>	<u>10,500</u>
	54,375	24,500
	=====	=====

NOTES TO THE FINANCIAL STATEMENTS

16. FINANCIAL INSTRUMENTS

	2024 £	2023 £
Financial assets measured at fair value	532,466	472,050
Financial liabilities measured at fair value	<u>(210,944)</u>	<u>(203,509)</u>
	321,522	268,541
	=====	=====

17. RELATED PARTY TRANSACTIONS

There were no disclosable related party transactions during the year (2023 – Nil)

# WITH THANKS TO OUR SUPPORTERS...



**ISLE OF WIGHT YOUTH TRUST**

England & Wales - Charity number 1087163

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# Accounts

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**Company Number: 04149036**  
**Registered Charity Number: 1087163**

# **ISLE OF WIGHT YOUTH TRUST**

**A Company Limited by Guarantee**

**TRUSTEES REPORT AND UNAUDITED ACCOUNTS**

**FOR THE YEAR ENDED**

**31 MARCH 2023**

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2023  
REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Trustees / Directors</b>	Kay Boycott (Chair) Peter Elliott Helen Farrant Michael Lilley Alison Pleszak Jonathan Read Edward Webb
<b>Chief Executive Officer</b>	Jo Dare
<b>Company Secretary</b>	Natascha Nelson
<b>Patrons</b>	Rob da Bank Josie da Bank Lord Michael Grade
<b>Charity Number:</b>	1087163
<b>Company Number:</b>	04149036
<b>Principal address &amp; Registered Office</b>	114 Pyle Street Newport Isle of Wight PO30 1XA
<b>Contact details:</b>	
Tel:	01983 529569
Email:	<a href="mailto:info@iowyouthtrust.co.uk">info@iowyouthtrust.co.uk</a>
Website	<a href="http://www.iowyouthtrust.co.uk">www.iowyouthtrust.co.uk</a>
<b>Bankers</b>	Barclays 8 High Street Ryde PO33 4PE
<b>Independent Examiner</b>	Moore (South) LLP 9 St John's Place Newport Isle of Wight PO30 1LH
<b>Governing Instrument</b>	Memorandum and Articles of Association dated 29 January 2001

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2023**

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## **Message from our Chair**

Empowering young people to face life's challenges is at the core of the IW Youth Trust's work. At this incredibly challenging time for young people, we are seeing significant increases in demand for our support. This is against an economic backdrop that means funding for these critical services is being squeezed ever more tightly.

I have recently had the privilege to be appointed as the new Chair of the IW Youth Trust in July 2023 to play some part in ensuring children and young people's mental health needs are recognised and met. Whilst it is undoubtedly a tough time for the charity, I have been so impressed by how the organisation is responding to the challenges we face. There is a clear passion to find more creative and ambitious ways to help children and young people.

The IW Youth Trust is now the sole provider of commissioned under 18's counselling on the Island after successfully gaining the ICB contract in January 2023 following a rigorous NHS tendering process. This will expand the counselling offer by approximately 40% from April 2023 and will include a wider YIACS model of Youth Information, Advice and Counselling as part of the service specification. In the last 12 months we have delivered 2,960 face to face sessions and 676 online or phone sessions to 867 children and young people referring in for support. 40% state anxiety as their main reason for needing therapy. Our clinical YP-CORE outcome measures show an 86% improved outcome score following an intervention with our skilled clinical team of counsellors and practitioners.

Wellbeing services continue to expand with the development of information, advice, and guidance to work alongside therapeutic services delivered by Child Wellbeing Practitioners (CWP's). Through activity groups, workshops, and resources on our website we have been able to extend our support to many more young people and their parents and develop their skills, confidence, and resilience.

Our youth voice has gained in strength with our Youth Taskforce being more involved in leadership and decision making helping to guide the direction of the IW Youth Trust and influence policy makers and services providers.

However, none of this is possible without the tireless efforts of our staff, volunteers, fundraisers, donors and supporters who help us continue to change young people's lives. I am enormously grateful for their efforts. I must also end with one important thank you to Malcolm Marshall who retired as Chair after 6 years, including through the pandemic. He leaves the IW Youth Trust with strong foundations in place, and I'm looking forward to working with everyone to build on these to ensure young Islanders get the help they need.

Kay Boycott (Chair)

## **Message from our CEO**

'Changing the Odds', the title of our new strategy published in 2022, is our commitment to children, young people and those who look after and care for them, that the deteriorating mental health of our local children and young people is not acceptable – and we will do everything in our power to make it better. Children and young people deserve the opportunity to grow, develop and find their place in life with feelings of hope, not anxiety and isolation.

Whilst we cannot change the wider world we live in, we can make a positive difference to our local Island environment, delivering the best services possible to create lasting change. We want to ensure that every young Islander who needs support, can access help easily and in a way that is meaningful for them to build resilience and aid recovery.

This is not without its challenges. Funding to deliver services has not kept pace with demand, meaning longer waiting times for support. But waiting is hard when life doesn't feel like it's worth living, when you wake up so anxious that getting into school is impossible, when the only way to release your feelings is to lash out at others or harm yourself. What was challenging becomes more difficult or a crisis the longer you wait.

As a result, in 2023, we are starting to trial ways to extend our offer and introduce innovative new services that start to build wellbeing and resilience until therapeutic services become available.

For some young people that might mean access to groupwork, which can build social and emotional connections so that, for some, wellbeing support will be enough to deliver resilience without further therapeutic work being necessary.

For others, therapeutic support is the first step to understand and make sense of the feelings they have, with wellbeing activity offered as a 'step down' to maintain support for longer once therapy ends.

We can only change the odds if we respond differently and prevent poor mental health from reoccurring, but if it does, that the challenges being faced are done with better understanding of what's happening and a toolbox of skills and techniques to reduce severity and promote recovery more quickly.

And this is the core of what we do. Our amazing, expert staff team create an individual, bespoke package of support that children and young people take with them into adulthood, and we listen and learn every day to the voice of young people who tell us what they want and need.

Together, we can and will change the odds.

Jo Dare (CEO)

## **A Message from our Youth Taskforce**

Being part of the IW Youth Trust's Taskforce is really important to us as it means we can share ideas with each other and agree common objectives which can be shared with, and help influence, the IW Youth Trust's staff, Trustees and other organisations involved with young people and their mental health and wellbeing.

Our passion is to help other young people if they are experiencing mental health issues and being part of the Taskforce empowers us to do this.

The work we do is also positive for our own wellbeing as it also enables us to meet new people and the activities, we participate in, help us to make new friends and support others. This year we have taken part in Pride, BeachFest and RiverFest and events like this make us feel like we are part of a community.

We have lots of plans and ideas for the coming year, but our key areas of focus are.

- Increase the visibility of the IW Youth Trust
- Get more people involved in the Youth Social Action Project
- Organise more activities to support fundraising.
- Review how sessions are run at the IW Youth Trust and other mental health services and provide feedback where we feel changes would benefit young people.
- Supporting young people through revision and exams

Every young person is welcome to join the Taskforce. If you are interested in becoming a member, please visit our website to find out more and complete the online form. Or email [taskforce@iowyouthtrust.co.uk](mailto:taskforce@iowyouthtrust.co.uk)

## Challenges facing Children and Young People on the Isle of Wight – 2022/2023

### Our context at a glance

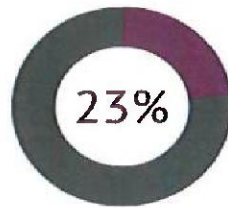
2022



Nearly a third (32%) children under the age of 18 on the Isle of Wight live in poverty[i] an increase of 10% from previous estimates [ii]

23% school pupils on the Island are eligible for Free School Meals - slightly above national average [iii]

25% qualify for pupil premium [iv]



23% of the Island population are under the age of 25[v]



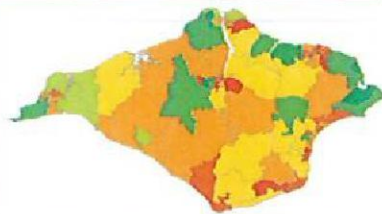
The number of children living in care on the Island is 109 per 10,000 compared to the national average of 70 per 10,000.[vi]



37% of children living on the Isle of Wight do not achieve the expected level of phonics screening in year 1, making the Island the worst performing local authority in the country. [viii]

By secondary school, average attainment at GCSE in English and Maths on the Island is in the bottom 15% of local authorities nationally (131/151).[ix]

This gap in attainment is compounded further for those who go on to study a A Level, with disadvantaged pupils on the Island trailing their affluent peers by 4.2 grades. The average nationally is 3.1.[x]



Levels of deprivation on the Isle of Wight have increased in the past 5 years. The Island is ranked **80** out of 317 local authorities in England and is the third most deprived area in the Solent region. Since 2010, the Islands rank has dropped by 26, 2 since 2015. In 2019 12 areas on the Isle of Wight were within the 20% most deprived in England, 3 are within the 10% most deprived[xi]



Mental health related hospital admissions on the Isle of Wight for those aged under 18 are **263.5** per 100,000. **This is the highest rate nationally** and more than three times the average of 87.5 per 100,000 for England.

Alcohol related hospital admissions for those aged under 18 are the third worst nationally.

The rate of hospital admissions as a result of self harm for those aged 10-24 on the Island has continues to be high. The rate is 554.5 per 100,000 compared to the national average of 421.9 per 100,000. This is the 8th worst rate in the South East region. [xii]

#### Data Sources

- [i]<https://www.jrf.org.uk/data/uk-child-poverty-rates-local-authority>
- [ii]<https://www.health.org.uk/evidence-hub/money-and-resources/poverty/map-of-child-poverty>
- [iii]<https://explore-education-statistics.service.gov.uk/data-tables/fast-track/38f63f82-e005-48ec-bf9a-97b03f57a48c>
- [iv]<https://www.gov.uk/government/publications/pupil-premium-allocations-and-conditions-of-grant-2022-to-2023>
- [v]<https://www.ons.gov.uk/visualisations/censusareachanges/E06000046/>
- [vi]<https://fingertips.phe.org.uk/search/children%20in%20care#page/4/gid/1/pat/6/par/E12000008/ati/402/are/E06000046/fid/90803/age/173/sex/4/c at/-1/ctp/-1/yr/1/nn/nn-12-E06000046/cid/4/tbm/1/page-options/tre-ao-0>
- [viii]<https://explore-education-statistics.service.gov.uk/data-tables/fast-track/7b8ba384-1fd7-4497-becb-0b3de5310ac7>
- [ix]<https://epi.org.uk/education-gap-data/>
- [x][https://epi.org.uk/wp-content/uploads/2022/12/Covid19\\_2021\\_Disadvantage\\_Gaps\\_in\\_England.pdf](https://epi.org.uk/wp-content/uploads/2022/12/Covid19_2021_Disadvantage_Gaps_in_England.pdf)
- [xi]<https://www.iow.gov.uk/Council/transparency/Our-Community1/ISNA-Live-Well-Economy-and-Place/Economy>
- [xii]<https://fingertips.phe.org.uk/profile/child-health-profiles/data#page/1/ati/302/are/E06000046>



**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2023  
TRUSTEES' AND DIRECTORS' REPORT (continued)**

The trustees present their report and accounts for the year ended 31 March 2023. This report also meets the criteria for a Directors' Report under Company Law. The charity is registered in England and Wales as a Company under number 04149036, and as a Charity with the Charity Commission in England and Wales under number 1087163.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Trust's Memorandum and Articles, the Companies Act 2006 and the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) applicable from January 2019.

## **Who we are and what we do**

For almost 40 years the IW Youth Trust has delivered free, professional, and confidential counselling, and psychotherapy services to children and young people aged 5-25, on the Isle of Wight.

Since 2022, we have used a YIACS (Youth Information, Advice and Counselling Services) model to deliver services, as follows:

- Information resources are provided to help understand mental health and signpost to other relevant services.
- Therapists offer one to one, group and family therapy, and use a variety of techniques including counselling, CBT, art and play therapy, and family work.
- Support is given to parents if their child is experiencing poor mental health.

Support is offered in person (121 and groups), online or via the phone.

In addition, we collaborate in service delivery, offering:

- In partnership with Barnardo's and NHS Isle of Wight the delivery of the MHST (Mental Health Support Team) schools' provision on the Isle of Wight.
- In collaboration with Isorropia Foundation, a Transition Service for young people aged 16-25 years, to support their transition between children's and adult's mental health services or moving between childhood to adulthood.

The IW Youth Trust is developing a Wellbeing Service to respond to the needs of children and young people who may not need therapeutic support but who are still struggling, particularly after Covid.

With the aim of preventing a crisis occurring and the need for therapy, in development are a range of activities for wellbeing including social groups and practical support for those finding housing, education and/or employment challenging.

All services have been developed by listening to, and engaging, the voice of children and young people which has been further strengthened throughout the year, not only for IW Youth Trust services, but also to provide guidance about how children and young people's needs can be prioritised to build aspiration and achieve a sense of belonging.

## What we believe – objectives, vision, values

### Charitable objectives

In setting the charity's objectives and planning activities, the trustees have considered the Charity Commission's general guidance on public benefit.

The objects of the charity are to advance the education and training of young people on the Isle of Wight through the relief of poverty, distress, and sickness. To achieve this, our vision is clear, we want to see an Island where children and young people's mental health needs are well recognised and supported.

*It's not just what we say, it's how we do them – our values.*

**Trusting** – in our skill, honesty, integrity, openness and mutual respect to create a safe environment.

**Kind** – through our compassion, understanding and support for one another.

**Positive** – about being non-judgemental, hopeful, optimistic, creative, empowering and celebrating success.

**Collaborative** – in our approach by being flexible, adaptable, engaging - 'no decision about us without us'

### Approach

After developing a new strategic direction, highlighted in our Strategy 'Changing the Odds', in 2022, the IW Youth Trust has begun the process of evolving to become a holistic youth mental health and wellbeing charity delivered through a YIACS (Youth Information, Advice and Counselling Service) approach.

This approach will still bridge the gap between community and statutory services on the Isle of Wight but allow us more flexibility to deliver the services that children and young people tell us they want and need. During 2022-23 the main areas of activity were as follows:

#### Direct service activity:

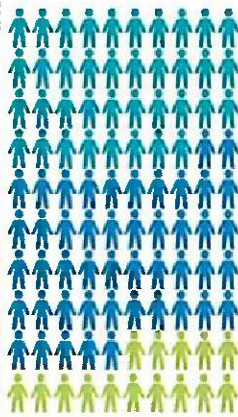
- Free, accessible, confidential therapeutic services.
- Information (signposting), advice and guidance on a range of resources linked to youth mental health.
- Development of early help wellbeing activity to build mental, emotional, practical, and social resilience.
- Parent support to improve knowledge and confidence when a child is experiencing problems with their mental health.
- Supporting youth social action by listening to young people, co-producing ways to improve our, and other services, in our community.

#### Influence/campaigning/collaborative activity to improve mental health outcomes for young people:

- Amplifying youth voice (service users, and those interested in youth mental health), to highlight gaps in services that need development, working in partnership with them to affect positive change.
- Advocating for young people by collaborating with other statutory and charitable organisations engaged in work with young people to transform services, addressing stigma, reducing duplication, and improving referral pathways.
- Researching the problems faced by young people and disseminating results appropriately.

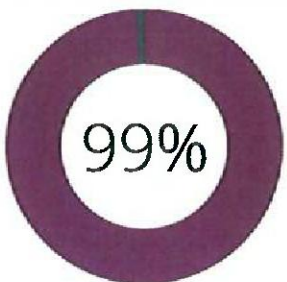
Summary highlights – 2022/3

Our *Impact* at a glance 2022



**How old are the young people we help?**  
 13-17 year olds represent the largest proportion of our service users.

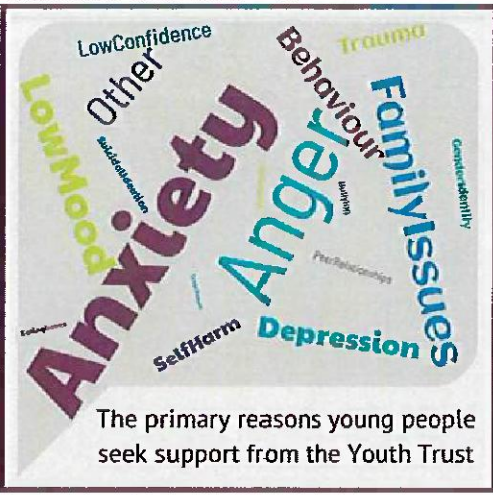
**699**  
**Individuals**  
 attended  
**3636**  
**sessions**  
 representing  
**185230**  
*clinical minutes*




**99%**  
 of service users say they have benefited from their counselling sessions



**867**  
 referrals to the Youth Trust received in year\*

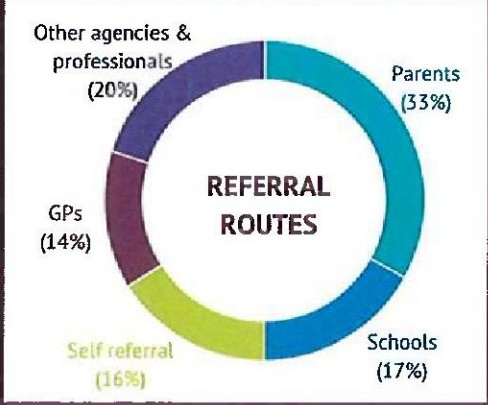


**21** young people aged 16-25 took part in our Skate Well Programme



**81** parents and carers booked onto one of our workshops:

- Supporting your young person with Anxiety
- Supporting your young person with Low Mood
- Understanding Self Harm
- Recognising and Reducing Anger in your Young Person



*"I used to not be able to go a day without over thinking or having intrusive thoughts. I now have none thanks to the Youth Trust."*  
*"I'm feeling like a weight has been lifted after working through deeply rooted issues and feeling better and more positive for the future."*  
*"Youth trust has helped me come to terms with difficult problems in the past and know what to focus on moving forward in life."*  
*"Being able to talk to someone without feeling like a burden to them, having a set time to express my anxiety and emotions and feeling comfortable with a person."*

\* Referral for our one-to-one counselling were paused between 27/10/21 and the 1/2/22

## Driving change/bringing our strategy to life – activities in 2022/3

*An Island where children and young people's mental health needs are well recognised and supported.*

### Strategy and transformation

In 2022 we published our 'Changing the Odds' strategy, received confirmation that we had been awarded the ICB (Integrated Care Board) contract for under 18s counselling and strengthened youth voice.

Whilst some constraints in funding provide additional challenges, this progress has also provided opportunities to review our service model to ensure that it aligns with our vision and with what young people tell us they need.

Further, a new Isle of Wight Mental Health Transformation Board was set up by the ICB with the aim to seek improvements to all ages of mental health services. The IW Youth Trust CEO sits on that Board and is leading on Children, Young People mental health transformation. This gives the IW Youth Trust a wider voice to steer and develop youth mental health on the Isle of Wight.

This annual report review of activities aligns with our strategic ambitions, to evidence progress towards implementation:

## Children and young people have a say in the things that matter to them and help shape the services they need.

### Youth Voice

The focus during this year has been to develop plans to extend youth voice further and enable increased participation.

A bi-annual **CENSUS** (launched in February 2023) has been completed by 1,408 children and young people across many Island schools to gain the voice and feedback from young people. 2021 questions were retained to provide comparative data.

With reduced capacity and no dedicated financial resource, a new approach was trialed this year, promoting the survey through press release to schools, town councils, GP surgeries, Council gyms, Citizens Advice, youth and voluntary organisations, and via social media platforms. The aim was that they would promote the survey, and/or, help children and young people complete the questions. A prize draw incentive was added to encourage uptake.

The results have now been analysed by Public Health and will be published by the end of the year on the Youth Trust website and social media.

The **CENSUS** is influential, increasing awareness about youth mental health to campaign for better services, and highlighting where the charity needs to focus and prioritise development.

**The Youth Taskforce** meets regularly and have invited a range of external organisations and professionals into their meetings to find out more about what they do and to share their thoughts and ideas. These include the Children in Need fund manager, Island Youth MP, Island MP, ICB commissioners, CAMHS (Children and Adolescent Mental Health), NHS Sexual Health services and The National Trust.

Members have also been involved in a number of events and projects including:

- Creation of the new Strategy, website design and social media platforms
- Recruitment of Youth Trust senior staff and the new Chair of the Board
- Helping to run events including Pride, RiverFest and BeachFest
- Supported fundraising, including taking part in an abseil down Portsmouth's Spinnaker Tower.
- Discussions with external consultants supporting stakeholder engagement, as part of a local/regional transformation project in health services.

In March 2023, the Youth Trust recruited a Youth Social Action Development Worker to coordinate and deliver effective opportunities for young Islanders by planning, developing and leading on social action activities including a project

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they designed entitled 'The Travelling Safe Space', with a monthly meet up and range of activities held across the Island. The Travelling Safe Space project also gives young people opportunities to develop life skills including good communications and teamwork.

## **Getting the right information and help earlier when it is needed.**

Developing the YIACS model (Youth Information, Advice and Counselling Services) model fulfilled our desire to provide children and young people with the resources they need to address mental ill health, where possible, before more intensive support is required. It helps to manage increasing demand and supported the successful application to the ICB during the tender process for the under 18's counselling service.

### **Increasing Information, Advice and Guidance (IAG)**

Young people commented that whilst weekly drop-ins were useful, they needed something that was more frequent and not held at specific times. As a result, the new website was launched in 2022, updating presentation and increasing content to provide children and young people with a digital range of relevant and effective tools and resources they could access at any time, day or night.

As well as downloadable resources, apps and signposting, therapeutic staff created content which young people and their families can use in between sessions, or out of services. Services administrators also provide information, advice and guidance once an enquiry is made, individually tailored to each individual, including parents and professionals.

### **MHST – Mental Health Support Team**

The MHST service continues to develop with the recruitment of three trainee EMHP's (Education Mental Health Practitioners) who are currently completing a post graduate diploma in low intensity cognitive behavioural therapy skills at Southampton University and are on track to qualify by January 2024.

A Senior Practitioner has been recruited to strengthen the link between Education, Children's Services and Health. This staff member comes with significant education and safeguarding experience and has been redeployed into MHST for 2 days a week adding value to the team. A second part time Senior Practitioner with many years of clinical expertise also joined the MHST to make this a full-time post. The shared skills of both team members are a real added strength to the team.

MHST has received 457 referrals by 31 March 2023, and delivers 1 to 1 low intensity CBT interventions on Anxiety, Low Mood, Anger and School phobia as well as Whole School Approach workshops, assemblies, and staff support sessions and is currently delivering out of 25 Island schools.

Roll out to additional schools and working in locality clusters commenced in September 2023.

### **Developing Wellbeing**

Whilst one to one counselling remains a core service, wellbeing and group work is being developed at pace to meet demand and increase access for young people requiring emotional and mental health support. The cost-of-living crisis affecting families, and the continuing impact of the pandemic on children and young people, have been key drivers for this level of demand and has required adaptability and innovation to widen our offer. Apart from in person delivery, we have created easier access to digital resources in the form of website links and apps which can aid self-help in times of need.

With the support of funding from the Lottery program 'Reaching Communities' in February 2023, we have started to add staff capacity and expertise to develop a community-based wellbeing offer to help young people access the support when they need it within their local community to increase accessibility. Our aim is to align and integrate therapeutic activity within other youth groups and activities to build resilience that may prevent poor mental health or provide early help support without the need for more intensive interventions and help recovery by giving young people a 'toolbox' of skills and resources for self-help as a first step. This will continue to develop in 2023/24 and over the next 4 years.

To pilot this way of working, individual wellbeing projects were successfully delivered in 2022-23, which included:

- In collaboration with Isorropia Foundation, Skate Well, a 6-week group linked with John Cattle Skate Club to include both physical activity with a wellbeing focus each week delivered to venues across the Island for 14-18 year olds.

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- Wellbeing resource boxes of activities based around the '5 ways to wellbeing', prepared and distributed to 7 Newport Primary schools funded by Newport & Carisbrooke Community Council (NCCC) to help younger children build increasing wellbeing activity into their daily routines.
- Development of more workshop delivery including a successful weekly psycho-educational information session for parents/carers sharing information on anxiety, low mood, anger and self-harm. Those attending felt they had more skills and knowledge to help support their children with these topics.
- Development and delivery of a 16-25 Transition Service and weekly wellbeing groups for this age range, linking with statutory MH providers to support young people as they engage with services at this crucial age and stage of their lives. This was undertaken through collaboration with Isorropia Foundation.
- The recruitment of two additional CWP trainees studying a PG diploma in low intensity CBT and guided self-help skills at Sussex University.

Additionally, IW Youth Trust undertook increased collaboration and co-production to enable the Youth Trust to extend its offer alongside other Island service providers.

## Getting the right help quickly when things get more difficult.

During 2022-2023, progress to evolve a new model to meet demand and achieve our strategy ambitions has been a priority.

In January 2023, after a robust tendering process, the ICB awarded the IW Youth Trust a new, 4 (+2) year, single provider contract for the under 18s counselling contract.

The transfer (TUPE) of 5 staff from the outgoing contract holder, Barnardo's, alongside the transfer of many additional referrals previously held on Barnardo's waiting list has seen a significant increase in both referral numbers and delivery of sessions to meet demand. It was clear that there was a need for initial investment to maintain capacity of both teams, to both address their waiting list and meet general increasing demand. Unfortunately, this level of staffing capacity (supported by reserves) could not be maintained without additional contract funding by the ICB which has not been forthcoming, to date. We continue to show the need for more funding in the hope that this can be remedied.

Additionally, previous grant funding for over 12 session complex work and 18-25's counselling came to an end in March 2023, leaving a further funding gap.

Currently, those aged 18+ are being diverted into the statutory Talking Therapies service for an assessment or the Isorropia Foundation Wellbeing Service. However, we recognise there remains a gap for a trusted counselling service for those who cannot afford to pay a private sector counsellor and we continue to seek funding to reinstate this service.

We are also prioritising seeking funding to support particularly vulnerable children and young people who are close to/in crisis, and who need longer term therapeutic support, which is not provided for under the ICB contract. This work will support those with abandonment or attachment issues, trauma, or other Adverse Childhood Experiences (ACEs), including, Children in Care (CiC), or where gaps are identified requiring a more bespoke clinical intervention for example, those with a disability.

In response to high levels of neurodivergent children and young people being referred to the IW Youth Trust, also requiring more specialist, holistic, longer term tailored support, a specialist ASC/LD (Autism Spectrum Condition/Learning Disability) trainee practitioner has been recruited. Alongside the young person, parents and siblings can be engaged to help understand and address home support needs. This can be undertaken at our clinic space or at a familiar base to them such as their home or school. We hope to continue to evolve this service in the future.

In 2022/23, the IW Youth Trust has also delivered a Tics and Tourette's group for skills and support (children/young people, and parents), with referrals coming from GP's.

Development of this service activity has been achieved by our skilled staff, who have undertaken further training and skills building to keep up with current issues facing young people, including gender issues, Online Safety, trauma informed practice and Safeguarding.

## Getting the infrastructure right to deliver our strategy.

### People

With workforce shortages in Health and Care, a key priority is to be considered an *Employer of Choice* and several initiatives have taken place this year to help achieve this aim:

- Staffology, an online portal for staff, was introduced to enable staff to manage their own records more easily. It also enables better management and reporting.
- A staff survey was launched so staff could share their views anonymously to help the charity make improvements. Results were shared with staff and trustees, and changes made where possible. Staff continue to be encouraged to use the online portal to suggest ideas for further development and staff wellbeing.
- Level 1 Disability Confident employer scheme has been achieved and now working towards Level 2.
- Ongoing development of a staff wellbeing activities programme. As part of this several social events have or will take place, including quiz nights, an abseil fundraiser and an annual Christmas dinner paid for by the organisation. In the winter the range of free hot drinks was extended for staff, and ice pops were made available in the summer.
- The organisation's Menopause and Menstruation policy was reviewed using the new BSI (British Standard Institution) standards.
- Our sickness rates remain below national average at 3.4%, at the time of writing.

### Managing Risk

The IW Youth Trust manages risk to ensure the safety of staff and those we serve, as follows:

- An internal clinical audit (CQC standard) was carried out during 2022, following which an action plan was created and is regularly monitored by the Head of Counselling and Wellbeing in collaboration with senior clinical staff to quality assure service delivery.
- Qualified and experienced external Clinical Supervisors provide regular and consistent 3-way clinical supervision for all clinical counselling and wellbeing staff.
- Risk Registers are held for both Clinical services and Finance/Operations. These are regularly reviewed and updated by senior staff and Trustees. Members of the subcommittees have oversight at the end of each quarter.
- A Safe Waiting List and Escalation Policy has been written and adopted this year to embed safe working practices alongside our Threshold Chart.
- Safeguarding Training is refreshed regularly by all clinical team members and Designated Safeguarding Lead (DSL) training completed by our Clinical Lead
- All policies and procedures, and the staff handbook, are reviewed on an annual schedule.
- As part of its tender submission for the under 18's counselling contract, in 2022, Youth Trust achieved Cyber Essentials accreditation.

### Communications

The IW Youth Trust website continues to develop with feedback from young people, staff and the wider public.

Social media platforms are also evolving to ensure that we stay relevant and accessible to the local population. For example, a TikTok account was created and managed by the Digital Marketing apprentice alongside our Youth Taskforce. Increased resources for those needing support have been added.

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**Income generation, events, and community participation**

Global uncertainty has affected financial security for many charities, with significant change in the fundraising landscape. Grant applications to trusts and foundations are increasing, so the percentage of successful applications drafted inevitably decreases. The cost-of-living crisis has resulted in fewer people committing to make donations. Contract values are not keeping pace with inflation and are therefore a reduction in funds to deliver services.

As a result, during 2022/23, many elements of the organisation have been reviewed and challenged to adapt, to ensure it is 'fit for purpose' and will need to continue into 2023/24 to support long-term sustainability.

Discussions commenced about the need to diversify income streams further to create a more sustainable funding approach, which may involve social enterprise, that enables the charity to have more control over the level of unrestricted income generated.

To increase awareness, in 2022/23 there has been a marked increase in the number of events attended by the Youth Trust including BeachFest, RiverFest and Isle of Wight Pride. Several Isle of Wight organisations have also supported the Trust by organising quiz nights to raise funds and awareness.

**Monitoring and evaluation**

There has been an increased use of data to monitor and evaluate services, and charity infrastructure to maintain quality and provide opportunities for service and organisational improvement. Data is also used in reports for trustees and funders.

Data reports are produced every month to monitor referrals, demand and capacity, individual staff caseload and completion of Routine Outcome Measures (ROMS) questionnaire.

Evaluation feedback is sought from every client on completion of intervention (group or 1:1) and collated into a quarterly report. 'You Said – We Did' can then be actioned for any suggestions raised from service user experience.

**How our activities deliver public benefit**

Regular scrutiny looks at what has been achieved over the last 12 months, the beneficial impact on our clients and community and where we might improve and develop further. This keeps us on track and helps ensure that as a charity we are working to our stated purposes, mindful of the Charity Commission's guidance on public benefit in how our executive team plan to deliver activities that contribute to our aims, values, and objectives.

**Goals for the next 12 months – 2023/24**

Over the next 12 months, with a new Chair in post, trustees will work with the Senior Leadership Team to progress the strategy from a set of ambitions to a set of implementation plans that help shape the continued transformation into a YIACS model youth mental health and wellbeing charity by:

- Extending youth engagement to increase influence.
- Protecting current service delivery and innovating to meet new, wider, identified needs that affect children and young people's mental health.
- Managing new roles (Education, Triage, Navigation) to ensure that delivery and financial objectives and plans are developed and met.
- Evidencing impact of services that contribute to the mental wellbeing of young Islanders (and therefore enabling increased and broader funding sources)
- Continuing to build and formalise networks with peer organisations to ensure best practice and local innovation.

We will also continue to focus on the culture of the IW Youth Trust to become an employer of choice, leading by example and creating a people strategy that reflects our role as a mental health charity and being a model employer in this area.

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## Structure, governance, and management

The Charity is controlled by its governing document, the Memorandum and Articles. The Charity is a company limited by guarantee, as defined by the Companies Act 2006 and has no share capital. In the event of a winding up the members (trustees) must contribute a sum up to £10.

The trustees, who are also the directors of the company, who served in the year, were:

Nik Attfield	appointed 13 July 2022, resigned 25 January 2023
Kay Boycott	appointed 12 July 2023
Peter Elliott	
Helen Farrant	appointed 13 July 2022
Antonio Giannotta	appointed 27 April 2022, resigned 29 March 2023
Michael Lilley	
Malcolm Marshall	retired 12 July 2023
Lee Peckham	resigned 12 July 2023
Alison Pleszak	appointed 13 July 2022
Jonathan Read	appointed 26 April 2023
Amy Sweeting	appointed 27 April 2022, resigned 12 July 2023
Edward Webb	
Shaun Woolford	resigned 7 September 2022

The trustees delegate the management functions of the Charity to the CEO which empowers the CEO to delegate further to the Senior Leadership Team and other staff.

The charity has policies and procedures in place covering all aspects of operational and strategic functions of the organisation.

The trustees have a wide range of relevant experience with skills and background in clinical practice, commerce, local government, HR, property, charities, and accounting. Candidate trustees with relevant skills are recruited and first meet with the CEO and Chair of Trustees. Following their recommendation, candidates then attend a more formal interview with two trustees, before being appointed by the Board of Trustees. All trustees are subject to a Disclosure and Barring Service (DBS) check, and confirmation of compliance with the Trustees Code of Conduct. All trustees receive a formal induction and training is provided.

### Governance:

The Trust recruited a new Chair of Trustees in Kay Boycott to succeed Malcolm Marshall who retired in July 2023 following 6 years' service with IW Youth Trust. Trustees, Staff and the Youth Taskforce have been part of the selection and interview process.

More Trustees have, or will shortly be, stepping down as their terms come to an end and recruitment for new Trustees will be an opportunity to review skills and experience for new Board members.

Key areas of work for 2022-23 were:

- The Board and CEO/senior leadership team working to confirm and engage a sense of purpose around the vision for the 'Changing the Odds' strategy.
- Extending further youth participation on governance.
- Exploration of a Development Board to help drive income generation ambitions.
- Completion of a Governance Review

### Governance Review

A review started at the beginning of the year, continuing with the new Chair of Trustees, has the following aims:

- Review governance using the Charity Governance Code
- Assess any changes needed within governance to ensure alignment with our strategy.
- Agree and implement an action plan to address gaps in governance.
- Establish a regular review process to ensure actions are implemented and in alignment with good practice.
- Identify skills gaps so that future trustee recruitment can be tailored to ensure that the Board has the range of skills and experience to govern effectively and confidently.

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**FINANCIAL REVIEW**

**Financial position and principal funding sources**

Total income decreased by 16% (2022 – increased by 22%) on the previous year to £803,774 (2022 - £959,199). Grants received from Charities and Foundations totalled £141,260 (2022 - £274,474), Income from the CCG decreased by 4% to £639,725 (2022 - £669,522). Total expenditure increased to £946,573 (2022 - £926,130). During the year, the IW Youth Trust reported a deficit on operating of £142,799 (2022 – surplus £33,069). As expected, the deficit has arisen from the planned utilisation of reserves, as we have managed our budgets to deliver increased demands and facilitate service developments and redesign.

The comparative figures have been amended to aid comparability (see note 17). The cash on deposit for more than three months has been included as current asset investments.

**Principal Risks and uncertainties**

The charity is subject to a number of financial risks. The trustees consider the principal risks facing the charity to be the termination of funding from other bodies and a reduction in fundraising from the public.

The risk arising from the termination of funding has been mitigated through securing a 5-year contract and the risk arising from a reduction in fundraising has been reduced through the development and management of fundraising activities.

**Investment policy**

As in previous years, Trustees hold reserves in cash using a mix of notice and fixed term accounts to maintain flexibility of access. With the increasing demand for our services Trustees consider that we need to be able to draw upon reserves as needed.

**Reserves policy**

We have free reserves of £320,876 (2022 - £246,097). Free reserves are unrestricted funds (excluding designated funds) less those funds tied up in fixed assets (net of the related mortgage loan balances). Trustees have decided that funds should be designated within our reserves to reflect our strategic and operational planning for the future of the Trust. The Trust is budgeting a deficit for 2023-24 to utilise some of these reserves for organisational transformation and managing the NHS procurement process for the U18 counselling service. Details of designated funds are shown in Note 12.

The trustees consider free reserves equivalent to three to twelve months of operating costs are appropriate at the current time due to the extent of variation in the terms of statutory and non-statutory funding and the potential need to rebid for funding on a regular basis. The free reserves represent 34% (4 months) of the actual 2023 expenditure of £946,573.

**TRUSTEES RESPONSIBILITIES**

The trustees (who are also the Directors for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP 2019
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

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The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

The trustees have a wide range of relevant experience with skills and background to ensure the Board and the charity are compliant within the law and regulations. Candidate trustees with relevant skills are recruited and first meet with the CEO and Chair of Trustees. Following their recommendation, candidates then attend a more formal interview with two trustees and a member of the Taskforce before being appointed by the Board of Trustees.

All Trustees are subject to a Disclosure and Barring Service (DBS) check, and confirmation of compliance with the Trustees Code of Conduct. Induction and training are provided.

This report was prepared taking advantage of the exemptions available to small companies within the Companies Act 2006, and was approved by the Board of Trustees and signed on its behalf:



.....  
**Kay Boycott**  
Chair of Trustees

Dated: 18 December 2023

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ISLE OF WIGHT YOUTH TRUST**

I report on the accounts for the year ended 31 March 2023 set out on pages 17 to 29.

**Responsibilities and basis of report**

As the charity trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the institute of chartered accountants of England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

*Danielle Griffin*

Danielle Griffin FCA  
**Moore (South) LLP**  
Chartered Accountants  
9 St John's Place  
Newport  
Isle of Wight  
PO30 1LH

Dated: *21 December 2023*

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**STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 As restated £
<b>INCOME:</b>					
Donations and legacies		17,981	140,260	158,241	288,080
Charitable activities		575,079	64,646	639,725	669,522
Investments		<u>5,808</u>	<u>-</u>	<u>5,808</u>	<u>1,597</u>
<b>TOTAL INCOME</b>	<b>3</b>	<b>598,868</b> =====	<b>204,906</b> =====	<b>803,774</b> =====	<b>959,199</b> =====
<b>EXPENDITURE</b>					
Raising funds:		55,538	-	55,538	29,624
Charitable activities:					
Counselling and wellbeing services		<u>626,281</u>	<u>264,754</u>	<u>891,035</u>	<u>896,506</u>
<b>TOTAL EXPENDITURE</b>	<b>4</b>	<b>681,819</b> =====	<b>264,754</b> =====	<b>946,573</b> =====	<b>926,130</b> =====
<b>NET (EXPENDITURE)/INCOME BEFORE TRANSFERS</b>		<b>(82,951)</b>	<b>(59,848)</b>	<b>(142,799)</b>	<b>33,069</b>
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET MOVEMENT IN FUNDS</b>		<b>(82,951)</b>	<b>(59,848)</b>	<b>(142,799)</b>	<b>33,069</b>
<b>FUND RECONCILIATION</b>					
Fund balances at 1 April 2022		632,551 =====	80,535 =====	713,086 =====	680,017 =====
Fund balances at 31 March 2023		549,600 =====	20,687 =====	570,287 =====	713,086 =====

The results for the year derive from continuing operations, and there are no gains or losses other than those shown above.

The notes on pages 20 to 29 form an integral part of these financial statements.

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**BALANCE SHEET**

	Notes	£	2023 £	£	2022 As restated £
<b>FIXED ASSETS</b>					
Tangible assets	8		292,535		289,027
<b>CURRENT ASSETS</b>					
Debtors	9	30,489		64,751	
Cash at bank		191,849		476,424	
Short term investments		<u>258,924</u>		<u>171,154</u>	
			481,262		712,329
<b>Creditors: amounts falling due within one year</b>	10	<u>(60,477)</u>		<u>(139,765)</u>	
<b>NET CURRENT ASSETS</b>			<u>420,785</u>		<u>572,564</u>
<b>Total assets less Current liabilities</b>			713,320		861,591
<b>Creditors: amounts falling due after More than one year</b>	11		<u>(143,033)</u>		<u>(148,505)</u>
<b>TOTAL NET ASSETS</b>			<u>570,287</u>		<u>713,086</u>
<b>INCOME FUNDS</b>					
Unrestricted funds	12		549,600		632,551
Restricted funds	13		<u>20,687</u>		<u>80,535</u>
			<u>570,287</u>		<u>713,086</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required to company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 17 to 29 were approved by the Board of Trustees and signed on its behalf by:

  
.....  
Edward Webb, Trustee

Dated: 13/12/2023

Company Registration Number: 04149036

The notes on pages 20 to 29 form an integral part of these financial statements.

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**CASHFLOW STATEMENT**

		<b>2023</b>	<b>2022</b>	
		£	As restated £	
<b>Cash flow from operating activities</b>				
Net cash flow from operations	as below	<u>(180,026)</u>	<u>135,236</u>	
<b>Total cash flow from operating activities</b>		<u>(180,026)</u>	<u>135,236</u>	
<b>Cash flow from investing activities</b>				
Interest received		5,808	1,597	
Payments for fixed assets		(16,324)	(19,549)	
Purchase of investments		<u>(87,770)</u>	<u>(362)</u>	
<b>Total cash flow on Investing activities</b>		<u>(98,286)</u>	<u>(18,315)</u>	
<b>Cash flow from financing activities</b>				
Repayment of borrowing		<u>(6,263)</u>	<u>(6,568)</u>	
<b>Total cash flow on financing activities</b>		<u>(6,263)</u>	<u>(6,568)</u>	
<b>Net increase in cash and cash equivalents</b>		<u>(284,575)</u>	<u>110,354</u>	
Cash and cash equivalents at 1 April 2022		<u>476,424</u>	<u>366,070</u>	
Cash and cash equivalents at 31 March 2023		191,849 =====	476,424 =====	
<b>Cash and cash equivalents consist of:</b>				
Cash at bank and in hand		<u>191,849</u>	<u>476,424</u>	
Cash and cash equivalent at 31 March 2023		191,849 =====	476,424 =====	
<b>Reconciliation of income to net cashflow from operations:</b>				
		<b>2023</b>	<b>2022</b>	
		£	£	
Net surplus of income over expenditure for the year		(142,799)	33,069	
Adjustments for:				
Interest received		(5,808)	(1,597)	
Depreciation charges		12,816	16,933	
(Increase)/decrease in debtors		34,263	(25,418)	
Increase/(decrease) in creditors		<u>(78,498)</u>	<u>112,249</u>	
<b>Net cash from operations</b>		<u>(180,026)</u>	<u>135,236</u>	
		=====	=====	
<b>Analysis of changes in net debt:</b>				
	At start of year	Cashflows	Other non-cash changes	At end of year
Cash and cash equivalents	476,424	(284,575)	-	191,849
Loans falling due within one year	(6,568)	6,262	(5,472)	(5,778)
Loans falling due after one year	<u>(148,505)</u>	-	<u>5,472</u>	<u>(143,033)</u>
<b>Total</b>	<b>321,351</b>	<b>(278,313)</b>	-	<b>43,038</b>
	=====	=====	=====	=====

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**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**Basis of accounting**

The Isle of Wight Youth Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information page at the front of these financial statements. The nature of the charity's operations and principal activity is providing counselling services to young people in the Isle of Wight.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

**Income recognition policies**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations, legacies and gifts and are included in full in the Statement of Financial Activities when the Charity has control over the income, any conditions placed are met, the receipt is probable, and that it can be measured reliably.
- Grants, including Government Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant and as the charity earns the right to income through delivery of services.
- Donated services and facilities (Gifts in kind) are included at the value to the charity only where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when received.

**Debtors**

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**Resources expended**

Expenditure is recognised on an accruals basis as the liability is incurred. All costs are shown in full and no netting off with income occurs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates:

- Fundraising costs comprise the costs associated with attracting grants and other voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis. Salaries are allocated by reviewing time spent by each employee on the activities and attributing cost accordingly.

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**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES (continued ...)**

**Allocation of Support Costs and Governance**

Support costs are those functions which assist the work of the charity, but do not directly comprise charitable activities. Support costs are allocated to fundraising costs and charitable activities proportionate to the use of those costs as shown in note 4.

Governance costs include accounting support with the year end accounts and Independent Examination costs.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due can be measured reliably.

**Financial assets and liabilities**

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Tangible Fixed Assets and Depreciation**

Tangible fixed assets other than freehold land are stated at cost less depreciation. Assets below £1,000 are not treated as capital. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Freehold property	2%	Straight line
Office equipment	20%	Reducing balance.
Computer equipment and database	50%	Straight line

**Taxation**

No corporation tax has been provided in these accounts because the income of the charity is within the exemption granted by Section 505 of the Income and Corporation Taxes Act 1988 to the extent that these funds are applied to Charitable objects.

**Pensions**

The Trust operates a defined contribution stakeholder pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**Judgements and key sources of estimation uncertainty**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

**Operating Lease rentals**

Rentals payable under operating leases are charged as an expense to the Statement of Financial Activities on a straight-line basis over the lease term, even if the payments are not made on such a basis.

**Employee benefits**

The Charity contributes to a defined contribution scheme on behalf of its employees. The assets of the scheme are held separate from those of the Charity in an independently administered fund. The pension costs charged in the period represents the employer's contributions payable in respect of the accounting period.

**Cash at bank and in hand**

Cash at bank and in hand includes cash, bank account balances, and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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NOTES TO THE FINANCIAL STATEMENTS

2. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES

As required by SORP FRS102, the comparative SOFA information is produced below.

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 As restated £
<b>INCOME:</b>				
Donations and legacies		25,732	262,348	288,080
Charitable activities		421,556	247,966	669,522
Investments		<u>1,597</u>	<u>-</u>	<u>1,597</u>
<b>TOTAL INCOME</b>	<b>3</b>	<b>448,885</b> =====	<b>510,314</b> =====	<b>959,199</b> =====
<b>EXPENDITURE</b>				
Raising funds		29,624	-	29,624
Charitable activities:				
Counselling and wellbeing services		<u>361,735</u>	<u>534,771</u>	<u>896,506</u>
<b>TOTAL EXPENDITURE</b>	<b>4</b>	<b>391,359</b> =====	<b>534,771</b> =====	<b>926,130</b> =====
<b>NET INCOME BEFORE TRANSFERS</b>		<b>57,526</b>	<b>(24,457)</b>	<b>33,069</b>
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>
<b>NET MOVEMENT IN FUNDS</b>		<b>57,526</b>	<b>(24,457)</b>	<b>33,069</b>
<b>FUND RECONCILIATION</b>				
Fund balances at 1 April 2021		<u>575,025</u>	<u>104,992</u>	<u>680,017</u>
Fund balances at 31 March 2022		<u>632,551</u> =====	<u>80,535</u> =====	<u>713,086</u> =====

3. INCOME

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 As restated £
<u>Donations and legacies</u>				
Donations including gift aid	16,981	-	16,981	7,154
Grants and donations – Charities and Foundations	1,000	140,260	141,260	274,474
Festival ticket donations	<u>-</u>	<u>-</u>	<u>-</u>	<u>6,452</u>
	<b>17,981</b> =====	<b>140,260</b> =====	<b>158,241</b> =====	<b>288,080</b> =====
<u>Income from Charitable Activities</u>				
Service level agreements	575,079	64,646	639,725	669,522
	<b>575,079</b> =====	<b>64,646</b> =====	<b>639,725</b> =====	<b>669,522</b> =====
<u>Investment Income</u>				
Bank interest	5,808	-	5,808	1,597
	<b>5,808</b> =====	<b>-</b> =====	<b>5,808</b> =====	<b>1,597</b> =====
<b>TOTAL</b>	<b>598,868</b> =====	<b>204,906</b> =====	<b>803,774</b> =====	<b>959,199</b> =====

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**NOTES TO THE FINANCIAL STATEMENTS**

**4. EXPENDITURE**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b>Fundraising costs:</b>				
Consultancy	11,664	-	11,664	-
Wage costs (see note 6)	38,604	-	38,604	25,000
Support costs	<u>5,270</u>	<u>-</u>	<u>5,270</u>	<u>4,624</u>
	55,538	-	55,538	29,624
	=====	=====	=====	=====
<b>Charitable Activities:</b>				
<b>Counselling services:</b>				
Wage costs (see note 6)	476,871	248,891	725,762	674,716
Sessional fees	8,197	-	8,197	14,803
Direct costs	37,990	11,863	49,853	76,434
Support costs	<u>95,083</u>	<u>4,000</u>	<u>99,083</u>	<u>124,799</u>
	618,141	264,754	882,895	890,752
<b>Governance costs:</b>				
Accounting and Independent Examination	<u>8,140</u>	<u>-</u>	<u>8,140</u>	<u>5,754</u>
	626,281	264,754	891,035	896,506
	=====	=====	=====	=====
<b>TOTAL</b>	<b>681,819</b>	<b>264,754</b>	<b>946,573</b>	<b>926,130</b>
	=====	=====	=====	=====

	<b>2023 £</b>	<b>2022 £</b>
<b>Support costs</b>		
Payroll charges	846	953
Printing postage and administration costs	5,440	4,672
Advertising and marketing	7,573	6,278
Utilities	6,516	4,511
Cleaning and Covid-19 costs	8,437	12,019
Insurance	7,508	6,804
Subscriptions	3,443	3,440
Bank charges and interest	8,406	6,144
Telephone	5,801	2,636
Bookkeeping support and software	3,956	2,639
Consultants and recruitment	5,207	13,146
Rent and leases	14,000	14,000
Maintenance	8,817	32,570
Sundry	5,587	2,678
Depreciation	<u>12,816</u>	<u>16,933</u>
	104,353	129,423
	=====	=====
Allocated based on use of resources:		
To fundraising costs	5,270	4,624
To Charitable Activities	<u>99,083</u>	<u>124,799</u>
Total	104,353	129,423
	=====	=====

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**NOTES TO THE FINANCIAL STATEMENTS**

<b>5. ADMINISTRATIVE EXPENSES</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
The surplus/(deficit) is stated after charging:		
Independent examination	2,895	2,795
Other accounting services	9,201	5,598
Depreciation of owned fixed assets	12,816	16,933
	<u>=====</u>	<u>=====</u>

<b>6. STAFF COSTS AND RELATED PARTY TRANSACTIONS</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	689,199	633,925
Social Security costs	59,998	52,114
Pension costs	<u>15,169</u>	<u>13,677</u>
	<u>764,366</u>	<u>699,716</u>
	<u>=====</u>	<u>=====</u>
Allocated to:		
Fundraising costs	38,604	25,000
Charitable activities	<u>725,762</u>	<u>674,716</u>
	<u>764,366</u>	<u>699,716</u>
	<u>=====</u>	<u>=====</u>

The average number of employees during the period was as follows:

	<b>2023</b>	<b>2022</b>
Project and office administration (Actual)	27	27
Project and office administration (FTE)	21	23
	<u>==</u>	<u>==</u>

One employee received remuneration in excess of £60,000 (2022 - Nil).

	<b>2023</b>	<b>2022</b>
£60,001 to £70,000	1	-
	<u>==</u>	<u>==</u>

No payments were made to any Trustee either as remuneration, or the reimbursement of travel or other expenses. Trustees' indemnity insurance is paid by the Charity.

The total costs attributable to senior management personnel amounted to £177,491 for the year to 31 March 2023 (2022: £135,000). Senior management personnel comprise the Chief Executive Officer, Head of Finance, and the Head of Counselling & Wellbeing/MHST Lead.

**7. PENSIONS**

The charity operates a defined contribution pension scheme – the assets of which are held separate to the Trust's assets. Amounts due at the year end £3,222 (2022 – £2,811). The contributions for the year are shown in note 6.

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**NOTES TO THE FINANCIAL STATEMENTS**

**8. TANGIBLE FIXED ASSETS**

	Freehold Property £	Office Equipment £	Total £
Cost at 1 April 2022	294,222	80,297	374,519
Additions in the year	<u>-</u>	<u>16,324</u>	<u>16,324</u>
At 31 March 2023	294,222 =====	96,621 =====	390,843 =====
Depreciation at 1 April 2022	23,539	61,953	85,492
Charge for the period	<u>5,884</u>	<u>6,932</u>	<u>12,816</u>
At 31 March 2023	29,423 =====	68,885 =====	98,308 =====
Net Book Value at 31 March 2023	264,799 =====	27,736 =====	292,535 =====
Net Book Value at 31 March 2022	270,683 =====	18,344 =====	289,027 =====

The freehold property is secured by a mortgage charge by the Charity's bankers.

**9. DEBTORS**

	2023 £	2022 £
Grants receivable	21,277	60,578
Prepayments	<u>9,212</u>	<u>4,173</u>
	30,489 =====	64,751 =====

**10. CREDITORS DUE WITHIN ONE YEAR**

	2023 £	2022 £
Amounts falling due within one year:		
Bank loan (current portion)	5,778	6,568
Accounts payable	24,486	21,206
Deferred income	-	72,499
Taxation including social security	17,262	12,519
Other creditors	4,956	2,811
Accruals	<u>7,995</u>	<u>24,162</u>
	60,477 =====	139,765 =====

Deferred income relates to income specifically on projects related to 2022 which could not be recognised in 2021 and was therefore carried forward and released to income in 2022-23.

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**NOTES TO THE FINANCIAL STATEMENTS**

	2023 £	2022 £
<b>11. CREDITORS DUE AFTER ONE YEAR</b>		
Amounts falling due after more than one year:		
Bank loan	143,033	148,505
	=====	=====
Amounts repayable by installments in more than 5 years:		
Bank loan	118,178	122,235
	=====	=====
The bank loan is secured on the Charity's freehold property and is at commercial rates of interest.		

**12. UNRESTRICTED FUNDS**

	At 1 April 2022 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2023 £
<b>Unrestricted</b>	380,051	598,868	(634,319)	-	120,000	464,600
<b>Designated</b>						
Building fund and roof repairs	55,000	-	-	-	(55,000)	-
Service transition	150,000	-	-	-	(150,000)	-
Workforce development	47,500	-	(47,500)	-	-	-
Mobilisation	-	-	-	-	85,000	85,000
	-----	-----	-----	-----	-----	-----
<b>Total Designated</b>	<u>252,500</u>	-	<u>(47,500)</u>	-	<u>(120,000)</u>	<u>85,000</u>
<b>Total Unrestricted fund</b>	<u>632,551</u>	<u>598,868</u>	<u>(681,819)</u>	-	-	<u>549,600</u>
	=====	=====	=====	===	===	=====

The Trust has designated the above "mobilisation" funds towards the planned organisational transformation and managing the NHS procurement process for the U18 counselling service to improve future delivery of the charity's objects.

The roof repair designation was removed as considered no longer needed, and service transition costs are considered to have been met in the current financial year.

<b>COMPARATIVE</b>	At 1 April 2021 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2022 £
<b>Unrestricted</b>	314,950	448,885	(383,784)	-	-	380,051
<b>Designated</b>						
Building fund and roof repairs	55,000	-	-	-	-	55,000
Service transition	130,000	-	-	-	20,000	150,000
Workforce development	47,500	-	-	-	-	47,500
Covid recovery	20,000	-	-	-	(20,000)	-
Computer renewal & Database	7,575	-	(7,575)	-	-	-
	-----	-----	-----	-----	-----	-----
<b>Total Designated</b>	<u>260,075</u>	-	<u>(7,575)</u>	-	-	<u>252,500</u>
<b>Total Unrestricted fund</b>	<u>575,025</u>	<u>448,885</u>	<u>(391,359)</u>	-	-	<u>632,551</u>
	=====	=====	=====	===	=====	=====

**Isle of Wight Youth Trust**  
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**NOTES TO THE FINANCIAL STATEMENTS**

**13. RESTRICTED FUNDS**

	At 1 April 2022 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2023 £
Mental Health Schools Team	48,887	-	(48,887)	-	-
Counselling Services	27,450	114,939	(142,389)	-	-
Society of Friends	4,198	16,282	(20,480)	-	-
Advocacy – Year of the Child	-	36,256	(24,171)	-	12,085
Skateboarding	-	19,921	(17,421)	-	2,500
Specialist Counselling	-	4,000	(1,000)	-	3,000
Welfare	-	3,483	(381)	-	3,102
Youth Voice	-	<u>10,025</u>	<u>(10,025)</u>	-	-
<b>Total Restricted funds</b>	<b>80,535</b> =====	<b>204,906</b> =====	<b>(264,754)</b> =====	-	<b>20,687</b> =====

Comparative information	At 1 April 2021 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2022 £
<b>Grants towards Core Costs</b>					
Paul Hamlyn Foundation	20,000	30,000	(50,000)	-	-
Society of Friends	4,638	17,326	(17,766)	-	4,198
<b>Counselling and Advocacy Services</b>					
BBC Children in Need	-	40,000	(40,000)	-	-
National Lottery	27,450	112,300	(112,300)	-	27,450
Mental Health Schools Team Hampshire & IOW	24,250	267,966	(243,329)	-	48,887
Community Foundation	-	20,000	(20,000)	-	-
Violence Reduction Unit	7,154	16,322	(23,476)	-	-
Police & Crime Commissioner	11,500	-	(11,500)	-	-
Barnard Sunley Grant	10,000	-	(10,000)	-	-
HIWCF Pink Therapy Training	-	3,400	(3,400)	-	-
Early Help Community Capacity	-	<u>3,000</u>	<u>(3,000)</u>	-	-
<b>Total Restricted funds</b>	<b>104,992</b> =====	<b>510,314</b> =====	<b>(534,771)</b> =====	-	<b>80,535</b> =====

The charity decided to disclose restricted funds at the start of the year by the activities for which the funds were received, rather than by donor, as the previous year (below). The charity believes this presentation improves the understandability of restricted funds.

- Mental Health School Team funds school-based wellbeing services.
- Counselling Services restricted fund is predominantly from Children in Need and the National Lottery for 18–25-year-olds and over 12 sessions.
- The Society of Friends (Quakers) provided funds for digital resilience which supported staff training and a client record database
- Advocacy – Year of the child provided funding for advocacy work to celebrate the Year of the Child
- Skateboarding supported the delivery of accessible eight week” Skating into Wellbeing” programs.
- Specialist Counselling provided funding to deliver expertise as part of the RAISE Autism project in schools.
- Welfare is funding to help with service users’ basic welfare needs.
- Youth Voice supports the representation of voiced of young people on the Isle of Wight

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**NOTES TO THE FINANCIAL STATEMENTS**

**13. RESTRICTED FUNDS (continued)**

- Paul Hamlyn Foundation provided core funding towards the salary of the CEO.
- BBC Children in Need supported one-to-one and family counselling to children and young people presenting more complex issues.
- National Lottery supported counselling for over 18's
- Violence Reduction Unit and PCC provided funding for counselling and group work where anger and violence were issues.
- HIWCF covered the cost of trainee salaries and some clinical staff training.
- Other restricted grants provided group work, counselling, and advocacy during the year.

**14. ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2023 £</b>	<b>2022 £</b>
Tangible fixed assets	292,535	-	292,535	289,027
Current assets	460,575	20,687	481,262	712,329
Creditors	<u>(203,510)</u>	<u>-</u>	<u>(203,510)</u>	<u>(288,270)</u>
	<u>549,600</u>	<u>20,687</u>	<u>570,287</u>	<u>713,086</u>

**COMPARATIVE ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2022 £</b>	<b>2021 £</b>
Tangible fixed assets	289,027	-	289,027	286,411
Current assets	631,794	80,535	712,329	576,195
Creditors	<u>(288,270)</u>	<u>-</u>	<u>(288,270)</u>	<u>(182,589)</u>
	<u>632,551</u>	<u>80,535</u>	<u>713,086</u>	<u>680,017</u>

**15. LEASING COMMITMENTS**

The charity has operating lease commitments in respect of land and buildings as outlined below:

	<b>2023 £</b>	<b>2022 £</b>
Within one year	14,000	14,000
Between two and five years	<u>10,500</u>	<u>21,000</u>
	<u>24,500</u>	<u>35,000</u>

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2023**

**NOTES TO THE FINANCIAL STATEMENTS**

**16. FINANCIAL ASSETS AND LIABILITIES**

	2023 £	2022 £
Financial assets measured at fair value	472,050	708,156
Financial liabilities measured at fair value	<u>(203,509)</u>	<u>(215,771)</u>
	268,541	492,385
	=====	=====

**17. ADJUSTMENT OF COMPARATIVE FIGURES**

In the prior year, income from MHST of £247,966 had been reported within Donations and Legacies as grant income, which this year has been classified as Income from Charitable Activities. This has been adjusted so that the accounts are comparable with the current year. There was no change to the reported surplus (deficit) in either year.

In the prior year, £171,154 of short term investments had been reported within cash at bank. This has been adjusted so that the accounts are comparable with the current year. This change has also impacted the cashflow statement decreasing the total cash flow from investing activities by £362 to (£18,315) and reducing the cash and cash equivalents brought forward and carried forward by £170,792 and £171,154 respectively.

**18. RELATED PARTY TRANSACTIONS**

There were no disclosable related party transactions during the year (2022 – Nil).

**ISLE OF WIGHT YOUTH TRUST**

England & Wales - Charity number 1087163

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# Accounts

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Company Number: 04149036  
Registered Charity Number: 1087163



**ISLE OF WIGHT YOUTH TRUST**  
A Company Limited by Guarantee

**TRUSTEES REPORT AND UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**



**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**REFERENCE AND ADMINISTRATIVE INFORMATION**

**Trustees / Directors**

Nik Attfield  
Peter Elliott  
Helen Farrant  
Antonio Giannotta  
Michael Lilley  
Malcolm Marshall  
Lee Peckham  
Alison Pleszak  
Amy Sweeting  
Edward Webb

**Chief Executive Officer**

Jo Dare

**Company Secretary**

Jo Blackley

**Patrons**

Rob da Bank  
Josie da Bank  
Lord Michael Grade

**Charity Number:**

1087163

**Company Number:**

04149036

**Principal address &  
Registered Office**

114 Pyle Street  
Newport  
Isle of Wight  
PO30 1XA

**Contact details:**

Tel: 01983 529569  
Email: [info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)  
Website: [www.iowyouthtrust.co.uk](http://www.iowyouthtrust.co.uk)

**Bankers**

Barclays  
8 High Street  
Ryde  
PO33 4PE

**Independent Examiner**

Moore (South) LLP  
9 St John's Place  
Newport  
Isle of Wight  
PO30 1LH

**Governing Instrument**

Memorandum and Articles of Association dated 29 January 2001

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

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**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT**

The trustees present their report and accounts for the year ended 31 March 2022. This report also meets the criteria for a Directors Report under Company Law.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Trust's Articles and Memorandum, the Companies Act 2006 and the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) (applicable January 2019).

**AIMS, OBJECTIVES AND ACTIVITIES**

The objects of the charity are to advance the education and training of young people on the Isle of Wight through the relief of poverty, distress, and sickness. The charity seeks to meet the need for an independent service which bridges the gap in the network of care provided for young people by the statutory agencies in the Isle of Wight. To achieve this, the Isle of Wight Youth Trust:

- Provides a confidential and independent counselling and advice service for young people under 25.
- Offers advice, information and family counselling to the parents and guardians of young people.
- Co-operates and works in partnership with statutory and charitable bodies engaged in work with young people.
- Promotes the study of and research into all aspects of the problems faced by young people and disseminates results appropriately.
- Engages in advocacy activity, to promote and campaign for a joined-up Island approach to tackling youth mental health stigma and improving outcomes for young people.
- Organises or contributes to meetings, seminars and other activities involving young people as appropriate.
- Engages with service users, to better understand the needs of our client group and work in partnership with them to develop our services, to ensure better mental health outcomes for young people.

In setting the charity's objectives and planning activities, the trustees have considered the Charity Commission's general guidance on public benefit.

**The focus of our work and ensuring it delivers our aims**

**Laying the groundwork for transformation**

Leadership change and the pandemic has resulted in us deciding to review factors associated with sustainability. In this way, we will be better able to manage risk around infrastructure and service delivery and ensure the charity can both survive and thrive.

It is vital to achieve sustainability to continue to respond effectively to the mental health needs of children and young people 4-25 years, formally broadening our remit into a YIACS (Youth Information, Advice and Counselling Service) mental health and wellbeing charity.

**Strategy**

During the year, development of a co-produced strategy commenced that included a review of youth mental health census data, work with the youth taskforce and staff consultation.

Understanding the challenges facing young people has given us a new purpose:

**To listen to, and work with, young islanders and their families so they can get the help they need, when they need it, to support their mental, and emotional wellbeing. To campaign for change that has a positive impact on young people.**

Therefore, we have new clarity in our vision for what we must achieve:

**An Island where children and young people's mental health needs are well recognised and supported**

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

And how we will achieve it:

**Life can be hard but accessing support shouldn't be. By providing youth-led wellbeing and therapeutic support when it's needed, we empower young people to face life's challenges.**

If aligned to national research (*Source: Princes Trust Natwest Youth Index 2022*)

- Approximately 3,029 young people on the Isle of Wight feel they will never recover from the emotional effects of the pandemic.
- Over 5,000 young people not in education, employment or training think their life will amount to nothing, no matter how hard they try.

Recognising that local need has grown and with waiting times increasing, often young people's needs become more complex and multifactorial.

The co-production events have given us new energy to be more creative and ambitious, finding additional ways to deliver alongside counselling, psychotherapy, and CBT. This will help us build capacity within our services and ensure that children and young people feel more confident about their future, never having to wait too long for support.

Underpinning this are our proposed refreshed values to direct the way we work, the decisions we make and how we behave towards each other:

**Trusting** in our skill, honesty, integrity, openness, and mutual respect to create a safe environment  
**Kind** through our compassion, understanding and support for one another  
**Positive** about being non-judgmental, hopeful, optimistic, creative, empowering, celebrating success  
**Collaborative** in our approach by being inclusive, flexible, adaptable, engaging - 'no decision about us without us' and community focused

Living these values will be vital if we are to achieve the 3 ambitions, we have set ourselves over the next 3 years:

- **Ambition 1: Young people have greater say in the things that affect them**
- **Ambition 2: Getting the right information and help earlier, when it's needed**
- **Ambition 3: Getting the right help quickly when things get more difficult**

### **Governance**

Recruitment for new Trustees is ongoing with the aim of broadening and deepening the range of skills on the Board to represent Education and different aspects of mental health delivery.

### **Income generation**

Plans have been drafted to broaden income streams to reduce reliance on contracts and grants that include new opportunities for fundraising and social enterprise.

### **People**

A review has improved pay and conditions for staff. Improved levels of annual leave and support if ill, alongside pay that more closely matches, when affordable, NHS Agenda for Change salary structures are designed to recognise the stressful work undertaken to support staff wellbeing as well as trying to manage workforce shortages.

Trustees also agreed to a new role to lead on training and development to start from April 2022. The role will develop and implement a comprehensive training and workforce development strategy, ensure that we maintain quality and manage risk through maintaining staff development and supports income generation through related social enterprise.

Performance management now has a consistent approach to addressing challenges and celebrating achievements.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

**Youth voice**

Opportunities to increase co-production and extend youth voice internally, and externally, have been agreed including formalisation of young people and parents/carers in the Trust's governance.

**Premises**

During the year we reviewed our premises needs to support strategy outcomes. The premises in central Newport remain important for access due to transport links but exploration has commenced to achieve green space and community outreach to improve the range of activities offered and accessibility.

**Communications**

A new website is being developed to improve understanding of Youth Trust and increase access to online and community resources.

A Digital Marketing apprentice has been recruited since the year end to ensure communications for young people are led by young people.

**Managing risk**

Resignation of key clinical roles during the year led to an independent review of our practice and risk management approach to review whether we could maintain safe and effective operations whilst posts were recruited to. Actions were taken to ensure the continued safety of our service delivery, including.

- A review was carried out by the Head of Counselling and Wellbeing and an external consultant who issued a report following the review which gave assurance over safe delivery of services.
- 3 Clinical Supervisors were appointed to provide regular and consistent 3-way clinical supervision for counselling and wellbeing staff.

All policies and procedures, and the staff handbook, were reviewed and updated where needed.

**Monitoring and evaluation**

There has been an increased use of data to monitor and evaluate services, maintaining quality and providing opportunities for service improvement.

**How our activities deliver public benefit**

Regular scrutiny looks at what has been achieved, the beneficial impact on our clients and community and where we might improve. This keeps us on track and helps ensure that as a charity we are working to our stated purposes, mindful of the Charity Commission's guidance on public benefit in how our executive team plan to deliver activities that contribute to our aims and objectives.

**Review of activities**

Island population data analysed against national research outcomes recognises that 1 in 6 children and young people are now struggling with their mental health at any one time (previously 1 in 9 in 2019) meaning that on the Island:

- 5,078 children and young people aged 4-25 may be struggling with their mental health at any one time.
- Through early help activity, if half of all mental health problems are established by the age of 14, the Youth Trust stands the chance of preventing over 2,500 young people on the Island developing enduring mental health needs over their lifetime.

**Isle of Wight Youth Trust  
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**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

The current capacity and model of delivery during the year has resulted in our ability to support 674 children and young people with a total of 4,000 sessions. Trustees and staff are therefore exploring how we can develop and evolve our model of delivery to meet demand which is likely to increase again in the context of war, the cost-of-living crisis and climate change. We plan to extend to a wider wellbeing offer and engage a volunteer and peer mentor team to support Tier 1 wellbeing, information, advice and signposting as we develop into a YIACS model. This will be led and managed by a new Youth and Community Development Coordinator post.

Progress to evolve a new model to meet demand and achieve our strategy ambitions has been slower paced (but not stopped) by the knowledge that the Integrated Care Systems (ICS) will be going out to re-procure the under 18's counselling service on the Isle of Wight during 2022.

Although we still offer online or telephone appointments a large percentage of our clients prefer to return to face to face sessions held in person which has proved very positive.

**Counselling Services**

During the last 12 months the counselling service has continued to offer a range of one to one and family sessions to children and young people requiring a Tier 2 Counselling service. During the year there has been a consistent number of referrals every month of approximately 100 (with a 3-month closure to referrals)

The gender split of referrals was 58% females, 40% males and 2% other with an age range of 28% 4-12years, 51% 13-17years and 21% 18+ years. Referrals came in from a range of professionals including schools (24%), GP's (12%), parents (33%) and self-referral (13%) as well as several other agencies (18%).

This service has been predominately funded through a Tier 2 Counselling Contract with the NHS Clinical Commissioning Group (CCG) to offer up to 12 sessions of 1:1, group or family sessions for 4-18-year-olds at a current value of £211,000 which is now block funded and in place until March 2023 with additional funding gained from Children in Need for over 12 sessions complex counselling and Lottery funding for 18-25-year-olds.

The use of a Routine Outcome Measure (ROM) showed that 82% of service users had an improved paired score from first session to last session using the YP-CORE 10 statement questionnaire.

Evaluation feedback forms completed at the end of interventions for the date period show 83% scored 8 or above out of 10 with many positive comments such as;

*"I came here with anxiety, major stress and previous low moods. I am only a few weeks away from taking my GCSEs but after six sessions with my counsellor, my stress is practically non-existent and my anxiety has completely disappeared. The methods my counsellor has taught me have made me far more resilient and as a result I am proud of how far I have come"*

*"I'm able to recognise my thought and feeling and have control over them. I feel I can speak to people easier and feel a lot better in myself".*

*"My counselling from Youth Trust has been helpful, I've learnt how to properly cope with my emotions and panic attacks"*

In October 2021, we made the difficult decision to pause new referrals. Recruitment difficulties across the sector coupled with more young people needing our help as we came out of the Covid-19 pandemic meant we had a waiting list of 380 young people. We therefore agreed with the CCG to close to new referrals until 1 February 2022 to address the backlog and look at our clinical processes and capacity levels. We worked closely with commissioners and reviewed our clinical processes and procedures, including implementation of a threshold chart co-produced with CAMHS and Barnardo's and an agreement to recruit a Triage Lead for more collaboration across MH service providers and smarter triaging and assessment processes. This was agreed to be paid for by the CCG and the post has now been successfully recruited to.

Consistent with many sectors across the economy, a number of our employees took the time during the pandemic to re-evaluate their positions and/or relocate off the Isle of Wight. This caused a number of staff changes at the Youth Trust. This resulted in a re-structure of senior posts and a Head of Counselling and Wellbeing role being established to lead across organisational service delivery and join up the wider service offer of both wellbeing and Counselling.

**Isle of Wight Youth Trust  
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**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

This was alongside a new and experienced CEO starting in June 2021. The recruitment of a Senior Counsellor with many years of experience, a Service Team Lead, trained in both IAPT and Person Centred Counselling and a Triage Practice Lead recruited from CAMHS have all joined the team this year to further stabilise the clinical team and delivery.

The Youth Trust long standing Clinical Supervisor also left his post in February 2022 which enabled us to reassess all clinical policies and procedures with an external audit and recruit 3 highly qualified and experienced external Clinical Supervisors to work with groups of counsellors and practitioners each fortnight. All three have embedded themselves very well and are providing the expertise required to better support the team. The clinical systems and processes are now more robust and service specific, and we are exploring BACP Accreditation as an additional quality standard. We also recruited two trainee counsellors on student placement working one day a week each offering counselling to further grow our future workforce and are looking to attract more Recruit to Train ASC (Autism Spectrum Condition) specialism next year due to a growing demand of ASC referrals.

**Wellbeing Services**

The Wellbeing Service has also been developed in the last 12 months with two qualified Child Wellbeing Practitioners (CWP) delivering a range of 1:1 low intensity CBT interventions on Anxiety, Low Mood, Anger and Behaviour as well as a series of workshops delivered for parents and young people on Depression and Anxiety. On 1 September 2021 we opened the Youth Trust Hub for a weekly drop in to allow young people and parents access to information, advice and guidance. There are plans in place to recruit two additional CWP trainees to study at Sussex University from March 2023 to further expand the wellbeing and outreach offer. We have recruited a Youth and Community Development Coordinator to build on well-being services and outreach links in the community and grow a volunteer and peer mentor team.

**Group work**

During the last 12 months two practitioners have been trained to deliver a three-week Tics workshop which is proving successful for those attending. The Youth Trust is now the first line intervention for young people presenting with Tics and referrals must come with a diagnosis from a GP.

We also have a trained ASCLD IAPT (Autistic Spectrum Condition/Learning Disability – Increasing Access to Psychological Therapies) Practitioner who qualified at UCL and has been supporting young people with ASC and going into schools to look at the environment and the effect this may have on their needs. This has been partially funded by the CCG and in partnership with AIM (Autism Inclusion Matters).

During 2021 a set of self-confidence building groups called 'INSPIRE' were delivered to several young people aged 9-14 years to increase resilience, self-esteem, and confidence. Groups held were positive and feedback from the course leader included:

*"All of the group members expressed having enjoyed the group and found it very helpful. None of the group members had wanted to talk directly about the experiences that brought them to therapy, but they all expressed a sense of cohesion from being in a group of their peers. When engaged in creative activities they began to talk openly and to share experiences and in turn gain confidence".*

In April 2022 we won a bid of £20k from the CCG and Energise Me to deliver a 'Skate Well' project in collaboration with Isorropia and John Cattle Skate Club. This is still in initial development stages to roll out.

**MHST – Mental Health Support Team**

The MHST service continues to develop with all 8 trainee EMHP's (Education Mental Health Practitioner) qualified in April 2022. Unfortunately, we recently lost four members of the team (across Youth Trust and Barnardo's) to other roles and so have needed to recruit 4 replacement EMHP trainees. They will start their training in January 2023 at Southampton University. The MHST office is now based in our Hub which has provided a useful and secure base with team meetings held weekly. There is an aim for the team to be working in all Secondary Schools and Colleges and 16 Primary schools.

**Isle of Wight Youth Trust  
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Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

We have also recruited a Clinical Lead from June 2022. Both roles have added additional stability and clinical skills and leadership to the team. The Youth Trust has a Band 6 Senior Practitioner recruited from May 2022.

The MHST team have received 350 referrals by 31 March 2022. MHST have delivered a range of 1 to 1 low intensity CBT interventions on Anxiety, Low Mood, Anger and School phobia as well as Whole School Approach workshops, assemblies, and staff support sessions. All schools complete an audit to assess need and delivery and a half termly referral meeting is in place to ensure appropriate levels are coming into the service.



The branding of the MHST logo, which was co-produced with young people and the team, was designed by our Youth Trust Volunteer and is now on all the paperwork and leaflets. This has helped give an identity to the team working across the three partner organisations (Youth Trust, Barnardo's and NHS).

**Youth Voice**

The focus during this year has been to develop plans to extend youth voice further and enable increased participation.

In July 2021 the bi-annual CENSUS was completed by 2,241 children and young people across many Island schools and supported by the Taskforce members going into schools with staff members to gain the voice and feedback from children and young people across the Island.

A new cohort of 12-25 Taskforce volunteers were recruited in September 2021. They attended an induction day at the Isle of Wight Youth Trust. Taskforce members attend monthly meetings in two groups: 12-18 years old & 18-25 years old.

In February 2022 the Taskforce took part in a short film to showcase Youth Mental Health services on the Island funded by the High Sheriff Funds. The Taskforce planned an away day event at Rob da Bank's, one of our Patrons, house with a focus on wellbeing in outside spaces.

One of our over 18 Task Force members attended and successfully completed the MHFA Youth Mental Health First Aid training in January 2022.

As part of the strategy development, Task Force members worked with a consultant supporting strategy development, to share their views. This work means that the strategy is youth led and that young people help shape the service they need and want.

Towards the end of the year, the Taskforce were involved in work to create a collaboration with the NHS Engagement Team which will allow shared discussions and decision making across many more Island services.

To further expand on collaboration and youth voice, the Task Force developed plans to reach out to the IW College and attended St Mary's Hospital Wellbeing Fayre. They were able to engage with other young people and organisations and look at ways to recruit more Task Force members and see what other services are available.

Young people from Island schools were supported to help with the recruitment of the MHST EMHPs by being a key part of the selection process.

In October 2021, the Training and Advocacy Manager resigned, leaving in December 2021. The role was reviewed and, in the context of Youth Voice, support to develop this area of work further was achieved by increasing the hours dedicated to this work. 3 clinical practitioners within the team brought new energy and ideas.

A separate, dedicated Fundraising and Communications Manager was recruited to focus on income generation and communications.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

**FINANCIAL REVIEW**

**Financial position and principal funding sources**

Total income increased by 22% (2021 – 42%) on the previous year to £959,199 (2021 - £784,814). This increase is primarily due to the Youth Trust's success in securing grant income to fund its increased and expanded delivery and development. Grants received from Charities and Foundations totalled £522,440 (2021 - £523,378), Statutory income from the CCG contract and Anna Freud IAPT funding increased by 64% to £421,556 (2021 - £256,896). Total expenditure increased in line with income to £926,130 (2021 - £595,861). During the year, the Youth Trust reported a surplus on operating of £33,069 (2021 - £188,953).

As expected, the surplus is significantly reduced from the previous year, as we have managed our budgets to deliver the increased demands post covid.

**Investment policy**

As in previous years, Trustees hold reserves in cash using a mix of notice and fixed term accounts to maintain flexibility of access. With the increasing demand for our services Trustees consider that we need to be able to draw upon reserves as needed.

**Reserves policy**

We have free reserves of £246,097 (2021 - £190,180). Free reserves are general funds after allowing for the funds tied up in assets (net of the related mortgage loan), or restricted or designated funds. Trustees have decided that funds should be designated within our reserves to reflect our strategic and operational planning for the future of the Trust. The Trust is budgeting a deficit for 2022-23 to utilise some of these reserves for organisational transformation and managing the NHS procurement process for the U18 counselling service. Details of designated funds are shown in Note 12.

The trustees consider free reserves equivalent to three to twelve months of operating costs are appropriate at the current time due to the extent of variation in the terms of statutory and non-statutory funding and the potential need to rebid for funding on a regular basis. The free reserves represent 27% (3.2 months) of the actual 2022 expenditure of £926,130. However, the designated reserves include an amount of £150,000 for service transition costs. This reserve is to enable the Trust develop services to meet changing demand whilst seeking funding, therefore this £150,000 also provides cash flow support. These two reserves together (£396,097) would cover 5.1 months of full costs on the same basis.

**Current Status and priorities for the next 12 months – 2022/23**

At the time of writing this report, we are awaiting the release of the CCG tender to retain the NHS Hampshire and Isle of Wight Integrated Care Board contract for the under 18's counselling service.

Whilst this creates a level of uncertainty for priorities over the next 12 months, regardless of the outcome, our strategy needs to be delivered, and our vision remains unchanged achieving 'an Island where children and young people's mental health needs are well recognised and supported'.

Over the next 12 months, trustees will work with the CEO to embed sustainability by:

Building and implementing robust sustainability plans that:

- Improve governance and financial reporting
- Diversify income streams, extending fundraising and introducing social enterprise
- Deliver workforce plans to introduce volunteering, encourage diversity, build retention, capacity, skills and succession
- Explore collaborative activity such as co-purchasing training, sharing materials/staff etc

**Isle of Wight Youth Trust  
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Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

Progressing the strategy from a set of ambitions to a set of implementation plans that help shape the continued transformation into a YIACS model youth mental health and wellbeing charity by:

- Extending youth engagement to increase influence
- Protecting current service delivery and innovating to meet new, wider, identified needs that affect children and young people's mental health
- Managing new roles (Education, Triage, Navigation) to ensure that delivery and financial objectives and plans are developed and met
- Evidencing impact of services that contribute to the mental wellbeing of young Islanders (and therefore enabling increased and broader funding sources)
- Continuing to build and formalise networks with peer organisations to ensure best practice and local innovation

Continue to focus on the culture of the Trust to become an employer of choice, leading by example and creating a people strategy that reflects our role as a mental health charity and being a model employer in this area.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Charity is controlled by its governing document, the Memorandum and Articles. The Charity is a company limited by guarantee, as defined by the Companies Act 2006 and has no share capital. In the event of a winding up the members (trustees) have to contribute a sum up to £10.

The trustees, who are also the directors of the company, who served in the year, were:

Nik Attfield – appointed 13 July 2022

Peter Elliott

Helen Farrant – appointed 13 July 2022

Antonio Giannotta – appointed 27 April 2022

Michael Lilley

Malcolm Marshall

Lee Peckham

Alison Pleszak – appointed 13 July 2022

Amy Sweeting – appointed 27 April 2022

Edward Webb

Shaun Woolford – resigned 7 September 2022

The Trustees have a wide range of relevant experience with skills and background in clinical practice, commerce, local government, HR, property, charities and accounting. Candidate trustees with relevant skills are recruited and first meet with the CEO and Chair of Trustees. Following their recommendation, candidates then attend a more formal interview with two trustees, before being appointed by the Board of Trustees. All Trustees are subject to a Disclosure and Barring Service (DBS) check, and confirmation of compliance with the Trustees Code of Conduct. Training is provided.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

**TRUSTEES RESPONSIBILITIES**

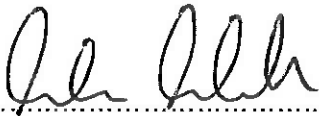
The trustees (who are also the Directors for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was prepared taking advantage of the exemptions available to small companies within the Companies Act 2006, and was approved by the Board of Trustees and signed on its behalf:



.....  
**Malcolm Marshall**  
Chair of Trustees

Dated: 9 December 2022

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ISLE OF WIGHT YOUTH TRUST**

I report on the accounts for the year ended 31 March 2022 set out on pages 11 to 22.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the institute of chartered accountants of England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Kevin R Cooper BA FCA DChA  
For and on behalf of  
**Moore (South) LLP**  
Chartered Accountants  
9 St John's Place  
Newport  
Isle of Wight  
PO30 1LH

Dated: 12 December 2022

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>INCOME:</b>					
Donations and legacies		25,732	510,314	536,046	526,306
Income from charitable activities		421,556	-	421,556	256,896
Investment income		<u>1,597</u>	<u>-</u>	<u>1,597</u>	<u>1,612</u>
<b>TOTAL INCOME</b>	<b>3</b>	<b>448,885</b>	<b>510,314</b>	<b>959,199</b>	<b>784,814</b>
		=====	=====	=====	=====
<b>EXPENDITURE</b>					
Costs of raising funds					
Costs of fundraising		25,000	-	25,000	25,000
Charitable activities:					
Counselling services		<u>366,359</u>	<u>534,771</u>	<u>901,130</u>	<u>570,861</u>
<b>TOTAL EXPENDITURE</b>	<b>4</b>	<b>391,359</b>	<b>534,771</b>	<b>926,130</b>	<b>595,861</b>
		=====	=====	=====	=====
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>57,526</b>	<b>(24,457)</b>	<b>33,069</b>	<b>188,953</b>
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET SURPLUS/(DEFICIT) FOR THE YEAR</b>		<b>57,526</b>	<b>(24,457)</b>	<b>33,069</b>	<b>188,953</b>
		=====	=====	=====	=====
<b>FUND RECONCILIATION</b>					
Fund balances as at 1 April 2021		<u>575,025</u>	<u>104,992</u>	<u>680,017</u>	<u>491,064</u>
Fund balances at 31 March 2022		<u>632,551</u>	<u>80,535</u>	<u>713,086</u>	<u>680,017</u>
		=====	=====	=====	=====

The results for the year derive from continuing operations, and there are no gains or losses other than those shown above.

The notes on pages 14 to 22 form an integral part of these financial statements.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**BALANCE SHEET**

	Notes	£	2022 £	£	2021 £
<b>FIXED ASSETS</b>					
Tangible assets	8		289,027		286,411
<b>CURRENT ASSETS</b>					
Debtors	9	64,751		39,333	
Cash at bank		<u>647,578</u>		<u>536,862</u>	
		712,329		576,195	
<b>Creditors: amounts falling due within one year</b>	10	<u>(139,765)</u>		<u>(27,516)</u>	
<b>NET CURRENT ASSETS</b>			<u>572,564</u>		<u>548,679</u>
			861,591		835,090
<b>Creditors: amounts falling due after More than one year</b>	11		<u>(148,505)</u>		<u>(155,073)</u>
<b>TOTAL NET ASSETS</b>			<u>713,086</u>		<u>680,017</u>
<b>INCOME FUNDS</b>					
Unrestricted funds	12		632,551		575,025
Restricted funds	13		<u>80,535</u>		<u>104,992</u>
			<u>713,086</u>		<u>680,017</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required to company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 11 to 22 were approved by the Board of Trustees and signed on its behalf by:

  
.....  
Edward Webb, Trustee

Dated: 9 December 2022

Company Registration Number: 04149036

The notes on pages 14 to 22 form an integral part of these financial statements.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**CASHFLOW STATEMENT**

		<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
<b>Cash flow from operating activities</b>			
Net cash flow from operations	As below	<u>135,236</u>	<u>216,394</u>
<b>Total cash flow from operating activities</b>		<u>135,236</u>	<u>216,394</u>
<b>Cash flow from investing activities</b>			
Interest received		1,597	1,612
Proceeds from sale		-	-
Payments for fixed assets		<u>(19,549)</u>	<u>(12,932)</u>
<b>Total cash flow on Investing activities</b>		<u>(17,952)</u>	<u>(11,320)</u>
<b>Cash flow from financing activities</b>			
Repayment of borrowing		<u>(6,568)</u>	<u>(7,451)</u>
<b>Total cash flow on financing activities</b>		<u>(6,568)</u>	<u>(7,451)</u>
<b>Net increase in cash and cash equivalents</b>		110,716	197,623
Cash and cash equivalents at 1 April 2021		<u>536,862</u>	<u>339,239</u>
Cash and cash equivalents at 31 March 2022		647,578 =====	536,862 =====
<b>Cash and cash equivalents consist of:</b>			
Cash at bank and in hand		<u>647,578</u>	<u>536,862</u>
Cash and cash equivalent at 31 March 2022		647,578 =====	536,862 =====
<b>Reconciliation of income to net cashflow from operations:</b>			
		<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
Net surplus of income over expenditure for the year		33,069	188,953
Adjustments for:			
Interest received		(1,597)	(1,612)
Depreciation charges		16,933	13,199
(Increase)/decrease in debtors		(25,418)	9,038
Increase/(decrease) in creditors		<u>112,249</u>	<u>6,816</u>
<b>Net cash from operations</b>		135,236 =====	216,394 =====

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**Basis of accounting**

The Isle of Wight Youth Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activity is providing counselling services to young people in the Isle of Wight.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

**Income recognition policies**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations, legacies and gifts and are included in full in the Statement of Financial Activities when the Charity has control over the income, any conditions placed are met, the receipt is probable, and that it can be measured reliably.
- Grants, including Government Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant and as the charity earns the right to income through delivery of services.
- Donated services and facilities (Gifts in kind) are included at the value to the charity only where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when received.

**Debtors**

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**Resources expended**

Expenditure is recognised on an accruals basis as the liability is incurred. All costs are shown in full and no netting off with income occurs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting donations and other voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis. Salaries are allocated by reviewing time spent by each employee on the activities and attributing cost accordingly.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES (continued ...)**

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due can be measured reliably.

**Allocation of support costs and Governance**

Support costs are those functions that assist the work of the charity, but do not directly undertake charitable activities. Costs are allocated to charitable activities on the basis that this is the main activity, and there are minimal costs attributable to fundraising. Governance includes independent examination and any costs in connection with running the trustees, and are also allocated to the main activity as shown in note 3.

**Financial assets and liabilities**

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Tangible Fixed Assets and Depreciation**

Tangible fixed assets other than freehold land are stated at cost, or valuation less depreciation. Assets below £250 are not treated as capital. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Freehold buildings	2%	Straight line
Office equipment	20%	Reducing balance
Computer equipment and database	50%	Straight line

**Financial Instruments**

The Trust only has financial instruments that qualify as basic financial instruments, which are recognised at transaction value.

**Taxation**

No corporation tax has been provided in these accounts because the income of the charity is within the exemption granted by Section 505 of the Income and Corporation Taxes Act 1988 to the extent that these funds are applied to Charitable objects.

**Pensions**

The Trust operates a defined contribution stakeholder pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**Judgements and key sources of estimation uncertainty**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

The trustees have also considered the impact of Covid-19 on income forecasts and its effect on the charity activities and the significant funding to mitigate the financial effects of the pandemic. Consequently the trustees believe that it remains appropriate to prepare financial activities on a going concern basis.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**NOTES TO THE FINANCIAL STATEMENTS**

**2. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES**

As required by SORP FRS102, the comparative SOFA information is produced below.

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<b>INCOME:</b>					
Donations and legacies		70,678	455,628	526,306	345,740
Income from charitable activities		256,896	-	256,896	206,192
Investment income		<u>1,612</u>	<u>-</u>	<u>1,612</u>	<u>1,549</u>
<b>TOTAL INCOME</b>	<b>3</b>	<b>329,186</b> =====	<b>455,628</b> =====	<b>784,814</b> =====	<b>553,481</b> =====
<b>EXPENDITURE</b>					
Costs of raising funds					
Costs of fundraising		25,000	-	25,000	30,659
Charitable activities:					
Counselling services		<u>176,533</u>	<u>394,328</u>	<u>570,861</u>	<u>498,406</u>
<b>TOTAL EXPENDITURE</b>	<b>4</b>	<b>201,533</b> =====	<b>394,328</b> =====	<b>595,861</b> =====	<b>529,065</b> =====
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>					
		127,653	61,300	188,953	24,416
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET SURPLUS/(DEFICIT) FOR THE YEAR</b>		<b>127,653</b>	<b>61,300</b>	<b>188,953</b>	<b>24,416</b>
<b>FUND RECONCILIATION</b>					
Fund balances as at 1 April 2020		<u>447,372</u>	<u>43,692</u>	<u>491,064</u>	<u>466,648</u>
Fund balances at 31 March 2021		<u>575,025</u> =====	<u>104,992</u> =====	<u>680,017</u> =====	<u>491,064</u> =====

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>3. INCOME</b>				
<u>Donations and legacies</u>				
Donations including gift aid	7,154	-	7,154	2,694
Grants and donations – Charities and Foundations	12,126	510,314	522,440	523,378*
Gala dinner donations	-	-	-	234
Fundraising income / Festival ticket donations	<u>6,452</u>	<u>-</u>	<u>6,452</u>	<u>-</u>
	<b>25,732</b> =====	<b>510,314</b> =====	<b>536,046</b> =====	<b>526,306</b> =====
<u>Income from Charitable Activities</u>				
Counselling service level agreement	<u>421,556</u> =====	<u>-</u> =====	<u>421,556</u> =====	<u>256,896</u> =====
<u>Investment Income</u>				
Bank interest	<u>1,597</u> =====	<u>-</u> =====	<u>1,597</u> =====	<u>1,612</u> =====
<b>TOTAL</b>	<b>448,885</b> =====	<b>510,314</b> =====	<b>959,199</b> =====	<b>784,814</b> =====

\* Of the comparative grants and donations total income figure of £523,378, £455,628 was in respect of restricted funds.

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**NOTES TO THE FINANCIAL STATEMENTS**

**4. EXPENDITURE**

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Fundraising costs:</u>				
Wage costs (see note 6)	<u>25,000</u>	-	<u>25,000</u>	<u>25,000</u>
	25,000	-	25,000	25,000
	=====	===	=====	=====
<u>Charitable Activities:</u>				
<u>Counselling services:</u>				
Wage costs (see note 6)	194,859	479,857	674,716	374,842
Sessional fees	14,803	-	14,803	39,968
Direct costs	40,243	36,191	76,434	68,923
Support costs	<u>110,700</u>	<u>18,723</u>	<u>129,423</u>	<u>82,390</u>
	360,605	534,771	895,376	566,123
<u>Governance costs:</u>				
Accounting and Independent Examination	<u>5,754</u>	-	<u>5,754</u>	<u>4,738</u>
	366,359	534,771	901,130	570,861
	=====	=====	=====	=====
<b>TOTAL</b>	<u>391,359</u>	<u>534,771</u>	<u>926,130</u>	<u>595,861</u>
	=====	=====	=====	=====

Of the comparative total expenditure figure of £529,065, £254,462 was restricted fund expenditure.

	2022 £	2021 £
<b>Support costs</b>		
Payroll charges	953	442
Printing postage and administration costs	4,672	2,185
Advertising and marketing	6,278	727
Utilities	4,511	2,136
Cleaning and Covid-19 costs	12,019	8,511
Insurance	6,804	3,685
Subscriptions	3,440	1,438
Bank charges and interest	6,144	5,699
Telephone	2,636	1,234
Bookkeeping	2,639	7,010
Consultants and recruitment	13,146	-
Rent and leases	14,000	14,216
Maintenance	32,570	21,222
Sundry	2,678	685
Depreciation	<u>16,933</u>	<u>13,200</u>
	129,423	82,390
	=====	=====

**Isle of Wight Youth Trust  
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**NOTES TO THE FINANCIAL STATEMENTS**

<b>5. ADMINISTRATIVE EXPENSES</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
The surplus/(deficit) is stated after charging:		
Independent examination	2,795	2,000
Other accounting services	5,598	2,738
Depreciation of owned fixed assets	16,933	13,200
	=====	=====

<b>6. STAFF COSTS AND RELATED PARTY TRANSACTIONS</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and salaries	633,925	362,136
Social Security costs	52,114	30,230
Pension costs	<u>13,677</u>	<u>7,476</u>
	699,716	399,842
	=====	=====
Allocated to:		
Fundraising costs	25,000	25,000
Charitable activities	<u>674,716</u>	<u>374,842</u>
	699,716	399,842
	=====	=====

The average weekly number of employees during the period was as follows:

	<b>2022</b>	<b>2021</b>
Project and office administration (Actual)	27	19
Project and office administration (FTE)	23	14
	==	==

No employee received remuneration in excess of £60,000 (2021 - £Nil).

No payments were made to any Trustee either as remuneration, or the reimbursement of travel or other expenses. Trustees' indemnity insurance is paid by the Charity.

**7. PENSIONS**

The charity operates a defined contribution pension scheme – the assets of which are held separate to the Trust's assets. Amounts due at the year end £2,811 (2021 – £5,218). The contributions for the year are shown in note 6.

**Isle of Wight Youth Trust  
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**NOTES TO THE FINANCIAL STATEMENTS**

**8. TANGIBLE FIXED ASSETS**

	<b>Land &amp; Buildings £</b>	<b>Office Equipment £</b>	<b>Total £</b>
Cost at 1 April 2021	294,222	60,748	354,970
Additions in the year	<u>-</u>	<u>19,549</u>	<u>19,549</u>
At 31 March 2022	294,222 =====	80,297 =====	374,519 =====
Depreciation at 1 April 2021	17,655	50,904	68,559
Charge for the period	<u>5,884</u>	<u>11,049</u>	<u>16,933</u>
At 31 March 2022	23,539 =====	61,953 =====	85,492 =====
Net Book Value at 31 March 2022	270,683 =====	18,344 =====	289,027 =====
Net Book Value at 31 March 2021	276,567 =====	9,844 =====	286,411 =====

The land and buildings are secured by a mortgage charge by the Charity's bankers.

**9. DEBTORS**

	<b>2022 £</b>	<b>2021 £</b>
Grants receivable	60,578	35,833
Prepayments	<u>4,173</u>	<u>3,500</u>
	64,751 =====	39,333 =====

**10. CREDITORS DUE WITHIN ONE YEAR**

Amounts falling due within one year:	<b>2022 £</b>	<b>2021 £</b>
Bank loan (current portion)	6,568	6,568
Accounts payable	21,206	-
Deferred income	72,499	-
Taxation including social security	12,519	12,610
Other creditors	2,811	5,218
Accruals	<u>24,162</u>	<u>3,120</u>
	139,765 =====	27,516 =====

Deferred income relates to income specifically on projects related to 2022 which could not be recognised in 2021, and is therefore carried forward and released to income in 2022-23.

**Isle of Wight Youth Trust**  
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**NOTES TO THE FINANCIAL STATEMENTS**

	2022 £	2021 £
<b>11. CREDITORS DUE AFTER ONE YEAR</b>		
Amounts falling due after more than one year:		
Bank loan	148,505	155,073
	=====	=====
Amounts repayable by installments in more than 5 years:		
Bank loan	122,235	128,802
	=====	=====
The bank loan is secured on the freehold property.		

**12. UNRESTRICTED FUNDS**

	At 1 April 2021 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2022 £
<b>Unrestricted</b>	314,950	448,885	(383,784)	-	-	380,051
<b>Designated</b>						
Building fund and roof repairs	55,000	-	-	-	-	55,000
Service transition	130,000	-	-	-	20,000	150,000
Workforce development	47,500	-	-	-	-	47,500
Covid recovery	20,000	-	-	-	(20,000)	-
Computer renewal & Database	7,575	-	(7,575)	-	-	-
Cowes Enterprise College	-	-	-	-	-	-
<b>Total Designated</b>	<u>260,075</u>	-	-	-	-	<u>252,500</u>
<b>Total Unrestricted fund</b>	575,025	448,885	(391,359)	-	-	632,551
	=====	=====	=====	===	===	=====

The Trust has designated the above funds towards IT projects, the upgrading of the Trust's property, and developing services for the future delivery of the charity's objects.

COMPARATIVE	At 1 April 2020 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2021 £
<b>Unrestricted</b>	439,047	329,936	(201,533)	-	(252,500)	314,950
<b>Designated</b>						
Building fund and roof repairs	-	-	-	-	55,000	55,000
Service transition	-	-	-	-	130,000	130,000
Workforce development	-	-	-	-	47,500	47,500
Covid recovery	-	-	-	-	20,000	20,000
Computer renewal & Database	7,575	-	-	-	-	7,575
Cowes Enterprise College	<u>750</u>	<u>(750)</u>	-	-	-	-
<b>Total Designated</b>	<u>8,325</u>	<u>(750)</u>	-	-	<u>252,500</u>	<u>260,075</u>
<b>Total Unrestricted fund</b>	447,372	329,186	(201,533)	-	-	575,025
	=====	=====	=====	===	=====	=====

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Trustees Report and Unaudited Accounts for the year ended 31 March 2022**

**NOTES TO THE FINANCIAL STATEMENTS**

**13. RESTRICTED FUNDS**

	At 1 April 2021 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2022 £
<b>Grants towards Core Costs</b>					
Paul Hamlyn Foundation	20,000	30,000	(50,000)	-	-
Society of Friends	4,638	17,326	(17,766)	-	4,198
<b>Counselling and Advocacy Services</b>					
BBC Children in Need	-	40,000	(40,000)	-	-
National Lottery	27,450	112,300	(112,300)	-	27,450
NHS MHST	24,250	267,966	(243,329)	-	48,887
Hampshire & IOW					
Community Foundation (HIWCF)	-	20,000	(20,000)	-	-
Violence Reduction Unit	7,154	16,322	(23,476)	-	-
Police & Crime Commissioner (PCC)	11,500	-	(11,500)	-	-
Bernard Sunley Grant	10,000	-	(10,000)	-	-
HIWCF Pink Therapy Training	-	3,400	(3,400)	-	-
Early Help Community Capacity	-	3,000	(3,000)	-	-
<b>Total Restricted funds</b>	<b>104,992</b> =====	<b>510,314</b> =====	<b>(534,771)</b> =====	<b>-</b> ===	<b>80,535</b> =====

- Paul Hamlyn Foundation provided core funding towards the salary of the CEO
- HIWCF covered the cost of trainee salaries and some clinical staff training
- The Society of Friends (Quakers) provided funds for digital resilience which supported staff training and a client record database
- BBC Children in Need supported one-to-one and family counselling to children and young people presenting more complex issues.
- National Lottery supported counselling for over 18's
- NHS MHST is the funding for the Mental Health School Team
- Violence Reduction Unit and PCC provided funding for counselling and group work where anger and violence were issues
- Other restricted grants provided group work, counselling, and advocacy during the year.

Comparative Information	At 1 April 2020 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2021 £
<b>Grants towards Core Costs</b>					
Paul Hamlyn Foundation	-	50,000	(30,000)	-	20,000
Society of Friends	-	32,518	(27,880)	-	4,638
IT expenditure	-	5,000	(5,000)	-	-
<b>Counselling and Advocacy Services</b>					
Blgrave Trust	7,500	30,000	(37,500)	-	-
Lloyds	-	25,000	(25,000)	-	-
MIND	-	47,200	(47,200)	-	-
HEE	-	35,833	(35,833)	-	-
National Lottery	27,450	109,800	(109,800)	-	27,450
NHS MHST	-	78,365	(54,115)	-	24,250
Violence Reduction Unit	3,742	3,412	-	-	7,154
Police & Crime Commissioner (PCC)	-	11,500	-	-	11,500
Bernard Sunley Grant	-	10,000	-	-	10,000
<b>Shop conversion</b>					
Newport and Carisbrooke Community Council	<u>5,000</u>	<u>17,000</u>	<u>(22,000)</u>	<u>-</u>	<u>-</u>
<b>Total Restricted funds</b>	<b>43,692</b> =====	<b>455,628</b> =====	<b>(394,325)</b> =====	<b>-</b> ===	<b>104,992</b> =====

**Isle of Wight Youth Trust**  
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**NOTES TO THE FINANCIAL STATEMENTS**

**14. ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2022 £</b>	<b>2021 £</b>
Tangible fixed assets	289,027	-	289,027	286,411
Current assets	631,794	80,535	712,329	576,195
Creditors	<u>(288,270)</u>	<u>-</u>	<u>(288,270)</u>	<u>(182,589)</u>
	632,551	80,535	713,086	680,017
	=====	=====	=====	=====

**COMPARATIVE ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2021 £</b>	<b>2020 £</b>
Tangible fixed assets	286,411	-	286,411	286,678
Current assets	471,203	104,992	576,195	387,610
Creditors	<u>(182,589)</u>	<u>-</u>	<u>(182,589)</u>	<u>(183,224)</u>
	575,025	104,992	680,017	491,064
	=====	=====	=====	=====

**15. LEASING COMMITMENTS**

The charity has operating lease commitments in respect of land and buildings which increased as a result of passing a break-clause milestone as outlined below:

	<b>2022 £</b>	<b>2021 £</b>
Within one year	14,000	14,000
Between two and five years	<u>21,000</u>	<u>-</u>
	35,000	14,000
	=====	=====

**16. FINANCIAL ASSETS AND LIABILITIES**

	<b>2022 £</b>	<b>2021 £</b>
Financial assets measured at fair value	708,156	572,695
Financial liabilities measured at fair value	<u>(215,771)</u>	<u>(182,589)</u>
	492,385	390,106
	=====	=====

## Document Activity Report

**Document Sent**

Mon, 12 Dec 2022 14:39:11 GMT

### Document Activity History

Document history shows most recent activity first

<b>Date</b>	<b>Activity</b>
Mon, 12 Dec 2022 14:41:15 GMT	Document Sent

**ISLE OF WIGHT YOUTH TRUST**

England & Wales - Charity number 1087163

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# Accounts

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Company Number: 04149036  
Registered Charity Number: 1087163



**ISLE OF WIGHT YOUTH TRUST**  
A Company Limited by Guarantee

**TRUSTEES REPORT AND UNAUDITED ACCOUNTS**

**FOR THE YEAR ENDED**

**31 MARCH 2021**



**Isle of Wight Youth Trust**  
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**REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Trustees</b>	Liz Allen Jane Edmunds – resigned 9 December 2020 Peter Elliott Michael Lilley Malcolm Marshall Emilie Myers Lee Peckham Shaun Woolford Edward Webb – appointed 9 December 2020 Shaun Woodford
<b>Chief Executive Officer</b>	Jo Dare
<b>Company Secretary</b>	Jo Dare
<b>Patrons</b>	Rob da Bank Josie da Bank Lord Michael Grade
<b>Charity Number:</b>	1087163
<b>Company Number:</b>	04149036
<b>Principal address &amp; Registered Office</b>	114 Pyle Street Newport Isle of Wight PO30 1XA
<b>Contact details:</b>	
Tel:	01983 529569
Email:	<a href="mailto:info@iowyouthtrust.co.uk">info@iowyouthtrust.co.uk</a>
Website	<a href="http://www.iowyouthtrust.co.uk">www.iowyouthtrust.co.uk</a>
<b>Bankers</b>	Barclays 8 High Street Ryde PO33 4PE
<b>Independent Examiner</b>	Moore (South) LLP 9 St John's Place Newport Isle of Wight PO30 1LH
<b>Governing Instrument</b>	Memorandum and Articles of Association dated 29 January 2001

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## **TRUSTEES' AND DIRECTORS' REPORT**

The trustees present their report and accounts for the year ended 31 March 2021. This report also meets the criteria for a Directors Report under Company Law.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Trust's Articles and Memorandum, the Companies Act 2006 and the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) (applicable January 2019).

## **OBJECTIVES AND ACTIVITIES**

The objects of the charity are to advance the education and training of young people on the Isle of Wight through the relief of poverty, distress, and sickness. The charity seeks to meet the need for an independent service which bridges the gap in the network of care provided for young people by the statutory agencies in the Isle of Wight. To achieve this, the Isle of Wight Youth Trust:

- Provides a confidential and independent counselling and advice service for young people under 25.
- Offers advice, information and family counselling to the parents and guardians of young people.
- Co-operates and works in partnership with statutory and charitable bodies engaged in work with young people.
- Promotes the study of and research into all aspects of the problems faced by young people and disseminates results appropriately.
- Engages in advocacy activity, to promote and campaign for a joined-up Island approach to tackling youth mental health stigma and improving outcomes for young people.
- Organises or contributes to meetings, seminars and other activities involving young people as appropriate.
- Engages with service users, to better understand the needs of our client group and work in partnership with them to develop our services, to ensure better mental health outcomes for young people.

In setting the charity's objectives and planning activities, the trustees have considered the Charity Commission's general guidance on public benefit.

## **LEARNING FROM THE PANDEMIC**

By March 2020, as we faced the challenge of Covid-19, it was quickly becoming clear that the UK was heading for lockdown. This required us to be even more agile in our local response to meet the needs of local children and young people requiring mental health support, to ensure that services were delivered in a safe and timely manner.

The office at 114 Pyle Street was closed, and no further work was undertaken at schools. Within 2 weeks all staff were enabled to work from home resulting in little/no disruption to service delivery. Staff adapted well to remote working and found different ways, using technology, to maintain counselling. Counselling on-line is very different from face-to-face interaction, particularly with young children and families. As a result, counsellors all received training to deliver online support effectively.

Clinical administration and operational support staff also adapted well to the emerging pandemic crisis.

In the early days of the Covid Pandemic, Trustees met with the CEO weekly to keep informed and offer encouragement during a fast-moving situation. This was in addition to the regular cycle of monitoring review and committee meetings. Meetings were moved online, following Charity Commission guidance, and with increased number of meetings and speed of response, trustees were able to react swiftly to support the CEO and Senior Leadership Team.

Trustees even managed a transition in CEOs, with the departure of Clare Cannock to NHS Charities Together in March 2021 and the arrival of Jo Dare from Age UK IOW in August 2021 as well as a re-modelling the senior role of the Clinical Lead to a Head of Counselling and Wellbeing role in July 2021 and launching a new collaboration with colleagues at NHS CAMHS and Barnardo's.

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**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

However, the pandemic continues to leave a legacy. Some counsellors found the new way of working suited them and left the Youth Trust, creating a capacity issue that we are still recovering from. Other staff found the intensity of working on-line, supporting children and young people with heightened anxiety alongside their own (and family) anxieties too much and have stepped back from counselling, at least to take a break before considering whether they want to continue with the Youth Trust.

For children and young people, we know that the pandemic has seen worry, unhappiness, fear and loneliness increase as well as difficulties with sleep. We carried out two Candid Covid Surveys to capture a snapshot of the impact and this is detailed later in this report.

Trustees would like to place on record their great appreciation of the selfless dedication that our staff have shown, and continue to show, in the face of this pandemic. They are inspiring. In the midst of the greatest challenge in the Youth Trust's history, they have provided very highest levels of support to the Island's children and young people, responding with great commitment, resilience and ingenuity.

We were very fortunate to recruit a new CEO, Jo Dare, after the year end. Jo is one of the most experienced and respected charity leaders on the Isle of Wight. In a short time, she has already provided a much-needed focus on the wellbeing of the team as well as strong strategic and tactical leadership and a passionate commitment to our Island community.

Lastly, we also thank our funders and supporters for the flexibility they have shown during this very difficult period. This has enabled the Youth Trust to continue to provide vital support to our young Islanders.

**REVIEW OF ACTIVITIES**

**How our activities deliver public benefit**

Regular scrutiny looks at what has been achieved, the beneficial impact on our clients and community and where we might improve. This keeps us on track and helps ensure that as a charity we are working to our stated purposes, mindful of the Charity Commission's guidance on public benefit in how our executive team plan to deliver activities that contribute to our aims and objectives.

The 2011 census reports that there are 35,920 children and young people (aged 0 to 24) living on the Isle of Wight.

With NHS England estimating that approximately 10% of this population every year will experience some degree of poor mental health, the services of the Youth Trust are in high demand. In 2020-21, 829 young people reached out to us for support, this is a drop from the previous year (circa 1300) and is attributable to the pandemic and a reduction in school referrals as schools closed, however referrals started to rise significantly in March 2021 and have continued at a higher level. This reiterates the need for the Youth Trust to explore how it delivers services in the future that continue to meet mild to moderate complexity of need, but which also attempts to provide support earlier through preventative and early help activity.

IAPTUS, our new database launched in October 2020 after a whole team training day in September and continues to be developed as we develop more focus on the data, we want to capture to evidence impact. It is also more efficient for counsellors needing to electronically case record their client session notes.

We started the financial year, as the pandemic took hold, with all staff working from home to deliver support sessions and operational infrastructure support to enable services to be maintained. This included ensuring we followed ethical and training guidance from the British Association of Counselling & Psychotherapy (BACP), UK Council for Psychotherapy (UKCP) and the Association of Counselling and Therapy Online (ACTO), reviewed our risk assessments, changed our key contracts, and adopted a safe online platform.

This was only possible as result of the passionate commitment, resilience, and ingenuity of all our team members. They have continued to provide very high levels of service to our community while coping with their own challenges which have included family bereavement and illness and the high levels of stress that are inherent in supporting others. The team has been on the frontline of helping our community to recover from the impact of the pandemic.

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**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

Our Group Therapy plans were curtailed by the pandemic and whilst we were unable to delivery our 'Escape the Trap' group for healthy relationships, two counsellors completed the 'train the trainer' course putting us in a stronger position for future delivery. Our 'Well-Grounded outdoor therapy group was delivered in the summer of 2021.

The pandemic also impacted on our ability to open our Youth Hub in the shop below our premises, but enabled us to focus on the development, in conjunction with the Taskforce, of a space for young people and to carry out the necessary renovations.

At the time of writing this report, more children and young people have been looking to return to face-to-face appointments and measures have been put in place to do this safely as opposed to virtual online sessions which can still be offered but less popular since restrictions have lifted.

To support young people during Covid lockdowns, we trained almost 100 parents and education professionals with online Mental Health Awareness Training. This will continue to be a priority as demand rises because there is currently no choice but to hold a waiting list for those seeking support. At the time of writing this report, demand for services is greater than our capacity to deliver support, which has resulted in a need to temporarily pause referrals.

The public and our funders have been incredibly understanding and supportive, but this is a situation we never want to find ourselves in again. Staff and trustees are working hard to evolve and invest in our current model of delivery, invest in workforce development, and explore innovative future opportunities to expand our offer to better manage demand. In the meantime, support calls are being offered to those remaining on the waiting list.

**Counselling and Wellbeing Services**

Counselling and psychotherapy sessions are used to treat emotional problems and mental health conditions. This usually involves talking to a trained therapist, either one to one, in a group, or with a family member, but sometimes other creative methods are used for example art, sand tray with figures or music.

This service is funded through a Tier 2 Counselling Contract with the NHS Clinical Commissioning Group ("CCG") to offer up to 12 sessions of 1:1, group or family sessions for 4–18-year-olds at a current value of £211K which is now block funded and in place until March 2023.

The CCG are currently undertaking a Community Counselling Review looking at all Tier 2 Counselling service delivery across Hampshire and the Isle of Wight and how they will re-commission after that date. There are a number of new commissioners in place who have been listening and working closely with the Youth Trust Head of Counselling and CEO to learn more about our demand and capacity and how we wish to incorporate the Child Wellbeing Practitioner posts into a wider service offer, encompassing Tier 1 and 2 delivery.

During 2020-21 5,369 sessions were offered to children and young people. The age range has seen some change, perhaps due to less time spent in school, (26% aged 5-12 previously 31%, 53% aged 13-17 previously 51%, 26% aged 18+ previously 17%). This suggests that the need to support those 18+ continues to increase in prominence. To date the over-18s services have been funded by grants and the charities own fundraising rather than the CCG.

Whilst the height of the Covid-19 pandemic (lockdown) resulted in fewer referrals, particularly from schools and colleges, 829 children and young people still contacted the Youth Trust asking for support. This was a similar spread of gender identity with 59% identifying as female, 40% male and 1% as other.

Children and young people continued to self-refer through telephone call or email (13%) but were also referred via a parent (35%) or professional (20% schools, 12% GP, 7% IW Council Children's Services, 13% other agencies including CAMHS, The Foyer, Youth Offending Team).

Once the restrictions of lockdown were eased the counselling team initiated a "Walk and Talk" Therapy Service, that complied with social distancing measures allowing talking therapies to be delivered safely outside in the fresh air, to reach some young people who were not able to engage with online sessions. These proved very valuable to a number of children and young people.

### **Child Wellbeing Practitioners**

The national Children and Young People's Wellbeing Practitioner programme has been established to provide evidence-based interventions for children and young people. It aims to create close links to the local community, focus on prevention and early intervention by offering access to guided self-help interventions – a structured set of sessions, using low intensity Cognitive Behavioural Therapy (CBT). It is particularly designed to help children:

- Make sense of presenting difficulties
- Identify what the child or parent wants to change, setting goals and monitoring progress
- Offer psychoeducation to parents to help them understand the challenges their child is facing
- Introduce new ideas and strategies to cope
- Problem-solve and create a 'staying well plan'

For Primary aged children (5-11 years) the work is completed as a parent led intervention predominantly with the parent to address challenging behaviour, worry management and low mood. This gives parents a 'toolkit' to enable them to support their young child's worries and behaviours. Direct 1:1 client work is delivered for 11–18-year-olds, which can take place either at the Youth Trust, in schools or out in the community for those young people who are NEET or home educated allowing a more flexible approach to delivery.

Two trainee Wellbeing Practitioners were recruited in January 2021 and are studying a postgraduate certificate at Kings College, London learning low intensity CBT approaches through guided self-help manuals, implemented by holding a caseload of 4-6 young people weekly to evidence their competencies in the taught University sessions. They can also deliver psycho - educational workshops to parents on managing their child's anxiety. During February and March 2021, they were able to offer sessions to support children and young people through this approach and have successfully completed their training year.

### **MHST – Mental Health Support Team**

The Mental Health Support Teams (MHSTs) are a new national service funded by NHS England, Health Education England and partners. The aim is to improve the mental health and wellbeing of children and young people in the community by identifying and treating mental health issues early.

The Isle of Wight won a collaborative bid for 2 teams to cover both primary and secondary schools on the Island and the service has been set up and delivered collaboratively by IW NHS Trust, Youth Trust and Barnardo's. This has been funded through a Tier 1 MHST contract with NHS England and currently supported by the CCG to establish and formalise the Collaborative contract. This is funded for another year until 2023 in the first instance and under review of its successful implementation as part of wider roll out nationally.

The Youth Trust employed four EMHPs in January 2021 who have been studying a postgraduate diploma at Southampton University incorporating the same low intensity Cognitive Behaviour Therapy ("CBT") sessions as well as a embedding a 'Whole School Approach' in supporting school staff and pupils into an improved culture and ethos of addressing mental health needs.

The Education Mental Health Practitioners ("EMHP's") have initially been based and working in 9 selected host schools from summer 2021 as a development year before being rolled out to all 52 Island schools from January 2022 onwards.

We have a 0.5 MHST admin and Secondary School Lead manager in post to support the project and are currently seeking an experienced Senior Practitioner (equivalent Band 6 NHS) to line manage and support the four EMHP's.

The EMHPs started taking referrals in April 2021. The service has been well received by the host schools and will formally launch in 2022 on completion of the EMHP's qualifying from university.

**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

**Youth Voice and Business Development**

Measures that we have taken, include, but are not limited to the following:

- We have kept in communication with our funders, risk assessed our finances and secured additional funding to minimise the impact of loss of income from planned fundraising activities such as our Gala Dinner.
- We engaged in networking provided by our funders and other national organisations
- We developed a Taskforce Talk Blog where our young ambassadors provide support for other young people on how they are coping during Covid-19.

During this financial year, the Youth Trust conducted two Candid Covid surveys, one over the Summer in 2020 and one in February 2021. These surveys captured a snapshot of the impact Covid has had on some of our young people and saw us ask young people on the Isle of Wight some of the same questions about their wellbeing at six-month intervals, which when paired with our Census Findings include results before and during the pandemic.

	True			Sometimes True			Never True		
	2019 Census	2020 Covid	2021 Covid	2019 Census	2020 Covid	2021 Covid	2019 Census	2020 Covid	2021 Covid
I have been worrying a lot	30%	44%	39%	42%	44%	42%	28%	12%	19%
It's been hard to go to sleep or stay asleep	27%	40%	42%	35%	33%	33%	37%	27%	25%
I get very angry and often lose my temper	26%	24%	26%	39%	43%	39%	36%	33%	35%
I am often unhappy, down or tearful	22%	37%	32%	38%	42%	43%	40%	21%	25%
I have many fears, I am easily scared	17%	26%	18%	31%	39%	38%	52%	35%	44%
I have felt totally lacking in energy and enthusiasm	23%	45%	46%	34%	37%	36%	43%	19%	18%
I felt terribly alone and isolated	16%	27%	23%	25%	37%	35%	60%	36%	42%

Comparing our findings from our 2019 Census to our Covid surveys, we saw worry, unhappiness, fear and loneliness all increasing, as well as difficulties with sleep. In our 2019 Census, we found that 23% of young people said that it was 'true' that they had been totally lacking energy and enthusiasm, this increased to 45% in our Summer 2020 Candid Covid Survey and very slightly increased to 46% in our February 2021 Candid Covid 2.0 Survey.

Our February 2021 findings revealed that of the top three areas that young people were most worried about, out of 14 possible options, were schoolwork problems, their own mental health, and the physical health of someone in their family. We saw a marked increase in young people worrying about schoolwork problems in the February 2021 survey, with 28% of respondents worried about schoolwork problems all or most of the time, up from 18% in our 2020 survey.

Full findings from our surveys can be found on our website [www.iowyouthtrust.co.uk/ourstory](http://www.iowyouthtrust.co.uk/ourstory)

*"Feeling overwhelmed and helpless towards my thoughts was more common before I had counselling last year and the year before. I used to not exactly self-harm but scratch at my arms and legs to make scars and stuff, and I haven't done that in a while. I don't know what has changed but when I'm in a bad place I usually just take myself to somewhere I can be alone and cry, or write about it, but most the time when this happens, I don't have much motivation to do anything. I use art and music to relax me all the time as they are things I enjoy anyway and when I feel vulnerable, I usually get quite irritated or angry so being alone helps. I don't think much of this has changed due to lockdown specifically."*

– Survey respondent

In February 2021 we opened recruitment for young people aged 12-25 to join both our under 18s and over 18s Taskforce. We received a high level of interest and many of our community partners promoted our recruitment to the

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young people they work with. This resulted in over 50 applications from young Islanders wanting to have their voice heard on mental health.

## **FINANCIAL REVIEW**

### **Financial position and principal funding sources**

Total income increased by 42% (2020 – 7%) on the previous year to £784,814 (2020 - £553,481). This increase is primarily due to the Youth Trust's success in securing grant income to fund its increased and expanded delivery and development. Grants received from Charities and Foundations totaled £523,378 (2020 - £294,954), Statutory income from the CCG contract and Anna Freud IAPT funding increased by 25% to £256,896 (2020 - £206,192). Total expenditure increased to £595,861 (2020 - £529,065). During the year, the Youth Trust reported a surplus on operating of £188,953 (2020 - £24,416).

The surplus arose because of a combination successful fund-raising, deferral of costs and reduced costs due to staff departures. The Trustees anticipate that the impact of the pandemic is going to have a long-term impact on the demand for services and our ability to recruit and retain suitably skilled staff. This, combined with the imminent completion of major grant funding, means that the Youth Trust has reserved the bulk of this surplus to provide service continuity in the short.

### **Investment policy**

Trustees continued to hold reserves in cash using a mix of notice and fixed term accounts to maintain flexibility of access. In this period of continued uncertainty due to Covid and the continuing high demand for our services Trustees consider that the Youth Trust needs to be able to draw upon reserves as needed. The trustees review this policy quarterly. In October 2021 we opened an account with the Charities Aid Foundation (CAF) deposit platform to facilitate access to a range of FSCS financial institutions offering preferential interest rates.

### **Reserves policy**

The Youth Trust has free reserves of £190,180 (2020 - £320,721). Free reserves are general funds after allowing for the funds tied up in assets net of the related mortgage loan, or restricted or designated funds. Trustees have decided that funds should be designated within our reserves to reflect our strategic and operational planning for the future of the Trust. Details of designated funds are shown in Note 12.

The trustees consider free reserves equivalent to three to twelve months of operating costs are appropriate at the current time due to the extent of variation in the terms of statutory and non-statutory funding and the potential need to rebid for funding on a regular basis. The free reserves represent 19% of budgeted 2021 expenditure of £998,375 representing around 2.3 months of expenditure.

The designated reserves include an amount of £160,000 for transition costs. This reserve is to enable the Youth Trust develop services to meet changing demand whilst seeking funding, therefore this £160,000 also provides cashflow support. These two reserves together would cover 4.2 months of full costs.

### **Current Status and priorities for the next 12 months – 2021/22**

Isle of Wight Youth Trust is going through a period of change.

After leading remotely through the early days of the pandemic, Clare Cannock left the CEO role in March 2021 to take up a senior role at NHS Charities Together.

During her time with the Youth Trust, Clare led our successful submission to work as part of a collaborative partnership alongside Barnardo's and IW CAMHS to develop Mental Health in Schools Teams (MHST). This was awarded in July 2020 by NHS England and has resulted in the Island being a trailblazer site to increase early intervention for children and young people and raise awareness/improve responses across school environments. Our application was ranked as one of the highest in the country and demonstrated a highly ambitious approach to collaborate in partnership working

The Wellbeing Practitioners posts were also to address Tier 1 early intervention support and reduce children and young people escalating into higher level services. Both roles are designed to develop an increasing early help response to support children and young people on the Island at an earlier Tier 1 level.

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As these initiatives evolve, it is hoped that they can help manage demand for, and enhance, counselling. It will be a priority over the next 12 months to embed and integrate these initiatives further into the Youth Trust offer.

Clare also worked to change counselling staff from sessional to permanent contracts. Some staff, however, preferred their more casual employment status and this in common with many other organisations, combined with the pandemic (stress, burnout, and greater opportunities to deliver services on-line) led to several resignations of some of the particularly skilled counsellors while demand for services has been ever increasing. This has placed significant strain on service delivery, with increasing waiting lists.

Alongside this challenge, Trustees were urgently seeking a new, experienced CEO to replace Clare and steer the organisation into a period of stability.

Trustees would like to recognise the support provided by a new senior management team who led the Charity in the interim between resignation and appointment of CEO's and showed great commitment and resilience during a particularly difficult time.

Finally, the pandemic has resulted in reduced costs for the Youth Trust in 2020/21. Over the next 12 months, Trustees are working with the new CEO to build strategic plans and invest for sustainability in its people, its premises and in its income, as follows:

#### Governance

- Formalise the participation of young people and parents/carers in the Trust's governance
- Broaden and deepen the range of skills on the Board to include, for example, education professionals
- Continue to broaden the diversity of trustees
- Develop the Trust's next 3-5 strategy to ensure we work to our aims and objectives

#### Its people

- Pay and conditions review to be able to attract and retain good people, and become an employer of choice
- Support for continuing professional development encouraging the right environment for trainees to flourish and continue to build the expertise of more experienced counsellors, psychotherapists, and other mental health workers
- Implement activity that recognises the Youth Trust's growth and the need for operational infrastructure investment to enable front line services to work most effectively

#### Its premises

- Ensure our building is developed, maintained, and remains a sound investment and asset for the future

#### Its income

- Invest in a new fundraising and communications post to enable income diversification to mitigate

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Youth Trust is controlled by its governing document, the Memorandum and Articles. The Charity is a company limited by guarantee, as defined by the Companies Act 2006 and has no share capital. In the event of a winding up the members (trustees) must contribute a sum up to £10.

The trustees, who are also the directors of the company, who served in the year, were:

Liz Allen  
Jane Edmunds – resigned 9 December 2020  
Peter Elliott  
Michael Lilley  
Malcolm Marshall  
Emilie Myers – resigned 30 June 2021  
Lee Peckham  
Edward Webb – appointed 9 December 2020

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Shaun Woolford

At the AGM on 9 December 2020, Jane Edmunds, Pete Elliott and Shaun Woolford retired by rotation in accordance with the Articles of Association of the Trust and Pete Elliott and Shaun Woolford were re-elected, Jane Edmunds did not seek re-election as she was standing down.

The following trustees were reappointed unanimously as Chair – Malcolm Marshall, Vice Chair & Chair Finance & HR Subcommittee – Liz Allen, Chair Clinical and Safeguarding Subcommittee – Pete Elliott.

The trustees have a wide range of relevant experience and skills with backgrounds in clinical practice, commerce, local government, HR, property, legal, charities and accounting.

Candidate trustees with relevant skills are recruited through open advertising and/or identified by the Chief Executive Officer (“CEO”) and the trustees. Candidates first meet with the CEO and the Chair of Trustees. Following their recommendation, candidates then attend a more formal interview with two trustees, before their appointment is voted on by the Board of Trustees. All trustees are subject to a Disclosure and Barring Service (‘DBS’) check and confirmation of compliance with the Trustees’ Code of Conduct.

The day-to-day management of the charity is delegated to the CEO. In the period between the departure of Clare Cannock and the appointment of Jo Dare the CEO responsibilities were taken on by four senior leadership team members.

The CEO meets a minimum of six times a year with the Board of Trustees. The Board is responsible for development of strategy and plans, approval of policies, monitoring of performance and appointment of the CEO. All key strategy and risk areas are covered in greater depth at least once per year. The CEO maintains a register of key risks, and this is reviewed by the Board.

Trustees also meet as sub-committees. Currently there is a Finance, Operations & HR Subcommittee and a Clinical and Safeguarding Subcommittee which both meet a minimum of three times a year.

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the clinical risk and finances of the Youth Trust and are satisfied those systems are in place to mitigate any exposure to the major risks associated with existing or new contracts. Budgets are set annually and monitored by the trustees, in particular by the Finance, Operations & HR Subcommittee.

**Isle of Wight Youth Trust  
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**TRUSTEES' AND DIRECTORS' REPORT (continued...)**

**TRUSTEES RESPONSIBILITIES**

The trustees (who are also the Directors for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board of Trustees and signed on its behalf:



Malcolm Marshall  
Chair of Trustees

Dated: 16 December 2021

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2021**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ISLE OF WIGHT YOUTH TRUST**

I report on the accounts for the year ended 31 March 2021 set out on pages 16 to 18 and the related notes.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the institute of chartered accountants of England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Kevin R Cooper BA FCA DChA  
For and on behalf of  
**Moore (South) LLP**  
Chartered Accountants  
9 St John's Place  
Newport  
Isle of Wight  
PO30 1LH

Dated: 17 December 2021

**Isle of Wight Youth Trust**  
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**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**  
**For the year ended 31 March 2021**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<b>INCOME:</b>					
Donations and legacies		70,678	455,628	526,306	345,740
Income from charitable activities		256,896	-	256,896	206,192
Investment income		<u>1,612</u>	<u>-</u>	<u>1,612</u>	<u>1,549</u>
<b>TOTAL INCOME</b>	<b>3</b>	<b>329,186</b> =====	<b>455,628</b> =====	<b>784,814</b> =====	<b>553,481</b> =====
<b>EXPENDITURE</b>					
Costs of raising funds					
Costs of fundraising		25,000	-	25,000	30,659
Charitable activities:					
Counselling services		<u>176,533</u>	<u>394,328</u>	<u>570,861</u>	<u>498,406</u>
<b>TOTAL EXPENDITURE</b>	<b>4</b>	<b>201,533</b> =====	<b>394,328</b> =====	<b>595,861</b> =====	<b>529,065</b> =====
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		127,653	61,300	188,953	24,416
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET SURPLUS/(DEFICIT) FOR THE YEAR</b>		127,653	61,300	188,953	24,416
<b>FUND RECONCILIATION</b>					
Fund balances as at 1 April 2020		<u>447,372</u>	<u>43,692</u>	<u>491,064</u>	<u>466,648</u>
Fund balances at 31 March 2021		<u>575,025</u> =====	<u>104,992</u> =====	<u>680,017</u> =====	<u>491,064</u> =====

The results for the year derive from continuing operations, and there are no gains or losses other than those shown above.

The notes on pages 14 to 23 form an integral part of these financial statements.

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Trustees Report and Unaudited Accounts for the year ended 31 March 2021**

**BALANCE SHEET**  
**At 31 March 2021**

	Notes	£	2021 £	£	2020 £
<b>FIXED ASSETS</b>					
Tangible assets	8		286,411		286,678
<b>CURRENT ASSETS</b>					
Debtors	9	39,333		48,371	
Cash at bank		<u>536,862</u>		<u>339,239</u>	
		576,195		387,610	
<b>Creditors: amounts falling due within one year</b>	10	<u>(27,516)</u>		<u>(20,700)</u>	
<b>NET CURRENT ASSETS</b>			<u>548,679</u>		<u>366,910</u>
			835,090		653,588
<b>Creditors: amounts falling due after More than one year</b>	11		<u>(155,073)</u>		<u>(162,524)</u>
<b>TOTAL NET ASSETS</b>			680,017		491,064
			=====		=====
<b>INCOME FUNDS</b>					
Unrestricted funds	12		575,025		447,372
Restricted funds	13		<u>104,992</u>		<u>43,692</u>
			680,017		491,064
			=====		=====

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required to company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 11 to 18 were approved by the Board of Trustees and signed on its behalf by:



Liz Allen, Trustee

Dated: 16 December 2021

Company Registration Number: 04149036

The notes on pages 14 to 23 form an integral part of these financial statements.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
Trustees Report and Unaudited Accounts for the year ended 31 March 2021**

**CASHFLOW STATEMENT  
For the year ended 31 March 2021**

		<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
<b>Cash flow from operating activities</b>			
Net cash flow from operations	As below	<u>216,394</u>	<u>37,967</u>
<b>Total cash flow from operating activities</b>		<u>216,394</u>	<u>37,967</u>
<b>Cash flow from investing activities</b>			
Interest received		1,612	1,549
Proceeds from sale		-	130,340
Payments for fixed assets		<u>(12,932)</u>	-
<b>Total cash flow on Investing activities</b>		<u>(11,320)</u>	<u>131,889</u>
<b>Cash flow from financing activities</b>			
Repayment of borrowing		<u>(7,451)</u>	<u>(36,551)</u>
<b>Total cash flow on financing activities</b>		<u>(7,451)</u>	<u>(36,551)</u>
<b>Net increase in cash and cash equivalents</b>		197,623	133,305
Cash and cash equivalents at 1 April 2020		<u>339,239</u>	<u>205,934</u>
Cash and cash equivalents at 31 March 2021		<u>536,862</u>	<u>339,239</u>
<b>Cash and cash equivalents consist of:</b>			
Cash at bank and in hand		<u>536,862</u>	<u>339,239</u>
Cash and cash equivalent at 31 March 2021		<u>536,862</u>	<u>339,239</u>
<b>Reconciliation of income to net cashflow from operations:</b>			
		<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
Net surplus of income over expenditure for the year		188,953	24,416
Adjustments for:			
Interest received		(1,612)	(1,549)
Depreciation charges		13,199	8,369
(Increase)/decrease in debtors		9,038	640
Increase/(decrease) in creditors		<u>6,816</u>	<u>6,091</u>
<b>Net cash from operations</b>		<u>216,394</u>	<u>37,967</u>

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Trustees Report and Unaudited Accounts for the year ended 31 March 2021**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**Basis of accounting**

The Isle of Wight Youth Trust is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activity is providing counselling services to young people in the Isle of Wight.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

**Income recognition policies**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations, legacies and gifts and are included in full in the Statement of Financial Activities when the Charity has control over the income, any conditions placed are met, the receipt is probable, and that it can be measured reliably.
- Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant and as the charity earns the right to income through delivery of services.
- Donated services and facilities (Gifts in kind) are included at the value to the charity only where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when received.

**Debtors**

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**Resources expended**

Expenditure is recognised on an accruals basis as the liability is incurred. All costs are shown in full and no netting off with income occurs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting donations and other voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis. Salaries are allocated by reviewing time spent by each employee on the activities and attributing cost accordingly.

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
**Trustees Report and Unaudited Accounts for the year ended 31 March 2021**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. ACCOUNTING POLICIES (continued ...)**

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due can be measured reliably.

**Allocation of support costs and Governance**

Support costs are those functions that assist the work of the charity, but do not directly undertake charitable activities. Costs are allocated to charitable activities on the basis that this is the main activity, and there are minimal costs attributable to fundraising. Governance includes independent examination and any costs in connection with running the trustees and are also allocated to the main activity as shown in note 3.

**Financial assets and liabilities**

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Tangible Fixed Assets and Depreciation**

Tangible fixed assets other than freehold land are stated at cost, or valuation less depreciation. Assets below £250 are not treated as capital. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Freehold buildings	2%	Straight line
Office equipment	20%	Reducing balance
Computer equipment and database	50%	Straight line

**Financial Instruments**

The Trust only has financial instruments that qualify as basic financial instruments, which are recognised at transaction value.

**Taxation**

No corporation tax has been provided in these accounts because the income of the charity is within the exemption granted by Section 505 of the Income and Corporation Taxes Act 1988 to the extent that these funds are applied to Charitable objects.

**Pensions**

The Trust operates a defined contribution stakeholder pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**Judgements and key sources of estimation uncertainty**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

The trustees have also considered the impact of Covid-19 on income forecasts and its effect on the charity activities and the significant funding to mitigate the financial effects of the pandemic. Consequently, the trustees believe that it remains appropriate to prepare financial activities on a going concern basis.

**Isle of Wight Youth Trust  
Company Limited by Guarantee  
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**NOTES TO THE FINANCIAL STATEMENTS**

**2. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES**

As required by SORP FRS102, the comparative SOFA information is produced below.

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2020 £
<b>INCOME:</b>				
Donations and legacies		87,536	258,204	345,740
Income from charitable activities		206,192	-	206,192
Investment income		<u>1,549</u>	-	<u>1,549</u>
<b>TOTAL INCOME</b>		<u>295,277</u> =====	<u>258,204</u> =====	<u>553,481</u> =====
<b>EXPENDITURE</b>				
Costs of raising funds				
Costs of fundraising		30,659	-	30,659
Charitable activities:				
Counselling services		<u>243,944</u>	<u>254,462</u>	<u>498,406</u>
<b>TOTAL EXPENDITURE</b>		<u>274,603</u> =====	<u>254,462</u> =====	<u>529,065</u> =====
<b>NET SURPLUS/(DEFICIT) FOR THE YEAR</b>		20,674	3,742	24,416
<b>FUND RECONCILIATION</b>				
Fund balances as at 1 April 2019		<u>426,698</u>	<u>39,950</u>	<u>466,648</u>
Fund balances at 31 March 2020		<u>447,372</u> =====	<u>43,692</u> =====	<u>491,064</u> =====

<b>3. INCOME</b>	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<u>Donations and legacies</u>				
Donations including gift aid	2,694	-	2,694	11,148
Grants and donations – Charities and Foundations	67,750	455,628	523,378	294,954
Gala dinner donations	234	-	234	36,198
Fundraising income / Festival ticket donations	<u>-</u>	<u>-</u>	<u>-</u>	<u>3,440</u>
	<u>70,678</u> =====	<u>455,628</u> =====	<u>526,306</u> =====	<u>345,740</u> =====
<u>Income from Charitable Activities</u>				
Counselling service level agreement CCG & Anna Freud IAPT	<u>256,896</u>	<u>-</u>	<u>256,896</u>	<u>206,192</u>
	<u>256,896</u> =====	<u>-</u> =====	<u>256,896</u> =====	<u>206,192</u> =====
<u>Investment Income</u>				
Bank interest	1,612	-	1,612	1,549
	<u>1,612</u> =====	<u>-</u> =====	<u>1,612</u> =====	<u>1,549</u> =====
<b>TOTAL</b>	<u>329,186</u> =====	<u>455,628</u> =====	<u>784,814</u> =====	<u>553,481</u> =====

Of the comparative total income figure of £553,481, £258,204 is in respect of restricted funds.

**Isle of Wight Youth Trust**  
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**NOTES TO THE FINANCIAL STATEMENTS**

**4. EXPENDITURE**

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<u>Fundraising costs:</u>				
Gala Dinner expenses	-	-	-	10,659
Wage costs	<u>25,000</u>	<u>-</u>	<u>25,000</u>	<u>20,000</u>
	25,000	-	25,000	30,659
	=====	====	=====	=====
<u>Charitable Activities:</u>				
<u>Counselling services:</u>				
Wage costs	35,394	339,448	374,842	256,524
Sessional fees	39,968	-	39,968	150,665
Direct costs	35,265	33,658	68,923	21,485
Support costs	<u>61,168</u>	<u>21,222</u>	<u>82,390</u>	<u>65,347</u>
	171,795	394,328	566,123	494,201
<u>Governance costs:</u>				
Trustee expenses	-	-	-	25
Accounting and Independent Examination	<u>4,738</u>	<u>-</u>	<u>4,738</u>	<u>4,360</u>
	176,533	394,328	570,861	498,406
	=====	=====	=====	=====
<b>TOTAL</b>	<u>201,533</u>	<u>394,328</u>	<u>595,861</u>	<u>529,065</u>
	=====	=====	=====	=====

Of the comparative total expenditure figure of £529,065, £254,462 was restricted fund expenditure.

	2021 £	2020 £
<b>Support costs</b>		
Payroll charges	442	339
Printing postage and administration costs	2,185	3,744
Advertising and marketing	727	1,203
Utilities	2,136	5,904
Cleaning	1,085	4,345
Insurance	3,685	3,244
Subscriptions	1,438	2,650
Bank charges and interest	5,699	7,520
Telephone	1,234	-
Legal and professional fees	-	3,279
Bookkeeping	7,010	5,870
Consultants	-	4,920
Rent and leases	14,216	2,110
Maintenance	21,222	4,278
Sundry	685	4,830
Covid-19 costs	7,426	2,741
Depreciation	<u>13,200</u>	<u>8,370</u>
	<u>82,390</u>	<u>65,347</u>
	=====	=====

**Isle of Wight Youth Trust**  
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**NOTES TO THE FINANCIAL STATEMENTS**

<b>5. ADMINISTRATIVE EXPENSES</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
The surplus/(deficit) is stated after charging:		
Independent examination	2,000	2,000
Other accounting services	2,738	2,360
Depreciation of owned fixed assets	13,200	8,370
	<u>=====</u>	<u>=====</u>

<b>6. STAFF COSTS AND RELATED PARTY TRANSACTIONS</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Wages and salaries	362,136	250,922
Social Security costs	30,230	20,161
Pension costs	<u>7,476</u>	<u>5,441</u>
	399,842	276,524
	<u>=====</u>	<u>=====</u>

The average weekly number of employees during the period was as follows:

	<b>2021</b>	<b>2020</b>
Project and office administration (Actual)	19	11
Project and office administration (FTE)	14	8
	<u>=====</u>	<u>=====</u>

No employee received remuneration in excess of £60,000 (2019 - £Nil).

There were no payments made to any Trustee either as remuneration, or the reimbursement of travel or other expenses. Trustees' indemnity insurance is paid by the Charity.

**7. PENSIONS**

The charity operates a defined contribution pension scheme – the assets of which are held separate to the Trust's assets. Amounts due at the year end £5,218 (2020 – £1,235). The contributions for the year are shown in note 6.

**Isle of Wight Youth Trust**  
**Company Limited by Guarantee**  
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**NOTES TO THE FINANCIAL STATEMENTS**

**8. TANGIBLE FIXED ASSETS**

	Land & Buildings £	Office Equipment £	Total £
Cost at 1 April 2020	294,222	47,816	342,038
Additions in the year	<u>-</u>	<u>12,932</u>	<u>12,932</u>
	294,222	60,748	354,970
	=====	=====	=====
Depreciation at 1 April 2020	11,770	43,590	55,360
Charge for the period	<u>5,885</u>	<u>7,314</u>	<u>13,199</u>
At 31 March 2021	17,655	50,904	68,559
	=====	=====	=====
Net Book Value at 31 March 2021	276,567	9,844	286,411
	=====	=====	=====
Net Book Value at 31 March 2020	282,452	4,226	286,678
	=====	=====	=====

**9. DEBTORS**

	2021 £	2020 £
Grants receivable	35,833	42,179
Other debtors	-	2,692
Prepayments	<u>3,500</u>	<u>3,500</u>
	39,333	48,371
	=====	=====

**10. CREDITORS DUE WITHIN ONE YEAR**

	2021 £	2020 £
Amounts falling due within one year:		
Bank loan (current portion)	6,568	5,828
Trade creditors	-	5,688
Accruals	3,120	2,500
Taxation - PAYE	<u>17,828</u>	<u>6,684</u>
	27,516	20,700
	=====	=====

**11. CREDITORS DUE AFTER ONE YEAR**

Amounts falling due after more than one year:		
Bank loan	155,073	162,524
	=====	=====

The bank loan is secured on the freehold property.

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**NOTES TO THE FINANCIAL STATEMENTS**

**12. UNRESTRICTED FUNDS**

	At 1 April 2020 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2021
<b>Unrestricted</b>	439,047	329,936	(201,533)	-	(252,500)	314,950
<b>Designated</b>						
Building fund and roof repairs	-	-	-	-	55,000	55,000
Service transition	-	-	-	-	130,000	130,000
Workforce development	-	-	-	-	47,500	47,500
Covid recovery	-	-	-	-	20,000	20,000
Computer renewal & Database	7,575	-	-	-	-	7,575
Cowes Enterprise College	<u>750</u>	<u>(750)</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Total Designated</b>	<u>8,325</u>	<u>(750)</u>	<u>-</u>	<u>-</u>	<u>252,500</u>	<u>260,075</u>
<b>Total Unrestricted fund</b>	447,372 =====	329,186 =====	(201,533) =====	- =====	- =====	575,025 =====

The Trust has designated the above funds towards IT projects.

COMPARATIVE	At 1 April 2019 £	Income £	Expenditure £	Gains/ (losses) £	Fund Transfer £	At 31 March 2020 £
<b>Unrestricted</b>	416,392	252,207	(229,552)	-	-	439,047
<b>Designated</b>						
Computer renewal & Database	7,575	-	-	-	-	7,575
Cowes Enterprise College	-	1,070	(320)	-	-	750
Drugs and Alcohol Service	1,731	-	(1,731)	-	-	-
Contract income Anna Freud	-	42,000	(42,000)	-	-	-
Sovereign Housing	<u>1,000</u>	<u>-</u>	<u>(1,000)</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Total Designated</b>	<u>10,306</u>	<u>43,070</u>	<u>(45,051)</u>	<u>-</u>	<u>-</u>	<u>8,325</u>
<b>Total Unrestricted fund</b>	426,698 =====	295,277 =====	(274,603) =====	- =====	- =====	447,372 =====

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**NOTES TO THE FINANCIAL STATEMENTS**

**13. RESTRICTED FUNDS**

	At 1 April 2020 £	Income £	Expenditure £	Fund Transfer £	At 31 March 2021 £
<b>Grants towards Core Staff Costs</b>					
Paul Hamlyn Foundation	-	50,000	(30,000)	-	20,000
<b>Counselling and Advocacy Services</b>					
Blgrave Trust	7,500	30,000	(37,500)	-	-
Lloyds	-	25,000	(25,000)	-	-
MIND	-	47,200	(47,200)	-	-
HEE	-	35,833	(35,833)	-	-
National Lottery Big Lottery Fund					
Awards for All	27,450	109,800	(109,800)	-	27,450
Public health	-	78,365	(54,115)	-	24,250
Violence Reduction Unit	3,742	3,412	-	-	7,154
Police and Crime Commissioner	-	11,500	-	-	11,500
Church of Friends	-	32,518	(27,880)	-	4,638
Bernard Sunley Grant	-	10,000	-	-	10,000
Computers/IT equipment for SLT	-	3,000	(3,000)	-	-
IT expenditure	-	2,000	(2,000)	-	-
<b>Shop conversion</b>					
Newport and Carisbrooke Community Council	<u>5,000</u>	<u>17,000</u>	<u>(22,000)</u>	-	-
<b>Total Restricted funds</b>	<u>43,692</u>	<u>455,628</u>	<u>(394,328)</u>	-	<u>104,992</u>

- Paul Hamlyn Foundation provided core funding towards the salary of the CEO and remaining balance to cover any costs relating to Covid.
- The Blgrave Trust contributed to the development and ongoing support of the youth advocates programme – Youth Mental Health Taskforce.
- BBC Children in Need supported one-to-one and family counselling to children and young people presenting with more complex issues.
- National Lottery Communities Fund (Previously Big Lottery Fund) supported the salaries of core staff including the Clinical Lead, counselling for over 18's and development of the Schools Charter.
- Newport and Carisbrooke Community Council provided support for the rental and development of The Hub.
- Other restricted grants provided group work, counselling, and advocacy during the year.

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**NOTES TO THE FINANCIAL STATEMENTS**

**13. RESTRICTED FUNDS (continued)**

Comparative Information	At 1 April 2019 £	Income £	Expended £	Fund Transfer £	At 31 March 2020 £
<b>Grants towards Core Staff Costs</b>					
Paul Hamlyn Foundation	-	30,000	(30,000)	-	-
<b>Counselling and Advocacy Services</b>					
Blagrave Trust	7,500	30,000	(30,000)	-	7,500
Children in Need project	-	40,000	(40,000)	-	-
National Lottery Big Lottery Fund – Awards for All	28,700	113,550	(114,800)	-	27,450
Public health	-	10,000	(10,000)	-	-
Violence Reduction Unit	-	7,154	(3,412)	-	3,742
Fidelity (IT)	-	500	(500)	-	-
Police and Crime Commissioner (Hampshire)	3,750	17,000	(20,750)	-	-
<b>Shop conversion</b>					
Newport and Carisbrooke Community Council	-	10,000	(5,000)	-	5,000
<b>Total Restricted funds</b>	<b>39,950</b> =====	<b>258,204</b> =====	<b>(254,462)</b> =====	<b>-</b> =====	<b>43,692</b> =====

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**NOTES TO THE FINANCIAL STATEMENTS**

**14. ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2021 £</b>	<b>2020 £</b>
Tangible fixed assets	286,411	-	286,411	286,678
Current assets	471,203	104,992	576,195	387,610
Creditors	<u>(182,589)</u>	<u>-</u>	<u>(182,589)</u>	<u>(183,224)</u>
	<u>575,025</u>	<u>104,992</u>	<u>680,017</u>	<u>491,064</u>

**COMPARATIVE ANALYSIS OF NET ASSETS BY FUNDS**

	<b>Unrestricted &amp; Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2020 £</b>	<b>2019 £</b>
Tangible fixed assets	286,678	-	286,678	295,048
Current assets	343,918	43,692	387,610	385,285
Creditors	<u>(183,224)</u>	<u>-</u>	<u>(183,224)</u>	<u>(213,685)</u>
	<u>447,372</u>	<u>43,692</u>	<u>491,064</u>	<u>466,648</u>

**15. LEASING COMMITMENTS**

The charitable company has operating lease commitments in respect of land and buildings as outline below:

	<b>2021 £</b>	<b>2020 £</b>
Within one year	14,000	14,000
Between two and five years	<u>-</u>	<u>14,000</u>
	<u>14,000</u>	<u>28,000</u>