

REGISTERED COMPANY NUMBER: 04199449 (England and Wales)
REGISTERED CHARITY NUMBER: 1086995



REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
AGE UK SUNDERLAND

Read, Milburn & Co.
Chartered Accountants and Statutory Auditors
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

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FOR THE YEAR ENDED 31 MARCH 2025**

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AGE UK SUNDERLAND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Age UK Sunderland (AUKS) is an independent, vibrant local charity with the objective of supporting older people in and around the City of Sunderland. The charity's mission statement is to promote the well-being of all older people throughout the City of Sunderland, improve their quality of life and help them maintain independence.

The activities of the charity include campaigning on issues that affect older people and providing a wide range of services to benefit older people in the City and surrounding areas. These services are provided across various locations within the community including the Bradbury Centre in the heart of the City.

AUKS is a brand partner of Age UK, a network of charities working together to deliver positive change with and for older people with a mission to help people enjoy later life.

AUKS is governed by a Board of Trustees made up of local people. The Trustees are cognisant of Charity Commission guidance on public benefit and are satisfied that the charity complies fully with this requirement. In addition, the Trustees ensure any new activities the charity intends to undertake are reviewed to ensure they meet public benefit requirements.

The report summarises financial and operational activity.

ACHIEVEMENTS AND PERFORMANCE

We have a team of dedicated staff and volunteers who have provided valuable support across 20 services during 2024/25, 24,410 clients were supported across all services resulting in over **37,815 contacts** with older people.

Our team of 133 volunteers are a pivotal resource in ensuring the support across the city and provided approximately 19,200 hours of capacity to the organisation during 2024/25 as a collective.

The key charitable activities and their achievements within the financial year ended 31 March 2025 are as follows:

The Essence Service

As the only charity in the country to have attained the University of Stirling Gold Award for its dementia friendly environment, our Essence Service has continued to develop and make a positive impact for people with a mild to moderate diagnosis of dementia and their carers.

Funded by NHS North East & North Cumbria Integrated Care Board (ICB), this service highlights the benefits of "Keeping the Essence" of those with a dementia diagnosis for longer, linking individuals with a dementia diagnosis and their carers into mainstream activities and support.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE - continued

Community Integrated Teams (CIT) Social Prescribing Service

Funded by NHS North East & North Cumbria Integrated Care Board (ICB), the CIT Social Prescribing Service works to support the most vulnerable 3%, identified by their local GPs who:

- are 65 years old or over;
- have two or more complex long-term health conditions;
- face social challenges as a result of their health such as not knowing their benefit entitlements or struggling to get out of their homes.

The service is part of Sunderland's CITs, which enables older people to access better, more integrated care outside of hospital, thus helping to reduce unnecessary hospital admissions.

Wellbeing Service

Funded by NHS North East & North Cumbria Integrated Care Board (ICB), AUKS's Wellbeing Service is a service for people aged 50+ who have a mild to moderate functional mental health condition, such as anxiety, depression or stress.

The aim of the project is to tackle social isolation and looks to reduce symptoms of mental ill health. The service also acts as a form of signposting and support looking to promote independence to get people integrated back into their local community.

Hospital Discharge Service (HDS)

Based in the Discharge Lounge at Sunderland Royal Hospital and funded by NHS North East & North Cumbria Integrated Care Board (ICB), AUKS's Hospital Discharge Team (HDT) continues to successfully operate as a service for all older people aged 60+. The HDT liaises with the Discharge Lounge and Hospital Wards who refer patients into the service. The HDS has one main focus, which is to prevent readmissions into hospital after an initial visit.

The team offers a flexible range of advice and support within the home. Working with patients for up to three weeks after discharge. The service includes assisting to prepare meals, helping with light domestic work, shopping support, signposting and making referrals. Some clients require ongoing support after the initial three-week intervention who are then referred to other services to support the individual on a longer-term basis.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE - continued

Front Door Service Social Prescribing Service & Infrastructure

Funded by Sunderland City Council (SCC), AUKS's Front Door social prescribing programme provides low-level tailored support to enable older people to stay independent for longer in their local community.

The FDS offers a single point of contact and extends access to information, early interventions and flexible low-level community-based support to adults who do not require intensive or specialised care or support interventions from statutory services. The Front Door service incorporates a number of support interventions such as:

Front Door (FD) Living Well Link (LWL) Social Prescribing Team

The Front Door Living Social Prescribers provide dedicated social prescribing support to ensure a holistic approach to health and wellbeing to ensure older people get the right support at the right time focussing on non-clinical solutions.

FD Community Support Clubs (CSCs)

Our Community Support Clubs (CSCs) are very diverse to meet the different needs of older people in Sunderland. During 24/25 over 40 CSCs were in operation citywide offering opportunities to socialise, participate in a wide range of activities and the opportunity to have a low cost nutritious meal in some of the CSCs.

FDS Keeping in Touch (KIT) Service

One of the most effective ways of helping to alleviate the feeling of loneliness and social isolation is our KIT support. It is a simple, straightforward way for friends to have a catch up and a chat but additionally it can prevent people from potentially reaching a crisis point. Our team of friendly, dedicated volunteers are in weekly contact with many older people across the City to provide social interaction either with a home visit, regular telephone call and the development of digital platforms.

FD Advocacy Service

AUKS's Advocacy Service is accessible to everyone aged over 50 and is the only one of its kind in the City. The service is free of charge and helps older people who are experiencing difficulty with resolving issues. The Advocacy Service aims to resolve problems ensuring that the client's voice is heard, avoiding negative impact on an older person's health and wellbeing.

FD Dial a Driver Service

Dial a driver uses volunteer drivers to support the transport needs of older people. Our volunteers use their own car to provide older people with a cheaper form of transport to attend health appointments and engagements. All volunteer costs are reimbursed.

FD Information & Advice

Providing information & advice regarding benefits and income maximisation for older people aged 50 and over.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE - continued

Information & Advice Service (I&AS)

AUKS's I&AS provides a free and confidential service, which offers support to older people across the City. We provide help with checking client benefit entitlements, offering advice on how to claim and assistance to complete benefit forms.

The I&AS ensures those claiming welfare benefits are receiving the full allowance they are entitled to. The service also signposts clients and provides information to mainstream services. We provide a combination of telephone advice and home visits to clients.

Services that incorporate an I&AS include the Essence Service and The Front Door Social Prescribing Service.

LIFESStyle Service

AUKS's Lifestyle Service continues to provide vital support to people across Sunderland. The service is open to people aged 50+ seeking support in different areas of their lives to support independence. The Lifestyle service is mainly providing light housework, shopping for clients & companionship and is a self-funded service.

Redwood Day Service

Situated in a modern, airy environment at the Bradbury Centre, our Redwood Day Service continues to provide a high standard of activities and events throughout the year for older people with an assessed need. This service is a self-funded service.

Metcalf Dementia Day Service

The Metcalfe dementia day service for people with moderate dementia. The centre has a beautiful colourful dementia friendly design and provides tailored support from trained and dedicated staff via activities to help stimulate those living with a moderate diagnosis of dementia, providing much needed respite support for carers. This service achieved the University of Stirling Silver Award for its dementia friendly environment during 2024/25.

Menopause Project

Funded by NHS North East & North Cumbria Integrated Care Board (ICB), AUKS is trailblazing in highlighting issues around menopause by implementing a groundbreaking project to provide opportunities for women to access support in relation to the impact of menopause in their private and working lives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

FINANCIAL REVIEW

The organisation forecasted a £212,757 deficit in the year 2024/25 with planned use of both restricted and unrestricted reserves. Whilst this is not an ideal position for the charity, the Trustees consider that the charity has had a very good financial performance in the year ended 31 March 2025 resulting in an actual surplus of £73,908 (£286,665 positive variance) via a range of initiatives.

The balance sheet has a net assets position of £3,315,240 (2024: £3,241,332) of which £1,576,053 (2024: £1,723,983) was subject to restriction and the total income of the organisation in the financial year was £2,181,367 (2024: £2,029,677) of which £1,437,859 (2024: £1,507,365) was subject to restriction.

The Trustees would like to take this opportunity to thank AUKS senior management team, employees, volunteers, partners and other donors to the charity for their continued support.

In order to meet governance requirements, the charity develops and implements various policies including:

Reserves Policy

The Reserves Policy is reviewed bi-annually and formally agreed by the Board of Trustees who take responsibility for ensuring key risks to the organisation are recognised. This policy is designed to ensure that if the charity had to cease activities it would be able to do so in a planned and controlled way to minimise the impact on staff and clients.

The current Reserves Policy is that the charity retains unrestricted reserves equivalent in value of six months average expenditure plus estimated redundancy costs for staff.

Within these reserves AUKS also has designated funds to support new projects and maintain and develop charity premises.

Investment Policy

The charity will consider whether it is appropriate to invest cash balances that are not required for operational activities in the short-term. The current financial climate means rates of return on cash investments are low and the charity cash balances were not able to earn a reasonable level of income. For this reason, the Trustees agreed the charity would invest in both fixed interest cash investments and longer-term investments with the charity's investment broker, Rowan Dartington.

The investment portfolio is based on a medium risk mandate and the Board Trustees and senior management team have processes in place to monitor the investments capital value and interest earned regularly. During the financial year ended 31 March 2025 the Trustees consider the investments to have had a good performance with dividend and interest received (and reinvested) of £14,255, a small decrease on £16,249 generated in the previous financial year. The capital value of the investments held at the end of the year was £622,474, including cash.

Remuneration Policy

This policy is developed by the Staffing sub-committee, reviewed annually and recommendations made to the Board of Trustees. The policy is designed to ensure the charity offers a fair rate of pay to all employees and retains appropriately skilled and qualified staff to effectively lead, manage, deliver or support the charity's key objectives. It also ensures members of staff are treated fairly across the organisation and pay reviews are undertaken as the Board of Trustees are legally and constitutionally responsible for setting appropriate rates of remuneration for all employees.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

FUTURE PLANS

AUKS's organisational strategy 2022-25 continue to guide and support our future ambitions. A new 3 year Strategy will be developed during 2025.

The activities of the charity rely heavily on working in partnership and maintaining effective and productive relationships with a number of statutory, private and third sector organisations both within the City of Sunderland and further afield. The CEO and senior management team invest resources extensively in identifying the needs of older people within the region and work hard with funders to develop activities to fulfil these needs. The success of this approach means the charity is not over dependent on one source of funding and is able to diversify income streams thereby improving financial stability of the organisation.

The charity does also receive donations and legacies throughout the year and is very grateful to all donors for their generosity. Donations and legacies received in the financial year ended 31 March 2025 equated to £40,506 of total income (2024: £21,727) and these monies support development of future activities to meet the needs of older people.

Future Developments

In terms of future developments, the charity will continue to promote existing activities and develop new ones by working with and listening to older people in Sunderland as well as key partners to identify where resources can be deployed most effectively.

The funds held by the charity at the end of the financial year are classified into Restricted, Unrestricted and Designated funds to identify what activities the funds can be used to support. Unrestricted funds can be utilised for general purposes of the charity but restricted funds can only be used as specified by the donors.

Designated funds are monies held to fund specific purposes as identified by AUKS and will be used for specific activities such as property maintenance.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity's Chief Executive Officer is appointed by the Board of Trustees and employed by the charity.

During 2024/25, AUKS's day to day operations are led by a Chief Executive Officer and senior management team of 3 members. In the financial year 2024/25, the total salary cost within the SMT band was £199,620 (2023/24: £155,307).

The charity is governed by its Memorandum and Articles of Association and is a company limited by guarantee as defined by the Companies Act 2006.

During 2024/25, Trustees were elected at the Annual General Meeting (AGM) by the members. Due to a change in AUKS's Articles of Association in September 2024 (whereby members are now solely AUKS Board members and the AGM function is now relinquished), any future vacancies that arise can be filled by co-opted trustees with ratification at the next Board meeting. Note the City of Sunderland and statutory Health Organisations in the City of Sunderland are invited to appoint up to two persons as representatives to the Board of Trustees.

When appointed new Trustees are given an induction and all Trustees receive appropriate training and information during their tenure (including Trustee Away Days).

AGE UK SUNDERLAND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

The Board of Trustees meet a minimum of six times a year to oversee the activities of the charity and also have delegated specific oversight roles to Finance, Staffing and Development sub-committees who report back to the main Board.

AUKS has wholly owned subsidiaries (Age UK Sunderland Services Limited and HealthWatch Sunderland Limited) both were not trading during the financial year 2024/25 and so are classed as dormant. The charity has no current plans for these companies to undertake activities in the future.

The Trustees are aware that there are risks the charity faces most notably to challenges with retaining funding for services in a difficult financial climate. The charity compiles an organisational Risk Register to capture the key risks facing the organisation and this is reviewed regularly by the Board of Trustees to ensure risks are appropriately mitigated or managed as appropriate.

Certificate of Passing New Articles (September 2024)

In line with the advice and assistance of Muckles PLC, the Board of Trustees conducted a review of AUKS's Memorandum and Articles of Association. Changes were made to increase the term of trustees from 8 years to 12 years if necessary to ensure continuity of key member roles, and the membership was changed solely to trustee members. AGMs are no longer necessary and an extraordinary meeting can be called whenever required by trustees. The certificate of passing was signed in September 2024.

Fundraising Standards

AUKS's fundraising policy sets out the code of fundraising behaviour for the organisation, including how fundraising activities are undertaken and roles and responsibility of Trustees, Staff and Volunteers.

The organisation has not engaged with professional fundraisers within the 2024/25 Financial Year and would only work with professional fundraising organisations that meet our high standards.

The Chief Executive Officer and Senior Management Team monitor and implement this policy in addition to maintaining financial records showing adherence with the fundraising code of practice and the organisation is registered with the Fundraising Regulator. The organisation has not received any complaints in relation to Fundraising activities.

AUKS follows The Institute of Fundraising's "Treating Donors Fairly" guidance at all times.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04199449

Registered Charity number
1086995

Registered office
Bradbury Centre, Grange House, Stockton Road, Sunderland, SR2 7AQ

AGE UK SUNDERLAND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS - continued

Current Trustees

G Miller	Chair
R P McLachlan	Vice Chair
M Jackson	
C McCartney	
A McDermott	
K Robinson	
N Thomson	

Retiring Trustees

F Miller	Retired 14 May 2024
A L Lawson-McLean	Retired 12 July 2024

NHS Representative

S Atkinson	Appointed 7 November 2024
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Senior Management Team

T T Collins	Chief Executive Officer
L Abdulla	Operations Manager
S Burdus	Research & Funding Manager
K Stone	Finance Manager

Company Secretary

T T Collins

Auditors

Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF

Bankers

Barclays Bank plc, 53 Fawcett Street, Sunderland, SR1 1RS

Solicitors

McKenzie Bell, 47 John Street, Sunderland, SR1 1QU

Investment Brokers

Rowan Dartington, Temple Point, Radcliffe Way, Bristol, BS1 6NL

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Age UK Sunderland for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditing function will go out for tender for due diligence and process for the accounting year 2025/26.

Approved by order of the board of trustees on 25 September 2025 and signed on its behalf by:



G Miller - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF AGE UK SUNDERLAND

Opinion

We have audited the financial statements of Age UK Sunderland (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF AGE UK SUNDERLAND

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF AGE UK SUNDERLAND

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies and Charities Acts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Nicholas J Liley FCA (Senior Statutory Auditor)
for and on behalf of Read, Milburn & Co.
Chartered Accountants and Statutory Auditors
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

15 October 2025

AGE UK SUNDERLAND

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	25,102	15,404	40,506	21,727
Charitable activities	4				
Core, Advice & Day Services		442,681	87,183	529,864	475,198
Independent Living		221,266	1,334,032	1,555,298	1,485,213
ActivAge		-	1,240	1,240	8,883
Investment income	3	<u>54,459</u>	<u>-</u>	<u>54,459</u>	<u>38,656</u>
Total		<u>743,508</u>	<u>1,437,859</u>	<u>2,181,367</u>	<u>2,029,677</u>
EXPENDITURE ON					
Charitable activities	5				
Core, Advice & Day Services		511,060	158,164	669,224	492,538
Independent Living		207,650	1,232,780	1,440,430	1,241,669
ActivAge		<u>-</u>	<u>1,923</u>	<u>1,923</u>	<u>5,928</u>
Total		<u>718,710</u>	<u>1,392,867</u>	<u>2,111,577</u>	<u>1,740,135</u>
Net gains on investments		<u>4,118</u>	<u>-</u>	<u>4,118</u>	<u>35,081</u>
NET INCOME		28,916	44,992	73,908	324,623
Transfers between funds	20	<u>192,922</u>	<u>(192,922)</u>	<u>-</u>	<u>-</u>
Net movement in funds		221,838	(147,930)	73,908	324,623
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,517,349</u>	<u>1,723,983</u>	<u>3,241,332</u>	<u>2,916,709</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>1,739,187</u></u>	<u><u>1,576,053</u></u>	<u><u>3,315,240</u></u>	<u><u>3,241,332</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	2025 £	2024 £
FIXED ASSETS			
Intangible assets	11	169	221
Tangible assets	12	817,872	695,082
Investments	13	<u>2</u>	<u>2</u>
		818,043	695,305
CURRENT ASSETS			
Stocks	14	225	225
Debtors	15	82,503	204,475
Investments	16	606,409	594,978
Cash at bank and in hand		<u>2,094,613</u>	<u>2,033,777</u>
		2,783,750	2,833,455
CREDITORS			
Amounts falling due within one year	17	(286,553)	(287,428)
		<u></u>	<u></u>
NET CURRENT ASSETS		<u>2,497,197</u>	<u>2,546,027</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>3,315,240</u>	<u>3,241,332</u>
NET ASSETS		<u>3,315,240</u>	<u>3,241,332</u>
FUNDS	20		
Unrestricted funds		1,739,187	1,517,349
Restricted funds		<u>1,576,053</u>	<u>1,723,983</u>
TOTAL FUNDS		<u>3,315,240</u>	<u>3,241,332</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2025 and were signed on its behalf by:



G Miller - Trustee

AGE UK SUNDERLAND

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	22	<u>207,443</u>	<u>123,860</u>
Net cash provided by operating activities		<u>207,443</u>	<u>123,860</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(194,303)	(617)
Sale of tangible fixed assets		550	-
Sale of current asset investments		124,382	135,258
Purchase of current asset investments		(131,695)	(141,046)
Interest received		40,741	23,015
Dividends received		<u>13,718</u>	<u>15,641</u>
Net cash (used in)/provided by investing activities		<u>(146,607)</u>	<u>32,251</u>
Change in cash and cash equivalents in the reporting period		60,836	156,111
Cash and cash equivalents at the beginning of the reporting period		<u>2,033,777</u>	<u>1,877,666</u>
Cash and cash equivalents at the end of the reporting period		<u><u>2,094,613</u></u>	<u><u>2,033,777</u></u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

The presentation currency of the financial statements is the Pound Sterling (£).

Going concern

The trustees are of the view that there are no material uncertainties regarding the charitable company's ability to continue and as such the charitable company is a going concern.

Income

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting period periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified under unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Intangible assets

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses. Amortisation is provided on a straight line basis over 10 years in order to write down the asset over its term of ownership.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Long leasehold	- in accordance with the property
Fixtures and fittings	- 10% on cost
Motor vehicles	- 20% on cost
Computer equipment	- 25% on cost

Fixed assets are initially recorded at cost and subsequently measured at cost less accumulated depreciation and impairment losses.

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with recoverable amounts being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Trade and other debtors (including prepayments) are recognised at the settlement amount due or amount prepaid) net of any trade discounts.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Debtors

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

Creditors

Trade and other creditors (including accruals) are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount nett of any trade discounts.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	40,506	22,356
Legacies	<u>-</u>	<u>(629)</u>
	<u>40,506</u>	<u>21,727</u>

3. INVESTMENT INCOME

	2025	2024
	£	£
Interest receivable	40,741	23,015
Dividend received	<u>13,718</u>	<u>15,641</u>
	<u>54,459</u>	<u>38,656</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

4. INCOME FROM CHARITABLE ACTIVITIES

		2025	2024
	Activity	£	£
Contract income	Core, Advice & Day Services	78,440	87,323
Grants	Core, Advice & Day Services	30,971	109,552
Trading income	Core, Advice & Day Services	420,474	277,005
Sundry income	Core, Advice & Day Services	(21)	1,318
Contract income	Independent Living	731,228	737,591
Grants	Independent Living	614,014	573,931
Trading income	Independent Living	210,061	173,691
Sundry income	Independent Living	(5)	-
Grants	ActivAge	1,240	8,681
Trading income	ActivAge	-	202
		<u>2,086,402</u>	<u>1,969,294</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Sunderland City Council	617,783	572,098
The Big Lottery Fund	(21,012)	99,552
Age UK	7,500	10,000
Good Things Foundation	-	112
Kellet Fund	-	8,069
Wise Group	9,816	1,833
Armed Forces Covenant Fund Trust	-	500
Awards for All	10,624	-
Sport England	1,240	-
One Stop	844	-
Access Foundation	14,430	-
Wear Together	5,000	-
	<u>646,225</u>	<u>692,164</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Core, Advice & Day Services	555,381	113,843	669,224
Independent Living	1,261,337	179,093	1,440,430
ActivAge	<u>1,923</u>	<u>-</u>	<u>1,923</u>
	<u>1,818,641</u>	<u>292,936</u>	<u>2,111,577</u>

6. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Core, Advice & Day Services	56,721	15,474	41,648	113,843
Independent Living	<u>135,603</u>	<u>43,490</u>	<u>-</u>	<u>179,093</u>
	<u>192,324</u>	<u>58,964</u>	<u>41,648</u>	<u>292,936</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Auditors' remuneration	6,060	5,880
Depreciation - owned assets	70,997	69,055
Hire of plant and machinery	8,127	6,690
Surplus on disposal of fixed assets	(34)	-
Patents and licences amortisation	<u>52</u>	<u>52</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

9. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	1,419,623	1,172,442
Social security costs	89,974	68,180
Other pension costs	<u>19,387</u>	<u>17,590</u>
	<u>1,528,984</u>	<u>1,258,212</u>

During the year, key management personnel, comprising the trustees and senior management team as defined in Reference and Administrative Details, received remuneration of £199,260 (2024 - £155,307).

The average monthly number of employees during the year was as follows:

	2025	2024
All staff	<u>85</u>	<u>76</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	<u>1</u>	<u>1</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,777	7,950	21,727
Charitable activities			
Core, Advice & Day Services	287,665	187,533	475,198
Independent Living	182,012	1,303,201	1,485,213
ActivAge	202	8,681	8,883
Investment income	<u>38,656</u>	<u>-</u>	<u>38,656</u>
Total	<u>522,312</u>	<u>1,507,365</u>	<u>2,029,677</u>
EXPENDITURE ON			
Charitable activities			
Core, Advice & Day Services	373,786	118,752	492,538
Independent Living	175,668	1,066,001	1,241,669
ActivAge	<u>308</u>	<u>5,620</u>	<u>5,928</u>
Total	<u>549,762</u>	<u>1,190,373</u>	<u>1,740,135</u>
Net gains on investments	<u>35,081</u>	<u>-</u>	<u>35,081</u>
NET INCOME	7,631	316,992	324,623
Transfers between funds	<u>36,803</u>	<u>(36,803)</u>	<u>-</u>
Net movement in funds	44,434	280,189	324,623
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,472,915</u>	<u>1,443,794</u>	<u>2,916,709</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>1,517,349</u></u>	<u><u>1,723,983</u></u>	<u><u>3,241,332</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

11. INTANGIBLE FIXED ASSETS

	Patents and licences £
COST	
At 1 April 2024 and 31 March 2025	<u>520</u>
AMORTISATION	
At 1 April 2024	299
Charge for year	<u>52</u>
At 31 March 2025	<u>351</u>
NET BOOK VALUE	
At 31 March 2025	<u>169</u>
At 31 March 2024	<u>221</u>

12. TANGIBLE FIXED ASSETS

	Freehold property £	Long leasehold £	Fixtures and fittings £
COST			
At 1 April 2024	791,101	279,727	171,254
Additions	-	-	15,610
Disposals	<u>-</u>	<u>-</u>	<u>(8,580)</u>
At 31 March 2025	<u>791,101</u>	<u>279,727</u>	<u>178,284</u>
DEPRECIATION			
At 1 April 2024	366,035	71,414	136,127
Charge for year	15,822	5,125	8,613
Eliminated on disposal	<u>-</u>	<u>-</u>	<u>(8,064)</u>
At 31 March 2025	<u>381,857</u>	<u>76,539</u>	<u>136,676</u>
NET BOOK VALUE			
At 31 March 2025	<u>409,244</u>	<u>203,188</u>	<u>41,608</u>
At 31 March 2024	<u>425,066</u>	<u>208,313</u>	<u>35,127</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

12. TANGIBLE FIXED ASSETS - continued

	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 April 2024	258,739	125,052	1,625,873
Additions	162,299	16,394	194,303
Disposals	<u>(31,995)</u>	<u>(15,348)</u>	<u>(55,923)</u>
At 31 March 2025	<u>389,043</u>	<u>126,098</u>	<u>1,764,253</u>
DEPRECIATION			
At 1 April 2024	241,920	115,295	930,791
Charge for year	34,366	7,071	70,997
Eliminated on disposal	<u>(31,995)</u>	<u>(15,348)</u>	<u>(55,407)</u>
At 31 March 2025	<u>244,291</u>	<u>107,018</u>	<u>946,381</u>
NET BOOK VALUE			
At 31 March 2025	<u>144,752</u>	<u>19,080</u>	<u>817,872</u>
At 31 March 2024	<u>16,819</u>	<u>9,757</u>	<u>695,082</u>

13. FIXED ASSET INVESTMENTS

	Shares in group undertaking £
MARKET VALUE	
At 1 April 2024 and 31 March 2025	<u>2</u>
NET BOOK VALUE	
At 31 March 2025	<u>2</u>
At 31 March 2024	<u>2</u>

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

Age UK Sunderland Services Limited

Registered office: Grange House, Stockton Road, Sunderland, SR2 7AQ

Nature of business: Dormant company

	% holding	2025 £	2024 £
Class of share:			
Ordinary	100		
Aggregate capital and reserves		(1,195)	(1,195)

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

13. FIXED ASSET INVESTMENTS - continued

Healthwatch Sunderland Ltd

Registered office: Grange House, Stockton Road, Sunderland, SR2 7AQ

Nature of business: Dormant company

Healthwatch Sunderland Ltd prepares its accounts to 31 December. It is a company limited by guarantee and has never traded.

Age UK Sunderland Services Limited and Healthwatch Sunderland Ltd were dormant throughout the year ended 31 March 2025. Their results have not been consolidated with those of the Age UK Sunderland as their inclusion is not material for the purpose of giving a true and fair view, in accordance with section 405(2) of the Companies Act 2006.

14. STOCKS

	2025	2024
	£	£
Stocks	<u>225</u>	<u>225</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	52,114	178,383
Amounts owed by group undertakings	1,195	1,195
Other debtors	205	230
Prepayments and accrued income	<u>28,989</u>	<u>24,667</u>
	<u>82,503</u>	<u>204,475</u>

16. CURRENT ASSET INVESTMENTS

	2025	2024
	£	£
Listed investments	<u>606,409</u>	<u>594,978</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	40,130	43,088
Social security and other taxes	24,606	17,580
Other creditors	13,267	12,215
Accruals and deferred income	<u>208,550</u>	<u>214,545</u>
	<u>286,553</u>	<u>287,428</u>

Deferred Income

Included within Accruals and Deferred Income are the following amounts comprising income received in advance of delivery of the related services or expenditure incurred.

	£
Balance at 1 April 2024	157,873
Released to incoming resources	(147,158)
Amount deferred in year	<u>154,079</u>
Balance at 31 March 2025	<u>164,794</u>

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	19,619	19,798
Between one and five years	57,716	63,260
In more than five years	<u>133,425</u>	<u>147,500</u>
	<u>210,760</u>	<u>230,558</u>

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	289,035	529,006	818,041	695,303
Investments	2	-	2	2
Current assets	1,618,823	1,164,927	2,783,750	2,833,455
Current liabilities	<u>(168,673)</u>	<u>(117,880)</u>	<u>(286,553)</u>	<u>(287,428)</u>
	<u>1,739,187</u>	<u>1,576,053</u>	<u>3,315,240</u>	<u>3,241,332</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

20. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
General Fund	497,790	28,916	192,922	719,628
Legacy Fund	239,833	-	-	239,833
Development Fund	554,000	-	-	554,000
Property Maintenance Fund	225,726	-	-	225,726
	<u>1,517,349</u>	<u>28,916</u>	<u>192,922</u>	<u>1,739,187</u>
Restricted funds				
Information, Advice, Benefits and Energy	7,458	1,187	-	8,645
Warm Front	26,513	-	-	26,513
Keep Them Warm	10,799	-	-	10,799
Wellbeing Service (formerly Social Focus)	89,200	8,594	(12,447)	85,347
Hospital Discharge	92,635	(5,405)	(11,357)	75,873
Fit as a Fiddle	5,832	-	-	5,832
Hardship Fund	4,857	-	-	4,857
Building Fund	545,700	(16,694)	-	529,006
Sustainable Homes	4,042	-	-	4,042
Essence Service	230,798	60,768	(38,774)	252,792
British Gas Winter Health	8,166	-	-	8,166
Friends & Neighbours Sunderland	1,550	-	-	1,550
MOD	3,218	-	-	3,218
Advocacy Sep 2017	49,548	(49,548)	-	-
Front Door	421,228	63,977	(71,190)	414,015
BUPA - Caring for Carers	1,082	-	-	1,082
Living Well Link Service	72,244	5,786	(11,194)	66,836
Hospital Discharge - Escalation (Covid 19)	2,052	-	-	2,052
Kellet (Active Friends)	8,731	-	-	8,731
AA Dementia MCST	620	-	-	620
Crisis - Covid 19	53,333	(29,518)	(9,310)	14,505
Loneliness & Isolation Task Force	49,215	(11,877)	(24,220)	13,118
Better Mental Health	1,747	-	-	1,747
Dementia Diagnosis Service	4,780	-	-	4,780
Armed Forces Covenant Fund Trust	683	(683)	-	-
Good Things Foundation	3,548	-	-	3,548
Befriending	3,225	(167)	-	3,058
Menopause Support Service	21,179	2,142	-	23,321
Access Foundation	-	14,430	(14,430)	-
Dementia Awareness Training & Ageism	-	2,000	-	2,000
	<u>1,723,983</u>	<u>44,992</u>	<u>(192,922)</u>	<u>1,576,053</u>
TOTAL FUNDS	<u>3,241,332</u>	<u>73,908</u>	<u>-</u>	<u>3,315,240</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General Fund	743,508	(718,710)	4,118	28,916
Restricted funds				
Information, Advice, Benefits and Energy	1,402	(215)	-	1,187
Wellbeing Service (formerly Social Focus)	47,174	(38,580)	-	8,594
Hospital Discharge	147,195	(152,600)	-	(5,405)
Building Fund	-	(16,694)	-	(16,694)
Essence Service	416,548	(355,780)	-	60,768
Advocacy Sep 2017	(21,007)	(28,541)	-	(49,548)
Front Door	599,367	(535,390)	-	63,977
Living Well Link Service	170,187	(164,401)	-	5,786
Crisis - Covid 19	-	(29,518)	-	(29,518)
Loneliness & Isolation Task Force	-	(11,877)	-	(11,877)
Armed Forces Covenant Fund Trust	-	(683)	-	(683)
Befriending	-	(167)	-	(167)
Menopause Support Service	29,882	(27,740)	-	2,142
Cost of Living Crisis	9,816	(9,816)	-	-
Access Foundation	14,430	-	-	14,430
Sunderland City Council - Warm Home Packs	6,085	(6,085)	-	-
Metcalfs Dementia Centre Sensory Garden Project	10,624	(10,624)	-	-
Sport England	1,240	(1,240)	-	-
Dementia Awareness Training & Ageism	4,916	(2,916)	-	2,000
	<u>1,437,859</u>	<u>(1,392,867)</u>	<u>-</u>	<u>44,992</u>
TOTAL FUNDS	<u><u>2,181,367</u></u>	<u><u>(2,111,577)</u></u>	<u><u>4,118</u></u>	<u><u>73,908</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General Fund	453,356	7,631	36,803	497,790
Legacy Fund	239,833	-	-	239,833
Development Fund	554,000	-	-	554,000
Property Maintenance Fund	<u>225,726</u>	<u>-</u>	<u>-</u>	<u>225,726</u>
	1,472,915	7,631	36,803	1,517,349
Restricted funds				
Information, Advice, Benefits and Energy	6,098	1,360	-	7,458
Warm Front	26,513	-	-	26,513
Keep Them Warm	10,799	-	-	10,799
Wellbeing Service (formerly Social Focus)	66,287	22,913	-	89,200
Hospital Discharge	83,680	8,955	-	92,635
Fit as a Fiddle	5,832	-	-	5,832
Hardship Fund	4,857	-	-	4,857
Building Fund	562,393	(16,693)	-	545,700
Sustainable Homes	4,042	-	-	4,042
Essence Service	191,691	39,107	-	230,798
British Gas Winter Health	8,166	-	-	8,166
Friends & Neighbours Sunderland	1,550	-	-	1,550
MOD	3,218	-	-	3,218
Advocacy Sep 2017	5,386	44,162	-	49,548
Living with and beyond cancer	16,803	-	(16,803)	-
Front Door	254,119	167,109	-	421,228
BUPA - Caring for Carers	1,082	-	-	1,082
Living Well Link Service	31,536	40,708	-	72,244
Hospital Discharge - Escalation (Covid 19)	3,163	(1,111)	-	2,052
Kellet (Active Friends)	6,282	2,449	-	8,731
AA Dementia MCST	620	-	-	620
Crisis - Covid 19	73,333	-	(20,000)	53,333
Loneliness & Isolation Task Force	49,464	(249)	-	49,215
Better Mental Health	1,747	-	-	1,747
Dementia Diagnosis Service	16,233	(11,453)	-	4,780
Armed Forces Covenant Fund Trust	183	500	-	683
Good Things Foundation	3,436	112	-	3,548
Befriending	3,365	(140)	-	3,225
Menopause Support Service	<u>1,916</u>	<u>19,263</u>	<u>-</u>	<u>21,179</u>
	<u>1,443,794</u>	<u>316,992</u>	<u>(36,803)</u>	<u>1,723,983</u>
TOTAL FUNDS	<u>2,916,709</u>	<u>324,623</u>	<u>-</u>	<u>3,241,332</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General Fund	522,312	(549,762)	35,081	7,631
Restricted funds				
Information, Advice, Benefits and Energy	1,939	(579)	-	1,360
Wellbeing Service (formerly Social Focus)	46,893	(23,980)	-	22,913
Hospital Discharge	146,530	(137,575)	-	8,955
Building Fund	-	(16,693)	-	(16,693)
Essence Service	405,852	(366,745)	-	39,107
Advocacy Sep 2017	99,697	(55,535)	-	44,162
Front Door	572,348	(405,239)	-	167,109
Living Well Link Service	169,171	(128,463)	-	40,708
Hospital Discharge - Escalation (Covid 19)	-	(1,111)	-	(1,111)
Kellet (Active Friends)	8,069	(5,620)	-	2,449
Loneliness & Isolation Task Force	-	(249)	-	(249)
Dementia Diagnosis Service	13,333	(24,786)	-	(11,453)
Armed Forces Covenant Fund Trust	500	-	-	500
Good Things Foundation	112	-	-	112
Befriending	-	(140)	-	(140)
Menopause Support Service	41,088	(21,825)	-	19,263
Cost of Living Crisis	1,833	(1,833)	-	-
	<u>1,507,365</u>	<u>(1,190,373)</u>	<u>-</u>	<u>316,992</u>
TOTAL FUNDS	<u>2,029,677</u>	<u>(1,740,135)</u>	<u>35,081</u>	<u>324,623</u>

Transfers between funds

Where restricted funds are discharged through capital expenditure, that amount is transferred to the general fund. Deprecation of those assets is subsequently charged to the general fund.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

22. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the reporting period (as per the Statement of Financial Activities)	73,908	324,623
Adjustments for:		
Depreciation charges	71,049	69,107
Gain on investments	(4,118)	(35,081)
Profit on disposal of fixed assets	(34)	-
Interest received	(40,741)	(23,015)
Dividends received	(13,718)	(15,641)
Decrease/(increase) in debtors	121,972	(133,501)
Decrease in creditors	<u>(875)</u>	<u>(62,632)</u>
Net cash provided by operations	<u><u>207,443</u></u>	<u><u>123,860</u></u>

23. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank and in hand	2,033,777	60,836	2,094,613
Less: Deposits treated as liquid resources	<u>(171,069)</u>	<u>171,069</u>	<u>-</u>
	<u>1,862,708</u>	<u>231,905</u>	<u>2,094,613</u>
Liquid resources			
Deposits included in cash	171,069	(171,069)	-
Current asset investments	<u>594,978</u>	<u>11,431</u>	<u>606,409</u>
	<u>766,047</u>	<u>(159,638)</u>	<u>606,409</u>
Total	<u><u>2,628,755</u></u>	<u><u>72,267</u></u>	<u><u>2,701,022</u></u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

24. LEGAL STATUS

The charity is incorporated under the Companies Act as a company limited by guarantee. Every Member promises, if the charity is dissolved while they remain a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while they were a member. The company's registered number and registered office address can be found within Reference and Administrative Details.