

ALTERNATIVES ACTIVITY CENTRE

ANNUAL REPORT FOR 2022



Charity Registration Number: 1086981
Registered Company Number: 4075948

www.alternativesderby.com

ALTERNATIVES ACTIVITY CENTRE ANNUAL REPORT FOR 2022

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ALTERNATIVES ACTIVITY CENTRE

ANNUAL REPORT FOR 2022

Centre Address: Alternatives Activity Centre
The Watson Rooms @ St. Augustine's Church
Upper Dale Road
Derby, DE23 8BP

Telephone: Derby (01332) 774300

Email Address: alternatives123@yahoo.com

Shop Address: 21-23 Chapel Side, Chapel Street
Spondon
Derby, DE21 7JQ

Telephone: Derby (01332) 660536

Email Address: alternativescharityshop@yahoo.co.uk

House Six Address: 6 Chapel Side, Chapel Street
Spondon
Derby, DE21 7JQ

Telephone: Derby (01332) 660536

Email Address: alternatives123@yahoo.com

Website: www.alternativesderby.com

Charity Registration Number: 1086981

Registered Company Number: 4075948

Section 1

Introduction & Background

Alternatives Activity Centre is a registered charity that provides support for adults with learning disabilities in the form of activity-based hubs, a training shop, an independent living skills house and community support.

2022 was our 32nd year of delivering services in Derby for adults with learning disabilities. We are extremely proud of all our achievements.

Our Hubs, Training Shop and HOUSE SIX which are staffed by a highly skilled team of paid employees, volunteers and students aim to work with each individual Hub User or Learner to enable them to develop, grow and achieve their full potential. Intervention with each individual focuses on ensuring that they achieve something real and meaningful from each session.

We aim to develop and increase;

- self esteem and confidence

by joining in group and individual craft activities, discussion groups, music/dance/singing groups, volunteer duties, learning new things, experimenting with 'taster' sessions, problem solving, speaking up (self advocacy) etc

- independence skills

by joining the cookery group, shopping project, using the phone, using the computer/ipads and the Internet, etc

- employability skills

by learning about work, being a volunteer at the Hubs or a Learner in the Training Shop, problem solving, speaking up (self advocacy) etc

- creative skills

by joining in our craft workshops, music groups, contributing to pieces of artwork for displays, etc

- independent living skills

by learning all types of home skills within our own independent living skills setting

We aim to promote:

- healthier lifestyles

by joining in fitness sessions, our daily music/exercise group and relaxation group, using exercise equipment, walking groups, basketball, healthy options in our Coffee Bar, health promotion information, health promotion visitors and via our community support programme at the Gym and swimming pool.

Alternatives Activity Centre was first registered as a charity in 1990 after a steering group was set up by professionals in the field of learning disabilities. Later in 2001, it became a charitable company. The Memorandum and Articles of Association state clearly how Trustees are recruited. The board provides a full induction for new Trustees and an introduction to the decision-making processes. Ongoing training and development for all Trustees is both available and encouraged. A training needs analysis/skills audit is carried out regularly. One person from the original steering group remains on the Board of Trustees today. The Committee is made up of representatives from our user base, parent/carers, former staff, education and social work professionals. Several staff members regularly attend and contribute to trustee meetings.

The aims and objectives of Alternatives today still reflect the original Mission Statement that was compiled by the steering group following their research into the needs of people with learning disabilities. Our services help to reduce the risk of social isolation for many people who use them and we work with each individual to build confidence, self-esteem and to improve/increase/retain the skills essential to cope with day to day life.

2022, like 2020 & 2021, was a very challenging year due to coming out of the pandemic and the cost of living crisis, inflation etc.

2022 also saw the twelfth birthday of the 'Training Shop'. This project offers training placements for adults with learning disabilities within our own charity shop. This project complements the preparation for work skills we offer at the Hubs. The shop is now an established 6 day per week service.

The Centre Hubs offer development opportunities in a unique, supportive community-based environment on three weekdays between 9.00am and 3.00pm. Around 20-25 people per day use the Hubs from a user group of around 55 individuals.

In 2022 saw the first anniversary of our purchase Number 6 Chapel Side, a three bedroomed house we use for training independent living skills. This service is called 'House Six'.



Section 2

TRUSTEES, STAFF, VOLUNTEERS & STUDENTS IN 2022

MANAGEMENT COMMITTEE

Chair:	Hilary Marshall
Vice Chair:	Gez Grimes
Treasurer	Hannah Gotheridge
Secretary:	Alex Marshall
Trustees :	Azeem Ghaffar Kate Grailey (until 22/03/2022) Laura James (from 22/03/222) Vinette Lawrence (until 22/03/2022) Amanda Murton Linda Murton Richard Moylan (from 22/03/2022)

STAFF

Chief Executive Officer	Belinda Hadfield
Centre/Hubs Manager	Natalie Graham
Centre Support Workers	Sarah Brookes Satia Chohan Liane Clay Sam Elliott Rebecca Elyard Jo Evans John Graham Kai Greenwell Rose Meehan Amy Palmer Victoria Pavlou Sam Saccone Maureen White
Contractor – Art/Craft	Mel Allen
Charity Shop & Training Centre Manager	Jo Evans
Deputy Shop Manager	John Graham
Shop & House 6 Training Staff	Sarah Brookes Satia Chohan Liane Clay Sam Elliott Rebecca Elyard Kai Greenwell

Britt Hadfield
Natalie Graham
Rose Meehan
Jane Morrison
Amy Palmer
Victoria Pavlou
Liz Piggott
Sam Saccone

COMMUNITY SUPPORT WORKERS

Sarah Brookes
Sam Elliott
John Graham
Kai Greenwell
Natalie Graham
Amy Palmer
Victoria Pavlou
Sam Saccone

VOLUNTEERS

Satia Chohan
Gez Grimes
Dave Hadfield

Support Staff not employed by Alternatives but whom work on site and whose contributions we appreciate:

Wayne Hallam
Diane Smith

PRESIDENT (from March 2022)

Jane Jones



Section 3

Chair's Report for 2022

It's not until you read the previous year's annual report that you realise how far we've progressed in the last 12 months. In April last year we remained concerned about the potential disruption from covid, but decided we needed to move on, and made wearing face masks and visors a personal choice, although staff continued to wear them when working closely with learners. All staff members and volunteers continued to take a lateral flow test twice a week in line with the guidance at the time.

At this point, despite having increased our services and therefore widened opportunities for learners, our charges had not increased in the previous ten years. We had been asking Derby City Council, for a considerable time, to enable us to increase our charges, but despite our exhaustive efforts over the past 12 months, and recent meetings with the new Day Services Commissioner, we are still waiting, although we are hopeful of her support and some progress.

Staffing across all three sites continues to present challenges, and we still need at least one more member of staff. Belinda has re-written our job application pack, and during the year researched suitable job vacancy 'platforms' on which to advertise our Occupational Support Worker role. We had a response from a well-qualified and experienced applicant, but she unfortunately (for us) got another job before she came to visit. The search continues.

Delighted that we have welcomed Liane, now on a permanent contract at the Centre Hub, Victoria who provides community support and Liz, who has joined the team at the shop on a Saturday.

We have updated and increased the information on our website: www.alternativesderby.com in the hope that during the next 12 months we will attract the potential learners who we don't seem to be reaching at the moment. We're also hoping to have a presence at some 'marketplace events' this year to raise our profile within the city. We're hoping to take students from Derby University again, and hope we might also have an A level student from Derby College.

We are now able to say 'next year' we're hoping to pay off our CAF [Charities Aid Foundation] loan, which makes the commitment feel less scary than it did at the start. House 6 continues to do very well and offers many

opportunities, now developing learners' skills in our successful furniture up-cycling project. Thanks to local businesses' funding we now have work benches installed in the House which has widened the potential of what the learners can take on. We did eventually introduce a lovely tank of small fish to the House about 4 months ago, much to the delight of the learners who had campaigned hard to get them.

Again, thanks to local business sponsorship we have been able to develop the outside and create a 'garden' of planters and a sitting out area. The broken wall and fencing continue to cause some concern; sorting this out is 'work in progress'. The area outside and surrounding the shop and House 6 continue to be well maintained by the learners who, amongst other things, water the planters and litter pick.

Incredibly, the shop reached an amazing milestone in its 12th year, by raising, so far, a quarter of a million pounds – a huge tribute to everyone's hard work.

Over the last 12 months we have celebrated the Queen's Platinum Jubilee, held our own version of Glastonbury, made scary stuff for Hallowe'en and a very beautiful decorated fireplace at the Centre Hub, kept a close eye on the World Cup football, and helped everyone to celebrate Christmas despite not having our disco again this year. Alternatives continues to support The Gathering Place café upstairs in the church one day each week. It's a popular meeting place for the community, and where our learners are developing new skills in a different social and working environment.

As always, we are extremely grateful to the local businesses and individuals who have supported us financially. My thanks to all the learners who join in and make the most of every day, and to their relatives, carers and friends who make it possible for them to attend. Thanks to Belinda and all the staff and volunteers, the rest of the Trustees 'team', and everyone who has helped in any way to support Alternatives over the last twelve months.

Hilary Marshall
Chair of the Trustees

Report completed 6.2.23

Section 4

Summary of Activities in 2022

2022, like 2021, continued to be challenging. The end of the pandemic still affected us in many ways, however we managed to adapt our services and make changes to ensure we could offer a safe service.

During the year we developed our very first website which provides information of what we do and photo evidence of our achievements. The website can be found at: www.alternativesderby.com.

The Activity Hubs Services:

Throughout the whole of 2022 we continued to run two activity services from our base at St. Augustine's Church. We called the service from the Parish Rooms 'Upstairs'.

Approximately 6 to 8 people generally are 'Upstairs' each session and everyone else remains in the Watson Rooms. Everyone has the chance during each week to attend both areas.

Upstairs:

This area is used on Mondays and Fridays for art and craft activities in the main. On Wednesdays a group of Centre Users work with Church staff to support the catering for their 'Gathering Place' café. Various exercise and learning activities take place on Wednesdays after the Gathering Place.

The Watson Rooms:

The Watson Rooms Hub continues to offer a huge variety of opportunities to users over all three days supported by all of the staffing team at various times throughout the week.

Many activities have been introduced or developed over the year. These have included;

Independency Skills:

- Cookery (hot and cold; starters, main courses, desserts, snacks, creating a packed lunch)
 - Menu planning
 - Nutrition
 - Ingredient recognition
 - Vegetable preparation
- Accessing local supermarkets (our shopping project)
 - Making and using a shopping list
 - Finding products
 - Comparing for value/freshness/offers
 - Paying for and packing purchases including using self check-outs
 - Loading and unloading shopping and putting everything in its correct place
 - Checking that we use the oldest products first
- Contributing to group discussions
 - Turn taking
 - Not interrupting

- Listening to views of others
- Questioning
- Answering questions
- Basic literacy and numeracy practise
- Money skills
- Using computers effectively
- Speaking up (self-advocacy)
- Problem solving and managing conflict
- Getting help with problems via using the phone and Internet
- Gardening, grounds maintenance and recycling

Creative Skills to Increase Confidence and Self Esteem

- Music groups
- Jewellery making
- Collage
- Mural design
- Knitting & rug making
- Card making (using a variety of techniques)
- Canvas painting
- Christmas decoration making
- Fabric printing

Exercise and Promoting Healthier Lifestyles

- Basketball
- Boxing
- Table Football & Swingball
- Chair exercises
- Dance exercise groups
- Yoga
- Joining in the Relaxation group
- The walking groups
- Balloon badminton

Employability and Vocational Skills

- Volunteering in our Coffee Bar & The Gathering Place
- Developing customer service skills
- Volunteering in our Training Shop (see separate section below)
- Using computers/lpads effectively
- Developing an understanding of Health & Safety
- Speaking up (self-advocacy)
- Problem solving and managing conflict
- Getting help with problems via using the phone & Internet

We improved the Centre environment

- We continued with our commitment to recycle, re-use and reduce waste
- We replaced and upgraded our displays

The shopping project runs all year and is very useful for teaching valuable life skills including how to be risk-aware in the community.

During 2020/2021 we had to restrict visits from the 'Pets as Therapy' service but this year we resumed these. Janine, Buster and Billy's visits are always a delight. The PAT service provides an excellent opportunity for our users to spend time with very friendly dogs and to learn more about the responsibilities and rewards of pet ownership.

Throughout this year we have spent much more time in small groups out of the hubs base. We have visited local museums, art events in the Cathedral, garden centre trips, inclusive cycling, indoor football, etc. Photos throughout this report show what an exciting time we have all had.

The Training Shop services:

We opened our Training Shop in November 2010. It is located in the village of Spondon in a precinct of mixed businesses/shops.

The shop has been well received by the local community who have been supportive on many levels, for example, buying second hand goods that are for sale and donating goods to be processed for sale.

There are placements available for adults with learning disabilities who want to learn the skills required to work in a charity shop. Shop Learners can attend for a half or full day. The shop is open for trading Mondays to Saturdays.

This training shop, we believe, is a major success. There is no other service in Derby like it and positive feedback from the general public and our shop customers has been overwhelming!

We have made some internal adjustments during this year to both increase and alter the working spaces in the training area. All areas of the shop are now effective and set up to ensure our learners have super spaces in which to carry out their tasks.

HOUSE SIX:

In 2021 we secured the purchase of 6 Chapel Side –a 3 bedroomed maisonette over the row of shops where our Training Shop is.

House Six learners have access to five rooms in which to learn a huge variety of independent living skills or to contribute to the training shop (for example; we have an Ebay sales preparation room and a furniture renovation room).

This year we added some workbenches to the upstairs room to allow more learners to be accommodated and to provide the best possible working environment.

Many of the House Six activities are similar to those listed above under the Watson Rooms section.

Community Support:

We ran supported sessions for Gym attendance and swimming during the week and occasionally other events such as indoor football and inclusive cycling.

Our Community Presence

- We joined in the Spondon Christmas Lights evening
- We continued to help with the maintenance of the grounds and flowerbeds of St. Augustine's Church and ensured the external areas remained free from litter
- We raised over £350 for a variety of charities over the year – Dementia Awareness, the Alzheimer's Society, the RBL Poppy Appeal and the Macmillan Coffee Morning



Section 5

Service Manager's Review of 2022 and plans for 2023

The Annual Report and Annual General Meeting are the opportunities we have to look back at the last calendar year and examine our achievements. It is also the time to recognise and record the individuals and organisations that have helped us to achieve our aims. The photographs section of the report shows what we achieved in 2022. Section 8 of this document contains a list of thanks to all those who have supported us during 2022. My apologies go to anyone I have forgotten to include.

As always, I would like to thank the Management Committee for their support, encouragement, activities and commitment throughout 2022.

Well, 2022 was just as challenging as 2021 but we did some great things and are very proud of all of our achievements.

The displays of our art and craft work at the Activity bases remain amazing. Mel has introduced us to a wide range of creative ideas, many of which we had not tried before.

There has been an amazing variety of activities available at the Centre and as the year progressed we began to leave the base to re-start the shopping group, walking groups and to access many community facilities.

We continued to support the catering for St. Augustine's 'Gathering Place' café on Wednesdays. This is proving a fantastic opportunity to collaborate with the Church and local community.

We had four fundraising events during the year – we raised money for the Dementia Society, Alzheimer's Society, we held a Macmillan Coffee Morning and as usual, we promoted the sale of Janet's hand knitted poppies for the Royal British Legion's annual appeal.

We had a huge indoor street party to celebrate the Jubilee of Queen Elizabeth the 2nd. This was a fantastic event as the photos in this booklet demonstrate.

We had two amazing outdoor events – Glasternatives and Beach Day and even had an ice cream van come to one of them. Some of our shop learners came to these events too. In October we had a fancy dress Halloween event.

Gez (Vice Chair) and Andy kindly invited us to visit their model railway and even built a small bridge over the track for us to enable us full, safe access to see all of the railway.

Learners from the Shop, House Six and the hubs visited Derby Cathedral to see both the Peace Doves and the Gaia Earth model.

All sites participated in a variety of fitness events throughout the year including indoor football, inclusive cycling, the gym and swimming.

House Six visited Derby's Museum of the Making and various garden centres and local farms.

During the year we bought a fish tank and some fish which reside happily in House Six.

The outside area of House Six was vastly improved with benches, planters and some lovely shrubs and flowers funded by the Derby Masons via the Community Foundation.

We renovated part of the shop with funding from the B&Q Foundation and now have lovely, safe flooring in the back rooms and several work benches for furniture recycling work.

Learners in the shop work extremely hard to process donations, stock the shop and worked on the till serving customers.

We opened the shop on the evening of the Christmas lights switch on in Spondon and we also came second in the best Christmas display window competition.

During December we handed out Certificates for achievements during the year and Christmas presents.

We also had a variety of Christmas celebrations both off and onsite.

All in all, a fantastic year full of meaningful and exciting activities supported by an amazing staffing team.

In 2023 we must look again at the issue of the gaps in service provision within Derby City for adults with learning disabilities. We have the willingness, expertise and infrastructure to enable us to support many more individuals – we just need the funding to pay for the costs this will incur.

We will continue to ensure that paperwork, however necessary, does not detract us from our main role as a service provider.

And finally, I am so glad that we have such a sensible and helpful team so that we can give support to our users and their families. Thank you so much for your contributions. You are appreciated and respected highly.

Belinda Hadfield
Service Manager



Service Manager's Review – Statistics

Below I have detailed how long each of the staffing team has been with Alternatives (including time as a volunteer if applicable):

Name	Length of Service at end of 2022
Belinda Hadfield	27 years
Maureen White	25½ years
Satia Chohan	22 ¾ years
Natalie Graham	22 years
Jo Evans	12½ (& 10½ years past service)
Samantha Elliott	12¼ years
Britt Hadfield	12¼ years
Jane Morrison	12¼ years (& 6¾ years past service)
Kai Greenwell	11½ years
John Graham	9 ¼ years
Mel Allen	6 years 3 months
Sam Saccone	5 years and 9 months
Rebecca Elyard	5 years and 3 months
Amy Palmer	5 years
Sarah Brookes	3 year and 4 months
Liane Clay	11 months
Rose Meehan	6 months
Victoria Pavlou	4 months
Liz Piggott	2 month

I think this table further demonstrates that working at Alternatives is rewarding in many ways.

Here is a list of everyone who has been a paid employee of Alternatives during the last 30 years (not in order) (apologies if I have missed anyone).

Myself	Kate Grailey	Sandy Sanders	Jo Evans
Natalie Graham	Jane Morrison	Maureen White	Satia Chohan
Richard Moylan	Sam Elliott	Britt Hadfield	Kai Greenwell
John Graham	Stef Hahn	Sara Owen	Jane Penny
Hannah Lloyd	George Whittingham	Charlotte Wroe	Carla Bazeley
Julie Shortland	Anne Haxell	David Yale	Abu Nsubuga
Marion Slater	Leila Renshaw	Amanda O'Rourke	Schani Caves
Alex Smith	Karen Gibbons	Debbie Hirst	Sam Cook
Chantelle Bardouille	Val Travers Muir	Gurpreet Johal	Adele Taylor
Chris Buttery	Emma Goldsney	Eileen Egan	Louise Partlow
Lisa Waugh	Suzanne Ashman	Pam Woodman	Mel Allen
Amy Smith	Sam Saccone	Rebecca Elyard	Amy Palmer
Caroline Wheway	Sarah Brookes	Liane Clay	Rose Meehan
Victoria Pavlou	Liz Piggott		

and all of our Centre Users who worked for us on Stage 1 of our Employment Scheme.

Section 6

Staff Contribution by Kai Greenwell

I have been employed at Alternatives Activity Centre for 11 and a half years and I really love my job. It is both challenging and rewarding and every day is very different.

I tend to work on a one-to-one or small group basis and this helps Alternatives to provide focused support to individuals to enable them to achieve specific objectives.

I feel a real sense of achievement for the weekly group session I support at the gym. Prior to this session all of the group meet to socialise and have a coffee and catch up with what each other has been doing the week prior. I have been trying to develop this coffee session as a general meet up for people with learning disabilities (regardless of whether they go to the gym or not) and slowly the group is expanding.

I am at the Centre Hubs usually once per week and sometimes more often to meet staffing demands. I love the creativity and unique activities and the general feeling of being amongst happy, active and confident hub users.

The rest of my time is split between our Training Shop and House Six. These two fabulous resources provide so many different opportunities and experiences.

House Six has really developed well since it opened just over a year ago. Our learners helped create a super outdoor space by planting in the pots we gained funding. Together with the benches the space outside is now both very usable and serene.

Helping learners in the Training Shop to develop and consolidate skills is extremely rewarding. We had many setbacks following lockdowns as many learners had lost some of their skills due to being at home – I really feel that everyone now is at least back to pre-covid levels and many have really excelled in their development.

So how is this all achieved – most definitely this is down to our staffing team. We are all extremely committed to our roles, we all work well together and we are determined to ensure that everyone who uses our services has a great time and leaves each session happy, confident and with a sense of personal achievement.

On a less positive note – workers in social care in any environment that I am aware of are not paid their true worth. A lot is said about this in political arenas but it seems that funding provision for the level of professionalism and skills we have does not filter down to small organisations like ours. Our Trustees and the Service Manager are doing all they can to try and secure decent wage levels for us for the future but help and recognition is needed on a wider basis.

Kai Greenwell

Section 7

Service User Contribution

my Dave. I go to the hub and the
Training Shop and the gym.
I like to socialise, make friends
and learn new things. At the shop I am
now more confident on the hills.
At the hub I join the in on lots of things like
the cooking group.
Being out the gym improving fitness levels
like out the staff and I have lots of
good times.
Dave C Rust



Section 8

Our Thanks

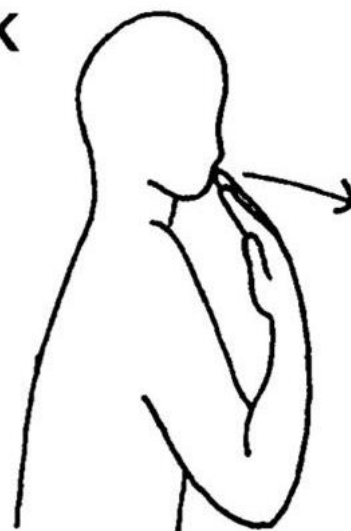
FUNDERS, DONORS & SUPPORTERS in 2022.

We would like to extend our thanks to all of the following organisations and individuals for their contributions that were all very appreciated during 2022. Included on this list are some of the individuals who have offered help, advice and support in a variety of ways during the year.

Thanks to:

Awards for All – The National Lottery
The Arnold Clark Foundation
The B & Q Foundation
Mrs Bucklow
The Charities Aid Foundation
CAF Bank
Jill & Richard Comer
Derby City Council – Adults, Health & Housing
Dianne and John Clarke
East Midlands Airport Community Fund
Frances & Trevor Nash
Foundation Derbyshire
Gez Grimes – money raised in memory of Julie
Janine Billy and Buster (Pets as Therapy)
Jenny with the garage
Jewellery Lady
St. Augustine's Church
Mark Harrison – Midlands Accountancy Services (pensions support)
Mencap – Round the Word Challenge
Mencap – Let's Get Digital
The James family
The Lawrence family
Leeds Building Society
The Masons - Derbyshire
Margaret Mowles-Derby Community Accountancy Service
Mark Newey-Derby Community Accountancy Service
Jenny & Gill Orme
The Screwfix Foundation
The Severn Trent Water Community Fund
The community in Spondon
Everyone who has given goods for our charity shop

**THANK
YOU**



and finally, thanks again to the current staff and volunteer team who work so hard to ensure that our excellent service levels are maintained.

Section 9

Annual Accounts for 2022

On the following pages are extracts from Alternatives Activity Centre's accounts for the period 1st January 2022 to 31st December 2022.

The accounts were produced by Derby Community Accountancy Service.

The accounts were signed on behalf of the Treasurer prior to the Annual General Meeting.



Alternatives Activity Centre

Balance Sheet as at 31st December 2022

2021			2022
£			£
	Fixed Assets		
99400	Land & Buildings	Note 5	99400
	Current Assets		
312901	Bank Balance		331663
8406	Debtors and prepayments	Note 6	3156
48	Cash		42
420755	Total assets		434261
	less liabilities		
-23378	Creditors<1 Yr	Note 7	-39736
	Total assets less Current Liabilities		394525
-50936	Creditors>1 Yr	Note 8	-6000
<u>346441</u>	Net Assets		<u>388525</u>
	Represented by Funds		
13989	Restricted Funds	Note 9	2757
157452	Unrestricted Funds		210768
175000	Designated Fund	Note 4	175000
<u>346441</u>			<u>388525</u>

			Alternatives Activity Centre			
			Statement of Financial Activity			
			For year ended 31st December 2022			
2021			Designated Funds	Unrestricted Funds	Restricted Funds	2022
£			£	£	£	£
	Charitable Income					
83914	Grants	Note 1	0	0	10665	10665
1010	Donations		0	258	0	258
66462	Fundraising Income	Note 2	0	91276	0	91276
201221	Sundry Income	Note 3	0	278620	0	278620
4	Interest		0	173	0	173
352611			0	370327	10665	380992
	Charitable Expenditure					
216900	Salaries & Associated Costs		0	248562	5597	254159
42161	Premises, Rates & Insurance		0	36862	8376	45238
8797	Postage, Stationary & Telephone		0	6180	864	7044
2544	Professional Fees & Subscriptions		0	1129	985	2114
1115	Travel		0	2659	0	2659
5661	Equipment & Maintenance		0	4366	5486	9852
6548	Provisions		0	9326	826	10152
350	Sundries		0	380	0	380
1632	PPE		0	50	0	50
2278	Interest on Loan		0	3750	0	3750
287986			0	313264	22134	335398
2960	Cost of Managing & Administering the Charity		0	3510	0	3510
0	Cost of Generating Funds		0	0	0	0
290946			0	316774	22134	338908
61665	Surplus/(Deficit) for Year		0	53553	-11469	42084
284776	Fund Balance at Start of Period		175000	157452	13989	346441
0	Transfer Between Funds		0	-237	237	0
346441	Fund Balance at End of Period		175000	210768	2757	388525

Alternatives Activity Centre						
Notes to the Accounts						
Note 1					2022	2021
Grants received consisted of		Unrestricted	Restricted	Total	Total	
		£	£	£	£	
Derby City Council-COVID Support		0	0	0	8335	
Derby City Council- Restart		0	0	0	2667	
HMRC Job Retention Scheme		0	0	0	19314	
CAF Grant		0	0	0	25000	
National Lottery (21)		0	0	0	10000	
PCC Vulnerability Fund		0	0	0	952	
Betty Messenger		0	0	0	900	
Screwfix		0	0	0	1000	
D2N2		0	0	0	1200	
DRGF		0	0	0	5112	
Open Gate		0	0	0	1000	
Rank Foundation		0	0	0	120	
Mencap Round The World Challenge		0	1273	1273	835	
Arnold Clark		0	750	750	1000	
Lets Get Digital		0	599	599	6479	
National Lottery (22)		0	4317	4317	0	
Foundation Derbyshire		0	800	800	0	
East Midlands Airport Community Fund		0	236	236	0	
Leeds Buiding Society Soc Grant		0	290	290	0	
B & Q Foundation		0	2400	2400	0	
		0	10665	10665	83914	
Note 2						
Fundraising						£
Coffee Bar and Centre shop					2220	
Spondon Shop and other sales					89056	
					91276	
Note 3						
Sundry Income						£
Fee income					278620	
					278620	
Note 4						
£95,000 has been reserved to cover costs in the event of business closure.						
£80,000 has been reserved to cover the future costs for the shop project.						
Note 5						
Fixed Assets				Land & Buildings	Equipment	
				£	£	
Cost as at 31 December 2021				0	35375	
Additions				99400	0	
Cost as at 31 December 2022				99400	35375	
Depreciation b/fwd				0	35375	
Depreciation this year				0	0	
Total Depreciation				0	35375	
Net Value at 31 December 2022				99400	0	

		Alternatives Activity Centre				
		Notes to the Accounts				
Note 6						
Debtors and prepayments						£
Rent paid in advance						3156
						3156
Note 7						
Creditors<1 Yr						£
HM Revenue and Customs						-5064
CAF Loan						-34672
						-39736
Note 8						
Creditors>1 Yr						£
CAF Loan						-6000
						-6000
Note 9						
Restricted Funds						
		Balance				
		B/f	Income	Expenditure	Transfers	Balance C/f
			£	£	£	£
National Lottery (21)		3580	0	-3580	0	0
National Lottery (22)		0	4317	-3155	0	1162
Mencap Round The World Challenge		182	1273	-110	0	1345
Lets Get Digital		6385	599	-6984	0	0
DRGF		3842	0	-4049	207	0
Foundation Derbyshire		0	800	-800	0	0
Arnold Clarke		0	750	-780	30	0
B & Q Foundation		0	2400	-2150	0	250
Leeds Building Society		0	290	-290	0	0
East Midlands Airport Community Fund		0	236	-236	0	0
		13989	10665	-22134	237	2757