

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales · Charity number 1086776

Details

Status Registered

Legal form Charitable company

Company number [04010166](#)

Registered 2001-05-25

Register [View on the Charity Commission register](#)

Contact

Address New Romney Counselling Service
45 High Street
New Romney
TN28 8AH

Phone 01797367809

Email office.nrcc@gmail.com

Website www.newromneycounselling.co.uk

Activities

Objects: (A)TO RELIEVE PERSONS WHO ARE MENTALLY OR EMOTIONALLY DISTURBED OR DISTRESSED BY THE PROVISION OF A COUNSELLING SERVICE FOR SUCH PERSONS.(B)TO ADVANCE EDUCATION BY CONDUCTING, WHERE APPROPRIATE, STUDY AND RESEARCH INTO METHODS OF TREATMENT OF SUCH PERSONS AND TO PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH.(C)TO ADVANCE EDUCATION BY TRAINING PERSONS IN COUNSELLING SO THAT THEY MAY ASSIST IN THE TREATMENT OF PERSONS SUFFERING FROM MENTAL OR EMOTIONAL DISORDERS OR PROBLEMS.(D)TO RELIEVE PERSONS WHO ARE AFFECTED BY THE EFFECTS OF DOMESTIC VIOLENCE (INCLUDING RAPE OR SEXUAL ABUSE) BY THE PROVISION OF A TELEPHONE HELPLINE OFFERING ANONYMOUS CONFIDENTIAL SUPPORT AND/OR INFORMATION.

Activities: THE CHARITY'S PRINCIPAL ACTIVITY IS TO RELIEVE PERSONS WHO ARE MENTALLY OR EMOTIONALLY DISTURBED OR DISTRESSED BY THE PROVISION OF A COUNSELLING SERVICE FOR SUCH PERSONS.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£212,149	£240,095	-	-
2023-09-30	£213,919	£210,304	-	-
2022-09-30	£176,726	£185,362	-	-
2021-09-30	£165,000	£116,000	-	-
2020-09-30	£136,133	£127,981	-	-

Trustees

Name	Role	Appointed
Janet Leavey		2018-11-29
Kenneth Russell-Pollock		2020-09-24
ROSALIND RUSSELL		
Richard Ian McQuirke		2015-06-04
Susan Doyle		2021-04-16
Virginia Godden		2019-05-30

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales - Charity number 1086776

Accounts

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company Number : 04010166

Registration Charity Number : 1086776

ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2024

NEW ROMNEY COUNSELLING SERVICES LIMITED

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**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Rosalind Russell
Susan Doyle
Virginia Godden
Andrew Hunt (appointed 20 September 2024)
Janet Leavey
Richard McQuirke
Ken Russell-Pollock

Other member

Andrew Dennis

Company Secretary

Rosalind Russell

Company registration number

04010166

Registered Charity number

1086776

Registered office

45 High Street
New Romney
Kent
TN28 8AH

Website

www.newromneycounsellingservices.co.uk

Trading name

The charity shop trades under the name 'Faith, Hope & Charity'

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Ashford TN25 6SX

Bankers

Natwest Bank – 20 High Street, Ashford, Kent. TN24 8SH
CAF Bank Ltd – 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 45Q
Charity Bank Limited – 194 High Street, Tonbridge, Kent. TN9 1BE

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 30 September 2024.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charity's objectives (as amended on 10 May 2013) are:

- To relieve persons who are mentally or emotionally disturbed or distressed by the provision of a counselling service for such persons.
- To advance education by conducting, where appropriate, study and research into methods of treatment of such persons and to publish the useful results of such study and research.
- To advance education by training persons in counselling so that they may assist in the treatment of persons suffering from mental or emotional disorders or problems.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Achievements, performance and plans for future periods.

Our charity remains committed to providing high-quality, accessible counselling and mental health support to individuals and communities in need. Despite financial challenges, we have continued to deliver essential services, demonstrating our resilience and dedication to our mission.

NRCS exists to support individuals struggling with mental health difficulties by providing professional counselling services, outreach support, and community engagement. Our core objectives include:

- Delivering face-to-face and remote counselling services to those in need.
- Expanding outreach initiatives to reach vulnerable groups.
- Strengthening fundraising efforts to sustain and grow our services.
- Maintaining high professional standards in service delivery.

Over the past year, we have continued to work towards these objectives despite financial pressures.

Despite financial challenges, NRCS has continued to make a positive impact in the community. Key achievements over the past year include:

- Conducting a total of 495 assessments in 2024, an increase from 429 in 2023, reflecting a growing demand for our services.
- Delivering 9,084 counselling sessions in 2024, compared to 8,551 in 2023, showing a significant rise in service provision.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

- Welcoming 390 new adult clients and 95 child clients in 2024, compared to 324 new adults and 74 children in 2023, demonstrating our expanding reach.
- Expanding our partnerships with local organisations to extend mental health support.
- Continuing to operate our charity shop, which remains an important source of income.

The increase in assessments, sessions delivered, and new clients highlights the growing demand for our services. While this demonstrates our impact, it also underscores the need for additional financial support to ensure the sustainability of our work.

The main challenge facing the charity is the financial deficit, which needs to be addressed to ensure long-term sustainability. In response, we plan to:

- Strengthen fundraising efforts by launching new community events and donation campaigns.
- Diversify income streams, including seeking additional grant funding and corporate sponsorships.
- Enhance operational efficiencies to reduce costs where possible.
- Explore new ways to expand outreach services and increase engagement with vulnerable groups.

While the past year has presented financial difficulties, NRCS remains steadfast in its commitment to supporting individuals in need. The Trustees express their sincere gratitude to our staff, volunteers, funders, and supporters who make our work possible. We look forward to building a stronger, more sustainable future for the charity in the coming year.

Financial Review

The charity recorded deficit for the year of £27,946 compared to a surplus of £3,615 in the previous year, a negative change of £31,561. Total income was £212,149, compared to £213,919 in the previous year. Expenditure, however, increased significantly to £240,095 from £210,304. The key financial trends are outlined below:

- **Income:**
 - Donations and legacies decreased from £34,497 to £22,807, reflecting a drop in individual and grant-based donations.
 - Fundraising efforts generated £507, a decline from £1,510 in the previous year.
 - Income from clients increased to £89,516, from £79,337 previously, an increase of just under 13% from the previous year, demonstrating a strong demand for our services.
 - Outreach income declined significantly from £9,947 to £1,825, impacting our ability to engage with the wider community.
 - Income from our charity shop also saw a slight reduction from £38,432 to £34,832.
 - Revenue to Thoros increased from £50,116 to £61,891,
 - Interest income rose to £771, compared to £80 in 2023.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

In the past year, the charity has experienced a significant reduction in grant funding, decreasing from £34,497 to £22,807—a drop of approximately 35%. This decline has placed additional pressure on our financial sustainability and highlights the increasing competition for grant funding within the sector.

Recognising the critical role that grant funding plays in supporting our work, we are taking proactive steps to strengthen our approach. One key measure is the reallocation of our Office Manager's workload, ensuring that one full day per week is dedicated solely to grant applications and securing funding opportunities. By prioritising this essential function, we aim to increase our success rate in grant applications, develop stronger relationships with funders, and ultimately secure the financial resources necessary to continue providing vital counselling services to our community.

We remain committed to diversifying our income streams and will continue exploring additional funding opportunities, including partnerships, local fundraising initiatives, and corporate support. Our focus is on building a sustainable financial model that enables us to expand our services, reach more individuals in need, and ensure long-term viability for the charity."

Income from fundraising dropped significantly this year just under 65%. This is due to more time focussed on developing CPD workshops following increasingly disappointing results previously with fundraising events. Community engagement was weak possibly due to the cost-of-living problems and people having to make hard choices about support they can give. It is fair to say that the uplift in revenue through Thoros with CPD workshops has delivered a strong return on time invested.

Demand for our counselling service remains high and is demonstrated by a significant jump in client donations for counselling sessions from £79,337 previously to £89,516 for the period under review in this report – a 13% increase. The Trustees believe that a general increase in demand for mental health services, combined with greater accessibility to counselling through remote platforms such as telephone and zoom, account for the increase. Our counselling service is now working with a split of 60% 'in-person counselling and 40% remote.

Outreach work has declined significantly from the previous year showing a 79% reduction because many schools are now directly employing Counsellors, which diminishes our opportunity to engage with schools in the traditional way. The Trustees, however, see other opportunities such as providing anti-bullying workshops for pupils including on-line safety and short, support workshops for teachers and are actively exploring opportunities with local schools and academies through our network of counsellors, many of whom have close links to schools within our district.

Our shop income dipped slightly from the previous year by just over 10%. This is mainly due to sickness absence with volunteers which has necessitated temporary reductions in opening hours. A recent recruitment drive for shop volunteers has been successful and the shop is open six days a week again. The Trustees are pleased to note that footfall remains strong in spite of another charity shop opening just two doors down from our location.

Income from Thoros increased significantly from the previous period showing an increase of just over 21%. This is largely due to a range of CPD workshops run by Thoros which has been very well supported by our counsellors. By providing affordable CPD sessions at weekends and switching to internal social media platforms such as WhatsApp groups, engagement has been high, and positive feedback has been strong with other suggested CPD topics now plugged in to our programme.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Expenditure:

- The rise in expenditure was largely driven by increased operational costs, including staff salaries, service delivery expenses, and general overheads.
- Despite cost pressures, we have maintained our commitment to delivering high-quality mental health support.

Although revenue streams have remained strong, expenditure overall rose significantly just over 14% from the previous year. A significant factor contributing to the rise in our overall expenditure this year has been the increased payments to counsellors. In response to the ongoing cost of living pressures and the increasing demand for qualified counsellors in private practice, we adjusted our session rates to remain competitive and retain our valued team. The session rate increased by £2.50 for up to eight sessions per week, with a higher increase of £4.00 per session for those delivering more than eight sessions per week.

As a result, our total expenditure on counsellor payments rose from £66,648 to £79,022—a 19% increase. While this has placed additional financial pressure on the charity, it was a necessary step to prevent further loss of counsellors and ensure the continuity of our counselling services. Maintaining a skilled and dedicated team is vital to delivering high-quality support to those in need, and we will continue to assess our funding strategies to sustain this investment in our counsellors.

To mitigate the financial impact, we are actively working to increase grant funding, diversify our income streams, and explore additional fundraising opportunities.

Investment in Facilities and Resources

This year, we allocated approximately £6,500 towards essential upgrades to our counselling centre, covering building improvements, furniture, and decorating costs. This investment was necessary to maintain a welcoming, safe, and professional environment for both clients and counsellors.

The funding for these improvements was drawn from legacy money, allowing us to make these enhancements without impacting our core operational budget. Ensuring that our facilities remain well-maintained and fit for purpose is a key priority, as a comfortable and professional setting contributes significantly to the effectiveness of our counselling services.

We will continue to review our premises and resources to ensure they meet the evolving needs of our clients and counsellors while remaining mindful of financial sustainability.

The Trustees recognise the need for financial sustainability and are actively working to address the deficit through a combination of cost control measures and revenue-generating initiatives.

Reserves Policy

At the year end the charity had total funds of £113,2562 (2023 £141,202) of which £112,756 (2023 £140,702) are unrestricted. The trustees' policy on reserves is to retain a sufficient level to meet its operating commitments.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks

**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

Organisation, Structure and Governance

New Romney Counselling Services Limited is a charitable company limited by guarantee. It was incorporated on 7 June 2000 and registered with the Charity Commission on 25 May 2001. It is governed by its Memorandum and Articles of Association. The members, trustees and directors are listed on page 1.

There is no maximum number of directors and the minimum number is two. Only a member of the company is eligible to be appointed as a director. Directors are subject to retirement by rotation and at each AGM one-third of the directors shall retire. If the vacancy is not filled, the retiring director, if willing to act, is deemed to have been re-appointed.

The Board meets regularly to administer the charity. The Board reviews the management, fund-raising, and financial status and agrees strategy for the charity. Each member has one vote.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102))* published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 13/2/25 and signed on its behalf by:



**Ms R Russell
Director & Secretary**

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2024

I report to the charity trustees on the accounts of the charitable company for the year ended 30 September 2024, which are set out on pages 8 to 15.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

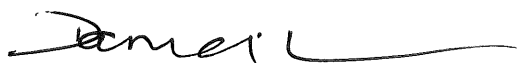
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park, Smeeth
Ashford
Kent TN25 6SX

Date: 26/3/.....2025

NEW ROMNEY COUNSELLING SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 SEPTEMBER 2024

	Note	Restricted Funds £	Unrestricted Funds £	2024 £	Restricted Funds £	Unrestricted Funds £	2023 £
Income from:							
Donations and legacies	2	-	22,807	22,807	13,000	21,497	34,497
Fund-raising events		-	507	507	-	1,510	1,510
Charitable activities -							
Charges for counselling sessions		-	89,516	89,516	-	79,337	79,337
Outreach programme		-	1,825	1,825	-	9,947	9,947
Thoros course income		-	61,891	61,891	-	50,116	50,116
Other trading activities -							
Shop sales		-	34,832	34,832	-	38,432	38,432
Investments -							
Bank interest		-	771	771	-	80	80
Total income		-	212,149	212,149	13,000	200,919	213,919
Expenditure on:							
Raising funds	3	-	3,217	3,217	-	2,901	2,901
Charitable activities	4	-	236,878	236,878	16,333	191,070	207,403
Total expenditure		-	240,095	240,095	16,333	193,971	210,304
Net income		-	(27,946)	(27,946)	(3,333)	6,948	3,615
Transfers between funds		-	-	-	-	-	-
Net movement in funds		-	(27,946)	(27,946)	(3,333)	6,948	3,615
Reconciliation of funds:							
Total funds brought forward		500	140,702	141,202	3,833	133,754	137,587
Total funds carried forward		500	112,756	113,256	500	140,702	141,202

The notes on pages 10 to 15 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

BALANCE SHEET AS AT 30 SEPTEMBER 2024

	Notes	2024 £	2023 £
FIXED ASSETS:			
Tangible assets	8	104,930	109,496
CURRENT ASSETS:			
Debtors	9	956	1,492
Cash at bank and in hand		94,195	113,215
Total current assets		<u>95,151</u>	<u>114,707</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	10	<u>(29,967)</u>	<u>(23,592)</u>
Net current assets		65,184	91,115
Total assets less current liabilities		170,114	200,611
Creditors: amounts falling due after more than one year:	11	<u>(56,858)</u>	<u>(59,409)</u>
NET ASSETS		<u>113,256</u>	<u>141,202</u>
THE FUNDS OF THE CHARITY:			
Restricted funds	12	500	500
Unrestricted funds	12	112,756	140,702
TOTAL CHARITY FUNDS	13	<u>113,256</u>	<u>141,202</u>

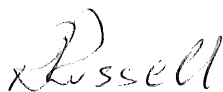
The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 13th Feb 2025 and signed on their behalf.



Ms R Russell - Trustee/Director



Mr R McQuirke - Trustee/Director

The notes on pages 10 to 15 form part of these financial statements.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) as amended by Bulletin 1, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial resources when the charity is entitled to the income, it is probable that the resources will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of legacies grants, donations and gifts. In accordance with the Charities SORP (FRS102), shop volunteer time is not recognised.

A legacy is recognised when it is probable that it will be received. Receipt is normally probable when there has been grant of probate, the executors have established that there are sufficient assets in the estate, after settling any liabilities, to pay the legacy; and any conditions attached to the legacy are either within the control of the charity or have been met.

Income from grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Other trading activities comprises income from shop sales. The income derives from the sale of second-hand goods and is recognised at the point of sale.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with operating its shops selling second-hand goods.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Freehold land and buildings - 10% per annum

Fixtures and fittings - 20% per annum reducing balance

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES	Restricted £	Unrestricted £	2024 £	Restricted £	Unrestricted £	2023 £
Donations	-	5,379	5,379	-	3,497	3,497
Gift Aid reclaim	-	428	428	-	-	-
Grants	-	17,000	17,000	13,000	18,000	31,000
	-	22,807	22,807	13,000	21,497	34,497

3. EXPENDITURE ON RAISING FUNDS	Restricted £	Unrestricted £	2024 £	Restricted £	Unrestricted £	2023 £
Fund-raising event costs	-	46	46	-	36	36
Shop expenses						
Water rates	-	84	84	-	55	55
Light and heat	-	682	682	-	1,631	1,631
Mortgage interest and charges	-	989	989	-	1,024	1,024
Sundry expenses	-	1,416	1,416	-	155	155
	-	3,217	3,217	-	2,901	2,901

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2024 £	Restricted £	Unrestricted £	2023 £
Counselling costs						
Counsellors' expenses	-	79,022	79,022	3,333	63,315	66,648
Supervisor expenses	-	15,664	15,664	-	15,403	15,403
Office administration	-	31,040	31,040	12,500	9,873	22,373
Card machine costs	-	1,001	1,001	-	-	-
Maintenance and equipment	-	-	-	500	-	500
Share of general overhead (below)	-	43,406	43,406	-	48,786	48,786
	-	170,133	170,133	16,333	137,377	153,710
Thoros course costs						
Tutors' expenses	-	45,917	45,917	-	40,070	40,070
Assessors - internal & external	-	3,151	3,151	-	2,815	2,815
NCS accreditation fees	-	700	700	-	550	550
Repairs and maintenance	-	915	915	-	602	602
Advertising	-	182	182	-	168	168
Cleaning	-	1,517	1,517	-	835	835
Printing, postage & stationery	-	201	201	-	567	567
Internet	-	807	807	-	632	632
Bank charges	-	143	143	-	194	194
Rent & utilities	-	5,400	5,400	-	-	-
Graduation	-	919	919	-	-	-
Arts and craft	-	599	599	-	166	166
Sundry expenses	-	436	436	-	181	181
Share of general overhead (below)	-	5,858	5,858	-	6,913	6,913
	-	66,745	66,745	-	53,693	53,693
Total expenditure	-	236,878	236,878	16,333	191,070	207,403
General overheads						
Wages and salaries (note 5)			-			26,867
Office administration			18,630			-
Office cleaning			1,850			1,073
Rent and rates			253			166
Light and heat			2,046			4,892
Telephone			1,229			1,920
Insurance			3,064			1,393
Printing, postage and stationery			973			977
Maintenance and equipment			2,136			3,648
Advertising and promotional			142			-
Computer costs			1,830			505
Bank fees			1,195			-
Sundry expenses			1,643			1,764
Mortgage interest and charges			2,968			3,072
Depreciation						
- fixtures and fittings			330			97
- freehold property			6,290			6,290
Governance costs						
Independent examiner's fees			4,650			3,000
Data Protection registration			35			35
			<u>49,264</u>			<u>55,699</u>
Allocated to						
Counselling costs			43,406			48,786
Thoros course costs			5,858			6,913
			<u>49,264</u>			<u>55,699</u>

Wages and salaries and office administration costs are allocated on a ratio of 85:15. All other overheads are allocated on a ratio of 90:10.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

5. EMPLOYEES

	2024 £	2023 £
Gross salaries	-	26,211
Pension costs	-	646
	<u>-</u>	<u>26,857</u>

The charity had no employees during the year to 30 September 2024. (2023: 1 full-time)

No employee received employee benefits of more than £60,000 (2023: nil).

6. TAXATION

As a charity, New Romney Counselling Services Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2023: nil).

7. KEY MANAGEMENT PERSONNEL, TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charitable company on a day to day basis. In the year ended 30 September 2024, the charity paid 3 trustees and directors, £34,507 in respect of individual clinical counselling, tutoring and supervision sessions and rent (2023: £27,011). The other trustees confirm that the amount paid is in the charity's best interests and reasonable for the service provided. Payments totalling £3,508 were made to 3 trustees (2023: £703) for reimbursement of expenses personally paid.

There were no other related party transactions. No other payments were made to any trustee/director.

8. FIXED ASSETS

	Freehold property £	Fixtures, fittings and equipment £	Total £
COST			
At 1 October 2023	162,898	2,480	165,378
Additions	-	2,055	2,055
At 30 September 2024	162,898	4,535	167,433
DEPRECIATION			
At 1 October 2023	53,790	2,093	55,883
Charge for the year	6,290	330	6,620
At 30 September 2024	60,080	2,423	62,503
NET BOOK VALUE			
At 30 September 2024	102,818	2,112	104,930
At 30 September 2023	109,108	387	109,495

9. DEBTORS

	2024 £	2023 £
Debtors	100	355
Prepayments and accrued income	856	1,137
	<u>956</u>	<u>1,492</u>

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2024	2023
	£	£
Charity Bank loan	2,551	2,382
Creditors	18,155	11,500
PAYE, NIC & pension	-	1,051
Deferred Income	6,761	6,159
Accruals	2,500	2,500
	29,967	23,592

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR	2024	2023
	£	£
Charity Bank loan (falling due in 2-5 years)	12,028	11,273
Charity Bank loan (falling due after 5 years)	44,830	48,136
	56,858	59,409

The Charity Bank Limited has a fixed charge dated 2 April 2014 over the charitable company's freehold property at 45 High Street, New Romney, TN28 8AH.

The Charity Bank Limited also has a charge dated 25 November 2013 on the company's deposit account held with it.

Interest is payable at 6.5% per annum.

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2024			2023		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Fixed assets	104,930	-	104,930	109,496	-	109,496
Net current assets	64,684	500	65,184	90,615	500	91,115
Creditors falling due after more than one year	(56,858)	-	(56,858)	(59,409)	-	(59,409)
	112,756	500	113,256	140,702	500	141,202

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

13. MOVEMENT IN FUNDS

	At 1 Oct 2023 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2024 £
Restricted Funds:					
Folkestone & Hythe District Council	500	-	-	-	500
	500	-	-	-	500
Unrestricted Fund	140,702	212,149	(240,095)	-	112,756
	141,202	212,149	(240,095)	-	113,256

	At 1 Oct 2022 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2023 £
Restricted Funds:					
Tudor Trust	-	12,500	(12,500)	-	-
Albert Hall Trust	3,333	-	(3,333)	-	-
KCC	-	500	(500)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	3,833	13,000	(16,333)	-	500
Unrestricted Fund	133,754	200,919	(193,971)	-	140,702
	137,587	213,919	(210,304)	-	141,202

Tudor Trust - towards the cost of an assistant co-ordinator.

Albert Hunt Trust - to assist in cases of financial hardship.

KCC - grant towards costs of a children's counselling room.

Folkestone & Hythe District Council - towards the cost of Tool-Box talks.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: 45 High Street, New Romney, Kent TN28 8AH

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales - Charity number 1086776

Accounts

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company Number : 04010166

Registration Charity Number : 1086776

ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2023

NEW ROMNEY COUNSELLING SERVICES LIMITED

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**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Rosalind Russell
Susan Doyle
Virginia Godden
Janet Leavey
Richard McQuirke
Ken Russell-Pollock

Other member

Andrew Dennis

Company Secretary

Rosalind Russell

Company registration number

04010166

Registered Charity number

1086776

Registered office

45 High Street
New Romney
Kent
TN28 8AH

Website

www.newromneycounsellingservices.co.uk

Trading name

The charity shop trades under the name 'Faith, Hope & Charity'

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Ashford TN25 6SX

Bankers

Natwest Bank – 20 High Street, Ashford, Kent. TN24 8SH
CAF Bank Ltd – 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 45Q
Charity Bank Limited – 194 High Street, Tonbridge, Kent. TN9 1BE

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 30 September 2023.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charity's objectives (as amended on 10 May 2013) are:

- To relieve persons who are mentally or emotionally disturbed or distressed by the provision of a counselling service for such persons.
- To advance education by conducting, where appropriate, study and research into methods of treatment of such persons and to publish the useful results of such study and research.
- To advance education by training persons in counselling so that they may assist in the treatment of persons suffering from mental or emotional disorders or problems.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Achievements, performance and plans for future periods.

In the period covered by this report, **429** assessments were conducted and our team of **30** counsellors delivered **8551** sessions. In addition to our existing clients, many of whom are receiving longer term therapy, we were able to offer counselling to **398** new clients (324 adults and 74 children).

NRCS has experienced a challenging year as demand for counselling services increases and during the period of this report, we have unfortunately seen a significant reduction in the number of counsellors working with us due to financial pressures driven by cost-of-living increases. Counsellors can earn more money working in private practice and are having to make difficult choices regarding 'low cost' sessions that they are able to provide. 30 counsellors are presently working with the charity, down from 42 previously.

The headline figures reflect that the charity provided about 100 additional sessions than the previous year. It should be noted that the reduction in counsellors dropped sharply during the second half of the period under review with the knock-on effect resulting in a significantly longer waiting list of clients who have been assessed and are waiting to begin therapy. The waiting list has increased to about 50 clients, from about 35 throughout the previous year.

Client payments totalled £79,337 for the year, up from £67,785 previously. A more robust system for monitoring payments and following up on clients with outstanding payments has proved successful. Assessments also show an increase in clients who are in full-time employment and therefore pay the higher session donation of £25.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023

The significant increase in sales performance at the Charity shop is a testament to the hard work and innovative strategies implemented by Siobhan, Rob, and the volunteers. By extending opening hours and adopting a proactive approach, they have effectively engaged with the community and maximized sales opportunities. Additionally, a strong and consistent social media campaign has played a vital role in increasing awareness, driving footfall, and ultimately boosting sales. It's particularly noteworthy that despite the ongoing economic challenges, the Charity shop has been able to thrive. The steady increase in footfall suggests that the community recognises the value offered by the shop, especially during times of financial strain.

Moving forward, it will be beneficial to continue leveraging these successful strategies while also exploring new avenues for growth and sustainability. This will include further optimising the social media campaign, expanding community outreach efforts, and perhaps diversifying the shop's offerings to cater to evolving consumer needs and preferences.

Overall, the impressive sales performance of the Charity shop reflects not only the dedication of the staff and volunteers but also the strong support and engagement of the community. By building upon this foundation, NRCS can continue to make a positive impact and generate vital funds to support its important work.

Thoros has yet again, received a rating of 'outstanding' from an external assessor from the National Counselling Society, reflecting the high quality of the counselling courses and CPD workshops offered by NRCS. However, the need to drop a planned course due to low enrolment figures underscore the challenges faced in balancing course offerings with student demand. Student income for the period under review totalled **£50,116** and expenditure **£53,693** recording a deficit of **£3,577**.

The insight that family budget pressures have led potential students to delay training, highlights the impact of economic conditions on educational decisions. Despite the deficit recorded in student income versus expenditure, it's positive to note that existing students are progressing to higher-level courses, indicating potential for increased income in the following year.

The early engagement from interested parties for lower-level courses is encouraging and supports optimism for a stronger performance in the future. It's crucial for NRCS to continue assessing market demand and adapting its course programs accordingly to ensure financial sustainability and meet the needs of prospective students.

Moreover, gaining a clearer understanding of expenditure is essential for effective financial management and planning. By identifying areas where costs can be optimized without compromising the quality of education provided, NRCS can work towards achieving a more balanced budget and maximizing resources.

Overall, while challenges such as low enrolment and financial deficits pose obstacles, the positive feedback from students and the strong interest in lower-level courses demonstrate potential for growth and improvement. With strategic planning and continued dedication to excellence, Thoros can build upon its successes and further enhance its reputation as a leading education centre in counselling.

NRCS has been proactive in adapting its funding strategy to the challenging economic conditions. Targeting smaller, unrestricted grants seems to have been effective in securing necessary funds to assist with general running costs. Siobhan's success in this area demonstrates the importance of strategic thinking and flexibility in fundraising efforts.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023

Continuing to focus on securing smaller, unrestricted grants can provide stability for NRCS, especially during times of heightened competition for funding. Regular management meetings provide a valuable platform for ongoing evaluation and adjustment of the funding strategy based on real time feedback and changing circumstances.

By closely monitoring the effectiveness of this approach, NRCS can refine its tactics, identify areas for improvement, and capitalise on emerging opportunities in the grant funding arena. The Trustees understand the importance of remaining proactive and agile in the approach to fundraising, ensuring the organisations stability and ability to fulfil its mission despite economic challenges.

In summary, NRCS has faced significant challenges due to the current economic climate and the resulting increase in cost-of-living expenses. The reduction in counsellor numbers, coupled with rising demand for services, has been a major concern for the Trustees. Efforts are underway to develop strategies aimed at retaining counsellors and addressing this issue.

Despite these challenges, the Trustees have remained focused on guiding the organization through turbulent economic conditions. Regular adjustments to strategies and planned initiatives have been necessary to adapt to the evolving landscape.

On a positive note, the Trustees are pleased to report that income streams have shown improvement. They attribute this success to the hard work and dedication of all staff, counsellors, and volunteers. Their contributions have played a significant role in achieving better financial performance compared to the previous year.

Moving forward, NRCS will continue to prioritise efforts to mitigate the impact of economic challenges, retain talent, and ensure the sustainability of its operations. By remaining proactive and adaptive, the organisation can navigate through uncertain times while continuing to fulfil its vital mission in the community.

Overall, despite economic challenges and reductions in counsellor numbers, NRCS has demonstrated resilience and adaptability in maintaining and improving its services, financial performance, and community impact. Continued efforts to address staffing issues and adjust strategies according to the economic climate will be crucial for sustaining and expanding the organization's mission in the future.

Financial Review

The charity recorded surplus for the year of £3,615 compared to a deficit of £8,636 in the previous year, a positive change of £12,251. Total income increased by £37,193 or just over 21%, while expenditure rose by £24,942 an increase of just under 13.5%.

Reserves Policy

At the year end the charity had total funds of £141,202 (2022 £137,587) of which £140,702 (2022 £133,754) are unrestricted. The trustees' policy on reserves is to retain a sufficient level to meet its operating commitments.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023

Organisation, Structure and Governance

New Romney Counselling Services Limited is a charitable company limited by guarantee. It was incorporated on 7 June 2000 and registered with the Charity Commission on 25 May 2001. It is governed by its Memorandum and Articles of Association. The members, trustees and directors are listed on page 1.

There is no maximum number of directors and the minimum number is two. Only a member of the company is eligible to be appointed as a director. Directors are subject to retirement by rotation and at each AGM one-third of the directors shall retire. If the vacancy is not filled, the retiring director, if willing to act, is deemed to have been re-appointed.

The Board meets regularly to administer the charity. The Board reviews the management, fund-raising, and financial status and agrees strategy for the charity. Each member has one vote.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 9 April 2024 and signed on its behalf by:

Ms R Russell
Director & Secretary

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2023

I report to the charity trustees on the accounts of the charitable company for the year ended 30 September 2023, which are set out on pages 7 to 14.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park, Smeeth
Ashford
Kent TN25 6SX

Date: 19 April 2024

NEW ROMNEY COUNSELLING SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

	Notes	Restricted Funds £	Unrestricted Funds £	2023 £	Restricted Funds £	Unrestricted Funds £	2022 £
Income from:							
Donations and legacies	2	13,000	21,497	34,497	20,200	6,791	26,991
Fund-raising events		-	1,510	1,510	-	1,848	
Charitable activities -							
Charges for counselling sessions		-	79,337	79,337	-	67,785	67,785
Outreach programme		-	9,947	9,947	-	6,890	6,890
Thoros course income		-	50,116	50,116	-	54,417	54,417
Other trading activities -							
Shop sales		-	38,432	38,432	-	18,795	18,795
Investments -							
Bank interest		-	80	80	-	-	-
Total income		13,000	200,919	213,919	20,200	156,526	174,878
Expenditure on:							
Raising funds	3	-	2,901	2,901	-	2,093	2,093
Charitable activities	4	16,333	191,070	207,403	16,867	166,402	183,269
Total expenditure		16,333	193,971	210,304	16,867	168,495	185,362
Net income		(3,333)	6,948	3,615	3,333	(11,969)	(10,484)
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(3,333)	6,948	3,615	3,333	(11,969)	(10,484)
Reconciliation of funds:							
Total funds brought forward		3,833	133,754	137,587	500	145,723	146,223
Total funds carried forward		500	140,702	141,202	3,833	133,754	135,739

The notes on pages 9 to 14 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

BALANCE SHEET AS AT 30 SEPTEMBER 2023

	Notes	2023 £	2022 £
FIXED ASSETS:			
Tangible assets	8	109,496	115,883
CURRENT ASSETS:			
Debtors	9	1,492	840
Cash at bank and in hand		113,215	114,357
Total current assets		<u>114,707</u>	<u>115,197</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	10	(23,592)	(31,703)
Net current assets		<u>91,115</u>	<u>83,494</u>
Total assets less current liabilities		<u>200,611</u>	<u>199,377</u>
Creditors: amounts falling due after more than one year:	11	(59,409)	(61,790)
NET ASSETS		<u>141,202</u>	<u>137,587</u>
THE FUNDS OF THE CHARITY:			
Restricted funds	12	500	3,833
Unrestricted funds	12	140,702	133,754
TOTAL CHARITY FUNDS	13	<u>141,202</u>	<u>137,587</u>

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 9 April 2024 and signed on their behalf.

Ms R Russell - Trustee/Director

Mr R McQuirke - Trustee/Director

The notes on pages 9 to 14 form part of these financial statements.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) as amended by Bulletin 1, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial resources when the charity is entitled to the income, it is probable that the resources will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of legacies grants, donations and gifts. In accordance with the Charities SORP (FRS102), shop volunteer time is not recognised.

A legacy is recognised when it is probable that it will be received. Receipt is normally probable when there has been grant of probate, the executors have established that there are sufficient assets in the estate, after settling any liabilities, to pay the legacy; and any conditions attached to the legacy are either within the control of the charity or have been met.

Income from grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Other trading activities comprises income from shop sales. The income derives from the sale of second-hand goods and is recognised at the point of sale.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with operating its shops selling second-hand goods.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Freehold land and buildings - 10% per annum

Fixtures and fittings - 20% per annum reducing balance

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	2023 £	Restricted £	Unrestricted £	2022 £
Donations	-	3,497	3,497	1,200	5,791	6,991
Grants	13,000	18,000	31,000	19,000	1,000	20,000
	13,000	21,497	34,497	20,200	6,791	26,991

3. EXPENDITURE ON RAISING FUNDS

	Restricted £	Unrestricted £	2023 £	Restricted £	Unrestricted £	2022 £
Fund-raising event costs	-	36	36	-	311	311
Shop expenses						
Water rates	-	55	55	-	45	45
Light and heat	-	1,631	1,631	-	252	252
Mortgage interest and charges	-	1,024	1,024	-	1,056	1,056
Sundry expenses	-	155	155	-	429	429
	-	2,901	2,901	-	2,093	2,093

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2023 £	Restricted £	Unrestricted £	2022 £
Counselling costs						
Counsellors' expenses	3,333	63,315	66,648	667	48,409	49,076
Supervisor expenses	-	15,403	15,403	-	15,103	15,103
Office administration	12,500	9,873	22,373	15,000		15,000
Maintenance and equipment	500	-	500	1,200	-	1,200
Share of general overhead (below)	-	48,786	48,786	-	45,566	45,566
	16,333	137,377	153,710	16,867	109,078	125,945
Thoros course costs						
Tutors' expenses	-	40,070	40,070	-	37,775	37,775
Assessors - internal & external	-	2,815	2,815	-	4,174	4,174
NCS accreditation fees	-	550	550	-	550	550
Repairs and maintenance	-	602	602	-	812	812
Advertising	-	168	168	-	1,050	1,050
Cleaning	-	835	835	-	970	970
Printing, postage & stationery	-	567	567	-	942	942
Internet	-	632	632	-	607	607
Bank charges	-	194	194	-	138	138
Sundry expenses	-	347	347	-	1,522	1,522
Share of general overhead (below)	-	6,913	6,913	-	6,714	6,714
	-	53,693	53,693	-	55,254	55,254
Total expenditure	16,333	191,070	207,403	16,867	164,332	181,199
General overheads						
Wages and salaries (note 5)			26,867			29,728
Office cleaning			1,073			-
Rent and rates			166			136
Light and heat			4,892			757
Telephone			1,920			1,129
Insurance			1,393			1,954
Printing, postage and stationery			977			551
Maintenance and equipment			3,648			2,363
Advertising and promotional			-			171
Computer costs			505			1,568
Sundry expenses			1,764			1,308
Mortgage interest and charges			3,072			3,169
Depreciation						
- fixtures and fittings			97			121
- freehold property			6,290			6,290
Governance costs						
Independent examiner's fees			3,000			3,000
Data Protection registration			35			35
			55,699			52,280
Allocated to						
Counselling costs			48,786			45,566
Thoros course costs			6,913			6,714
			55,699			52,280

Wages and salaries are allocated on a ratio of 85:15. All other overheads are allocated on a ratio of 90:10.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

5. EMPLOYEES

	2023 £	2022 £
Gross salaries	26,221	29,043
Pension costs	646	685
	26,867	29,728

The charity had 1 full-time employee during the year to 30 September 2023. (2022: 1 full-time)

No employee received employee benefits of more than £60,000 (2022: nil).

6. TAXATION

As a charity, New Romney Counselling Services Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2020: nil).

7. KEY MANAGEMENT PERSONNEL, TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charitable company on a day to day basis. In the year ended 30 September 2023, the charity paid 3 trustees and directors, £27,011 in respect of individual clinical counselling, tutoring and supervision sessions (2022: £27,857). The other trustees confirm that the amount paid is in the charity's best interests and reasonable for the service provided. Payments totalling £703 were made to 3 trustees (2022: £2,574) for reimbursement of expenses personally paid.

There were no other related party transactions. No other payments were made to any trustee/director.

8. FIXED ASSETS

	Freehold property £	Fixtures & fittings £	Total £
COST			
At 1 October 2022	162,898	2,480	165,378
At 30 September 2023	162,898	2,480	165,378
DEPRECIATION			
At 1 October 2022	47,500	1,995	49,495
Charge for the year	6,290	97	6,387
At 30 September 2023	53,790	2,092	55,882
NET BOOK VALUE			
At 30 September 2023	109,108	388	109,496
At 30 September 2022	115,398	485	115,883

9. DEBTORS

	2023 £	2022 £
Debtors	355	840
Prepayments and accrued income	1,137	-
	1,492	840

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2023	2022
	£	£
Charity Bank loan	2,382	2,243
Creditors	11,500	9,204
PAYE, NIC & pension	1,051	417
Deferred Income	6,159	17,339
Accruals	2,500	2,500
	23,592	31,703

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR	2023	2022
	£	£
Charity Bank loan (falling due in 2-5 years)	11,273	10,564
Charity Bank loan (falling due after 5 years)	48,136	51,226
	59,409	61,790

The Charity Bank Limited has a fixed charge dated 2 April 2014 over the charitable company's freehold property at 45 High Street, New Romney, TN28 8AH.

The Charity Bank Limited also has a charge dated 25 November 2013 on the company's deposit account held with it.

Interest is payable at 6.5% per annum.

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2023			2022		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Fixed assets	109,496	-	109,496	115,883	-	115,883
Net current assets	90,615	500	91,115	79,661	3,833	83,494
Creditors falling due after more than one year	(59,409)	-	(59,409)	(61,790)	-	(61,790)
	140,702	500	141,202	133,754	3,833	137,587

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

13. MOVEMENT IN FUNDS

	At 1 Oct 2022 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2023 £
Restricted Funds:					
Tudor Trust	-	12,500	(12,500)	-	-
Albert Hunt Trust	3,333	-	(3,333)	-	-
KCC	-	500	(500)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	3,833	13,000	(16,333)	-	500
Unrestricted Fund	133,754	200,919	(193,971)	-	140,702
	137,587	213,919	(210,304)	-	141,202

	At 1 Oct 2021 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2022 £
Restricted Funds:					
Tudor Trust	-	15,000	(15,000)	-	-
Albert Hall Trust	-	4,000	(667)	-	3,333
Other	-	1,200	(1,200)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	500	20,200	16,867	-	3,833
Unrestricted Fund	145,723	156,526	(168,495)	-	133,754
	146,223	176,726	(185,362)	-	137,587

Tudor Trust - towards the cost of an assistant co-ordinator.

Albert Hunt Trust - to assist in cases of financial hardship.

KCC - grant towards costs of a children's counselling room.

Folkestone & Hythe District Council - towards the cost of Tool-Box talks.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: 45 High Street, New Romney, Kent TN28 8AH

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales - Charity number 1086776

Accounts

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company Number : 04010166

Registration Charity Number : 1086776

ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2022

NEW ROMNEY COUNSELLING SERVICES LIMITED

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**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Rosalind Russell
Susan Doyle
Susan Gilks (resigned 23 June 2022)
Virginia Godden
Janet Leavey
Richard McQuirke
Ken Russell-Pollock

Other member

Andrew Dennis

Company Secretary

Rosalind Russell

Company registration number

04010166

Registered Charity number

1086776

Registered office

45 High Street
New Romney
Kent
TN28 8AH

Website

www.newromneycounsellingservices.co.uk

Trading name

The charity shop trades under the name 'Faith, Hope & Charity'

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Ashford TN25 6SX

Bankers

Natwest Bank – 20 High Street, Ashford, Kent. TN24 8SH
CAF Bank Ltd – 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 45Q
Charity Bank Limited – 194 High Street, Tonbridge, Kent. TN9 1BE

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 30 September 2020.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charity's objectives (as amended on 10 May 2013) are:

- To relieve persons who are mentally or emotionally disturbed or distressed by the provision of a counselling service for such persons.
- To advance education by conducting, where appropriate, study and research into methods of treatment of such persons and to publish the useful results of such study and research.
- To advance education by training persons in counselling so that they may assist in the treatment of persons suffering from mental or emotional disorders or problems.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Achievements, performance and plans for future periods.

In the period covered by this report, **489** assessments were conducted and our team of **42** counsellors delivered **8454** sessions. In addition to our existing clients, many of whom are receiving longer term therapy, we were able to offer counselling to **396** new clients (330 adults and 66 children).

NRCS has experienced a busy year as demand for counselling services continues to grow. During the period of this report, we have actively managed the transition from remote service delivery, due to the covid pandemic, back to 'face-to-face' counselling. At present, approx. 70% of counselling is being delivered 'face-to-face' from our dedicated counselling centre, while about 30% has continued remotely, delivered via zoom or telephone.

Although we prefer working 'in person' with therapy, the Trustees recognise that remote delivery provides opportunities for clients who may not be able to get to us in person; and also allows us to expand our geographical reach. Our attendance figures have risen slightly on the previous year and is reflected in client payments totalling £67,785 for the year, up from £66,024 previously.

With the majority of counselling sessions once again being delivered from our counselling centre, it has made it easier to monitor Payments and ensure payments are being made, which proved challenging during the previous year, when we were delivering sessions remotely and receiving payments electronically.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

Demand for counselling has continued a steady upwards trend from the previous year, particularly for anxiety related issues. The cost-of-living crisis swiftly following the end of pandemic restrictions, has affected our region particularly hard and we are seeing a tired and strained proportion of society, increasingly struggling with mental health concerns. We delivered an additional **125** sessions against the previous year, assisted by 3 additional Counsellors. Client assessments are undertaken as swiftly as possible, and clients allocated to counsellors shortly after. We are maintaining similar levels on our waiting list to the previous year, albeit we have delivered more sessions, which reflects the rising demand for our service.

Other income streams have performed well throughout the year. The Charity shop has delivered an impressive sales performance of **£18,795** which is significantly higher than any other previous year. This strong performance is due to extended opening hours and an enthusiastic approach from Siobhan, injecting energy, passion and strong community engagement. Footfall has noticeably increased throughout the year as the recent increases in the cost of living have impacting family budgets, driving shoppers to seek affordable options, particularly with regard to clothing and bric-a-brac. The shop is receiving a steady supply of items following regular social media appeals and is managing to keep pace with demand.

Our fundraising programme raised just over **£1,800** with several successful events taking place during the summer months. We struggled to attract support for some events during the first half of the period under review, despite strong social media campaigns. It is believed that lingering concerns related to Covid, among our historical supporters - typically the older generation, was responsible for poorer attendance than pre-pandemic levels. Support improved for events held during the summer and gives cause for optimism for our 2023 programme of fund-raising events.

In September of 2021 (previous year end), NRCS took ownership of Thoros, an education centre teaching a range of counselling courses and CPD workshops. Thoros has recently received a renewed rating of 'outstanding' from an external assessor for the National Counselling Society and has performed within expected financial parameters during the first full year under the NRCS umbrella. Student income for the year totalled **£54,417** and expenditure **£48,540** recording a surplus of **£5,877**. Strong enquiry levels throughout the year regarding future courses, provide strong indications that student numbers will likely increase from the previous year. The Principal, Vice Principal and a number of the tutors remained in post throughout the year, providing continuity for existing students and maintaining an exceptional learning environment. NRCS staff have been able to support the educational team by assisting with administration and general enquiries.

Siobhan, who was recruited during the previous year, has been working with a mentor who has provided some support and guidance regarding grant funding applications. Part of Siobhan's role is to secure grant funding to fund part of her salary beyond her second year in post. Up to that point, a grant awarded during the previous year is subsidising her salary. Siobhan is beginning to have considerable success in securing a number of smaller grants (unrestricted) towards general running costs. In addition to a raft of funding applications for smaller amounts, a number of larger funding applications have been made (specifically for salary funding) and are currently awaiting decisions.

Due to present economic conditions, there is considerable pressure on grant funders – particularly for larger amounts, and therefore greater competition between charities. In anticipation of increased competition, the Trustees are presently considering allocating a percentage of each (unrestricted) smaller

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

grant received, to put towards the salary. There is agreement in principle and a decision will be taken shortly regarding the percentage of allocation.

In summary, NRCS has experienced a challenging year, managing the transition back to face-to-face counselling from remote delivery. Operating Thoros under the NRCS umbrella has proved successful and the team are confident on building on that success going forward, with additional courses and workshops being planned and added to the existing core syllabus.

The Trustees' have been focussed on guiding the organisation through the present economic difficulties which inevitably impacts on our client demographic. In addition, rising costs have impacted the overall financial performance throughout the year, as well as a squeeze on grant funding from increased competition and associated rising cost impacts on fund providers.

The Trustees are pleased that income streams have continued to improve, post pandemic and recognise the hard work undertaken by all the staff and volunteers in making this happen. They are also mindful of the legacy amount reported during the previous year's accounts and are considering a number of smaller projects aimed at increasing our service delivery, in addition to establishing a mobile counselling facility, which is anticipated to get underway during 2023, following finalisation of costs and budgets.

Financial Review

The charity recorded a deficit for the year of £8,636 compared to a surplus of £49,175 in the previous year, a negative change of £57,811. It should be noted that the previous year's figure included a 'one off' unusual legacy payment. Total income increased by £11,494 or just under 7%, while expenditure rose by £69,305 an increase of just under 60% with expenditure on raising funds increasing by 78% and charitable activities by 59%.

Much of the increase in expenditure, is accounted for by Thoros which, in the previous year's accounts, incorporated only one month's expenditure in September, when the acquisition was completed and coincided with the previous year end.

Reserves Policy

At the year end the charity had total funds of £137,587 (2021 £146,223) of which £133,754 (2021 £145,723) are unrestricted. The trustees' policy on reserves is to retain a sufficient level to meet its operating commitments.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Organisation, Structure and Governance

New Romney Counselling Services Limited is a charitable company limited by guarantee. It was incorporated on 7 June 2000 and registered with the Charity Commission on 25 May 2001. It is governed by its Memorandum and Articles of Association. The members, trustees and directors are listed on page 1.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

There is no maximum number of directors and the minimum number is two. Only a member of the company is eligible to be appointed as a director. Directors are subject to retirement by rotation and at each AGM one-third of the directors shall retire. If the vacancy is not filled, the retiring director, if willing to act, is deemed to have been re-appointed.

The Board meets regularly to administer the charity. The Board reviews the management, fund-raising, and financial status and agrees strategy for the charity. Each member has one vote.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on March 2023 and signed on its behalf by:

Ms R Russell

Director & Secretary

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2022

I report to the charity trustees on the accounts of the charitable company for the year ended 30 September 2022, which are set out on pages 7 to 14.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park, Smeeth
Ashford
Kent TN25 6SX

Date:

NEW ROMNEY COUNSELLING SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 SEPTEMBER 2022

	Notes	Restricted Funds £	Unrestricted Funds £	2022 £	Restricted Funds £	Unrestricted Funds £	2021 £
Income from:							
Donations and legacies	2	20,200	6,791	26,991	2,500	83,544	86,044
Fund-raising events		-	1,848	1,848	-	-	-
Charitable activities -							
Charges for counselling sessions		-	67,785	67,785	-	66,024	66,024
Outreach programme		-	6,890	6,890	-	5,480	5,480
Thoros course income		-	54,417	54,417	-	3,790	3,790
Other trading activities -							
Shop sales		-	18,795	18,795	-	3,887	3,887
Investments -							
Bank interest		-	-	-	-	7	7
Total income		20,200	156,526	176,726	2,500	162,732	165,232
Expenditure on:							
Raising funds	3	-	2,093	2,093	-	1,178	1,178
Charitable activities	4	16,867	166,402	183,269	2,500	112,379	114,879
Total expenditure		16,867	168,495	185,362	2,500	113,557	116,057
Net income		3,333	(11,969)	(8,636)	-	49,175	49,175
Transfers between funds		-	-	-	-	-	-
Net movement in funds		3,333	(11,969)	(8,636)	-	49,175	49,175
Reconciliation of funds:							
Total funds brought forward		500	145,723	146,223	500	96,548	97,048
Total funds carried forward		3,833	133,754	137,587	500	145,723	146,223

The notes on pages 9 to 14 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

BALANCE SHEET AS AT 30 SEPTEMBER 2022

	Notes	2022 £	2021 £
FIXED ASSETS:			
Tangible assets	8	115,883	122,294
CURRENT ASSETS:			
Debtors	9	840	78,701
Cash at bank and in hand		114,357	46,539
Total current assets		<u>115,197</u>	<u>125,240</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	10	(31,703)	(37,279)
Net current assets		<u>83,494</u>	<u>87,961</u>
Total assets less current liabilities		<u>199,377</u>	<u>210,255</u>
Creditors: amounts falling due after more than one year:	11	(61,790)	(64,032)
NET ASSETS		<u>137,587</u>	<u>146,223</u>
THE FUNDS OF THE CHARITY:			
Restricted funds	12	3,833	500
Unrestricted funds	12	133,754	145,723
TOTAL CHARITY FUNDS	13	<u>137,587</u>	<u>146,223</u>

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on March 2023 and signed on their behalf.

Ms R Russell - Trustee/Director

Mr R McQuirke - Trustee/Director

The notes on pages 9 to 14 form part of these financial statements.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) as amended by Bulletin 1, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial resources when the charity is entitled to the income, it is probable that the resources will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of legacies grants, donations and gifts. In accordance with the Charities SORP (FRS102), shop volunteer time is not recognised.

A legacy is recognised when it is probable that it will be received. Receipt is normally probable when there has been grant of probate, the executors have established that there are sufficient assets in the estate, after settling any liabilities, to pay the legacy; and any conditions attached to the legacy are either within the control of the charity or have been met.

Income from grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Other trading activities comprises income from shop sales. The income derives from the sale of second-hand goods and is recognised at the point of sale.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with operating its shops selling second-hand goods.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Freehold land and buildings - 10% per annum

Fixtures and fittings - 20% per annum reducing balance

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	2022 £	Restricted £	Unrestricted £	2021 £
Donations	1,200	5,791	6,991	-	5,783	5,783
Legacies	-	-	-	-	77,761	77,761
Grants	19,000	1,000	20,000	2,500	-	2,500
	20,200	6,791	26,991	2,500	83,544	86,044

3. EXPENDITURE ON RAISING FUNDS

	Restricted £	Unrestricted £	2022 £	Restricted £	Unrestricted £	2021 £
Fund-raising event costs	-	311	311	-	-	-
Shop expenses						
Rent and rates	-	45	45	-	14	14
Light and heat	-	252	252	-	61	61
Mortgage interest and charges	-	1,056	1,056	-	1,077	1,077
Sundry expenses	-	429	429	-	26	26
	-	2,093	2,093	-	1,178	1,178

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2022 £	Restricted £	Unrestricted £	2021 £
Counselling costs						
Counsellors' expenses	667	48,409	49,076	-	46,987	46,987
Supervisor expenses	-	15,103	15,103	-	11,622	11,622
Wages and salaries (note 5)	-	29,728	29,728	-	29,650	29,650
Office administration and cleaning	15,000	2,070	17,070	2,500	4,402	6,902
Rent and rates	-	136	136	-	42	42
Light and heat	-	757	757	-	183	183
Telephone	-	1,129	1,129	-	1,119	1,119
Insurance	-	1,954	1,954	-	1,250	1,250
Printing, postage and stationery	-	551	551	-	677	677
Maintenance and equipment	1,200	2,363	3,563	-	186	186
Advertising and promotional	-	171	171	-	135	135
Computer costs	-	1,568	1,568	-	677	677
Mortgage interest and charges	-	3,169	3,169	-	3,232	3,232
Sundry expenses	-	1,308	1,308	-	328	328
Depreciation						
- fixtures and fittings	-	121	121	-	151	151
- freehold property	-	6,290	6,290	-	6,290	6,290
Thoros course costs						
Counsellors' expenses	-	37,775	37,775	-	2,849	2,849
Assessors - internal & external	-	4,174	4,174	-	-	-
NCS accreditation fees	-	550	550	-	-	-
Repairs and maintenance	-	812	812	-	-	-
Advertising	-	1,050	1,050	-	9	9
Cleaning	-	970	970	-	60	60
Printing, postage & stationery	-	942	942	-	14	14
Internet	-	607	607	-	36	36
Bank charges	-	138	138	-	9	9
Sundry expenses	-	1,522	1,522	-	36	36
Governance costs						
Independent examiner's fees						
- current year	-	2,500	2,500	-	2,500	2,500
- prior year under/(over)-provision	-	500	500	-	(100)	(100)
Data Protection registration	-	35	35	-	35	35
	16,867	166,402	183,269	2,500	112,379	114,879

5. EMPLOYEES

	2022 £	2021 £
Gross salary	29,043	28,965
Pension costs	685	685
	29,728	29,650

The charity had 1 full-time employee during the year to 30 September 2022. (2021: 1 full-time)

No employee received employee benefits of more than £60,000 (2021: nil).

6. TAXATION

As a charity, New Romney Counselling Services Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2020: nil).

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

7. KEY MANAGEMENT PERSONNEL, TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charitable company on a day to day basis. In the year ended 30 September 2022, the charity paid 3 trustees and directors, £27,857 in respect of individual clinical counselling, tutoring and supervision sessions (2021: £12,797). The other trustees confirm that the amount paid is in the charity's best interests and reasonable for the service provided. Payments totalling £2,574 were made to 4 trustees (2021: £185) for reimbursement of expenses personally paid.

There were no other related party transactions. No other payments were made to any trustee/director.

8. FIXED ASSETS

	Freehold property £	Fixtures & fittings £	Total £
COST			
At 1 October 2021	162,898	2,480	165,378
At 30 September 2022	162,898	2,480	165,378
DEPRECIATION			
At 1 October 2021	41,210	1,874	43,084
Charge for the year	6,290	121	6,411
At 30 September 2022	47,500	1,995	49,495
NET BOOK VALUE			
At 30 September 2022	115,398	485	115,883
	121,688	606	122,294

9. DEBTORS

	2022 £	2021 £
Debtors	840	940
Legacies receivable	-	77,761
	840	78,701

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Charity Bank loan	2,243	2,114
Creditors	9,204	9,551
PAYE, NIC & pension	417	429
Deferred Income	17,339	22,685
Accruals	2,500	2,500
	31,703	37,279

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022 £	2021 £
Charity Bank loan (falling due in 2-5 years)	10,564	9,902
Charity Bank loan (falling due after 5 years)	51,226	54,130
	61,790	64,032

The Charity Bank Limited has a fixed charge dated 2 April 2014 over the charitable company's freehold property at 45 High Street, New Romney, TN28 8AH.

The Charity Bank Limited also has a charge dated 25 November 2013 on the company's deposit account held with it.

Interest is payable at 6.5% per annum.

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2022			2021		
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed assets	115,883	-	115,883	122,294	-	122,294
Net current assets	79,661	3,833	83,494	87,461	500	87,961
Creditors falling due after more than one year	(61,790)	-	(61,790)	(64,032)	-	(64,032)
	133,754	3,833	137,587	145,723	500	146,223

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

13. MOVEMENT IN FUNDS

	At 1 Oct 2021 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2022 £
Restricted Funds:					
Tudor Trust	-	15,000	(15,000)	-	-
Albert Hall Trust	-	4,000	(667)	-	3,333
Other	-	1,200	(1,200)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	500	20,200	(16,867)	-	3,833
Unrestricted Fund	145,723	156,526	(168,495)	-	133,754
	146,223	176,726	(185,362)	-	137,587

	At 1 Oct 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2021 £
Restricted Funds:					
Tudor Trust	-	2,500	(2,500)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	500	2,500	(2,500)	-	500
Unrestricted Fund	96,548	162,732	(113,557)	-	145,723
	97,048	165,232	(116,057)	-	146,223

Folkestone & Hythe District Council - towards the cost of Tool-Box talks.

Tudor Trust - towards the cost of an assistant co-ordinator for the year to August 2022.

Albert Hall Trust - to assist in cases of financial hardship.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: 45 High Street, New Romney, Kent TN28 8AH

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales - Charity number 1086776

Accounts

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company Number : 04010166

Registration Charity Number : 1086776

ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2021

NEW ROMNEY COUNSELLING SERVICES LIMITED

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**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Rosalind Russell
Susan Doyle (appointed 16 June 2021)
Susan Gilks
Virginia Godden
Janet Leavey
Richard McQuirke
Ken Russell-Pollock

Other member

Andrew Dennis

Company Secretary

Rosalind Russell

Company registration number

04010166

Registered Charity number

1086776

Registered office

45 High Street
New Romney
Kent
TN28 8AH

Website

www.newromneycounsellingservices.co.uk

Trading name

The charity shop trades under the name 'Faith, Hope & Charity'

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Old Printers House, Stone Street, Cranbrook, Kent, TN17 3HF

Bankers

Natwest Bank – 20 High Street, Ashford, Kent. TN24 8SH
CAF Bank Ltd – 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 45Q
Charity Bank Limited – 194 High Street, Tonbridge, Kent. TN9 1BE

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 30 September 2020.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charity's objectives (as amended on 10 May 2013) are:

- To relieve persons who are mentally or emotionally disturbed or distressed by the provision of a counselling service for such persons.
- To advance education by conducting, where appropriate, study and research into methods of treatment of such persons and to publish the useful results of such study and research.
- To advance education by training persons in counselling so that they may assist in the treatment of persons suffering from mental or emotional disorders or problems.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Achievements, performance and plans for future periods.

In the period covered by this report, **473** assessments were conducted and our team of **39** counsellors delivered **8,329** counselling sessions. In addition to our existing clients, many of whom are receiving long term therapy, we were able to offer counselling to **379** new clients (329 adults and 50 children).

NRCS has experienced another very challenging year in which every operational aspect of our organisation has continued to be severely impacted by the Covid-19 pandemic. With restrictions remaining in place for much of the year and mindful that our work involves working with many people in the vulnerable category (susceptible to Covid), we have largely continued to deliver counselling via remote platforms such as zoom or by telephone. We began a gradual re-opening of the counselling centre in September, marking a slow return to face-to-face counselling.

At the beginning of the Pandemic in the previous year, about 80% of our clients who were receiving face-to-face counselling, switched to remote delivery and maintained their session payments at similar levels. As new clients have been taken on, we have had to adopt a more flexible view on session donations, in many cases accepting reduced amounts. Much of our client demographic has been hit hard by the pandemic with reduced working hours and job losses. The rise in the cost of living is also affecting donation levels and this is reflected in the total donations for counselling sessions of £66,024 down from £74,981 for the previous year, with a very similar total of sessions delivered overall.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021

In addition, remote delivery also meant a switch to electronic payments and with present staffing levels and systems generally geared towards cash payments at reception, NRCS have struggled to monitor session donations. We have recently put in place an effective monitoring system of cross checking the bank statements with present client lists. Sue Doyle, an NRCS Director and Michelle, are working on this together on a monthly basis to ensure donations are paid and at agreed amounts.

We re-opened the counselling centre for a phased return to face-to-face sessions in September with enhanced safety measures in place. Although numbers have been slow in returning, we are now seeing a steady trend, moving towards previous pandemic attendance levels. It is anticipated that client numbers paying cash at reception will rise and help to alleviate monitoring requirements. It should be noted that we will continue to offer remote counselling in addition to 'in person' sessions.

Demand for counselling has continued to grow and we are seeing sharp rises in anxiety related issues connected to the impact, or legacy of covid, particularly related to previous extended lockdown periods and isolation. Loss of confidence, social anxiety and fears around new variants of the disease, particularly amongst vulnerable people, are impacting the community which we serve. We delivered 35 additional sessions against the previous year, with fewer counsellors (35). Assessments are conducted as quickly as possible and clients allocated to counsellors shortly after assessment, but our waiting list however, is growing significantly reflecting the increased demand.

For much of the year, covid lockdowns and social distance requirements have curtailed our usual fundraising efforts and associated income streams. The Charity shop was re-opened in April however, many of the volunteers who previously worked in the shop were in the vulnerable category and remained shielding. Recruiting new volunteers has taken time and the shop was for a number of months, open on a reduced hour's basis. Since September, the shop has been fully open and we are beginning to see income streams returning to near pre-pandemic levels.

Our fund raising programme which has been shut down since the pandemic began, has been re-activated and planning of future fund raising events began in September. Several events have taken place during October and November which were successful. With the removal of social distancing requirements, a full programme of events is now planned throughout 2022.

NRCS have for some time, enjoyed a close working alliance with Thoros, an educational facility operated by Rosalind Russell which teaches accredited counselling courses. NRCS accepts a number of students each year for their clinical placement work, which is a conditional requirement in order to complete their professional counselling training to become qualified counsellors.

In June, Rosalind notified the NRCS board of directors that she was reviewing her professional commitments with a view to reducing working hours and was considering stepping back from Thoros. More focussed discussions identified opportunities for NRCS to take ownership and continue to operate Thoros with Rosalind remaining in post as its principle and supported by NRCS staff. The Vice Principle and existing course Tutors will also remain in place. Detailed negotiations and agreements were completed in August and the formal acquisition was completed on the 1st of September.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021

It should be noted that Thoros has achieved a rating of **'outstanding'** by an external Assessor for the National Counselling Society.

Thoros represents several key opportunities for NRCS. It is believed that there are very few counselling services – if any, who are able to provide recognised, accredited counselling courses. It adds power to the 'NRCS' brand and raises the organisations profile both in professional circles and in terms of our public reach and social engagement. A marketing campaign is being planned to engage with potential clients and students alike.

In financial terms, based on a review of a number of previous year's accounts, it is anticipated that Thoros will deliver a revenue stream of approx. £18K - £20K per annum. With September being the start of the academic year, many students have pre-paid their course fees, with over £13k being received. Much of this income has had to be apportioned due to payments for future work. In this regard, the bulk of the income will therefore appear in the next set of accounts. It is anticipated that some students will pay throughout the year with amounts contributing to monthly totals significantly smaller than total income received by Thoros during September.

It is anticipated that by bringing ownership under the umbrella of NRCS, it will assist with access and influence to Counsellors who are willing to offer their services in supporting NRCS to deliver affordable, professional counselling, hopefully enabling an up lift in total sessions delivered.

In June Solicitors acting for the estate of Mrs Murthwaite, notified the Trustees of a legacy of £77,761. This incredible amount of money was completely unexpected and a subsequent review of NRCS records showed no indication of Mrs Murthwaite ever having attended counselling. An interim payment of £70,000 was initially made and the balance of £7,761 was recently received. The Trustees are presently considering a range of potential projects and priorities which some of the money could fund. A priority list, together with potential budgets and timescales is presently being drafted for discussion and voting. It is intended that some of the money will be kept in reserve and will be discussed at the March board meeting.

It is anticipated that a priority project will be the launch of a new mobile counselling facility. NRCS successfully operated such a service some years ago and the idea has been recently discussed prior to the legacy notification. Research is presently underway to identify needs and opportunities. If research indicates a demand for this service, the Trustees will develop a budget/business plan to move the project forward.

NRCS were successful in securing a grant of £30,000 restricted funds from Tudor Trust to support the costs of an assistant coordinator. The grant represents contributions for two years and £15,000 of this is shown in this year's accounts. Following interviews with a range of applicants, an assistant coordinator has been appointed and started in September. Siobhan has a range of core skills and commercial experience which will support the operational needs of NRCS moving forward. Siobhan has quickly demonstrated a broad understanding of our operational priorities as we move beyond the restrictions and limitations caused by the pandemic. Part of her role will be to complete grant funding applications as we look to increase total revenues. Siobhan has shown early initiative and considerable success in assisting with several recent fundraising events and has taken a lead role in overseeing the charity shop operation.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021

To support Siobhan's efforts and in line with the Trustees priority to significantly upscale grant funding applications, a workshop is being arranged with an experienced bid writer (a board members son-in-law), to assist in developing a strategy to focus on this key objective and improve the quality of applications.

In summary, NRCS has experienced another very difficult year however, with a stable and cohesive management team, the trustees, staff and volunteers have worked together to successfully navigate and mitigate the unprecedented impact of the pandemic. The team are thrilled to have added value to the NRCS brand, with the acquisition of Thoros and are looking to leverage social media and marketing opportunities to raise the NRCS profile and increase awareness of our training courses.

The Trustees are excited to receive a significant legacy, providing 'unrestricted funds' and much of this will be used to support a range of initiatives designed to increase the provision of counselling. However, with confidence growing that lockdowns and social distance measures are at long last behind us, the Trustees are laser focussed on the immediate future and the urgent need to reinvigorate previous fundraising activities, shut down due to the pandemic. The charity shop, a full fundraising events programme and the grant funding applications strategy are the immediate priorities as we move beyond the Covid crisis. The Trustees understand that the financial stability of NRCS will be achieved through the development of sustainable income streams.

With mental health very much in focus generally and a huge uplift in the demand for associated support and services, NRCS has an important part to play in the provision of counselling within our local and wider community. Demand also provides opportunity to explore new areas of work such as remote delivery which removes geographical boundaries to our counselling services and provides access to new client sources.

Financial Review

The charity recorded a surplus for the year of £49,175 compared to a surplus of £8,152 in the previous year - a positive change of £41,023. Total income increased by £29,099 or just over 21%, while total expenditure fell by £11,924, a reduction of just over 9% with expenditure on raising funds decreasing by 81% and charitable activities just under 6%.

Reserves Policy

At the year end the charity had total funds of £146,223 (2020 £97,048) of which £145,723 (2020 £96,548) are unrestricted. The trustees' policy on reserves is to retain a sufficient level to meet its operating commitments.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Organisation, Structure and Governance

New Romney Counselling Services Limited is a charitable company limited by guarantee. It was incorporated on 7 June 2000 and registered with the Charity Commission on 25 May 2001. It is governed by its Memorandum and Articles of Association. The members, trustees and directors are listed on page 1.

NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021

There is no maximum number of directors and the minimum number is two. Only a member of the company is eligible to be appointed as a director. Directors are subject to retirement by rotation and at each AGM one-third of the directors shall retire. If the vacancy is not filled, the retiring director, if willing to act, is deemed to have been re-appointed.

The Board meets regularly to administer the charity. The Board reviews the management, fund-raising, and financial status and agrees strategy for the charity. Each member has one vote.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 24 March 2022 and signed on its behalf by:

Ms R Russell

Director & Secretary

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2021

I report to the charity trustees on the accounts of the charitable company for the year ended 30 September 2021, which are set out on pages 8 to 15.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Old Printers House
Stone Street
Cranbrook
Kent TN17 3HF

Date:

NEW ROMNEY COUNSELLING SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

	Notes	Restricted Funds £	Unrestricted Funds £	2021 £	Restricted Funds £	Unrestricted Funds £	2020 £
Income from:							
Donations and legacies	2	2,500	83,544	86,044	-	39,360	39,360
Fund-raising events		-	-	-	-	5,560	5,560
Charitable activities -							
Charges for counselling sessions		-	66,024	66,024	-	74,981	74,981
Outreach programme		-	5,480	5,480	-	10,560	10,560
Course income		-	3,790	3,790	-	-	-
Other trading activities -							
Shop sales		-	3,887	3,887	-	5,657	5,657
Investments -							
Bank interest		-	7	7	-	15	15
Total income		2,500	162,732	165,232	-	136,133	136,133
Expenditure on:							
Raising funds	3	-	1,178	1,178	-	6,354	6,354
Charitable activities	4	2,500	112,379	114,879	-	121,627	121,627
Total expenditure		2,500	113,557	116,057	-	127,981	127,981
Net income		-	49,175	49,175	-	8,152	8,152
Transfers between funds		-	-	-	-	-	-
Net movement in funds		-	49,175	49,175	-	8,152	8,152
Reconciliation of funds:							
Total funds brought forward		500	96,548	97,048	500	88,396	88,896
Total funds carried forward		500	145,723	146,223	500	96,548	97,048

The notes on pages 10 to 15 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

BALANCE SHEET AS AT 30 SEPTEMBER 2021

	Notes	2021 £	2020 £
FIXED ASSETS:			
Tangible assets	8	122,294	128,735
CURRENT ASSETS:			
Debtors	9	78,701	1,613
Cash at bank and in hand		46,539	42,924
Total current assets		<u>125,240</u>	<u>44,537</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	10	(37,279)	(10,406)
Net current assets		87,961	34,131
Total assets less current liabilities		210,255	162,866
Creditors: amounts falling due after more than one year:	11	(64,032)	(65,818)
NET ASSETS		<u>146,223</u>	<u>97,048</u>
THE FUNDS OF THE CHARITY:			
Restricted funds	12	500	500
Unrestricted funds	12	145,723	96,548
TOTAL CHARITY FUNDS	13	<u>146,223</u>	<u>97,048</u>

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 24 March 2022 and signed on their behalf.

Ms R Russell - Trustee/Director

Mr R McQuirke - Trustee/Director

The notes on pages 10 to 15 form part of these financial statements.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial resources when the charity is entitled to the income, it is probable that the resources will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of legacies grants, donations and gifts. In accordance with the Charities SORP (FRS102), shop volunteer time is not recognised.

A legacy is recognised when it is probable that it will be received. Receipt is normally probable when there has been grant of probate, the executors have established that there are sufficient assets in the estate, after settling any liabilities, to pay the legacy; and any conditions attached to the legacy are either within the control of the charity or have been met.

Income from grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Other trading activities comprises income from shop sales. The income derives from the sale of second-hand goods and is recognised at the point of sale.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with operating its shops selling second-hand goods.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Freehold land and buildings - 10% per annum

Fixtures and fittings - 20% per annum reducing balance

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	2021 £	Restricted £	Unrestricted £	2020 £
Donations	-	5,783	5,783	-	6,372	6,372
Gift Aid reclaim	-	-	-	-	1,322	1,322
Legacies	-	77,761	77,761	-	-	-
Grants	2,500	-	2,500	-	31,666	31,666
	2,500	83,544	86,044	-	39,360	39,360

3. EXPENDITURE ON RAISING FUNDS

	Restricted £	Unrestricted £	2021 £	Restricted £	Unrestricted £	2020 £
Fund-raising event costs	-	-	-	-	5,007	5,007
Shop expenses						
Rent and rates	-	14	14	-	(197)	(197)
Light and heat	-	61	61	-	425	425
Mortgage interest and charges	-	1,077	1,077	-	1,105	1,105
Sundry expenses	-	26	26	-	14	14
	-	1,178	1,178	-	6,354	6,354

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2021 £	Restricted £	Unrestricted £	2020 £
Counselling costs						
Counsellors' expenses	-	46,987	46,987	-	52,775	52,775
Supervisor expenses	-	11,622	11,622	-	15,060	15,060
Wages and salaries (note 5)	-	29,650	29,650	-	30,219	30,219
Office administration and cleaning	2,500	4,402	6,902	-	6,152	6,152
Rent and rates	-	42	42	-	(590)	(590)
Light and heat	-	183	183	-	1,274	1,274
Telephone	-	1,119	1,119	-	995	995
Insurance	-	1,250	1,250	-	1,160	1,160
Printing, postage and stationery	-	677	677	-	696	696
Maintenance and equipment	-	186	186	-	510	510
Advertising and promotional	-	135	135	-	135	135
Computer costs	-	677	677	-	448	448
Mortgage interest and charges	-	3,232	3,232	-	3,315	3,315
Sundry expenses	-	328	328	-	704	704
Depreciation						
- fixtures and fittings	-	151	151	-	189	189
- freehold property	-	6,290	6,290	-	6,290	6,290
Teaching costs						
Tutor fees	-	2,849	2,849	-	-	-
Advertising	-	9	9	-	-	-
Cleaning	-	60	60	-	-	-
Printing, postage & stationery	-	14	14	-	-	-
Internet	-	36	36	-	-	-
Bank charges	-	9	9	-	-	-
Sundry expenses	-	36	36	-	-	-
Governance costs						
Independent examiner's fees						
- current year	-	2,500	2,500	-	2,500	2,500
- prior year under/(over)-provision	-	(100)	(100)	-	(240)	(240)
Data Protection registration	-	35	35	-	35	35
	2,500	112,379	114,879	-	121,627	121,627

5. EMPLOYEES

	2021 £	2020 £
Gross salary	28,965	29,521
Pension costs	685	698
	29,650	30,219

The charity had 1 full-time employee during the year to 30 September 2021. (2020: 1 full-time)

No employee received employee benefits of more than £60,000 (2020: nil).

6. TAXATION

As a charity, New Romney Counselling Services Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2020: nil).

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

7. KEY MANAGEMENT PERSONNEL, TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charitable company on a day to day basis. In the year ended 30 September 2021, the charity paid three trustees and directors, £12,797 in respect of individual clinical counselling, tutoring and supervision sessions (2020: £18,538). The other trustees confirm that the amount paid is in the charity's best interests and reasonable for the service provided. Payments totalling £185 were made to two trustees (2020: £363) for reimbursement of expenses personally paid, comprising £135 for advertising costs and £50 for sundry items

There were no other related party transactions. No other payments were made to any trustee/director.

8. FIXED ASSETS

	Freehold property £	Fixtures & fittings £	Total £
COST			
At 1 October 2020	162,898	2,480	165,378
At 30 September 2021	162,898	2,480	165,378
DEPRECIATION			
At 1 October 2020	34,920	1,723	36,643
Charge for the year	6,290	151	6,441
At 30 September 2021	41,210	1,874	43,084
NET BOOK VALUE			
At 30 September 2021	121,688	606	122,294
At 30 September 2020	127,978	757	128,735

9. DEBTORS

	2021 £	2020 £
Debtors	940	1,283
Legacies receivable	77,761	-
Gift aid recoverable	-	330
	78,701	1,613

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Charity Bank loan	2,114	975
Creditors	9,551	6,498
PAYE, NIC & pension	429	433
Deferred Income	22,685	-
Accruals	2,500	2,500
	37,279	10,406

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2021 £	2020 £
Charity Bank loan (falling due in 2-5 years)	9,902	9,244
Charity Bank loan (falling due after 5 years)	54,130	56,574
	64,032	65,818

The Charity Bank Limited has a fixed charge dated 2 April 2014 over the charitable company's freehold property at 45 High Street, New Romney, TN28 8AH.

The Charity Bank Limited also has a charge dated 25 November 2013 on the company's deposit account held with it.

Interest is payable at 6.5% per annum.

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2021			2020		
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed assets	122,294	-	122,294	128,735	-	128,735
Net current assets	87,461	500	87,961	33,631	500	34,131
Creditors falling due after more than one year	(64,032)	-	(64,032)	(65,818)	-	(65,818)
	145,723	500	146,223	96,548	500	97,048

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

13. MOVEMENT IN FUNDS

	At 1 Oct 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2021 £
Restricted Funds:					
Tudor Trust	-	2,500	(2,500)	-	-
Folkestone & Hythe District Council	500	-	-	-	500
	500	2,500	(2,500)	-	500
Unrestricted Fund	96,548	162,732	(113,557)	-	145,723
	97,048	165,232	(116,057)	-	146,223

	At 1 Oct 2019 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2020 £
Restricted Funds:					
Folkestone & Hythe District Council	500	-	-	-	500
	500	-	-	-	500
Unrestricted Fund	88,396	136,133	(127,241)	-	97,288
	88,896	136,133	(127,241)	-	97,788

Folkestone & Hythe District Council - towards the cost of Tool-Box talks.

Tudor Trust - towards the cost of an assistant co-ordinator for the year to August 2022.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: 45 High Street, New Romney, Kent TN28 8AH

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

NEW ROMNEY COUNSELLING SERVICES LTD

England & Wales - Charity number 1086776

Accounts



NEW ROMNEY COUNSELLING SERVICES LIMITED

Company Number: 04010166

Registered Charity Number: 1086776

TRUSTEES' REPORT & ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2020

NEW ROMNEY COUNSELLING SERVICES LIMITED

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**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2020**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Rosalind Russell
Virginia Godden
Raymond Russell (resigned 15 June 2020)
Lindsay Thompson (resigned 25 July 2020)
Susan Gilks
Janet Leavey
Ken Pollock (appointed 24 September 2020)
Richard McQuirke

Other member

Andrew Dennis

Company Secretary

Rosalind Russell

Company registration number

04010166

Registered Charity number

1086776

Registered office

45 High Street
New Romney
Kent
TN28 8AH

Website

www.newromneycounsellingservices.co.uk

Trading name

The charity shop trades under the name 'Faith, Hope & Charity'

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Old Printers House, Stone Street, Cranbrook, Kent, TN17 3HF

Bankers

Natwest Bank – 20 High Street, Ashford, Kent. TN24 8SH
CAF Bank Ltd – 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 45Q
Charity Bank Limited – 194 High Street, Tonbridge, Kent. TN9 1BE

**NEW ROMNEY COUNSELLING SERVICES LIMITED
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 30 SEPTEMBER 2020**

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 30 September 2020.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charity's objectives (as amended on 10 May 2013) are:

- To relieve persons who are mentally or emotionally disturbed or distressed by the provision of a counselling service for such persons.
- To advance education by conducting, where appropriate, study and research into methods of treatment of such persons and to publish the useful results of such study and research.
- To advance education by training persons in counselling so that they may assist in the treatment of persons suffering from mental or emotional disorders or problems.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Achievements, performance and plans for future periods.

For 21 years NRCS have built up a reputation of offering affordable, long-term counselling to a wide range of clients throughout East Kent and it is evident that this service fulfils an essential need, particularly now during the global pandemic of Covid-19. Referrals are received from Doctors, Schools, NHS, the local Mental Health team and Police. In addition, we receive many self-referrals, which has significantly increased throughout the year. We are often asked to take on clients from NHS-funded counselling organisations in the area, that are unable to cope with some client issues and sometimes offering only short-term support. Clients often come on the recommendations of ex-clients who have been helped in the past.

Requests for counselling from individuals and couples are dealt with as quickly as possible to avoid a lengthy waiting list. Assessments are arranged to consider people's needs and gauge their level of distress so that they can be accommodated with an appropriate counsellor.

In the period covered by this report, **459** prospective clients were assessed and our team of 49 counsellors provided **8,294** sessions. As well as our long-term clients, we were able to offer counselling support to **344** new clients (308 adults and 36 children).

With the outbreak of Covid-19 and in accordance with Government guidance and National restrictions introduced in March 2020, both the counselling centre and the Charity shop had to close. However, all of

the existing clients were contacted within several days and offered either telephone counselling or zoom sessions to continue their therapy. Approx.80% of clients opted to continue counselling via these options.

Through a strong social media campaign, website notifications and regular updates we were able to raise awareness of our service and inform the local and wider community that the service remains open for counselling, with assessments and counselling being safely provided by remote platforms. It is worth noting that during the period covered by this report we provided an additional **2320** sessions than the previous year and strongly reflects the significant increase in demand for counselling due to a mental health crisis, largely attributed to the pandemic. Clients are reporting that in many cases furlough arrangements, reduced working hours and job losses are impacting their ability to maintain previous levels of donations for their sessions.

Due to the National lock down, restrictions and Government guidance on social distancing, the Counselling centre has remained closed throughout the pandemic for face-to-face counselling. The Charity shop has also had to remain shut severing an important income source. A comprehensive programme of fundraising events has not been able to take place for 6 months, all of which has significantly impacted on revenue streams. Our fundraising programme for the 6 month period prior to lockdown raised **£5,560.34**.

Initiatives previously planned for toolbox talks in schools, outreach contracts and stress management workshops have also had to be benched due to social distancing restrictions and spending fears from client organisations during uncertain times. It is anticipated that as Covid restrictions ease, we will review our intended commercial initiatives and adjust accordingly to suit needs and opportunities at that point.

It is clear that these extraordinary times have driven a surge in demand for counselling and mental wellbeing related services and New Romney Counselling is well placed to respond to new opportunities as and when restrictions are removed. Particular areas of focus will be NHS staff, schools - both staff and pupils and our toolbox talks on mental wellbeing are ready to go for this purpose. When the counselling centre re-opens for face-to-face counselling, we will continue to offer counselling via remote platforms as well, which will increase client donations overall. Feedback from questionnaires has been very positive regarding remote counselling, particularly amongst the younger demographic, feeling more comfortable. We see this as a natural opportunity to significantly increase the number of sessions we are able to deliver.

We have continued our arrangement with a local college for placement of student counsellors within the service. This enables them to accrue clinical placement hours necessary to achieve their counselling qualifications. Many students stay on after their placement is completed, providing a steady increase in available counsellors to meet increased demand.

Early, pro-active engagement with emergency funding initiatives aimed at assisting charities during the pandemic enabled us to secure significant sums, totalling £33,055.56. Further funding applications have been submitted and are awaiting decisions. Current work schedules have been redesigned to enable greater focus on regular grant funding application submissions and in addition, several bid writers have been engaged to assist with this process. During the next 12 months we are targeting over £55,000.00 of grant funding.

In summary, New Romney Counselling Service has experienced a very tough year during unprecedented and extraordinary circumstances - however, we were able to react swiftly and very successfully in switching to delivering counselling via remote platforms and retained 80% of existing clients at that point. Additionally, we have managed to increase the total number of sessions delivered on the previous year by 2320.

The loss of 2 directors Ray Russell and Lindsay Thompson who resigned in June and July respectively, dealt a blow to the management team during a difficult year however, the changes have brought the team closer and achieved strong unity and renewed focus. The Appointment in September of Ken Pollock as a Director and Trustee and long term supporter of the organisation, is warmly welcomed and strengthens the team with his experience and knowledge of the relationship between physical fitness and greater mental wellbeing, in addition to his experience as secretary to an internationally renowned Tennis club. It is intended to appoint an additional unpaid director, Ms Sue Doyle, who currently operates our social media campaigns and manages the website.

The Trustees are encouraged by the increased numbers of counselling sessions delivered from the previous year and with restrictions on social distancing still in place and an uncertain timeframe for national easing of measures, remain focussed on meeting an increased demand for mental health services via remote platforms. The continued impact of Covid -19 is preventing the organisation from receiving historically relied upon income streams from shop sales and a vigorous campaign of fund raising. A redoubling of efforts on grant funding applications is beginning to bear fruit and will remain a critical focus area throughout the new financial year. Planned initiatives designed to extend mental health and wellbeing support to schools and local businesses will be rolled out as restrictions are lifted and the Trustees are confident that demand will be high due to the long term mental health effects brought about as a result of the Pandemic.

Financial Review

The charity recorded a surplus for the year of £8,152 compared to a surplus of £1,900 in the previous year - a positive change of £6,252. Total income increased by £12,992 or just over 10%, while total expenditure increased by £6,740 just over 5%, with expenditure on raising funds increasing by 160% and charitable activities just over 2%.

Reserves Policy

At the year end the charity had total funds of £97,048 (£88,896) of which £96,548 (£88,396) are unrestricted. The trustees' policy on reserves is to retain a sufficient level to meet its operating commitments.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Organisation, Structure and Governance

New Romney Counselling Services Limited is a charitable company limited by guarantee. It was incorporated on 7 June 2000 and registered with the Charity Commission on 25 May 2001. It is governed by its Memorandum and Articles of Association. The members, trustees and directors are listed on page 1. There is no maximum number of directors and the minimum number is two. Only a member of the company is eligible to be appointed as a director. Directors are subject to retirement by rotation and at each AGM one-third of the directors shall retire. If the vacancy is not filled, the retiring director, if willing to act, is deemed to have been re-appointed.

The Board meets regularly to administer the charity. The Board reviews the management, fund-raising, and financial status and agrees strategy for the charity. Each member has one vote.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 2 March 2021 and signed on its behalf by:



Ms R Russell
Director & Secretary

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2020

I report to the charity trustees on the accounts of the charitable company for the year ended 30 September 2020, which are set out on pages 7 to 14.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Old Printers House
Stone Street
Cranbrook
Kent TN17 3HF

Date: 6/3/2021

NEW ROMNEY COUNSELLING SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 SEPTEMBER 2020

	Note	Restricted Funds £	Unrestricted Funds £	2020 £	Restricted Funds £	Unrestricted Funds £	2019 £
Income from:							
Donations and legacies	2	-	39,360	39,360	500	15,338	15,838
Fund-raising events		-	5,560	5,560	-	4,682	4,682
Charitable activities -							
Charges for counselling sessions		-	74,981	74,981	-	72,830	72,830
Outreach programme		-	10,560	10,560	-	17,430	17,430
Other trading activities -							
Shop sales		-	5,657	5,657	-	12,287	12,287
Investments -							
Bank interest		-	15	15	-	74	74
Total income		-	136,133	136,133	500	122,641	123,141
Expenditure on:							
Raising funds	3	-	6,354	6,354	-	2,425	2,425
Charitable activities	4	-	121,627	121,627	-	118,816	118,816
Total expenditure		-	127,981	127,981	-	121,241	121,241
Net income		-	8,152	8,152	500	1,400	1,900
Transfers between funds		-	-	-	-	-	-
Net movement in funds		-	8,152	8,152	500	1,400	1,900
Reconciliation of funds:							
Total funds brought forward		500	88,396	88,896	500	86,496	86,996
Total funds carried forward		500	96,548	97,048	500	88,396	88,896

The notes on pages 9 to 14 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

NEW ROMNEY COUNSELLING SERVICES LIMITED

Company reg no. 04010166. Registered Charity no. 1086776.

BALANCE SHEET AS AT 30 SEPTEMBER 2020

	Notes	2020 £	2019 £
FIXED ASSETS:			
Tangible assets	8	128,735	135,215
CURRENT ASSETS:			
Debtors	9	1,613	4,514
Cash at bank and in hand		42,924	27,426
Total current assets		<u>44,537</u>	<u>31,940</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	10	<u>(10,406)</u>	<u>(11,932)</u>
Net current assets		<u>34,131</u>	<u>20,008</u>
Total assets less current liabilities		<u>162,866</u>	<u>155,223</u>
Creditors: amounts falling due after more than one year:	11	<u>(65,818)</u>	<u>(66,327)</u>
NET ASSETS		<u>97,048</u>	<u>88,896</u>
THE FUNDS OF THE CHARITY:			
Restricted funds	12	500	500
Unrestricted funds	12	<u>96,548</u>	<u>88,396</u>
TOTAL CHARITY FUNDS	13	<u>97,048</u>	<u>88,896</u>

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on *2 March* 2021 and signed on their behalf.



Ms R Russell - Trustee/Director



Mr R McQuirke - Trustee/Director

The notes on pages 9 to 14 form part of these financial statements.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial resources when the charity is entitled to the income, it is probable that the resources will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts. In accordance with the Charities SORP (FRS102), shop volunteer time is not recognised.

Other trading activities comprises income from shop sales. The income derives from the sale of second-hand goods and is recognised at the point of sale.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with operating its shops selling second-hand goods.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Freehold land and buildings - 10% per annum

Fixtures and fittings - 20% per annum reducing balance

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	2020 £	Restricted £	Unrestricted £	2019 £
Donations	-	6,372	6,372	-	13,046	13,046
Gift Aid reclaim	-	1,322	1,322	-	2,292	2,292
Grants	-	31,666	31,666	500	-	500
	-	39,360	39,360	500	15,338	15,838

3. EXPENDITURE ON RAISING FUNDS

	Restricted £	Unrestricted £	2020 £	Restricted £	Unrestricted £	2019 £
Fund-raising event costs	-	5,007	5,007	-	443	443
Shop expenses						
Rent and rates	-	(197)	(197)	-	275	275
Light and heat	-	425	425	-	443	443
Mortgage interest and charges	-	1,105	1,105	-	1,122	1,122
Sundry expenses	-	14	14	-	152	152
	-	6,354	6,354	-	2,435	2,435

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2020 £	Restricted £	Unrestricted £	2019 £
Counsellors' expenses	-	52,775	52,775	-	49,347	49,347
Supervisor expenses	-	15,060	15,060	-	14,036	14,036
Wages and salaries (note 5)	-	30,219	30,219	-	28,918	28,918
Office administration and cleaning	-	6,152	6,152	-	6,078	6,078
Rent and rates	-	(590)	(590)	-	826	826
Light and heat	-	1,274	1,274	-	1,328	1,328
Telephone	-	995	995	-	825	825
Insurance	-	1,160	1,160	-	1,227	1,227
Printing, postage and stationery	-	696	696	-	648	648
Maintenance and equipment	-	510	510	-	331	331
Advertising and promotional	-	135	135	-	314	314
Computer costs	-	448	448	-	449	449
Mortgage interest and charges	-	3,315	3,315	-	3,365	3,365
Sundry expenses	-	704	704	-	1,133	1,133
Depreciation						
- fixtures and fittings	-	189	189	-	606	606
- freehold property	-	6,290	6,290	-	6,290	6,290
Governance costs						
Independent examiner's fees						
- current year	-	2,500	2,500	-	2,640	2,640
- prior year under/(over)-provision	-	(240)	(240)	-	420	420
Data Protection registration	-	35	35	-	35	35
	-	121,627	121,627	-	118,816	118,816

5. EMPLOYEES

	2020 £	2019 £
Gross salary	29,521	28,370
Pension costs	698	548
	30,219	28,918

The charity had 1 full-time employee during the year to 30 September 2020. (2019: 1 full-time)

No employee received employee benefits of more than £60,000 (2019: nil).

6. TAXATION

As a charity, New Romney Counselling Services Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2019: nil).

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

For the year ended 30 September 2020, the charity paid three trustees and directors, £18,538 in respect of individual clinical counselling supervision sessions (2019: £14,720). The other trustees confirm that the amount paid is in the charity's best interests and reasonable for the service provided. Payments totalling £363 were made to two trustees (2019: £212) for reimbursement of expenses personally paid comprising £139 for new equipment and £224 for fund-raising expenditure.

Donations received from trustees and other related parties without conditions during the year totalled £1,950 (2019: £750).

There were no other related party transactions. No other payments were made to any director.

8. FIXED ASSETS

	Freehold property £	Fixtures & fittings £	Total £
COST			
At 1 October 2019	162,898	2,480	165,378
At 30 September 2020	162,898	2,480	165,378
DEPRECIATION			
At 1 October 2019	28,630	1,534	30,164
Charge for the year	6,290	189	6,479
At 30 September 2020	34,920	1,723	36,643
NET BOOK VALUE			
At 30 September 2020	162,898	757	128,735
At 30 September 2019	134,268	946	135,214

9. DEBTORS

	2020 £	2019 £
Debtors	1,283	4,220
Gift aid recoverable	330	294
	<u>1,613</u>	<u>4,514</u>

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2020	2019
	£	£
Charity Bank loan	975	1,786
Creditors	6,498	6,955
PAYE, NIC & pension	433	551
Accruals	2,500	2,640
	10,406	11,932

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR	2020	2019
	£	£
Charity Bank loan (falling due in 2-5 years)	9,244	8,468
Charity Bank loan (falling due after 5 years)	56,574	57,859
	65,818	66,327

The Charity Bank Limited has a fixed charge dated 2 April 2014 over the charitable company's freehold property at 45 High Street, New Romney, TN28 8AH.

The Charity Bank Limited also has a charge dated 25 November 2013 on the company's deposit account held with it.

Interest is payable at 6.5% per annum.

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2020			2019		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Fixed assets	128,735	-	128,735	135,215	-	135,215
Net current assets	33,631	500	34,131	19,508	500	20,008
Creditors falling due after more than one year	(65,818)	-	(65,818)	(66,327)	-	(66,327)
	96,548	500	97,048	88,396	500	88,896

NEW ROMNEY COUNSELLING SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

13. MOVEMENT IN FUNDS

	At 1 Oct 2019 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2020 £
Restricted Funds:					
Folkestone & Hythe District Council	500	-	-	-	500
	500	-	-	-	500
Unrestricted Fund	88,396	136,133	(127,981)	-	96,548
	88,896	136,133	(127,981)	-	97,048

	At 1 Oct 2018 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 30 Sept 2019 £
Restricted Funds:					
Folkestone & Hythe District Council	-	500	-	-	500
Kent Community Fund	500	-	-	(500)	-
	500	500	-	(500)	500
Unrestricted Fund	86,496	122,641	(121,241)	500	88,396
	86,996	123,141	(121,241)	-	88,896

Folkestone & Hythe District Council - towards the cost of Tool-Box talks

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: 45 High Street, New Romney, Kent TN28 8AH

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.