



# Annual Accounts

Jan - Dec 2022

Charity Number: 1086709

Address: 36 Fountayne Road London N16 7DT

Email: [sail4yp@gmail.com](mailto:sail4yp@gmail.com)

# Message from the Chair:

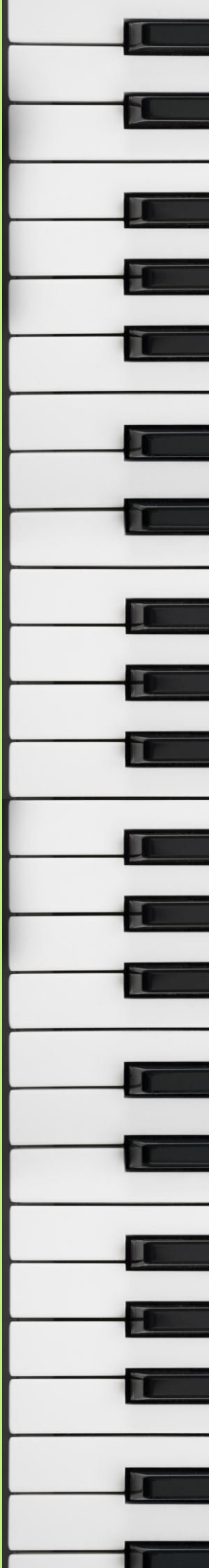

*As the Chair of SAIL's annual accounts, I proudly present this year's financial narrative under the resonant theme of Tuning In. Our organisation, much like a seasoned musician, understands the importance of attuning ourselves to the nuances of the world around us, especially when it comes to the challenges faced by the young teens of Hackney.*

*In the symphony of life struggles, where deprivation has become an unwelcome daily refrain for many, we embarked on a journey this year with Tuning In as our dual focus. Much like a musician collaborating with various instruments to create a harmonious piece, we joined forces with schools, youth counselors, and, most importantly, the teens themselves. Together, we sought to understand and collect the raw, unfiltered data that paints a vivid picture of the experiences faced by today's teens.*

*On another octave of our endeavors, we directed our efforts towards projects designed to encourage these young minds to tune into themselves. We aimed to raise awareness about how their circumstances shape their self-perception and, consequently, influence their choices and actions. In this regard, we engaged new mentors and counselors, akin to skilled instructors guiding musicians to refine their skills. These mentors played a crucial role in helping teens build resilience, confidence, and the willpower needed to fine-tune their emotional well-being and foster hope for a promising future.*

*As we compose this annual statement, our hearts resonate with immense gratitude towards our dedicated funders. It is their unwavering support that enables our work to sing on, creating melodies of positive change in the lives of those we serve. In the grand orchestration of our mission, every note, every effort, and every collaboration harmonizes to create a symphony of impact and transformation. Together, with the continued support of our patrons, we look forward to tuning in even more profoundly, amplifying the positive changes, and creating a brighter future for the young souls we are privileged to serve.*

Jamie Friedman  
Chair



# SAIL's COMMITMENT:



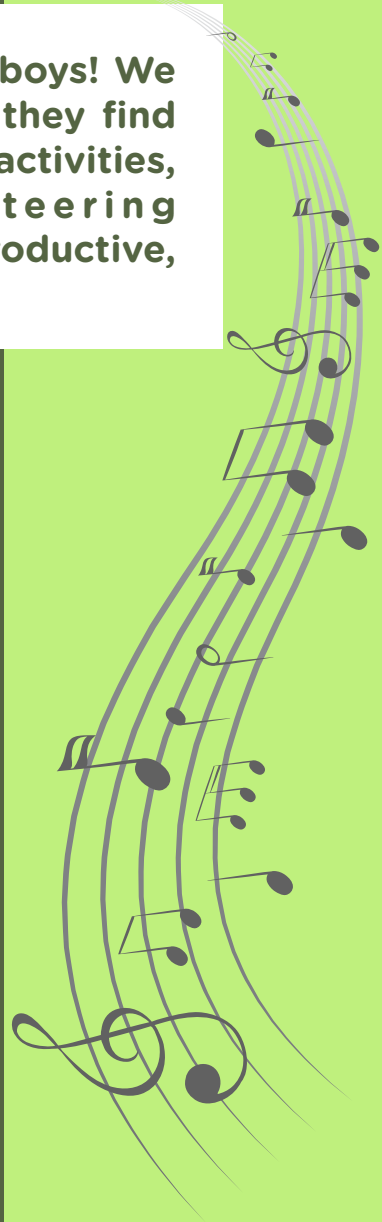
At SAIL we believe in every one of our boys! We elevate them from whichever situation they find themselves, and through empowering activities, emotional support and volunteering opportunities, we help them lead productive, stimulated and meaningful lives.

## OUR MISSION:

To allow avenue for every young person to access services and opportunities regardless of their financial and emotional means.

## OUR VISION:

To prevent disadvantage from shaping the futures of young people. With sufficient support, struggling teens are less motivated to using negative behaviours to relieve their pain.



# Projects in Harmony



## Breakfast Boxes

Breakfast Boxes - Addressing the impact of rising living costs, we distributed 100 breakfast boxes weekly, carefully curated with cost-effective yet nutritious options like granola, yogurt, whole wheat rolls, vegetable salad, and scrambled eggs.



## Teen Active Support group

Amidst the challenges posed by the increasing cost of living, our weekly support group provides a vital platform for teenagers to openly share their hardships and concerns. Facilitated by a professional coach, these sessions not only foster interactive discussions but also offer practical strategies to overcome challenges.



## Eat and Study Hub

Combining a cost-effective homework club with a daily warm meal, this initiative recognizes the financial strain on many youths due to escalating living costs. In the face of heightened hunger among teens, we aim to provide affordable sustenance for both body and mind.



## Leadership Skills

Our ongoing project continues to address the emotional stressors impacting self-esteem levels. These sessions focus on enhancing user voice, refining public speaking skills, and fostering social inclusion, acknowledging the emotional challenges faced by the participants.



## Go Green For Mental Health

Adapting to the challenges faced by teens, our Summer Club provided a well-balanced escape for over 100 participants. Daily activities, including biking, hiking, and various outdoor sports, offered a refreshing break from stressful schoolwork, rejuvenating spirits and preparing them for a new year with a focus on emotional well-being.



Amplifying Our



185  
YOUNG  
PEOPLE

5  
PROJECTS

19  
YOUTH  
WORKERS

1000S OF  
FREE  
MEALS

1 ANNUAL  
SUMMER  
CLUB





## 2022 IMPACT HIGHLIGHT:

*This year stands as another remarkable chapter in our journey, marked by significant successes and positive feedback that echo the dedication and hard work invested.*



*'SAIL made this summer unforgettable for me. It was my second year, and I can't wait to be back again.'*



*"Being a part of the Eat and Study Hub was like having a second home. The warm meals fuelled not just my body but also my determination to excel in my studies."*



*"Exploring leadership roles was a transformative experience. It taught me that leadership isn't just about guiding others; it's about understanding yourself and inspiring those around you."*



*"SAIL's Leadership Drive project helped me discover my strengths and gave me the confidence to lead. It's not just about becoming a leader; it's about becoming the best version of yourself."*



*"The Breakfast Boxes from SAIL not only filled my stomach but also filled my mornings with energy. It made me realize the importance of starting the day right."*

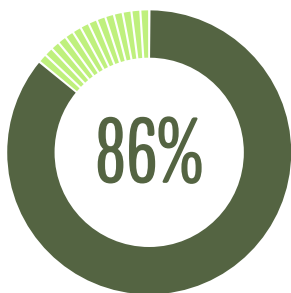
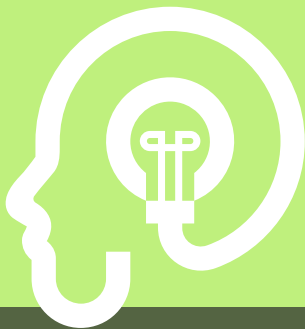


*'I come from a family facing financial challenges, and joining SAIL allowed me to experience a summer program I could only dream of. The daily meals were a highlight.'*

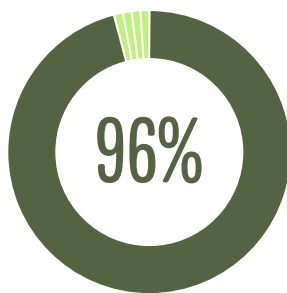


# Melodies of Progress:

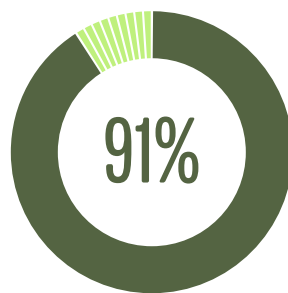
# EAT & STUDY HUB:



LESS  
HUNGER



MORE PEER  
SUPPORT



INCREASED  
ACADEMIC  
ACHIEVEMENTS

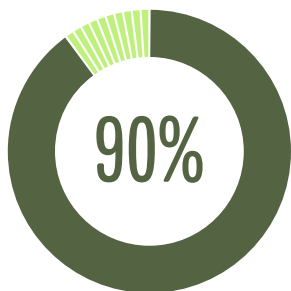




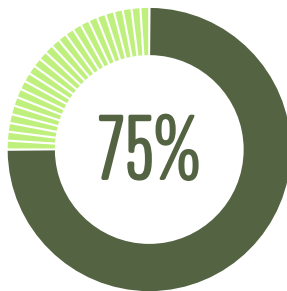


# Melodies of Progress:

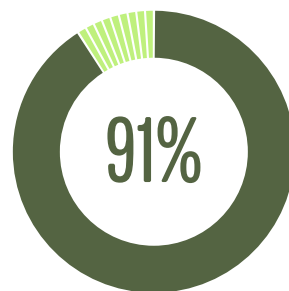
## TEEN ACTIVE SUPPORT GROUP:



INCREASED  
EMOTIONAL HEALTH



DROPPED  
BAD HABITS

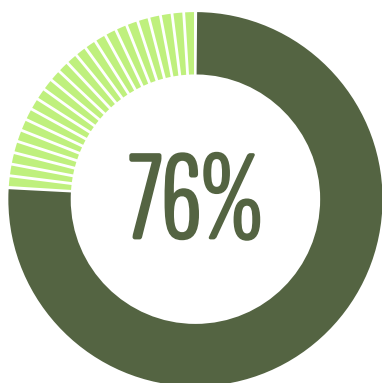


IMPROVED  
RELATIONSHIPS

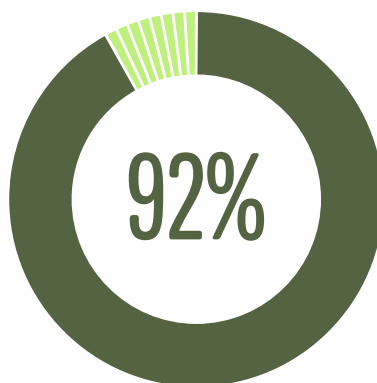


# Melodies of Progress:

# LEADERSHIP SKILLS:



EXPLORED  
LEADERSHIP ROLES



INCREASED IDENTITY  
AND SELF-ESTEEM

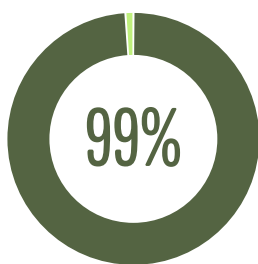


# Melodies of Progress:

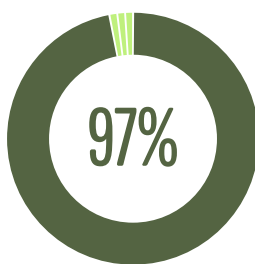
# SUMMER CLUB



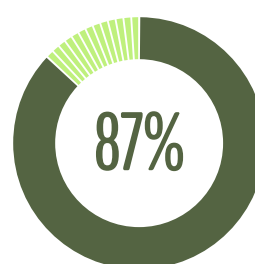
IMPROVED  
EMOTIONAL  
RESILIENCE



INCREASED  
PHYSICAL  
ACTIVITY



IMPROVED  
SOCIAL  
INTERACTIONS



IMPROVED  
HEALTH AND  
WELLBEING

## Summer Adventure For Inner Londoners (SAIL)

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### Trustees

Mr. Jamie Friedman  
Mrs. Rivka Rand  
Mr. Isaac Deutsch  
Mrs. Esther Posen  
Mrs. Feige Rosenberg

### Administration Address

36 Fountayne Road  
London N16 7DT

E mail:sail4yp@gmail.com

**Charity Number 1086709**

### Accountants

C. Rosen



## **Summer Adventure For Inner Londoners (SAIL)**

### **Report of the Trustees**

The Trustees present their annual report with accounts of the Charity for the Year Ended 31 December 2022.

#### **Status and Administration**

The Charity, constituted by trust deed, dated 1st January 2001 and is a Registered Charity.

#### **Trustees**

The Trustees in office throughout the year were Jamie Friedman, Rivka Rand and Isaac Deutsch.

Mr. Jamie Friedman

Mrs. Rivka Rand

Mr. Isaac Deutsch

Mrs. Esther Posen

Mrs. Feige Rosenberg

No trustee nor any person connected with them received any remuneration during the year.

#### **Investment Powers**

The Trust Deed authorises the trustees to make and hold investments using the general funds of the Charity.

#### **Constitution, Objects and Policies**

S.A.I.L. was established to benefit young boys from low income homes and to further their education by providing them with affordable and culturally suitable education.

The policy of S.A.I.L. continues to be to derive all its income from grants and donations from various institutions, and from membership fees.

#### **Risk Management**

The Governors have assessed the major risks to which the Charity is exposed.

In particular, the operational and finance risks have been assessed: the Governors are satisfied that systems are in place to mitigate their exposure to major risks.

#### **Reserves Policy**

The trustees retain reserves as necessary to maintain the operational capability of the Charity.

## **Summer Adventure For Inner Londoners (SAIL)**

### **Report of the Trustees**

#### **Responsibilities of the Trustees**

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet Date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and

- a. Select suitable accounting policies and the apply them consistently.
- b. Make judgements and estimates that are reasonable and prudent.
- c. Follow applicable accounting standards and the Charities SORP 2015 disclosing and explaining any departures in the financial statements.
- d. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

#### **Board Of Trustees**

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of Summer Adventure For Inner Londoners on 19 October 2022,  
and signed on behalf of them all.



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Trustee  
Mr. Jamie Friedman

**Summer Adventure For Inner Londoners (SAIL)**

**Statement Of Financial Activities**

**For The Year Ended 31 December 2022**

	Notes	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £	2021 Total Funds £
<b>INCOMING RESOURCES</b>	2	<u>0</u>	<u>162,755</u>	<u>162,755</u>	<u>86,401</u>
<b>Total Incoming Resources</b>		<b>0</b>	<b>162,755</b>	<b>162,755</b>	<b>86,401</b>
<b>RESOURCES EXPENDED</b>					
Cost of Generating Funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Incoming Resources Available For Charitable Application</b>		<b>0</b>	<b>162,755</b>	<b>162,755</b>	<b>86,401</b>
Cost of Activities In Furtherance of the Charity's Objects		0	147,602	147,602	89,567
Support Costs		0	0	0	0
Governance Costs		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Total Charitable Expenditure</b>		<b>0</b>	<b>147,602</b>	<b>147,602</b>	<b>89,567</b>
<b>Total Resources Expended</b>	3	<u><b>0</b></u>	<u><b>147,602</b></u>	<u><b>147,602</b></u>	<u><b>89,567</b></u>
<b>Net Movement In Funds</b>		<b>0</b>	<b>15,153</b>	<b>15,153</b>	<b>(3,166)</b>
<b>Transfer To / (From) Reserves</b>		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Reserves for the Year</b>		<u>0</u>	<u>15,153</u>	<u>15,153</u>	<u>(3,166)</u>
<b>Total Funds at 31 December 2021</b>		<b>16,961</b>	<b>1,681</b>	<b>18,642</b>	<b>21,808</b>
<b>Total Funds at 31 December 2022</b>	11	<u><b>£ 16,961</b></u>	<u><b>£ 16,834</b></u>	<u><b>£ 33,795</b></u>	<u><b>£ 18,642</b></u>

# Summer Adventure For Inner Londoners (SAIL)

## Balance Sheet at 31 December 2022

	Notes	2022 £	2021 £
<b>Current Assets</b>			
Cash at Bank and in Hand		<u>33,795</u>	<u>18,642</u>
		33,795	18,642
<b>Creditors</b> : Amounts falling due within one year	9	<u>0</u>	<u>0</u>
<b>Net Current Assets</b>		<u>33,795</u>	<u>18,642</u>
<b>Total Assets less Current Liabilities</b>		<u>33,795</u>	<u>18,642</u>
<b>Net Assets</b>	10	<u><b>£ 33,795</b></u>	<u><b>£ 18,642</b></u>
<b>Restricted Funds</b>	11	16,834	1,681
<b>Unrestricted Funds</b>	12	<u>16,961</u>	<u>16,961</u>
<b>Total Funds</b>		<u><b>£ 33,795</b></u>	<u><b>£ 18,642</b></u>

Approved by the Trustees on 19 October 2022, and signed on behalf of them all.

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Trustee  
Mr. Isaac Deutsch

The notes on pages 6 and 7 form part of these accounts.



**Summer Adventure For Inner Londoners (SAIL)**  
**Notes To The Accounts - 31 December 2022**

**1) Principal Accounting Policies**

**Basis of Accounting**

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102.

**Cash Flow**

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

**Donations and Fund Accounting**

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

**Resources Expended**

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	2021 £
<b>2) Incoming Funds</b>				
Donations	0	146,555	146,555	52,901
Grants Received				
Other Grants		16,200	16,200	33,500
Total Grants	0	16,200	16,200	33,500
Total Grants and Donations Received	<u>£ 0</u>	<u>£ 162,755</u>	<u>£ 162,755</u>	<u>£ 86,401</u>

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2022

3) Analysis of Total Resources Expended	Unrestricted Funds	Restricted Funds	Total 2022 £	Total 2021 £
<b>Charitable Activities</b>				
Cost of Activities In Furtherance of the Charity's Objects				
General Donation	0		0	
Club				
Leadership Skills		2,000	2,000	4,500
Summer Activities		88,282	88,282	0
Teen Active Support		7,496	7,496	6,954
Youth Clubs		<u>3,223</u>	<u>3,223</u>	<u>2,506</u>
Total Club	0	101,001	101,001	13,960
Food Poverty Support				
Breakfast Boxes		17,008	17,008	12,278
Eat and Study Hub		<u>26,818</u>	<u>26,818</u>	<u>10,046</u>
Total Food Poverty Support	0	43,826	43,826	22,324
Summer Activities				
Projects		0	0	51,546
Administration		0	0	1,117
Office Expenses	<u>0</u>	<u>2,775</u>	<u>2,775</u>	<u>620</u>
Total Summer Activities	0	2,775	2,775	53,283
<b>Total Cost of Activities In Furtherance of the Charity's Objects</b>	<b>0</b>	<b>147,602</b>	<b>147,602</b>	<b>89,567</b>
 <b>4) Cost of Generating Funds</b>			<b><u>£ 0</u></b>	<b><u>£ 0</u></b>
 <b>5) Governance Costs</b>				
Professional Fees			<u>0</u>	<u>0</u>
			<b><u>£ 0</u></b>	<b><u>£ 0</u></b>
<b>6) Taxation</b>				
The Charity is exempt from taxation on its charitable activities.				
 <b>7) The average number of Employees during the year, on a full time equivalent basis was</b>			<b>2022</b>	<b>2021</b>
			<u>1</u>	<u>1</u>

No Employee was paid above £60,000 per year.

We have made several projects, and these are all reflected in the accounts.

We have not detailed the types of expenses incurred within each project.

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2022

#### 9) Creditors: Amounts falling due within one year

	2022 £	2021 £
Accruals	<u>0</u> <u>£ 0</u>	<u>0</u> <u>£ 0</u>

#### 10) Net Assets of The Charity's Funds

	Fixed Assets £	Net Current Assets £	Long Term Liabilities £	Fund Balances £
Restricted Funds	0	16,834	0	16,834
Unrestricted Funds	<u>0</u>	<u>16,961</u>	<u>0</u>	<u>16,961</u>
<b>Total Funds</b>	<b><u>£ 0</u></b>	<b><u>£ 33,795</u></b>	<b><u>£ 0</u></b>	<b><u>£ 33,795</u></b>

#### 11) Restricted Funds : Movements In The Year

	31 December 2021 £	Income £	Expended £	Balance at 31 December 2022 £
Grants	<u>1,681</u>	<u>162,755</u>	<u>147,602</u>	<u>16,834</u>
<b>Total Funds</b>	<b><u>£ 1,681</u></b>	<b><u>£ 162,755</u></b>	<b><u>£ 147,602</u></b>	<b><u>£ 16,834</u></b>

#### 12) Unrestricted Funds : Movements In The Year

	31 December 2021 £	Income £	Expended £	Balance at 31 December 2022 £
General Reserve	<u>16,961</u>	<u>0</u>	<u>0</u>	<u>16,961</u>
<b>Total Funds</b>	<b><u>£ 16,961</u></b>	<b><u>£ 0</u></b>	<b><u>£ 0</u></b>	<b><u>£ 16,961</u></b>

#### 13) Related Party Transactions

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related Charity.

There were no Related Party Transactions in the Year.

**Independent Examiner's Report to the Trustees on the Unaudited Accounts of the Charity  
Summer Adventure For Inner Londoners (SAIL)  
For the Year Ended 31 December 2022**

We report on the financial statements of Summer Adventure For Inner Londoners (SAIL) for the Year Ended 31 December 2022

which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

**Respective Responsibilities of the Trustees and Independent Examiner**

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

**Basis of Independent Examiner's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

**Opinion**

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
  - a) to keep accounting records in accordance with section 130 of the Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Independent Examiner**  
C. Rosen

Date 19 October 2022



