



# BOOSTING IMMUNITY



## Accounts

Jan - Dec 2021

Charity Number: 1086709

Address: 36 Fountayne Road London N16 7DT

Email: [sail4yp@gmail.com](mailto:sail4yp@gmail.com)

# Message from the Chair:

*Our Annual theme 'Boosting Immunity', inspired by the 2021 National focus on Covid-19 immunity, reflects SAIL's focus of boosting the physical, social and emotional immunity of our beneficiaries as they grapple with the short and long term effects of Covid-19.*

*This year was evident of the great improvement in awareness, inclusion and unity as local communities worked together to support its members during the extended crisis. At SAIL we were witness to the outpouring of offers for volunteer involvement, in-kind donations by local businesses, flexibility to adapting projects and last minute changes due to the unpredictable nature of the year's activities.*

*We are proud to have been a part of this amazing transformation and community cohesion and are confident that we did all we could to contribute to this.*

*As herd immunity spreads allowing the Covid-19 threat to ease, we find ourselves stronger with better visions of priority and dedication to continue our work to benefit young people in Hackney to have the best chances in life.*

*Our donors, are the partners in our success and have brought immeasurable impact to disadvantaged youths. Thank you Truemark Trust, Anton Jurgons Charitable Trust, Vassiliou Charitable Trusts, National Lottery, Arnold Clarke, Invesco Cares, Abbvie Uk and The Hamead Trust for believing in our work!*



**Jamie Friedman**  
Chair

# SAIL'S Commitment:

**AT SAIL WE  
BELIEVE IN  
EVERY ONE OF  
OUR BOYS!**

We elevate them from whichever situation they find themselves, and through empowering activities, emotional support and volunteering opportunities, we help them lead productive, stimulated and meaningful lives.



## Our Mission:

To allow avenue for every young person to access services and opportunities regardless of their financial and emotional means.



## Our Mission:

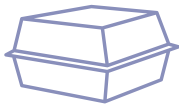
To prevent disadvantage from shaping the futures of young people. With sufficient support, struggling teens are less motivated to using negative behaviours to relieve their pain.



# Injectons of Support

## amidst the Pandemic

### BREAKFAST BOXES



*We distributed 50 breakfast boxes weekly including healthy foods, granola yogurts, whole wheat rolls, vegetable salad and scrambled egg.*

### Eat and Study Hub:



*A combination of a homework club and daily warm meal. Due to increased poverty, many youths have reported more hunger. Hungry teenagers are dangerous!*

### TEEN ACTIVE SUPPORT GROUP



*Weekly support group where the teenagers discuss and share their hardships and concerns, as well as suggestions and helpful tactics to overcome their challenges. The sessions are led by a professional coach who ensures the teens are interactive and the appropriate skills are discussed.*

### Leadership Skills:



*Our new project came in light of the low self-esteem levels conveyed in surveys. We ran 12 interactive workshops focusing on improving user voice, public speaking and how to become more socially included.*

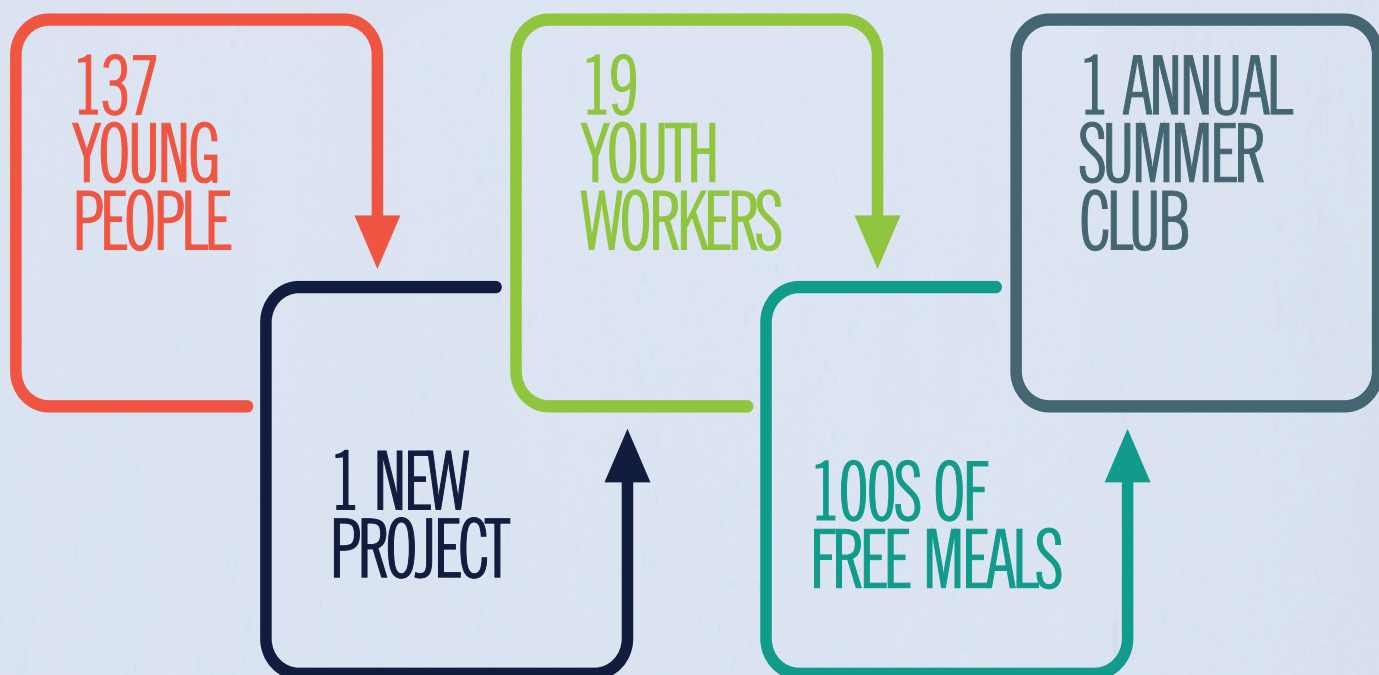
### Summer Club:



*We rose to the challenge of a Covid safe summer scheme. Daily activities of biking, hiking and lots more outdoor sports and activities, were the welcome break for over 100 teens to recover from the long extended lockdown and get ready for a new year with fresh motivation.*



# OUR IMPACT:



## 2021 IMPACT HIGHLIGHT:

It is perhaps our stunning success of youth involvement for which this year will be particularly memorable.

“  
‘Thank you SAIL for the opportunity to enjoy a real summer experience. It was the first time I joined and I am looking forward to coming again.’  
”

“  
‘I really appreciate it that you took up my offer to help out in the kitchen. It was such a rewarding experience. Best part was, that the boys really liked my food!’  
”

“  
‘You did it! I will always remember this summer for the positive atmosphere and especially the admiration I have to my leader who truly believed in me.’  
”

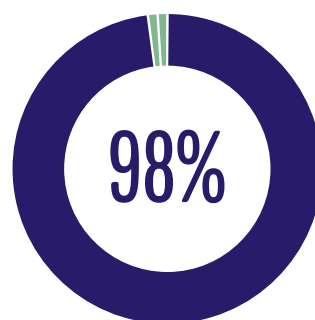
“  
‘My family live in poverty and I never have the chance to join a summer programme. Thank you for accepting me to SAIL and allowing me to feel like a normal teenager. I especially looked forward to the daily meal which was delicious.’  
”

**Our outstanding feedback is the crowning glory of a lot of hard work and a great year.**

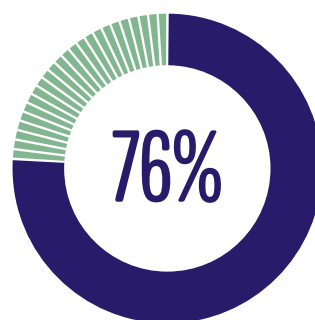


OUR PROJECT SCORES:

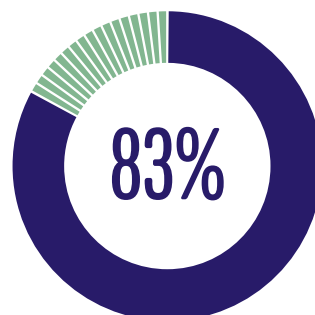
## EAT & STUDY HUB:



LESS  
HUNGER



MORE  
PEER  
SUPPORT



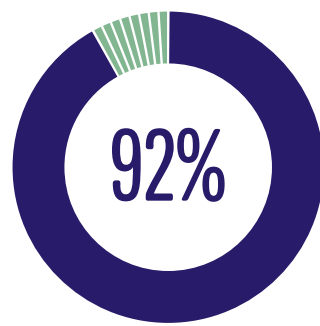
INCREASED  
ACADEMIC  
ACHIEVEMENTS



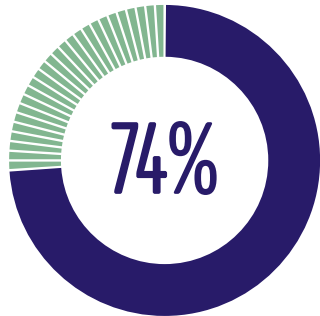


OUR PROJECT SCORES:

# BREAK-FAST BOXES:



LESS HUNGER



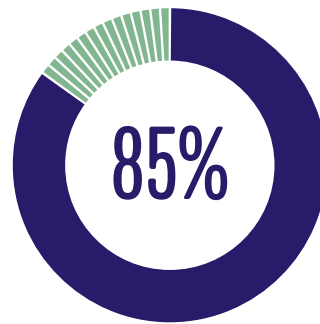
INCREASED HEALTHY EATING AWARENESS



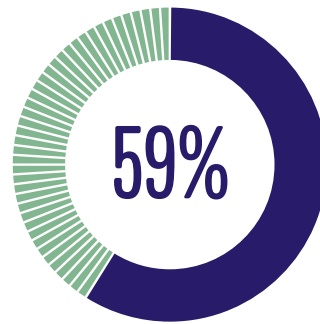


OUR PROJECT SCORES:

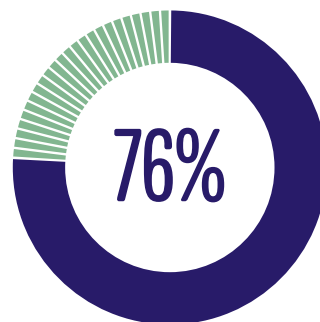
## TEEN ACTIVE SUPPORT GROUP:



INCREASED  
EMOTIONAL  
HEALTH



DROPPED  
BAD  
HABITS

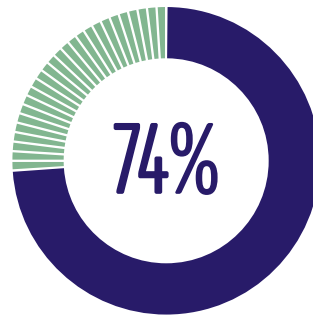


IMPROVED  
RELATIONSHIPS

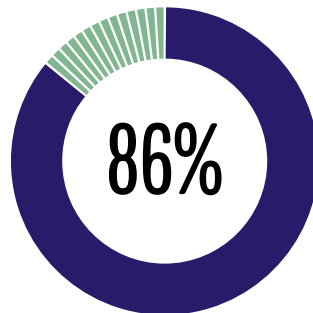


OUR PROJECT SCORES:

## LEADER- SHIP SKILLS:



EXPLORED  
LEADERSHIP  
ROLES

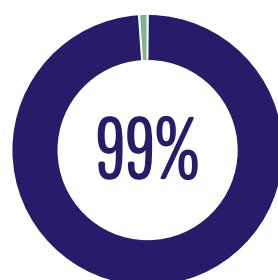


INCREASED  
IDENTITY &  
SELF-ESTEEM

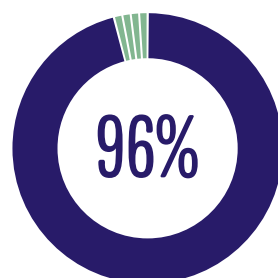


OUR PROJECT SCORES:

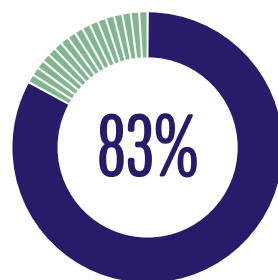
## SUMMER CLUB:



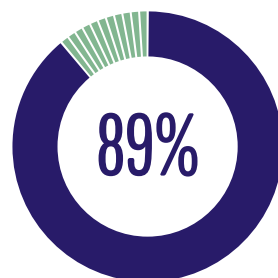
IMPROVED  
EMOTIONAL  
RESILIENCE



INCREASED  
PHYSICAL  
ACTIVITY



IMPROVED  
SOCIAL  
INTERACTION



IMPROVED  
HEALTH AND  
WELLBEING



## **Summer Adventure For Inner Londoners (SAIL)**

### **Report of the Trustees**

The Trustees present their annual report with accounts of the Charity for the Year Ended 31 December 2021.

#### **Status and Administration**

The Charity, constituted by trust deed, dated 1st January 2001 and is a Registered Charity.

#### **Trustees**

The Trustees in office throughout the year were Jamie Friedman, Rivka Rand and Isaac Deutsch.

Mr. Jamie Friedman

Mrs. Rivka Rand

Mr. Isaac Deutsch

Mrs. Esther Posen

Mrs. Feige Rosenberg

No trustee nor any person connected with them received any remuneration during the year.

#### **Investment Powers**

The Trust Deed authorises the trustees to make and hold investments using the general funds of the Charity.

#### **Constitution, Objects and Policies**

S.A.I.L. was established to benefit young boys from low income homes and to further their education by providing them with affordable and culturally suitable education.

The policy of S.A.I.L. continues to be to derive all its income from grants and donations from various institutions, and from membership fees.

Our annual camp took place close to the pennines, where approximately 100 city city boys were able to stretch their wings and breathe in the pure Country Air. A healthy lifestyle programme was initiated, including natural foods and many different sports.

The boys were encouraged to use their skills and talents to help and organise this holiday, and the spirit of comradeship remained with them long after they had returned home.

Refreshed and invigorated, they were able to approach the New School Year with improved confidence. We are deeply grateful to our generous donors who helped turn our dream into reality.

A regular home work club was attended by boys who needed extra help with their school work. Teachers reported that the results were excellent with improved participation in class and better results.

#### **Risk Management**

The Governors have assessed the major risks to which the Charity is exposed.

In particular, the operational and finance risks have been assessed: the Governors are satisfied that systems are in place to mitigate their exposure to major risks.

#### **Reserves Policy**

The trustees retain reserves as necessary to maintain the operational capability of the Charity.



## **Summer Adventure For Inner Londoners (SAIL)**

### **Report of the Trustees**

#### **Responsibilities of the Trustees**

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet Date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and

- a. Select suitable accounting policies and the apply them consistently.
- b. Make judgements and estimates that are reasonable and prudent.
- c. Follow applicable accounting standards and the Charities SORP 2015 disclosing and explaining any departures in the financial statements.
- d. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

#### **Board Of Trustees**

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of Summer Adventure For Inner Londoners on 19 October 2022, and signed on behalf of them all.



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Trustee  
Mr. Jamie Friedman

## Summer Adventure For Inner Londoners (SAIL)

### Statement Of Financial Activities

For The Year Ended 31 December 2021

	Notes	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
<b>INCOMING RESOURCES</b>	2	<u>0</u>	<u>86,401</u>	<u>86,401</u>	<u>70,792</u>
<b>Total Incoming Resources</b>		<b>0</b>	<b>86,401</b>	<b>86,401</b>	<b>70,792</b>
<b>RESOURCES EXPENDED</b>					
Cost of Generating Funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Incoming Resources Available For Charitable Application</b>		<b>0</b>	<b>86,401</b>	<b>86,401</b>	<b>70,792</b>
Cost of Activities In Furtherance of the Charity's Objects		620	88,947	89,567	55,484
Support Costs		0	0	0	0
Governance Costs		<u>0</u>	<u>0</u>	<u>0</u>	<u>15</u>
<b>Total Charitable Expenditure</b>		<b>620</b>	<b>88,947</b>	<b>89,567</b>	<b>55,499</b>
<b>Total Resources Expended</b>	3	<u><b>620</b></u>	<u><b>88,947</b></u>	<u><b>89,567</b></u>	<u><b>55,499</b></u>
<b>Net Movement In Funds</b>		<b>(620)</b>	<b>(2,546)</b>	<b>(3,166)</b>	<b>15,293</b>
<b>Transfer To / (From) Reserves</b>		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Reserves for the Year</b>		<u>(620)</u>	<u>(2,546)</u>	<u>(3,166)</u>	<u>15,293</u>
<b>Total Funds at 31 December 2020</b>		<b>17,581</b>	<b>4,227</b>	<b>21,808</b>	<b>6,515</b>
<b>Total Funds at 31 December 2021</b>	11	<u><b>£ 16,961</b></u>	<u><b>£ 1,681</b></u>	<u><b>£ 18,642</b></u>	<u><b>£ 21,808</b></u>

## Summer Adventure For Inner Londoners (SAIL)

### Balance Sheet at 31 December 2021

	Notes	2021 £	2020 £
<b>Current Assets</b>			
Cash at Bank and in Hand		<u>18,642</u>	<u>21,808</u>
		18,642	21,808
<b>Creditors</b> : Amounts falling due within one year	9	<u>0</u>	<u>0</u>
<b>Net Current Assets</b>		<u>18,642</u>	<u>21,808</u>
<b>Total Assets less Current Liabilities</b>		<u>18,642</u>	<u>21,808</u>
<b>Net Assets</b>	10	<u><b>£ 18,642</b></u>	<u><b>£ 21,808</b></u>
<b>Restricted Funds</b>	11	1,681	4,227
<b>Unrestricted Funds</b>	12	<u>16,961</u>	<u>17,581</u>
<b>Total Funds</b>		<u><b>£ 18,642</b></u>	<u><b>£ 21,808</b></u>

Approved by the Trustees on 19 October 2022, and signed on behalf of them all.

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Trustee  
Mr. Isaac Deutsch

The notes on pages 6 and 7 form part of these accounts.

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2021

#### 1) Principal Accounting Policies

##### **Basis of Accounting**

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102.

##### **Cash Flow**

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

##### **Donations and Fund Accounting**

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

##### **Resources Expended**

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	2020 £
<b>2) Incoming Funds</b>				
Donations	0	52,901	52,901	36,872
Grants Received				
Other Grants		33,500	33,500	33,920
Total Grants	0	33,500	33,500	33,920
Total Grants and Donations Received	<u>£ 0</u>	<u>£ 86,401</u>	<u>£ 86,401</u>	<u>£ 70,792</u>



## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2021

3) Analysis of Total Resources Expended	Unrestricted Funds	Restricted Funds	Total 2021 £	Total 2020 £
<b>Charitable Activities</b>				
Cost of Activities In Furtherance of the Charity's Objects				
General Donation	0		0	1,157
Club				
Kitchen Equipment		0	0	400
Leadership Skills		4,500	4,500	0
Overheads		0	0	240
Refreshment & Prizes		0	0	1,540
Summer Activities		0	0	34,977
Teen Active Support		6,954	6,954	0
Youth Clubs		<u>2,506</u>	<u>2,506</u>	<u>2,792</u>
Other Sundry Expenses			0	0
Total Club	0	13,960	13,960	39,949
Covid Relief				13,278
Breakfast Boxes		12,278	12,278	0
Eat and Study Hub		<u>10,046</u>	<u>10,046</u>	<u>0</u>
Total Covid Relief	0	22,324	22,324	13,278
Summer Activities				
Rent		0	0	1,100
Projects		51,546	51,546	0
Administration		1,117	1,117	0
Office Expenses	<u>620</u>	<u>0</u>	<u>620</u>	<u>0</u>
Total Summer Activities	620	52,663	53,283	1,100
<b>Total Cost of Activities In Furtherance of the Charity's Objects</b>	<b>620</b>	<b>88,947</b>	<b>89,567</b>	<b>55,484</b>
 <b>4) Cost of Generating Funds</b>			<b><u>£ 0</u></b>	<b><u>£ 0</u></b>
 <b>5) Governance Costs</b>				
Professional Fees			<u>0</u>	<u>15</u>
			<b><u>£ 0</u></b>	<b><u>£ 15</u></b>
<b>6) Taxation</b>				
The Charity is exempt from taxation on its charitable activities.				
 <b>7) The average number of Employees during the year, on a full time equivalent basis was</b>			<b>2021</b>	<b>2020</b>
			<u>1</u>	<u>1</u>
 No Employee was paid above £60,000 per year.				

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2021

#### 9) Creditors: Amounts falling due within one year

	2021 £	2020 £
Accruals	<u>0</u> <u>£ 0</u>	<u>0</u> <u>£ 0</u>

#### 10) Net Assets of The Charity's Funds

	Fixed Assets £	Net Current Assets £	Long Term Liabilities £	Fund Balances £
Restricted Funds	0	1,681	0	1,681
Unrestricted Funds	<u>0</u>	<u>16,961</u>	<u>0</u>	<u>16,961</u>
<b>Total Funds</b>	<b><u>£ 0</u></b>	<b><u>£ 18,642</u></b>	<b><u>£ 0</u></b>	<b><u>£ 18,642</u></b>

#### 11) Restricted Funds : Movements In The Year

	31 December 2020 £	Income £	Expended £	Balance at 31 December 2021 £
Grants	<u>4,227</u>	<u>86,401</u>	<u>88,947</u>	<u>1,681</u>
<b>Total Funds</b>	<b><u>£ 4,227</u></b>	<b><u>£ 86,401</u></b>	<b><u>£ 88,947</u></b>	<b><u>£ 1,681</u></b>

#### 12) Unrestricted Funds : Movements In The Year

	31 December 2020 £	Income £	Expended £	Balance at 31 December 2021 £
General Reserve	<u>17,581</u>	<u>0</u>	<u>620</u>	<u>16,961</u>
<b>Total Funds</b>	<b><u>£ 17,581</u></b>	<b><u>£ 0</u></b>	<b><u>£ 620</u></b>	<b><u>£ 16,961</u></b>

#### 13) Related Party Transactions

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related Charity.

There were no Related Party Transactions in the Year.

## **Summer Adventure For Inner Londoners (SAIL)**

### **Independent Examiner's Report to the Trustees on the Unaudited Accounts of the Charity Summer Adventure For Inner Londoners (SAIL) For the Year Ended 31 December 2021**

We report on the financial statements of Summer Adventure For Inner Londoners (SAIL) for the Year Ended 31 December 2021

which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

#### **Respective Responsibilities Of Trustees and Reporting Accountants**

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

#### **Basis of Independent Examiner's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

#### **Opinion**

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
  - a) to keep accounting records in accordance with section 130 of the Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 19 October 2022

**Independent Examiner**  
C. Rosen



