



# Annual Accounts

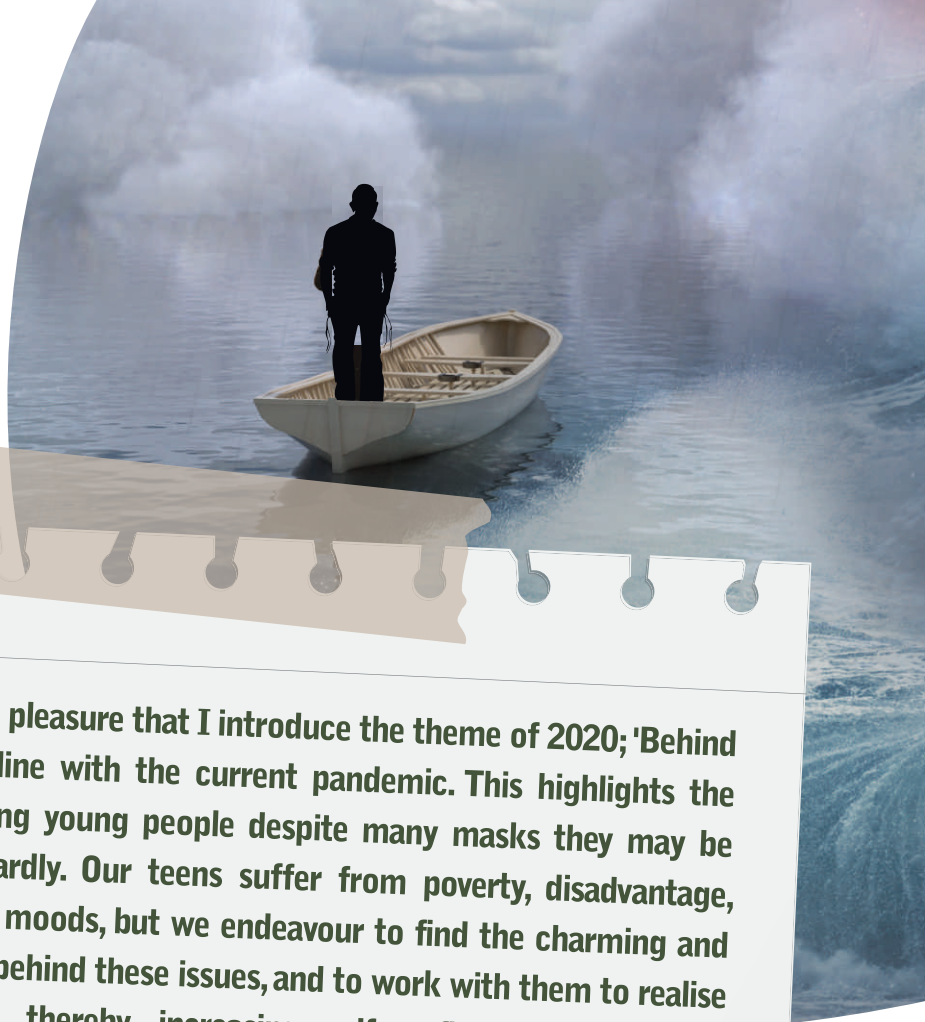
Jan - Dec 2020

Charity Number: 1086709

Address: 36 Fountayne Road London N16 7DT

Email: [sail4yp@gmail.com](mailto:sail4yp@gmail.com)

# MESSAGE FROM THE CHAIR:



It is with great pleasure that I introduce the theme of 2020; 'Behind the Mask', in line with the current pandemic. This highlights the focus on valuing young people despite many masks they may be showing outwardly. Our teens suffer from poverty, disadvantage, illness and low moods, but we endeavour to find the charming and special person behind these issues, and to work with them to realise their potential thereby increasing self-confidence, motivation, emotional wellbeing.


This year has no doubt been the most challenging ever. We quickly became aware of the challenges young people in Hackney were facing, and we introduced several new projects to support our youths. These include food parcels, daily cooked meals, breakfast boxes, keep fit programme, emotional support and guidance. This has changed the face of our organisation from our key summer project which was significantly minimised and adapted to conform to government guidelines. We still ran a reduced summer project due to the significance of the impact.

We look forward to a new year of health, healing and opportunity.

To all our valued partners who have supported our existing and new projects, your generosity is truly 'unmasked'!

*Jamie Friedman*  
Chair





## BEHIND THE MASK:

At SAIL we believe in every one of our boys! We elevate them from whichever situation they find themselves, and through empowering activities, emotional support and volunteering opportunities, we help them lead productive, stimulated and meaningful lives.

## OUR MISSION:

To allow avenue for every young person to access services and opportunities regardless of their financial and emotional means.

## OUR VISION:

To prevent disadvantage from shaping the futures of young people. With sufficient support, struggling teens are less motivated to using negative behaviours to relieve their pain.





# SAIL during Covid-19

## THEY ASKED:

Teenagers are extremely vulnerable to changes, and the effects it has on them can be very noticeable. Prior to Covid-19 many teens suffered from their bad financial situation and lack of opportunity. However since March 2020 many teenagers have been displaying signs of emotional instability, lack of routine and motivation, unhealthy eating habits, and negative behaviours. Young People shared episodes of hunger, domestic strife and sibling rivalry during the periods of being cooped up together in small homes. Other findings showed signs of at risk behaviours, increased phone usage, lack of motivation for educational assignments, and interest in unsavoury behaviours.

## WE ANSWERED:

**Breakfast Boxes** - We distributed 50 breakfast boxes weekly including healthy foods, granola yogurts, whole wheat rolls, vegetable salad and scrambled egg.

**Remote Fitness Classes** - Weekly fitness class and workout to engage the teenagers in physical activity to encourage body fitness and weight loss. This is to combat increased weight gain and obesity due to unstable diet and eating habits.

**Teen Active Support group** - Weekly support group where the teenagers discuss and share their hardships and concerns, as well as suggestions and helpful tactics to overcome their challenges. The sessions are led by a coach who ensures the teens are interactive and the appropriate skills are discussed.

**Eat and Study Hub:** A combination of a homework club and daily warm meal. Due to increased poverty, many youths have reported more hunger. Hungry teenagers are dangerous!

**Summer Club:** We rose to the challenge of a Covid safe summer scheme. Daily activities of biking, hiking and lots more outdoor sports and activities, were the welcome break for over 100 teens to recover from the long extended lockdown and get ready for a new year with fresh motivation.



# ur Impact:

102  
YOUNG  
PEOPLE

15  
YOUTH  
WORKERS

1 ANNUAL  
SUMMER  
CLUB

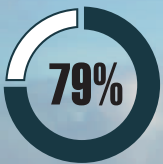
4  
NEW  
PROJECTS

100S  
OF FREE  
MEALS

Joel, aged 15 asked to receive the meals in our project. He is one of 11 children, and due to the pandemic, their family's finances were impacted, and food was minimal. With such a large family, there was not always enough food for him to eat his fill, especially as a hungry teenager. At one of the sessions he wrote on the questionnaire, "you not only gave me a generous meal, you helped my other siblings receive a larger portion of the food at home now that one less person needed to share the food." Joel added that his parents commented that lately he was in a better mood, enjoying his family, laughing more often, and talking more politely. The impacts Joel experienced shows that he was less stressful and better moods. By keeping teenagers happy and stimulated, we are helping them be productive rather than looking for trouble to fill their time. This project shows that satisfied teenagers, are happier to be home and get on with their family members, and are less likely to turn to the streets to fill a void.

(Eat and Study Hub)

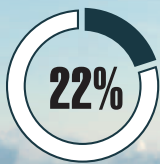
## ur success in numbers:



increased  
emotional  
health



less  
hunger



returned  
to school



dropped  
bad  
habits



improved  
friendship &  
relationships

## **Summer Adventure For Inner Londoners (SAIL)**

### **Trustees**

Mr. Jamie Friedman  
Mrs. Rivka Rand  
Mr. Isaac Deutsch  
Mrs. Esther Posen  
Mrs. Feige Rosenberg

### **Administration Address**

36 Fountayne Road  
London N16 7DT

E mail: [sail4yp@gmail.com](mailto:sail4yp@gmail.com)

**Charity Number    1086709**

### **Accountants**

C. Rosen

## **Summer Adventure For Inner Londoners (SAIL)**

### **Report of the Trustees**

The Trustees present their annual report with accounts of the Charity for the Year Ended 31 December 2020.

#### **Status and Administration**

The Charity, constituted by trust deed, dated 1st January 2001 and is a Registered Charity.

#### **Trustees**

The Trustees in office throughout the year were Jamie Friedman, Rivka Rand and Isaac Deutsch.

Mr. Jamie Friedman

Mrs. Rivka Rand

Mr. Isaac Deutsch

Mrs. Esther Posen

Mrs. Feige Rosenberg

No trustee nor any person connected with them received any remuneration during the year.

#### **Investment Powers**

The Trust Deed authorises the trustees to make and hold investments using the general funds of the Charity.

#### **Constitution, Objects and Policies**

S.A.I.L. was established to benefit young boys from low income homes and to further their education by providing them with affordable and culturally suitable education.

The policy of S.A.I.L. continues to be to derive all its income from grants and donations from various institutions, and from membership fees.

#### **Risk Management**

The Governors have assessed the major risks to which the Charity is exposed.

In particular, the operational and finance risks have been assessed: the Governors are satisfied that systems are in place to mitigate their exposure to major risks.

#### **Reserves Policy**

The trustees retain reserves as necessary to maintain the operational capability of the Charity.



**Summer Adventure For Inner Londoners (SAIL)**  
**Report of the Trustees**

**Responsibilities of the Trustees**

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet Date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and

- a. Select suitable accounting policies and the apply them consistently.
- b. Make judgements and estimates that are reasonable and prudent.
- c. Follow applicable accounting standards and the Charities SORP 2015 disclosing and explaining any departures in the financial statements.
- d. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

**Board Of Trustees**

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of Summer Adventure For Inner Londoners (on 18 October 2021,  
and signed on behalf of them all.

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Trustee  
Mr. Jamie Friedman

**Summer Adventure For Inner Londoners (SAIL)**

**Statement Of Financial Activities**

**For The Year Ended 31 December 2020**

	Notes	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	2019 Total Funds £
<b>INCOMING RESOURCES</b>	2	<u>15,434</u>	<u>55,358</u>	<u>70,792</u>	<u>71,747</u>
<b>Total Incoming Resources</b>		<b>15,434</b>	<b>55,358</b>	<b>70,792</b>	<b>71,747</b>
<b>RESOURCES EXPENDED</b>					
Cost of Generating Funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Incoming Resources Available For Charitable Application</b>		<b>15,434</b>	<b>55,358</b>	<b>70,792</b>	<b>71,747</b>
Cost of Activities In Furtherance of the Charity's Objects		3,949	51,535	55,484	65,583
Support Costs		0	0	0	0
Governance Costs		<u>15</u>	<u>0</u>	<u>15</u>	<u>0</u>
<b>Total Charitable Expenditure</b>		<b>3,964</b>	<b>51,535</b>	<b>55,499</b>	<b>65,583</b>
<b>Total Resources Expended</b>	3	<u><b>3,964</b></u>	<u><b>51,535</b></u>	<u><b>55,499</b></u>	<u><b>65,583</b></u>
<b>Net Movement In Funds</b>		<b>11,470</b>	<b>3,823</b>	<b>15,293</b>	<b>6,164</b>
<b>Transfer To / (From) Reserves</b>		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Reserves for the Year</b>		<u>11,470</u>	<u>3,823</u>	<u>15,293</u>	<u>6,164</u>
<b>Total Funds at 31 December 2019</b>		<b>6,111</b>	<b>404</b>	<b>6,515</b>	<b>351</b>
<b>Total Funds at 31 December 2020</b>	11	<u><b>£ 17,581</b></u>	<u><b>£ 4,227</b></u>	<u><b>£ 21,808</b></u>	<u><b>£ 6,515</b></u>

# Summer Adventure For Inner Londoners (SAIL)

## Balance Sheet at 31 December 2020

	Notes	2020 £	2019 £
<b>Current Assets</b>			
Cash at Bank and in Hand		<u>21,808</u>	<u>6,515</u>
		21,808	6,515
<b>Creditors</b> : Amounts falling due within one year	9	<u>0</u>	<u>0</u>
<b>Net Current Assets</b>		<u>21,808</u>	<u>6,515</u>
<b>Total Assets less Current Liabilities</b>		<u>21,808</u>	<u>6,515</u>
 <b>Net Assets</b>	10	 <u><b>£ 21,808</b></u>	 <u><b>£ 6,515</b></u>
 <b>Restricted Funds</b>	11	 4,227	 404
<b>Unrestricted Funds</b>	12	<u>17,581</u>	<u>6,111</u>
<b>Total Funds</b>		<u><b>£ 21,808</b></u>	<u><b>£ 6,515</b></u>

Approved by the Trustees on 18 October 2021, and signed on behalf of them all.

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Trustee  
Mr. Isaac Deutsch

The notes on pages 6 and 7 form part of these accounts.



**Summer Adventure For Inner Londoners (SAIL)**  
**Notes To The Accounts - 31 December 2020**

**1) Principal Accounting Policies**

**Basis of Accounting**

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102.

**Cash Flow**

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

**Donations and Fund Accounting**

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

**Resources Expended**

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2020 £	2019 £
<b>2) Incoming Funds</b>				
Donations	15,434	21,438	36,872	61,747
Grants Received				
BBC Children In Need		0	0	10,000
Other Grants		33,920	33,920	0
Total Grants	0	33,920	33,920	10,000
Total Grants and Donations Received	<u>£ 15,434</u>	<u>£ 55,358</u>	<u>£ 70,792</u>	<u>£ 71,747</u>

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2020

3) Analysis of Total Resources Expended	Unrestricted Funds	Restricted Funds	Total 2020 £	Total 2019 £
<b>Charitable Activities</b>				
Cost of Activities In Furtherance of the Charity's Objects				
General Donation	1,157		1,157	0
Club				
Activities	2,792		2,792	0
Covid Relief		13,278	13,278	0
Kitchen Equipment		400	400	0
Oveheads		240	240	0
Refreshment & Prizes		1,540	1,540	0
Summer Activities		<u>34,977</u>	<u>34,977</u>	0
Other Sundry Expenses				<u>0</u>
Total Club	2,792	50,435	53,227	0
Summer Activities				
Rent	0	1,100	1,100	28,000
Travel and Trips	0		0	12,494
Wages	0	0	0	1,275
Activities	0	0	0	5,316
Food	0		0	13,637
Equipment	0	0	0	1,680
Household	0	0	0	1,549
Office Expenses	<u>0</u>	<u>0</u>	<u>0</u>	<u>1,632</u>
Total Summer Activities	0	1,100	1,100	65,583
<b>Total Cost of Activities In Furtherance of the Charity's Objects</b>	<b>3,949</b>	<b>51,535</b>	<b>55,484</b>	<b>65,583</b>
 <b>4) Cost of Generating Funds</b>			<b><u>£ 0</u></b>	<b><u>£ 0</u></b>
 <b>5) Governance Costs</b>				
Professional Fees			<u>15</u>	<u>0</u>
			<b><u>£ 15</u></b>	<b><u>£ 0</u></b>
<b>6) Taxation</b>			<b><u>55,499</u></b>	
The Charity is exempt from taxation on its charitable activities.				
 <b>7) The average number of Employees during the year, on a full time equivalent basis was</b>			<b>2020</b> <u>1</u>	<b>2019</b> <u>1</u>

No Employee was paid above £60,000 per year.

## Summer Adventure For Inner Londoners (SAIL)

### Notes To The Accounts - 31 December 2020

#### 9) Creditors: Amounts falling due within one year

	2020 £	2019 £
Accruals	<u>0</u> £ 0	<u>0</u> £ 0

#### 10) Net Assets of The Charity's Funds

	Fixed Assets £	Net Current Assets £	Long Term Liabilities £	Fund Balances £
Restricted Funds	0	4,227	0	4,227
Unrestricted Funds	<u>0</u>	<u>17,581</u>	<u>0</u>	<u>17,581</u>
<b>Total Funds</b>	<b>£ 0</b>	<b>£ 21,808</b>	<b>£ 0</b>	<b>£ 21,808</b>

#### 11) Restricted Funds : Movements In The Year

	31 December 2019 £	Income £	Expended £	Balance at 31 December 2020 £
Grants	404	55,358	51,535	4,227
<b>Total Funds</b>	<b>£ 404</b>	<b>£ 55,358</b>	<b>£ 51,535</b>	<b>£ 4,227</b>

#### 12) Unrestricted Funds : Movements In The Year

	31 December 2019 £	Income £	Expended £	Balance at 31 December 2020 £
General Reserve	6,111	15,434	3,964	17,581
<b>Total Funds</b>	<b>£ 6,111</b>	<b>£ 15,434</b>	<b>£ 3,964</b>	<b>£ 17,581</b>

#### 13) Related Party Transactions

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related Charity.

There were no Related Party Transactions in the Year.



**Accountants Report to the Trustees on the Unaudited Accounts of the Charity  
Summer Adventure For Inner Londoners (SAIL)  
For the Year Ended 31 December 2020**

We report on the financial statements of Summer Adventure For Inner Londoners (SAIL) for the Year Ended 31 December 2020

which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

**Respective Responsibilities Of Trustees and Reporting Accountants**

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

**Basis of Accountant's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

**Opinion**

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
  - a) to keep accounting records in accordance with section 130 of the Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 18 October 2021

**Reporting Accountant**  
C. Rosen

