



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1st	January	2023		31st	December	2023

Section A Reference and administration details

Charity name Ophthalmic Aid To Eastern Europe

Other names charity is known by

Registered charity number (if any) 1086676

Charity's principal address

35 Muir Way

Milnathort

Kinross-shire

Postcode KY13 9AE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Cackett			
2	Timothy ffytche			
3	Alistair Laidlaw			
4	Allen Foster			
5				
6				
7				
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16				
17				
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19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	N/A
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by other trustees

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	N/A
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Supports teaching/training initiatives for ophthalmologists in Eastern and Central Europe.

Sends ophthalmic equipment to centres in Eastern Europe.

OAAE achieves its objectives by making grants to individuals and organisations, providing human resources and providing advocacy, advice and information.

Over the past three decades OAEE has provided support and teaching/training initiatives for ophthalmologists in Eastern and Central Europe. OAEE has also carried out multiple trips to centres in Eastern Europe providing ophthalmic equipment.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

In the year 2023 Ophthalmic Aid To Eastern Europe donated Ophthalmic supplies to Ukraine in a project entitled "Return to Lviv", 30 years following a previous trip "Focus on Lviv" in 1993. The items were delivered overland by van by two medical students from Scotland in May 2023.

Ophthalmic equipment was sourced and collected from many donors including Optometrists, Ophthalmic surgeons and NHS Trusts by Dr Peter Cackett throughout 2022 and the early part of 2023 in response to the urgent need for assistance in Ukraine following the outbreak of war.

Items included Haag-Streit slit lamps and fundus cameras for ophthalmic examinations and also Kay Pictures vision tests for testing visual acuity in pre-literate children with a value of £40,000, which were distributed to all three hundred and twenty paediatric ophthalmology departments in Ukraine, as requested by Professor Sergiy Rykov, President of the Association of Paediatric Ophthalmologists of Ukraine, Kyiv.

The items were collected throughout the UK and were transported overland to Medyka, a village at the Polish/Ukrainian border for handover of the donations to ophthalmologists from Lviv. The recent trip was summarised in a report to Eye News magazine.

In addition OAEE donated £495 to the charity Agents For Change, a charity that works in Romania with people with special needs, including those with mental health issues and mental and physical disabilities. The funds were donated to assist the charity provide ophthalmic care to Romania patients in need and also to Ukrainian refugees displaced by the war in Ukraine.

Section E

Financial review

Brief statement of the charity's policy on reserves

On 31st December 2023 OAEE had cash reserves of £9,815.75 in the Nat West bank account

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

In this financial year 2023 OAEE are very grateful to have received the following funds:

£40,000 from Specsavers Opticians which allowed the purchase of:
320 Kay Pictures Orthoptic books for children
320 Regular Occluding Glasses
320 Junior Occluding Glasses

These were delivered to Paediatric Ophthalmology Departments throughout Ukraine

£3,200 from Kay Pictures which helped fund the overland delivery of Ophthalmic equipment donations to Ukraine

£3,000 from the Sir Edward Lewis Foundation to help fund future OAEE activities in 2024

£3,041 from Moorfields Eye Hospital

£100 from Dr Lucy Ambrose

£100 from Mr Zden Gregor (retired Moorfields retinal surgeon)

£850 from members of the public in response to the "Return To Lviv" charity trip

Section F

Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Dr Peter Cackett</i>	
Full name(s)	Dr Peter David Cackett	
Position (eg Secretary, Chair, etc)	Chair	
Date	30 th October 2024	



Receipts and payments accounts

For the period from	01/01/2023	To	31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
ZJ GREGOR DONATION	100	-	-	100
L AMBROSE DONATION	100	-	-	100
SPECSVAERS OPTICIANS	40,000	-	-	40,000
KAY PICTURES	3,200	-	-	3,200
MOORFIELDS EYE HOSPITAL	3,041	-	-	3,041
SIR EDWARD LEWIS FOUNDATION	3,000	-	-	3,000
LVIV TRIP CHARITY DONATIONS	850	-	-	850
BANK INTEREST	81	-	-	81
Sub total (Gross income for AR)	50,372	-	-	50,372
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	50,372	-	-	50,372
A3 Payments				
KAY PICTURES ORTHOPTIC BOOKS PURCHASE	40,000	-	-	40,000
ORTHOPTIC BOOK TRANSLATION	30	-	-	30
RETURN TO LVIV TRIP VAN HIRE AND EXPENSES	3,350	-	-	3,350
AGENTS FOR CHANGE CHARITY DONATION	495	-	-	495
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	43,875	-	-	43,875
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	43,875	-	-	43,875
Net of receipts/(payments)	6,497	-	-	6,497
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	3,319	-	-	3,319
Cash funds this year end	9,816	-	-	9,816

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	NAT WEST BANK	9,816	-
		-	-
		-	-
	Total cash funds	9,816	-
	(agree balances with receipts and payments account(s))	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-
		Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
		Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	
	Peter Cackett	Peter Cackett	

CC16a

Last year

to the nearest £

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**Endowment
funds
to nearest £**

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OK

**Endowment
funds
to nearest £**

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**Current value
(optional)**

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**Current value
(optional)**

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**When due
(optional)**

**Date of
approval**

29/10/2024



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

OPTIMAL AID TO EASTERN EUROPE

On accounts for the year
ended

2023

Charity no
(if any)

1086676

Set out on pages

1

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Fiona Hunter

Date:

6/1/24

Name:

FIONA HUNTER

Relevant professional
qualification(s) or body
(if any):

RGN

Address:

PAGE Princess Alexandra Cyp Pavilion,
Chalmers Street,
Glen GNS 9NA