

21/22 ANNUAL REPORT

CHARITY NO.
1086608

COMPANY NO.
CE005383



BELIEVING IN YOUNG PEOPLE

**"OXYGEN IS LIKE A FAMILY. THERE
WHEN YOU NEED THEM"**

Dawood, young person

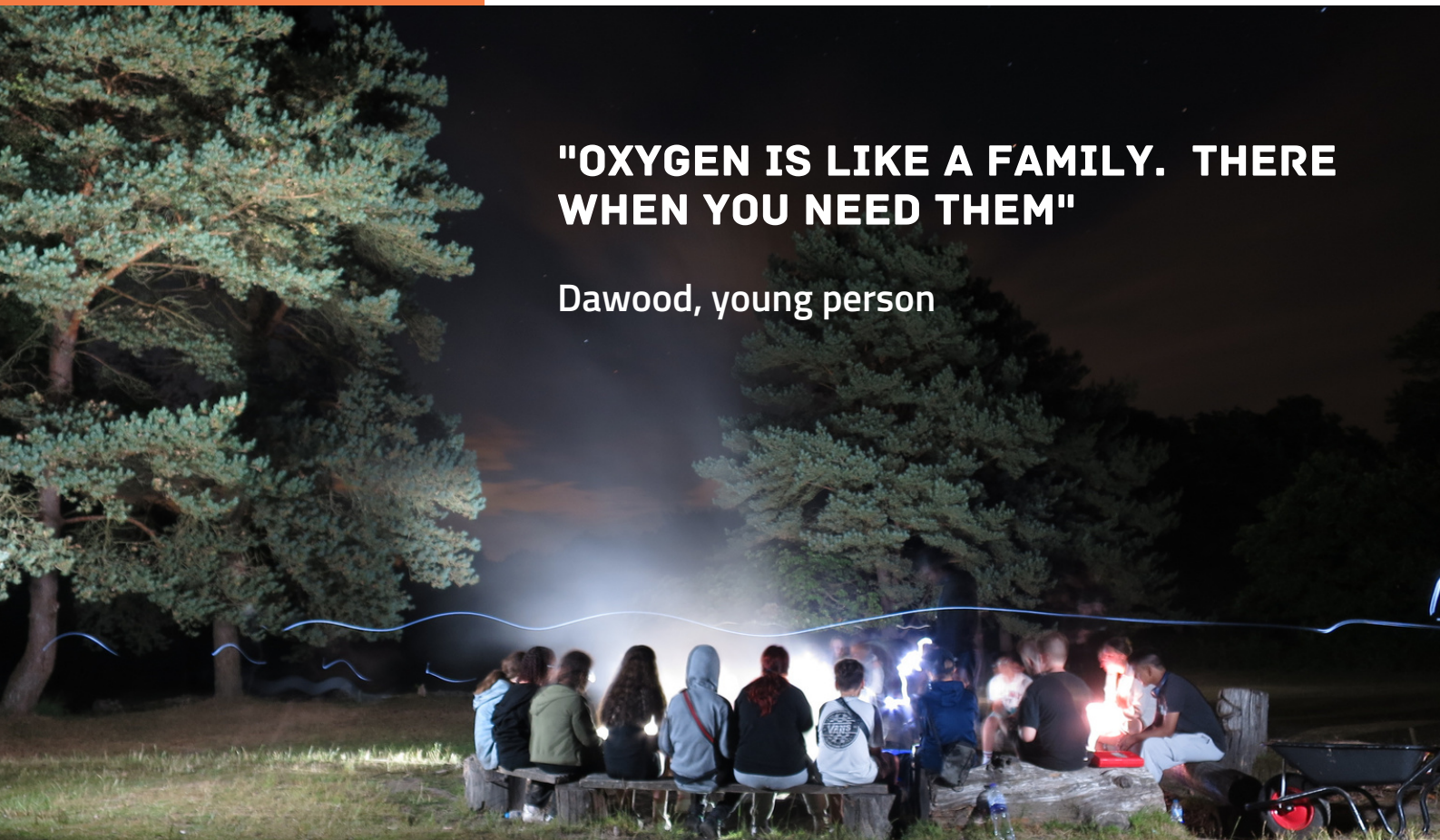


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DONATE

VOLUNTEER

INFO



SIR ED DAVEY M.P.

"These are challenging times for charities who are trying to respond to the huge need in front of them. Oxygen's work to support young people is vital for the local community!

It was great to be able to visit the Oxygen shop and hear first hand how they are supporting young people in such challenging circumstances. I have been impressed by how they have managed to adapt the way they work so creatively with young people in crisis.

The shop is a great way for young people to engage with Oxygen and make a contribution to the community through Social Action! I even did a stint on the till!

I want to thank John, the Trustees and all the staff and volunteers for all their hard work over the last year."



Sir Ed Davey, MP and
leader of the Liberal
Democrat Party



WELCOME FROM THE CHAIR OF TRUSTEES



Richard Caldwell

What does success look like for Oxygen?

It surely involves continuing operations and support of young people through the pandemic and its aftermath. It means ongoing contacts and mentoring of numerous young people, some of whom are extremely vulnerable and marginalised.

It involves seeking new and creative ways of connecting with young people, such as our work online and with networked gaming, effectively meeting young people in the situations in which they feel comfortable, and then helping them to grow in confidence and security. It means providing opportunities for young people to feel heard, to learn from each other, to serve, and ultimately to hear the good news that God is fundamentally for them. For Street Pastors, it involves getting back onto the streets in Kingston, where night life has returned and helping people in need.

Oxygen continues to benefit from a strong staff team under the leadership of John Trend and Charlie Bamford. We give thanks for our full-time staff as well as our part time staff and volunteers who give generously of their time.

Thanks to the shop team for their ongoing commitment and hard work which provides many opportunities for engaging young people, from serving behind the counter to sorting stock items at the back. It is also generating income to help support the rest of Oxygen's ongoing activities. The warm and supportive atmosphere set by our team of staff and volunteers led by Lisa Trend is well recognized across New Malden.

Thanks to Peter Wilkins, our Treasurer and member of the trustees, who continues to improve Oxygen's financial

management and reporting. And thanks go to the volunteers and members of the Street Pastors Management Team for all efforts and diligence in running such a vital project.

Of course, Oxygen and Street Pastors require substantial financial resources to continue their many and varied activities. We give thanks for the continued support of local churches, businesses and funders, which enables our organisation to connect and impact the lives of numerous young people.

In this annual report, you can read about Oxygen's many and varied activities and can be sure that the staff team and volunteers have worked hard and given their best. It is the prayer of the trustees that these efforts over the past year will have lasting impact in the lives of numerous young people, for their good and the good of Kingston at large. Enjoy reading some of this year's stories!

INTRODUCTION FROM OUR CHIEF EXECUTIVE

The mountain gets higher!

I am so proud of the Oxygen Team who have done so well to engage, support and impact the lives of some of the most vulnerable young people in our area.

Oxygen is seeing a significant increase in the number of young people referred to us by clinical psychologists, social workers, schools and other agencies, all of whom are doing their best to respond to the growing mountain of young people in crisis.

When you are at the bottom of the mountain it is often difficult to see the top due to it being obscured by clouds or line of sight due to the rest of the mountain being in the way.

The pandemic has highlighted and amplified the issues faced by young people and created a new range of mountains!



John Trend

The highlights this year:

The increase in young people undertaking **Social Action** through the Oxygen shop and its effectiveness as a tool for youth work.

Young people's participation in the design, development and management of our work has increased significantly, seeing young people on interview panels, attending termly planning meetings with the team and presenting reports at our infamous AGM!

Our **The What's the point? programme** being delivered in schools in Newham, Hackney and Bromley and **Street Pastors** piloting new ways of ministering to people on the streets of Kingston.

Our **digital youth work** is reaching young people who do not leave home. Our **after school club** and youth club at **Kingsnympton** provide support, nourishment

and a fun place to be for young people struggling to settle into secondary school or in challenging circumstances.

My cycle to Paris with Man and Boy, my trip to Romanian as part of my sabbatical and of course the **residential to Hindleap Warren** last summer!

I want to thank The trustees, the team, Charlie for his support and cover during my sabbatical and Lisa for her continued energy and drive in shaping the Oxygen shop.

We need your continued help, in whatever way you can contribute, to climb the mountain. Join us. Be part of something amazing which is bringing love, peace, healing restoration and hope to young people and our community.

STATEMENT OF BENNEFIT TO THE COMMUNITY



As a registered charity, and in line with the requirements of Section 4 of the Charities Act 2006, the Staff and Trustees of Oxygen have determined that Oxygen's work does have clear and identifiable benefits to those we work with, which are related to our aims.

We have established that these benefits are not the cause of any detriment or harm nor are Young People excluded from benefiting from our work on the basis of their faith, ethnicity, gender, sexuality, spirituality or nationality.

Whilst we are a Christian charity, we work with young people of all faiths, beliefs, values and identities and place great emphasis upon involving beneficiaries in the implementation and design of our services.

We respond to needs, innovating to create new programmes and resources to tackle some of the most challenging issues affecting our culture such as knife and violent crime, mental illness, underachievement and isolation, amongst others.

Oxygen's work has wider benefits for groups who are not the direct focus of our services, such as volunteers, businesses and local communities. They benefit as a result of the effect of young people reducing their involvement in crime, achieving better in education and fulfilling their potential to contribute to the community in which they live.

Oxygen's work improves the mental, physical, spiritual health and wellbeing of both young people and adults. We provide opportunities for people to grow, develop, discover their purpose and contribute to the world around them.

"Doing work experience with Oxygen has given me such a great insight into how a charity and business works. I have worked hard but had so much fun as well. It has really helped with my confidence and motivation!"
young person

GOVERNANCE

Oxygen's vision was conceived by young people from Kingston Churches with the aim of reaching out to other young people in the community who are marginalised or disadvantaged. Their aim was to help young people who needed support and in doing so, demonstrate their faith, provide opportunities for them to explore their potential and discover their core values and beliefs.

These young people helped to establish The Oxygen Charitable Trust (1086608) which was set up on 1st May 2001. In 2016 the Trustees of the Oxygen Trust established Oxygen as a Charitable Incorporated Organisation (1165522), which is bound by its own constitution document and has its own bank account, insurance and policies. All the activity and operations of Oxygen sit under the governance of the C.I.O. with the Trust continuing to provide funds to support Oxygen's work. This document consolidates both the C.I.O. and the Trust reports together.

The principle of enabling young people to express their views and influence the decision making processes has been at the heart of Oxygen since its inception. It guides the very nature of the initial engagement with staff seeking to meet young people where they are, understand their perspective and help them make informed choices about their future. It extends to empowering young people to contribute their views and collaborating with adults on the design of Oxygen's projects.

Oxygen affiliates or belongs to several regional and national organisations and is a member of the Synergy Network, which brings together people from churches and communities across London who are working to tackle crime and build partnerships. Oxygen also affiliates to London Youth, Kingston Voluntary Action, NCVO, Kingston and Richmond Safeguarding Children Partnership and Ofsted.

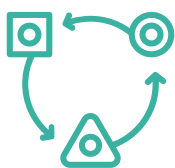


Kingston and Richmond
Safeguarding Children
Partnership

STRATEGIC AIMS + DEVELOPMENT



Oxygen is a Christian charity which plays a significant role in the strategic development of the voluntary, community and faith sector, representing the Christian faith, and taking a lead in developing innovative provision for young people in response to their needs. We are located in the heart of the community, accessible and well placed to respond to those who are struggling with life.



Oxygen works with young people of all faiths and of none and wants to demonstrate Gods love, care and compassion to all we work with to alleviate suffering and give hope of a brighter future. In recent times our work has become more vital in the face of a mental health pandemic which is significantly impacting some of the most vulnerable young people in our communities.

Being a charity can sometimes help to break down barriers to engagement and enable us to meet young people where they are, and be the catalyst for change in their lives. This leads to a strong sense of young people wanting to contribute through social action and in shaping the design and development of our projects and decision making through our Youth Board (Developing Leaders Programme).



Oxygen provides a range of opportunities for young people to access support which is relevant and tailored to their needs. Our reach also extends to other parts of London as we provide resources, train and equip others to engage young people on some of the most challenging issues affecting our society, such as knife and violent crime.

The challenge we face in meeting young people's needs is in the limit of the resources available to employ enough qualified staff with the capacity to build effective relationships with young people. We will take bold steps of faith to grow our capacity, widen our reach and deepen the impact we have on people's lives.

RISK ASSESSMENT

Oxygen's Trustee Board and staff team assess the risks and threats encountered in delivering our work and take steps to minimise and manage risk, to ensure that beneficiaries, staff, volunteers and the general public are protected from avoidable harm. This includes putting in place controls over finances, the delivery of our services to young people, the management of the shop as well as theoretical risk where that can be foreseen.

The Oxygen Team has undertaken training to ensure that consideration, assessment and mitigation of risk is built into our daily routines. However, accidents do happen and when they occur, they are evaluated to identify if steps can be taken to prevent harm in the future. All staff and volunteers working with young people undergo an enhanced DBS check and references are taken up when new appointments are made.

We also understand that risk is a constant factor in all of our lives and that we have a role in educating young people to be aware of the choices they make and the impact those decisions have on their lives. This is particularly evident in our work through the "What's the point?" programme tackling knife and violent crime.

As the team engage young people who are in crisis, we are sometimes faced with levels of need beyond the scope, expertise and training of the staff. In response, we have secured additional training on mental health first aid, youth work practice and sought to refer young people to the appropriate services. We also recognise the need to provide more specific emotional wellbeing support to staff which we are committed to putting in place in due course.



OUR PARTNERS

Oxygen can only function alongside other agencies with whom we have built lasting partnerships and collaborations.

The last couple of years have resulted in a seismic shift in the relationships between agencies and community partners and particularly between Government and the Voluntary, Faith and Community Sector.

New partnerships have been formed and the role of the community has been highlighted as people have responded directly to the need they have seen around them.

Oxygen has been at the heart of the development of these networks both strategically and on the front line. We work alongside our partners who each bring their own knowledge and expertise, to develop new ways of working to meet the needs of our community

We need each other and are stronger together!.



PROJECTS

Oxygen targets its work at young people who are disadvantaged, marginalised, isolated or at risk. Often when young people are struggling they find it difficult to access the services they need because they do not know how to, or get caught up in lengthy processes to determine their needs and a suitable response. We find that many young people feel that they have little ownership or influence over the help that is given.

This is why Oxygen has a range of projects through which young people can engage voluntarily with the Oxygen team who have lived experience of the issues young people face and are skilled in developing relationships and identifying a young person's needs. Entry points to access help need to prioritise engagement with the young person and be able to broker the most appropriate help. We try to develop programmes and activities which encourage young people to learn how to cope with life's challenges, learn about themselves, develop resilience, a sense of their potential, and aspirations for the future.

The Oxygen Shop, the Young Londoners Programme, our digital youthwork, Developing Leaders and the Headstart Programme all demonstrate our ability to innovate and put young people at the centre of what we do, alongside our long standing projects like Kingsnympton, Room 1 and Street Pastors which ensure continuity of provision.

OXYGEN SHOP

117 HIGH ST. NEW MALDEN



BACKGROUND

Set up in April 2018, The Oxygen shop has become an innovative, dynamic, and powerful project. The shop has developed beyond just providing a source of sustainable income. It is now a vital tool for engaging and supporting young people and a vehicle for them to contribute to the community through social action.

THIS YEAR

The shop continues to thrive in not only raising valuable funds to support the vital Oxygen youth projects but also now as a place where young people can work as part of a team, gain valuable experience, important life skills, training and gain self confidence.

We have seen so many young people work in the shop, volunteering as part of the Duke of Edinburgh award scheme. They volunteer on a regular basis with us for 3 to 6 months. They learn to serve customers, sort, label and price donations, clean and display the stock and use the till; amongst many other things!

"Oxygen is like a family. They are there when you need them! The shop gives me somewhere to go where I can contribute to the work they do with other young people. It gives me purpose in life"

Young person





TESTIMONIALS AND STORIES

"I love going into the Oxygen shop and how it is just so creative in things like upcycling the chairs on the wall as displays for clothes! But it is the way you can see how you work with young people that gets me! I have an autistic son and I love how you provide a space for young people particularly those with special needs. I gives me hope and a warm feeling every time I come in! the staff and volunteers really make everyone feel valued."

"It was great to host a visit from Sir Ed Davey in June '22 who has been a long time supporter of Oxygen. He was keen to talk with staff and volunteers about the impact of the pandemic on young people."



It has been an absolute privilege to see young people's communication skills, confidence and self esteem grow while they work with us and each other. We are so very proud of the safe space the shop has become for our regular, loyal volunteers of all ages! The shop is so much more than we could've imagined or hoped for.

I'd like to take this opportunity to say a huge thank you to all those who have faithfully volunteered for Oxygen and those who continue to give their time on a regular basis to support us! We couldn't have done all this without you!



KEY SUCCESSES*

Young volunteers	97
Adult volunteers	113
Targeted youth	18
D of E	35
Anchi Bags	1324

YOUNG LONDONERS

FOCUSSED, TAILORED SUPPORT

BACKGROUND

The Young Londoners Fund project began at the start of 2020 and ran until December 2022. It has allowed Oxygen to recruit staff and expand, to focus upon the most vulnerable and isolated young people in our community. Oxygen's 1-2-1 work prioritises those at risk of crime, isolation, exclusion from school or from poor mental health.

THIS YEAR

Over the year Oxygen has managed to support many young people within the local community through a wide range of projects and interventions. It has been a privilege to be able to see the impact that the projects and interventions have had amongst the young people. We all have the ability to make a positive change in someone's life and to be part of building stronger communities, with better prospects for the future and giving access to more creative opportunities for young people. The legacy of the YLF programme has been to establish Oxygen as one of the largest providers of mentoring support in the area and reputation for achieving change.



TOMI

Mentoring young people through the YLF programme has been a key highlight for me this year. I have seen the growth in many of my mentees, giving them opportunities to voice their concerns, pursue their interests and equipping them with resources to better themselves. Now they can tap into a world where they can excel academically and as an individual.





Oxygen received a very high number of referrals for mentoring and it has become an integral part of how we work. The staff team have worked very hard to support and encourage their mentees at school, during home visits and encouraging them to visit our youth projects. We have had to work alongside schools, social workers and families to ensure young people are supported and have opportunities to overcome the obstacles they face.

"The mentoring my son is receiving from Oxygen is the only thing that is working for him right now. I don't know where we would be with out Oxygen!"

Parent whose son has not attended school since before covid.

"Yo Adam hope you're doing well I just wanted to say thank you for all your help it meant a lot and still does thank you. You made me realise that what I was doing was wrong and I can't thank you enough for that. I can't lie I'm great. I've got a job; working my arse off and smashing college and I ain't got no one pregnant so it's gassed how are you?"

PROJECT OUTCOMES

Re-engagement in education	53	Young people identified and engaged by Oxygen (in target group)	88
Improvement in self reported attitude/ confidence towards education	67	Young people engaging with 1-to-1 mentoring or intervention	97
Improved mental health and wellbeing	60	Face to face hours offered	825
Change in attitude towards risk taking behaviours/ violence	35	Number of young people involved in project design and leadership	24
Improved ability to self-manage challenging behaviour and emotions	47	Young people achieving a Jack Petchey award	26
		Young people undertaking volunteering at the Oxygen Shop	35

STREET PASTORS

KINGSTON



BACKGROUND

Oxygen oversees the work of Kingston Street Pastors with Charlie Bamford managing the project, supported by Brenda with operational management delegated to a volunteer board called the SPITT Team.

THIS YEAR

It has been a busy year for Street Pastors. In October 2021 we ran a consultation process with all volunteers which led to two major changes: changing shift times and setting up a fixed location in the night time in Kingston Town Centre.

Following this, we were able to access funding which enabled **Kingston Safe Zone**, a hub at Kingston Station serving as a place of safety for the vulnerable in the night time economy, a real answer to prayer! This began operating in September 2022 using a gazebo on the street while we work towards a more permanent solution.



Charlie Bamford

STATS 2021/22 (PREVIOUS YEAR)*

240 Vulnerable people supported (109)	180 Water/hot drinks (44)
20 Aggressive situations calmed (15)	1843 bottles / glass collected (799)
37 Situations made safe (female) (33)	306 Teams deployed (34)
25 Situations made sfe (Male) (32)	1552 Total contacts (826)
15 Flip Flops (15)	2142 Volunteer hours (1326)

- Sept. '21 to August '22



PARTNERSHIPS

Throughout the year we have continued to maintain and build good relationships with key local partners such as Kingston Council, Kingston Police and Kingston First. We are grateful for the support of Kavitha Ramakrishnan and Steff Royston-Mitchell from Kingston's Community Safety Team, Paul James and Trudy Hutchinson from the Met Police and Stephan Currie from Pryzm Kingston. We want to acknowledge grant funding from RBK, The Home Office, MOPAC and Echo Trust.



"You know things are getting back to normal when you see the street Pastors out again. We're going to be alright!"

FINANCES & DEVELOPMENT

In October 2021, we began a consultation process with all of our street pastor and prayer pastor volunteers. This was led by Mike Parker from our SPITT Team. This process resulted in a change to our start and finish times and the desire to explore the concept of a fixed location. Subsequently we were approached to submit a joint bid in partnership with the Community Safety Team at RBK which was successful in securing the funds in July 2022!

BRENDA & HEATHER

Brenda is Deputy Coordinator for Street Pastors and manages the volunteer rota and communications to our supporters. Heather supports by transcribing the shift logs.



WHAT'S THE POINT?

TACKLING KNIFE + VIOLENT CRIME



DESCRIPTION

The *What's the point?* programme is a Social Action project which was first developed in 2013 when one of the young people known to Oxygen was stabbed and the aftermath filmed and circulated on social media. We worked with young people to develop a safe place for young people to discuss the issue, giving them a voice, helping them to understand a range of perspectives and enabling them to take action.

CRITICAL SUCCESS FACTORS

The programme is dependant upon five key factors to achieve the maximum potential benefit for young people:

Voluntary Participation: recruited rather than selected.

Peer Led: Shaped by their knowledge and relevant to their context and experience. **Partnership:** Promotes collaboration No one agency can solve the issue.

Critical Decision or "WOW" moment: prompts young people to consider where they are heading and provides an opportunity to change pathways.

Community: It has to be delivered by a community organisation able to engage parents, families and community



"WE NEED MORE OF THIS. MORE THINGS LIKE WHATS THE POINT TO HELP US THINK ABOUT THE WAYS THINGS ARE. THEY DON'T HAVE TO BE" – Young person

TRAINING

Funding from the Home Office enabled Oxygen to train other similar charities to deliver the *What's the point?* programme. We do not assume to know what will work elsewhere but using our network, we are helping others to effect change in their community. Partners in Hackney, Newham, Milton Keynes and Bromley have been trained in the programme and have been successful in delivering What's the point? in local schools.



JUNIOR PROGRAMME



The programme is designed to be influenced and adapted to suit the target group. Several of our partners have applied the programme in a junior school and so we have now written a version of the programme focussed on the junior age range.

DEVELOPMENT

The "What's the point?" Programme is now being delivered in areas of London with some of the highest knife and violent crime rates in Europe, so we know that it can be adapted to fit the local need. Oxygen is keen to share its knowledge and learning from the delivery across London with other community based organisations in the hope that it can reduce deaths elsewhere.

Our CEO at the Christian Resources Exhibition

LOCALLY

Oxygen continues to work on tackling knife and violent crime in Kingston and want to champion the voice of young people. We were delighted to support Praween a young person affected by knife crime who was invited to be part of a panel at a Saving London Lives event hosted by the Evening Standard and London Community Foundation



**The London
Community
Foundation**

MAYOR OF LONDON
OFFICE FOR POLICING AND CRIME

DIGITAL YOUTH WORK



ABOUT THIS PROJECT

Our Digital Youth Work project came out of the lockdown restrictions. However, it is a project which has continued to thrive post-lockdown. While we initially developed this project to engage with young people we already worked with at youth groups, we found that it also enabled us to support a new group of young people who would not attend a face-to-face youth group. Enabling us to engage with a group of young people whom we would only sometimes come into contact with.

In response to the issue of digital inclusion, we have loaned out eight laptops to young people, not only to allow them to participate in our virtual youth group but also to enable them to have easier access to their school work and homework. We have also provided support around mobile data for young people who do not have internet connections at home.

As the friendship group has developed, we have started running trips at half term and school holidays. We have visited a gaming café, Fun Club, in Kingston on several occasions, followed by a meal out. In the Summer of 2022, we ran a trip to Thorpe Park for our Digital Youth Group members and we have also visited a retro gaming arcade in Croydon.



"I don't go out because of Anxiety. Joining Oxygen on Minecraft on Wednesday nights is part of my routine and reassuring. I like being online to chat with people and have fun. I've made friends on here!"
Sam 14



SIOBHAN

Siobhan has worked tirelessly to support the development of Oxygen's digital platforms and find new ways of engaging with young people.



KINGSNYMPTON

COMMUNITY HUB



BACKGROUND

Oxygen runs two clubs a week on a Tuesday and Thursday, during term time, and offer additional holiday provision including Trips, community activities and sports. Over the last year we have strengthened our partnership with Achieving for Children and are looking to continue our involvement in delivering youth work into the future.

Kingsnympton has been really good and we have been doing many activities during term time and holidays. Some of the activities we have been doing are rock climbing, football and cooking. The young people have really been enjoying cooking and baking more and we have made a lot of different meals. We have made pizzas, chicken stir fry and made a marble cake which has gone down really well.



I have really enjoyed doing the quieter activities at Kingsnypmton like art and cooking! Many of the kids love cooking and it's a nice way to do a simple activity together while getting a chance to really talk to, catch up and connect with the young people in a way you can't always do in physical activities.

Kat

JACK PETCHEY

YOUTH AWARDS



THIS YEAR

Oxygen was fortunate to secure places under the Jack Petchey residential scheme which allowed us to take a group of young people from across our projects to Hindleap Warren, London Youth's outdoor activity centre in Forrest Row East Sussex.

The awards have also been used to fund numerous trips including flip out, go karting and football sessions at goals as well as providing new resources across at our projects. The Award is widely recognised as a significant achievement for young people and is highly valued by them.

DESCRIPTION

The Jack Petchey Achievement Awards has been a huge benefit to Oxygen and the young people. Awards are given in recognition of good behaviour, great interactions and positive involvement among our projects.

"My highlight was the Jack Petchey residential trip, seeing each young person overcome their fears and complete tasks they wouldn't normally do in their day-to-day lives."
Danica



RM1

COOMBE BOYS



DESCRIPTION

It was another great year at RM1 for Oxygen and the Coombe boys students. The year started off slow and numbers were low until we ran an assembly and had a sudden influx of young people. Being able to have a safe space for the boys to hang out after school really helps with the transition from primary and allows room for meaningful relationships to develop.

Highlights of this year include being able to recognize young peoples achievements giving out Jack Petchey awards, trips including Flip Out and Nandos and also all the wonderful baking and cooking that has happened.

I enjoy coming because it's boring at home and I can hang out with my friends. It is a joyous place to be!"



HEADSTART ACTION

LONDON YOUTH + FAMILY ACTION



ABOUT THIS PROJECT

The Headstart Programme was developed the National Citizenship Programme to encourage young people to get involved in Social Action. In doing so, they have opportunities to develop skills, knowledge and experience which they can used to improve their aspirations and employability.

Oxygen secured funding towards the end of 2022 to deliver the programme in Kingston and began delivering the programme at the start of 2023. We had an excellent group of young people join the first cohort who chose to focus their social action project on decorating the back room of the shop. They also designed merchandise to be sold in the shop and visited Brans 2Life, a creative marketing company in Waterloo.



"Working with Oxygen through Headstart has given me the skills and confidence to overcome my anxieties and apply for a job. I am now working as a carer, supporting people in the community. I love it!"



Bloomberg



FUEL PROJECT

FEED UR EVERYDAY LIVES



BACKGROUND

Marcus Rashford mounted a campaign to make food available during holiday times for disadvantaged young people. Oxygen has secured funding through AFC, as part of the Feed Ur Everyday Lives (FUEL) Programme.

Oxygen has been able to offer activities during Easter and summer holidays in 2022 which includes a hot, balanced meal, as well as plenty of physical and creative activities. Some of the activities we have been doing are rock climbing, football and cooking. It gives practical help and sustenance to young people who would otherwise go hungry!



"JUST LOOK WHAT WE CAN DO WHEN WE WORK TOGETHER"

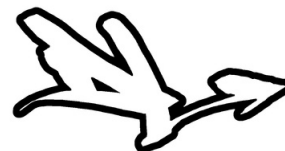
**MARCUS RASHFORD
MBE**

**700 hours
of activity**

**53
YP/PA**

**250
Meals provided**

YOUTH BOARD



DEVELOPING LEADERS

Oxygen is committed to involving young people in its decision making at all levels and facilitates this through the "Developing Leaders" programme which engages young people across all projects.

The programme provides young people with training and opportunities to acquire the skills and knowledge they need to participate fully in the decision making process, be that about where to go on our next trip, being on the interview panel for strategic management roles or setting up a Minecraft server for our digital youth work platform.



OXYGEN MENTORING



OXYGEN'S APPROACH

We all have battled giants in our lives in some form or other and by grace or accident we have made it this far! Giants can take many forms and many have been slain as we journey through life and carry the scars to prove it!

Oxygen mentors start from the young person's perspective and help them feel that they have a voice, some control and are working in a way that puts their needs first.

Oxygen is committed to ensuring the the mentoring we provide is of the highest standard and in line with the Mentoring Quality Framework (G.L.A.)

I have enjoyed the variety to my work this year, supporting my mentees in 121 settings, helping year 7 students at coombe boys school and working at Kingsnympton youth club. I feel Oxygen are making a real impact in the local community and I am very happy to contribute and help young people feel like their voices matter and help them develop and grow.
Adam

Oxygen's Mentoring programme has been running for over 20 years.

We currently engage over 20 young people per week in mentoring sessions.

In the 2 years from September 2020 to 2022 we have received over 200 referrals of young people in crisis who have received support.

Can you remember someone who has supported you in a time of need?

If you want to help a young person by becoming a mentor then scan the QR code

We provide support and training to ensure you are equipped with the resources to be able to start mentoring a young person.



OXYGEN TEAM

THE STAFF TEAM



Oxygen is proud of the fact that several members of the team have been beneficiaries in some way or volunteers who have joined the team and progressed into paid work. Most of the team have lived experience of the challenges young people are facing and are trained in supporting young people with complex needs.

This creates a highly a team who are highly motivated, passionate and committed to helping improve the lives of young people.

John Trend, CEO

Charlie Bamford, Deputy CEO & Street Pastors Coordinator

Brenda Robertson, Street Pastors Deputy

Alice Whyman, Project Coordinator

Adam Kelly, Targeted Project Worker

Tomi Elegbede, Targeted Project Worker

Siobhan Doyle, Digital Youth Work

Danica Hall, Apprentice Youth Worker

Cat Field, Sessional Youth Worker

Lucy Savage, Sessional Youth Worker

Freddie Wells, Sessional Youth Worker

James Kuhrt, Sessional Youth Worker

Dan Trend, Designer and Sessional Youth Worker

TEAM CHANGES

Like any team we have had people leave to pursue their dreams and had people join to do the same! We were sad to loose Alice really got to grips with Coordinating the Young Londoner Programme. who left in August '22 but At the time of writing Freddie Wells and Siobhan Doyle have also moved on to new roles. We are always sad to see people leave but wish them every success for the future!



"Hey, I am Jojo, 19 years old and the 2022/2023 gap year worker for Oxygen. I am from Germany. 2nd September 2022 - a date that I will never forget and the start of a completely new adventurous chapter. It was the day of my arrival to Kingston upon Thames, London.! I love building relationships with the young people and supporting them in their lives" Jojo is on a GAP yer organised by "Time For God".

OXYGEN TEAM

VOLUNTEERS : THANK YOU!

"Volunteering at the shop has enabled me to grow and develop as a person while working alongside a fantastic team. I have been able to help and support the young people that come in to volunteer which has been a great opportunity for me as I have seen the progress and development in each young person. I have also faced

challenges, but with support from the Oxygen staff, I overcame these challenges and learnt strategies that can help me face these challenges again in the future.



RIDE LONDON

Thanks to Charles Deacon., Tomi Elegbede and Peter Salabank. for their suffering and dedication !



A Charity is a symbol of the creativity, innovation and compassion found at the heart of a community, as local people take action to make the world a better place.

Oxygen could not function without the hard work and dedication given generously by a fantastic team of volunteers.

REV. PETER HOLMES AWARD

Rev. Peter Holmes was a Trustee of Oxygen and had a huge impact upon the local community. We created an award in his honour to give to young people working to benefit others in their community. The first recipients of the award:

MATTHEW DOWN LUCY SAVAGE.



Matthew Down receiving the Mayor's Award for Voluntary Service for his work in the Oxygen shop and as a D.J. on Sunninghill Radio where he undertook a 12 hr music marathon in aid of Oxygen!



Sunninghill
Radio's Music
Marathon for
Oxygen

This Saturday
from 9am-9pm!

FINANCE OVERVIEW

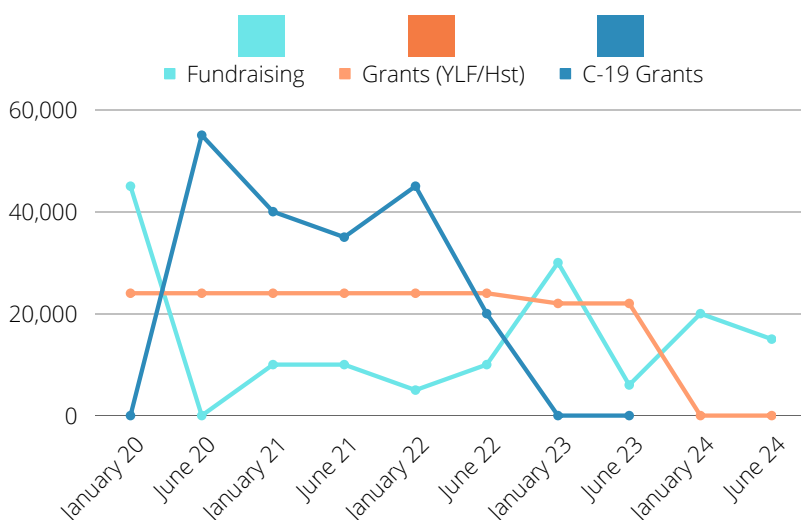
HEADLINES

Oxygen has seen a four fold increase in the demand for its services to young people in need of support over the last 2 years. The support from the government during the pandemic sustained the charity in the short term, and provides a positive picture at the end of 2021/22.

However, the picture looks very different as we look forward six months into the future where we see several funding streams come to an end (YLF) and stiff competition for any new funding as it emerges.

Oxygen was fortunate in securing a 3 year grant of £50k at the start of 2020 which ran to December 2022. This provided the basis for targeted support to be given to over 200 young people and for the team to develop and grow its mentoring programme. Oxygen needs to identify new funding such as the Headstart Action programme to consolidate the development of the last three years and meet the increasing needs of young people.

FUNDRAISING 2020 TO 2024



Oxygen finished the year in a positive position and the Trustees have decided to provide a financial buffer by deferring some income to 2022/23 to boost reserves.

Whilst Oxygen a healthy position in the short term, the completion of the Young Londoners Fund programme at the end of December 2022 leaves a shortfall in the 22/23 financial year.

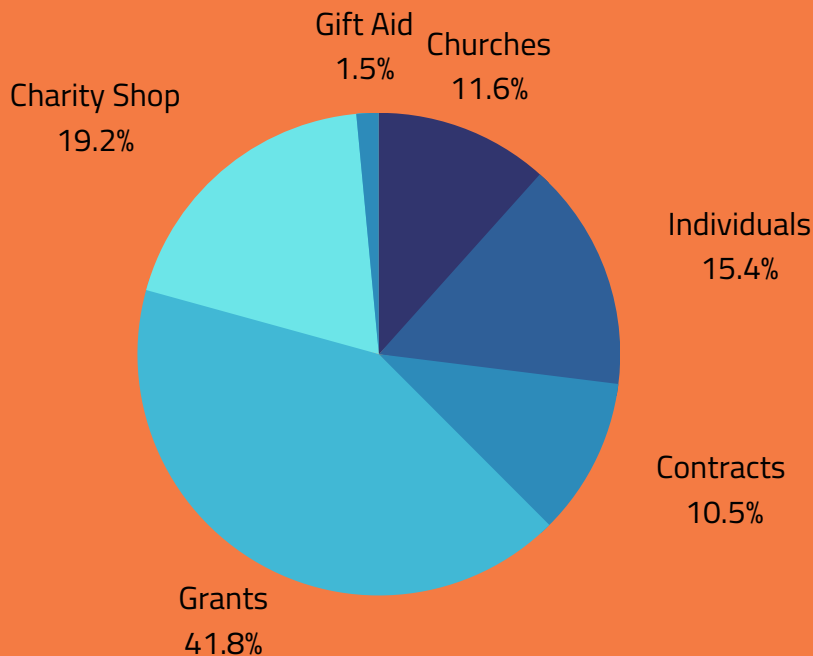
Oxygen has secured funding of around £50k for the Headstart programme although it still leaves a significant budget deficit of around £30k in 2022/23 .



Graph showing the relationship between income streams during the pandemic. Fundraising includes shop takings. (approximate figures)

FINANCE

BREAKDOWN OF INCOME



Faith based giving accounts for at least 28.5 % of Oxygen's income, although this is actually much higher given that a sizeable proportion of donors to the shop are also faith motivated. Contracts with Achieving for Children account for 10.5% with some grants being drawn from the Local Authority but around 30% of the whole coming from outside the area and other central government streams.

Oxygen continues to seek funding from a range of sources to ensure it is not entirely dependant upon on funding stream.

Oxygen is pleased to be able to draw on direct support from local churches, the Oxygen shop and individual givers who, together, comprise 48% of oxygen's income.

This shows that Oxygen has a strong foundation of support drawn from its relationship with the local community.

INCOME / EXPENDITURE 20/21

	Oxygen	Street Pastors	Total
Income	255,595	27,389	282,948
Expenditure	231,561	28,638	260,199
Balance	24,034	(1,249)	22,749



OXYGEN BOARD

TRUSTEES, C.E.O. AND ADVISORS

TRUSTEES

Mrs Liz Wynyard (Chair of Trustees to 30.05.22)

Mr. Peter Wilkins (Treasurer)

Dr Brian Austen

Mr Nathan Larkin (stood down 30.05.22)

Mr Richard Caldwell (Chair of trustees from 30.05.22)

Vice Presidents, Mr Steve Barnes

Chief Executive Officer

John Trend, M.A. Dip. Theo., Dip. H.E.

Independent Examiner:

Nicola Lewis – EasyBooks (Wales) Ltd

Bankers: Co-operative Bank + Lloyds TSB



LIZ & ARTHUR WYNYARD

We want to say a big THANK YOU to Liz and Arthur Wynyard who have played significant roles in the life of Oxygen over the last 22 years. They have provided a host home for GAP year volunteers, hosted events, mentored staff and young people and Liz has served as a Trustee and Chair of Oxygen.

They have had a huge impact on many lives, with several volunteers who have stayed with them, getting married to each other!

You have been such a blessing !



Young people presenting at our AGM

Local ministers join us for the occasional breakfast

"Because I battled and confronted my fears by getting to the top of the tower, I now know that anything is possible. It gave me the courage to take the next step. It has changed my future!"

Lilly May

DONATE



CONTACT US.

www.oxygen-online.org



St. Peter's Hall,
London Road,
Kingston upon Thames,
Surrey, KT2 6QL

Phone: 0208 547 0566
info@oxygen-online.org



Independent Examiner's Report

To the trustees of: **OXYGEN (Kingston Borough Youth for Christ) 1086608**

I report on the accounts of the Trust for the year ended 31st August 2022, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.......... Nicola Jayne Lewis

Date.....27th June 2023.....