

# SOUNDLINCS LIMITED

England & Wales - Charity number 1086483

## Details

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Other names	SOUNDLINCS
Status	Registered
Legal form	Charitable company
Company number	03730138
Registered	2001-05-04
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Soundlincs, soundHOUSE, Garmston Court, 18 St. Martins Lane, LINCOLN
Phone	01522510073
Email	<a href="mailto:info@soundlincs.org">info@soundlincs.org</a>
Website	<a href="http://www.soundlincs.org">www.soundlincs.org</a>

## Activities

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**Objects:** TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE ARTS WITH PARTICULAR BUT NOT EXCLUSIVE REFERENCE TO MUSIC

**Activities:** SoundLincs designs and delivers high quality, creative & innovative music-making opportunities which acknowledge the unique needs & individual circumstances of the diverse communities we work with primarily across the East Midlands - promoting inclusivity, tackling social exclusion, undertaking research, and reducing health inequalities in partnership with local, regional & national agencies.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- Derby City
- Derbyshire
- Leicester City
- Leicestershire
- Lincolnshire
- Northamptonshire
- Nottingham City
- Nottinghamshire
- Rutland

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£373,074	£404,218	-	-
2024-03-31	£274,386	£278,708	-	-
2023-03-31	£148,174	£206,010	-	-
2022-03-31	£278,200	£268,410	-	-
2021-03-31	£366,126	£180,728	-	-

## Trustees

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Name	Role	Appointed
Anne Elizabeth Mahoney		2025-11-24
Benjamin Selway		2026-04-20
Crauford George Alexander Thomson		2024-10-21
Dominic James Graham Symonds		2019-10-14
Dr Robert Dean		2022-04-25
Heather Kay Benson		2025-11-24
Jane Sandra Ellis		2025-11-24
Sarah Charlotte Grundy		2024-04-15

**SOUNDLINGS LIMITED**

England & Wales - Charity number 1086483

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# Accounts

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**COMPANY REGISTRATION NUMBER: 3730138**  
**CHARITY REGISTRATION NUMBER: 1086483**

**SoundLincs**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**For the year ended**  
**31 March 2025**

**MUMBY HEPPENSTALL**

**Chartered accountants**  
**Wellingore Hall**  
**Wellingore**  
**Lincoln**  
**LN5 0HX**

# **SoundLines**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 March 2025**

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# SoundLincs

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

#### Chair's report

#### Reference and administrative details

<b>Registered charity name</b>	SoundLincs
<b>Charity registration number</b>	1086483
<b>Company registration number</b>	3730138
<b>Principal office and registered office</b>	Soundhouse 18 St Martins Lane Lincoln LN2 1HY

#### The trustees

Prof D Symonds (Chair/Treasurer)  
Mr P Garvey (resigned 21 October 2024)  
Dr T Jeffrey  
Mrs S Blair-Manning  
Dr R Dean  
Mr P Clarke (resigned 21 October 2024)  
Ms S Grundy (appointed 15 April 2024)  
Mr C G A Thomson (appointed 21 October 2024)  
Mr A Dawson (appointed 21 October 2024)

<b>Independent examiner</b>	Clare Heppenstall, MA, FCA Wellingore Hall Wellingore Lincoln
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<b>Key management personnel</b>	Ms N K Heyes, MBE – Chief Executive (resigned 9 October 2024) Mr E P Mentzel (appointed 5 August 2024)
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# SoundLincs

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2025

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#### Structure, governance and management

SoundLincs is a Not-for-Profit organisation, and a Company Limited by Guarantee and does not have any share capital. It was incorporated on 10 March 1999 and registered as a charity with the Charity Commission for England and Wales on 4 May 2001. Every Trustee of the Company has limited liability in the form of a guarantee of up to £1. Any major risk, to which the Charity is exposed, as identified by the Trustees, has been reviewed and systems have been established to mitigate those risks. The Charity's governing document is its Memorandum of Association & Articles of Association.

SoundLincs is managed by a voluntary Board of Trustees who are all Directors of the Charity and meet each quarter to review policies and ensure a coherent strategic overview of the Company. The day-to-day operations are delegated to the Chief Executive Officer and a core staff of 5 (2024:3) full time equivalent employees as at 31 March 2025.

Trustees are appointed to the Board for an initial term of three years after which time they are eligible for re-election for a further two years. A full induction to the work of the Charity and its structure and governance is provided. The Charity makes no significant use of volunteers other than the Trustees and some administrative support.

#### Objectives and activities

The Charities Act 2011 requires that the purpose for which, SoundLincs, the Charity is formed is charitable and fits one of the 13 charitable purposes. In the Company's case this would be to advance the education of the public in the arts with particular but not exclusive reference to music. The Act also states that there is clear benefit to the public. The Trustees of SoundLincs have had regard to the Charity Commission's guidance on public benefit and can confirm that all of the Company's work in 2024/25 has been for the benefit of the public. This annual report provides demonstrable impact on the community. The charity has also followed the Charity Governance Code.

#### Achievements and performance

The past year has been another remarkable chapter for SoundLincs, showcasing our versatility and continued commitment to harnessing the power of music to bring comfort, support, and education to a wide range of audiences and organisations. We have seen continued growth in referrals, music workshops, inspiring stories, and life-changing moments—reflecting a rising demand for our services. This expansion has been supported by exciting new funding streams, dynamic partnerships, and the addition of talented new colleagues and volunteers. We also welcomed several new Music Facilitators, Board Members, and core staff to the SoundLincs team.

In a significant moment for the organisation, our founding CEO, Nikki-Kate Heyes MBE, retired after 26 years of dedicated leadership. Nikki-Kate's vision and passion laid the foundation for SoundLincs' innovative work across the region and beyond. We were proud to appoint Eddy Mentzel as her successor, bringing fresh energy and expertise to the role. Eddy has worked in music production and education for 24 years through his company, *AudioJunkie*, which has partnered with SoundLincs for over two decades.

Over the past year, SoundLincs has worked directly with many communities, making a tangible difference in the lives of children and young people, older adults, participants with SEND, and marginalised groups including those involved with the Justice Service. In total, we reached 7,676 (2024: 6,297) participants through the delivery of 885 (2024: 867) music sessions, delivered by a dedicated team of 26 (2024: 32) Music Facilitators.

This year marked a significant milestone as we rebranded and successfully launched our new logo and website, offering a refreshed and more accessible digital presence. The revamped platform enhances user experience, better reflects our mission, and supports wider engagement with our audiences. Our online reach continues to grow, with 26,318 page views and a total of 406,738 people reached through digital platforms.

In tandem with our external rebrand, we have also made key internal operational upgrades, including a comprehensive overhaul of our IT systems, databases, and project management tools. These improvements have streamlined our workflow, increased productivity, and ensured greater efficiency and security across all areas of our work.

# SoundLines

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2025

Our communication efforts remain a vital part of our work. *soundEMission*, our free monthly e-bulletin for professionals in music development and education across the East Midlands, continues to grow and evolve. Now reaching 15,077 (2024: 14,479) cumulative recipients, *soundEMission* was remodelled in early 2025 to include job listings, funding and training opportunities, creative sessions, and a curated "What's On" guide for live music events. Additionally, we've introduced premium listings, allowing organisations to promote their offerings while supporting SoundLines' sustainability.

#### Project Highlights

##### Future of the Past

After a successful pilot, we completed the first year of *Future of the Past*, a project that breaks down barriers for young people to engage with heritage venues. The project empowers participants to reinterpret local history through creative outputs such as animation, music, theatre, visual arts, documentaries, and dance.

- In Horncastle, a sea shanty and tactile storytelling format explored the Endeavour's voyage.
- In Gainsborough, young people created a theatre production and animation based on the town's historical timeline, showcased at the Illuminate Festival.
- In Bourne, a documentary is being developed about Charles Worth, the town's famous fashion pioneer.

The project not only deepens historical understanding but also fosters skills and interest in heritage-based careers.

##### Upbeat: Mental Health and Wellbeing through Music

Our *Upbeat* programme continues to thrive, providing referral-based music sessions that reached 1,036 participants this year, including those with autism and dementia. In partnership with NHS teams, social prescribers, occupational therapists and mental health services, *Upbeat* has expanded geographically and in scope.

- Participants report 100% satisfaction, with all saying they enjoyed the sessions and would recommend them.
- 78% felt the sessions provided a safe space to connect and talk.
- 100% noted benefits including learning new skills, feeling listened to, reduced loneliness, and increased activity.

We've supported health workers through lectures, training, and outreach at universities, directly demonstrating music's therapeutic impact.

##### Lincolnshire Sings

On 12th October 2024, *Lincolnshire Sings* returned with a vibrant day of mass harmony singing at The Epic Centre, Lincolnshire Showground. With 190 singers participating, the event featured workshops by Christina Clark, Liz McIntosh, and Zeph Churchill. Participants described the event as "uplifting, inspiring, and therapeutic," with 84% reporting improved mood and wellbeing.

##### SoundLines Conference 2024

Held on 6th September at the Lincolnshire Wildlife Trust's Whisby Education Centre, this year's Conference focused on Mental Health. We were honoured to welcome Kate Hull Rodgers—comedian, mental health advocate, and co-founder of Stepping Stones Theatre—who shared personal stories and insights into laughter therapy and resilience. Activities like sound therapy and pond dipping provided delegates with restorative, nature-based experiences.

##### Financial review

SoundLines aims to diversify its income base through funding applications for new projects whilst building on its core base of working with children and young people in challenging circumstances. The results for this year show a significant increase in income and a small deficit of £4,322 compared to a deficit of £57,836 the previous

# SoundLincs

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2025

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year.

Focus continues on increasing the charity's fundraising capacity to sustain and grow the organisation for the foreseeable future.

#### RESERVES POLICY

It is the policy of the charity to maintain unrestricted free reserves at a level to allow the charity to research and develop new programmes and funding strategies to enable it to continue in its charitable objectives, and to provide sufficient funds to cover redundancy provision and three months operating costs in the event of it having to cease operating. The Board has requested that the level of reserves is increased so as to cover four months operating costs by 31 March 2026, with a further increase so as to cover six months operating costs over the next few years. The Board is satisfied that the current level of unrestricted funds is sufficient to meet the policy based on the current level of projected operating expenditure, but they expect the expenditure to increase in the future.

Unrestricted reserves at 31 March 2025 £67,062 (2024: £110,879).

Restricted reserves at 31 March 2025 £61,103 (2023: £48,430).

There were no designated funds at 31 March 2025 or 2024.

#### Plans for future periods

We are excited to announce new funding to further develop our mental health and wellbeing projects into 2025–2026.

##### SoundLincs Connect

*Connect* is a new initiative supporting individuals transitioning from acute and rehabilitation wards back into the community—a critical window identified in the Lincolnshire Suicide Prevention Strategy. The project targets those at risk of suicide, including individuals facing severe mental illness or dual diagnoses such as trauma or substance use. Through creative music interventions, *Connect* fosters recovery, confidence, and community reintegration.

Music provides an inclusive platform for emotional healing, communication, and skill-building. Evidence consistently shows that music can alleviate stress, anxiety, and depression while improving memory, social connection, and physical dexterity.

##### Inside Voices

Building on our longstanding work in secure settings, we are launching our *Inside Voices* programme at HMP Lincoln, HMP North Sea Camp, HMP Ranby, and HMP Peterborough, as well as developing support groups for recently released individuals.

Participants from HMP Ranby described our previous sessions as “terrific, educational, and inclusive,” emphasising the importance of expression and creativity in custody. The workshops have led to improved wellbeing, teamwork, peer support, and communication, as well as increased interest in music and the arts.

By working with prisons, probation services, Lincolnshire Action Trust, and Development Plus, *Inside Voices* offers a positive alternative to offending behaviours. Our dual model—support inside and outside prison—aims to reduce reoffending, foster resilience, and promote social reintegration through the power of music.

##### FAB! Celebration for Children in Care

SoundLincs will partner with Lincolnshire County Council's Children's Services Participation Team to deliver the 14<sup>th</sup> *FAB!*, an annual celebration to celebrate the achievements of Children in Care. The event theme to once again be chosen by the young people.

#### RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of SoundLincs for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of

# SoundLines

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2025

resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:



A handwritten signature in black ink, appearing to read 'D Symonds'.

Signed on 31/07/25 @ 12:53

Prof D Symonds  
Trustee

# SoundLincs

## Company Limited by Guarantee

### Independent Examiner's Report to the Trustees of SoundLincs

Year ended 31 March 2025

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I report to the trustees on my examination of the financial statements of SoundLincs ('the charity') for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Clare N. Heppenstall*

Clare Heppenstall, MA, FCA  
Independent Examiner  
Mumby Heppenstall  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

*31 July 2025*

# SoundLines

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

		2025	2024		
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	1,205	–	1,205	3,718
Charitable activities	6	81,890	262,837	344,727	241,560
Other trading activities	7	25,689	–	25,689	27,802
Investment income	8	1,435	–	1,435	1,123
Other income	9	18	–	18	183
<b>Total income</b>		<u>110,237</u>	<u>262,837</u>	<u>373,074</u>	<u>274,386</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	10	11,238	–	11,238	6,242
Expenditure on charitable activities	11,12	142,816	250,164	329,980	272,466
<b>Total expenditure</b>		<u>154,054</u>	<u>250,164</u>	<u>404,218</u>	<u>278,708</u>
<b>Net income/ (expenditure)</b>		<u>(43,817)</u>	<u>12,673</u>	<u>(31,144)</u>	<u>(4,322)</u>
Transfers between funds		–	–	–	–
<b>Net movement in funds</b>		<u>(43,817)</u>	<u>12,673</u>	<u>(31,144)</u>	<u>(4,322)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>110,879</u>	<u>48,430</u>	<u>159,309</u>	<u>163,631</u>
<b>Total funds carried forward</b>		<u>67,062</u>	<u>61,103</u>	<u>128,165</u>	<u>159,309</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

# SoundLincs

## Company Limited by Guarantee

### Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible fixed assets	18	4,628	3,094
<b>Current assets</b>			
Debtors	19	15,664	88,931
Cash at bank and in hand		201,629	135,945
		<u>217,293</u>	<u>224,876</u>
<b>Creditors: amounts falling due within one year</b>	20	93,756	68,661
<b>Net current assets</b>		<u>123,537</u>	<u>156,215</u>
<b>Total assets less current liabilities</b>		<u>128,165</u>	<u>159,309</u>
<b>Net assets</b>		<u>128,165</u>	<u>159,309</u>
<b>Funds of the charity</b>			
Restricted funds		61,103	48,430
Unrestricted funds		67,062	110,879
<b>Total charity funds</b>	23	<u>128,165</u>	<u>159,309</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on ....., and are signed on behalf of the board by:



*Prof D Symonds*

Signed on 31/07/25 @ 12:53

Prof D Symonds  
Trustee

Company number 3730138  
Charity number 1086483

The notes on pages 9 to 17 form part of these financial statements.

# SoundLincs

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 March 2025

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Soundhouse, 18 St Martins Lane, Lincoln, LN2 1HY.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity. The financial statements are prepared in sterling, which is the functional currency of the entity. SoundLincs is a public benefit entity as defined by FRS 102.

##### Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

##### Income tax

These accounts are prepared on the basis that as a charity, the activities of SoundLincs are exempt from income tax and corporation tax.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for specific purpose. Restricted funds are subjected to restrictions on their expenditure declared by the donor or when funds are raised for specific restricted purposes.

##### Incoming resources

Incoming resources from grants are credited to the Statement of Financial Activities in the year to which they relate. Projects and workshops income is accounted for as receivable by the charity. Deferred income is that to which the charity has not yet earned entitlement for receipt until the service has been provided. Such income is accounted for as a liability until the period in which the charity becomes entitled to the income.

# SoundLines

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

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#### 3. Accounting policies *(continued)*

##### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All expenditure has been classified under headings that aggregate all costs relating to that category. Expenses relating to one activity or cost category have been directly allocated. Other overheads have been apportioned on the basis of estimated time spent and resources utilised: Cost of raising donations and legacies - Chief Executive Officer 25% (2024: 10%). Charitable activities - Chief Executive Officer 70% (2024: 85%), administration 90% and all other staff costs 100%. Governance - Chief Executive Officer 5%, administration 10%.

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	-	25% reducing balance
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##### Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

##### Defined contribution plans

Contributions are made to a workplace pension scheme for employees where required under the automatic enrolment legislation.

#### 4. Limited by guarantee

The charity is a company limited by guarantee. If the company is wound up the members are each liable to contribute up to £1.

# SoundLincs

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

#### 5. Donations and legacies

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
<b>Donations</b>				
MUSIC:LINK subscriptions	785	785	1,580	1,580
Donations	420	420	1,958	1,958
	<u>1,205</u>	<u>1,205</u>	<u>3,538</u>	<u>3,538</u>

#### 6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Projects and workshops income	67,708	9,289	76,997
Grants:			
Other grants	14,182	–	14,182
HMP Ranby	–	10,000	10,000
Future of the Past	–	134,397	134,397
Bourne Community Radio	–	20,000	20,000
UpBEAT!	–	79,500	79,500
Lincoln Sings	–	4,535	4,535
Postlethwaite Music Foundation	–	3,000	3,000
SoundLincs conference	–	2,116	2,116
	<u>81,890</u>	<u>262,837</u>	<u>344,727</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Projects and workshops income	11,764	51,221	62,985
Newark and Sherwood District Council -OpenSounds	–	40,000	40,000
Lincolnshire County Council- Springwell Outreach	–	14,000	14,000
Lincolnshire County Council – Bourne Community Radio	–	10,000	10,000
UpBEAT!	–	111,575	111,575
Postlethwaite Music Foundation	–	3,000	3,000
	<u>11,764</u>	<u>229,796</u>	<u>241,560</u>

#### 7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Premises rental	<u>25,689</u>	<u>25,689</u>	<u>27,802</u>	<u>27,802</u>

# SoundLincs

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

#### 8. Investment income

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Bank interest receivable	<u>1,435</u>	<u>1,435</u>	<u>1,123</u>	<u>1,123</u>

#### 9. Other income

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Gift Aid	18	18	183	183
Sundry income	–	–	–	–
	<u>18</u>	<u>18</u>	<u>183</u>	<u>183</u>

#### 10. Costs of raising donations and legacies

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Costs of raising donations and legacies	<u>11,238</u>	<u>11,238</u>	<u>6,242</u>	<u>6,242</u>

#### 11. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Projects and workshops expenditure	136,768	–	136,768
HMP Ranby	–	10,000	10,000
Future of the Past	–	113,508	113,508
Bourne Community Radio	–	20,000	20,000
UpBEAT!	–	95,151	95,151
Lincoln Sings	–	6,390	6,390
Postlethwaite Music Foundation	–	3,000	3,000
SoundLincs conference	–	2,115	2,115
Support costs	6,048	–	6,048
	<u>142,816</u>	<u>250,164</u>	<u>392,980</u>
	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Projects and workshops expenditure	73,889	–	73,889
Newark and Sherwood District Council -OpenSounds	–	40,000	40,000
Lincolnshire County Council- Springwell Outreach	–	14,000	14,000
Lincolnshire County Council – Bourne Community Radio	–	10,000	10,000
UpBEAT!	–	116,221	116,221
Postlethwaite Music Foundation	–	3,000	3,000
Support costs	15,356	–	15,356
	<u>89,245</u>	<u>183,221</u>	<u>272,466</u>

# SoundLincs

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

#### 12. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2025 £	Total fund 2024 £
Projects and workshops	377,826	6,048	383,874	263,430
Governance costs	–	9,106	9,106	9,036
	<u>377,826</u>	<u>15,154</u>	<u>392,980</u>	<u>272,466</u>

#### 13. Analysis of support costs

	Projects and workshops £	Total 2025 £	Total 2024 £
Staff costs	4,078	4,078	4,755
General office	1,970	1,970	1,565
Governance costs	9,106	9,106	9,036
	<u>15,154</u>	<u>15,154</u>	<u>15,356</u>

#### 14. Net income

Net income is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	1,543	1,032
(Profit)/loss on disposal of fixed assets	(443)	876
	<u>1,100</u>	<u>1,908</u>

#### 15. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,224	1,224
Other financial services	744	738
	<u>1,968</u>	<u>1,962</u>

#### 16. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	165,611	133,491
Social security costs	10,509	8,488
Employer contributions to pension plans	3,706	2,859
	<u>179,826</u>	<u>144,838</u>

# SoundLines

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

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#### 16. Staff costs *(continued)*

The average head count of employees during the year was 6 (2024: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Management	1	1
Project	3	2
Administrative	1	1
	<u>5</u>	<u>4</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £57,935 (2024: £56,942).

#### 17. Trustee remuneration and expenses

No remuneration from employment with the charity was received by any of the trustees during the year.

No expenses were paid to any of the trustees during the year (2024: Nil).

#### 18. Tangible fixed assets

	Equipment £
<b>Cost</b>	
At 1 April 2024	26,141
Additions	3,910
Disposals	(4,419)
<b>At 31 March 2025</b>	<u>25,632</u>
<b>Depreciation</b>	
At 1 April 2024	23,047
Charge for the year	1,543
On disposals	(3,586)
<b>At 31 March 2025</b>	<u>21,004</u>
<b>Carrying amount</b>	
<b>At 31 March 2025</b>	<u>4,628</u>
At 31 March 2024	<u>3,094</u>

# SoundLincs

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

#### 19. Debtors

	2025	2024
	£	£
Trade debtors	8,190	79,860
Prepayments and accrued income	7,374	8,810
Other debtors	100	261
	<u>15,664</u>	<u>88,931</u>

#### 20. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	11,066	14,645
Accruals and deferred income	77,224	47,282
Social security and other taxes	3,503	3,573
Deposits	1,800	2,998
Soaring Skywards	163	163
	<u>93,756</u>	<u>68,661</u>

#### 21. Deferred income

	2025	2024
	£	£
At 1 April 2024	41,870	5,000
Amount released to income	(32,108)	(5,000)
Amount deferred in year	63,283	41,870
<b>At 31 March 2025</b>	<u>73,045</u>	<u>41,870</u>

Deferred income relates to funding invoiced at 31 March 2025 for projects which had not been completed or not started at that date, and so the proportion of funding held to complete the project has been carried forward.

#### 22. Pensions and other post-retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £3,706 (2024: £2,859).

# SoundLines

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2025

#### 23. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	<u>110,879</u>	<u>110,237</u>	<u>(154,054)</u>	<u>-</u>	<u>67,062</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	<u>161,776</u>	<u>44,590</u>	<u>(95,487)</u>	<u>-</u>	<u>110,879</u>

##### Restricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
Future of the Past	-	137,297	(113,508)	-	23,789
HMP Ranby	-	10,000	(10,000)	-	-
Lincoln Sings	1,855	4,535	(6,390)	-	-
UpBEAT!	46,575	85,890	(95,151)	-	37,314
Bourne Community Radio	-	20,000	(20,000)	-	-
Postlethwaite Music	-	3,000	(3,000)	-	-
Foundation	-	2,115	(2,115)	-	-
SoundLines conference	-	-	-	-	-
	<u>48,430</u>	<u>262,837</u>	<u>(250,164)</u>	<u>-</u>	<u>61,103</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
OpenSounds	-	40,000	(40,000)	-	-
LCC Springwell	-	14,000	(14,000)	-	-
LCC Lincoln Sings	1,855	-	-	-	1,855
UpBEAT!	-	162,796	(116,221)	-	46,575
LCC Bourne Community	-	10,000	(10,000)	-	-
Radio	-	3,000	(3,000)	-	-
Postlethwaite Music	-	-	-	-	-
Foundation	-	-	-	-	-
	<u>1,855</u>	<u>229,796</u>	<u>(183,221)</u>	<u>-</u>	<u>48,430</u>

# SoundLines

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2025

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#### 23. Analysis of charitable funds *(continued)*

Restricted funds are treated as such because of conditions imposed by the external funding provider that means delivery of services under these funds is more restricted than the core service provided by the organisation.

#### 24. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	4,628	–	4,628
Current assets	83,428	133,865	217,293
Creditors less than 1 year	(20,994)	(72,762)	(93,756)
<b>Net assets</b>	<u>67,062</u>	<u>61,103</u>	<u>128,165</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	3,094	–	3,094
Current assets	128,354	96,522	224,876
Creditors less than 1 year	(20,569)	(48,092)	(68,661)
<b>Net assets</b>	<u>110,879</u>	<u>48,430</u>	<u>159,309</u>

#### 25. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Not later than 1 year		
1-5 years	5,836	7,836
	<u>2,574</u>	<u>3,510</u>

#### 26. Related parties

One member of staff who left during the year is a domestic partner of one of the trustees. This trustee declares an interest at times of salary reviews and staffing matters. There were no other related party transactions during the year.

**SOUNDLINGS LIMITED**

England & Wales - Charity number 1086483

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# Accounts

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COMPANY REGISTRATION NUMBER: 3730138  
CHARITY REGISTRATION NUMBER: 1086483

**soundLINCS**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**For the year ended**  
**31 March 2024**

**MUMBY HEPPENSTALL**

Chartered accountants  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

# **soundLINCS**

## **Company Limited by Guarantee**

### **Financial Statements**

**Year ended 31 March 2024**

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Statement of financial activities (including income and expenditure account)	<b>7</b>
Statement of financial position	<b>8</b>
Notes to the financial statements	<b>9</b>

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 March 2024

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

#### Chair's report

#### Reference and administrative details

<b>Registered charity name</b>	soundLINCS
<b>Charity registration number</b>	1086483
<b>Company registration number</b>	3730138
<b>Principal office and registered office</b>	soundHOUSE 18 St Martins Lane Lincoln LN2 1HY

#### The trustees

Prof D Symonds (Chair/Treasurer)  
Mr P Garvey  
Dr T Jeffrey  
Mrs S Blair-Manning  
Dr R Dean  
Mr P Clarke  
Ms P Caine (resigned 12 February 2024)  
Ms S Grundy (appointed 15 April 2024)

<b>Independent examiner</b>	Clare Heppenstall, MA, FCA Wellingore Hall Wellingore Lincoln
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<b>Key management personnel</b>	Ms N K Heyes, MBE – Chief Executive
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# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2024

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##### Structure, governance and management

soundLINCS is a Not-for-Profit organisation, and a Company Limited by Guarantee and does not have any share capital. It was incorporated on 10 March 1999 and registered as a charity with the Charity Commission for England and Wales on 4 May 2001. Every Trustee of the Company has limited liability in the form of a guarantee of up to £1. Any major risk, to which the Charity is exposed, as identified by the Trustees, has been reviewed and systems have been established to mitigate those risks. The Charity's governing document is its Memorandum of Association & Articles of Association.

soundLINCS is managed by a voluntary Board of Trustees who are all Directors of the Charity and meet each quarter to review policies and ensure a coherent strategic overview of the Company. The day-to-day operations are delegated to the Chief Executive Officer, Nikki-Kate Heyes MBE and a core staff of 3 full time equivalent employees as at 31 March 2024.

Trustees are appointed to the Board for an initial term of three years after which time they are eligible for re-election for a further two years. A full induction to the work of the Charity and its structure and governance is provided. The Charity makes no significant use of volunteers other than the Trustees and some administrative support.

##### Objectives and activities

The Charities Act 2011 requires that the purpose for which, soundLINCS, the Charity is formed is charitable and fits one of the 13 charitable purposes. In the Company's case this would be to advance the education of the public in the arts with particular but not exclusive reference to music. The Act also states that there is clear benefit to the public. The Trustees of soundLINCS have had regard to the Charity Commission's guidance on public benefit and can confirm that all of the Company's work in 2023/24 has been for the benefit of the public. This annual report provides demonstrable impact on the community. The charity has also followed the Charity Governance Code.

##### Achievements and performance

It's been a bumper year for soundLINCS, and one in which we have marked some major events for the charity. We've bounced back from the challenges of lockdown and the pandemic to become stronger, louder, and more vibrant than ever. We're pushing into new areas, reaching new audiences, and working with new organisations. In the course of this year, we've worked alongside communities young and old, bringing music into people's lives, and reaching every corner of the region. None of this would be possible without the commitment, passion, and expertise of our dedicated team, our wonderful sponsors, and our enthusiastic participants - so thanks to all of our staff, our music facilitators, partners, supporters, and friends, without whom the soundLINCS activities wouldn't be possible.

This year we have also celebrated our 25th birthday. The main celebrations took place as part of the soundLINCS 14th Annual conference in the stunning vista of the upper floor of the Constance Stewart Hall, Bishop Grosseteste University in Lincoln. Bringing together the whole team for an action-packed birthday party, eating cake, playing music, and reminiscing about the journey so far with an array of guests, from long-time supporters to new funders and people who were discovering soundLINCS for the first time.

However, it's the day-to-day work of soundLINCS that we most enjoy because that's how we get to meet new people, share our music, and focus on making a difference. This year has been no exception. Over the year we have worked with a cumulative total of 6,297 participants, through the delivery of 867 music sessions, which have been led by a team of 32 Music Facilitators during the year.

To highlight 3 projects from the year - **soundLINCS UpBEAT!** Our music and mental health referral service, has continued to grow, expand, and reach new heights this year.

Over the course of the year, soundLINCS UpBEAT! has worked with 1,104 individual participants. The project continued to work in a variety of settings, including care homes, day centres, acute mental health hospitals and community hubs.

December saw the release of soundLINCS first Christmas single, written and performed by a soundLINCS UpBEAT! participant and accompanied by the University of Lincoln Choir 'Don't be silent tonight' by Cat

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2024

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Winter. Followed by the release of a Blue Monday Playlist in January, for social prescribers, community connectors and healthcare professionals. We have been impressed with the 229 listens within the first 5 months. soundLINCS UpBEAT! participants have also been enjoying furthering their maths skills through music as part of the Government's initiative 'Multiply'.

The feedback from participants is constantly amazing. 'The session lifts me and sets me up for the rest of the day and gives me so much inspiration. The team at soundLINCS are wonderful and make me feel so welcome.' - UpBEAT! Participant

"This is the one group that everyone gets involved in. We have noticed that residents connect music to memories and the sessions stimulate interaction, communication, and group connection. Everyone loves the sessions, and it encourages dance and movement. The hard-to-reach residents have even got involved and come out of their rooms to sing". - UpBEAT! Participant

In the office soundLINCS has been able to support 5 volunteers from the UpBEAT! project. While the Bourne Community Radio, which began developing from the dream of an UpBEAT! participant last year, now has a firm group of volunteers and continues to flourish and grow, with the group securing further funding for equipment and a base for their radio station.

soundLINCS has also enjoyed presenting the project to a variety of conferences and events, including opening Lincolnshire SHINE 'Celebrating Our Communities' event at the Lincolnshire Showground with a mass participatory composition to start the day!

This year, soundLINCS was delighted to be commissioned by Newark and Sherwood District Council to develop and deliver **Open Sounds** as part of the Newark Palace Theatre and the National Civil War Centre's NPO Open Doors project, to work with young people with special educational needs and disabilities (SEND) aged between 14 – 24 years, their families and carers young disabled community over the course of the year.

Throughout the duration of this project, we have worked with 19 groups across 12 settings in Newark and Sherwood. Groups included Newark Autism Support Group, Mencap, Orchard School, REACH and open holiday sessions at the National Civic War Museum.

Requested music genres ranged from drumming to singing, music production, songwriting to soundscapes. Resulting in a vast array of music outcomes including music for panto, new celebratory regional songs, sounds for films, recordings, videos, performances, and lots of music making. Along with a wealth of social and personal skill developments and impacts.

In total soundLINCS Open Sounds project engaged with 555 participants across the year, including 431 SEND participants of whom 43 have achieved Arts Awards and a further 8 participants gaining Level 1, 2, and 3 Maths certificates through the Multiply scheme.

Digitally, this project has reached 18,868 people across Facebook, Instagram, X and YouTube.

Following the sessions, we have received 100% positive feedback from participants, settings and Music Facilitators that took part in the Open Sounds project, with all of the groups enquiring about further sessions.

"The group works really well with some fantastic skills development being demonstrated. Everyone seems to really enjoy the workshops and are always very eager each week." - REACH Newark, Open Sounds Setting  
Finally on 9th March 2024 **Lincolnshire Sings** returned, this time partnering with Spalding Community Choir to deliver a wonderful day of mass harmony singing with 113 people at Spalding's extraordinary Broad Street Methodist Church.

Lincolnshire Sings is a series of wonderful days filled with mass harmony singing workshops to celebrate community singing. The project aims to bring together individuals, vocal groups and choirs who have a passion for singing to celebrate and experience good quality workshops delivered by a network of vocal leaders. Lincolnshire Sings also encourages people to get involved and share their information on the Lincolnshire Sings Map that recognises that there are many vocal groups and choirs within Lincolnshire.

The workshop was led by inspiring community singing leader Dave Camlin, who is a nationally and internationally renowned singer, composer, researcher and educator. Dave led the workshops into exploring how our singing voices help us connect: to ourselves, to each other and to the world around us. Together we weaved a temporary republic of harmony in the air!

Choirs and vocal groups, such as Spalding Community Choir and Sing It Loud, took the opportunity at lunch to have a busk in Spalding Town Centre, which was very well received by members of the public passing by.

"I wish we could keep singing to contribute to a happier world". - Lincolnshire Sings Participant

Finally, soundLINCS continued to share information over the course of this year. soundEMission, the free e-information service for people involved in music development and education in the East Midlands, has continued to roll out every month with insightful and helpful articles on developing yourself along with sector news, headlines and more. soundEMission has continued to grow with having 14,479 cumulative recipients and

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2024

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is now regularly filled with over 70 links every month. To find out more and to subscribe to soundEMission, visit [www.soundlincs.org/resources/soundemission/](http://www.soundlincs.org/resources/soundemission/)

Social media in general has increased over the year with 92 countries regularly visiting the website - 14,983 website page views with 267,261 people reached online.

#### Financial review

soundLINCS aims to diversify its income base through funding applications for new projects whilst building on its core base of working with children and young people in challenging circumstances. The results for this year show a significant increase in income and a small deficit of £4,322 compared to a deficit of £57,836 the previous year.

Focus continues on increasing the charity's fundraising capacity to sustain and grow the organisation for the foreseeable future.

#### RESERVES POLICY

It is the policy of the charity to maintain unrestricted free reserves at a level to allow the charity to research and develop new programmes and funding strategies to enable it to continue in its charitable objectives, and to provide sufficient funds to cover redundancy provision and three months operating costs in the event of it having to cease operating. The Board is satisfied that the current level of unrestricted funds is sufficient to meet this policy based on the current level of projected operating expenditure.

Unrestricted reserves at 31 March 2023 £110,879 (2023: £161,776).

Restricted reserves at 31 March 2023 £48,430 (2023: £1,855).

There were no designated funds at 31 March 2024 or 2023.

#### Plans for future periods

2023/24 was a busy year for a major fundraising push, with the majority, we are pleased to say were successful. Therefore 2024/25 will see wider developments to existing projects such as soundLINCS UpBEAT! with the success of an Arts Council three-year grant, linking to the NASP Power of music for supported Dementia groups and the development of Autistic music groups within Lincolnshire.

April will see soundLINCS leading the commencement of a 3-year Future of the Past project. Following the highly successful pilot project, Future of the Past is going to rekindle the flames of passion and appreciation for heritage, and creatively empower young people to craft contemporary interpretations of heritage, preserving our past while shaping our future.

Made possible by funding from The National Lottery Heritage Fund, South & East Lincolnshire Councils Partnership and West Lindsey District Council, the Future of the Past project will see 6 heritage sites across Lincolnshire – Spalding Gentleman's Society, Gainsborough Heritage Centre, Baldocks Mill in Bourne, Fydell House in Boston, The Joseph Banks Centre in Horncastle, and Sleaford Museum – and 1 peripatetic Eastern European community group – Boston Lithuanian Community Group – enable young people to engage with heritage groups, develop skills and grow confidence. With support from Cultural Facilitators, these young people, aged 11-25, will work together with the heritage volunteers to develop creative outputs based upon the venue's assets and ambitions, to attract and retain younger and more diverse audiences to the heritage sites.

Future of the Past will be one of soundLINCS largest partnership projects bringing together 20 organisations from the arts and heritage organisations in Lincolnshire, led by soundLINCS. This diverse skill set will allow delivery of a dynamic, engaging, and transformative project for the communities of Lincolnshire to ensure the continuation of heritage venues, by creating the volunteers of the future and guaranteeing long term sustainability – watch this space!

soundLINCS will be venturing into work within HMP service, having successfully secured a 6-month pilot contract to work within HMP Ranby, while exploring opportunities within HMP North Sea open prison.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2024

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With a further commission to deliver the FAB! 2024 awards at the University of Lincoln on behalf of Lincolnshire County Council secured and 2 large Lincolnshire Sings events in the pipeline 2024/25 promises to be another bumper year for soundLINCS.

#### RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of soundLINCS for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

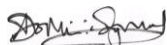
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:



Signed on 01/08/24 @ 08:54

Prof D Symonds  
Trustee

# soundLINCS

## Company Limited by Guarantee

### Independent Examiner's Report to the Trustees of soundLINCS

Year ended 31 March 2024

---

I report to the trustees on my examination of the financial statements of soundLINCS ('the charity') for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Clare N. Heppenstall*

Clare Heppenstall, MA, FCA  
Independent Examiner  
Mumby Heppenstall  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

*1<sup>st</sup> August 2024*

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2024

		2024		2023	
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	3,718	–	3,718	3,538
Charitable activities	6	11,764	229,796	241,560	116,263
Other trading activities	7	27,802	–	27,802	27,858
Investment income	8	1,123	–	1,123	337
Other income	9	183	–	183	178
<b>Total income</b>		<u>44,590</u>	<u>229,796</u>	<u>274,386</u>	<u>148,174</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	10	6,242	–	6,242	7,371
Expenditure on charitable activities	11,12	89,245	183,221	272,466	198,639
<b>Total expenditure</b>		<u>95,487</u>	<u>183,221</u>	<u>278,708</u>	<u>206,010</u>
<b>Net income/ (expenditure)</b>		<u>(50,897)</u>	<u>46,575</u>	<u>(4,322)</u>	<u>(57,836)</u>
Transfers between funds		–	–	–	–
<b>Net movement in funds</b>		<u>(50,897)</u>	<u>46,575</u>	<u>(4,322)</u>	<u>(57,836)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		161,776	1,855	163,631	221,467
<b>Total funds carried forward</b>		<u>110,879</u>	<u>48,430</u>	<u>159,309</u>	<u>163,631</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible fixed assets	18	3,094	4,241
<b>Current assets</b>			
Debtors	19	88,931	16,742
Cash at bank and in hand		135,945	170,969
		<u>224,876</u>	<u>187,711</u>
<b>Creditors: amounts falling due within one year</b>	20	68,661	28,321
<b>Net current assets</b>		<u>156,215</u>	<u>159,390</u>
<b>Total assets less current liabilities</b>		<u>159,309</u>	<u>163,631</u>
<b>Net assets</b>		<u>159,309</u>	<u>163,631</u>
<b>Funds of the charity</b>			
Restricted funds		48,430	1,855
Unrestricted funds		110,879	161,776
<b>Total charity funds</b>	23	<u>159,309</u>	<u>163,631</u>

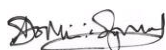
For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on....., and are signed on behalf of the board by:



Signed on 01/08/24 @ 08:54

Prof D Symonds  
Trustee

Company number 3730138  
Charity number 1086483

The notes on pages 9 to 17 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements

#### Year ended 31 March 2024

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is soundHOUSE, 18 St Martins Lane, Lincoln, LN2 1HY.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity. The financial statements are prepared in sterling, which is the functional currency of the entity. soundLINDCS is a public benefit entity as defined by FRS 102.

##### Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

##### Income tax

These accounts are prepared on the basis that as a charity, the activities of soundLINCS are exempt from income tax and corporation tax.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for specific purpose. Restricted funds are subjected to restrictions on their expenditure declared by the donor or when funds are raised for specific restricted purposes.

##### Incoming resources

Incoming resources from grants are credited to the Statement of Financial Activities in the year to which they relate. Projects and workshops income is accounted for as receivable by the charity. Deferred income is that to which the charity has not yet earned entitlement for receipt until the service has been provided. Such income is accounted for as a liability until the period in which the charity becomes entitled to the income.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

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#### 3. Accounting policies *(continued)*

##### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All expenditure has been classified under headings that aggregate all costs relating to that category. Expenses relating to one activity or cost category have been directly allocated. Other overheads have been apportioned on the basis of estimated time spent and resources utilised: Cost of raising donations and legacies - Chief Executive Officer 10%. Charitable activities - Chief Executive Officer 85%, administration 90% and all other staff costs 100%. Governance - Chief Executive Officer 5%, administration 10%.

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	-	25% reducing balance
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##### Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

##### Defined contribution plans

Contributions are made to a workplace pension scheme for employees where required under the automatic enrolment legislation.

#### 4. Limited by guarantee

The charity is a company limited by guarantee. If the company is wound up the members are each liable to contribute up to £1.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

##### 5. Donations and legacies

	Unrestricted Funds £	<b>Total Funds 2024 £</b>	Unrestricted Funds £	Total Funds 2023 £
<b>Donations</b>				
MUSIC:LINK subscriptions	1,215	1,215	1,580	1,580
Donations	2,503	2,503	1,958	1,958
	<u>3,718</u>	<u>3,718</u>	<u>3,538</u>	<u>3,538</u>

##### 6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	<b>Total Funds 2024 £</b>
Projects and workshops income	11,764	51,221	62,985
Newark and Sherwood District Council -OpenSounds	–	40,000	40,000
Lincolnshire County Council- Springwell Outreach	–	14,000	14,000
Lincolnshire County Council – Bourne Community Radio	–	10,000	10,000
UpBEAT!	–	111,575	111,575
Postlethwaite Music Foundation	–	3,000	3,000
	<u>11,764</u>	<u>229,796</u>	<u>241,560</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Projects and workshops income	44,203	–	44,203
Postlethwaite Music Foundation	1,000	3,000	4,000
Lincoln Sings	–	1,992	1,992
UpBEAT!	528	65,540	66,068
	<u>45,731</u>	<u>70,532</u>	<u>116,263</u>

##### 7. Other trading activities

	Unrestricted Funds £	<b>Total Funds 2024 £</b>	Unrestricted Funds £	Total Funds 2023 £
Premises rental	<u>27,802</u>	<u>27,802</u>	<u>27,858</u>	<u>27,858</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

#### 8. Investment income

	Unrestricted Funds	<b>Total Funds 2024</b>	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Bank interest receivable	1,123	1,123	337	337

#### 9. Other income

	Unrestricted Funds	<b>Total Funds 2024</b>	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Gift Aid	183	183	80	80
Sundry income	–	–	98	98
	183	183	178	178

#### 10. Costs of raising donations and legacies

	Unrestricted Funds	<b>Total Funds 2024</b>	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Costs of raising donations and legacies	6,242	6,242	7,371	7,371

#### 11. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	<b>Total Funds 2024</b>
Projects and workshops expenditure	73,889	–	73,889
Newark and Sherwood District Council -OpenSounds	–	40,000	40,000
Lincolnshire County Council- Springwell Outreach	–	14,000	14,000
Lincolnshire County Council – Bourne Community Radio	–	10,000	10,000
UpBEAT!	–	116,221	116,221
Postlethwaite Music Foundation	–	3,000	3,000
Support costs	15,356	–	15,356
	89,245	183,221	272,466

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Projects and workshops	104,666	78,655	183,321
Support costs	14,086	1,232	15,318
	118,752	79,887	198,639

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

#### 12. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	<b>Total funds 2024</b> £	Total fund 2023 £
Projects and workshops	257,110	6,320	263,430	190,389
Governance costs	–	9,036	9,036	8,250
	<u>257,110</u>	<u>15,356</u>	<u>272,466</u>	<u>198,639</u>

#### 13. Analysis of support costs

	Projects and workshops £	<b>Total 2024</b> £	Total 2023 £
Staff costs	4,755	4,755	5,257
General office	1,565	1,565	1,811
Governance costs	9,036	9,036	8250
	<u>15,356</u>	<u>15,356</u>	<u>15,318</u>

#### 14. Net income

Net income is stated after charging/(crediting):

	<b>2024</b> £	2023 £
Depreciation of tangible fixed assets	1,032	1,414
Loss on disposal of fixed assets	876	–
	<u>1,908</u>	<u>1,414</u>

#### 15. Independent examination fees

	<b>2024</b> £	2023 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,224	1,212
Other financial services	738	732
	<u>1,962</u>	<u>1,944</u>

#### 16. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	<b>2024</b> £	2023 £
Wages and salaries	133,491	94,605
Social security costs	8,488	5,094
Employer contributions to pension plans	2,859	2,156
	<u>144,838</u>	<u>101,855</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

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#### 16. Staff costs *(continued)*

The average head count of employees during the year was 4 (2023: 3). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Management	1	1
Project	2	1
Administrative	1	1
	<u>4</u>	<u>3</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £56,942 (2023: £54,230).

#### 17. Trustee remuneration and expenses

No remuneration from employment with the charity were received by any of the trustees during the year. £478 was paid for Christmas entertainment for four volunteers, one member of the board of trustees and the four members of staff.

No expenses were paid to any of the trustees during the year (2023: Nil).

#### 18. Tangible fixed assets

	<b>Equipment</b> £
<b>Cost</b>	
At 1 April 2023	48,845
Additions	761
Disposals	(23,465)
<b>At 31 March 2024</b>	<u>26,141</u>
<b>Depreciation</b>	
At 1 April 2023	44,604
Charge for the year	1,032
On disposals	(22,589)
<b>At 31 March 2024</b>	<u>23,047</u>
<b>Carrying amount</b>	
<b>At 31 March 2024</b>	<u>3,094</u>
At 31 March 2023	<u>4,241</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

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#### 19. Debtors

	<b>2024</b>	2023
	£	£
Trade debtors	79,860	7,851
Prepayments and accrued income	8,810	8,812
Other debtors	261	79
	<u>88,931</u>	<u>16,742</u>

#### 20. Creditors: amounts falling due within one year

	<b>2024</b>	2023
	£	£
Trade creditors	14,645	12,920
Accruals and deferred income	47,282	9,673
Social security and other taxes	3,573	2,967
Deposits	2,998	2,598
Soaring Skywards	163	163
	<u>68,661</u>	<u>28,321</u>

#### 21. Deferred income

	<b>2024</b>	2023
	£	£
At 1 April 2023	5,000	7,615
Amount released to income	(5,000)	(7,615)
Amount deferred in year	41,870	5,000
<b>At 31 March 2024</b>	<u>41,870</u>	<u>5,000</u>

Deferred income relates to funding invoiced at 31 March 2024 for projects which had not been completed or not started at that date, and so the proportion of funding held to complete the project has been carried forward.

#### 22. Pensions and other post-retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,859 (2023: £2,156).

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

#### 23. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	161,776	44,590	(95,487)	–	110,879

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	210,257	77,642	(126,123)	–	161,776

##### Restricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
OpenSounds		40,000	(40,000)		–
LCC Springwell		14,000	(14,000)		–
LCC Lincoln Sings	1,855	–	–	–	1,855
UpBEAT!	–	162,796	(116,221)	–	46,575
LCC Bourne Community Radio	–	10,000	(10,000)	–	–
Postlethwaite Music Foundation	–	3,000	(3,000)	–	–
	1,855	229,796	(183,221))	–	48,430

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
LCC Lincoln Sings	4,000	1,992	(4,137)	–	1,855
UpBEAT!	5,950	65,540	(71,490)	–	–
Adults with complex needs	1,260	–	(1,260)	–	–
Postlethwaite Music Foundation	–	3,000	(3,000)	–	–
	11,210	70,532	(79,887))	–	1,855



**SOUNDLINGS LIMITED**

England & Wales - Charity number 1086483

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# Accounts

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**COMPANY REGISTRATION NUMBER: 3730138**  
**CHARITY REGISTRATION NUMBER: 1086483**

**soundLINCS**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**For the year ended**  
**31 March 2023**

**MUMBY HEPPENSTALL**

**Chartered accountants**  
**Wellingore Hall**  
**Wellingore**  
**Lincoln**  
**LN5 0HX**

**soundLINCS**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 March 2023**

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# soundLINCS

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

## Chair's report

### Reference and administrative details

<b>Registered charity name</b>	soundLINCS
<b>Charity registration number</b>	1086483
<b>Company registration number</b>	3730138
<b>Principal office and registered office</b>	soundHOUSE 18 St Martins Lane Lincoln LN2 1HY

### The trustees

Mr G Tinsley (Chair) (resigned 17 October 2022)  
Mr P Garvey  
Mr D Gibbons (Treasurer) (resigned 17 October 2022)  
Dr T Jeffrey  
Mrs S Nunn (Secretary) (resigned 6 March 2023)  
Prof D Symonds (Chair/Treasurer)  
Mrs S Blair-Manning (appointed 25 April 2022)  
Dr R Dean (appointed 25 April 2022)  
Mr P Clarke (appointed 25 April 2022)  
Ms P Caine (appointed 16 October 2023)

<b>Independent examiner</b>	Clare Heppenstall, MA, FCA Wellingore Hall Wellingore Lincoln
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<b>Key management personnel</b>	Ms N K Heyes, MBE – Chief Executive
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# **soundLINCS**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2023**

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#### **Structure, governance and management**

soundLINCS is a Not-for-Profit organisation, and a Company Limited by Guarantee and does not have any share capital. It was incorporated on 10 March 1999 and registered as a charity with the Charity Commission for England and Wales on 4 May 2001. Every Trustee of the Company has limited liability in the form of a guarantee of up to £1. Any major risk, to which the Charity is exposed, as identified by the Trustees, has been reviewed and systems have been established to mitigate those risks. The Charity's governing document is its Memorandum of Association & Articles of Association.

soundLINCS is managed by a voluntary Board of Trustees who are all Directors of the Charity and meet each quarter to review policies and ensure a coherent strategic overview of the Company. The day-to-day operations are delegated to the Chief Executive Officer, Nikki-Kate Heyes MBE and a core staff of 3 full time equivalent employees as at 31 March 2023.

Trustees are appointed to the Board for an initial term of three years after which time they are eligible for re-election for a further two years. A full induction to the work of the Charity and its structure and governance is provided. The Charity makes no significant use of volunteers other than the Trustees and some administrative support.

#### **Objectives and activities**

The Charities Act 2011 requires that the purpose for which, soundLINCS, the Charity is formed is charitable and fits one of the 13 charitable purposes. In the Company's case this would be to advance the education of the public in the arts with particular but not exclusive reference to music. The Act also states that there is clear benefit to the public. The Trustees of soundLINCS have had regard to the Charity Commission's guidance on public benefit and can confirm that all of the Company's work in 2022/23 has been for the benefit of the public. This annual report provides demonstrable impact on the community. The charity has also followed the Charity Governance Code.

#### **Achievements and performance**

An extraordinary year as the Charity continues to recover from the pandemic both financially and practically. As suspected over the year, soundLINCS saw an increase in requests for music intervention to support communities and individuals. The number of delivered music sessions doubled from the previous year and participant engagement nearly quintupled.

soundLINCS welcomed back the in-person annual soundLINCS conference and the chance for the Music Facilitators, Board of Trustees and Core Staff to once again meet, train and create music.

Success in the form of grant funding from Arts Council England and an extension grant from SHINE Lincolnshire ensured the continual development of soundLINCS UpBEAT! which commenced the previous year. soundLINCS UPBEAT! is a Lincolnshire-wide service supporting mental health through music, which Social Prescribers and Health Care Professionals and Providers can 'Tap Into' and refer to with confidence. The use of music, through tailored 1-2-1 and group sessions, inspires and nurtures creativity, and uses music to empower, uplift and support wellbeing.

Over the year, this funding enabled soundLINCS UpBEAT! to reach 1,107 unique beneficiaries from a wide diverse section of the community and has shown participation in music has a profound positive benefit on mental health and wellbeing. Examples of positive benefits experienced by UpBEAT! participants include improved confidence, making new friends, reduced feelings of loneliness, pride in achieving or improving a skill, improved memory function, improved dexterity, sense of belonging, coping better with bereavement and regaining a sense of purpose.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2023

Evaluations demonstrate that music has positive benefits for every area of wellbeing. The UpBEAT! service groups and 1:2:1 support offered created a safe, nurturing environment for people to be able to express themselves and connect with others. 81% of participants felt that UpBEAT! provided a safe, non-judgemental place to talk, 80% felt listened to and 78% felt less isolated and lonely, 98% of participants in the project enjoyed the activity and felt happier as a result. Participants described the UpBEAT! service as a 'life-line'. For many, music has been a way to express themselves and communicate difficult or complex feelings. UpBEAT! demonstrated first-hand how playing and engaging in music can lower stress levels, boost mood and motivation, and help manage mental health conditions such as depression and anxiety. J was delighted to be contacted by UpBEAT! and couldn't believe that such a service existed! After 20 years of bringing up children J felt like she was finally being given the opportunity to do something for her. "I have the biggest smile on my face." J has embarked on 1:2:1 sessions and gained confidence to try new things. "Music gives me permission to be a child again". J has recently joined a local Rock Choir and is finding her way into new friendships, helping others to breathe through the anxiety of trying new things from a place of experience.

Alongside these benefits, we also saw how UpBEAT! supported those managing both complex mental health and more extreme pain-based conditions. Participants living with debilitating pain-based conditions described how music provided a source of relief and a way to process stress and regain a sense of happiness and ease. "I suffer with a progressive disease and mental health is tough, after this first session, I had the biggest and most real smile I have had in a long time."

Others have found music to be a bridge to re-engage with a sense of community. One of the most common symptoms amongst UpBEAT! participants was a sense of social anxiety. Many people deeply wanted to connect but felt unable to communicate or be around others comfortably. UpBEAT! has helped participants re-gain a sense of agency, confidence, and resilience. One participant came to UpBEAT! unable to leave her room. She sat at home with her curtains drawn and did not go out. After 1:2:1 sessions, rekindling her passion for music and organ playing, she now shares her playing with others.

With many similar stories and case studies the securing of a further 3 years funding from the National Lottery Community Fund ensured soundLINCS UpBEAT! would continue.

As a partner in the Lincolnshire Music Education Hub (LMEH), soundLINCS has been involved with 2 projects this year. The Charity was delighted to continue working with the Springwell Alternative Academy, delivering a yearlong programme with all Primary and Key stage 3 classes across all 4 sites of the Academy within Lincolnshire.

soundLINCS also continued to support the development of the MEHEM Uprising project and the delivery of a choir for young people with disabilities and SEND both online and in person.

With the completion of the Skegness youth clubs music studio refurbishment - now called soundPLAT4M - soundLINCS was delighted that a project the charity instigated over 15 years ago was once again in full working order and delivering with a full programme of HAF music projects. Excitingly, these projects have attracted some of the young people who first worked in the studio—now fathers themselves—who have volunteered their time to pass on their skills.

Throughout this year of rebuilding, the voluntary Board of Trustees, our core team and soundLINCS' Music Facilitators have continued the support of carers, parents and community music professionals through the monthly free soundEMISSION e-bulletin, plus the promotion and development of the vast array of musical inclusive toolkits and reports available free from the Company's website. During the year we have:

- Maintained a daily activity suggestion via social media.
- Delivered 553 (314 last year) music & training sessions ranging from 1 hour duration to 1 day to over 5,843 (1,300 last year) participants.
- employed 25 Music Facilitators.
- Reached 216,837 (189,494 last year) people online from 136 different countries.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2023

In addition to this report, a fuller picture of our work, including the outputs and impact of our work, is available on our website [www.soundlincs.org](http://www.soundlincs.org). We invite you to visit our site and our associated social media sites to get a greater view of the sheer depth and breadth of the work we do. Our social media statistics show that more people than ever are getting involved across our platforms: YouTube, Bandcamp, Facebook, X, Instagram and LinkedIn.

Over the past year soundLINCS has been supported in the office by two volunteers, who have helped with general administration, marketing and communications.

#### Financial review

soundLINCS aims to diversify its income base through funding applications for new and progressive post Covid projects whilst building on its core base of working with children and young people in challenging circumstances.

Actions towards achieving these aims continue with the review and creation of a new post-pandemic business plan in line with the post-Covid organisation which soundLINCS will become with a focus on increasing the charity's fundraising capacity to sustain and grow the organisation for the foreseeable future.

#### RESERVES POLICY

It is the policy of the charity to maintain unrestricted free reserves at a level to allow the charity to research and develop new programmes and funding strategies to enable it to continue in its charitable objectives, and to provide sufficient funds to cover redundancy provision and three months operating costs in the event of it having to cease operating. The Board is satisfied that the current level of unrestricted funds is sufficient to meet this policy based on the current level of projected operating expenditure.

Unrestricted reserves at 31 March 2023 £161,776 (2022: £210,257).

Restricted reserves at 31 March 2023 £1,855 (2022: £11,210).

There were no designated funds at 31 March 2023 or 2022.

#### Plans for future periods

This is still a very challenging time, especially with increased competition to seek new project funding. However, as soundLINCS rebuilds, a new chapter of the Company's life is emerging, as we always believed it would, in the support of mental health through music, bringing with it exciting new partnerships and opportunities. With the new full time Project and Development Manager in place, soundLINCS looks to continue to develop these relationships and the soundLINCS UpBEAT! Service across Lincolnshire, creating groups, offering 1-2-1 sessions, and introducing people to groups which align to their own interest, while supporting the soundLINCS Music Facilitators and staff with support and training. soundLINCS will continue to seek further funding to support the continual development of UpBEAT!

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2023

As part of the charity's fundraising, soundLINCS will continue to explore ways to diversify income and in 2023 will see the delivery of 2 commissions. Firstly, the return of Lincolnshire County Council FAB! 2023 Award for Children in Care, an annual event soundLINCS has been commissioned to produce and deliver for the past 10 years, which is returning after a 2-year break due to the pandemic.

A second commission from Newark and Sherwood District Council, as part of the National Civil War Centre and Palace Theatre, Arts Council England NPO, will see soundLINCS developing a programme of workshops for young disabled people aged 14 – 25 years, their parents and carers called Open Sounds.

During the year soundLINCS will review and consult as to the needs of the musicLINK members, whilst ensuring the soundEMission information service is strengthened. Our extensive bespoke music delivery project work will continue, and we will continue to partner with other organisations and charities to help create and deliver music programmes to continue 'Unleashing potential through music'. More than ever, soundLINCS will develop further programmes of work and funding applications in line with its Business Plan with the aim of consolidating the company's position as the foremost independent music and social development organisation for the East Midlands. This will include development in the following areas:

- Continue the pursuit of artistic outcomes including:
- Creating original musical pieces
- Self-expression of participants in all soundLINCS' activities
- Music Facilitators provided with new creative opportunities
- Breaking new ground through innovative use of technology to enable mass performances or practitioners developing new musical skills and confidence to facilitate their groups
- Enabling an emerging workforce
- Developing research opportunities to benefit the participatory music sector locally, nationally and internationally.
- Continue to develop, present, and distribute high quality research papers in accordance with soundLINCS' 'Inquiring Minds'© process
- Maintain and develop innovative culturally diverse experiences in collaboration with partner organisations and complementary providers.
- Build on existing partnerships and relationships to ensure a musically inclusive offer with non-music-based specialists including Health care providers, Older Adults, Looked After Children, Participation Service, Youth Offending Service, and hospitals.
- Continue the development of innovative resources that embrace the use of digital technologies (such as apps) and social media channels to ensure the sharing and development of best practice.
- Expand the work with Music Education Hubs across the region, to support the social mobility agenda and to ensure a musically inclusive offer maintained and developed for children and young people in hard to reach and challenging circumstances.
- Continue our commitment to training and development for all staff, trustees and freelance associates and develop the Company's self-assessment systems for reviewing staff & board development, delivery of the programme and financial stability.

To achieve these goals in the short term, the voluntary Board of Trustees will continue to work closely with the staff, ensuring appropriate risk management assessments and fundraising goals are regularly reviewed, alongside the company's budget and cashflow.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

#### RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of soundLINCS for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:



A handwritten signature in black ink, appearing to read 'Prof D Symonds'.

Signed on 21/11/23 @ 16:40

Prof D Symonds  
Trustee

# soundLINCS

Company Limited by Guarantee

## Independent Examiner's Report to the Trustees of soundLINCS

Year ended 31 March 2023

---

I report to the trustees on my examination of the financial statements of soundLINCS ('the charity') for the year ended 31 March 2023.

### Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Clare N. Heppenstall*

Clare Heppenstall, MA, FCA  
Independent Examiner  
Mumby Heppenstall  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

*28<sup>th</sup> November 2023*

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2023

		2023	2022		
		Unrestricted	Restricted	Total funds	Total funds
	Note	funds	funds	£	£
		£	£		
<b>Income and endowments</b>					
Donations and legacies	5	3,538	–	3,538	4,350
Charitable activities	6	45,731	70,532	116,263	245,942
Other trading activities	7	27,858	–	27,858	22,052
Investment income	8	337	–	337	120
Other income	9	178	–	178	5,736
<b>Total income</b>		<u>77,642</u>	<u>70,532</u>	<u>148,174</u>	<u>278,200</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	10	7,371	–	7,371	5,889
Expenditure on charitable activities	11,12	118,752	79,887	198,639	262,521
<b>Total expenditure</b>		<u>126,123</u>	<u>79,887</u>	<u>206,010</u>	<u>268,410</u>
<b>Net income/ (expenditure)</b>		<u>(48,481)</u>	<u>(9,355)</u>	<u>(57,836)</u>	<u>9,790</u>
Transfers between funds		–	–	–	–
<b>Net movement in funds</b>		<u>(48,481)</u>	<u>(9,355)</u>	<u>(57,836)</u>	<u>9,790</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		210,257	11,210	221,467	211,677
<b>Total funds carried forward</b>		<u>161,776</u>	<u>1,855</u>	<u>163,631</u>	<u>221,467</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Position (continued)

31 March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible fixed assets	18	4,241	4,016
<b>Current assets</b>			
Debtors	19	16,742	36,012
Cash at bank and in hand		170,969	217,544
		<u>187,711</u>	<u>253,556</u>
<b>Creditors: amounts falling due within one year</b>	20	28,321	36,105
<b>Net current assets</b>		<u>159,390</u>	<u>217,451</u>
<b>Total assets less current liabilities</b>		<u>163,631</u>	<u>221,467</u>
<b>Net assets</b>		<u>163,631</u>	<u>221,467</u>
<b>Funds of the charity</b>			
Restricted funds		1,855	11,210
Unrestricted funds		161,776	210,257
<b>Total charity funds</b>	23	<u>163,631</u>	<u>221,467</u>

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on ....., and are signed on behalf of the board by:



Signed on 21/11/23 @ 16:40

Prof D Symonds  
Trustee

Company number 3730138  
Charity number 1086483

The notes on pages 10 to 18 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 March 2023

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is soundHOUSE, 18 St Martins Lane, Lincoln, LN2 1HY.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The accounts have been prepared on the going concern basis. The trustees have considered the uncertainties in relation to the charity's future funding (as set out in the Trustees Report, pages 2-6) and are confident of the charity's ability to continue as a going concern.

##### Income tax

These accounts are prepared on the basis that as a charity, the activities of soundLINCS are exempt from income tax and corporation tax.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for specific purpose. Restricted funds are subjected to restrictions on their expenditure declared by the donor or when funds are raised for specific restricted purposes.

##### Incoming resources

Incoming resources from grants are credited to the Statement of Financial Activities in the year to which they relate. Projects and workshops income is accounted for as receivable by the charity. Deferred income is that to which the charity has not yet earned entitlement for receipt until the service has been provided. Such income is accounted for as a liability until the period in which the charity becomes entitled to the income.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All expenditure has been classified under headings that aggregate all costs relating to that category. Expenses relating to one activity or cost category have been directly allocated. Other overheads have been apportioned on the basis of estimated time spent and resources utilised: Cost of raising donations and legacies - Chief Executive Officer 10%. Charitable activities - Chief Executive Officer 85%, administration 90% and all other staff costs 100%. Governance - Chief Executive Officer 5%, administration 10%.

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% reducing balance

##### Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

##### Defined contribution plans

Contributions are made to a workplace pension scheme for employees where required under the automatic enrolment legislation.

#### 4. Limited by guarantee

The charity is a company limited by guarantee. If the company is wound up the members are each liable to contribute up to £1.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 5. Donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
<b>Donations</b>				
MUSIC:LINK subscriptions	1,580	1,580	1,938	1,938
Donations	1,958	1,958	2,412	2,412
	<u>3,538</u>	<u>3,538</u>	<u>4,350</u>	<u>4,350</u>

#### 6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Projects and workshops income	44,203	–	44,203
Musical Whispers			
Postlethwaite Music Foundation	1,000	3,000	4,000
Lincoln Sings	–	1,992	1,992
UpBEAT!	528	65,540	66,068
	<u>45,731</u>	<u>70,532</u>	<u>116,263</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Projects and workshops income	17,727	–	17,727
soundPLAT4M	–	65,774	65,774
Arts Council England		5,005	5,005
Together Through Music	75,834	–	75,834
Future of the Past	–	10,920	10,920
Musical Whispers	–	39,000	39,000
New Tricks/New World	–	3,200	3,200
MEHEM Uprising!	–	1,732	1,732
UpBEAT!	–	26,750	26,750
	<u>93,561</u>	<u>152,381</u>	<u>245,942</u>

#### 7. Other trading activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Premises rental	27,858	27,858	22,052	22,052

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 8. Investment income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest receivable	337	337	120	120

#### 9. Other income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Gift Aid	80	80	-	-
Sundry income	98	98	-	-
Coronavirus Job Retention Scheme	-	-	5,736	5,736
	<u>178</u>	<u>178</u>	<u>5,736</u>	<u>5,736</u>

#### 10. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Costs of raising donations and legacies	7,371	7,371	5,889	5,889

#### 11. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Projects and workshops	104,666	78,655	183,321
Support costs	14,086	1,232	15,318
	<u>118,752</u>	<u>79,887</u>	<u>198,639</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Projects and workshops	93,532	150,548	244,080
Support costs	17,519	922	18,441
	<u>111,051</u>	<u>151,470</u>	<u>262,521</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2023

#### 12. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2023 £	Total fund 2022 £
Projects and workshops	183,321	7,068	190,389	254,350
Governance costs	–	8,250	8,250	8,171
	<u>183,321</u>	<u>15,318</u>	<u>198,639</u>	<u>262,521</u>

#### 13. Analysis of support costs

	Projects and workshops £	Total 2023 £	Total 2022 £
Staff costs	5,257	5,257	7,880
General office	1,811	1,811	1,820
Finance costs	–	–	–
Governance costs	8,250	8,250	8,171
Accountancy	–	–	570
	<u>15,318</u>	<u>15,318</u>	<u>18,441</u>

#### 14. Net income

Net income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>1,414</u>	<u>1,339</u>

#### 15. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,212	1,200
Other financial services	732	1,290
	<u>1,944</u>	<u>2,490</u>

#### 16. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023 £	2022 £
Wages and salaries	94,605	110,299
Social security costs	5,094	6,631
Employer contributions to pension plans	2,156	2,488
	<u>101,855</u>	<u>119,418</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2023

#### 16. Staff costs (continued)

The average head count of employees during the year was 3 (2022: 3). The average number of full-time equivalent employees during the year is analysed as follows:

	2022 No.	2021 No.
Management	1	1
Project	1	1
Administrative	1	1
	<u>3</u>	<u>3</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £54,230 (2022: £53,710).

#### 17. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity were received by any of the trustees during the year.

No expenses were paid to any of the trustees during the year (2022: Nil).

#### 18. Tangible fixed assets

	Equipment £
<b>Cost</b>	
At 1 April 2022	47,206
Additions	1,639
<b>At 31 March 2023</b>	<u>48,845</u>
<b>Depreciation</b>	
At 1 April 2022	43,190
Charge for the year	1,414
<b>At 31 March 2023</b>	<u>44,604</u>
<b>Carrying amount</b>	
<b>At 31 March 2023</b>	<u>4,241</u>
At 31 March 2022	<u>4,016</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 19. Debtors

	2023	2022
	£	£
Trade debtors	7,851	28,081
Prepayments and accrued income	8,812	7,772
Other debtors	79	159
	<u>16,742</u>	<u>36,012</u>

#### 20. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	12,920	16,205
Accruals and deferred income	9,673	15,033
Social security and other taxes	2,967	2,487
Deposits	2,598	2,217
Soaring Skywards	163	163
	<u>28,321</u>	<u>36,105</u>

#### 21. Deferred income

	2023	2022
	£	£
At 1 April 2022	7,615	107,207
Amount released to income	(7,615)	(99,592)
Amount deferred in year	5,000	-
At 31 March 2023	<u>5,000</u>	<u>7,615</u>

Deferred income relates to funding received at 31 March 2023 from the National Lottery Community Fund for a project which had not been completed at that date, and so the proportion of funding held to complete the project has been carried forward.

#### 22. Pensions and other post-retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,156 (2022: £2,488).

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 23. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	210,257	77,642	(126,123)	–	161,776

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General funds	201,443	125,819	(116,940)	(55)	201,257

##### Restricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
LCC Lincoln Sings	4,000	1,992	(4,137)	–	1,855
UpBEAT!	5,950	65,540	(71,490)	–	–
Adults with complex needs	1,260	–	(1,260)	–	–
Postlethwaite Music Foundation	–	3,000	(3,000)	–	–
	<u>11,210</u>	<u>70,532</u>	<u>(79,887)</u>	<u>–</u>	<u>1,855</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
soundPLAT4M	–	65,774	(65,774)	–	–
Future of the Past	4,159	39,000	(43,159)	–	–
LCC Lincoln Sings	4,000	–	–	–	4,000
UpBEAT!	–	26,750	(20,800)	–	5,950
Adults with complex needs	1,260	–	–	–	1,260
National Lottery Community Fund	–	–	–	–	–
MEHEM Uprising!	825	1,732	(2,557)	–	–
Skegness Studio	–	5,005	(5,060)	55	–
Together Through Music	–	10,920	(10,920)	–	–
Musical Whispers	–	3,200	(3,200)	–	–
	<u>10,244</u>	<u>152,381</u>	<u>(151,470)</u>	<u>55</u>	<u>11,210</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities (continued)

#### Year ended 31 March 2023

2023  
£

2022  
£

Restricted funds are treated as such because of conditions imposed by the external funding provider that means delivery of services under these funds is more restricted than the core service provided by the organisation.

#### 24. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	4,241	–	4,241
Current assets	175,864	11,847	187,711
Creditors less than 1 year	(18,329)	(9,992)	(28,321)
<b>Net assets</b>	<b>161,776</b>	<b>1,855</b>	<b>163,631</b>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	4,016	–	4,016
Current assets	226,466	27,090	253,556
Creditors less than 1 year	(20,225)	(15,880)	(36,105)
<b>Net assets</b>	<b>210,257</b>	<b>11,210</b>	<b>221,467</b>

#### 25. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Not later than 1 year		
1-2 years	6,900	6,900
	<u>1,601</u>	<u>–</u>

#### 26. Related parties

There were no related party transactions during the year.

**SOUNDLINGS LIMITED**

England & Wales - Charity number 1086483

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# Accounts

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COMPANY REGISTRATION NUMBER: 3730138  
CHARITY REGISTRATION NUMBER: 1086483

**soundLINCS**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**For the year ended**  
**31 March 2022**

**MUMBY HEPPENSTALL**

Chartered accountants  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

# **soundLINCS**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 March 2022**

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# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 March 2022

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

#### Chair's report

#### Reference and administrative details

<b>Registered charity name</b>	soundLINCS
<b>Charity registration number</b>	1086483
<b>Company registration number</b>	3730138
<b>Principal office and registered office</b>	soundHOUSE 18 St Martins Lane Lincoln LN2 1HY

#### The trustees

Mr G Tinsley (Chair)  
Mr P Garvey  
Mr D Gibbons (Treasurer)  
Dr T Jeffrey  
Mrs S Nunn (Secretary)  
Prof D Symonds  
Mrs S Blair-Manning (appointed 25 April 2022)  
Dr R Dean (appointed 25 April 2022)  
Mr P Clarke (appointed 25 April 2022)

<b>Independent examiner</b>	Clare Heppenstall, MA, FCA Wellingore Hall Wellingore Lincoln
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<b>Key management personnel</b>	Ms N K Heyes, MBE – Chief Executive
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# **soundLINCS**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2022**

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##### **Structure, governance and management**

soundLINCS is a Not-for-Profit organisation, and a Company Limited by Guarantee and does not have any share capital. It was incorporated on 10 March 1999 and registered as a charity with the Charity Commission for England and Wales on 4 May 2001. Every Trustee of the Company has limited liability in the form of a guarantee of up to £1. Any major risk, to which the Charity is exposed, as identified by the Trustees, has been reviewed and systems have been established to mitigate those risks. The Charity's governing document is its Memorandum of Association & Articles of Association.

soundLINCS is managed by a voluntary Board of Trustees who are all Directors of the Charity and meet each quarter to review policies and ensure a coherent strategic overview of the Company. The day-to-day operations are delegated to the Chief Executive Officer, Nikki-Kate Heyes MBE and a core staff of 2 full time equivalent employees as at 31 March 2022.

Trustees are appointed to the Board for an initial term of three years after which time they are eligible for re-election for a further two years. A full induction to the work of the Charity and its structure and governance is provided. The Charity makes no significant use of volunteers other than the Trustees.

##### **Objectives and activities**

The Charities Act 2011 requires that the purpose for which, soundLINCS, the Charity is formed is charitable and fits one of the 13 charitable purposes. In the Company's case this would be to advance the education of the public in the arts with particular but not exclusive reference to music. The Act also states that there is clear benefit to the public. The Trustees of soundLINCS have had regard to the Charity Commission's guidance on public benefit and can confirm that all of the Company's work in 2021/22 has been for the benefit of the public. This annual report provides demonstrable impact on the community.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2022

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##### Achievements and performance

Following the extraordinary year of 2020/21, who would have thought the UK would still be in lockdown as we entered 2021/22? However, we were, and the trials of the previous year continued, despite the best efforts of soundLINCS. By May when the lock down was lifted, slowly the confidence to engage in person began to return, albeit with extreme caution. Thanks to the Arts Council England CRF2, soundLINCS was supported through this barren time of gaining the communities' confidence to engage and open up projects.

Pockets of funding were secured from SHINE Lincolnshire for the Development of Community Assets and the creation of soundLINCS UpBEAT! referral music service, supporting members of the community with mental health concerns. The service works with social prescribing and neighbourhood teams, the Primary Care Networks of Lincolnshire, responding to referrals. Throughout the year UpBEAT! received referrals and developed 1-2-1 sessions, groups sessions and signposting opportunities as music groups began to open their doors again. The project provided a rich source of diversity and needs.

Toward the end of 2021 the National Heritage Lottery programme Future of the Past, began to gain headway in encouraging Heritage sites to support the bringing together of communities out of lockdown and managed to complete on time.

soundLINCS was also delighted to once again resume the Youth Music Fund B soundPLAT4M, working with the Lincolnshire County Council Adoption Support, Springwell Academy Trust as part of the Lincolnshire Music Education Hub activities and completed the programme. New projects and opportunities followed in the New Year with Musical Whispers funded by Newark Creates, creating and celebrating memories of Newark Market Place through music. With over 50 shops within Newark playing the community's music tracks from Soundcloud throughout a celebratory weekend.

The will to deliver a quality product to people who really need our assistance is a constant driving force with our social and musical impact continuing to be delivered to a diverse and inclusive range of people, from older adults and hospitalised children, to hearing impaired and SEND participants. Throughout this year of transition and continued uncertainty, between the voluntary Board of Trustees and our core team and soundLINCS' Music Facilitators we have continued the support for carers, parents and community music professionals through the monthly free soundEMISSION e-bulletin plus the promotion and development of the vast array of musical inclusive toolkits and reports available free from the Company's website.

- Maintained a daily activity suggestion via social media.
- Delivered 314 music & training sessions ranging from 1 hour duration to 1 day to over 1,300 participants.
- Remained in contact and employed, where possible, 20 Music Facilitators.
- Reached 189,494 people online.
- From 175 different countries.

In addition to this report, a fuller picture of our work, including the outputs and impact of our work, is available on our website [www.soundlincs.org](http://www.soundlincs.org). We invite you to visit our site and our associated social media sites to get a greater view of the sheer depth and breadth of the work we do. Our social media statistics show that more people than ever are getting involved across our platforms: YouTube, Bandcamp, Facebook, Twitter, Instagram and LinkedIn.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2022

---

##### Financial review

soundLINCS aims to diversify its income base through funding applications for new and progressive post Covid projects whilst building on its core base of working with children and young people in challenging circumstances.

Actions towards achieving these aims continue with the review and creation of a new post-pandemic business plan in line with the post-Covid organisation which soundLINCS will become with a focus on increasing the charity's fundraising capacity to sustain and grow the organisation for the foreseeable future.

##### RESERVES POLICY

It is the policy of the charity to maintain unrestricted free reserves at a level to allow the charity to research and develop new programmes and funding strategies to enable it to continue in its charitable objectives, and to provide sufficient funds to cover redundancy provision and three months operating costs in the event of it having to cease operating. The Board is satisfied that the current level of unrestricted funds is sufficient to meet this policy based on the current level of projected operating expenditure.

Unrestricted reserves at 31 March 2022 £210,257 (2021: £201,433).

Restricted reserves at 31 March 2022 £11,210 (2021: £10,244).

There were no designated funds at 31 March 2022 or 2021.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2022

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##### Plans for future periods

This is still a very challenging time, especially with increased competition to seek new project funding. However as soundLINCS rebuilds, a new chapter of the Company's life is emerging, as we always believed it would, in the support of mental health through music, bringing with it exciting new partnerships and opportunities. soundLINCS looks to continue to develop these relationships and the UpBEAT! service across Lincolnshire, creating groups, offering 1-2-1 sessions and introducing people to groups which align to their own interest, while supporting the soundLINCS Music Facilitators and staff with support and training .

We hope to be able to continue our Together Through Music partnership for SEND schools music making work; partnering with Lincolnshire County Council to produce FAB! 2023; and review and consult as to the needs of the musicLINK members, whilst ensuring the soundEMission information service is strengthened.

Our extensive bespoke music delivery project work will continue in a Covid-safe manner and we will continue to partner with other organisations and charities to help create and deliver music programmes to continue 'Unleashing potential through music'. More than ever, in the post-Covid world, soundLINCS will develop further programmes of work and funding applications in line with its Business Plan with the aim of consolidating the Company's position as the foremost independent music and social development organisation for the East Midlands. This will include development in the following areas:

- Continue the pursuit of artistic outcomes including:
- Creating original musical pieces
- Self-expression of participants in all soundLINCS' activities
- Music Facilitators provided with new creative opportunities
- Breaking new ground through innovative use of technology to enable mass performances or practitioners developing new musical skills and confidence to facilitate their groups
- Enabling an emerging workforce
- Developing research opportunities to benefit the participatory music sector locally, nationally and internationally.
- Continue to develop, present and distribute high quality research papers in accordance with soundLINCS' 'Inquiring Minds'© process
- Maintain and develop innovative culturally diverse experiences in collaboration with partner organisations and complementary providers.
- Build on existing partnerships and relationships to ensure a musically inclusive offer with non-music based specialists including, Older Adults, Looked After Children, Participation Service, Youth Offending Service and hospitals.
- Continue the development of innovative resources that embrace the use of digital technologies (such as apps) and social media channels to ensure the sharing and development of best practice.
- Expand the work with Music Education Hubs across the region, to support the social mobility agenda and to ensure a musically inclusive offer maintained and developed for children and young people in hard to reach and challenging circumstances.
- Continue our commitment to training and development for all staff, trustees and freelance associates and develop the Company's self-assessment systems for reviewing staff & board development, delivery of the programme and financial stability.

To achieve these goals in the short term, given the constant uncertainty of when physical delivery is able to commence, the voluntary Board of Trustees will continue to work closely with the staff, ensuring appropriate risk management assessments and fund raising goals are regularly reviewed, alongside the Company's budget and cashflow.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

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#### RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of soundLINCS for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:



*Glenn Tinsley*  
Signed on 03/08/22 @ 12:30

Mr G Tinsley  
Trustee

# soundLINCS

## Company Limited by Guarantee

### Independent Examiner's Report to the Trustees of soundLINCS

Year ended 31 March 2022

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I report to the trustees on my examination of the financial statements of soundLINCS ('the charity') for the year ended 31 March 2022.

#### Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Clare N. Heppenstall*

Clare Heppenstall, MA, FCA  
Independent Examiner  
Mumby Heppenstall  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

*3<sup>rd</sup> August 2022.*

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

		2022	2021		
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Note	£	£	£	£
<b>Income and endowments</b>					
Donations and legacies	5	4,350	–	4,350	4,068
Charitable activities	6	93,561	152,381	245,942	239,153
Other trading activities	7	22,052	–	22,052	17,045
Investment income	8	120	–	120	95
Other income	9	5,736	–	5,736	105,765
<b>Total income</b>		<u>125,819</u>	<u>152,381</u>	<u>278,200</u>	<u>366,126</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	10	5,889	–	5,889	4,425
Expenditure on charitable activities	11,12	111,051	151,470	262,521	176,303
<b>Total expenditure</b>		<u>116,940</u>	<u>151,470</u>	<u>268,410</u>	<u>180,728</u>
<b>Net income</b>		<u>8,879</u>	<u>911</u>	<u>9,790</u>	<u>185,398</u>
Transfers between funds		(55)	55	–	–
<b>Net movement in funds</b>		<u>8,824</u>	<u>966</u>	<u>9,790</u>	<u>185,398</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		201,433	10,244	211,677	26,279
<b>Total funds carried forward</b>		<u>210,257</u>	<u>11,210</u>	<u>221,467</u>	<u>211,677</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 19 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Position

31 March 2022

	Note	2022 £	2021 £
<b>Fixed assets</b>			
Tangible fixed assets	18	4,016	5,177
<b>Current assets</b>			
Debtors	19	36,012	45,955
Cash at bank and in hand		217,544	279,307
		<u>253,556</u>	<u>325,262</u>
<b>Creditors: amounts falling due within one year</b>	20	<u>36,105</u>	<u>118,762</u>
<b>Net current assets</b>		<u>217,451</u>	<u>206,500</u>
<b>Total assets less current liabilities</b>		<u>221,467</u>	<u>211,677</u>
<b>Net assets</b>		<u>221,467</u>	<u>211,677</u>
<b>Funds of the charity</b>			
Restricted funds		11,210	10,244
Unrestricted funds		<u>210,257</u>	<u>201,433</u>
<b>Total charity funds</b>	23	<u>221,467</u>	<u>211,677</u>

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.  
The notes on pages 11 to 19 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Position *(continued)*

**31 March 2022**

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These financial statements were approved by the board of trustees and authorised for issue on .....,  
and are signed on behalf of the board by:



*Glenn Tinsley*  
Signed on 03/08/22 @ 12:30

Mr G Tinsley  
Trustee

Company number 3730138

The notes on pages 11 to 19 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements

#### Year ended 31 March 2022

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is soundHOUSE, 18 St Martins Lane, Lincoln, LN2 1HY.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The accounts have been prepared on the going concern basis. The trustees have considered the uncertainties in relation to the charity's future funding (as set out in the Trustees Report, pages 2-6) and are confident of the charity's ability to continue as a going concern.

##### Income tax

These accounts are prepared on the basis that as a charity, the activities of soundLINCS are exempt from income tax and corporation tax.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for specific purpose. Restricted funds are subjected to restrictions on their expenditure declared by the donor or when funds are raised for specific restricted purposes.

##### Incoming resources

Incoming resources from grants are credited to the Statement of Financial Activities in the year to which they relate. Projects and workshops income is accounted for as receivable by the charity. Deferred income is that to which the charity has not yet earned entitlement for receipt until the service has been provided. Such income is accounted for as a liability until the period in which the charity becomes entitled to the income.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

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#### 3. Accounting policies *(continued)*

##### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All expenditure has been classified under headings that aggregate all costs relating to that category. Expenses relating to one activity or cost category have been directly allocated. Other overheads have been apportioned on the basis of estimated time spent and resources utilised: Cost of raising donations and legacies - Chief Executive Officer 10%. Charitable activities - Chief Executive Officer 85%, administration 90% and all other staff costs 100%. Governance - Chief Executive Officer 5%, administration 10%.

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% reducing balance

##### Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

##### Defined contribution plans

Contributions are made to a workplace pension scheme for employees where required under the automatic enrolment legislation.

#### 4. Limited by guarantee

The charity is a company limited by guarantee. If the company is wound up the members are each liable to contribute up to £1.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

##### 5. Donations and legacies

	Unrestricted Funds £	<b>Total Funds 2022 £</b>	Unrestricted Funds £	Total Funds 2021 £
<b>Donations</b>				
MUSIC:LINK subscriptions	1,938	1,938	1,657	1,657
Donations	2,412	2,412	2,411	2,411
	<u>4,350</u>	<u>4,350</u>	<u>4,068</u>	<u>4,068</u>

##### 6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	<b>Total Funds 2022 £</b>
Projects and workshops income	17,727	–	17,727
soundPLAT4M	–	65,774	65,774
Skegness Studio	–	5,005	5,005
Arts Council England	75,834	–	75,834
Together Through Music	–	10,920	10,920
Future of the Past	–	39,000	39,000
Musical Whispers	–	3,200	3,200
New Tricks/New World	–	–	–
MEHEM Uprising!	–	1,732	1,732
LCC NET	–	–	–
UpBEAT!	–	26,750	26,750
	<u>93,561</u>	<u>152,381</u>	<u>245,942</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Projects and workshops income	3,515	3,113	6,628
soundPLAT4M	–	–	–
Arts Council England	150,200	–	150,200
Together Through Music	–	–	–
Future of the Past	–	–	–
Musical Whispers	–	–	–
New Tricks/New World	–	76,500	76,500
MEHEM Uprising!	–	825	825
LCC NET	5,000	–	5,000
UpBEAT!	–	–	–
	<u>158,715</u>	<u>80,438</u>	<u>239,153</u>

##### 7. Other trading activities

	Unrestricted Funds £	<b>Total Funds 2022 £</b>	Unrestricted Funds £	Total Funds 2021 £
Premises rental	22,052	22,052	17,045	17,045

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

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#### 8. Investment income

	Unrestricted Funds £	<b>Total Funds 2022 £</b>	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	<u>120</u>	<u>120</u>	<u>95</u>	<u>95</u>

#### 9. Other income

	Unrestricted Funds £	<b>Total Funds 2022 £</b>	Unrestricted Funds £	Total Funds 2021 £
Covid-19 Government Grants	–	–	29,467	29,467
Coronavirus Job Retention Scheme	<u>5,736</u>	<u>5,736</u>	<u>76,298</u>	<u>76,298</u>
	<u>5,736</u>	<u>5,736</u>	<u>105,765</u>	<u>105,765</u>

#### 10. Costs of raising donations and legacies

	Unrestricted Funds £	<b>Total Funds 2022 £</b>	Unrestricted Funds £	Total Funds 2021 £
Costs of raising donations and legacies	<u>5,889</u>	<u>5,889</u>	<u>4,425</u>	<u>4,425</u>

#### 11. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	<b>Total Funds 2022 £</b>
Projects and workshops	93,532	150,548	244,080
Support costs	<u>17,519</u>	<u>922</u>	<u>18,441</u>
	<u>111,051</u>	<u>151,470</u>	<u>262,521</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Projects and workshops	80,795	78,130	158,925
Support costs	<u>15,145</u>	<u>2,233</u>	<u>17,378</u>
	<u>95,940</u>	<u>80,363</u>	<u>176,303</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

#### 12. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	<b>Total funds 2022 £</b>	Total fund 2021 £
Projects and workshops	244,080	10,270	254,350	168,965
Governance costs	–	8,171	8,171	7,338
	<u>244,080</u>	<u>18,441</u>	<u>262,521</u>	<u>176,303</u>

#### 13. Analysis of support costs

	Projects and workshops £	<b>Total 2022 £</b>	Total 2021 £
Staff costs	7,880	7,880	8,508
General office	1,820	1,820	1,500
Finance costs	–	–	32
Governance costs	8,171	8,171	7,338
Accountancy	570	570	–
	<u>18,441</u>	<u>18,441</u>	<u>17,378</u>

#### 14. Net income

Net income is stated after charging/(crediting):

	<b>2022 £</b>	2021 £
Depreciation of tangible fixed assets	<u>1,339</u>	<u>1,726</u>

#### 15. Independent examination fees

	<b>2022 £</b>	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	1,200	1,200
Other financial services	1,290	720
	<u>2,490</u>	<u>1,920</u>

#### 16. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	<b>2022 £</b>	2021 £
Wages and salaries	110,299	121,710
Social security costs	6,631	6,635
Employer contributions to pension plans	2,488	2,584
	<u>119,418</u>	<u>130,929</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

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#### 16. Staff costs *(continued)*

The average head count of employees during the year was 3 (2021: 7). The average number of full-time equivalent employees during the year is analysed as follows:

	<b>2022</b>	2021
	<b>No.</b>	No.
Management	1	1
Project	1	3
Administrative	1	1
	<u>3</u>	<u>5</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £53,710 (2021: £40,591).

#### 17. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity were received by any of the trustees during the year.

No expenses were paid to any of the trustees during the year (2021: Nil).

#### 18. Tangible fixed assets

	<b>Equipment</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2021	47,028
Additions	178
<b>At 31 March 2022</b>	<u>47,206</u>
<b>Depreciation</b>	
At 1 April 2021	41,851
Charge for the year	1,339
<b>At 31 March 2022</b>	<u>43,190</u>
<b>Carrying amount</b>	
<b>At 31 March 2022</b>	<u>4,016</u>
At 31 March 2021	<u>5,177</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

---

#### 19. Debtors

	<b>2022</b>	2021
	<b>£</b>	£
Trade debtors	28,081	18,970
Prepayments and accrued income	7,772	26,826
Other debtors	159	159
	<u>36,012</u>	<u>45,955</u>

#### 20. Creditors: amounts falling due within one year

	<b>2022</b>	2021
	<b>£</b>	£
Trade creditors	16,205	110
Accruals and deferred income	15,033	111,560
Social security and other taxes	2,487	4,162
Deposits	2,217	2,217
Soaring Skywards	163	163
Other creditors	–	550
	<u>36,105</u>	<u>118,762</u>

#### 21. Deferred income

	<b>2022</b>	2021
	<b>£</b>	£
At 1 April 2021	107,207	13,200
Amount released to income	(99,592)	(3,113)
Amount deferred in year	–	97,120
<b>At 31 March 2022</b>	<u>7,615</u>	<u>107,207</u>

Deferred income relates to funding received at 31 March 2022 for projects which have not been completed at that date, and so the proportion of funding held to complete the project has been carried forward.

#### 22. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,488 (2021: £2,584).

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

#### 23. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2021	Income £	Expenditure £	Transfers £	At 31 March 2022 £
General funds	<u>201,433</u>	<u>125,819</u>	<u>(116,940)</u>	<u>(55)</u>	<u>210,257</u>

	At 1 April 2020	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General funds	<u>16,110</u>	<u>285,688</u>	<u>(100,365)</u>	<u>–</u>	<u>201,433</u>

##### Restricted funds

	At 1 April 2021	Income £	Expenditure £	Transfers £	At 31 March 2022 £
soundPLAT4M	–	65,774	(65,774)	–	–
Future of the Past	4,159	39,000	(43,159)	–	–
LCC Lincoln Sings	4,000	–	–	–	4,000
UpBEAT!	–	26,750	(20,800)	–	5,950
Adults with complex needs	1,260	–	–	–	1,260
National Lottery Community Fund	–	–	–	–	–
MEHEM Uprising!	825	1,732	(2,557)	–	–
Skegness Studio	–	5,005	(5,060)	55	–
Together Through Music	–	10,920	(10,920)	–	–
Musical Whispers	–	3,200	(3,200)	–	–
	<u>10,244</u>	<u>152,381</u>	<u>(151,470)</u>	<u>55</u>	<u>11,210</u>

	At 1 April 2020	Income £	Expenditure £	Transfers £	At 31 March 2021 £
soundPLAT4M	–	3,113	(3,113)	–	–
Future of the Past	4,909	–	(750)	–	4,159
LCC Lincoln Sings	4,000	–	–	–	4,000
UpBEAT!	–	–	–	–	–
Adults with complex needs	1,260	–	–	–	1,260
National Lottery Community Fund	–	76,500	(76,500)	–	–
MEHEM Uprising!	–	825	–	–	825
Skegness Studio	–	–	–	–	–
Together Through Music	–	–	–	–	–
Musical Whispers	–	–	–	–	–
	<u>10,169</u>	<u>80,438</u>	<u>(80,363)</u>	<u>–</u>	<u>10,244</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities *(continued)*

#### Year ended 31 March 2022

Restricted funds are treated as such because of conditions imposed by the external funding provider that means delivery of services under these funds is more restricted than the core service provided by the organisation.

#### 24. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	4,016	–	4,016
Current assets	226,466	27,090	253,556
Creditors less than 1 year	(20,225)	(15,880)	(36,105)
<b>Net assets</b>	<u>210,257</u>	<u>11,210</u>	<u>221,467</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	5,177	–	5,177
Current assets	207,091	118,171	325,262
Creditors less than 1 year	(10,835)	(107,927)	(118,762)
<b>Net assets</b>	<u>201,433</u>	<u>10,244</u>	<u>211,677</u>

#### 25. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2022 £	2021 £
Not later than 1 year	<u>6,900</u>	<u>5,900</u>

#### 26. Related parties

There were no related party transactions during the year.

**SOUNDLINGS LIMITED**

England & Wales - Charity number 1086483

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# Accounts

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**COMPANY REGISTRATION NUMBER: 3730138**  
**CHARITY REGISTRATION NUMBER: 1086483**

**soundLINCS**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**For the year ended**  
**31 March 2021**

**MUMBY HEPPENSTALL**

Chartered accountants  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

# **soundLINCS**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 March 2021**

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Independent examiner's report to the trustees	7
Statement of financial activities (including income and expenditure account)	8
Statement of financial position	9
Notes to the financial statements	11

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 March 2021

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

#### Reference and administrative details

<b>Registered charity name</b>	soundLINCS
<b>Charity registration number</b>	1086483
<b>Company registration number</b>	3730138
<b>Principal office and registered office</b>	soundHOUSE 18 St Martins Lane Lincoln LN2 1HY

#### The trustees

Mr G Tinsley (Chair)  
Mr P Garvey  
Mr D Gibbons (Treasurer)  
Dr T Jeffrey  
Mrs S Nunn (Secretary)  
Prof D Symonds  
Dr P Beckley (Resigned 20 July 2020)

<b>Independent examiner</b>	Clare Heppenstall Mumby Heppenstall Chartered Accountants Wellingore Hall Wellingore Lincoln LN5 0HX
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<b>Key management personnel</b>	Ms N K Heyes, MBE – Chief Executive Officer
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# **soundLINCS**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2021**

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##### **Structure, governance and management**

soundLINCS is a Not-for-Profit organisation, and a Company Limited by Guarantee and does not have any share capital. It was incorporated on 10 March 1999 and registered as a charity with the Charity Commission for England and Wales on 4 May 2001. Every Trustee of the Company has limited liability in the form of a guarantee of up to £1. Any major risk, to which the Charity is exposed, as identified by the Trustees, has been reviewed and systems have been established to mitigate those risks. The Charity's governing document is its Memorandum of Association & Articles of Association.

soundLINCS is managed by a voluntary Board of Trustees who are all Directors of the Charity and meet each quarter to review policies and ensure a coherent strategic overview of the Company. The day-to-day operations are delegated to the Chief Executive Officer, Nikki-Kate Heyes MBE and a core staff of 3.5 full time equivalent employees as at 31 March 2021.

Trustees are appointed to the Board for an initial term of three years after which time they are eligible for re-election for a further two years. A full induction to the work of the Charity and its structure and governance is provided. The Charity makes no significant use of volunteers other than the Trustees.

##### **Objectives and activities**

The Charities Act 2011 requires that the purpose for which, soundLINCS, the Charity is formed is charitable and fits one of the 13 charitable purposes. In the Company's case this would be to advance the education of the public in the arts with particular but not exclusive reference to music. The Act also states that there is clear benefit to the public. The Trustees of soundLINCS have had regard to the Charity Commission's guidance on public benefit and can confirm that all of the Company's work in 2020/21 has been for the benefit of the public. This annual report provides demonstrable impact on the community.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2021

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#### Achievements and performance

There can be no disputing that 2020 was an extraordinary year; a year when everything stopped overnight. Work ceased, funding was repurposed and uncertainty prevailed as the Coronavirus rampaged throughout the world. The impact on the arts and cultural sector could not be underestimated, neither could the impact on soundLINCS. Covid-19 hit soundLINCS hard. Partner organisations, working with the vulnerable members of the community, continued to implement 'no visitors' rules to buildings. Accordingly, any development of new projects or work ceased. By March most of our anticipated funding was removed by providers. Potential income streams established by our fundraiser in 2019/20 with philanthropists and companies were wiped out. soundLINCS acted rapidly, pausing and ring fencing all active projects, furloughing all staff and the voluntary Board of Trustees took over the running of the Company. All non-essential costs were stopped and negotiations successfully reduced our office space and associated rent by 82% whilst making full use of remote communication. Fortnightly meetings of a Trustees' Finance Sub Group was instigated to closely monitor the Company's financial situation. soundLINCS successfully secured funding from the Arts Council England Emergency Fund, the Cultural Recovery Fund, a Small Business Discretionary Grant and, significantly, project funding from the National Lottery Community Fund which, together with Furlough, ensured that in November 2020, the voluntary Board of Trustees handed back a relatively healthy Company to the staff. However, with a second lockdown imposed and Lincolnshire moving into Tier 3 restrictions, staff continued to work from home, with hours rigorously controlled to ensure limited funds were spent as efficiently as possible, whilst many of the Company's existing projects were still unable to be opened up. The value of soundLINCS' work in a post-Covid world has been recognised by the award from the National Lottery Community Fund to provide music sessions to the most vulnerable in society. Restrictions currently hamper delivery but once conditions allow, there is a good level of confidence that this important work will form a healthy foundation for future soundLINCS' income opportunities. Accordingly, soundLINCS has developed office and workshop (physical and digital) Covid-safe policies and practices for music delivery along with appropriate PPE supply for all workers.

The will to deliver a quality product to people who really need our assistance is a constant driving force with our social and musical impact continuing to be delivered to a diverse and inclusive range of people, from older adults and hospitalised children, to hearing impaired and SEND participants. During the very bleak year, despite the adversity, between the voluntary Board of Trustees and our core team and soundLINCS' Music Facilitators we have:

- continued the support for carers, parents and community music professionals through the monthly free soundEMISSION e-bulletin plus the promotion and development of the vast array of musical inclusive toolkits and reports available free from the Company's website.
- Maintained a daily activity suggestion via social media.
- Delivered 104 music & training sessions ranging from 1 hour duration to 1 day.
- Remained in contact and employed, where possible, 20 Music Facilitators.
- Reached 75,907 people online.
- From 161 different countries.

In addition to this report, a fuller picture of our work, including the outputs and impact of our work, is available on our website [www.soundlincs.org](http://www.soundlincs.org). We invite you to visit our site and our associated social media sites to get a greater view of the sheer depth and breadth of the work we do. Our social media statistics show that more people than ever are getting involved across our platforms: YouTube, Bandcamp, Facebook, Twitter, Instagram and LinkedIn.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

**Year ended 31 March 2021**

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#### **Plans for future periods**

This is a challenging time as efforts recommence to reinvigorate previous project bids as well as seeking new project funding. Although currently the future looks a lot brighter with the rollout of the vaccine, this is set against a precarious economic background where Covid-19 may well re-impose restrictions on work and available funding.

As pandemic conditions ease, soundLINCS will continue with the three longer term programmes of work:-

**Future of the Past** - funded by the National Heritage Lottery and Lincolnshire County Council, which will see soundLINCS as lead applicant working in partnership with the Lincolnshire heritage sector and 4 other arts organisations in the exploration as to how voluntary trustees of 7 heritage sites across Lincolnshire can engage and work with young people to the advancement of understanding between the generations and the promotion of the sites across all the community.

**soundPLAT4M** programme enters the final year. Funded by the National Foundation for Youth Music with additional contributions from partners including Springwell Learning Community Lincolnshire, LCC Future4Me Service along with Lincolnshire Adoption Service and the Lincolnshire Music Education Hub. The programme continues to create new music-making opportunities for the least advantaged children and young people across the region.

**NewTricks:NewWorld** which brings music to the most vulnerable older adults of the community.

We hope to be able to continue our **Together Through Music** partnership for SEND schools music making work; partnering with Lincolnshire County Council to produce FAB! 2022; and review and consult as to the needs of the musicLINK members, whilst ensuring the soundEMission information service is strengthened.

Once restrictions are lifted, our extensive bespoke music delivery project work will continue in a Covid-safe manner and we will continue to partner with other organisations and charities to help create and deliver music programmes to continue 'Unleashing potential through music'.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2021

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More than ever, in the post-Covid world, soundLINCS will develop further programmes of work and funding applications in line with its Business Plan with the aim of consolidating the Company's position as the foremost independent music and social development organisation for the East Midlands. This will include development in the following areas:

- o continue the pursuit of artistic outcomes including:
  - o creating original musical pieces
  - o self-expression of participants in all soundLINCS' activities
  - o Music Facilitators provided with new creative opportunities
  - o breaking new ground through innovative use of technology to enable mass performances
  - o practitioners developing new musical skills and confidence to facilitate their groups
  - o enabling an emerging workforce
  - o developing research opportunities to benefit the participatory music sector locally, nationally and internationally.
- Continue to develop, present and distribute high quality research papers in accordance with soundLINCS' 'Inquiring Minds'© process
- Maintain and develop innovative culturally diverse experiences in collaboration with partner organisations and complementary providers.
- Build on existing partnerships and relationships to ensure a musically inclusive offer with non-music based specialists including, Older Adults, Looked After Children, Participation Service, Youth Offending Service and hospitals.
- Continue the development of innovative resources that embrace the use of digital technologies (such as apps) and social media channels to ensure the sharing and development of best practice.
- Expand the work with Music Education Hubs across the region, to support the social mobility agenda and to ensure a musically inclusive offer maintained and developed for children and young people in hard to reach and challenging circumstances.
- Continue our commitment to training and development for all staff, trustees and freelance associates and develop the Company's self-assessment systems for reviewing staff & board development, delivery of the programme and financial stability.

To achieve these goals in the short term, given the constant uncertainty of when physical delivery is able to commence, the voluntary Board of Trustees will continue to work closely with the staff, ensuring appropriate risk management assessments and fund raising goals are regularly reviewed, alongside the Company's budget and cashflow.

#### **Financial review**

soundLINCS aims to diversify its income base through funding applications for new and progressive post Covid projects whilst building on its core base of working with children and young people in challenging circumstances.

Actions towards achieving these aims continue with the review and creation of a new post-Covid business plan which will build on the staff re-structure of 2019/20, in line with the post Covid organisation which soundLINCS will become with a focus on increasing the charity's fundraising capacity to sustain and grow the organisation for the foreseeable future.

Post Covid, the charity will review previously repurposed grant applications and assess their fitness and relevance to the current situation. We will continue to work with partners to generate project income and replace lost revenue and work to ensure a solid recovery and programme of work for 2021/22.

# soundLINCS

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

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#### Reserves Policy

It is the policy of the charity to maintain unrestricted free reserves at a level to allow the charity to research and develop new programmes and funding strategies to enable it to continue in its charitable objectives, and to provide sufficient funds to cover redundancy provision and three months operating costs in the event of it having to cease operating. The Board is satisfied that the current level of unrestricted funds is sufficient to meet this policy based on the current level of projected operating expenditure.

Unrestricted reserves at 31 March 2021 £201,433 (2020: £16,110).

Restricted reserves at 31 March 2021 £10,244 (2020: £10,169).

There were no designated funds at 31 March 2021 or 2020.

#### Responsibilities of the Trustees

The trustees (who are also the directors of soundLINCS for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on ..... and signed on behalf of the board of trustees by:



*Glean Tinsley*  
Signed on 14/05/21 @ 17:25

Mr G Tinsley  
Trustee

# soundLINCS

## Company Limited by Guarantee

### Independent Examiner's Report to the Trustees of soundLINCS

Year ended 31 March 2021

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I report to the trustees on my examination of the financial statements of soundLINCS ('the charity') for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Clare N. Heppenstall*

Clare Heppenstall, MA, FCA  
Independent Examiner  
Munby Heppenstall  
Wellingore Hall  
Wellingore  
Lincoln  
LN5 0HX

Date: *17th May 2021*

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2021

		Unrestricted funds £	2021 Restricted funds £	Total funds £	2020 Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	4,068	–	4,068	6,075
Charitable activities	6	158,715	80,438	239,153	256,678
Other trading activities	7	17,045	–	17,045	12,218
Investment income	8	95	–	95	666
Other income	9	105,765	–	105,765	159
<b>Total income</b>		<u>285,688</u>	<u>80,438</u>	<u>366,126</u>	<u>275,796</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	10	4,425	–	4,425	26,395
Expenditure on charitable activities	11,12	95,940	80,363	176,303	317,151
<b>Total expenditure</b>		<u>100,365</u>	<u>80,363</u>	<u>180,728</u>	<u>343,546</u>
<b>Net income/(expenditure) and net movement in funds</b>		<u>185,323</u>	<u>75</u>	<u>185,398</u>	<u>(67,750)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		16,110	10,169	26,279	94,029
<b>Total funds carried forward</b>		<u>201,433</u>	<u>10,244</u>	<u>211,677</u>	<u>26,279</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 19 form part of these financial statements.

# soundLINCS

## Company Limited by Guarantee

### Statement of Financial Position

31 March 2021

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible fixed assets	18	5,177	6,903
<b>Current assets</b>			
Debtors	19	45,955	21,152
Cash at bank and in hand		279,307	21,021
		<u>325,262</u>	<u>42,173</u>
<b>Creditors: amounts falling due within one year</b>	20	118,762	22,797
<b>Net current assets</b>		<u>206,500</u>	<u>19,376</u>
<b>Total assets less current liabilities</b>		<u>211,677</u>	<u>26,279</u>
<b>Net assets</b>		<u>211,677</u>	<u>26,279</u>
<b>Funds of the charity</b>			
Restricted funds		10,244	10,169
Unrestricted funds		<u>201,433</u>	<u>16,110</u>
<b>Total charity funds</b>	23	<u>211,677</u>	<u>26,279</u>

For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.

The notes on pages 11 to 19 form part of these financial statements.

**soundLINCS**

**Company Limited by Guarantee**

**Statement of Financial Position** *(continued)*

**31 March 2021**

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These financial statements were approved by the board of trustees and authorised for issue on .....

....., and are signed on behalf of the board by:



*Glenn Tinsley*  
Signed on 14/05/21 @ 17:25

Mr G Tinsley  
Trustee

Company number 3730138

**The notes on pages 11 to 19 form part of these financial statements.**

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 March 2021

---

#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is soundHOUSE, 18 St Martins Lane, Lincoln, LN2 1HY.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The accounts have been prepared on the going concern basis. The trustees have considered the uncertainties in relation to the charity's future funding (as set out in the Trustees Report, pages 1-6) and are confident of the charity's ability to continue as a going concern.

##### Income tax

These accounts are prepared on the basis that as a charity, the activities of soundLINCS are exempt from income tax and corporation tax.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for specific purpose. Restricted funds are subjected to restrictions on their expenditure declared by the donor or when funds are raised for specific restricted purposes.

##### Incoming resources

Incoming resources from grants are credited to the Statement of Financial Activities in the year to which they relate. Projects and workshops income is accounted for as receivable by the charity. Deferred income is that to which the charity has not yet earned entitlement for receipt until the service has been provided. Such income is accounted for as a liability until the period in which the charity becomes entitled to the income.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2021

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All expenditure has been classified under headings that aggregate all costs relating to that category. Expenses relating to one activity or cost category have been directly allocated. Other overheads have been apportioned on the basis of estimated time spent and resources utilised: Cost of raising donations and legacies - Chief Executive Officer 10%. Charitable activities - Chief Executive Officer 85%, administration 90% and all other staff costs 100%. Governance - Chief Executive Officer 5%, administration 10%.

Governance costs comprise all costs involved in the public accountability of the charity and its compliance with regulation and good practice.

##### Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% reducing balance

##### Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

##### Defined contribution plans

Contributions are made to a workplace pension scheme for employees where required under the automatic enrolment legislation.

#### 4. Limited by guarantee

The charity is a company limited by guarantee. If the company is wound up the members are each liable to contribute up to £1.

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

Year ended 31 March 2021

#### 5. Donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
<b>Donations</b>				
MUSIC:LINK subscriptions	1,657	1,657	3,823	3,823
Donations	2,411	2,411	2,252	2,252
	<u>4,068</u>	<u>4,068</u>	<u>6,075</u>	<u>6,075</u>

#### 6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Projects and workshops income	3,515	3,113	6,628
soundPLAT4M	-	-	-
Arts Council England	150,200	-	150,200
Future of the Past	-	-	-
YMCA Fund A	-	-	-
New Tricks/New World	-	76,500	76,500
MEHEM Uprising!	-	825	825
LCC NET	5,000	-	5,000
	<u>158,715</u>	<u>80,438</u>	<u>239,153</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Projects and workshops income	59,063	16,150	75,213
soundPLAT4M	-	77,090	77,090
Arts Council England	-	3,000	3,000
Future of the Past	-	86,000	86,000
YMCA Fund A	-	15,375	15,375
New Tricks/New World	-	-	-
MEHEM Uprising!	-	-	-
LCC NET	-	-	-
	<u>59,063</u>	<u>197,615</u>	<u>256,678</u>

#### 7. Other trading activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Premises rental	17,045	17,045	12,218	12,218

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2021

#### 8. Investment income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable	95	95	666	666

#### 9. Other income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Other income	—	—	159	159
Covid-19 Government Grants	29,467	29,467	—	—
Coronavirus Job Retention Scheme	76,298	76,298	—	—
	<u>105,765</u>	<u>105,765</u>	<u>159</u>	<u>159</u>

#### 10. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Costs of raising donations and legacies	4,425	4,425	26,395	26,395

#### 11. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Projects and workshops	80,795	78,130	158,925
Support costs	15,145	2,233	17,378
	<u>95,940</u>	<u>80,363</u>	<u>176,303</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Projects and workshops	127,455	151,272	278,727
Support costs	38,064	360	38,424
	<u>165,519</u>	<u>151,632</u>	<u>317,151</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2021

#### 12. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2021 £	Total fund 2020 £
Projects and workshops	158,925	10,040	168,965	306,861
Governance costs	–	7,338	7,338	10,290
	<u>158,925</u>	<u>17,378</u>	<u>176,303</u>	<u>317,151</u>

#### 13. Analysis of support costs

	Projects and workshops £	Total 2021 £	Total 2020 £
Staff costs	8,508	8,508	26,111
General office	1,500	1,500	2,023
Finance costs	32	32	–
Governance costs	7,338	7,338	10,290
	<u>17,378</u>	<u>17,378</u>	<u>38,424</u>

#### 14. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation of tangible fixed assets	<u>1,726</u>	<u>2,301</u>

#### 15. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,200	1,200
Other financial services	720	960
	<u>1,920</u>	<u>2,160</u>

#### 16. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2021 £	2020 £
Wages and salaries	121,710	205,934
Social security costs	6,635	15,715
Employer contributions to pension plans	2,584	4,405
	<u>130,929</u>	<u>226,054</u>

# soundLINGS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2021

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#### 16. Staff costs *(continued)*

The average head count of employees during the year was 7 (2020: 7). The average number of full-time equivalent employees during the year is analysed as follows:

	2021 No.	2020 No.
Management	1	1
Project	3	5
Administrative	1	1
	<u>5</u>	<u>7</u>

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

#### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £40,591 (2020: £94,318).

#### 17. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity were received by any of the trustees during the year.

No expenses were paid to any of the trustees during the year (2020: £202.50 was paid to one trustee for travel expenses).

#### 18. Tangible fixed assets

	Equipment £
<b>Cost</b>	
At 1 April 2020 and 31 March 2021	<u>47,028</u>
<b>Depreciation</b>	
At 1 April 2020	40,125
Charge for the year	1,726
At 31 March 2021	<u>41,851</u>
<b>Carrying amount</b>	
At 31 March 2021	<u>5,177</u>
At 31 March 2020	<u>6,903</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2021

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#### 19. Debtors

	2021	2020
	£	£
Trade debtors	18,970	20,268
Prepayments and accrued income	26,826	725
Other debtors	159	159
	<u>45,955</u>	<u>21,152</u>

#### 20. Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	2,490	2,099
Accruals and deferred income	111,560	15,607
Social security and other taxes	4,162	5,091
Other creditors	550	—
	<u>118,762</u>	<u>22,797</u>

#### 21. Deferred income

	2021	2020
	£	£
At 1 April 2020	13,200	76,757
Amount released to income	(3,113)	(76,757)
Amount deferred in year	97,120	13,200
<b>At 31 March 2021</b>	<u>107,207</u>	<u>13,200</u>

Deferred income relates to funding received at 31 March 2021 for projects which have not been completed at that date, and so the proportion of funding held to complete the project has been carried forward.

#### 22. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,584 (2020: £4,405).

# soundLINCS

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2021

#### 23. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General funds	16,110	285,688	(100,365)	—	201,433

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
General funds	70,636	78,181	(191,914)	59,207	16,110

##### Restricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
soundPLAT4M	—	3,113	(3,113)	—	—
Arts Council England	—	—	—	—	—
Coastal Community Challenge	—	—	—	—	—
Future of the Past	4,909	—	(750)	—	4,159
LCC Lincoln Sings	4,000	—	—	—	4,000
YMCA Fund A	—	—	—	—	—
Adults with complex needs	1,260	—	—	—	1,260
National Lottery Community Fund	—	76,500	(76,500)	—	—
MEHEM Uprising!	—	825	—	—	825
	<u>10,169</u>	<u>80,438</u>	<u>(80,363)</u>	<u>—</u>	<u>10,244</u>

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
soundPLAT4M	16,000	77,090	(68,059)	(25,031)	—
Arts Council England	7,393	3,000	(16,217)	5,824	—
Coastal Community Challenge	—	5,990	(5,990)	—	—
Future of the Past	—	86,000	(41,091)	(40,000)	4,909
LCC Lincoln Sings	—	5,000	(1,000)	—	4,000
YMCA Fund A	—	15,375	(15,375)	—	—
Adults with complex needs	—	5,160	(3,900)	—	1,260
National Lottery Community Fund	—	—	—	—	—
MEHEM Uprising!	—	—	—	—	—
	<u>23,393</u>	<u>197,615</u>	<u>(151,632)</u>	<u>(59,207)</u>	<u>10,169</u>

# soundLINCS

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities *(continued)*

#### Year ended 31 March 2021

2021  
£

2020  
£

Restricted funds are treated as such because of conditions imposed by the external funding provider that means delivery of services under these funds is more restricted than the core service provided by the organisation.

#### 24. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	5,177	–	5,177
Current assets	207,091	118,171	325,262
Creditors less than 1 year	(10,835)	(107,927)	(118,762)
<b>Net assets</b>	<u>201,433</u>	<u>10,244</u>	<u>211,677</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	6,903	–	6,903
Current assets	18,804	23,369	42,173
Creditors less than 1 year	(9,597)	(13,200)	(22,797)
<b>Net assets</b>	<u>16,110</u>	<u>10,169</u>	<u>26,279</u>

#### 25. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2021 £	2020 £
Not later than 1 year	<u>5,900</u>	<u>6,900</u>

#### 26. Related parties

There were no related party transactions during the year.