



Older Persons Enabling Resource & Action

PUTTING PEOPLE FIRST

**ANNUAL REPORT
YEAR END 30TH SEPT 2022**

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Aims and Objectives

Sefton O.P.E.R.A aims to provide health and wellbeing activities to local older people across Sefton seeking to improve their quality of life, whilst helping to reduce the health inequalities for those most disadvantaged.

Our Objective

To promote any charitable purposes for the benefit of older persons in the borough of Sefton and in particular the advancement of education, and the promotion of good health, the prevention of social isolation and the relief of poverty, sickness and distress arising therefrom.

Our Mission

To enable older people to take power in relation to their own health, to maintain and improve the quality of their lives, recognising that they are an important resource to their peers and their community.

Our Vision

The organisation aims to be the focus for excellence and innovation in working with older and vulnerable people.

Our Social Value

Sefton O.P.E.R.A is committed to improving the lives of local people by local people giving a dignified and respectful service to all. We are committed to building the skills and confidence of our local volunteers to enable them to provide regular social interaction, intergeneration and physical activities. We will reduce social isolation, improve community cohesion and give Sefton's older people choices in respect to how they can improve their own health and wellbeing.

Quality Assurance

Sefton O.P.E.R.A holds the following quality assurance framework:

- Mentoring and Befriending Approved Standard Provider
- ASDAN Accredited Training Provider
- Vitalize Chair Exercise National Accreditation
- Reiki & Seichem (RASA) and Tai Chi
- Approved Work Placement provider for Hugh Baird College, Southport College, Sefton Business Partnership and Liverpool University



THE REPORT



Vikki Martlow
Organisational Manager

Vikki Martlow Wrote: This year's report we have concentrated on the success and achievements of the volunteers and the activities they help us to provide. We have always said that the volunteers are the backbone of the organisation, and we would not be able to provide the amount of fantastic and very needed activities to so many of our most vulnerable lonely and isolated older persons throughout Sefton. We have always strived to provide professional sessions with quality kite marks whilst making them accessible and fun for the participants and volunteers, with volunteers working in their own local area they always feel they are giving back to their own community, We always say we have the best volunteers making it feel like family, most of our volunteers make new friends and go on to improve their own social life which in turn helps improve their health and wellbeing . WE ARE VERY PROUD OF OUR VOLUNTEERS AND THE COMMITMENT THEY HAVE TO THE ORGANISAION A BIG THANK YOU TO YOU ALL.



Ann Mardell
Honorary Lifelong
President

Ann Mardell Wrote: Although it has been a real struggle in the last few years, with the pandemic taking its toll, it is certainly an understatement to say the least. Whether it was worldwide, nationwide, or just locally everyone has felt the effects. Fortunately, our volunteers have continued to be a vital role in our community, enabling older persons to have access to healthy options, often on their own doorstep.

Luckily enough Sefton O.P.E.R.A. have come through and hopes to continue for the benefit of the community. The success comes from the hard work and dedication of everyone involved with Sefton O.P.E.R.A. I hope this continues and with the help of the staff, the committee and as always, our wonderful volunteers I am positive it will! 'Well done' everyone and "Thank you".



Cathy Crook
Chairperson

Cathy Crook Wrote: It has been a challenging 12 months for both staff and volunteers which has been met with commitment and good humour, we are facing difficult times and the services of OPERA have never been more needed we are up to the challenge. Various events around the borough are taking place for folk to to join in to make friends and help to ease loneliness outdoor events are also available and are well supported. As chairperson I am proud to be involved with our great volunteers and committed staff.

VOLUNTEERS AND THEIR IMPACT

Those who volunteer are happier people! Although the idea of giving back to society is often persuasion enough to volunteer, donating time to a good cause can positively impact the individual in other ways too. As well as the sense of gratification gained from giving your time to people who need it, you can also benefit from many other mental and physical gains such as: Increased confidence by trying something new, meeting new people and being part of a community, reducing loneliness and isolation, learning new skills, Being active. And Having fun

Our Economic Impact: We have over 50 volunteers who deliver over 200 hours of services per week. We provide opportunities for local people to learn new skills and train in a range of activities to use for both for paid work and unpaid volunteering. Many of our volunteers go on to build their own skills, as well as developing businesses. Through volunteering many gain confidence and improve their self-esteem which also helps them when seeking work, they also gain work experience and receive references for the time spent within our organisation. Many Volunteers, older people themselves have made lasting friendships and feel a greater sense of worth through volunteering. Volunteers help us to improve local services by delivering on a smaller and more human scale and tailoring services to the needs of people in their community.

Our Social impact Building Strong Community Links & Local Relationships - As an organisation based in the heart of Sefton our volunteers have developed long and extensive links in our local communities around this area working in local neighborhood centres, sheltered schemes and church halls across Sefton.

Volunteers gain a wide range of skills, build their confidence and self-esteem and act as local peer mentors to others helping counteract the effects of stress, anger, and anxiety. The social contact aspect of helping and working with others can have a profound effect on your overall psychological well-being. Encouraging participation, they help identify and build relationships with other lonely and isolated older people in their communities. Activities have been developed to meet a wide range of needs, from reducing loneliness and isolation to improving someone's physical or mental health. We go into numerous residential and nursing homes because there is a desperate need for social interaction within these environments. We have found that people love to talk to our volunteers and that service users seem much happier and more relaxed after our visits. Our volunteers are also helping our older generation to become more skilled in using ICT or other craft-based skills. We also ensure activities are run to help encourage local participation and a greater feeling of ownership is developed and groups become more self-sufficient, ensuring new activities come from ideas from those attending the groups giving them greater input into activities ensures that activities are fit for purpose by local people creating local services.

Sefton OPERA could not run without our volunteers, they are and have always been the backbone of the organisation, this has been said many times over the years and is never more true. Our volunteers have a lasting impact on the community we share by providing companionship, a listening ear, a support in times of difficult and encouragement to get involved and make life changes that can have a big impact on that individuals' health and wellbeing. Their time is so precious and we want to say A BIG THANK YOU for serving the older citizens of Sefton and making our organisation so amazing.



OUR VOLUNTEERS

This year we had several of our volunteers nominated for awards firstly Volunteer of the Year and Citizens for Good Awards for the services they provide in their community for the volunteer work they provide for Sefton OPERA and the volunteer work they have gone on to do with other organisations since starting with Sefton OPERA. We are proud to say that are our volunteers gaining and then sharing skills enabling them to make a bigger impact in their communities.

MARIE RICHARDSON VOLUNTEER OF THE YEAR Marie has been on several of the pamper teams throughout her years here since 2001 but her main team was with the hospital team firstly with a 6 week programme in the Geoffrey Murrey ward and then instrumental in setting up the teams working in the ARDU Stroke Day Care, Marina Dalglish Cancer Care and ward 32 End of Life Care providing a pamper and a listening ear these were all hard but very rewarding the ARDU was still running up to Covid unfortunately we have not been able to go back since. Marie has also been a very valued part of our Trustees for many years providing help and guidance.

MIKE SMITHSON CITIZENS 4 GOOD Mike is one of our Southport team providing a range of pamper sessions in the local nursing, day centre, supported living, and church and pensioners groups in the North of the borough. Mike has been volunteering with us since 2010 starting as part of the team and moving to team leader helping to organise the other volunteers providing feedback on the establishments etc.. Mike was also instrumental in starting up the drop in pamper session and then later the Beating Loneliness Together Group in Southport. Mike has become a very valued member of our team. Since starting in Sefton OPERA Mike has also volunteered for other agencies in the Southport area being a big part in the friends of Hesketh Park.

VIV JOHNSON CITIZENS 4 GOOD Viv started with one of our Bootle teams who also provide a range of pamper sessions in the local nursing, day centre, supported living, and church and pensioners groups in the South of the borough. Viv has been volunteering with us since 2014 joining one team then very quickly another attending twice a week, then moving to team leader. She has completed several training sessions one being Chair Exercise to become part of Never Too Late group then leading the sessions. She is also lead for the Drop In Pamper in Bootle, she also helped with the Bootle Bells. Viv is a great campaigner for Sefton OPERA and is always informing others of the activities we provide and how to join in. Viv now also volunteers for The Orell Centre in their additional needs group which came from her attending with our group providing a pamper session in the community.

DENNIS JOHNSON CITIZENS 4 GOOD Dennis came a few months after Viv and joined in with the mens group providing a variety of activities reducing loneliness and isolation providing a safe place for like minded men to meet and join in with activities also arranging for days out and social occasions. Dennis started to lead the group helping to organise activities and providing them with Tai Chi this led to him starting a Tai Chi group each week providing basic help to improve breathing and balance. From this Dennis has also started 2 other Tai Chi sessions with other organisations one being the Inclusion Matter group.



WORKING IN SUPPORTED & CARE HOMES

This is where Sefton OPERA started in June 1999 with a 6 month project based in Bootle to evaluate the needs and wants of the older residents of the establishments to encourage them to take part in activities empowering them to build skills to enable them to improve their own health and wellbeing and reduce the need for unnecessary hospital and doctors visits. This was such a success that it quickly widened to the whole of the Sefton borough from starting with a basic hand massage session to a wide variety of therapies, tai chi, chair exercises, and entertainment from a variety of bands and singers.

We still go to these establishments today covering approx 90% of them throughout Sefton the activities we provide are still very similar with different volunteer teams working in their areas bringing the outside world in to some who don't have much if any contact with others, reducing loneliness and isolation



WORKING IN OUR COMMUNITY

From working in the older persons establishment a need arose for our services in the community working in partnership with other local organisations providing their groups with some of the services and activities we provide. This works well as it gets Sefton OPERA known more throughout the borough and on most of the local boards. From our already established activities we started additional activities with the Winter Warm packs, & the Keep Warm Keep Well partnering with other local organisation all in aid of helping those older and vulnerable persons in the borough who need it most.

We now provide a wide range of activities in the community working with a variety of the pensioners groups throughout Sefton this means that we are hitting a wider group of people helping to reduce loneliness and isolation encouraging them to become part of their communities from this we have started to do regular monthly activities in some of the community groups either end of the borough such as 2 pamper sessions, 2 chair exercise sessions, 2 beating loneliness sessions and 2 dances.



BE WISE SOCIALISE

Our Be Wise Socialise sessions derived from a variety of older persons who lived on their own who were looking for social activities to attend but didn't want to attend on their own. So we started a variety of activities trips out, coach trips, theatre visits etc. This was a great way for them to meet likeminded people make new friends and feel part of the community again and not excluded as everyone was in the same position.


This year we have provided 228 older persons with 5 different coach trips 2 to Bury Market, 2 Lake District, and Llandudno. We also provided a variety of meals out Christmas (110 people), Beat The January Blues (110 people), Royal Court (20 people) charity night (120 people). And a variety of other days out or trips, Boat Trip (12 people), Museum Trips x2 (24 people) Flower Show (20 People) and a variety of activities to celebrate the Queens Jubilee Vounteers Afternoon Tea (40 people), St Elizabeths Afternoon Tea (110 people), Beating Loneliness Together Groups x2 (33 people), Polton Court Party (40 People), Litherland Pensioners Party (25 people) Derby Park One Vision Celobrations (50 people) giving 930 attendees to these additional activities.



SOCIAL INCLUSION INHOUSE SESSIONS

Below is a list of our weekly and monthly drop in sessions reducing loneliness and isolation these projects started from the need of those who still lived at home but were lacking in activities to attend making them increasingly lonely or isolated, all of these sessions have come from the members themselves and have evolved through evaluation and feedback.

Currently we have 13 weekly and 4 monthly drop in activity sessions,

Weekly Drop-In Sessions. ALL BY APPOINTMENT ONLY				
Monday	Tuesday	Wednesday	Thursday	Friday
10:00am – 12:00pm IT Workshop. Next Steps Facebook, Skype, Email, Web Browsing <u>Held in the office.</u>	10:00am – 12:00pm IT From First Touch Facebook, Skype, Email, Web Browsing <u>Held in the office.</u>	9:00am – 10:00am 50+ Learn to Swim & Improvers Learn to swim or improve your stroke get fit improve overall strength & breathing <u>Held in office</u>	10:00am – 12:00pm Arts & Craft All abilities make, Cards, Gift Boxes, Calendars Etc <u>Held in the office.</u>	10:30am – 11:30am Walking Group 30–90-minute walk and back to office for light refreshments. <u>Starting From the office</u>
10:00am – 11:30pm Drop In Pamper Basic Hand, Back & Neck Massage, Reiki <u>Held in Linacre Hub.</u>	10:30am – 12:00pm Walk & Talk Group Stepping into the past with Short local History Walk, taking photos and making albums. <u>Starting From the office.</u>	10:00am – 12:00am Institches All abilities in relation to knitting, crocheting <u>Held in office</u>		
	11:00am – 12:00pm Tai Chi Gentle exercise to aid balance and breathing. <u>Held in the office.</u>	1:00am – 3:00pm IT Workshop from first touch. Facebook, Skype, Email, Web Browsing <u>Digital Camera's</u> Scan clean amend old photos, videos to DVD <u>Held in the office.</u>	5.00-6.30pm Me-No-Pause Support Group Support, Information, Speakers, Exercise & Weigh In	
	1.00pm-2.30pm Men Behaving Brilliantly Men's group ran by men for men, Quiz, Darts, Cards, Board Games, Tai Chi, Days Out, and a Cuppa <u>Held in the office</u>	1:00pm - 2:30pm It's Never too Late to Feel Great Fun activity that will improve the mind Body soul <u>Held in the office</u>		
Monthly Drop-In Sessions. ALL BY APPOINTMENT ONLY				
01:30pm – 03:30pm Monthly Dance Bootle Cricket Club Wadham Road L20 2DD <u>HELD 2nd Monday of each month.</u>	2.30pm - 4.00pm Beating Loneliness Together Different activities each month reducing isolation & loneliness Waterloo Community Centre, St Georges Road Waterloo L22 1RD, <u>Held 1st Wednesday of each month.</u>	Like us on Facebook Setton OPERA Older Persons Project Follow us on Twitter @SettonOPERA		We also provide adhoc Chair Exercise Sessions Intergenerational Sessions Pamper Sessions Healthy Living Sessions Distress Sessions Invite us to your groups
01:30pm – 03:30pm Monthly Dance Atkinson Gallery Lord Street Southport <u>HELD 3rd Monday of each month.</u>	2.00pm - 3.30pm Drop In Pamper Group & Beating Loneliness Together Different activities each month reducing isolation & loneliness Quaker Rooms, Court Road Southport PR9 9ER <u>Held 1st Thursday of each month.</u>	 Company Registration No: 3841119 Charity Registration No: 1086437		FOR MORE INFORMATION ON ANY OF OUR DROP IN SESSIONS PLEASE CALL THE OFFICE ON 0151 330 0479 Mobile: 07452 867 848 admin@settonopera.org.uk Setton O.P.E.R.A., St Matthews Church, 410 Stanley Road, Bootle, L20 5AE

SUSTAINABILITY & FUNDING

Funding and sustainability are always a struggle in the sector with funding being reduced or changed year after year, but the need for services rising year after year especially in the last few years coming out of the pandemic into an energy crisis and a cost-of-living crises. Funders have less to distribute and more organisations needing support this is why we need to be more adaptive with our activities staying at the forefront of the needs and changes. Sefton OPERA have a good relationship with funders which enables us to go back to them time and again always with a new project or activity. With community resilience always at the forefront of the organisation we have listened to the community and responded to their needs providing the way forward for sustainability of the organisation.

THE WAY FORWARD

The way forward is and has always been to be adaptive with regards to activities places and the whole organisation. We have always listened to our volunteers, members, clients, trustees and staff recognising that they are a valued asset to the organisation keeping us at a grassroots level in the community enabling us to know what is needed or wanted and adapting requirements to achieve it. All of our activities have derived from evaluations of activities already in place and recommendations from local people who live, work, or retired in the area so they know what is needed. This has always enabled us to be trailblazers in the sector gaining us respectability within the community.

Volunteers have and will always be the backbone of the organisations and we still have some of our original volunteers today retaining them for over 23 years as part of the Sefton OPERA family. This is why volunteer recruitment will play a big part of our way forward enabling us to continue and to expand in the coming years.

Achievements And Statistics



We are very proud to say 4 of our volunteers have received awards this year



**Volunteers
have provided
Over 2700
Hours this
year**



**We have
provided 400
weekly sessions
in Nursing and
Supported Living**



**We have provided
750 Weekly & 72
Monthly Activities
Reducing Loneliness
& Isolation**



**We have provided
Over 200 Massage
Pamper Health &
Wellbeing Sessions**

**We have provided
128 Chair
Exercises and Falls
Prevention sessions**



**We have provided
nearly 200 Music,
Dance and
entertainment
sessions bringing
older people together
to make new friends
and having fun.**

**We have provided
7 Events a variety
of activities
partnering with
other organisations
in community
cohesion session**



Reducing Loneliness & Isolation

We have provided
16 Social Inclusion
Days Out, Coach
Trips, Theatre,
Afternoon Teas.



Thank you to everyone involved

FINANCE Objectives and Activities

Sefton O.P.E.R.A.

Trustees' Annual Report

For the year ended 30 September 2022

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ended 30 September 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

Objectives and Activities

The objects of the charity are to promote any charitable purposes for the benefit of older persons in the borough of Sefton and in particular the advancement of education, the promotion of good health, the prevention of social isolation and the relief of poverty, sickness and distress arising therefrom.

Sefton O.P.E.R.A. is a voluntary organisation working with older people in the community, many experiencing dementia and Alzheimers, often experiencing isolation. Our aim is to enable older people to have choices in relation to their own health. Our outstanding contribution to social welfare and using grass roots to formulate their objectives within the community.

Achievements and Performance

This year we have concentrated our Annual General Report on volunteering and its benefits both to the individual and the organisation.

Those who volunteer are happier people! Although the idea of giving back to society is often persuasion enough to volunteer, donating time to a good cause can positively impact the individual in other ways too a sense of gratification, mental and physical gains Increased confidence, Meeting new people and being part of a community, Reducing loneliness and isolation, Learning new skills, Being active. And Having fun

Our Economic Impact: We have over 50 volunteers delivering over 200 hours of services per week, help us to improve local services by delivering on a smaller and more human scale and tailoring services to the needs of people in their community. Our Social impact Building Strong Community Links & Local Relationships - As an organisation based in the heart of Sefton our volunteers have developed long and extensive links in our local communities around this area working in local neighborhood centres, sheltered schemes and church halls across Sefton.

Sefton OPERA could not run without our volunteers they are and have always been the backbone of the organisation this has been said many times over the years and is never more true. Our volunteers have a lasting impact on the community we share by providing companionship, a listening ear, a support in times of difficult and encouragement to get involved and make life changes that can have a big impact on that individuals' health and wellbeing. Their time is so precious and we want to say A BIG THANK YOU for serving the older citizens of Sefton and making our organisation so amazing.

Financial Review

The charity was in a satisfactory financial position at 30 September 2022. The operational surplus on the general fund during the year was £14,713 (2021: deficit £12,394).

FINANCE Structure Governance & Management

Sefton O.P.E.R.A. Trustees' Annual Report For the year ended 30 September 2022

As at 30 September 2022 total funds of £126,353 were held of which £45,628 was held in restricted funds which is therefore not available for the general purposes of the charitable company. Designated Funds representing the net book value of fixed assets were £711. General Funds were £80,014.

Reserves Policy

The trustees have considered the need to maintain an appropriate level of reserves for the charity. Consideration has been given to the nature of income and expenditure streams, the need to match income with fixed commitments and the nature of reserves. The trustees have concluded that the following reserves should be maintained.

The trustees wish to have 6 months of total expenditure, based on the last 3 years, in reserve to cover the cost of staff salaries should restricted funding be unexpectedly be withdrawn. The average annual expenditure over the last 3 years (2020-22 incl.) is £131,341. This equates to a reserve level of £65,671. As at 30 September 2022 the level of reserves held by Sefton O.P.E.R.A. was £80,014, being unrestricted funds less the value of our fixed assets. Current reserves represent 122% of the reserves required to be held by the trustees.

Reference and administrative details

Charity number:	1086437
Company number:	03841119
Registered Office:	St Matthews Community 200, 410 Stanley Road, Bootle L20 5AE

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB, Pm.Dip.
Bankers:	Barclays Bank Plc, 1 Churchill Place, London. E14 5HP

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

M J Bates
E C Crook
R J Forster
M Richardson
K Dixon

Company Secretary V Martlow

FINANCE Trustees Responsibilities

Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

Trustees' Responsibilities

The trustees, who are also the directors of Sefton O.P.E.R.A. for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

- 1) select suitable accounting policies and then apply them consistently;
- 2) observe the methods and principles on the Charities SORP;
- 3) make judgements and estimates that are reasonable and prudent;
- 4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- 5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 20th April 2023 and signed on their behalf.



V Martlow
Company Secretary

FINANCE Independent Examiners Report

Independent Examiner's Report To the trustees of Sefton O.P.E.R.A. For the year ended 30 September 2022

I report to the trustees on my examination of the accounts of the Sefton O.P.E.R.A. for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of Sefton O.P.E.R.A. you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Sefton O.P.E.R.A. accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Sefton O.P.E.R.A. as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Deegan MAAT, MICB, Pm.Dip.
Community Accountant
Sefton Council for Voluntary Service
Burlington House

20th April 2023

FINANCE Statement of Financial Activities

Sefton O.P.E.R.A.
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 30 September 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	17,807	143,575	161,382	146,974
Charitable activities	3	168	-	168	1,291
Investments	4	18	-	18	9
Total income		17,993	143,575	161,568	148,274
Expenditure on:					
Charitable activities	5	3,281	146,063	149,344	133,614
Total expenditure		3,281	146,063	149,344	133,614
Net income/(expenditure)		14,712	(2,488)	12,224	14,660
Other recognised gains:					
Net movement in funds		14,712	(2,488)	12,224	14,660
Reconciliation of funds:					
Funds b/fwd		66,012	48,117	114,129	99,469
Funds c/fwd		80,725	45,628	126,353	114,129

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

FINANCE Balance Sheet

Sefton O.P.E.R.A.
Balance Sheet
As at 30 September 2022

Company Number: 03841119

	Note	2022 £	2021 £
Fixed Assets			
Tangible assets	9	711	891
Current Assets			
Debtors	10	1,736	522
Cash at bank and in hand	11	124,206	113,803
		125,942	114,325
Creditors: Amounts falling due within one year	12	300	1,087
Net Current Assets		125,642	113,238
Total Net Assets		126,353	114,129
Funds of the charity			
Designated Funds		711	891
General Fund		80,014	65,121
Total Unrestricted Funds	13	80,725	66,012
Restricted Funds	14	45,628	48,117
Total Funds		126,353	114,129

In approving these financial statements as directors of the company we hereby confirm the following:

For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- 1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
- 2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the board of directors on 20th April 2023.

K Dixon, Trustee



FINANCE Accounting Policies

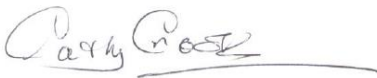
These summarized accounts are an extract from the statutory annual report and accounts of Sefton O.P.E.R.A (Older Persons Enabling Resource & Action) for the financial year ended 30th September 2022 and which have been Independently Examined by Sefton CVS (Council for Voluntary Services) Community Accountants.

The examiners have confirmed to the trustees that these summarized accounts are consistent with the full annual accounts of the charity for the year ended 30th September 2022.

The full annual accounts and Trustees report of the charity were approved by the Trustees and signed on their behalf on 16th March 2023. They will be submitted to the Charity Commission and Companies House by 28th May 2023.

Copies of the charity's full annual accounts and the independent examiners report on those accounts and the Trustees report may be obtained from Sefton O.P.E.R.A St Matthews Church, 410 Stanley Road, Bootle, L20 5AE.

Signed on behalf of the Trustees.



Cathy Crook Chairperson

Dated 16th March 2023

Sefton O.P.E.R.A would like to thank the following funders:

**Energy Redress
Leathersellers
National Lottery
Sefton Council
CVS Winter Access & Queens Jubilee
Asda & Tesco Local Stores**

**John Moores
Masonic
Onward Group**



St Matthews Church
410 Stanley Road
Bootle, L20 5AE

Main Telephone: 0151 330 0479

Mobile: 07452 867 648

Email: admin@seftonopera.org.uk

Website: www.sefton-opera.org.uk

Company Registration No: 03841119

Charity Registration No: 1086437



@SeftonOPERA



Sefton OPERA Older Persons Group

Company Number: 03841119
Charity Number: 1086437

Sefton O.P.E.R.A.
(A Company Limited by Guarantee)
Annual Report
&
Financial Statements
For the year ended
30 September 2022

Greater Merseyside Community Accountancy Service
Sefton Council for Voluntary Service
3rd Floor, Suite 3b
Burlington House
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L22 0LG

Sefton O.P.E.R.A.
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Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ended 30 September 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

Objectives and Activities

The objects of the charity are to promote any charitable purposes for the benefit of older persons in the borough of Sefton and in particular the advancement of education, the promotion of good health, the prevention of social isolation and the relief of poverty, sickness and distress arising therefrom.

Sefton O.P.E.R.A. is a voluntary organisation working with older people in the community, many experiencing dementia and Alzheimers, often experiencing isolation. Our aim is to enable older people to have choices in relation to their own health. Our outstanding contribution to social welfare and using grass roots to formulate their objectives within the community.

Achievements and Performance

This year we have concentrated our Annual General Report on volunteering and its benefits both to the individual and the organisation.

Those who volunteer are happier people! Although the idea of giving back to society is often persuasion enough to volunteer, donating time to a good cause can positively impact the individual in other ways too a sense of gratification, mental and physical gains Increased confidence, Meeting new people and being part of a community, Reducing loneliness and isolation, Learning new skills, Being active. And Having fun

Our Economic Impact: We have over 50 volunteers delivering over 200 hours of services per week, help us to improve local services by delivering on a smaller and more human scale and tailoring services to the needs of people in their community. Our Social impact Building Strong Community Links & Local Relationships - As an organisation based in the heart of Sefton our volunteers have developed long and extensive links in our local communities around this area working in local neighborhood centres, sheltered schemes and church halls across Sefton.

Sefton OPERA could not run without our volunteers they are and have always been the backbone of the organisation this has been said many times over the years and is never more true. Our volunteers have a lasting impact on the community we share by providing companionship, a listening ear, a support in times of difficult and encouragement to get involved and make life changes that can have a big impact on that individuals' health and wellbeing. Their time is so precious and we want to say A BIG THANK YOU for serving the older citizens of Sefton and making our organisation so amazing.

Financial Review

The charity was in a satisfactory financial position at 30 September 2022. The operational surplus on the general fund during the year was £14,713 (2021: deficit £12,394).

Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

As at 30 September 2022 total funds of £126,353 were held of which £45,628 was held in restricted funds which is therefore not available for the general purposes of the charitable company. Designated Funds representing the net book value of fixed assets were £711. General Funds were £80,014.

Reserves Policy

The trustees have considered the need to maintain an appropriate level of reserves for the charity. Consideration has been given to the nature of income and expenditure streams, the need to match income with fixed commitments and the nature of reserves. The trustees have concluded that the following reserves should be maintained.

The trustees wish to have 6 months of total expenditure, based on the last 3 years, in reserve to cover the cost of staff salaries should restricted funding be unexpectedly be withdrawn. The average annual expenditure over the last 3 years (2020-22 incl.) is £131,341. This equates to a reserve level of £65,671. As at 30 September 2022 the level of reserves held by Sefton O.P.E.R.A. was £80,014, being unrestricted funds less the value of our fixed assets. Current reserves represent 122% of the reserves required to be held by the trustees.

Reference and administrative details

Charity number:	1086437
Company number:	03841119
Registered Office:	St Matthews Community 200, 410 Stanley Road, Bootle L20 5AE

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB, Pm.Dip.
Bankers:	Barclays Bank Plc, 1 Churchill Place, London. E14 5HP

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

M J Bates
E C Crook
R J Forster
M Richardson
K Dixon

Company Secretary	V Martlow
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Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

Structure, Governance and Management

Governing Document

Sefton O.P.E.R.A. is a company limited by guarantee governed by its Memorandum and Articles of Association dated 14th September 1999. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company and there are currently - members (- in 2021), each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election.

Organisation

The board of trustees, administers the charity.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which comprises:

- * an annual review of the principal risks and uncertainties that the charity faces;
- * the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- * the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for both the charity and its subsidiary. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank and active management of trade debtors and creditors balances to ensure sufficient working capital by the charity.

Attention has also been focused on non-financial risks arising from fire, health and safety of clients, food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

Trustees' Responsibilities

The trustees, who are also the directors of Sefton O.P.E.R.A. for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

- 1) select suitable accounting policies and then apply them consistently;
- 2) observe the methods and principles on the Charities SORP;
- 3) make judgements and estimates that are reasonable and prudent;
- 4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- 5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 20th April 2023 and signed on their behalf.



V Martlow
Company Secretary

Independent Examiner's Report
To the trustees of Sefton O.P.E.R.A.
For the year ended 30 September 2022

I report to the trustees on my examination of the accounts of the Sefton O.P.E.R.A. for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of Sefton O.P.E.R.A. you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Sefton O.P.E.R.A. accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Sefton O.P.E.R.A. as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Deegan MAAT, MICB, Pm.Dip.
Community Accountant
Sefton Council for Voluntary Service
Burlington House

20th April 2023

Sefton O.P.E.R.A.
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 30 September 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	17,807	143,575	161,382	146,974
Charitable activities	3	168	-	168	1,291
Investments	4	18	-	18	9
Total income		17,993	143,575	161,568	148,274
Expenditure on:					
Charitable activities	5	3,281	146,063	149,344	133,614
Total expenditure		3,281	146,063	149,344	133,614
Net income/(expenditure)		14,712	(2,488)	12,224	14,660
Other recognised gains:					
Net movement in funds		14,712	(2,488)	12,224	14,660
Reconciliation of funds:					
Funds b/fwd		66,012	48,117	114,129	99,469
Funds c/fwd		80,725	45,628	126,353	114,129

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

Sefton O.P.E.R.A.
Balance Sheet
As at 30 September 2022

Company Number: 03841119

	Note	2022 £	2021 £
Fixed Assets			
Tangible assets	9	711	891
Current Assets			
Debtors	10	1,736	522
Cash at bank and in hand	11	124,206	113,803
		125,942	114,325
Creditors: Amounts falling due within one year	12	300	1,087
Net Current Assets		125,642	113,238
Total Net Assets		126,353	114,129
Funds of the charity			
Designated Funds		711	891
General Fund		80,014	65,121
Total Unrestricted Funds	13	80,725	66,012
Restricted Funds	14	45,628	48,117
Total Funds		126,353	114,129

In approving these financial statements as directors of the company we hereby confirm the following:
For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- 1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
- 2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the board of directors on 20th April 2023.

K Dixon, Trustee



The notes on pages 10 to 21 form part of these financial statements

1 Accounting Policies

1a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as amended for accounts period commencing 1 January 2016) - (Charities SORP (FRS 102)), and the Companies Act 2006.

Sefton O.P.E.R.A. meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The functional currency used by Sefton O.P.E.R.A. is the £ Sterling.

1b. Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

There were no items as at the transition date which required restatement under FRS102.

1c. Preparation of the accounts on a going concern basis

The charity had a surplus on the unrestricted funds. Unrestricted reserves were equivalent of 7 months' expenditure. There was a surplus on the restricted funds. The trustees believe that the charity will be able to meet its liabilities as they fall due. The accounts have therefore been prepared on a going concern basis.

1d. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1 Accounting Policies (cont.)

1e. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

The benefit of older persons in Sefton

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1f. Funds Accounting

All income and expenditure together with gains and losses are allocated to a specific charitable fund.

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Further details of designated funds together with their purpose are set out in note 13.

Restricted funds are donations which the donor has specified are to be used solely for particular areas of the charity's work or for specific projects being undertaken by the charity. Further details of restricted funds together with their purposes are set out in note 14.

1g. Tangible fixed assets and depreciation

Tangible assets are stated at cost less accumulated depreciation and accumulated impairment losses. cost includes the original purchase price, costs directly attributable to bringing the asset into its working condition for its intended use, dismantling and restoration costs and borrowing costs capitalised.

Plant and machinery and fixtures, fitting, tools, and equipment are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write each asset off over its anticipated useful economic life. A full year's depreciation charge is charged in the year of acquisition and no depreciation is charged in the year of disposal.

Fixtures and fittings	25% pa on a reducing balance basis
Equipment	20% pa on a reducing balance basis

Tangible assets are derecognised on disposal or when no future economic benefits are expected. On disposal, the difference between the net disposal proceeds and the carrying amount is recognised in the Statement of Financial Activities.

The notes on pages 10 to 21 form part of these financial statements

1 Accounting Policies (cont.)

1h. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1i. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1j. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1k. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1l. Pension costs

The company operates a defined contribution plan for its eligible employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payment obligations. The contributions are recognised as an expense when they are due. Amounts not paid are shown in creditors or accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

2. Donations and Legacies

	2022 £	2021 £
Donations	16,907	5,191
Grants	144,475	141,783
	<u>161,382</u>	<u>146,974</u>

3. Charitable Activity Income

	2022 £	2021 £
Coronavirus Job Retention Scheme	168	1,291
	<u>168</u>	<u>1,291</u>

Income from charitable activities has been applied to the following activities:

	2022 £	2021 £
The benefit of older persons in Sefton	168	1,291
	<u>168</u>	<u>1,291</u>

4. Investment Income

	2022 £	2021 £
Interest Receivable	18	9
	<u>18</u>	<u>9</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

5. Charitable Activities Expenditure

	Activities Undertaken Directly £	Support Costs £	Total 2022 £	Total 2021 £
The benefit of older persons in Sefton	134,045	15,299	149,344	133,614
	<u>134,045</u>	<u>15,299</u>	<u>149,344</u>	<u>133,614</u>

6. Staff Costs

	2022 £	2021 £
Wages and Salaries	81,041	79,853
Social Security costs	3,709	3,347
Pension costs	4,882	4,713
	<u>89,632</u>	<u>87,913</u>

The average number of employees during the 2022 was:

	2022 Number	2021 Number
Project staff	3	3
	<u>3</u>	<u>3</u>

The trustees received no remuneration during the year (2021: £nil).
The trustees did not receive any expenses during the year (2021: £nil).

The notes on pages 10 to 21 form part of these financial statements

7. Key Management Personnel

The trustees consider that the key management personnel comprise the trustees and the Senior Management Team as follows:-

Trustees

M J Bates
E C Crook
R J Forster
M Richardson
K Dixon

Senior Management Team

Organisational Manager - V Martlow
Project Manager - M Robinson

	2022 £	2021 £
Total Remuneration	<u>70,765</u>	<u>69,719</u>

8. Net Income for the year

Net income is stated after charging:

	2022 £	2021 £
Depreciation	<u>181</u>	<u>228</u>

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

9. Tangible Fixed Assets

	Fixtures & Equipment £	Total £
Cost / Valuation		
At 1 October 2021	26,579	26,579
At 30 September 2022	26,579	26,579
Depreciation		
At 1 October 2021	25,687	25,687
For the year	181	181
At 30 September 2022	25,868	25,868
Net Book Amounts		
At 30 September 2022	711	711
At 30 September 2021	892	892

10. Debtors

	2022 £	2021 £
Amounts falling due within one year		
Trade debtors	1,200	-
Prepayments and accrued income	536	522
	1,736	522

11. Cash at bank and in hand

	2022 £	2021 £
Cash at bank	124,014	113,582
Cash in hand	191	220
	124,205	113,802

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

12. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	837
Accruals and deferred income	300	250
	<u>300</u>	<u>1,087</u>

13. Unrestricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2021 £
General Fund	52,499	16,762	(4,367)	228	65,122
Designated Funds					
Fixed Asset Fund	1,119	-	-	(228)	891
Total Funds	<u>53,618</u>	<u>16,762</u>	<u>(4,367)</u>	<u>-</u>	<u>66,013</u>

	Balance brought forward 2021 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2022 £
General Fund	65,121	17,993	(3,280)	180	80,014
Designated Funds					
Fixed Asset Fund	891	-	-	(180)	711
Total Funds	<u>66,012</u>	<u>17,993</u>	<u>(3,280)</u>	<u>-</u>	<u>80,725</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

14. Restricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Balance carried forward 2021 £
Sefton MBC	11,242	28,150	(30,083)	9,309
The Big Lottery	-	19,797	(7,085)	12,712
Garfield Weston	3,576	-	(3,576)	-
Steve Morgan Foundation	1,666	15,000	(16,666)	-
Other Restricted Funds	29,367	68,566	(71,837)	26,096
	<u>45,851</u>	<u>131,513</u>	<u>(129,247)</u>	<u>48,117</u>
Other Funds				
Big Lottery Covid	8,922	-	(8,922)	-
Steve Morgan Foundation Covid	3,333	-	(3,333)	-
Green	1,542	-	-	1,542
Veterans	3,843	6,996	(8,778)	2,061
Community Foundation A555487	864	-	(864)	-
Groundwork Cash For Causes	920	-	(920)	-
Leathersellers	6,027	7,500	(9,974)	3,553
NEA KWKW Event	500	-	-	500
N Smith Charitable	500	-	-	500
One Vision	500	-	-	500
Neighbourly Fund	400	-	-	400
Groundwork Tesco	500	-	-	500
P H Holt	1,309	-	(1,309)	-
Rathbones	207	-	(207)	-
Canal and River Trust	-	3,126	(1,982)	1,144
Community Foundation A569719	-	730	(462)	268
Community Foundation A604596	-	1,000	(340)	660
Community Champions Fund CVS	-	2,500	(963)	1,537
Community Link Foundation	-	756	-	756
Energy Redress	-	39,958	(31,435)	8,523
John Moores	-	5,000	(1,348)	3,652
NEA	-	500	(500)	-
Arnold Clark	-	500	(500)	-
	<u>29,367</u>	<u>68,566</u>	<u>(71,837)</u>	<u>26,096</u>

The restricted funds are for the following purposes:

Sefton MBC, Steve Morgan Foundation, Eleanor Peel Trust and Edward Gosling Foundation - salaries

The Big Lottery - salaries, running costs, projects, activities and volunteer expenses

Community Foundation - equipment for groups, activities and trips

Other grants are for running costs

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

14. Restricted Funds (cont.)

	Balance brought forward 2021 £	Income £	Expenditure £	Balance carried forward 2022 £
Sefton MBC	9,309	28,150	(28,569)	8,890
The Big Lottery	12,712	39,469	(34,856)	17,325
Other Restricted Funds	26,096	75,956	(82,638)	19,414
Total Funds	48,117	143,575	(146,063)	45,629
Other Funds				
Green	1,542	-	-	1,542
Veterans	2,061	-	(1,782)	279
Leathersellers	3,553	5,000	(5,119)	3,434
NEA KWKW Event	500	-	(500)	-
N Smith Charitable	500	-	(500)	-
One Vision	500	-	(500)	-
Neighbourly Fund	400	1,000	(129)	1,271
Groundwork Tesco	500	-	(500)	-
Canal and River Trust	1,144	-	(1,144)	-
Community Foundation A569719	268	-	(268)	-
Community Foundation A604596	660	-	(660)	-
Community Champions Fund CVS	1,537	-	(1,537)	-
Community Link Foundation	756	-	(756)	-
Energy Redress	8,523	53,731	(50,089)	12,165
John Moores	3,652	5,000	(8,652)	-
Onward Group	-	3,000	(2,503)	497
Charles Brotherton	-	225	-	225
Winter Access Fund CVS	-	3,000	(3,000)	-
Masonic	-	5,000	(5,000)	-
	26,096	75,956	(82,638)	19,414

The restricted funds are for the following purposes:

Sefton MBC, Steve Morgan Foundation, Eleanor Peel Trust and Edward Gosling Foundation - salaries

The Big Lottery - salaries, running costs, projects, activities and volunteers expenses

Community Foundation - equipment for groups, activities and trips

Other grants are for running costs

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

15. Analysis of Net Assets

Previous year ended 30 September 2021

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total Funds £
Fixed Assets	891	-	-	891
Current Assets	65,317	891	48,117	114,325
Current Liabilities	(1,087)	-	-	(1,087)
	<u>65,121</u>	<u>891</u>	<u>48,117</u>	<u>114,129</u>

Current year ended 30 September 2022

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Totals Funds £
Fixed Assets	-	711	-	711
Current Assets	80,315	-	45,628	125,943
Current Liabilities	(300)	-	-	(300)
	<u>80,015</u>	<u>711</u>	<u>45,628</u>	<u>126,354</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

16. Comparative Statement of Financial Activities Information

In order to comply with Financial Reporting Standard 102 which requires comparative information to be provided for all amounts, this note provides the necessary disclosure for comparative purposes of the Statement of Financial Activities for the year ended 30 September 2021.

	Unrestricted Fund £	Restricted Fund £	Total Funds £
Income			
Donations and legacies	15,461	131,513	146,974
Comparative activities	1,291	-	1,291
Investments	9	-	9
Total income	16,761	131,513	148,274
Expenditure on Charitable activities	4,367	129,247	133,614
	4,367	129,247	133,614
Net income	12,394	2,266	14,660
Other Recognised gains:			
Net movement in funds	12,394	2,266	14,660

The notes on pages 10 to 21 form part of these financial statements

Company Number: 03841119
Charity Number: 1086437

Sefton O.P.E.R.A.
(A Company Limited by Guarantee)
Annual Report
&
Financial Statements
For the year ended
30 September 2022

Greater Merseyside Community Accountancy Service
Sefton Council for Voluntary Service
3rd Floor, Suite 3b
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

Sefton O.P.E.R.A.
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Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

The trustees, who are also Directors for the purposes of the Companies Act, present their annual report and financial statements of the charity for the year ended 30 September 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

Objectives and Activities

The objects of the charity are to promote any charitable purposes for the benefit of older persons in the borough of Sefton and in particular the advancement of education, the promotion of good health, the prevention of social isolation and the relief of poverty, sickness and distress arising therefrom.

Sefton O.P.E.R.A. is a voluntary organisation working with older people in the community, many experiencing dementia and Alzheimers, often experiencing isolation. Our aim is to enable older people to have choices in relation to their own health. Our outstanding contribution to social welfare and using grass roots to formulate their objectives within the community.

Achievements and Performance

This year we have concentrated our Annual General Report on volunteering and its benefits both to the individual and the organisation.

Those who volunteer are happier people! Although the idea of giving back to society is often persuasion enough to volunteer, donating time to a good cause can positively impact the individual in other ways too a sense of gratification, mental and physical gains Increased confidence, Meeting new people and being part of a community, Reducing loneliness and isolation, Learning new skills, Being active. And Having fun

Our Economic Impact: We have over 50 volunteers delivering over 200 hours of services per week, help us to improve local services by delivering on a smaller and more human scale and tailoring services to the needs of people in their community. Our Social impact Building Strong Community Links & Local Relationships - As an organisation based in the heart of Sefton our volunteers have developed long and extensive links in our local communities around this area working in local neighborhood centres, sheltered schemes and church halls across Sefton.

Sefton OPERA could not run without our volunteers they are and have always been the backbone of the organisation this has been said many times over the years and is never more true. Our volunteers have a lasting impact on the community we share by providing companionship, a listening ear, a support in times of difficult and encouragement to get involved and make life changes that can have a big impact on that individuals' health and wellbeing. Their time is so precious and we want to say A BIG THANK YOU for serving the older citizens of Sefton and making our organisation so amazing.

Financial Review

The charity was in a satisfactory financial position at 30 September 2022. The operational surplus on the general fund during the year was £14,713 (2021: deficit £12,394).

Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

As at 30 September 2022 total funds of £126,353 were held of which £45,628 was held in restricted funds which is therefore not available for the general purposes of the charitable company. Designated Funds representing the net book value of fixed assets were £711. General Funds were £80,014.

Reserves Policy

The trustees have considered the need to maintain an appropriate level of reserves for the charity. Consideration has been given to the nature of income and expenditure streams, the need to match income with fixed commitments and the nature of reserves. The trustees have concluded that the following reserves should be maintained.

The trustees wish to have 6 months of total expenditure, based on the last 3 years, in reserve to cover the cost of staff salaries should restricted funding be unexpectedly be withdrawn. The average annual expenditure over the last 3 years (2020-22 incl.) is £131,341. This equates to a reserve level of £65,671. As at 30 September 2022 the level of reserves held by Sefton O.P.E.R.A. was £80,014, being unrestricted funds less the value of our fixed assets. Current reserves represent 122% of the reserves required to be held by the trustees.

Reference and administrative details

Charity number:	1086437
Company number:	03841119
Registered Office:	St Matthews Community 200, 410 Stanley Road, Bootle L20 5AE

Our advisors

Independent Examiner:	Anthony Deegan MAAT, MICB, Pm.Dip.
Bankers:	Barclays Bank Plc, 1 Churchill Place, London. E14 5HP

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year-end were as follows:

Trustees

M J Bates
E C Crook
R J Forster
M Richardson
K Dixon

Company Secretary	V Martlow
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Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

Structure, Governance and Management

Governing Document

Sefton O.P.E.R.A. is a company limited by guarantee governed by its Memorandum and Articles of Association dated 14th September 1999. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company and there are currently - members (- in 2021), each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election.

Organisation

The board of trustees, administers the charity.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which comprises:

- * an annual review of the principal risks and uncertainties that the charity faces;
- * the establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and
- * the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for both the charity and its subsidiary. A key element in the management of financial risk is a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank and active management of trade debtors and creditors balances to ensure sufficient working capital by the charity.

Attention has also been focused on non-financial risks arising from fire, health and safety of clients, food hygiene. These risks are managed by ensuring accreditation is up to date, having robust policies and procedures in place, and regular awareness training for staff working in these operational areas.

Sefton O.P.E.R.A.
Trustees' Annual Report
For the year ended 30 September 2022

Trustees' Responsibilities

The trustees, who are also the directors of Sefton O.P.E.R.A. for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

- 1) select suitable accounting policies and then apply them consistently;
- 2) observe the methods and principles on the Charities SORP;
- 3) make judgements and estimates that are reasonable and prudent;
- 4) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- 5) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 20th April 2023 and signed on their behalf.



V Martlow
Company Secretary

Independent Examiner's Report
To the trustees of Sefton O.P.E.R.A.
For the year ended 30 September 2022

I report to the trustees on my examination of the accounts of the Sefton O.P.E.R.A. for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of Sefton O.P.E.R.A. you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Sefton O.P.E.R.A. accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Sefton O.P.E.R.A. as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Deegan MAAT, MICB, Pm.Dip.
Community Accountant
Sefton Council for Voluntary Service
Burlington House

20th April 2023

Sefton O.P.E.R.A.
Statement of Financial Activities
(Incorporating Income & Expenditure Account)
For the year ended 30 September 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and endowments from:					
Donations and legacies	2	17,807	143,575	161,382	146,974
Charitable activities	3	168	-	168	1,291
Investments	4	18	-	18	9
Total income		17,993	143,575	161,568	148,274
Expenditure on:					
Charitable activities	5	3,281	146,063	149,344	133,614
Total expenditure		3,281	146,063	149,344	133,614
Net income/(expenditure)		14,712	(2,488)	12,224	14,660
Other recognised gains:					
Net movement in funds		14,712	(2,488)	12,224	14,660
Reconciliation of funds:					
Funds b/fwd		66,012	48,117	114,129	99,469
Funds c/fwd		80,725	45,628	126,353	114,129

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All income and expenditure derive from continuing activities.

Sefton O.P.E.R.A.
Balance Sheet
As at 30 September 2022

Company Number: 03841119

	Note	2022 £	2021 £
Fixed Assets			
Tangible assets	9	711	891
Current Assets			
Debtors	10	1,736	522
Cash at bank and in hand	11	124,206	113,803
		125,942	114,325
Creditors: Amounts falling due within one year	12	300	1,087
Net Current Assets		125,642	113,238
Total Net Assets		126,353	114,129
Funds of the charity			
Designated Funds		711	891
General Fund		80,014	65,121
Total Unrestricted Funds	13	80,725	66,012
Restricted Funds	14	45,628	48,117
Total Funds		126,353	114,129

In approving these financial statements as directors of the company we hereby confirm the following:
For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- 1) The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476.
- 2) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the board of directors on 20th April 2023.

K Dixon, Trustee



The notes on pages 10 to 21 form part of these financial statements

1 Accounting Policies

1a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as amended for accounts period commencing 1 January 2016) - (Charities SORP (FRS 102)), and the Companies Act 2006.

Sefton O.P.E.R.A. meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The functional currency used by Sefton O.P.E.R.A. is the £ Sterling.

1b. Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

There were no items as at the transition date which required restatement under FRS102.

1c. Preparation of the accounts on a going concern basis

The charity had a surplus on the unrestricted funds. Unrestricted reserves were equivalent of 7 months' expenditure. There was a surplus on the restricted funds. The trustees believe that the charity will be able to meet its liabilities as they fall due. The accounts have therefore been prepared on a going concern basis.

1d. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

1 Accounting Policies (cont.)

1e. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

The benefit of older persons in Sefton

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1f. Funds Accounting

All income and expenditure together with gains and losses are allocated to a specific charitable fund.

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Further details of designated funds together with their purpose are set out in note 13.

Restricted funds are donations which the donor has specified are to be used solely for particular areas of the charity's work or for specific projects being undertaken by the charity. Further details of restricted funds together with their purposes are set out in note 14.

1g. Tangible fixed assets and depreciation

Tangible assets are stated at cost less accumulated depreciation and accumulated impairment losses. cost includes the original purchase price, costs directly attributable to bringing the asset into its working condition for its intended use, dismantling and restoration costs and borrowing costs capitalised.

Plant and machinery and fixtures, fitting, tools, and equipment are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write each asset off over its anticipated useful economic life. A full year's depreciation charge is charged in the year of acquisition and no depreciation is charged in the year of disposal.

Fixtures and fittings	25% pa on a reducing balance basis
Equipment	20% pa on a reducing balance basis

Tangible assets are derecognised on disposal or when no future economic benefits are expected. On disposal, the difference between the net disposal proceeds and the carrying amount is recognised in the Statement of Financial Activities.

The notes on pages 10 to 21 form part of these financial statements

1 Accounting Policies (cont.)

1h. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1i. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1j. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1k. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1l. Pension costs

The company operates a defined contribution plan for its eligible employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payment obligations. The contributions are recognised as an expense when they are due. Amounts not paid are shown in creditors or accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

2. Donations and Legacies

	2022 £	2021 £
Donations	16,907	5,191
Grants	144,475	141,783
	<u>161,382</u>	<u>146,974</u>

3. Charitable Activity Income

	2022 £	2021 £
Coronavirus Job Retention Scheme	168	1,291
	<u>168</u>	<u>1,291</u>

Income from charitable activities has been applied to the following activities:

	2022 £	2021 £
The benefit of older persons in Sefton	168	1,291
	<u>168</u>	<u>1,291</u>

4. Investment Income

	2022 £	2021 £
Interest Receivable	18	9
	<u>18</u>	<u>9</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

5. Charitable Activities Expenditure

	Activities Undertaken Directly £	Support Costs £	Total 2022 £	Total 2021 £
The benefit of older persons in Sefton	134,045	15,299	149,344	133,614
	<u>134,045</u>	<u>15,299</u>	<u>149,344</u>	<u>133,614</u>

6. Staff Costs

	2022 £	2021 £
Wages and Salaries	81,041	79,853
Social Security costs	3,709	3,347
Pension costs	4,882	4,713
	<u>89,632</u>	<u>87,913</u>

The average number of employees during the 2022 was:

	2022 Number	2021 Number
Project staff	3	3
	<u>3</u>	<u>3</u>

The trustees received no remuneration during the year (2021: £nil).
The trustees did not receive any expenses during the year (2021: £nil).

The notes on pages 10 to 21 form part of these financial statements

7. Key Management Personnel

The trustees consider that the key management personnel comprise the trustees and the Senior Management Team as follows:-

Trustees

M J Bates
E C Crook
R J Forster
M Richardson
K Dixon

Senior Management Team

Organisational Manager - V Martlow
Project Manager - M Robinson

	2022 £	2021 £
Total Remuneration	<u>70,765</u>	<u>69,719</u>

8. Net Income for the year

Net income is stated after charging:

	2022 £	2021 £
Depreciation	<u>181</u>	<u>228</u>

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

9. Tangible Fixed Assets

	Fixtures & Equipment £	Total £
Cost / Valuation		
At 1 October 2021	26,579	26,579
At 30 September 2022	26,579	26,579
Depreciation		
At 1 October 2021	25,687	25,687
For the year	181	181
At 30 September 2022	25,868	25,868
Net Book Amounts		
At 30 September 2022	711	711
At 30 September 2021	892	892

10. Debtors

	2022 £	2021 £
Amounts falling due within one year		
Trade debtors	1,200	-
Prepayments and accrued income	536	522
	1,736	522

11. Cash at bank and in hand

	2022 £	2021 £
Cash at bank	124,014	113,582
Cash in hand	191	220
	124,205	113,802

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

12. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	837
Accruals and deferred income	300	250
	<u>300</u>	<u>1,087</u>

13. Unrestricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2021 £
General Fund	52,499	16,762	(4,367)	228	65,122
Designated Funds					
Fixed Asset Fund	1,119	-	-	(228)	891
Total Funds	<u>53,618</u>	<u>16,762</u>	<u>(4,367)</u>	<u>-</u>	<u>66,013</u>

	Balance brought forward 2021 £	Income £	Expenditure £	Transfers between funds £	Balance carried forward 2022 £
General Fund	65,121	17,993	(3,280)	180	80,014
Designated Funds					
Fixed Asset Fund	891	-	-	(180)	711
Total Funds	<u>66,012</u>	<u>17,993</u>	<u>(3,280)</u>	<u>-</u>	<u>80,725</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

14. Restricted Funds

	Balance brought forward 2020 £	Income £	Expenditure £	Balance carried forward 2021 £
Sefton MBC	11,242	28,150	(30,083)	9,309
The Big Lottery	-	19,797	(7,085)	12,712
Garfield Weston	3,576	-	(3,576)	-
Steve Morgan Foundation	1,666	15,000	(16,666)	-
Other Restricted Funds	29,367	68,566	(71,837)	26,096
	<u>45,851</u>	<u>131,513</u>	<u>(129,247)</u>	<u>48,117</u>
Other Funds				
Big Lottery Covid	8,922	-	(8,922)	-
Steve Morgan Foundation Covid	3,333	-	(3,333)	-
Green	1,542	-	-	1,542
Veterans	3,843	6,996	(8,778)	2,061
Community Foundation A555487	864	-	(864)	-
Groundwork Cash For Causes	920	-	(920)	-
Leathersellers	6,027	7,500	(9,974)	3,553
NEA KWKW Event	500	-	-	500
N Smith Charitable	500	-	-	500
One Vision	500	-	-	500
Neighbourly Fund	400	-	-	400
Groundwork Tesco	500	-	-	500
P H Holt	1,309	-	(1,309)	-
Rathbones	207	-	(207)	-
Canal and River Trust	-	3,126	(1,982)	1,144
Community Foundation A569719	-	730	(462)	268
Community Foundation A604596	-	1,000	(340)	660
Community Champions Fund CVS	-	2,500	(963)	1,537
Community Link Foundation	-	756	-	756
Energy Redress	-	39,958	(31,435)	8,523
John Moores	-	5,000	(1,348)	3,652
NEA	-	500	(500)	-
Arnold Clark	-	500	(500)	-
	<u>29,367</u>	<u>68,566</u>	<u>(71,837)</u>	<u>26,096</u>

The restricted funds are for the following purposes:

Sefton MBC, Steve Morgan Foundation, Eleanor Peel Trust and Edward Gosling Foundation - salaries

The Big Lottery - salaries, running costs, projects, activities and volunteer expenses

Community Foundation - equipment for groups, activities and trips

Other grants are for running costs

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

14. Restricted Funds (cont.)

	Balance brought forward 2021 £	Income £	Expenditure £	Balance carried forward 2022 £
Sefton MBC	9,309	28,150	(28,569)	8,890
The Big Lottery	12,712	39,469	(34,856)	17,325
Other Restricted Funds	26,096	75,956	(82,638)	19,414
Total Funds	48,117	143,575	(146,063)	45,629
Other Funds				
Green	1,542	-	-	1,542
Veterans	2,061	-	(1,782)	279
Leathersellers	3,553	5,000	(5,119)	3,434
NEA KWKW Event	500	-	(500)	-
N Smith Charitable	500	-	(500)	-
One Vision	500	-	(500)	-
Neighbourly Fund	400	1,000	(129)	1,271
Groundwork Tesco	500	-	(500)	-
Canal and River Trust	1,144	-	(1,144)	-
Community Foundation A569719	268	-	(268)	-
Community Foundation A604596	660	-	(660)	-
Community Champions Fund CVS	1,537	-	(1,537)	-
Community Link Foundation	756	-	(756)	-
Energy Redress	8,523	53,731	(50,089)	12,165
John Moores	3,652	5,000	(8,652)	-
Onward Group	-	3,000	(2,503)	497
Charles Brotherton	-	225	-	225
Winter Access Fund CVS	-	3,000	(3,000)	-
Masonic	-	5,000	(5,000)	-
	26,096	75,956	(82,638)	19,414

The restricted funds are for the following purposes:

Sefton MBC, Steve Morgan Foundation, Eleanor Peel Trust and Edward Gosling Foundation - salaries

The Big Lottery - salaries, running costs, projects, activities and volunteers expenses

Community Foundation - equipment for groups, activities and trips

Other grants are for running costs

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

15. Analysis of Net Assets

Previous year ended 30 September 2021

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total Funds £
Fixed Assets	891	-	-	891
Current Assets	65,317	891	48,117	114,325
Current Liabilities	(1,087)	-	-	(1,087)
	<u>65,121</u>	<u>891</u>	<u>48,117</u>	<u>114,129</u>

Current year ended 30 September 2022

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Totals Funds £
Fixed Assets	-	711	-	711
Current Assets	80,315	-	45,628	125,943
Current Liabilities	(300)	-	-	(300)
	<u>80,015</u>	<u>711</u>	<u>45,628</u>	<u>126,354</u>

The notes on pages 10 to 21 form part of these financial statements

Sefton O.P.E.R.A.
Notes to the Accounts (cont.)
For the year ended 30 September 2022

16. Comparative Statement of Financial Activities Information

In order to comply with Financial Reporting Standard 102 which requires comparative information to be provided for all amounts, this note provides the necessary disclosure for comparative purposes of the Statement of Financial Activities for the year ended 30 September 2021.

	Unrestricted Fund £	Restricted Fund £	Total Funds £
Income			
Donations and legacies	15,461	131,513	146,974
Comparative activities	1,291	-	1,291
Investments	9	-	9
Total income	16,761	131,513	148,274
Expenditure on Charitable activities	4,367	129,247	133,614
	4,367	129,247	133,614
Net income	12,394	2,266	14,660
Other Recognised gains:			
Net movement in funds	12,394	2,266	14,660

The notes on pages 10 to 21 form part of these financial statements