

Registered Charity Number: 1086340

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025**

GARNANT FAMILY CENTRE
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FOR THE YEAR ENDED 5 APRIL 2025

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GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025

The trustees present their report with the financial statements of the charity for the year ended 5 April 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Joanne Shackley – Safeguarding Gethin Richards - Secretary
Advisory	Strategic Manager - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

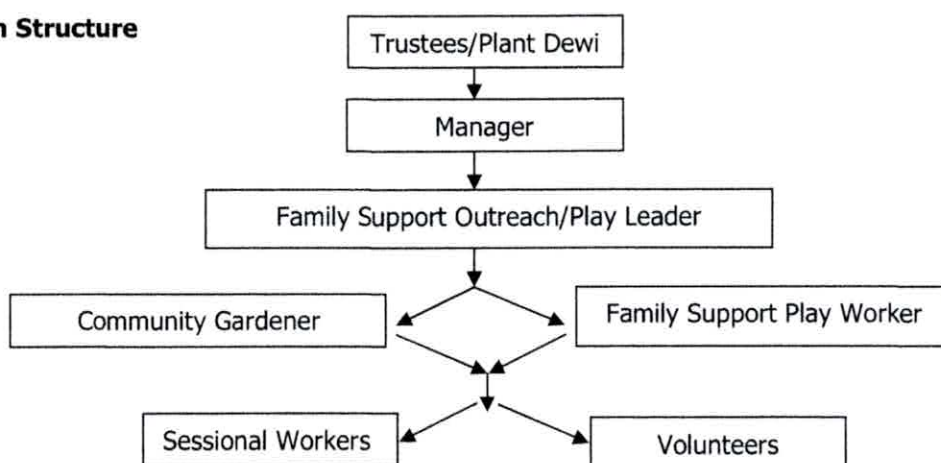
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Are not disadvantaged by poverty.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler and baby group and the secret garden session.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The impact on families, reported on by the parents are, that have felt less socially isolated through attending groups such as Baby Massage, Bumps to Babies and Toddler and Baby Group. The groups have given them reassurance about their parenting skills through both peer and staff support. Parents appreciated the information on child development and discussions on parenting that took place during the sessions, as well as the emphasis and practical skills shared on taking care of their own well-being. Through consultation, messaging, and photographs, parents have reported how much they and their children have enjoyed spending time in the Community Garden and that the sessions in the garden have led to more cooking and gardening at home. In the Community Garden there is an Eco-Lodge where Family Centre staff and the Families prepare a weekly lunch

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

club. Parents noted how surprised and impressed they'd been in their toddler's ability to use tools, such as potato peelers and cutlery knives for cooking and other activities when they participate in these weekly outdoor sessions. Parents are grateful for the opportunities to attend events, trips and holiday activities that they otherwise would not have been able to access, as many of them are struggling with the cost-of-living crisis. These were organised by the Family Centre, or the Family Centre has worked with other organisations to make sure Families have access to free holiday activities. Parents have reported how important the shared memories are to their children that are created through these experiences. Families have appreciated other support through the cost of living crises, such as Healthy food packs and the shared food service, the provision of warm spaces during the winter and access to courses such as Developing Minds facilitated in Partnership between Flying Start and the Family Centre.

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved parenting skills.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children that have already faced many difficulties, which have now been exacerbated by the continued impact of the pandemic and the cost-of living crisis which has placed increased stress upon families in many different ways. For example: being forced to move because the landlord selling the property, to affording to feed the children over the summer holidays and having to balance working extra hours with whether a family has access to childcare or can afford extra childcare.

Throughout the year, we have provided a non-judgemental, welcoming environment across all our activities, whether at the Family Centre, the Community Garden or through our outreach sessions. Our services offer a wide range of opportunities for both parents and children, tailored to meet diverse needs.

For adults, we have delivered parenting courses, offered support via telephone and Facebook Messenger, made referrals to other agencies, signposted families to food banks, and provided access to Health Visitor support. These measures play an important role in reducing the impact of poverty by ensuring that families have access to essential resources, information, and support networks.

Our **Baby Massage** sessions followed by **Bumps to Babies**, where we share the latest information on child development. Monthly visit of the Assistant Health Visitor enables parents to have their babies weighed and to receive advice and reassurance on key issues such as breastfeeding, weaning and potty training. Staff have also undertaken nutrition training to better support families with weaning concerns, a vital aspect for those experiencing financial hardship, where making healthy, cost-effective choices is essential.

We run **Language and Play** sessions, which includes bilingual rhymes, messy play and crafts, introducing parents to strategies that support their child's speech and language development. A dedicated WhatsApp group has been set up for these sessions, enabling families to connect and support each other outside of the group setting, which helps reduce isolation, often a compounding factor in poverty.

Our **Toddler and Baby group**, held at the Family Centre, provides a safe space for toddlers to explore and develop their physical skills using balancing equipment, balls, bubbles, and games. Staff also facilitate creative and sensory play while engaging parents in conversations about role of play in early childhood development.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

In response to feedback around parental wellbeing, we have adapted our group structures to include an opening circle time, encouraging families to share their experiences and build mutual trust. This format helps parents to realise they are not alone in their challenges and fosters peer support. Staff have received trauma-informed practice training and are incorporating this knowledge into session delivery.

By offering free or low-cost activities, linking families to essential services, and creating supportive peer networks, we aim to alleviate some of the pressures faced by those on low incomes and to promote resilience and wellbeing across the community.

For adults we provided access to parenting courses, provided phone and face book messenger support, made referrals to other agencies, signposted parents to food banks, and given access to Health Visitor support

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened this financial year to Garnant Family Centre, as our funding has been impacted, like many charities, by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £21,000 and £28,000) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £22,992. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as Insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**


The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 18.09.2025 and signed on its behalf by



GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2025**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2025, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Receipts					
Gifts, donations and legacies		-	-	-	618
Grants	2	-	81,465	81,465	73,668
Investment income		108	-	108	87
Amazon refund		-	-	-	96
Other income		<u>157</u>	<u>-</u>	<u>157</u>	<u>-</u>
		<u>265</u>	<u>81,465</u>	<u>81,730</u>	<u>74,469</u>
Total receipts					
Payments					
Charitable activities					
Activities and trips		-	1,934	1,934	4,088
Arts and crafts		-	-	-	-
Water rates		-	520	520	57
Room Hire		-	1,093	1,093	-
DBS checks		-	83	83	-
Garden equipment & maintenance		-	2,737	2,737	1,409
Soft Surface-Mynydd Y Betws		1,127	10,142	11,269	-
Housekeeping		-	57	57	-
Kitchen equipment		-	-	-	-
Maintenance		-	1,162	1,162	4,368
Office supplies		-	326	326	541
Petty cash		-	-	-	843
Office equipment		-	-	-	352
Healthy Food		-	-	-	810
Adverts		-	371	371	525
Lunch club		-	1,200	1,200	65
Salaries, tax and NIC	3	-	66,897	66,897	42,634
Computer costs		-	-	-	-
Telephone		-	1,251	1,251	816
Resources & Toys		-	1,130	1,130	3,374
Beneficiaries Training		-	328	328	350
Training for staff and volunteers		-	34	34	143
Travel for staff and volunteers		-	426	426	262
Utilities		-	1,526	1,526	3,174
Sundries		<u>-</u>	<u>368</u>	<u>368</u>	<u>331</u>
Total charitable payments		1,127	91,585	92,712	64,142
Governance costs	4	<u>-</u>	<u>11,750</u>	<u>11,750</u>	<u>8,164</u>
Total payments		<u>1,127</u>	<u>103,335</u>	<u>104,462</u>	<u>72,306</u>
Net (Deficit)/Income		(862)	(21,870)	(22,732)	2,163
B/Fwd previous year end		23,834	39,952	63,786	61,623
Transfer between funds		<u>20</u>	<u>(20)</u>	<u>-</u>	<u>-</u>
C/Fwd current year end		<u>22,992</u>	<u>18,062</u>	<u>41,054</u>	<u>63,786</u>

GARNANT FAMILY CENTRE

BALANCE SHEET AS AT 5 APRIL 2025

Note	£	2025	£	2024	£
Current assets					
Cash at bank and in hand					
Barclays Current Account		33,554		56,394	
Barclays Tracker		6,000		5,913	
Barclays Premium Account		1,400		1,379	
Petty cash		<u>100</u>		<u>100</u>	
Total cash at bank and in hand			41,054		63,786
Current liabilities					
Accounts payable					
Accounts payable		<u>-</u>		<u>-</u>	
Total accounts payable			-		-
Net Assets			<u>41,054</u>		<u>63,786</u>
Fund Breakdown					
Unrestricted funds			22,972		23,834
Restricted funds	2		<u>18,082</u>		<u>39,952</u>
Total Funds			<u>41,054</u>		<u>63,786</u>

Signed by one of the Trustees on behalf of the Trustees Paul Barker

Print Name PAULINE BARKER

Date 18. 09. 2025

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	30,008	76,054	78,985	-	27,077
Mynydd Y Betws	-	-	9,015	-	(9,015)
Families First	-	1,750	1,750	-	-
Garfield Weston	8,894	-	8,894	-	-
Pobl	-	975	975	-	-
Cwmamman Town	-	703	703	-	-
CAB	203	-	203	-	-
Archbishop	653	-	653	-	-
Corona Refund	-	1,983	1,963	20	-
Magic little grants	194	-	194	-	-
	<u>39,952</u>	<u>81,465</u>	<u>103,335</u>	<u>20</u>	<u>18,062</u>

GARNANT FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025**3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 66,897**Total staff costs** **£66,897**

Payroll DBS and recruitment costs totalled £83

The average monthly number of employees in the year was 4

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	612
Insurance	2,154
Consultancy and advice	<u>8,984</u>
Total	<u>11,750</u>