

GARNANT FAMILY CENTRE

England & Wales · Charity number 1086340

Details

Other names	TOTS TY NI GARNANT FAMILY CENTRE 25 MAES Y BEDOL GARNANT CARMARTHENSHIRE
Status	Registered
Legal form	Other
Registered	2001-04-26
Register	View on the Charity Commission register

Contact

Address	25 Maes Y Bedol Garnant Ammanford SA18 2EP
Phone	01269825941
Email	tots.tyni@btconnect.com

Activities

Objects: 1. THE PRESERVATION AND PROTECTION OF HEALTH AND THE RELIEF OF DISTRESS WITHIN FAMILY RELATIONSHIPS BY THE PROVISION OF A RESOURCE AND ADVICE CENTRE AND BY THE EDUCATION OF THE PUBLIC IN GOOD PARENTING SKILLS.2. THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME ACTIVITIES FOR IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING CONDITIONS OF LIFE.

Activities: Garnant Family Centre offers informal family support to families with young children in the area. It is delivered through informal sessions aimed at parents with babies and toddlers, activities for children up to the age of 11 years, outdoor sessions, more structured courses, training and workshops, parenting and family support as well as special events and trips.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** GARNANT AND SURROUNDING DISTRICT
- Carmarthenshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£81,730	£104,462	-	-
2024-03-31	£74,469	£72,306	-	-
2023-03-31	£99,156	£79,941	-	-
2022-03-31	£42,408	£87,072	-	-
2021-03-31	£50,514	£46,800	-	-

Trustees

Name	Role	Appointed
COUNCILLOR KEVIN MADGE		
Dr Catherine Poulter		2025-09-18
Joanne Shackley		2023-01-19
PAULINE BARKER		2016-02-01

Accounts

Registered Charity Number: 1086340

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025**

GARNANT FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025

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GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025

The trustees present their report with the financial statements of the charity for the year ended 5 April 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Joanne Shackley – Safeguarding Gethin Richards - Secretary
Advisory	Strategic Manager - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

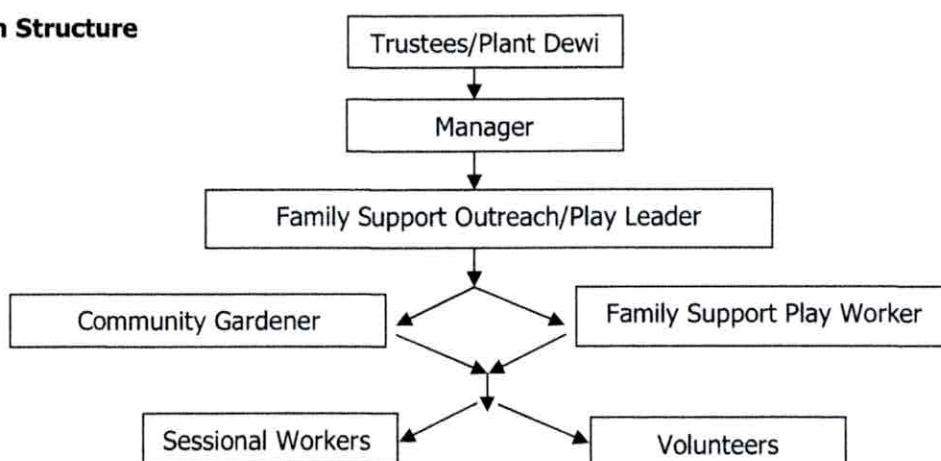
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Are not disadvantaged by poverty.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler and baby group and the secret garden session.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The impact on families, reported on by the parents are, that have felt less socially isolated through attending groups such as Baby Massage, Bumps to Babies and Toddler and Baby Group. The groups have given them reassurance about their parenting skills through both peer and staff support. Parents appreciated the information on child development and discussions on parenting that took place during the sessions, as well as the emphasis and practical skills shared on taking care of their own well-being. Through consultation, messaging, and photographs, parents have reported how much they and their children have enjoyed spending time in the Community Garden and that the sessions in the garden have led to more cooking and gardening at home. In the Community Garden there is an Eco-Lodge where Family Centre staff and the Families prepare a weekly lunch

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

club. Parents noted how surprised and impressed they'd been in their toddler's ability to use tools, such as potato peelers and cutlery knives for cooking and other activities when they participate in these weekly outdoor sessions. Parents are grateful for the opportunities to attend events, trips and holiday activities that they otherwise would not have been able to access, as many of them are struggling with the cost-of-living crisis. These were organised by the Family Centre, or the Family Centre has worked with other organisations to make sure Families have access to free holiday activities. Parents have reported how important the shared memories are to their children that are created through these experiences. Families have appreciated other support through the cost of living crises, such as Healthy food packs and the shared food service, the provision of warm spaces during the winter and access to courses such as Developing Minds facilitated in Partnership between Flying Start and the Family Centre.

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved parenting skills.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children that have already faced many difficulties, which have now been exacerbated by the continued impact of the pandemic and the cost-of living crisis which has placed increased stress upon families in many different ways. For example: being forced to move because the landlord selling the property, to affording to feed the children over the summer holidays and having to balance working extra hours with whether a family has access to childcare or can afford extra childcare.

Throughout the year, we have provided a non-judgemental, welcoming environment across all our activities, whether at the Family Centre, the Community Garden or through our outreach sessions. Our services offer a wide range of opportunities for both parents and children, tailored to meet diverse needs.

For adults, we have delivered parenting courses, offered support via telephone and Facebook Messenger, made referrals to other agencies, signposted families to food banks, and provided access to Health Visitor support. These measures play an important role in reducing the impact of poverty by ensuring that families have access to essential resources, information, and support networks.

Our **Baby Massage** sessions followed by **Bumps to Babies**, where we share the latest information on child development. Monthly visit of the Assistant Health Visitor enables parents to have their babies weighed and to receive advice and reassurance on key issues such as breastfeeding, weaning and potty training. Staff have also undertaken nutrition training to better support families with weaning concerns, a vital aspect for those experiencing financial hardship, where making healthy, cost-effective choices is essential.

We run **Language and Play** sessions, which includes bilingual rhymes, messy play and crafts, introducing parents to strategies that support their child's speech and language development. A dedicated WhatsApp group has been set up for these sessions, enabling families to connect and support each other outside of the group setting, which helps reduce isolation, often a compounding factor in poverty.

Our **Toddler and Baby group**, held at the Family Centre, provides a safe space for toddlers to explore and develop their physical skills using balancing equipment, balls, bubbles, and games. Staff also facilitate creative and sensory play while engaging parents in conversations about role of play in early childhood development.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2025 Cont'd

In response to feedback around parental wellbeing, we have adapted our group structures to include an opening circle time, encouraging families to share their experiences and build mutual trust. This format helps parents to realise they are not alone in their challenges and fosters peer support. Staff have received trauma-informed practice training and are incorporating this knowledge into session delivery.

By offering free or low-cost activities, linking families to essential services, and creating supportive peer networks, we aim to alleviate some of the pressures faced by those on low incomes and to promote resilience and wellbeing across the community.

For adults we provided access to parenting courses, provided phone and face book messenger support, made referrals to other agencies, signposted parents to food banks, and given access to Health Visitor support

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened this financial year to Garnant Family Centre, as our funding has been impacted, like many charities, by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £21,000 and £28,000) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £22,992. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as Insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 18.09.2025 and signed on its behalf by



GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2025**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2025, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Receipts					
Gifts, donations and legacies		-	-	-	618
Grants	2	-	81,465	81,465	73,668
Investment income		108	-	108	87
Amazon refund		-	-	-	96
Other income		<u>157</u>	<u>-</u>	<u>157</u>	<u>-</u>
		<u>265</u>	<u>81,465</u>	<u>81,730</u>	<u>74,469</u>
Total receipts					
Payments					
Charitable activities					
Activities and trips		-	1,934	1,934	4,088
Arts and crafts		-	-	-	-
Water rates		-	520	520	57
Room Hire		-	1,093	1,093	-
DBS checks		-	83	83	-
Garden equipment & maintenance		-	2,737	2,737	1,409
Soft Surface-Mynydd Y Betws		1,127	10,142	11,269	-
Housekeeping		-	57	57	-
Kitchen equipment		-	-	-	-
Maintenance		-	1,162	1,162	4,368
Office supplies		-	326	326	541
Petty cash		-	-	-	843
Office equipment		-	-	-	352
Healthy Food		-	-	-	810
Adverts		-	371	371	525
Lunch club		-	1,200	1,200	65
Salaries, tax and NIC	3	-	66,897	66,897	42,634
Computer costs		-	-	-	-
Telephone		-	1,251	1,251	816
Resources & Toys		-	1,130	1,130	3,374
Beneficiaries Training		-	328	328	350
Training for staff and volunteers		-	34	34	143
Travel for staff and volunteers		-	426	426	262
Utilities		-	1,526	1,526	3,174
Sundries		<u>-</u>	<u>368</u>	<u>368</u>	<u>331</u>
Total charitable payments		1,127	91,585	92,712	64,142
Governance costs	4	<u>-</u>	<u>11,750</u>	<u>11,750</u>	<u>8,164</u>
Total payments		<u>1,127</u>	<u>103,335</u>	<u>104,462</u>	<u>72,306</u>
Net (Deficit)/Income		(862)	(21,870)	(22,732)	2,163
B/Fwd previous year end		23,834	39,952	63,786	61,623
Transfer between funds		<u>20</u>	<u>(20)</u>	<u>-</u>	<u>-</u>
C/Fwd current year end		<u>22,992</u>	<u>18,062</u>	<u>41,054</u>	<u>63,786</u>

GARNANT FAMILY CENTRE

BALANCE SHEET AS AT 5 APRIL 2025

Note	£	2025	£	2024	£
Current assets					
Cash at bank and in hand					
Barclays Current Account		33,554		56,394	
Barclays Tracker		6,000		5,913	
Barclays Premium Account		1,400		1,379	
Petty cash		<u>100</u>		<u>100</u>	
Total cash at bank and in hand			41,054		63,786
Current liabilities					
Accounts payable					
Accounts payable		<u>-</u>		<u>-</u>	
Total accounts payable			-		-
Net Assets			<u>41,054</u>		<u>63,786</u>
Fund Breakdown					
Unrestricted funds			22,972		23,834
Restricted funds	2		<u>18,082</u>		<u>39,952</u>
Total Funds			<u>41,054</u>		<u>63,786</u>

Signed by one of the Trustees on behalf of the Trustees Paul Barker

Print Name PAULINE BARKER

Date 18. 09. 2025

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	30,008	76,054	78,985	-	27,077
Mynydd Y Betws	-	-	9,015	-	(9,015)
Families First	-	1,750	1,750	-	-
Garfield Weston	8,894	-	8,894	-	-
Pobl	-	975	975	-	-
Cwmamman Town	-	703	703	-	-
CAB	203	-	203	-	-
Archbishop	653	-	653	-	-
Corona Refund	-	1,983	1,963	20	-
Magic little grants	194	-	194	-	-
	<u>39,952</u>	<u>81,465</u>	<u>103,335</u>	<u>20</u>	<u>18,062</u>

GARNANT FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025**

3. SALARY AND WAGES

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 66,897**Total staff costs** **£66,897**

Payroll DBS and recruitment costs totalled £83

The average monthly number of employees in the year was 4

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	612
Insurance	2,154
Consultancy and advice	<u>8,984</u>
Total	<u>11,750</u>

Accounts

Registered Charity Number: 1086340

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
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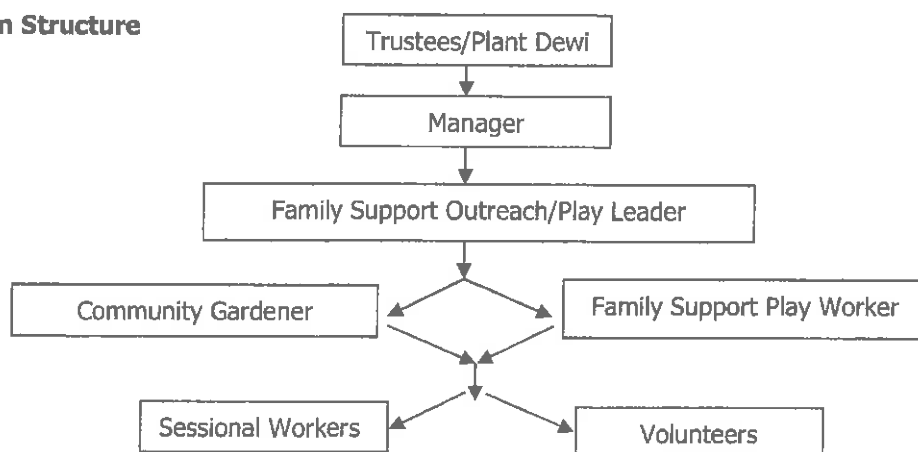
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- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler group.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The changes that parents have fed back are that they have felt less socially isolated through attending groups such as Baby Massage, Bumps to Babies and Toddler and Sibling Group. The groups have given them reassurance about their parenting through both peer and staff support. Parents appreciated the information on child development and discussions on parenting that took place during the sessions, as well as the emphasis and practical skills shared on taking care of their own well-being. Through consultation, messaging, and photographs, parents have reported how much they and their children have enjoyed spending time in the Community Garden and how it has led to more cooking and gardening at home. They also reported that sharing these activities with their child increased their feeling of closeness to their child. In the Community Garden is an Eco-Lodge where Family Centre staff and the Families prepare a weekly lunch club.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2024 Cont'd

Parents noted how surprised and impressed they'd been in their toddler's ability to use tools, such as potato peelers and cutlery knives for cooking and other activities when they participate in these weekly outdoor sessions. Parents are grateful for the opportunities to attend events, trips and holiday activities that they otherwise would not have been able to access, as many of them are struggling with the cost-of-living crisis. These were organised by the Family Centre, or the Family Centre has worked with other organisations to make sure Families have access to free holiday activities. Parents have reported how important the shared memories are to their children that are created through these experiences. Families have appreciated other support through the cost of living crises, such as Healthy food packs, the provision of warm spaces during the winter and access to the Citizens Advice Bureau's Digital Service, reducing the need to travel to get expert advice on their finances.

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved parenting skills.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children that have already faced many difficulties, which have now been exacerbated by the continued impact of the pandemic and the cost-of living crisis which has placed increased stress upon families in many different ways. For example: being forced to move because the landlord selling the property, to affording to feed the children over the summer holidays and having to balance working extra hours with whether a family has access to childcare or can afford extra childcare.

We continue to provide a non-judgemental space in all our groups whether at the Family Centre, the Community Garden or while providing our outreach sessions, offering a wide range of opportunities for both parents and children. For adults we provided access to online parenting courses, provided phone and face book messenger support, made referrals to other agencies, signposted parents to food banks, providing a Citizens Advice Bureau Digital Drop In and given access to JAFF and TAF support.

Baby Massage is followed by Bumps to Babies where we provide the most up to date information on child development and through the monthly visit of the Assistant Health Visitor. Her visit enables parents to have their babies weighed and for families to receive reassurance on issues of concern, such as breastfeeding and potty training. Staff are also been trained to deal with nutrition especially around weaning which families often have concerns about. There is a Language and Play section which includes bilingual rhymes, messy play and crafts as staff introduce to parent, ways to support their child's developing speech. Staff have also set up a Whatsapp Group for this session that has allowed families to continue to give each other support outside of the group.

We hold our Toddler and Sibling group at Cwmamman Community Centre in Glanamman, which provides a large space for toddlers to explore their physicality through, balancing equipment, balls, bubbles, games and much more. Staff also facilitate crafts, messy play and small play experiences with conversations with families on how important play is to their child's development. We have responded to concerns around parents wellbeing by changing the structure of our groups. We now begin with a circle time where families are asked to respond to a question, such as, 'name one good and one bad thing that has happened to you this week?' And as parents become more comfortable in a group, 'what does the word mother mean to you?'

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2024 Cont'd**

This is to encourage trust in each other, to realise they are not on their own as many other families have the same concerns and worries. Staff have had training in trauma and are beginning to incorporate this new information into sessions by explaining the connections between thinking, feeling and behaviours and ways they can listen to and manage their emotions. For example, such as taking deep full breaths together and introducing meditation by getting parents to hold popping candy in their mouths. Parents have reported enjoying the sessions and using the techniques with other members of their family. We will also bring in other providers into this group such as the fire service, communities first, stop it now and threshold etc. This is so families know what is available in the community, removing barriers to them getting extra support

The hidden Garden toddler and sibling group at our Community Garden supports families with developing skills to help build confidence. We have found adults who struggled at school, engage more in learning as they take part in the activities with their children, so we do sessions where child and parents learn together and sessions focused on skills learning for the parents from cooking, gardening making paper flowers, willow weaving etc.

Over the last year we have continued to offer parenting advice, emotional support and also referred to other health professionals with any concerns.

We regularly monitor and evaluate our service, through feedback forms, questionnaires, suggestion boxes, and consultations to ensure that our aims and objectives are meeting our family's expectations and needs and that we are providing the best possible service.

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW**Reserves Policy**

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened this financial year to Garnant Family Centre, as our funding has been impacted, like many charities, by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 - 4 months running costs (currently equivalent to between £14,675 and £19,567) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £23,834. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2024 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....18. 9. 2024..... and signed on its behalf by

.....P. C. Beh.....

GARNANT FAMILY CENTRE**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2024****Independent examiner's report to the Trustees of Garnant Family Centre**

I report on the accounts of the Charity for the year ended 5 April 2024, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 19.09.24

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2024

	Note	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
Receipts		£	£	£	£
Gifts, donations and legacies		618	-	618	225
Grants	2	-	73,668	73,668	98,898
Investment income		87	-	87	12
Amazon refund		-	96	96	21
Total receipts		705	73,764	74,469	99,156
Payments					
Charitable activities					
Activities and trips		-	4,088	4,088	2,562
Arts and crafts		-	-	-	221
Play equipment		-	-	-	1,011
Water rates		-	57	57	-
Notice boards		-	-	-	-
Charity underspend returned		-	-	-	131
Expenditure to be refunded		-	-	-	96
DBS checks		-	-	-	-
Garden equipment & maintenance		-	1,409	1,409	4,423
Self-care		-	-	-	373
Housekeeping		-	-	-	290
Kitchen equipment		-	-	-	597
Maintenance		-	4,368	4,368	1,366
Office supplies		-	541	541	324
Petty cash		(89)	932	843	685
Health & Safety		-	-	-	-
Office equipment		-	352	352	-
Healthy Food		-	810	810	339
Adverts		-	525	525	114
Turkeys		-	-	-	819
Baby equipment		-	-	-	162
Lunch club		-	65	65	11
Salaries, tax and NIC	3	-	42,634	42,634	52,169
Computer costs		-	-	-	415
Telephone		-	816	816	723
Toys		-	3,374	3,374	783
Beneficiaries Training		-	350	350	-
Training for staff and volunteers		-	143	143	628
Travel for staff and volunteers		-	262	262	160
Utilities		-	3,174	3,174	1,600
Sundries		-	331	331	-
Total charitable payments		(89)	64,231	64,142	69,813
Governance costs	4	-	8,164	8,164	10,128
Total payments		(89)	72,395	72,306	79,941
Net Income		794	1,369	2,163	19,215
B/Fwd previous year end		23,040	38,583	61,623	42,408
Transfer between funds		-	-	-	-
C/Fwd current year end		<u>23,834</u>	<u>39,952</u>	<u>63,786</u>	<u>61,623</u>

GARNANT FAMILY CENTRE

BALANCE SHEET
AS AT 5 APRIL 2024

Note	2024	2023
	£	£
Current assets		
Cash at bank and in hand		
Barclays Current Account	56,394	54,407
Barclays Tracker	5,913	5,842
Barclays Premium Account	1,379	1,363
Petty cash	<u>100</u>	<u>11</u>
Total cash at bank and in hand	63,786	61,623
Current liabilities		
Accounts payable		
Accounts payable	-	-
Total accounts payable	-	-
Net Assets	<u>63,786</u>	<u>61,623</u>
Fund Breakdown		
Unrestricted funds	23,834	23,040
Restricted funds	<u>39,952</u>	<u>38,583</u>
Total Funds	<u>63,786</u>	<u>61,623</u>

Signed by one of the Trustees on behalf of the Trustees PK BarberPrint Name PAULINE KATHLEEN BARBERDate 18. 04. 2024

GARNANT FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2024**

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2024 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	-	54,123	(24,115)	-	30,008
Landfill	508	2,370	(2,878)	-	-
Comic Relief	4,287	-	(4,287)	-	-
Families First	-	4,000	(4,000)	-	-
Garfield Weston	68	10,000	(1,174)	-	8,894
Foyles	5,000	-	(5,000)	-	-
Awards for All	6,288	-	(6,288)	-	-
Westward	1,000	-	(1,000)	-	-
CAB	500	-	(297)	-	203
Postcode lottery	22,607	96	(22,703)	-	-
Archbishop	-	1,000	(347)	-	653
Poverty Fund	(1,675)	1,675	-	-	-
Magic little grants	-	500	(306)	-	194
	<u>38,583</u>	<u>73,764</u>	<u>(72,395)</u>	<u>-</u>	<u>39,952</u>

GARNANT FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2024**3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 42,634**Total staff costs** **42,634**

Payroll DBS and recruitment costs totalled £Nil

The average monthly number of employees in the year was 3

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	588
Insurance	1,708
Consultancy and advice	<u>5,868</u>
Total	<u>8,164</u>

Accounts

Registered Charity Number: 1086340

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

GARNANT FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023

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Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 - 13

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2023

The trustees present their report with the financial statements of the charity for the year ended 5 April 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Joanne Morris – Safeguarding Gethin Richards - Secretary
Advisory	Strategic Manager - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Harris Bassett Limited Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2023 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

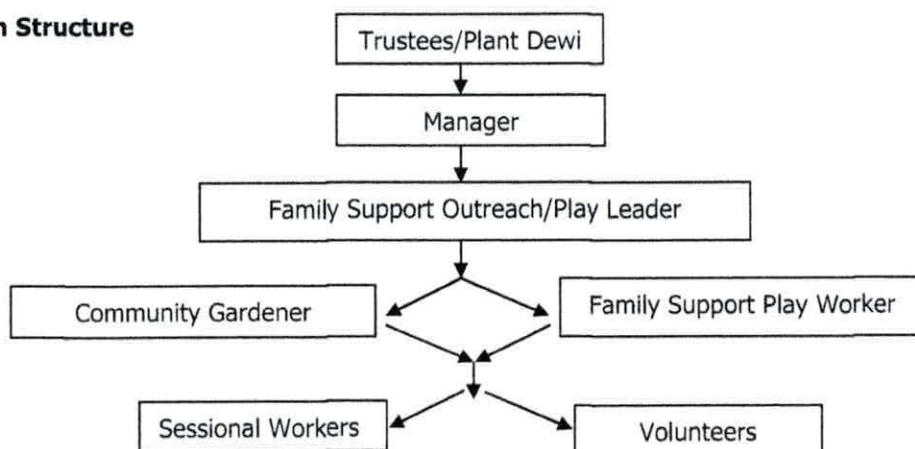
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2023 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler group.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The changes that parents have fed back are that they have felt less socially isolated through attending groups such as Baby Massage, Bumps to Babies and Toddler and Sibling Group. The groups have given them reassurance about their parenting through both peer and staff support. Parents appreciated the information on child development and discussions on parenting that took place during the sessions, as well as the emphasis and practical skills shared on taking care of their own well-being. Through consultation, messaging, and photographs, parents have reported how much they and their children have enjoyed spending time in the Community Garden and how it has led to more gardening at home. In the Community Garden is an Eco-Lodge where Family Centre staff and the Families prepare a weekly lunch club.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2023 Cont'd

Parents noted how surprised and impressed they'd been in their toddler's ability to use tools, such as potato peelers and cutlery knives for cooking and other activities when they participate in these weekly outdoor sessions. Parents are grateful for the opportunities to attend events, trips and holiday activities that they otherwise would not have been able to access, as many of them are struggling with the cost-of-living crisis. These were organised by the Family Centre, or the Family Centre has worked with other organisations to make sure Families have access to free holiday activities. Parents have reported how important the shared memories are to their children that are created through these experiences.

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

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We continue to provide a non-judgemental space in all our groups whether at the Family Centre, the Community Garden or while providing our outreach sessions, offering a wide range of opportunities for both parents and children. For adults we provided access to online parenting courses, provided phone and face book messenger support, made referrals to other agencies, signposted parents to food banks, providing a Citizens Advice Bureau Digital Drop In and given access to JAFF and TAF support.

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GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2023 Cont'd

This is to encourage trust in each other, to realise they are not on their own as many other families have the same concerns and worries. Staff have been trained in and are beginning to use mental wellbeing techniques in the groups, teaching the techniques to the parents while explaining the connections between thinking, feeling and behaviours and ways they can listen to and manage their emotions. For example, such as taking deep full breaths together and introducing meditation by getting parents to hold popping candy in their mouths. Parents have reported enjoying the sessions and using the techniques with other members of their family. We will also bring in other providers into this group such as the fire service, domestic abuse providers, Homestart, support for looking for work if families are interested etc. This is so families know what is available in the community, removing barriers to them getting extra support

The Secret Garden toddler and sibling group at our Community Garden supports families develop skills and enjoy learning building confidence. We have found adults who struggled at school, engage more in learning as they take part in the activities with their children, so we do sessions where child and parents learn together and sessions focused on skills learning for the parents from cooking, gardening making paper flowers, willow weaving etc.

Over the last year we have continued to offer parenting advice, emotional support and also referred to other health professionals with any concerns.

We regularly monitor and evaluate our service, through feedback forms, questionnaires, suggestion boxes, and consultations to ensure that our aims and objectives are meeting our family's expectations and needs and that we are providing the best possible service.

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened this financial year to Garnant Family Centre, as our funding has been impacted, like many charities, by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £14,675 and £19,567) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £23,040. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2023 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....7.....11 2023..... and signed on its behalf by

.....*Pll Bole*.....

GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2023**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2023, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Receipts					
Gifts, donations and legacies		225	-	225	-
Grants	2	-	98,898	98,898	42,403
Activities for gen funds		-	-	-	-
Investment income		12	-	12	1
Utility refund		-	-	-	139
Amazon refund		21	-	21	-
Incoming resources – other		-	-	-	50
Total receipts		258	98,898	99,156	42,593
Payments					
Charitable activities					
Activities and trips		-	2,562	2,562	3,722
Arts and crafts		-	221	221	2,565
Rental of hall		-	-	-	1,870
Play equipment		-	1,011	1,011	3,698
External canopy		-	-	-	10,553
Notice boards		-	-	-	3,148
Charity underspend returned		-	131	131	5,973
Expenditure to be refunded		-	96	96	-
DBS checks		-	-	-	60
Garden equipment & maintenance		-	4,234	4,234	1,436
Self-care		-	373	373	-
Housekeeping		-	290	290	71
Kitchen equipment		-	597	597	-
Maintenance		-	1,366	1,366	856
Office supplies		-	324	324	1,576
Petty cash		20	665	685	-
Health & Safety		-	-	-	977
Computer equipment		-	-	-	820
Food		-	339	339	-
Adverts		-	114	114	-
Turkeys		-	819	819	-
Baby equipment		-	162	162	-
Lunch club		-	11	11	29
Salaries, tax and NIC	3	-	52,169	52,169	35,629
Computer costs		-	415	415	448
Telephone		-	723	723	840
Toys		-	783	783	1,427
Training for trustees		-	-	-	41
Training for staff and volunteers		-	628	628	1,802
Travel for staff and volunteers		-	160	160	147
Utilities		-	1,600	1,600	1,170
Professional fees		-	-	-	450
Total charitable payments		20	69,793	69,813	79,308
Governance costs	4	-	10,128	10,128	7,903
Total payments		20	79,921	79,941	87,211
Net Income/(Deficit)		238	18,977	19,215	(44,618)
B/Fwd previous year end		22,802	19,606	42,408	87,026
Transfer between funds		-	-	-	-
C/Fwd current year end		23,040	38,583	61,623	42,408

GARNANT FAMILY CENTRE

BALANCE SHEET
AS AT 5 APRIL 2023

Note	£	2023 £	£	2022 £
Current assets				
Cash at bank and in hand				
Barclays Current Account		54,407		35,183
Barclays Tracker		5,842		5,833
Barclays Premium Account		1,363		1,360
Petty cash		<u>11</u>		<u>32</u>
Total cash at bank and in hand			61,623	42,408
Current liabilities				
Accounts payable				
Accounts payable		<u>-</u>		<u>-</u>
Total accounts payable			-	-
Net Assets				
			<u>61,623</u>	<u>42,408</u>
Fund Breakdown				
Unrestricted funds			23,040	22,802
Restricted funds	2		<u>38,583</u>	<u>19,606</u>
Total Funds			<u>61,623</u>	<u>42,408</u>

Signed by one of the Trustees on behalf of the Trustees PK BerlePrint Name PAULINE BARNERDate 7 11 2023

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	998	-	(998)	-	-
Landfill	-	9,482	(8,974)	-	508
Comic Relief	131	9,628	(5,472)	-	4,287
G & M	-	3,000	(3,000)	-	-
William Brownhill	697	-	(697)	-	-
St Davids of the Diocesan	96	-	(96)	-	-
Tesco	721	-	(721)	-	-
Families First	-	19,000	(19,000)	-	-
Garfield Weston	67	7,500	(7,499)	-	68
Foyles	-	5,000	-	-	5,000
Awards for All	4,821	9,961	(8,494)	-	6,288
Westward	-	1,000	-	-	1,000
SOF	-	4,631	(4,631)	-	-
Waterloo Foundation	5,187	-	(5,187)	-	-
Voluntary Sector – VSRF	17	-	(17)	-	-
Neighbourly	400	-	(400)	-	-
CAB	-	500	-	-	500
Postcode lottery	6,282	25,000	(8,675)	-	22,607
CC19	-	4,196	(4,196)	-	-
Poverty Fund	-	-	(1,675)	-	(1,675)
MYD	189	-	(189)	-	-
	<u>19,606</u>	<u>98,898</u>	<u>(79,921)</u>	<u>-</u>	<u>38,583</u>

GARNANT FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2023**3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 52,169**Total staff costs** **52,169**

Payroll DBS and recruitment costs totalled £Nil

The average monthly number of employees in the year was 3

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	552
Insurance	966
Consultancy and advice	8,610
Membership fees	-
Total	<u>10,128</u>

Accounts

Registered Charity Number: 1086340

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022**

GARNANT FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022

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Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 - 13

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2022

The trustees present their report with the financial statements of the charity for the year ended 5 April 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Rob Venus – Safeguarding Catrin Morris - Secretary
Advisory	Christina Jenkins - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Rimmer & May Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

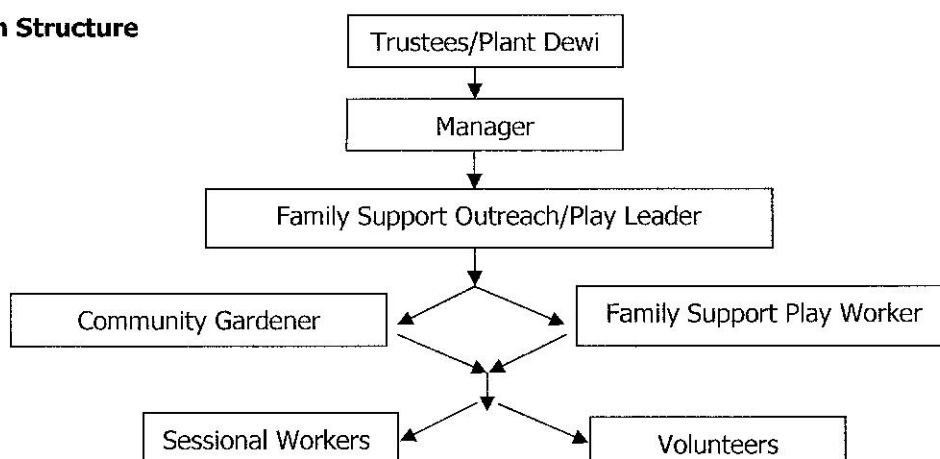
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler group.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The changes that parents have fed back are that they have felt less socially isolated through participating in the groups we've facilitated such as Baby Massage, Bumps to Babies and our Toddler Group which have given them reassurance about their parenting through both peer and staff support. Through consultation, questionnaires and verbal feedback parents have reported how much they and their children have looked forward to attending sessions Families have enjoyed returning to the community garden and having face to face contact with the staff and other families, they have spoken about how lovely it is for the children to be able explore and play in the garden and the difference it has made to share their experiences of the pandemic with other families.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children. These families had already faced many difficulties before the pandemic and their experiences of the pandemic then exacerbated some of the issues families dealt with and now these families are also having to deal with the cost of living crisis. Garnant Family Centre provides a non-judgemental space at the Family Centre, whether online, by phone, delivering activity packs, in other venues, or at the Community Garden, offering a wide range of support, participation and opportunities for both parents and children. For adults we provide access to online parenting courses, provided phone and face to face support, made referrals to other agencies, signposted parents to food banks, financial support and provided support through JAFF and TAF.

When restrictions were eased, staff delivered socially distanced weekly outdoor activities in our community garden and in the local park, while continuing to offer online sessions, delivering a blended service in line with Welsh Assembly Government guidance. Staff have worked with other organisations such as the National Botanic Gardens of Wales and Initiative for Conservation to provide families with sessions in bug hunting and developing skills in using tools such as saws and drills. In the Family Centre's Community Garden our Outreach Gardener has facilitated gardening activities with families and the Family Support Worker has provided sessions where toddlers and parents cook together. In the garden children got to use the mud kitchen and do lots of outdoor play activities based on using natural resources

Over the year baby massage sessions continued online attracting new parents and providing time for parents when they can just focus on their child. Families reported back to staff that they had made a difference by reducing isolation and helping parents gain skills in baby massage, plus a greater understanding of child development. Staff also supported breastfeeding mums during the Baby Massage sessions.

Activity Packs have allowed us to provide families with information on child development, as the activities are targeted at the children's age. We have provided kitchen science activities in our after school Crazy Kitchen Science Group for older children allowing them to attain skills in prediction and to feel confident in creating their own experiments.

We have continued to work with Flying Start through delivering Baby Massage and Language and Play sessions both outdoors and online. We have worked with Actif Play and Mentor Bro Dinefwr on providing active play sessions during the holidays. We have worked with the generic health visitor to support families and the Flying Start Health Visitor informs and refers families to our sessions. Through key working a TAF and contributing to a TAF, staff have worked with Homestart, and the TAF team.

Throughout the pandemic we have continued to offer parenting advice, emotional support and also referred to other health professionals with any concerns.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

We regularly monitor and evaluate our service, through feedback forms, questionnaires, suggestion boxes, and consultations to ensure that our aims and objectives are meeting our family's expectations and needs, and that we are providing the best possible service.

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened at the beginning of this financial year to Garnant Family Centre, like many charities that have been affected by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £14,675 and £19,567) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £24,808. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2022 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 19.1.2023 and signed on its behalf by

P. A. Bore

GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2022**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2022, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Rimmer and May
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Receipts					
Gifts, donations and legacies		-	-	-	60
Grants	2	-	42,403	42,403	97,248
Activities for gen funds		-	-	-	-
Investment income		1	-	1	6
Utility refund		139	-	139	-
Incoming resources – other		50	-	50	-
Total receipts		<u>190</u>	<u>42,403</u>	<u>42,593</u>	<u>97,314</u>
Payments					
Charitable activities					
Activities and trips		-	3,722	3,722	17
Arts and crafts		-	2,565	2,565	1,778
Rental of hall		-	1,870	1,870	-
Play equipment		-	3,698	3,698	-
External canopy		-	10,553	10,553	-
Notice boards		-	3,148	3,148	-
Charity underspend returned		-	5,973	5,973	-
DBS checks		-	60	60	-
Garden equipment & maintenance		-	1,436	1,436	-
Building Regulation		-	-	-	111
Housekeeping		-	71	71	-
Kitchen equipment		-	-	-	130
Maintenance		-	856	856	1,075
Office supplies		-	1,576	1,576	178
Petty cash		-	-	-	158
Health & Safety		-	977	977	108
Computer equipment		-	820	820	1,666
Lunch club		-	29	29	-
Salaries, tax and NIC	3	-	35,629	35,629	33,125
Computer costs		-	448	448	194
Telephone		-	840	840	749
Toys		-	1,427	1,427	224
Training for trustees		-	41	41	-
Training for staff and volunteers		-	1,802	1,802	109
Travel for staff and volunteers		-	147	147	165
Utilities		139	1,031	1,170	728
Professional fees		-	450	450	-
Total charitable payments		139	79,169	79,308	40,515
Governance costs	4	-	7,903	7,903	6,285
Total payments		<u>139</u>	<u>87,072</u>	<u>87,211</u>	<u>46,800</u>
Net Income/(Deficit)		51	(44,669)	(44,618)	50,514
B/Fwd previous year end		22,764	64,262	87,026	36,512
Transfer between funds		1,993	(1,993)	-	-
C/Fwd current year end		<u>24,808</u>	<u>17,600</u>	<u>42,408</u>	<u>87,026</u>

GARNANT FAMILY CENTRE

BALANCE SHEET
AS AT 5 APRIL 2022

Note	£	2022	£	£	2021	£
Current assets						
Cash at bank and in hand						
Barclays Current Account		35,183			79,801	
Barclays Tracker		5,833			5,833	
Barclays Premium Account		1,360			1,360	
Petty cash		<u>32</u>			<u>32</u>	
Total cash at bank and in hand			42,408			87,026
Current liabilities						
Accounts payable						
Accounts payable		-			-	
Total accounts payable						
			<u>42,408</u>			<u>87,026</u>
Net Assets						
Fund Breakdown						
Unrestricted funds			24,808			22,764
Restricted funds	2		<u>17,600</u>			<u>64,262</u>
Total Funds			<u>42,408</u>			<u>87,026</u>

Signed by one of the Trustees on behalf of the Trustees Paul BarkePrint Name PAULINE BARKEDate 19. 1. 2023

GARNANT FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022**

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	1,017	-	(19)	-	998
Children in Need	5,973	-	(5,973)	-	-
Comic Relief	131	-	-	(131)	-
Flying Start	1,356	-	(1,356)	-	-
William Brownhill	697	-	(34)	-	663
St Davids of the Diocesan	96	-	-	(96)	-
Tesco	721	-	-	(721)	-
Families First	2,719	14,000	(16,781)	62	-
Garfield Weston	1,815	-	(1,752)	-	63
Covid-19 Resilliance Award	2,526	-	(2,139)	-	387
Awards for All	10,574	-	(6,687)	-	3,887
Wales Recover and Respond	5,000	-	(5,013)	13	-
Time to Shine	931	-	-	(931)	-
Waterloo Foundation	9,914	-	(4,953)	-	4,961
Voluntary Sector – VSRF	19,092	-	(19,075)	-	17
Neighbourly	400	-	(500)	100	-
Cwmamman Town Council	1,300	-	(1,300)	-	-
Postcode lottery	-	16,284	(9,897)	-	6,387
Oakdale	-	500	(263)	-	237
CC19	-	1,544	(1,544)	-	-
CDF	-	1,632	(1,532)	(100)	-
MYD	-	8,443	(8,254)	(189)	-
	<u>64,262</u>	<u>42,403</u>	<u>(87,072)</u>	<u>(1,993)</u>	<u>17,600</u>

GARNANT FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022**3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 35,629**Total staff costs** **35,629**

Payroll DBS and recruitment costs totalled £60

The average monthly number of employees in the year was 2

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	528
Insurance	2,154
Consultancy and advice	5,221
Membership fees	-
Total	<u>7,903</u>

Accounts

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2021**

GARNANT FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2021

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Balance Sheet	10
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GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2021

The trustees present their report with the financial statements of the charity for the year ended 5 April 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Cellan Williams - Treasurer (resigned) Rob Venus – Safeguarding Catrin Morris - Secretary
Advisory	Christina Jenkins - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Rimmer & May Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2021 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

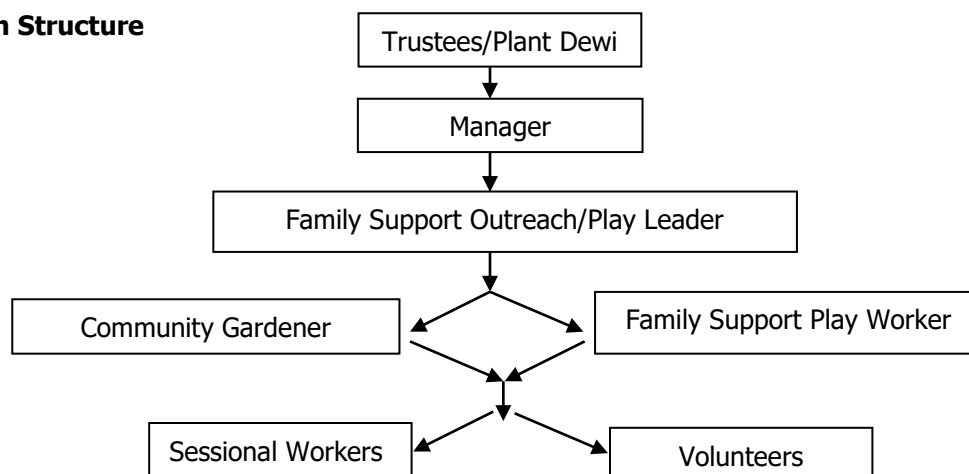
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 5 APRIL 2021 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler group.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The changes that parents have fed back are that they have a better felt less socially isolated through online groups such as Baby Massage and Bumps to Babies, which have also given them reassurance about their parenting through both peer and staff support. Through messaging, photographs and video clips parents have reported how much they and their children have looked forward to the activity packs, how much they've enjoyed participating in the packs with their children and appreciated the home education resources in the pack. That overall the packs reduced the stress of having to come up with ideas to stimulate their children. Parents are grateful for the opportunities to have shared memories with their children, through the online events that the Family Centre has provided, which they otherwise could not have attended due to lockdown.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2021 Cont'd

Families have enjoyed returning to the community garden and having face to face contact with the staff and other families, they have spoken about how lovely it is for the children to be able explore and play in the garden and the difference it makes to share their experiences of the pandemic with other families.

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children that have already faced many difficulties, which have now been exacerbated by the Covid pandemic. We continue to provide a non-judgemental space whether online, by phone, delivering activity packs, in other venues, or at the Community Garden, offering a wide range of opportunities for both parents and children. For adults we provided access to online parenting courses, provided phone and facebook messenger support, made referrals to other agencies, signposted parents to food banks, financial support and provided support through JAFF and TAF.

When restrictions were/have eased, staff delivered socially distanced weekly outdoor activities in our community garden and in local parks, while continuing to offer online sessions, delivering a blended service in line with Welsh Assembly Government guidance. Staff have worked with other organisations such as the National Botanic Gardens of Wales and Initiative for Conservation to provide families with sessions in planting wildflowers, bug hunting and developing skills in using tools such as saws and drills. In the Family Centre's Community Garden staff worked with Early Years Integration Cwm Gwendraeth, on outdoor language and play sessions where children got to use the mud kitchen and do lots of activities based on stories using natural resources

Baby massage sessions have continued online attracting new parents and providing time for parents when they can just focus on their child. Families reported back to staff that they had made a difference by reducing isolation and helping parents gain skills in baby massage, plus a greater understanding of child development. Staff also supported breastfeeding Mums during the Baby Massage sessions.

Activity Packs have allowed us to provide families with information on child development, as the activities are targeted at the children's age. During the Summer holidays we provided kitchen science materials for older children and sensory, craft and messy play for younger children including babies. The delivering of the packs allowed us the engage with both new and vulnerable families, building relationships through the weekly deliveries.

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2021 Cont'd

We have continued to work with Flying Start through delivering Baby Massage and Language and Play sessions both outdoors and online. We have facilitated sessions online with Actif Play, using stories to encourage children to be physical. We worked with the Booktrust to provide books to families with children aged 0-11years. We have referred and received referrals from all the local food support groups, Canolfan Maerdy, Cwmamman Community Centre and Ammanford Food Bank. We have worked with the generic health visitor to support families and the Flying Start Health Visitor informs and refers families to our sessions. Through key working a TAF and contributing to a TAF, staff have worked with Mums Matters, Calan Domestic Abuse Services, Homestart, Tim Camu Bach and the TAF team.

Throughout the pandemic we have continued to offer parenting advice, emotional support and also referred to other health professionals with any concerns.

We regularly monitor and evaluate our service, through feedback forms, questionnaires, suggestion boxes, and consultations to ensure that our aims and objectives are meeting our family's expectations and needs, and that we are providing the best possible service.

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened at the beginning of this financial year to Garnant Family Centre, like many charities that have been affected by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £14,675 and £19,567) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £22,764. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as insurance), commitments to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2021 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on..... and signed on its behalf by

.....

GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2021**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2021, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Rimmer and May
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Receipts					
Gifts, donations and legacies		60	-	60	350
Grants	2	-	97,248	97,248	31,654
Activities for gen funds		-	-	-	522
Investment income		6	-	6	22
Reimbursed expense		-	-	-	320
Incoming resources – other		-	-	-	-
Total receipts		<u>66</u>	<u>97,248</u>	<u>97,314</u>	<u>32,868</u>
Payments					
Charitable activities					
Activities and trips		(55)	72	17	1,408
Arts and crafts		-	1,778	1,778	345
Books		-	-	-	-
Groceries		-	-	-	253
Forest School		-	-	-	1,613
Garden equipment & activities		-	-	-	2,066
Building Regulation		-	111	111	-
Housekeeping		-	-	-	630
Kitchen equipment		-	130	130	72
Maintenance		-	1,075	1,075	6,027
Office supplies		-	178	178	331
Petty cash		(11)	169	158	130
Health & Safety		-	108	108	-
Computer equipment		-	1,666	1,666	-
Planning re eco lodge		-	-	-	305
Salaries, tax and NIC	3	594	32,531	33,125	40,616
Computer costs		-	194	194	891
Telephone		-	749	749	939
Toys		-	224	224	-
Training for beneficiaries		-	-	-	-
Training for staff and volunteers		-	109	109	1,239
Travel for staff and volunteers		-	165	165	431
Utilities		-	728	728	1,019
Legal advice		-	-	-	-
Total charitable payments		528	39,987	40,515	58,315
Governance costs	4	<u>1,189</u>	<u>5,096</u>	<u>6,285</u>	<u>8,326</u>
Total payments		<u>1,717</u>	<u>45,083</u>	<u>46,800</u>	<u>66,641</u>
Net (Deficit)/ Income		(1,651)	52,165	50,514	(33,773)
B/Fwd previous year end		24,156	12,356	36,512	70,285
Transfer between funds		<u>259</u>	<u>(259)</u>	-	-
C/Fwd current year end		<u>22,764</u>	<u>64,262</u>	<u>87,026</u>	<u>36,512</u>

GARNANT FAMILY CENTRE

BALANCE SHEET
AS AT 5 APRIL 2021

	Note	2021	2020
		£	£
Current assets			
Cash at bank and in hand			
Barclays Current Account		79,801	30,664
Barclays Tracker		5,833	5,827
Barclays Premium Account		1,360	-
Petty cash		<u>32</u>	<u>21</u>
Total cash at bank and in hand		87,026	36,512
Current liabilities			
Accounts payable			
Accounts payable		<u>-</u>	<u>-</u>
Total accounts payable		-	-
Net Assets			
		<u>87,026</u>	<u>36,512</u>
Fund Breakdown			
Unrestricted funds		22,764	24,156
Restricted funds	2	<u>64,262</u>	<u>12,356</u>
Total Funds		<u>87,026</u>	<u>36,512</u>

Signed by one of the Trustees on behalf of the Trustees _____

Print Name _____

Date _____

GARNANT FAMILY CENTRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2021**

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2021 Cont'd****Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	1,017	-	-	-	1,017
Children in Need	8,231	-	(2,258)	-	5,973
Comic Relief	-	939	(808)	-	131
Flying Start	378	14,500	(13,522)	-	1,356
William Brownhill	787	-	(90)	-	697
St Davids of the Diocesan	1,253	-	(1,157)	-	96
Tesco	690	500	(469)	-	721
Families First	-	8,911	(5,933)	(259)	2,719
Garfield Weston	-	10,000	(8,185)	-	1,815
Covid-19 Resilliance Award	-	5,000	(2,474)	-	2,526
Awards for All	-	19,988	(9,414)	-	10,574
Wales Recover and Respond	-	5,000	-	-	5,000
Time to Shine	-	1,704	(773)	-	931
Waterloo Foundation	-	9,914	-	-	9,914
Voluntary Sector – Emusrf	-	19,092	-	-	19,092
Neighbourly	-	400	-	-	400
Cwmamman Town Council	-	1,300	-	-	1,300
	<u>12,356</u>	<u>97,248</u>	<u>(45,083)</u>	<u>(259)</u>	<u>64,262</u>

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2021****3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries	40,616
Employers National Insurance costs	-
Employers Pension Costs	-
Total staff costs	<u>40,616</u>

Payroll DBS and recruitment costs totalled £NIL

The average monthly number of employees in the year was 2

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	546
Insurance	323
Consultancy and advice	5,416
Membership fees	-
Total	<u>6,285</u>