

Charity registration number 1086299 (England and Wales)

Company registration number 04172859

**RELATE NOTTINGHAMSHIRE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

# RELATE NOTTINGHAMSHIRE

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Ms J Rodrigues	(Appointed 14 March 2024)
	Mrs P Strutton	(Appointed 9 May 2024)
	Ms B Dunleavy	(Appointed 29 May 2024)
	Ms S Mcewen	(Appointed 1 September 2024)
	Ms E Keyes	(Appointed 1 September 2024)
	Mr L Hardy	(Appointed 31 October 2024)
<b>Senior management</b>	Ms D Corah	Chief Executive Officer
	Mr J Knight	Supervisor
	Ms H Luck	Supervisor
<b>Charity number</b>	1086299	
<b>Company number</b>	04172859	
<b>Registered office</b>	6 Sherwood Rise Nottingham NG7 6JF	
<b>Independent examiner</b>	Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP	
<b>Bankers</b>	Unity Trust Bank Plc Nine Brindley Place 4 Oozells Square Birmingham B1 2HB	
<b>Solicitors</b>	Eversheds Water Court 116-118 Canal Street Nottingham NG1 7HF	

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# RELATE NOTTINGHAMSHIRE

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# RELATE NOTTINGHAMSHIRE

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

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The Trustees have pleasure in presenting their report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### Objectives and activities

The principal activities of the company are the general provision of relationship counselling and psychosexual therapy together with life skills training, to the people of Nottinghamshire.

Utilising the financial security through the sale of the property, the Operations Director and Trustees conducted research and analysis to compile a business plan to sustain and expand services. However the Charity continued to be loss making on a monthly basis. In January 2024 the Chair, Tricia Wray resigned and was replaced by a new Chair, Penny Strutton in May 2024. Come October 2024 the Board had been fully replaced with a professional group of people that forms a solid strategic and support structure. The Operations Director was also replaced in October 2024 with a new Chief Executive who has the full set of skills and experience to develop the organisation.

### Organisational Structure

The organisation is controlled by the Board of Trustees, who meet six times per annum. It is responsible for the overall governance and strategic direction of the Charity, developing its aims, objectives and goals in accordance with the Articles of Association, legal requirements and regulatory guidelines.

### Structure, governance and management

The Trustees for the year are as shown below. Each Trustee is a member and a director of the company for purposes of the Companies Act. The liability of each member is limited to £1.

Mr G Hizsak	(Resigned 24 September 2023)
Mrs P Wray	(Resigned 11 January 2024)
Mr J Fryer	(Resigned 1 September 2024)
Mr C Banks	(Resigned 1 September 2024)
Ms J Rodrigues	(Appointed 14 March 2024)
Ms D Smith	(Resigned 1 September 2024)
Ms D Sheahan	(Resigned 9 July 2024)
Mrs P Strutton	(Appointed 9 May 2024)
Ms B Dunleavy	(Appointed 29 May 2024)
Ms S Mcewen	(Appointed 1 September 2024)
Ms E Keyes	(Appointed 1 September 2024)
Mr L Hardy	(Appointed 31 October 2024)

# RELATE NOTTINGHAMSHIRE

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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The Trustees of Relate Nottinghamshire have paid due regard to the Charity Commission guidance on public benefit reporting when reviewing the organisation's aims and objectives and in planning future activities. In particular, the Trustees consider how planned activities contribute to the stated aims and objectives. The aims and objectives are reviewed annually and compare the outcomes of each key activity with the benefit brought to those people identified in need of support through counselling. Consideration is given to the accessibility of its services and that its objectives for equal access are being met.

The objects for which Relate Nottinghamshire is established are:

- To educate the public concerning the benefits of secure relationships, in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;
- To seek to enhance the good health, both mental and physical of adults and children by:
  - Increasing public awareness of the benefit of committed couple relationships, marriage and family life.
  - Working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- To provide counselling, support, education, and relief to adults and/or children in relation to any aspect of contemporary life or work which:
  - May prejudice their physical or mental well being.
  - Influence either directly or indirectly, their present or future family or couple relationship.
- To advance citizenship and community development.
- To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.

### Statement of Common Purpose

Relate's role is to help people build better couple relationships by:

- Enhancing the quality of couple, individual and parental and family relationships.
- Helping relationships and marriage withstand the pressures leading to breakdown.
- Limiting the damage which commonly accompanies failing relationships, separation and divorce and increasing the prospect of subsequent relationships succeeding in families, communities and workplaces.

Relate aims to deliver its services with cultural sensitivity and without discrimination. It believes that:

- An individual's physical well-being and emotional and mental health benefit from committed relationships.
- Children thrive in families where relationships are free from destructive conflict.
- People gain from an understanding of their sexuality.
- Expressing clear commitment is a helpful contribution to healthy and secure relationships.

### Activities

Relate Nottinghamshire is a recognised expert provider of relationship counselling and its mission is to help people improve their relationships through quality counselling and life skills education. It is therefore committed both to maintaining the highest standards in service delivery and to being responsive to the needs of users in developing its services. The services available to clients in Nottinghamshire include:-

- **Relationship Counselling:** Helping couples and individuals to resolve issues arising from their relationships. Our counsellors help people to discuss feelings, attitudes and expectations, and offer assistance with communication and problem solving. We aim to empower our clients by increasing their understanding so that they can go on to make choices about how they manage their relationships.
- **Sex Therapy:** An assessment and treatment programme which enables our clients to address the physical, emotional and psychological issues associated with sex. As the only national provider of sex therapy, we also work with people who have problems with their sex lives due to poor health or disability.
- **Family Counselling:** To help family members in resolving difficulties and concerns in their relationships with one another. We support clients by increasing understanding of each other's needs and by improving communication, both within the couple relationship and across generations.

# RELATE NOTTINGHAMSHIRE

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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- **Children and young people's services:** Helps children and young people explore and develop coping strategies for issues such as family breakdown, bullying and peer relationships, bereavement, the formation of new families or the absence of a family member in their life. Relate is the largest UK provider of counselling support for children and young people, with over 20 years of experience in this area.
- **Education and learning:** To provide people with the knowledge and skills needed for personal and professional development. We offer a wide range of workshops and courses for couples, individuals, parents and young people. This is a major part of our preventative work to ensure that we are helping people to boost or maintain their relationships as opposed to just helping when things get rough.
- **Mediation:** To provide mediation support to couples in the process of divorce.

Counselling services are delivered to members of the public at Relate premises, online and by telephone. Clients are required to pay for their counselling, but for those with limited financial resources, a bursary is offered, meaning a greatly reduced fee is asked for. Where we are funded to deliver a service to a particular community, working in partnership with other organisations, then counselling is free at the point of delivery. We also provide counselling under contract for some local employers.

Demand for our services comes mainly through self-referral, along with signposting from General Practitioners and other agencies. Clients are given an initial assessment of their needs and can identify whether our service is appropriate for them.

The organisation is fully committed to the active promotion of equal opportunities in its employment practices, in the delivery of its services and all its other activities. The organisation's work is based upon its Statement of Common Purpose, which includes the acceptance that in a diverse society its concept of marriage and other committed adult relationships, must encompass differing cultural understandings. The services delivered are not dependent on any one theoretical or professional view of marriage, family or sexual relationships. Nor, since its work is for the benefit of the whole community, can it be committed to any one sectional, social, political, cultural or religious view of relationships.

### Summary Financial Report

Full details of the financial activities of the charity are available separately and this account is a very brief description of the results.

The capital gained through the sale of the property continues to support ongoing service delivery due to the charity currently being loss making on a monthly basis. This money is accessed sparingly and once the charity is breaking even, the Trustees will identify options for providing bursaries to clients who cannot afford the full fees, and broader relationship education in the community. The money is invested in a high interest bank account.

Values are given to the nearest thousand. The overall result for the year 2023/24 was a net expenditure of £91k for the year, in comparison to the net income in 2022/23 of £38k. This was largely due to a decrease in income received and no grant income received in the year.

There was also a reduction in expenditure, largely in staffing costs, which reduced by £22k from the previous year, reducing headcount down from 18 to 13. Due to the sale of the property in the previous year, we have seen an increase in Rent charges, due to renting a leased office area. Mostly all other costs are in line with the previous year.

There has been a decrease in net assets from £298k to £208k but the charity remains solvent with reserves in a position to sustain the charity for another year.

The charity operates a Client Relationship Management System which records appointments, as well as the related fee due to the charity for the appointment. This is now working well, and we are collecting client's fees in a timely manner.

# RELATE NOTTINGHAMSHIRE

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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### Risk Management

The Trustees throughout the year consider potential risks to the charity, and make plans to minimise or manage those risks should they materialise.

This work has identified that financial sustainability is the major risk for the charity, but the sale of our premises has ensured the charity's future for some years to come, plus the introduction of a more streamlined workforce.. A shortage of counsellors has been another identifiable risk, but we now have trainee counsellors working with us as part of our succession planning.

### Reserves Policy

The Trustees wish to maintain a level of reserves which will enable the charity to meet its financial obligations should there be a temporary reduction in planned income. The reserves policy is reviewed annually and Trustees agreed to set the level of reserves needed at three month's running costs. They confirm that the reserves held at 31 March 2024 were adequate for this purpose.

### Recruitment and Appointment of Executive Committee

The directors/Trustees under the Company's Articles of Association are allowed to hold the position for a maximum of 8 years, after which they will step down. Trustees are recruited to the Board as a vacancy arises, or as a particular expertise is identified, which Board members do not currently offer.

The Board of Trustees seeks to ensure that a diversity of social/cultural backgrounds and a broad skill mix are represented among its members. Business, clinical, legal, people, business development and financial are represented. Each member of the Board is asked to take responsibility for a particular area of interest including fundraising, business planning, finance and equality and diversity.

### Trustee induction and training

Potential new directors/Trustees will in the first instance be invited to a meeting with several trustees, in order to assess that the candidate brings to the role what is needed on the Board. The candidate also finds out more about the organisation, its operations and its expectations of Trustees, and the opportunities for becoming involved in its work. If the outcome is positive, the new trustee will be coupled with an experienced member of the board who will act as their mentor over the next few months. The new trustee is provided with a copy of the Trustee Induction Pack which provides a wide variety of information including:-

- The main documents which set out the operational framework of the charity including the Memorandum and Articles.
- Resourcing and current financial position as set out in the latest published accounts.
- Future plans and objectives.
- Information about the responsibilities of charity Trustees, and Job Description.

## RELATE NOTTINGHAMSHIRE

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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The Trustees' report was approved by the Board of Trustees.

Ms J Rodrigues

**Trustee**

Dated: 30 January 2025



# RELATE NOTTINGHAMSHIRE

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF RELATE NOTTINGHAMSHIRE

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I report to the charity Trustees on my examination of the financial statements of Relate Nottinghamshire (the charity) for the year ended 31 March 2024.

#### **Responsibilities and basis of report**

As the charity Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Melvin Bailey FCCA DChA  
for and on behalf of  
Rogers Spencer  
Chartered Accountants  
Newstead House  
Pelham Road  
Nottingham  
NG5 1AP

Dated: 30 January 2025

# RELATE NOTTINGHAMSHIRE

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

### Current financial year

		Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
	Notes					
<b><u>Income and endowments from:</u></b>						
Donations and legacies	2	440	-	-	440	14,789
Charitable activities	3	104,576	-	-	104,576	153,149
Investments	4	2,666	-	-	2,666	95
Other income	5	-	-	-	-	90,423
<b>Total income</b>		<u>107,682</u>	<u>-</u>	<u>-</u>	<u>107,682</u>	<u>258,456</u>
<b><u>Expenditure on:</u></b>						
Charitable activities	6	<u>194,919</u>	<u>920</u>	<u>2,667</u>	<u>198,506</u>	<u>220,245</u>
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		(87,237)	(920)	(2,667)	(90,824)	38,211
Fund balances at 1 April 2023		<u>260,608</u>	<u>21,416</u>	<u>16,578</u>	<u>298,602</u>	<u>260,391</u>
<b>Fund balances at 31 March 2024</b>		<u><u>173,371</u></u>	<u><u>20,496</u></u>	<u><u>13,911</u></u>	<u><u>207,778</u></u>	<u><u>298,602</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# RELATE NOTTINGHAMSHIRE

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

Prior financial year

		Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes				
<b><u>Income and endowments from:</u></b>					
Donations and legacies	2	6,789	-	8,000	14,789
Charitable activities	3	142,349	-	10,800	153,149
Investments	4	95	-	-	95
Other income	5	90,423	-	-	90,423
<b>Total income</b>		<u>239,656</u>	<u>-</u>	<u>18,800</u>	<u>258,456</u>
<b><u>Expenditure on:</u></b>					
Charitable activities	6	<u>218,023</u>	<u>-</u>	<u>2,222</u>	<u>220,245</u>
Gross transfers between funds		1,877	-	(1,877)	-
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		23,510	-	14,701	38,211
Fund balances at 1 April 2022		<u>237,098</u>	<u>21,416</u>	<u>1,877</u>	<u>260,391</u>
<b>Fund balances at 31 March 2023</b>		<u><u>260,608</u></u>	<u><u>21,416</u></u>	<u><u>16,578</u></u>	<u><u>298,602</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

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# RELATE NOTTINGHAMSHIRE

## BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	11		4,742		8,448
<b>Current assets</b>					
Debtors	12	12,090		17,224	
Cash at bank and in hand		216,629		277,988	
		<u>228,719</u>		<u>295,212</u>	
<b>Creditors: amounts falling due within one year</b>	13	<u>(25,683)</u>		<u>(5,058)</u>	
Net current assets			203,036		290,154
<b>Total assets less current liabilities</b>			<u>207,778</u>		<u>298,602</u>
<b>Income funds</b>					
Restricted funds	16		13,911		16,578
Designated funds	17	20,496		21,436	
Unrestricted funds		<u>173,371</u>		<u>260,588</u>	
			193,867		282,024
			<u>207,778</u>		<u>298,602</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 30 January 2025

Ms J Rodrigues  
Trustee

Company Registration No. 04172859

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

##### Charity information

Relate Nottinghamshire is a private company limited by guarantee incorporated in England and Wales. The registered office is 96 Mansfield Road, Nottingham, NG1 3HD.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Income is reducing, however so the charity plans to sell the freehold property at a significant value to enable operations to continue. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise unrestricted funds which have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### 1.4 Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income includes grants from local government accounted for on a receivable basis. Donations and grants from private trusts are accounted for when received but will be deferred where the funding relates to future periods. Cash received under contracts relating to future periods is also deferred.
- Counselling, Education and Training income is accounted for on a receivable basis. Counselling income from impecunious clients is subsidised up to a level of £20 per hour by transfer from restricted funds given for this purpose or from designated funds earmarked by the Trustees.

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure recognition

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Publicity expenditure is incurred to raise visibility and awareness of services provided and is therefore treated as part of charitable expenditure rather than fund raising.
- Management and administration charges are allocated in the financial statements between charitable activities and governance on the basis of estimated time spent by management and support staff.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office equipment	25% reducing balance basis
Computers	33% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

#### 1.8 Retirement benefits

The company participates in a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The amount charged as expenditure represents the contributions payable to the scheme in respect of the accounting period.

#### 1.9 Government grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 2 Donations and legacies

	Total	Total
	2024	2023
	£	£
Forman Hardy Trust	-	250
JN Derbyshire Trust	-	2,750
The Jessie Spencer Trust	-	750
The Lady Hind Trust	-	2,000
Southwell & District Club	-	500
East Midlands Chamber Commerce House	-	8,000
Other grants & donations	440	539
	<u>440</u>	<u>14,789</u>

### 3 Charitable activities

	2024	2023
	£	£
Counselling	104,576	142,349
Nottingham Community grant	-	10,800
	<u>104,576</u>	<u>153,149</u>
Analysis by fund		
Unrestricted funds - general	104,576	142,349
Restricted funds	-	10,800
	<u></u>	<u></u>

### 4 Investments

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Bank interest receivable	<u>2,666</u>	<u>95</u>

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 5 Other income

	<b>Total Unrestricted funds</b>	
	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Net gain on disposal of tangible fixed assets	-	90,423
	<u>-</u>	<u>90,423</u>
	<u>-</u>	<u>90,423</u>

### 6 Charitable activities

	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>
Staff costs	133,306	167,338
Depreciation and impairment	3,706	2,520
Staff training	4,536	5,752
Rent, rates and water	12,446	1,810
Management charges	12,542	12,908
Insurance	1,199	2,423
Light and heat	(67)	4,172
Cleaning	-	213
Repairs and maintenance	(148)	1,285
Printing, postage and stationery	371	1,653
Advertising and recruitment	570	463
Telephone	4,787	4,515
Computer running costs	2,099	2,799
Room Hire	1,193	1,398
Bank charges	139	1,039
Sundry expenses	187	1,083
Bad debts	9,885	-
Travel costs	2,002	-
	<u>188,753</u>	<u>211,371</u>
Share of governance costs (see note 7)	9,753	8,874
	<u>198,506</u>	<u>220,245</u>
	<u>198,506</u>	<u>220,245</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	194,919	218,023
Unrestricted funds - designated	920	-
Restricted funds	2,667	2,222
	<u>198,506</u>	<u>220,245</u>
	<u>198,506</u>	<u>220,245</u>



# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 7 Governance costs

	2024 £	2023 £
Staff costs	2,733	2,226
Independent examiner's fees	6,889	2,910
Professional fees	131	3,738
	<u>9,753</u>	<u>8,874</u>

### 8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration during the current or prior year and reimbursed expenditure to trustees amounted to £nil (2023: £nil).

### 9 Employees

#### Number of employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Employees	<u>13</u>	<u>18</u>

#### Employment costs

	2024 £	2023 £
Wages and salaries	134,129	166,963
Other pension costs	1,910	2,601
	<u>136,039</u>	<u>169,564</u>

#### Remuneration of key management personnel

The remuneration of key management personnel is as follows:

Aggregate compensation	<u>45,547</u>	<u>37,106</u>
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There were no employees whose annual remuneration was £60,000 or more.

### 10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 11 Tangible fixed assets

	Office equipment £	Computers £	Total £
<b>Cost</b>			
At 1 April 2023	505	14,646	15,151
Disposals	(505)	(3,528)	(4,033)
At 31 March 2024	-	11,118	11,118
<b>Depreciation and impairment</b>			
At 1 April 2023	505	6,198	6,703
Depreciation charged in the year	-	3,706	3,706
Eliminated in respect of disposals	-	(3,528)	(3,528)
Transfer to held for sale	(505)	-	(505)
At 31 March 2024	-	6,376	6,376
<b>Carrying amount</b>			
At 31 March 2024	-	4,742	4,742
At 31 March 2023	-	8,448	8,448

### 12 Debtors

	2024 £	2023 £
<b>Amounts falling due within one year:</b>		
Trade debtors	8,862	13,104
Other debtors	2,133	3,067
Prepayments and accrued income	1,095	1,053
	12,090	17,224

### 13 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	8,043	1,823
Trade creditors	3,920	-
Other creditors	1,875	567
Accruals and deferred income	11,845	2,668
	25,683	5,058

# RELATE NOTTINGHAMSHIRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 14 Deferred income

	2024 £	2023 £
Deferred income	-	2,750
	-	2,750

### 15 Retirement benefit schemes

	2024 £	2023 £
<b>Defined contribution schemes</b>		
Charge to profit or loss in respect of defined contribution schemes	1,910	2,601

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

### 16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Nottingham Community grant	10,800	-	-	-	10,800
East Midlands Chamber Commerce House	5,778	-	(2,667)	-	3,111
	16,578	-	(2,667)	-	13,911

<b>Previous year:</b>	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
NCC Bike Shelter Fund	1,877	-	-	(1,877)	-
Nottingham Community grant	-	10,800	-	-	10,800
East Midlands Chamber Commerce House	-	8,000	(2,222)	-	5,778
	1,877	18,800	(2,222)	(1,877)	16,578

#### East Midlands Chamber Commerce House

EMCH supplied funds to to help supply the company with computer equipment.

#### Nottingham Community grant

The Nottingham community grant has been allocated to provide bursary sessions to low income families.

## RELATE NOTTINGHAMSHIRE

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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#### 17 Designated funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Balance at 1 April 2022 £	Movement in funds Incoming resources £	Balance at 1 April 2023 £	Resources expended £	Balance at 31 March 2024 £
Bursary Fund	21,416	-	21,416	(920)	20,496
	<u>21,416</u>	<u>-</u>	<u>21,416</u>	<u>(920)</u>	<u>20,496</u>

The Bursary Fund represents the balance of donations received towards funding the cost of counselling for those less able to afford the full cost of fees.

RELATE NOTTINGHAMSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2024 are represented by:								
Tangible assets	1,631	-	3,111	4,742	2,670	-	5,778	8,448
Current assets/(liabilities)	171,740	20,496	10,800	203,036	257,938	21,416	10,800	290,154
	<u>173,371</u>	<u>20,496</u>	<u>13,911</u>	<u>207,778</u>	<u>260,608</u>	<u>21,416</u>	<u>16,578</u>	<u>298,602</u>

## **RELATE NOTTINGHAMSHIRE**

### **NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)** ***FOR THE YEAR ENDED 31 MARCH 2024***

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#### **19 Related party transactions**

There were no disclosable related party transactions during the year (2023 - none).