

STRONGBONES



STRONGBONES CHILDREN'S CHARITABLE TRUST

TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025

Accountants
Stephen Farra Associates Limited
98 Hornchurch Road Hornchurch
Essex
RM11 1JS

Company registration number: 04188918
Charity registration number: 1086173

Strongbones Children's Charitable Trust

Contents

	Page
Trustees' Report	1—15
Independent Examiner's Report	16
Statement of Financial Activities (including Income and Expenditure Account)	17
Balance Sheet	18
Statement of Cash Flows	19
Notes to the Statement of Cash Flows	20
Notes to the Financial Statements	21—25
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities (including Income and Expenditure Account)	26—27

Strongbones Children's Charitable Trust
Company No. 04188918
Trustees' Report For The Year Ended 28 February 2025

The trustees present their report and the financial statements for the year ended 28 February 2025.

Objectives and Activities

Aims and Objectives

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year end. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The charity supports children and young people under 21 with severe disabilities and skeletal conditions by providing equipment, financial aid and emotional support. We reduce isolation and promote inclusion through essential disability and educational resources, group residencies, respite and access to adapted sports.

We are pleased to present our annual report and would like to express our gratitude to everyone whose contributions made this year successful in providing essential support to children, young people, their families, and carers.

Our mission is to empower children and young people with lifelong medical conditions by offering comprehensive support to them, their families, and carers.

Through this assistance, we aim to provide each individual with opportunities for personal development and enrichment in areas such as inspiration, engagement, participation, excitement, and education.

We are confident that by collaborating with and supporting families, we can raise aspirations and broaden understanding, enabling young people to lead more fulfilling lives.

Legal and administrative information set out on page 1 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association, and the Statement of Recommended Practice: Accounting and reporting by Charities (issued in March 2005).

We have referred to the guidance contained in the Charity commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Public Benefit

This year, the charity established a new respite home donated by a local foundation. We have continued to provide support to families during the ongoing cost of living crisis, and have distributed winter warmer packs to help children stay warm throughout the winter season. We continue to assist children and young people with health challenges by providing disability and educational equipment and services as outlined in our objectives. Our aim is to offer relief, raise awareness of these conditions, and help parents and carers access equipment developments that enable their children to lead fuller, more independent lives.

We continue to collaborate with services and health authorities to enhance the quality of life for individuals by providing optimal facility and equipment matches. Our expanding Support Network is further strengthened by our online support group, available through Facebook and Messenger apps. This platform enables families and carers to share information, learn from one another and broaden their knowledge, thereby reducing isolation and promoting access to diverse resources. For many parents, our network of over 1,000 families serves as a crucial lifeline when facing challenges related to their children's conditions. The support network is managed daily during business hours and into the evening until 8pm, six days per week, ensuring that families have access to personal emotional support via our dedicated family support workers.

Our organisation is guided by a committed panel responsible for overseeing both new and ongoing projects, as well as the trialling of equipment. The panel members possess substantial practical experience, relevant skills, and extensive expertise, including professionals such as a qualified occupational therapist, palliative care advisor, transition specialist for adult services, EHCP advisor, and debt management expert. All team members have direct experience parenting children with complex needs, and our project development officer, who is a full-time wheelchair user with cerebral palsy, provides valuable insight from the perspective of a young disabled adult. Together, we form a forward-thinking team led by individuals with lived experience, and we remain dedicated to supporting as many families as possible in the challenging year ahead.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

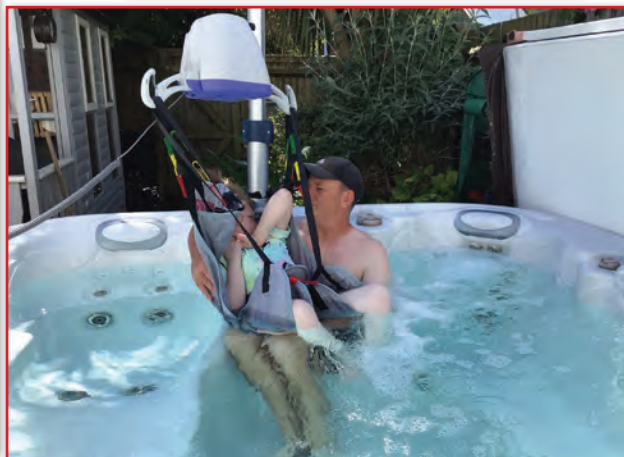
Moving and Handling

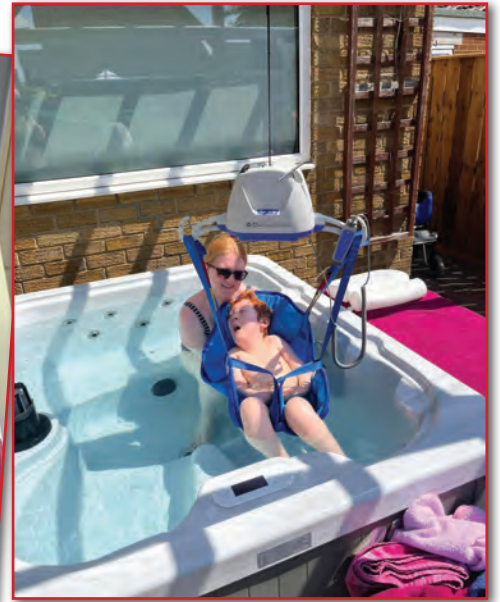


We are pleased to have purchased multiple Gantry and Molift portable hoists again this year, enabling our children to be transferred safely and with the correct posture.

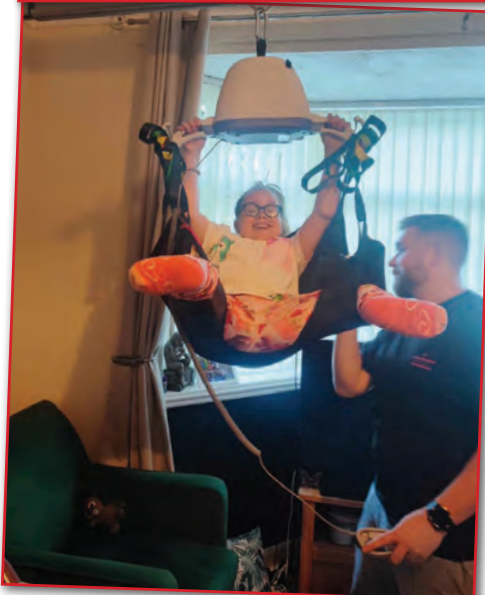


Portable hoists are a vital piece of equipment to help with daily living.





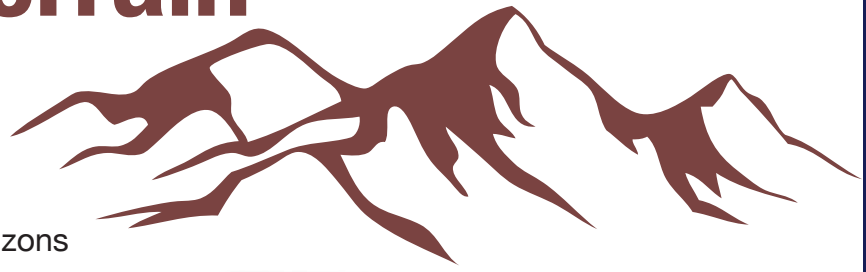
These hoists can be used in any room in the house or the garden to transfer a child enabling them to be lifted with dignity and safely, they can be charged, folded down, and placed in the boot of a car to be taken wherever the family may go.



This equipment has a life changing effect in enabling families access to the outside world because of the improvement it guarantees for their quality of life and their removal from social isolation.



Delichon All-Terrain Wheelchair



The Delta Delichon is a robust lightweight All-Terrain wheelchair/buggy that opens new horizons beyond the reach of conventional wheelchairs.

This off-road, all-terrain 3-wheeler offers access to the great outdoors for all.



The unique multi-position rear axle allows an optimum set up of dynamic stability and balance, making the Delta easy to push and manoeuvre and allows children to explore the outside world.

Spacecraft Mirage Projector

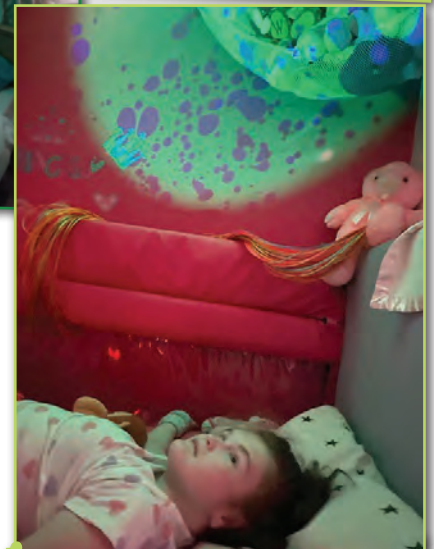
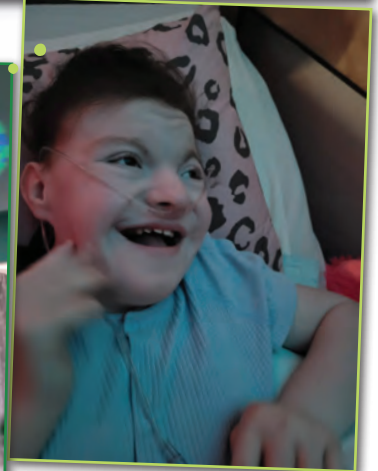
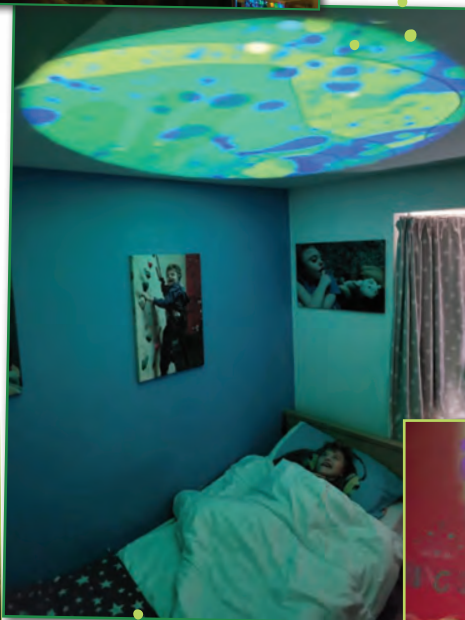
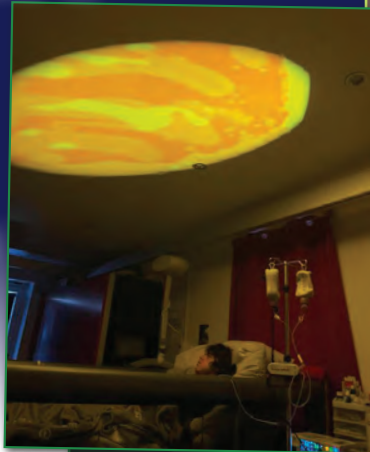
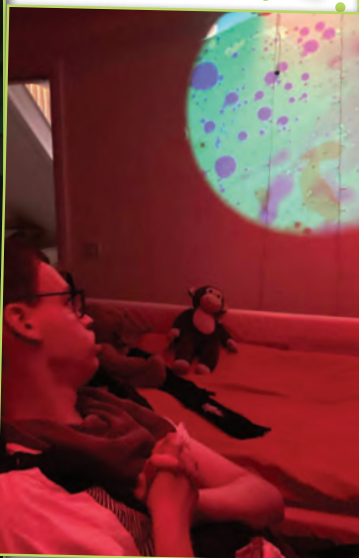
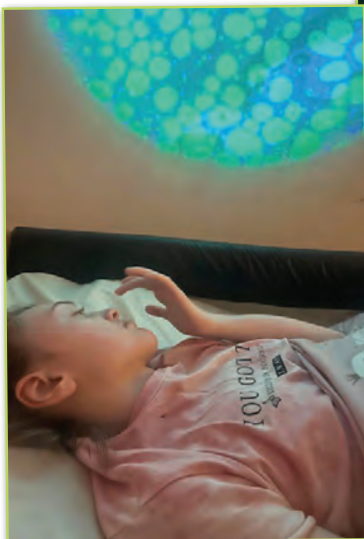
Projectors are mood boosting, they create a calm and distracting environment and develop skills such as tracking, cause and effect, colour recognition and building memory.



This equipment was for our most complex children that are nonverbal and have severe learning needs.

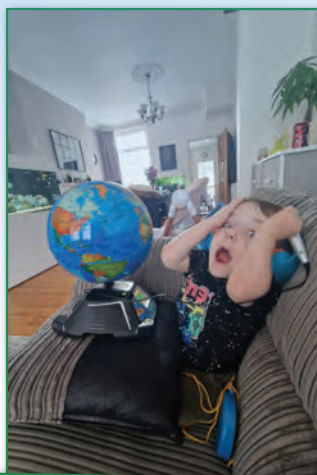
The Mirage Table top Wheel Projector is ideal for any multi-sensory environment or small sensory area.

We are pleased to have been able to supply this equipment to a large cohort of children.



Around the World

Every Year we provide newly themed sensory packs to develop language, communication and motor skills, this years theme was around the world, focusing on the subject geography.



Our around the world pack focused on the planet earth, weather, our surrounding elements, continents and countries. Our sensory packs aim to encourage concentration, and develop motor skills by using visual, auditory, tactile, olfactory and vestibular sensory equipment.



These packs were supplied to our most sensory impaired children with severe learning disabilities to help develop skills to reduce their social isolation.

Our packs are always vibrant in colours and are abundant with activities to make them engaging.



The pack included an interactive world globe, books, a compass, a renewable energy kit, a world map puzzle, a UK puzzle, my world kitchen book, world cooking kit, weather station and flags.

Group Residentials



Our group residential breaks and social activities allow us to lift children out of social isolation and give them the ability to partake in inclusive wheelchair activities which widen aspirations, build self-confidence and forge friendships.



We have been organising group residential trips for many years with excellent outcomes in building self esteem and introducing children to the countryside. We attend Bendrigg-Lake District, Kielder-Northumberland, Brickhouse Cottages-Lancashire and Centre Parks-Evelton Forest, Suffolk.



All these have accommodation with full wheelchair access comprising of track hoists and profiling beds in each room, with all food and activities included. Activities range from an 80ft quarry abseil in wheelchairs, wall climbing, adapted bike rides, archery, canoeing, sailing, axe throwing, bush crafts and caving, all of

which are accessible for wheelchair users. It is a period of total inclusion, pushing boundaries, experiencing new adventures together and forging lifelong friendships and support networks as our previous trips have demonstrated.



WINTER WARMER PACKS

Last winter we deployed 100 children with a winter warmer pack. Each pack consisted of a penguin fleece blanket, an oddie wearable blanket, a pair of warmies soft boots and a warmies penguin handwarmer.



While our families continue to grapple with the current fuel poverty crisis, we ensured that our children were kept safe and warm last winter.





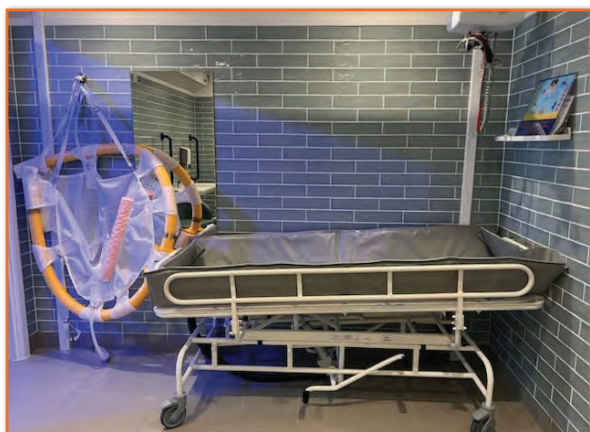
Each Winter many of our children are hospitalised due to hypothermia, pneumonia, respiratory disease and other bacteria/ viral infections, with fuel poverty only adding to the risks of the safety of our children's health. These packs were a lifeline to our families.

Respite Home & Accessible Facilities

Respite plays an integral part in maintaining better mental and physical health and allows the entire family to rebalance, break away from daily routines and reduce social isolation.



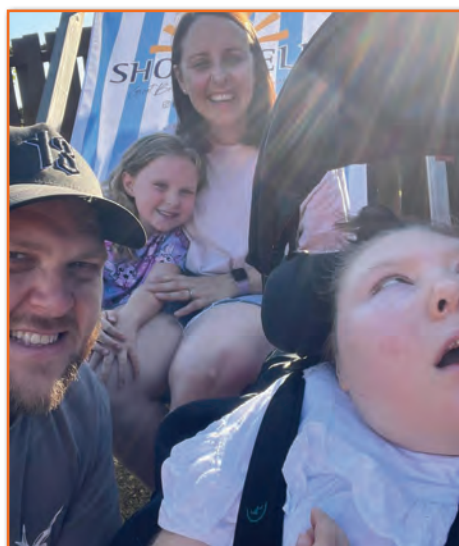
We are happy to announce that we now own two brand new respite homes. Each home includes full wheelchair access, with widened doorways, double patio doors that lead onto a large veranda with a large returning ramp, a wet room with a specialist shower chair, track hoisting, portable hoist and a profiling bed.



We have also installed a full sized changing place with hoist and changing bed into the main facilities, an indoor pool hoist and outdoor pool hoist along with a pool wheelchair and a large flotation aid.



These facilities where our holiday homes are situated are accessible for everyone, which is something we are immensely proud of as there isn't any UK holiday parks with all these facilities.





The homes are situated on Shorefields Country Park in Milford on Sea on the edge of the New Forest, close to an accessible beach at Sandbanks, where our beach wheelchairs can be used that are stored at our respite homes.



These respite homes and their facilities will enable our children and their families to experience a fully inclusive holiday together, recharge, have a break from hospital visits and a clinical/palliative setting whilst creating lasting memories.





Balloon Bonanza

We deliver balloons to the doorsteps of our children throughout the year for festive occasions to lift morale and bring smiles.



Strongbones Children's Charitable Trust

Trustees' Report (continued)

For The Year Ended 28 February 2025

Financial Review

Principal funding sources

We have funded our activities and family support through pledged donations and events. The trustees thank our supporters for helping us raise £600,845 from various activities, including sponsored events and donations from corporations and trusts. A local foundation's support, a gifted respite home, and a one-off £50,000 legacy also increased our income.

Investment policy and objectives

The charity's Memorandum of Association does not confer any specific right or restrictions on us as trustees in respect of investing its funds. The funds received by the charity during the period under review were not sufficient to justify separate investment, other than to be placed on deposit with the charity's bankers.

Reserves Policy

The charity maintains a minimum reserve of £50,000, covering around 4 months' operating costs and adjusting annually for inflation.

Future Plans

As trustees of the charity, we are committed to continually enhancing our understanding of achievements while striving to provide high-quality disability equipment for children and young people to better support their needs.

Many disadvantaged families experience persistent challenges in affording basic necessities such as food, clothing, and heating. The increasing costs and underfunding of essential disability equipment by public services further exacerbate these difficulties. Record-high waiting lists leave many children and carers without access to necessary resources, prompting us to intervene wherever funding permits.

Our mission is to enrich the lives of children and young people with disabilities by supporting their full inclusion in society as reflected in our charitable objectives. We consistently deliver essential equipment to promote independence, and following the success of wheelchair-accessible activities in the Lake District, we plan to expand our group residential trips and respite break programs.

We are dedicated to reducing social isolation among disabled children, fostering participation in everyday life, and assisting families as they adapt to long-term, incurable disabilities—an ongoing challenge that affects entire households. Building on last year's project successes, we intend to launch a range of innovative and inclusive initiatives in 2025 to dismantle barriers and advance opportunities.

Leveraging our established network and expertise, we support children with complex needs and remain focused on creating opportunities for personal growth, engagement, inspiration, and education. We recognise that working collaboratively with families not only raises aspirations but also enhances understanding, empowering young people with disabilities to develop confidence and lead more fulfilling lives.

Our crucial work relies on sustained fundraising, which allows us to help children and young people achieve greater independence and inclusion. The charity remains steadfast in its current aims and objectives, with no plans to expand into medical research.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 28 March 2001, and registered as a charity on 17 April 2001. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. The charity has four trustees. The Trustees are elected annually by the members of the company at the Annual General Meeting. The current trustees recognise and value the opportunities of recruiting trustees that reflect the wider society and diversity of the children and young people whom the charity wishes to support.

Strongbones Children's Charitable Trust
Trustees' Report (continued)
For The Year Ended 28 February 2025

Trustee Selection Methods

Organisational structure

The charity is guided by four trustees who meet formally three times a year. These scheduled meetings are supported by frequent interactions among the trustees. This structure allows the team to regularly assess the charity's direction and policies in response to an ever-changing environment.

Fundraising responsibilities are primarily delegated to the CEO, who also manages day-to-day administration and personnel matters on behalf of the trustees. These duties are organized into manageable segments that both the trustees and the CEO can effectively oversee.

All charitable donations are managed directly by the trustees in collaboration with the CEO. Established policies provide guidance for urgent cases where retrospective approval may be necessary.

Induction and training of new trustees

Training and induction to the contribution of the charity continue to be at the forefront of any increase in the size of the trustee board. We are sufficiently small in size to incorporate training into manageable activities and to lead into the successful induction of new trustees.

All of the trustees give of their time freely and no trustee remuneration was paid during the year.

Related Parties

The charity continues to collaborate with supporters, including organisations and medical institutions aligned with its goals. Support from foundations and companies has further enabled the charity to assist individuals and families at risk of social exclusion.

Reference and Administrative Details

Trustees

Mr N P McNamara
Mr H McDowell
Mr R Stott (resigned 10/04/2024)
Mr A S Foster

Company Secretary

Mr H McDowell

Charity Number

1086173

Company Number

04188918

Principal Address

Unit B9 Romford Seedbed Centre
Romford
Essex
RM7 0AZ

Registered Office

Unit B9 Romford Seedbed Centre
Davidson Way
Romford
Essex
RM7 0AZ

Independent Examiner

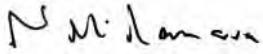
Julie Walker ACCA
Stephen Farra Associates Ltd ACCA
98 Hornchurch Road Hornchurch
Essex
RM11 1JS

Strongbones Children's Charitable Trust
Trustees' Report (continued)
For The Year Ended 28 February 2025

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr N P McNamara

Trustee

12/11/2025

Strongbones Children's Charitable Trust
Independent Examiner's Report to the Trustees of Strongbones Children's Charitable Trust
For The Year Ended 28 February 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 28 February 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Julie Walker ACCA
12/11/2025
98 Hornchurch Road
Hornchurch
Essex
RM11 1JS

Strongbones Children's Charitable Trust
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 28 February 2025

		2025	2024
		Unrestricted funds	Unrestricted funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	599,165	389,389
Investments	4	1,680	1,100
		<u>600,845</u>	<u>390,489</u>
EXPENDITURE ON:			
	6		
Fundraising		(46,220)	(48,053)
Charitable		(432,893)	(308,124)
Support		(54,635)	(49,937)
Finance		(4,474)	(4,327)
		<u>(538,222)</u>	<u>(410,441)</u>
NET INCOME/(EXPENDITURE)		62,623	(19,952)
		<u>62,623</u>	<u>(19,952)</u>
NET MOVEMENT IN FUNDS		62,623	(19,952)
RECONCILIATION OF FUNDS:			
Total funds brought forward		75,095	95,047
TOTAL FUNDS CARRIED FORWARD	16	<u>137,718</u>	<u>75,095</u>

The notes on pages 10 to 15 form part of these financial statements.

Strongbones Children's Charitable Trust
Balance Sheet
As At 28 February 2025

		2025	2024
		Unrestricted	Total
	Notes	funds	funds
		£	£
FIXED ASSETS			
Tangible Assets	11	82,795	-
		<u>82,795</u>	<u>-</u>
CURRENT ASSETS			
Debtors	12	976	1,516
Cash at bank and in hand		75,984	106,147
		<u>76,960</u>	<u>107,663</u>
Creditors: Amounts Falling Due Within One Year	13	(6,924)	(7,568)
		<u>70,036</u>	<u>100,095</u>
NET CURRENT ASSETS (LIABILITIES)			
		<u>152,831</u>	<u>100,095</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>137,718</u>	<u>75,095</u>
Creditors: Amounts Falling Due After More Than One Year	14	(15,113)	(25,000)
		<u>137,718</u>	<u>75,095</u>
NET ASSETS			
		<u>137,718</u>	<u>75,095</u>
FUNDS OF THE CHARITY			
Unrestricted Funds		137,718	75,095
TOTAL FUNDS	16	<u>137,718</u>	<u>75,095</u>

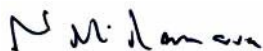
For the year ending 28 February 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Mr N P McNamara

Trustee

12/11/2025

The notes on pages 10 to 15 form part of these financial statements.

Strongbones Children's Charitable Trust
Statement of Cash Flows
For The Year Ended 28 February 2025

		2025	2024
	Notes	£	£
Cash flows from operating activities			
Net cash generated from/(used in) operations	1	70,039	(14,999)
Net cash generated from/(used in) operating activities		70,039	(14,999)
Cash flows from investing activities			
Purchase of tangible assets		(91,995)	-
Interest received		1,680	1,100
Net cash (used in)/generated from investing activities		(90,315)	1,100
Cash flows from financing activities			
Proceeds from new bank borrowings		-	25,000
Repayment of bank borrowings		(9,887)	-
Net cash (used in)/generated from financing activities		(9,887)	25,000
(Decrease)/increase in cash and cash equivalents		(30,163)	11,101
Cash and cash equivalents at beginning of year	2	106,147	-
Cash and cash equivalents at end of year	2	75,984	11,101

Strongbones Children's Charitable Trust
Notes to the Statement of Cash Flows
For The Year Ended 28 February 2025

1. Reconciliation of income/(expenditure) to cash generated from/(used in) operations

	2025	2024
	£	£
Net income/(expenditure)	62,623	(19,952)
<i>Adjustments for:</i>		
Interest income	(1,680)	(1,100)
Depreciation of tangible assets	9,200	1
<i>Movements in working capital:</i>		
Decrease/(increase) in trade and other debtors	540	(1,516)
(Decrease)/increase in trade and other creditors	(644)	7,568
Net cash generated from/(used in) operations	<u>70,039</u>	<u>(14,999)</u>

2. Cash and cash equivalents

Cash and cash equivalents, as stated in the Statement of Cash Flows, relates to the following items in the Balance Sheet:

	2025	2024
	£	£
Cash at bank and in hand	<u>75,984</u>	<u>106,147</u>

3. Analysis of changes in net funds

	As at 1 March 2024	Cash flows	As at 28 February 2025
	£	£	£
Cash at bank and in hand	106,147	(30,163)	75,984
Debts falling due after more than one year	(25,000)	9,887	(15,113)
	<u>81,147</u>	<u>(20,276)</u>	<u>60,871</u>

Strongbones Children's Charitable Trust

Notes to the Financial Statements

For The Year Ended 28 February 2025

1. General Information

Strongbones Children's Charitable Trust is a company limited by guarantee, incorporated in England & Wales, registered number 04188918 and registered charity number 1086173. The registered office is Unit B9 Romford Seedbed Centre, Davidson Way, Romford, Essex, RM7 0AZ.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.3. Incoming Resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

2.4. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	10% reducing balance
Fixtures & Fittings	15% reducing balance

2.5. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Donations and gifts	599,165	387,139
Gift aid	-	2,250
	<u>599,165</u>	<u>389,389</u>

4. Investment Income

Strongbones Children's Charitable Trust
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Interest on short-term deposits	1,680	1,100

5. Net Income/(Expenditure)

The net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets - owned	9,200	1

6. Analysis of Expenditure

	2025
	Support costs
	(see note 8)
	£
Fundraising	46,220
Charitable	432,893
Support	54,635
Finance	4,474
	538,222
	538,222
	2024
	Support costs
	(see note 8)
	£
Fundraising	48,053
Charitable	308,124
Support	49,937
Finance	4,327
	410,441
	410,441

7. Grants Payable

	2025	2024
	Support costs	Support costs
	£	£
Charitable	328,288	201,191

Strongbones Children's Charitable Trust
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

8. Support Costs

					2025
	Fundraising	Charitable	Support	Finance	Total
	£	£	£	£	£
Employee costs	42,092	88,643	28,435	-	159,170
Premises expenses	-	3,534	5,183	-	8,717
General administration	4,128	340,716	11,817	4,440	361,101
Depreciation	-	-	9,200	-	9,200
Governance costs	-	-	-	34	34
	<u>46,220</u>	<u>432,893</u>	<u>54,635</u>	<u>4,474</u>	<u>538,222</u>

					2024
	Fundraising	Charitable	Support	Finance	Total
	£	£	£	£	£
Employee costs	42,304	90,183	28,760	-	161,247
Premises expenses	-	3,996	5,659	-	9,655
General administration	5,749	213,945	15,517	4,314	239,525
Depreciation	-	-	1	-	1
Governance costs	-	-	-	13	13
	<u>48,053</u>	<u>308,124</u>	<u>49,937</u>	<u>4,327</u>	<u>410,441</u>

9. Staff Costs

	2025	2024
	£	£
Wages and salaries	70,527	71,064
Social security costs	88,643	90,183
	<u>159,170</u>	<u>161,247</u>

During the year, child and family ambassadors amounted to 10 volunteers.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the year was as follows:

	2025	2024
Fundraising	2	2
Charitable Activities	2	2
Administration	1	1
Charitable Intern	1	1
	<u>6</u>	<u>6</u>

Strongbones Children's Charitable Trust
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

11. Tangible Assets

	Plant & Machinery	Fixtures & Fittings	Total
	£	£	£
Cost			
As at 1 March 2024	-	8,494	8,494
Additions	91,995	-	91,995
As at 28 February 2025	91,995	8,494	100,489
Depreciation			
As at 1 March 2024	-	8,494	8,494
Provided during the period	9,200	-	9,200
As at 28 February 2025	9,200	8,494	17,694
Net Book Value			
As at 28 February 2025	82,795	-	82,795
As at 1 March 2024	-	-	-

12. Debtors

	2025	2024
	£	£
Due within one year		
Other debtors	976	1,516

13. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	-	1
Other creditors	498	498
Taxation and social security	1,986	2,749
Accruals and deferred income	4,440	4,320
	6,924	7,568

14. Creditors: Amounts Falling Due After More Than One Year

	2025	2024
	£	£
Bank loans	15,113	25,000

15. Loans

An analysis of the maturity of loans is given below:

	2025	2024
	£	£
Amounts falling due between one and five years:		
Bank loans	15,113	25,000

Strongbones Children's Charitable Trust
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

16. Movement in Funds

	As at 1 March 2024	Income	Expenditure	As at 28 February 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	75,095	600,845	(538,222)	137,718
Total funds	<u>75,095</u>	<u>600,845</u>	<u>(538,222)</u>	<u>137,718</u>

	As at 1 March 2023	Income	Expenditure	As at 29 February 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	95,047	390,489	(410,441)	75,095
Total funds	<u>95,047</u>	<u>390,489</u>	<u>(410,441)</u>	<u>75,095</u>

17. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

18. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

Strongbones Children's Charitable Trust
Detailed Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 28 February 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	507,170	387,139
Gifts in kind	91,995	-
Gift aid	-	2,250
	<hr/> 599,165	<hr/> 389,389
Investments		
Interest on short term deposits	1,680	1,100
	<hr/> 1,680	<hr/> 1,100
	<hr/> 600,845	<hr/> 390,489
EXPENDITURE ON:		
Fundraising		
Wages and salaries	(42,092)	(42,304)
Printing, postage and stationery	(2,098)	(3,041)
Advertising and marketing costs	(1,271)	(2,000)
Telecommunications and data costs	(759)	(708)
	<hr/> (46,220)	<hr/> (48,053)
Charitable		
Family/children support workers	(88,643)	(90,183)
Rent	(3,534)	(3,996)
Hire and leasing of plant, equipment and vehicles	(7,435)	(5,264)
Printing, postage and stationery	(3,110)	(4,637)
Advertising and marketing costs	(1,703)	(2,684)
Telecommunications and data costs	(179)	(167)
Charitable donations/grants	(328,289)	(201,193)
	<hr/> (432,893)	<hr/> (308,124)
Support		
Wages and salaries	(28,435)	(28,760)
Rent	(3,534)	(3,997)
Premises insurance	(1,649)	(1,662)
Vehicle running costs	(2,100)	(3,875)
Computer software, consumables and maintenance	(4,806)	(4,449)
Printing, postage and stationery	(1,716)	(2,960)
Advertising and marketing costs	(206)	(1,505)
Telecommunications and data costs	(179)	(167)
Subscriptions	(563)	(414)
Bank charges	(1,714)	(1,939)
Sundry expenses	(533)	(208)
Depreciation of plant and machinery	(9,200)	-
Depreciation of fixtures and fittings	-	(1)
	<hr/> (54,635)	<hr/> (49,937)

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Strongbones Children's Charitable Trust
Detailed Statement of Financial Activities (including Income and Expenditure Account)
(continued)
For The Year Ended 28 February 2025

Finance

Accountancy fees	(4,440)	(4,314)
Accountancy fees	(34)	(13)
	<u>(4,474)</u>	<u>(4,327)</u>
	<u>(538,222)</u>	<u>(410,441)</u>
NET INCOME/(EXPENDITURE)	<u>62,623</u>	<u>(19,952)</u>