

CHARITY REGISTRATION NUMBER: 1086173

STRONGBONES



REGISTERED COMPANY NUMBER: 04188918 (England and Wales)
REGISTERED CHARITY NUMBER: 1086173



REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
28 FEBRUARY 2023 FOR
STRONGBONES CHILDREN'S CHARITABLE TRUST
(A COMPANY LIMITED BY GUARANTEE)

Stephen Farra Associates Limited
98 Hornchurch Road
Hornchurch
Essex
RM11 1JS

STRONGBONES CHILDREN'S CHARITABLE TRUST

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STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES

for the Year Ended 28 February 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year end. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

We are pleased to present our report for the year ended 28 February 2023 and to take this opportunity to thank all those who contributed towards making the year successful in providing support for many children, young people, their families and carers over the last year.

Our aim is to encourage children and young people with lifelong medical conditions to grow by supporting them, their families and carers. Allowing each youngster to gain experiences as individuals enriching their lives through inspiration, stimulation, participation, excitement and education.

We believe that by working with and supporting families we can increase aspirations and widen understanding to allow young people to live more fulfilled lives.

Legal and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association, and the Statement of Recommended Practice: Accounting and reporting by Charities (issued in March 2005).

We have referred to the guidance contained in the Charity commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES

for the Year Ended 28 February 2023

OBJECTIVES AND ACTIVITIES

Objectives and activities for the Public benefit

The objectives of the charity are to provide emotional/practical support, equipment and financial assistance for the benefit of children/young people under the age of twenty one suffering from brittle bone disease, scoliosis, spina bifida and all other skeletal conditions coupled with complex needs. We also provide services, such as advice and advocacy for parents and carers of such children. We always continue to encounter many more children and young people in need of support whose medical conditions keeps them hidden from society, each unique, as are the affects upon his or her life.

The main activities of the charity during the year have been to continue to support individual children and young people who suffer with the debilitating effects of their health problems by providing disability/educational equipment, sensory equipment, group residential respite breaks along with emotional and practical support. Our overall intention is to bring relief wherever possible, increasing understanding of the impact that these conditions can create and by improving the level of knowledge for carers of medical developments and equipment that may benefit their children, allowing them to live a fuller and more independent life.

Our families continue to struggle with the crisis of rising living costs, following on from an extremely difficult few years due to the pandemic coupled with the fact the charity is seeing increases in the cost of equipment of approx. 20%. This is largely due to inflation rises and rising costs due to Brexit where most equipment is built in the EU. All these events have had a huge impact on our children's healthcare, delayed surgeries, restricted services and therapies, cutbacks on equipment, energy costs, fuel costs, increases in basic food and other provisions along with rising interest rates on debt. The vast majority of our children are on the NHS clinically vulnerable patient list, due to their respiratory diseases/low immune systems, which continues to cause severe stress and anxiety for many of our families in having to experience this challenging level of social separation to protect their highly vulnerable children again this year. Our families are at breaking point, and we have seen a fivefold increase in applications and enquiries for assistance.

We continue working with services and health authorities towards improving the quality of life of individuals, providing the best matches of facilities and equipment that are available. Our ever widening Support Network is complimented through the provision of our online support group via Facebook and Messenger apps; access is available for families and carers to exchange information, learn from their experiences and widen the knowledge base, allowing people to develop useful ways in which they can benefit from a wider range of information, thus preventing people from feeling isolated. For many parents our support network provides an essential lifeline in facing the difficulties arising from their children's conditions. The support network is managed every day during working hours and out of hours 7 days per week for families needing personal emotional support via our family support workers.

FINANCIAL REVIEW

Principal funding sources

We have relied upon pledged donations and events to fund activities and provide support for families. The trustees would wish to record their gratitude to our supporters who have helped us to raise £466,090 from a wide range of activities. These have included sponsored and organised events, and donations from corporate and trusts/foundations. The charity saw an increase in its income of £176,574 partly due to a recovery in donations levels following covid and the procurement of new funding.

Investment policy and objectives

The charity's Memorandum of Association does not confer any specific right or restrictions on us as trustees in respect of investing its funds. The funds received by the charity during the period under review were not sufficient to justify separate investment, other than to be placed on deposit with the charity's bankers.



STRONGBONES



The Highlights of this financial year have been

- Over 1000 children have benefited from a grant/activity this year
- Supply of equipment including Acheeva seating solutions, portable hoists, and Specialist shower trolleys
- Cost of living emergency grants
- Supply of home educational & Sensory packs
- Supply of sensory garden packs
- Supply of bespoke sensory tables
- Group visits to Aerobility

EQUIPMENT

Thanks to your donations we were able to purchase seven Acheeva seating solutions allowing children to sit and lay with the correct posture.



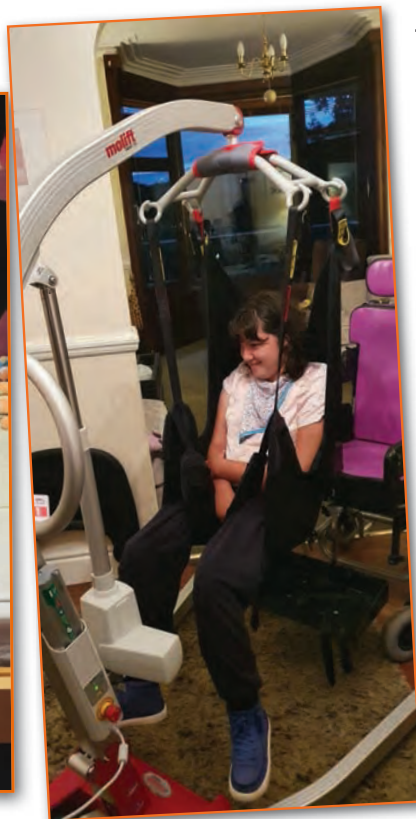
The Acheeva is a multi positioning solution for prone/supine and side laying. The Acheeva also allows children to take part in active lessons alongside their peers.



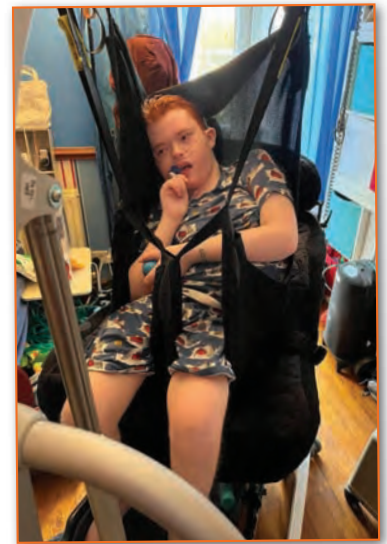
The Acheeva can also turn into a bed, removing the need to constantly transfer a child from one piece of equipment to another.



EQUIPMENT



We are pleased to have purchased multiple hoists to enable children to be transferred safely and with the correct posture.



We purchased numerous specialist shower trolleys.

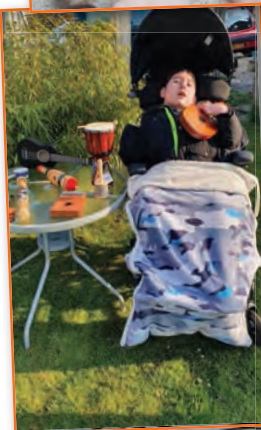
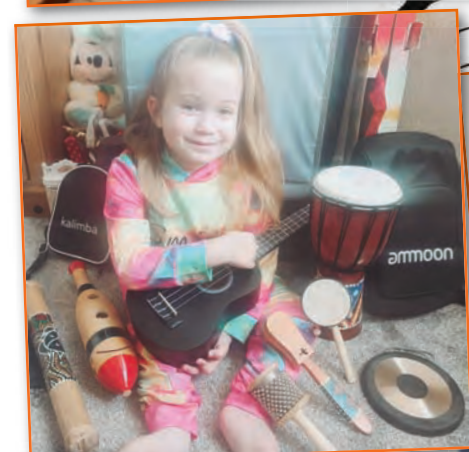


They are an essential piece of equipment for wet rooms for people that require assistance with personal care.

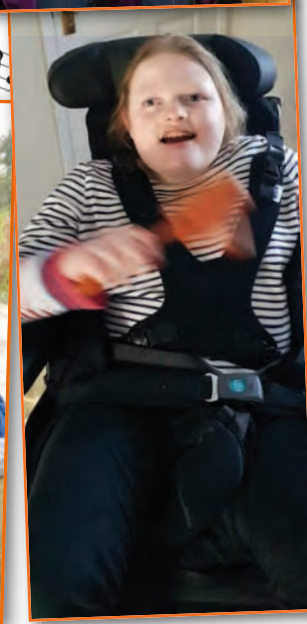


Music Packs

We supplied one hundred music educational packs with the theme of 'musical instruments from around the world'.

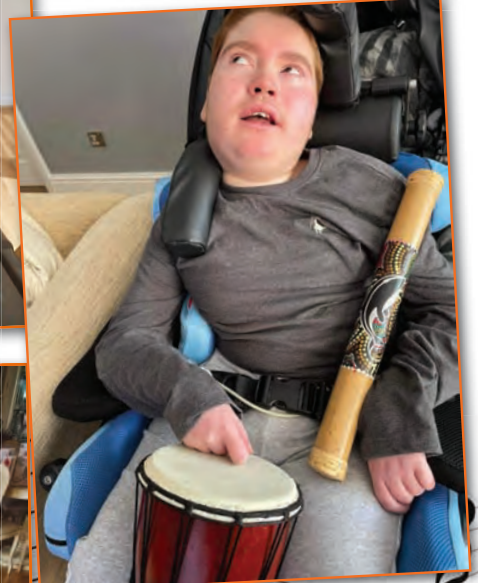


Each kit included a Chinese Gong, Chilean Rain stick, Ghanaian Woven Rattle, Mexican Guiro, Japanese Den Den, African Djembe Drum and much more.





Music therapy is a fantastic way to provide mental stimulation for our children.



Gardening



We provided multiple accessible planting and potting garden packs with each pack including a planting table that has been made for wheelchair users using robust recycled materials. We have loved seeing our keen gardeners at work!!



With this pack, our young people engaged in gardening activities, learned about horticulture, sowing seeds, growing vegetables and herbs and taking care of the birds whilst working alongside their siblings to encourage family participation.



Jubilee Pack

To celebrate The Queen's Platinum Jubilee, we sent out Garden Festival Packs to our families throughout the UK.



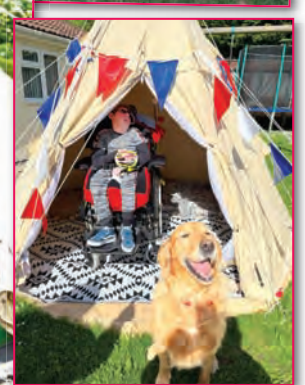
Each pack contained a teepee with bunting, cotton ball lights, sensory



disco light, outdoor 360 speaker, Biolite fire pit with poker, marshmallows and extendable forks, balloons, glitter face paints, glow sticks and an outdoor garden mat.

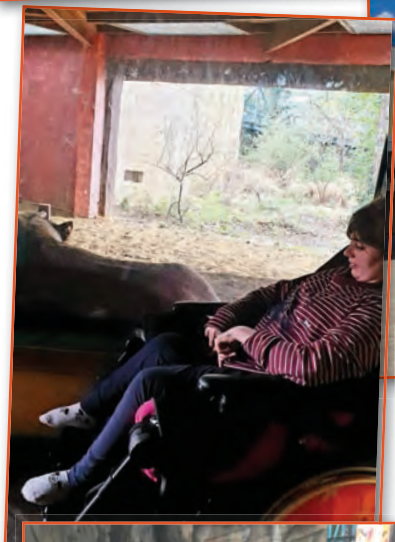


This kit was everything a family needed to have a memorable day together.



Social Activities

We are pleased to have arranged various social outings during the year, including day trips to Cadburys World and The Harry Potter Studio Tour.



We are also pleased to have formed a partnership with ZSL London Zoo where our children were able to attend an overnight stay in an accessible lodge.





Aerobility

We piloted our first group of VIPs to trial an exciting flying experience with Aerobility.



Our children were able to take to the sky and co-pilot the plane thanks to its adapted controls.



Flying is one of the greatest expressions of freedom and we are so pleased to be working with Aerobility to make this happen.



Respite Home

Our new respite home on the edge of the New Forest includes full wheelchair access, with widened doorways, double patio doors, a veranda with a returning ramp and a accessible wet room.



We intend to have track hosting fitted in the home along with a profiling bed and specialist shower chair. The home is at Milford on Sea on the edge of the New Forest after having extensively researched various other locations.

This is because Milford on Sea contains an accessible beach, where beach wheelchairs can be hired from the local council at Sandbanks. There are also many fully accessible attractions including Poulton's Park, which has three wheelchair accessible rides; Longtown Farm, which has a fully accessible changing place.



The Lodge Park has also agreed to install a swimming pool hoist and following our consultations have now installed a disabled changing places near the swimming pool and show bar. With staycations being the only form of holiday our very vulnerable children can take, due to being unable to fly, the long-term impact of COVID-19 and the lack of fully accessible accommodation, we are extremely happy to have achieved this goal.

"Respite is not only essential to the disabled children, but for their siblings and their carers mental health and wellbeing"



Cost of Living Crises

We have had to provide additional emotional support in response to being inundated with messages from our families suffering with extreme stress and anxiety from the rising cost of energy and increased cost of living. Many of our families were already struggling to cope with the increased cost of petrol, seeing as it is very expensive to fill an entire tank of a disability motor vehicle due to its sheer size. Similarly, countless families require the use of large amounts of energy to be able to heat their homes for children with temperature control conditions, to continuously power vents and breathing apparatus for their children with respiratory conditions, along with charging wheelchairs, hoists, lifts and other equipment. In April our families received a new predicted energy

bill of between £300 and £400 per month for the summer. As you can imagine, this cost is simply not feasible for a family with a child that requires 2-1 care and as a result survive purely on income support and carers allowance to care for their child full time.

We identified seventy-five families that we consider to be some of the most clinically vulnerable children in the UK, who are subsequently being pushed well below the poverty line due to these increased costs.

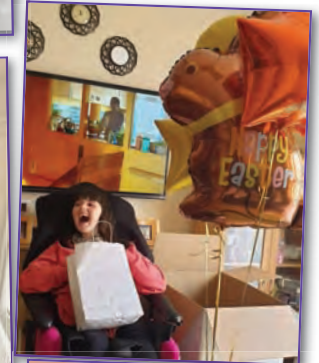
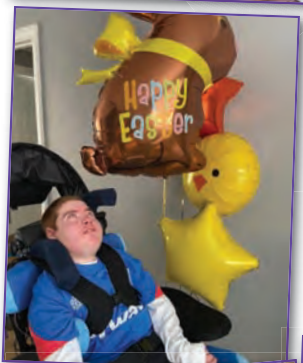
We have provided £45,000 towards the fuel costs of these families to ease some of their financial burden and daily stresses.





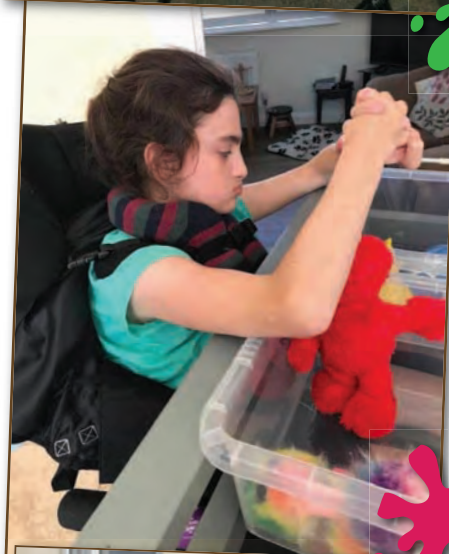
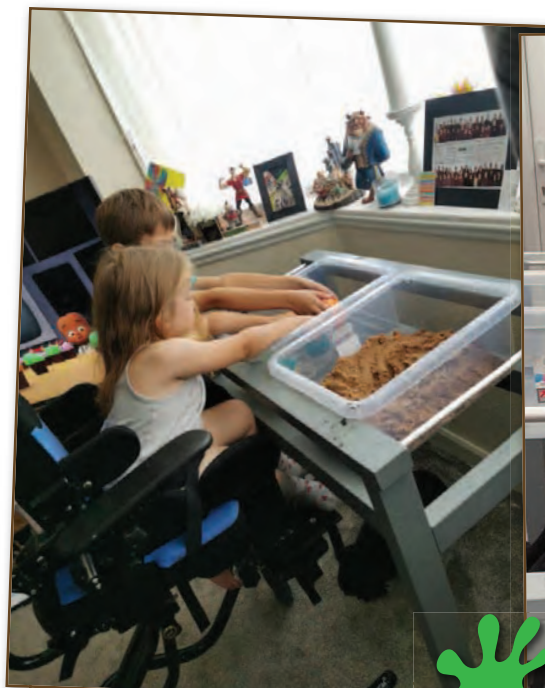
Easter Joy!

There is no better way to start the day than with a giant box of colourful helium balloons arriving to your doorstep.



Bespoke Tables

We were able to provide many of our children with bespoke sensory tables. Each table was made to measure, for the perfect fit for our VIP's wheelchairs.



Each VIP also received a 'Myles messy time' sensory pack that consisted of goo, slime, sand, sand toys, aqua beads and more.



STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES for the Year Ended 28 February 2023

FINANCIAL REVIEW

Reserves policy

The charity aims to hold a reserve of at least £50,000. Current reserves are £95,465 (2022 £76,304) The surplus of reserves over £50,000 are earmarked to be used to purchase equipment and adapt a respite home.

STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES

for the Year Ended 28 February 2023

FUTURE PLANS

As the trustees of the charity, we continue to widen our knowledge of achievements and medical advances into the management and control of the conditions of these children and young people. It is however the case that at present for most their condition remains incurable, and we will therefore continue to strive to support these children

As the trustees of the charity, we continue to widen our knowledge of achievements and medical advances into the management and control of the conditions of these children and young people.

The charity plans to further adapt its respite home to include a bespoke profiling bed, track hoisting, a beach wheelchair and other equipment that we will be funding from our free reserves during the first quarter of the financial year. The respite home will be opening in July offering families a free one-week respite break. It is our intention to purchase a second respite home on the same site in the future to allow families to meet up and forge lifelong relationships and support networks.

We will continue to support children and young people we encounter with a view to enriching their lives and to provide support as set out in the objects of the charity that allows them to be fully integrated into society. We plan to continue bridging the gap in local services and providing life changing equipment to enable disabled children to lead more independent lives. The charity expects a further rise in applications as the cost-of-living crisis continues to deplete our family's finances.

We will plan to organise more group residential breaks following on from our highly successful trips to the Lake District for wheelchair inclusive activities.

We have a dedicated panel forming the organisational structure of the charity, helping us to coordinate new and current projects and trial equipment. Our panel have considerable practical experience and have developed valid skill sets and a wide knowledge base, including a qualified occupational therapist, palliative care, and transition to adult services, which they have gained from their lived experience of parenting children with complex needs. In addition, we benefit from the input of an award-winning project development officer Myles, aged twenty-three, who is a full-time wheelchair user with cerebral palsy and scoliosis, bringing further lived experience to our planning. Together, we all form a visionary team led by the very people we seek to benefit, and we look forward to holistically helping as many families as we can during an extremely tough year ahead. We will continue to encourage children and young people with lifelong medical conditions by supporting them, their families, and carers by allowing each young person the opportunity to gain experiences as individuals and enriching their lives through inclusion, stimulation, inspiration, and education. We believe that by working with and supporting families we can increase aspirations and widen understanding to allow young people with disabilities to build confidence.

We will aim to lift more children out of social isolation this year and give them the ability to participate in everyday life, while supporting families in coming to terms with their child having a long-term, incurable disability that ultimately has a life changing effect on the entire family. We are building upon the success of last year's projects and plan for further innovative and inclusive projects during 2023 to enable us to continue to push boundaries and break down barriers.

We will build upon the established contacts and expertise that already exist within the sphere of support from our charity for children with complex needs with particular reference to health condition management, providing advocacy with debt management, transition to adult disabled services and access to the relevant disabled benefits.

This invaluable work is subject to our continuing to raise funds that allow us to support children and young people to live fuller and more independent and inclusive lives. The charity does not intend to extend its activities beyond those that are covered by our aims and objectives; we do not intend to focus on medical research.

STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES

for the Year Ended 28 February 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 28 March 2001, and registered as a charity on 17 April 2001. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. The charity has four trustees. The Trustees are elected annually by the members of the company at the Annual General Meeting. The current trustees recognise and value the opportunities of recruiting trustees that reflect the wider society and diversity of the children and young people whom the charity wishes to support.

Organisational structure

The charity has four trustees and meetings are three times a year. These formal meetings are complimented by regular interaction by trustees. These meetings allow the direction and policy to be reviewed against the demands of a constantly changing environment.

Principal delegation of fundraising was maintained under the day-to-day control of the CEO, who also oversees general administration and personnel issues, dealt with on behalf of the trustees. These responsibilities are in manageable sections which the trustees, together with the CEO, can maintain.

The management of all charitable donations is undertaken directly by the Trustees, together with the CEO. Policies remain in place for those cases of urgency where retrospective authority may be appropriate.

Induction and training of new trustees

Training and induction to the contribution of the charity continue to be at the forefront of any increase in the size of the trustee board. We are sufficiently small in size to incorporate training into manageable activities and to lead into the successful induction of new trustees.

All of the trustees give of their time freely and no trustee remuneration was paid during the year.

Related parties

The charity has maintained its association with those who continue to compliment and support our aims and objectives. These include organisations and those medical institutions whose work is directly linked to the charity's aims and objectives. In addition, the charity has been fortunate to benefit from support from a number of companies that have allowed us to assist individuals and families that might otherwise be excluded from society.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04188918 (England and Wales)

Registered Charity number

1086173

Registered office

Unit B9 Romford Seedbed Centre
Davidson Way
Romford
Essex
RM7 0AZ

STRONGBONES CHILDREN'S CHARITABLE TRUST

REPORT OF THE TRUSTEES for the Year Ended 28 February 2023

Trustees

H McDowell
N McNamara
R Stott
A S Foster

Company Secretary

H McDowell

Independent Examiner

Stephen Farra Associates Limited
98 Hornchurch Road
Hornchurch
Essex
RM11 1JS

Approved by order of the board of trustees on 26th June 2023 and signed on its behalf
by:



N McNamara - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STRONGBONES CHILDREN'S CHARITABLE TRUST

Independent examiner's report to the trustees of Strongbones Children's Charitable Trust ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 28 February 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Bint FCCA

Stephen Farra Associates Limited
98 Hornchurch Road
Hornchurch
Essex
RM11 1JS

22 June 2023

STRONGBONES CHILDREN'S CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 28 February 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		466,090	-	466,090	289,516
Investment income	2	166	-	166	61
Total		466,256	-	466,256	289,577
EXPENDITURE ON					
Fundraising		49,105	-	49,105	44,535
Charitable activities					
Charitable costs		349,436	-	349,436	196,568
Support Costs		48,972	-	48,972	39,447
Total		447,513	-	447,513	280,550
NET INCOME		18,743	-	18,743	9,027
RECONCILIATION OF FUNDS					
Total funds brought forward		76,304	-	76,304	67,277
TOTAL FUNDS CARRIED FORWARD		95,047	-	95,047	76,304

The notes form part of these financial statements

STRONGBONES CHILDREN'S CHARITABLE TRUST

BALANCE SHEET

28 February 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	6	1	-	1	1
CURRENT ASSETS					
Debtors	7	1,870	-	1,870	1,530
Cash at bank		134,408	-	134,408	124,938
		<u>136,278</u>	<u>-</u>	<u>136,278</u>	<u>126,468</u>
CREDITORS					
Amounts falling due within one year	8	(16,232)	-	(16,232)	(50,165)
		<u>120,046</u>	<u>-</u>	<u>120,046</u>	<u>76,303</u>
NET CURRENT ASSETS					
		<u>120,047</u>	<u>-</u>	<u>120,047</u>	<u>76,304</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>120,047</u>	<u>-</u>	<u>120,047</u>	<u>76,304</u>
CREDITORS					
Amounts falling due after more than one year	9	(25,000)	-	(25,000)	-
		<u>95,047</u>	<u>-</u>	<u>95,047</u>	<u>76,304</u>
NET ASSETS					
		<u>95,047</u>	<u>-</u>	<u>95,047</u>	<u>76,304</u>
FUNDS	11				
Unrestricted funds				95,047	76,304
TOTAL FUNDS				<u>95,047</u>	<u>76,304</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

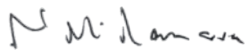
STRONGBONES CHILDREN'S CHARITABLE TRUST

BALANCE SHEET - continued

28 February 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26th June 2023 and were signed on its behalf by:



N McNamara - Trustee

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

for the Year Ended 28 February 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 15% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 28 February 2023

2. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	<u>166</u>	<u>61</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>-</u>	<u>36</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 28 February 2023 nor for the year ended 28 February 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 28 February 2023 nor for the year ended 28 February 2022.

5. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	<u>165,815</u>	<u>137,218</u>
	<u>165,815</u>	<u>137,218</u>

During the year, child and family ambassadors amounted to 10 volunteers.

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable	2	2
Administration	1	1
Fundraising	2	2
Charitable Intern	1	1
	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 28 February 2023

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 March 2022 and 28 February 2023	8,494
DEPRECIATION	
At 1 March 2022 and 28 February 2023	8,493
NET BOOK VALUE	
At 28 February 2023	1
At 28 February 2022	1

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	1,870	1,530

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 10)	10,000	44,400
Social security and other taxes	2,092	1,964
Accrued expenses	4,140	3,801
	16,232	50,165

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 28 February 2023

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Bank loans (see note 10)	<u>25,000</u>	<u>-</u>

10. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>10,000</u>	<u>44,400</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>10,000</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>15,000</u>	<u>-</u>

11. MOVEMENT IN FUNDS

	At 1.3.22	Net movement in funds	At 28.2.23
	£	£	£
Unrestricted funds			
General fund	<u>76,304</u>	<u>18,743</u>	<u>95,047</u>
TOTAL FUNDS	<u>76,304</u>	<u>18,743</u>	<u>95,047</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	<u>466,256</u>	<u>(447,513)</u>	<u>18,743</u>
TOTAL FUNDS	<u>466,256</u>	<u>(447,513)</u>	<u>18,743</u>

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 28 February 2023

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.3.21 £	Net movement in funds £	At 28.2.22 £
Unrestricted funds			
General fund	67,277	9,027	76,304
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>67,277</u>	<u>9,027</u>	<u>76,304</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	289,577	(280,550)	9,027
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>289,577</u>	<u>(280,550)</u>	<u>9,027</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.3.21 £	Net movement in funds £	At 28.2.23 £
Unrestricted funds			
General fund	67,277	27,770	95,047
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>67,277</u>	<u>27,770</u>	<u>95,047</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	755,833	(728,063)	27,770
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>755,833</u>	<u>(728,063)</u>	<u>27,770</u>

STRONGBONES CHILDREN'S CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 28 February 2023

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 28 February 2023.

STRONGBONES CHILDREN'S CHARITABLE TRUST**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 28 February 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	463,772	286,582
Gift aid	2,318	2,934
	<hr/>	<hr/>
	466,090	289,516
 Investment income		
Deposit account interest	166	61
	<hr/>	<hr/>
Total incoming resources	466,256	289,577
 EXPENDITURE		
Fundraising		
Fundraising staff costs	44,707	39,133
Advertising	1,916	1,591
Light and heat	-	255
Telephone	464	1,486
Postage and stationery	2,018	2,070
	<hr/>	<hr/>
	49,105	44,535
 Charitable activities		
Family/Children Support Workers	91,377	75,191
Grants to individuals	248,802	112,959
Rent	3,748	2,810
Telephone	109	350
Postage and stationery	2,829	3,124
Advertising	2,571	2,134
	<hr/>	<hr/>
	349,436	196,568
 Support Costs		
Admin Staff Costs	29,731	22,894
Advertising	187	155
Telephone	109	350
Post & Stationary	1,717	2,017
Motor expenses	510	188
Insurance	1,195	1,050
Computer costs	3,443	3,306
Carried forward	36,892	29,960

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STRONGBONES CHILDREN'S CHARITABLE TRUST**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 28 February 2023**

	2023 £	2022 £
Support Costs		
Brought forward	36,892	29,960
Sundries	1,291	468
Subscriptions	35	87
Rent	3,466	3,437
Bank Charges	1,525	1,286
Accountancy Fee	4,140	4,160
Companies House Fee	13	13
Fixtures and fittings	-	36
Bank loan interest	1,610	-
	48,972	39,447
Total resources expended	447,513	280,550
Net income	18,743	9,027

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