

COMPANY REGISTRATION NUMBER: 03919511
CHARITY REGISTRATION NUMBER: 1085824

**West Hampstead Women's Centre
Company Limited by Guarantee
Audited Financial Statements
31 March 2025**

**Jackson & Jackson
A trading name of Jackson Nicholas Assie Ltd
Chartered Certified Accountants & Statutory Auditors
Suite 7, Meridian House
62 Station Road, Chingford
London E4 7BA**

West Hampstead Women's Centre
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2025

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West Hampstead Women's Centre

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Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name West Hampstead Women's Centre

Charity registration number 1085824

Company registration number 03919511

Principal office and registered office 26-30 Cotleigh Road
London
NW6 2NP

The trustees

Jennifer Brown (Chair)
Shaheda Multani
Claudia Blackett
Laura Holden (Retired 15 July 2024)
Claire Lintingre
Victoria Lea
Emily Harrold (Appointed 15 July 2024 & Resigned 21 October 2025)
Jessica Richards (Appointed 15 July 2024)

Company secretary Claudia Blackett

Centre Manager Snezana Bulatovic

Auditor Jackson Nicholas Assie Limited
Chartered Certified Accountants & statutory auditor
Suite 7, Meridian House
62 Station Road
Chingford
London
E4 7BA

Bankers Lloyds Bank
106 Kilburn High Road
London
NW6 4HY

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Year ended 31 March 2025

Structure, Governance and Management

The company operates under a Memorandum of Association, which defines its objects and powers and is governed by its Articles of Association.

The Charitable Company is managed by Trustees elected at the Annual General Meeting and the members who have served during the year are shown on page 1 of these statements. Each Trustee is both a director of the company and a Trustee of the Charity and undertakes an amount not exceeding one pound in event of the winding up of the company. The purpose of the Trustees is to support the Women's Centre, help its growth and pursue its mission. The Trustees hold overall responsibility for the direction, policies, employment and finances of the Centre and are responsible for the decision-making process of the Centre.

Governing Document

West Hampstead Women's Centre is a charitable company limited by guarantee, incorporated on 4 February 2000 and registered as a charity on 27 March 2001. The charity is governed by its Articles of Association which set out its charitable objects and powers. These Articles, together with the original Memorandum of Association, establish the framework within which the organisation operates and define the responsibilities and powers of the Trustees. The governing document outlines the Centre's purposes, management arrangements and procedures to ensure effective governance and compliance with charity law.

Objectives and Principal Activities

The objects for which the Company is established are:

- To promote any charitable purpose for the benefit of women in and around the area known as Camden (the "beneficiaries") by the advancement of education, the protection of health and the relief of sickness and distress, including the promotion of recreation and leisure activities, in the interests of social welfare and in order to improve their quality of life
- To relieve poverty amongst women in the London Borough of Camden by the provision of advice and information about health, welfare, housing and social benefits.

West Hampstead Women's Centre, informally established in 1984, supports isolated and disadvantaged women in Kilburn, West Hampstead and neighbouring areas by providing inclusive services that promote wellbeing, social inclusion and personal development. As the only women's centre of its kind locally, WHWC addresses inequality, reduces social isolation and empowers women to lead more confident, engaged and fulfilling lives. The Centre offers a safe and welcoming environment where women can access advice and advocacy, develop skills, build confidence, improve their health and participate in community life. Through a wide range of practical and emotional support, WHWC promotes resilience, healthy living, communication, mutual support and understanding across diverse communities and generations.

Organisation

The charity is organised so that Trustees meet regularly to provide strategic direction and

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development and oversee its affairs. Emails with key updates are regularly sent between meetings.

The centre manager is responsible for ensuring Trustees are fully informed of key changes in legislation and good practice which includes advice and implementation of policy, strategic direction and financial sustainability, adherence to all legal and financial requirements and business and partnership development and for the daily running and administration of the charity and its activities. The centre worker is responsible for income generation, project development, fundraising and reporting, supporting the Centre's sustainability and innovation while ensuring the maintenance of quality, outcomes and outputs. The volunteer development worker is responsible for the recruitment, training and development of volunteers and their engagement in day-to-day services, ensuring support for the Centre's quality, outcomes and objectives. The advice and advocacy worker provide guidance, advocacy and emotional support to service users on benefits, housing, domestic abuse, cost-of-living issues, grants applications, utility bills, family matters, education and employment, helping them understand their rights, access appropriate services and achieve positive outcomes while ensuring the Centre's quality standards are maintained. The cleaner is responsible for maintaining a clean, safe and welcoming environment across the Centre, supporting the wellbeing of staff, volunteers and service users.

A team of sessional workers deliver nine services at WHWC, including the Irish Women's Group, crafts and sewing classes, creative writing and crochet classes, podiatry sessions, keep-fit sessions, holistic body therapies and podcasting. These workers are engaged either directly by WHWC or through partnerships with local organisations such as Camden Adult Community Learning and NHS Camden and Islington.

A team of 14 volunteers supports the delivery of eight weekly activities as part of WHWC's programme, including the Asian Women's Group, yoga, Pilates, osteopathy, reflexology, dancercise, Alexander Technique, and herbal wellness sessions. In addition, five volunteers provide essential front-of-house support, managing reception duties, appointment bookings, and telephone enquiries, ensuring the smooth running of the Centre and maintaining a welcoming environment for all visitors.

Beneficiaries

WHWC is based in the Kilburn ward of Camden, one of the 20% most deprived areas in England

While Camden ranks 85th most deprived out of 151 local authorities, areas such as Kilburn face particularly high levels of poverty and disadvantage, with 32% of households affected by health and disability issues. Around 39% of households are single-person, and 11% are headed by a single parent, the majority women. One in five children live in poverty, rising to two in five when housing costs are included, and full-time childcare costs for young children average £15,000 per year. Social housing demand remains high, with over 8,000 households on the waiting list. The Centre is open to all Camden residents and provides targeted support to those most affected.

Women in Camden are disproportionately impacted by deprivation. They comprise 52.7% of the population, are more likely than men to report a disability, and represent nearly 60% of informal carers and 90% of single-parent household heads. Women also face economic

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inequalities, earning a median of 98p for every £1 earned by men, and experience health disparities, with a 9.6-year life expectancy gap between the most and least deprived areas.

WHWC supports women on low incomes who are socially isolated, vulnerable or affected by poor physical and mental health. Eighty percent of service users are from minoritised ethnic backgrounds and more than half are aged 50 or over. Around 30% live with chronic illness, trauma or depression and many are single parents or unpaid carers.

WHWC provides vital advice, advocacy and emotional support to women experiencing poverty, debt, insecure housing and domestic abuse, helping them navigate complex systems, access their rights, improve wellbeing in a safe, women-only environment, and overcome systemic barriers to thrive.

Risk Management

The Trustees recognise that effective risk management is essential to the charity's ongoing success. The charity has a system for identifying, assessing and addressing risks that could affect its operations, finances, reputation or ability to achieve its objectives. During the year, the Trustees monitored and managed key risks, including potential funding shortfalls, which are addressed through a clear fundraising plan and oversight by a staff and trustee fundraising group; safeguarding incidents, mitigated through regular training and up-to-date policies for staff, volunteers and trustees; and the loss of key staff, managed through regular pay and benefits reviews, succession planning and ongoing support. The Trustees regularly review the risk register to ensure that emerging risks are identified and appropriate actions are taken.

Public Benefit

West Hampstead Women's Centre provides a range of services and activities that deliver clear public benefit by empowering women emotionally, socially and economically, and supporting them to achieve their full potential.

Our services are open to all women who need support with their health, personal development, safety, skills-based learning, holistic wellbeing, or during times of crisis or isolation. Through our programmes, we promote inclusion, reduce inequality, and foster social cohesion and community integration.

During the year, we offered advice and advocacy, healthy living and wellbeing sessions, social support groups, educational classes, personal development opportunities, and volunteering placements. These activities contribute directly to improving the confidence, resilience, and overall wellbeing of women within our local community and beyond.

West Hampstead Women's Centre provides a range of services and activities that support women to strengthen their emotional, social and economic wellbeing and to reach their full potential. Our services are open to all women who need support with their health, personal development, safety, skills-based learning, holistic wellbeing or during times of crisis or isolation. Through our programmes, we promote inclusion, reduce inequality and strengthen community connections by encouraging social cohesion and integration.

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During the year, we offered advice and advocacy, healthy living and wellbeing activities, social support groups, educational classes, personal development opportunities and volunteering placements. These activities help to enhance the confidence, resilience and overall wellbeing of women within our local community and beyond.

Activities carried out to advance our charitable purposes for the public benefit

Building Women's Resilience

- Advice and advocacy: One-to-one support for women facing hardship, debt, housing issues, domestic abuse and poverty, including assistance with welfare benefits and access to emergency grants. Specialist advocacy is provided for women with language and cultural barriers.
- Social support groups: Weekly groups for Asian and Irish women offer a safe space for connection, discussion and peer support, with activities including health talks, digital inclusion sessions and cultural outings.

Well-being and Health Services

- Holistic therapies: Reflexology, massage and osteopathy for women with chronic conditions with limited NHS access.
- Exercise classes: Yoga, Pilates and Legs, Bums and Tums for older women to improve mobility, reduce stress and promote emotional well-being.
- Health education: Delivery of talks and workshops focused on emotional wellbeing, physical health and herbal wellness.
- Podiatry and Alexander Technique.

Personal Development

- Creative and skills-based activities: Classes in crafts, sewing, creative writing and podcasting help women build confidence, reduce isolation and express themselves through art and creativity.
- Workshops on self-care, emotional balance and mental health empower women to take charge of their own well-being and resilience.
- Volunteering opportunities: Roles across the Centre provide women with valuable opportunities to develop new skills, contribute to the community and build confidence, making a positive difference in the lives of more than 60 volunteers each year.

Achievements

2024 was another busy and rewarding year for the Centre. We marked a major milestone with the celebration of our 40th year of operation at the heart of the community. Our anniversary celebration in November 2024 was attended by 111 Centre members and partners, including Camden Mayor Samata Khatoon and Councillor Sharon Hardwick. The event was a joyful reminder of the strength and warmth that have sustained the Centre through four decades of change. It was a moment to honour our history, celebrate the achievements of the Centre and look ahead with renewed purpose and commitment to women's wellbeing and empowerment.

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To mark the Centre's 40th anniversary, the Trustees launched the 40 for 40 Appeal, an initiative to raise £40,000 towards the expansion of our advice and advocacy service, including the recruitment of an additional advice and advocacy worker to meet growing demand for support.

Throughout the year, the West Hampstead Women's Centre continued to make a significant difference in the lives of women across our community. Our programmes supported women to improve their wellbeing, safety and financial stability while reducing isolation and hardship. Through advice, advocacy, wellbeing activities, training and social support, we helped women overcome barriers, develop confidence and strengthen their resilience. The Centre remained a trusted and welcoming space where women from all backgrounds could find practical help, connection and hope during challenging times.

In September 2024, the Centre commenced negotiations with Camden Council regarding the transfer of its lease from a commercial to a Voluntary and Community Sector (VCS) lease. Throughout this process, the Centre received legal support from Covington & Burling LLP. On 7th March 2025, the Centre celebrated International Women's Day, with 57 women in attendance. The event provided an opportunity to recognise women's achievements, foster community connection and inspire continued engagement in the Centre's programmes and initiatives.

Participation and engagement

During the period April 2024 to March 2025, the Centre witnessed significant engagement, with 445 women accessing services.

Activities and programme attendance

The Centre was committed to offering a diverse range of inclusive activities that resonated with the community. A total of 22 engaging activities were organised, resulting in 4,778 recorded attendances across various programmes.

Advocacy and support services

The Centre provided essential support through 85 successful applications for cost-of-living and hardship grants, addressing the immediate needs of participants. The total income raised on behalf of all those in financially vulnerable circumstances amounted to £137,490.

Promoting wellness and supporting physical and mental health

The Centre provided 350 sessions and classes aimed at enhancing wellbeing, alongside 438 low-cost body therapy sessions for members, supporting both physical and mental health.

Targeted support for diverse groups

The Centre specifically tailored its services with 88 social group sessions aimed at Asian and Irish women, addressing the unique needs within diverse communities.

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Volunteer contributions

A total of 103 volunteers contributed over 2,183 hours, supporting weekly services, health talks, workshops, events, and corporate volunteering initiatives.

The year also saw several key developments and improvements across the Centre. In May 2024, a team of eight volunteers from ASOS redecorated the two main toilets and the adjoining hallway, brightening and modernising the space. This was followed by a major garden improvement project in July 2024, funded by Camden Council through the Community Infrastructure Levy (CIL). The project included installing a new fence, building raised beds and paving part of the garden to create an accessible and tranquil outdoor area for women. At the same time, new blinds were fitted in two large rooms and the therapy suite, enhancing both comfort and privacy. In September 2024, 20 volunteers from Tata Communications spent a day at the Centre painting, pruning, weeding and digging, further improving the garden and creating a more welcoming environment for our members.

Building Women's Resilience

The Building Women's Resilience programme engaged 211 women during the year, supporting them to strengthen their wellbeing, confidence and resilience.

Advice and Advocacy Service

164 women accessed the advice and advocacy service through 520 individual in person appointments and 49 support sessions over the phone. The service supported women in addressing urgent and complex challenges, including poverty, debt, substandard housing, utility bills, domestic abuse and the ongoing impact of the cost-of-living crisis. Through practical guidance and advocacy, women were able to regain stability, improve their circumstances and build confidence in managing daily life.

A key focus was improving financial wellbeing. The service supported women to manage their personal finances and maximise their income by securing welfare benefits, debt waivers and hardship grants. These efforts generated £137,490 in income for Centre members and secured 85 successful Cost of Living applications, directly easing financial pressures for women and their families.

The service also played a vital role in reaching women facing language and cultural barriers. Advocacy and translation support enabled participants to access essential rights, services and entitlements. Where further assistance was required, women were referred or signposted to specialist agencies, including domestic abuse services, legal advice organisations and foodbanks.

Women's Support Groups

A key component of Building Women's Resilience is the Asian and Irish Women's Groups, which provide welcoming and supportive spaces for women to socialise, share experiences, and discuss issues affecting their health, wellbeing and communities.

The Asian Women's Group particularly supports older women who may experience isolation due to cultural or language barriers. Many participants face loneliness after losing a partner,

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as children grow up and move away, or when family commitments limit social contact. Through regular meetings, discussions on health, emotional wellbeing, topical social issues and women's rights, and the sharing of advice and experiences, participants developed greater confidence, independence and self-esteem. Health talks, events and group activities further strengthened social bonds, fostered a strong sense of belonging, and helped reduce loneliness and social isolation.

The Irish Women's Group met weekly and offered a diverse programme of activities combining learning, culture and social engagement. Members attended guest talks, including a session on the play *A Legacy of Loss* about Muriel McSweeney and a Vodafone presentation on cyber security. They participated in a Healthy Ageing conference organised by Irish in Britain, and Versus Arthritis provided chair exercises to support joint health. Cultural enrichment included visits to the Museum of the Home and British Museum exhibitions such as *Silk Roads*, *Michelangelo* and *What Have We Here*. Social trips included outings to Leigh-on-Sea and St Albans, plus celebrations for St Patrick's Day in Kilburn and a Christmas meal in Cricklewood. Discussions covered personal and local issues, including health services, housing shortages and the Mother and Baby Home Compensation scheme, as well as international topics affecting Irish communities at home and abroad.

Together, the support groups engaged 47 women across 88 meetings, attracting 686 attendances. They continue to play a crucial role in reducing isolation, promoting wellbeing, fostering confidence, and creating a supportive and connected community, forming an essential part of the Building Women's Resilience programme.

Well-being and Health Services

West Hampstead Women's Centre promotes services to the women of Camden for the advancement of education, the protection of health and the relief of sickness and distress in order to improve their quality of life. Well-being activities engaged 203 women across eight activities and workshops. Our well-being programme offers a holistic range of activities designed to enhance physical, mental and emotional health, particularly for women facing barriers to accessing mainstream services. By providing safe, culturally sensitive and affordable well-being opportunities, the Centre helps women manage their health proactively, maintain well-being, and build supportive peer connections.

During the year, 203 women took part in a range of well-being activities, including eight weekly classes, alongside various workshops and health initiatives.

The monthly Asian Women's Health Talks, led by qualified health professionals, offered participants a safe and trusted space to discuss both physical and emotional health concerns. Topics included memory loss, vertigo, eye problems, blood pressure management, diet, arthritis and chronic pain. Women gained knowledge about prevention, treatment options and self-management techniques, helping them make informed decisions about their health and well-being. A total of 28 women engaged in these sessions.

Our weekly exercise sessions, including Legs, Bums and Tums for women over 60, yoga and Pilates, supported participants to improve mobility, flexibility, balance and strength. Many women reported feeling more relaxed, confident and energised, as well as experiencing reduced stress and improved mental well-being. In total, 75 women engaged in 178 exercise

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classes, with 1,168 participations recorded.

The herbal wellness workshops, held monthly, explored the medicinal and healing properties of herbs and their role in supporting physical and emotional health. Participants learned practical ways to integrate natural remedies into their daily lives and manage stress and well-being holistically. The workshops engaged 30 women across 12 sessions, with 146 participations recorded.

Our holistic body therapies, including reflexology, aromatherapy massage, osteopathy and the Alexander Technique, were delivered by qualified volunteer practitioners and one sessional worker. These therapies provided essential relief for women experiencing chronic pain, cancer treatment side effects, post-surgery recovery or long NHS waiting times for physiotherapy. The service supported 99 women and delivered 350 therapy sessions, improving comfort, mobility and emotional well-being.

A one-off macular degeneration workshop, delivered by The Macular Society, informed women about eye health, early signs of deterioration, and available treatment and support options. The session enabled participants to recognise changes in their vision and seek timely help. Eleven women engaged in this event.

Our five-part menopause workshop series, led by a GP and menopause specialist, aimed to improve understanding of menopause and promote healthy lifestyle adjustments. Topics covered hormone changes, diet, exercise, sleep, stress management and therapeutic options. The workshops helped women feel more informed, supported and in control of their health during menopause. Fourteen women engaged in the series, with 34 participations recorded.

The podiatry service, delivered in partnership with the NHS, provided monthly appointments at the Centre to treat a range of foot conditions and prevent complications. This accessible service particularly benefitted older women and those with limited mobility. Over the year, 35 women engaged in podiatry treatment across 88 appointments.

Personal Development

West Hampstead Women's Centre provides a safe, supportive space for women from all communities and backgrounds to come together to discover similarities, learn from differences and to help them fulfil their potential.

From building new skills and knowledge to developing health habits, personal development empowers us to lead a more fulfilling purposeful life.

Over the course of the year, the programme engaged 155 women across 363 activities, generating a total of 1,761 attendances. In addition, volunteers contributed 2,183 hours, reflecting sustained engagement and a significant impact on both participants and the wider Centre community.

Delivered in partnership with Camden Adult Community Learning, craft classes supported women of all ages and abilities, particularly those experiencing emotional or physical health challenges. Participants explored various craft techniques and produced items displayed at the Centre, fostering creativity, focus and self-confidence. During the year, the classes engaged 18 women across 46 sessions, with 215 participations.

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Also delivered in partnership with Camden Adult Community Learning, the creative writing group provided a welcoming space for women over 18 to explore prose and poetry, share their writing, and receive constructive feedback. The sessions developed self-expression, communication skills, and confidence. Over the year, the group engaged 16 women across 29 sessions, with 211 participations.

The crochet classes, delivered in partnership with Camden Adult Community Learning, introduced women to basic techniques, allowing participants to complete small projects while building practical skills and patience. During the year, it engaged five women across six sessions, with 24 participations.

Delivered in partnership with Camden Adult Community Learning, the podcasting classes enabled women to plan, record, and edit their own podcasts using freely available software. Participants developed digital literacy, creative expression, and confidence in presenting ideas. The programme engaged 12 women across 10 sessions, with 49 participations.

Delivered in partnership with Camden Adult Community Learning, sewing classes taught garment-making and sewing techniques, allowing participants to undertake personal projects while developing practical skills. Both beginners and more experienced students enhanced confidence and creativity. Over the year, the classes engaged 60 women across 66 sessions, with 492 participations.

Delivered in partnership with the Institute of Contemporary Music Performance, songwriting workshops guided women in song construction and performance, developing creativity, collaboration, and self-confidence. During the year, the workshops engaged six women across three sessions, with 10 participations.

Tech Buddy sessions helped women develop confidence using computers, tablets, and smartphones, manage email and social media accounts safely, and protect against online scams. The programme engaged nine women across 12 sessions, with 32 participations.

Volunteering at the Centre provided women with valuable opportunities to develop skills, confidence and community connections through a range of roles, including mentoring, exercise and body therapy sessions, event support, administration and corporate volunteering activities. In total, 103 volunteers contributed over 2,183 hours, demonstrating the community's strong commitment to the Centre's mission. Of these, 21 volunteers were involved in weekly service delivery, including three osteopaths, three reflexologists, one Alexander Technique teacher, two yoga teachers, two Pilates instructors, three herbalists, one chair-based exercise facilitator, one Asian Women's Group facilitator and five reception volunteers. A further 54 volunteers supported Centre services alongside HNS staff by delivering health talks, workshops, live music and assisting at events, while 28 corporate volunteers from Tata Communications and ASOS contributed to building and garden maintenance.

Fundraising and sustainability

West Hampstead Women's Centre continues to benefit from a diverse and stable funding portfolio, ensuring the sustainability of our core services and targeted programmes for women in Camden and the wider community.

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Current Funders:

- The London Borough of Camden
- Camden Giving
- The Hampstead Wells and Campden Trust
- The Fitzdale Trust
- London Embassy of Ireland – Government Support Emigrant Support Programme (ESP)
- The Marsh Charitable Trust

During the reporting year, the Centre successfully secured multi-year funding to support essential services, including advice and advocacy, community programmes and tailored support for Irish women:

- £52,000 per annum until March 2032 for core funding from LB Camden
- £10,000 per annum until March 2027 for providing advice and advocacy from LB Camden
- £10,000 until 30 June 2025 for providing services for Irish women from The Government of Ireland – Emigrant Support Programme
- £15,000 until 30th September 2025 for providing Advice and Advocacy from the Hampstead Wells and Campden Trust
- £4,000 until 30th November 2025 for core funding from the Fitzdale Trust.

Partnerships

West Hampstead Women's Centre continues to benefit from strong partnerships that enhance the range of activities and support we offer. Classes such as Stitch Club, creative writing, podcasting and sewing are provided in partnership with Camden Adult Community Learning while collaboration with the British Museum enabled members and volunteers to attend exhibitions including *Silk Roads*, *Michelangelo* and *What Have We Here*.

Our ongoing partnership with Camden Advice Network supports greater engagement with local residents, keeping us informed of the latest Council-provided services and referral pathways particularly in relation to the ongoing cost of living crisis.

We also maintain a strategic partnership with Camden Council, which helps strengthen our services, secure funding and support community initiatives.

For the past 10 years the Maida Vale Iyengar Yoga Institute has provided a volunteer yoga tutor, enriching our wellbeing programme.

Through our partnership with NHS North West London Foundation Trust we offer monthly podiatry services and health talks to the Asian Women's Group.

Additionally, Beauty Banks generously donated toiletries and hygiene products, which were distributed during our 40th anniversary celebrations and International Women's Day in March 2025.

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Financial review – April 2024 to 31 March 2025

The total income for the year ended 31 March 2025 was £154,944, compared with £165,023 in the previous financial year. This represents a modest decrease of £10,079 (6%), reflecting the increasingly competitive funding landscape and the conclusion of several short-term grants. Despite these challenges, the Centre successfully secured a diverse mix of restricted and unrestricted income, enabling the continuation of core services and community support activities.

Restricted grant income totalled £56,734 (2023/24: £60,330), including key contributions from the Government of Ireland Emigrant Support Programme, The Fitzdale Trust, The Hampstead Wells and Campden Trust, and London Borough of Camden through various funding streams such as the Community Infrastructure Levy (CIL), Cohesion Fund and Resilience Fund.

Unrestricted grant income amounted to £68,500 (2023/24: £76,051), largely from Camden Giving and London Borough of Camden.

Donations and fundraising remained encouraging at £17,964 (2023/24: £14,705), with the "40 for 40" campaign contributing significantly to this year's total. Room hire generated £8,190 (2023/24: £9,123), while bank interest income remained steady at £3,556 (2023/24: £4,234).

Overall, the Centre continued to demonstrate resilience and adaptability in maintaining income streams through a combination of grant funding, local authority support and community fundraising.

Total expenditure for the year was £186,982, a reduction of £5,414 (3%) compared with £192,396 in 2023/24.

The main areas of expenditure were:

- Staff costs: £109,165 (2023/24: £102,842), reflecting cost-of-living pay adjustments, pension contributions, and a commitment to retaining experienced staff.
- Premises costs: £31,708 (2023/24: £40,763), showing savings from lower energy and maintenance costs.
- Project costs: £15,086 (2023/24: £20,440), reflecting the completion of specific funded activities and efficient resource use.
- Office management and administration: £31,023 (2023/24: £28,351), with increases in insurance premiums and depreciation expenses offset by reduced office consumables and communications costs.

Expenditure has been managed prudently throughout the year, with ongoing efforts to balance essential operational spending against available income.

The Centre recorded a deficit of £32,038 for the year (2023/24: £27,373 deficit).

This planned deficit was met from reserves to ensure continuity of services during a period of funding transition and increased operating costs. The Board continues to monitor financial performance closely and is implementing a strategy to rebuild reserves through proactive fundraising and new grant applications.

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Reserves

The Trustees have identified that, to ensure continuity in the delivery of services, the charity should maintain free reserves sufficient to cover potential redundancy costs and three months' running expenses, estimated at £70,000. At the year ending 31 March 2025, total reserves stood at £258,374, analysed as follows:

- £123,119 held as free reserves
- £95,093 set aside for staff payments
- £13,000 designated for equipment replacement
- £20,000 designated for building refurbishment
- £7,162 allocated to the 40 for 40 Appeal.

The Trustees have resolved to designate specific funds for equipment and furniture replacement, building refurbishment, and staffing costs. In recognition of the Centre's 40th anniversary and ongoing community support campaign, a new designated fund has been established to expand organisational capacity through the recruitment of a full-time advice and advocacy worker once the fund reaches £40,000. The Trustees are satisfied that these designated funds will be applied in line with the charity's purposes and expended efficiently to achieve the intended outcomes. It is anticipated that the designated funds will be utilised over the next four years.

Restricted funds held for specific purposes as directed by funders total £83,132, analysed as follows:

- £58,874 to be applied to ongoing projects
- £24,258 set aside for the amortisation of building refurbishment over the remaining two years.

Plans for the future

Our future plans are to sustain all the activities and continue to fundraise for the core costs and running costs of projects, maintain our services and raise health awareness among our users.

The ongoing priority is to:

- Diversify income sources to reduce reliance on individual grants.
- Strengthen unrestricted fundraising through community initiatives and corporate partnerships.
- Continue prudent cost control and sustainability measures across operations.

The Trustees are satisfied that West Hampstead Women's Centre remains financially stable and well positioned to meet its charitable objectives while adapting to the evolving funding environment.

Events after the end of the reporting period

Particulars of events after the reporting date are detailed in note 25 to the financial statements.

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Trustees' responsibilities statement

The Trustees, who are also directors of the company for the purposes of company law, are responsible for the governance and strategic direction of the charity. They ensure that the charity complies with its governing document, charity law and any other relevant legislation.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are also responsible for:

- keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company
- ensuring that the financial statements comply with the Companies Act 2006
- safeguarding the assets of the charitable company and taking reasonable steps for the prevention and detection of fraud and other irregularities
- ensuring that the charity operates in accordance with its objects and pursues its charitable purposes effectively
- acting in the best interests of the charity at all times including managing conflicts of interest and making decisions that promote the charity's success
- contributing skills, knowledge and experience to support the charity's activities and attending Trustee meetings regularly.

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the independent examiner is aware of such information.

All trustees serve on a voluntary basis and are appointed through an open and transparent recruitment process. New Trustees receive Trustee Induction and Governance Handbook, induction and training.

Auditor

Each of the persons who is a Trustee at the date of approval of this report confirms that:

West Hampstead Women's Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware
- they have taken all steps that they ought to have taken as a Trustee to make themselves aware of any relevant audit information and to establish that the charity auditor is aware of that information.

The auditor is deemed to have been re-appointed in accordance with section 487 of the Companies Act 2006.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The Trustees' annual report was approved on 24th November 2025 and signed on behalf of the Board of Trustees by:



Jennifer Brown
Trustee

West Hampstead Women's Centre

Company Limited by Guarantee

Independent Auditor's Report to the Members of West Hampstead Women's Centre

Year ended 31 March 2025

Opinion

We have audited the financial statements of West Hampstead Women's Centre (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cashflows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the audited financial statements:

- give a true and fair view of the state of the charity's affairs as of 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom accounting standards, including FRS102 The Financial Reporting Standard applicable in the UK and Republic of Ireland; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements relating to the audit of the financial statements in the UK, including the Financial Reporting Standards (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

In common with many other charities of this size and nature the auditors are used to assist with the preparation of the financial statements.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in preparation of the financial statements is appropriate.

Based on the work, we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

West Hampstead Women's Centre

Company Limited by Guarantee

Independent Auditor's Report to the Members of West Hampstead Women's Centre

Year ended 31 March 2025

Other information

The other information comprises the information included in the trustees' report, other than the financial statements and our auditors report thereon. The trustees are responsible for the other information contained within the trustees' report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the Directors' Report) for the financial year for which the audited financial statements are prepared is consistent with the audited financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the audited financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the audited financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

West Hampstead Women's Centre

Company Limited by Guarantee

Independent Auditor's Report to the Members of West Hampstead Women's Centre

Year ended 31 March 2025

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of audited financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the audited financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the audited financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.

West Hampstead Women's Centre

Company Limited by Guarantee

Independent Auditor's Report to the Members of West Hampstead Women's Centre

Year ended 31 March 2025

- Evaluate the overall presentation, structure and content of the audited financial statements, including the disclosures, and whether the audited financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the nature of the charity's industry and its control environment and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management and others within the entity about their own identification and assessment of the risks of irregularities.

We obtained an understanding of the legal and regulatory frameworks that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act, Charities Act, Charities (Accounts and Reports) Regulations 2008, Health and Safety Act, employment law, pensions legislation, tax legislation, Bribery Act and Slavery Act; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty. These included the Charity Commission for England and Wales (Charity Commission) regulations, fundraising regulations and Anti-Money Laundering Regulations (including Proceeds of Crime Act 2002 and Terrorism Act 2000)

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following areas, and our specific procedures performed to address them are described below:

- Recognition of grant income: this involves judgement around whether grants have performance conditions attached to them which have to be met before income can be recognised, as well as judgement over whether or not those conditions have been satisfied. On a sample basis, we have assessed the judgements and estimates made by management in the recognition of this income.
- Appropriate allocation of restricted income: there is a risk that restricted income may not have been identified and allocated as such. We reviewed the allocation of income to restricted or unrestricted funds on initial recognition to ensure restrictions were appropriately identified and applied, and we reviewed fund transfers from restricted to unrestricted funds to assess the rationale for those movements.

West Hampstead Women's Centre

Company Limited by Guarantee

Independent Auditor's Report to the Members of West Hampstead Women's Centre

Year ended 31 March 2025

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.

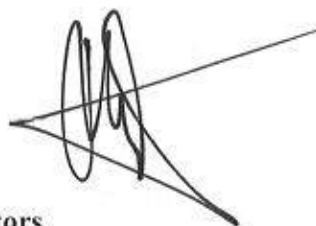
In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance, reviewing internal management reports, reviewing correspondence with HMRC and with the Charity Commission.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

John Assie FCCA (Senior Statutory Auditor)
for and on behalf of
Jackson Nicholas Assie Limited
Chartered Certified Accountants and Statutory Auditors
Suite 7, Meridian House
62 Station Road
North Chingford
London E4 7DB



25 November 2025

West Hampstead Women's Centre

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	17,964	–	17,964	14,705
Charitable activities	6	76,690	56,734	133,424	146,084
Investment income	7	3,556	–	3,556	4,234
Total income		<u>98,210</u>	<u>56,734</u>	<u>154,944</u>	<u>165,023</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	(4,367)	–	(4,367)	(4,114)
Expenditure on charitable activities	9,10	(96,129)	(86,486)	(182,615)	(188,282)
Total expenditure		<u>(100,496)</u>	<u>(86,486)</u>	<u>(186,982)</u>	<u>(192,396)</u>
Net expenditure and net movement in funds		<u>(2,286)</u>	<u>(29,752)</u>	<u>(32,038)</u>	<u>(27,373)</u>
Reconciliation of funds					
Total funds brought forward		260,660	112,884	373,544	400,917
Total funds carried forward		<u>258,374</u>	<u>83,132</u>	<u>341,506</u>	<u>373,544</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 24 to 38 form part of these financial statements.

West Hampstead Women's Centre

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	£	2024 £
Fixed assets				
Tangible fixed assets	17		39,192	36,724
Current assets				
Debtors	18	2,514		2,413
Cash at bank and in hand		309,075		338,766
		<u>311,589</u>		<u>341,179</u>
Creditors: amounts falling due within one year	19	<u>(9,275)</u>		<u>(4,359)</u>
Net current assets			<u>302,314</u>	<u>336,820</u>
Total assets less current liabilities			<u>341,506</u>	<u>373,544</u>
Net assets			<u>341,506</u>	<u>373,544</u>
Funds of the charity				
Restricted funds			83,132	112,884
Unrestricted funds			<u>258,374</u>	<u>260,660</u>
Total charity funds	21		<u>341,506</u>	<u>373,544</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 24 November 2025, and are signed on behalf of the board by:



Jennifer Brown
Trustee



Shaheda Multani
Trustee

Company Number: 03919511

The notes on pages 24 to 38 form part of these financial statements.

Jackson Nicholas Assie Limited Chartered Certified Accountants

West Hampstead Women's Centre

Company Limited by Guarantee

Statement of Cash Flows

Year ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net expenditure	(32,038)	(27,373)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	17,220	13,297
Other interest receivable and similar income	(3,556)	(4,234)
Accrued expenses/(income)	112	(32,061)
<i>Changes in:</i>		
Trade and other debtors	(101)	243
Trade and other creditors	4,804	(37,911)
Cash generated from operations	(13,559)	(88,039)
Interest received	3,556	4,234
Net cash used in operating activities	(10,003)	(83,805)
Cash flows from investing activities		
Purchase of tangible assets	(19,688)	—
Net decrease in cash and cash equivalents	(29,691)	(83,805)
Cash and cash equivalents at beginning of year	338,766	422,571
Cash and cash equivalents at end of year	309,075	338,766

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 26-30 Colleigh Road, London, NW6 2NP.

2. Statement of compliance

These financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2019.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The trustees have considered the circumstances and projections of the charity, and are satisfied, the going concern basis is appropriate for these financial statements.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Significant judgements

There have not been any significant judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There have been no key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Resources expended *(continued)*

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction of each activity, comprising the salary costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Building Women's Resilience 44%
Volunteer Development 24%
Support costs 28%
Fundraising & publicity 4%

Premises costs are allocated 56% to Building Women's Resilience, 24% to Volunteer Development and 20% to support costs. This is based on usage.

Support costs are further allocated on the following basis:

Staff costs, based on staff time:
Building Women's Resilience 56%
Volunteer Development 24%
Governance 20%

Other support costs, based on usage:
Building Women's Resilience 66%
Volunteer Development 24%
Governance 10%

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of fundraising.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and include audit fees and costs linked to the strategic management of the charity.

Tangible assets

Fixed assets (excluding investments) are stated at cost less accumulated depreciation. The costs of minor additions or those costing below £500 are not capitalised.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Building refurbishment	- Over the term of the lease (20 years)
Furniture & equipment	- Straight line basis over 4 years
Computer equipment	- Straight line basis over 2 years

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

4. Limited by guarantee

West Hampstead Women's Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

5. Donations and legacies

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Grants				
Building Women's Resilience - other voluntary income	17,964	17,964	14,705	14,705

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Room rental	8,190	–	8,190
Building Women's Resilience	68,500	53,734	122,234
Volunteer Development	–	3,000	3,000
	76,690	56,734	133,424

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Room rental	9,123	–	9,123
Building Women's Resilience	83,100	39,830	122,930
Volunteer Development	6,900	500	7,400
Other income	6,631	–	6,631
	105,754	40,330	146,084

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Charitable activities *(continued)*

Building Women's Resilience

	2025 £	2024 £
The London Borough of Camden Strategic Partners Fund	53,500	55,000
Camden Giving - Equality Fund	15,000	15,000
The Hampstead Wells and Campden Trust	15,000	15,000
The London Borough of Camden – Community Infrastructure Levy	11,234	–
The London Borough of Camden – Advice	10,000	10,000
Irish Government's Department of Foreign Affairs and Trade Emigrant Support Programme	10,000	10,000
The Fitzdale Trust	4,000	3,000
The London Borough of Camden - Resilience Fund	3,000	13,100
The London Borough of Camden – Cohesion Fund	500	–
The London Borough of Camden - Cost of Living	–	1,180
Clients Hardship Fund	–	650
	<u>122,234</u>	<u>122,930</u>

Volunteer Development

	2025 £	2024 £
The London Borough of Camden - Resilience Fund	3,000	6,900
Marsh Charitable Trust	–	500
	<u>3,000</u>	<u>7,400</u>

7. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Bank interest receivable	<u>3,556</u>	<u>3,556</u>	<u>4,234</u>	<u>4,234</u>

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Costs of generating income - Staff				
Support costs	<u>4,367</u>	<u>4,367</u>	<u>4,114</u>	<u>4,114</u>

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Building Women's Resilience	43,396	36,640	80,036
Volunteer Development	21,011	16,135	37,146
Support costs	31,722	33,711	65,433
	<u>96,129</u>	<u>86,486</u>	<u>182,615</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Building Women's Resilience	33,741	54,250	87,991
Volunteer Development	30,493	5,929	36,422
Support costs	33,550	30,319	63,869
	<u>97,784</u>	<u>90,498</u>	<u>188,282</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025 £	Total fund 2024 £
Building Women's Resilience	80,036	–	80,036	87,991
Volunteer Development	37,146	–	37,146	36,422
Support costs both programmes	–	51,405	51,405	50,375
Governance costs	–	14,028	14,028	13,494
	<u>117,182</u>	<u>65,433</u>	<u>182,615</u>	<u>188,282</u>

11. Analysis of support costs (excluding governance costs)

	Building Women's Resilience £	Volunteer Development £	Total 2025 £	Total 2024 £
Staff costs	17,117	7,336	24,453	23,036
Premises	8,400	3,054	11,454	14,043
Depreciation	11,365	4,133	15,498	13,296
	<u>36,882</u>	<u>14,523</u>	<u>51,405</u>	<u>50,375</u>

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

12. Analysis of governance costs

	2025	2024
	£	£
Staff Costs	6,113	5,759
Governance support	2,995	2,673
Audit fee	4,920	4,920
AGM	—	142
	<u>14,028</u>	<u>13,494</u>

13. Net expenditure

Net expenditure is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	<u>17,220</u>	<u>13,297</u>

14. Auditors remuneration

	2025	2024
	£	£
Fees payable for the audit of the financial statements	3,690	3,690
Fees payable for non-audit services	<u>1,230</u>	<u>1,230</u>

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	102,980	97,283
Social security costs	3,247	2,615
Employer contributions to pension plans	2,938	2,945
	<u>109,165</u>	<u>102,843</u>

The average head count of employees during the year was 5 (2024: 5). The average number of full-time equivalent employees during the year is analysed as follows:

	2025	2024
	No.	No.
Number of staff - Building Women's Resilience	1	2
Number of staff - Volunteer Development	1	1
Number of administrative and support staff	1	2
	<u>3</u>	<u>5</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total employee benefits including NI and pension contributions paid to key personnel for services provided to the charity was £47,750 (2024: £45,726).

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

16. Trustee remuneration and expenses

None of the trustees received any remuneration or other benefits from employment with the charity during the year (2024: Nil).

None of the trustees or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year or the previous year.

One or more trustees has claimed expenses or had their expenses met by the charity.

During the year, one of the trustees was reimbursed expenses totalling £47(2024: £nil) in respect of the purchase of a thank-you hamper presented to Covington & Burling LLP, in recognition of their pro bono support in updating the Articles of Association of West Hampstead Women's Centre. No other trustees were reimbursed expenses during the year.

17. Tangible fixed assets

	Building refurbishment £	Furniture, fittings & equipment £	Computer equipment £	Total £
Cost				
At 1 April 2024	242,566	38,465	2,740	283,771
Additions	–	19,688	–	19,688
Disposals	–	(5,242)	–	(5,242)
At 31 March 2025	242,566	52,911	2,740	298,217
Depreciation				
At 1 April 2024	206,182	38,125	2,740	247,047
Charge for the year	12,129	5,091	–	17,220
Disposals	–	(5,242)	–	(5,242)
At 31 March 2025	218,311	37,974	2,740	259,025
Carrying amount				
At 31 March 2025	24,255	14,937	–	39,192
At 31 March 2024	36,384	340	–	36,724

18. Debtors

	2025 £	2024 £
Trade debtors	2,264	1,674
Prepayments and accrued income	250	739
	2,514	2,413

West Hampstead Women's Centre

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Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

19. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,111	537
Accruals and deferred income	3,152	3,040
Social security and other taxes	1,017	782
Other creditors	(5)	—
	<u>9,275</u>	<u>4,359</u>

There was no pension liability outstanding at the end of the reporting period.

20. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,938 (2024: £2,945).

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
General funds	132,567	98,210	(100,496)	(7,162)	123,119
Designated Fund - Cotleigh Road equipment and furnishings fund	13,000	–	–	–	13,000
Designated Fund - Staffing Fund	95,093	–	–	–	95,093
Designated Fund - Building refurbishments	20,000	–	–	–	20,000
Designated Funds – 40 for 40 Appeal	–	–	–	7,162	7,162
	<u>260,660</u>	<u>98,210</u>	<u>(100,496)</u>	<u>–</u>	<u>258,374</u>

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
General funds	129,772	124,693	(101,898)	(20,000)	132,567
Designated Fund - Cotleigh Road equipment and furnishings fund	12,000	–	–	1,000	13,000
Designated Fund - Staffing Fund	80,093	–	–	15,000	95,093
Designated Fund - Building refurbishments	16,000	–	–	4,000	20,000
	<u>237,865</u>	<u>124,693</u>	<u>(101,898)</u>	<u>–</u>	<u>260,660</u>

Purposes of designated funds:

The Cotleigh Road equipment and furnishings fund represents funds earmarked by the trustees for expenditure on other non-capital refurbishment costs, purchase of equipment and furniture as well as essential garden clearance.

Staffing Fund represents funds earmarked by the trustees for staff salaries.

The '40 for 40' fund has been earmarked to recruit a full-time advice and advocacy worker once the fund reaches £40,000

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
Cotleigh Road refurbishment	36,386	–	(12,128)	–	24,258
Irish Government's Department of Foreign Affairs and Trade: Emigrant Support Programme	2,250	10,000	(10,000)	–	2,250
SOLA	1,248	–	–	–	1,248
The Hampstead Wells and Camden Trust	11,250	15,000	(15,000)	–	11,250
The CMS Future Foundation (Olswang Foundation)	2,135	–	(341)	–	1,794
Sure Start	522	–	–	–	522
The Fitzdale Trust	–	4,000	(4,000)	–	–
London Borough of Camden - Advice	–	10,000	(10,000)	–	–
London Borough of Camden - Section 106 Client Hardship Fund	58,443 650	– –	(30,828) –	– –	27,615 650
London Borough of Camden - Cohesion Fund	–	500	(500)	–	–
London Borough of Camden - Resilience Fund	–	6,000	(881)	–	5,119
London Borough of Camden - Community Infrastructure Levy	–	11,234	(2,808)	–	8,426
	<u>112,884</u>	<u>56,734</u>	<u>(86,486)</u>	<u>–</u>	<u>83,132</u>

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Cotleigh Road refurbishment	48,514	–	(12,128)	–	36,386
Irish Government's Department of Foreign Affairs and Trade: Emigrant Support Programme	2,250	10,000	(10,000)	–	2,250
SOLA	1,248	–	–	–	1,248
The Hampstead Wells and Camden Trust	11,250	15,000	(15,000)	–	11,250
The CMS Future Foundation (Olswang Foundation)	2,135	–	–	–	2,135
Sure Start	522	–	–	–	522
The Fitzdale Trust	–	3,000	(3,000)	–	–
Beatrice Laing Trust	1,000	–	(1,000)	–	–
London Borough of Camden - Advice	–	10,000	(10,000)	–	–
The Arnold Clark Community Fund	1,000	–	(1,000)	–	–
London Borough of Camden - Section 106	94,728	–	(36,285)	–	58,443
London Borough of Camden - Cost of Living	405	1,180	(1,585)	–	–
The Marsh Charitable Trust	–	500	(500)	–	–
Client Hardship Fund	–	650	–	–	650
	<u>163,052</u>	<u>40,330</u>	<u>(90,498)</u>	<u>–</u>	<u>112,884</u>

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Purposes of restricted income funds

London Borough of Camden - Advice

Donated towards the cost of running Building Women's Resilience service

London Borough of Camden – S106

Donated towards running wellbeing services and classes

Borough of Camden - Community Infrastructure Levy Donated to undertake essential repairs to the garden paving, decking and retaining wall at the back of the building

London Borough of Camden - Resilience Fund

Donated towards the cost of training in domestic abuse awareness, fire safety, first aid and personal development

London Borough of Camden - Cohesion Fund

Donated towards wellbeing activities in celebration of International Women's Day

London Borough of Camden - Community Infrastructure Levy

Donated towards garden and building improvements

Irish Government's Department of Foreign Affairs and Trade; Emigrant Support Programme

Donated towards the cost of running Irish Women Group and Services for Irish women

The Hampstead Wells and Camden Trust

Donated towards the cost of running Building Women's Resilience service

The Fitzdale Trust

Donated towards the cost of running Building Women's Resilience service

The CMS Future Foundation (The Olswang Foundation)

Donated towards the cost of running Herbalist Calendar

The Marsh Christian Trust

Donated towards the cost of running volunteer project

The Beatrice Laing Foundation

Donated towards replacement of the roof over the back extension of the building

SOLA

The funding for SOLA provides a support group for survivors of lesbian domestic violence and a phone line

The Cotleigh Road refurbishment fund

Represents the net book value of building works capitalised in respect of the refurbishment of the Cotleigh Road library.

West Hampstead Women's Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	2,242	36,950	39,192
Current assets	265,407	46,182	311,589
Creditors less than 1 year	(9,275)	—	(9,275)
Net assets	258,374	83,132	341,506

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	340	36,384	36,724
Current assets	264,679	76,500	341,179
Creditors less than 1 year	(4,359)	—	(4,359)
Net assets	260,660	112,884	373,544

23. Analysis of changes in net debt

	At 1 Apr 2024 £	Cash flows £	At 31 Mar 2025 £
Cash at bank and in hand	338,766	(29,691)	309,075

24. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Not later than 1 year	505	—
Later than 1 year and not later than 5 years	1,261	—
	1,766	—

25. Post balance sheet events

The trustees have considered the likelihood of other significant post balance sheet events and have concluded that there are none which significantly impact the financial statements.

26. Related parties

There were not related party transactions for the year (2024: None), except that one trustee declared making a personal donation of £110 towards the 40 for 40 Appeal.

27. Going concern

The trustees have considered the circumstances and projections of the charity, and are satisfied, the going concern basis is appropriate for these financial statements.