

Trustees Annual Report for the period: 2023-2024

Charity Name: Eternal Benefits

Registered Charity Number: 1085814 | Company Number: 0410969

Objectives and Activities	
Summary of the purposes of Eternal Benefits	To benefit the residents of Hull by providing activities and facilities in the interests of social welfare, relief of poverty and social inclusion without distinction of gender, sexual orientation, race or of political, religious or other opinions with the objective of improving the conditions of life for the residents and to work out in practice positive, holistic encouragement of the Christian faith.
Summary of the main activities in relation to the purposes for the public benefit, in particular the activities, projects or services identified in the accounts	<p>Community Centre</p> <ul style="list-style-type: none"> • Community Café offering low-cost healthy meals with a 'pay as you like' option to help relieve food deprivation and isolation. This is open to anyone but primarily it is used by the elderly, unemployed, disabled, and migrant communities. We further offer a 10-unit computer suite and telephone systems to help the community access support or signposted agencies such as the job centre, doctors, social and welfare services. • Volunteer Program. We run a volunteer program enabling members of our community to serve the community in which they live. This teaches life skills and offers training opportunities to the long term unemployed as well as giving local pensioners, those who are disabled and those not in work an opportunity to serve the community they live in. Our volunteers help run all our activities, thereby enabling our objective. <p>Essential Furniture & Swap Shop</p> <ul style="list-style-type: none"> • We run a 'not for profit' community enterprise that collects, donates and redistributes recycled furniture. In the last half of the financial year, it was managed by a volunteer. There was no furniture manager in position. • The essential furniture and swap shop enables people who are in situations of great need such as refugees, victims of domestic violence, families on low incomes and many others to receive essential items of furniture. We have a referral system enabling us to donate to people in need. We also encourage those in need to alleviate their poverty by giving volunteer hours or swapping something not essential for them for something they consider essential. This profoundly breaks cycles of deprivation, providing essential house hold furniture, reducing debt while creating a sense of personal contribution, investment, and self-worth. <p>Elderly Club</p> <ul style="list-style-type: none"> • Our elderly group meet weekly to build relationships, overcome isolation and improve life quality physically and mentally. We provide a varied weekly programme of activities and provide transport for those who struggle to walk. We have provided 6-day trips, a couple of events, provided 2-course meals each Friday lunch, and given out up to 60 seasonal food parcels at Harvest and Christmas. <p>Community Events</p> <ul style="list-style-type: none"> • We had our usual full day Christmas extravaganza where children and families could visit Santa and obtain lots of stocking fillers and presents at extremely low cost. This is a fundraising event to raise funds to purchase some Christmas goodies for up to 60 elderly residents in our community. <p>Community Garden</p>

Trustees' Annual Report

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	<ul style="list-style-type: none">The Community Garden and Seed to Supper project serves to break food poverty and encourage healthy eating while teaching new skills. It provides a space for community vegetable growing for children, young people, adults from different backgrounds and the elderly reducing food poverty, teaching citizenship skills and social inclusion. The community garden ran some children's activities throughout the summer school holidays. <p>EB Samaritan's Purse (Good Neighbour Fund)</p> <ul style="list-style-type: none">We offer emergency financial and food help to those in extreme difficulty or hardship i.e., house fire, escaping domestic violence, burglary. Reducing cycles of financial poverty.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	The trustees have used the guidance issued by the charity commission regarding public benefit. The guidance helped shape the new objective above and affects both the planning of new activities and the maintenance of existing ones.

Achievement and Performance

Summary of the main achievements of the charity during the year.	<p>The charity has consistently provided services and activities that support residents in the estates of north Hull. Each week, it has worked with a diverse range of people, including the elderly, families facing poverty, the long-term unemployed, asylum seekers, refugees, homeless individuals, ex-offenders, and those dealing with addiction or mental health challenges.</p> <p>This support has been delivered through several highly effective initiatives. We run a popular over-60s club, assisting over 50 people, as well as the Happy Women's Club, which focuses on mental health, employability and language classes. We operate a drop-in café and community kitchen and provide employment training. We also manage a furniture and swap shop enterprise for those in need. The garden continues to provide fresh produce, which is used by the community.</p> <p>This year, we hosted an International Day, where members of the community showcased their cultures through clothing, music, and food. Our Christmas Extravaganza was another major success, drawing a large attendance. The food larder continues to operate three days a week, and over the past year, we have seen a growing number of families and individuals relying on our services.</p>
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Achievement and Performance

Review of the charity's financial position at the end of the period	See 2023 – 2024 Accounts
Statement explaining the policy for holding reserves stating why they are held.	a) The reserve policy of Eternal Benefits is to hold £20,000 for the repair and maintenance of the building in recognition of the fact that the building is quite old.

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	b) The reserve policy of Eternal Benefits is to hold £25,000 three months of expenditure plus a further three months staff costs to allow the charity to adapt to any changes in the income or expenditure.
Amount of reserves held	3 months
Reasons for holding zero reserves	N/A
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A

Structure, Governance and Management

Type of governing document	Memorandum and Articles of Association
How is the charity constituted?	Limited Company
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Trustees are appointed by existing trustees

Reference and Administrative Details

Charity name	Eternal Benefits
Other name the charity uses	Eternal Benefits Ltd
Registered charity number	1085814
Charity's principal address	104 – 106 The Quadrant Hull HU6 8NS

Names of the Charity Trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelou	Trustee	N/A	N/A

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Hazel Britton	Trustee	Adopted 12.08.21	N/A
Joan Peacock	Trustee	Adopted 03.10.2022	N/A
Judith Ann Loughlin	Trustee	Adopted 09.02.2023	

Corporate trustees – names of the directors at the date the report was approved

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelow	Trustee	N/A	N/A
Hazel Britton	Trustee	N/A	N/A
Judith Ann Loughlin	Trustee	N/A	N/A
Joan Peacock	Trustee	N/A	N/A

Name of trustees holding title to property belonging to the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelow	Trustee	N/A	N/A
Hazel Britton	Trustee	N/A	N/A
Judith Ann Loughlin	Trustee	N/A	N/A
Joan Peacock	Trustee	N/A	N/A

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.


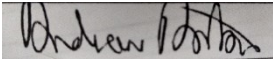
The trustees declare that they have approved the trustees' report (including directors' report) above.

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Signed on behalf of the charity's trustees/directors

Signature(s)		

Full name(s)	Hazel Brittain	Andrew Dorton
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Position (eg Secretary, Chair, etc)	Trustee	Chair of Trustees
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Date	10 th October 2024
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Receipts and Payments Accounts for Eternal Benefits

Year Ending 31 March 2024

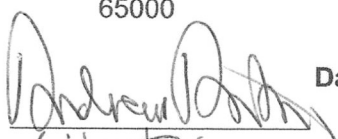
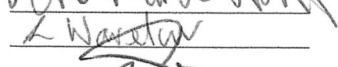
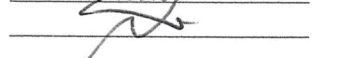
Registered Charity No 1085814 Registered Company No 04109691

		Unrestricted	Restricted	Total	2022-2023
Receipts	Grants	5480	10400	15880	33940
	Donations & Sponsors	17425		17425	23764
	Swopshop	13556		13556	11593
	Furniture	2512		2512	310
	Cafe	2151		2151	3331
	Larder	2734		2734	2521
	Rent	13853		13853	15292
	Minibus	3750		3750	2884
	Gift Aid	0		0	4880
	Events	102		102	1920
	Buggy	160		160	220
	Over 60s	4208		4208	3121
	Refunds etc	859		859	2477
		<u>66788</u>	<u>10400</u>	<u>77188</u>	<u>106253</u>
Payments	Wages	65024		65024	49436
	Volunteer Expenses	865		865	1410
	Good Neighbor	0		0	0
	Utilities	8296		8296	7116
	Minibus	4741		4741	27510
	Community Garden	249		249	135
	Swopshop	0		0	0
	Over 60s	4863		4863	4465
	Expenses	2847		2847	1465
	Cafe	2712		2712	2792
	Larder	3625		3625	3255
	Admin	1059		1059	1007
	4 Bentley Grove	4800		4800	0
	Events			0	2948
	Building	1942		1942	11278
	Equipment			0	108
	Buggy			0	70
	Misc			0	61
	Paypal Fees	46		46	69
	Team			0	21
		<u>101068</u>	<u>0</u>	<u>101068</u>	<u>113147</u>
Surplus/Deficit		-34280	10400	-23880	-6894

Statement of Assets and Liabilities

Cash at Bank and in Hand	66111	10710	76821	107595
including Designated Funds				
Redundancy & closure	25000			
Building repairs	20000			
Fixed Asset - Building	65000		65000	65000

Signatures
Chair of Trustees
Trustee
Independent Examiner

Date:

Independent Examiners Report to the Trustees of Eternal Benefits Limited

I report to the trustees on my examination of the accounts of Eternal Benefits Limited (the charity) for the year ending 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: John Albert Porter

Address: 165, Newland Park
Hull
East Yorkshire
HU5 2DX

Date: 29th May 2024