

Trustees Annual Report for the period: 2022-2023

Charity Name: Eternal Benefits

Registered Charity Number: 1085814 | Company Number: 0410969

Objectives and Activities	
Summary of the purposes of Eternal Benefits	To benefit the residents of Hull by providing activities and facilities in the interests of social welfare, relief of poverty and social inclusion without distinction of gender, sexual orientation, race or of political, religious or other opinions with the objective of improving the conditions of life for the residents and to work out in practice positive, holistic encouragement of the Christian faith.
Summary of the main activities in relation to the purposes for the public benefit, in particular the activities, projects or services identified in the accounts	<p>Community Centre</p> <ul style="list-style-type: none"> • Community Café offering low-cost healthy meals with a 'pay as you like' option to help relieve food deprivation and isolation. This is open to anyone but primarily it is used by the elderly, unemployed, disabled, and migrant communities. We further offer a 10-unit computer suite and telephone systems to help the community access support or signposted agencies such as the job centre, doctors, social and welfare services. • Community Kitchen enabling our community and other community groups to cook in a safe and controlled environment. This is aimed at relieving poverty and operates in the interests of social welfare. It is used by children, young people, the elderly, migrant communities and traveling communities. We teach food hygiene and healthy cooking to all ages. • Unemployment training. • Volunteer Program. We run a volunteer program enabling members of our community to serve the community in which they live. This teaches life skills and offers training opportunities to the long term unemployed as well as giving local pensioners, those who are disabled and those not in work an opportunity to serve the community they live in. Our volunteers help run all our activities, thereby enabling our objective. <p>Essential Furniture & Swap Shop</p> <ul style="list-style-type: none"> • We run a 'not for profit' community enterprise that collects, donates and redistributes recycled furniture. Over the last few months this has been reduced due to not having a furniture manager in position. • The essential furniture and swap shop enables people who are in situations of great need such as refugees, victims of domestic violence, families on low incomes and many others to receive essential items of furniture. We have a referral system enabling us to donate to people in need. We also encourage those in need to alleviate their poverty by giving volunteer hours or swapping something not essential for them for something they consider essential. This profoundly breaks cycles of deprivation, providing essential house hold furniture, reducing debt while creating a sense of personal contribution, investment, and self-worth. <p>Elderly Club</p> <ul style="list-style-type: none"> • Our elderly group meet weekly to build relationships, overcome isolation and improve life quality physically and mentally. We provide a varied weekly programme of activities and provide transport for those who

	<p>struggle to walk. We have provided 6-day trips, a couple of events, provided 2-course meals each Friday lunch, and given out up to 60 seasonal food parcels at Harvest and Christmas.</p> <p>Children & Youth Groups</p> <ul style="list-style-type: none"> Children and Youth Group activities were not active within the financial year <p>Summer Family Fun Night</p> <ul style="list-style-type: none"> No Family Fun Nights for the year <p>Community Events</p> <ul style="list-style-type: none"> We had our usual full day Christmas extravaganza where children and families could visit Santa and obtain lots of stocking fillers and presents at extremely low cost. This is a fundraising event to raise funds to purchase some Christmas goodies for up to 60 elderly residents in our community. <p>Community Garden</p> <ul style="list-style-type: none"> The Community Garden and Seed to Supper project serves to break food poverty and encourage healthy eating while teaching new skills. It provides a space for community vegetable growing for children, young people, adults from different backgrounds and the elderly reducing food poverty, teaching citizenship skills and social inclusion. The community garden ran some children's activities throughout the summer school holidays. <p>EB Samaritan's Purse (Good Neighbour Fund)</p> <ul style="list-style-type: none"> We offer emergency financial and food help to those in extreme difficulty or hardship i.e., house fire, escaping domestic violence, burglary. Reducing cycles of financial poverty.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	<p>The trustees have used the guidance issued by the charity commission regarding public benefit. The guidance helped shape the new objective above and affects both the planning of new activities and the maintenance of existing ones.</p>

Achievement and Performance

Summary of the main achievements of the charity during the year.	<p>The charity has continued to provide services and activities which help the residents in the estates of north Hull. Every week the charity has worked with children and young people, the elderly, families living in poverty, the long term unemployed, asylum seekers and refugees, homeless people, ex-offenders and those struggling with drug problems and mental health issues.</p> <p>This has been achieved through several highly effective activities. Children and young people have met more sporadically in smaller groups. We have run an increasingly popular over 60's club helping and assisting over 50 people, we run a drop in café, community kitchen employment training alongside the furniture and a swap shop enterprise for people in hardship. The 'seed to supper' program is going well. We continue to harvest the food from the garden and is used by people within the community.</p> <p>Our most popular event this year was our family fun night. This was carried out over 10 weeks of the summer and gathered between 80 - 150 people per week. The event enabled our community to gather reducing isolation and</p>
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104-106 The Quadrant, Hull, HU6 8NS

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	<p>discrimination. During the event we ran sports programs, singing performances and creative art sessions, we had a BBQ and bouncy castles. The family fun night has been held in a park notorious for crime. The event has seen a reduction in crime through these diversionary activities.</p> <p>Continuing through some covid-19 concerns we continue to assess how we can best serve our community during this difficult period. The food larder is now open 3 days a week with a delivery service of food parcels to those who are self-isolating or shielding.</p>
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Achievement and Performance

Review of the charity's financial position at the end of the period	See 2022 – 2023 Accounts
Statement explaining the policy for holding reserves stating why they are held.	Eternal Benefits reserve policy aims to hold an operation reserve of between three and six months. This is monitored by the Charity Manager and the Trustees. The reserve is accounted for in the charity ledger and held in the charities main Santander bank account.
Amount of reserves held	3 Months
Reasons for holding zero reserves	N/A
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A

Structure, Governance and Management

Type of governing document	Memorandum and Articles of Association
How is the charity constituted?	Limited Company
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Trustees are appointed by existing trustees

Reference and Administrative Details

Charity name	Eternal Benefits
Other name the charity	Eternal Benefits Ltd

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uses	
Registered charity number	1085814
Charity's principal address	104 – 106 The Quadrant Hull HU6 8NS

Names of the Charity Trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelw	Trustee	N/A	N/A
Hazel Britton	Trustee	Adopted 12.08.21	N/A
Joan Peacock	Trustee	Adopted 03.10.2022	N/A
Judith Ann Loughlin	Trustee	Adopted 09.02.2023	

Corporate trustees – names of the directors at the date the report was approved

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelw	Trustee	N/A	N/A
Hazel Britton	Trustee	N/A	N/A
Judith Ann Loughlin	Trustee	N/A	N/A
Joan Peacock	Trustee	N/A	N/A

Name of trustees holding title to property belonging to the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Andrew Michael Dorton	Chair of Trustee	N/A	N/A
Lynn Warelw	Trustee	N/A	N/A
Hazel Britton	Trustee	N/A	N/A
Judith Ann Loughlin	Trustee	N/A	N/A
Joan Peacock	Trustee	N/A	N/A

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how this	N/A

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falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A


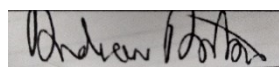
Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)

	
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Full name(s)

Hazel Brittain

Andrew Dorton

Position (eg Secretary,
Chair, etc)

Trustee

Chair of Trustees

Date

10th October 2023

Receipts and Payments Accounts for Eternal Benefits

Year Ending 31 March 2023

Registered Charity No 1085814 Registered Company No 04109691

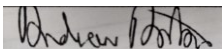
		Unrestricted	Restricted	Total	2021-2022
Receipts	Grants	33940		33940	21300
	Donations and Sponsors	23764		23764	32814
	Swopshop	11593		11593	19344
	Furniture	310		310	12717
	Cafe	3331		3331	1742
	Larder	2521		2521	1835
	Rent	15292		15292	9687
	Tuck	0		0	509
	Minibus	2884		2884	932
	Gift Aid	4880		4880	7247
	Events	1920		1920	787
	Buggy	220		220	220
	Over 60s	3121		3121	594
	Refunds	2477		2477	71
		<u>106253</u>	<u>0</u>	<u>106253</u>	<u>109799</u>
Payments	Wages	49436		49436	54080
	Volunteer Expenses	1410		1410	480
	Good Neighbor	0		0	1076
	Utilities	7116		7116	7606
	Minibus	27510		27510	3170
	Community Garden	135		135	340
	Swopshop	0		0	24
	Over 60s	4465		4465	778
	Expenses	1465		1465	743
	Cafe	2792		2792	2079
	Larder	3255		3255	2816
	Admin	1007		1007	2058
	Youth			0	896
	Events	2948		2948	99
	Building	11278		11278	10673
	Equipment	108		108	997
	Buggy	70		70	0
	Misc	61		61	116
	Paypal Fees	69		69	68
	Team	21		21	191
		<u>113147</u>	<u>0</u>	<u>113147</u>	<u>88288</u>
	Surplus/Deficit	-6893	0	-6893	21511

Statement of Assets and Liabilities

Cash at Bank and in Hand	100702	100702	107595
Fixed Asset - Building	65000	65000	65000

This report has been accepted by the Trustees on the 7th December 2023 at the Business General Meeting.

Signatures:



Andrew Dorton
Chair



Hazel Brittain
Trustee

Independent Examiners Report to the Trustees of Eternal Benefits Limited

I report to the trustees on my examination of the accounts of Eternal Benefits Limited (the charity) for the year ending 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: John Albert Porter

Address: 165, Newland Park
Hull
East Yorkshire
HU5 2DX

Date: 14th July 2023