

Registered Charity No. 1085104 (England & Wales)

Registered Company No. 4113588 (England & Wales)



**RASASC**  
rape and sexual abuse  
support centre  
**RAPE CRISIS**  
**SOUTH LONDON**

# **RAPE & SEXUAL ABUSE SUPPORT CENTRE**

## **ANNUAL REPORT & FINANCIAL**

## **STATEMENTS FOR THE YEAR ENDED**

## **31<sup>st</sup> MARCH 2021**

(A Charitable Company Limited by Guarantee)

Rape and Sexual Abuse Support Centre

P.O. Box 383, Croydon, CR9 2AW

Telephone: 0208 683 3311



## Legal and administrative information for the year to 31<sup>st</sup> March 2021

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### Status:

Rape and Sexual Abuse Support Centre is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

### Administrative information:

Charity Name:	Rape and Sexual Abuse Support Centre (RASASC)
Charity Registration Number:	1085104
Company Registration Number:	4113588
Registered Office:	P.O. Box 383, Croydon, CR9 2AW
Telephone:	0208 683 3311
Freephone Helpline:	0808 802 9999
Email:	<a href="mailto:info@rasasc.org.uk">info@rasasc.org.uk</a>
Website:	<a href="http://www.rasasc.org.uk">www.rasasc.org.uk</a>

### Financial information:

Independent Auditors:	Harmer Slater Limited, Salatin House, 19 Cedar Road, Sutton, SM2 5DA
Bank:	CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

### Board of Directors:

Chair:	Diane Ovenden (resigned 10/12/20) Fiona Vera-Gray (appointed 10/12/20)
Vice Chair:	Nicki Fraser (resigned 10/12/20) Tricia O'Sullivan (appointed 10/12/20)
Treasurer:	Diane Ovenden (resigned 10/12/20)
Secretary:	Carol McNaughton-Nicholls (resigned 07/04/20) Gill Taylor
Trustees:	Lucy Aitkens (resigned 08/06/20) Saima Hirji (resigned 10/12/20) Ruth Tedros (resigned 8 July 2020) Margaret Wrightson (appointed 22/05/19, resigned 10/12/20) Arti Naithani (appointed 10/12/20) Nichole McGill-Higgins (appointed 10/12/20) Siobhan Crawford (appointed 10/12/20 – resigned 17/03/21)

### Senior Management Team

Chief Executive Officer:	Yvonne Traynor (retired 31/12/2020) / Liz Felton (interim 28/09/20 - 31/07/21)
Counselling Clinical Lead:	Laura Joanknecht
Helpline Coordinator:	Rosa Knight (maternity cover) – (14 December 2020 -)
Training Coordinator:	Jayne Bullough
ISVA Coordinator:	Francesca Jarvis
Outreach:	Stephanie Scott
Management Accountant:	Katharine Osborne (January 2021)

## Report of the Trustees for the year to 31<sup>st</sup> March 2021

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The Board of Directors are pleased to present their report together with the audited financial statements of the charity for the year ended 31<sup>st</sup> March 2021 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

### *Message from the Chair*

I am pleased to present the annual report and financial statements for the Rape and Sexual Abuse Support Centre, for year ending 31<sup>st</sup> March 2021.

This has been an unprecedented year both for our charity and for the world. The year started with uncertainty as the UK entered what was to be the first of many national lockdowns due to the global coronavirus pandemic. Overnight, our staff team seamlessly moved to offering all of RASASC's services remotely, with our staff team adapting to providing services from their own homes quickly and without complaint. It was also the year where the murder of George Floyd, an African-American man murdered in Minneapolis by a white police officer, brought global attention to systemic racism and the racial trauma experienced by black and minoritised people. The year ended with a focus on another pandemic; that of violence against women and girls (VAWG). The abduction, rape, and murder of a South London woman, Sarah Everard, by a serving male Met officer in March 2021 together with the murders of sisters Bibaa Henry and Nicole Smallman in a park in North-West London in the summer, meant that the endemic levels of violence that women face from men finally began to pierce public consciousness. The steadfast commitment of our team to ensuring continuity of our services through it all is testament to their care, passion, and dedication. It meant that even in the midst of a year that reckoned with the consequences of inequality like never before, **our team supported over 5,000 women and girls** with the impacts of sexual violence.

It was not only the global context that created challenges for RASASC this year. Our organisation itself underwent one of the biggest periods of change in its herstory. The long-standing CEO, Yvonne Traynor, retired in August and in December, the entire board stepped down to allow for a complete refresh of the organisation. An entirely new board was elected and quickly had to work together remotely, during yet another period of national lockdown, to begin finding a permanent replacement for the interim CEO Liz Felton.

The consequences of this year are going to be felt by many for many years to come. We know that for many women, periods of lockdown have meant we have been unable to access the resources we have developed to cope with the impacts of violence against us. Many survivors were locked into homes with men and family members who were violent. Girls and young women were kept away from schools and community youth groups which, for those experiencing childhood sexual abuse, can be sites of safety and respite. Knowing this, our dedicated team have balanced family and home-schooling commitments, the loss of loved ones, and illness, in order to continue the service they know is needed, now perhaps more than ever.



We can see the outcome of their dedication in just some of the feedback from our support service users that we received this year.

*After each call you just change me, you absolutely change my life and the way I feel about myself.'*  
– Helpline service user

*I am really grateful to you all at RASASC for being there when no-one else was. Your door opened when so many closed when I was in a desperate crisis state. Knowing compassionate help was at hand via the helpline and therapy too was on the way was sometimes my only hope when I was really in the darkness of despair. Thankyou too for keeping it all running and keeping going throughout all the challenges of funding cuts and Covid and for always responding to emails. I will end there with my thankyou's...they are too big to say really. But i say them from my heart. THANKYOU all and especially (Counsellor). – Counselling service user*

*I'm honestly still processing from our last meeting, it was deep, thought provoking, painful and liberating all at the same time. It really beautiful and comforting to know that when I need to, I can book another session with you. – Outreach service user*

*Having as ISVA was truly invaluable, they acted as a reliable anchor for me in a sea of chaos, they helped me to feel empowered, to navigate a complicated system, to know my rights and to make progress. I'd have been lost without an ISVA, the system feels stacked against you and your emotion and trauma makes it even more difficult. The ISVA is someone on your side, who always knows the right things to say. It's a difficult thing to discuss with family and friends and you don't want to make them upset and having as ISVA meant I could channel questions and support towards them and not feel like a burden. - ISVA service user*

We would like to thank the previous board and CEO for their service, and to particularly thank Liz Felton for her work as an interim CEO this year, coming into a remote team and helping to support them through a period of organisational change. On behalf of the board, I would also like to take this opportunity to acknowledge with gratitude the work of Laura Joanknecht who, though still in post during this 20/21 year, left RASASC in August 2021 after running our counselling service for twelve years. Her work and expertise have been greatly appreciated and her legacy will remain in the exceptional quality of our therapeutic offer to survivors.

The whole board and I are extremely proud of all our staff, our helpline workers therapists, admin and finance workers, advocates, outreach workers, trainers, managers, and volunteers, for the work they have done this year to ensure that the support provided to survivors was not affected by the challenges the organisation has faced. I will be leaving my term as Chair next year but feel incredibly thankful for having had the opportunity to support the organisation through this challenging period in its herstory and look forward to watching it continue to grow from strength to strength in the coming years.

In solidarity and sisterhood,



Dr. Fiona Vera-Gray

Chair of the Board, RASASC



## The Rape and Sexual Abuse Support Centre

### 1. Our values, mission, and aims

The purpose of the charity is set out in our Memorandum and Articles of Association: To relieve the suffering and distress of people who have suffered rape and sexual assault however long ago. In order to meet our mission, we apply the following core values across all of our work, empowerment, honesty, empathy, and respect.

Our charitable aims are as follows:

- To offer a woman-only professional service to female survivors of sexual violence.
- To give information, referral guidance and support.
- To offer a holistic therapeutic service to survivors with highly qualified specialist therapists.
- To provide information, assistance and support to survivors accessing the Criminal Justice System.
- To offer support in the community to marginalised groups of women and girls.
- To increase the knowledge and awareness of the effects of sexual violence, through training, workshops, lectures and committees.
- To engage the media and other professionals to challenge the myths regarding sexual violence against women and girls.
- To work preventatively with young people, highlighting the natures of sexual violence, the effects and strategies of perpetrators and to understand consent.
- To recruit, train and support all our workers to provide RASASC's core services and to understand the nature of violence against women and girls.
- To offer a Freephone National Helpline to support survivors, their friends and family.
- To recruit and train volunteers.
- To treat everyone as equals, regardless of ethnicity, socio-economic status, religion, culture, sexuality, or disability.
- To end Violence against Women and Girls.

The main objective of the charity is to ensure that our specialist and professional services are freely available to female survivors of sexual violence who live in the 12 South London Boroughs. To meet this objective we ensure we are:

- Providing a woman-only service from a comfortable and anonymous building to ensure the safety of our clients
- Offering outreach services to improve accessibility for survivors
- Keeping abreast of new legislation, guidance, and practice.
- Ensuring that all workers receive continuing professional development training to offer a first-rate service to survivors
- Applying the Rape Crisis (England and Wales) National Service Standards
- Working in partnership with other agencies
- Engaging survivors and using their feedback to provide client focussed services
- Increasing our engagement with disadvantaged young people
- To ensure sustained funding for all services

To guarantee our work delivers on our aims, the Board and senior management team review our aims, objectives and activities annually, looking at the success of each key activity and the benefits they have

brought to the people we seek to help. Every month key management staff meets to discuss and ensure that the aims of the charity are being carried out successfully. Regular Board Reports are sent to the Trustees by all members of the senior management team to keep them informed of progress. We have referred to the public benefit guidance from the Charities Commission when reviewing our practices.

## 2. Organisational structure

The Board of Trustees are responsible for the finances, strategic direction and the policies and practices of the organisation. The CEO is responsible for the day-to-day provision of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Counselling, Helpline, Training and Prevention, and ISVA services all have a lead coordinator who is the Line Manager for their own team. The CEO currently line manages the Coordinators though this is due to change in the coming year to ensure a manageable workload for the CEO. External Clinical Supervisors are employed to ensure that front line workers are debriefed and working ethically in line with BACP guidelines. Administrators are responsible to each department and salaries are managed by an independent salaries clerk and a qualified external volunteer Bookkeeper uses SAGE to record the day-to-day financial activities. As at 1<sup>st</sup> January 2021 a chartered accountant was recruited to take over the financial activities. Salaries remain managed by an independent salaries clerk.

RASASC's long-standing CEO retired in August 2020, with an interim CEO Liz Felton taking over until a permanent replacement could be found (post year end we made an offer of a permanent appointment to Sharon Erdman in April 2021 And she took up the post of CEO on the 2<sup>nd</sup> August 2021. We anticipate the new appointment to result in a change in organisational structure over the coming years in order to better reflect the growing needs of the charity.

To ensure the standards of delivery and practice, RASASC has been accredited as a Therapy Centre by the British Association of Counselling and Psychotherapy, is a Member of the Helplines Association, adheres to the National Occupational Standards set by Rape Crisis (England and Wales). Is a member of NCVO, received a Highly Commended Award for Services for Disadvantaged Communities from the City of London (recognised by the European Business Awards), Investing in Volunteers Award, Beacon Status from the London Borough of Croydon, Helpline Worker of the Year from the Telephone Helplines Association, Voluntary Group of the Year from Croydon Council, one of the GSK/The King's Fund Impact Award winners and have been instrumental in many governmental task groups to ensure the voices of survivors are heard.

## 3. Our Services and standards

RASASC comprises five broad services. These are Helpline, Counselling, Advocacy, Outreach, Training & Prevention. RASASC is committed to providing an exceptional standard of service for women and girls who have experienced any form of sexual violence across all of our services. To provide this we comply with the National Service Standards for Rape Crisis England and Wales, as well as comply with BACP service standards for our BACP accredited counselling service.

At a minimum, all of our services met the following core standards:

- To deliver a client-focussed, woman-only specialist service for female survivors of sexual violence.
- To provide in-depth accredited in-house training to our volunteers, staff and counsellors.
- To work within the RASASC Empowerment Model.
- To recruit workers who reflect the diversity of London.
- To respond in a timely manner to all requests for information and support.



- To monitor our services regularly and make changes whenever necessary.
- To elicit feedback from service users and act on information to improve our services.
- To embed intersectional feminist ethics within the workplace and in all our services.

Below each of our service leads describe in more detail their service and the challenges and successes they faced this year.

### *Freephone National Rape Crisis Helpline*

*Helpline Coordinator (Maternity Cover): Rosa Knight*

RASASC run the national Rape Crisis helpline. It is open every day of the year from 12 to 2.30pm and 7pm to 9.30pm, supporting women and girls from 13 years old who have suffered from any form of sexual violence either recently or in the past, their families and friends. The Helpline offers emotional support, practical information and signposting.

This year we supported **4,658 callers**, more than 95% of these callers were survivors of sexual violence. More than one-third of callers who disclosed their experiences of sexual violence had experienced multiple violations. During the Covid lockdown the helpline has been a lifeline for thousands of women and girls. Many of the survivors contacting us found the Covid lockdowns particularly challenging, either due to childcare obligations and lack of privacy or because the sudden increase in time spent alone with their thoughts and memories of traumatic experiences.

Within a week, an office-based helpline had been transformed into an entirely remote service as telephony systems were upgraded and monitoring and recording systems were amended to ensure the helpline could continue providing confidential and accessible support from home. Recognising that physical restrictions of the Covid lockdown would lead to a lack of privacy for many service users, removing their ability to make confidential phone calls whilst simultaneously increasing the likelihood of further harm being perpetrated, we also set up an emotional support email service.

### *Counselling and Holistic Therapeutic Services*

*Adult Counselling Services Manager: Vicki Bothwell*

Our therapeutic service has been accredited by the British Association of Counselling and Psychotherapy (BACP) for the past 5 years. Based on our Empowerment Model, written by our Director of Clinical Services, Laura Joanknecht, we provide long term (up to a year) therapy is offered from Monday to Friday 9am to 8pm, by appointment, with one of our nineteen specialist qualified therapists. Each weekly session lasts for 50 minutes. Outreach therapy in Kingston, Greenwich, Bexley and Southwark, and at our Croydon base. Six free sessions of Body therapy are offered to clients at the Croydon base. Short term grounding sessions are offered to survivors going through the Criminal Justice System. All therapists receive Clinical Supervision in line with the BACP requirements and regular CPD training throughout the year.

In total this year **we provided face to face counselling to 480 women, and supported 915 women in total.** The impact of the Covid lockdown meant that we needed to close the waiting list to new referrals for the duration of the financial year, however, we had still had 99 new referrals, which included 20 children and young people referrals and 79 new adult referrals, which were all internal referrals from Advocacy and Outreach. The RASASC counselling service had never offered remote therapy pre-lockdown, and in three days the office team worked to phone every one of the 150 clients in therapy to move them over to



remote working, either over phone or by video call, and update all of our systems to enable us to get contact information for every client online.

Despite the national closures due to Covid, we are proud that the survivors who use our counselling service didn't miss a day of their counselling support following the office closure. The counsellors adapted to remote working amazingly and this is seen in the feedback we received this year from clients.

During Covid we were also able to offer additional spaces for pre-trial therapy (grounding sessions to clients going through the Criminal Justice System) due to Covid-specific funding from the Ministry of Justice. Some clients did decide to suspend their sessions until we are able to return to face to face, however most found remote sessions beneficial and sometimes preferable to face to face.

### *Independent Sexual Violence Advocates (ISVAs)*

*Advocacy Coordinator: Francesca Jarvis*

Our six Independent Sexual Violence Advocates (ISVAs) provide free and specialist practical, factual, and emotional support and information to survivors aged 13 and over who are going through the criminal justice system, or who are considering reporting to the police. We give clear and honest information about the whole criminal justice process, from reporting to the police to attending court, so survivors can make informed decisions that are right for them. We can give clear explanations of legal terms, police and Crown Prosecution Service (CPS) protocols, and survivors' rights within the system. Our ISVAs accompany survivors to police stations, CPS meetings, video statements, trial, and can liaise with police to ensure timely and accurate updates. We support survivors to challenge poor and discriminatory practice, making complaints, and submitting Victim's Rights to Reviews (VRRs) where a decision to take No Further Action has been made. Our ISVA team receive incredible feedback detailing the impact of their support for survivors. They provide links into specialist counselling and grounding sessions, and advocate with and for our clients throughout their journey within the system. Our IDSVA based at the Family Justice Centre (FJC), a drop-in service for survivors of domestic abuse in Croydon, also attends MARAC meetings, child protection conferences and provides a client-centred service for women and their children.

All our ISVAs have completed an accredited ISVA training course, either at the University of Worcester or run by Purple Leaf / Rape Crisis England and Wales. This year, the team supported **235 survivors and completed 11,658 contacts** during a very challenging year. The coronavirus pandemic transformed how we work with our move to remote working, and had a significant impact on an already stagnating criminal justice system. 226 survivors we worked with had an active police or CPS case, and 53 completed the process over the year. This emphasises the lack of movement within the system, and the unique challenges survivors face in a lengthy and confusing process.

### *Outreach Service*

*Outreach Worker: Stephanie Scott*

Our outreach service works in partnership with other organisations and provides initial emotional and information-based sessions with marginalised survivors who may be involved in sex work, be ex-offenders, using drugs and alcohol to cope, migrant women or women who are homeless. This year was a particularly unusual year for the Outreach department at RASASC. As with every service, the pandemic has had a huge impact on our work – particularly as we were unable to be physically based in the community. We adapted our approach to reaching survivors and ensured that we were able to continue to provide essential short-

term support within the pandemic context. The make up of the team also changed this year – we went from two Outreach workers down to one Outreach worker in September 2020. In January 2021 we recruited a new caseworker to cover practical aspects of support that the organisation has not previously offered. Her training was completed after the end of year, and so we will see the impact of her support in the year 2021-22.

The Outreach team **support 89 individual survivors and completed approximately 180 support sessions**, the majority of these by video or phone call. Of these survivors around 30% had experienced multiple forms of sexual violence, 28% had experienced CSA, 45% had been raped and 13% had experienced domestic abuse.

During this year we also began to deliver online Self Care and Consent workshops and advertised these through our Outreach partners. We delivered 4 workshops directed at external survivors, through our partnership organisations. 4 of the participants went on to receive outreach support after attending a workshop and 3 of those survivors have been linked into further support at RASASC following on from this.

### *Training and Prevention*

#### *Training Coordinator: Jayne Bullough*

Based on our front-line experience, our team of six trainers offer awareness raising talks, training and workshops to statutory and non-statutory organisations about sexual violence, the myths and effects and how best to support survivors. We provide workshops in schools, universities, and pupil referral units to educate young people about sexual violence, to dispel the myths and to understand consent. In addition, our training department deliver our accredited in-house training to ensure our workers maintain the highest standard in supporting survivors of sexual violence. All front-line workers have to successfully complete the 12-week accredited Sexual Violence training course accredited by the Open College Network (9 credits at level 3 - equivalent to an A level) The course includes all forms of violence against women and girls, the effects, myths, perpetrator information, and how to support survivors using our Empowerment Model. A modified version of the training course over 10 weeks is given to qualified Counsellors/Therapists which they must successfully complete before working with clients. Accredited CPD training is given throughout the year on subjects such Dissociative Identity Disorder, Trauma and Attachment, Art Therapy, working multi-Culturally, Body Therapy, delivered by specialist practitioners.

The delivery of sexual violence training and prevention during this year was significantly impacted by COVID-19. The size of our facilitation team reduced from seven to three women and we were unable to deliver any in-person training or workshops. After careful consideration of safety and support, we decided to postpone the delivery of prevention workshops with children and young people, until we could return to in-person sessions. This was a really difficult decision and significant gap in our provision.

However even with these very difficult circumstances, we were able to develop and deliver a programme of online training for adult practitioners. Overall, we reached **705 multi-agency and education practitioners, 22 women in the community and 19 young people** through a programme of online sexual violence training and prevention sessions. We were also able to maintain existing partnerships and develop new ones across statutory and voluntary services within south London, and several London based universities.



As part of our prevention work with universities, we were delighted to collaborate with University of Arts London, Arts SU, and Marshall E-learning Consultancy to develop an online sexual consent module. We were also thrilled to develop a briefing toolkit for Rape Crisis England and Wales, to support member centres in developing their approach to addressing sexual violence within the statutory relationship, sex, health and education curriculum (RSHE).

#### 4. Public benefit statement

The Board of trustees have due regard to the Charity Commission's guidance on public benefit. RASASC's work is grounded in a feminist understanding of sexual violence as both cause and consequence of gender inequality. As such the activities we undertake to support survivors of sexual violence and to prevent sexual violence are also directed at alleviating the impacts of gender inequality on everyone in society.

The extent to which sexual violence harms society is immeasurable. Recent ONS statistics suggest 11.5% of women in the adult population in England and Wales have experienced child sexual abuse, and every year over 75,000 women are raped. The impact of the national lockdown measures introduced in March of this year in response to the Coronavirus pandemic will have an untold effect on the sexual violence that women and girls experience, with many locked in with their abuser and others unable to access the coping mechanisms they have developed to support themselves.

This year we supported through our front-line services over 5,000 women and girls who have suffered from some form of sexual violence. Our services are free at the point of delivery and are offered to female survivors of sexual violence both nationally, through the helpline, and locally to women and girls in all twelve of the South London boroughs. The activities undertaken through our services further our Charity's purposes for the public benefit, as detailed further below.

#### 5. Governance and management

RASASC was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in 2006. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the Company are also Trustees of the Charity. This year saw significant turnover at Board level due to several factors. These included the impact of the coronavirus pandemic on childcare responsibilities, the impact on workload of the retirement of the CEO, and the result of a request for remaining board members to step down to enable an organisational refresh. Staff were involved in the recruiting of new trustees to the Board. The names of the Directors who served during the year and up to the date of approval of these financial statements are:

##### Trustees prior to 10th December 2020

- Diane Ovenden (resigned 10/12/20)
- Nicki Fraser (resigned 10/12/20)
- Carol McNaughton-Nicholls (resigned 7 April 2020)
- Lucy Aitkens (resigned 8 June 2020)
- Saima Hirji (resigned 10/12/20)
- Ruth Tedros (resigned 8 July 2020)
- Margaret Wrightson (resigned 10/12/20)



### Trustees from 10th December 2020 – Year End

- Fiona Vera-Gray
- Tricia O’Sullivan
- Gill Taylor
- Arti Naithani
- Nichole McGill-Higgins
- Siobhan Crawford (until 17<sup>th</sup> March 2021)

In an effort to have a skills-based Board, trustees are recruited based on the expertise and the time they can offer to RASASC, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RASASC. They are all obliged to sign a Conflict of Interest declaration form. At year end we had six Board of Directors (a maximum of nine) who range in experience from the Rape Crisis movement to commissioning, law, diversity and inclusion, and lived experience of sexual violence.

## 6. General governance

At year end all Board members must step down and be voted in. All elected Board members are given information on how to be a Trustee issued by the Charities Commission and the NCVO, as well as specialist governance training.

The Trustees hold Board meetings every 6 weeks with the CEO having received reports from all senior managers about their departments. From January 2021 until year end, monthly meetings were held in order to support the new Board. Any outcomes from the Board meetings are fed back to senior management at their monthly progress meetings. These meetings also became bi-monthly following the announcement of national lockdown measures in March 2020.

The Board of Trustees have sub-groups when certain issues need clarification and decisions. At year end there were five such groups: Governance; Human Resources; Finance, Fundraising and Risk; Diversity and Inclusion; Services and Strategy. Organisational strategy meetings with senior management are held annually and budgets agreed thereafter for the following year. All policies and procedures of the organisation must be agreed and signed off by the Board of Trustees and any Child Protection issues are immediately referred to the Board.

## 7. Risk Management

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies & procedures are produced so that the necessary steps can be taken to lessen these risks. The Risk Assessment and Mitigation Record is reviewed every year and updated by the Board of Trustees with the CEO. It contains assessments of Finances, Data Protection, Client Confidentiality, Maternity Safety, Fraud, Health and Safety of Clients and Staff, IT, Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RASASC and ensures a quality and standard of delivery of all our services.

## 8. Reserves and investment

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have

agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months. Under the Memorandum and Articles of Association, the charity has the power to make any investments which the Board of Trustees see fit.

#### 9. Covid-19 impact statement

The report for this year has been significantly impacted by the global coronavirus pandemic and the various national and local lockdowns introduced by government in response. In response to the lockdown announced on 16th March 2020, all face-to-face support was suspended, but online training had been developed. The service managers adapted operations and services, including Counselling, Advocacy and Helpline, to ensure continuing specialist support for victims and survivors of sexual abuse and sexual violence, offering a range of remote support to meet the needs of our clients mainly by telephone and video calls. Detail on how individual services adapted have been included in the Section 4 above. In addition, across services the need for additional clinical supervision was recognised as staff were working in isolation in their own homes, and this was provided. Whilst the effects of the pandemic are still ongoing, the Trustees have concluded there is reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

#### 10. Events after the reporting period

Following significant periods of lockdown over the entire reporting period of these accounts, there has been a dramatic downturn of the UK economy. The extent of the impact of the pandemic on the financial performance of RASASC continues past year end, and will depend on future developments, restrictions and the impact of COVID-19 on the overall economy, all of which are highly uncertain and unpredictable. Therefore an estimate of the financial effect is not possible at the date of issue of these financial statements. The Trustees consider the outbreak to be a non-adjusting post balance sheet event and will continue to closely monitor the situation.

#### 11. Small company provisions

The Board of Trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the Board of Trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

#### 12. RASASC Crawley

Our sister organisation in Crawley (Rape Crisis Surrey and Sussex) went into liquidation in August 2020. We purchased several of Crawley's fixed assets during the liquidation process. The liability of the premises remains Croydon's and we are seeking the possibility to sublet the premises to other charities who share our values.

#### 13. Reportable serious Incidents

Under Section 60 of the Charities Act 2011, Charities have a legal duty to confirm in their annual return that they have reported any reportable serious incidents to the Charities Commission in that reporting year. A serious incident is one that results or risks significant: harm to the charity's beneficiaries, staff, volunteers or others who come into contact with the charity through its work; loss of the charity's money or assets; damage to the charity's property; harm to the charity's work or reputation.

The board confirm that we have reported any reportable serious incidents to the Charities Commission during this reporting period.

#### 14. Statement of Disclosure of Information to Auditors

We, the Board of Trustees of the charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Charities Act 2011, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the company's auditors are aware of that information.

Approved by the Board of Trustees on *6<sup>th</sup> December 2021* and signed on their behalf by:



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Dr Fiona Vera-Gray, Chair, Board of Trustees



## Responsibilities of the Board of Trustees

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The charity's Board of Trustees are responsible for preparing a Board of Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity Board of Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing those financial statements, the Board of Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Board of Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. It is also their responsibility to safeguard the assets of the company and hence to take reasonable steps to prevent and detect fraud and other irregularities.

## Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre

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### OPINION

We have audited the financial statements of The Rape & Sexual Abuse Support Centre ('the charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31<sup>st</sup> March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

## OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

## RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.



Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

### Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- we identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

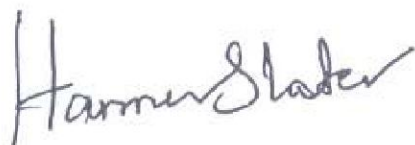
Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.



## USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



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HARMER SLATER LIMITED

Chartered Accountants & Statutory Auditors

Date: 6<sup>th</sup> December 2021

Salatin House

19 Cedar Road

Sutton, Surrey

SM2 5DA

Harmer Slater Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

**Statement of Financial Activities**  
**(including income and expenditure account)**  
**for the year ended 31 March 2021**

	Notes	Unrestricted Funds	Restricted Funds	2021	2020
		£	£	£	£
<b>Incoming Resources</b>					
<b>Income from:</b>					
Donations and legacies	3	31,702	-	<b>31,702</b>	<b>31,872</b>
Charitable activities:					
Grants receivable	4	750	1,251,401	<b>1,252,151</b>	<b>1,081,836</b>
Other income	5	32,473	-	<b>32,473</b>	<b>107,051</b>
Investment income		3,941	-	<b>3,941</b>	<b>878</b>
<b>Total Income</b>		<b>68,866</b>	<b>1,251,401</b>	<b>1,320,266</b>	<b>1,221,637</b>
<b>Expenditure on:</b>					
Charitable activities	6	-	1,096,620	<b>1,096,620</b>	<b>968,921</b>
Governance	7	110,652	-	<b>110,652</b>	<b>80,916</b>
<b>Total Expenditure</b>		<b>110,652</b>	<b>1,096,620</b>	<b>1,206,276</b>	<b>1,049,837</b>
Net surplus (deficit) for the year		(41,786)	154,781	<b>112,994</b>	<b>171,800</b>
<b>Reconciliation of Funds:</b>					
Total Funds brought forward		796,459	202,695	<b>999,154</b>	<b>827,354</b>
Total Funds carried forward		754,673	357,476	<b>1,112,148</b>	<b>999,154</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.



## Balance Sheet as at 31<sup>st</sup> March 2021 (Company no. 04113588)

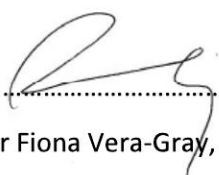
	Notes	2021 £	2020 £
<b>Fixed Assets</b>			
Tangible assets	13	80,921	91,020
<b>Current Assets</b>			
Debtors	14	454,240	145,566
Cash at bank and in hand		1,024,557	783,345
		1,478,797	928,911
<b>Creditors:</b> amounts falling due within one year			
	15	(447,570)	(20,777)
<b>Net Current Assets</b>		1,031,227	908,134
<b>Total Assets less Liabilities</b>		1,112,148	999,154
<b>The Funds of the Charity</b>			
Restricted Funds	18	357,475	202,695
Designated Unrestricted Funds	19	80,921	91,020
General Unrestricted Funds	19	673,751	705,439
<b>Total Funds carried forward</b>		<b>1,112,148</b>	<b>999,154</b>

For the financial year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Trustees on 6<sup>th</sup> December 2021 and signed on their behalf by:

  
 .....  
 Dr Fiona Vera-Gray, Chair, Board of Trustees

The notes on pages 23 to 34 form an integral part of these financial statements.

## Statement of Cash Flows

### For the year ended 31 March 2021

	Note	2021 £	2020 £
<b>Cash flows from operating activities:</b>			
<b>Net cash used in (provided by) operating activities</b>	21	248,244	168,831
<b>Cash flows from investing activities:</b>			
Purchase of tangible fixed assets		(7,002)	(21,755)
Disposal of tangible fixed assets		-	-
<b>Net cash used in investing activities</b>		(7,002)	(21,755)
<b>Change in cash and cash equivalents in the reporting period</b>		241,242	147,046
<b>Cash and cash equivalents at the beginning of the reporting period</b>		783,315	636,269
<b>Cash and cash equivalents at the end of the reporting period</b>		1,024,557	783,315



## Notes to the Financial Statements

### For the year ended 31<sup>st</sup> March 2021

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#### 1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

##### a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Funding has continued and extra funding for effect of COVID-19 has been provided by some funders to cover home working. No funders have withdrawn their funding or indicated that they intend to in the near future. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

##### b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape and Sexual Abuse Support Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

##### c) Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

#### d) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

#### e) Fund accounting

The funds held by the charity are either:

**Unrestricted general funds** – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

**Restricted funds** – these are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### f) VAT

The charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

#### g) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment                      - 33% straight line

Improvements to leasehold property        - over 15 years straight line

#### h) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

#### i) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the debt.



j) **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) **Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

## 2. Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

## 3. Income from Donations and Legacies

	Unrestricted	Restricted	2021	2020
	Funds	Funds		
	£	£	£	£
Legacies	13,872	-	13,872	-
Gifts and donations	17,830	-	17,830	31,872
	31,702	-	31,702	31,872

Income from donations and legacies during 2020 was all unrestricted.

#### 4. Income from Charitable Activities

	Unrestricted Funds	Restricted Funds	2021	2020
	£	£	£	£
<b>Grants</b>				
London Borough of Croydon	-	28,212	<b>28,212</b>	<b>29,563</b>
London Councils	-	60,058	<b>60,058</b>	<b>60,058</b>
Mayor's Office Policing & Crime	-	748,127	<b>748,127</b>	<b>684,205</b>
Solace Women's Aid	-	19,183	<b>19,183</b>	<b>19,183</b>
John Cowan Foundation	750	-	<b>750</b>	<b>750</b>
M of J Rape Support Fund	-	52,738	<b>52,738</b>	-
Children in Need	-	-	-	<b>11,925</b>
Labour Party	-	-	-	<b>1,250</b>
Women & Girls Network	-	206,192	<b>206,192</b>	<b>166,902</b>
Rosa Fund	-	30,000	<b>30,000</b>	<b>30,000</b>
Rape Crisis England & Wales	-	2,000	<b>2,000</b>	<b>1,000</b>
NHS England	-	71,000	<b>71,000</b>	<b>77,000</b>
Miscellaneous Grants	-	33,890	<b>33,890</b>	-
	<b>750</b>	<b>1,251,401</b>	<b>1,252,151</b>	<b>1,081,836</b>

Income from charitable activities in 2020 was made up of £750 in unrestricted funds and £1,081,086 in restricted funds.

#### 5. Other Income

	2021	2020
	£	£
Training income	20,112	70,683
GSK Impact award	-	30,000
Miscellaneous income	12,361	6,368
<b>Total</b>	<b>32,473</b>	<b>107,051</b>

Other income received during 2020 was entirely unrestricted.



## 6. Analysis of expenditure on Charitable Activities

	Unrestricted	Restricted	2021	2020
			Total	Total
	£	£	£	£
<b>Counselling</b>				
Counsellors' fees and staff costs	-	263,576	263,576	226,289
Specialist counsellors	-	74,115	74,115	27,137
Group counsellors	-	4,304	4,304	2,007
Research	-	-	-	-
Other costs	-	2,853	2,853	10,980
Support costs	-	116,126	116,126	86,596
	-	<b>460,974</b>	<b>460,974</b>	<b>353,009</b>
<b>Helpline</b>				
Operators	-	81,565	81,565	72,823
Telephone	-	18,949	18,949	9,875
Other costs	-	4,406	4,406	4,124
Support costs	-	70,354	70,354	60,255
	-	<b>175,274</b>	<b>175,274</b>	<b>147,077</b>
<b>Advocacy</b>				
Staff costs	-	202,340	202,340	159,301
Other costs	-	2,341	2,341	11,822
Support costs	-	42,212	42,212	39,511
	-	<b>246,893</b>	<b>246,893</b>	<b>210,634</b>
<b>Training and Operations</b>				
Trainer's fees	-	89,431	89,431	130,778
Other costs	-	5,914	5,914	1,925
Support costs	-	42,212	42,212	39,511
	-	<b>137,557</b>	<b>137,557</b>	<b>172,214</b>
<b>Outreach</b>				
Staff costs	-	75,060	75,060	84,751
Other costs	-	861	861	1,236
	-	<b>75,922</b>	<b>75,922</b>	<b>85,987</b>
<b>Total Spend</b>				
Charitable Activities	-	<b>1,096,620</b>	<b>1,096,620</b>	<b>968,921</b>

Expenditure on charitable activities in 2020 was made up of £968,921 from restricted funds.

## 7. Governance costs

	2021	2020
	£	£
Bank charges	105	80
Audit fees	2,528	1,828
Legal and professional fees	62,821	3,872
Loan to RCSAS written off	-	37,600
Ongoing RCSAS costs	30,132	-
Governance costs	15,067	37,536
	<b>110,652</b>	<b>80,916</b>

## 8. Support costs

	Staff costs	Premises	Other costs	2021	2020
	£	£	£	Total	Total
	£	£	£	£	£
Counselling	71,319	21,585	23,222	<b>116,126</b>	<b>86,596</b>
Helpline	42,350	13,490	14,513	<b>70,353</b>	<b>60,255</b>
Training & Operations	25,410	8,094	8,708	<b>42,212</b>	<b>39,511</b>
Advocacy	25,410	8,094	8,708	<b>42,212</b>	<b>39,511</b>
Governance	8,470	2,698	2,903	<b>14,071</b>	<b>37,536</b>
	<b>172,959</b>	<b>53,961</b>	<b>58,054</b>	<b>284,974</b>	<b>263,409</b>

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	40%/40%	40%
Helpline	25%/25%	25%
Advocacy	15%/15%	15%
Training & Operations	15%/15%	15%
Governance	5%/5%	5%

Estimates for allocating support costs are reviewed annually.

## 9. Employee Information

### Staff costs

	2021	2020
	£	£
Wages and salaries	597,873	475,833
Social and security costs	50,116	46,109
Pension costs, defined contribution scheme	11,791	10,649
Wages and salaries	<b>659,780</b>	<b>532,591</b>

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2021 Number	2020 Number
Counselling	3	2
Helpline	1	1
Advocacy	6	5
Outreach	3	3
Support	2	2
Training and Operations	2	2
	<b>17</b>	<b>15</b>

Fees/expenses are charged by Counsellors, Helpline workers, Volunteers and Supervisors.

There was 0 employees with emoluments above £60,000.

None of the trustees received any remuneration or reimbursement of expenses during the year.

## 10. Net income resources

This is stated after charging:

	2021	2020
	£	£
Depreciation	17,101	21,101
Auditors' remuneration – Audit fee	2,528	1,828



## 11. Related party transactions

As at the year end, the charity had a grant receivable from their umbrella charitable company, Rape Crisis (England & Wales) with an outstanding amount of £2,200 (2020: £Nil). The charitable company also enjoys a close working relationship with entities which provide funding to enable the charity to carry out its charitable company. During the year the charity provided counselling sessions/services to Solace and Women & Girls Network and received an amount totalling £206,192 (2020: £166,902) in the form of grants.

There were no other related party transactions during the year or amounts outstanding as at the year end.

## 12. Corporation Taxation

As a charitable company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

## 13. Tangible Fixed Assets

	Computer Equipment	Office Equipment	Improvements To Leasehold Property	Website	Total
	£	£	£		£
<b>Cost</b>					
At 1 April 2020	48,197	34,546	95,615	-	178,359
Additions	6,513	-	-	490	7,002
At 31 March 2021	54,710	34,546	95,615	490	185,361
<b>Depreciation</b>					
At 1 April 2020	35,937	32,902	18,500	-	87,339
Provision for the year	8,867	1,645	6,426	163	17,101
At 31 March 2020	44,804	34,546	24,927	163	104,440
<b>Net Book Value</b>					
At 31 March 2021	9,906	-	70,689	327	80,921
At 31 March 2020	12,260	1,645	77,115	-	91,020

## 14. Debtors

	2021	2020
	£	£
Grants receivable	431,368	110,845
Other debtors	12,788	25,294
Prepayments	10,084	9,427
	<b>454,240</b>	<b>145,566</b>

Included within grant receivables above, is a grant receivable from MOPAC amounting £362,220, which had not met the revenue recognition criteria and in consequence has been deferred into 2021/22 per note 15.

## 15. Creditors: amounts falling due within one year:

	2021	2020
	£	£
Other creditors	42,048	9,011
Deferred Income	394,349	-
Other tax and social security	11,173	11,766
	<b>447,570</b>	<b>20,777</b>

## 16. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

## 17. Pension Scheme

### Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge for the year represents contributions payable by the company to the scheme and amounted to £11,791 (2020: £10,649). There were £1,008 (2020: £984) contributions payable to the scheme at the end of the year.

## 18. Analysis of movements in restricted funds

### Current year

	Balance at 1 April 2020	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2021
	£	£	£	£	£
Advocacy	44,407	253,269	246,893	-	50,783
Helpline	54,263	188,925	175,274	-	67,914
Counselling	54,901	557,663	460,974	-	151,590
Training	25,217	169,218	137,557	-	56,878
Outreach	23,278	82,325	75,922	-	29,681
Crawley	629	-	-	-	629
	<b>202,695</b>	<b>1,251,400</b>	<b>1,096,620</b>	<b>-</b>	<b>357,475</b>

### Previous year

	Balance at 1 April 2019	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2020
	£	£	£	£	£
Advocacy	32,077	222,964	210,634	-	44,407
Helpline	34,832	166,508	147,077	-	54,263
Counselling	11,674	396,236	353,009	-	54,901
Training	1,816	195,615	172,214	-	25,217
Outreach	9,502	99,763	85,987	-	23,278
Crawley	629	-	-	-	629
	<b>90,530</b>	<b>1,081,086</b>	<b>968,921</b>	<b>-</b>	<b>202,695</b>

**Restricted funds are to be used only for the following specific purposes:**

**Advocacy** – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

**Helpline** – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

**Counselling** – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

**Training** – offers awareness raising talks, training and workshops to statutory and non-statutory organizations about sexual violence, the myths and effects, and how best to support survivors.

**Outreach** – provision of initial emotional and information based sessions with marginalised survivors.



## 19. Analysis of movements in unrestricted funds

### Current year

	Balance at 1 April 2020 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2021 £
Designated funds - Property	91,020	3,941	14,040	80,921
General funds	705,439	64,925	96,612	673,751
Total Unrestricted funds	796,459	68,866	110,652	754,673

### Previous year

	Balance at 1 April 2019 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2020 £
<b>Designated funds</b>				
Property	90,367	653	-	91,020
General funds	646,457	139,898	80,916	705,439
Total Unrestricted funds	736,824	140,551	80,916	796,459

### Name of unrestricted fund

### Description, nature and purpose of fund

General funds

The 'free reserves' after allowing for designated funds

Designated funds:

Property

The designated property fund represents the net book value of tangible fixed assets as these funds are tied up and are unavailable for general use by the charity.

## 20. Analysis of net assets between funds

	General Fund £	Restricted Funds £	Total £
Fixed assets	80,921	-	80,921
Current assets	1,121,322	357,475	1,478,797
Current liabilities	(53,221)	(394,349)	(447,570)
	<b>1,149,021</b>	<b>(36,873)</b>	<b>1,112,148</b>
<b>Previous year</b>			
Fixed assets	91,020	-	91,020
Current assets	760,056	168,855	928,911
Current liabilities	(20,777)	-	(20,777)
	<b>830,299</b>	<b>168,855</b>	<b>999,154</b>

## 21. Reconciliation of Net Income to Net Cash Flow from Operating Activities

	2021	2020
	£	£
<b>Net income/(deficit) for the reporting period</b>	112,994	171,800
<b>Adjustments for:</b>		
Depreciation charges	17,101	21,102
(Increase)/decrease in debtors	(308,644)	(27,293)
Increase/(decrease) in creditors	426,793	3,222
<b>Net cash used in (provided by) operating activities</b>	<b>248,244</b>	<b>168,831</b>

## 22. Lease Commitments

The charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2021 is as follows:

	2021	2020
	Total	Total
	£	£
Payable:		
Within one year	61,000	44,000
Later than one year and not later than five years	252,500	182,500
More than five years	232,250	210,250
	<b>545,750</b>	<b>436,750</b>

The amount of non – cancellable operating lease payments recognised as an expense during the year was £40,855 (2020: £466,852)

## 23. Events after the reporting Period

There have been no significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements other than the ongoing effects of the outbreak of the contagious disease COVID-19.