

Rape Crisis South London

England & Wales · Charity number 1085104

Details

Other names RAPE AND SEXUAL ABUSE SUPPORT CENTRE, RASASC

Status Registered

Legal form Charitable company

Company number [04113588](#)

Registered 2001-02-21

Register [View on the Charity Commission register](#)

Contact

Address c/o Veale Wasbrough Vizards LLP
Narrow Quay House
Narrow Quay
Bristol
BS1 4QA

Phone 02086833311

Email info@rasasc.org.uk

Website www.rasasc.org.uk

Activities

Objects: TO RELIEVE THE SICKNESS AND DISTRESS OF WOMEN AND GIRLS WHO HAVE SUFFERED RAPE AND SEXUAL ASSAULT HOWEVER LONG AGO

Activities: Support for survivors of sexual violence aged 4 and up : Counselling. Group, Play therapies. Self Esteem Workshops. Training and Consultancy for professionals. Prevention and Awareness workshops with young people. Advocacy support for survivors going through the Criminal Justice System. Outreach for survivors for who face additional marginalisation or barrier for support.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,106,261	£4,029,996	£2,015,709	84
2024-03-31	£3,397,622	-	£1,939,444	78
2023-03-31	£2,795,020	£2,368,432	£1,693,733	48
2022-03-31	£1,507,235	£1,352,238	£1,267,145	29
2021-03-31	£1,320,266	£1,206,276	£1,112,148	17

Trustees

Name	Role	Appointed
Catherine Woodhead		2025-10-06
Charlotte Flew		2025-10-06
Francesca Costi		2025-10-06
Leah Hayley Parry		2025-10-06
Sheetal Dalal		2021-07-07
Sophie Kate Howes		2022-07-05
Zoe Kate Tisdall		2022-07-05

Rape Crisis South London

England & Wales - Charity number 1085104

Accounts

**ANNUAL
REPORT
AND
FINANCIAL
STATEMENTS**

FOR THE YEAR ENDED 31 MARCH 2025

(A Charitable Company Limited by Guarantee)

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2025

STATUS

Rape Crisis South London (previously Rape and Sexual Abuse Support Centre) is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

ADMINISTRATIVE INFORMATION:

Charity Name: Rape Crisis South London (RCSL) - previously Rape and Sexual Abuse Support Centre (RASASC)
Charity Registration Number: 1085104
Company Registration Number: 4113588
Registered Office: c/o Veale Wasbrough Vizards Llp Narrow Quay House, Narrow Quay, Bristol BS1 4QA
Telephone: 0208 683 3311
Website: www.rapecrisissouthlondon.org.uk

FINANCIAL INFORMATION:

Independent Auditors: Shaw Gibbs (Audit) Limited. Salatin House, 19 Cedar Road, Sutton, SM2 5DA
Bank: CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

BOARD OF TRUSTEES:

Chair: Sheetal Dalal
Trustees: Alana Carrasco
Sophie Howes
Zoe Tisdall

“MY COUNSELLOR MADE ME FEEL LISTENED TO, SHE UNDERSTOOD ME CULTURALLY WHICH MADE A BIG DIFFERENCE IN MY SUPPORT, AND SHE ALSO MADE ME SEE THAT I AM A LIKEABLE PERSON DESPITE MY PAST AND MY DIFFICULTIES.”

RCSL SURVIVOR

“THANK YOU FOR SUPPORTING ME TO REGAIN CONTROL OF MY LIFE AND MY BODY.”

RCSL SURVIVOR



CHARITABLE OBJECTIVES

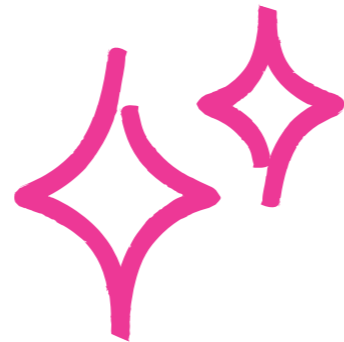
The charitable company's Board of Trustees (who are also the Board of Directors of Rape Crisis South London for the purposes of company law) are pleased to present their report together with the audited financial statements of the charitable company for the year ended 31 March 2025 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

MISSION
PROVIDING SPECIALIST SUPPORT TO WOMEN AND GIRLS WHO HAVE EXPERIENCED RAPE AND/OR CHILDHOOD SEXUAL VIOLENCE AND ABUSE.

VISION
A WORLD FREE FROM SEXUAL VIOLENCE, WHERE SURVIVORS ARE BELIEVED, RESPECTED, AND SUPPORTED.

VALUES
HOPE. SOLIDARITY. EMPOWERMENT.



“ You've helped me realise my strength again. Sometimes when you're feeling vulnerable it can be easy to forget but this has been really valuable and I appreciate it so much.

RCSL SURVIVOR

We are a feminist organisation and see gender inequality as a cause and consequence of violence against women and girls. We recognise that women's experiences of sexual violence and seeking support will be different depending on their relationship to intersecting axes of oppression. We strive to embody anti-racist and anti-oppressive practice and actively challenge unequal power dynamics in our work and the wider world. We live in a world which doesn't treat survivors of sexual violence with the care they deserve. Care underpins everything that we do.

Rape Crisis South London was launched in 1985 as part of a Women's Aid project.

In 2010 we became an independent charity based in Croydon under the name Rape and Sexual Abuse Support Centre (RASASC).

We focus on providing a high standard of professional support to female survivors of sexual violence. In December 2024, the charity changed its name to Rape Crisis South London.

Our mission, as stated in our charitable objectives (Memorandum and Articles of Association, dated 23 November 2000, amended on 22 September 2022) is to relieve the sickness and distress of people who have suffered rape and sexual assault, however long ago. We pursue this mission by providing:

Adult Counselling
Our adult counselling department offers specialist, trauma informed face-to-face and online counselling for women aged 25 and over who have experienced sexual violence at any point in their lives.

Children & Young People Support
Trauma-informed face-to-face counselling for women and girls aged 13 to 24 years and play therapy for girls aged 4+, who have been raped or sexually abused at any time in their lives and who live in any of the South London boroughs.

Independent Sexual Violence Advocates (ISVA)
Specialist support to women and girls (aged 13+) considering reporting to the police or currently navigating the criminal justice system. Practical, factual and emotional support during involvement with the criminal justice system.

Training Prevention & Awareness
Training programmes to help organisations support survivors of sexual violence.

Awareness briefings to break the silence, challenge myths, and build a culture of support for survivors.

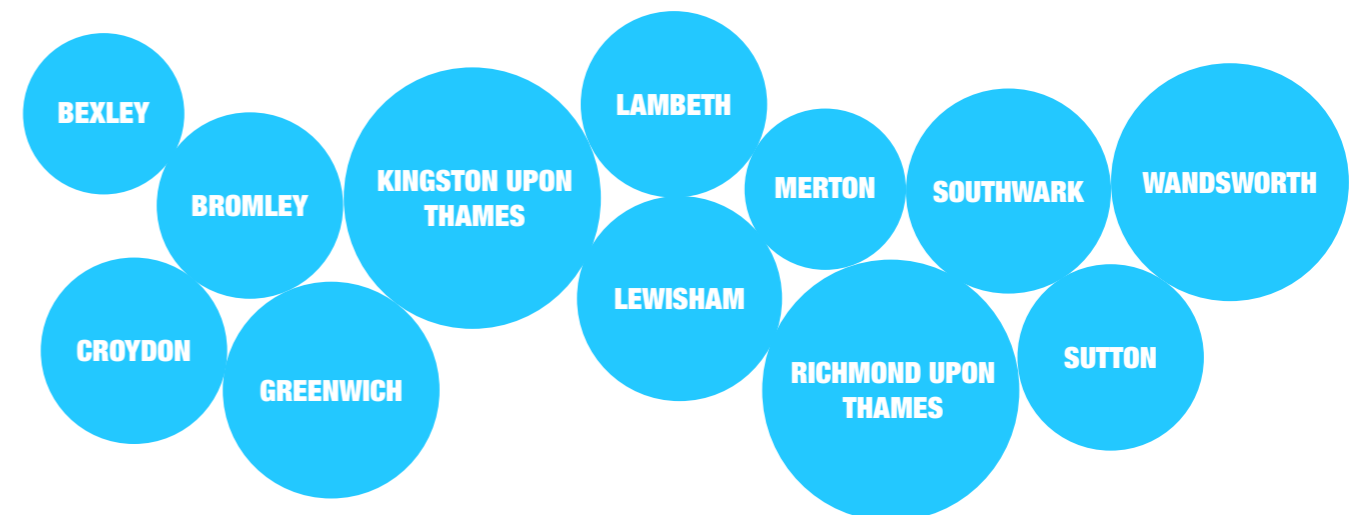
Workshops for schools, colleges, and youth settings with trauma-informed practice on sexual violence, consent, and respectful relationships - creating safe spaces for young people to explore these topics with care.

National Support Line
Providing (as part of a consortium led by Rape Crisis England and Wales) a 24-hour, 7 days a week specialist support line service to all survivors of rape and sexual violence aged 16+ in England and Wales.

Survivor Voices
A space for women who have used RCSL's services to share insights, take part in decision-making, and help shape our work.

OUR SERVICES COVER TWELVE SOUTH LONDON BOROUGHES

Programmes and support are available at our main Croydon location (female-only centre) or through satellite locations in Bexley. Greenwich. Kingston Upon Thames. Lambeth. Southwark. Wandsworth.



A WORD FROM THE CHAIR



I am pleased to present our 2024/25 annual report and financial statements.

In May 2024, we bid farewell to our CEO, Sharon Erdman, and in August 2024 welcomed Red Godfrey-Sagoo as her successor. With her strong track record, Red was the ideal choice to lead the charity through a period of transformation. Upon arrival, she began a period of significant organisational change - a task that included restructuring processes and establishing a full senior leadership team, all while ensuring uninterrupted delivery of core services. This work will continue into the next financial year.

This has also been a difficult year due to an investigation by a professional body into a tragic incident from 2021. We remain deeply saddened by this event. In response, we have implemented a fundamental shift in the way we operate - moving to an interventionist model, aligned with the wider Violence Against Women and Girls (VAWG) sector. The investigation has now concluded.

As always, demand for our services remains extremely high, with waiting lists of up to two years for some provisions. Alongside this, we continue to face the usual funding and political pressures.

Nevertheless, we have used both qualitative and quantitative data to advocate with funders and partners for increased sector-wide investment. One highlight was the success of our first Christmas Challenge fundraising campaign, delivered through Big Give, which provided matching funding for donations.

In late 2024, I attended the Rape Crisis England and Wales annual conference, marking 50 years of the movement. The event brought together staff, volunteers, and some of the original founders, whose pioneering work built the foundation of today's services. It was a powerful reminder of the importance of collective action in supporting survivors.

In December 2024, a special resolution by the Board of Trustees formally changed our registered name from 'Rape and Sexual Abuse Support Centre' (RASASC) to 'Rape Crisis South London' (RCSL).

The year 2025 marks our 40th anniversary. To recognise this milestone, we have implemented a new brand identity, one that's designed to reflect our determination to highlight the injustices faced by women and girls experiencing violence. The brand represents

solidarity with all survivors of rape and sexual abuse and extends far beyond the twelve London boroughs that we serve.

On behalf of the Board of Trustees, I thank our staff and volunteers for their dedication in supporting survivors and creating positive change. We also extend gratitude to our supporters and donors for their contributions, whether financial, pro-bono, or through advocacy.

I would also like to thank our trustees for their guidance and support. At board level, there were no changes. However, in September 2025 we said farewell to trustee Alana Carrasco at the end of her three-year term and thank her for her service. At the time of writing, we are pleased to welcome four new trustees: Catherine Woodhead, Francesca Costi, Leah Parry, and Charlotte Flew, who bring valuable expertise to our mission.

It has been a challenging year, but also one of progress and learning. I am optimistic for the future and remain sincerely committed to my role.

Sheetal Dalal
CHAIR

A WORD FROM THE CEO



As we approach our 40th anniversary, Rape Crisis South London stands at a defining moment in its history. This milestone is not only a time to reflect on four decades of dedicated service but also to embrace a bold new chapter—one marked by transformation, learning, and an unwavering commitment to the women and girls who turn to us in their most difficult moments.

A bold transformation

When I stepped into the role of CEO in September 2024, my mission was clear: to capitalise on the charity's incredible legacy and to strengthen the organisation through meaningful change. Towards this goal, following an incident in 2021 and the subsequent external investigation, we have completely transformed the way we work - embracing an **interventionist model** in line with the wider Violence Against Women and Girls (VAWG) sector. This transformation has touched every part of our organisation—governance, leadership, safeguarding policies, and the complete retraining of our staff—to ensure an unrivalled culture of accountability, compassion, and excellence.

But change is about more than systems and structures—it's also about people. I feel privileged to work with a team that is proactive and trauma informed. Their determination to succeed and their willingness to adopt new methods has been inspiring – as has their commitment to ensuring that the survivors who reach out to us receive the support they need. In the twelve months to March 2025, we delivered more than 6,000 hours of adult counselling, over 2,800 hours of advocacy support and more than 6,200 hours of CYP counselling support to hundreds of survivors. An incredible achievement.

Rebranding that's more than just a name change

Our transformation has also been about reimagining who we are. In January, we rebranded and renamed the organisation to become **Rape Crisis South London**, a name that reflects our straightforward and unapologetic stance and our growing role as advocates for change. Alongside providing frontline support across 12 London boroughs—serving a population of 3.2 million people—we're amplifying the voices of survivors, challenging harmful narratives,

and driving forward the national conversation on sexual violence.

A key part of this strategy was the creation of our first-ever report in March 2025. 'Writing the Wrongs - Myths, Bias and Discrimination' — an in-depth analysis of 40 years of media reporting on sexual violence in the UK —was launched at an event at the Houses of Parliament in June and has already sparked important dialogue about representation, stigma, and an urgent need for change.

Future forward

As we celebrate our 40th anniversary, I want to thank our many supporters, partners, staff, and trustees for their dedication and belief in our mission. Together, we will continue to stand with survivors and remain a powerful force for good in the fight against rape and sexual violence.

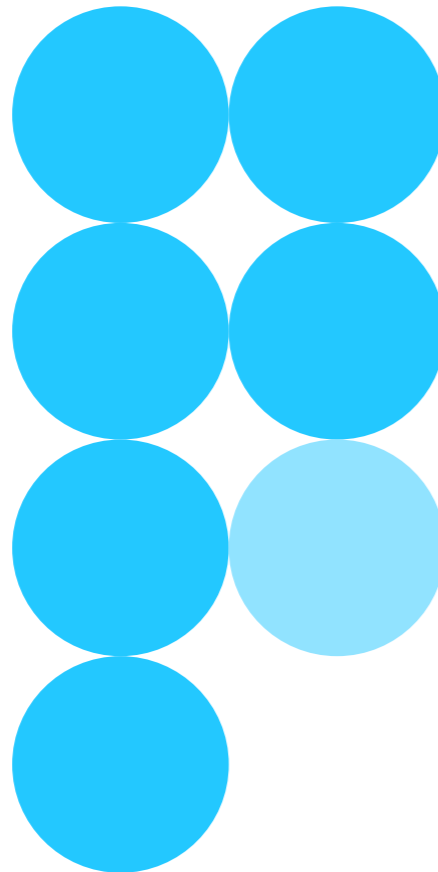
Red Godfrey-Sagoo
CHIEF EXECUTIVE OFFICER

RAPE AND SEXUAL VIOLENCE KNOWS NO BOUNDARIES

IT'S A CRIME THAT'S COMMITTED FAR AND WIDE, ACROSS ALL AGE GROUPS AND IN EVERY FEMALE DEMOGRAPHIC*

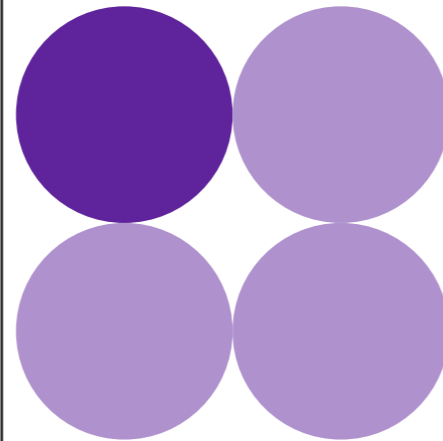
6 OUT OF 7

rapes against women are carried out by someone they know



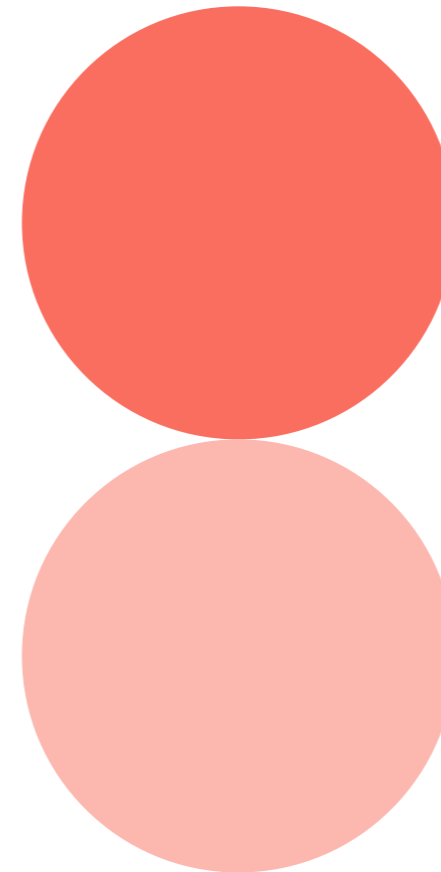
1 IN 4

women have been raped or sexually assaulted as an adult



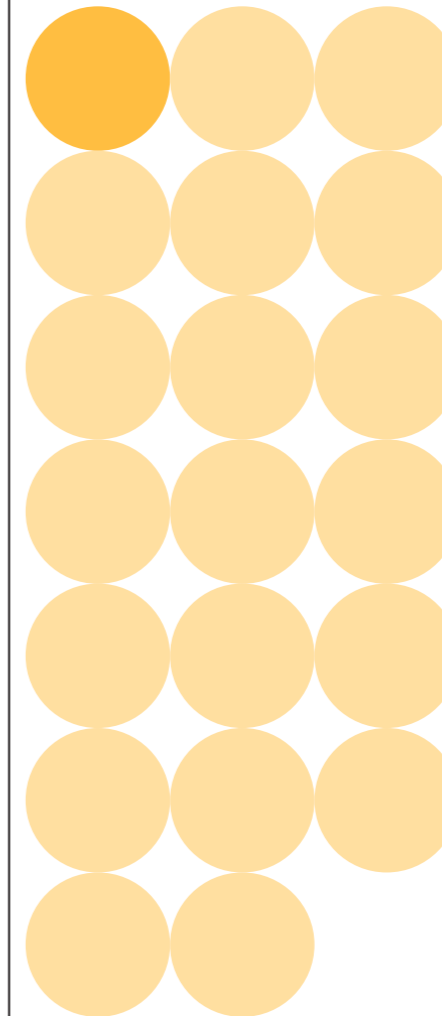
1 OUT OF 2

rapes against women are committed by a partner or ex-partner



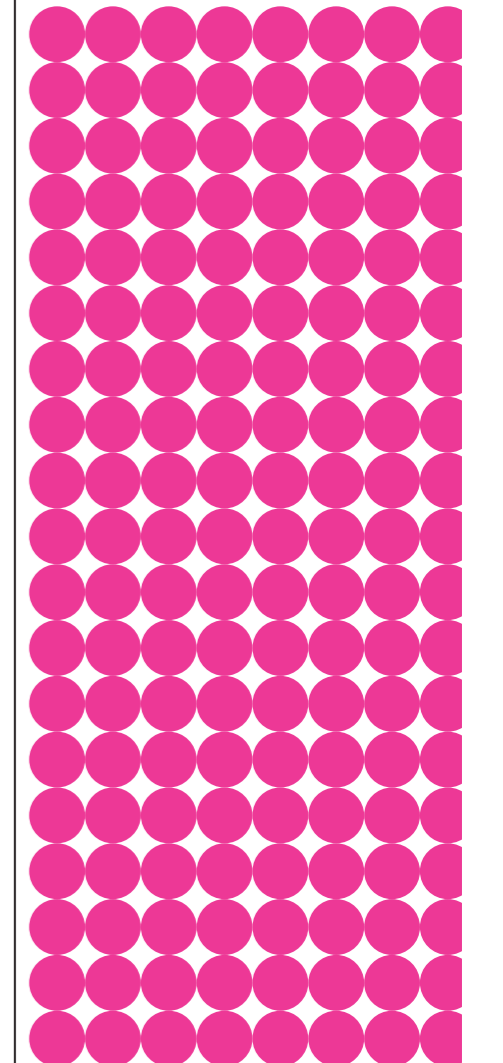
1 IN 20

children in the UK have been sexually abused



500K+

children are sexually abused every year



*Source: Rape Crisis England and Wales 2025.

WHAT WE DO

RCSL PROVIDES CONFIDENTIAL SUPPORT, COUNSELLING, LEGAL ADVOCACY, CRISIS INTERVENTION AND MORE FOR SURVIVORS OF RAPE AND SEXUAL VIOLENCE.

01

ADULT COUNSELLING

Our adult counselling department offers specialist, face-to-face and online counselling for women aged 25 and over who have experienced sexual violence at any point in their lives.

Our services are available to women who reside or work within South London. We welcome survivors of all ethnicities, religions, cultures, and socio-economic backgrounds.

02

AWARENESS AND PREVENTION

Sexual violence is a crime that's shrouded in silence, myths, and false information. **We are committed to ending this status quo**, creating cultures where survivors are believed and supported, and where abusive behaviour is not tolerated. From online communications to media involvement, public events and on-site tutorials, **we're raising awareness** of the realities of sexual violence and promoting supportive cultures in schools, at work and at home.

03

CHILDREN AND YOUNG PEOPLE (CYP)

We provide unique support services for survivors of rape and sexual violence aged 4 to 24 years. This includes trauma-informed face-to-face counselling for women and girls aged 13 to 24 years and play therapy for girls aged 4+, who have been raped or sexually abused at any time in their lives and who live in any of the South London boroughs.

04

INDEPENDENT SEXUAL VIOLENCE ADVOCATES (ISVA)

Our ISVA team offers specialist support to women and girls aged 13 and over and who have survived rape and sexual abuse and who are thinking of reporting to the police or are currently reporting through the criminal justice system.

05

PRACTITIONER TRAINING

Our training programme is founded on our decades-long history of providing specialist sexual violence services in London and is delivered by accredited, front-line support practitioners.

We offer specialist training to both statutory and voluntary agencies as well as private companies.

06

YOUTH AND EDUCATION SERVICES

Young people need safe spaces to talk openly and honestly about sexual violence and consent.

To answer this need, we have developed empowerment workshops for young people which complement the statutory Relationships, Sex and Health Education (RSHE) curriculum and explore these important topics in a safe and age appropriate way.

07

SURVIVOR VOICES

Ensuring that we respond to the needs of the women who use our services in the best way we can is critical to our mission. To achieve this, we created Survivor Voices – a space for women who have used RCSL's services to share insights, take part in decision making, and help shape our work.



*Source: Rape Crisis England and Wales 2025.

ADULT COUNSELLING

Our adult counselling service provides specialist, face-to-face and online counselling for women aged 25 and over, who have experienced sexual violence at any point in their lives. Our services are available to women who reside or work within South London. We welcome survivors of all ethnicities, religions, cultures, and socio-economic backgrounds.

PERSONAL COUNSELLING

Our counsellors will provide dedicated, one-to-one support to help you address the emotional impact of sexual violence and abuse.

THERAPEUTIC MASSAGE

A gentle, nurturing experience that provides positive touch in a safe, caring, and consensual environment. This therapy helps release physical tension, aches, and trauma stored in the body. Therapeutic massage sessions promote well-being, with a focus on respect, comfort, and consent throughout the process.

PEER SUPPORT GROUPS

Following one-to-one counselling, you'll have the opportunity to join peer support groups for continued assistance.



Our approach is designed to help you rebuild your life. We focus on growing your resilience and providing tools to help you cope with trauma's lasting effects. A combination of strategies help you identify your strengths, choices, and the impact of broader societal issues such as sexism and patriarchy.

COPING STRATEGIES AND GROUNDING TECHNIQUES

We help you find practical tools to manage emotional distress, trauma responses, and reconnect with the present moment. These techniques are essential for managing the effects of trauma and helping you regain a sense of balance and connection between your mind and body.

GENTLE AND EMPATHETIC

We understand that building trust takes time. Our counsellors guide you through the process at your own pace.

EMPOWERMENT-BASED

Our counselling approach helps you reclaim your strength and become the expert in your own healing journey.

CONFIDENT AND PROFESSIONAL

Our service is strictly confidential and provided by highly qualified, experienced female therapists. We do not use volunteer or placement counsellors.

RESEPECTFUL AND HONEST

Our approach is non-judgmental and focused on providing a space for you to process difficult thoughts, emotions and body sensations.

"THROUGHOUT THE SESSIONS WITH MY COUNSELLOR AT RAPE CRISIS SOUTH LONDON, I FELT VALUED, BELIEVED AND LISTENED TO."

RCSL SURVIVOR

We have delivered

6,002
HOURS

of counselling

353

Bodywork sessions

101

group sessions with

91

unique clients

A waiting list of

300

190

unique clients supported throughout the year with long-term counselling

ADVOCACY

Our ISVA team provides specialist support to women and girls (aged 13+) who have experienced rape or childhood sexual abuse, and are considering reporting to the police or currently navigating the criminal justice system.

We also provide an independent and confidential case worker service across South London, to women aged 18 and over who are receiving support from our counselling, outreach and advocacy services. Our case workers can help navigate housing and welfare benefits systems.

We provide practical, factual and emotional support during your involvement with the criminal justice system.

We explain the process from 'report to court' and provide you with honest choices so you can make informed decisions.

We provide clear explanations of legal terms, proceedings, police protocols and your rights.

We can accompany you to police stations, Forensic Medical Examinations (FME)'s, Sexual Assault Referral Centre (SARC) appointments and Crown Prosecution Service meetings.

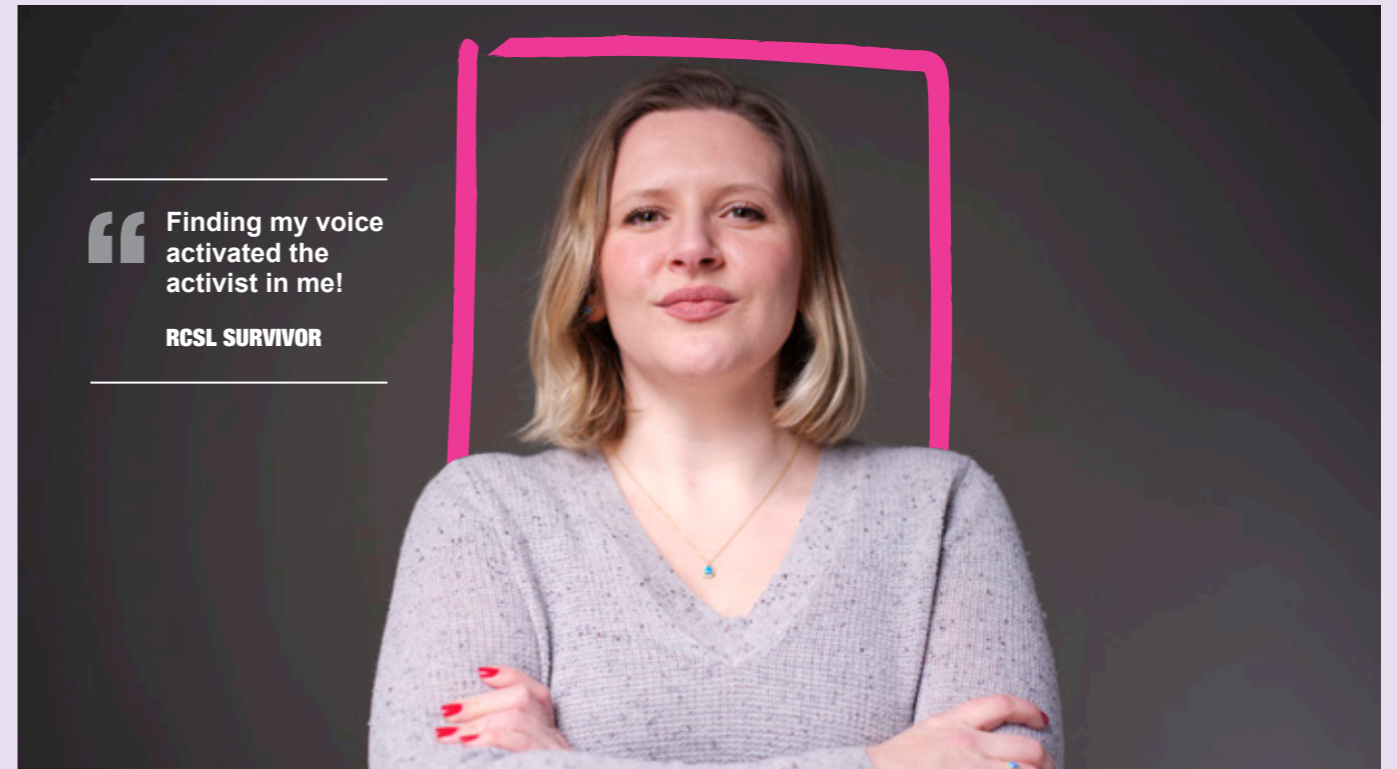
We can deliver a thorough overview of a trial, including multiple live court visits and support you at court during the trial itself.

We can signpost to specialist counselling.



"I FEEL EXTREMELY SUPPORTED BY MY CASEWORKER. I RECEIVED VERY PROFESSIONAL AND KIND SUPPORT – SHE'S ALWAYS WELL INFORMED AND ABLE TO HELP ME MANAGE MY ISSUES."

RCSL SURVIVOR



“ Finding my voice activated the activist in me!

RCSL SURVIVOR

We have delivered

2,813
HOURS
of advocacy support

407
days on average, our survivors stay with RC SL

384
days on average, survivors stay engaged with the CJS

21
survivors have cases pending

We have a total of
108
clients on our waiting list

We have supported
227
clients (24-25yrs old)

Reasons given for the victim/witness not reporting to the Police

LOW CONVICTION RATES

Fearful of retaliation from Perpetrator / Length of investigation / Lack of trust in Police handling of reporting / Myths about corroborating evidence being needed to report / Social pressure to 'move on' and not report

68

survivors reported the crime to the police during or after engaging with our service

CHILDREN & YOUNG PEOPLE (CYP)

We provide trauma-informed face-to-face counselling for women and girls aged 13 to 24 years and play therapy for girls aged 4+, who have been raped or sexually abused at any time in their lives and who live in any of the South London boroughs.

We know that with the right support, children and adults can find ways to re-build and move forward from the sexual violence they have endured. Our services provide a safe and structured space for recovery.

COUNSELLING IS AVAILABLE FOR UP TO 30 SESSIONS, with an initial consultation.

PLAY THERAPY FOR GIRLS AGED 4+ YEARS

This is designed to create an opportunity where young survivors can express their feelings through art and play. All sessions are facilitated by qualified and experienced therapists who specialise in working with children.

GIRLS AGED 15+ ARE WELCOME TO CONTACT US AND SELF-REFER IF THAT SUITS THEIR WISHES

This ensures young people have space to make their own choices about when or whether they want support.

FOR GIRLS AGED UNDER 5 YEARS OLD we can also take referrals from parents, social workers, schools, CAMHS, police, and health and other professional agencies such as NSPCC.



THERAPIES OFFERED PLAY THERAPY
aged 4 to 12+ Face-to-face sessions.

CREATIVE THERAPIES
all ages welcome.

TALKING THERAPIES
aged 12 to 24 (up to 30 sessions) - online, face-to-face in our Croydon help centre, in an educational setting, at one of our hubs, or by telephone.

EMDR SPECIALIST
specialist therapy for trauma recovery.

GROUNDING / STABILISATION
6 sessions.

EMOTIONAL WELL-BEING CHECK INS
safeguarding risk assessments - ad hoc.

FAMILY SUPPORT
one-to-one - 6 sessions.

SUPPORT GROUPS
parents / young people groups - 8 persons per group - 8 sessions.

We have delivered

6,237
HOURS
of counselling

653
sessions of play therapy

We have supported

24
grounding/stabilisation sessions

222
CHILDREN & YOUNG PEOPLE
clients throughout the year

“I STILL HAVE MOMENTS WHERE I FEEL TRIGGERED, OR WHERE I DOUBT MYSELF, BUT THE COUNSELLING I RECEIVED FROM RAPE CRISIS SOUTH LONDON HAS EQUIPPED ME TO DEAL WITH THESE FEELINGS AND STAY IN CONTROL.”

RCSL SURVIVOR

TRAINING AND PREVENTION

It's a crime that knows no boundaries, yet this form of abuse is shrouded in silence, myths, and false information. We are committed to breaking the silence, creating cultures where survivors are believed and supported, and where abusive behaviour is not tolerated.

We offer specialist training to both statutory and voluntary agencies as well as private companies. We ensure all training requirements are met to support the needs of the survivors who access your organisation and work within your workforce.

We believe that young people need **safe spaces to talk openly and honestly** about sexual violence and consent. Meaningful conversations about these topics, as well as factors such as primary prevention, respectful relationships and the impact of social media can empower young people to challenge the attitudes and beliefs that support sexual violence.

To support this, we have developed empowerment workshops that complement the statutory RSHE curriculum, offering young people a safe, age-appropriate space to explore these important topics.

	SESSIONS	HOURS	ATTENDEES
TRAINING MULTI-AGENCY PROFESSIONALS	34	134	708
TRAINING EDUCATION/YOUTH PROFESSIONALS	19	56	538
PREVENTION SESSIONS	26	23	253
COMMUNITY SESSIONS	12	17	13

Total of **91** sessions, delivered in **230** hours to **1,512** participants

“RAPE CRISIS SOUTH LONDON HAS BEEN AN INVALUABLE PARTNER IN OUR MISSION TO ERADICATE SEXUAL VIOLENCE FROM THE GOLDSMITHS COMMUNITY. THEIR EXPERTISE, COMPASSION AND COMMITMENT HAVE ELEVATED OUR TRAINING TO ENSURE THAT ALL STAFF KNOW HOW TO SPOT UNWANTED BEHAVIOUR AND THE RESPONSIBILITIES TO SURVIVORS. WE WILL CONTINUE TO WORK WITH RAPE CRISIS SOUTH LONDON AS THEY POSITIVELY IMPACT OUR CAMPUS CULTURE TO MAKE IT A SAFER PLACE FOR ALL WHO STUDY AND WORK.”

GOLDSMITHS

We delivered multi-agency professionals training on 'Understanding and Responding to Sexual Violence' to 26 different organisations, some more than once, as well as three 'open' training sessions for individual professionals co-delivered with survivors from Survivor Voices.

Partners included Refuge, SWLSG Mental Health NHS Trust, Safer Waves, South London and Maudsley NHS Trust, Bromley and Croydon Women's Aid, Women in Prison, Refugee Council and RJ4All, as well as several borough councils across South London.

We delivered education and youth professionals training on 'Understanding and Responding to Young People's Experiences of Sexual Violence' to 10 different groups of practitioners.

Partners included Goldsmiths, Kingston College, Phoenix Place, Unlocking Potential, UCL. Schools, youth groups and universities where we delivered prevention work included Crescent Primary School, RJ4All, Mountview, Bromley Trust Academy and Street Vibes Academy.

We delivered community workshops with Aspiring Young Women, Pecan/Women in Prison Women's Hubs and Sutton Women's Centre.

We delivered workshops in universities such as LSE, SOAS, UCL.

PARTNERS BY BOROUGHS

CROYDON

The Cassandra Centre, OneCroydon, Every 3 Seconds, Lithuanian Saturday School, Aspiring Young Women, Crescent Primary School

LEWISHAM

Lewisham Young People Pathway Service, Refugee Council, Lewisham Refugee and Migrant Network, Pecan/Women In Prison Women's Hubs, Goldsmiths

SOUTHWARK

RJ4All, Maudsley Hospital (SLaM NHS Trust), Southwark Talking Therapies, PhoenixPlace, Mountview

KINGSTON

Kingston Borough Council, Achieving for Children, Kingston College

GREENWICH

Greenwich Borough Council, SV Academy

LAMBETH

Women In Prison

BROMLEY

Bromley and Croydon Women's Aid, Bromley Trust Academy

SUTTON

Sutton Borough Council, Nonsuch School for Girls, Sutton Women's Centre

WANDSWORTH

MARAC Professionals

RICHMOND

RCDAS

SURVIVOR VOICES

Ensuring that we respond to the needs of the women who use our services in the best way we can is critical to our mission.

To achieve this, Survivor Voices is a space for women who have used RCSL's services to share insights, take part in decision-making, and help shape our work.

- The development of the organisation's strategy
- Any future brand re-design
- Service development
- Opportunities to connect with other women who share similar experiences in a supportive space.

“I joined the group after a year of individual counselling and several months of group therapy. I wanted to give something back to an organisation that had supported me, helped me to heal, and enabled me to grow into a calmer person with a better understanding of myself and my behaviour. I was helped by RCSL (formerly RASASC) in my 40s, even though my experience of sexual violence was when I was 14. It's never too late to work on yourself.”

RCSL SURVIVOR



SURVIVORS WE SUPPORTED

AGE

20%

of the clients we support are under 18 years old

55%

of the clients we support are between 18 and 34

25%

of the clients we support are over 35 years old

EMPLOYMENT

25%

of our clients are students

5%

are unemployed or are long-term sick

DISABILITY

51%

of our clients have disclosed they have a disability

49%

of our clients have disclosed they do not have a disability

TOP 3 TYPES OF DISABILITY

**MENTAL HEALTH/
LEARNING DIFFICULTY/
LONG TERM SICKNESS**

ETHNICITY

2IN5

of our clients have a White/White British background

1IN5

of our clients have an Asian/Asian British or Other background

1IN4

of our clients have a Black/Black British background

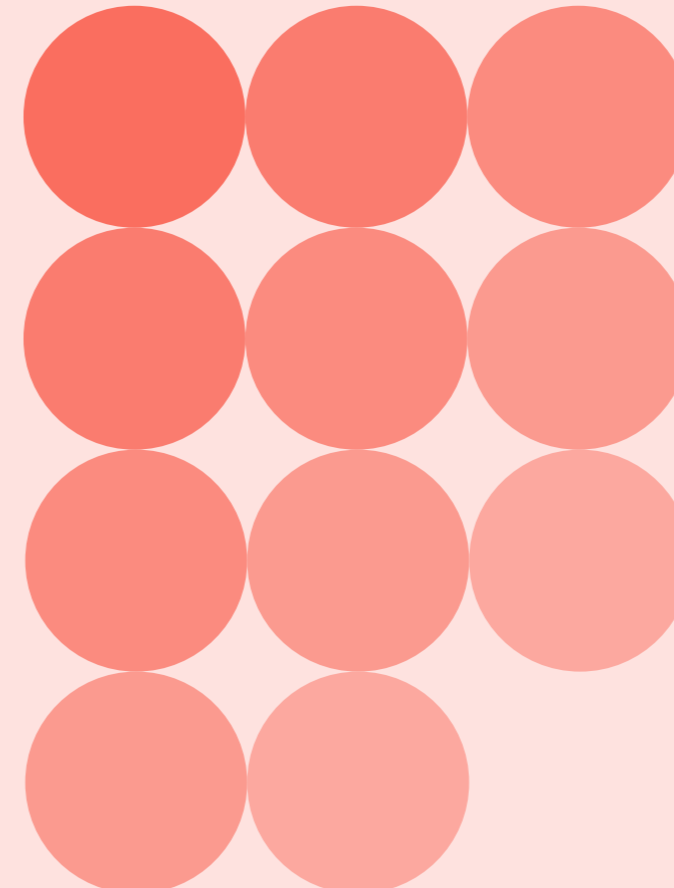
SEXUALITY

16%

of our clients we support identify as LGBTQIA+

LANGUAGES

Our clients speak a total of 11 different languages





TABLES OF DATA: Total of 665 unique referrals

AGE

12 years and under	22	
13 to 17		112
18 to 24		196
25 to 34		170
35 to 44	78	
45 to 54	56	
55 to 64	27	
65 and over	4	
		665 <small>Total</small>

DISABILITY

No Disability	240	
Not stated	232	
		472 <small>Total</small>

ETHNICITY

White		293
Black British	165	
Asian/ Asian British	43	
Mixed Dual	58	
Chinese	7	
Any other ethnic group	24	
Not able to obtain	75	
		665 <small>Total</small>

SEXUALITY

Heterosexual		396
Lesbian	12	
Bisexual	69	
Other	26	
Not stated		189
		665 <small>Total</small>

EMPLOYMENT

Student		174
Employment	99	
Unemployed/Long term sick	31	
		304 <small>Total</small>

FINANCIAL CONTENT



Structure, governance and management

Rape Crisis and Sexual Abuse Support Centre (RASASC) was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in September 2022. We changed our name to Rape Crisis South London in December 2024 (with a formal launch with our new brand in May 2025). In the event of the company being wound up members are required to contribute an amount not exceeding £1. The Directors of the Company are also Trustees of the Charity.

The Board of Trustees retain overall responsibility for the good strategic and financial governance of the organisation. The Board of Trustees meet a minimum of four times a year in the execution of these duties.

In an effort to have a skills-based board, Trustees are recruited based on the expertise and the time they can offer to RCSL, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RCSL. They are required to declare any conflicts of interest. All new Board members are also required to attend a package of training which focusses on the role of a charity trustee, including financial governance.

The day-to-day running of the organisation is delegated to the CEO who leads a Senior Leadership Team (SLT) which is responsible for the day-to-day planning and running of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Adult Counselling Services, Children and Young People's Counselling Services, Training and Prevention, Advocacy and the 24/7 Rape and Sexual Abuse Support Line all have dedicated service managers who are responsible for the running of their departments.

Organisational strategy meetings with senior management are held annually and budgets agreed thereafter for the following year. All policies and procedures of the organisation must be ratified by the Board of Trustees and any Child Protection or Data Protection issues are immediately referred to the Board.

Financial review

Our income in 2024/25 has increased by 21% compared to 2023/24 with incoming resources being £4.1million (2024: £3.4million). A large proportion of the income is restricted (where the funder determines what we spend the money on) income which amounts to £3.8million (2024: £3.3million). A small proportion of the income of £220k (2024: £67k) is unrestricted funds (this is a fund with no spending restriction imposed). The increase in income year on year is due to the receipt of pro bono support which amounted to £156k together with the release of deferred income of £317k.

Expenditure incurred during the year was £4million (2024: £3.1million) leaving a net result for the year of £76k (2024: £246k).

We have reviewed our treatment of restricted funds during the year and corrected this. The majority of our funding is received retrospectively based on actual costs incurred and so it is unlikely that there will be any significant balances on funds at the year end and so the previous treatment was incorrect.

Principal risks and uncertainties

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies and procedures are produced so that the necessary steps can be taken to lessen these risks. The Organisational Risk Assessment Management Plan delegated to SLT, is reviewed quarterly by them, and presented to the board for examination and discussion quarterly. Risks arising and identified by the Board of Trustees are included. It contains assessments of Finances, Data Protection, Client Confidentiality and Safeguarding, Fraud, Health and Safety of Clients and Staff, IT (including cyber security), Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RCSL and ensures a quality and standard of delivery of all our services.

Policies

Reserves

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months.

Investments

Under the Memorandum and Articles of Association, the Charity has the power to make any investments which the Board of Trustees see fit.

Fundraising

There is not a formal fundraising policy in place currently. Although we have historically done very little fundraising other than from grants, we intend to increase this and so are putting in place appropriate policies and procedures.

Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

Statement of disclosure of information to the auditors

We, the Board of Trustees of the Charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Companies Act 2006, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the Company's auditors are aware of that information.

Responsibilities of the Board of Trustees

The charitable company's Trustees (who are also the Board of Directors of Rape Crisis South London for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

INDEPENDENT AUDITORS REPORT TO THE BOARD OF TRUSTEES OF RAPE CRISIS SOUTH LONDON

OPINION

We have audited the financial statements of Rape Crisis South London ('the charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- we identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Shaw Gibbs

 Shaw Gibbs (Audit) Limited
 Chartered Accountants & Statutory Auditors
 Date: 22 December 2025

Salatin House
 19 Cedar Road
 Sutton, Surrey
 SM2 5DA

Shaw Gibbs (Audit) Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES**(including income and expenditure account) for the year ended 31 March 2025**

	Notes	Unrestricted Funds	Restricted Funds	2025	2024
		£	£	£	as restated £
Incoming Resources					
Income from:					
Donations and legacies	2	175,988	-	175,988	21,710
Charitable activities:					
Grants receivable	3	-	3,886,401	3,886,401	3,330,269
Other income	4	25,073	-	25,073	27,985
Investment income		18,799	-	18,799	17,658
Total Income		219,860	3,886,401	4,106,261	3,397,622
Expenditure on:					
Charitable activities	5	155,770	3,772,675	3,928,445	3,135,779
Governance	6	101,551	-	101,551	16,132
Total Expenditure		257,321	3,772,675	4,029,996	3,151,911
Net (deficit) / surplus for the year		(37,461)	113,726	76,265	245,711
Transfers		431,487	(431,487)	-	-
Reconciliation of Funds:					
Total Funds brought forward		1,621,683	317,761	1,939,444	1,693,733
Total Funds carried forward		2,015,709	-	2,015,709	1,939,444

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.

The notes on pages 39 to 49 form an integral part of these financial statements.

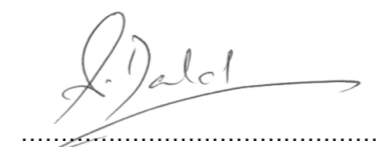
BALANCE SHEET AS AT 31 MARCH 2025**(Company no. 04113588)**

	Notes	2025	2024
		£	as restated £
Fixed Assets			
Tangible assets	10	88,636	88,950
Current Assets			
Debtors	11	1,168,337	923,791
Cash at bank and in hand		931,857	1,310,206
		2,100,194	2,233,997
Creditors: amounts falling due within one year	12	(173,121)	(383,503)
Net Current Assets		1,917,073	1,850,494
Total Assets less Liabilities		2,015,709	1,939,444
The Funds of the Charity			
Restricted Funds	14	-	317,761
Designated Unrestricted Funds	15	88,636	88,950
General Unrestricted Funds	15	1,927,073	1,532,733
Total Funds carried forward		2,015,709	1,939,444

For the financial year ended 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime. These financial statements were approved and authorised for issue by the Trustees on [leave space for date] and signed on their behalf by:



Sheetal Dalal, Chair
Board of Trustees

13 October 2025

The notes on pages 39 to 49 form an integral part of these financial statements.

STATEMENT OF CASH FLOWS

For the year ended 31 March 2025

	Note	2025 £	2024 £
Cash flows from operating activities:			
Net cash (provided by) / used in operating activities	17	(330,730)	394,710
Cash flows from investing activities:			
Purchase of tangible fixed assets		(47,619)	(40,788)
Disposal of tangible fixed assets		-	-
Net cash used in investing activities		(47,619)	(40,788)
Change in cash and cash equivalents in the reporting period		(378,349)	353,922
Cash and cash equivalents at the beginning of the reporting period		1,310,206	956,284
Cash and cash equivalents at the end of the reporting period		931,857	1,310,206

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape Crisis South London is a charitable company limited by guarantee and meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the Charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Prior year restatement

During the preparation of the financial statements for the year ended 31 March 2025, the Trustees identified an historical error in classification relating to the prior year. An amount of £695,222 had been incorrectly recognised within restricted funds as at 31 March 2024, due to misallocation of costs as more should have been classified under restricted funds. Following a review, the Trustees concluded that the projects under the restricted funds met all outcomes and were successfully completed to the satisfaction of the donors.

In accordance with FRS 102 Section 10 – Accounting Policies, Estimates and Errors, the comparative figures have been restated to correct this error. The adjustment has resulted in a decrease to restricted funds and a corresponding increase to unrestricted funds of £695,222 as at 31 March 2024. There is no change to total funds or net assets.

The correction has also affected the Statement of Financial Activities (SOFA) for the year ended 31 March 2024, with a transfer of £695,222 from restricted to unrestricted income, reflecting the corrected classification. The opening fund balances as at 1 April 2024 have been restated accordingly.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

d) Incoming resources

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the Charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

e) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

f) Fund accounting

The funds held by the Charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds which can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

g) VAT

The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

h) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment	33% straight line
Improvements to leasehold property	over 15 years straight line

i) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

j) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the debt.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) Creditors

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Income from donations and legacies

	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Gifts in kind	155,770	-	155,770	-
Gifts and donations	20,218	-	20,218	21,710
	175,988	-	175,988	21,710

The gifts in kind relates mainly to pro bono support from Emperor to support with our new brand which was launched in May 2025. Income from donations during 2024 was all unrestricted.

3. Income from charitable activities

	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Grants				
London Borough of Croydon	-	-	-	46,000
London Councils	-	33,970	33,970	67,939
Mayor's Office Policing & Crime	-	1,726,227	1,726,227	1,287,377
Women & Girls Network	-	381,156	381,156	187,204
Rape Crisis England & Wales	-	1,181,541	1,181,541	1,125,562
NHS England	-	357,844	357,844	466,187
London School of Economics	-	18,163	18,163	-
The Haven's King's College	-	187,500	187,500	150,000
	-	3,886,401	3,886,401	3,330,269

Income from charitable activities in 2024 was all restricted.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

4. Other income

	2025	2024
	£	£
Training income	24,810	27,501
Miscellaneous income	263	484
Total	25,073	27,985

Other income received during the year and for 2024 were unrestricted.

5. Analysis of expenditure on charitable activities

	Un-restricted	Restricted	2025	2024
	£	£	Total	Total
			£	£
Counselling				
Counsellors' fees and staff costs	-	631,462	631,462	633,402
Specialist counsellors	-	347,680	347,680	324,113
Group counsellors	-	5,951	5,951	14,327
Other costs	-	93,597	93,597	35,720
Support costs	-	659,857	659,857	413,849
	-	1,738,547	1,738,547	1,421,411
Helpline				
Operators	-	955,102	955,102	935,846
Telephone	-	52,413	52,413	40,318
Other costs	-	57,533	57,533	28,595
Support costs	-	284,246	284,246	188,481
	-	1,349,294	1,349,294	1,193,240
Advocacy				
Staff costs	-	455,085	455,085	346,731
Other costs	-	20,840	20,840	9,092
Support costs	-	20,303	20,303	13,463
	-	496,228	496,228	369,286
Training, Prevention and Outreach				
Trainer's fees	-	133,194	133,194	116,651
Other costs	-	4,653	4,653	1,530
Support costs	-	20,303	20,303	13,463
	-	158,150	158,150	131,644
Other Support Costs	-	30,456	30,456	20,196
Gifts in Kind	155,770	-	155,770	-
Total Spend on Charitable Activities	155,770	3,772,675	3,928,445	3,135,779

Expenditure on charitable activities in 2024 was all from restricted funds.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

6. Governance costs

	2025	2024
	£	£
Bank charges	532	186
Auditor's remuneration – audit fees	6,900	3,000
Auditor's remuneration – other services	1,818	4,806
Legal and professional fees	91,321	6,180
Ongoing RCSAS costs	-	1,960
Other Governance costs	980	-
	101,551	16,132

Governance costs during the year and in 2024 were from unrestricted funds.

7. Support costs

	Staff costs	Premises	Other costs	2025	2024
	£	£	£	Total	Total
				£	£
Counselling	185,283	136,386	330,676	652,345	413,850
Helpline	79,815	58,751	142,445	281,010	188,482
Training & Operations	5,701	4,196	10,175	20,072	13,463
Advocacy	5,701	4,196	10,175	20,072	13,463
Other Support Costs	8,649	6,368	15,438	30,456	20,196
	285,149	209,897	508,909	1,003,956	649,454

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	65%/65%	65%
Helpline	28%/28%	28%
Advocacy	2%/2%	2%
Training & Operations	2%/2%	2%
Other Support Costs	3%/3%	3%

Estimates for allocating support costs are reviewed annually.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

8. Employee Information**Staff costs**

	2025	2024
	£	£
Wages and salaries	2,242,059	2,015,474
Social and security costs	203,011	184,426
Pension costs, defined contribution scheme	44,956	40,397
	2,490,426	2,240,297

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2025	2024
	Number	Number
Counselling	15	16
Helpline	23	24
Advocacy	13	11
Outreach	1	1
Support	5	5
Training and Operations	2	2
	59	59

There were no employees with emoluments above £60,000.

None of the trustees received any remuneration or reimbursement of expenses during the year.

9. Net income resources

This is stated after charging:

	2025	2024
	£	£
Depreciation	47,933	45,638
Auditors' remuneration – audit fees	6,900	3,000
Auditors' remuneration – non-audit services	1,818	3,490

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

10. Tangible Fixed Assets

	Computer Equipment	Office Equipment	Improvement To Leasehold Property	Website	Total
	£	£	£	£	£
Cost					
At 1 April 2024	153,775	49,169	95,615	490	299,049
Additions	30,048	17,571	-	-	47,619
Disposals	-	-	-	(490)	(490)
At 31 March 2025	183,823	66,740	95,615	-	346,178
Depreciation					
At 1 April 2024	121,527	43,877	44,205	490	210,099
Depreciation charge	31,260	10,247	6,426	-	47,933
Disposals	-	-	-	(490)	(490)
At 31 March 2025	152,787	54,124	50,631	-	257,542
Net Book Value					
At 31 March 2025	31,036	12,616	44,984	-	88,636
At 31 March 2024	32,248	5,292	51,410	-	88,950

11. Debtors

	2025	2024
	£	£
Grants receivable	1,064,741	904,397
Other debtors	58,334	5,039
Prepayments & accrued income	45,262	14,355
	1,168,337	923,791

12. Creditors: amounts falling due within one year:

	2025	2024
	£	£
Trade creditors	77,037	-
Other creditors	8,158	13,917
Other tax and social security	44,413	50,159
Accruals and deferred income	43,513	319,427
	173,121	383,503

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

13. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

An amount of £695,222 had been incorrectly recognised within restricted funds as at 31 March 2024, due to misallocation of costs as more should have been classified under restricted funds. Following a review, the Trustees concluded that the projects under the restricted funds met all outcomes and were successfully completed to the satisfaction of the donors.

14. Analysis of movements in restricted funds**Current year**

	Balance at 1 April 2024	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2025
	£	£	£	£	£
Advocacy	178,011	728,081	(496,229)	(409,863)	-
Helpline	7,084	1,181,541	(1,349,294)	160,669	-
Counselling	85,315	1,852,468	(1,738,547)	(199,236)	-
Training	36,916	124,311	(158,150)	(3,077)	-
Support	10,436	-	(30,456)	20,020	-
	317,762	3,886,401	(3,772,676)	(431,487)	-

Previous year

	Balance at 1 April 2023	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2024
	£	£	£	£	£
Advocacy	43,185	540,796	(369,289)	(36,681)	178,011
Helpline	45,307	1,193,500	(1,193,240)	(38,484)	7,083
Counselling	425,311	1,462,866	(1,441,606)	(361,256)	85,315
Training	304,061	87,107	(95,985)	(258,267)	36,916
Support	629	46,000	(35,659)	(534)	10,436
	818,493	3,330,269	(3,135,779)	(695,222)	317,761

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

Restricted funds are to be used only for the following specific purposes:

Advocacy – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

Helpline – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

Counselling – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

Training – offers awareness raising talks, training and workshops to statutory and non-statutory organisations about sexual violence, the myths and effects, and how best to support survivors.

Outreach – provision of initial emotional and information based sessions with marginalised survivors.

15. Analysis of movements in unrestricted funds**Current year**

	Balance at 1 April 2024	Incoming resources	Outgoing resources	Transfers	Balance at 31 March 2025
	£	£	£		£
Designated funds - property	88,950	47,619	(47,933)	-	88,636
General funds	1,532,733	172,241	(209,398)	431,487	1,927,073
Total unrestricted funds	1,621,683	219,860	(257,321)	431,487	2,015,709

Previous year

	Balance at 1 April 2023	Incoming resources	Outgoing resources	Transfers	Balance at 31 March 2024
	£	£	£		£
Designated funds - property	93,800	17,658	(22,508)	-	88,950
General funds	781,440	49,695	6,376	695,222	1,532,733
Total unrestricted funds	875,240	67,353	(16,132)	695,222	1,621,683

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

16. Analysis of net assets between funds

	General Fund £	Restricted Funds £	Total £
Fixed assets	88,636	-	88,636
Current assets	2,100,194	-	2,100,194
Current liabilities	(173,121)	-	(173,121)
	2,015,709	-	2,015,709
Previous year			
Fixed assets	88,950	-	88,950
Current assets	1,916,236	317,761	2,233,997
Current liabilities	(383,503)	-	(383,503)
	1,621,683	317,761	1,939,444

17. Reconciliation of Net Income to Net Cash Flow from Operating Activities

	2025 £	2024 as restated £
Net income / (deficit) for the reporting period	76,265	245,711
Adjustments for:		
Depreciation charges	47,933	45,638
(Increase) / decrease in debtors	(244,546)	(93,032)
(Decrease) / increase in creditors	(210,382)	196,393
Net cash (provided by) / used in operating activities	(330,730)	394,710

18. Pension Scheme**Defined contribution pension scheme**

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge for the year represents contributions payable by the Charitable Company to the scheme and amounted to £44,956 (2024: £40,397). There were £8,158 (2024: £8,315) contributions payable to the scheme at the end of the year.

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025 (continued)

19. Lease commitments

The Charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2025 were as follows:

	2025 Total £	2024 Total £
Payable:		
Within one year	86,000	46,000
Later than one year and not later than five years	93,750	217,000
More than five years	-	36,250
	179,750	299,250

The amount of non – cancellable operating lease payments recognised as an expense during the year was £86,000 (2024: £68,000)

20. Capital commitments and contingent liabilities

There were no capital commitments or contingent liabilities at either 31 March 2025 or 31 March 2024.

21. Events after the reporting period

There have been no other significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

22. Related party transactions

During the year, the Charitable Company received a grant from their umbrella charitable company, Rape Crisis (England & Wales) amounting to £1,181,541 (2024: £1,125,562). The Charitable Company also enjoys a close working relationship with entities which provide funding to enable the Charity to carry out its charitable company. During the year the Charity provided counselling sessions / services to Solace and Women & Girls Network and received an amount totalling £381,156 (2024: £187,204) in the form of grants.

23. Corporation taxation

As a Charitable Company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

**“MY ISVA’S SUPPORT
HAS OFTEN BEEN
THE THING THAT HAS
KEPT ME GOING —
YOU’VE MADE A
HORRIBLE EXPERIENCE
BEARABLE.”**

RAPE CRISIS

SOUTH LONDON

Specialist South London
support for women and girls
who have experienced rape
and/or childhood sexual abuse.

To discover more about this report and/or
the work of RCSL, please contact us:

T: **0208 683 3311**

info@rapecrisissouthlondon.org

media@rapecrisissouthlondon.org

www.rapecrisissouthlondon.org

Charities Commission number: 1085104

Company number: 4113588

©RCSL2025. All rights reserved. Duplication prohibited without permission of Rape Crisis South London

Rape Crisis South London

England & Wales - Charity number 1085104

Accounts



RAPE CRISIS SOUTH LONDON
Rape & Sexual Abuse Support Centre

Annual Report and Financial Statements

for the year ended
31 March 2024

(A Charitable Company Limited by Guarantee)



“Responding to the needs of women survivors and the disproportionate nature of sexual violence.”

Legal and administrative information for the year to 31 March 2024

Status:

Rape and Sexual Abuse Support Centre is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

Administrative information:

Charity Name:	Rape and Sexual Abuse Support Centre (RASASC)
Charity Registration Number:	1085104
Company Registration Number:	4113588
Registered Office:	P.O. Box 383, Croydon, CR9 2AW
Telephone:	0208 683 3311
Website:	www.rasasc.org.uk

Financial information:

Independent Auditors:	Shaw Gibbs (Audit) Limited Salatin House, 19 Cedar Road, Sutton, SM2 5DA
Bank:	CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

Board of Trustees:

Chair:	Sheetal Dalal
Trustees:	Alana Ratnadevi Carrasco Sophie Kate Howes Zoe Kate Tisdall

Message from the Chair



I am honoured to present our 2023/24 annual report and financial statements, marked by a strong financial performance enabling us to deliver our mission.

We had a successful year, marked with no movement to the board of voluntary trustees alongside a senior leadership team (SLT). This stability has enabled us to focus on the effectiveness and sustainability of our organisation, and to this end we also welcomed a new finance officer and our first HR and office manager to the organisation. Our financial position remained good with slight increases in grants which fund our core therapeutic and ISVA services. There was also significant additional funding for the helpline and for our work with children and young people.

The demand for our services remained high. We significantly focused this year on advocating with funders around the demands on our services and the need for additional funding across the sector. The year also saw a welcome expansion in our therapeutic services for children and young people through a partnership with the Havens (the NHS run sexual assault referral centres in London). We were successful in achieving our aim of reinstating a modest outreach service to target women who may face barriers in accessing our service, such as women in prison and young care leavers.

For me it was an absolute privilege to attend the It's Time, a national memorial service for women who had lost their lives to male violence. The service was led by the mother of Mina Smallman and Bibaa Henry who were both murdered in June 2020. The atmosphere was filled with immense sadness and loss, and I sat alongside families who had lost their wives, mothers, daughters and sisters to male violence. During the service, the names of every woman who had lost her life to male violence over the last year were read out. The passion of the speakers and performers was remarkably uplifting and full of hope.

One of our organisational values is Solidarity, and I am proud of our support to the Polish women's organisation Fundacion Feminoteka in founding the first rape crisis centre in Warsaw, Poland. Our CEO shared our learning and experiences of running services with the staff from Feminoteka. In March 2024 at our International Women's Day online event, we were delighted to welcome as our guest speaker Kataryna who manages the Warsaw Centre. It was inspiring to hear about all their achievements and learnings, despite the challenging social and political environment.

This year, I enrolled to our winter 2023 batch of the support line volunteer training programme. This comprehensive training is delivered over 12 weeks and is mandatory for all helpline volunteers. The programme covered many aspects of violence against women and girls, survivor coping strategies and perpetrator tactics. I am extremely proud and grateful for this opportunity and now have a deeper understanding of survivor experiences and our services.

On behalf of the board of trustees, I would like to express my sincere gratitude to our exceptional team of staff and volunteers for their enthusiasm and commitment in supporting survivors and making a positive impact to the lives of women and girls seeking our support.

I would like to thank our trustees for their time and their crucial role in guiding the organisation and supporting our staff and volunteers.

After the financial year end we saw the departure of the CEO Sharon Erdman, in May 2024. I would like to say a huge thank you to Sharon for her passion and contribution to RASASC. We welcomed Red Godfrey-Sagoo as our new CEO in August 2024 and wish her great success in this role.

Sheetal Datal
Chair





Annual report of the Board of Trustees' for the year ended 31 March 2024

The charitable company's Board of Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are pleased to present their report together with the audited financial statements of the charitable company for the year ended 31 March 2024 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Objectives and activities

We are a feminist organisation, and see gender inequality as a cause and consequence of violence against women and girls. We recognise that women's experiences of sexual violence and seeking support will be different depending on their relationship to intersecting axes of oppression. We strive to embody anti-racist and anti-oppressive practice and actively challenge unequal power dynamics in our work and the wider world. We live in a world which doesn't treat survivors of sexual violence with the care they deserve. Care underpins everything that we do.

We were established in 1985, and originally set up as part of a Women's Aid project, we became an independent organisation called the Rape and Sexual Abuse Support Centre in 2000.

Our mission, as stated in our charitable objectives (Memorandum and Articles of Association, dated 23 November 2000, amended on 22 September 2022) is to relieve the sickness and distress of people who have suffered rape and sexual assault, however long ago. We pursue this mission by:

- Providing free, confidential and specialist counselling to women and girls from the age of 5 years old. This includes a range of specialist therapeutic offers, from play therapy, schools' wellbeing counsellors, one-to-one long-term counselling, group therapy, and body therapy.
- Providing one-to-one and group work support for those supporting children and young people who have experienced rape and sexual violence.
- Providing a specialist resource, through both our children and young people's counselling service and our training and prevention team.
- For those professionals supporting women and girls who have experienced rape and sexual violence. Providing specialist long-term support for women going through the Criminal Justice System.
- Providing holistic casework support to women, in key areas such as access to safe housing and welfare benefits.
- Providing prevention workshops for children in schools and working collaboratively with those schools.
- Providing (as part of a consortium led by Rape Crisis England and Wales) a 24-hour, 7 days a week specialist support line service to all survivors of rape and sexual violence aged 16+ in England and Wales.

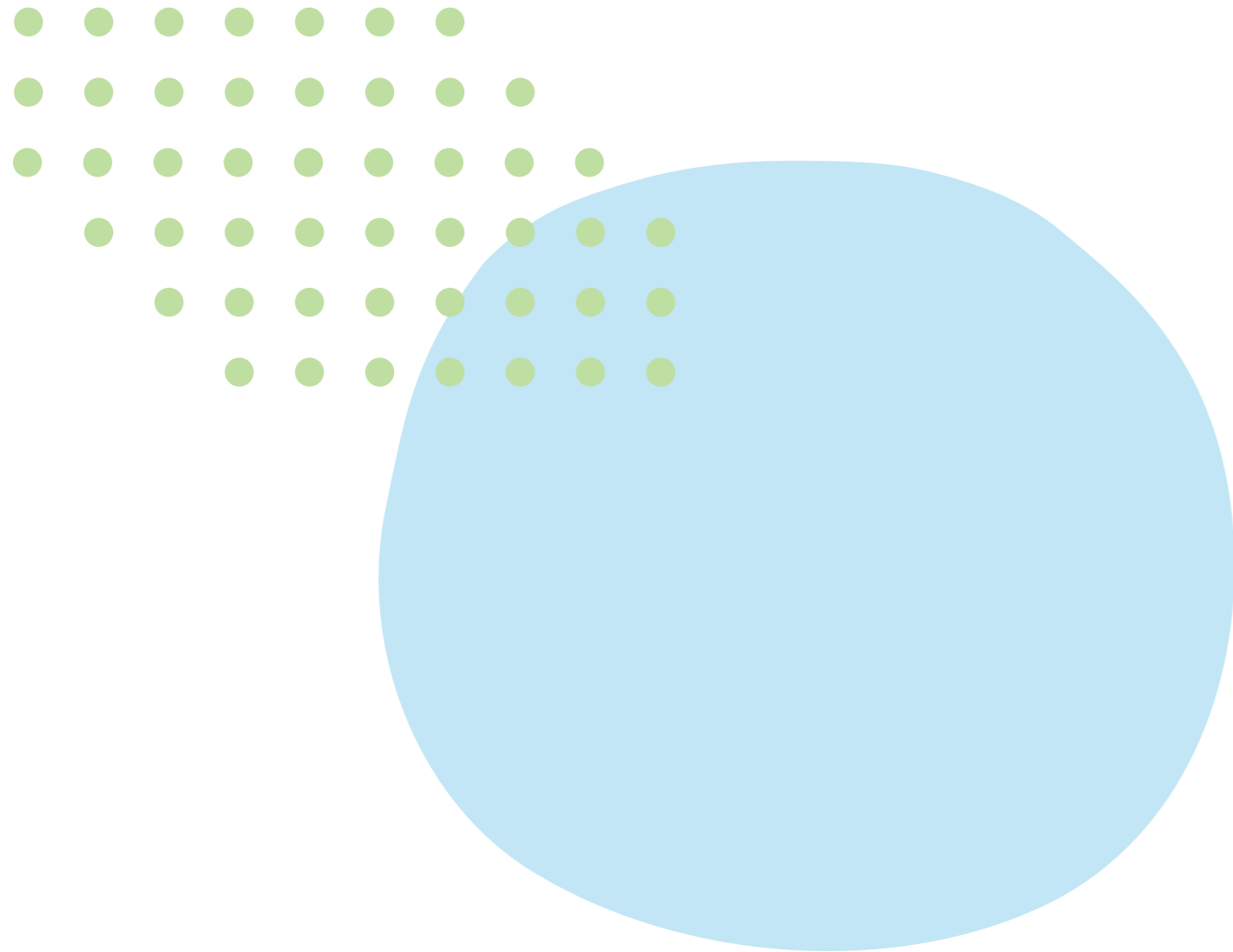
The Board of Trustees have due regard to the Charity Commission's guidance on public benefit. RASASC's work is grounded in a feminist understanding of sexual violence as both cause and consequence of gender inequality. As such the activities we undertake to support survivors of sexual violence and to prevent sexual violence are also directed at alleviating the impacts of gender inequality on everyone in society. The extent to which sexual violence harms society is immeasurable. Recent data from the Office of National Statistics suggest 11.5% of women in the adult population in England and Wales have experienced child sexual abuse, and every year over 94,145 women are raped. 1 in 4 women have been raped or sexually abused since the age of 16 and 1 in 6 children have been sexually abused.

Achievements and performance

Our services for female survivors of sexual violence cover the 12 South London Boroughs of Bexley, Bromley, Croydon, Greenwich, Kingston Upon Thames, Lambeth, Lewisham, Merton, Richmond Upon Thames, Southwark, Sutton and Wandsworth.

Programmes and support is available in our main Croydon centre or through satellite locations: Bexley, Croydon (female only centre) Greenwich, Kingston Upon Thames, Lambeth, Southwark and Wandsworth.

This year we supported more than 5,000 women and girls who have suffered from some form of sexual violence, through our frontline services.



'Our year'

Counselling Support

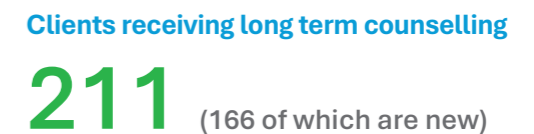
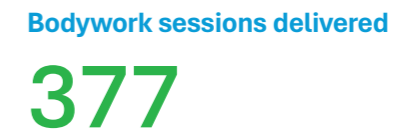
We provide specialist face-to-face counselling for women and girls aged 13 and above and play therapy for girls aged 5+, who have been raped or sexually abused at any time in their lives and who live in any of the South London boroughs. Counselling is available for up to one year with an initial consultation to discuss, regardless of ethnicity, religion, culture or socio-economic background. Our unique model of counselling is an integrative mode aimed at helping clients rebuild their life, identify their strengths and choices to aid their recovery, and also acknowledge other marginalisations such as sexism and patriarchy they may suffer as a woman.

Adult Counselling



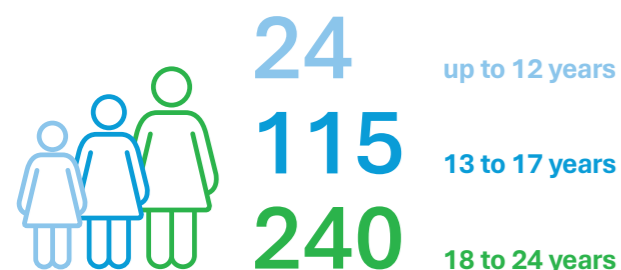
"I felt so broken. RASASC, your support has been a lifeline to me and my family – thank you so much."

Rape Crisis South London Client



Children and Young People Counselling (CYP)

Clients by age receiving support:



Types of services:

Play Therapy

Aged 4 to 11+ face to face (up to 30 sessions)

Creative Therapies

- Talking Therapies*: aged 12 to 24 (up to 30 sessions)
- Grounding / Stabilisation: 6 sessions
- Emotional Well-being check ins / Safeguarding Risk Assessments : ad hoc
- Family Support 1-1: 6 session) – including non-abusing fathers

School Counsellors

- Support Groups: 8 sessions (non-abusing - mothers/caregivers, mixed-gender parent groups – with potential scope of supporting non-abusing fathers in male-only group)
- Focus Groups meets quarterly re Enhancing CYP CSA Pathway a collaboration with Kings College
- Young Persons (YP) Groups : 8 YP aged 16- to 21-year-olds (8 sessions)

* consideration of older clients who are neuro-divergent and may still benefit from this type of therapy.

“My counsellor was simply amazing – thank you so much for helping me to put my life back together again.”

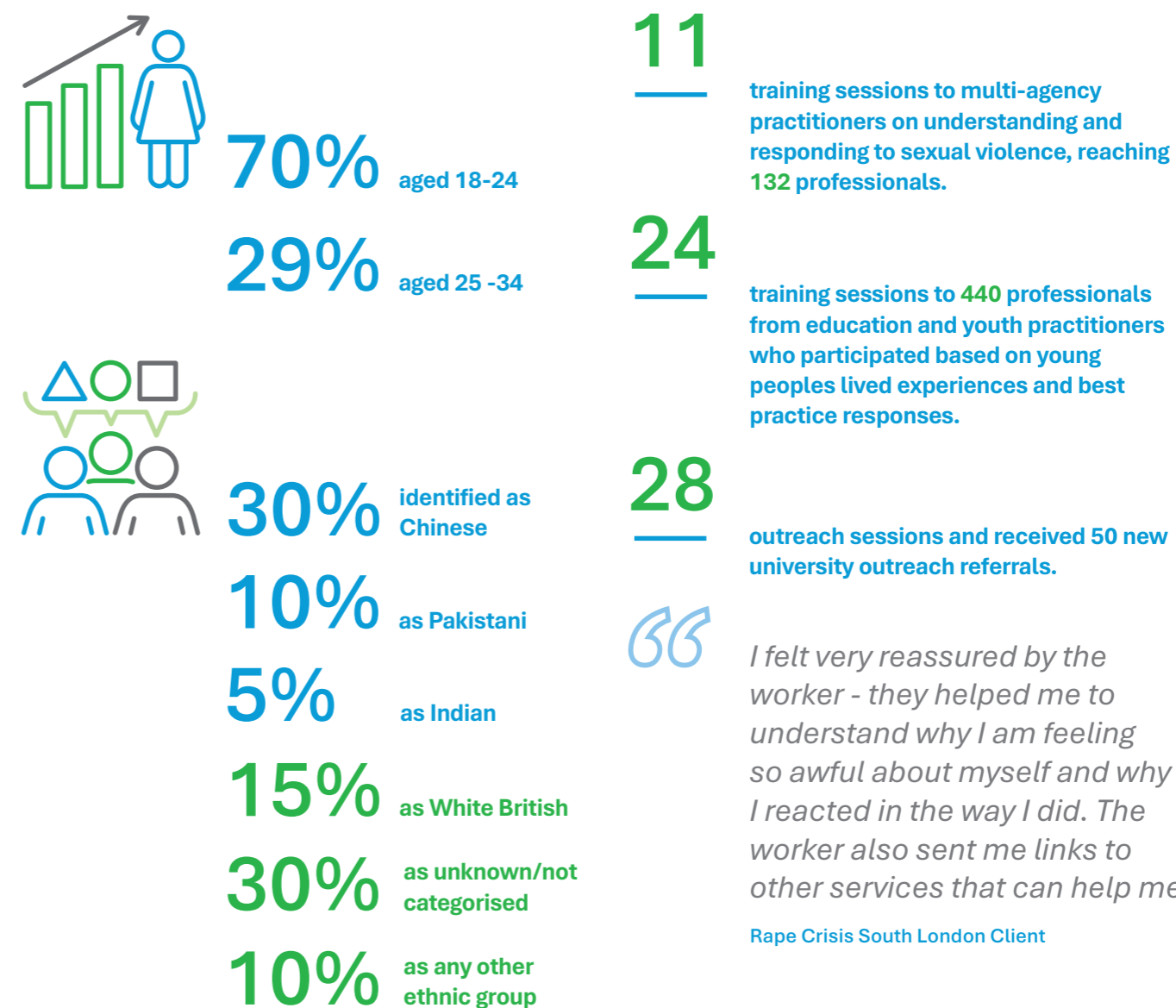
Rape Crisis South London Client

Training, Prevention and Outreach

Our training and prevention programme is informed by our decades-long history of providing specialist sexual violence services in London and delivered by accredited front-line support practitioners. RASASC is a member of the CPD Certification Service.

We believe survivors of sexual violence deserve support and understanding from any and all agencies they access. To support this, we offer specialist training to both statutory and voluntary agencies as well as private companies. We work with you to ensure all of your training needs are met and you are able to meet the needs of survivors both accessing your organisation and working within your organisation.

We delivered 43 prevention sessions reaching 723 young people, between Year 4 and University age. Topics explored included: gender norms and boundaries, challenging sexual harassment, body image and the media, consent, respectful relationships, and image-based sexual abuse.



Advocacy

Our team of Independent Sexual Violence Advocates (ISVA) offer specialist support to women and girls aged 13 and over who have survived rape and childhood sexual abuse in South London and who are thinking about reporting to the police or who are currently reporting through the criminal justice system.

The demand for the service continues to grow with **63** clients on the waiting list of which **36** were awaiting ISVA support and **27** for casework.

189
clients supported

89
cases still pending in the legal system

48
cases were decided and concluded

217
completed online sessions across 276 hours

151
ISVA in person sessions across 186 hours

14
in person sessions across 15 hours of casework

**2,333**
hours of support provided across **16,142** activities

**2,068**
hours of ISVA Service support provided across **14,269** activities

**265**
hours of Casework Service support provided across **1,873** activities

“ [Worker] was so incredibly compassionate, thoughtful, and supportive. She listened to me without judgement and encouraged me to speak more kindly to myself. I am mostly just filling out this form to communicate that she was brilliant, and I am so appreciative of the time she spent talking to me!

Rape Crisis South London Client

Support Line

Rape and Sexual Abuse Support Line

In 2021 we became a partner for the delivery of the Rape Crisis England & Wales 24/7 Rape and Sexual Abuse Support Line, alongside Lincolnshire Rape Crisis & Sexual Abuse, and Sexual Violence Services in Teesside (ARCH). Our support for this national service covers: Support Line Workers, Daytime/evening Support Line shift managers, Rota management and coordination, Training across the partnership, Clinical supervision for ourselves and Sexual Violence Services in Teesside (ARCH).

76,000
calls

20,000
webchats

Councils Support Line

1,864
new potential victims called the line

842
referrals to other specialist services (domestic abuse, sexual abuse, counselling)

1,012
survivors of domestic and sexual abuse improved their understanding of risks and steps they can take to increase safety, both physical and emotional

57
professionals empowered with information on responding to domestic abuse, increasing likelihood of positive interventions with survivor

Volunteer Delivery

“ I’m so grateful for everyone on the Support Line. You’ve saved my life a number of times in the past couple of months. You actually understand and have helped me come to terms with what’s happened to me.

Rape Crisis South London Client



Rape and Sexual Abuse Support Line

656

shifts covered on the Support Line

1,640

hours of critical support provided

Key successes in the year:

6

volunteers became paid members of staff

100%

growth of the volunteer team

The volunteer programme was highlighted as a ‘success’ within the ‘Helplines Partnership’ accreditation review.

Thank you!

We would like to extend our heartfelt thanks to our donors and those who support our work:

Kings College Hospital

London Borough of Croydon

London Borough of Richmond Upon Thames

Mayor’s Office of Policing and Crime

NHS England

Rape Crisis England and Wales

Refuge

Women and Girls Network

Structure, governance and management

RASASC was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in September 2022. In the event of the company being wound up members are required to contribute an amount not exceeding £1. The Directors of the Company are also Trustees of the Charity.

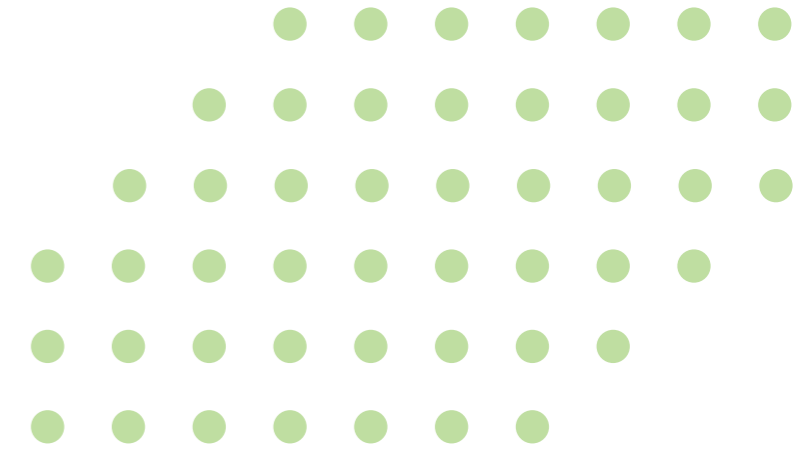
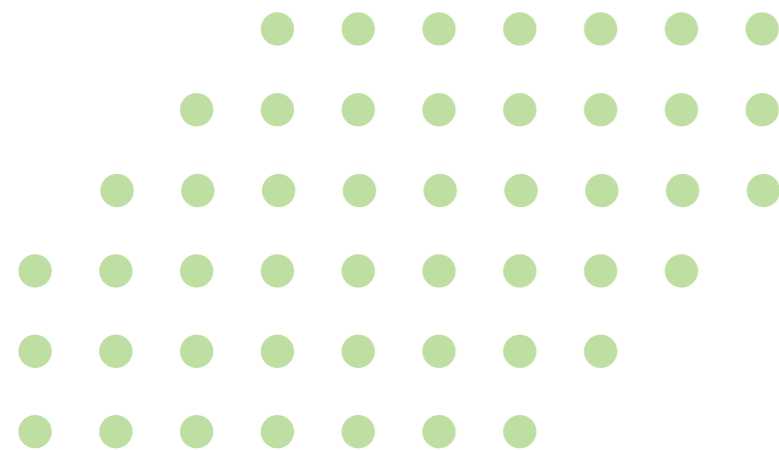
The Board of Trustees retain overall responsibility for the good strategic and financial governance of the organisation. The Board of Trustees meet a minimum of six times a year in the execution of these duties.

In an effort to have a skills-based board, Trustees are recruited based on the expertise and the time they can offer to RASASC, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RASASC. They are required to declare any conflicts of interest. All new Board members are also required to attend a package of training which focusses on the role of a charity trustee, including financial governance.

The day-to-day running of the organisation is delegated to the CEO who leads a small Senior Leadership Team (SLT) which is responsible for the day-to-day planning and running of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Adult Counselling Services, Children and Young People's Counselling Services, Training and Prevention, Advocacy and the 24/7 Rape and Sexual Abuse Support Line all have dedicated service managers who are responsible for the running of their departments.

Organisational strategy meetings with senior management are held annually and budgets agreed thereafter for the following year. All policies and procedures of the organisation must be ratified by the Board of Trustees and any Child Protection or Data Protection issues are immediately referred to the Board.

After the year end, the board appointed Red Godfrey Sagoo as CEO.



New CEO Introduction

With a lifelong commitment to gender equality and human rights, Red began her professional career in the UK as an art director in the advertising industry, later transitioning to the third sector in the United States as a disaster services director for the American Red Cross. Her journey then continued across food poverty and educational inequalities for marginalised groups with United Way, social integration for those with intellectual disabilities at Special Olympics California, and the refugee crisis impacting unaccompanied minors across European refugee camps with Safe Passage and Citizens UK. She is the former CEO of Sophie Hayes Foundation where she focused on life-changing support for women and girls trafficked across the globe to the UK. As Director at Thomson Reuters Foundation, she led on the Responsible Business pillar focusing on policies and operations that negatively affect people, communities and the environment. Red has served on the board of trustees for The National Council for Voluntary Organisations (NCVO) and as a member of the NCVO People and Culture Committee. She has also served on the boards of UN

Women UK, Anti-Slavery International, National Voices, and Bright Future Cooperative, as well as chairing the Management Committee for the Commonwealth's 8.7 Network.

She is the recipient of: The United States Certification of Special Congressional Recognition, State of California Certificate of Recognition, California Legislative Assembly Certification of Recognition and The City of Calabasas Humanitarian of the Year award.

Red's passion as a feminist for equal human rights continues to be the driving force behind her leadership and support of organisations that challenge discrimination, economic disparities, and gender inequalities.



Financial review

Our income in 2023/24 has increased by 22% compared to 2022/23 with incoming resources being £3.4million (2023: £2.8million). A large proportion of the income is restricted (where the funder determines what we spend the money on) income which amount to £3.3million (2023: £2.7million). A small proportion of the income of £67k (2023: £121k) is unrestricted fund (this is a fund with no spending restriction imposed).

Expenditure incurred during the year was £3.2million (2023: £2.4million) leaving a net result for the year of £246k (2023: £426k) with a split of £194k restricted surplus (2023: £327k), and £51k unrestricted surplus (2023: £99k).

Our restricted fund has increased due to this year's net movement in funds to £1,013k (2023: £818k)

The unrestricted fund has increased due to this year's net movement in funds to £926k (2023: £875k) which are fixed assets £89k (2023: £94k) and general fund £838k (2023: £781k).

Principal risks and uncertainties

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies and procedures are produced so that the necessary steps can be taken to lessen these risks. The Organisational Risk Assessment Management Plan delegated to SLT, is reviewed quarterly by them, and presented to the board for examination and discussion quarterly. Risks arising and identified by the Board of Trustees are included. It contains assessments of Finances, Data Protection, Client Confidentiality, Maternity Safety, Fraud, Health and Safety of Clients and Staff, IT, Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RASASC and ensures a quality and standard of delivery of all our services.

Policies

Reserves

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months.

Investments

Under the Memorandum and Articles of Association, the Charity has the power to make any investments which the Board of Trustees see fit. The Board of Trustees will review the investment strategy in 2024/25.

Fundraising

There is not a formal fundraising policy in place currently. Although we have historically done very little fundraising other than from grants, we intend to increase this and so are putting in place appropriate policies and procedures.

Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

Small company provisions

The Board of Trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the Board of Trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

Statement of disclosure of information to the auditors

We, the Board of Trustees of the Charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Charities Act 2011, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the Company's auditors are aware of that information.

Approved by the Board of Trustees on 3 January 2025 and signed on their behalf by



Sheetal Dalal

Chair, Board of Trustees



Responsibilities of the Board of Trustees

The charitable company's Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre

OPINION

We have audited the financial statements of The Rape & Sexual Abuse Support Centre ('the charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 20), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Shaw Gibbs (Audit) Limited
Statutory Auditors
Date: 3 January 2025

Salatin House
19 Cedar Road
Sutton, Surrey
SM2 5DA

Shaw Gibbs (Audit) Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Statement of Financial Activities (including income and expenditure account) for the year ended 31 March 2024

	Notes	Unrestricted Funds	Restricted Funds	2024	2023
		£	£	£	£
Incoming Resources					
Income from:					
Donations and legacies	2	21,710	-	21,710	22,956
Charitable activities:					
Grants receivable	3	-	3,330,269	3,330,269	2,674,172
Other income	4	27,985	-	27,985	91,114
Investment income		17,658	-	17,658	6,778
Total Income		67,353	3,330,269	3,397,622	2,795,020
Expenditure on:					
Charitable activities	5	-	3,135,779	3,135,779	2,346,800
Governance	6	16,132	-	16,132	21,632
Total Expenditure		16,132	3,135,779	3,151,911	2,368,432
Net surplus (deficit) for the year		51,221	194,490	245,711	426,588
Reconciliation of Funds:					
Total Funds brought forward		875,240	818,493	1,693,733	1,267,145
Total Funds carried forward		926,461	1,012,983	1,939,444	1,693,733

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.

The notes on pages 28 to 39 form an integral part of these financial statements.

Balance Sheet as at 31 March 2024
(Company no. 04113588)

	Notes	2024 £	2023 £
Fixed Assets			
Tangible assets	10	88,950	93,800
Current Assets			
Debtors	11	923,791	830,759
Cash at bank and in hand		1,310,206	956,284
		<u>2,233,997</u>	<u>1,787,043</u>
Creditors: amounts falling due within one year	12	<u>(383,503)</u>	<u>(187,110)</u>
Net Current Assets		1,850,494	1,599,933
Total Assets less Liabilities		<u>1,939,444</u>	<u>1,693,733</u>
The Funds of the Charity			
Restricted Funds	14	1,012,983	818,493
Designated Unrestricted Funds	15	88,950	93,800
General Unrestricted Funds	15	837,511	781,440
Total Funds carried forward		<u>1,939,444</u>	<u>1,693,733</u>

For the financial year ended 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Trustees on 3 January 2025 and signed on their behalf by:



Sheetal Dalal
Chair, Board of Trustees
Date: 3 January 2025

The notes on pages 28 to 39 form an integral part of these financial statements.

Statement of Cash Flows
For the year ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities:			
Net cash used in (provided by) operating activities	17	394,710	81,117
Cash flows from investing activities:			
Purchase of tangible fixed assets		(40,788)	(58,475)
Disposal of tangible fixed assets		-	-
Net cash used in investing activities		(40,788)	(58,475)
Change in cash and cash equivalents in the reporting period		353,922	22,642
Cash and cash equivalents at the beginning of the reporting period		956,284	933,642
Cash and cash equivalents at the end of the reporting period		<u>1,310,206</u>	<u>956,284</u>

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape and Sexual Abuse Support Centre is a charitable company limited by guarantee and meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the Charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Incoming resources

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the Charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

d) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

e) Fund accounting

The funds held by the Charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds which can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

f) VAT

The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

g) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment	33% straight line
Improvements to leasehold property	over 15 years straight line

h) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

i) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the debt.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) Creditors

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Income from donations and legacies

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Legacies	-	-	-	-
Gifts and donations	21,710	-	21,710	22,956
	<u>21,710</u>	<u>-</u>	<u>21,710</u>	<u>22,956</u>

Income from donations and legacies during 2023 was all unrestricted.

3. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Grants				
London Borough of Croydon	-	46,000	46,000	38,237
London Councils	-	67,939	67,939	69,704
Mayor's Office Policing & Crime	-	1,287,377	1,287,377	1,171,624
Women & Girls Network	-	187,204	187,204	314,372
Rape Crisis England & Wales	-	1,125,562	1,125,562	724,119
NHS England	-	466,187	466,187	355,016
London Borough of Merton	-	-	-	1,100
The Haven's King's College	-	150,000	150,000	-
	<u>-</u>	<u>3,330,269</u>	<u>3,330,269</u>	<u>2,674,172</u>

Income from charitable activities in 2023 was all restricted.

4. Other income

	2024 £	2023 £
Training income	27,501	90,237
Miscellaneous income	484	877
Total	<u>27,985</u>	<u>91,114</u>

Other income received during the year and for 2023 was unrestricted.

5. Analysis of expenditure on charitable activities

	Unrestricted £	Restricted £	2024 £	2023 £
Counselling			Total	Total
Counsellors' fees and staff costs	-	633,402	633,402	359,228
Specialist counsellors	-	324,113	324,113	336,057
Group counsellors	-	14,327	14,327	11,335
Other costs	-	35,720	35,720	26,080
Support costs	-	413,849	413,849	211,855
	<u>-</u>	<u>1,421,411</u>	<u>1,421,411</u>	<u>944,555</u>
Helpline				
Operators	-	935,846	935,846	573,760
Telephone	-	40,318	40,318	48,082
Other costs	-	28,595	28,595	23,781
Support costs	-	188,481	188,481	189,595
	<u>-</u>	<u>1,193,240</u>	<u>1,193,240</u>	<u>835,218</u>
Advocacy				
Staff costs	-	346,731	346,731	353,637
Other costs	-	9,094	9,094	6,605
Support costs	-	13,463	13,463	48,122
	<u>-</u>	<u>369,288</u>	<u>369,288</u>	<u>408,364</u>
Training and Operations				
Trainer's fees	-	80,992	80,992	49,522
Other costs	-	1,530	1,530	480
Support costs	-	13,463	13,463	48,122
	<u>-</u>	<u>95,985</u>	<u>95,985</u>	<u>98,124</u>

Notes to the Financial Statements
For the year ended 31 March 2024 (continued)

	Unrestricted	Restricted	2024 Total	2023 Total
Outreach				
Staff costs	-	35,659	35,659	37,906
Other costs	-	-	-	673
	-	35,659	35,659	38,579
Other Support Costs	-	20,196	20,196	21,960
Total Spend on Charitable Activities	-	3,135,779	3,135,779	2,346,800

Expenditure on charitable activities in 2023 was all from restricted funds.

6. Governance costs

	2024 £	2023 £
Bank charges	186	233
Auditor's remuneration – audit fees	3,000	3,000
Auditor's remuneration – other services	4,806	3,490
Legal and professional fees	6,180	8,427
Ongoing RCSAS costs	1,960	2,421
Other Governance costs	-	4,061
	16,132	21,632

Governance costs during the year and in 2023 were from unrestricted funds.

7. Support costs

	Staff costs	Premises	Other costs	2024 Total £	2023 Total £
Counselling	126,138	84,843	202,869	413,850	211,855
Helpline	64,544	36,548	87,390	188,482	189,595
Training & Operations	4,610	2,611	6,242	13,463	48,122
Advocacy	4,610	2,611	6,242	13,463	48,122
Other Support Costs	6,915	3,916	9,365	20,196	21,960
	206,817	130,529	312,108	649,454	519,654

Notes to the Financial Statements
For the year ended 31 March 2024 (continued)

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	65%/65%	65%
Helpline	28%/28%	28%
Advocacy	2%/2%	2%
Training & Operations	2%/2%	2%
Other Support Costs	3%/3%	3%

Estimates for allocating support costs are reviewed annually.

8. Employee Information

Staff costs

	2024 £	2023 £
Wages and salaries	2,015,474	1,367,847
Social and security costs	184,426	123,363
Pension costs, defined contribution scheme	40,397	23,813
Wages and salaries	2,240,297	1,515,023

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2024 Number	2023 Number
Counselling	22	11
Helpline	33	22
Advocacy	11	8
Outreach	2	1
Support	6	4
Training and Operations	4	2
	78	48

The number of employees whose benefits were over £60,000 during the year (excluding employer pension contributions) was:

	2024	2023
£60,001 to £70,000	1	-

None of the trustees received any remuneration or reimbursement of expenses during the year.

9. Net income resources

This is stated after charging:

	2024	2023
	£	£
Depreciation	45,638	39,757
Auditors' remuneration – audit fees	3,000	3,000
Auditors' remuneration – non-audit services	4,806	3,490

10. Tangible fixed assets

	Computer Equipment	Office Equipment	Improvements To Leasehold Property	Website	Total
	£	£	£	£	£
Cost					
At 1 April 2023	119,640	42,516	95,615	490	258,261
Additions	34,135	6,653	-	-	40,788
At 31 March 2024	153,775	49,169	95,615	490	299,049
Depreciation					
At 1 April 2023	88,505	37,687	37,779	490	164,461
Depreciation charge	33,022	6,190	6,426	-	45,638
At 31 March 2024	121,527	43,877	44,205	490	210,099
Net Book Value					
At 31 March 2023	31,135	4,829	57,836	-	93,800
At 31 March 2024	32,248	5,292	51,410	-	88,950

11. Debtors:

Amounts falling due within one year:

	2024	2023
	£	£
Grants receivable	904,397	801,849
Other debtors	5,039	5,039
Prepayments & accrued income	14,355	23,871
	923,791	830,759

12. Creditors: amounts falling due within one year:

	2024	2023
	£	£
Other creditors	13,917	14,182
Other tax and social security	50,159	105,841
Accruals and deferred income	319,427	67,087
	383,503	187,110

13. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

14. Analysis of movements in restricted funds

	Current year				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	
	£	£	£	£	£
Advocacy	43,185	540,796	(369,289)	-	214,692
Helpline	45,308	1,193,500	(1,193,240)	-	45,568
Counselling	425,311	1,462,866	(1,441,606)	-	446,571
Training	235,882	87,107	(95,985)	-	227,004
Outreach	68,178	46,000	(35,659)	-	78,519
Crawley	629	-	-	-	629
	818,493	3,330,269	(3,135,779)	-	1,012,983

Notes to the Financial Statements
For the year ended 31 March 2024 (continued)

Previous year

	Balance at 1 April 2022	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2023
	£	£	£	£	£
Advocacy	8,108	443,440	(408,363)	-	43,185
Helpline	40,574	839,952	(835,218)	-	45,308
Counselling	237,763	1,132,103	(944,555)	-	425,311
Training	160,740	195,227	(120,085)	-	235,882
Outreach	43,307	63,450	(38,579)	-	68,178
Crawley	629	-	-	-	629
	491,121	2,674,172	(2,346,800)	-	818,493

Restricted funds are to be used only for the following specific purposes:

Advocacy – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

Helpline – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

Counselling – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

Training – offers awareness raising talks, training and workshops to statutory and non-statutory organizations about sexual violence, the myths and effects, and how best to support survivors.

Outreach – provision of initial emotional and information based sessions with marginalised survivors.

15. Analysis of movements in unrestricted funds

Current year

	Balance at 1 April 2023	Incoming resources	Outgoing resources	Balance at 31 March 2024
	£	£	£	£
Designated funds - property	93,800	17,658	(22,508)	88,950
General funds	781,440	49,695	6,376	837,511
Total Unrestricted funds	875,240	67,353	(16,132)	926,461

Previous year

	Balance at 1 April 2022	Incoming resources	Outgoing resources	Balance at 31 March 2023
	£	£	£	£
Designated funds - property	75,082	6,778	11,940	93,800
General funds	700,942	114,070	(33,572)	781,440
Total Unrestricted funds	776,024	120,848	(21,632)	875,240

Notes to the Financial Statements
For the year ended 31 March 2024 (continued)

Name of unrestricted fund	Description, nature and purpose of fund
General funds	The 'free reserves' after allowing for designated funds
Designated funds:	The designated property fund represents the net book value of tangible fixed assets as these funds are tied up and are unavailable for general use by the Charity.
Property	

16. Analysis of net assets between funds

	General Fund	Restricted Funds	Total
	£	£	£
Fixed assets	88,950	-	88,950
Current assets	1,221,014	1,012,983	2,233,997
Current liabilities	(383,503)	-	(383,503)
	926,461	1,012,983	1,939,444
Previous year			
Fixed assets	93,800	-	93,800
Current assets	968,550	818,493	1,787,043
Current liabilities	(187,110)	-	(187,110)
	875,240	818,493	1,693,733

17. Reconciliation of net income to net cash flow from operating activities

	2024	2023
	£	£
Net income/(deficit) for the reporting period	245,711	426,588
Adjustments for:		
Depreciation charges	45,638	39,759
(Increase)/decrease in debtors	(93,032)	(908,523)
Increase/(decrease) in creditors	196,393	523,293
Net cash used in (provided by) operating activities	394,710	81,117

18. Pension scheme

Defined contribution pension scheme

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge for the year represents contributions payable by the Charitable Company to the scheme and amounted to £40,397 (2023: £23,813). There were £8,315 (2023: £6,250) contributions payable to the scheme at the end of the year.

19. Lease commitments

The Charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2024 were as follows:

	2024	2023
	Total	Total
	£	£
Payable:		
Within one year	46,000	46,000
Later than one year and not later than five years	217,000	235,000
More than five years	36,250	65,250
	299,250	346,250

The amount of non – cancellable operating lease payments recognised as an expense during the year was £68,000 (2023: £48,068)

20. Capital commitments and contingent liabilities

There were no capital commitments or contingent liabilities at either 31 March 2024 or 31 March 2023.

21. Events after the reporting period

There have been no other significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

22. Related party transactions

During the year, the Charitable Company received a grant from their umbrella charitable company, Rape Crisis (England & Wales) amounting to £1,125,562 (2023: £724,119). The Charitable Company also enjoys a close working relationship with entities which provide funding to enable the Charity to carry out its charitable company. During the year the Charity provided counselling sessions / services to Solace and Women & Girls Network and received an amount totalling £187,204 (2023: £314,372) in the form of grants.

There were no other related party transactions during the year or amounts outstanding as at the year end.

23. Corporation taxation

As a Charitable Company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.



Rape Crisis South London

England & Wales - Charity number 1085104

Accounts

Registered Charity No. 1085104 (England & Wales)

Registered Company No. 4113588 (England & Wales)



RASASC
rape and sexual abuse
support centre
RAPE CRISIS
SOUTH LONDON

RAPE AND SEXUAL ABUSE SUPPORT CENTRE
ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2023

(A Charitable Company Limited by Guarantee)

Rape and Sexual Abuse Support Centre

P.O. Box 383, Croydon, CR9 2AW

Telephone: 0208 683 3311



Legal and administrative information for the year to 31 March 2023

Status:

Rape and Sexual Abuse Support Centre is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Administrative information:

Charity Name:	Rape and Sexual Abuse Support Centre (RASASC)	
Charity Registration Number:	1085104	
Company Registration Number:	4113588	
Registered Office:	P.O. Box 383, Croydon, CR9 2AW	
Telephone:	0208 683 3311	
Freephone Helpline:	0808 802 9999	
Email:	info@rasasc.org.uk	Website: www.rasasc.org.uk

Financial information:

Independent Auditors:	Shaw Gibbs (Audit) Limited Salatin House, 19 Cedar Road, Sutton, SM2 5DA	
Bank:	CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ	

Board of Directors:

Chair:	Sheetal Dalal	(appointed 22/09/22)	
Vice Chair:	Patricia O'Sullivan		(resigned 05/07/22)
Treasurer:	Sheetal Dalal		
Secretary:	Vacant		
Trustees:	Alana Ratnadevi Carrasco	(appointed 05/08/22)	
	Sophie Kate Howes	(appointed 05/07/22)	
	Zoe Kate Tisdall	(appointed 05/07/22)	
	Anujavahinie Suntharamoorthy		(resigned 05/07/22)
	Nichole McGill-Higgins		(resigned 05/07/22)

Senior Management Team:

Chief Executive Officer:	Sharon Erdman	
Director of services:	Rosa Knight	
Director of Finance & Resources	Magni Sylvie Bissileu	(appointed 05/12/22)

Message from the Chair

I am pleased to present the annual report and financial statements for the Rape and Sexual Abuse Support Centre, for year ending 31st March 2023.

This year has seen a huge amount of growth and change at RASASC.

In June 2022 the 24/7 Rape and Sexual Assault Support line was launched, with RASASC as the lead delivery partner. This incredibly positive development for survivors of rape and sexual violence in England and Wales came about after considerable lobbying and hard work by RASASC and others in the sector.

In 2021 the Government commissioned the Rape Review, following a continuing decline in rape prosecutions in England and Wales to the lowest on record. Many of the recommendations that came out of that review have not improved support or justice for survivors but the funding of the 24/7 Rape and Sexual Abuse Support Line has. RASASC has a long history of providing the only national women's helpline for survivors of rape and sexual violence, having run a 365 days a year service on behalf of Rape Crisis England and Wales (RCEW) for the last 10 years. This helpline historically opened for 5 hours a day and ran on very limited staffing and funding, powered by phenomenal women volunteering their time. Many of these women continue to further the cause in the women's sector.

At the end of 2021 the Government invited bids for a newly funded helpline for all survivors in England and Wales, with significant funding to enable 24/7 telephone and live-chat support. I am proud to say that RASASC, in partnership with RCEW, were successful in securing this work through a competitive process. As a result hundreds of survivors a week are able to access high quality specialist support. This opportunity came at a challenging time for RASASC, already going through a lot of change and looking for stability, but we recognised it was a once in lifetime opportunity. We want to recognise all of the hard work and commitment that the team have put into transforming a 5-hour-a-day service into a 24-hour, 365 days of the year service. This happened in a short space of time from the award of the grant in April 2022, to the service going live on 6 June 2022. Since that time the new helpline continues to develop and grow with further funding, and we continue to hold the key delivery role with other partners.

In April 2022 we were also successful in securing significant new funding from NHS England to offer a range of new holistic services to young women and girls in south London who have experienced rape and sexual violence. Again, an opportunity presented itself which, ethically, we felt that we had to pursue, knowing that we had the skills and experience to build these vital services for girls and young women in South London. With funding secured until at least 2025, we have been able to build a team of excellent practitioners supporting both girls and young women from the age of five-plus; and also, the parents, carers and professionals trying to support them. Again, I express my gratitude and admiration for the staff both implementing and delivering these essential services.

Thankfully Sharon Erdman had joined as permanent CEO and she has now been in her role for over 2 years. We also had a new Director of Services, Rosa Knight in role for the whole of this financial year, and they were joined by Sylvie Bissileu as Director of Finance and Resources in December 2022 to complete RASASC's new Senior Leadership Team (SLT). I look forward to continuing our work with the SLT to ensure stability and sustainability at RASASC, during these periods of growth and change. Focus should also be retained on embedding systems and processes which ensure consistency, good practice and fairness.

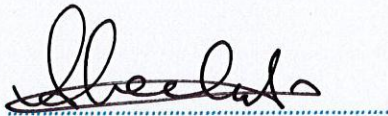
At board level, we have also had significant changes. In July 2022 three trustees resigned, Nichole McGill- Higgins, Tricia O'Sullivan and Anujavahinie Suntharamoorthy. I would like to thank all three for their contributions to the organisation. In the past year we have welcomed to the board Sophie Howes, Zoe Tisdall and Alana Carrasco.

It has been another difficult year, with the cost of living crisis impacting our staff and our clients, and we worked with others in the sector to highlight the impacts of this. We have improved our staffing benefits package and will continue to prioritise investing in and retaining the excellent staff team we have here at RASASC.

Again, we worked against the backdrop of high-profile cases of violence against women and girls, and accounts of misogyny and abuse in the very institutions that exist to protect us, such as the Metropolitan Police. While demand for our services continue to rise, as the Board of Trustees we want to acknowledge the invaluable work that all of our staff

and volunteers do to support survivors, and to continue to commit to providing the organisational resources and support to enable them to do this work.

I would like to pay tribute to all our staff and volunteers and the work that they do to support survivors every day. I would like to acknowledge those staff who have been with RASASC for a significant period of time. Thank you to those of you who have given our clients many years of service, and your contribution to the stability through times of change.

A handwritten signature in black ink, appearing to read 'Sheetal Dalal', written over a horizontal dotted line.

Sheetal Dalal

Date: 1 December 2023

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023

The charitable company's Board of Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are pleased to present their report together with the audited financial statements of the charitable company for the year ended 31 March 2023 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

1. Our values, mission, and aims

We are a feminist organisation, and see gender inequality as a cause and consequence of violence against women and girls. We recognise that women's experiences of sexual violence and seeking support will be different depending on their relationship to intersecting axes of oppression. We strive to embody anti-racist and anti-oppressive practice and actively challenge unequal power dynamics in our work and the wider world. We live in a world which doesn't treat survivors of sexual violence with the care they deserve. Care underpins everything that we do and the 'Empowerment Model' that guides our work. This year we reviewed our values, and have agreed that at the heart of what we do are Empowerment, Solidarity and Hope.

Empowerment

We thread empowerment through our work with survivors to give them back control of their lives that the perpetrators of sexual violence have taken away.

We do this by recognising strengths, valuing differences, holding clear professional boundaries, and respecting service users' choices and aims for the future.

This begins with empowering our team, through:

Investing in our people with training, and our ongoing commitment to professional development, so we are always at the cutting edge of best practice in supporting survivors.

Supporting flexible and hybrid working to assist our people while valuing our staff through all life stages.

Trusting our team to behave and work with patience, understanding and in good faith with our service users.

Providing the space to enable meaningful engagement with clients and colleagues alike.

Communicating in an assertive, kind and respectful way with clients and colleagues.

Managing expectations and defining remit and boundaries (of service and role) clearly for clients and colleagues.

Valuing survivors' voices and listening to feedback - creating spaces for survivor involvement in recruitment, service development and provision.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

Solidarity

The Rape Crisis movement grew from feminist consciousness-raising and recognition of shared experiences.

We stand with survivors, sister organisations, and each other. A shared goal is what brings us together, regardless of differences in opinions and approaches.

We recognise that the only difference between our service users and our staff is timing.

Survivors of sexual violence deserve the very best care from skilled support teams. Our training and recruitment processes will always incorporate survivors' voices and centre their needs.

Collaborating with sister services to provide advice and assistance, we work in solidarity to amplify the voices of the women's movement and specifically the violence against women and girls' sector.

We support colleagues, volunteers and managers with patience, understanding and trust.

Hope

We believe in a world without sexual violence.

Motivated by hope, our team works with resilience and resourcefulness to advocate for positive outcomes for all survivors. Starting at the very core of this systemic issue, we are actively calling for change from policymakers.

We recognise that hope is what enables survivors to access our services. We draw hope from their resilience and strength, and in turn hold the hope for them when things seem bleak.

Utilising our Empowerment Model, we encourage open and exploratory discussions in all settings. This includes taking the time to speak openly and honestly with children and young people about gender stereotypes, sexual violence myths and consent. Our team provides training to all sectors, to ensure survivors are supported in all environments, including the workplace, schools and medical facilities.

Together, we can challenge the attitudes, beliefs and processes that support sexual violence.

We believe that violence against women and girls is preventable and together we can eradicate it.

Our mission, as stated in our charitable objectives (Memorandum and Articles of Association, dated 22 September 2022) is to relieve the sickness and distress of people who have suffered rape and sexual assault, however long ago. We pursue this mission by:

- Providing free, confidential and specialist counselling to women and girls from the age of 5 years old. This includes a range of specialist therapeutic offers, from play therapy, schools' wellbeing counsellors, one-to-one long-term counselling, group therapy, and body therapy.
- Providing one-to-one and group work support for those supporting children and young people who have experienced rape and sexual violence.
- Providing a specialist resource, through both our children and young people's counselling service and our training and prevention team,

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued....)

- For those professionals supporting women and girls who have experienced rape and sexual violence. Providing specialist long-term support for women going through the Criminal Justice System.
- Providing holistic casework support to women, in key areas such as access to safe housing and welfare benefits.
- Providing prevention workshops for children in schools, and working collaboratively with those schools.

All of the above work is provided and delivered in the 12 south London boroughs

- Providing (as part of a consortium led by Rape Crisis England and Wales) a 24-hour, 7 days a week specialist helpline service to all survivors of rape and sexual violence aged 16+ in England and Wales.

2. Organisational structure

The Board of Trustees retain overall responsibility for the good strategic and financial governance of the organisation. The Board of Trustees meet a minimum of 6 times a year in the execution of these duties. The day-to-day running of the organisation is delegated to the CEO, Sharon Erdman, who leads a small Senior Leadership Team (SLT) instituted this year, comprising the CEO, Rosa Knight, the Director of Services, and Sylvie Bissileu, the Director of Finance and Resource. This new SLT recognises the changing needs of the charity as it continues to grow, and is responsible for the day-to-day planning and running of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Adult Counselling Services, Children and Young People's Counselling Services, Training and Prevention, Advocacy and the 24/7 Rape and Sexual Abuse Support Line all have dedicated service managers who are responsible for the running of their departments.

3. Our Services and standards

Clinical Supervisors are employed to ensure that all frontline workers are debriefed and working ethically in line with the British Association of Counselling and Psychotherapy (BACP) guidelines. All salaried staff have access to a pension scheme, to a Healthcare scheme (provided by Healthshield), to an Employee Assistance Programme and a Cycle to Work scheme.

To ensure the standards of delivery and practice, RASASC has been accredited as a Therapy Centre by the BACP, is a member of the Helplines Association, and adheres to the National Occupational Standards set by Rape Crisis (England and Wales).

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

Departmental Report: Adult Counselling Service

Based on our Empowerment Model we continued to provide long-term (up to one year) therapy to survivors of sexual violence from Monday to Friday, 9am to 8pm, with one of our specialist qualified therapists. The department also offered six sessions of specialist body therapy to all clients, short-term grounding sessions to survivors going through the Criminal Justice System or who would benefit from additional stabilisation support whilst on the waiting list and group therapy. We continued to offer a mix of in-person, online and telephone counselling. All therapists receive Clinical Supervision in line with the BACP requirements and regular CPD training throughout the year.

Both the Clinical Lead and Adult Counselling Service Manager left their roles near the start of the financial year and following a restructuring of the management team, we successfully recruited for a Clinical Lead, Operations Coordinator and Clinical Practitioner for the department. Despite this challenging start to the year, we were able to provide **8,838** sessions of counselling to adult survivors of sexual violence.

Client feedback included:

"The only thing was the waiting period between the initial consultation and the first session was very long. I do understand that it's a charity though and you provide long-term counselling so I appreciate there's a challenge there."

"Thank you for supporting me to start to regain ownership of my life and my body."

"I am extremely grateful for the support I received, especially because I was offered the great opportunity of more sessions. I know RASASC already offers an invaluable help!"

"My hope is that, in the future, you will be able to offer a longer support for those who need it. I'm saying this because I know, from personal experience, that it might not be easy for a survivor to find a therapist and an organisation able to help and support in the right way. Apart from this I can only say thank you so much for being there and for doing a wonderful job!"

"Incredible service and approach. I'm incredibly grateful to have been given a chance to safely explore these experiences with someone."

"I had such a great experience with you. I've been waiting almost 40 years and I could finally find support, answers, explanation to things that I was carrying in my life without being aware of the impact they were having... I hope you will keep doing what you are already doing helping more and more people. Thank youuuuu!!!!"

Departmental Report: RASASC'S Helpline Service

In this last financial year, the helpline has expanded significantly. We extended our opening hours from 5 hours a day to 24 hours, offer webchat as well as telephone support and now support anyone who had been affected by sexual violence at any point in their lives. This followed a successful grant tendering process which we submitted in partnership with Rape Crisis England and Wales, following our provision of a helpline for female survivors of sexual violence since 1985. The service is now funded largely by the Ministry of Justice along with pre-existing London Councils funding.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

In April 2022, we started planning the new 24/7 Rape and Sexual Abuse Support Line. This was a significant period of change for the team as it involved exploring options around new shift times, team structures and contracts. As with any significant change, the helpline did sadly say goodbye to some of the team who chose not to continue with the new service. We were sad to say goodbye to these women and thank them for all their hard work and support to the helpline. Over the next few months, RASASC invested time in recruitment and training to ensure that the new 24/7 was fully staffed and opened successfully to a soft launch on June 6th 2022. Initially, RASASC worked in partnership with Welsh Women's Aid who supported with overnight delivery and this partnership was then extended to include two other Rape Crisis Centres – Lincolnshire Rape Crisis and ARCH Teeside. The service was then fully and formally launched in November 2022 and staffing levels have continued to expand, RASASC now has approximately 35 managers and frontline staffing working on the helpline, alongside our team of volunteers.

At the start of the financial year, we had 7 volunteers which soon increased to 17 after our Winter 2022 training. Our Spring 2023 intake saw our volunteering levels increase again, and, by April 2023, we were able to be on shift 50 more hours per month than we had done in January 2023. We have had feedback from our volunteers saying that the training and subsequent volunteering has not only helped them professionally, but also on a personal level also and that "the training and support we have is something very special. More than anything, volunteering has given me hope and agency in the face of sexual violence."

Between the soft launch in July 2022 to 31 March 2023 the Support Line took approx. 9150 calls and 5010 webchats.

Client feedback included:

"thank you - this is really validating for me... This conversation has been really validating for me to come to terms with what happened... the work you do is amazing, keep it up"

"I haven't spoken to anyone who understands before. You really reassured me. I'm now going to think about counselling and look at the resources you provided"

Departmental Report: Advocacy Service

Our Independent Sexual Violence Advocates (ISVAs) provide free and specialist practical, factual, and emotional support and information to survivors aged 13 and over who are going through the criminal justice system, or who are considering reporting to the police. We give clear and honest information about the whole criminal justice process, from reporting to the police to attending court, so survivors can make informed decisions that are right for them. We can give clear explanations of legal terms, police and Crown Prosecution Service (CPS) protocols, and survivors' rights within the system. Our ISVAs accompany survivors to police stations, CPS meetings, video statements, trial, and can liaise with police to ensure timely and accurate updates. We support survivors to challenge poor and discriminatory practice, making complaints, and submitting a Victims' Right to Review (VRRs) where a decision to take No Further Action has been made. They provide links into specialist counselling and grounding sessions, and advocate with and for our clients throughout their journey within the system.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

All of our ISVAs have completed an accredited ISVA training course, either at the University of Worcester, or run by Purple Leaf / Rape Crisis England and Wales.

Our Independent Domestic and Sexual Violence Advocate IDSVAs based at the Family Justice Centre (FJC), a drop-in service for survivors of domestic abuse in Croydon, also attends Multi Agency Risk Assessment Conference MARAC meetings, child protection conferences and provides a client-centred service for women and their children. Our caseworkers provide emotional and practical support to survivors of sexual violence who have housing or welfare needs.

The Advocacy Department went through a period of transition this year, changing its name from the ISVA department to the Advocacy department as two caseworkers were assimilated into the team. Francesca Jarvis, the longstanding manager of the ISVA department left the organisation near the start of the financial year, and we successfully recruited Raeesa Shaikh as the new Service Lead.

We saw some frontline staff turnover, and this combined with a long internal waiting list led to the service having to prioritise internal referrals for the year. Despite these challenges, the department supported 218 survivors who were engaging or thinking about engaging with the Criminal Justice System and 49 women who required casework support such as with housing or finances.

Due to the staff turnover, recruitment was a key priority for most of the year. The recruitment process was revised to include a framework for shortlisting and a two-staged interview process. We successfully recruited a full-time ISVA to join the team in April 2023, and a Caseworker to provide maternity cover.

Whilst conviction rates continue to be disproportionately low, key successes for the year include two Victims' Right to Reviews which led to the original No Further Action decisions being overturned and both cases progressed to Crown Prosecution Service involvement. In addition to these cases, there were two charging decisions made for cases that had progressed to trial, one of which resulted in a 32-year custodial sentence.

A monitoring and evaluation framework was also created for the expenditure of the London Survivor Gateway client fund to purchase voucher resources. This increased the financial aid available to survivors accessing support from the Advocacy service.

Client Feedback:

"Having my ISVA means that I have someone on my side and I feel less alone."

"My ISVA was very empathetic and calm, which made me feel more at ease."

"I feel so comfortable with my caseworker, she's so kind and helpful."

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

Children and Young Peoples (CYP) Counselling services

The Children and Young Persons' Service provides age appropriate specialist therapeutic support to girls and women from 5 to 24 years old. The services aim to provide support and healing for individuals who have experienced sexual violence with trauma-focussed therapeutic support incorporating evidence-based interventions and coping strategies underpinned by RASASC's Empowerment Model.

The therapeutic team expanded massively this year with funding from NHS England, moving from a small team of mainly sessional staff to a large multi-disciplinary team of 15 staff. Practitioners in the team now include a clinical lead, play therapists, creative therapists, school emotional wellbeing counsellors, a high intensity safeguard lead, family prevention worker and a massage therapist. The services are available in-person, online and via telephone, catering to the diverse community within the 12 south London boroughs that are served. We work in collaboration with a multi-disciplinary of professionals, such as Child and adolescent mental health services CAMHS, social workers, GPs, school safeguarding leads, and universities, which ensures a holistic approach to support.

Therapeutic counselling is provided within schools, colleges, and universities across 12 south London boroughs. This approach aims to make support more accessible and integrated into the educational environment. Rape Crisis South London has also made considerable steps to make the process of accessing therapy more peaceful with the use of hubs in Croydon, Bromley, Greenwich, Kingston, Southwark and Sutton.

We are committed to providing trauma-focussed therapeutic support to minority groups, including asylum seekers and refugees. Our therapists come from diverse cultural backgrounds, ensuring a culturally sensitive approach to support.

More detail on our specialist offer to girls and young women:

Play Therapy: Play therapy is utilised to engage young children in a therapeutic process through play, allowing them to express and process their experiences in a safe and non-directive manner.

Creative Therapy: Creative therapy involves the use of various creative mediums, such as art, music, or drama, to facilitate self-expression and exploration of emotions.

Talking Therapy: Talking therapy provides a space for individuals to receive trauma-focussed therapeutic support using our 'Empowerment Model' to discuss their experiences and emotions, fostering understanding and healing through dialogue.

Massage Therapy: Massage therapy is offered as a therapeutic approach to promote relaxation, reduce stress, as well as safe, positive touch and support overall well-being.

Counselling Sessions: 30 sessions of trauma informed therapeutic counselling are provided to children and young people. These sessions aim to provide a safe space for individuals to explore their experiences and emotions.

This year also saw a significant expansion in our group work offer, and we were able to offer much needed support to those caring for young survivors.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

Family Support Sessions: 8 sessions of family support groupwork. These sessions offer a supportive environment for parents, carers, and other supportive individuals to support one another and gain an understanding of sexual trauma and how they can best support their child or young person with symptoms of complex post-traumatic stress disorder (PTSD), anxiety, low mood or anger.

Individual family support: 6 sessions of one-to-one support, either online or in-person, are also offered to parents, carers, and supportive others who do not wish to join a group. These sessions focus on addressing the specific needs of them and their child and providing personalised support.

Support Groups: Support groups are available for girls aged 13 to 18 and young women aged 18 to 24 years old. These groups provide a supportive community where individuals can share friendship, experiences, gain insights into helpful roadmaps to recovery, and receive guidance from peers and professionals.

In this financial year we saw 320 new referrals to the services, with 288 young people accessing one-to-one support.

Departmental Report: Training and Prevention

Based on our frontline experience, the Training and Prevention team offer awareness-raising talks, training and workshops to statutory and non-statutory organisations about sexual violence, the myths and impacts, and how best to support survivors. We provide workshops in schools, colleges, universities and pupil referral units to educate young people about sexual violence, to dispel the myths and to understand consent.

In 2022, we saw some change in staff, with a Training and Prevention Support Worker stepping into the role of manager, and two new Training and Prevention Support Workers joined the team, growing the team from 2 women in 2021-2022, to 3, though we ended the financial year looking to recruit a Manager and a Training and Prevention Support Worker.

We continued to deliver in-person work in schools and colleges, after a hiatus brought on by the Covid pandemic. Although our prevention work has not yet reached full capacity due to a smaller team, we delivered one-off sessions in 'Drop Down Days' on topics including consent, sexual harassment and image-based sexual abuse, and an 8-week 'Consent Champions' programme with college students which reached a total of **873 children and young people**.

In addition, we continued to deliver a popular programme of online training for adult professionals. Overall, we reached **941 multi-agency and education practitioners**.

We were able to maintain existing partners and develop new ones across the statutory and charity sectors in south London. In 2022-2023, we worked with **28 partners** to deliver professional training, including to established partners in Higher Education, and new partners in a local drug and alcohol service, and Improving Access to Psychological Therapies IAPT service, a mental health charity and a new university. We were funded particularly to deliver training and prevention in the Richmond borough, building relationships with several new schools. We also partnered with Brook, the national sexual health charity, as part of a project supporting secondary schools in Lambeth and Lewisham to build their knowledge, skills and capacity around delivering inclusive relationship and sex education.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

4. Financial Review

Our income in 2022/23 has increased by 85% compared to 2021/22 with incoming resources being £2.8m (2022: £1.5m). A large proportion of the income is Restricted (where the funder determines what we spend the money on) Income which amount to £2.7m (2022: £1.4m). A small proportion of the income of £121k (2022: £70k) is unrestricted fund (this is a fund with no spending restriction imposed).

Expenditure incurred during the year was £2.4m (2022: £1.4m) leaving a net result for the year of £426k (2022: £155k) with a split of £327k restricted surplus (2022: £133k), and £99k unrestricted surplus (2022: 21k).

Our restricted fund has increased due to this year's net movement in funds to £818k (2022: £491k)

The unrestricted fund has increased due to this year's net movement in funds to £875k (2022: £798k) which are fixed assets £93.8k (2022: £75k) and general fund £781k (2022: £700k).

5. Public Benefit Statement

The Board of Trustees have due regard to the Charity Commission's guidance on public benefit. RASASC's work is grounded in a feminist understanding of sexual violence as both cause and consequence of gender inequality. As such the activities we undertake to support survivors of sexual violence and to prevent sexual violence are also directed at alleviating the impacts of gender inequality on everyone in society. The extent to which sexual violence harms society is immeasurable. Recent data from the Office of National Statistics suggest 11.5% of women in the adult population in England and Wales have experienced child sexual abuse, and every year over 75,000 women are raped.

This year we supported more than 5,000 women and girls who have suffered from some form of sexual violence, through our frontline services. Our services are free at the point of delivery and are offered to female survivors of sexual violence both nationally, through the helpline, and locally to women and girls in all twelve of the south London boroughs. The activities undertaken through our services further our Charity's purposes for the public benefit, as detailed further below.

6. Governance and management

RASASC was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in September 2022. In the event of the company being wound up members are required to contribute an amount not exceeding £1. The Directors of the Company are also Trustees of the Charity. This year saw some turnover of Trustees due to other work commitments and pressures, The names of the Directors who served during the year and up to the date of approval of these financial statements are:

Nicole McGill-Higgins (resigned 05/07/2022)

Patricia O' Sullivan (resigned 05/07/2022)

Anujavahinie Suntharamoorthy (resigned 05/07/2022)

Sheetal Dalal (appointed 07/07/2021)

Zoe Tisdall (appointed 05/07/2022)

Alana Carrasco (appointed 05/08/2022)

Sophie Howes (appointed 05/07/2022)

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

In an effort to have a skills-based board, Trustees are recruited based on the expertise and the time they can offer to RASASC, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RASASC. They are required to declare any conflicts of interest. All new Board members are also required to attend a package of training which focusses on the role of a charity trustee, including financial governance.

The Trustees hold Board meetings every 2 months with the CEO and members of the Senior Leadership Team (SLT), and receive regular reporting from the CEO and Director of Finance and Resources, with service managers attending and reporting on their services on a yearly rota. Organisational strategy meetings with senior management are held annually and budgets agreed thereafter for the following year. All policies and procedures of the organisation must be ratified by the Board of Trustees and any Child Protection or Data Protection issues are immediately referred to the Board.

The Trustees hold Board meetings every 6-8 weeks with the CEO, having received reports from relevant senior managers. All relevant outcomes from the Board meetings are communicated Senior Management at their monthly progress meeting.

All policies and procedure of the organisation must be signed off by the Board of Trustees and any Child Protection issues are immediately referred to the Board.

7. Risk Management

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies and procedures are produced so that the necessary steps can be taken to lessen these risks. The Organisational Risk Assessment Management Plan delegated to SLT, is reviewed quarterly by them, and presented to the board for examination and discussion quarterly. Risks arising and identified by the Board of Trustees are included. It contains assessments of Finances, Data Protection, Client Confidentiality, Maternity Safety, Fraud, Health and Safety of Clients and Staff, IT, Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RASASC and ensures a quality and standard of delivery of all our services.

8. Reserves and investment

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months. Under the Memorandum and Articles of Association, the charity has the power to make any investments which the Board of Trustees see fit. The Board of Trustees will review the investment strategy in 2023/24

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

9. Going Concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

10. Events after the reporting period

Following significant changes to the UK government and its policies there has been a dramatic downturn of the UK economy, in particular, the continuing rise of inflation. The extent of the impact of inflation on the financial performance of RASASC will depend on future developments, restrictions, and outlook of the UK economy, all of which are highly uncertain and unpredictable. Therefore, an estimate of the financial effect is not possible at the date of issue of these financial statements. The Trustees consider the current economic crisis to be a non-adjusting post balance sheet event and will continue to closely monitor the situation.

11. Small company provisions

The Board of Trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the Board of Trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

12. RASASC Crawley

Our sister organisation in Crawley (Rape Crisis Surrey and Sussex) went into liquidation in August 2020. We purchased several of Crawley's fixed assets during the liquidation process. The liability of the premises remains Croydon's and we are seeking the possibility to sublet the premises to other charities who share our values.

13. Serious Incidents

Charity commission guidance recommends that the organisation documents any serious incidents in the period. A serious incident is one that results or risks significant:

- harm to the charity's beneficiaries, staff, volunteers or others who come into contact with the charity through its work.
- loss of the charity's money or assets.
- damage to the charity's property.
- harm to the charity's work or reputation.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2023 (continued...)

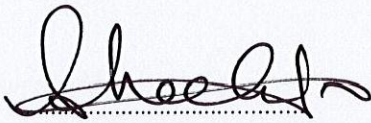
There were no serious incidents to report during the financial year.

14. Statement of Disclosure of Information to Auditors

We, the Board of Trustees of the charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Charities Act 2011, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the company's auditors are aware of that information.

Approved by the Board of Trustees on **1 December 2023** and signed on their behalf by:



Sheetal Dalal, Chair
Board of Trustees

Responsibilities of the Board of Trustees

The charitable company's Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre

OPINION

We have audited the financial statements of The Rape & Sexual Abuse Support Centre ('the charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- we identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Shaw Gibbs

Shaw Gibbs (Audit) Limited
Chartered Accountants & Statutory Auditors
Date: 1 December 2023

Salatin House
19 Cedar Road
Sutton, Surrey
SM2 5DA

Shaw Gibbs (Audit) Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Statement of Financial Activities
(including income and expenditure account)
for the year ended 31 March 2023

	Notes	Unrestricted Funds	Restricted Funds	2023	2022
		£	£	£	£
Incoming Resources					
Income from:					
Donations and legacies	3	22,956	-	22,956	24,037
Charitable activities:					
Grants receivable	4	-	2,674,172	2,674,172	1,436,950
Other income	5	91,114	-	91,114	44,490
Investment income		6,778	-	6,778	1,758
Total Income		120,848	2,674,172	2,795,020	1,507,235
Expenditure on:					
Charitable activities	6	-	2,346,800	2,346,800	1,303,304
Governance	7	21,632	-	21,632	48,934
Total Expenditure		21,632	2,346,800	2,368,432	1,352,238
Net surplus (deficit) for the year		99,216	327,372	426,588	154,997
Reconciliation of Funds:					
Total Funds brought forward		776,024	491,121	1,267,145	1,112,148
Total Funds carried forward		875,240	818,493	1,693,733	1,267,145

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.

Balance Sheet as at 31st March 2023
(Company no. 04113588)

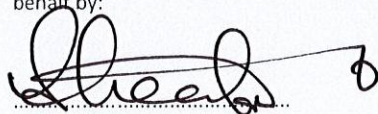
	Notes	2023 £	2022 £
Fixed Assets			
Tangible assets	13	93,800	75,082
Current Assets			
Debtors	14	830,759	293,976
Cash at bank and in hand		956,284	933,642
		1,787,043	1,227,618
Creditors: amounts falling due within one year	15	(187,110)	(35,555)
Net Current Assets		1,599,933	1,192,063
Total Assets less Liabilities		1,693,733	1,267,145
The Funds of the Charity			
Restricted Funds	18	818,493	491,121
Designated Unrestricted Funds	19	93,800	75,082
General Unrestricted Funds	19	781,440	700,942
Total Funds carried forward		1,693,733	1,267,145

For the financial year ended 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Trustees on 1 December 2023 and signed on their behalf by:



Sheetal Dalal, Chair
Board of Trustees

The notes on pages 28 to 39 form an integral part of these financial statements.

Statement of Cash Flows
For the year ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities:			
Net cash used in (provided by) operating activities	21	81,117	(76,490)
Cash flows from investing activities:			
Purchase of tangible fixed assets		(58,475)	(14,425)
Disposal of tangible fixed assets		-	-
Net cash used in investing activities		(58,475)	(14,425)
Change in cash and cash equivalents in the reporting period		22,642	(90,915)
Cash and cash equivalents at the beginning of the reporting period		933,642	1,024,557
Cash and cash equivalents at the end of the reporting period		956,284	933,642

Notes to the Financial Statements For the year ended 31st March 2023

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape and Sexual Abuse Support Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

d) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

e) Fund accounting

The funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

f) VAT

The charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

g) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment	33% straight line
Improvements to leasehold property	over 15 years straight line

h) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

i) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is

objective evidence that the charity will not be able to collect all amounts due according to the original terms of the debt.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

3. Income from Donations and Legacies

	Unrestricted	Restricted		
	Funds	Funds	2023	2022
	£	£	£	£
Legacies	-	-	-	-
Gifts and donations	22,956	-	22,956	24,037
	22,956	-	22,956	24,037

Income from donations and legacies during 2022 was all unrestricted.

4. Income from Charitable Activities

	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
Grants				
London Borough of Croydon	-	38,237	38,237	37,617
London Councils	-	69,704	69,704	60,058
Mayor's Office Policing & Crime	-	1,171,624	1,171,624	986,142
Solace Women's Aid	-	-	-	19,183
MoJ Rape Support Fund	-	-	-	26,400
Women & Girls Network	-	314,372	314,372	234,201
Rape Crisis England & Wales	-	724,119	724,119	100
NHS England	-	355,016	355,016	71,000
London Borough of Merton	-	1,100	1,100	2,249
	-	2,674,172	2,674,172	1,436,950

Income from charitable activities in 2022 was made up of £1,436,950 in restricted funds.

5. Other Income

	2023	2022
	£	£
Training income	90,237	29,490
Miscellaneous income	877	15,000
Total	91,114	44,490

Other income received during the year and for 2022 were entirely unrestricted.

6. Analysis of expenditure on Charitable Activities

	Unrestricted	Restricted	2023	2022
			Total	Total
	£	£	£	£
Counselling				
Counsellors' fees and staff costs	-	359,228	359,228	390,518
Specialist counsellors	-	336,057	336,057	44,694
Group counsellors	-	11,335	11,335	5,378
Other costs	-	26,080	26,080	6,554
Support costs	-	211,855	211,855	148,471
	-	944,555	944,555	595,615
Helpline				
Operators	-	573,760	573,760	78,641
Telephone	-	48,082	48,082	12,610
Other costs	-	23,781	23,781	2,387
Support costs	-	189,595	189,595	66,289
	-	835,218	835,218	159,927
Advocacy				
Staff costs	-	353,637	353,637	260,788
Other costs	-	6,605	6,605	5,382
Support costs	-	48,122	48,122	39,774
	-	408,364	408,364	305,944
Training and Operations				
Trainer's fees	-	49,522	49,522	50,094
Other costs	-	480	480	1,597
Support costs	-	48,122	48,122	39,774
	-	98,124	98,124	91,465
Outreach				
Staff costs	-	37,906	37,906	149,813
Other costs	-	673	673	540
	-	38,579	38,579	150,353
Other Support Costs	-	21,960	21,960	-
Total Spend on Charitable Activities	-	2,346,800	2,346,800	1,303,304

Expenditure on charitable activities in 2022 was made up of £1,303,304 from restricted funds.

7. Governance costs

	2023	2022
	£	£
Bank charges	233	216
Auditor's remuneration – audit fees	3,000	2,500
Auditor's remuneration – other services	3,490	2,100
Legal and professional fees	8,427	22,908
Ongoing RCSAS costs	2,421	15,605
Other Governance costs	4,061	5,605
	21,632	48,934

Governance costs during the year and in 2022 were from unrestricted funds.

8. Support costs

	Staff costs	Premises	Other costs	2023	2022
	£	£	£	Total	Total
	£	£	£	£	£
Counselling	57,323	37,032	117,500	211,855	148,471
Helpline	50,158	32,019	107,418	189,595	66,289
Training & Operations	14,331	9,258	24,533	48,122	39,774
Advocacy	14,331	9,258	24,533	48,122	39,774
Other Support Costs	7,165	4,629	10,166	21,960	13,257
	143,308	92,196	284,150	519,654	307,565

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	40%/40%	40%
Helpline	35%/25%	35%
Advocacy	10%/15%	10%
Training & Operations	10%/15%	10%
Other Support Costs	5%/5%	5%

Estimates for allocating support costs are reviewed annually.

9. Employee Information

Staff costs

	2023	2022
	£	£
Wages and salaries	1,367,847	706,286
Social and security costs	123,363	59,996
Pension costs, defined contribution scheme	23,813	17,535
Wages and salaries	1,515,023	783,818

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2023	2022
	Number	Number
Counselling	11	6
Helpline	22	3
Advocacy	8	9
Outreach	1	4
Support	4	3
Training and Operations	2	4
	48	29

Fees/expenses are charged by Counsellors, Helpline workers, Volunteers and Supervisors.

There were no employees with emoluments above £60,000.

None of the trustees received any remuneration or reimbursement of expenses during the year.

10. Net income resources

This is stated after charging:

	2023	2022
	£	£
Depreciation	39,757	20,264
Auditors' remuneration – audit fees	3000	2,500
Auditors' remuneration – non-audit services	3490	2,100

11. Related party transactions

During the year, the charitable company received a grant from their umbrella charitable company, Rape Crisis (England & Wales) amounting to £724,119 (2022: £100). The charitable company also enjoys a close working relationship with entities which provide funding to enable the charity to carry out its charitable company. During the year the charity provided counselling sessions/services to Solace and Women & Girls Network and received an amount totalling £314,372 (2022: £234,201) in the form of grants.

There were no other related party transactions during the year or amounts outstanding as at the year end.

12. Corporation Taxation

As a charitable company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13. Tangible Fixed Assets

	Computer Equipment	Office Equipment	Improvements To Leasehold Property	Website	Total
	£	£	£	£	£
Cost					
At 1 April 2022	67,683	35,998	95,615	490	199,786
Additions	51,957	6,518	-	-	58,475
At 31 March 2023	119,640	42,516	95,615	490	258,261
Depreciation					
At 1 April 2022	57,995	35,030	31,353	326	124,704
Depreciation charge	30,510	2,657	6,426	164	39,757
At 31 March 2023	88,505	37,687	37,779	490	164,461
Net Book Value					
At 31 March 2023	31,135	4,829	57,836	-	93,800
At 31 March 2022	9,688	968	64,262	164	75,082

14. Debtors

	2023	2022
	£	£
Grants receivable	801,849	277,912
Other debtors	5,039	3,210
Prepayments & accrued income	23,871	12,854
	830,759	293,976

15. Creditors: amounts falling due within one year:

	2023	2022
	£	£
Other creditors	81,269	14,135
Other tax and social security	105,841	21,420
	187,110	35,555

16. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

17. Pension Scheme

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge for the year represents contributions payable by the charitable company to the scheme and amounted to £23,813 (2022: £17,535). There were £6,250 (2022: £3,348) contributions payable to the scheme at the end of the year.

18. Analysis of movements in restricted funds

Current year

	Balance at 1 April 2022	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2023
	£	£	£	£	£
Advocacy	8,108	443,440	(408,363)	-	43,185
Helpline	40,574	839,952	(835,218)	-	45,307
Counselling	237,763	1,132,103	(944,555)	-	425,311
Training	160,740	195,227	(120,085)	-	235,883
Outreach	43,307	63,450	(38,579)	-	68,178
Crawley	629	-	-	-	629
	491,121	2,674,172	(2,346,800)	-	818,493

Previous year

	Balance at 1 April 2021	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2022
	£	£	£	£	£
Advocacy	50,783	263,269	305,944	-	8,108
Helpline	67,914	132,587	159,927	-	40,574
Counselling	151,590	681,788	595,615	-	237,763
Training	56,878	195,327	91,465	-	160,740
Outreach	29,681	163,979	150,353	-	43,307
Crawley	629	-	-	-	629
	357,475	1,436,950	1,303,304	-	491,121

Restricted funds are to be used only for the following specific purposes:

Advocacy – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

Helpline – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

Counselling – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

Training – offers awareness raising talks, training and workshops to statutory and non-statutory organizations about sexual violence, the myths and effects, and how best to support survivors.

Outreach – provision of initial emotional and information based sessions with marginalised survivors.

19. Analysis of movements in unrestricted funds

Current year

	Balance at 1 April 2022 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2023 £
Designated funds - property	75,082	6,778	11,940	93,800
General funds	700,942	114,070	(33,572)	781,440
Total Unrestricted funds	776,024	120,848	(21,632)	875,240

Previous year

	Balance at 1 April 2020 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2022 £
Designated funds - property	80,921	1,758	(7,597)	75,082
General funds	673,752	68,527	(41,337)	700,942
Total Unrestricted funds	754,673	70,285	(48,934)	776,024

Name of unrestricted fund	Description, nature and purpose of fund
General funds	The 'free reserves' after allowing for designated funds
Designated funds: Property	The designated property fund represents the net book value of tangible fixed assets as these funds are tied up and are unavailable for general use by the charity.

20. Analysis of net assets between funds

	General Fund £	Restricted Funds £	Total £
Fixed assets	93,800	-	93,800
Current assets	968,550	818,493	2,158,781
Current liabilities	(187,110)	-	(558,848)
	875,240	818,493	1,693,733
Previous year			
Fixed assets	75,082	-	75,082
Current assets	736,497	491,121	1,227,618
Current liabilities	(35,555)	-	(35,555)
	776,024	491,121	1,267,145

21. Reconciliation of Net Income to Net Cash Flow from Operating Activities

	2023	2022
	£	£
Net income/(deficit) for the reporting period	426,590	154,997
Adjustments for:		
Depreciation charges	39,757	20,264
(Increase)/decrease in debtors	(908,523)	160,264
Increase/(decrease) in creditors	523,293	(412,015)
Net cash used in (provided by) operating activities	81,117	(76,490)

22. Lease Commitments

The charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2023 were as follows:

	2023	2022
	Total	Total
	£	£
Payable:		
Within one year	46,000	51,000
Later than one year and not later than five years	235,000	239,000
More than five years	65,250	111,250
	346,250	402,250

The amount of non – cancellable operating lease payments recognised as an expense during the year was £48,068 (2022: £56,219)

23. Events after the reporting Period

There have been no other significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

**The following pages do not form part of the
statutory financial statements**

Detailed Profit and Loss Account

	2023	2022
	£	£
Income	2,795,020	1,507,235
Deduct Expenses:		
Establishment expenses	92,195	60,919
Staff Costs and fees for services provided	2,024,765	1,170,911
Communication and publication	102,813	44,762
Subsistence, travel and motor expenses	10,061	6,448
Sundry expenses	79,630	21,210
Legal, professional and audit	18,978	27,508
Financial	233	216
Depreciation	39,757	20,264
	2,368,432	1,352,238
Net surplus/(deficit) before taxation	426,588	154,997
Overheads – direct		
Helpline	571,356	86,875
Counselling	359,728	374,431
Advocacy	353,637	257,663
Training and Operations	49,522	49,257
Outreach	37,906	148,839
FGM	-	16,915
Supervision	54,691	27,304
Subcontractors	344,526	-
Telephone	66,263	20,233
Legal and professional fees – allowable	69,537	22,908
Auditor’s remuneration – audit fees	3,000	2,500
Auditor’s remuneration – non-audit services	3,490	2,100
	1,913,656	1,009,025

Detailed Profit and Loss Account

	2023	2022
	£	£
Overheads – Indirect		
Rent	48,068	43,705
General and water rates	2,056	203
Electricity & gas	5,523	3,127
Insurance	3,763	1,943
Cleaning	4,650	3,490
Repairs and maintenance	10,349	3,104
Wages and salaries	143,308	182,416
Staff training	58,475	14,531
Recruitment costs	51,616	12,680
Telephone	3,058	-
Stationery	7,267	5,668
Computers & Software	23,732	17,703
Advertising	72	1,158
Travelling expenses – staff	10,061	6,448
Room Hire	13,080	967
Sundry expenses – allowable	4,124	3,030
Subscriptions – allowable	5,375	1,608
Crawley Sundry Expenses	20,209	20,952
	414,786	322,733
Financial		
Bank and credit card charges	233	216
Depreciation		
Computer equipment	30,510	13,191
Office equipment	2,657	484
Improvements to leasehold property	6,426	6,426
Website	164	163
	39,757	20,264

Rape Crisis South London

England & Wales - Charity number 1085104

Accounts

Registered Charity No. 1085104 (England & Wales)

Registered Company No. 4113588 (England & Wales)



RASASC
rape and sexual abuse
support centre
RAPE CRISIS
SOUTH LONDON

RAPE AND SEXUAL ABUSE SUPPORT CENTRE
ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022

(A Charitable Company Limited by Guarantee)

Rape and Sexual Abuse Support Centre

P.O. Box 383, Croydon, CR9 2AW

Telephone: 0208 683 3311



Legal and administrative information for the year to 31 March 2022

Status:

Rape and Sexual Abuse Support Centre is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Administrative information:

Charity Name:	Rape and Sexual Abuse Support Centre (RASASC)	
Charity Registration Number:	1085104	
Company Registration Number:	4113588	
Registered Office:	P.O. Box 383, Croydon, CR9 2AW	
Telephone:	0208 683 3311	
Freephone Helpline:	0808 802 9999	
Email:	info@rasasc.org.uk	Website: www.rasasc.org.uk

Financial information:

Independent Auditors:	Harmer Slater Limited, Salatin House, 19 Cedar Road, Sutton, SM2 5DA	
Bank:	CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ	

Board of Directors:

Chair:	Fiona Vera-Gray	(resigned 08/12/21)
	Ellie Cumbo	(resigned 09/03/22)
	Sheetal Dalal	(appointed 22/09/22)
Vice Chair:	Patricia O'Sullivan	(resigned 05/07/22)
Treasurer:	Sheetal Dalal	(appointed 07/07/21)
Secretary:	Vacant	
Trustees:	Alana Ratnadevi Carrasco	(appointed 05/8/22)
	Anujavahinie Suntharamoorthy	(appointed 01/6/21) (resigned 05/07/22)
	Zoe Kate Tisdall	(appointed 05/7/22)
	Hannah Clarke	(appointed 22/9/21) (resigned 13/03/22)
	Ellie Cumbo	(appointed 08/12/21) (resigned 09/03/22)
	Arti Naithani	(appointed 10/12/20) (resigned 24/03/22)
	Nichole McGill-Higgins	(appointed 10/12/20) (resigned 05/07/22)

Senior Management Team:

Chief Executive Officer:	Liz Felton	(interim 28/09/2020 – 31/07/2021)
	Sharon Erdman	(appointed 02/08/21)
Director of services:	Rosa Knight	(appointed 01/01/22)
Director of Finance & Resources	Magni Sylvie Bissileu	(appointed 05/12/22)

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022

The charitable company's Board of Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are pleased to present their report together with the audited financial statements of the charitable company for the year ended 31 March 2022 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

1. Our values, mission, and aims

The purpose of the charity is set out in our Memorandum and Articles of Association: To relieve the suffering and distress of people who have suffered rape and sexual assault however long ago. In order to meet our mission, we apply the following core values across all of our work, empowerment, honesty, empathy, and respect.

Our charitable aims are as follows:

- To offer a woman-only professional service to female survivors of sexual violence.
- To give information, referral guidance and support.
- To offer a holistic therapeutic service to survivors with highly qualified specialist therapists.
- To provide information, assistance and support to survivors accessing the Criminal Justice System.
- To offer support in the community to marginalised groups of women and girls.
- To increase the knowledge and awareness of the effects of sexual violence, through training, workshops, lectures and committees.
- To engage the media and other professionals to challenge the myths regarding sexual violence against women and girls.
- To work preventatively with young people, highlighting the natures of sexual violence, the effects and strategies of perpetrators and to understand consent.
- To recruit, train and support all our workers to provide RASASC's core services and to understand the nature of violence against women and girls.
- To offer a Freephone National Helpline to support survivors, their friends and family.
- To recruit and train volunteers.
- To treat everyone as equals, regardless of ethnicity, socio-economic status, religion, culture, sexuality, or disability.
- To end Violence against Women and Girls.

The main objective of the charity is to ensure that our specialist and professional services are freely available to female survivors of sexual violence who live in the 12 South London Boroughs. To meet this objective we ensure we are:

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

- Providing a woman-only service from a comfortable and anonymous building to ensure the safety of our clients
- Offering outreach services to improve accessibility for survivors
- Keeping abreast of new legislation, guidance, and practice.

- Ensuring that all workers receive continuing professional development training to offer a first-rate service to survivors
- Applying the Rape Crisis (England and Wales) National Service Standards
- Working in partnership with other agencies
- Engaging survivors and using their feedback to provide client focussed services
- Increasing our engagement with disadvantaged young people
- To ensure sustained funding for all services

To guarantee our work delivers on our aims, the Board and senior management team review our aims, objectives and activities annually, looking at the success of each key activity and the benefits they have brought to the people we seek to help. Every month key management staff meets to discuss and ensure that the aims of the charity are being carried out successfully. Regular Board Reports are sent to the Trustees by all members of the senior management team to keep them informed of progress. We have referred to the public benefit guidance from the Charities Commission when reviewing our practices.

2. Organisational structure

The Board of Trustees are responsible for the finances, strategic direction and the policies and practices of the organisation. The CEO is responsible for the day-to-day provision of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Counselling, Helpline, Training and Prevention, and ISVA services all have a service manager who is the Line Manager for their own team. Given the growing size of the organisation we have this year implemented the new role of Director of Services who will now line manage the service managers. Clinical Supervisors are employed to ensure that front line workers are debriefed and working ethically in line with BACP guidelines

RASASC started the year with an interim CEO Liz Felton, who was replaced with the permanent CEO Sharon Erdman in August 2021.

To ensure the standards of delivery and practice, RASASC has been accredited as a Therapy Centre by the British Association of Counselling and Psychotherapy, is a Member of the Helplines Association, adheres to the National Occupational Standards set by Rape Crisis (England and Wales).

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

3. Our Services and standards

RASASC comprises of four broad services. These are Helpline, Counselling, Advocacy, Training & Prevention. RASASC is committed to providing an exceptional standard of service for women and girls who have experienced any form of sexual violence across all of our services. To provide this we comply with the National Service Standards for Rape Crisis England and Wales, as well as comply with BACP service standards for our BACP accredited counselling service.

At a minimum, all of our services met the following core standards:

- To deliver a client-focussed, woman-only specialist service for female survivors of sexual violence.
- To provide in-depth accredited in-house training to our volunteers, staff and counsellors.
- To work within the RASASC Empowerment Model.
- To recruit workers who reflect the diversity of London.
- To respond in a timely manner to all requests for information and support.
- To monitor our services regularly and make changes whenever necessary.
- To elicit feedback from service users and act on information to improve our services.
- To embed intersectional feminist ethics within the workplace and in all our services.

Below each of our service leads describe in more detail their service and the challenges and successes they faced this year.

Freephone National Rape Crisis Helpline

During the year RASASC continued to run the national Rape Crisis helpline. It is open every day of the year from 12 to 2.30pm and 7pm to 9.30pm, supporting women and girls from 13 years old who have suffered from any form of sexual violence either recently or in the past, their families and friends. The Helpline offers emotional support, practical information and signposting.

This year we supported we answered 5,319 calls from survivors of sexual violence and their formal and informal support networks.

During the Covid lockdown the helpline has been a lifeline for thousands of women and girls. Many of the survivors contacting us found the Covid lockdowns particularly challenging, either due to childcare obligations and lack of privacy or because the sudden increase in time spent alone with their thoughts and memories of traumatic experiences.

Counselling and Holistic Therapeutic Services

Our therapeutic service has been accredited by the British Association of Counselling and Psychotherapy (BACP) for the past 6 years. Based on our Empowerment Model we provide long term (up to a year) therapy from Monday to Friday 9am to 8pm, by appointment, with one of our specialist qualified therapists. Each weekly session lasts for 50 minutes. Six sessions of specialist Body therapy are offered to clients at the Croydon base. Short term grounding sessions are offered to survivors going through the Criminal Justice System. All therapists receive Clinical Supervision in line with the BACP requirements and regular CPD training throughout the year.

In total this year we provided 6,844 counselling sessions to adult survivors of sexual violence.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

Children and Young Peoples (CYP) Counselling services

Our children and young person's counselling service continued to develop as its own specialist service this year, supporting girls aged from 5 year upwards with specialist play therapy offered in our Croydon centre, and specialist one to one therapy offered in a range of South London hubs. Over the year the team supported 196 children and young people. A dedicated CYP team and manager has given us the resource to work with parents and other relevant agencies more effectively in the interests of the young people. It has also enabled us to identify the gaps in services for these families which lead to a successful bid to NHS England for the significant expansion of our work with children and young people in 2022/23.

Advocacy and Casework Services

Our Independent Sexual Violence Advocates (ISVAs) provide free and specialist practical, factual, and emotional support and information to survivors aged 13 and over who are going through the criminal justice system, or who are considering reporting to the police. We give clear and honest information about the whole criminal justice process, from reporting to the police to attending court, so survivors can make informed decisions that are right for them. We can give clear explanations of legal terms, police and Crown Prosecution Service (CPS) protocols and survivors' rights within the system. Our ISVAs accompany survivors to police stations, CPS meetings, video statements, trial, and can liaise with police to ensure timely and accurate updates.

We support survivors to challenge poor and discriminatory practice, making complaints, and submitting Victim's Rights to Reviews (VRRs) where a decision to take No Further Action has been made. Our ISVA team receive incredible feedback detailing the impact of their support for survivors. They provide links into specialist counselling and grounding sessions, and advocate with and for our clients throughout their journey within the system. Our IDSVA based at the Family Justice Centre (FJC), a drop-in service for survivors of domestic abuse in Croydon, also attends Multi-agency Risk Assessment conferences (MARAC) meetings, child protection conferences and provides a client-centred service for women and their children.

All of our ISVAs have completed an accredited ISVA training course, either at the University of Worcester or run by Purple Leaf / Rape Crisis England and Wales. This year, the team supported 311 survivors. during a very challenging year. 239 survivors we worked with had an active police or CPS case, and 20 completed the process over the year. This emphasises the lack of movement within the system, and the unique challenges survivors face in a lengthy and confusing process.

Our two caseworkers supported female survivors in South London with needs other than the criminal justice system and their support enabled some significant outcomes for survivors in accessing their rights to housing and welfare benefits. The caseworker roles were pilot roles funded by Mayor's Office for Policing and Crime (MOPAC) this year, and as a result of the success of this work the funding has been extended for 2022/23.

Outreach Service

During the year our outreach worker worked in partnership with other organisations and provides initial emotional and information-based sessions with marginalised survivors who may be involved in sex work, be ex-offenders, using drugs and alcohol to cope, migrant women or women who are homeless.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

The Outreach service provided 1677 support sessions, the majority of these by video or phone call.

Training and Prevention

Based on our front-line experience, the Training and Prevention team offer awareness raising talks, training and workshops to statutory and non-statutory organisations about sexual violence, the myths and impacts, and how best to support survivors. We provide workshops in schools, colleges, universities, and pupil referral units to educate young people about sexual violence, to dispel the myths and to understand consent. In addition, our training department support the in-house training for new staff and volunteers alongside other teams in RASASC, to ensure our workers maintain the highest standard in supporting survivors of sexual violence. All front-line and volunteers have to complete a version of our in-house training, which includes all forms of violence against women and girls, the impacts, myths, perpetrator information, and how to support survivors using our Empowerment Model.

The delivery of sexual violence training and prevention during the financial year 2021-2022 continued to be impacted by the COVID-19 pandemic and we also had a member of staff leave, reducing the size of the team from 3 to 2 women. After pausing the delivery of prevention workshops with children and young people at the start of the pandemic, we were able to start delivering in-person work in schools, colleges and youth settings again. Although our prevention work has not yet reached full capacity, reaching about a quarter of the children and young people that we did before the pandemic, we delivered one-off sessions in 'Drop Down Days' and three six-week programmes and reached a total of 1,614 children and young people. This is a huge increase on the 19 young people we had worked with in the previous financial year.

In addition, we continued to deliver a popular programme of online training for adult professionals and offered a newly created community workshop called 'Space for Self: Care and Consent' to women on the counselling waiting list, advocacy waiting list, and through our outreach partners. Overall, we reached 1,323 multi-agency and education practitioners, and 47 women in our community workshops.

We were also able to maintain existing partnerships and develop new ones across statutory and voluntary services within South London, including building relationships with two homelessness charities and an IAPT service, as well as training a group of volunteers providing email support to seafarers, working globally, who have experienced sexual violence. We continued our partnership with several London based universities and delivered a programme of webinars for Lambeth-based education professionals around responding to disclosures of sexual violence within a school setting.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

4. Public Benefit Statement

The Board of trustees have due regard to the Charity Commission's guidance on public benefit. RASASC's work is grounded in a feminist understanding of sexual violence as both cause and consequence of gender inequality. As such the activities we undertake to support survivors of sexual violence and to prevent sexual violence are also directed at alleviating the impacts of gender inequality on everyone in society.

The extent to which sexual violence harms society is immeasurable. Recent ONS statistics suggest 11.5% of women in the adult population in England and Wales have experienced child sexual abuse, and every year over 75,000 women are raped. The impact of various local and national lock downs introduced during the year in response to the Coronavirus will have an untold effect on the sexual violence that women and girls experience, with many locked in with their abuser and others unable to access the coping mechanisms they have developed to support themselves.

This year we supported through our front-line services over 6,500 women and girls who have suffered from some form of sexual violence. Our services are free at the point of delivery and are offered to female survivors of sexual violence both nationally, through the helpline, and locally to women and girls in all twelve of the South London boroughs. The activities undertaken through our services further our Charity's purposes for the public benefit, as detailed further below.

5. Governance and management

RASASC was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in 2006. In the event of the charitable company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the Company are also Trustees of the Charity. The Trustees plan to review and update the Articles of Association in the coming financial year in recognition of the fact that this has not been done since the organisation's inception.

The turnover at Board level continued during the year. Change in individuals' working patterns and lifestyle changes during and post Covid meant a lack in actual time available to offer to RASASC. In an effort to have a skills-based Board, Trustees are recruited based on the expertise and the time they can offer to RASASC, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RASASC. They are all obliged to sign a Conflict-of-Interest declaration form. At the end of the year the skills represented on the board were in law, finance, healthcare, health diversity and inclusion and lived experience of sexual violence.

All Trustees are required to attend external specialist training on the role of a charity trustee, the financial responsibilities of a trustee, and on the specialist work of RASASC.

6. General Management

At year end all Board members must step down and be voted in. Potential applicants for the Board provide their CVs to the members and are elected every year at the AGM. All elected Board members are given information on how to be a Trustee issued by the Charities Commission and the NCVO, as well as specialist governance training.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

The Trustees hold Board meetings every 6-8 weeks with the CEO, having received reports from relevant senior managers. All relevant outcomes from the Board meetings are communicated Senior Management at their monthly progress meeting.

All policies and procedure of the organisation must be signed off by the Board of Trustees and any Child Protection issues are immediately referred to the Board.

7. Risk Management

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies & procedures are produced so that the necessary steps can be taken to lessen these risks. The Risk Assessment and Mitigation Record is reviewed every year and updated by the Board of Trustees with the CEO. It contains assessments of Finances, Data Protection, Client Confidentiality, Maternity Safety, Fraud, Health and Safety of Clients and Staff, IT, Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RASASC and ensures a quality and standard of delivery of all our services.

8. Reserves and investment

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months. Under the Memorandum and Articles of Association, the charity has the power to make any investments which the Board of Trustees see fit.

9. Going Concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

10. Events after the reporting period

Following significant changes to the UK government and its policies there has been a dramatic downturn of the UK economy, in particular, the continuing rise of inflation. The extent of the impact of inflation on the financial performance of RASASC will depend on future developments, restrictions and outlook of the UK economy, all of which are highly uncertain and unpredictable. Therefore an estimate of the financial effect is not possible at the date of issue of these financial statements. The Trustees consider the current economic crisis to be a non-adjusting post balance sheet event and will continue to closely monitor the situation.

11. Small company provisions

The Board of Trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the Board of Trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

12. RASASC Crawley

Our sister organisation in Crawley (Rape Crisis Surrey and Sussex) went into liquidation in August 2020. We purchased several of Crawley's fixed assets during the liquidation process. The liability of the premises remains Croydon's and we are seeking the possibility to sublet the premises to other charities who share our values.

13. Serious Incidents

Charity commission guidance recommends that the organisation documents any serious incidents in the period. A serious incident is one that results or risks significant:

- harm to the charity's beneficiaries, staff, volunteers or others who come into contact with the charity through its work.
- loss of the charity's money or assets.
- damage to the charity's property.
- harm to the charity's work or reputation.

There were no serious incidents to report during the financial year.

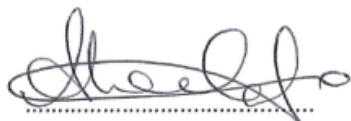
ANNUAL REPORT OF THE BOARD OF TRUSTEES' FOR THE YEAR ENDED 31 MARCH 2022 (continued...)

14. Statement of Disclosure of Information to Auditors

We, the Board of Trustees of the charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Charities Act 2011, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the company's auditors are aware of that information.

Approved by the Board of Trustees on 23 January 2023 and signed on their behalf by:



Sheetal Dalal, Chair

Board of Trustees

Responsibilities of the Board of Trustees

The charitable company's Trustees (who are also the Board of Directors of the Rape and Sexual Abuse Support Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre

OPINION

We have audited the financial statements of The Rape & Sexual Abuse Support Centre ('the charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- we identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre (continued...)

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



HARMER SLATER LIMITED
Chartered Accountants & Statutory Auditors
Date: 23 January 2023

Salatin House
19 Cedar Road
Sutton, Surrey
SM2 5DA

Harmer Slater Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Statement of Financial Activities
(including income and expenditure account)
for the year ended 31 March 2022

	Notes	Unrestricted Funds	Restricted Funds	2022	2021
		£	£	£	£
Incoming Resources					
Income from:					
Donations and legacies	3	24,037	-	24,037	31,702
Charitable activities:					
Grants receivable	4	-	1,436,950	1,436,950	1,252,151
Other income	5	44,490	-	44,490	32,473
Investment income		1,758	-	1,758	3,941
Total Income		70,285	1,436,950	1,507,235	1,320,266
Expenditure on:					
Charitable activities	6	-	1,303,304	1,303,304	1,096,620
Governance	7	48,934	-	48,934	110,652
Total Expenditure		48,934	1,303,304	1,352,238	1,207,272
Net surplus (deficit) for the year		21,351	133,646	154,997	112,994
Reconciliation of Funds:					
Total Funds brought forward		754,673	357,475	1,112,148	999,154
Total Funds carried forward		776,024	491,121	1,267,145	1,112,148

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.

Balance Sheet as at 31st March 2022
(Company no. 04113588)

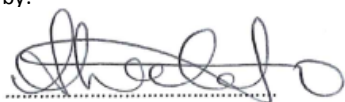
	Notes	2022 £	2021 £
Fixed Assets			
Tangible assets	13	75,082	80,921
Current Assets			
Debtors	14	293,976	454,240
Cash at bank and in hand		933,642	1,024,557
		1,227,618	1,478,797
Creditors: amounts falling due within one year			
	15	(35,555)	(447,570)
		1,192,063	1,031,227
Net Current Assets			
		1,192,063	1,031,227
Total Assets less Liabilities		1,267,145	1,112,148
The Funds of the Charity			
Restricted Funds	18	491,121	357,475
Designated Unrestricted Funds	19	75,082	80,921
General Unrestricted Funds	19	700,942	673,752
Total Funds carried forward		1,267,145	1,112,148

For the financial year ended 31 March 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Trustees on 23 January 2023 and signed on their behalf by:



Sheetal Dalal, Chair
Board of Trustees

The notes on pages 23 to 34 form an integral part of these financial statements.

Statement of Cash Flows
For the year ended 31 March 2022

	Note	2022	2021
		£	£
Cash flows from operating activities:			
Net cash used in (provided by) operating activities	21	(76,490)	248,244
Cash flows from investing activities:			
Purchase of tangible fixed assets		(14,425)	(7,002)
Disposal of tangible fixed assets		-	-
Net cash used in investing activities		(14,425)	(7,002)
Change in cash and cash equivalents in the reporting period		(90,915)	241,242
Cash and cash equivalents at the beginning of the reporting period		1,024,557	783,315
Cash and cash equivalents at the end of the reporting period		933,642	1,024,557

Notes to the Financial Statements

For the year ended 31st March 2022

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape and Sexual Abuse Support Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

d) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

e) Fund accounting

The funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

f) VAT

The charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

g) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment	33% straight line
Improvements to leasehold property	over 15 years straight line

h) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

i) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is

objective evidence that the charity will not be able to collect all amounts due according to the original terms of the debt.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

3. Income from Donations and Legacies

	Unrestricted	Restricted		
	Funds	Funds	2022	2021
	£	£	£	£
Legacies	-	-	-	13,872
Gifts and donations	24,037	-	24,037	17,830
	<u>24,037</u>	<u>-</u>	24,037	31,702

Income from donations and legacies during 2021 was all unrestricted.

4. Income from Charitable Activities

	Unrestricted Funds	Restricted Funds	2022 £	2021 £
Grants	£	£	£	£
London Borough of Croydon	-	37,617	37,617	28,212
London Councils	-	60,058	60,058	60,058
Mayor's Office Policing & Crime	-	986,142	986,142	748,127
Solace Women's Aid	-	19,183	19,183	19,183
John Cowan Foundation	-	-	-	750
MoJ Rape Support Fund	-	26,400	26,400	52,738
Women & Girls Network	-	234,201	234,201	206,192
Rosa Fund	-	-	-	30,000
Rape Crisis England & Wales	-	100	100	2,000
NHS England	-	71,000	71,000	71,000
London Borough of Merton	-	2,249	2,249	-
Miscellaneous Grants	-	-	-	33,890
	-	1,436,950	1,436,950	1,252,151

Income from charitable activities in 2021 was made up of £1,251,401 in restricted funds.

5. Other Income

	2022 £	2021 £
Training income	29,490	20,112
Miscellaneous income	15,000	12,361
Total	44,490	32,473

Other income received during 2021 was entirely unrestricted.

6. Analysis of expenditure on Charitable Activities

	Unrestricted	Restricted	2022	2021
			Total	Total
	£	£	£	£
Counselling				
Counsellors' fees and staff costs	-	390,518	390,518	263,576
Specialist counsellors	-	44,694	44,694	74,115
Group counsellors	-	5,378	5,378	4,304
Research	-	-	-	-
Other costs	-	6,554	6,554	2,853
Support costs	-	148,471	148,471	116,126
	-	595,615	595,615	460,974
Helpline				
Operators	-	78,641	78,641	81,565
Telephone	-	12,610	12,610	18,949
Other costs	-	2,387	2,387	4,406
Support costs	-	66,289	66,289	70,354
	-	159,927	159,927	175,274
Advocacy				
Staff costs	-	260,788	260,788	202,340
Other costs	-	5,382	5,382	2,341
Support costs	-	39,774	39,774	42,212
	-	305,944	305,944	246,893
Training and Operations				
Trainer's fees	-	50,094	50,094	89,431
Other costs	-	1,597	1,597	5,914
Support costs	-	39,774	39,774	42,212
	-	91,465	91,465	137,557
Outreach				
Staff costs	-	149,813	149,813	75,060
Other costs	-	540	540	861
	-	150,353	150,353	75,922
Total Spend				
Charitable Activities	-	1,303,304	1,303,304	1,096,620

Expenditure on charitable activities in 2021 was made up of £1,096,620 from restricted funds.

7. Governance costs

	2022	2021
	£	£
Bank charges	216	105
Auditor's remuneration – audit fees	2,500	2,500
Auditor's remuneration – other services	2,100	628
Legal and professional fees	22,908	62,221
Loan to RCSAS written off	-	-
Ongoing RCSAS costs	15,605	30,132
Governance costs	5,605	15,067
	48,934	110,652

8. Support costs

	Staff costs	Premises	Other costs	2022	2021
	£	£	£	Total	Total
	£	£	£	£	£
Counselling	100,035	23,177	25,259	148,471	116,126
Helpline	36,017	14,486	15,786	66,289	70,353
Training & Operations	21,610	8,691	9,473	39,774	42,212
Advocacy	21,610	8,691	9,473	39,774	42,212
Governance	7,203	2,897	3,157	13,257	14,071
	186,475	57,942	63,147	307,565	284,974

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	40%/40%	40%
Helpline	25%/25%	25%
Advocacy	15%/15%	15%
Training & Operations	15%/15%	15%
Governance	5%/5%	5%

Estimates for allocating support costs are reviewed annually.

9. Employee Information

Staff costs

	2022	2021
	£	£
Wages and salaries	706,286	597,873
Social and security costs	59,996	50,116
Pension costs, defined contribution scheme	17,535	11,791
Wages and salaries	783,818	659,780

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2022	2021
	Number	Number
Counselling	6	3
Helpline	3	1
Advocacy	9	6
Outreach	4	3
Support	3	2
Training and Operations	4	2
	29	17

Fees/expenses are charged by Counsellors, Helpline workers, Volunteers and Supervisors.

There were no employees with emoluments above £60,000.

None of the trustees received any remuneration or reimbursement of expenses during the year.

10. Net income resources

This is stated after charging:

	2022	2021
	£	£
Depreciation	20,264	17,101
Auditors' remuneration – audit fees	2,500	2,500
Auditors' remuneration – non-audit services	2,100	628

11. Related party transactions

During the year, the charitable company received a grant from their umbrella charitable company, Rape Crisis (England & Wales) amounting to £100 (2021: £2,200). The charitable company also enjoys a close working relationship with entities which provide funding to enable the charity to carry out its charitable company. During the year the charity provided counselling sessions/services to Solace and Women & Girls Network and received an amount totalling £234,201 (2021: £206,192) in the form of grants.

There were no other related party transactions during the year or amounts outstanding as at the year end.

12. Corporation Taxation

As a charitable company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13. Tangible Fixed Assets

	Computer Equipment	Office Equipment	Improvements To Leasehold Property	Website	Total
	£	£	£	£	£
Cost					
At 1 April 2021	54,710	34,546	95,615	490	185,361
Additions	12,973	1,452	-	-	14,425
At 31 March 2022	67,683	35,998	95,614	490	199,786
Depreciation					
At 1 April 2021	44,804	34,546	24,927	163	104,440
Depreciation charge	13,191	484	6,426	163	20,264
At 31 March 2022	57,995	35,030	31,353	326	124,704
Net Book Value					
At 31 March 2022	9,688	968	64,262	164	75,082
At 31 March 2021	9,906	-	70,689	327	80,921

14. Debtors

	2022	2021
	£	£
Grants receivable	277,912	431,368
Other debtors	3,210	12,788
Prepayments & accrued income	12,854	10,084
	293,976	454,240

As at the end of the prior year, included within grant receivables above was a grant receivable from MOPAC amounting £362,220, which had not met the revenue recognition criteria and in consequence was deferred into 2021/22 per note 15.

15. Creditors: amounts falling due within one year:

	2022	2021
	£	£
Other creditors	14,135	42,048
Deferred Income	-	394,349
Other tax and social security	21,420	11,173
	35,555	447,570

16. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

17. Pension Scheme

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge for the year represents contributions payable by the charitable company to the scheme and amounted to £17,535 (2021: £11,791). There were £3,348 (2021: £1,008) contributions payable to the scheme at the end of the year.

18. Analysis of movements in restricted funds

Current year

	Balance at 1 April 2021	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2022
	£	£	£	£	£
Advocacy	50,783	263,269	305,944	-	8,108
Helpline	67,914	132,587	159,927	-	40,574
Counselling	151,590	681,788	595,615	-	237,763
Training	56,878	195,327	91,465	-	160,740
Outreach	29,681	163,979	150,353	-	43,307
Crawley	629	-	-	-	629
	357,475	1,436,950	1,303,304	-	491,121

Previous year

	Balance at 1 April 2020	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2021
	£	£	£	£	£
Advocacy	44,407	253,269	246,893	-	50,783
Helpline	54,263	188,925	175,274	-	67,914
Counselling	54,901	557,663	460,974	-	151,590
Training	25,217	169,218	137,557	-	56,878
Outreach	23,278	82,325	75,922	-	29,681
Crawley	629	-	-	-	629
	202,695	1,251,400	1,096,620	-	357,475

Restricted funds are to be used only for the following specific purposes:

Advocacy – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

Helpline – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

Counselling – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

Training – offers awareness raising talks, training and workshops to statutory and non-statutory organizations about sexual violence, the myths and effects, and how best to support survivors.

Outreach – provision of initial emotional and information based sessions with marginalised survivors.

19. Analysis of movements in unrestricted funds

Current year

	Balance at 1 April 2021	Incoming resources	Outgoing resources	Balance at 31 March 2022
	£	£	£	£
Designated funds - property	80,921	1,758	7,597	75,082
General funds	673,752	68,527	41,337	700,942
Total Unrestricted funds	754,673	70,285	48,934	776,024

Previous year

	Balance at 1 April 2020	Incoming resources	Outgoing resources	Balance at 31 March 2021
	£	£	£	£
Designated funds - property	91,020	3,941	14,040	80,921
General funds	705,439	64,925	96,612	673,752
Total Unrestricted funds	796,459	68,866	110,652	754,673

Name of unrestricted fund

Description, nature and purpose of fund

General funds

The 'free reserves' after allowing for designated funds

Designated funds:

Property

The designated property fund represents the net book value of tangible fixed assets as these funds are tied up and are unavailable for general use by the charity.

20. Analysis of net assets between funds

	General Fund	Restricted Funds	Total
	£	£	£
Fixed assets	75,082	-	75,082
Current assets	736,497	491,121	1,227,618
Current liabilities	(35,555)	-	(35,555)
	776,024	494,121	1,267,145
Previous year			
Fixed assets	80,921	-	80,921
Current assets	1,121,322	357,475	1,478,797
Current liabilities	(53,221)	(394,349)	(447,570)
	1,149,021	(36,873)	1,112,148

21. Reconciliation of Net Income to Net Cash Flow from Operating Activities

	2022	2021
	£	£
Net income/(deficit) for the reporting period	154,997	112,994
Adjustments for:		
Depreciation charges	20,264	17,101
(Increase)/decrease in debtors	160,264	(308,644)
Increase/(decrease) in creditors	(412,015)	426,793
Net cash used in (provided by) operating activities	(76,490)	248,244

22. Lease Commitments

The charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2022 were as follows:

	2022	2021
	Total	Total
	£	£
Payable:		
Within one year	51,000	61,000
Later than one year and not later than five years	239,000	238,000
More than five years	111,250	159,250
	402,250	458,250

The amount of non – cancellable operating lease payments recognised as an expense during the year was £56,219 (2021: £40,855)

23. Events after the reporting Period

Following significant changes to the UK government and its policies there has been a dramatic downturn of the UK economy, in particular, the continuing rise of inflation. The extent of the impact of inflation on the financial performance of RASASC will depend on future developments, restrictions and outlook of the UK economy, all of which are highly uncertain and unpredictable. Therefore an estimate of the financial effect is not possible at the date of issue of these financial statements. The Trustees consider the current economic crisis to be a non-adjusting post balance sheet event and will continue to closely monitor the situation.

There have been no other significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

**The following pages do not form part of the
statutory financial statements**

Detailed Profit and Loss Account

	2022	2021
	£	£
Income	1,507,235	1,320,266
Deduct Expenses:		
Establishment expenses	60,919	53,962
Staff Costs and fees for services provided	1,170,911	979,559
Communication and publication	44,762	35,810
Subsistence, travel and motor expenses	6,448	9,755
Sundry expenses	21,210	45,682
Legal, professional and audit	27,508	65,349
Financial	216	105
Depreciation	20,264	17,101
	1,352,238	1,207,322
Net surplus/(deficit) before taxation	154,997	112,944
Overheads – direct		
Helpline	86,875	76,235
Counselling	374,431	302,579
Advocacy	257,663	198,533
Training and Operations	49,257	88,412
Outreach	148,839	73,874
FGM	16,915	17,500
Supervision	27,304	33,258
Telephone	20,233	21,054
Legal and professional fees – allowable	22,908	62,221
Auditor’s remuneration – audit fees	2,500	2,500
Auditor’s remuneration – non-audit services	2,100	628
	1,009,025	876,794

Detailed Profit and Loss Account

	2022	2021
	£	£
Overheads – Indirect		
Rent	43,705	36,720
Water Rates	203	441
Electricity & gas	3,127	2,774
Insurance	1,943	3,350
Cleaning	3,490	3,315
Repairs and maintenance	3,104	7,361
Wages and salaries	182,416	172,959
Staff training	14,531	10,099
Recruitment costs	12,680	6,110
Telephone	-	-
Stationery	23,371	10,824
Advertising	1,158	3,932
Travelling expenses – staff	6,448	9,755
Sundry expenses – allowable	3,997	14,413
Subscriptions – allowable	1,608	1,137
Crawley Sundry Expenses	20,952	30,132
	322,733	313,322
Financial		
Bank and credit card charges	216	105
Depreciation		
Computer equipment	13,191	8,867
Office equipment	484	1,645
Improvements to leasehold property	6,426	6,426
Website	163	163
	20,264	17,101

Rape Crisis South London

England & Wales - Charity number 1085104

Accounts

Registered Charity No. 1085104 (England & Wales)

Registered Company No. 4113588 (England & Wales)



RASASC
rape and sexual abuse
support centre
RAPE CRISIS
SOUTH LONDON

RAPE & SEXUAL ABUSE SUPPORT CENTRE
ANNUAL REPORT & FINANCIAL
STATEMENTS FOR THE YEAR ENDED
31st MARCH 2021

(A Charitable Company Limited by Guarantee)

Rape and Sexual Abuse Support Centre

P.O. Box 383, Croydon, CR9 2AW

Telephone: 0208 683 3311



Legal and administrative information for the year to 31st March 2021

Status:

Rape and Sexual Abuse Support Centre is a company limited by guarantee and has no share capital. It is also a registered charity governed by its memorandum and articles of association. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Administrative information:

Charity Name:	Rape and Sexual Abuse Support Centre (RASASC)
Charity Registration Number:	1085104
Company Registration Number:	4113588
Registered Office:	P.O. Box 383, Croydon, CR9 2AW
Telephone:	0208 683 3311
Freephone Helpline:	0808 802 9999
Email:	info@rasasc.org.uk
Website:	www.rasasc.org.uk

Financial information:

Independent Auditors:	Harmer Slater Limited, Salatin House, 19 Cedar Road, Sutton, SM2 5DA
Bank:	CAF Bank Limited, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

Board of Directors:

Chair:	Diane Ovenden (resigned 10/12/20) Fiona Vera-Gray (appointed 10/12/20)
Vice Chair:	Nicki Fraser (resigned 10/12/20) Tricia O'Sullivan (appointed 10/12/20)
Treasurer:	Diane Ovenden (resigned 10/12/20)
Secretary:	Carol McNaughton-Nicholls (resigned 07/04/20) Gill Taylor
Trustees:	Lucy Aitkens (resigned 08/06/20) Saima Hirji (resigned 10/12/20) Ruth Tedros (resigned 8 July 2020) Margaret Wrightson (appointed 22/05/19, resigned 10/12/20) Arti Naithani (appointed 10/12/20) Nichole McGill-Higgins (appointed 10/12/20) Siobhan Crawford (appointed 10/12/ 20 – resigned 17/03/21)

Senior Management Team

Chief Executive Officer:	Yvonne Traynor (retired 31/12/2020) / Liz Felton (interim 28/09/20 - 31/07/21)
Counselling Clinical Lead:	Laura Joanknecht
Helpline Coordinator:	Rosa Knight (maternity cover) – (14 December 2020 -)
Training Coordinator:	Jayne Bullough
ISVA Coordinator:	Francesca Jarvis
Outreach:	Stephanie Scott
Management Accountant:	Katharine Osborne (January 2021)

Report of the Trustees for the year to 31st March 2021

The Board of Directors are pleased to present their report together with the audited financial statements of the charity for the year ended 31st March 2021 which are also prepared to meet the requirements for a trustees' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Message from the Chair

I am pleased to present the annual report and financial statements for the Rape and Sexual Abuse Support Centre, for year ending 31st March 2021.

This has been an unprecedented year both for our charity and for the world. The year started with uncertainty as the UK entered what was to be the first of many national lockdowns due to the global coronavirus pandemic. Overnight, our staff team seamlessly moved to offering all of RASASC's services remotely, with our staff team adapting to providing services from their own homes quickly and without complaint. It was also the year where the murder of George Floyd, an African-American man murdered in Minneapolis by a white police officer, brought global attention to systemic racism and the racial trauma experienced by black and minoritised people. The year ended with a focus on another pandemic; that of violence against women and girls (VAWG). The abduction, rape, and murder of a South London woman, Sarah Everard, by a serving male Met officer in March 2021 together with the murders of sisters Bibaa Henry and Nicole Smallman in a park in North-West London in the summer, meant that the endemic levels of violence that women face from men finally began to pierce public consciousness. The steadfast commitment of our team to ensuring continuity of our services through it all is testament to their care, passion, and dedication. It meant that even in the midst of a year that reckoned with the consequences of inequality like never before, **our team supported over 5,000 women and girls** with the impacts of sexual violence.

It was not only the global context that created challenges for RASASC this year. Our organisation itself underwent one of the biggest periods of change in its herstory. The long-standing CEO, Yvonne Traynor, retired in August and in December, the entire board stepped down to allow for a complete refresh of the organisation. An entirely new board was elected and quickly had to work together remotely, during yet another period of national lockdown, to begin finding a permanent replacement for the interim CEO Liz Felton.

The consequences of this year are going to be felt by many for many years to come. We know that for many women, periods of lockdown have meant we have been unable to access the resources we have developed to cope with the impacts of violence against us. Many survivors were locked into homes with men and family members who were violent. Girls and young women were kept away from schools and community youth groups which, for those experiencing childhood sexual abuse, can be sites of safety and respite. Knowing this, our dedicated team have balanced family and home-schooling commitments, the loss of loved ones, and illness, in order to continue the service they know is needed, now perhaps more than ever.

We can see the outcome of their dedication in just some of the feedback from our support service users that we received this year.

After each call you just change me, you absolutely change my life and the way I feel about myself.
– Helpline service user

I am really grateful to you all at RASASC for being there when no-one else was. Your door opened when so many closed when I was in a desperate crisis state. Knowing compassionate help was at hand via the helpline and therapy too was on the way was sometimes my only hope when I was really in the darkness of despair. Thankyou too for keeping it all running and keeping going throughout all the challenges of funding cuts and Covid and for always responding to emails. I will end there with my thankyou's...they are too big to say really. But i say them from my heart. THANKYOU all and especially (Counsellor). – Counselling service user

I'm honestly still processing from our last meeting, it was deep, thought provoking, painful and liberating all at the same time. It really beautiful and comforting to know that when I need to, I can book another session with you. – Outreach service user

Having as ISVA was truly invaluable, they acted as a reliable anchor for me in a sea of chaos, they helped me to feel empowered, to navigate a complicated system, to know my rights and to make progress. I'd have been lost without an ISVA, the system feels stacked against you and your emotion and trauma makes it even more difficult. The ISVA is someone on your side, who always knows the right things to say. It's a difficult thing to discuss with family and friends and you don't want to make them upset and having as ISVA meant I could channel questions and support towards them and not feel like a burden. - ISVA service user

We would like to thank the previous board and CEO for their service, and to particularly thank Liz Felton for her work as an interim CEO this year, coming into a remote team and helping to support them through a period of organisational change. On behalf of the board, I would also like to take this opportunity to acknowledge with gratitude the work of Laura Joanknecht who, though still in post during this 20/21 year, left RASASC in August 2021 after running our counselling service for twelve years. Her work and expertise have been greatly appreciated and her legacy will remain in the exceptional quality of our therapeutic offer to survivors.

The whole board and I are extremely proud of all our staff, our helpline workers therapists, admin and finance workers, advocates, outreach workers, trainers, managers, and volunteers, for the work they have done this year to ensure that the support provided to survivors was not affected by the challenges the organisation has faced. I will be leaving my term as Chair next year but feel incredibly thankful for having had the opportunity to support the organisation through this challenging period in its herstory and look forward to watching it continue to grow from strength to strength in the coming years.

In solidarity and sisterhood,



Dr. Fiona Vera-Gray

Chair of the Board, RASASC

The Rape and Sexual Abuse Support Centre

1. Our values, mission, and aims

The purpose of the charity is set out in our Memorandum and Articles of Association: To relieve the suffering and distress of people who have suffered rape and sexual assault however long ago. In order to meet our mission, we apply the following core values across all of our work, empowerment, honesty, empathy, and respect.

Our charitable aims are as follows:

- To offer a woman-only professional service to female survivors of sexual violence.
- To give information, referral guidance and support.
- To offer a holistic therapeutic service to survivors with highly qualified specialist therapists.
- To provide information, assistance and support to survivors accessing the Criminal Justice System.
- To offer support in the community to marginalised groups of women and girls.
- To increase the knowledge and awareness of the effects of sexual violence, through training, workshops, lectures and committees.
- To engage the media and other professionals to challenge the myths regarding sexual violence against women and girls.
- To work preventatively with young people, highlighting the natures of sexual violence, the effects and strategies of perpetrators and to understand consent.
- To recruit, train and support all our workers to provide RASASC's core services and to understand the nature of violence against women and girls.
- To offer a Freephone National Helpline to support survivors, their friends and family.
- To recruit and train volunteers.
- To treat everyone as equals, regardless of ethnicity, socio-economic status, religion, culture, sexuality, or disability.
- To end Violence against Women and Girls.

The main objective of the charity is to ensure that our specialist and professional services are freely available to female survivors of sexual violence who live in the 12 South London Boroughs. To meet this objective we ensure we are:

- Providing a woman-only service from a comfortable and anonymous building to ensure the safety of our clients
- Offering outreach services to improve accessibility for survivors
- Keeping abreast of new legislation, guidance, and practice.
- Ensuring that all workers receive continuing professional development training to offer a first-rate service to survivors
- Applying the Rape Crisis (England and Wales) National Service Standards
- Working in partnership with other agencies
- Engaging survivors and using their feedback to provide client focussed services
- Increasing our engagement with disadvantaged young people
- To ensure sustained funding for all services

To guarantee our work delivers on our aims, the Board and senior management team review our aims, objectives and activities annually, looking at the success of each key activity and the benefits they have

brought to the people we seek to help. Every month key management staff meets to discuss and ensure that the aims of the charity are being carried out successfully. Regular Board Reports are sent to the Trustees by all members of the senior management team to keep them informed of progress. We have referred to the public benefit guidance from the Charities Commission when reviewing our practices.

2. Organisational structure

The Board of Trustees are responsible for the finances, strategic direction and the policies and practices of the organisation. The CEO is responsible for the day-to-day provision of all services including overall responsibility for ensuring the organisation maintains its professional standards and reaches key targets. Counselling, Helpline, Training and Prevention, and ISVA services all have a lead coordinator who is the Line Manager for their own team. The CEO currently line manages the Coordinators though this is due to change in the coming year to ensure a manageable workload for the CEO. External Clinical Supervisors are employed to ensure that front line workers are debriefed and working ethically in line with BACP guidelines. Administrators are responsible to each department and salaries are managed by an independent salaries clerk and a qualified external volunteer Bookkeeper uses SAGE to record the day-to-day financial activities. As at 1st January 2021 a chartered accountant was recruited to take over the financial activities. Salaries remain managed by an independent salaries clerk.

RASASC's long-standing CEO retired in August 2020, with an interim CEO Liz Felton taking over until a permanent replacement could be found (post year end we made an offer of a permanent appointment to Sharon Erdman in April 2021 And she took up the post of CEO on the 2nd August 2021. We anticipate the new appointment to result in a change in organisational structure over the coming years in order to better reflect the growing needs of the charity.

To ensure the standards of delivery and practice, RASASC has been accredited as a Therapy Centre by the British Association of Counselling and Psychotherapy, is a Member of the Helplines Association, adheres to the National Occupational Standards set by Rape Crisis (England and Wales). Is a member of NCVO, received a Highly Commended Award for Services for Disadvantaged Communities from the City of London (recognised by the European Business Awards), Investing in Volunteers Award, Beacon Status from the London Borough of Croydon, Helpline Worker of the Year from the Telephone Helplines Association, Voluntary Group of the Year from Croydon Council, one of the GSK/The King's Fund Impact Award winners and have been instrumental in many governmental task groups to ensure the voices of survivors are heard.

3. Our Services and standards

RASASC comprises five broad services. These are Helpline, Counselling, Advocacy, Outreach, Training & Prevention. RASASC is committed to providing an exceptional standard of service for women and girls who have experienced any form of sexual violence across all of our services. To provide this we comply with the National Service Standards for Rape Crisis England and Wales, as well as comply with BACP service standards for our BACP accredited counselling service.

At a minimum, all of our services met the following core standards:

- To deliver a client-focussed, woman-only specialist service for female survivors of sexual violence.
- To provide in-depth accredited in-house training to our volunteers, staff and counsellors.
- To work within the RASASC Empowerment Model.
- To recruit workers who reflect the diversity of London.
- To respond in a timely manner to all requests for information and support.

- To monitor our services regularly and make changes whenever necessary.
- To elicit feedback from service users and act on information to improve our services.
- To embed intersectional feminist ethics within the workplace and in all our services.

Below each of our service leads describe in more detail their service and the challenges and successes they faced this year.

Freephone National Rape Crisis Helpline

Helpline Coordinator (Maternity Cover): Rosa Knight

RASASC run the national Rape Crisis helpline. It is open every day of the year from 12 to 2.30pm and 7pm to 9.30pm, supporting women and girls from 13 years old who have suffered from any form of sexual violence either recently or in the past, their families and friends. The Helpline offers emotional support, practical information and signposting.

This year we supported **4,658 callers**, more than 95% of these callers were survivors of sexual violence. More than one-third of callers who disclosed their experiences of sexual violence had experienced multiple violations. During the Covid lockdown the helpline has been a lifeline for thousands of women and girls. Many of the survivors contacting us found the Covid lockdowns particularly challenging, either due to childcare obligations and lack of privacy or because the sudden increase in time spent alone with their thoughts and memories of traumatic experiences.

Within a week, an office-based helpline had been transformed into an entirely remote service as telephony systems were upgraded and monitoring and recording systems were amended to ensure the helpline could continue providing confidential and accessible support from home. Recognising that physical restrictions of the Covid lockdown would lead to a lack of privacy for many service users, removing their ability to make confidential phone calls whilst simultaneously increasing the likelihood of further harm being perpetrated, we also set up an emotional support email service.

Counselling and Holistic Therapeutic Services

Adult Counselling Services Manager: Vicki Bothwell

Our therapeutic service has been accredited by the British Association of Counselling and Psychotherapy (BACP) for the past 5 years. Based on our Empowerment Model, written by our Director of Clinical Services, Laura Joanknecht, we provide long term (up to a year) therapy is offered from Monday to Friday 9am to 8pm, by appointment, with one of our nineteen specialist qualified therapists. Each weekly session lasts for 50 minutes. Outreach therapy in Kingston, Greenwich, Bexley and Southwark, and at our Croydon base. Six free sessions of Body therapy are offered to clients at the Croydon base. Short term grounding sessions are offered to survivors going through the Criminal Justice System. All therapists receive Clinical Supervision in line with the BACP requirements and regular CPD training throughout the year.

In total this year **we provided face to face counselling to 480 women, and supported 915 women in total.** The impact of the Covid lockdown meant that we needed to close the waiting list to new referrals for the duration of the financial year, however, we had still had 99 new referrals, which included 20 children and young people referrals and 79 new adult referrals, which were all internal referrals from Advocacy and Outreach. The RASASC counselling service had never offered remote therapy pre-lockdown, and in three days the office team worked to phone every one of the 150 clients in therapy to move them over to

remote working, either over phone or by video call, and update all of our systems to enable us to get contact information for every client online.

Despite the national closures due to Covid, we are proud that the survivors who use our counselling service didn't miss a day of their counselling support following the office closure. The counsellors adapted to remote working amazingly and this is seen in the feedback we received this year from clients.

During Covid we were also able to offer additional spaces for pre-trial therapy (grounding sessions to clients going through the Criminal Justice System) due to Covid-specific funding from the Ministry of Justice. Some clients did decide to suspend their sessions until we are able to return to face to face, however most found remote sessions beneficial and sometimes preferable to face to face.

Independent Sexual Violence Advocates (ISVAs)

Advocacy Coordinator: Francesca Jarvis

Our six Independent Sexual Violence Advocates (ISVAs) provide free and specialist practical, factual, and emotional support and information to survivors aged 13 and over who are going through the criminal justice system, or who are considering reporting to the police. We give clear and honest information about the whole criminal justice process, from reporting to the police to attending court, so survivors can make informed decisions that are right for them. We can give clear explanations of legal terms, police and Crown Prosecution Service (CPS) protocols, and survivors' rights within the system. Our ISVAs accompany survivors to police stations, CPS meetings, video statements, trial, and can liaise with police to ensure timely and accurate updates. We support survivors to challenge poor and discriminatory practice, making complaints, and submitting Victim's Rights to Reviews (VRRs) where a decision to take No Further Action has been made. Our ISVA team receive incredible feedback detailing the impact of their support for survivors. They provide links into specialist counselling and grounding sessions, and advocate with and for our clients throughout their journey within the system. Our ISVA based at the Family Justice Centre (FJC), a drop-in service for survivors of domestic abuse in Croydon, also attends MARAC meetings, child protection conferences and provides a client-centred service for women and their children.

All our ISVAs have completed an accredited ISVA training course, either at the University of Worcester or run by Purple Leaf / Rape Crisis England and Wales. This year, the team supported **235 survivors and completed 11,658 contacts**. during a very challenging year. The coronavirus pandemic transformed how we work with our move to remote working, and had a significant impact on an already stagnating criminal justice system. 226 survivors we worked with had an active police or CPS case, and 53 completed the process over the year. This emphasises the lack of movement within the system, and the unique challenges survivors face in a lengthy and confusing process.

Outreach Service

Outreach Worker: Stephanie Scott

Our outreach service works in partnership with other organisations and provides initial emotional and information-based sessions with marginalised survivors who may be involved in sex work, be ex-offenders, using drugs and alcohol to cope, migrant women or women who are homeless. This year was a particularly unusual year for the Outreach department at RASASC. As with every service, the pandemic has had a huge impact on our work – particularly as we were unable to be physically based in the community. We adapted our approach to reaching survivors and ensured that we were able to continue to provide essential short-

term support within the pandemic context. The make up of the team also changed this year – we went from two Outreach workers down to one Outreach worker in September 2020. In January 2021 we recruited a new caseworker to cover practical aspects of support that the organisation has not previously offered. Her training was completed after the end of year, and so we will see the impact of her support in the year 2021-22.

The Outreach team **support 89 individual survivors and completed approximately 180 support sessions**, the majority of these by video or phone call. Of these survivors around 30% had experienced multiple forms of sexual violence, 28% had experienced CSA, 45% had been raped and 13% had experienced domestic abuse.

During this year we also began to deliver online Self Care and Consent workshops and advertised these through our Outreach partners. We delivered 4 workshops directed at external survivors, through our partnership organisations. 4 of the participants went on to receive outreach support after attending a workshop and 3 of those survivors have been linked into further support at RASASC following on from this.

Training and Prevention

Training Coordinator: Jayne Bullough

Based on our front-line experience, our team of six trainers offer awareness raising talks, training and workshops to statutory and non-statutory organisations about sexual violence, the myths and effects and how best to support survivors. We provide workshops in schools, universities, and pupil referral units to educate young people about sexual violence, to dispel the myths and to understand consent. In addition, our training department deliver our accredited in-house training to ensure our workers maintain the highest standard in supporting survivors of sexual violence. All front-line workers have to successfully complete the 12-week accredited Sexual Violence training course accredited by the Open College Network (9 credits at level 3 - equivalent to an A level) The course includes all forms of violence against women and girls, the effects, myths, perpetrator information, and how to support survivors using our Empowerment Model. A modified version of the training course over 10 weeks is given to qualified Counsellors/Therapists which they must successfully complete before working with clients. Accredited CPD training is given throughout the year on subjects such Dissociative Identity Disorder, Trauma and Attachment, Art Therapy, working multi-Culturally, Body Therapy, delivered by specialist practitioners.

The delivery of sexual violence training and prevention during this year was significantly impacted by COVID-19. The size of our facilitation team reduced from seven to three women and we were unable to deliver any in-person training or workshops. After careful consideration of safety and support, we decided to postpone the delivery of prevention workshops with children and young people, until we could return to in-person sessions. This was a really difficult decision and significant gap in our provision.

However even with these very difficult circumstances, we were able to develop and deliver a programme of online training for adult practitioners. Overall, we reached **705 multi-agency and education practitioners, 22 women in the community and 19 young people** through a programme of online sexual violence training and prevention sessions. We were also able to maintain existing partnerships and develop new ones across statutory and voluntary services within south London, and several London based universities.

As part of our prevention work with universities, we were delighted to collaborate with University of Arts London, Arts SU, and Marshall E-learning Consultancy to develop an online sexual consent module. We were also thrilled to develop a briefing toolkit for Rape Crisis England and Wales, to support member centres in developing their approach to addressing sexual violence within the statutory relationship, sex, health and education curriculum (RSHE).

4. Public benefit statement

The Board of trustees have due regard to the Charity Commission's guidance on public benefit. RASASC's work is grounded in a feminist understanding of sexual violence as both cause and consequence of gender inequality. As such the activities we undertake to support survivors of sexual violence and to prevent sexual violence are also directed at alleviating the impacts of gender inequality on everyone in society.

The extent to which sexual violence harms society is immeasurable. Recent ONS statistics suggest 11.5% of women in the adult population in England and Wales have experienced child sexual abuse, and every year over 75,000 women are raped. The impact of the national lockdown measures introduced in March of this year in response to the Coronavirus pandemic will have an untold effect on the sexual violence that women and girls experience, with many locked in with their abuser and others unable to access the coping mechanisms they have developed to support themselves.

This year we supported through our front-line services over 5,000 women and girls who have suffered from some form of sexual violence. Our services are free at the point of delivery and are offered to female survivors of sexual violence both nationally, through the helpline, and locally to women and girls in all twelve of the South London boroughs. The activities undertaken through our services further our Charity's purposes for the public benefit, as detailed further below.

5. Governance and management

RASASC was set up in 1985 and became a company limited by guarantee in 2000. The articles and memorandum were updated in 2006. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the Company are also Trustees of the Charity. This year saw significant turnover at Board level due to several factors. These included the impact of the coronavirus pandemic on childcare responsibilities, the impact on workload of the retirement of the CEO, and the result of a request for remaining board members to step down to enable an organisational refresh. Staff were involved in the recruiting of new trustees to the Board. The names of the Directors who served during the year and up to the date of approval of these financial statements are:

Trustees prior to 10th December 2020

- Diane Ovenden (resigned 10/12/20)
- Nicki Fraser (resigned 10/12/20)
- Carol McNaughton-Nicholls (resigned 7 April 2020)
- Lucy Aitkens (resigned 8 June 2020)
- Saima Hirji (resigned 10/12/20)
- Ruth Tedros (resigned 8 July 2020)
- Margaret Wrightson (resigned 10/12/20)

Trustees from 10th December 2020 – Year End

- Fiona Vera-Gray
- Tricia O’Sullivan
- Gill Taylor
- Arti Naithani
- Nichole McGill-Higgins
- Siobhan Crawford (until 17th March 2021)

In an effort to have a skills-based Board, trustees are recruited based on the expertise and the time they can offer to RASASC, as well as in order to be representative of the communities we serve. All Board members give their time voluntarily and do not receive any benefits from RASASC. They are all obliged to sign a Conflict of Interest declaration form. At year end we had six Board of Directors (a maximum of nine) who range in experience from the Rape Crisis movement to commissioning, law, diversity and inclusion, and lived experience of sexual violence.

6. General governance

At year end all Board members must step down and be voted in. All elected Board members are given information on how to be a Trustee issued by the Charities Commission and the NCVO, as well as specialist governance training.

The Trustees hold Board meetings every 6 weeks with the CEO having received reports from all senior managers about their departments. From January 2021 until year end, monthly meetings were held in order to support the new Board. Any outcomes from the Board meetings are fed back to senior management at their monthly progress meetings. These meetings also became bi-monthly following the announcement of national lockdown measures in March 2020.

The Board of Trustees have sub-groups when certain issues need clarification and decisions. At year end there were five such groups: Governance; Human Resources; Finance, Fundraising and Risk; Diversity and Inclusion; Services and Strategy. Organisational strategy meetings with senior management are held annually and budgets agreed thereafter for the following year. All policies and procedures of the organisation must be agreed and signed off by the Board of Trustees and any Child Protection issues are immediately referred to the Board.

7. Risk Management

The Board of Trustees have examined the major strategic, business, fraud, money laundering and operational risks which the charity faces and confirm that systems have been established to ensure regular reports, policies & procedures are produced so that the necessary steps can be taken to lessen these risks. The Risk Assessment and Mitigation Record is reviewed every year and updated by the Board of Trustees with the CEO. It contains assessments of Finances, Data Protection, Client Confidentiality, Maternity Safety, Fraud, Health and Safety of Clients and Staff, IT, Board of Trustees Liability, Insurances. Adherence to the BACP Code of Ethics and Practice and the National Occupational Standards set by Rape Crisis (England and Wales) are paramount to the ethos and practice of RASASC and ensures a quality and standard of delivery of all our services.

8. Reserves and investment

The Charity relies on grants to fund its work which are liable to fluctuations from year to year. The Charity relies for most of its funding from local and central government and from generous donations from the public. In order to minimise any impact of sudden closure on our service users and staff, the trustees have

agreed a reserves policy which seeks to maintain sufficient reserves to cover the running costs of the organisation for six months. Under the Memorandum and Articles of Association, the charity has the power to make any investments which the Board of Trustees see fit.

9. Covid-19 impact statement

The report for this year has been significantly impacted by the global coronavirus pandemic and the various national and local lockdowns introduced by government in response. In response to the lockdown announced on 16th March 2020, all face-to-face support was suspended, but online training had been developed. The service managers adapted operations and services, including Counselling, Advocacy and Helpline, to ensure continuing specialist support for victims and survivors of sexual abuse and sexual violence, offering a range of remote support to meet the needs of our clients mainly by telephone and video calls. Detail on how individual services adapted have been included in the Section 4 above. In addition, across services the need for additional clinical supervision was recognised as staff were working in isolation in their own homes, and this was provided. Whilst the effects of the pandemic are still ongoing, the Trustees have concluded there is reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

10. Events after the reporting period

Following significant periods of lockdown over the entire reporting period of these accounts, there has been a dramatic downturn of the UK economy. The extent of the impact of the pandemic on the financial performance of RASASC continues past year end, and will depend on future developments, restrictions and the impact of COVID-19 on the overall economy, all of which are highly uncertain and unpredictable. Therefore an estimate of the financial effect is not possible at the date of issue of these financial statements. The Trustees consider the outbreak to be a non-adjusting post balance sheet event and will continue to closely monitor the situation.

11. Small company provisions

The Board of Trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the Board of Trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

12. RASASC Crawley

Our sister organisation in Crawley (Rape Crisis Surrey and Sussex) went into liquidation in August 2020. We purchased several of Crawley's fixed assets during the liquidation process. The liability of the premises remains Croydon's and we are seeking the possibility to sublet the premises to other charities who share our values.

13. Reportable serious Incidents

Under Section 60 of the Charities Act 2011, Charities have a legal duty to confirm in their annual return that they have reported any reportable serious incidents to the Charities Commission in that reporting year. A serious incident is one that results or risks significant: harm to the charity's beneficiaries, staff, volunteers or others who come into contact with the charity through its work; loss of the charity's money or assets; damage to the charity's property; harm to the charity's work or reputation.

The board confirm that we have reported any reportable serious incidents to the Charities Commission during this reporting period.

14. Statement of Disclosure of Information to Auditors

We, the Board of Trustees of the charity who held office at the date of the approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant information, as defined by Charities Act 2011, being information needed by the auditor in connection with their reports, of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Board of Trustees to make ourselves aware of any relevant information and to establish that the company's auditors are aware of that information.

Approved by the Board of Trustees on *6th December 2021* and signed on their behalf by:



.....
Dr Fiona Vera-Gray, Chair, Board of Trustees

Responsibilities of the Board of Trustees

The charity's Board of Trustees are responsible for preparing a Board of Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity Board of Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing those financial statements, the Board of Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Board of Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. It is also their responsibility to safeguard the assets of the company and hence to take reasonable steps to prevent and detect fraud and other irregularities.

Independent Auditors Report to the Board of Trustees of Rape & Sexual Abuse Support Centre

OPINION

We have audited the financial statements of The Rape & Sexual Abuse Support Centre ('the charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Financial Statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF THE TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- we identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the nature of the charitable company's sector and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also identified the laws and regulations applicable to the charitable company through discussions with the Trustees and other management, and from our cumulative audit, knowledge and experience of the charitable company.

We obtained an understanding of the legal and regulatory framework that the Charitable company operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Companies Act 2006, the Charities Act 2011, the Charities SORP, and UK financial reporting standards as issued by the Financial Reporting Council; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charitable company's ability to operate or to avoid a material penalty. These included the Charitable company's regulatory requirements, employment and taxation legislations.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls and policies in place to mitigate risks of fraud and non-compliance with laws and regulations.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of the Trustee concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of Trustee meetings, reviewing internal audit reports and reviewing correspondence with the Charities Commission.

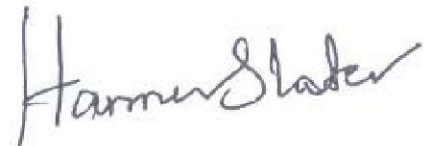
There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Trustees and other management and the inspection of regulatory and legal correspondence, if any.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. In addition, as with any audit, there remained a higher risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Records) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



HARMER SLATER LIMITED

Chartered Accountants & Statutory Auditors

Date: 6th December 2021

Salatin House
19 Cedar Road
Sutton, Surrey
SM2 5DA

Harmer Slater Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Statement of Financial Activities
(including income and expenditure account)
for the year ended 31 March 2021

	Notes	Unrestricted Funds	Restricted Funds	2021	2020
		£	£	£	£
Incoming Resources					
Income from:					
Donations and legacies	3	31,702	-	31,702	31,872
Charitable activities:					
Grants receivable	4	750	1,251,401	1,252,151	1,081,836
Other income	5	32,473	-	32,473	107,051
Investment income		3,941	-	3,941	878
Total Income		68,866	1,251,401	1,320,266	1,221,637
Expenditure on:					
Charitable activities	6	-	1,096,620	1,096,620	968,921
Governance	7	110,652	-	110,652	80,916
Total Expenditure		110,652	1,096,620	1,206,276	1,049,837
Net surplus (deficit) for the year		(41,786)	154,781	112,994	171,800
Reconciliation of Funds:					
Total Funds brought forward		796,459	202,695	999,154	827,354
Total Funds carried forward		754,673	357,476	1,112,148	999,154

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.

Balance Sheet as at 31st March 2021 (Company no. 04113588)


	Notes	2021 £	2020 £
Fixed Assets			
Tangible assets	13	80,921	91,020
Current Assets			
Debtors	14	454,240	145,566
Cash at bank and in hand		1,024,557	783,345
		1,478,797	928,911
Creditors: amounts falling due within one year			
	15	(447,570)	(20,777)
Net Current Assets		1,031,227	908,134
Total Assets less Liabilities		1,112,148	999,154
The Funds of the Charity			
Restricted Funds	18	357,475	202,695
Designated Unrestricted Funds	19	80,921	91,020
General Unrestricted Funds	19	673,751	705,439
Total Funds carried forward		1,112,148	999,154

For the financial year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The Trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying the requirements of the Act with respect to accounting records and for the preparation of the accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Trustees on 6th December 2021 and signed on their behalf by:



Dr Fiona Vera-Gray, Chair, Board of Trustees

The notes on pages 23 to 34 form an integral part of these financial statements.

Statement of Cash Flows

For the year ended 31 March 2021

	Note	2021 £	2020 £
Cash flows from operating activities:			
Net cash used in (provided by) operating activities	21	248,244	168,831
Cash flows from investing activities:			
Purchase of tangible fixed assets		(7,002)	(21,755)
Disposal of tangible fixed assets		-	-
Net cash used in investing activities		(7,002)	(21,755)
Change in cash and cash equivalents in the reporting period		241,242	147,046
Cash and cash equivalents at the beginning of the reporting period		783,315	636,269
Cash and cash equivalents at the end of the reporting period		1,024,557	783,315

Notes to the Financial Statements For the year ended 31st March 2021

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation or uncertainty in the preparation of the financial statements are as follows:

a) Going concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. As in previous years, the charitable company's ability to continue as a going concern is dependent on its success in raising funds from the government, other public authorities and donations, none of which can be guaranteed. The Trustees remain in regular contact with sponsoring public authorities and government departments to secure ongoing financial support for the charitable company's operations going forward. Funding has continued and extra funding for effect of COVID-19 has been provided by some funders to cover home working. No funders have withdrawn their funding or indicated that they intend to in the near future. Accordingly, the Trustees have determined there are no material uncertainties as to the charitable company's ability to continue as a going concern in the foreseeable future and therefore believe it remains appropriate to prepare the financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP(FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Rape and Sexual Abuse Support Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Incoming resources from donations and legacies are recognised when there is evidence of entitlement, receipt is probable and the amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions, such as service agreements, attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

d) Resources expended

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements is recognised as services are supplied and when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 8.

e) Fund accounting

The funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

f) VAT

The charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

g) Tangible fixed assets and depreciation

Tangible fixed assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged so as to write off each asset over its anticipated economic useful life. The following rates have been used:

Computers, office equipment - 33% straight line

Improvements to leasehold property - over 15 years straight line

h) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

i) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the debt.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

3. Income from Donations and Legacies

	Unrestricted	Restricted		
	Funds	Funds	2021	2020
	£	£	£	£
Legacies	13,872	-	13,872	-
Gifts and donations	17,830	-	17,830	31,872
	<u>31,702</u>	<u>-</u>	<u>31,702</u>	<u>31,872</u>

Income from donations and legacies during 2020 was all unrestricted.

4. Income from Charitable Activities

	Unrestricted Funds	Restricted Funds	2021	2020
	£	£	£	£
Grants				
London Borough of Croydon	-	28,212	28,212	29,563
London Councils	-	60,058	60,058	60,058
Mayor's Office Policing & Crime	-	748,127	748,127	684,205
Solace Women's Aid	-	19,183	19,183	19,183
John Cowan Foundation	750	-	750	750
M of J Rape Support Fund	-	52,738	52,738	-
Children in Need	-	-	-	11,925
Labour Party	-	-	-	1,250
Women & Girls Network	-	206,192	206,192	166,902
Rosa Fund	-	30,000	30,000	30,000
Rape Crisis England & Wales	-	2,000	2,000	1,000
NHS England	-	71,000	71,000	77,000
Miscellaneous Grants	-	33,890	33,890	-
	750	1,251,401	1,252,151	1,081,836

Income from charitable activities in 2020 was made up of £750 in unrestricted funds and £1,081,086 in restricted funds.

5. Other Income

	2021	2020
	£	£
Training income	20,112	70,683
GSK Impact award	-	30,000
Miscellaneous income	12,361	6,368
Total	32,473	107,051

Other income received during 2020 was entirely unrestricted.

6. Analysis of expenditure on Charitable Activities

	Unrestricted	Restricted	2021	2020
			Total	Total
	£	£	£	£
Counselling				
Counsellors' fees and staff costs	-	263,576	263,576	226,289
Specialist counsellors	-	74,115	74,115	27,137
Group counsellors	-	4,304	4,304	2,007
Research	-	-	-	-
Other costs	-	2,853	2,853	10,980
Support costs	-	116,126	116,126	86,596
	-	460,974	460,974	353,009
Helpline				
Operators	-	81,565	81,565	72,823
Telephone	-	18,949	18,949	9,875
Other costs	-	4,406	4,406	4,124
Support costs	-	70,354	70,354	60,255
	-	175,274	175,274	147,077
Advocacy				
Staff costs	-	202,340	202,340	159,301
Other costs	-	2,341	2,341	11,822
Support costs	-	42,212	42,212	39,511
	-	246,893	246,893	210,634
Training and Operations				
Trainer's fees	-	89,431	89,431	130,778
Other costs	-	5,914	5,914	1,925
Support costs	-	42,212	42,212	39,511
	-	137,557	137,557	172,214
Outreach				
Staff costs	-	75,060	75,060	84,751
Other costs	-	861	861	1,236
	-	75,922	75,922	85,987
Total Spend				
Charitable Activities	-	1,096,620	1,096,620	968,921

Expenditure on charitable activities in 2020 was made up of £968,921 from restricted funds.

7. Governance costs

	2021	2020
	£	£
Bank charges	105	80
Audit fees	2,528	1,828
Legal and professional fees	62,821	3,872
Loan to RCSAS written off	-	37,600
Ongoing RCSAS costs	30,132	-
Governance costs	15,067	37,536
	110,652	80,916

8. Support costs

	Staff costs	Premises	Other costs	2021	2020
	£	£	£	Total	Total
	£	£	£	£	£
Counselling	71,319	21,585	23,222	116,126	86,596
Helpline	42,350	13,490	14,513	70,353	60,255
Training & Operations	25,410	8,094	8,708	42,212	39,511
Advocacy	25,410	8,094	8,708	42,212	39,511
Governance	8,470	2,698	2,903	14,071	37,536
	172,959	53,961	58,054	284,974	263,409

Support costs have been allocated using the following estimates:

	Chief Executive's / Admin costs	Other costs
Counselling	40%/40%	40%
Helpline	25%/25%	25%
Advocacy	15%/15%	15%
Training & Operations	15%/15%	15%
Governance	5%/5%	5%

Estimates for allocating support costs are reviewed annually.

9. Employee Information

Staff costs

	2021	2020
	£	£
Wages and salaries	597,873	475,833
Social and security costs	50,116	46,109
Pension costs, defined contribution scheme	11,791	10,649
Wages and salaries	659,780	532,591

The average number of full – time equivalent employees (including casual and part time staff) during the year was as follows:

	2021	2020
	Number	Number
Counselling	3	2
Helpline	1	1
Advocacy	6	5
Outreach	3	3
Support	2	2
Training and Operations	2	2
	17	15

Fees/expenses are charged by Counsellors, Helpline workers, Volunteers and Supervisors.

There was 0 employees with emoluments above £60,000.

None of the trustees received any remuneration or reimbursement of expenses during the year.

10. Net income resources

This is stated after charging:

	2021	2020
	£	£
Depreciation	17,101	21,101
Auditors' remuneration – Audit fee	2,528	1,828

11. Related party transactions

As at the year end, the charity had a grant receivable from their umbrella charitable company, Rape Crisis (England & Wales) with an outstanding amount of £2,200 (2020: £Nil). The charitable company also enjoys a close working relationship with entities which provide funding to enable the charity to carry out its charitable company. During the year the charity provided counselling sessions/services to Solace and Women & Girls Network and received an amount totalling £206,192 (2020: £166,902) in the form of grants.

There were no other related party transactions during the year or amounts outstanding as at the year end.

12. Corporation Taxation

As a charitable company, Rape and Sexual Support Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13. Tangible Fixed Assets

	Computer Equipment	Office Equipment	Improvements To Leasehold Property	Website	Total
	£	£	£		£
Cost					
At 1 April 2020	48,197	34,546	95,615	-	178,359
Additions	6,513	-	-	490	7,002
At 31 March 2021	54,710	34,546	95,615	490	185,361
Depreciation					
At 1 April 2020	35,937	32,902	18,500	-	87,339
Provision for the year	8,867	1,645	6,426	163	17,101
At 31 March 2020	44,804	34,546	24,927	163	104,440
Net Book Value					
At 31 March 2021	9,906	-	70,689	327	80,921
At 31 March 2020	12,260	1,645	77,115	-	91,020

14. Debtors

	2021	2020
	£	£
Grants receivable	431,368	110,845
Other debtors	12,788	25,294
Prepayments	10,084	9,427
	454,240	145,566

Included within grant receivables above, is a grant receivable from MOPAC amounting £362,220, which had not met the revenue recognition criteria and in consequence has been deferred into 2021/22 per note 15.

15. Creditors: amounts falling due within one year:

	2021	2020
	£	£
Other creditors	42,048	9,011
Deferred Income	394,349	-
Other tax and social security	11,173	11,766
	447,570	20,777

16. Transfers between funds

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made between unrestricted general funds and designated funds to reflect changes in these funds.

Transfer of funds from unrestricted funds to restricted funds reflects own and external funding contributions required to meet specific project funding requirements.

17. Pension Scheme

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge for the year represents contributions payable by the company to the scheme and amounted to £11,791 (2020: £10,649). There were £1,008 (2020: £984) contributions payable to the scheme at the end of the year.

18. Analysis of movements in restricted funds**Current year**

	Balance at 1 April 2020	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2021
	£	£	£	£	£
Advocacy	44,407	253,269	246,893	-	50,783
Helpline	54,263	188,925	175,274	-	67,914
Counselling	54,901	557,663	460,974	-	151,590
Training	25,217	169,218	137,557	-	56,878
Outreach	23,278	82,325	75,922	-	29,681
Crawley	629	-	-	-	629
	202,695	1,251,400	1,096,620	-	357,475

Previous year

	Balance at 1 April 2019	Incoming resources	Outgoing resources	Transfer to Unrestricted funds	Balance at 31 March 2020
	£	£	£	£	£
Advocacy	32,077	222,964	210,634	-	44,407
Helpline	34,832	166,508	147,077	-	54,263
Counselling	11,674	396,236	353,009	-	54,901
Training	1,816	195,615	172,214	-	25,217
Outreach	9,502	99,763	85,987	-	23,278
Crawley	629	-	-	-	629
	90,530	1,081,086	968,921	-	202,695

Restricted funds are to be used only for the following specific purposes:

Advocacy – provision of unbiased information concerning the criminal justice system to female survivors of sexual violence by Independent Sexual Violence Advocates.

Helpline – offers emotional support, practical information and referral guidance to women and girls from 13 years old who have suffered any form of sexual violence either recently or in the past, their families and friends.

Counselling – these funds are used to provide therapeutic services to clients by specialist qualified therapists.

Training – offers awareness raising talks, training and workshops to statutory and non-statutory organizations about sexual violence, the myths and effects, and how best to support survivors.

Outreach – provision of initial emotional and information based sessions with marginalised survivors.

19. Analysis of movements in unrestricted funds

Current year

	Balance at 1 April 2020 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2021 £
Designated funds - Property	91,020	3,941	14,040	80,921
General funds	705,439	64,925	96,612	673,751
Total Unrestricted funds	796,459	68,866	110,652	754,673

Previous year

	Balance at 1 April 2019 £	Incoming resources £	Outgoing resources £	Balance at 31 March 2020 £
Designated funds				
Property	90,367	653	-	91,020
General funds	646,457	139,898	80,916	705,439
Total Unrestricted funds	736,824	140,551	80,916	796,459

Name of unrestricted fund

Description, nature and purpose of fund

General funds

The 'free reserves' after allowing for designated funds

Designated funds:

Property

The designated property fund represents the net book value of tangible fixed assets as these funds are tied up and are unavailable for general use by the charity.

20. Analysis of net assets between funds

	General Fund £	Restricted Funds £	Total £
Fixed assets	80,921	-	80,921
Current assets	1,121,322	357,475	1,478,797
Current liabilities	(53,221)	(394,349)	(447,570)
	1,149,021	(36,873)	1,112,148
Previous year			
Fixed assets	91,020	-	91,020
Current assets	760,056	168,855	928,911
Current liabilities	(20,777)	-	(20,777)
	830,299	168,855	999,154

21. Reconciliation of Net Income to Net Cash Flow from Operating Activities

	2021	2020
	£	£
Net income/(deficit) for the reporting period	112,994	171,800
Adjustments for:		
Depreciation charges	17,101	21,102
(Increase)/decrease in debtors	(308,644)	(27,293)
Increase/(decrease) in creditors	426,793	3,222
Net cash used in (provided by) operating activities	248,244	168,831

22. Lease Commitments

The charity's total of future minimum lease payments under non – cancellable operating leases at 31 March 2021 is as follows:

	2021	2020
	Total	Total
	£	£
Payable:		
Within one year	61,000	44,000
Later than one year and not later than five years	252,500	182,500
More than five years	232,250	210,250
	545,750	436,750

The amount of non – cancellable operating lease payments recognised as an expense during the year was £40,855 (2020: £466,852)

23. Events after the reporting Period

There have been no significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements other than the ongoing effects of the outbreak of the contagious disease COVID-19.