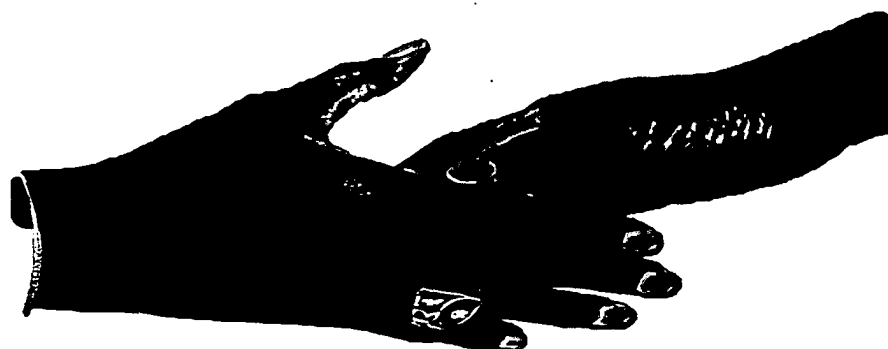




# Trustees Report and Financial Statements Year to 31<sup>st</sup> March 2025

Charity number: 1084980

Company number: 04139337



SATURDAY



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COMPANIES HOUSE

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## **Reference and Administrative Information**

### **Status**

Members of the Management Committee, who are directors for the purpose of Company Law, who served during the year and up to the date of this report are as set out herein.

### **Directors**

Barbara Dettering (Vice-Chair)  
Hazel Griffiths (appointed 05/11/25)  
Rev. Patsylin Palmer (appointed 05/11/25)  
Judith Clark (appointed 05/11/25)  
Sarah Okoro (appointed 31/03/25, resigned 08/08/25)  
Elaine McCarthy (Chair) (resigned 03/11/25)  
Naomi Simpson (resigned 03/11/25)  
Angela Airey (resigned 03/11/25)

### **Registered Office**

Unit 40, 2<sup>nd</sup> Floor,  
Easton Business Centre  
Felix Road, Easton  
Bristol  
BS5 0HE

### **Company Number**

4139337 (England & Wales)

### **Charity Number**

1084980

### **Bankers**

Unity Trust Bank  
Nine Brindley Place  
Birmingham  
B1 2HB

### **Independent Examiner**

Rupert Taylor  
5 Mount Pleasant  
Millbrook  
Torpoint  
Cornwall PL10 1BH

## **Structure, Governance and Management**

The organisation is a registered charity and a company limited by guarantee. It was incorporated on 11<sup>th</sup> January 2001 and registered as a charity on 12<sup>th</sup> February 2001. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles of Association. The trustees of the Charity, who are also the Directors of the Company, delegate responsibility for the day-to-day running of the charity to the Chief Executive Officer, Anndeloris Chacon.

### **Recruitment and Appointment of Trustees**

Trustees are appointed at the Annual General Meeting of the charity. The articles of association specify a minimum level of representation of members of the black and minority ethnic communities and also of carers or former carers.

**The Company's objects are:**

To relieve the mental and physical distress among the black carers of people who are in need of care and who are residents in Bristol by:

1. Providing information, advice, training, outreach, and development services and
2. Providing a forum which brings together carers in order to determine their needs and
3. The provision of advocacy for services relevant to the needs of black carers.

The use of the term "Black" refers to Caribbean, African, South Asian, and other minority ethnic people who share a common experience of discrimination in the United Kingdom on account of their colour or racial origin.

**Ensuring our work delivers our aims**

Bristol Black Carers have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Bristol Black Carers through their unique approach called G.E.M.S. provide information, advice, advocacy, support, empowerment, and outreach to Carers (adult, young adults, and children) and their cared-for, which sometimes includes their support network. We support carers/service users to access specific and mainstream health and social care services both physically and emotionally through advocacy, referrals, assisting with financial issues and signposting depending on their need at the time of contact.

We work on educating our carers, the cared-for, family members, communities, professionals, and organisations that the role of a carer is an additional role for the individual. It should not be taken for granted because if they did not carry out this role for the cared-for, health and social care would not be able to cope.

Our events and activities help improve quality of life, emotional and physical wellbeing of our carers/service users as we maintain their dignity with respect and trust, which enables them to retain their independence and reduce their loneliness and isolation.

Bristol Black Carers gives the carers a voice through participation in consultations, research, and conferences.

**Public Benefit**

Bristol Black Carers aims:

1. To improve the **Carers' experience and journey** through the health and social care system to help them gain outcomes that are suitable for them, at the time needed which can improve the wellbeing holistically.
2. To improve the understanding of the **Carer's role and responsibilities** to assist organisations, professionals, and individuals to know the difference from that of **care workers** who give direct assistance to the cared-for.
3. To help individuals be healthy citizens who contribute to building of Bristol City.

## **Achievements and Performance**

### **Services Delivered**

<b>Funder</b>	<b>Service</b>	<b>Purpose</b>	<b>Outcome</b>
Bristol City Council	Adult Carers -- Active Listening, Advice, Information and Advocacy	Providing tailored services to service users and supporting them by facilitating access to services that have been difficult to reach and utilise.	Services were delivered in the places they required which were at the office, home, and hospital. Assistance was provided and included benefits applications, blue badge, Lasting Power of Attorney, Carers Simple Assessments, emotional support and other areas.
Quartet	Adult Carers – Relaxation sessions	To offer sessions that will equip and enhance service users with the knowledge and techniques for self- relaxation.	Sessions were divided two areas: exercise and talk therapy. The participants' feedback was very positive and encouraging. Requests for more sessions were made. Participants reported that sessions made them feel belonged and removed isolation as there were others that shared similar challenges. The exercise session left individuals with increased mobility compared when started. Further scheduled sessions are being planned as regular activities.

## Partnerships

Funder	Organisation/s	Area	Project/Service	Purpose	Outcomes
Bristol City Council	Chinese Community Wellbeing Society, Rethink and Carers Support Centre	Local	Adult Carers -- Focus Group -- Carers' Break	To understand what carers considered as a "break" and what they would like as a "break".	<p>Some suggestions made by our carers:</p> <ul style="list-style-type: none"> <li>• Days/weekend/overnight stay away from home</li> <li>• A retreat to help me to relax and regain my strength.</li> <li>• Spa day/massage/shiatsu/flotation.</li> <li>• Day trips.</li> <li>• Holiday.</li> <li>• To be able to join a gym/swimming session.</li> <li>• Receive a weekly fruit basket.</li> <li>• Time to sleep.</li> <li>• Register with people who can provide support with the type of support they can deliver e.g. companionship, visiting to check on cared-for while away.</li> <li>• Go out for a nice meal to feel a bit normal.</li> </ul>

Inner City and East Locality Board – Integrated Care Board	Nilaari and Somali Resource Centre	Local	Adult Carers -- Community Link Worker – Mental Health	<ul style="list-style-type: none"> <li>• To improve the experience and outcomes of the identified minoritised communities in mental health services.</li> <li>• To provide culturally responsive mental health support for people from the named minoritised communities to address significant mental health inequalities, evaluating impact and acting upon learning.</li> <li>• To work with partners offering insight into how inequalities around the access, experience, and outcomes of the identified minoritised communities might be improved.</li> </ul>	Monday drop-in session started, hosted at Nilaari Issues addressed: Benefits, blue badge, homelessness, advocacy, support at appointments and emotional support
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The World Reimagined	Black Women Let Loose Theatre	Local	Educational drama – "Pressure Pressure"	<ul style="list-style-type: none"> <li>• Blood Pressure Awareness: Using drama, the audience was engaged on how various aspects of life affect blood pressure. By portraying different scenarios, the play highlighted the impact of stressors on health.</li> <li>• Observing Coping Mechanisms: Through the character's experiences, the audience observed how individuals manage different life situations. This insight prompted reflection and encouraged the audience to think about their coping strategies.</li> <li>• Promoting Action: "Pressure Pressure" aimed to trigger thoughts and actions. By presenting stress</li> </ul>	<ul style="list-style-type: none"> <li>• Audience: Found the experience very enlightening and informative. Appreciated the team's ability to put them at ease, encouraging participation. Suggested that this approach could benefit professionals, especially in the NHS, to better understand patients.</li> <li>• Artists: Were pleasantly surprised by the audience's active participation. As a pilot, they didn't know what to expect but were overwhelmed by the response. Recognized the importance of practicing the new habit of stop and verbalizing the word S.T.O.P. (Soothe The Open Pain) to encourage the desired effect.</li> <li>• Overall: Participants appreciated the opportunity to reflect on their actions, which isn't part of their daily routine. The discussion during the event led to new ways of thinking.</li> </ul>
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				factors, the play encouraged proactive management.	
United Kingdom Research and Innovation	Black South West Network	Regional	Building capacity	Development of a Community Researcher within the organisation	15 organisations are part of this research to have a researcher employed within their organisation to be able to covert their work with the relevant communities into research so the knowledge, skills and experiences can be shared with other organisations for the benefit of the service users.
Centre for Aging Better	Race Equality Foundation	National	Focus Group for 65+ years	Developing an Anti-racist Good Home Hub model	Experiences were shared regarding the support received and the resources required to keep homes functioning optimally. Concerns were expressed regarding the trustworthiness of tradesmen and which can be trusted. Other areas considered the lack of support from existing organisations to help with repairs.
National Institute Health Research through Integrated Care Board	Chinese Community Wellbeing Society and Dhek Bhal	Local	Research the gaps for these communities into early diagnosis and management for Dementia – named The EMPATHY study: Enhancing the deMentia PATHwaY	To help identify solutions to improve dementia services for our communities through our service user experiences.	There are challenges with conducting the interviews – time, availability and unpredictable events. For example, one of the service users with dementia died after the interview was booked inevitably leaving it incomplete. Service users like that they can identify with the Community Researcher from the organisation who is from the community they live in.

## **Risk Management**

Bristol Black Carers has identified areas of risk associated with a small publicly funded charity to ensure the achievement and maintenance of its:

- Operational performance
- Aims and objectives
- Image

The main areas of possible risk considered:

- Finances
- Personnel
- Property
- Service delivery

It is acknowledged that the Trustees are fully responsible for the instigation and maintenance of the Bristol Black Carers Risk Management.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, carers and visitors. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

## **Financial Review**

The charity reports a deficit of £31,948 on unrestricted funds during the year (2024 deficit of £25,123) after temporarily utilising reserves to continue certain activities. 2024-25 was a very challenging year for the charity, and funded work was delayed due to organisational difficulties.

The staff and new board of trustees are prioritising funding applications to continue the activities and contribute to the core costs of the charity, and also working to leverage consultancy income and crowdfunding to address the accumulated deficit on unrestricted funds. They are confident that the charity will remain a going concern in the future.

## **Reserves Policy**

The charity has a Reserves Policy whereby the unrestricted funds not committed should be six months of resources expended on running costs, which is estimated as £100,000 (2024 £103,847).

The reserves are needed to meet the working capital requirements of the charity and the trustees feel confident that at this level they would be able to continue the charity's current activities.

The general funds at the end of the year were in deficit by £12,602 (2024 surplus of £19,345). It is planned to generate sufficient surpluses over time to ensure there are sufficient free reserves to provide financial security and operational flexibility.

## Statement of Responsibilities of the Trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

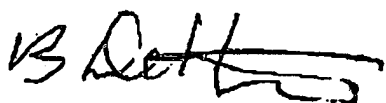
- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Approved by the trustees on 31<sup>st</sup> December 2025 and signed on their behalf by:



Barbara Dettering (Vice Chair)

## **Independent examiner's report to the trustees of Bristol Black Carers**

I report to the trustees on my examination of the accounts of Bristol Black Carers (the charitable company) for the year ended 31<sup>st</sup> March 2025, which are set out on pages 13 to 19.

### **Respective responsibilities of trustees and examiner**

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').


Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



2<sup>nd</sup> January 2026

.....  
Rupert Taylor  
5 Mount Pleasant, Millbrook, Torpoint, Cornwall PL10 1BH

# **Bristol Black Carers**

## **Statement of Financial Activities (incorporating Income & Expenditure Account)**

**Year to 31st March 2025**

		Unrestricted funds 2025	Restricted funds 2025	Total funds 2025	Total funds 2024 [see Note 13]
	Notes	£	£	£	£
<b>Income</b>					
Donations	[2]	2,939	-	2,939	2,806
Charitable activities	[3]	123,204	79,100	202,303	191,615
<b>Total Income</b>		<b>126,142</b>	<b>79,100</b>	<b>205,242</b>	<b>194,420</b>
<b>Expenditure</b>					
Fundraising costs	[4]	180	-	180	335
Total charitable activities	[5]	154,938	76,973	231,911	246,507
Other expenditure	[6]	-	-	-	(7,330)
<b>Total Expenditure</b>		<b>155,118</b>	<b>76,973</b>	<b>232,091</b>	<b>239,512</b>
<b>Net Income / (Expenditure)</b>		<b>(28,975)</b>	<b>2,126</b>	<b>(26,849)</b>	<b>(45,092)</b>
Transfers between funds		-	-	-	-
<b>Net Movement in Funds</b>		<b>(28,975)</b>	<b>2,126</b>	<b>(26,849)</b>	<b>(45,092)</b>
Total funds brought forward		19,345	15,146	34,491	79,583
<b>Total funds carried forward</b>		<b>(9,630)</b>	<b>17,272</b>	<b>7,642</b>	<b>34,491</b>

**Bristol Black Carers****Balance Sheet**

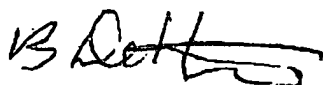
As at 31st March 2025

Company no: 04139337

	Notes	2025 £	2024 £
<b>Fixed Assets</b>	[7]	4,103	3,154
<b>Current Assets</b>			
Cash at bank and on hand		1,742	20,766
Debtors and prepayments	[8]	22,278	18,085
		<u>24,020</u>	<u>38,850</u>
<b>Current Liabilities</b>			
Creditors and accruals	[9]	20,481	7,513
<b>Net Current Assets</b>		<u>3,539</u>	<u>31,337</u>
<b>Net Assets</b>		<u>7,642</u>	<u>34,491</u>
<b>Statement of funds</b>			
<b>Unrestricted funds:</b>			
Designated funds	[10]	45,000	-
General funds	[10]	(57,602)	19,345
<b>Restricted funds</b>	[10]	<u>20,245</u>	<u>15,146</u>
		<u>7,642</u>	<u>34,491</u>

- For the year ending 31st March 2025 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board of Trustees on 31st December 2025  
and signed on its behalf by



Barbara Dettering  
Vice-chair of Trustees

## **Bristol Black Carers**

### **Notes to the Accounts**

**Year to 31st March 2025**

#### **[1] Principal Accounting Policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below.

**(a) Basis of preparation**

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) 2nd edition and the Charities Act 2011 and the Companies Act 2006.

Bristol Black Carers meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**(b) Preparation of the accounts on a going concern basis**

The charity has experienced a challenging year, and the trustees are taking steps to ensure that Bristol Black Carers remains a going concern in the future. For more details, see the Financial Review on Page 10.

**(c) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of activities is deferred until the criteria for income recognition have been met; there was no such income during the year.

**(d) Donated services and facilities**

Donated professional services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity is probable and that economic benefit can be measured reliably. There were no such donations during the year in question. In accordance with the Charities SORP (FRS 102), the general volunteer time of trustees and volunteers is not recognised with any monetary value.

**(e) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

**(f) Fund Accounting**

[i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

[ii] Designated funds are unrestricted funds set aside by the Management Committee for particular purposes.

[iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(g) Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. The charity is not registered for Value Added Tax, therefore all expenditure is expressed inclusive of VAT. Expenditure is classified under the following activity headings:

[i] Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

[ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities, and those costs of an indirect nature necessary to support them.

[iii] Other expenditure represents those items not falling into any other heading. There were no such costs during the year in question.

**(h) Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These include office costs, finance, personnel, payroll and governance costs which support the charity's charitable activities.

**(i) Fixed Assets**

Tangible fixed assets are written off over the expected useful life of the asset, at 33% per annum on the reducing balance method. Individual items costing less than £500 are not treated as fixed assets.

**(j) Taxation**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**(k) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

**Bristol Black Carers**  
**Notes to the Accounts (cont.)**  
**Year to 31st March 2025**

(l) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(m) Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

(n) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

[2] Income from donations

	2025	2025	2025	2024	2024	2024
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Individual donations	2,939	-	2,939	2,608	-	2,608
Corporate donations	-	-	-	198	-	198
	<u>2,939</u>	<u>-</u>	<u>2,939</u>	<u>2,806</u>	<u>-</u>	<u>2,806</u>

[3] Income from charitable activities

	2025	2025	2025	2024	2024	2024
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
Government grants	64,667	74,100	138,767	-	120,027	120,027
Other grants	43,000	5,000	48,000	18,408	-	18,408
Service fees	15,537	-	15,537	53,180	-	53,180
	<u>123,204</u>	<u>79,100</u>	<u>202,303</u>	<u>71,588</u>	<u>120,027</u>	<u>191,615</u>

The charity received government grants during the year from Bristol City Council and the NIHR totalling £141,739 (2024 £120,027). There are no unfulfilled conditions or contingencies attaching to these grants in 2024-25.

[4] Analysis of expenditure on fundraising

	2025	2024
Fees to payment platforms	180	335
	<u>180</u>	<u>335</u>

[5] Analysis of expenditure on charitable activities

	Total	Total
	2025	2024
	£	£
<u>Direct costs:</u>		
Salaries (see Note 12)	149,173	149,411
Travel expenses	696	1,950
Project direct costs	21,558	26,044
Advertising and publicity	4,202	7,520
	<u>175,628</u>	<u>184,924</u>
Total Direct Costs	175,628	184,924

**Bristol Black Carers**  
**Notes to the Accounts (cont.)**  
**Year to 31st March 2025**

**[5] Analysis of expenditure on charitable activities (continued)**

	Total 2025	Total 2024
<u>Support costs:</u>	£	£
Salaries (see Note 12)	6,000	6,000
Premises costs	22,141	23,297
IT costs	6,382	8,570
Post, printing and stationery	2,600	2,229
Telephone	2,461	1,909
Insurance	1,653	1,042
Accountancy	2,508	3,734
Fee for Independent Examination	392	392
Small equipment and repairs	220	1,925
Legal and professional fees	8,127	10,201
Bank charges	165	140
Membership	1,584	459
Sundry expenses	-	634
Depreciation	2,051	1,052
<b>Total Support Costs</b>	<b>56,283</b>	<b>61,583</b>
<b>Total Charitable Expenditure</b>	<b>231,911</b>	<b>246,507</b>

**[6] Other expenditure**

	2025	2024
	£	£
Bad debt provision	-	(7,330)
	-	(7,330)

**[7] Tangible Fixed Assets**

	2025 Equipment £
<u>Cost</u>	
Opening balance	17,014
Additions	3,000
	20,014
<u>Depreciation</u>	
Opening balance	13,860
Charge for the year	2,051
	15,911
<b>Net Book Value at 31/03/25:</b>	<b>4,103</b>
<b>Net Book Value at 31/03/24:</b>	<b>3,154</b>

**[8] Debtors and prepayments**

	2025	2024
	£	£
Trade debtors	11,281	-
Prepayments	3,418	4,033
Other debtors	7,579	14,052
	22,278	18,085

**[9] Creditors and accruals**

	2025	2024
	£	£
Amounts due within 12 months:		
Accruals	1,500	1,500
Trade creditors	587	1,007
PAYE & National Insurance	-	20
Pensions	-	834
Bad debt provision	4,152	4,152
Other creditors	14,242	-
	20,481	7,513

**Bristol Black Carers**  
**Notes to the Accounts (cont.)**  
Year to 31st March 2025

[10] <u>Movements in funds</u>	Balance at 31/03/2024	Income	Expenditure	Transfers between funds	Balance at 31/03/2025
<u>Restricted Funds:</u>	£	£	£	£	£
Bristol City Council Core Funding	15,146	65,291	(64,609)	-	15,828
NIHR BAME dementia support	-	11,781	(9,264)	-	2,517
Quartet	-	5,000	(3,100)	-	1,900
<b>Total Restricted Funds:</b>	<b>15,146</b>	<b>82,072</b>	<b>(76,973)</b>	<b>-</b>	<b>20,245</b>
<u>Unrestricted Funds</u>					
<u>Designated fund:</u>					
Bristol City Council Hospital Discharge	-	64,667	(19,667)	-	45,000
<u>General Funds</u>	19,345	58,503	(135,451)	-	(57,602)
<b>Total Unrestricted Funds:</b>	<b>19,345</b>	<b>123,170</b>	<b>(155,118)</b>	<b>-</b>	<b>(12,602)</b>
<b>Total Funds:</b>	<b>34,491</b>	<b>205,242</b>	<b>(232,091)</b>	<b>-</b>	<b>7,642</b>

Purposes of restricted funds:

The Bristol City Council core funding is to provide advice and information to BAME carers and support their wellbeing.

The National Institute of Health Research BAME dementia support funding is to reduce the health inequalities gap within dementia services through supporting early diagnosis and increasing access to service provision for those living with dementia and their carers from BAME communities.

The Quartet funding was to provide relaxation sessions for adult carers.

The Bristol City Council Hospital Discharge funding is for training and research around discharging BAME patients from hospital.

<u>Movements in funds 2023-24</u>	Balance at 31/03/2023	Income	Expenditure	Transfers between funds	Balance at 31/03/2024
<u>Restricted Funds:</u>	£	£	£	£	£
Bristol City Council	15,146	60,585	(60,585)	-	15,146
NHS BAME dementia support	19,814	59,442	(79,256)	-	-
<b>Total Restricted Funds:</b>	<b>34,960</b>	<b>120,027</b>	<b>(139,841)</b>	<b>-</b>	<b>15,146</b>
<u>General Funds</u>	44,623	74,393	(99,671)	-	19,345
<b>Total Unrestricted Funds:</b>	<b>44,623</b>	<b>74,393</b>	<b>(99,671)</b>	<b>-</b>	<b>19,345</b>
<b>Total Funds:</b>	<b>79,583</b>	<b>194,420</b>	<b>(239,512)</b>	<b>-</b>	<b>34,491</b>

[11] Payments to trustees and related party transactions

The trustees received no remuneration or expenses payments during the year (2024 nil).

There were no other related party transactions during the year.

[12] Staff costs

	2025	2024
	£	£
Wages and salaries	142,560	143,184
Employer's National Insurance	8,389	8,222
Employer pension contributions	4,284	4,005
	<b>155,233</b>	<b>155,411</b>

The average number of staff employed during the year was 5 (2024: 5) and the average full time equivalent number of posts was 4 (2024: 4). No employee earned over £60,000 per annum during the year.

The key management personnel of the charity are the trustees and the Chief Executive Officer. The total employee benefits paid to the key management personnel during the year was £42,236 (2024 £43,769).

**Bristol Black Carers**  
**Notes to the Accounts (cont.)**  
**Year to 31st March 2025**

[13] Statement of Financial Activities 2023-24

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
<b>Income</b>			
Donations	2,806	-	2,806
Charitable activities	71,588	120,027	191,615
<b>Total Income</b>	<b>74,393</b>	<b>120,027</b>	<b>194,420</b>
<b>Expenditure</b>			
Fundraising costs	335	-	335
Total charitable activities	106,666	139,841	246,507
Other expenditure	(7,330)	-	(7,330)
<b>Total Expenditure</b>	<b>99,671</b>	<b>139,841</b>	<b>239,512</b>
<b>Net Income / (Expenditure)</b>	<b>(25,278)</b>	<b>(19,814)</b>	<b>(45,092)</b>
Transfers between funds	-	-	-
<b>Net Movement in Funds</b>	<b>(25,278)</b>	<b>(19,814)</b>	<b>(45,092)</b>
Total funds brought forward	44,623	34,960	79,583
<b>Total funds carried forward</b>	<b>19,345</b>	<b>15,146</b>	<b>34,491</b>