

Charity registration number 1084898

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr. W P Whitehouse Mrs C L Reid E Bateson Dr M Asgari
Charity number	1084898
Principal address	TC Group Celixir House Straford Business & Technology Park Innovation Way, Banbury Road Stratford-upon-Avon Warwickshire CV37 7GZ
Independent examiner	TC Group Celixir House Stratford Business & Technology Park Innovation Way, Banbury Road Stratford-upon-Avon Warwickshire United Kingdom CV37 7GZ

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 17

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2024

The Trustees present their annual report and financial statements for the year ended 31 December 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal objectives of the charity are:

To alleviate the effects of and provide support and information on, syncope and reflex anoxic seizures, to those in distress as a result of these seizures, whether suffered by themselves or as a member of the family group.

To advance the education of the medical profession and the general public on the subject of syncope and reflex anoxic seizures and its implications for the individual and family.

To promote research into the management of syncope and reflex anoxic seizure and to publish the useful results thereof and to support organisations promoting research into syncope and reflex seizures.

There have been no changes to these objectives since the last annual report.

Volunteers

STARS utilises volunteers to assist in our work.

STARS Trustees review the aims, objectives and the activities of the Charity each year. This report looks at what the Charity has achieved and the outcomes of its activities in the reporting period, January to December 2024. The review also helps to ensure that the Charity's aims, objectives and activities remain focused on its stated purposes.

There is no such thing as a simple faint; Syncope is a symptom not a condition; take fainting to heart. Quotes that are synonymous with the campaigns STARS has run over the years and which have been instrumental in raising awareness and reducing misdiagnosis.

Our vision is that every patient with syncope received a correct diagnosis and treatment.

Our mission is working together to improve the diagnosis, treatment and quality of life for all those affected by syncope. This year STARS celebrates its' 31st anniversary.

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake. The trustees confirm that they have complied with their duty under Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

Achievements and performance

Significant activities and achievements against objectives

STARS continues to be the only organisation globally dedicated to providing information, support, education and awareness on unexplained loss of consciousness, syncope, reflex anoxic seizures, PoTS and related conditions. We are frequently requested to present at medical meetings, provide answers to schools about how to receive a child with RAS and to provide the necessary support to parents, caregivers, and families to help them better support the person living with the condition.

Professor John B P Stephenson

STARS Founding Patron, Professor John B P Stephenson sadly passed away on 17 April 2024. The Charity is immensely grateful for all the support and commitment he provided over more than 30 years.

It was 1978 when Prof Stephenson gave a name to the unexplained loss of consciousness young children were experiencing. Reflex Anoxic Seizures (RAS). Until then, many children were being misdiagnosed with epilepsy and prescribed what would have been unnecessary anti-epileptic medication. It was Prof Stephenson who then asked whether we would like to start a small 'support group to help about ten families a year'. This was March 1993, and STARS was conceived.

In 1994, he presented at the very first STARS Patient Day, attended by 106 adults and 98 children. The children, some of whom actually had an RAS attack on the day, were looked after in five creches by qualified volunteers. The Professor thought this was marvellous as it helped with his research. He was already becoming internationally recognised as a pioneer in paediatric neurology and until last year had published numerous papers and books.

He kept his promise he made in 1993 to support STARS; he attended every patient day for the next 20 years and more and presented at the Heart Rhythm Congress. He also made a surprise entrance at the Palace of Westminster for STARS 25th anniversary. He was very proud of STARS and all that we have achieved.

He had a vision no child would be misdiagnosed with epilepsy as long as RAS was recognised and understood by the medical profession. STARS will continue to support his work and ensure it has not been in vain.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

Supporting people living with Syncope, RAS and PoTS

STARS educational videos, resources, online forums and other information continue to deliver information, support, education, and awareness to all those affected by syncope and loss of consciousness. Webinars were produced with guidance and contributions from healthcare professionals, ensuring our material is up to date and informative for STARS audience. Over 109,000 individual views during 2024. A new RAS Discussion Guide was also developed during the year.

Virtual coffee mornings

An opportunity to talk to patients, caregivers and family members sharing experiences, and where the STARS team can provide reassurance and guidance. During 2024 STARS online meetings included topics such as:

- RAS – Starting School and College held on the 04 July 2024

Living with RAS and Syncope – STARS continued throughout 2024 with its 'Living With...' series for patient video education on a range of subjects which includes Living with RAS and Syncope. All of these are available online and are free to register to watch.

Raising awareness of syncope and syncope-related conditions - World Heart Rhythm Week 2024

STARS collaborates and supports the World Heart Rhythm Week hosted in June each year and organised by its sister charity – Arrhythmia Alliance.

For WHRW2024 the theme was 'Act Smart, You Only Have One Heart'! Supporters were encouraged to raise awareness of syncope, highlighting that syncope is often overlooked, but it can be a warning sign of an underlying heart rhythm disorder. Early detection and proper diagnosis are key to preventing serious complications, and during the week STARS was able to ensure more people were aware of syncope as a potential symptom of an irregular heart rhythm, to seek medical advice if they or a loved one experienced

unexplained loss of consciousness or have a history of sudden cardiac death in the family, and to access STARS resources.

We received support from thousands of individuals, organisations, and healthcare professional around the globe, resulting in our campaign reaching many millions of people.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

Hosting events for both healthcare professionals, patients, and caregivers.

STARS Patients Educational Day was held as part of the annual Heart Rhythm Congress at the ICC in Birmingham. The day was well attended and, sessions included presentations on the various concerns relating to Situational Syncope, RAS /Syncope in the young, Cardiac Syncope, Complexity of Syncope in the elderly, and Tilt Table Testing. There was a live patient story which also included the opportunity for questions and answers. All sessions were recorded and hosted online so those who could not attend in person could still access this information. This enables access throughout the year to all patients and care givers.

STARS Patients Day provides the opportunity to hear the latest developments in syncope, and treatment options, from leading medical experts from the UK, USA, Canada, Europe and Monaco.

STARS Symposia for healthcare professionals was hosted during the Heart Rhythm Congress. Subjects covered were: -

Syncope: Driving and flying, Syncope in the workplace, Syncope: Real-life diagnostic tests in a modern syncope unit, Syncope in the emergency department, Syncope and genetic arrhythmias and Syncope epidemiology and natural history. Presented by speakers from Europe; Canada; Monaco; UK & USA.

Resources

New publications for 2024 include a RAS discussion guide which is available online and in paper format. With a full listing of publications also available on our website www.stars.org.uk

Fundraising

During the current economic situation STARS has received significantly reduced donations however we did see many more fundraisers during 2024 through JustGiving, adding a boost to our funds. Monthly amounts were raised through lending of books organised by a STARS Trustee, and a Dr based in Glasgow raised money for STARS by cycling from Lands' End to John O Groats.

STARS Helpline

STARS has received even more enquiries during 2024 – the demand increases year on year, and we will continue to meet this demand and work to reduce the struggle to find an appropriate healthcare professional to diagnose correctly and to reduce the number of misdiagnoses for people living with these conditions.

STARS continues to meet demand from patients, caregivers, families, schools, colleges and universities, work environments and care homes plus healthcare professionals and clinics seeking information, education, support and greater awareness. We plan for future years to be as successful as the previous 31 years and live in hope that as awareness increases so too will detection and diagnosis leading to better outcomes for all those impacted by these conditions. We must also focus on ensuring no matter where someone lives, they can access a service near to them. Currently with so few dedicated clinics it is a challenge for so many to find an expert locally.

Communicating our work

Effective communications are key to sharing the work that the Charity undertakes. Raising awareness of our website resources, and our use of social media are vital to growing patient engagement and awareness of syncope and unexplained loss of consciousness.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

Financial review

The Charity has seen a decrease in income from £121,559 in 2023 to £106,975 in 2024. This is due to a decrease in donation income from £17,239 in 2023 to £14,068 in 2024 and a decrease in grant income from £103,667 in 2023 to £89,674 in 2024.

Expenditure decreased from £79,302 in 2023 to £76,145 in 2024. The Charity's total funds increased by £30,830 to £636,150 in the financial year.

The Trustees have a strategic and operational plan in place to ensure stability and growth.

Reserves policy

The Trustees have a policy of maintaining a level of unrestricted reserves which should ensure that there are adequate funds to meet anticipated future liabilities. In practice the Trustees consider that holding reserves equivalent to a minimum of 3 months' core costs, excluding funds tied up in fixed assets should provide sufficient funds to respond to unexpected adverse changes in the Charity's funding or activities. This equates to a minimum of £15,000 based on the current levels of activity. The Trustees consider that the current level of unrestricted reserves is therefore adequate.

Structure, governance and management

Governing document

The Charity is constituted under a Charity Commission Scheme and is registered Charity number 1084898. The Charity's activities are governed by a Declaration of Trust adopted on 24 November 2000. The Charity was granted charitable status on 6 February 2001.

The Trustees who served during the year and up to the date of signature of the financial statements were:

Dr. W P Whitehouse

Mrs C L Reid

E Bateson

Dr M Asgari

Recruitment and appointment of trustees

The management of the Charity is responsible of the Trustees who are elected and co-opted under the terms of the Trust deed. There must at all times be a minimum of three Trustees in office. The first Trustees are entitled to hold office for life. New Trustees are appointed by a resolution passed by the Trustees in special meeting.

Organisational structure

The Trustees delegate the day to day management of the Charity to the Chief Executive and her support staff.

Induction and training of trustees

New Trustees undergo an orientation process to brief them on their legal obligations under Charity law the Charity's governing documents, the committee and decision making process, the business plan and recent financial performance of the Charity. During the induction process they meet key employees and other trustees. Trustees are encouraged to attend appropriate external and internal training events which will assist them in carrying out their role.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

Acknowledgements

STARS would like to acknowledge the various Trusts, Foundations and Medical Industry that so generously gave their support during the financial year.

The Trustees would like to recognise the outstanding contribution made by Trudie Lobban in pursuit of STARS goals and the significant and high impact achievements attained this year through her vision and determination. The Trustees would also like to acknowledge the commitment of the STARS team in their empathetic approach to the delivery of STARS service throughout the year.

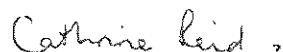
Connected Charities

Arrhythmia Alliance (AA), a UK registered Charity, number 1107496 is connected to STARS as an affiliate of the umbrella organisation.

Atrial Fibrillation Association (AFA), a UK registered charity, number 1122442 is connected to STARS as an affiliate of the umbrella organisation.

STARS US, Inc, a registered 501(c) non profit organisation in the USA is connected to AFA as an affiliate of the umbrella organisation.

The Trustees' report was approved by the Board of Trustees.



Mrs C L Reid

Trustee

20 August 2025

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

I report to the Trustees on my examination of the financial statements of Syncope Trust and Reflex Anoxic Seizures (the Charity) for the year ended 31 December 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the Charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

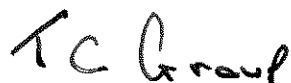
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



TC Group

Celixir House
Stratford Business & Technology Park
Innovation Way, Banbury Road
Stratford-upon-Avon
Warwickshire
CV37 7GZ
United Kingdom

Dated: 20 August 2025

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from:			
Donations and legacies	3	14,068	17,239
Charitable activities	4	89,674	103,667
Investments	5	3,233	653
Total income		106,975	121,559
Expenditure on:			
Charitable activities	6	76,145	79,302
Total expenditure		76,145	79,302
Net income and movement in funds		30,830	42,257
Reconciliation of funds:			
Fund balances at 1 January 2024		605,320	563,063
Fund balances at 31 December 2024		636,150	605,320

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

BALANCE SHEET

AS AT 31 DECEMBER 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	13	79,328		540,379	
Cash at bank and in hand		560,280		68,597	
		<u>639,608</u>		<u>608,976</u>	
Creditors: amounts falling due within one year	14	(3,458)		(3,656)	
Net current assets			636,150		605,320
Net assets excluding pension liability			<u>636,150</u>		<u>605,320</u>
			<u><u>636,150</u></u>		<u><u>605,320</u></u>
The funds of the Charity					
Unrestricted funds			636,150		605,320
			<u>636,150</u>		<u>605,320</u>
			<u><u>636,150</u></u>		<u><u>605,320</u></u>

The financial statements were approved by the Trustees on 20 August 2025

Catharine Reid

Mrs C L Reid
Trustee

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

Charity information

Syncope Trust and Reflex Anoxic Seizures is a unincorporated Charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	50% straight line
-----------------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

3 Donations and legacies

	Unrestricted funds general 2024 £	Unrestricted funds general 2023 £
Donations and gifts	6,492	11,603
Other fundraising and sponsorship	7,576	5,636
	<u> </u>	<u> </u>

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Charitable activities		
Grants and other income	89,674	103,667
	<u> </u>	<u> </u>

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	3,233	653
	<u> </u>	<u> </u>

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

6 Expenditure on charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Direct costs		
Staff costs	36,609	34,857
Printing, postage and stationery	673	6,619
Recharges	6,237	4,800
Fundraising expenses	216	786
	<u>43,735</u>	<u>47,062</u>
Share of support and governance costs (see note 7)		
Support	30,590	30,420
Governance	1,820	1,820
	<u>76,145</u>	<u>79,302</u>
Analysis by fund		
Unrestricted funds	<u>76,145</u>	<u>79,302</u>

7 Support costs allocated to activities

	2024 £	2023 £
Staff costs	10,868	10,711
Rent	9,000	9,000
Sundries	407	435
Insurance	1,335	1,294
Consultancy fees	8,640	8,640
Professional fees	340	340
Governance costs	1,820	1,820
	<u>32,410</u>	<u>32,240</u>
Analysed between:		
Unrestricted funds	<u>32,410</u>	<u>32,240</u>

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

8	Net movement in funds	2024 £	2023 £
---	-----------------------	-----------	-----------

The net movement in funds is stated after charging/(crediting):

Fees payable for the independent examination of the charity's financial statements	1,820	1,820
--	-------	-------

9 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
2	2

Employment costs	2024 £	2023 £
Wages and salaries	31,774	39,060
Social security costs	3,756	3,361
Other pension costs	1,079	816
	36,609	43,308

There were no employees whose annual remuneration was more than £60,000.

10 Trustees remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

12 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2024	15,895
At 31 December 2024	15,895
Depreciation and impairment	
At 1 January 2024	15,895
At 31 December 2024	15,895
Carrying amount	

13 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	78,992	540,053
Prepayments and accrued income	336	326
	<u>79,328</u>	<u>540,379</u>

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors	1,778	1,976
Accruals and deferred income	1,680	1,680
	<u>3,458</u>	<u>3,656</u>

15 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	1,079	816

SYNCOPE TRUST AND REFLEX ANOXIC SEIZURES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

15 Retirement benefit schemes

(Continued)

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	605,320	106,975	(76,145)	636,150
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
General funds	563,063	121,559	(79,302)	605,320
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

17 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

18 Transactions with connected charities

During the year, the charity was recharged £6,237 (2023: £4,800) by Arrhythmia Alliance (AA), charity number 1107496 for costs incurred on its behalf. Repaying of services was apportioned from AA of £52,924 (2023: £85,417). At the year end, there was a balance due from this charity of £46,689 (2023: £411,315).

During the year, the charity recharge £25,560 (2023: £25,790) for salary costs incurred on behalf of Atrial Fibrillation Association, charity number 1122442. At the year end, there was a balance due from this charity of £25,560 (2023: £121,758).