

**COMPANY REGISTRATION NUMBER: 03954918**

**CHARITY REGISTRATION NUMBER: 1084286**

**For Children & Young People  
Company Limited by Guarantee  
Unaudited independently examined accounts  
31 August 2024**

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Financial statements**

**Year ended 31 August 2024**

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# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report)**

#### **Year ended 31 August 2024**

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2024.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

#### **Chair's report**

The year was one both of expansion and consolidation. We moved into new fields, strengthened existing work and increased the turnover of the organisation, all of which increased our resilience. We also began to embed the key elements of our revised strategic plan into the operations of the charity.

Our new activity supported our decision to reduce the minimum age for the young people we support to 7 (from 11) reflecting the increased pressures on much younger children. We now work in primary schools to support attendance and have a number of other projects aimed at 7-11 year olds.

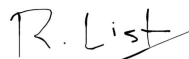
As well as a change in the age range of our clientele we also have a broader geographical reach, delivering activities across Suffolk, including new and important work in Newmarket.

We recognise some of the difficulties nationally around availability of qualified staff in our areas of work and this is also true locally. However we have invested in our staff and now have recruited a younger workforce with eight beginning apprenticeships and offered training opportunities to existing staff to upskill our workforce as a whole.

We remain at heart a truly youth led charity, our actions guided by young people. Their work in influencing our ideas for physical spaces to deliver our activities has been central to our thinking. Their leadership of our AGM and their public evangelism for 4YP is inspirational.

We have recruited new Board members this year, diversifying the membership and were particularly pleased to be able to attract some younger members which can be difficult for many charities and sits well with our ethos and ambition. I would like to thank all the members of the Board for being such supportive colleagues and providing the framework in which 4YP can thrive.

I would also like to thank all the staff who deliver for our young people. We know that 4YP make a difference to the lives of young people but it is members of staff who turn that into reality on an individual basis.



R Lister  
Chair, 4YP  
Chair, Food Museum  
Chair, Ipswich Social Mobility Alliance

# For Children & Young People

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 August 2024

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##### Reference and administrative details

<b>Registered charity name</b>	For Children & Young People
<b>Charity registration number</b>	1084286
<b>Company registration number</b>	03954918
<b>Principal office and registered office</b>	14 Lower Brook Street Ipswich IP4 1AP Suffolk

##### The trustees

The trustees who served during the year and at the date of approval were as follows:

R Lister (Chair)  
A M Hardwick (Treasurer)  
C Barritt-Hayes  
P Broughton (Appointed 25/04/2024)  
R Gravell (Appointed 20/09/2023)  
H Kent  
N Parker  
G Peverley  
S Robertson

<b>Patron</b>	Z Taitte
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##### Strategic Leadership Team

Chief Executive Officer:	G Stone
Operations Manager:	J Weller
Wellbeing Clinical Manager:	N Merfeld
CYP Services Manager:	S McMurtry
Finance Manager:	D Herbert
Marketing & Communications Officer:	L Hall

<b>Bankers</b>	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
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<b>Independent examiner</b>	L Thurston FCCA Lovewell Blake LLP Chartered accountants First Floor Suite 2 Hillside Business Park Bury St Edmunds IP32 7EA
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# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

#### **Year ended 31 August 2024**

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##### **Objectives and activities**

###### **Charitable objectives**

The Charity's strategic Aims and Objectives are:

To act as a resource for children, young people and young adults up to the age of 25, enabling them to transition to the next stage of their life, thrive and fulfill their potential through providing:

- safe places to attend recreational and leisure time activities, and receive informal education, in the interest of social welfare and designed to improve their conditions of life;
- activities which develop their skills, capacities, confidence and capabilities to enable them to participate in society as mature and responsible individuals;
- trusted people for them to connect and journey with, for the relief of their poor mental health and wellbeing, by the provision of counselling and other individual and group support for such persons.

###### **Why is 4YP needed?**

Suffolk Young People's Health Project evolved from a 1996 conference organised by Dr Fran Reader, researching into sexual health needs of young people. In 2000 the company and charity were formed, and in 2023 opened an Ipswich town centre hub. In 2005 the charity became more commonly known as 4YP, before formally renaming and rebranding in 2023 to better reflect the more holistic nature of services provided to meet the needs of young people.

Phase 7 of Healthwatch Suffolk's 'My Health, Our Future' survey of more than 13,000 Year 7 to Year 10 Suffolk secondary school pupils revealed:

- About five thousand had seen different forms of potential sexual harassment in school or college.
- 37% of young people had 'moderate' or 'severe' anxiety levels.
- Just one in three young people feel optimistic about their future.
- Nearly a quarter were either 'worried' or 'very worried' about the rising cost of living on their lives, and the lives of their families.
- 12% were vaping at the time of the survey, and more than 300 said they were addicted to it.

Furthermore, Suffolk County Council Public Health & Communities Knowledge, Intelligence and Evidence team, reported that:

- 2.4% of Suffolk school children had a record of social, emotional, and mental health needs, an increase of 0.8 percentage points from 1.6% in 2015. The percentage of children with social, emotional, and mental health needs has statistically significantly increased each year since 2018.
- Suffolk's self-harm rate for young people aged 10-24 was statistically significantly higher than the national average. The rate is 16.4% higher than the national average.
- New referrals to secondary mental health services per 100,000 in Suffolk are statistically significantly higher than the national average.

# For Children & Young People

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 August 2024

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In response, 4YP believes that all children, young people and young adults have somewhere safe to go, something positive to do and someone to connect and journey with. Our mission is to:

- respond with agility to the changing needs of children, young people and young adults as they occur
- ensure children, young people and young adults are confident to transition to the next stage of their life
- ensure children, young people and young adults are enabled to thrive and fulfil their potential

This is achieved by implementing a hub & spokes model that:

- increases engagement, participation and leadership of children, young people and young adults;
- provides a trusted presence (people and/or place) for children, young people and young adults when and where it is most needed;
- grows and develops therapeutic services in schools and the community.

#### Public benefit

The Trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken it into account when making any decision. The Charity targets a beneficiary age range of up to 25-year-olds (until their 26th birthday).

4YP's success with early intervention delivers a significant public benefit by avoiding the long-term higher costs associated with public intervention: by health authorities (Tier 4 A&E admissions and/or mental services), and/or by social services, and/or by police and justice systems.

#### Activities

The key activities comprise:

1. One-to-one counselling service hosted at the Hub, and in schools and the community, which is confidential, where the individual will be listened to and taken seriously, in a non-judgemental way.
2. Hub group work and drop-in services complement individual counselling by offering a safe space for young people, to engage with positive activities and be supported by trusted professionals and volunteers. These groups are developed in direct response to the needs of young people, like the gender specific Girls Group and Walk n Talk mental health support group.
3. Other activities including hosting a young people's online community ("Hangout"), providing services and support within schools, and working within and for local communities by providing detached (street) youth work and youth clubs, and youth workers within healthcare settings, like a Health Coach to the Ipswich Hospital Diabetes Transition Service. 4YP also provide advocacy and signposting to other appropriate specialist services.

#### Diversity

4YP and partner agencies offer services and activities to as diverse a group of young people as possible. Support is facilitated for young adults with highly complex needs and chaotic lives, those who are Not in Education, Employment and Training (NEET), people with learning difficulties, young offenders, plus people from ethnic minorities or who are LGBTQ+.

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

#### **Year ended 31 August 2024**

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##### **Achievements and performance**

Between 1 September 2023 and 31 August 2024, 4YP was accessed a total of 11,457 times by young people throughout our services. We offered 6,811 counselling sessions of which 79% (+2%) were attended, delivered 876 youth work one-to-ones, and our drop-in service was accessed 100 times. 934 young people received counselling, 464 via the Hub and 470 in schools. 372 named young people accessed our youth work service via the Hub, in a school or in the community and youth workers had 4,646 contacts with young people.

182 beneficiaries contributed to the annual review of whether the vision and mission of the charity were being achieved. "Most of the time or always" 92% (+1%) felt safe, 90% (+3%) felt more positive and 96% (no change) said they had someone they could trust when being supported by 4YP or attending an activity.

Further achievements and performance are described in the annex to these accounts along with the acknowledgment of funders.

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

#### **Year ended 31 August 2024**

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##### **Financial review**

##### **Net income / (expenditure)**

The Statement of Financial Activities (SOFA) for the year shows net income for the year in surplus by £53,410 (17 months to 31 August 2023: net surplus £87,489).

##### **Income**

Incoming funds of £761,784 (2023: £928,642) were generated during the year. Restricted income of £235,962 (2023: £290,599) was ring-fenced for the purpose they had been given, plus unrestricted income of £525,822 (2023: £638,043). The principal funding sources by activity are shown in the notes to the financial statements.

##### **Expenditure**

A total of £708,374 (2023: £841,153) was expended of which £248,284 (2023: £314,160) was allocated to restricted funds and £460,090 (2023: £526,993) was spent from unrestricted funds. Of the total expenditure, 99% (2023: 99%) was expended on charitable activities to provide services for young people and 1% (2023: 1%) on generating funds.

##### **Risk management**

The Trustees regularly review organisational risk, and consider the major risks arise from continuity of funding for services and the preservation of cash in any financial crisis. The Reserves policy seeks to address these concerns. Trustees continue to review the Charity's long-term viability by diversifying income streams and establishing higher-value income.

##### **Reserves policy**

Trustees place great importance on the sustainability of the Charity long-term and have regard to the importance of being able to retain the core of its well-trained and experienced workforce. To this end, the primary aim of the Reserves Policy is to:

- enable continuity of services when experiencing short-term gaps in funding,
- allow the Charity to maintain its direct expenditure and cover liabilities,
- fulfill statutory and legal obligations including those to employees and suppliers, and
- allow for orderly winding-up of the Charity should this become necessary.

The reserves policy is reviewed and adjusted annually. The Trustees calculated the reserve policy to be £277,294 (2023: £260,240) in line with the primary aims noted above.

The free, undesignated reserves of the charity amount to £300,721 (2023: £252,043). The Trustees will look to review and expense amounts held above the reserves policy in accordance with the objectives of the charity over the coming years.

##### **Acknowledgement to funders**

Trustees sincerely thank all the individuals, groups and communities who have generously given their time, hard work and money to undertake and support these activities for and on behalf of the Charity. An acknowledgement of grant-making funders is shown in the annex to these accounts.



# For Children & Young People

## Company Limited by Guarantee

### Trustees' annual report (incorporating the directors' report) *(continued)*

#### Year ended 31 August 2024

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##### Significant supporters

###### 1. Norfolk and Suffolk NHS Foundation Trust

For the eighth consecutive year, it was a privilege to provide a counselling service to the U18s Wellbeing Service. This long-established partnership continued to make a significant difference to the mental health and wellbeing of the young people referred.

###### 2. Kesgrave Town Council

The support of the Council enabled the delivery of a programme to meet the holistic needs of young people in the community - including enabling youth workers to be available 'on the street' where young people are ("detached youth work"), and a youth club ("Hangout").

###### 3. Police & Crime Commissioner

This funding enables young people from some of the most deprived areas of the county, who are at higher risk of criminal exploitation and youth violence, to know that there will regularly be a detached youth worker available in their area to provide support and guidance.

###### 4. National Lottery Community Fund

This financial support has been fundamental in supporting the wider organisation during this period, to provide professional backroom staff and services in addition to supporting our frontline delivery.

###### 5. Children in Need

To support the core costs and salaries of administrative staff responsible for the leadership and required back office roles of the charity.

###### 6. Newmarket Charitable Foundation

This funding enabled a programme of consultation with young people in Newmarket, and surrounding areas, to better understand their needs, and led to the procurement of further funding to develop further work based on the findings.

###### 7. A Local Grantmaking Trust

This funding for generic youth work has been invaluable during this period, enabling the charity to direct it to where it is most needed in supporting the needs of young people, when they need it most.

###### 8. Johns Slater Howard

Local chartered designers of mechanical and electrical systems kindly sponsored the cost of all branded 4YP staff and volunteers clothing.

###### 9. Make Architects

The generous pro-bono provision of the professional services of this global studio enabled young people to lead the creation of concepts for what they believe is needed as a safe place and space in Ipswich Town Centre.

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

#### **Year ended 31 August 2024**

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##### **Donations and community fundraising:**

Most of the non-invoiced income is derived from grants from other charitable trusts. Community fundraising follows recognised standards of the Code of Fundraising Practice; the Charity does not employ commercial professional fundraisers.

##### **Plans for future periods**

##### **Summary of the period**

Following the completion of a strategic review in the previous year, this year saw the identified changes implemented and embedded.

This included the continued strengthening of governance and improved financial and operational policies and procedures, including the increased breadth of expertise and experience of the Board via the appointment of new Directors/Trustees and more detailed reporting.

Trustees continue to believe their greatest assets are staff and volunteers, and as such are committed to their training and development. As such, eight staff were supported to either begin or continue apprenticeships related to their work.

With continued support of the international architecture studio MAKE, younger people continued to drive the design process for what a safe space/place and Hub for 4YP should look like in Ipswich town centre. Their input and creativity underpinned the submission of an expression of interest for substantial capital funding to acquire and develop a flagship premises on the Waterfront.

##### **Looking forward**

Trustees are committed to ensuring that services offered continue to be available, accessible and operate to the highest quality standards. In the forthcoming year, Trustees will:

- continue to deliver and grow high quality services to the young people of Suffolk, where it is identified they are most lacking and most needed and where this is a greater opportunity for providing earlier interventions;
- pursue opportunities for collaboration and partnership working, notably working with younger people and children to upstream support that supports the prevention of longer-term need, poor mental health or reduced wellbeing;
- continue to increasingly involve young people to ensure current and future services meet their needs;
- further develop rigorous evidence base to demonstrate the Charity's effectiveness and impact;
- maximise the potential of website and social media activities, and
- review with young people the suitability of the Charity's physical assets in fulfilling its vision and mission, in particular seeking to secure an identified premises to become the location of the charity's central Hub.

4YP is still very-much needed, in an environment that is challenging for funders and providers as well as the younger people themselves. Within an ethos of strong corporate governance, the Charity will continue to relentlessly pursue better support and outcomes that meet the needs of young people.

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Trustees' annual report (incorporating the directors' report) *(continued)***

**Year ended 31 August 2024**

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#### **Structure, governance and management**

##### **Constitution**

The Charity, a company limited by guarantee incorporated on 23 March 2000 and registered with the Charity Commission on 29 December 2000, is governed by its Memorandum & Articles of Association ("Memo & Arts"). The Directors of the company, who are also charity trustees for the purpose of charity law, are the members of the Board (referred to as the "Management Committee" in its Memo & Arts). The Trustees/Directors are listed in the reference and administration details of these accounts. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per Director/Trustee of the Charity.

##### **Management**

The Board directs and determines the Charity's affairs. The Chief Executive Officer manages day-to-day operations in accordance with the Board's strategic directions. The Board met four times, and additionally its General Purposes subcommittee four times, during the year to review and scrutinise the charity's activities and performance, together with policies, organisational risk assessment, management and administrative controls, and decisions on strategic direction.

##### **Trustee/Director recruitment**

Trustees seek a diverse body of people with a broad range of skills. Potential appointees, selected by invitation or from receipt of an expression of interest, are considered by the Board and, if suitable, are interviewed by the Chair. Appointments approved by the Board are subject to enhanced check by the Disclosure and Barring Service. An induction is undertaken by the Chief Executive Officer and covers:

- Memorandum & Articles of Association, and obligations of Board members.
- Explanation of services provided and safeguarding responsibilities.
- Summary of Business Plan, budget, and latest Annual Review and Financial Statements.
- Charity Commission guidance, including the Trustee responsibilities.
- Annual schedule of meetings, with meeting objectives.
- Organisational and staff structures, with a tour & introduction to staff and volunteers.

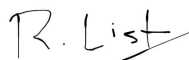
##### **Independent examiner reappointment**

A resolution to appoint L Thurston FCCA of Lovewell Blake LLP as independent examiner will be proposed at the next Annual General Meeting.

##### **Small company provisions**

This report has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006.

The trustees' annual report was approved on .....9/12/2024..... and signed on behalf of the board of trustees by:



R Lister (Chair)

# For Children & Young People

## Company Limited by Guarantee

### Independent examiner's report to the trustees of For Children & Young People

Year ended 31 August 2024

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I report to the charity trustees on my examination of the financial statements of the company for the year ended 31 August 2024 which comprise the statement of financial activities (including income and expenditure account), balance sheet, statement of cash flows and the related notes.

#### Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



L Thurston FCCA  
Independent Examiner

Lovewell Blake LLP  
Chartered accountants  
First Floor Suite  
2 Hillside Business Park  
Bury St Edmunds  
IP32 7EA  
10/12/2024

# For Children & Young People

## Company Limited by Guarantee

### Statement of financial activities (including income and expenditure account)

Year ended 31 August 2024

		Year to 31 Aug 24			Period from 1 Apr 22 to 31 Aug 23
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Grants, donations, and legacies		12,482	235,962	248,444	336,391
Charitable activities	5	497,939	–	497,939	587,934
Other trading activities		3,601	–	3,601	1,668
Investment income		11,800	–	11,800	2,649
<b>Total income</b>		<u>525,822</u>	<u>235,962</u>	<u>761,784</u>	<u>928,642</u>
<b>Expenditure</b>					
Raising funds					
Costs of raising donations and legacies		1,294	–	1,294	725
Charitable activities	6	458,796	248,284	707,080	840,428
<b>Total expenditure</b>		<u>460,090</u>	<u>248,284</u>	<u>708,374</u>	<u>841,153</u>
<b>Net income and net movement in funds</b>		<u>65,732</u>	<u>(12,322)</u>	<u>53,410</u>	<u>87,489</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		512,283	16,828	529,111	441,622
<b>Total funds carried forward</b>		578,015	4,506	582,521	529,111

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 14 to 21 form part of these financial statements.

# For Children & Young People

## Company Limited by Guarantee

### Balance sheet

31 August 2024

	Note	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible fixed assets	11		9,666		7,507
<b>Current assets</b>					
Debtors	12	91,928		112,650	
Cash at bank and in hand		<u>791,661</u>		<u>754,268</u>	
		883,589		866,918	
<b>Creditors: Amounts falling due within one year</b>	13	<u>(194,628)</u>		<u>(247,278)</u>	
<b>Net current assets</b>			688,961		619,640
<b>Total assets less current liabilities</b>			698,627		627,147
<b>Provisions</b>	15		<u>(116,106)</u>		<u>(98,036)</u>
<b>Net assets</b>			<u>582,521</u>		<u>529,111</u>
<b>Funds of the charity</b>					
Restricted funds			4,506		16,828
Unrestricted funds			<u>578,015</u>		<u>512,283</u>
<b>Total charity funds</b>	16		<u>582,521</u>		<u>529,111</u>

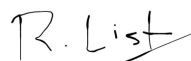
For the year ending 31 August 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 9/12/2024....., and are signed on behalf of the board by:



R Lister (Chair)

Company registration number: 03954918

The notes on pages 14 to 21 form part of these financial statements.

# For Children & Young People

## Company Limited by Guarantee

### Statement of cash flows

Year ended 31 August 2024

	2024 £	2023 £
<b>Cash flows from operating activities</b>		
Net income	53,410	87,489
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	4,971	14,974
Interest from investments	(11,800)	(2,649)
Accrued expenses	26,975	32,952
<i>Changes in:</i>		
Trade and other debtors	(5,937)	(32,672)
Trade and other creditors	(52,966)	90,178
Provisions	18,070	4,669
Cash generated from operations	32,723	194,941
Net cash from operating activities	32,723	194,941
<b>Cash flows from investing activities</b>		
Interest from investments	11,800	2,649
Purchase of tangible assets	(7,130)	(5,812)
Net cash from/(used in) investing activities	4,670	(3,163)
<b>Net increase in cash and cash equivalents</b>	37,393	191,778
<b>Cash and cash equivalents at beginning of year</b>	754,268	562,490
<b>Cash and cash equivalents at end of year</b>	791,661	754,268

The notes on pages 14 to 21 form part of these financial statements.

# **For Children & Young People**

## **Company Limited by Guarantee**

### **Notes to the financial statements**

**Year ended 31 August 2024**

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#### **1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 14 Lower Brook Street, Ipswich, IP4 1AP, Suffolk.

#### **2. Statement of compliance**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### **Going concern**

The financial statements are prepared on a going concern basis. Trustees have taken into account all available information about the future (at least 12 months from the date when the financial statements are approved) and are not aware of any material uncertainties related to events or conditions that cast significant doubt upon the entity's ability to continue as a going concern.

##### **Income tax**

The company is a registered Charity and its activities are exempt from United Kingdom income and corporation tax. Income Tax recoverable on covenanted donations and Gift Aid is recognised in the financial statements in the period in which it is received. The Charity is not registered for VAT; irrecoverable VAT is reported with the expenditure to which it relates.

##### **Fund accounting**

Unrestricted funds are general funds which are available for use at the Trustees' discretion in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or have been raised by the Charity for particular purposes.



# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Income

All income is included in the Statement of Financial Activities (SOFA), on an accruals basis, when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Incoming resources from contracts for services (generally, invoiced income) are regarded as unrestricted income. Performance-related grants, where the donor has expressed how and/or when a service is provided, are regarded as restricted income.

Deferred income, disclosed as a liability in the balance sheet, consists of resources received that are not recognised in the SOFA until the Charity is entitled to the income. Deferred income relates to future periods, or require other conditions that limit income recognition be met, and also include funds received where, by agreement with the donor, certain expenses can be charged directly to a fund.

No amounts are included in the financial statements for services donated by volunteers.

##### Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Eligible employees are members of a defined contribution pension scheme. Pension costs are accounted for on an accruals basis.

##### Operating leases

Rentals applicable to operating leases are charged to the SOFA over the period in which the cost is incurred.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Lease improvements	-	Up to the life of the lease
Office equipment	-	3 to 10 years
IT equipment	-	3 years

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Provisions

Provisions are recognised when the entity has an obligation at the reporting date as a result of a past event, it is probable that the entity will be required to transfer economic benefits in settlement and the amount of the obligation can be estimated reliably. Provisions are recognised as a liability in the balance sheet and the amount of the provision as an expense.

Provisions are initially measured at the best estimate of the amount required to settle the obligation at the reporting date and subsequently reviewed at each reporting date and adjusted to reflect the current best estimate of the amount that would be required to settle the obligation. Any adjustments to the amounts previously recognised are recognised in income or expenditure unless the provision was originally recognised as part of the cost of an asset. When a provision is measured at the present value of the amount expected to be required to settle the obligation, the unwinding of the discount is recognised as a finance cost in the statement of financial activities in the period it arises, and is allocated to the appropriate expenditure heading.

##### Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

#### 4. Limited by guarantee

The Charity is a company limited by guarantee. The members of the company are the Trustees named in the reference and administration section of these accounts. In the event of the Charity being wound up, each member's liability in respect of the guarantee is limited to £1.

#### 5. Charitable activities

	Unrestricted Funds £	<b>Total Funds 2024 £</b>	Unrestricted Funds £	Total Funds 2023 £
Counselling	386,880	386,880	500,351	500,351
Youth Work	105,051	105,051	80,988	80,988
Other	6,008	6,008	6,595	6,595
	<u>497,939</u>	<u>497,939</u>	<u>587,934</u>	<u>587,934</u>

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

#### 6. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Staff costs	356,301	204,258	560,559
Counsellor supervision costs	8,204	1,773	9,977
Travel expenses - staff and volunteers	1,613	1,291	2,904
Activities and materials	1,326	5,966	7,292
Support costs	91,352	34,996	126,348
	<u>458,796</u>	<u>248,284</u>	<u>707,080</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Staff costs	341,454	280,589	622,043
Counsellor supervision costs	10,416	1,625	12,041
Travel expenses - staff and volunteers	1,526	2,334	3,860
Activities and materials	279	9,944	10,223
Support costs	172,733	19,528	192,261
	<u>526,408</u>	<u>314,020</u>	<u>840,428</u>

#### Analysis of support costs

	2024 £	2023 £
Premises	61,871	70,766
Communications and IT	20,612	24,670
Office supplies and other expenses	9,311	21,887
Other staff costs	11,234	13,918
Professional fees	18,349	46,046
Depreciation	4,971	14,974
	<u>126,348</u>	<u>192,261</u>

#### 7. Net income

Net income is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>4,971</u>	<u>14,974</u>

#### 8. Independent examination fees

	Year to 31 Aug 24 £	Period from 1 Apr 22 to 31 Aug 23 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>2,664</u>	<u>2,220</u>

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

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#### 9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024 £	2023 £
Wages and salaries	521,065	584,244
Social security costs	31,372	29,278
Other pension costs	8,122	8,521
	<u>560,559</u>	<u>622,043</u>

The average head count of employees during the year was 31 (2023: 32).

One employee received employee benefits of more than £60,000 during the year (2023: One). This employee received total employee benefits during the year of between £70,000 and £80,000.

#### 10. Trustee remuneration and expenses

The Charity's key management personnel are the Trustees and Strategic Leadership Team (SLT) as listed in the reference and administrative details. Trustees neither received nor waived emoluments during the year (2023: £Nil). Trustees were reimbursed expenses amounting to £766 (2023: £Nil) during the year.

The total amount of employee benefits (including employer pension contributions) of the SLT for their services to the Charity was £187,611 (2023: £221,269).

#### 11. Tangible fixed assets

	Lease improvement £	Office equipment £	IT equipment £	Total £
<b>Cost</b>				
At 1 September 2023	119,672	37,809	16,821	174,302
Additions	—	—	7,130	7,130
<b>At 31 August 2024</b>	<u>119,672</u>	<u>37,809</u>	<u>23,951</u>	<u>181,432</u>
<b>Depreciation</b>				
At 1 September 2023	119,672	34,438	12,685	166,795
Charge for the year	—	1,575	3,396	4,971
<b>At 31 August 2024</b>	<u>119,672</u>	<u>36,013</u>	<u>16,081</u>	<u>171,766</u>
<b>Carrying amount</b>				
<b>At 31 August 2024</b>	<u>—</u>	<u>1,796</u>	<u>7,870</u>	<u>9,666</u>
At 31 August 2023	<u>—</u>	<u>3,371</u>	<u>4,136</u>	<u>7,507</u>

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

#### 12. Debtors

	2024	2023
	£	£
Trade debtors	59,716	57,379
Prepayments and accrued income	31,838	55,271
Other debtors	374	–
	<u>91,928</u>	<u>112,650</u>

#### 13. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	18,711	11,948
Accruals and deferred income	153,950	218,456
Social security and other taxes	8,009	6,725
Other creditors	13,958	10,149
	<u>194,628</u>	<u>247,278</u>

#### 14. Deferred income

	2024	2023
	£	£
At 1 Sep 23	213,640	141,356
Amount released to income	(213,640)	(141,356)
Amount deferred in year	148,818	213,640
<b>At 31 Aug 24</b>	<u>148,818</u>	<u>213,640</u>

Deferred income relates to conditional grant income received in the year on behalf of projects being completed in following years.

#### 15. Provisions

	Dilapidations	Staff settlement	Total
	£	£	£
At 1 September 2023	98,036	–	98,036
Additions	4,902	13,168	18,070
<b>At 31 August 2024</b>	<u>102,938</u>	<u>13,168</u>	<u>116,106</u>

The dilapidations provision is aligned to the present obligation of the rental lease and is expected to be paid upon cessation of the lease agreement. The amount can be reliably determined and has been accounted for as a provision accordingly.

The staff settlement provision is aligned to the present obligation of the charity in respect of a staff settlement agreement and its associated legal costs. It is expected that this will be paid following the completion of proceedings ongoing at the year end. The amount can be reliably determined and has been accounted for as a provision accordingly.

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

#### 16. Analysis of charitable funds

##### Restricted funds

	At 1 September 2023 £	Income £	Expenditure £	Transfers £	At 31 August 2024 £
Counselling and youth work fund	<u>16,828</u>	<u>235,962</u>	<u>(248,284)</u>	<u>–</u>	<u>4,506</u>

##### Unrestricted funds

	At 1 September 2023 £	Income £	Expenditure £	Transfers £	At 31 August 2024 £
General funds	<u>512,283</u>	<u>525,822</u>	<u>(460,090)</u>	<u>–</u>	<u>578,015</u>

##### Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 August 2023 £
Counselling and youth work fund	<u>96,976</u>	<u>290,599</u>	<u>(314,160)</u>	<u>(56,587)</u>	<u>16,828</u>

##### Unrestricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 August 2023 £
General funds	<u>344,646</u>	<u>638,043</u>	<u>(526,993)</u>	<u>56,587</u>	<u>512,283</u>

##### Restricted funds

The counselling and youth work fund is a fund restricted by various providers towards the specific objectives as named. The projects are ongoing with the restriction ending upon being expensed or the end of the timeframe as provided within the scope of the agreements.

# For Children & Young People

## Company Limited by Guarantee

### Notes to the financial statements *(continued)*

#### Year ended 31 August 2024

#### 17. Analysis of net assets between funds

As at 31 August 2024

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	9,666	–	9,666
Debtors	82,246	9,682	91,928
Cash at bank and in hand	761,861	29,800	791,661
Current liabilities	(159,652)	(34,976)	(194,628)
Provisions	(116,106)	–	(116,106)
<b>Net assets</b>	<b>578,015</b>	<b>4,506</b>	<b>582,521</b>

As at 31 August 2023

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	7,507	–	7,507
Debtors	70,200	42,450	112,650
Cash at bank and in hand	687,676	66,592	754,268
Current liabilities	(155,064)	(92,214)	(247,278)
Provisions	(98,036)	–	(98,036)
<b>Net assets</b>	<b>512,283</b>	<b>16,828</b>	<b>529,111</b>

#### 18. Analysis of changes in net debt

	At 1 Sep 2023 £	Cash flows £	At 31 Aug 2024 £
Cash at bank and in hand	754,268	37,393	791,661

#### 19. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	28,916	28,916
Later than 1 year and not later than 5 years	3,422	4,838
	<b>32,338</b>	<b>33,754</b>

#### 20. Related parties

There have been no related party transactions in this year or the previous reporting period.

#### 21. Annex 1

The following pages form part of these financial statements.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

**Year ended 31 August 2024**

##### **1. COUNSELLING SERVICE**

The well-established counselling service offers young people a safe, supportive, non-judgmental space to explore their feelings, thinking, and behaviours. A team of 17 qualified and experienced counsellors provided counselling sessions for young people aged 7 to 25. Each young person was treated as an individual with therapeutic interventions tailored to their needs within 50-minute one-to-one sessions. Counsellors used a range of techniques including, but not limited to, assessment, support, person-centred, psychodynamic, behavioural, creative, and mindfulness.

Virtual and phone sessions continue to be offered alongside face-to-face sessions. Lead roles were created to support the Clinical Services Manager in the effective running and development of the counselling service. The Central Service Lead and Schools Lead are Designated Safeguarding Leads and offer case management and coordination support across the counselling service.

The counselling service continued to offer placement opportunities to counselling students requiring clinical hours to meet their course requirements. By continuing to make placements available, students benefited from the expertise of the experienced counselling staff and learned to work with the unique needs of young people and young adults. The placement programme also enabled the Clinical Services manager to identify students with the unique skills required to work within the service. Students were supervised by the Clinical Services Manager and Central Service Lead and were allocated appropriate clients. They were also required to attend external clinical supervision and invited to team meetings and in-house training.

##### **The impact of counselling**

Counselling sessions were delivered from the Ipswich, Haverhill and Bury St Edmunds hubs, virtually, by phone, and from 14 secondary schools and two primary schools. 4YP counsellors made 6,811 sessions available to young people across the region. Of the 2,605 sessions attended through the hubs, 56% were face-to-face session, 21.5% were telephone session and 22.5% were video sessions. The three reasons most frequently given for the why counselling was required were anxiety, low mood, and anger.

4YP worked to ensure that 168 young people in need of support could access counselling through our self-referral system. Working in partnership with the NSFT Under 18's Wellbeing Team meant that 251 young people were provided with counselling. The partnership with the Early Help team continued and enabled 45 young people to access counselling. Across the 16 school settings, 2,752 counselling appointments were attended by 470 young people.

##### **Feedback from young people**

15-year-old female rated the support 'Outstanding.' She stated, "I got the support I needed after things weren't going well. I learned how to cope with tough things and how to keep a clear mind."

13-year-old female rated the support 'Outstanding.' She stated, "Because it's very helpful and this totally helped me. Improved my mood."



## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

##### **Year ended 31 August 2024**

14-year-old male rated the support 'Good.' He stated, "I've never had counselling before, but I found it very helpful, and my counsellor was very nice. It's helped me unpack how I feel about different events in my life." His recommendation for improvement was, "Open-ended counselling (no set number of sessions)."

Young person feedback also included the need for additional sessions, as many young people felt the number of sessions allocated was not enough to address their concerns. While counsellors work to assess the clinical need of each young person and adjust sessions as appropriate, the feedback demonstrates that young people need to be better informed about the number of sessions that can be accessed, as well as what other support is available.

##### **Feedback from parents/carers**

A parent who rated the service 'Excellent' stated, "We were very fortunate in getting a prompt appointment, in the first instance. 4YP were accommodating in arranging a mutually convenient day and time. Diane has been extremely supportive and understanding around R's needs, adapting where necessary and working alongside me, as the parent by allowing slow and steady progress. R has made huge steps in his independence in unfamiliar situations."

Parent feedback also identified the need for additional sessions and support information. This information will be used in the coming year to inform how best to communicate with parents regarding 4YP therapeutic interventions and holistic support, information guides, and other support services.

##### **Anonymised Case Study**

**Presenting Issue:** Natalie suffered from daily panic attacks, mostly in school. She presented as a chronic overthinker but was also very motivated for this to stop. The panic attacks also contributed to Natalie's lack of confidence and impacted her concentration and learning, and she began to miss School, with her attendance dropping below 90%.

**Work Together:** We began our work by using several grounding techniques to help Natalie control the panic attacks. We then looked at the root of the panic attacks, which was a specific experience that Natalie had with her peers. After this session, the panic attacks began to subside, but then she began to think she had a heart condition every time her heart began to race because of anxiety. This became so severe that parents took her to the hospital. I continued to use cognitive behaviour approaches, including mindfulness, to help reduce general anxiety. Also, I gave Natalie the space to talk about other issues that she was worrying about.

Natalie was anxious about attending her year ten exams in our penultimate session, saying, "I know I will have a panic attack". I challenged this negative thinking and explained the cognitive behavioural ideas of black-and-white thinking and catastrophising. We looked at strategies to prepare Natalie for exams, including deep breathing, grounding, exercising, and doodling. In our last session, Natalie saw how the exam experiment had worked and that she could take part in a mock exam without having a panic attack.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

##### **Year ended 31 August 2024**

How the work helped: Natalie still has anxiety, but it is not impacting her as severely as it had previously, and her attendance at school improved. She has techniques she can use to help her remain calm, and she knows that she can challenge her thoughts in the future. Natalie was also given a space to talk about things she had done in the past, which she now feels guilty about, without fear of judgment.

Outcome Data: We use the Warwick Edinburgh mental well-being scale, which measures two well-being perspectives: life satisfaction/ happiness and psychological functioning/ good relationships/ acceptance.

Core data was taken in the first, fourth, and final sessions (session seven).

First: 41 > Fifth: 51 > Final: 60. This is a significant increase in self-reported well-being.

Feedback: Natalie appreciated the counselling. Her feedback was “Really helpful, good advice, it was nice to talk to someone. Her assessment of the impact counselling made was she “feels less anxious and panicked.”

##### **The future**

The demand for therapeutic services has not slowed and client presentations have become more complex. 4YP are committed to the continued provision of therapeutic services to children and young people that consider their needs. We will continue to seek funding to meet the needs of the young people presenting to our service and to continue to work to provide holistic support.

## **2. CHILDREN & YOUNG PEOPLE’S WRAPAROUND SUPPORT**

Alongside providing clinical and therapeutic interventions, 4YP has a developed wraparound service, akin to “youth work” as it is more traditionally known and described.

As aptly described by the National Youth Agency youth workers (or CYP Practitioners as we title them) play a crucial role in the lives of the younger people we support, aged 7-25. They provide informal education by bringing fun, a sense of structure and a whole host of new opportunities to the people they work with, broadening their horizons, boosting their social skills and giving them a place to simply be themselves.

By supporting younger people at some of the most important periods of their lives, including times of transition, they help them learn new skills, embrace their passions and develop a sense of identity and independence. Because youth work is not confined to a single location or structured curriculum, it offers a flexibility that traditional education cannot.

4YP provides young people with somewhere safe place to go, something positive to do and someone trusted to talk to via three strands of youth work; Hub-based work, community-based (spokes) and schools-based.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

##### **Year ended 31 August 2024**

###### Hub-based

These activities are created and developed in direct response to what younger people tell us they need.

In the past year this has included the following:

###### Open-access drop

A safe place for younger people to attend, notably those more at risk of being NEET or homeless, in their time of greatest need. Often, they arrive in a chaotic state but leave calmer due to having the opportunity to be seen, heard and practically supported, like having a shower and something to eat.

###### Girls Group

Girls Group ran weekly throughout the year. The group comprised young women from different backgrounds who would not usually engage with each other and offers a non-judgemental approach and safe space for them to be themselves. The sessions focus on informal learning delivered in a fun way.

###### School Holiday Programme

Academic holidays are an opportunity for youth workers to spend time connecting with children and young people, existing and new to 4YP, by providing a programme of fun things to do.

The summer programme was additionally available for children and young people that 4YP have been working with in schools, as part of the DfE attendance project mentioned later in this report and included a combination of hub-based creative activities as well as offsite trips and visits. The programme gave young people the opportunity to form new friendships, grow in confidence, build on their self-esteem whilst increasing their awareness of healthy relationships and a greater sense of belonging.

###### Walk 'n' Talk

This group was focused on being outdoors for young people aged between 12-25 who do not usually engage in physical activity. The aim of this group was on improving younger peoples' physical and mental wellbeing, whilst educating them on how to live healthier lifestyles. From these sessions young people developed personal skills, improved communication, reduced stress levels and improved confidence to leave their homes.

###### D&D (Dungeons and Dragons)

Dungeons and Dragons is a tabletop roleplaying game. Arguably the oldest, likely the most widely played, and certainly the most well-known, where several players control characters who act as protagonists who use their unique abilities to solve problems presented by the Dungeon Master, who controls everything else.

During the year, a group of young people who felt like they "didn't fit" with other group/venues providing opportunities to gather and play asked if they could establish and lead their own group at 4YP – which we gladly host and facilitate.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

##### **Year ended 31 August 2024**

###### Community-based (spokes)

These activities are created and developed for, or in partnership, with others in responding to the needs of younger people, they are aware of or have identified.

In the past year this has included the following:

###### Kesgrave Hang-out

The aim of this local community youth club is to improve young people's knowledge of, and expand their links, to networks and channels of support, leading to improved health and wellbeing for themselves, and their peers and their communities.

The youth club has provided a safe space to engage with young people and had a planned activity each week. These were designed from discussions with young people, to meet their needs and interest.

Each planned activity was used to encourage fun and enable young people to learn and develop new skills through informal education.

Positive outputs have included:

A session focused on producing a "4YP Pledge" where everybody had written something that they promise to do every week. Examples of these were: I will make everyone happy; I will use kind words; I will sign in every week.

A session when a police officer came to the Hangout to speak to the young people and build that relationship. All the young people used the magic pens to mark their bikes and security protect them against theft. The police officer also spoke about online safety and the safe use of social media.

The outcomes and impact have been:

- Providing a safe space for young people
- Providing trusted adults for young people
- Encouraging fun and enabling young people to learn and develop new skills

###### Kesgrave Detached

Following a pilot last year establish in response to antisocial behaviour in the area, 4YP continued to deliver detached (street) youth work. Youth workers engaged with groups and individuals who were not accessing other existing mainstream support or services, leading to them being seen and heard. Detached youth work has offered young people a trusted person to talk to and we have seen the community respond positively to having this presence in their area.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

##### **Year ended 31 August 2024**

The impact has been:

- Providing trusted and safe adults within the area, to overlook young people and work with them to ensure their area remains safe.
- Increasing the feelings of safety in the area, for both young people and parents/carers, as well as other residents, allowing them to access the area more confidently.
- Building positive relationships with the young people.

##### Ipswich Detached:

Funded by the Suffolk Police and Crime Commissioner, detached (street) youth workers continued weekly sessions in areas of deprivation, attending in all weathers to maintain consistent levels of engagement with young people.

Young people who not engaged with other services were present every week, highlighting the need for this provision, and were able to express their concerns to a trusted, neutral person.

Initial engagement usually occurred in a local park, outside local shops, or at bus stops. Youth workers being present in these local 'hotspots' gave 4YP a better understanding of local needs and local areas and enabled the creation of safer places/spaces for them to hang out and be engaged in positive activities.

##### Diabetes Transition Service

This was the second year of a three-year national pilot project hosted at Ipswich Hospital, aiming to support young people with diabetes to transition from child to adults' services, whilst supporting them within the community with other needs that many impact their ability to self-manage their condition e.g. housing, mental health.

##### Youth participation/social action

Younger people continued to be supported by the international architecture studio MAKE, driving our review of what a safe space/place should look like in Ipswich town centre. Their input and creativity underpinned the submission of an expression of interest for substantial capital funding to acquire and develop a landmark premises on the Waterfront to be our new Hub and home.

##### Schools-based

This year we continued to provide one-to-one and group work support to children and young people in schools.

In particular, we began a short-term project on behalf of the Department for Education (DfE) to support pupils in the 80-95% attendance bracket, to enable improved attendance and reduce the risk of them becoming a persistent absentee.

This aligned well with our strategic aim to provide earlier help and interventions and connect more with children aged 7-11, as the programme took place in primary schools, as well as secondary schools where we already had a presence.

## **For Children & Young People**

### **Company Limited by Guarantee**

#### **Annex 1 – Notes to the financial statements**

**Year ended 31 August 2024**

### **3. ACKNOWLEDGEMENT OF FUNDERS**

Trustees would like to thank the following organisations and individuals who funded and supported 4YP in the year, without whose support the Charity's work would be impossible:

AXA XL Regional Grant Program  
Babergh District Council (in conjunction with The Mix)  
Children in Need  
East Suffolk and North Essex NHS Foundation Trust  
Inner Wheel Club of Ipswich East  
Ipswich Borough Council  
John Lewis Community Matters Scheme  
Johns Slater Howard  
The Kerrison Trust  
Kesgrave Town Council  
Local Grantmaking Trust  
Make Architects  
The National Lottery Community Fund  
Newmarket Charitable Foundation  
Norfolk & Suffolk NHS Foundation Trust  
Pallet Teen (Ashton Fulcher)  
The Pixel Fund  
Stacey Read  
Suffolk Association for Counselling  
Suffolk Community Foundation:

- Bluebell Fund
- Harwich Haven Authority Fund
- Suffolk Police & Crime Commissioner's Fund

Suffolk County Council  
Youth Worker Development Fund