

**REGISTERED COMPANY NUMBER: 03957802 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1084004**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025  
FOR  
ALPHA CARE SPECIALISTS LTD**

FKCA Limited  
260 - 270 Butterfield  
Great Marlings  
Luton  
Bedfordshire  
LU2 8DL

# **ALPHA CARE SPECIALISTS LTD**

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**ALPHA CARE SPECIALISTS LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS  
for the Year Ended 31 MARCH 2025**

<b>TRUSTEES</b>	Ms R Andreaou Mr M T Markou Ms L Pilavakis (resigned 31.3.25) Mr S Soteriou Ms P Worrall (resigned 28.6.24)
<b>COMPANY SECRETARY</b>	Mrs S L Collins
<b>REGISTERED OFFICE</b>	Community House 311 Fore Street London N9 0PZ
<b>REGISTERED COMPANY NUMBER</b>	03957802 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1084004
<b>INDEPENDENT EXAMINER</b>	FKCA Limited 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL
<b>SOLICITORS</b>	Interface Legal Advisory Service 40 Wykeham Road London NW4 2SU
<b>BANKERS</b>	Unity Trust Bank 4 Brindleyplace Birmingham B1 2HB

**REPORT OF THE TRUSTEES  
for the Year Ended 31 MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the charity are:

- The promotion of health and the relief of sickness predominantly amongst members of the Greek and Greek Cypriot community particularly but not exclusively Greek and Greek Cypriot women,
- The promotion of public education in Greek and Greek Cypriot culture

The charity has the general aim of contributing to the quality of life of the people the London Borough of Enfield and wider area by expanding their horizons through the provision of exciting, challenging and accessible professional services.

The main objective for the year is to continue to sustain the services currently offered by the charity and to increase service provision and to maintain the growth of the Homecare Service, this service facilitates people being able to continue living in their own homes.

The strategies employed to achieve the charity's objectives include:

- Providing space for giving advice, information and education,
- Establishing and develop contacts between similar community, voluntary and statutory bodies,
- Promoting and developing the welfare and prosperity of members of the community,
- Procuring contributions to the company by personal or written appeals, public meetings or in other ways,
- Collecting and to make available information about issues concerning the objects of the company and to exchange information with other bodies having similar objectives whether in Great Britain or overseas,
- Procuring, writing, printing, publishing, issuing and circulating such newsletters, papers, books, periodicals and pamphlets or other documents, films, recorded tapes, or other means of recording information as will help achieve the objects of the company, either free or charging for them,

The major areas of activity are: Key Strategic Planning, Social Activities, Homecare, Information and Advice, Counselling, Home from Hospital Service & Supporting Community Recover, Wellbeing events, Research and In-house Training.

**Significant activities**

Over the years we have seen a steady growth in the Homecare Service that we provide, this year has again seen a stable number of Personal Care Assistants. We have reviewed our service charges with a small increase to commence in January 2024. It is important that the Homecare Service makes money as this goes towards supporting various other services. We are always looking at ways to recruit Personal Care Assistants, which can be challenging. This issue is being seen across the Care sector.

Our Current CEO is Stephanie Collins was appointed in August 2021. Stephanie is a former employee and Trustee and has therefore been involved with the Organisation for many years. Our Homecare Manager Antonia Kaisharis was approved by CQC as the new Registered Manager in 2023.

**REPORT OF THE TRUSTEES  
for the Year Ended 31 MARCH 2025**

**OBJECTIVES AND ACTIVITIES**

The **Homecare Service**, is an excellent and very highly recommended service, it continues to be the main source of unrestricted income for the organisation. Any profit made through this service goes towards covering costs for other services such as the **Let's Talk Service, Information & Advice and Well being events**. We will be applying for small grants to fund Well Being activities at Community House which we did in 2024 along with a Successful Older Persons Christmas event.

In May 2025 the **Take Home & Settle Service** and **New Home from Hospital Services** ended as the contract with Enfield Council came to an end. We successfully tendered for the New Home from Hospital and Supporting Community Recovery Lot 5 from Enfield Council which commenced in June 2025, this is funded by the NCL and ICB Enfield.

**Wellbeing Events** - we have made 2 consecutive funding applications to continue these events both of which have been successful. The funders were Local Motion and Meridian Waters Community Chest grant which will run until March 2026.

**ACHIEVEMENTS AND PERFORMANCE**

**Charitable activities**

The net incoming resources for the year amounted to £793,552. Of this £68,001 relates to restricted projects and £725,551 is the amount attributable to general reserves. A summary of the work of the charity is set out above and below.

**Corporate Activities**

Our drop-in centres were closed during Covid-19 and unfortunately, due to structural and management changes at Skinners Court, we have been unable to go back to using the facilities there. We have set up monthly wellbeing and activity days at Community House instead.

**Personal Budgets/Advice and Information**

Our offices are fully operational Mon - Fri and our part time advice officer is now able to provide information and advice face to face, or by phone. We are considering looking at a charging policy for the Direct Payment system, as this post is not currently funded.

**Take Home & Settle Service**

This service has now finished as a stand alone service but has been integrated into the Home from Hospital and Supporting Community Recovery service as of June 2025.

**New Home from Hospital Service & Supporting Community Recovery**

This is a new service however we are proud that we have already built up a good presence in North Middlesex Hospital and across the GP network in Enfield. The NHFH provision is a short-term service for Enfield residents aged over 18, this is to support people with low and very low-level needs as identified by risk assessment when discharged from hospital to prevent readmission and to signpost residents to other services in the Borough to best suit their needs.

**REPORT OF THE TRUSTEES  
for the Year Ended 31 MARCH 2025**

**Let's Talk**

This long standing project provides a Counselling service and is managed by our of our fully trained psychotherapist and continues to be oversubscribed. Since April 2021 the contract sits under Mind in Enfield and Barnet.

Antony Sigalas our qualified psychotherapist for the last 26 years has headed up this service. This has supported not just the Greek speaking community in North London, but all those residing in the borough of Enfield who may benefit from the Counselling service.

**Break the Cycle - Hot works Café**

I am pleased to say that we continue to run a very successful café for the Drug & Alcohol Services in the Borough. The original site at Claverings Industrial Estate has been sold by Enfield Council. We are being relocated to the Old Magistrates Court House in Enfield Town. There has been some upheaval whilst the building is being renovated and there are plans to put a permanent Café on site which is due to be completed in 2026. In the meantime we continue to support the service by preparing food and drinks, sandwiches and fruit and healthy snacks for service users to enjoy.

**Internal and external factors**

The cost of living crisis and annual increase in minimum wage (which we strive to exceed) along with the current Governments increase in Employer NI Contribution have impacted the Organisation.

The organisation continues to plan for any political changes by looking at commissioning rather than depending on grants. It is hoped that eventually the charity will become sustainable, however there have been a great number of difficulties in recruiting staff and increasing staff costs across the board.

**FINANCIAL REVIEW**

**Financial position**

Whilst in previous years there has been a steady growth in the Homecare Service, there have been ongoing recruitment issues in relation to recruiting new Personal Care Assistants. We are continually looking for ways to recruit staff however this has proved more challenging in the last year. We are managing to increase our customers and staff members to cope with the level of service provision. Unrestricted funds are used to pay for salaries that are not covered by grants and associated business costs, this also enables the continuation of the holistic services, such as, the Information and Advice Service, training and support, Let's Talk Service and supplements the Core Services e.g. the Wellbeing days and social activities for our service users when they are not funded.

The end of the year saw a good financial result based on strong financial management and a successful year of services. Costs are mainly contained within budget, with regard to non-match funding services and contained as agreed by the trustees for match funding services where applicable.

**Principal funding sources**

The London Borough of Enfield resource the New Home from Hospital Service. We are also funded via MindEB for the Let's Talk Counselling Service.

**Reserves policy**

The Trustees have determined to maintain reserves at a level sufficient to enable the charity to continue offering its services for at least six months should funding cease. This is considered sufficient to enable the trustees to source alternative funding. The Trustees will also apply the reserves towards any exceptional unforeseen costs, including funding of new services, central development of the charity's management, furniture and/or equipment and the training and development needs of its staff and volunteers.

In the future, we expect that the break the cycle cafe will move and so a fund is being built up for the costs for relocation and to buy new kitchen equipment.

**REPORT OF THE TRUSTEES  
for the Year Ended 31 MARCH 2025**

**FUTURE PLANS**

Last year the Directors in consultation with staff were committed to the continued growth and expansion of the organisation and the services it offers. There was support for a process of managed growth and the impact on the organisation. Due to the current worldwide economic hardship it is advisable to ensure that the organisations maintain the current status quo and ensures that the growth of the organisation is more organic in its approach.

The Directors and staff decided that continued growth was the only way forward by:

- (i) Developing and updating the business plans for each service area to analyse market potential and income opportunities.
- (ii) Review structure to include commissioning as a strategic priority.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Alpha Care Specialists Ltd, which is a company limited by guarantee not having a share capital governed by its Memorandum and Articles of Association, which can be found at Companies House. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the Charitable Company which we do not charge a fee for.

**Recruitment and appointment of new trustees**

The organisation is a company limited by guarantee (No. 3957802) governed by its Memorandum and Articles of Association the trustees are elected by the members of the organisation at the Annual General meeting. The chair of the trustees is nominated by the trustees at the first trustee meeting after the Annual General meeting. The trustees have the power to co-opt persons with a particular skill to contribute to the company. Co-opted members do not have a vote.

All members are circulated with invitations to nominate trustees prior to and at the AGM requesting nominations for the AGM.

**Organisational structure**

The board of Directors/Trustees, which can have up to nine Directors, administers the charity. The board meets every three months and, if applicable, sub-committees covering issues may meet more regularly. The CEO will provide email updates to the Directors if a meeting is unable to take place. A Chief Executive is appointed by the Directors to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the Directors, for operational matters including finance, employment and any charity related activities.

**Induction and training of new trustees**

All trustees undergo a training day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision processes, the business plan and recent financial performance of the charity. Trustees are encouraged to attend the AGM and appropriate external training events where these will facilitate the undertaking of their role. One Trustee L.Pilavakis resigned during the financial year and we are hoping to recruit further Trustee's.

**Risk management**

The Director's have a risk management strategy which comprises:

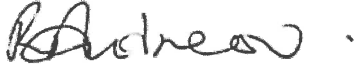
- An annual review of the risks the charity may face,
- Establishment of systems and procedures to mitigate those risks identified,
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

This work has not identified new risks but it has resulted in procedures and contingency plans in place. A key element in the management of financial risk is the setting of a reserves policy and its regular review by Directors. Alpha Cares reserves policy is to provide ongoing services for at least 6 months and takes into account contracts that will end in the next financial year and provision for redundancies should the need arise.

**REPORT OF THE TRUSTEES  
for the Year Ended 31 MARCH 2025**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23 January 2026 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R Andreou', followed by a period.

Ms R Andreou - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
ALPHA CARE SPECIALISTS LTD**

**Independent examiner's report to the trustees of Alpha Care Specialists Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Tara Aldwin ACA  
The Institute of Chartered Accountants in England and Wales

FKCA Limited  
260 - 270 Butterfield  
Great Marlings  
Luton  
Bedfordshire  
LU2 8DL

Date: .....

28 January 2026

**ALPHA CARE SPECIALISTS LTD**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
for the Year Ended 31 MARCH 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	-	68,000	68,000	64,080
<b>Charitable activities</b>					
Navigator services	5	40,644	-	40,644	37,392
New home from hospital		130,355	-	130,355	130,355
Lets talk		15,209	-	15,209	15,724
Provision for homecare services		412,682	-	412,682	451,643
Take home and settle		69,996	-	69,996	68,438
Peer practitioner		53,404	-	53,404	95,149
Other trading activities	3	-	-	-	4,488
Investment income	4	3,261	1	3,262	3,110
<b>Total</b>		<u>725,551</u>	<u>68,001</u>	<u>793,552</u>	<u>870,379</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Navigator services	6	34,975	-	34,975	35,310
New home from hospital		43,293	-	43,293	37,294
Lets talk		26,435	-	26,435	28,787
Provision for homecare services		514,535	-	514,535	505,539
Break the cycle		-	36,365	36,365	41,374
Take home and settle		30,391	-	30,391	86,926
Peer practitioner		16,117	-	16,117	46,332
<b>Total</b>		<u>665,746</u>	<u>36,365</u>	<u>702,111</u>	<u>781,562</u>
<b>NET INCOME</b>		<b>59,805</b>	<b>31,636</b>	<b>91,441</b>	<b>88,817</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		527,933	64,494	592,427	503,610
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>587,738</u></u>	<u><u>96,130</u></u>	<u><u>683,868</u></u>	<u><u>592,427</u></u>

The notes form part of these financial statements

**ALPHA CARE SPECIALISTS LTD (REGISTERED NUMBER: 03957802)**

**BALANCE SHEET  
31 MARCH 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	2,512	-	2,512	3,636
<b>CURRENT ASSETS</b>					
Debtors	13	36,652	5,000	41,652	77,846
Cash at bank		570,888	91,130	662,018	517,924
		<u>607,540</u>	<u>96,130</u>	<u>703,670</u>	<u>595,770</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(22,314)	-	(22,314)	(6,979)
<b>NET CURRENT ASSETS</b>		<u>585,226</u>	<u>96,130</u>	<u>681,356</u>	<u>588,791</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>587,738</u>	<u>96,130</u>	<u>683,868</u>	<u>592,427</u>
<b>NET ASSETS</b>		<u>587,738</u>	<u>96,130</u>	<u>683,868</u>	<u>592,427</u>
<b>FUNDS</b>	15				
Unrestricted funds:					
General fund				587,738	527,933
Restricted funds:					
Break the cycle				96,130	64,494
<b>TOTAL FUNDS</b>				<u>683,868</u>	<u>592,427</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**ALPHA CARE SPECIALISTS LTD (REGISTERED NUMBER: 03957802)**

**BALANCE SHEET - continued  
31 MARCH 2025**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 January 2026 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R Andreou', followed by a period.

Ms R Andreou - Trustee

**ALPHA CARE SPECIALISTS LTD**

**CASH FLOW STATEMENT  
for the Year Ended 31 MARCH 2025**

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	140,832	5,138
Net cash provided by operating activities		140,832	5,138
<b>Cash flows from investing activities</b>			
Interest received		3,262	3,110
Net cash provided by investing activities		3,262	3,110
<b>Change in cash and cash equivalents in the reporting period</b>		144,094	8,248
<b>Cash and cash equivalents at the beginning of the reporting period</b>		517,924	509,676
<b>Cash and cash equivalents at the end of the reporting period</b>		662,018	517,924

The notes form part of these financial statements

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE CASH FLOW STATEMENT  
for the Year Ended 31 MARCH 2025**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2025	2024
	£	£
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	91,441	88,817
<b>Adjustments for:</b>		
Depreciation charges	1,125	1,643
Interest received	(3,262)	(3,110)
Decrease/(increase) in debtors	36,194	(57,045)
Increase/(decrease) in creditors	15,334	(25,167)
	<u>140,832</u>	<u>5,138</u>
<b>Net cash provided by operations</b>	<u><u>140,832</u></u>	<u><u>5,138</u></u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
<b>Net cash</b>			
Cash at bank	517,924	144,094	662,018
	<u>517,924</u>	<u>144,094</u>	<u>662,018</u>
<b>Total</b>	<u><u>517,924</u></u>	<u><u>144,094</u></u>	<u><u>662,018</u></u>

The notes form part of these financial statements

## ALPHA CARE SPECIALISTS LTD

### NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MARCH 2025

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern.

The trust constitutes a public benefit entity as defined by FRS 102.

The significance of financial instruments to the ongoing financial sustainability of the Trust is considered in the financial review and investment policy and performance sections of the Trustees' Annual Report.

##### **Presentation currency**

The presentation currency of the financial statements is the Pound Sterling (£).

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Invoices to council and individuals are recognised when the service is provided.

Income from grants for specific activities is recognised when the charitable company is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations, fundraising and café income, are recognised on receipt.

Trade and other debtors are recognised at the settlement amount due

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Allocation and apportionment of costs**

Support costs are allocated on the following basis: number of staff (equivalent bodies)

##### **Tangible fixed assets**

Tangible fixed assets held for the company's own use are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each over its estimated useful life or, if held under finance lease, over the lease term, whichever is the shorter.

Plant and machinery	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 33% on reducing balance

# ALPHA CARE SPECIALISTS LTD

## NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MARCH 2025

### 1. ACCOUNTING POLICIES - continued

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### 2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Grants	<u>68,000</u>	<u>64,080</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Break the cycle	<u>68,000</u>	<u>64,080</u>

### 3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	<u>-</u>	<u>4,488</u>

### 4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>3,262</u>	<u>3,110</u>



**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31 MARCH 2025**

**5. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2025 £	2024 £
Navigator Services	Navigator services	40,644	37,392
New Home from Hospital	New home from hospital	130,355	130,355
Lets Talk	Lets talk	15,209	15,724
Provision of homecare services	Provision for homecare services	412,682	451,643
Take Home And Settle	Take home and settle	69,996	68,438
Peer Practitioner	Peer practitioner	53,404	95,149
		<u>722,290</u>	<u>798,701</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct	Staff Costs	Support Costs	Total
<b>Charitable activities</b>				
Navigator Services	403	31,962	2,613	34,978
New Home from Hospital	10,459	27,611	5,225	43,295
Lets Talk	1,013	22,809	2,613	26,435
Homecare	65,591	389,067	59,873	516,493
Take Home	2,174	25,604	2,613	30,391
Break the Cycle	3,792	34,304	-	36,365
Peer Practitioner	2,212	13,704	2,411	13,704
	<u>83,431</u>	<u>566,058</u>	<u>72,937</u>	<u>702,111</u>

**7. SUPPORT COSTS**

	£
Payroll provider fees	11,765
Wages (including employers NI and pension)	49,599
Insurance	7,284
Sundries	1,573
Rent	21,579
Subscriptions paid	3,127
Professional fees and third party services	256
Travel costs	199
Depn of plant & machinery	183
Depn of fixtures & fittings	426
Depn of computer equipment	1,902
Bank charges	19,286
Independent examiners, accountancy fees	5,573
	<u>122,752</u>

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31 MARCH 2025**

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Payroll provider costs	11,995	3,795
Depreciation - owned assets	1,124	1,645
Independent examiners fees	1,025	1,025
Independent examiners fees non IE work	4,549	4,278
	<u>          </u>	<u>          </u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**10. STAFF COSTS**

	2025	2024
	£	£
Wages and salaries	522,970	607,289
Social security costs	33,365	39,949
Other pension costs	9,723	8,446
	<u>          </u>	<u>          </u>
	<u>566,058</u>	<u>655,684</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Office staff	2	2
Homecare	20	22
Let's Talk	1	1
Break the cycle	1	1
Navigator services	1	1
New home from hospital	2	1
Take home and settle	1	3
Peer practitioner	-	1
	<u>          </u>	<u>          </u>
	<u>28</u>	<u>32</u>

No employees received emoluments in excess of £60,000.

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
for the Year Ended 31 MARCH 2025

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	-	64,080	64,080
<b>Charitable activities</b>			
Navigator services	37,392	-	37,392
New home from hospital	130,355	-	130,355
Lets talk	15,724	-	15,724
Provision for homecare services	451,643	-	451,643
Take home and settle	68,438	-	68,438
Peer practitioner	95,149	-	95,149
Other trading activities	4,488	-	4,488
Investment income	3,110	-	3,110
<b>Total</b>	<u>806,299</u>	<u>64,080</u>	<u>870,379</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Navigator services	35,310	-	35,310
New home from hospital	37,294	-	37,294
Lets talk	28,787	-	28,787
Provision for homecare services	505,539	-	505,539
Break the cycle	-	41,374	41,374
Take home and settle	86,926	-	86,926
Peer practitioner	46,332	-	46,332
<b>Total</b>	<u>740,188</u>	<u>41,374</u>	<u>781,562</u>
<b>NET INCOME</b>	66,111	22,706	88,817
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	461,822	41,788	503,610
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>527,933</u></u>	<u><u>64,494</u></u>	<u><u>592,427</u></u>

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31 MARCH 2025**

**12. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1 April 2024 and 31 March 2025	3,543	14,442	21,675	39,660
<b>DEPRECIATION</b>				
At 1 April 2024	3,314	13,874	18,836	36,024
Charge for year	46	141	937	1,124
At 31 March 2025	3,360	14,015	19,773	37,148
<b>NET BOOK VALUE</b>				
At 31 March 2025	183	427	1,902	2,512
At 31 March 2024	229	568	2,839	3,636

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Trade debtors	37,850	37,764
Accrued income	3,802	34,693
Prepayments	-	5,389
	41,652	77,846

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Trade creditors	2,527	-
Social security and other taxes	7,518	1,599
Other creditors	2,355	1,360
Accrued expenses	9,914	4,020
	22,314	6,979

**15. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	527,933	59,805	587,738
<b>Restricted funds</b>			
Break the cycle	64,494	31,636	96,130
<b>TOTAL FUNDS</b>	592,427	91,441	683,868

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	725,551	(665,746)	59,805
<b>Restricted funds</b>			
Break the cycle	68,001	(36,365)	31,636
<b>TOTAL FUNDS</b>	<u>793,552</u>	<u>(702,111)</u>	<u>91,441</u>

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	461,822	66,111	527,933
<b>Restricted funds</b>			
Break the cycle	41,788	22,706	64,494
<b>TOTAL FUNDS</b>	<u>503,610</u>	<u>88,817</u>	<u>592,427</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	806,299	(740,188)	66,111
<b>Restricted funds</b>			
Break the cycle	64,080	(41,374)	22,706
<b>TOTAL FUNDS</b>	<u>870,379</u>	<u>(781,562)</u>	<u>88,817</u>

**ALPHA CARE SPECIALISTS LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the Year Ended 31 MARCH 2025**

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	461,822	125,916	587,738
<b>Restricted funds</b>			
Break the cycle	41,788	54,342	96,130
<b>TOTAL FUNDS</b>	<u>503,610</u>	<u>180,258</u>	<u>683,868</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,531,850	(1,405,934)	125,916
<b>Restricted funds</b>			
Break the cycle	132,081	(77,739)	54,342
<b>TOTAL FUNDS</b>	<u>1,663,931</u>	<u>(1,483,673)</u>	<u>180,258</u>

**Break the cycle** - A café for the Drug & Alcohol Services in the Borough.

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025 (2024 : £NIL)