KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales · Charity number 1083901

Details

Other names	KINGS CROSS - BRUNSWICK NEIGHBOURHOOD, KCB
Status	Registered
Legal form	Charitable company
Company number	03929601
Registered	2000-11-30
Register	View on the Charity Commission register

Contact

Address	116 Maitland Park Road London NW3 2HE
Phone	07852223403
Email	nasim.ali@kcbna.org.uk
Website	www.kcbna.org.uk

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Activities

Objects: TO PROMOTE ALL OR ANY PURPOSE WHICH IS CHARITABLE ACCORDING TO ENGLISH LAW AND WHICH WILL BENEFIT THE INHABITANTS OF THE KING'S CROSS AND BRUNSWICK ELECTORAL WARDS OF THE LONDON BOROUGH OF CAMDEN (HEREINAFTER CALLED "THE AREA OF BENEFIT" WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL RELIGIOUS OR OTHER OPINIONS AND IN PARTICULAR (BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING):(A) BY ASSOCIATING TOGETHER THE SAID INHABITANTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE-TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS;(B) TO ESTABLISH OR SECURE THE ESTABLISHMENT OF COMMUNITY CENTRES (CURRENTLY THE MARCHMONT COMMUNITY CENTRE AND THE CHADSWELL HEALTHY LIVING CENTRE) AND TO MANAGE THE SAME (WHETHER ALONE OF IN CO-OPERATION WITH ANY LOCAL AUTHORITY OR OTHER PERSON OR BODY) IN FURTHERANCE OF THESE OBJECTS;(C) TO RELIEVE ELDERLY, SICK OR DISABLED INHABITANTS IN THE AREA OF BENEFIT;(D) TO RELIEVE ELDERLY PERSONS IN THE AREA OF BENEFIT;(E) TO PROMOTE THE PRESERVATION AND PROTECTION OF HEALTH FOR THE BENEFIT OF THE SAID INHABITANTS;(F) TO PROMOTE HIGH STANDARDS OF PLANNING AND ARCHITECTURE IN OR AFFECTING THE AREA OF BENEFIT.

Activities: The King's Cross Brunswick Neighbourhood Association is a registered charity that is led by local residents for the benefit of local residents. We have 3 community centres that provide a cradle to grave service to the diverse community of the King's Cross, Brunswick area of the London Borough of Camden. We work with Bangladeshi, Somali, Chinese, Refugee and indigenous white community.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Amateur Sport, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** KING'S CROSS AND BRUNSWICK WARDS OF THE LONDON BOROUGH OF CAMDEN
- Camden

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£611,951	£718,926	£1,209,057	18
2024-03-31	£660,092	£634,605	£1,316,032	18
2023-03-31	£479,150	£467,857	-	-
2022-03-31	£376,915	£535,530	-	-
2021-03-31	£791,370	£520,513	£1,437,867	22

Trustees

Name	Role	Appointed
Harun Kaji		2026-02-05
JOSEPH THEOPHILUS MACKENZIE ALLES		2012-01-27
Luul Maye		2022-03-30
MRS SALLY EDE		
RICCI DE FREITAS		
Rabia Khatun		2022-03-30
Rev CHRIS CAWRSE		
Rima Uddin		2024-04-17
UNITY GRIMWOOD		

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KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales - Charity number 1083901

Accounts

Company Number 03929601
Charity Number 1083901

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 March 2025

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
Report and Accounts
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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 31 March 2025

Status	:	The organisation is a charitable company limited by guarantee incorporated on 21 March 2000. It commenced its' charitable activities on 1 April 2001 when the assets of an unincorporated charity of the same name (Charity registration 1001872) were donated to it.
Governing Document	:	The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its' Articles of Association
Trustees	:	Ricci de Freitas (Chair) Unity Grimwood (Treasurer) Rev. Chris Cawrse (Vice Chair) Sally Ede Joseph Alles Rabia Khatun Mohammed Abdul Halim Miah (Resigned on 17/04/2024) Rima Uddin (Elected on 17/04/2024) Luul Maya Agram Musa (Resigned on 27/03/2025)
Company Number	:	3929601
Charity Number	:	1083901
Registered and Principal Office	:	Marchmont Community Centre 62 Marchmont Street London WC1N 1AB
Secretary	:	Nasim Ali OBE
Bankers	:	National Westminster Tavistock Square Branch Tavistock square London WC1H 9XA

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2025

The Trustees present their report and accounts for the year ended 31 March 2025.

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association and comply with the Companies Act 2006 and the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities Act 2011".

Structure, governance and management

The King's Cross-Brunswick Neighbourhood Association (KCB) is a charitable company limited by guarantee. The governance framework for the organisation is set out in the Memorandum and Article's of Association lodged with the Charities Commission and Companies House.

Recruitment and appointment of trustees

The organisation is governed by the Board of Trustees which consists of the Chair, the Vice Chair, the Treasurer and six representatives from the members, elected by the members at the Annual General Meeting.
All KCB Trustees must be residents of the King's Cross, Brunswick area. The Board of Trustees may also co-opt two further persons whether members or not, until the conclusion of the next AGM.

Trustee Induction and training

All the new trustees undergo an induction programme and are supplied with an information pack covering the governance structure and the policies and procedures of the organisation. Voluntary Action Camden provides a series of training workshops on management committee roles and responsibilities and trustees are encouraged to attend.

Risk Management

The Board of Trustees have conducted a review of major risks to which the charity may be exposed.

External Risks:

The significant external risk is that of reduction of funding. The Board of Trustees have developed a Reserves Policy to address any sudden withdrawal of core funding and are working towards implementing this fully as soon as possible. The Board of Trustees has developed a strategy that allows for diversification of funding for activities.

Internal Risks:

Financial risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of service for all operational aspects of the charitable company. These procedures are consistently reviewed to ensure they continue to meet the needs of the charity.

The potential loss of key personnel is minimised by offering staff career enhancing training, structured supervision, annual appraisal and paying the market value for their post.

Potential risks to clients and users is minimised by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before working unsupervised with any clients and users.

Potential risk to Trustees is minimised by insurance cover.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2025

Objectives and Activities

KCB has been tackling inequality, creating opportunities and transforming lives for over 45 years. Recognised and trusted by the community our mission is to improve the quality of life of local residents with their active involvement. The organisation is a registered charity (registration number 1083901).

Operating from Marchmont Community Centre, King's Cross Neighbourhood Centre (Youth Centre) and the Chadswell Healthy Living Centre and other local venues, we provide a broad range of services and projects for all ages from 10-5pm every day, supporting 7,000+ residents yearly. Activities are open to everyone, with targeted provision to address issues of inequality and deprivation and support our most vulnerable residents e.g. activities targeted at older people, children and young people, Bangladeshi, Somali, Chinese and other Black, Asian and minority ethnic communities. Working in partnership with other voluntary, statutory and community organisations to add value, promote collaborative working and ensure effective referral pathways our services include a diverse range of health and wellbeing, welfare and advice, training and employment projects.

As a strategic partner of Camden Council, member of Camden Community Centre's Consortium (C4) and Voluntary Action Camden (VAC) we actively participate in supporting Camden council to develop and implement strategic decisions across environment, health, housing and wellbeing to ensure local people have a voice in decision making e.g. engaging residents in consultations around Camden 2025 strategic plan, We Make Camden, HS2, Euston station development and the redevelopment of the Euston Tower.

Services, co-produced with residents and informed by council and NHS strategies are outcomes focused to address issues of inequality. Our focus is on early intervention, offering early help to people and preventing unnecessary suffering. We adopt a strength-based approach, supporting residents to identify their assets and existing support networks, building their confidence, knowledge and independence to address issues they may experience.

Our area of benefit includes eight lower super output areas of deprivation, highlighted by above Camden rates of working age adults in receipt of benefits, families receiving Lone Parents Allowance, tax credits or living in income deprivation or overcrowded accommodation, children living in poverty, older people living in deprivation, adults and children in the social care system. With issues compounded by the pandemic and cost of living crisis, ONS data indicates higher concentrations of fuel and food poverty than other Camden wards.

With such high levels of poverty and inequality in the area KCB provides an essential community resource. Our trusted reputation amongst hard-to-reach sections of the community e.g. refugee and BAME communities, isolated older people and disengaged young people, enables us to direct our resources where they are most needed, providing a targeted holistic service for our most vulnerable residents and ensuring effective pathways to wider health, housing and social care support services. With targeted services such as Warm Spaces where people can come, have hot refreshments and get information, advice and guidance about grants and benefits, youth work where young people can access training and employment advice and a range of social, health and wellbeing projects, KCB is providing critical care and support to tackle injustice and inequality, support good health, wellbeing and community connections.

Review of activities for the past year

In the past year the organisation has worked with children, young people, older people, Bangladeshi families, Somali families, Chinese families and refugee families. Our work with young people has received a lot of positive publicity locally and nationally. Our work has tackled inequality, created opportunities and transformed lives. Below is a more detailed breakdown of our work supporting our community during the past year through the cost of living crisis.

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TRUSTEES' REPORT
For the year ended 31 March 2025

Office for National Statistics and Low Income Family Tracker data suggests there are higher concentrations of fuel poverty in King's Cross compared to most other wards in the borough. They have the 8th highest number of households in fuel poverty according to LIFT data.

Low Income Family Tracker data suggests King's Cross has the 5th highest number of households experiencing food poverty in Camden wards based on this data.

There are higher concentrations of individuals receiving unemployment benefits, including income support and universal credit, in the ward.

The young people's education and mental health was severely impacted too.

What we did:

Supporting BAME Communities 970 members from Bangladeshi, Somali, Chinese and Afghan refugee members were supported. 20,405 interactions.

The Cost of living crisis, housing issues, food poverty, digital divide, loneliness, isolation and poor health are just some of the issues that have significantly impacted our user members over the past year.

Who they are: The majority of the people we supported were from Bangladeshi, Somali, Chinese and Afghan refugee communities including families and vulnerable older people.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness as they had communication with people
- Improvement in physical health, emotional and mental health, increase of income and benefits
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Housing, benefits and educational support for children from Afghan refugee families

What did we do?

We provided information, advice, guidance, English language classes, exercise classes, mental and emotional health advice, housing advice, support with benefit and grant claims. Supported Afghan refugee families to get benefits, clothing, food and school placements for their children. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English, use internet, emails or access other services. We provided the following services for the Somali community too:

· Healthy Eating – Eat Well, Pay Less and Cooking on a Diabetic Diet
· Felix foodbank weekly deliveries
· Fitness classes
· Multiply funded maths classes in partnership with Working Men's College – Formal maths qualifications achieved
· ESOL and sewing class
· Health sessions - Hydration Awareness, Say no to Ultra-processed Foods, Dementia and Wellbeing, Dementia and Weight loss, Stress Management, Wellness and Money Management

All the above activities took place at the Chadswell Healthy Living Centre and we are also looking at promoting the use of the gym at Chadswell and increasing the membership.

The cost of living crisis has caused so many problems and for some people it was a case of heating or eating. We were able to help by providing free or low cost food to our members and a warm welcome space too during the winter season.

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Food Delivery –10,050 food parcels delivered to or collected by 654 members
Access to food and lack of income to pay for food was a major issue for a majority of our members who are from Black Asian and Minority Ethnic Communities (BAME) and Older People.

Who they are:

We delivered food to disadvantaged and vulnerable members from BAME communities including large families living in overcrowding and older people. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English or access other services. This project was funded by Camden Giving and CIL funding. We also provided warm spaces during the winter period when people were scared to turn on their heating due to the cost. They could come to our warm space, save their money and get refreshments too.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation as they had communication with people delivering food
- Reduced hunger and improvement in physical health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

Supporting Older People in our Community- over 540 members, 1056 contacts

Who they are: Local vulnerable older people aged over 60 years of age from diverse communities. Many of our most vulnerable members in their 80's and 90's live in the Brunswick Centre Sheltered Housing

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness by being open a5 days a week and allowing members to see each other and spend time together.
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Providing a warm space where members could also get refreshments during the cost of living crisis and they were fearful of turning on their heating due to the extortionate costs.

What did we do:

We provided activities are Marchmont Community Centre 5 days a week for older people throughout the year.

The main thing which has remained constant has been the increasing needs of our local older people for support, safe social contacts and hot, nutritious, home cooked lunches. Tackling loneliness and isolation of older people has been a key issue for us.

Lunch Club – The weekly Lunch Club is a 'Support Group' in every possible sense of the word. We offered a hot lunch and even more important to our members, an opportunity to escape their small, lonely flats and 24-hour isolation to chat and socialise, safely, with their friends, every day. Approximately 5,400 lunches provided throughout the year to vulnerable older people.

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TRUSTEES' REPORT
For the year ended 31 March 2025

We have been able to increase our services to our Older People. They rely on us even more now, than they did before the pandemic, due to the years of increased isolation, reduction of services and the not to be underestimated cost of living crisis.

This is we have seen increases in the number of people accessing our exercise sessions, book club and film club too. The older people's forum has also been a fantastic place where senior members get together to develop their month programme of activities and raise any issues or celebrate successes.

Supporting Young People: Over 2,560 members, 8500+ engagements and contacts

Young people suffered physically, emotionally, mentally and their educational achievements suffered post Covid pandemic and now they were suffering from the cost of living crisis. Through the year, We designed and delivered sessions targeting the needs of the young people we work with. At the start of the period, we had 5 evenings a week of delivery including a girls only session, extending this to include some weekend activities too. These sessions helped young people to improve their physical and mental wellbeing and raise their educational achievements too.

Who They are:

Young people aged between 10-25 years of age from diverse communities

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement
- Improvement to their physical health due to provision of free holiday activities with hot food included.

What did we do?

HAF (Holiday Activity and Food) Project: Thanks to funding from Young Camden Foundation we were able to provide activities and food to young people during our school holiday programmes. Almost all of our young people have free school meals but these aren't provided during school holidays and due to the cost of living crisis, parents were finding it difficult to pay for food. We provided over 1000 meals to young people during the school holidays alongside engaging activities and trips. Trips included cinema, bowling, trampolining, swimming, amusement parks and more, with educational trips such as visits to natural parks to learn about animals and wildlife.

Holiday Programme: Our own holiday programmes saw young people input into the activities they wanted to do, to which we listened and were able to take young people to experience a whole host of activities. This included trips to amusement parks, go karting, paintballing, beaches, restaurants and so much more that our young people would not have the opportunity to experience as a result of their economic backgrounds.

Camden United: Our Monday Camden United session continues to create cohesion between different groups of young people spanning Camden, Westminster, Islington, Hackeny and even Brent and Haringey. This session specifically for over 18's supports the development of relationships between hard-to-reach groups of young people from their respective areas, and works to tackle issues of youth conflict and violence. Session attendance is on average 30+ per week!

Project Active - Weekly fitness sessions for young people to improve their physical and mental health, advice on goal setting, motivation and nutrition. The results of lockdown saw young people leading inactive lifestyles which in turn effects their mental health. Project Active encouraged young people to stay active and live a healthier life style whilst talking physical and mental health issues in our community. Up to 30 young people attended this session until it came to a close at the end of August.

Combat for Change – Developing on from Project Active, we launched Combat for Change in October, with the focus point being Mixed Martial Arts Sessions for young people, delivered by a professional fighter! Young people were able to build on the skills and knowledge from the broad Project Active sessions and apply this to a specific sport. Young people attending the classes developed their fitness further, along with their confidence and self-esteem. MMA Classes also allowed young people to channel their negative energy in a productive space, with young people reporting the session enhanced their control of anger and helped to safely release negative emotion.

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This project has 3 additional layers, a food service for those attending the classes, 1-2-1 mentoring for participants which gave young people a fit for purpose 1-2-1 space to discuss and unpick their challenges and emotions, as well as the delivery of social action projects tackling issues close to the young people. This final element of the project extends to the whole youth centre and projects delivered in this period saw all of our young people come together to make a change.

Youth Centre: Young people were consistently engaged in various centre-based programmes through the year. Sessions included a cooking and meal service once a week, delivering over 1600 meals in the year! Young people learnt about respect, mental health, prejudice, substances, youth crime and violence, and so much more through the year through guided conversations. Young people were empowered to realise and pursue their own ambitions with various young people starting multiple businesses, creating social media content, launching their own podcasts and more!

Girls Group (Now Young Women's Project): Our Young Women's Project followed similar themes to that of the youth centre programme, with additional activities such as skincare and self-care, dance, baking, creative art and more, as chosen by the young women. One of the biggest achievements of the group was the success of the Camden Mela stalls, where our young women made lucky dips, slime, bracelets, cupcakes, sanasoor and more, selling it to members of the community and raising over £600 in revenue!

Education employment and training support - One to one support was provided in person and via phone conversations. 35 young people have engaged over the past year receiving support with job applications, apprenticeships, CV's, job searches and more.

Regular phone calls and communication - Phone calls were made to our harder to reach and higher risk members to check in and let them know we are still here to support them, even if they didn't attend the youth centre. Regular calls to check in, share information, reassure, motivate and maintain connections were made on a monthly basis and we continue to do this.

Families: This year, we enhanced our parent and family engagement with the youth service! We delivered family fun days to open the youth centre out to younger children and families, and even had parents join some of our activities and trips through the year! The development of these relationships allowed us to deliver successful community events such as our Community Iftar, which saw over 100 visitors to our youth centre, including young people + families, members of the local community, community partners and funders, councillors and more!

Community Festivals

We were also the lead partner in organising the Camden Mela, which is one of the largest community festivals in Camden. This year 5-6,000 people from diverse communities attended. We had the vaccine and health buses there too. Hundreds of people had health checks and some had their vaccines too. We also provided hundreds of people with advice about dealing with the cost of living crisis and where to go to for help. This was an excellent event to promote community cohesion, improve health, wellbeing and tackle loneliness and isolation.

What's next:

Our ambition is to continue to develop services and the effectiveness and sustainability of our organisation to meet the following strategic aims:

- Reduce isolation, vulnerability, fear of crime and promote a sense of belonging among all residents

- Reduce health inequalities through enabling the local community to improve their health and well being

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• Enable those at risk of social exclusion to develop their potential and improve their opportunities to access education, employment and training

• Promote good community and race relations, social cohesion and celebrate the value of diversity

• Promote a safer, better and more sustainable environment

• Maintain a robust infrastructure and a sustainable organisation

To achieve these aims we will:

1. Develop a robust business plan that focuses on identifying and addressing the root causes of social challenges, evidenced by regular community engagement, monitoring and evaluation of our interventions and analysis of wider council and NHS research and strategic plans.

2. Co-produce with residents activities that empower them to be actively involved and create opportunities to connect and develop support networks.

3. Further enhance our reputation and development of partnerships and collaboration with other voluntary, community and statutory providers to improve our understanding of issues impacting our community, the resources available and referral pathways to support them, to add value to our delivery and share resources to increase our effectiveness and sustainability.

4. Develop a fundraising and development strategy that seeks to build upon our successful track record of generating voluntary income from a variety of sources to support local service delivery – improving upon our current ratio of securing in excess of 6 times the level of core funding received from Camden Council from other sources to support local residents.

5. Be an outcomes focused provider with an outcomes framework for all our service delivery with identified methods of monitoring and evaluation to measure impact.

6. Commit resources to development and implementation of a marketing and communications strategy that promotes awareness of our services, encouraging and supporting engagement of residents in need with whom we have yet to reach.

7. Build upon our connections with local young and older people, Bangladeshi, Somali, Chinese and Afghan communities to develop trust and promote engagement.

8. Improve our understanding of needs and opportunities within the King's Cross Central area to develop community partnerships.

9. Commit to supporting development of a trustee board that reflects the diversity of our community and has the knowledge, skills and experience to meet good governance and financial management standards, alongside volunteer and staff management and development procedures that support a diverse and inclusive culture, engagement and personal development opportunities.

10. Invest resources in securing voluntary funding to support development of our Kings Cross Neighbourhood Centre to improve assets available to support local residents.

11. Ensure appropriate staff and management resources to actively engage in local networks and forums to be a voice of change for tackling the root causes of inequality and to learn from others to promote best practice and collaborative working.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2025

We continue to support our service users through new approaches and are continuously adapting our delivery. Our users need us more now as many have & will feel the devastating effects of this pandemic and crisis for many months to come.

The work that has been done has included community safety, employment training, advice, guidance, and health promotion work to support community cohesion and challenge racism and inequality. This has been a more challenging year as a lot of our big grants had ended and we had to re-structure our youth team.

KCB has once again exceeded all of its' quantitative and qualitative targets in all areas of work. The monitoring returns and feedback received from service users demonstrates that KCB was successful in improving the social and emotional development of the local residents and improving their quality of life.

The support of our staff team and volunteers has been invaluable, without which we would not have been able to offer such an extensive variety of activities and projects throughout the year. We would like to thank all the volunteers and staff members.

KCB has excellent relations with statutory, voluntary sector partners and charities. KCB has extensive partnership arrangements with the London Borough of Camden.

Our main funders this year are the London Borough of Camden, John Lyon's Charity, The Headley Trust, Paul Hamlyn Foundation, The Hadley Trust, Young Camden Foundation, St Andrew Holborn Charities, Camden Giving, British Land, Francis Crick Institute, B&Q Foundation, The Mercers Foundation, The Runnymede Trust, LabTech, CityBridge Foundation, London Youth, Jack Petchey Foundation, the National Lottery, Fitzdale Trust and St Pancras Thanet Street Trust. We also received small amounts of funding from various other funders. We would like to thank all the funders for their generosity and support

The funds raised during the year have been applied prudently to meet the Charity's objectives. All assets are held for the organisation to carry out its' normal charitable and administrative activities.

Transaction and Financial Position

The statement of financial activities shows income for the year of £611,951 with expenditure of £718,927 at the

Reserves Policy

In line with Charity Commission recommendations the KCBNA Board of Trustees aim to achieve a level of unrestricted reserve which is sufficient to cover 6 months operating costs and 6 months staff salary costs. The current estimated operating costs per annum is £443,306. The sum identified for reserves is £221,653. The current estimated annual salary cost is £275,621. The sum identified for reserves is £137,810.5. The total sum identified for reserves is therefore £359,463.5. We are pleased to report that we have sufficient funds in our reserves but we have plans to redevelop our King's Cross Neighbourhood Centre into a community hub. We have received planning permission for the redevelopment and the estimated cost of the redevelopment is £3 million pounds. Any surplus reserves will be used for the redevelopment.

Statement of Trustees Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the charities SORP;

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TRUSTEES' REPORT
For the year ended 31 March 2025

- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on ~~8th October~~ 5th November 2025 and signed on its behalf by:

Nasim Ali OBE
Company Secretary

Independent Examiner's Report to the Trustees of
KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

I report on the accounts for the year ended 31 March 2024 set out on pages twelve to sixteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act

- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and

- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 of the Companies Act 2006, and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Moshin Miah
MSCO
Chartered Certified Accountants
100 Mile End Road
London
E1 4UN
Date: 5/11/2025

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Statement of Financial Activities (incorporating an income and expenditure account)

for the year ended 31 March 2025

	Note	Un-restricted funds £	Restricted Revenue funds £	Fixed Asset Funds funds £	2025 £	2024 £
INCOMING RESOURCES						
Donations	5	2,000			2,000	
CJRS Grant						
Activities in furtherance of the charity's objects:						
Youth		1,500	230,986		232,486	211,976
Health		12,500	700		13,200	18,900
Family		10,465	31,575		42,040	69,749
Community		4,775	47,565		52,340	52,074
Senior Citizens		11,914	56,410		68,324	81,560
Other Projects		11,500	12,054		23,554	21,120
Support Costs		124,589	6,500		131,089	136,704
Activities to generate funds:						
Letting income, user member's income		38,096			38,096	59,060
Interest receivable		8,822			8,822	8,949
TOTAL INCOMING RESOURCES	2	226,161	385,790		611,951	660,092
RESOURCES EXPENDED						
Charitable expenditure						
Youth		5,500	260,582		266,082	217,717
Family		10,735	44,554		55,289	48,610
Health		24,944	700		25,644	26,850
Community		500	68,959		69,459	44,054
Senior Citizens		13,702	56,410		70,112	44,456
Other Projects		38,015	12,054		50,069	73,953
Support Costs		125,052	38,738		163,790	160,136
	3	218,448	481,997		700,445	615,776
Governance costs	4	2,000		16,481	18,481	18,829
Cost of Generating Funds					-	
TOTAL RESOURCES EXPENDED		220,448	481,997	16,481	718,926	634,605
Net income resources		5,713	(96,207)	(16,481)	(106,975)	25,487
Transfer between funds						
NET MOVEMENT IN FUNDS		5,713	(96,207)	(16,481)	(106,975)	25,487
TOTAL FUNDS AT 1 APRIL 2024		397,265	96,207	822,560	1,316,032	1,290,545
TOTAL FUNDS AT 31 MARCH 2025		402,978	-	806,079	1,209,057	1,316,032

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Balance Sheet
as at 31 March 2025

	Notes	£	2025 £	2024 £
FIXED ASSETS				
Tangible assets	7		806,079	822,560
CURRENT ASSETS:				
Cash at bank and in hand		525,403		669,592
		525,403		669,592
CREDITORS: amounts falling due within one year	8	(122,425)		(176,120)
NET CURRENT ASSETS:			402,978	493,472
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,209,057	1,316,032
INCOME FUNDS				
Unrestricted funds			402,978	397,265
Restricted funds:				
Restricted Capital funds				
Restricted Revenue funds:	11		-	96,207
Fixed Asset funds			806,079	822,560
TOTAL FUNDS			1,209,057	1,316,032

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard 102 Section 1A.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company. These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on ~~9th October~~ 5th November 2025 and were signed on its behalf by:

.....
Ricci de Freitas - Chair:

1. ACCOUNTING POLICIES

Accounting convention

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

Incoming Resources

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of investments to market value, in accordance with the Companies Act 1985, Financial Reporting Standard for Smaller Entities and the statement of Recommended practice for Charitis 2005 ("SORP") and the Companies Act 1985

Tangible fixed assets

All fixed assets are capitalised at cost (subject to a £ 100 de minimus below which they are written of in the year of acquisition). Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Depreciation is not provided in the year of acquisition.

Fixtures and fittings	-25% reducing balance
Improvement to Property	-2% of cost

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

2. Incoming resources from various funders

	Restricted		Unrestricted	2025	2024
	£	£	£	£	£
	Revenue	Capital			
Young Camden Foundation	21,995			21,995	19,204
Headley Trust	20,000			20,000	30,000
The National Lottery	37,774			37,774	17,774
L B Camden	5,400		106,010	111,410	135,500
The Hadley Trust	30,000			30,000	
The Mercer's Foundation	35,000			35,000	
CIL Funding	28,500			28,500	79,435
John Lyon's Charity	50,000			50,000	40,000
Paul Hamlyn	17,500			17,500	17,500
Sporting Equals					5,570
L B Camden - Universal Provision	17,250			17,250	17,250
The Fitzdale Trust	3,000			3,000	3,000
London Youth	3,375			3,375	
St Andrews Holborn Charities	21,400			21,400	20,000
St.Pancras Thanet Street Trust			17,000	17,000	17,000
British Land	15,000			15,000	5,000
Camden Giving	49,825			49,825	87,013
Other	17,030		103,151	120,181	157,636
Health Watch Camden	700			700	3,410
Jack Petchey Foundation	2,041			2,041	1,800
LabTech	10,000			10,000	1,000
Lendlease					2,000
	385,790		226,161	611,951	660,092

The notes form part of these financial statements

3. TOTAL RESOURCES EXPENDED

	Restricted	Unrestricted	2025	2024
	£	£	£	£
Youth	260,582	5,500	266,082	217,717
Family	44,554	10,735	55,289	48,610
Health	700	24,944	25,644	26,850
Community	68,959	500	69,459	44,054
Senior Citizen	56,410	13,702	70,112	44,456
Support Costs	38,738	125,052	163,790	160,136
Other Projects	12,054	38,015	50,069	73,953
Total	481,997	218,448	**700,445**	615,776

4. Governance Costs

	2025	2024
Depreciation	16,481	16,829
Governance Costs	2,000	2,000
	18,481	18,829

Net incoming resources for the year

This is stated after charging:	2025	2024
	£	£
Depreciation-owned assets	32	45
Independent Examiners' remuneration	2,000	2,000
Directors' emoluments and other benefits etc.	-	-

5. Donation Received

General donations were received in the year 2025:£2,000.(2024:Nil).

6. Taxation

The charitable company is exempt from corporation tax on its charitable activities

7. Tangible Fixed assets

	Fixtures and fittings	Improvement to leasehold premises	Total
	£	£	£
COST:			
At 1 April 2024	37,908	1,119,698	1,157,606
At 31 March 2025	37,908	1,119,698	1,157,606
DEPRECIATION			
At 1 April 2024	37,777	297,269	335,046
Charge for the year	32	16,449	16,481
At 31 March 2025	37,809	313,718	351,527
NET BOOK VALUE:			
At 31 March 2025	**99**	**805,980**	**806,079**
AT 31 MARCH 2024	131	822,429	822,560

Note: No depreciation has been charged in the year of acquisition of the asset.

8. Creditors: amount falling due within one year

	2025	2024
	£	£
Accruals	17,260	17,260
Other	105,165	158,860
	122,425	176,120

9. Members Liability

The company is limited by guarantee and therefore has no share capital, under the provisions of s30 of the Companies Act. The liability of each member of the charity is limited to £1.

10. Employees

Number of employees

The average monthly number of employees during the year was:

	2025
Client services and projects	15
Management and Administration	3
	18

No employee received remuneration of more than £70,000 (2024:nil)

11. Restricted funds

	Brought Forward	Restricted Incoming resources	Restricted Resources expended	Carried Forward
		£		
Incoming resources				
Activities in furtherance of the chairty's objects:				
Other Projects	-	12,054	12,054	-
Youth	29,596	230,986	260,582	-
Community	21,394	47,565	68,959	-
Health		700	700	-
Senior Citizens		56,410	56,410	-
Family	12,979	31,575	44,554	-
Support Costs	32,238	6,500	38,738	-
	96,207	385,790	481,997	-

KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales - Charity number 1083901

Accounts

Company Number 03929601
Charity Number 1083901

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 March 2024

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
Report and Accounts
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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 31 March 2024

Status	:	The organisation is a charitable company limited by guarantee incorporated on 21 March 2000. It commenced its' charitable activities on 1 April 2001 when the assets of an unincorporated charity of the same name (Charity registration 1001872) were donated to it.
Governing Document	:	The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its' Articles of Association
Trustees	:	Ricci de Freitas (Chair) Unity Grimwood (Treasurer) Rev. Chris Cawrse (Vice Chair) Sally Ede Joseph Alles Rabia Khatun Mohammed Abdul Halim Miah Luul Maya Agram Musa
Company Number	:	3929601
Charity Number	:	1083901
Registered and Principal Office	:	Marchmont Community Centre 62 Marchmont Street London WC1N 1AB
Secretary	:	Nasim Ali OBE
Bankers	:	National Westminster Tavistock Square Branch Tavistock square London WC1H 9XA

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2024

The Trustees present their report and accounts for the year ended 31 March 2024.

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association and comply with the Companies Act 2006 and the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities Act 2011".

Structure, governance and management

The King's Cross-Brunswick Neighbourhood Association (KCB) is a charitable company limited by guarantee. The governance framework for the organisation is set out in the Memorandum and Article's of Association lodged with the Charities Commission and Companies House.

Recruitment and appointment of trustees

The organisation is governed by the Board of Trustees which consists of the Chair, the Vice Chair, the Treasurer and six representatives from the members, elected by the members at the Annual General Meeting.
All KCB Trustees must be residents of the King's Cross, Brunswick area. The Board of Trustees may also co-opt two further persons whether members or not, until the conclusion of the next AGM.

Trustee Induction and training

All the new trustees undergo an induction programme and are supplied with an information pack covering the governance structure and the policies and procedures of the organisation. Voluntary Action Camden provides a series of training workshops on management committee roles and responsibilities and trustees are encouraged to attend.

Risk Management

The Board of Trustees have conducted a review of major risks to which the charity may be exposed.

External Risks:

The significant external risk is that of reduction of funding. The Board of Trustees have developed a Reserves Policy to address any sudden withdrawal of core funding and are working towards implementing this fully as soon as possible. The Board of Trustees has developed a strategy that allows for diversification of funding for activities.

Internal Risks:

Financial risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of service for all operational aspects of the charitable company. These procedures are consistently reviewed to ensure they continue to meet the needs of the charity.

The potential loss of key personnel is minimised by offering staff career enhancing training, structured supervision, annual appraisal and paying the market value for their post.

Potential risks to clients and users is minimised by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before working unsupervised with any clients and users.

Potential risk to Trustees is minimised by insurance cover.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2024

Objectives and Activities

KCB has been tackling inequality, creating opportunities and transforming lives for over 44 years. Recognised and trusted by the community our mission is to improve the quality of life of local residents with their active involvement. The organisation is a registered charity (registration number 1083901).

Operating from Marchmont Community Centre, King's Cross Neighbourhood Centre (Youth Centre) and the Chadswell Healthy Living Centre and other local venues, we provide a broad range of services and projects for all ages from 10-5pm every day, supporting 6,000+ residents yearly. Activities are open to everyone, with targeted provision to address issues of inequality and deprivation and support our most vulnerable residents e.g. activities targeted at older people, children and young people, Bangladeshi, Somali, Chinese and other Black, Asian and minority ethnic communities. Working in partnership with other voluntary, statutory and community organisations to add value, promote collaborative working and ensure effective referral pathways our services include a diverse range of health and wellbeing, welfare and advice, training and employment projects.

As a strategic partner of Camden Council, member of Camden Community Centre's Consortium (C4) and Voluntary Action Camden (VAC) we actively participate in supporting Camden council to develop and implement strategic decisions across environment, health, housing and wellbeing to ensure local people have a voice in decision making e.g. engaging residents in consultations around Camden 2025 strategic plan, We Make Camden, HS2, Euston station development and the redevelopment of the Euston Tower.

Services, co-produced with residents and informed by council and NHS strategies are outcomes focused to address issues of inequality. Our focus is on early intervention, offering early help to people and preventing unnecessary suffering. We adopt a strength-based approach, supporting residents to identify their assets and existing support networks, building their confidence, knowledge and independence to address issues they may experience.

Our area of benefit includes eight lower super output areas of deprivation, highlighted by above Camden rates of working age adults in receipt of benefits, families receiving Lone Parents Allowance, tax credits or living in income deprivation or overcrowded accommodation, children living in poverty, older people living in deprivation, adults and children in the social care system. With issues compounded by the pandemic and cost of living crisis, ONS data indicates higher concentrations of fuel and food poverty than other Camden wards.

With such high levels of poverty and inequality in the area KCB provides an essential community resource. Our trusted reputation amongst hard-to-reach sections of the community e.g. refugee and BAME communities, isolated older people and disengaged young people, enables us to direct our resources where they are most needed, providing a targeted holistic service for our most vulnerable residents and ensuring effective pathways to wider health, housing and social care support services. With targeted services such as Warm Spaces where people can come, have hot refreshments and get information, advice and guidance about grants and benefits, youth work where young people can access training and employment advice and a range of social, health and wellbeing projects, KCB is providing critical care and support to tackle injustice and inequality, support good health, wellbeing and community connections.

Review of activities for the past year

In the past year the organisation has worked with children, young people, older people, Bangladeshi families, Somali families, Chinese families and refugee families. Our work with young people has received a lot of positive publicity locally and nationally. Our work has tackled inequality, created opportunities and transformed lives. Below is a more detailed breakdown of our work supporting our community during the past year through the cost of living crisis.

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TRUSTEES' REPORT
For the year ended 31 March 2024

Office for National Statistics and Low Income Family Tracker data suggests there are higher concentrations of fuel poverty in King's Cross compared to most other wards in the borough. They have the 8th highest number of households in fuel poverty according to LIFT data.

Low Income Family Tracker data suggests King's Cross has the 5th highest number of households experiencing food poverty in Camden wards based on this data.

There are higher concentrations of individuals receiving unemployment benefits, including income support and universal credit, in the ward.

The young people's education and mental health was severely impacted too.

What we did:

Supporting BAME Communities 945 members from Bangladeshi, Somali, Chinese and Afghan refugee members were supported. 19,385 interactions.

BAME communities were disproportionately impacted by COVID-19 due to various reasons including living in overcrowded housing, low income, language barriers, digital divide, lack of awareness about COVID-19 etc and now, years later, the Cost of living crisis continues to disproportionately impact them due to similar inequalities.

Who they are: The majority of the people we supported were from Bangladeshi, Somali, Chinese and Afghan refugee communities including families and vulnerable older people.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness as they had communication with people
- Improvement in physical health, emotional and mental health, increase of income and benefits
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Housing, benefits and educational support for children from Afghan refugee families

What did we do?

We provided information, advice, guidance, English language classes, exercise classes, mental and emotional health advice, housing advice, support with benefit and grant claims. Supported Afghan refugee families to get benefits, clothing, food and school placements for their children. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English, use internet, emails or access other services. We provided the following services for the Somali community too:

· Healthy Eating – Eat Well, Pay Less and Cooking on a Diabetic Diet
· Felix foodbank weekly deliveries
· Fitness classes
· Multiply funded maths classes in partnership with Working Men's College – Formal maths qualifications achieved
· ESOL and sewing class
· Health sessions - Hydration Awareness, Say no to Ultra-processed Foods, Dementia and Wellbeing, Dementia and Weight loss, Stress Management, Wellness and Money Management

All the above activities took place at the Chadswell Healthy Living Centre and we are also looking at promoting the use of the gym at Chadswell and increasing the membership.

The cost of living crisis has caused so many problems and for some people it was a case of heating or eating. We were able to help by providing free or low cost food to our members. We will try and increase this too.

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Food Delivery –9,755 food parcels delivered to or collected by 594 members
Access to food and lack of income to pay for food was a major issue for a majority of our members who are from Black Asian and Minority Ethnic Communities (BAME) and Older People.

Who they are:

We delivered food to disadvantaged and vulnerable members from BAME communities including large families living in overcrowding and older people. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English or access other services. This project was funded by Camden Giving and CIL funding. We also provided warm spaces during the winter period when people were scared to turn on their heating due to the cost. They could come to our warm space, save their money and get refreshments too.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation as they had communication with people delivering food
- Reduced hunger and improvement in physical health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

Supporting Older People in our Community- over 400 members, 9252 contacts

Who they are: Local vulnerable older people aged over 60 years of age from diverse communities. Many of our most vulnerable members in their 80's and 90's live in the Brunswick Centre Sheltered Housing

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness by being open a5 days a week and allowing members to see each other and spend time together.
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Providing a warm space where members could also get refreshments during the cost of living crisis and they were fearful of turning on their heating due to the extortionate costs.

What did we do:

We provided activities are Marchmont Community Centre 5 days a week for older people throughout the year.

The main thing which has remained constant has been the increasing needs of our local older people for support, safe social contacts and hot, nutritious, home cooked lunches. Tackling loneliness and isolation of older people has been a key issue for us.

Lunch Club – The weekly Lunch Club is a 'Support Group' in every possible sense of the word. We offered a hot lunch and even more important to our members, an opportunity to escape their small, lonely flats and 24-hour isolation to chat and socialise, safely, with their friends, every day. Approximately 5,200 lunches provided throughout the year to vulnerable older people.

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We have been able to increase our services to our Older People. They rely on us even more now, than they did before the pandemic, due to the years of increased isolation, reduction of services and the not to be underestimated cost of living crisis.

We have seen increases in the number of people accessing our exercise sessions, book club and film club too. The older people's forum has also been a fantastic place where senior members get together to develop their month programme of activities and raise any issues or celebrate successes.

Supporting Young People: Over 350 members, 8000+ engagements and contacts

Young people suffered physically, emotionally, mentally and their educational achievements suffered post Covid pandemic and now they were suffering from the cost of living crisis. Through the year,we designed and delivered sessions targeting the needs of the young people we work with. At the start of the period, we had 4 evenings a week of delivery including a girls only session, extending this to 5 by the close of the financial year. These sessions helped young people to improve their physical and mental wellbeing and raise their educational achievements too.

Who They are:

Young people aged between 10-25 years of age from diverse communities

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement
- Improvement to their physical health due to provision of free holiday activities with hot food included.

What did we do?

HAF (Holiday Activity and Food) Project: Thanks to funding from Young Camden Foundation we were able to provide activities and food to young people during our school holiday programmes. Almost all of our young people have free school meals but these aren't provided during school holidays and due to the cost of living crisis, parents were finding it difficult to pay for food. We provided over 1000 meals to young people during the school holidays alongside engaging activities and trips. Trips included cinema, bowling, trampolining, swimming, amusement parks and more, with educational trips such as visits to natural parks to learn about animals and wildlife.

Holiday Programme: Our own holiday programmes saw young people input into the activities they wanted to do, to which we listened and were able to take young people to experience a whole host of activities. This included trips to amusement parks, go karting, paintballing, beaches, restaurants and so much more that our young people would not have the opportunity to experience as a result of their economic backgrounds.

Camden United: Our Monday Camden United session continues to create cohesion between different groups of young people spanning Camden, Westminster, Islington, Hackeny and even Brent and Haringey. This session specifically for over 18's supports the development of relationships between hard-to-reach groups of young people from their respective areas, and works to tackle issues of youth conflict and violence. Session attendance is on average 30+ per week!

Project Active - Weekly fitness sessions for young people to improve their physical and mental health, advice on goal setting, motivation and nutrition. The results of lockdown saw young people leading inactive lifestyles which in turn effects their mental health. Project Active encouraged young people to stay active and live a healthier life style whilst talking physical and mental health issues in our community. Up to 30 young people attended this session until it came to a close at the end of August.

Combat for Change – Developing on from Project Active, we launched Combat for Change in October, with the focus point being Mixed Martial Arts Sessions for young people, delivered by a professional fighter! Young people were able to build on the skills and knowledge from the broad Project Active sessions and apply this to a specific sport. Young people attending the classes developed their fitness further, along with their confidence and self-esteem. MMA Classes also allowed young people to channel their negative energy in a productive space, with young people reporting the session enhanced their control of anger and helped to safely release negative emotion.

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This project has 3 additional layers, a food service for those attending the classes, 1-2-1 mentoring for participants which gave young people a fit for purpose 1-2-1 space to discuss and unpick their challenges and emotions, as well as the delivery of social action projects tackling issues close to the young people. This final element of the project extends to the whole youth centre and projects delivered in this period saw all of our young people come together to make a change. The first of 2 projects saw our young people raise funds and make a donation of food and toys to educational establishments in Bangladesh, where young people face tougher challenges than those in London. The second project, titled 'Kupcakes with Kindness' saw our young people bake, decorate and deliver 200 cupcakes to a local school, as well as members of the local community. The plan is to deliver 4 social action projects per year!

Youth Centre: Young people were consistently engaged in various centre-based programmes through the year. Sessions included a cooking and meal service once a week, delivering over 1500 meals in the year! Young people learnt about respect, mental health, prejudice, substances, youth crime and violence, and so much more through the year through guided conversations. Young people were empowered to realise and pursue their own ambitions with various young people starting multiple businesses, creating social media content, launching their own podcasts and more!

Girls Group (Now Young Women's Project): Our Young Women's Project followed similar themes to that of the youth centre programme, with additional activities such as skincare and self-care, dance, baking, creative art and more, as chosen by the young women. One of the biggest achievements of the group was the success of the mela stalls across 3 melas, where our young women made lucky dips, slime, bracelets, cupcakes, sanasoor and more, selling it to members of the community and raising over £500 in revenue!

Education employment and training support - One to one support was provided in person and via phone conversations. 30 young people have engaged over the past year receiving support with job applications, apprenticeships, CV's, job searches and more.

Regular phone calls and communication - Phone calls were made to our harder to reach and higher risk members to check in and let them know we are still here to support them, even if they didn't attend the youth centre. Regular calls to check in, share information, reassure, motivate and maintain connections were made on a monthly basis and we continue to do this.

Families: This year, we aimed to enhance parent and family engagement with the youth service! We delivered family fun days to open the youth centre out to younger children and families, and even had parents join some of our activities and trips through the year! The development of these relationships allowed us to deliver successful community events such as our Community Iftar, which saw over 100 visitors to our youth centre, including young people + families, members of the local community, community partners and funders, councillors and more!

Community Festivals

We were also the lead partner in organising the Camden Mela, which is one of the largest community festivals in Camden. Last year 4-5,000 people from diverse communities attended. We had the vaccine and health buses there too. Hundreds of people had health checks and some had their vaccines too. We also provided hundreds of people with advice about dealing with the cost of living crisis and where to go to for help. This was an excellent event to promote community cohesion, improve health, wellbeing and tackle loneliness and isolation.

What's next:

Our ambition is to continue to develop services and the effectiveness and sustainability of our organisation to meet the following strategic aims:

- Reduce isolation, vulnerability, fear of crime and promote a sense of belonging among all residents

- Reduce health inequalities through enabling the local community to improve their health and well being

Cont/..d

• Enable those at risk of social exclusion to develop their potential and improve their opportunities to access education, employment and training

• Promote good community and race relations, social cohesion and celebrate the value of diversity

• Promote a safer, better and more sustainable environment

To achieve these aims we will:

1. Develop a robust business plan that focuses on identifying and addressing the root causes of social challenges, evidenced by regular community engagement, monitoring and evaluation of our interventions and analysis of wider council and NHS research and strategic plans.

2. Co-produce with residents activities that empower them to be actively involved and create opportunities to connect and develop support networks.

3. Further enhance our reputation and development of partnerships and collaboration with other voluntary, community and statutory providers to improve our understanding of issues impacting our community, the resources available and referral pathways to support them, to add value to our delivery and share resources to increase our effectiveness and sustainability.

4. Develop a fundraising and development strategy that seeks to build upon our successful track record of generating voluntary income from a variety of sources to support local service delivery – improving upon our current ratio of securing in excess of 6 times the level of core funding received from Camden Council from other sources to support local residents.

5. Be an outcomes focused provider with an outcomes framework for all our service delivery with identified methods of monitoring and evaluation to measure impact.

6. Commit resources to development and implementation of a marketing and communications strategy that promotes awareness of our services, encouraging and supporting engagement of residents in need with whom we have yet to reach.

7. Build upon our connections with local young and older people, Bangladeshi, Somali, Chinese and Afghan communities to develop trust and promote engagement.

8. Improve our understanding of needs and opportunities within the King's Cross Central area to develop community partnerships.

9. Commit to supporting development of a trustee board that reflects the diversity of our community and has the knowledge, skills and experience to meet good governance and financial management standards, alongside volunteer and staff management and development procedures that support a diverse and inclusive culture, engagement and personal development opportunities.

10. Invest resources in securing voluntary funding to support development of our Kings Cross Neighbourhood Centre to improve assets available to support local residents.

11. Ensure appropriate staff and management resources to actively engage in local networks and forums to be a voice of change for tackling the root causes of inequality and to learn from others to promote best practice and collaborative working.

Cont/..d

TRUSTEES' REPORT
For the year ended 31 March 2024

We continue to support our service users through new approaches and are continuously adapting our delivery. Our users need us more now as many have & will feel the devastating effects of this pandemic and crisis for many months to come.

The work that has been done has included community safety, employment training, advice, guidance, and health promotion work to support community cohesion and challenge racism and inequality. This has been a more challenging year as a lot of our big grants had ended and we had to re-structure our youth team.

KCB has once again exceeded all of its' quantitative and qualitative targets in all areas of work. The monitoring returns and feedback received from service users demonstrates that KCB was successful in improving the social and emotional development of the local residents and improving their quality of life.

The support of our staff team and volunteers has been invaluable, without which we would not have been able to offer such an extensive variety of activities and projects throughout the year. We would like to thank all the volunteers and staff members.

KCB has excellent relations with statutory, voluntary sector partners and charities. KCB has extensive partnership arrangements with the London Borough of Camden.

Our main funders this year are the London Borough of Camden, John Lyon's Charity, The Headley Trust, Young Camden Foundation, Paul Hamlyn,St Andrew Holborn Charities, Camden Giving, British Land, Jack Petchey Foundation, the National Lottery, Fitzdale Trust and St Pancras Thanet Street Trust. We also received small amounts of funding from various other funders. We would like to thank all the funders for their generosity and support.

The funds raised during the year have been applied prudently to meet the Charity's objectives. All assets are held for the organisation to carry out its' normal charitable and administrative activities.

Transaction and Financial Position

The statement of financial activities shows income for the year of £660,092 with expenditure of £634,605. At the end of this year we carry forward unrestricted reserves of £397,265.

Reserves Policy

In line with Charity Commission recommendations the KCBNA Board of Trustees aim to achieve a level of unrestricted reserve which is sufficient to cover 6 months operating costs and 6 months staff salary costs. The current estimated operating costs per annum is £369,032. The sum identified for reserves is £184,516. The current estimated annual salary cost is £265,573. The sum identified for reserves is £132,787. The total sum identified for reserves is therefore £317,303. We are pleased to report that we have sufficient funds in our reserves but we have plans to redevelop our King's Cross Neighbourhood Centre into a community hub. We have received planning permission for the redevelopment and the estimated cost of the redevelopment is £3 million pounds. Trustees would like to designate £80,000 to kick start the fundraising for the refurbishment.

Statement of Trustees Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the charities SORP;

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- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on 9th October 2024 and signed on its behalf by:

Nasim Ali OBE
Company Secretary

Independent Examiner's Report to the Trustees of
KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

I report on the accounts for the year ended 31 March 2024 set out on pages twelve to sixteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act

- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act), and

- to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 of the Companies Act 2006, and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Moshin Miah
MSCO
Chartered Certified Accountants
100 Mile End Road
London
E1 4UN
Date 9th October 2024

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Statement of Financial Activities (incorporating an income and expenditure account)

for the year ended 31 March 2024

	Note	Un-restricted funds £	Restricted Revenue funds £	Fixed Asset Funds funds £	2024 £	2023 £
INCOMING RESOURCES						
Donations	5					
CJRS Grant						
Activities in furtherance of the charity's objects:						
Youth		42,222	169,754		**211,976**	124,397
Health			18,900		**18,900**	15,931
Family		37,344	32,405		**69,749**	32,114
Community		6,974	45,100		**52,074**	57,774
Senior Citizens		39,860	41,700		**81,560**	50,441
Other Projects		15,423	5,697		**21,120**	15,637
Support Costs		125,070	11,634		**136,704**	126,453
Activities to generate funds:						
Letting income, user member's income		59,060			**59,060**	53,599
Interest receivable		8,949			**8,949**	2,804
TOTAL INCOMING RESOURCES	2	**334,902**	**325,190**		**660,092**	479,150
RESOURCES EXPENDED						
Charitable expenditure						
CJRS						
Youth		47,559	170,158		**217,717**	130,364
Family		25,070	23,540		**48,610**	41,916
Health		7,950	18,900		**26,850**	16,751
Community		7,258	36,796		**44,054**	50,374
Senior Citizens		2,756	41,700		**44,456**	51,537
Other Projects		68,256	5,697		**73,953**	20,450
Support Costs		147,636	12,500		**160,136**	137,279
	3	306,485	309,291		**615,776**	448,671
Governance costs	4	2,000		16,829	**18,829**	19,186
Cost of Generating Funds					-	
TOTAL RESOURCES EXPENDED		**308,485**	**309,291**	**16,829**	**634,605**	467,857
Net income resources		26,417	15,899	(16,829)	**25,487**	11,293
Transfer between funds						
NET MOVEMENT IN FUNDS		**26,417**	**15,899**	**(16,829)**	**25,487**	11,293
TOTAL FUNDS AT 1 APRIL 2023		370,848	80,308	839,389	**1,290,545**	1,279,252
TOTAL FUNDS AT 31 MARCH 2024		**397,265**	**96,207**	**822,560**	**1,316,032**	1,290,545

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

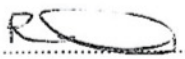
Balance Sheet
as at 31 March 2024

	Notes	£	2024 £	2023 £
FIXED ASSETS				
Tangible assets	7		822,560	839,389
CURRENT ASSETS:				
Cash at bank and in hand		669,592		578,414
				578,414
CREDITORS: amounts falling due within one year	8	(176,120)		(127,258)
NET CURRENT ASSETS:			493,472	422,677
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,316,032	1,290,545
INCOME FUNDS				
Unrestricted funds			397,265	370,848
Restricted funds:				
Restricted Capital funds				
Restricted Revenue funds	11		96,207	80,308
Fixed Asset funds			822,560	839,389
TOTAL FUNDS			1,316,032	1,290,545

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard 102 Section 1A.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company. These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 9th October 2024 and were signed on its behalf by:



Ricci de Freitas - Chair

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

1. ACCOUNTING POLICIES

Accounting convention

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

Incoming Resources

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of investments to market value, in accordance with the Companies Act 1985, Financial Reporting Standard for Smaller Entities and the statement of Recommended practice for Charitis 2005 ("SORP") and the Companies Act 1985

Tangible fixed assets

All fixed assets are capitalised at cost (subject to a £ 100 de minimus below which they are written of in the year of acquisition). Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Depreciation is not provided in the year of acquisition.

Fixtures and fittings	-25% reducing balance
Improvement to Property	-2% of cost

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

2. Incoming resources from various funders

	Restricted		Unrestricted	2024	2023
	£	£	£	£	£
	Revenue	Capital			
Young Camden Foundation	19,204			19,204	14,322
Headley Trust	30,000			30,000	28,000
The National Lottery	17,774			17,774	17,774
L B Camden			135,500	135,500	115,220
CIL Funding	79,435			79,435	53,970
John Lyon's Charity	40,000			40,000	52,000
Paul Hamlyn			17,500	17,500	
Sporting Equals	5,570			5,570	
L B Camden - Universal Provision	17,250			17,250	21,000
The Fitzdale Trust	3,000			3,000	3,000
The Oak Foundation					5,000
St Andrews Holborn Charities	20,000			20,000	20,000
St.Pancras Thanet Street Trust			17,000	17,000	17,000
British Land			5,000	5,000	13,000
Camden Giving	87,013			87,013	36,190
Other	734		156,902	157,636	73,874
Health Watch Camden	3,410			3,410	2,000
Jack Petchey Foundation	1,800			1,800	1,800
British Library					5,000
LabTech			1,000	1,000	
Lendlease			2,000	2,000	
	325,190		334,902	660,092	479,150

The notes form part of these financial statements

3. TOTAL RESOURCES EXPENDED

	Restricted	Unrestricted	2024	2023
	£	£	£	£
Youth	170,158	47,559	217,717	130,364
Family	23,540	25,070	48,610	41,916
CJRS Grant				
Health	18,900	7,950	26,850	16,751
Community	36,796	7,258	44,054	50,374
Senior Citizen	41,700	2,756	44,456	51,537
Support Costs	12,500	147,636	160,136	137,279
Other Projects	5,697	68,256	73,953	20,450
Total	309,291	306,485	**615,776**	448,671

4. Governance Costs

	2024	2023
Depreciation	16,829	17,186
Governance Costs	2,000	2,000
	18,829	19,186

Net incoming resources for the year

This is stated after charging:	2024	2023
	£	£
Depreciation-owned assets	45	60
Independent Examiners' remuneration	2,000	2,000
Directors' emoluments and other benefits etc.	-	-

5. Donation Received

General donations were received in the year 2024:Nil.(2023:Nil).

6. Taxation

The charitable company is exempt from corporation tax on its charitable activities

7. Tangible Fixed assets

	Fixtures and fittings	Improvement to leasehold premises	Total
	£	£	£
COST:			
At 1 April 2023	37,908	1,119,698	1,157,606
At 31 March 2024	37,908	1,119,698	1,157,606
DEPRECIATION			
At 1 April 2023	37,732	280,485	318,217
Charge for the year	45	16,784	16,829
At 31 March 2024	37,777	297,269	335,046
NET BOOK VALUE:			
At 31 March 2024	**131**	**822,429**	**822,560**
AT 31 MARCH 2023	176	839,213	839,389

Note: No depreciation has been charged in the year of acquisition of the asset.

8. **Creditors: amount falling due within one year**

	2024	2023
	£	£
Accruals	17,260	17,260
Other	158,860	109,998
	176,120	127,258

9. **Members Liability**

The company is limited by guarantee and therefore has no share capital, under the provisions of s30 of the Companies Act. The liability of each member of the charity is limited to £1.

10. **Employees**

Number of employees

The average monthly number of employees during the year was:

	2024
Client services and projects	15
Management and Administration	3
	18

No employee received remuneration of more than £70,000 (2023:nil)

11. **Restricted funds**

	Brought Forward	Restricted Incoming resources	Restricted Resources expended	Carried Forward
		£		
Incoming resources				
Activities in furtherance of the chairty's objects:				
Other Projects	-	5,697	5,697	-
Youth	30,000	169,754	170,158	29,596
Community	13,090	45,100	36,796	21,394
Health		18,900	18,900	-
Senior Citizens		41,700	41,700	-
Family	4,114	32,405	23,540	12,979
Support Costs	33,104	11,634	12,500	32,238
	80,308	325,190	309,291	96,207

KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales - Charity number 1083901

Accounts

Company Number 03929601
Charity Number 1083901

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 March 2023

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
Report and Accounts
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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 31 March 2023

Status	:	The organisation is a charitable company limited by gurarantee incorporated on 21 March 2000. It commenced its charitable activities on 1 April 2001 when the assets of an unincorporated charity of the same name (Charity registration 1001872) were donated to it.
Governing Document	:	The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.
Trustees	:	Rev. Anne Stevens (Resigned 23/03/23) Unity Grimwood (Treasurer) Ricci de Freitas (Chair) Sally Ede Joseph Alles Rev. Chris Cawrse (Vice Chair) Rabia Khatun Mohammed Abdul Halim Miah Luul Maya (Joined 30/03/2022) Agram Musa (Joined 30/03/2022)
Company Number	:	3929601
Charity Number	:	1083901
Registered and Principal Office	:	Marchmont Community Centre 62 Marchmont Street London WC1N 1AB
Secretary	:	Nasim Ali OBE
Bankers	:	National Westminster Tavistock Square Branch Tavistock square London WC1H 9XA

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2023

The Trustees present their report and accounts for the year ended 31 March 2023.

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association and comply with the Companies Act 2006 and the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities Act 2011".

Structure, governance and management

The King's Cross-Brunswick Neighbourhood Association (KCB) is a charitable company limited by guarantee. The governance framework for the organisation is set out in the Memorandum and Article's of Association lodged with the Charities Commission and Companies House.

Recruitment and appointment of trustees

The organisation is governed by the Board of Trustees which consists of the Chair, the Vice Chair, the Treasurer and six representatives from the members, elected by the members at the Annual General Meeting.
All KCB Trustees must be residents of the King's Cross, Brunswick area. The Board of Trustees may also co-opt two further persons whether members or not, until the conclusion of the next AGM.

Trustee Induction and training

All the new trustees undergo an induction programme and are supplied with an information pack covering the governance structure and the policies and procedures of the organisation. Voluntary Action Camden provides a series of training workshops on management committee roles and responsibilities and trustees are encouraged to attend.

Risk Management

The Board of Trustees have conducted a review of major risks to which the charity may be exposed.

External Risks:

The significant external risk is that of reduction of funding. The Board of Trustees have developed a Reserves Policy to address any sudden withdrawal of core funding and are working towards implementing this fully as soon as possible. The Board of Trustees has developed a strategy that allows for diversification of funding for activities.

Internal Risks:

Financial risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of service for all operational aspects of the charitable company. These procedures are consistently reviewed to ensure they continue to meet the needs of the charity.

The potential loss of key personnel is minimised by offering staff career enhancing training, structured supervision, annual appraisal and paying the market value for their post.

Potential risks to clients and users is minimised by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before working unsupervised with any clients and users.

Potential risk to Trustees is minimised by insurance cover.

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TRUSTEES' REPORT
For the year ended 31 March 2023

Objectives and Activities

KCB has been tackling inequality, creating opportunities and transforming lives for over 43 years. Recognised and trusted by the community our mission is to improve the quality of life of local residents with their active involvement. The organisation is a registered charity (registration number 1083901).

Operating from Chadswell Healthy Living Centre. King's Cross Neighbourhood Centre and the Marchmont Community Centre, we provide a broad range of services and projects for all ages from 10-5pm everyday, supporting 1,200+ residents yearly. Activities are open to everyone, with targeted provision to address issues of inequality and deprivation and support our most vulnerable residents e.g. activities targeted at older people, children and young people, Bangladeshi, Somali, Chinese and other Black, Asian and minority ethnic communities. Working in partnership with other voluntary, statutory and community organisations to add value, promote collaborative working and ensure effective referral pathways our services include a diverse range of health and wellbeing, welfare and advice, training and employment projects.

As a strategic partner of Camden Council, member of Camden Community Centre's Consortium (C4) and Voluntary Action Camden (VAC) we actively participate in supporting Camden council to develop and implement strategic decisions across environment, health, housing and wellbeing to ensure local people have a voice in decision making e.g. engaging residents in consultations around Camden 2025 strategic plan, We Make Camden, HS2, Euston station development and the redevelopment of the Euston Tower.

Services, co-produced with residents and informed by council and NHS strategies are outcomes focused to address issues of inequality. Our focus is on early intervention, offering early help to people and preventing unnecessary suffering. We adopt a strength-based approach, supporting residents to identify their assets and existing support networks, building their confidence, knowledge and independence to address issues they may experience.

Our area of benefit includes eight lower super output areas of deprivation, highlighted by above Camden rates of working age adults in receipt of benefits, families receiving Lone Parents Allowance, tax credits or living in income deprivation or overcrowded accommodation, children living in poverty, older people living in deprivation, adults and children in the social care system. With issues compounded by the pandemic and cost of living crisis, ONS data indicates higher concentrations of fuel and food poverty than other Camden wards.

With such high levels of poverty and inequality in the area KCB provides an essential community resource. Our trusted reputation amongst hard-to-reach sections of the community e.g. refugee and BAME communities, isolated older people and disengaged young people, enables us to direct our resources where they are most needed, providing a targeted holistic service for our most vulnerable residents and ensuring effective pathways to wider health, housing and social care support services. With targeted services such as Warm Spaces where people can come, have hot refreshments and get information, advice and guidance about grants and benefits, youth work where young people can access training and employment advice and a range of social, health and wellbeing projects, KCB is providing critical care and support to tackle injustice and inequality, support good health, wellbeing and community connections.

Review of activities for the past year

In the past year the organisation has worked with children, young people, older people, Bangladeshi families, Somali families, Chinese families and refugee families. Our work with young people has received a lot of positive publicity locally and nationally. Our work has tackled inequality, created opportunities and transformed lives. Below is a more detailed breakdown of our work supporting our community during the past year and the Covid recovery.

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Office for National Statistics and Low Income Family Tracker data suggests there are higher concentrations of fuel poverty in King's Cross compared to most other wards in the borough. They have the 8th highest number of households in fuel poverty according to LIFT data.
Low Income Family Tracker data suggests King's Cross has the 5th highest number of households experiencing food poverty in Camden wards based on this data.
There are higher concentrations of individuals receiving unemployment benefits, including income support and universal credit, in the ward.
There are 386 tenancies in rent arrears over £100 in the ward. This is the 9th highest number in Camden wards, but it should be noted that it is dependent on the location of Camden properties.
The young people's education and mental health was severely impacted too.

KCB Cost of Living support report
April 2022 to March 2023

What we did:

Supporting BAME Communities 907 members from Bangladeshi, Somali, Chinese and Afghan refugee members were supported. 19,369 interactions.

BAME communities were disproportionately impacted by COVID-19 due to various reasons including living in overcrowded housing, low income, language barriers, digital divide, lack of awareness about COVID-19 etc and then the Cost of living crisis also disproportionately impacted them due to the same inequalities. After the war in Afghanistan, the government placed hundreds of Afghan families in hotels in the King's Cross area with very little support.

Who they are: The majority of the people we supported were from Bangladeshi, Somali, Chinese and Afghan refugee communities including families and vulnerable older people.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness as they had communication with people
- Improvement in physical health, emotional and mental health, increase of income and benefits
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Housing, benefits and educational support for children from Afghan refugee families

What did we do?

We provided information, advice, guidance, English language classes, exercise classes, mental and emotional health advice, housing advice, support with benefit and grant claims. Supported Afghan refugee families to get benefits, clothing, food and school placements for their children. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English, use internet, emails or access other services.
All the above activities continue but we had started appointment based face to advice sessions at Chadswell Healthy Living Centre and we are also looking at promoting the use of the gym at Chadswell and increasing the membership.
The cost of living crisis has caused so many problems and for some people it was a case of heating or eating. We were able to help by providing free or low cost food to our members. We will try and increase this too.

Food Delivery –9,430 food parcels delivered to 540 members

Access to food and lack of income to pay for food was a major issue for a majority of our members who are from Black Asian and Minority Ethnic Communities(BAME) and Older People.

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TRUSTEES' REPORT
For the year ended 31 March 2023

Who they are:

We delivered food to disadvantaged and vulnerable members from BAME communities including large families living in overcrowding and older people. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English or access other services. This project was funded by Camden Giving and CIL funding. We also provided warm spaces during the winter period when people were scared to turn on their heating due to the cost. They could come to our warm space, save their money and get refreshments too.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation as they had communication with people delivering food
- Reduced hunger and improvement in physical health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

Supporting Older People in our Community- 241 members, 8754 contacts

Who they are: Local vulnerable older people aged over 60 years of age from diverse communities. Many of our most vulnerable members in their 80's and 90's live in the Brunswick Centre Sheltered Housing.

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness by being open 5 days a week and allowing members to see each other and spend time together.
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities
- Providing a warm space where members could also get refreshments during the cost of living crisis and they were fearful of turning on their heating due to the extortionate costs.

What did we do:

We provided activities are Marchmont Community Centre 5 days a week for older people throughout the year.
The main thing which has remained constant has been the increasing needs of our local older people for support, safe social contacts and hot, nutritious, home cooked lunches. Tackling loneliness and isolation of older people has been a key issue for us.

Lunch Club – The weekly Lunch Club is a 'Support Group' in every possible sense of the word. We offered a hot lunch and even more important to our members, an opportunity to escape their small, lonely flats and 24-hour isolation to chat and socialise, safely, with their friends, every day. Approximately 5,200 lunches provided throughout the year to vulnerable older people.

We have been able to increase our services to our Older People. They rely on us even more now, than they did before the pandemic, due to the years of increased isolation, reduction of services and the not to be underestimated cost of living crisis.

One of Our biggest achievement this year: One member of 87 years was scammed out of her life savings, £30,000. We were able to recover this from her bank, due to lack of due diligence on their part, and in addition they paid interest for the time the money was out of her account, compensation and offered her a full and total apology.

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TRUSTEES' REPORT
For the year ended 31 March 2023

Supporting Young People – 539 members, 8623 engagements and contacts

Young people suffered physical, emotionally, mentally and their educational achievements suffered too during the Covid pandemic and now they were suffering from the cost of living crisis.
We have designed a comprehensive programme of activities delivered days a week, including weekends and a girls only session too. These sessions helped young people to improve their physical, mental health and raise their educational achievements too. We are also utilising our online platforms on Instagram where we have seen more than a 100% increase in engagement since the lockdown. From 370 followers in March we have now 790 followers with more than 90% being young people. Our 5 day programme included a diverse range of activities.

Who They are:

Young people aged between 10-23 years of age from diverse communities

Our Impact:

- Improved physical, emotional and mental health and well being
- Reduced isolation and loneliness
- Improvement in physical health, emotional and mental health
- Improved community cohesion and intergenerational and multicultural engagement
- Improvement to their physical health due to provision of free holiday activities with hot food included.

What did we do?

Project Active - Weekly fitness sessions for young people to improve their physical and mental health, advice on goal setting, motivation and nutrition. The result of lockdown has impacted young people's mental health Project Active encourages young people to stay active and live a healthier life style whilst talking physical and mental health issues in our community. Up to 79 young people have logged onto our live sessions.

HAF Project: Thanks to funding from Young Camden Foundation we were able to provide food to young people during our school holiday programmes. Almost all of our young people have free school meals but these aren't provided during school holidays and due to the cost of living crisis parents were finding it difficult to pay for food. We provided over 1050 meals to young people during the school holidays supporting young people's physical and mental health.

DIY Skin care - Regular updates on homemade affordable skin care products for young people this was something young people chose as a result of our consultations young people particularly young women wanted to look after their skin and needed affordable skin care treatments. 202 young people have logged onto our pre-recorded session.

Education employment and training support -One to one support was provided in person, via Zoom and phone conversations. 41 young people have engaged over the past year.

Fifa Pro Clubs online on Playsation - Fifa is a game enjoyed by many of our users and through demand we launched a weekly online team game throughout the lockdown and continued that at the youth centre over the past year. 16 young people engage on a weekly basis with a total of 42 young people engaging throughout.

Live Talkshops - To stay connected with our members we delivered talkshops on various topics at the youth centre where young people engaged in positive discussions. Topics discussed have been mental health, covid 19 lockdown, cost of living and coping strategies, Black Lives Matter, knife crime, youth empowerment and more. We've also had various guest speakers. Up to 38 young people have attended weekly. 142 young people have engaged throughout the year.

Cooking & Baking – youth workers have delivered cooking and baking sessions live with the young people. These sessions are a hit in the Youth Centre and have given young people essential life skills and taught them how to cook healthy, nutritious meals. Up to 47 young people have taken part and 196 have viewed our story feeds on Instagram to follow the instructions on a weekly basis. 190 young people have engaged throughout the past year.

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TRUSTEES' REPORT
For the year ended 31 March 2023

Mental Health Awareness Week -The main theme of this year's mental health awareness week was kindness. To raise awareness of mental health the team decided to hand deliver treats including deserts and food containers to some of our regular members to let them know that the team are still here to support them during this cost of living crisis and that they are valued. This was captured on camera and a small video was made where young people were asked what kindness meant to them. This was a great way to encourage our users to be kind not just to others but also to them self and the importance of this on one's mental health. 60 young people received these parcels of kindness with love from KCB.

Regular phone calls and communication - Phone calls were made to our members to let them know we are still here to support them even if they didn't attend the youth centre. Regular calls to check in, share information, reassure, motivate and maintain connections were made on a weekly basis during lockdown and continue even now. 228 individual young people have been contacted by the Youth Team.

We were also the lead partner in organising the Camden Mela, which is one of the largest community festivals in Camden. Last year 4-5,000 people from diverse communities attended. We had the vaccine and health buses there too. Hundreds of people had health checks and some had their vaccines too. We also provided hundreds of people with advice about dealing with the cost of living crisis and where to go to for help. This was an excellent event to promote community cohesion, improve health, wellbeing and tackle loneliness and isolation.

What's next:

Our ambition is to continue to develop services and the effectiveness and sustainability of our organisation to meet the following strategic aims:

- Reduce isolation, vulnerability, fear of crime and promote a sense of belonging among all residents
- Reduce health inequalities through enabling the local community to improve their health and well being
- Enable those at risk of social exclusion to develop their potential and improve their opportunities to access education, employment and training
- Promote good community and race relations, social cohesion and celebrate the value of diversity
- Promote a safer, better and more sustainable environment
- Maintain a robust infrastructure and a sustainable organisation

To achieve these aims we will:

1. Develop a robust business plan that focuses on identifying and addressing the root causes of social challenges, evidenced by regular community engagement, monitoring and evaluation of our interventions and analysis of wider council and NHS research and strategic plans.

2. Co-produce with residents activities that empower them to be actively involved and create opportunities to connect and develop support networks.

3. Further enhance our reputation and development of partnerships and collaboration with other voluntary, community and statutory providers to improve our understanding of issues impacting our community, the resources available and referral pathways to support them, to add value to our delivery and share resources to increase our effectiveness and sustainability.

4. Develop a fundraising and development strategy that seeks to build upon our successful track record of generating voluntary income from a variety of sources to support local service delivery – improving upon our current ratio of securing in excess of 5.5 times the level of core funding received from Camden Council from other sources to support local residents.

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5. Be an outcomes focused provider with an outcomes framework for all our service delivery with identified methods of monitoring and evaluation to measure impact.

6. Commit resources to development and implementation of a marketing and communications strategy that promotes awareness of our services, encouraging and supporting engagement of residents in need with whom we have yet to reach.

7. Build upon our connections with local young and older people, Bangladeshi, Somali, Chinese and Afghan communities to develop trust and promote engagement.

8. Improve our understanding of needs and opportunities within the King's Cross Central area to develop community partnerships.

9. Commit to supporting development of a trustee board that reflects the diversity of our community and has the knowledge, skills and experience to meet good governance and financial management standards, alongside volunteer and staff management and development procedures that support a diverse and inclusive culture, engagement and personal development opportunities.

10. Invest resources in securing voluntary funding to support development of our Kings Cross Neighbourhood Centre to improve assets available to support local residents.

11. Ensure appropriate staff and management resources to actively engage in local networks and forums to be a voice of change for tackling the root causes of inequality and to learn from others to promote best practice and collaborative working.

We continue to support our service users through new approaches and are continuously adapting our delivery. Our users need us more now as many have & will feel the devastating effects of this pandemic and crisis for many months to come.

The work that has been done has included community safety, employment training, advice, guidance, and health promotion work to support community cohesion and challenge racism and inequality. This has been a more challenging year as a lot of our big grants had ended and we had to re-structure our youth team.

KCB has once again exceeded all of its' quantitative and qualitative targets in all areas of work. The monitoring returns and feedback received from service users demonstrates that KCB was successful in improving the social and emotional development of the local residents and improving their quality of life.

The support of our staff team and volunteers has been invaluable, without which we would not have been able to offer such an extensive variety of activities and projects throughout the year. We would like to thank all the volunteers and staff members.

KCB has excellent relations with statutory, voluntary sector partners and charities. KCB has extensive partnership arrangements with the London Borough of Camden.

Our main funders this year are the London Borough of Camden, John Lyon's Charity, The Headley Trust, The Headley Trust, Young Camden Foundation, St Andrew Holborn Charities, Camden Giving, British Land, Fitzdale Trust and St Pancras Thanet Street Trust. We also received small amounts of funding from various other funders. We would like to thank all the funders for their generosity and support.

The funds raised during the year have been applied prudently to meet the Charity's objectives. All assets are held for the organisation to carry out its' normal charitable and administrative activities.

Transaction and Financial Position

The statement of financial activities shows income for the year of £479,150 with expenditure of £467,857. At the end of this year we carry forward unrestricted reserves of £370,848

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2023

Reserves Policy

In line with Charity Commission recommendations the KCBNA Board of Trustees aim to achieve a level of unrestricted reserve which is sufficient to cover 6 months operating costs and 6 months staff salary costs. The current estimated operating costs per annum is £204,562. The sum identified for reserves is £102,281. The current estimated annual salary cost is £263,295. The sum identified for reserves is £131,648. The total sum identified for reserves is therefore £233,929. We are pleased to report that we have sufficient funds in our reserves but we have plans to redevelop our King's Cross Neighbourhood Centre into a community hub. We have received planning permission for the redevelopment and the estimated cost of the redevelopment is £3 million pounds. Trustees would like to designate £100,000 to kick start the fundraising for the refurbishment.

Statement of Trustees Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Independent Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on 25th October 2023 and signed on its behalf by:



Nasim Ali OBE
Company Secretary

Independent Examiner's Report to the Trustees of
KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

I report on the accounts for the year ended 31 March 2023 set out on pages eleven to fifteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act

- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and

- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Moshin Miah
MSCO
Chartered Certified Accountants
100 Mile End Road
London
E1 4UN
Date: 05th December 2023

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Statement of Financial Activities (incorporating an income and expenditure account)

for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted Revenue funds £	Fixed Asset Funds funds £	2023 £	2022 £
INCOMING RESOURCES						
Donations	5					
CJRS Grant						21,942
Activities in furtherance of the charity's objects:						
Youth		9,000	115,397		**124,397**	102,311
Health		15,931			**15,931**	
Family		5,000	27,114		**32,114**	26,250
Community		27,000	30,774		**57,774**	60,835
Senior Citizens		15,460	34,981		**50,441**	
Other Projects		5,637	10,000		**15,637**	
Support Costs		113,100	13,353		**126,453**	130,359
Activities to generate funds:						
Letting income, user member's income		53,599			**53,599**	35,160
Interest receivable		2,804			**2,804**	58
TOTAL INCOMING RESOURCES	2	**247,531**	**231,619**		**479,150**	376,915
RESOURCES EXPENDED						
Charitable expenditure						
CJRS						21,942
Youth		7,600	122,764		**130,364**	248,708
Family		13,212	28,704		**41,916**	36,601
Health		16,751			**16,751**	
Community		14,600	35,774		**50,374**	76,023
Senior Citizens		10,400	41,137		**51,537**	34,580
Other Projects		10,450	10,000		**20,450**	
Support Costs		115,509	21,770		**137,279**	98,120
	3	188,522	260,149		**448,671**	515,974
Governance costs	4	2,000		17,186	**19,186**	19,556
Cost of Generating Funds					-	
TOTAL RESOURCES EXPENDED		**190,522**	**260,149**	**17,186**	**467,857**	535,530
Net income resources		57,009	(28,530)	(17,186)	**11,293**	(158,615)
Transfer between funds						
NET MOVEMENT IN FUNDS		**57,009**	**(28,530)**	**(17,186)**	**11,293**	(158,615)
TOTAL FUNDS AT 1 APRIL 2022		313,839	108,838	856,575	**1,279,252**	1,437,867
TOTAL FUNDS AT 31 MARCH 2023		**370,848**	**80,308**	**839,389**	**1,290,545**	1,279,252

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Balance Sheet
as at 31 March 2023

	Notes	£	2023 £	2022 £
FIXED ASSETS				
Tangible assets	7		839,389	856,575
CURRENT ASSETS:				
Cash at bank and in hand		578,414		549,896
				549,896
CREDITORS: amounts falling due within one year	8	(127,258)		(127,219)
NET CURRENT ASSETS:			451,156	422,677
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,290,545	1,279,252
INCOME FUNDS				
Unrestricted funds			370,848	313,839
Restricted funds:				
Restricted Capital funds				
Restricted Revenue funds:	11		80,308	108,838
Fixed Asset funds			839,389	856,575
TOTAL FUNDS			1,290,545	1,279,252

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard 102 Section 1A.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company. These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 25th October 2023 and were signed on its behalf by:

.....

Ricci de Freitas - Chair:

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

1. ACCOUNTING POLICIES

Accounting convention

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

Incoming Resources

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of investments to market value, in accordance with the Companies Act 1985, Financial Reporting Standard for Smaller Entities and the statement of Recommended practice for Charitis 2005 ("SORP") and the Companies Act 1985

Tangible fixed assets

All fixed assets are capitalised at cost (subject to a £ 100 de minimus below which they are written of in the year of acquisition). Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Depreciation is not provided in the year of acquisition.

Fixtures and fittings	-25% reducing balance
Improvement to Property	-2% of cost

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

2. Incoming resources from various funders

	Restricted		Unrestricted	2023	2022
	£ Revenue	£ Capital	£	£	£
Young Camden Foundation	14,322			14,322	12,103
Headley Trust	12,363		15,637	28,000	15,000
The National Lottery	17,774			17,774	-
L B Camden	-		115,220	115,220	113,359
CIL Funding	53,970			53,970	-
John Lyon's Charity	40,000		12,000	52,000	40,000
City Bridge Trust	-		-	-	26,250
L B Camden - Universal Provision	21,000			21,000	21,000
The Fitzdale Trust	3,000			3,000	3,000
The Oak Foundation	-		5,000	5,000	-
St Andrews Holborn Charities	20,000			20,000	11,000
St.Pancras Thanet Street Trust			17,000	17,000	17,000
British Land	13,000		-	13,000	14,000
Camden Giving	36,190			36,190	32,725
Other	-		73,874	73,874	35,160
Health Watch Camden	-		2,000	2,000	-
Jack Petchey Foundation	-		1,800	1,800	-
British Library	-		5,000	5,000	-
CJRS Grant	-		-		21,942
Ageing Better Camden	-		-		14,376
	231,619		247,531	479,150	376,915

The notes form part of these financial statements

3. TOTAL RESOURCES EXPENDED

	Restricted	Unrestricted	2023	2022
	£	£	£	£
Youth	122,764	7,600	130,364	248,708
Family	28,704	13,212	41,916	36,601
CJRS Grant				21,942
Health		16,751	16,751	
Community	35,774	14,600	50,374	76,023
Senior Citizen	41,137	10,400	51,537	34,580
Support Costs	21,770	115,509	137,279	98,120
Other Projects	10,000	10,450	20,450	
Total	260,149	188,522	**448,671**	515,974

4. Governance Costs

	2023	2022
Depreciation	17,186	17,556
Governance Costs	2,000	2,000
	19,186	19,556

Net incoming resources for the year

This is stated after charging:	2023	2022
	£	£
Depreciation-owned assets	60	79
Independent Examiners' remuneration	2,000	2,000
Directors' emoluments and other benefits etc.	-	-

5. Donation Received

General donations were received in the year 2023:Nil.(2022:Nil).

6. Taxation

The charitable company is exempt from corporation tax on its charitable activities

7. Tangible Fixed assets

	Fixtures and fittings	Improvement to leasehold premises	Total
	£	£	£
COST:			
At 1 April 2022	37,908	1,119,698	1,157,606
At 31 March 2023	37,908	1,119,698	1,157,606
DEPRECIATION			
At 1 April 2022	37,672	263,359	301,031
Charge for the year	60	17,126	17,186
At 31 March 2023	37,732	280,485	318,217
NET BOOK VALUE:			
At 31 March 2023	**176**	**839,213**	**839,389**
AT 31 MARCH 2022	236	856,339	856,575

Note: No depreciation has been charged in the year of acquisition of the asset.

8. Creditors: amount falling due within one year

	2023	2022
	£	£
Accruals	17,260	17,260
Other	109,998	109,959
	127,258	127,219

9. Members Liability

The company is limited by guarantee and therefore has no share capital, under the provisions of s30 of the Companies Act. The liability of each member of the charity is limited to £1.

10. Employees

Number of employees

The average monthly number of employees during the year was:

	2023
Client services and projects	14
Management and Administration	3
	17

No employee received remuneration of more than £70,000 (2022:nil)

11. Restricted funds

	Brought Forward	Restricted Incoming resources	Restricted Resources expended	Carried Forward
		£		
Incoming resources				
Activities in furtherance of the chairty's objects:				
Other Projects	-	10,000	10,000	-
Youth	37,367	115,397	122,764	30,000
Community	18,090	30,774	35,774	13,090
Senior Citizens	6,156	34,981	41,137	-
Family	5,704	27,114	28,704	4,114
Support Costs	41,521	13,353	21,770	33,104
	108,838	231,619	260,149	**80,308**

KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales - Charity number 1083901

Accounts

Company Number 03929601
Charity Number 1083901

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 March 2022

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
Report and Accounts
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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 31 March 2022

Status	:	The organisation is a charitable company limited by gurarantee incorporated on 21 March 2000. It commenced its charitable activities on 1 April 2001 when the assets of an unincorporated charity of the same name (Charity registration 1001872) were donated to it.
Governing Document	:	The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.
Trustees	:	Rev. Anne Stevens (Chair) Unity Grimwood (Treasurer) Ricci de Freitas Dr Edward John Madden Sally Ede Joseph Alles Rev. Chris Cawrse Rabia Khatun Mohammed Abdul Halim Miah Luul Maya (Joined 30/03/2022) Agram Musa (Joined 30/03/2022)
Company Number	:	3929601
Charity Number	:	1083901
Registered and Principal Office	:	Marchmont Community Centre 62 Marchmont Street London WC1N 1AB
Secretary	:	Nasim Ali OBE
Bankers	:	National Westminster Tavistock Square Branch Tavistock square London WC1H 9XA

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2022

The Trustees present their report and accounts for the year ended 31 March 2022.

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association and comply with the Companies Act 2006 and the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities Act 2011".

Structure, governance and management

The King's Cross-Brunswick Neighbourhood Association (KCB) is a charitable company limited by guarantee. The governance framework for the organisation is set out in the Memorandum and Article's of Association lodged with the Charities Commission and Companies House.

Recruitment and appointment of trustees

The organisation is governed by the Board of Trustees which consists of the Chair, the Vice Chair, the Treasurer and six representatives from the members, elected by the members at the Annual General Meeting.

All KCB Trustees must be residents of the King's Cross, Brunswick area. The Board of Trustees may also co-opt two further persons whether members or not, until the conclusion of the next AGM.

Trustee Induction and training

All the new trustees undergo an induction programme and are supplied with an information pack covering the governance structure and the policies and procedures of the organisation. Voluntary Action Camden provides a series of training workshops on management committee roles and responsibilities and trustees are encouraged to attend.

Risk Management

The Board of Trustees have conducted a review of major risks to which the charity may be exposed.

External Risks:

The significant external risk is that of reduction of funding. The Board of Trustees have developed a Reserves Policy to address any sudden withdrawal of core funding and are working towards implementing this fully as soon as possible. The Board of Trustees has developed a strategy that allows for diversification of funding for activities.

Internal Risks:

Financial risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of service for all operational aspects of the charitable company. These procedures are consistently reviewed to ensure they continue to meet the needs of the charity.

The potential loss of key personnel is minimised by offering staff career enhancing training, structured supervision, annual appraisal and paying the market value for their post.

Potential risks to clients and users is minimised by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before working unsupervised with any clients and users.

Potential risk to Trustees is minimised by insurance cover.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2022

Objectives and Activities

KCB was established to pursue charitable objectives. The organisation aims to work to improve the welfare and quality of life of the inhabitants of the King's Cross and Brunswick area of the London Borough of Camden. The organisation is a registered charity (registration number 1083901).

KCB was established to pursue charitable objectives. The organisation aims to work to improve the welfare and quality of life of the inhabitants of the King's Cross and Brunswick area of the London Borough of Camden. The organisation is a registered charity (registration number 1083901).

Review of activities for the past year
KCB was established in 1980 and this is our 42nd anniversary year. This has still been a horrific year with our members, staff, trustees and community suffering from the Covid pandemic but better than last year as the Covid vaccine has helped and we did not have the lockdowns. More of our services were provided in the community centres but some were provided online. A lot of our older members still needed support to re-assure them that it was safe to come out.

COVID-19 had highlighted the inequalities that exist in society but it has also shown the positive side to humanity with a lot more people supporting each other. KCB's strapline is Tackling Inequality, Creating opportunities and Transforming lives and we have done that extremely well over the past year. This year we were tackling a lot of the inequalities highlighted by Covid and supporting our members to overcome them.

Most of our services are provided from the Chadswell Healthy Living Centre, King's Cross Neighbourhood Centre and the Marchmont Community Centre, which we lease from Camden Council.

In the past year the organisation has worked with children, young people, older people, Bangladeshi families, Somali families, Chinese families and refugee families. Our work with young people has received a lot of positive publicity locally and nationally. Our work has tackled inequality, created opportunities and transformed lives. Below is a more detailed breakdown of our work supporting our community during t by ensuring all staff and volunteer

KCBNA COVID-19 Recovery Report
April 2021 to March 2022
Supporting BAME Communities 560 members from Bangladeshi, Somali and Chinese Community were supported. 14,370 interactions.
BAME communities were disproportionately impacted by COVID-19 due to various reasons including living in overcrowded housing, low income, language barriers, digital divide, lack of awareness about COVID-19 etc. This year, thanks to the Covid vaccines, we were able to come out of the lockdown and provide more in person activities in our 3 community centres but some services were still provided online.
Who they are: The majority of the people we supported were from Bangladeshi, Somali and Chinese communities including families and vulnerable older people.
Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation as they had communication with people
"Improvement in physical health, emotional and mental health, increase of income and benefits
" Improved community cohesion and intergenerational and by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2022

What did we do?

We provided information, advice, guidance, English language classes, online exercise classes, mental and emotional health advice, support with benefit, furlough and grant claims. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English, use internet, emails or access other services.

Somali telephone advice - Our Somali community provided advice to 79 families via their phones and in person at least once a week.

Exercise Classes for Somali members - We had exercise classes on Tuesday, Wednesday and Sundays. 50 people took part throughout the week.

Sewing Class - 8 Somali women took part every week in the sewing classes.

Mental Health advice session - 12 Somali women took part in the mental health advice sessions on zoom in partnership with Voluntary Action Camden.

Benefits Advice - Our Somali and Bangladeshi community workers provided support and advice about benefits claims including universal credit, housing benefit and other benefits in person and on the phone.

Bangladeshi Age 50+ Women's Exercise Class This exercise session returned to the Chadswell Healthy Living Centre. This group of ladies are elderly and have language barriers. The ladies were extremely happy that they could come back to the centre rather than exercise at home. Some members are following it every day and some are doing it on Tuesday. This is to help their aches and pain.

Women's Exercise Class Age 18+, Many members were feeling very depressed sitting at home and were so pleased when this session resumed in the Chadswell Healthy Living. They are really happy to be able to meet other group members.

English for Speakers of Other Languages (ESOL) Entry Level 1 Class- The provider Camden Adult and Community Learning provided this course initially online but then it returned to the centre.. Most of the students have little English and weren't as comfortable online but prefer the in person sessions. This group of 26 students were split into three groups and teaching of 9 weeks . Every Thursday 3 staff members speaking Syheti are teaching these students. It was a new experience for the staff members too as they had never taught before.

What Next:
All the above activities continue and we have also re-started the appointment based advice sessions too.
Food Delivery - 6,430 food parcels delivered to 240 members
Access to food and lack of income to pay for food was a major issue for a majority of our members who are from Black Asian and Minority Ethnic Communities(BAME) and Older People. Even though the Covid pandemic had eased, people were still suffering from food poverty and we continued to provide the food delivery and food collection of hot food for our elderly and disadvantaged families.
Who they are:
We delivered food to disadvantaged and vulnerable members from BAME communities including large families living in overcrowding and older people. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English or access other services.

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TRUSTEES' REPORT
For the year ended 31 March 2022

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation as they had communication with people delivering food
"Reduced hunger and improvement in physical health
" Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

What did we do?

Food Parcels, Camden Council and KCB worked in partnership to deliver food parcels. This service was for the elderly and vulnerable members. Emergency food parcels were delivered to each individuals homes and collected by more able members. It contained milk, bread, butter, fruit and vegetables, hand sanitizer, tissues, biscuits, soup, bake beans, tuna and snacks. A lot of the members that we work with are unable to speak English or use emails and we arranged their food deliveries for them. We also worked with Calthorpe Community Gardens, Food for All and the Bangladeshi Workers' Association to deliver food for local residents.

BAME Lunch Club - We are providing hot lunches once a week for local Kings Cross members and residents in neighbouring wards. This is a take away and delivery service, some members come to collect their take way, we maintain the 2 metre distance. We also deliver to members who are unable to pick up. Food is freshly cooked on the day.

KCBNA Young People's Biryani - great opportunity for our BAME community workers to work with our youth team. Due to lockdown young people's activities are restricted. They got the chance to cook chicken/meat Biryani for the month of August, once a week. 50 packets of Biryani was collected and distributed amongst young people. Food poverty is a very big issue for lots of families within our area. They do not have the funding to buy regular food for their children. This project helped to ensure that the children / young people got a hot meal once a week.

BAME Older People - We delivered 25 free hot meals per week to BAME elders on their doorstep. We are working much more closely with our KCBNA BAME staff and other local BAME organisation who have also been delivering hot meals to our most vulnerable members 2 times a month. This has been greatly appreciated and we feel that the pandemic has helped us to break down some of these very longstanding barriers.

What Next - We have opened up our lunch clubs within our community centres with smaller numbers of socially distanced members and we are also are providing pick up and delivery service of food for vulnerable older people and BAME community members.

Supporting Older People - 637 members, 6435 contacts

As the Covid lockdown was eased we were able to provide more support services to our members in our centres and by phone and online to the members who weren't confident enough to come out.

Who they are:

Older people aged over 60 years of age from diverse communities

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation and loneliness
" Improvement in physical health, emotional and mental health Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2022

What did we do?

Befriending: 257 members contacted initially by by phone and then in person too by our older people's team. During the Lockdown by phone, email and Zoom (when possible) as well as some physical befriending done by Youth Team while delivering shopping. These contacts have helped us discover how each member was feeling, identify any health concerns or other issues and support them with all sorts of issues from accessing their pensions safely, to getting medication delivered by the Youth Team, to applying for the higher rate of Attendance Allowance.

70+ members were informed with the latest info on the easing of the Pandemic. Informal discussion groups were held and they were given space and encouraged to talk about their fears and concerns, to ask questions about the conflicting advice they had heard and were given clear training on factual knowledge, and the best known practice at that time. We have continued to keep all our members informed with the most up-to-date factual information.

Physical Exercise: 200+ of our members were encouraged and supported to do some sort of physical exercise at home and then in the Marchmont Community Centre as the lockdown restrictions were eased. We also advised them to go for daily walks, every day, to prevent the increase in frailty, loss of balance, reduced muscle strength and increase in sedentary diseases that we suspected would result in long periods of inactivity, at home. This emphasis on daily exercise as a priority was also because of the heightened risk to our older members of contracting a more severe and dangerous Covid 19 infection and the clear proof that regular exercise strengthens and supports the immune system, thus reducing their risk of a fatal outcome to any infection. The Covid vaccine had helped people to feel stronger and be more re-assured.

200+ members have been given written and, in some cases, verbal warnings over the telephone, on the latest scams to watch out for, during the pandemic. This has significantly reduced members' fear of crime because they feel more confident in identifying a scam and know what to do.
Supporting Young People - 459 members, 9,750 engagements and contacts

We have designed a comprehensive programme of activities initially delivered online 5 days a week utilising our online platforms on Instagram where we had seen more than a 100% increase in engagement since the lockdown. However as the lockdown restrictions were eased we were able to open up our youth centre to young people. Our 5 day programme from April 2021- March 2022 included a diverse range of activities.

Who they are:

Young people aged between 12-23 years of age from diverse communities

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation and loneliness
"Improvement in physical health, emotional and mental health
"Improved community cohesion and intergenerational and multicultural engagement

Cont../d

TRUSTEES' REPORT
For the year ended 31 March 2022

"What did we do?

Project Active - Weekly fitness sessions for young people to follow and engage with at home, advice on goal setting, motivation and nutrition. The result of lockdown has impacted young people's mental health Project Active encourages young people to stay active and live a healthier life style whilst talking physical and mental health issues in our community. Up to 55 young people participated in these sessions initially online and then in person.

Education, employment and training support -Through email and sharing of job opportunities with our members. One to one support was provided in person and online. 76 young people have engaged in the past year.

Fifa Pro Clubs online on Playstation - Fifa is a game enjoyed by many of our users and through demand we launched a weekly online team game throughout the lockdown to keep our regular Youth Centre members engaged and then the games continued when we opened the youth centre. 18 young people engage on a weekly basis with a total of 45 young people engaging throughout.

Live Talkshops - To stay connected with our members we delivered talkshops on our live Instagram stream where young people engaged in positive discussions, said hello just like we would have done during our face to face sessions. Topics discussed have been mental health, Covid education impact, Black Lives Matter, knife crime, youth empowerment and more. Up to 40 young people have logged onto our live feeds weekly. 122 young people have engaged throughout the lockdown and after the youth centre opening.

Cooking & Baking - youth workers have delivered cooking and baking sessions at the youth centre. These sessions are a hit in the Youth Centre and have proven to be a hit online too as some young people have cooked along with session. Up to 27 young people have logged onto our live feeds and 86 have viewed our story feeds to follow the instructions on a weekly basis. 160 young people have engaged online and at the youth centre.

Quiz nights - To help us keep our members engaged in fun participatory activities we have delivered various quiz nights at the youth centre. Using fun engaging general knowledge questions. 95 members took part.

Sexual Health sessions - We have delivered 1 sessions using Zoom and 1 at the youth centre to deliver Sexual Health Advice where we've invited a sexual health advisor from Brooks Camden to be at hand to answer any questions around sexual health and explore the issue with our user members. 12 young people attended the session.

Regular updates & key information - Regular updates and key information are shared with our users on a regular/daily basis. Updates around Covid_19 were shared and made clear to our users. Updates on support services, mental health awareness and other opportunities are regularly shared.

Partnership work - We have delivered workshops with our partners including a Upcycling Trainers workshop with HCA Holborn Community Association. 18 young people engaged in the workshop.

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TRUSTEES' REPORT
For the year ended 31 March 2022

Regular phone calls and communication - Phone calls were made to our members to let them know we are still here to support them. Regular calls to check in, share information, reassure, motivate and maintain connections were made on a weekly basis during lockdown. 135 individual young people have been contacted by the Youth Team.

Shopping Support Squad - Working with Diane our (Older People's Community Worker) we have supported some of our most vulnerable elderly people in the community through doing their weekly grocery shopping, collecting medication, paying bills, delivering the occasional flowers and putting out the recycling. Members of the youth team along with young volunteers (18+) have done this voluntarily since the very start of the pandemic.

What's next:
We continue to support our service users through new approaches and are continuously adapting our delivery. Our users need us more now as many have & will feel the devastating effects of this pandemic for many months to come.

The work that has bs and key information are shared with our users on a regular/daily basis. Updates around Covid_19 were shared and made clear to our users. Updates on support services, mental health awareness and other opportunities are regularly shared.

Partnership work - We have delivered workshops with our partners including a Upcycling Trainers workshop with HCA Holborn Community Association. 18 young people engaged in the workshop.at home. This emphasis on daily exercise as a priority was also because of the heightened risk to our older members of contracting a more severe and dangerous Covid 19 infection and the clear

The support of our staff team and volunteers has been invaluable, without which we would not have been able to offer such an extensive variety of activities and projects throughout the year. We would like to thank all the volunteers and staff members.

KCB has excellent relations with statutory, voluntary sector partners and charities. KCB has extensive partnership arrangements with the London Borough of Camden.

Our main funders this year are the London Borough of Camden, John Lyon's Charity, City Bridge Trust, The Headley Trust, St Andrew Holborn Charities, Camden Giving and St Pancras Thanet Street Trust. We also received small amounts of funding from various other funders. We would like to thank all the funders for their generosity and support.

The funds raised during the year have been applied prudently to meet the Charity's objectives. All assets are held for the organisation to carry out its' normal charitable and administrative activities.

Transaction and Financial Position

The statement of financial activities shows income for the year of £376,915 with expenditure of £535,530. At the end of this year we carry forward unrestricted reserves of £313,839.

Reserves Policy

In line with Charity Commission recommendations the KCBNA Board of Trustees aim to achieve a level of unrestricted reserve which is sufficient to cover 6 months operating costs and 6 months staff salary costs. The current estimated operating costs per annum is £280,077. The sum identified for reserves is £140,039. The current estimated annual salary cost is £255,453. The sum identified for reserves is £127,727. The total sum identified for reserves is therefore £267,765.5. We are pleased to report that we have sufficient funds in our reserves but we have plans to redevelop our King's Cross Neighbourhood Centre into a community hub. We have received planning permission for the redevelopment and the estimated cost of the redevelopment is £2.4 million pounds. Trustees would like to designate £75,000 from the unrestricted reserves to kick start the refurbishment project fundraising.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2022

Statement of Trustees' Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Transaction and Financial Position

Statement as to Disclosure of Information to Independet Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on Monday 19th December 2022 and signed on its behalf by:

Nasim Ali OBE
Company Secretary

Independent Examiner's Report to the Trustees of
KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

I report on the accounts for the year ended 31 March 2022 set out on pages eleven to fifteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act

- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and

- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Moshin Miah
MSCO
Chartered Certified Accountants
100 Mile End Road
London
E1 4UN
Date: 19th December 2022

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Statement of Financial Activities (incorporating an income and expenditure account)

for the year ended 31 March 2022

	Note	Unrestricte funds £	Restricted Revenue funds £	Fixed Asset Funds £	2022 £	2021 £
INCOMING RESOURCES						
Donations	5					
CJRS Grant			21,942		**21,942**	43,292
Activities in furtherance of the charity's objects:						
Youth		14,038	88,273		**102,311**	323,970
Health						
Family			26,250		**26,250**	30,520
Community		9,894	50,941		**60,835**	120,637
Senior Citizens						55,400
Other Projects						
Support Costs		106,369	23,990		**130,359**	182,626
Activities to generate funds:						
Letting income, user member's income		35,160			**35,160**	34,688
Interest receivable		58			**58**	237
TOTAL INCOMING RESOURCES	2	**165,519**	**211,396**		**376,915**	791,370
RESOURCES EXPENDED						
Charitable expenditure						
CJRS			21,942		**21,942**	43,292
Youth		50,108	198,600		**248,708**	200,811
Family		1,500	35,101		**36,601**	16,020
Health						
Community		25,915	50,108		**76,023**	111,941
Senior Citizens		25,080	9,500		**34,580**	40,400
Other Projects						
Support Costs		98,120			**98,120**	88,110
	3	200,723	315,251		**515,974**	500,574
Governance costs	4	2,000		17,556	**19,556**	19,939
Cost of Generating Funds						
TOTAL RESOURCES EXPENDED		**202,723**	**315,251**	**17,556**	**535,530**	520,513
Net income resources		(37,204)	(103,855)	(17,556)	**(158,615)**	270,857
Transfer between funds						
NET MOVEMENT IN FUNDS		**(37,204)**	**(103,855)**	**(17,556)**	**(158,615)**	270,857
TOTAL FUNDS AT 1 APRIL 2021		351,043	212,693	874,131	**1,437,867**	1,167,010
TOTAL FUNDS AT 31 MARCH 2022		**313,839**	**108,838**	**856,575**	**1,279,252**	1,437,867

All of the above results are derived from continuing activities. There were no other recognised gains or

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Balance Sheet
as at 31 March 2022

	Notes	£	2022 £	2021 £
FIXED ASSETS				
Tangible assets	7		856,575	874,131
CURRENT ASSETS:				
Cash at bank and in hand		549,896		613,349
		549,896		613,349
CREDITORS: amounts falling due within one year	8	(127,219)		(49,613)
NET CURRENT ASSETS:			422,677	563,736
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,279,252	1,437,867
INCOME FUNDS				
Unrestricted funds			313,839	351,043
Restricted funds:				
Restricted Capital funds				
Restricted Revenue funds:	11		108,838	212,693
Fixed Asset funds			856,575	874,131
TOTAL FUNDS			1,279,252	1,437,867

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard 102 Section 1A.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company. These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 19th December 2022 and were signed on its behalf by:

C. Cawrse

Rev Chris Cawrse-Vice Chair:

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Accounting convention

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

Incoming Resources

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of investments to market value, in accordance with the Companies Act 1985, Financial Reporting Standard for Smaller Entities and the statement of Recommended practice for Charitis 2005 ("SORP") and the Companies Act 1985

Tangible fixed assets

All fixed assets are capitalised at cost (subject to a £ 100 de minimus below which they are written of in the year of acquisition). Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Depreciation is not provided in the year of acquisition.

Fixtures and fittings	-25% reducing balance
Improvement to Property	-2% of cost

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

2. Incoming resources from various funders

	RESTRICTED		NRESTRICT	2022 Total	2021
	£	£	£	£	£
	Revenue	Capital			
Young Camden Foundation	12,103			12,103	2,268
Headley Trust	15,000			15,000	48,000
Big Lottery Fund URN: ID - 0010302868					170,584
L B Camden			113,359	113,359	182,626
BBC Children In Need					40,470
John Lyon's Charity	40,000			40,000	6,000
City Bridge Trust	26,250			26,250	91,224
L B Camden - Universal Provision	21,000			21,000	26,130
The Fitzdale Trust	3,000			3,000	
The Henry Smith Charity					
St Andrews Holborn Charities	11,000			11,000	41,620
St.Pancras Thanet Street Trust			17,000	17,000	12,750
British Land	14,000			14,000	500
Camden Giving	32,725			32,725	30,515
Other			35,160	35,160	43,883
Sport England					8,400
London Community Response Fund					9,840
Garfield Weston Foundation					15,000
CJRS Grant	21,942			21,942	43,292
Ageing Better Camden	14,376			14,376	18,268
	211,396		165,519	376,915	791,370

The notes form part of these financial statements

3. TOTAL RESOURCES EXPENDED

	Restricted	Unrestricted	2022	2021
	£	£	£	£
Youth	198,600	50,108	248,708	200,811
Family	35,101	1,500	36,601	16,020
CJRS Grant	21,942		21,942	43,292
Community	50,108	25,915	76,023	111,941
Senior Citizen	9,500	25,080	34,580	40,400
Support Costs		98,120	98,120	88,110
Total	315,251	200,723	**515,974**	500,574

4. GOVERNANCE COSTS

	31.03.22	31.03.21
Depreciation	17,556	17,939
Governance Costs	2,000	2,000
	19,556	19,939

NET INCOMING RESOURCES FOR THE YEAR

This is stated after charging:	31.03.22 £	31.03.21 £
Depreciation-owned assets	79	106
Independent Examiners' remuneration	2,000	2,000
Directors' emoluments and other benefits etc.	-	-

5. DONATIONS RECEIVED

General donations were received in the year 2022:**Nil.**(2021:Nil).

6. TAXATION

The charitable company is exempt from corporation tax on its charitable activities

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Improvement to leasehold premises	Total
	£	£	£
COST:			
At 1 April 2021	37,908	1,119,698	1,157,606
At 31 March 2022	37,908	1,119,698	1,157,606
DEPRECIATION			
At 1 April 2021	37,593	245,882	283,475
Charge for the year	79	17,477	17,556
At 31 March 2022	37,672	263,359	301,031
NET BOOK VALUE:			
At 31 March 2022	**236**	**856,339**	**856,575**
AT 31 MARCH 2021	315	873,816	874,131

Note: No depreciation has been charged in the year of acquisition of the asset.

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Accruals	17,260	17,260
Fund received in advance	-	-
Other	109,959	32,353
	127,219	49,613

9. MEMBERS LIABILITY

The company is limited by guarantee and therefore has no share capital, under the provisions of s30 of the Companies Act. The liability of each member of the charity is limited to £1.

10. EMPLOYEES

Number of employees

The average monthly number of employees during the year was:

	2022
Client services and projects	16
Management and Administration	3
	19

No employee received remuneration of more than £70,000 (2021:nil)

11. RESTRICTED FUNDS

	Brought Forward	Restricted Incoming resources	Restricted Resources expended	Carried Forward
		£		
Incoming resources				
Activities in furtherance of the chairty's objects:				
CJRS	-	21,942	21,942	-
Youth	147,694	88,273	198,600	37,367
Community	17,257	50,941	50,108	18,090
Senior Citizens	15,656	-	9,500	6,156
Family	14,555	26,250	35,101	5,704
Support Costs	17,531	23,990		41,521
	212,693	211,396	315,251	**108,838**

KINGS CROSS - BRUNSWICK NEIGHBOURHOOD ASSOCIATION

England & Wales - Charity number 1083901

Accounts

Company Number 03929601
Charity Number 1083901

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 March 2021

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
Report and Accounts
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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 31 March 2021

Status	:	The organisation is a charitable company limited by gurarantee incorporated on 21 March 2000. It commenced its charitable activities on 1 April 2001 when the assets of an unincorporated charity of the same name (Charity registration 1001872) were donated to it.
Governing Document	:	The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.
Trustees	:	Rev. Anne Stevens (Chair) Unity Grimwood (Treasurer) Ricci de Freitas Dr Edward John Madden Sally Ede Joseph Alles Rev. Chris Cawrse Rabia Khatun Mohammed Abdul Halim Miah
Company Number	:	3929601
Charity Number	:	1083901
Registered and Principal Office	:	Marchmont Community Centre 62 Marchmont Street London WC1N 1AB
Secretary	:	Nasim Ali OBE
Bankers	:	National Westminster Tavistock Square Branch Tavistock square London WC1H 9XA

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2021

The Trustees present their report and accounts for the year ended 31 March 2021.

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association and comply with the Companies Act 2006 and the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities Act 2011".

Structure, governance and management

The King's Cross-Brunswick Neighbourhood Association (KCB) is a charitable company limited by guarantee. The governance framework for the organisation is set out in the Memorandum and Article's of Association lodged with the Charities Commission and Companies House.

Recruitment and appointment of trustees

The organisation is governed by the Board of Trustees which consists of the Chair, the Vice Chair, the Treasurer and six representatives from the members, elected by the members at the Annual General Meeting.

All KCB Trustees must be residents of the King's Cross, Brunswick area. The Board of Trustees may also co-opt two further persons whether members or not, until the conclusion of the next AGM.

Trustee Induction and training

All the new trustees undergo an induction programme and are supplied with an information pack covering the governance structure and the policies and procedures of the organisation. Voluntary Action Camden provides a series of training workshops on management committee roles and responsibilities and trustees are encouraged to attend

Risk Management

The Board of Trustees have conducted a review of major risks to which the charity may be exposed.

External Risks:

The significant external risk is that of reduction of funding. The Board of Trustees have developed a Reserves Policy to address any sudden withdrawal of core funding and are working towards implementing this fully as soon as possible. The Board of Trustees has developed a strategy that allows for diversification of funding for activities.

Internal Risks:

Financial risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of service for all operational aspects of the charitable company. These procedures are consistently reviewed to ensure they continue to meet the needs of the charity.

The potential loss of key personnel is minimised by offering staff career enhancing training, structured supervision, annual appraisal and paying the market value for their post.

Potential risks to clients and users is minimised by ensuring all staff and volunteers complete a Disclosure and Barring Service (DBS) check before working unsupervised with any clients and users.

Potential risk to Trustees is minimised by insurance cover.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2021

Objectives and Activities

KCB was established to pursue charitable objectives. The organisation aims to work to improve the welfare and quality of life of the inhabitants of the King's Cross and Brunswick area of the London Borough of Camden. The organisation is a registered charity (registration number 1083901).

Review of activities for the past year
KCB was established in 1980 and this is our 41st anniversary year. This has been such a horrific year with our members, staff, trustees and community suffering from the Covid pandemic and the lockdowns. We were able to quickly transform all our services to provide online support for our members an open up our centre's once we were allowed to.

COVID-19 has highlighted the inequalities that exist in society but it has also shown the positive side to humanity with a lot more people supporting each other. KCB's strapline is Tackling Inequality, Creating opportunities and Transforming lives and we have done that extremely well over the past year.

Most of our services are provided from the Chadswell Healthy Living Centre, King's Cross Neighbourhood Centre and the Marchmont Community Centre, which we lease from Camden Council.

In the past year the organisation has worked with children, young people, older people, Bangladeshi families, Somali families, Chinese families and refugee families. Our work with young people has received a lot of positive publicity locally and nationally. Our work has tackled inequality, created opportunities and transformed lives. Below is a more detailed breakdown of our work supporting our community during the past year and Covid impact.

KCBNA COVID-19 Impact Report
April 2020 to March 2021
Supporting BAME Communities 540 members from Bangladeshi, Somali and Chinese Community were supported. 13,369 interactions.
BAME communities were disproportionately impacted by COVID-19 due to various reasons including living in overcrowded housing, low income, language barriers, digital divide, lack of awareness about COVID-19 etc.
Who they are: The majority of the people we supported were from Bangladeshi, Somali and Chinese communities including families and vulnerable older people.
Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation as they had communication with people
"Improvement in physical health, emotional and mental health, increase of income and benefits
" Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

What did we do?
We provided information, advice, guidance, English language classes, online exercise classes, mental and emotional health advice, support with benefit, furlough and grant claims. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English, use internet, emails or access other services.

Somali telephone advice - Our Somali community provided advice to 70 families via their phone throughout the COVID-19 pandemic at least once a week.

Exercise Classes for Somali members via zoom or whatsapp - We had exercise classes on Tuesday, Wednesday and Sundays. 40 people took part throughout the week.

Sewing Class - 8 Somali women took part every week on Whatsapp in the sewing classes.

Mental Health advice session - 6 Somali women took part in the mental health advice sessions on Whatsapp in partnership with Voluntary Action Camden.

Benefits Advice - Our Somali and Bangladeshi community workers provided support and advice about benefits claims including universal credit, housing benefit and other benefits via the phone throughout the pandemic.

Bangladeshi Age 50+ Women's Exercise Class By mid- May we aimed to get the group up and running and do exercise from home. Exercise tutor has created exercise sheet. Members will follow exercise at home and I call members to find out how it's all going.
This group of ladies are elderly and have language barriers. The ladies were extremely happy that their tutor went through so much trouble to create the sheet for them and their wellbeing. All the members are doing their exercise at home. Some are following it every day and some are doing it on Tuesday. This is to help their aches and pain.

Cont../d

TRUSTEES' REPORT
For the year ended 31 March 2021

Women's Exercise Class Age 18+, 2nd June WhatsApp group created. Weekly exercise videos are uploaded for members to follow. This group has made them more digitally inclined.
There are 19 students on the WhatsApp Group. This group was created after Ramadan. The aim is to continue exercise at home during lock down. Many members were feeling very depressed sitting at home. They are really happy to be able to contact group members on WhatsApp. They said we are not missing out on physical activity now. We are in touch with our tutor and friends from the class.

English for Speakers of Other Languages (ESOL) Entry Level 1 Class- 4th June course provider Camden Adult and Community Learning agreed to start teaching students on the telephone. Most of the students have little English and could not do zoom teaching. Study pack was posted to each individuals. This group of 26 students were split into three groups and teaching of 9 weeks . Every Thursday 3 staff members speaking Syheti are teaching these students. It was a new experience for the staff members too as they had never taught before.

What Next:

All the above activities continue but we have started appointment based face to face socially distanced advice sessions at out Chadswell Healthy Living Centre and we are looking at opening our community gym with reduced numbers and opening hours.

Food Delivery - 9,430 food parcels delivered to 340 members
Access to food and lack of income to pay for food was a major issue for a majority of our members who are from Black Asian and Minority Ethnic Communities(BAME) and Older People.

Who they are:

We delivered food to disadvantaged and vulnerable members from BAME communities including large families living in overcrowding and older people. Most of the people were on very low income, socially isolated and had language and other barriers including inability to speak English or access other services.

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation as they had communication with people delivering food
"Reduced hunger and improvement in physical health
" Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

What did we do?
Ramadan Food Parcel Project, We worked in partnership with Abul Choudhury at Age UK Greatcroft and Camden Council. This project aimed to reach out to all Muslim families, Individuals and older people all over Camden. This project reached out to 800 plus Muslim families in London Borough of Camden. Camden voluntary sector organisations, ward councillors, care service, shelter homes and families received food parcel.

First time in history has this taken place. Members have come back to us and gave positive feedback and appreciation. They expressed that because of the lock down many families were not able to do Ramadan shopping and this food parcel will help them so much, while others were isolating or lost a family member due to Covid-19.

Emergency Food Parcels, Camden Council and Age UK started providing Emergency Food Parcels straight after the lock down. This service was for the elderly and vulnerable members. Emergency food parcels were delivered to each individuals homes. It contained milk, bread, butter, fruit and vegetables, hand sanitizer, tissues, biscuits, soup, bake beans, tuna and snacks. A lot of the members that we work with are unable to speak English or use emails and we arranged their food deliveries for them. We also worked with Calthorpe Community Gardens, Food for All and the Bangladeshi Workers' Association to deliver food for local residents.

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BAME Lunch Club - We are providing hot lunches once a week for local Kings Cross members and residents in neighbouring wards. This is a take away and delivery service, some members come to collect their take way, we maintain the 2 metre distance. We also deliver to members who are unable to pick up. Food is freshly cooked on the day.

KCBNA Young People's Biryani - great opportunity for our BAME community workers to work with our youth team. Due to lockdown young people's activities are restricted. They got the chance to cook chicken/meat Biryani for the month of August, once a week. 50 packets of Biryani was collected and distributed amongst young people. Food poverty is a very big issue for lots of families within our area. They do not have the funding to buy regular food for their children. This project helped to ensure that the children / young people got a hot meal once a week.

BAME Older People - We delivered 25 free hot meals per week to BAME elders on their doorstep. We are working much more closely with our KCBNA BAME staff and other local BAME organisation who have also been delivering hot meals to our most vulnerable members 2 times a month. This has been greatly appreciated and we feel that the pandemic has helped us to break down some of these very longstanding barriers.

What Next - We are looking at opening our lunch clubs within our community centres with smaller numbers of socially distanced members and we also are providing pick up and delivery service of food for vulnerable older people and BAME community members.

Supporting Older People - 257 members, 6232 contacts

From the start of lockdown older people and others with existing health conditions were told to stay at home and not some out.

Who they are:

Older people aged over 60 years of age from diverse communities

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation and loneliness
"Improvement in physical health, emotional and mental health
" Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation as they had communication with people delivering food
"Reduced hunger and improvement in physical health
" Improved community cohesion and intergenerational and multicultural engagement as some of our volunteers were young people and from diverse communities

What did we do?

Befriending: 257 members contacted initially by our older people's team at the beginning of Lockdown and 202 contacted regularly during the Lockdown by phone, email and Zoom (when possible) as well as some physical befriending done by Youth Team while delivering shopping. These contacts have helped us discover how each member was feeling, identify any health concerns or other issues and support them with all sorts of issues from accessing their pensions safely, to getting medication delivered by the Youth Team, to applying for the higher rate of Attendance Allowance. We were able to support members to buy items on-line such as a cooling unit for their flat, get their internet or phone lines repaired when not working, make an emergency podiatry appointments and find a wonderful volunteer gardener who became a friend, through Time to Spare. We have even been able to celebrate several members' birthdays during this time, with flowers and a card or other small gift. 6,232 contacts during lockdown period.

70+ members were informed with the latest info on the Pandemic, weeks before it arrived full force in the UK. Informal discussion groups were held and they were given space and encouraged to talk about their fears and concerns, to ask questions about the conflicting advice they had heard and were given clear training on factual knowledge, and the best known practice at that time. We have continued to keep all our members informed with the most up-to-date factual information, throughout the Lockdown, by means of our telephone conversations, visits when possible and our weekly newsletter, the Lockdown Times!

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Physical Exercise: 200+ of our members were encouraged and supported to do some sort of physical exercise at home or if not shielding, go for daily walks, every day, to prevent the increase in frailty, loss of balance, reduced muscle strength and increase in sedentary diseases that we suspected would result in long periods of inactivity, at home. This emphasis on daily exercise as a priority was also because of the heightened risk to our older members of contracting a more severe and dangerous Covid 19 infection and the clear proof that regular exercise strengthens and supports the immune system, thus reducing their risk of a fatal outcome to any infection. This was done through paper based exercise instruction sheets, encouragement in the Lockdown Times!, through conversations during the telephone befriending, by staff example and by recommending good weekly YouTube exercise clips every week, produced for older people by our partners at Central YMCA and Age UK.

250+ members informed, entertained and inspired through means of our weekly newsletter, the Lockdown Times! featured in Camden New Journal. The newsletter is member contribution based and featured jokes, photographs, recipes, inspirational stories, information, the latest scam warnings and the occasional competition. Members reported feeling valued and valuable, seeing their contributions in print and being enjoyed by everyone and it also helped our community stayed connected and cohesive. This was produced in 3 formats: digitally for the 200+ members who have access and digital literacy skills, a non-digital version hand delivered for 14 weeks by one of our very hard -working, committed and reliable volunteers (who was also a volunteer befriender) and a large print version for members with visual challenges. 3,500 newsletters delivered to members!

200+ members have been given written and, in some cases, verbal warnings over the telephone, on the latest scams to watch out for, during the pandemic. This has significantly reduced members' fear of crime because they feel more confident in identifying a scam and know what to do. This is an issue much discussed in the Lockdown Times! and over the phone, due to the increase in scams related to the pandemic and the rise in numbers of unscrupulous criminals preying on the fear present in some members of our most vulnerable older, population.
What Next - We will continue with the telephone befriending service and LOCKDOWN TIMES newsletter delivery and look at opening up some of the activities at our Marchmont Community Centre for smaller numbers of people with social distancing.

Supporting Young People - 439 members, 9,623 engagements and contacts

We have designed a comprehensive programme of activities delivered online 5 days a week utilising our online platforms on Instagram where we have seen more than a 100% increase in engagement since the lockdown. From 216 followers in March we have now 439 followers with more than 90% being young people. Our 5 day programme from April 2020 - March 2021 included a diverse range of activities.

Who they are:

Young people aged between 12-23 years of age from diverse communities

Our Impact:
"Improved physical, emotional and mental health and well being
"Reduced isolation and loneliness
"Improvement in physical health, emotional and mental health
"Improved community cohesion and intergenerational and multicultural engagement

Cont./d

TRUSTEES' REPORT
For the year ended 31 March 2021

What did we do?
Project Active online - Weekly fitness sessions for young people to follow and engage with at home, advice on goal setting, motivation and nutrition. The result of lockdown has impacted young people's mental health Project Active encourages young people to stay active and live a healthier life style whilst talking physical and mental health issues in our community. Up to 49 young people have logged onto our live sessions.

DIY Skin care - Regular updates on homemade affordable skin care products for young people this was something young people chose as a result of our consultations young people particularly young women wanted to look after their skin and needed affordable skin care treatments whilst in lockdown. 102 young people have logged onto our pre recorded session.

Education employment and training support -Through email and sharing of job opportunities with our members. One to one support was provided via Zoom and phone conversations. 21 young people have engaged since the pandemic.

Fifa Pro Clubs online on Playsation - Fifa is a game enjoyed by many of our users and through demand we launched a weekly online team game throughout the lockdown to keep our regular Youth Centre members engaged. 16 young people engage on a weekly basis with a total of 32 young people engaging throughout.

Live Talkshops - To stay connected with our members we delivered talkshops on our live Instagram stream where young people engaged in positive discussions, said hello just like we would have done during our face to face sessions. Topics discussed have been mental health, covid 19 lockdown and coping strategies, Balck Lives Matter, knife crime, youth empowerment and more. We've also had a guest speaker who is a running candidate to become the next Camden Youth MP. Up to 38 young people have logged onto our live feeds weekly. 122 young people have engaged throughout the lockdown.

Online Cooking & Baking - youth workers have delivered online cooking and baking sessions live and pre-recorded. These sessions are a hit in the Youth Centre and have proven to be a hit online as some young people have cooked along with session. Up to 27 young people have logged onto our live feeds and 86 have viewed our story feeds to follow the instructions on a weekly basis. 160 young people have engaged throughout the lockdown period.

Quiz nights - To help us keep our members engaged in fun participatory activities we have delivered various quiz nights online. Using fun engaging genral knowledge questions. 86 members took part.

Sexual Health sessions - We have delivered 1 sessions using Zoom to deliver Sexual Health Advice where we've invited a sexual health advisor from Brooks Camden to be at hand to answer any questions around sexual health and explore the issue with our user members. 8 young people attended the session.

Mental Health Awareness sessions - In partnership with Kooth we have delivered 1 mental health awareness session engaging 9 young people via Zoom.

Mental Health Awareness Week -The main theme of this year's mental health awareness week was kindness. To raise awareness of mental health the team decided to hand deliver treats including deserts and food containers to some of our regular members to let them know that the team are still here to support them and that they are valued. This was captured on camera and a small video was made where young people were asked what kindness meant to them. This was a great way to encourage our users to be kind not just to others but also to them self and the importance of this on one's mental health. 60 young people received these parcels of kindness with love from KCB.

Regular updates & key information - Regular updates and key information are shared with our users on a regular/daily basis. Updates around Covid_19 are shared and made clear to our users. Updates on support services, mental health awareness and other opportunities are regularly shared.

Partnership work - We have delivered workshops with our partners including a Upcycling Trainers workshop with HCA Holborn Community Association. 18 young people engaged in the workshop.

Poem Writing Competition -Young people from across Camden took part in our competition and the wider London Youth Competition. We had 14 entries of some exceptional poems. This was delivered in partnership with Corams Fields, Somers Town CA and Fitzrovia Youth in Action. 3 winners were chosen but all participants received a voucher prize.

Black Lives Matter Project- Young people came up with the idea of making a film, competitions for best posters and poems to show our solidarity in Camden for the BLM movement. 60 People across the borough have participated in sending in videos showing their solidarity. Our older members from the Marchmont Community Centre have also participated thanks to Diane. The film is currently being produced.

Regular phone calls and communication - Phone calls were made to our members to let them know we are still here to support them. Regular calls to check in, share information, reassure, motivate and maintain connections were made on a weekly basis during lockdown. 128 individual young people have been contacted by the Youth Team.

TRUSTEES' REPORT
For the year ended 31 March 2021

Shopping Support Squad - Working with Diane our (Older People's Community Worker) we have supported some of our most vulnerable elderly people in the community through doing their weekly grocery shopping, collecting medication, paying bills, delivering the occasional flowers and putting out the recycling. Members of the youth team along with young volunteers (18+) have done this voluntarily since the very start of the pandemic and continue to do till early August.

100k Charity Cycle - 3 local young men decided to cycle a 100km to raise funds for 3 charities. One of those charities chosen was KCB Youth Project. Muminur Rahman who is also a sessional Youth orker at KCB completed the 100km cycle along with Arif Kaif and Jahad Ahmed. They raised a staggering £2700 in total with KCB receiving £900 towards its work with supporting young people who have been most and disproportionately affected by COVID-19. We would like to thank and congratulate these young men on their outstanding achievement and everyone who donated - Thank you.

What's next:
We continue to support our service users through new approaches and are continuously adapting our delivery. Our users need us more now as many have & will feel the devastating effects of this pandemic for many months to come.

The work that has been done has included community safety, employment training, advice, guidance, and health promotion work to support community cohesion and challenge racism and inequality. This has been a more challenging year as a lot of our big grants had ended but fortunately for us we have been able to get some new grants to replace them and for additional work to tackle the Black Asian and Minority Ethnic (BAME) disproportionate impact of Covid. Majority of our members are from BAME communities.

KCB has once again exceeded all of its' quantitative and qualitative targets in all areas of work. The monitoring returns and feedback received from service users demonstrates that KCB was successful in improving the social and emotional development of the local residents and improving their quality of life.

The support of our staff team and volunteers has been invaluable, without which we would not have been able to offer such an extensive variety of activities and projects throughout the year. We would like to thank all the volunteers and staff members.

KCB has excellent relations with statutory, voluntary sector partners and charities. KCB has extensive partnership arrangements with the London Borough of Camden.

Our main funders this year are the London Borough of Camden, The National Lottery, John Lyon's Charity, City Bridge Trust, The Headley Trust, St Andrew Holborn Charities, Camden Giving, St Pancras Thanet Street Trust and BBC Children in Need. We also received small amounts of funding from various other funders. We would like to thank all the funders for their generosity and support.

The funds raised during the year have been applied prudently to meet the Charity's objectives. All assets are held for the organisation to carry out its' normal charitable and administrative activities.

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KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT
For the year ended 31 March 2021
Transaction and Financial Position

The statement of financial activities shows income for the year of £791,370 with expenditure of £520,513 leaving a credit of £270,857. At the end of this year we carry forward unrestricted reserves of £351,043.

Reserves Policy

In line with Charity Commission recommendations the KCBNA Board of Trustees aim to achieve a level of unrestricted reserve which is sufficient to cover 6 months operating costs and 6 months staff salary costs. The current estimated operating costs per annum is £283,624. The sum identified for reserves is £141,812. The current estimated annual salary cost is £236,889. The sum identified for reserves is £118,444.5. The total sum identified for reserves is therefore £260,256.5. We are pleased to report that we have sufficient funds in our reserves.

Statement of Trustees' Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

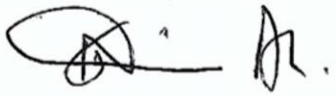
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Independet Examiner

So far as the Trustees are aware, there is no relevant information of which the charitable company's Independent examiners are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are of that information.

This report was approved by the Board of Trustees on 1 December 2021 and signed on its behalf by:



Nasim Ali OBE
Company Secretary

Independent Examiner's Report to the Trustees of
KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

I report on the accounts for the year ended 31 March 2021 set out on pages eleven to fifteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act

- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and

- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Moshin Miah
MSCO
Chartered Certified Accountants
100 Mile End Road
London
E1 4UN
Date: 9th December 2021.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Statement of Financial Activities (incorporating an income and expenditure account)

for the year ended 31 March 2021

			Restricted				
		Unrestricted	Revenue	Capital	Fixed Asset Funds	2021	2020
		funds	funds	funds	funds		
INCOMING RESOURCES	**Note**	£	£	£	£	£	£
Donations	**5**						1,000
CJRS Grant			43,292			**43,292**	
Activities in furtherance of the charity's objects:							
Youth		20,000	303,970			**323,970**	202,277
Health							
Family		-	30,520			**30,520**	57,375
Community		-	120,637			**120,637**	18,394
Senior Citizens			55,400			**55,400**	57,375
Other Projects							
Support Costs		182,626				**182,626**	142,573
Activities to generate funds:							
Letting income, user member's income		34,688				**34,688**	67,531
Interest receivable		237				**237**	516
TOTAL INCOMING RESOURCES	**2**	**237,551**	**553,819**			**791,370**	547,041
RESOURCES EXPENDED							
Charitable expenditure							
CJRS			43,292			**43,292**	
Youth			200,811			**200,811**	204,120
Family			16,020			**16,020**	80,070
Health							
Community			111,941			**111,941**	60,608
Senior Citizens			40,400			**40,400**	66,894
Other Projects							
Support Costs		88,110				**88,110**	127,469
	3	88,110	412,464			**500,574**	539,161
Governance costs	**4**	2,000			17,939	**19,939**	20,338
Cost of Generating Funds							6,366
TOTAL RESOURCES EXPENDED		**90,110**	**412,464**		**17,939**	**520,513**	565,865
Net income resources		147,441	141,355		(17,939)	**270,857**	(18,824)
Transfer between funds							
NET MOVEMENT IN FUNDS		**147,441**	**141,355**		**(17,939)**	**270,857**	(18,824)
TOTAL FUNDS AT 1 APRIL 2020		203,602	71,338		892,070	**1,167,010**	1,185,834
TOTAL FUNDS AT 31 MARCH 2021		**351,043**	**212,693**		**874,131**	**1,437,867**	1,167,010

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

KING'S CROSS-BRUNSWICK NEIGHBOURHOOD ASSOCIATION

Balance Sheet
as at 31 March 2021

	Notes	£	2021 £	2020 £
FIXED ASSETS				
Tangible assets	7		874,131	892,070
CURRENT ASSETS:				
Cash at bank and in hand		613,349		326,849
		613,349		326,849
CREDITORS: amounts falling due within one year	8	(49,613)		(51,909)
NET CURRENT ASSETS:			563,736	274,941
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,437,867	1,167,010
INCOME FUNDS				
Unrestricted funds			351,043	203,602
Restricted funds:				
Restricted Capital funds				
Restricted Revenue funds:	11		212,693	71,338
Fixed Asset funds			874,131	892,070
TOTAL FUNDS			1,437,867	1,167,010

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard 102 Section 1A.

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company. These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 1st December 2021 and were signed on its behalf by:

Rev Anne Stevens-Chair

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, in accordance with the Financial Reporting Standard for Smaller Entities (April 2008) , the statement of Recommended Practice, 'Accounting and Reporting by Charities 2005 ("SORP 2005") issued in March 2005 and the Companies Act 2006 and the Charities Act 2011.

Incoming Resources

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested

Tangible fixed assets

All fixed assets are capitalised at cost (subject to a £ 100 de minimus below which they are written of in the year of acquisition). Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life. Depreciation is not provided in the year of acquisition.

Fixtures and fittings	-25% reducing balance
Improvement to Property	-2% of cost

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

2. Incoming resources from various funders

	RESTRICTED		UNRESTRICTED	2021 Total	2020
	£	£	£	£	£
	Revenue	Capital			
Young Camden Foundation	2,268			2,268	5,000
Headley Trust	48,000			48,000	33,000
Big Lottery Fund URN: ID - 0010302868	170,584			170,584	118,402
L B Camden			182,626	182,626	100,000
BBC Children In Need	40,470			40,470	40,855
John Lyon's Charity	6,000			6,000	
City Bridge Trust	91,224			91,224	27,500
L B Camden - Universal Provision	26,130			26,130	20,520
The Fitzdale Trust					1,000
The Henry Smith Charity					40,400
St Andrews Holborn Charities	41,620			41,620	16,748
St.Pancras Thanet Street Trust			12,750	12,750	17,000
British Land	500			500	10,000
Camden Giving	30,515			30,515	18,763
Other	1,708		42,175	43,883	
Sport England	8,400			8,400	
London Community Response Fund	9,840			9,840	
Garfield Weston Foundation	15,000			15,000	
CJRS Grant	43,292			43,292	83,647
Ageing Better Camden	18,268			18,268	14,206
	553,819		237,551	791,370	547,041

The notes form part of these financial statements

3. TOTAL RESOURCES EXPENDED

	Restricted	Unrestricted	2021	2020
	£	£	£	£
Youth	200,811		200,811	204,120
Family	16,020		16,020	80,070
CJRS Grant	43,292		43,292	
Community	111,941		111,941	60,608
Senior Citizen	40,400		40,400	66,894
Support Costs		88,110	88,110	127,469
Total	412,464	88,110	**500,574**	539,161

4. GOVERNANCE COSTS

	31.03.21	31.03.20
Depreciation	17,939	18,338
Governance Costs	2,000	2,000
	19,939	20,338

NET INCOMING RESOURCES FOR THE YEAR

This is stated after charging:	31.03.21	31.03.20
	£	£
Depreciation-owned assets	106	141
Independent Examiners' remuneration	2,000	2,000
Directors' emoluments and other benefits etc.	-	-

5. DONATIONS RECEIVED

General donations were received in the year 2021:Nil.(2020:£1,000).

6. TAXATION

The charitable company is exempt from corporation tax on its charitable activities

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Improvement to leasehold premises	Total
	£	£	£
COST:			
At 1 April 2020	37,908	1,119,698	1,157,606
At 31 March 2021	37,908	1,119,698	1,157,606
DEPRECIATION			
At 1 April 2020	37,487	228,049	265,536
Charge for the year	106	17,833	17,939
At 31 March 2021	37,593	245,882	283,475
NET BOOK VALUE:			
At 31 March 2021	**315**	**873,816**	**874,131**
AT 31 MARCH 2020	421	891,649	892,070

Note: No depreciation has been charged in the year of acquisition of the asset.