

**AFRICAN WOMEN'S CARE**  
**REPORT AND FINANCIAL STATEMENTS**

**For the Year Ended**

**31 MARCH 2022**

## AFRICAN WOMEN'S CARE

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## AFRICAN WOMEN'S CARE

### CHARITY INFORMATION

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<b>Management Committee:</b>	Margaret Akullo	Chair
	Christine Atim	Treasurer
	Hadijah Kitembo	Member
	Jackie Kipwola	Member
	Lilian Olanya	Member
	Charles Kyazze	Member

**Charity Number:** 1083548

**Registered Office:** Canalside House  
383 Ladbroke Grove  
London  
W10 5AA

**Independent Examiner:** E Alli  
Lakubi Consulting  
Accountants & Business Advisors  
Unit 47B Park Royal Business Centre  
9-17 & 19-21 Park Royal Road  
London  
NW10 7LQ

**Bankers** Lloyds Bank  
Willesden Green Branch  
1 Walm Lane  
London, NW2 5SN

## **AFRICAN WOMEN'S CARE**

### **TRUSTEES' REPORT**

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The Trustees present their report and financial statements for the year ended 31 March 2022.

#### **Structure, Governance and Management**

African Women's care is governed by its committee who meets regularly to manage its affairs. The charity employs paid staff and uses paid consultants for specific projects. It relies heavily on committee and volunteers for its day to day activities. AWC applies for funding of projects through applications to Trusts, Local Government, Central Government and other funding bodies. Most of our projects are funded for 1 - 3 years and are monitored through regular monitoring visits from the funders and quarterly project reports.

#### **Statement of Committee's Responsibilities**

The law requires the committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity for that period. In preparing those financial statements, the committee are required to:

- select suitable accounting policies and the apply them consistently;
- make judgment and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards and Statements of Recommended Practice have been followed, subject to any departures disclosed and explained in the accounts:  
and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The committee have overall responsibility for ensuring that the charity has appropriate systems of control, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any given time the financial position of the charity and to enable them ensure that the financial statements comply with relevant regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention of fraud and other irregularities.

#### **Risk Management**

The risk to which the charity is exposed is reviewed regularly by its committee. At every committee meeting, the agenda would include among others, health and safety risk and compliance and, financial risk. The committee is certified that appropriate steps have been taken to identify and manage major risk to which the charity is exposed.

#### **Objectives and Activities**

The principal objectives and activities of the charity are:

- a) To advance education;
- b) To preserve and protect public health;
- c) To relieve poverty and suffering of women, girls and, families who are refugees especially those of African origin.



## AFRICAN WOMEN'S CARE

### TRUSTEES' REPORT cont'd

#### Chairperson's Report:

It is with great pleasure that I introduce the AWC Annual Report for the year 2021-2022. Last year as COVID-19 restrictions lifted and people began returning to work in person, many people in our local community continued to face the compounding challenges of limited access to living wage jobs, rising childcare costs, increased food and gas prices. After the restriction was lifted, requests for support grew, mental health struggles continued to surface as a barrier across all sectors. Because of your generous support, AWC was able to meet the basic needs of its targeted clients group and the lives of individuals and families were stabilized. You helped our entire community grow stronger.

#### In the year under review you helped our organisation:

Employed and retain staffs who worked extremely hard to provide advocacy support which helped 174 women and their children come out from living in abusive relationship. Survivors were supported to move and resettled into safe accommodation, supported with Welfare Benefits claims, supported with Immigration Application under the Domestic Violence Concession, supported to return to work, supported with money in times of crisis, supported with child protection compliances, supported to obtain Child Contact Order, Supported to obtain Non Molestation Order and many more.

AWC continued to support our clients with access to available healthcare services, and promoting NHS agenda around the COVID-19 Vaccine uptake. We also played a big role improving in community cohesion and especially highlighting the health inequalities experienced by our communities during the pandemic working with the NHS, Council and other Local Authority initiatives like the Brent Health Matters, Community Champions, Health Partners etc.

We reached out to over 350 women with up to date health information, through workshop, information stalls and community surgeries.

Looking forward, we recognise that our community work will continue to be important as the country wrestles with difficulties around the cost of living. We are committed to working with our targeted client group on this, and doing what we can to support them through these challenges. On top of that we will continue to invest our resources and efforts in improving our services in line with clients' feedback and providing safe, good quality, support to Black & Minoritised women and girls in need of our service..

Thank you for making a positive difference in the lives of so many women and their

#### Support services accessed by our clients

Domestic Violence	174
Advice & Information	148
Health Related Support	350
Destitution, Food & Shelter	38
No Resource to Public Funds	22
Emotional & Isolation	36
<b>Total Number of Women supported</b>	<b>768</b>

## **AFRICAN WOMEN'S CARE**

### **TRUSTEES' REPORT cont'd**

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**AWC offered in the following services in current year:**

#### **Women's Centre:**

This service is open to all Black and Minoritised women for information, advice and support with day to day support needs, every Wednesday from 10am – 3pm. Women do not need to make any appointments to be seen by a Link worker, just come with your problem and our staff can work with them and keep a follow-up three months to make sure that problem is resolved properly. It helps to give women with up-to-date information about available services, enabling them to make informed choices about their daily support needs. Whether it's information on schools place, accessing family support, accessing welfare benefit, addressing health issues or just someone to talk to, our clients can get the help they want at the Help Centre. Most of the women presents with cases of housing arrears, looking for school place, Welfare Benefits overpayments, dealing with repairs, destitution, unsuitable housing condition, overcrowding or health related issue. The service is currently being accessed by 12 women weekly.

#### **Advocacy Support:**

We offer one to one support and guidance to women experiencing or affected by domestic abuse to help you live without abuse or fear. Sometimes people know that something is not right in a relationship but they are not sure what's wrong or how to change it. Domestic abuse isn't only physical, the majority of women suffer emotional abuse and the constant stress of living in fear can cause physical and mental health problems. Women very often become depressed and can see no way out.

We offer awareness raising and an understanding of what domestic abuse really is through community outreach presentation reaching women in their local settings. We also provide quality free and confidential Crisis Intervention support and Advocacy to women experiencing domestic violence enabling them to make informed choices about their condition.

#### **Our Crisis Intervention and Advocacy Support which includes:**

- a) Immediate Risk Assessments, Safety Planning, Advocacy & Guidance with the client to minimise risk uphold disclosure.
- b) Complete needs assessments, exploring the clients' rights and options, including around immigration and Child protective orders.
- c) Provide practical support and referrals to client to access support from Solicitors, Welfare Benefit Agencies, Housing, Refuges, Hospitals etc.
- d) Support the client in understanding Police processes and the Criminal Justice System and offer support with interpretation in several African languages.



## **AFRICAN WOMEN'S CARE**

### **TRUSTEES' REPORT cont'ed**

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- e) Offer emotional support to clients during times of making statements at the Solicitors, Housing, and support with Domestic Violence Concession application to Home office.
- f) Offer advocacy and support women to understand their duty of care to their children and compliance with Child Protection Orders.
- g) Support Client in understanding the dynamics of abuse and have a better understanding of the various forms of abuse.
- H) Ensure the client understands their options in order to make informed decisions, that will help them and support them in breaking the cycle of abuse which will then have a positive outcome on the family home and children's experiences.
- i) Explore short and long-term goal and empower client in thinking ahead with regards to physical, emotional health as well as education and employment

### **Health and Wellbeing:**

This programme is co-designed with current and former clients from their lived experience. The project works to address health inequalities among BME communities and empower community members with up to date information, restore mistrust and greater understanding & knowledge of where and how to access available health and other services assisting communities members to overcome access barriers to services e.g. fear, distrust, ignorance, low self-confidence, anxiety.

A key element of the project also involved direct engagement by trained volunteers to provide digital support to vulnerable clients or those with language barriers that are failing to follow-up with regular health checks and appointment current being delivered through digital.

The work is delivered by qualified and experienced staff, sessional workers and volunteers with health related background, willing to transfer their skills and knowledge to the community.

Our project offers monthly community information workshops and one-to-one holistic follow-up support (via drop-in, telephone or home visit). We also run extensive community outreach work and information stalls and surgeries promoting uptake of vaccinations and Government policies.

The project enable participants to feel more connected with their community, with improved understanding of the system, reduced isolation, greater opportunities to receive peer support

We have received tremendous positive feedback from our clients who have said they have felt comfortable, being believed, and felt safe in engaging with us. We have supported clients to flee from abusive relationship, moved to safe places, settled them in a new home, we have supported women with their children to secure their immigration status and obtain their Indefinite Leave to Remain in the UK.

## AFRICAN WOMEN'S CARE

### TRUSTEES' REPORT cont'd

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#### Financial Review

During the year, AWC received incoming resources of £165,217 (2021: £121,400) and had outgoing resources of £152,071 (2020: £128,155) in delivering its objectives as well as for management and administration of the charity.

#### Reserve Policy

One of the financial objectives of AWC is to build up reserves. It is therefore seeking to establish a level of reserves that would allow it to increase its activities as well as to enable it maintain long-term viability.

#### Thank You

I would like to acknowledge the important roles played by the management committee during the year as they individually contributed resources and skills mentoring the staff during the hard days. I also take this opportunity to thank the staff team at AWC for their commitment in saving and changing many lives, with special mention for our volunteers for their hard work, commitment and dedication throughout the year and above all our service users.

I would like to express my gratitude to all the organisations that continue to work with us and funders that support us and make it possible to achieve our objectives.

  
Margaret Akullo  
Chair

8th November  
2022



## AFRICAN WOMEN'S CARE

### INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF AFRICAN WOMEN'S CARE

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I report on the accounts of the Charity for the year ended 31 March 2022.

#### **Respective Responsibilities of Trustees and Examiner.**

As the charity's Trustees' you are responsible for the preparation of the accounts. You consider that the audit requirement of section 43(2) of the Charities Act 1993 does not apply.

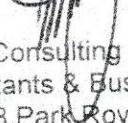
It is my responsibility to state, on the basis of procedures specified in the General Direction of the Charity Commissioner under section 43(7)(b) of the Act, whether particular matters have come my attention.

#### **Basis of Independent Examiner's Report**

My examination was carried out in accordance with the General Direction given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts with those records. It includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustee' concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

#### **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention which give me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with section 41 of the Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirement of the Act, have not been met; or to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
E. Alli  
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Unit 47B Park Royal Business Centre  
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LONDON  
NW10 7LQ

23th November 2022

**AFRICAN WOMEN'S CARE**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>Incoming Resources</b>					
Grant	5.	-	151,221	151,221	120,054
Other Income		<u>13,996</u>	<u>-</u>	<u>13,996</u>	<u>1,346</u>
Total Incoming Resources		13,996	151,221	165,217	121,400
<b>Resources Expended</b>					
Cost of generating voluntary income	2.	251	-	251	-
Charitable Activities	2.	11,210	139,235	150,445	126,655
Governance Costs	2.	<u>1,375</u>	<u>-</u>	<u>1,375</u>	<u>1,500</u>
Total Resources Expended		<u>12,836</u>	<u>139,235</u>	<u>152,071</u>	<u>128,155</u>
<b>Net Incoming/(Outgoing) Resources for the Year</b>		1,160	11,986	13,146	(6,755)
Movement of Funds		-	-	-	-
Balances b/f at 1 April 2021		-	(4,904)	(4,904)	1,851
Balances c/f at 31 March 2022		<u>1,160</u>	<u>7,082</u>	<u>8,242</u>	<u>(4,904)</u>

# AFRICAN WOMEN'S CARE


## BALANCE SHEET AS AT 31 MARCH 2022

	Notes	2022 £	2021
<b>Fixed Assets</b>			
<b>Tangible Assets</b>	3.	1,973	4,309
<b>Current Assets</b>			
Debtors		6,321	2,323
Cash at Bank & in Hand		<u>25,132</u>	<u>13,964</u>
		31,453	16,287
<b>Creditors</b>			
Amount falling due within one year	6	5,198	1,500
<b>Net Current Assets</b>		26,255	14,787
<b>Creditors</b>			
Amount falling after more than one year	6	19,986	24,000
<b>Total Assets Less Current Liabilities</b>		<u>8,242</u>	<u>(4,904)</u>
<b>Restricted Funds</b>		7,082	(8,582)
<b>Unrestricted Funds</b>		<u>1,160</u>	<u>3,678</u>
		<u>8,242</u>	<u>(4,904)</u>

### Director's Statements

The Trustees considers that the organisation is entitled to audit exemption under Section 43(2) of the Charities Act 1993.

The Trustees acknowledges their responsibility for ensuring that the organisation keeps accounting records which comply with the provisions of the Charities Act 1993, and for preparing accounts which give a true and fair view of the state of affairs of the organisation at 31 March, 2017 and of its results for the period then ended.

  
Margaret Akullo  
Chair

8th November 2022



## **AFRICAN WOMEN'S CARE**

### **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022**

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#### **1. Accounting Policies**

- a) The financial statements are prepared under the historical costs convention and with the Charities Act 1993 and related regulations.
- b) Depreciation is provided on straight line basis over estimated useful life of the assets which is four years.
- c) These financial statements have been prepared in accordance with the Statement of Recommended Practice Accounting by Charities (SORP 2005 updated 2008) and applicable accounting standards.
- d) Voluntary income received by way of donations is included in full in the account when they are receivable
- e) Grants are recognised in full in the accounts in the year in which they are receivable
- f) Funds received for specific purpose are funds restricted for use for that purpose. These funds are shown separately in the accounts.
- g) Costs of generating funds are cost associated with attracting voluntary income.
- h) Charitable expenditure are those costs incurred in the delivery of the charity's activities and these costs includes direct support costs.
- l) Governance costs include those associated with meeting the constitutional and statutory obligations.

## AFRICAN WOMEN'S CARE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 2. Resources Expended

Cost of generating funds	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Publicity & related costs	136	-	136	39
Volunteer Expenses	115	-	115	102
sub-total	251	-	251	141
<b>Charitable Activities</b>				
Volunteer Expenses	1,526	6,174	7,700	2,605
Sessional Work	2,874	20,166	23,040	42,538
Workshops, Welfare & Training	4,474	22,532	27,006	2,610
COVID Young Women Support	-	-	-	3,450
Recruitment	-	875	875	813
Consultancy	-	10,151	10,151	10,741
Rent	-	8,110	8,110	5,750
Salary & Wages	-	45,629	45,629	44,320
Telephone, Fax & Internet	-	2,141	2,141	2,041
Subscriptions	-	652	652	625
Information Resources	-	3,569	3,569	1,212
Print, Postage & Stationery	-	2,386	2,386	751
Publicity	-	3,611	3,611	751
Travel	-	3,164	3,164	690
Repairs & Maintenance	-	1,313	1,313	3,889
Bank Charges	-	330	330	313
Insurance	-	432	432	1,008
Conduit	-	8,000	8,000	-
Depreciation	2,336	-	2,336	2,548
sub-total	11,210	139,235	150,445	126,655
<b>Governance</b>				
Management Committee meeting	-	-	-	-
Independent Examination Fee	1,375	-	1,375	1,500
sub-total	1,375	-	1,375	1,500
<b>Total Resources Expended</b>	<b>12,836</b>	<b>139,235</b>	<b>152,071</b>	<b>128,296</b>

# AFRICAN WOMEN'S CARE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

### 3. Tangible Fixed Assets

	Furniture & Equipment	Total
	£	£
Costs		
At 1 April 2021	18,370	18,370
Additions in Year	-	-
At 31 March 2022	18,370	18,370
Depreciation		
At 1 April 2021	14,061	14,061
Charge for the Year	2,336	2,336
At 31 March 2022	16,397	16,397
Net Book Value		
At 31 March 2022	1,973	1,973
At 31 March 2021	4,309	4,309

### 4. (Deficit)/Surplus for the year

This is stated after charging:

Depreciation of Tangible fixed Assets

2022	2021
£	£
2,336	2,548

### 5. Incoming Resources

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Big Lottery	-	10,000	10,000	10,000
City Bridge Trust	-	-	-	28,200
London Community Foundation	-	-	-	15,992
National Lottery	-	49,800	49,800	45,350
Rosa Fund	-	-	-	14,562
The Kensington and Chelsea Func	-	-	-	2,500
Africa Advocacy	-	5,000	5,000	-
Brent Council	-	20,000	20,000	-
CVS Brent	-	5,000	5,000	-
Imperial College H IHC	-	24,225	24,225	-
Lancaster West Fund	-	5,170	5,170	-
Lloyds Bank Foundation	-	25,000	25,000	-
Policy Education PERRASUK	-	2,550	2,550	-
Tudor Trust	-	2,000	2,000	-
Young Women Trust	-	-	-	3,450
Other Income	13,996	2,476	16,472	1,346
Total	13,996	151,221	165,217	121,400



## AFRICAN WOMEN'S CARE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

	2022	2021
	£	£
<b>6. Creditors</b>		
Amount falling less than one year:		
PAYE & NIC	1,076	-
Pension	247	-
Accruals	3,875	1,500
Total	<u>5,198</u>	<u>1,500</u>
Amount falling after more than one year:		
BB Loan	<u>19,986</u>	<u>24,000</u>