

BARCHESTER HEALTHCARE FOUNDATION

England & Wales · Charity number 1083272

Details

Other names	BARCHESTER HEALTH CARE FOUNDATION, WESTMINSTER HEALTH CARE FOUNDATION, Barchester Healthcare Foundation
Status	Registered
Legal form	Charitable company
Company number	04002177
Registered	2000-11-09
Register	View on the Charity Commission register

Contact

Address
3rd Floor
The Aspect
12 Finsbury Square
London
EC2A 1AS

Phone 08003283328

Email info@bhcfoundation.org.uk

Website www.bhcfoundation.org.uk

Activities

Objects: THE OBJECTS OF THE CHARITY ARE TO RELIEVE THE NEEDS AND TO PROTECT AND PRESERVE THE PHYSICAL AND MENTAL HEALTH OF PEOPLE SUFFERING FROM MENTAL OR PHYSICAL ILLNESS, BEHAVIOURAL DISORDERS, OR THE EFFECTS OF OLD AGE, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:1. THE CONDUCT OR COMMISSIONING OF RESEARCH INTO THE TREATMENT, DIAGNOSIS OR PREVENTION OF SUCH ILLNESSES, DISORDERS OR AGEING PROCESSES AND BY THE PUBLICATION OF THE USEFUL RESULTS OF SUCH RESEARCH; AND 2. THE PROVISION OF GRANTS, BURSARIES OR SUBSIDIES TO THOSE SUFFERING FROM THE AFOREMENTIONED ILLNESSES, DISORDERS OR EFFECTS OF OLD AGE.

Activities: Barchester Healthcare Foundation helps older people as well as working age adults with a learning or physical disability or mental health issue across England, Scotland and Wales. We give grants to help reduce isolation and loneliness, promote group activities and generally improve people's mobility and quality of life. We help individuals, small community groups and small local charities.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** General Charitable Purposes, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Jersey
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£403,435	£431,614	-	-
2023-12-31	£486,006	£313,140	-	-
2022-12-31	£318,008	£259,094	-	-
2021-12-31	£234,492	£228,818	-	-
2020-12-31	£190,347	£240,150	-	-

Trustees

Name	Role	Appointed
Simon McCall	Chair	2023-04-01
Dr Pete Calveley		2017-01-01
Helen Hamblen		2024-03-01
Irene Lewis		2025-01-01
Mitch Counsell		2025-05-01
Sally Hale		2023-06-01
Shona Conway		2026-04-01
Suzanne Gibson		2026-04-01

BARCHESTER HEALTHCARE FOUNDATION

England & Wales - Charity number 1083272

Accounts

Barchester Healthcare Foundation

Trustees' report and financial statements

Year to 31 December 2024

Registered Company Number 4002177

Registered Charity Number 1083272

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Trustees' Report

The Trustees present their annual report and the financial statements for the year to 31 December 2024.

Reference and Administrative Information

Constitution

Barchester Healthcare Foundation (“the Foundation”) is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Company Number 4002177. Charity Number 1083272.

Directors and Trustees

The directors of the charitable company (“the Charity”) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Trustees

The Trustees who held office during the year and subsequently were as follows:-

Elected Trustees:

Pete Calveley	
Julia Scott	(resigned 31 December 2024)
Andrew Tilden OBE	(resigned 31 December 2024)
Shannon Cullen	
Simon McCall	
Sally Hale	
Helen Hamblen	(appointed 1 March 2024)
Irene Lewis	(appointed 1 January 2025)
Mitch Counsell	(appointed 1 May 2025)

Company Secretary

The Company Secretary is Jon Hather

Registered Office:

3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS

Independent Examiners:

Saffery LLP, Torridon House, Beechwood Park, Inverness, IV2 3BW

Bankers:

Royal Bank of Scotland Plc, London Corporate Services, 2½ Devonshire Square, London, EC2M 4XJ

Solicitors:

Blythe Liggins, Edmund House, Rugby Road, Leamington Spa, CV32 6EL

Trustees' Report *(continued)*

Objectives and achievements

The Foundation's mission is to make a difference to the lives of older people and other adults with physical or learning disabilities or mental health challenges, giving grants to help reduce isolation and loneliness, promote group activities and generally improve people's independence, mobility and quality of life.

In 2024, special attention was focused on connecting or reconnecting people with others in their local community, thus combatting loneliness and enabling people to be active and engaged. This has enabled grants totalling £336,000 to be approved, details of which are given in note 3. This represents a positive response by either full or part grants to 35% of the 969 applications received, in comparison with 32% the previous year.

The Foundation was again supported by the Barchester Healthcare group which matched pound for pound all funds raised by Barchester staff. In addition to this, £12,000 of staff time was provided by the Barchester Healthcare Group which was not recharged and has been included as donated staff time. This income is shown in note 2.

The fundraising by Barchester staff once again demonstrated originality and enthusiasm.

The major events included a golf tournament in the Midlands, a third Tour de Barchester cycle ride, a new MD Cook-off event, a first Get Barchester Moving Week, raffles at staff conferences, as well as Barchester teams at the Great North Run and RideLondon-Essex 100 cycle ride, and personal challenges such as climbing mountains, street skating, running and walking. Textile recycling at the Barchester homes also provided significant income, as well as the Barchester Lottery donations.

The Trustees are again grateful to the staff and shareholders of Barchester Healthcare for their continued support.

Appointment of Trustees

The Charity is governed by its memorandum and articles of association. At no time do Trustees nominated by the company constitute a majority in terms of the total number of Trustees. Potential Trustees are nominated by one of the existing Trustees, seconded by another, followed by a vote of all Trustees. Such votes have proved to be unanimous.

Three new Trustees were appointed - Helen Hamblen was appointed on 1 March 2024, Irene Lewis on 1 January 2025 and Mitch Counsell on 1 May 2025. Julia Scott and Andrew Tilden resigned on 31 December 2024.

Trustees' Report *(continued)*

Training of Trustees

The Charity does not have a formal policy of training for the Trustees. However, on appointment, Trustees undertake an induction briefing and usually have experience of service with other charities. In addition, information is regularly supplied to the Trustees, regarding their responsibilities and duties together with regular guidance from the Charity Commission. The charity's membership of the Association of Corporate Foundations also provides useful linkage with other charities of a like nature.

Organisational Structure

The Foundation Trustees meet quarterly. Decisions on grant applications for individuals are delegated to the Grants Team. Applications for groups are considered - and may be approved - by two nominated Trustees (one of whom is an independent Trustee). In view of the increased income in the prior year, the maximum grant amounts were increased to £1,000 for individuals and £2,500 for groups. If agreement cannot be reached, applications are considered by the Board of Trustees at their quarterly meetings.

Trustee meetings

The Foundation holds quarterly meetings and during the year achieved a 68% attendance level.

Reserves Policy

Reserves are split into two categories (see note 12). £25,000 (being the running costs for four months) sits in the general fund. The remainder is in a designated fund which is used for grant-making purposes. The Trustees review grants pledged and paid grants at each meeting, and the designated fund reserves should always be greater than the amount of grants pledged. If there are no designated funds, with no prospect of further funds, the Trustees would meet to decide the future of the Charity.

The Trustees' policy is that they would not normally hold designated fund reserves in excess of one year's maximum expected donations, which they estimate at £250,000. At the end of the year, designated funds totalled £286,000 (*2023: £314,000*). This is slightly higher than the expected maximum value, mainly due to an exceptional single donation in the prior year, and it is predicted that with a greater number of grants awarded in 2025, the designated fund total will drop below £250,000 by December 2025.

Grant making policy

The Foundation can provide grants of up to £1,000 to individuals or up to £2,500 to small groups/charities in England, Scotland and Wales through its general grants scheme. The Foundation helps small community groups and local charities with activities, outings, equipment and materials for members/service users and individuals with mobility equipment for outdoor use.

Public benefit

The Trustees consider that all aspects of the Charity Commission's Public Benefit requirements are met as the charity will consider applications from all sectors of the community and there is no cost to making an application for support.

Review of Activities and Future Developments

In 2024 the Foundation granted £336,000 (*2023: £221,000*) towards helping older and disabled people around Britain. 339 grants were awarded ranging from £51 to £2,500 to support a wide range of projects, which included helping individuals, groups and charities to fund specialist and mobility equipment, transport, activities and outings.

Trustees' Report *(continued)*

Review of Activities and Future Developments *(continued)*

The Foundation will continue to make grants to projects where the money can make a real difference to the beneficiaries. The Foundation continues to develop its website and more information on its activities can be found at www.bhcfoundation.org.uk.

Risk Policy

The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. Given the nature of the activities the Trustees have identified limited significant risks that the Charity faces. The major risks would be the loss of support from the Barchester Healthcare group and reputational risk from making inappropriate awards. Both risks are viewed as very unlikely to occur. The Trustees believe that the systems and controls operated by the Charity are sufficient to mitigate identified risks. The Trustees make a formal review of the Foundation's risk policy once a year. The Charity does not have an internal audit function given the limited activities operated.

Environmental Policy

The Trustees are committed to reducing the environmental impact of the Charity. Video conferencing has been introduced in order to reduce the amount of travel required, and the Charity have switched from paper-based to electronic systems to decrease the amount of paper consumed.

Safeguarding Policy

The Trustees are aware of the need to be alert to safeguarding issues, with some of the Charity's Trustees having experience in this area.

Investment Policy

The Trustees invest free cash resources in term deposit accounts to maximise interest income while maintaining a low risk policy of investment.

Accounting Policies

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

By order of the board



S McCall *(Chairman)*

3rd Floor, The Aspect
12 Finsbury Square
London
EC2A 1AS

19 August 2025

Statement of Trustees' Responsibilities in respect of the Trustees' annual report and the financial statements

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the Trustees of Barchester Healthcare Foundation on the accounts for the year ended 31 December 2024

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Respective responsibilities of trustees and examiner

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Eunice McAdam

Eunice McAdam
Chartered Accountant

Saffery LLP
Torridon House
Beechwood Park

Inverness
IV2 3BW

Date: 4 September 2025

**Statement of Financial Activities (incorporating the Income and Expenditure Account)
for the year to 31 December 2024**

	<i>Note</i>	Year to 31 December 2024 £'000	Year to 31 December 2023 £'000
Income from:			
Donations, legacies and similar incoming resources	2	387	480
Interest received		17	5
Total incoming resources		<u>404</u>	<u>485</u>
Expenditure on:			
Charitable activities	3	<u>(432)</u>	<u>(313)</u>
Total resources expended		<u>(432)</u>	<u>(313)</u>
Net movement in unrestricted funds/net income for year			
		(28)	172
Unrestricted fund balances b/fwd as at 1 Jan		<u>339</u>	<u>167</u>
Unrestricted fund balances c/fwd as at 31 Dec	12	<u>311</u>	<u>339</u>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The deficit for the year for Companies Act purposes, comprising the net expenditure for the year, was (£28,000) (2023: surplus of £172,000).

Balance Sheet as at 31 December 2024

	<i>Note</i>	2024 £'000	2023 £'000
Current Assets			
Prepayments and accrued income	7	8	2
Cash at bank and in hand		<u>384</u>	<u>386</u>
		392	388
Creditors: amounts falling due within one year			
	8	(81)	(49)
Net assets		<u>311</u>	<u>339</u>
Funds:			
Unrestricted funds	9	<u>311</u>	<u>339</u>

For the financial year ended 31 December 2024 the Company was entitled to exemption from audit under Section 477 of Companies Act 2006 relating to small companies.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the financial statements.

The members have not required the Company to obtain an audit of its financial statements for the year in question in accordance with Section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 14 were approved by the Trustees on 19 August 2025 and signed on their behalf by:



S McCall (*Chairman*)

Registered Company Number 4002177

Registered Charity Number 1083272

Notes forming part of the financial statements for the year to 31 December 2024

1 Accounting Policies

Company Information

The Barchester Healthcare Foundation is a private company limited by guarantee, incorporated in England. The registered office is 3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS.

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) effective 1 January 2019, the Companies Act 2006 and accounting standards.

The Trustees consider that the charity has the ability to continue its operations for the foreseeable future and so these financial statements have been prepared on the going concern basis.

The charity has availed itself of Paragraph 3 (3) of Schedule 4 of the Companies Act and adapted the Companies Act formats to reflect the special nature of the charity's activities.

The charity is exempt from the requirement to prepare a cash flow statement on the grounds that it falls within the Companies Act definition of a small company.

The charity constitutes a public benefit entity as defined by FRS 102.

b) Taxation

Barchester Healthcare Foundation is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

c) Company Status

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. This includes legacies which are recognised when received. The charity recognises income relating to commitments to make annual donations in the period to which they relate, provided that the Trustees are certain that the donations will be received.

Notes forming part of the financial statements for the year to 31 December 2024 (continued)

1 Accounting Policies (continued)

e) Resources Expended

Grants are recognised as payable when approval has been given by the Trustees. All other expenditure is accounted for on an accruals basis.

f) Investments

The donations are invested in a bank deposit account immediately upon receipt.

g) Finance and Operating Leases

No leases were entered into during the year or prior year.

h) Fund Accounting

All the Charity's funds are unrestricted i.e. they are expendable at the discretion of the Trustees.

i) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs relating to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

2 Donations, legacies and similar incoming resources

	Year to 31 December 2024 £'000	Year to 31 December 2023 £'000
Corporate donors	212	212
Private donors	167	267
Gift Aid	8	1
	<u>387</u>	<u>480</u>

Included within amounts receivable from corporate donors above is £12,000 (2023: £12,000) in respect of donated staff time and facilities.

**Notes forming part of the financial statements for the year to 31 December 2024
(continued)**

3 Expenditure on charitable activities

	Year to 31 December 2024 £'000	Year to 31 December 2023 £'000
Grants payable	336	221
Support costs	93	89
Governance costs (see note 4)	3	3
	<u>432</u>	<u>313</u>

Included within support costs above is £12,000 (2023: £12,000) in respect of donated staff time and facilities.

The charity has one activity being grant making in line with the charity's objectives. As such all support and governance costs are allocated to this activity.

a) Grants payable to individuals

100 grants totalling £74,000 (2023: 79 grants totalling £44,000) were payable to individuals in the year. The grants were for a wide range of purposes: electric, sport, manual and folding wheelchairs, power packs, tri-ride attachments and sport wheels for wheelchairs; walkers; trikes, handcycles and electric bikes; mobility scooters, car boot hoists and lifting devices.

b) Grants under £1,000 payable to charities and groups

There were 76 grants of under £1,000 payable to charities and groups, for a total of £45,000 (2023: 85 grants totalling £49,000). These include grants for equipment, materials, tools, craft, technology and exercise equipment; music, art, theatre, cookery, IT, nature, garden and living skills projects; craft, dance and exercise classes; social activities including refreshments, workshops and special events; entertainment; transport and outings.

c) Grants over £1,000 payable to charities and groups

There were 163 grants of £1,000 and over to charities and groups, which totalled £217,000 (2023: 74 grants totalling £128,000). Details are on shown in full on page 15.

4 Governance costs

	Year to 31 December 2024 £'000	Year to 31 December 2023 £'000
Independent examination fee	3	3
	<u>3</u>	<u>3</u>

**Notes forming part of the financial statements for the year to 31 December 2024
(continued)**

5 Trustees' remuneration

The Trustees neither received nor waived any emoluments during the year. £290 (2023: £439) was reimbursed for travel expenses for two Trustees. No restricted donations were received from Trustees.

6 Staff costs

The charity had no employees during the current or prior year. As the charity has no employees and the Trustees are unpaid the charity does not have a remuneration policy.

During the current year, Barchester Healthcare Homes Limited (part of the Barchester group) recharged the charity for the time of two part-time members of staff. This recharge amounted to £68,900; including £5,800 employer's national insurance and £2,400 pension costs (2023: £64,500; including £5,400 employer's national insurance and £2,300 pension costs). In addition to this, £12,000 of staff time was provided by Barchester Healthcare Homes Limited which was not recharged and has been included as donated staff time as disclosed in note 2.

7 Debtors: amounts falling due within one year

	2024 £'000	2023 £'000
Prepayments and accrued income	8	2
	<u>8</u>	<u>2</u>

8 Creditors: amounts falling due within one year

	2024 £'000	2023 £'000
Accruals and deferred income	37	36
Grants payable	44	13
	<u>81</u>	<u>49</u>

	2024 £'000	2023 £'000
Grants payable		
Brought forward	13	10
Grants approved in year	336	221
Grants paid in year	<u>(305)</u>	<u>(218)</u>
Carried forward	<u>44</u>	<u>13</u>

Notes forming part of the financial statements for the year to 31 December 2024
(continued)

9 Analysis of net assets between funds

	Unrestricted Funds £'000	Total £'000
Opening balance at 1 Jan 2024	339	339
Net incoming/(outgoing) resources	(28)	(28)
Closing balance at 31 Dec 2024	<u>311</u>	<u>311</u>
Represented by:		
Net current assets	<u>311</u>	<u>311</u>

10 Financial commitments

At 31 December 2024 the charity had no annual commitments (2023: £nil).

11 Related parties

There were no transactions with related parties during the period.

12 Unrestricted funds

	At 1 January 2024 £'000	Incoming resources £'000	Resources expended £'000	Transfers £'000	At 31 December 2024 £'000
General fund	25	404	(432)	28	25
Designated fund	314	-	-	(28)	286
	<u>339</u>	<u>404</u>	<u>(432)</u>	<u>-</u>	<u>311</u>

The general fund is expendable at the discretion of the Trustees.

The designated fund has been set aside by the Trustees for grant-making purposes.

Grants payable in furtherance of the Charity's objectives

Grants over £1,000 payable to charities and groups

APPLICANT NAME	GRANT £	PURPOSE OF GRANT
Caring Together in Woodhouse and Little London	£1,610	Winter activities and support for older people in Woodhouse and Little London.
Silverline Memories CIO	£1,310	Two PCs plus accessories for people living with dementia to access digital technology with support of the charity staff or volunteers.
Aishah Help	£1,700	Equipment and materials, volunteer expenses and facilitator costs for this charity aimed at improving the lives of older people.
Soundwell Music Therapy Trust	£1,500	Music therapy costs for this charity aimed at improving adult mental health.
Barefooted	£2,500	An outdoor creative activity project to help improve life for the elderly.
St George's Foodbank Bournemouth	£2,240	Food to aid the continuation of this charity's social canteen.
Canal Connections CIC	£1,500	Boat hire costs for this CIC providing canal related activities for the elderly.
ME 2U CIC	£1,000	Facilitation of a tea dance for the over 60s.
Carousel Project	£1,000	Facilitation of podcast and radio show produced by people with learning disabilities.
Accessible Arts & Media	£1,000	Activities for this weekly music, movement and social group for adults with complex learning and physical disabilities.
Kilmarnock YMCA	£2,000	Resources, food and excursions for this charity's group aimed at vulnerable elderly people.
And Fitness for All CIC	£1,000	Ageing Strong fitness programme for this CIC aimed at improving fitness in people over 65.
Defiant Sports	£1,200	Project for this group promoting health and wellbeing in older and disabled men.
Sunahs Crisis Team	£1,056	Trainer costs for six months for exercise group for older people.
Friends of Halfway Park	£1,200	Instructor costs for weekly fully wheelchair accessible exercise classes for six months.
Kidz R Us	£2,500	Equipment for the Friends R Us weekly group for up to 10 adults with Learning Disabilities.
St Peters Community Wellbeing Projects	£2,500	Women's Active 60+ drop in exercise club for 40 weeks. (80 sessions)
Village Kitchen	£1,080	Weekly lunch club for up to 35 senior people supported by this CIC.

Storymine CIC	£1,250	Material costs for this pop-up Clay Club to support the mental health of young adults in rural areas.
Champions Fun Learning Centre	£1,100	Equipment and refreshments for this new project for elderly members.
Headway Nottingham	£1,000	Weekly Therapeutic Textiles workshop for up to 34 people with acquired brain injury.
Seachange Devon	£1,007	Four sewing machines and various sewing items for this charity's Sew and Save Groups.
Bolton Contemporary CIC	£1,000	New kiln and other materials for accessible art sessions provided for older people.
This New Ground	£1,000	Contribution towards 10 weekly art sessions for people with learning disabilities.
Dover Smart Project	£1,000	Materials and refreshments for the ART of Age group for over 65s and those living with a dementia.
Lifesize CIC	£1,000	Landscape Soundscape music/arts/wellbeing sessions for this CIC supporting disadvantaged and isolated groups in East Sussex.
First Focus	£1,050	6 new washable chairs for this community advice and support centre for vulnerable adults.
Bright Hope in North West Leicestershire	£1,000	Befriending service for people with life limiting conditions.
Armonico Consort	£1,000	Memory singing workshops for up to 50 people aimed at improving the lives of those living with Dementia.
Starling Arts	£1,000	Weekly community creative activities for this female-led community arts group in Brighton, promoting well-being of older people.
Shedkwick CIC	£1,500	Equipment to create a better work environment for this mental health support group so they can help larger groups of people.
Art For All Group	£1,000	Weekly art classes/field trips for adults with mental health problems.
The Fair Play Foundation	£1,000	Group activities for this charity aiming to improve the lives of the elderly.
The Soundroom Community Music Charity	£1,000	6 themed tea dances for this charity aimed at improving lives of the elderly.
Nidderdale and Pateley Bridge Men's Shed CIO	£1,090	Benches and workshop equipment for this men's shed charity aiming to improve mental health.
RT Community Projects Limited	£1,000	Music group therapy sessions for this front-line suicide prevention charity.
ReConnecting Carms CIC	£1,000	Activity kit materials for this CIC aiming to help people with disabilities and learning disabilities to adjust.
York Neighbours	£1,000	Outings/day trips for this charity working to tackle loneliness and isolation of older people.

Support and Grow North East	£1,000	Expansion of this charity's Support and Grow Armchair Warriors exercise group to include more participants.
Streetbikes	£1,000	Tandem 3 wheeled bike to add to this charity's fleet aiming to help as many individuals as possible experience the joys of exercising in a safe and supportive environment.
Globe Community Project	£1,000	Six-week wellbeing course for up to 30 people at this charity aiming to improve loneliness and isolation in the elderly.
Longford Park Community Association	£1,000	1.5 hour multi activity sessions for this charity improving lives of the elderly.
Friends of Jesmond Library	£1,000	Programme of wellbeing sessions for up to 40 people once a month.
Lakota Hub CIC	£1,584	Art materials for the Love Art project aimed at improving lives of the elderly.
PAL Fitness Education CIC	£2,500	Adapted bikes for this CIC aiming to create a sustainable long-term inclusive cycling hub for use by people with disabilities.
Perkisound Charitable Incorporated Organisation	£2,500	Equipment for sensory garden created for people with additional needs.
Hatfield Woodhouse Events	£1,000	A 12 month programme of activities/events for over 65s.
Billy & Andy's Music School CIC	£2,443	Musical instruments to expand this CIC's capability to work with larger groups and help people with special needs and disabilities.
Hearts and Minds	£1,236	Elderflower practitioner visits to those suffering from dementia.
Bristol Dementia Action Alliance	£1,000	Support for Shirehampton and Happy Days memory cafes and group trips for Bristol based charity helping people with Dementia.
Woodpecker Wood CIC	£1,169	Creation of a sustainable seating area with level flooring, including 10 sturdy benches.
Ospreys Wheelchair Rugby Club	£1,650	Replacement equipment and accessories for the Wheelchair Rugby Club.
MoorVision	£1,000	Activities including adapted sailing, swimming and audio described theatre opportunities for their 18-29-year-old age group members.
Oakley Rural Day Centre	£1,200	Monthly activities for the members of this day centre for older people.
Chilli Studios (Newcastle and Gateshead Arts Studio) Limited	£1,000	Materials used in the weekly creative workshops for this charity improving the lives of vulnerable adults.
Millom Recreation Centre	£1,699	Interactive fitness mirror for this charity's Super Seniors activity club.
Women For Well Women	£1,049	Twice weekly therapeutic craft groups for up to 120 women for 12 months.
MK Youth Sports CIC	£1,200	Refreshments for 30 people each week for 10 months attending the seated exercise group.

Blossoming Communities CIC	£1,000	Arts and crafts resources for CIC aiming to improve mental health and reduce isolation by delivering arts and crafts workshops with a wellbeing twist.
Northumberland County Blind Association	£1,000	Transport costs for this charity improving the lives of people with visual impairment in this rural location.
Garage Art Group	£1,224	Twenty black stacking chairs for this charity providing therapeutic art sessions for individuals with physical disabilities, learning disabilities and/or mental health issues.
The Sparkle Foundation UK	£1,000	Gardening equipment for this charity aimed at improving the lives of people over the age of 65.
Innerleithen, Traquair and Walkerburn Parish Church	£1,000	Crafting classes for this charity aimed at improving the lives of older people.
Precious Gems	£1,410	Materials, chair exercises and lunch costs for this charity improving isolation and loneliness in the elderly.
Humber Open Arms	£1,000	Football kits and equipment for this charity running activity projects for people who are socially isolated.
The Hamlet Wigan CIC	£2,268	6 tables and 24 chairs for a room in the hub where this CIC deliver their Duke of Edinburgh Award programme for young adults with additional needs.
Valley of Hope	£1,300	DIY craft workshops for this charity providing emotional and mental support for the elderly.
Sudden Productions	£1,200	Set materials and costumes for this pop-up theatre company improving the lives of people with learning disabilities.
Chippenham Community Hub	£1,000	Transport costs for this charity supporting elderly people at risk of social exclusion.
Darnall Dementia Trust	£1,680	Increase fortnightly singing/dancing sessions to weekly for this charity improving the lives of elderly people with dementia.
Glasgow the Caring City	£1,000	Let's Get Together project for this charity bringing together neurodiverse teenage girls and older women for movement activities.
Friendly Faces of Kent	£1,117	Activities, tutor hire and refreshments for this charity's Friendly Faces social coffee mornings.
Salford Heart Care	£1,000	Chair based yoga and relaxation therapy for this charity improving the lives of the elderly.
Universal Ease to Redress	£1,000	Basketball activities for this charity's members over 65.
Mutual Aid Road Reps CIC	£1,000	Activities for the Friendship Spectrum group for autistic adults.
The Over Day Centre Association	£1,000	Plants and landscaping for this day centre offering a lifeline for the elderly.
Arts for Health MK	£1,000	Plants to create accessible spaces in unused areas around Milton Keynes University hospital.
Redeemer Church Birmingham	£1,000	Pop-up art sessions for this charity running art therapy sessions for people with mental health issues and disabilities.

St Sepulchre without Newgate	£1,100	Musical tea project providing tea, tales and tunes on a weekly basis.
Springburn Park Men's Shed	£2,500	Kitchen equipment for this charity providing lunch clubs for people with mental health issues.
The Drop In Bereavement Centre	£1,480	Instructor, refreshment and equipment costs for the well-being sessions at this drop-in bereavement centre.
Our Scene CIC	£1,059	Wheelchair accessible picnic bench for this CIC's community garden project focused on older citizens with mobility issues.
Percy Street Collective CIC	£1,000	Selection of woodworking tools for this CIC supporting young neurodiverse adults in Sheffield.
Chagford Film Festival	£1,000	Enabling the extended provision of a film evening to another venue for this CIC offering opportunities for those facing accessibility problems.
Marcus Garvey Day Centre CIC	£1,000	Transport costs for this CIC's luncheon club aimed at improving the lives of needy and isolated African and Caribbean elders.
Hands of Hope	£1,680	Shelving for this community charity developing a neglected walled kitchen garden attended by people 65+.
Aspiring2 CIC	£1,200	Food and prizes for "Special Times for Special Memories" project.
Happy at Home Project	£1,000	Joyrides project voucher scheme to facilitate outings for older people with their volunteer befrienders.
Hilton Village Hall	£1,000	Hearing loop for this village hall's community hub to help the hard of hearing members enjoy the weekly clubs.
Bethel Trust Port Talbot	£1,820	4 week Fed Line cookery course to teach this charity's foodbank bank clients how to cook healthy meals on a budget.
Guiseley Community Foundation	£1,900	Transport costs and the purchase of football equipment for this charity's walking football programme aimed at the over 65s.
Rosebery Centre SCIO	£1,050	Centre based events for this charity improving the lives of people with dementia.
Rochdale Borough Shopmobility	£1,000	New mobility scooter for this shopmobility charity offering mobility equipment for people with limited mobility.
Reflections Yorkshire CIC	£1,000	Sports activity sessions and equipment
Caerphilly People First	£1,500	Craft materials for this charity working with adults with learning disabilities.
Sam's Place CIC	£1,300	Christmas decorations for the Santa's grotto Christmas event of this CIC improving the lives of people with learning disabilities.
The Deans Senior Tea Club	£1,000	Activities, entertainment and refreshments for this charity combating loneliness and isolation in the elderly.
Leeds LGBTQ+ Community Consortium	£1,100	Online activity sessions for older and disabled members of the Leeds LGBTQ+ community.

Active Independence	£1,270	Activities and days out for this charity providing support for people living with disabilities.
Turkish Youth and Community Association	£1,850	Yoga/Pilates classes, cooking ingredients and transport for this charity providing support for Turkish speaking older people.
Rosemary and Time CIC	£2,100	Singing group for older people affected by dementia.
The Sorted Project	£1,000	Tools and arts/craft supplies for this charity supporting people recovering from complex mental health needs.
River House Trust	£1,000	Old people's peer lunch club bringing older people with HIV together.
CASPA	£1,000	Activities/trips for the adult members of this charity supporting people with Autism.
Arts 4 Dementia	£1,200	Materials for craft sessions for this charity improving the lives of those with dementia.
The Gap (The Warwick Percy Estates Community Projects Ltd)	£1,000	Art materials for the Tuesday Live Life group for 50 weeks for this charity helping older people in Warwick.
Southbourne & District Age Concern	£1,000	Transport costs for this charity to enable members to attend the lunch club.
Splott Community Volunteers	£1,400	Afternoon tea dances for the members of this charity focused on improving the lives of the elderly.
WeSwim CIC	£1,000	Social events to enable this charity's disabled swimmers to get together outside of the community sessions.
Five ASide Theatre	£1,000	Workshops for charity aiming to improve the lives of its elderly African Caribbean community members.
Croft Happy Circle	£1,000	Outings for the members of this village social club for older people.
The Pump House Project	£1,000	Instructor/coach costs for this charity offering fitness sessions for the over 55s to help maintain mobility.
Goals Beyond Grass	£1,000	Hoist and travel case for this charity enhancing the lives of people with disabilities through sport.
Cheltenham Powerchair Football Club	£1,000	Portable hoist for this charity to enable participants to take part in powerchair football training sessions.
Accounting for Good CIC	£1,000	Tools and equipment for this CIC's allotment space helping to reduce isolation.
Reminiscence Learning	£1,000	Activity sessions for people living with dementia.
St George's Church, Tuffley, Gloucester	£1,500	Transport to enable elderly isolated older people to attend the Thursday Club.
Eastleigh Borough and Romsey Mencap	£1,000	Creative Autumn project aimed at people with learning disabilities.

Randoms Retreat CIC	£2,057	Equipment and materials for this CIC's community vegetable growing space.
GrandFriends The Company of Elders	£1,000	Sunday Socials programme for this charity tackling loneliness of older people.
Vees Place	£1,500	Sensory lighting, furniture and craft materials for this charity offering therapeutic and occupational sessions.
Aspire Creating Communities	£1,000	Material and refreshment costs for this charity delivering weekly sessions aimed at improving loneliness and isolation in the elderly.
Rhubarb Farm	£1,684	Equipment and materials for this charity's therapeutic horticultural activities.
Elisabeth Curtis Centre Riding for the Disabled	£1,000	Helmets for this charity offering pony riding sessions for the disabled and those living with Dementia.
Manchester Urban Diggers CIC	£2,455	Travel and tools for this CIC's social and therapeutic Horticulture (STH) programmes
Tortworth Forest Centre CIC	£1,000	Woodland Wellbeing Programme for this CIC aiming to improve the lives of people suffering from mental health issues.
Mind Aid UK	£1,250	4 sewing machines and fabric rolls for this charity focused on supporting the elderly members of the community.
Creatful CIC	£1,000	Additional toolkit items for this CIC aimed at improving mental health.
Sanday Afternoon Club	£2,212	3 night excursion for 12 members of this over 50's club.
Artbox London	£1,100	Materials and transport for this charity supporting people with learning disabilities to sell their art.
RockSolid Dundee	£1,000	Continuation and expansion of the Young at Heart group for this charity supporting the elderly.
Solihull Moors Foundation	£1,680	Refreshments for 42 weeks for the Elderly Health and Wellbeing Club for this charity supporting the over 65's.
Other Halves	£1,000	Transport costs for this charity supporting people suffering from dementia and their carer partners.
Gelli life for living	£1,000	Christmas events for this group supporting the isolated and lonely.
Ellingham inclusive water ski and wakeboard	£1,250	Adapted seating ski for this charity provided water skiing experiences for people with disabilities.
4 All Foundation	£1,000	Catering for 2 Christmas meal events for this CIO supporting isolated and lonely over 65's.
Reach Social Foundation	£1,500	Laser engraver and cutter for this charity supporting people facing learning or physical challenges.
Arch-Way Project	£1,560	Performer costs for the Past Times project of this charity offering support to vulnerable adults and the elderly.

Deaf Unity	£2,175	Project coordinator costs for this charity supporting deaf individuals.
People Speak Up	£2,400	Creative home delivery service for this small charity aiming to improve the lives of vulnerable elderly people.
The Wellness Gateway	£1,000	Winter online book club for disadvantaged people with mental health issues.
Community Welfare Services	£1,200	Refreshments for Christmas Carol event of this charity improving the lives of the elderly.
LISAS CIC	£2,160	Christmas party as well as a summer outing for this CIC bringing a social connection to older vulnerable people.
Henfield & District Self Help Group	£1,200	Day trip to the coast for members of this club offering companionship for OAPs.
Eye2eye	£2,000	Transport to help sight impaired members attend the social club.
Alameen for Humanitarian Support	£1,000	Golden Years Connect Project for this charity aimed at reducing social isolation in the elderly.
Buckinghamshire Disability Service	£1,500	Transport costs for this disability charity making their events accessible to all.
Sherwood Park Hall CIC	£1,500	Two events next year for the members of this CIC aimed at improving the lives of the over 65s.
The Songwriting Organisation UK CIC	£1,500	Transport for the participants of this CIC's Corsham Therapeutic Songwriting programme
Blue Apple Theatre	£1,400	For the For One Night Only platform enabling learning-disabled performers across Hampshire to showcase their artistic talents.
Dates-n-Mates	£1,000	Equipment, resources and refreshments for monthly workshops building relationships of people with learning disabilities.
Walkers and Talkers	£2,500	Discounted tickets to a local place of interest or the theatre for the members of this charity offering social inclusion to older people.
Bike Active North Suffolk	£2,500	Folding electric trike for use by the participants of this safe cycling charity.
Epilepsy Connections	£2,000	Community garden project for this charity offering emotional and social support for people with epilepsy.
Redberth Croft CIC	£2,500	Market garden project for this CIC supporting people with learning, physical and mental disabilities.
Young people Matter	£1,900	Refreshments and equipment for this charity offering a day club for people over 65.
Support for New Life	£1,190	Facilitator, equipment and refreshments for charity program supporting over 65s experiencing isolation and loneliness.
Sport4Health	£2,000	Hot meal/social events over the Christmas/New Year period for the participants of this charity offering support for the over 60s.

Musically Active Dudes	£1,000	Music, dance and drama-based activities and tuition for adults in West Lothian with special needs.
The Beyond Recovery Project CIC	£1,500	Accommodation, food and drinks costs for this CIC holding wellbeing weekends for people living with a brain tumour diagnosis.
Cwm and Llantwit Welfare Hall Scheme	£2,000	Activities for this charity's Friday Group for people over 65.
CreateBolton	£1,000	Potter's wheel for this charity supporting people with various physical, mental and learning needs.
Heathhall Community Centre	£1,000	Transport and refreshments for this rural Scottish charity offering activities for people over 65.

BARCHESTER HEALTHCARE FOUNDATION

England & Wales - Charity number 1083272

Accounts

Barchester Healthcare Foundation

Trustees' report and financial statements

Year to 31 December 2023

Registered Company Number 4002177

Registered Charity Number 1083272

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Trustees' Report

The Trustees present their annual report and the audited financial statements for the year to 31 December 2023.

Reference and Administrative Information

Constitution

Barchester Healthcare Foundation (“the Foundation”) is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Company Number 4002177. Charity Number 1083272.

Directors and Trustees

The directors of the charitable company (“the Charity”) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Trustees

The Trustees who held office during the year and subsequently were as follows:-

Elected Trustees:

Pete Calveley	
Ann Mackay MBE	(resigned 31 December 2023)
James Hodgson	(resigned 30 September 2023)
Julia Scott	
Andrew Tilden OBE	
Shannon Cullen	
Simon McCall	(appointed 1 April 2023)
Sally Hale	(appointed 1 June 2023)
Helen Hamblen	(appointed 1 March 2024)

Company Secretary

The Company Secretary is Jon Hather

Registered Office:

3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS

Independent Examiners:

Saffery LLP, Torridon House, Beechwood Park, Inverness, IV2 3BW

Bankers:

Royal Bank of Scotland Plc, London Corporate Services, 2½ Devonshire Square, London, EC2M 4XJ

Solicitors:

Blythe Liggins, Edmund House, Rugby Road, Leamington Spa, CV32 6EL

Trustees' Report *(continued)*

Objectives and achievements

The Foundation's mission is to make a difference to the lives of older people and other adults with physical or learning disabilities or mental health challenges, giving grants to help reduce isolation and loneliness, promote group activities and generally improve people's independence, mobility and quality of life.

In 2023, special attention was focused on connecting or reconnecting people with others in their local community, thus combatting loneliness and enabling people to be active and engaged. This has enabled grants totalling £221,000 to be approved, details of which are given in note 3. This represents a positive response by either full or part grants to 32% of the 754 applications received, in comparison with 25% the previous year.

In 2019, a resident from Marriott House Care Home in Chichester generously donated £112,000 to the Foundation. The funds were unrestricted, but the Charity launched The Jeanette Gill Special Awards in her memory. Approximately once a year the Charity funded three special awards for outstanding projects that enrich lives and encourage an active lifestyle. The three awards available include a Gold Award of £15,000, a Silver Award of £10,000 and a Bronze Award of £5,000. The first round took place late in 2019, and two further rounds were planned. In view of the Covid-19 pandemic and the pressure of the Foundation's finances from the cancelling of fundraising events, the Trustees decided to use a proportion of the funds from the Jeanette Gill Special Awards to support the usual grants in 2020/21. A final round of the Jeanette Gill Special Awards took place in Spring 2023.

The Foundation was again supported by the Barchester Healthcare group which matched pound for pound all funds raised by Barchester staff. In addition to this, £12,000 of staff time was provided by the Barchester Healthcare Group which was not recharged and has been included as donated staff time. This income is shown in note 2.

The fundraising by Barchester staff once again demonstrated originality and enthusiasm.

The major events included a golf tournament in the Midlands, a second Tour de Barchester cycle ride, raffles at conferences in the spring, as well as Barchester teams at the Great North Run and RideLondon-Essex 100 cycle ride, and personal challenges such as skydiving. Textile recycling at the Barchester homes also provided significant income, as well as the Barchester Lottery donations.

The Foundation also benefitted from a very generous donation of £99,000 from the family of a late Barchester care home resident.

The Trustees are again grateful to the staff and shareholders of Barchester Healthcare for their continued support.

Appointment of Trustees

The Charity is governed by its memorandum and articles of association. At no time do Trustees nominated by the company constitute a majority in terms of the total number of Trustees. Potential Trustees are nominated by one of the existing Trustees, seconded by another, followed by a vote of all Trustees. Such votes have proved to be unanimous.

Simon McCall was appointed as a Trustee on 1 April 2023, Sally Hale on 1 June 2023 and Helen Hamblen on 1 March 2024. James Hodgson resigned on 30 September 2023 and Ann Mackay resigned on 31 December 2023.

Trustees' Report *(continued)*

Training of Trustees

The Charity does not have a formal policy of training for the Trustees. However, on appointment, Trustees undertake an induction briefing and usually have experience of service with other charities. In addition, information is regularly supplied to the Trustees, regarding their responsibilities and duties together with regular guidance from the Charity Commission. The charity's membership of the Association of Corporate Foundations also provides useful linkage with other charities of a like nature.

Organisational Structure

The Foundation Trustees meet quarterly. Decisions on grant applications for individuals are delegated to the Grants Team. Applications for groups are considered - and may be approved - by two nominated Trustees (one of whom is an independent Trustee). In view of the increased income, the maximum grant amounts were increased during the year to £1,000 for individuals and £2,500 for groups. If agreement cannot be reached, applications are considered by the Board of Trustees at their quarterly meetings. The Jeanette Gill Special Awards were approved by all Trustees.

Trustee meetings

The Foundation holds quarterly meetings and during the year achieved an 83% attendance level.

Reserves Policy

In 2023 the Trustees decided to split reserves into two categories (see note 12). £25,000 (being the running costs for four months) remains in the general fund. £314,000 was transferred into a designated fund which will be used for grant-making purposes. The Trustees review grants pledged and paid grants at each meeting. The designated fund reserves should always be greater than the amount of grants pledged. If there are no designated funds, with no prospect of further funds, the Trustees would meet to decide the future of the Charity.

The Trustees' policy is that they would not normally hold designated fund reserves in excess of one year's maximum expected donations, which they estimate at £250,000. At the end of the year, designated funds totalled £314,000 (*2022: £142,000*). This is higher than the expected maximum value, mainly due to an exceptional single donation in the year, and it is expected that with a greater number of grants awarded in 2024, the designated fund total will be below £250,000 by December 2024.

Grant making policy

The Foundation can provide grants of up to £1,000 to individuals or up to £2,500 to small groups/charities in England, Scotland and Wales through its general grants scheme. The Foundation helps small community groups and local charities with activities, outings, equipment and materials for members/service users and individuals with mobility equipment for outdoor use. The Jeanette Gill Special Awards have a maximum of £15,000.

Public benefit

The Trustees consider that all aspects of the Charity Commission's Public Benefit requirements are met as the charity will consider applications from all sectors of the community and there is no cost to making an application for support.

Review of Activities and Future Developments

In 2023 the Foundation granted £221,000 (*2022: £171,000*) towards helping older and disabled people around Britain. 238 grants were awarded ranging from £122 to £14,525 to support a wide range of projects, which included helping individuals, groups and charities to fund specialist and mobility equipment, education, transport, activities and outings.

Trustees' Report *(continued)*

Review of Activities and Future Developments *(continued)*

The Foundation will continue to make grants to projects where the money can make a real difference to the beneficiaries. The Foundation continues to develop its website and more information on its activities can be found at www.bhcfoundation.org.uk.

Risk Policy

The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. Given the nature of the activities the Trustees have identified limited significant risks that the Charity faces. The major risks would be the loss of support from the Barchester Healthcare group and reputational risk from making inappropriate awards. Both risks are viewed as very unlikely to occur. The Trustees believe that the systems and controls operated by the Charity are sufficient to mitigate identified risks. The Trustees make a formal review of the Foundation's risk policy once a year. The Charity does not have an internal audit function given the limited activities operated.

Environmental Policy

The Trustees are committed to reducing the environmental impact of the Charity. Video conferencing has been introduced in order to reduce the amount of travel required, and the Charity have switched from paper-based to electronic systems to decrease the amount of paper consumed.

Safeguarding Policy

The Trustees are aware of the need to be alert to safeguarding issues, with some of the Charity's Trustees having experience in this area.

Investment Policy

The Trustees invest free cash resources in term deposit accounts to maximise interest income while maintaining a low risk policy of investment.

Accounting Policies

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

By order of the board



S McCall *(Chairman)*

3rd Floor, The Aspect
12 Finsbury Square
London
EC2A 1AS

13 September 2024

Statement of Trustees' Responsibilities in respect of the Trustees' annual report and the financial statements

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the Trustees of Barchester Healthcare Foundation on the accounts for the year ended 31 December 2023

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Respective responsibilities of trustees and examiner

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of independent examiner's report

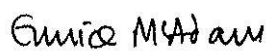
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eunice McAdam
Chartered Accountant

Saffery LLP
Torridon House
Beechwood Park

Inverness
IV2 3BW

Date: 16 September 2024

**Statement of Financial Activities (incorporating the Income and Expenditure Account)
for the year to 31 December 2023**

	<i>Note</i>	Year to 31 December 2023 £'000	Year to 31 December 2022 £'000
Income from:			
Donations, legacies and similar incoming resources	2	480	318
Interest received		5	-
Total incoming resources		<u>485</u>	<u>318</u>
Expenditure on:			
Charitable activities	3	<u>(313)</u>	<u>(259)</u>
Total resources expended		<u>(313)</u>	<u>(259)</u>
Net movement in unrestricted funds/net income for year			
Unrestricted fund balances b/fwd as at 1 Jan		172	59
Unrestricted fund balances c/fwd as at 31 Dec	12	<u>339</u>	<u>167</u>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes, comprising the net income for the year, was £172,000 (2022: surplus of £59,000).

Balance Sheet as at 31 December 2023

	<i>Note</i>	2023 £'000	2022 £'000
Current Assets			
Debtors and accrued income	7	2	53
Cash at bank and in hand		<u>386</u>	<u>157</u>
		388	210
Creditors: amounts falling due within one year			
	8	(49)	(43)
Net assets		<u>339</u>	<u>167</u>
Funds:			
Unrestricted funds	9	<u>339</u>	<u>167</u>

For the financial year ended 31 December 2023 the Company was entitled to exemption from audit under Section 477 of Companies Act 2006 relating to small companies.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the financial statements.

The members have not required the Company to obtain an audit of its financial statements for the year in question in accordance with Section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 14 were approved by the Trustees on 13 September 2024 and signed on their behalf by:



S McCall (*Chairman*)

Registered Company Number 4002177

Registered Charity Number 1083272

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Notes forming part of the financial statements for the year to 31 December 2023

1 Accounting Policies

Company Information

The Barchester Healthcare Foundation is a private company limited by guarantee, incorporated in England. The registered office is 3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS.

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) effective 1 January 2019, the Companies Act 2006 and accounting standards.

The Trustees consider that the charity has the ability to continue its operations for the foreseeable future and so these financial statements have been prepared on the going concern basis.

The charity has availed itself of Paragraph 3 (3) of Schedule 4 of the Companies Act and adapted the Companies Act formats to reflect the special nature of the charity's activities.

The charity is exempt from the requirement to prepare a cash flow statement on the grounds that it falls within the Companies Act definition of a small company.

The charity constitutes a public benefit entity as defined by FRS 102.

b) Taxation

Barchester Healthcare Foundation is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

c) Company Status

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. This includes legacies which are recognised when received.

The charity recognises income relating to commitments to make annual donations in the period to which they relate, provided that the Trustees are certain that the donations will be received.

Notes forming part of the financial statements for the year to 31 December 2023
(continued)

1 Accounting Policies *(continued)*

e) Resources Expended

Grants are recognised as payable when approval has been given by the Trustees. All other expenditure is accounted for on an accruals basis.

f) Investments

The donations are invested in a bank deposit account immediately upon receipt.

g) Finance and Operating Leases

No leases were entered into during the year or prior year.

h) Fund Accounting

All the Charity's funds are unrestricted i.e. they are expendable at the discretion of the Trustees.

i) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs relating to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

2 Donations, legacies and similar incoming resources

	Year to 31 December 2023 £'000	Year to 31 December 2022 £'000
Corporate donors	212	162
Private donors	267	155
Gift Aid	1	1
	480	318

Included within amounts receivable from corporate donors above is £12,000 (2022: £12,000) in respect of donated staff time and facilities.

**Notes forming part of the financial statements for the year to 31 December 2023
(continued)**

3 Expenditure on charitable activities

	Year to 31 December 2023 £'000	Year to 31 December 2022 £'000
Grants payable	221	171
Support costs	89	85
Governance costs (see note 4)	3	3
	<u>313</u>	<u>259</u>

Included within support costs above is £12,000 (2022: £12,000) in respect of donated staff time and facilities.

The charity has one activity being grant making in line with the charity's objectives. As such all support and governance costs are allocated to this activity.

a) Grants payable to individuals

79 grants totalling £44,000 (2022: 79 grants totalling £38,000) were payable to individuals in the year. The grants were for a wide range of purposes: electric, sport, manual and folding wheelchairs, power packs and sport wheels for wheelchairs; walkers; trikes, handcycles and electric bikes; mobility scooters and car boot hoists.

b) Grants under £1,000 payable to charities and groups

There were 85 grants of under £1,000 payable to charities and groups, for a total of £49,000 (2022: 98 grants totalling £52,000). These include grants for equipment, materials, tools, craft, technology and exercise equipment; music, art, theatre, cookery, IT, nature, garden and living skills projects; craft, dance and exercise classes; social activities, workshops and special events; entertainment; transport, outings and residential camps.

c) Grants over £1,000 payable to charities and groups

There were 74 grants of £1,000 and over to charities and groups, which totalled £128,000 (2022: 48 grants totalling £81,000). Details are on shown in full on page 15.

4 Governance costs

	Year to 31 December 2023 £'000	Year to 31 December 2022 £'000
Independent examination fee	3	3
	<u>3</u>	<u>3</u>

**Notes forming part of the financial statements for the year to 31 December 2023
(continued)**

5 Trustees' remuneration

The Trustees neither received nor waived any emoluments during the year. £439 (2022: £446) was reimbursed for travel expenses for two Trustees. No restricted donations were received from Trustees.

6 Staff costs

The charity had no employees during the current or prior year. As the charity has no employees and the Trustees are unpaid the charity does not have a remuneration policy.

During the current year, Barchester Healthcare Homes Limited (part of the Barchester group) recharged the charity for the time of two part-time members of staff. This recharge amounted to £64,500; including £5,400 employer's national insurance and £2,300 pension costs (2022: £63,200; including £5,400 employer's national insurance and £2,200 pension costs). In addition to this, £12,000 of staff time was provided by Barchester Healthcare Homes Limited which was not recharged and has been included as donated staff time as disclosed in note 2.

7 Debtors: amounts falling due within one year

	2023	2022
	£'000	£'000
Prepayments and accrued income	<u>2</u>	<u>53</u>
	<u>2</u>	<u>53</u>

8 Creditors: amounts falling due within one year

	2023	2022
	£'000	£'000
Accruals and deferred income	36	33
Grants payable	<u>13</u>	<u>10</u>
	<u>49</u>	<u>43</u>

	2023	2022
	£'000	£'000
Grants payable		
Brought forward	10	19
Grants approved in year	221	171
Grants paid in year	<u>(218)</u>	<u>(180)</u>
Carried forward	<u>13</u>	<u>10</u>

**Notes forming part of the financial statements for the year to 31 December 2023
(continued)**

9 Analysis of net assets between funds

	Unrestricted Funds £'000	Total £'000
Opening balance at 1 Jan 2023	167	167
Net incoming/(outgoing) resources	172	172
Closing balance at 31 Dec 2023	<u>339</u>	<u>339</u>
Represented by:		
Net current assets	<u>339</u>	<u>339</u>

10 Financial commitments

At 31 December 2023 the charity had no annual commitments (2022: £nil).

11 Related parties

There were no transactions with related parties during the period.

12 Unrestricted funds

	At 1 January 2023 £'000	Net incoming resources £'000	Transfers £'000	At 31 December 2023 £'000
General fund	167	172	(314)	25
Designated fund	-	-	314	314
	<u>167</u>	<u>172</u>	<u>-</u>	<u>339</u>

The general fund is expendable at the discretion of the Trustees.

The designated fund has been set aside by the Trustees for grant-making purposes.

Grants payable in furtherance of the Charity's objectives

Grants over £1,000 payable to institutions and groups

APPLICANT NAME	GRANT £	PURPOSE OF GRANT
Woodwork To Wellness	£1,187	Sliding table for this woodworking charity.
Plymouth Heartbeat Cardiac Rehabilitation Suite	£1,000	Recumbent cross trainer for this charitable cardiac rehabilitation suite.
The Recycled Teenagers Club	£1,000	A holiday for the elderly members of this charity.
Just Friends	£1,100	Excursion programme for the members of this charity combating the effects of loneliness for those living alone.
Bubble Club CIC	£1,200	DJ support classes for learning disabled members of this club.
Pro-Active Community	£1,950	Activities for this charity aiming to improve the lives of people with learning disabilities.
Music4Wellbeing	£1,780	Activity project for this group aiming to improve the lives of older people in the local community.
Signpost Services (Stafford) Ltd	£1,000	Chair based exercise project for this charity aiming to reducing isolation and loneliness for the elderly.
The Patchworking Garden Project	£2,000	Craft supplies and plants for this charity's main gardening project for those living with mental and physical disabilities.
New Friends For You	£2,000	Outing and activities programme for this befriending charity for the elderly.
Eston Arts Centre CIC	£1,245	Table/chairs and camera printing for this charity to provide a 4-week programme aimed at getting the elderly out into the community.
Kennedy Street Foundation CIO	£1,550	Equipment to enable this charity to set up a Recovery Cafe.
Over 55s group Northumberland Park	£1,000	A summer outing to the seaside and a Christmas theatre trip for the members of this over 55s group.
Frozen Light	£1,000	Support for performances of Frozen Light's immersive choral experience.
Age Concern Barnstaple and North Devon CIO	£1,500	Community activities programme for this charity aiming to improve the lives of older people.
Immersion in the community	£1,920	16 weekly sessions at the Immersion virtual reality arcade.
Ralli Hall Lunch and Social Club	£1,000	Transport costs for this lunch and social club for elderly and disabled people.
Arun community Transport	£10,000	Wheelchair Accessible Vehicle as a dedicated Arun Community Transport Vehicle.

Spring to Life	£2,000	Accessible allotment space for wheelchair users.
Ropetackle Arts Centre	£1,588	Ten matinee film showings for this charity aiming to improve the lives of elderly and disabled people.
Made-Well CIC	£5,000	Disability inclusive equipment for this CIC aiming to improve the lives of adults with learning disabilities, physical disabilities, mental health conditions and those suffering isolation and loneliness.
Dementia Active	£14,525	Musical instruments, Tovertafel light table and function room carpeting for this charity improving the lives of people living with dementia and their families.
Cornwater Evergreens	£1,000	Transport costs for this charity aiming to improve the lives of older people.
Open Minds	£1,500	Sessional workers for this charities Open Minds scrapbook project.
Stars and Stitches CIC	£1,050	7 workshops for this charity's woodwork project to help improve mental health.
Kent and Medway NHS Social Care Partnership Trust Charitable Fund	£1,500	Equipment and seeds for this charity's horticulture therapy/community gardening project.
Bloom Sheffield CIC	£1,500	Specialist gardening equipment for this charity's gardening programme helping to improve their members' mental health.
Ardley and Fewcott Gardening Club	£1,473	Four subsidised lunches for the isolated members of this group.
The Ajuda Foundation	£1,000	Course materials for this charity's Purple Sunflower Project helping people with mental health challenges.
Friends of Temple Newsam Park	£2,000	Contribution towards two new scooters for this group aiming to improve garden access for their disabled visitors.
Down Syndrome Development Trust	£1,000	Physical activity sessions for this charity aimed at improving the lives of young people with Downs Syndrome.
Worthing Table Tennis Club CIC	£1,080	Equipment and coach hire for 16 weeks to improve social isolation for the over 65-year-old members of this tennis club.
Arts Uplift Community Interest Company	£1,900	Bringing 'Rewind-1970's' performances to two local communities of older vulnerable adults
From Loft to Loved Workshops CIC	£1,820	Sewing machines and fabric for this groups sewing workshop aimed at improving the lives of people suffering with mental health conditions.
Memories Are Golden	£1,265	Memory scrapbooks for this charity aimed at making memories for those suffering from dementia and other health conditions.
The Lookout Community Hub	£2,000	Craft materials and refreshments for this community hub's Knit & Natter sessions improving social isolation.
Sinfin and Hollybrook Carers' Group	£1,500	Trips out for the carers of this carers group needing some respite.
Mile Cross Projects and Events Group	£1,200	Equipment for this community craft group aiming to improve the lives of people suffering from mental and physical health conditions.

Hartlepool Art Studio Ltd	£1,000	A high quality artwork printer for members' use of this charity aimed at improving the lives of those suffering from mental health conditions.
Talbot House Support Centre	£1,000	Day trips for the older members of this carers' charity.
Martineau Gardens	£1,000	Equipment and materials for this charity aiming to improve the lives of people with multiple disabilities.
Sonrisa Arts CIC	£2,000	10 weekly creative dance sessions for people living with Parkinson's.
Chetton and District Parish Hall	£1,000	Continuation of activity session Chetton Active Friends for older people.
Group Garden Holidays	£1,000	Outings and excursions for this over 60s group.
Musical Keys	£1,349	One MacBook to support music sessions for this charity helping people with life challenges that affect their mental health.
Bridgend Carers Centre	£1,000	One day trip for the members of this carer's charity.
TCD	£1,000	Instructor costs for this charity improving life for the elderly with ballroom dance classes.
Lanark Men's Shed	£1,500	3D laser printer for this men's shed aimed at improving men's mental health.
Self injury Support	£2,000	Materials costs of expressive Arts Group project run by this charity offering self injury support.
Sounds Better CIC	£1,000	Soundbeam touch free music making device for this aimed at improving the lives of people suffering from a multitude of health conditions.
Nuvo Wellbeing	£1,520	Instructor and equipment costs for Motion Unity project aimed at improving the lives of those with learning disabilities.
Inspire Highfield	£1,165	Licenses, refreshments and promotion of this CIC's 65+ film screening project.
B U Group	£1,066	Equipment for this group aimed at providing activities for older people.
SRK Community Project	£1,300	52 weeks of exercise classes for a group of elderly South Asian men to participate in activities.
ShIPLEY Memories Group	£1,456	Refreshments for this group aimed at improving the lives of their elderly members.
West Lancashire Pensioners Forum	£1,000	A Christmas lunch for this group of 65 pensioners.
Men's Shed Worcester	£1,580	Router machine plus software for this men's shed charity to enable its members to expand their creativity.
Age Concern Slough and Berkshire East	£1,250	Pilates classes for the members of this charity aimed at improving life for the elderly.

Sight Support Ryedale	£1,830	Arts and crafts course for this charity enhancing the lives of those with visual impairments.
Kingswood Arts Pottery and Chat	£1,500	Materials for 50 sessions of this CIC's craft group.
The Vine Community Centre	£1,500	Activities for this charity aimed at improving the lives of the elderly.
Arts 50 Alive Network	£2,000	Art sessions for this group aiming to improve the lives of people over the age of 65, including those with dementia.
RCCG Triumphant Saints Assembly	£1,435	Refreshments and exercise classes for this charity's Silver Harmony programme for older people.
Mental Fight Club	£1,460	Artist leaders (freelance fees), materials and equipment, volunteer expenses for this charity aiming to improve mental health in vulnerable people.
North Glasgow Community Food Initiative	£1,272	Activity materials and equipment for therapeutic gardening sessions provided by this charity supporting people's health and wellbeing.
Ormlie Community Association	£1,000	Equipment for this charity offering a craft group for older vulnerable adults.
Arts 2 Heal charity	£1,533	Materials, facilitator and volunteer costs for this charity's Artful Connections project.
Drawing Voices Ltd	£2,000	Printmaking workshops for 75 isolated people living with dementia.
GAP - A Thanet Community Project	£1,000	Activities and refreshments for this charity offering a Friday club for senior citizens.
Aurum	£1,000	Art materials for this charity offering support for autistic women.
Teams and Bensham Community Care	£1,200	Activity sessions for this charity addressing isolation in the elderly.
Umbrella Yoga CIC	£1,920	Yoga sessions for this CIC aiming to improve mental and physical wellbeing of adults with additional needs.
Lindengate	£1,500	Furniture for this charity aimed at improving the lives of those with mental health issues.
Xpress-Yourself Dance CIC	£1,200	Dance facilitator for this charity's dance/exercise sessions for the over 60s.

BARCHESTER HEALTHCARE FOUNDATION

England & Wales - Charity number 1083272

Accounts

Barchester Healthcare Foundation

Trustees' report and financial statements

Year to 31 December 2022

Registered Company Number 4002177

Registered Charity Number 1083272

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Trustees' Report

The Trustees present their annual report and the audited financial statements for the year to 31 December 2022.

Reference and Administrative Information

Constitution

Barchester Healthcare Foundation (“the Foundation”) is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Company Number 4002177. Charity Number 1083272.

Directors and Trustees

The directors of the charitable company (“the Charity”) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Trustees

The Trustees who held office during the year and subsequently were as follows:-

Elected Trustees:

Pete Calveley	
Ann Mackay MBE	
Fiona McGill	(resigned 31 December 2022)
James Hodgson	
Julia Scott	(appointed 1 January 2022)
Andrew Tilden OBE	(appointed 1 January 2022)
Laura Humphreys	(appointed 1 March 2022, resigned 22 July 2022)
Shannon Cullen	(appointed 1 November 2022)
Simon McCall	(appointed 1 April 2023)
Sally Hale	(appointed 1 June 2023)

Registered Office:

3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS

Independent Examiners:

Saffery LLP, Kintail House, Beechwood Park, Inverness, IV2 3BW

Bankers:

Royal Bank of Scotland Plc, London Corporate Services, 2½ Devonshire Square, London, EC2M 4XJ

Solicitors:

Blythe Liggins, Edmund House, Rugby Road, Leamington Spa, CV32 6EL

Trustees' Report *(continued)*

Objectives and achievements

The Foundation's mission is to make a difference to the lives of older people and other adults with physical or learning disabilities or mental health challenges, giving grants to help reduce isolation and loneliness, promote group activities and generally improve people's independence, mobility and quality of life.

In 2022, special attention was focused on connecting or reconnecting people with others in their local community, thus combatting loneliness and enabling people to be active and engaged. This has enabled grants totalling £171,000 to be approved, details of which are given in note 3. This represents a positive response by either full or part grants to 25% of the 913 applications received.

In 2019, a resident from Marriott House Care Home in Chichester generously donated £112,000 to the Foundation. The funds were unrestricted, but the Charity launched The Jeanette Gill Special Awards in her memory. Approximately once a year the Charity will fund three special awards for outstanding projects that enrich lives and encourage an active lifestyle. The three awards available include a Gold Award of £15,000, a Silver Award of £10,000 and a Bronze Award of £5,000. The first round took place late in 2019, and two further rounds were planned. In view of the Covid-19 pandemic and the pressure of the Foundation's finances from the cancelling of fundraising events, the Trustees decided to use a proportion of the funds from the Jeanette Gill Special Awards to support the usual grants in 2020/21. A new round of the Jeanette Gill Special Awards took place in early 2022.

The Foundation was again supported by the Barchester Healthcare group which matched pound for pound all funds raised by Barchester staff. In addition to this, £12,000 of staff time was provided by the Barchester Healthcare Group which was not recharged and has been included as donated staff time. This income is shown in note 2.

The fundraising by Barchester staff once again demonstrated originality and enthusiasm.

The major events included a golf tournament in the Midlands, a new Tour de Barchester cycle ride, raffles at conferences in the spring and autumn, as well as Barchester teams at the London 10k, Great North Run, virtual and in person London Marathon Run and RideLondon-Essex 100 cycle ride. Textile recycling at the Barchester homes also provided significant income, as well as the Barchester Lottery donations.

The Trustees are again grateful to the staff and shareholders of Barchester Healthcare for their continued support.

Appointment of Trustees

The Charity is governed by its memorandum and articles of association. At no time do Trustees nominated by the company constitute a majority in terms of the total number of Trustees. Potential Trustees are nominated by one of the existing Trustees, seconded by another, followed by a vote of all Trustees. Such votes have proved to be unanimous.

Andrew Tilden and Julia Scott were appointed as Trustees on 1 January 2022. Laura Humphreys was appointed on 1 March 2022 and resigned on 22 July 2022. Fiona McGill resigned on 31 December 2022. Shannon Cullen was appointed on 1 November 2022, Simon McCall on 1 April 2023 and Sally Hale on 1 June 2023.

Trustees' Report *(continued)*

Training of Trustees

The Charity does not have a formal policy of training for the Trustees. However, on appointment, Trustees undertake an induction briefing and usually have experience of service with other charities. In addition, information is regularly supplied to the Trustees, regarding their responsibilities and duties together with regular guidance from the Charity Commission. The charity's membership of the Association of Corporate Foundations also provides useful linkage with other charities of a like nature.

Organisational Structure

The Foundation Trustees meet quarterly. Decisions on grant applications of up to £1,500 are delegated to the Grants Team. Applications for grants between £1,500 and £5,000 are considered - and may be approved - by two nominated Trustees (one of whom is an independent Trustee). Following new criteria implemented in July 2022 with new maximum grants of £600 for individuals and £2,000 for groups, the review of applications for individuals is carried out by the Grants Team and applications for groups by the trustee panel. If agreement cannot be reached, applications are considered by the Board of Trustees at their quarterly meetings. The Jeanette Gill Special Awards are approved by all Trustees.

Trustee meetings

The Foundation holds quarterly meetings and during the year achieved an 85% attendance level.

Reserves Policy

The Trustees review grants pledged and paid grants at each meeting. The figure for grants pledged is deducted from current reserves to ensure that the remaining amount does not reduce to below £25,000 (being the running costs for four months). If funds were to remain below £25,000, with no prospect of further funds, the Trustees would meet to decide the future of the Charity. At the end of the year these funds totalled £167,000 (2021: £108,000). The Trustees' policy is also that they would not hold reserves in excess of one year's maximum expected donations, which they estimate at £250,000.

Grant making policy

The Foundation can provide grants of up to £600 to individuals or up to £2,000 to small groups/charities in England, Scotland and Wales through its general grants scheme. The Foundation helps small community groups and local charities with activities, outings, equipment and materials for members/service users and individuals with mobility equipment for outdoor use. The Jeanette Gill Special Awards have a maximum of £15,000.

Public benefit

The Trustees consider that all aspects of the Charity Commission's Public Benefit requirements are met as the charity will consider applications from all sectors of the community and there is no cost to making an application for support.

Review of Activities and Future Developments

In 2022 the Foundation granted £171,000 (2021: £147,000) towards helping older and disabled people around Britain. 225 grants were awarded ranging from £119 to £15,000 to support a wide range of projects, which included helping individuals, groups and charities to fund specialist and mobility equipment, education, transport, activities and outings.

The Foundation will continue to make grants to projects where the money can make a real difference to the beneficiaries. The Foundation continues to develop its website and more information on its activities can be found at www.bhcfoundation.org.uk.

Trustees' Report *(continued)*

Risk Policy

The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. Given the nature of the activities the Trustees have identified limited significant risks that the Charity faces. The major risks would be the loss of support from the Barchester Healthcare group and reputational risk from making inappropriate awards. Both risks are viewed as very unlikely to occur. The Trustees believe that the systems and controls operated by the Charity are sufficient to mitigate identified risks. The Trustees make a formal review of the Foundation's risk policy once a year. The Charity does not have an internal audit function given the limited activities operated.

Environmental Policy

The Trustees are committed to reducing the environmental impact of the Charity. Video conferencing has been introduced in order to reduce the amount of travel required, and the Charity have switched from paper-based to electronic systems to decrease the amount of paper consumed.

Safeguarding Policy

The Trustees are aware of the need to be alert to safeguarding issues, with some of the Charity's Trustees having experience in this area.

Investment Policy

The Trustees invest free cash resources in term deposit accounts to maximise interest income while maintaining a low risk policy of investment.

Accounting Policies

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

By order of the board



S McCall *(Chairman)*

3rd Floor, The Aspect
12 Finsbury Square
London
EC2A 1AS

21 September 2023

Statement of Trustees' Responsibilities in respect of the Trustees' annual report and the financial statements

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the Trustees of Barchester Healthcare Foundation on the accounts for the year ended 31 December 2022

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Respective responsibilities of trustees and examiner

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of independent examiner's report

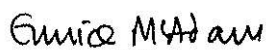
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eunice McAdam
Chartered Accountant

Saffery LLP
Kintail House
Beechwood Park
Inverness
IV2 3BW

Date: 22 September 2023

**Statement of Financial Activities (incorporating the Income and Expenditure Account)
for the year to 31 December 2022**

	<i>Note</i>	Year to 31 December 2022 £'000	Year to 31 December 2021 £'000
Income from:			
Donations, legacies and similar incoming resources	2	318	235
Total incoming resources		<u>318</u>	<u>235</u>
Expenditure on:			
Charitable activities	3	<u>(259)</u>	<u>(229)</u>
Total resources expended		<u>(259)</u>	<u>(229)</u>
Net movement in unrestricted funds/net expenditure for year		59	6
Unrestricted fund balances b/fwd as at 1 Jan		108	102
Unrestricted fund balances c/fwd as at 31 Dec		<u>167</u>	<u>108</u>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes, comprising the net expenditure for the year, was £59,000 (2021: surplus of £6,000).

Balance Sheet as at 31 December 2022

	<i>Note</i>	2022 £'000	2021 £'000
Current Assets			
Debtors and accrued income	7	53	5
Cash at bank and in hand		<u>157</u>	<u>155</u>
		210	160
Creditors: amounts falling due within one year	8	(43)	(52)
Net assets		<u>167</u>	<u>108</u>
Funds:			
Unrestricted funds	9	<u>167</u>	<u>108</u>

For the financial year ended 31 December 2022 the Company was entitled to exemption from audit under Section 477 of Companies Act 2006 relating to small companies.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the financial statements.

The members have not required the Company to obtain an audit of its financial statements for the year in question in accordance with Section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 14 were approved by the Trustees on 21 September 2023 and signed on their behalf by:



S McCall (*Chairman*)

Registered Company Number 4002177

Registered Charity Number 1083272

Notes forming part of the financial statements for the year to 31 December 2022

1 Accounting Policies

Company Information

The Barchester Healthcare Foundation is a private company limited by guarantee, incorporated in England. The registered office is 3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS.

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) effective 1 January 2019, the Companies Act 2006 and accounting standards.

The Trustees consider that the charity has the ability to continue its operations for the foreseeable future and so these financial statements have been prepared on the going concern basis.

The charity has availed itself of Paragraph 3 (3) of Schedule 4 of the Companies Act and adapted the Companies Act formats to reflect the special nature of the charity's activities.

The charity is exempt from the requirement to prepare a cash flow statement on the grounds that it falls within the Companies Act definition of a small company.

The charity constitutes a public benefit entity as defined by FRS 102.

b) Taxation

Barchester Healthcare Foundation is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

c) Company Status

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. This includes legacies which are recognised when received.

The charity recognises income relating to commitments to make annual donations in the period to which they relate, provided that the Trustees are certain that the donations will be received.

Notes forming part of the financial statements for the year to 31 December 2022
(continued)

1 Accounting Policies *(continued)*

e) Resources Expended

Grants are recognised as payable when approval has been given by the Trustees. All other expenditure is accounted for on an accruals basis.

f) Investments

The donations are invested in a bank deposit account immediately upon receipt.

g) Finance and Operating Leases

No leases were entered into during the year or prior year.

h) Fund Accounting

All the Charity's funds are unrestricted i.e. they are expendable at the discretion of the Trustees.

i) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs relating to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

2 Donations, legacies and similar incoming resources

	Year to 31 December 2022 £'000	Year to 31 December 2021 £'000
Corporate donors	162	160
Private donors	155	73
Gift Aid	1	2
	318	235

Included within amounts receivable from corporate donors above is £12,000 (2021: £10,000) in respect of donated staff time and facilities.

**Notes forming part of the financial statements for the year to 31 December 2022
(continued)**

3 Expenditure on charitable activities

	Year to 31 December 2022 £'000	Year to 31 December 2021 £'000
Grants payable	171	147
Support costs	85	80
Governance costs (see note 4)	3	2
	<u>259</u>	<u>229</u>

Included within support costs above is £12,000 (2021: £10,000) in respect of donated staff time and facilities.

The charity has one activity being grant making in line with the charity's objectives. As such all support and governance costs are allocated to this activity.

a) Grants payable to individuals

79 grants totalling £38,000 (2021: 110 grants totalling £65,000) were payable to individuals in the year. The grants were for a wide range of purposes: electric, sport, manual and folding wheelchairs, power packs and sport wheels for wheelchairs; walkers; trikes, handcycles and electric bikes; mobility scooters; exercise and activities, including gym memberships, fishing, drumming, swimming and horse-riding lessons; holidays and recreational camps; educational grants and car adaptations for disabled people.

b) Grants under £1,000 payable to charities and groups

There were 98 grants of under £1,000 payable to charities and groups, for a total of £52,000 (2021: 40 grants totalling £24,000). These include grants for materials, tools, craft, technology and exercise equipment; music, art, theatre, cookery, IT, nature and living skills projects; craft, dance and exercise classes; social activities and special events; entertainment; transport, outings and residential camps.

c) Grants over £1,000 payable to charities and groups

There were 48 grants of £1,000 and over to charities and groups, which totalled £81,000 (2021: 48 grants totalling £58,000). Details are on shown in full on page 15.

4 Governance costs

	Year to 31 December 2022 £'000	Year to 31 December 2021 £'000
Independent examination fee	3	2
	<u>3</u>	<u>2</u>

**Notes forming part of the financial statements for the year to 31 December 2022
(continued)**

5 Trustees' remuneration

The Trustees neither received nor waived any emoluments during the year. £446 (2021: £226) was reimbursed for travel expenses for two Trustees. No restricted donations were received from Trustees.

6 Staff costs

The charity had no employees during the current or prior year. As the charity has no employees and the Trustees are unpaid the charity does not have a remuneration policy.

During the current year, Barchester Healthcare Homes Limited (part of the Barchester group) recharged the charity for the time of two part-time members of staff. This recharge amounted to £63,200; including £5,400 employer's national insurance and £2,200 pension costs (2021: £61,800; including £5,100 employer's national insurance and £2,200 pension costs). In addition to this, £12,000 of staff time was provided by Barchester Healthcare Homes Limited which was not recharged and has been included as donated staff time as disclosed in note 2.

7 Debtors: amounts falling due within one year

	2022	2021
	£'000	£'000
Prepayments and accrued income	<u>53</u>	<u>5</u>
	<u>53</u>	<u>5</u>

8 Creditors: amounts falling due within one year

	2022	2021
	£'000	£'000
Accruals and deferred income	33	33
Grants payable	<u>10</u>	<u>19</u>
	<u>43</u>	<u>52</u>

	2022	2021
	£'000	£'000
Grants payable		
Brought forward	19	28
Grants approved in year	171	147
Grants paid in year	<u>(180)</u>	<u>(156)</u>
Carried forward	<u>10</u>	<u>19</u>

Notes forming part of the financial statements for the year to 31 December 2022
(continued)

9 Analysis of net assets between funds

	Unrestricted Funds £'000	Total £'000
Opening balance at 1 Jan 2022	108	108
Net incoming/(outgoing) resources	59	59
Closing balance at 31 Dec 2022	<u>167</u>	<u>167</u>
Represented by:	167	167
Net current assets	<u>167</u>	<u>167</u>

10 Financial commitments

At 31 December 2022 the charity had no annual commitments (2021: £nil).

11 Related Parties

There were no transactions with related parties during the period.

Grants payable in furtherance of the Charity's objectives

Grants over £1,000 payable to institutions and groups

APPLICANT NAME	GRANT £	PURPOSE OF GRANT
Animal Antiks	£2,000	Countryman club programme aimed to improve the lives of people over 50 suffering from mental health or physical disabilities.
Alive & Kicking SCIO	£1,000	Activities for elderly physically disabled people.
Compass Community Arts	£1,250	Program of arts activities for this charity aimed at reducing loneliness and isolation for people mental health issues.
Coventry Resource Centre for the Bli	£1,250	Music tutor for this charity aimed at improving life for people suffering from sight loss.
The Stuart Low Trust	£1,000	Online and offline wellbeing sessions for this charity aiming to improve the lives of the vulnerable and isolated members of the community.
Deaf-initely Women	£1,250	Social outings for women with hearing loss.
Porchfield Community Association	£1,000	Activities for this charity aiming to improve the wellbeing and quality of life for older people living in Toxteth, Liverpool.
London Riverside Church	£1,000	Weekend away for adults with learning difficulties.
In-Deep Community Task Force Drop-in	£1,000	Monthly community dinners for the elderly.
Rumney Gospel Chapel	£1,000	Summer outing and Christmas meal event for this charity focused on reducing isolation for the elderly.
Sahakra	£1,000	Outings for the elderly Asian community members of Normanton, Derby.
Silverfit Ltd	£1,000	Tai Chi and Qigong lessons for the over 45s to improve health and wellbeing.
Beer Mens Shed	£5,000	The building of a new workshop for this community group aiming to improve men's mental health.
Hand of Solace	£1,000	Coffee/tea and snacks for regular coffee mornings for the elderly.
Sunny Skies Enterprise CIC	£1,000	Tools to create a garden space to help adults with learning disabilities discover their full potential.
Wainman Trust	£1,000	Activities for this charity aiming to improve the lives of older people and those with onset dementia.
Orchard Forest School	£1,000	The continuation of this group aimed at reducing isolation for the elderly.

East Hoathly and Halland Community G	£1,000	The building of raised flower beds for the disabled members of this community garden CIC.
ARK - Acts of Random Kindness	£10,000	Shipping container to provide a versatile indoor space for activities all year round for people with learning disabilities.
Changing Life Directions	£1,000	Fit 4 Life project providing activities for marginalised older women.
Veterans Woodcraft	£15,000	Tools and machinery for woodcraft workshops provided by veterans' CIC aiming to improve the mental health for veterans and other community members.
Lanarkshire Epilepsy	£1,000	Singing workshops for this charity aimed at improving the lives of epilepsy sufferers.
StrongMen	£1,000	Weekend retreats for men who have suffered bereavements.
Down Syndrome Cheshire	£1,000	Gym equipment for this charity aiming to improve the health and wellbeing of people with Downs Syndrome.
Braille IT CIO	£1,000	Audio described theatre performances for the blind and visually impaired.
Shopmobility Melton Mowbray	£1,000	Folding mobility scooter for this charity hiring out mobility scooters to people with limited mobility.
Beabled	£1,000	Sports wheelchairs to assist disabled members to be more active.
Retune SCIO	£1,000	CNC wood carving machine for this charity teaching woodworking skills to veterans with PTSD and those with Autism.
North Staff Swimming for Therapy CI	£1,000	Continuation of swimming facilities for disabled people.
Sid Valley Memory Cafe	£1,000	Befriending activities for this charity aiming to improve the lives of elderly isolated and lonely people.
Living It Up	£1,000	Creative music activities for people with learning disabilities.
The Champ Project	£1,000	Activity sessions to help combat mental and physical health issues.
Petworth Community Garden	£1,500	Tools, equipment and lunch refreshments for this men's shed group.
AFC Tickton Walking Football	£1,000	Walking football programme to keep the elderly of Beverley active.
Stand Up Sisters	£1,000	Silversmith course for eight members of this charity aiming to improve women's mental health.
Friends of Zichron Dovid	£1,000	Click & Connect project helping this charity address loneliness in the elderly.
The Social Network for Seniors	£1,000	Afternoon teas to decrease loneliness in the elderly.

The Birch Collective	£1,500	Camp Birch project for this CIC aiming to improve the lives of 18-25 year olds, struggling with mental health issues.
Open Arts	£1,000	Expansion of arts studio service for adults with mental health challenges.
Kent Enterprise Trust Ltd	£1,000	Friendship club for disadvantaged residents of East Kent.
C&DCA	£1,556	For the purchase of bowls mats for this community centre's bowls club for their partially sighted members.
Sean's Place	£2,000	6-week Yoga and Meditation programme to help improve men's physical and mental health.
Homeless Support Project	£1,000	Tables and chairs for this charity offering hot meals to the homeless.
Jock Tamson's Gairden	£1,000	Jock Tamson's kitchen project aiming to bring elderly members of the community together.
Arts and Minds	£1,000	Nine planned Arts on Prescription programmes in 2023 for this charity's members suffering from mental health conditions.
Sign and Share Club	£1,100	Travel and transport for this charity combating loneliness and isolation.
Bloomin Arts Ltd	£1,400	Wheelchair accessible transport covering two performances for this disability arts charity.
Rammy Men	£1,806	Access ramp for the inclusion of disabled members for this CIC aiming to improve the mental health of retired men suffering from loneliness.

BARCHESTER HEALTHCARE FOUNDATION

England & Wales - Charity number 1083272

Accounts

Barchester Healthcare Foundation

Trustees' report and financial statements

Year to 31 December 2021

Registered Company Number 4002177

Registered Charity Number 1083272

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Trustees' Report

The Trustees present their annual report and the audited financial statements for the year to 31 December 2021.

Reference and Administrative Information

Constitution

Barchester Healthcare Foundation ("the Foundation") is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Company Number 4002177. Charity Number 1083272.

Directors and Trustees

The directors of the charitable company ("the Charity") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Trustees

The Trustees who held office during the year and subsequently were as follows:-

Elected Trustees:

Pete Calveley	
Andrew Cozens CBE	(resigned 31 December 2021)
David Walden CBE	(resigned 31 December 2021)
Ann Mackay MBE	
Caroline Baker	(resigned 11 November 2021)
Fiona McGill	
James Hodgson	
Julia Scott	(appointed 1 January 2022)
Andrew Tilden OBE	(appointed 1 January 2022)
Laura Humphreys	(appointed 1 March 2022, resigned 22 July 2022)

Registered Office:

3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS

Independent Examiners:

Saffery Champness LLP, Kintail House, Beechwood Park, Inverness, IV2 3BW

Bankers:

Royal Bank of Scotland Plc, London Corporate Services, 2½ Devonshire Square, London, EC2M 4XJ

Solicitors:

Blythe Liggins, Edmund House, Rugby Road, Leamington Spa, CV32 6EL

Trustees' Report *(continued)*

Objectives and achievements

The Foundation's mission is to make a difference to the lives of older people and other adults with physical or learning disabilities or mental health challenges, giving grants to help reduce isolation and loneliness, promote group activities and generally improve people's independence, mobility and quality of life.

In 2021, special attention was focused on connecting or reconnecting people with others in their local community, thus combatting loneliness and enabling people to be active and engaged. This has enabled grants totalling £147,000 to be approved, details of which are given in note 3. This represents a positive response by either full or part grants to 22% of the 977 applications received.

In 2019, a resident from Marriott House Care Home in Chichester generously donated £112,000 to the Foundation. The funds were unrestricted, but the Charity launched The Jeanette Gill Special Awards in her memory. Approximately once a year the Charity will fund three special awards for outstanding projects that enrich lives and encourage an active lifestyle. The three awards available include a Gold Award of £15,000, a Silver Award of £10,000 and a Bronze Award of £5,000. The first round took place late in 2019, and two further rounds were planned. In view of the Covid-19 pandemic and the pressure of the Foundation's finances from the cancelling of fundraising events, the Trustees decided to use a proportion of the funds from the Jeanette Gill Special Awards to support the usual grants in 2020/21. The next round of the Jeanette Gill Special Awards will now be in 2022.

The Foundation was again supported by the Barchester Healthcare group which matched pound for pound all funds raised by Barchester staff. In addition to this, £10,000 of staff time was provided by the Barchester Healthcare Group which was not recharged and has been included as donated staff time. This income is shown in note 2.

The fundraising by Barchester staff picked up after the pandemic and once again demonstrated originality and enthusiasm.

The major events included a golf tournament in the Midlands and raffles at conferences in the autumn, as well as Barchester teams at the London 10k and Virtual London Marathon Runs. Textile recycling at the Barchester homes also picked up again. The results of personal challenges by Barchester staff who completed running, trekking and cycling challenges also resulted in gifts to the Foundation.

The Trustees are again grateful to the staff and shareholders of Barchester Healthcare for their continued support.

Appointment of Trustees

The Charity is governed by its memorandum and articles of association. At no time do Trustees nominated by the company constitute a majority in terms of the total number of Trustees. Potential Trustees are nominated by one of the existing Trustees, seconded by another, followed by a vote of all Trustees. Such votes have proved to be unanimous.

Caroline Baker resigned as a Trustee on 11 November 2021, and Andrew Cozens and David Walden resigned as Trustees on 31 December 2021. Andrew Tilden and Julia Scott were appointed as Trustees on 1 January 2022. Laura Humphreys was appointed on 1 March 2022 and resigned on 22 July 2022.

Trustees' Report *(continued)*

Training of Trustees

The Charity does not have a formal policy of training for the Trustees. However, on appointment, Trustees undertake an induction briefing and usually have experience of service with other charities. In addition, information is regularly supplied to the Trustees, regarding their responsibilities and duties together with regular guidance from the Charity Commission. The charity's membership of the Association of Corporate Foundations also provides useful linkage with other charities of a like nature.

Organisational Structure

The Foundation Trustees meet quarterly. Decisions on grant applications of up to £1,500 are delegated to the Grants Team. Applications for grants between £1,500 and £5,000 are considered - and may be approved - by two nominated Trustees (one of whom is an independent Trustee). If not agreed, these applications are considered by the Board of Trustees at their quarterly meetings. The Jeanette Gill Special Awards are approved by all Trustees.

Trustee meetings

The Foundation holds quarterly meetings and during the year achieved an 85% attendance level.

Reserves Policy

The Trustees review grants pledged and paid grants at each meeting. The figure for grants pledged is deducted from current reserves to ensure that the remaining amount does not reduce to below £25,000 (being the running costs for four months). If funds were to remain below £25,000, with no prospect of further funds, the Trustees would meet to decide the future of the Charity. At the end of the year these funds totalled £108,000 (2020: £102,000). The Trustees' policy is also that they would not hold reserves in excess of one year's maximum expected donations, which they estimate at £250,000.

Grant making policy

The Foundation can provide grants of up to £5,000 to individuals or small groups/charities in England, Scotland and Wales. Applications are invited where older people and disabled adults have direct needs and can propose practical solutions. Through its grants, the Foundation can provide direct assistance to named individuals and small groups rather than make contributions to running costs of organisations. The Jeanette Gill Special Awards have a maximum of £15,000.

Public benefit

The Trustees consider that all aspects of the Charity Commission's Public Benefit requirements are met as the charity will consider applications from all sectors of the community and there is no cost to making an application for support.

Review of Activities and Future Developments

In 2021 the Foundation granted £147,000 (2020: £160,000) towards helping older and disabled people around Britain. 198 grants were awarded ranging from £130 up to £2,500 to support a wide range of projects, which included helping individuals, groups and charities to fund specialist and mobility equipment, education, transport, activities and outings.

The Foundation will continue to make grants to projects where the money can make a real difference to the beneficiaries. The Foundation continues to develop its website and more information on its activities can be found at www.bhcfoundation.org.uk.

Trustees' Report *(continued)*

Risk Policy

The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. Given the nature of the activities the Trustees have identified limited significant risks that the Charity faces. The major risks would be the loss of support from the Barchester Healthcare group and reputational risk from making inappropriate awards. Both risks are viewed as very unlikely to occur. The Trustees believe that the systems and controls operated by the Charity are sufficient to mitigate identified risks. The Trustees make a formal review of the Foundation's risk policy once a year. The Charity does not have an internal audit function given the limited activities operated.

Environmental Policy

The Trustees are committed to reducing the environmental impact of the Charity. Video conferencing has been introduced in order to reduce the amount of travel required, and the Charity have switched from paper-based to electronic systems to decrease the amount of paper consumed.

Safeguarding Policy

The Trustees are aware of the need to be alert to safeguarding issues, with some of the Charity's Trustees having experience in this area.

Investment Policy

The Trustees invest free cash resources in term deposit accounts to maximise interest income while maintaining a low risk policy of investment.

Accounting Policies

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

By order of the board



P Calveley *(Chairman)*

3rd Floor, The Aspect
12 Finsbury Square
London
EC2A 1AS

16 September 2022

Statement of Trustees' Responsibilities in respect of the Trustees' annual report and the financial statements

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the Trustees of Barchester Healthcare Foundation on the accounts for the year ended 31 December 2021

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Respective responsibilities of trustees and examiner

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eunice McAdam
Chartered Accountant

Saffery Champness LLP
Kintail House
Beechwood Park
Inverness
IV2 3BW

Date: 22 September 2022

**Statement of Financial Activities (incorporating the Income and Expenditure Account)
for the year to 31 December 2021**

	<i>Note</i>	Year to 31 December 2021 £'000	Year to 31 December 2020 £'000
Income from:			
Donations, legacies and similar incoming resources	2	235	190
Total incoming resources		<u>235</u>	<u>190</u>
Expenditure on:			
Charitable activities	3	(229)	(240)
Total resources expended		<u>(229)</u>	<u>(240)</u>
Net movement in unrestricted funds/net expenditure for year		6	(50)
Unrestricted fund balances b/fwd as at 1 Jan		102	152
Unrestricted fund balances c/fwd as at 31 Dec		<u>108</u>	<u>102</u>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes, comprising the net expenditure for the year, was £6,000 (2020: deficit of £50,000).

Balance Sheet as at 31 December 2021

	<i>Note</i>	2021 £'000	2020 £'000
Current Assets			
Debtors and accrued income	7	5	1
Cash at bank and in hand		<u>155</u>	<u>163</u>
		160	164
Creditors: amounts falling due within one year	8	(52)	(62)
Net assets		<u>108</u>	<u>102</u>
Funds:			
Unrestricted funds	9	<u>108</u>	<u>102</u>

For the financial year ended 31 December 2021 the Company was entitled to exemption from audit under Section 477 of Companies Act 2006 relating to small companies.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the financial statements.

The members have not required the Company to obtain an audit of its financial statements for the year in question in accordance with Section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 14 were approved by the Trustees on 16 September 2022 and signed on their behalf by:



P Calveley (*Chairman*)

Registered Company Number 4002177
Registered Charity Number 1083272

Notes forming part of the financial statements for the year to 31 December 2021

1 Accounting Policies

Company Information

The Barchester Healthcare Foundation is a private company limited by guarantee, incorporated in England. The registered office is 3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS.

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) effective 1 January 2019, the Companies Act 2006 and accounting standards.

The Trustees consider that the charity has the ability to continue its operations for the foreseeable future and so these financial statements have been prepared on the going concern basis.

The charity has availed itself of Paragraph 3 (3) of Schedule 4 of the Companies Act and adapted the Companies Act formats to reflect the special nature of the charity's activities.

The charity is exempt from the requirement to prepare a cash flow statement on the grounds that it falls within the Companies Act definition of a small company.

The charity constitutes a public benefit entity as defined by FRS 102.

b) Taxation

Barchester Healthcare Foundation is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

c) Company Status

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. This includes legacies which are recognised when received.

The charity recognises income relating to commitments to make annual donations in the period to which they relate, provided that the Trustees are certain that the donations will be received.

Notes forming part of the financial statements for the year to 31 December 2021
(continued)

1 Accounting Policies (continued)

e) Resources Expended

Grants are recognised as payable when approval has been given by the Trustees. All other expenditure is accounted for on an accruals basis.

f) Investments

The donations are invested in a bank deposit account immediately upon receipt.

g) Finance and Operating Leases

No leases were entered into during the year or prior year.

h) Fund Accounting

All the Charity's funds are unrestricted i.e. they are expendable at the discretion of the Trustees.

i) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs relating to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

2 Donations, legacies and similar incoming resources

	Year to 31 December 2021 £'000	Year to 31 December 2020 £'000
Corporate donors	160	160
Private donors	73	29
Gift Aid	2	1
	<u>235</u>	<u>190</u>

Included within amounts receivable from corporate donors above is £10,000 (2020: £10,000) in respect of donated staff time and facilities.

Notes forming part of the financial statements for the year to 31 December 2021
(continued)

3 Expenditure on charitable activities

	Year to 31 December 2021 £'000	Year to 31 December 2020 £'000
Grants payable	147	160
Support costs	80	78
Governance costs (see note 4)	<u>2</u>	<u>2</u>
	<u>229</u>	<u>240</u>

Included within support costs above is £10,000 (2020: £10,000) in respect of donated staff time and facilities.

The charity has one activity being grant making in line with the charity's objectives. As such all support and governance costs are allocated to this activity.

a) Grants payable to individuals

110 grants totalling £65,000 (2020: 108 grants totalling £86,000) were payable to individuals in the year. The grants were for a wide range of purposes: electric, sport, manual and folding wheelchairs, power packs and sport wheels for wheelchairs; beach walkers; trikes, handcycles and electric bikes; mobility scooters; laptops and other IT equipment; assistive technology and communication aids; exercise and activities, including gym memberships, fishing equipment, drumming, boxing and dressage lessons; holidays and recreational camps; educational grants and car adaptations for disabled people.

b) Grants under £1,000 payable to charities and groups

There were 40 grants of under £1,000 payable to charities and groups, for a total of £24,000 (2020: 27 grants totalling £14,000). These include grants for materials, activity packs, tools, craft, technology and exercise equipment; music, art, theatre, nutrition, IT, nature and befriending projects; craft, dance and exercise classes; social activities and special events; entertainment; transport, outings and residential camps.

c) Grants over £1,000 payable to charities and groups

There were 48 grants of £1,000 and over to charities and groups, which totalled £58,000 (2020: 37 grants totalling £60,000). Details are on shown in full on page 15.

4 Governance costs

	Year to 31 December 2021 £'000	Year to 31 December 2020 £'000
Independent examination fee	<u>2</u>	<u>2</u>
	<u>2</u>	<u>2</u>

Notes forming part of the financial statements for the year to 31 December 2021
(continued)

5 Trustees' remuneration

The Trustees neither received nor waived any emoluments during the year. £226 (2020: £50) was reimbursed for travel expenses for three Trustees. No restricted donations were received from Trustees.

6 Staff costs

The charity had no employees during the current or prior year. As the charity has no employees and the Trustees are unpaid the charity does not have a remuneration policy.

During the current year, Barchester Healthcare Homes Limited (part of the Barchester group) recharged the charity for the time of two part-time members of staff. This recharge amounted to £61,800; including £5,100 employer's national insurance and £2,200 pension costs (2020: £60,300; including £4,400 employer's national insurance and £2,100 pension costs). In addition to this, £10,000 of staff time was provided by Barchester Healthcare Homes Limited which was not recharged and has been included as donated staff time as disclosed in note 2.

7 Debtors: amounts falling due within one year

	2021 £'000	2020 £'000
Prepayments and accrued income	5	1
	<u>5</u>	<u>1</u>

8 Creditors: amounts falling due within one year

	2021 £'000	2020 £'000
Accruals and deferred income	33	34
Grants payable	19	28
	<u>52</u>	<u>62</u>
Grants payable	2021	2020
	£'000	£'000
Brought forward	28	31
Grants approved in year	147	160
Grants paid in year	(156)	(163)
Carried forward	<u>19</u>	<u>28</u>

Notes forming part of the financial statements for the year to 31 December 2021
(continued)

9 Analysis of net assets between funds

	Unrestricted Funds £'000	Total £'000
Opening balance at 1 Jan 2021	102	102
Net incoming/(outgoing) resources	6	6
Closing balance at 31 Dec 2021	<u>108</u>	<u>108</u>
Represented by:	108	108
Net current assets	<u>108</u>	<u>108</u>

10 Financial commitments

At 31 December 2021 the charity had no annual commitments (2020: £nil).

11 Related Parties

There were no transactions with related parties during the period.

Grants payable in furtherance of the Charity's objectives

Grants over £1,000 payable to institutions and groups

APPLICANT NAME	GRANT £	PURPOSE OF GRANT
Carousel Project	£1,500	Carousel TV project for this charity using a positive response to COVID for their learning disabled artists and audiences.
Merton Centre for Independent Living	£1,500	Craftivism and Chat groups for deaf and disabled people.
Disability Sports Coach	£2,250	Packs of adapted sports equipment for this charity aiming to keep their disabled members active.
Sunahs Crisis Team CIC	£1,000	Musical instruments, games and equipment for this charity aiming to improve mental health, isolation and loneliness in the community.
Sandwell Youth in Action	£1,000	Project where this charity is aiming to help young mothers with mental health issues impacted by the pandemic.
Community Lives Matter	£1,000	Lunch club and sports sessions for this charity who are working towards rebuilding the lives of vulnerable and isolated older people post-COVID-19.
People and Gardens CIC	£2,000	Shed for this community interest company aiming to improve the lives of people with learning disabilities and mental health issues.
Community Coaching CIO	£1,000	Electric bike for this charity engaging elderly people in sporting activity.
Fat Lady Opera CIC	£1,250	Online song writing and creative writing sessions for this CIC aiming to improve life for people facing mental health challenges.
Caraidean Uibhist	£1,250	Programme of activity sessions for this charity aiming to improve life for people isolated in the Outer Hebrides.
Islington Boat Club	£1,250	Towards club watersports activities for this club's Upperdeckers programme aimed at older people.
Thurrock Mencap Society	£1,250	Online dance/fitness sessions for this charity aiming to improve the lives of their 120 special needs members.
Roots & Bloom CIC	£1,000	Polytunnel for this CIC aiming to improve people's physical and mental health.
Parish of Sts David and Cyfelach	£1,000	Conversion of existing parish church hall area into a community hub with a 4 station working area where older people can be taught and self-learn about digital technology.
Carmarthenshire 50+ Forum and ReConn	£1,000	Activities for older people bringing structure to people's lives affected by COVID.
Bootle Tool Shed	£1,200	Equipment for this charity offering a shed association open to older people in the local community.
Marine in the Community	£1,200	Community Garden project aimed at older people.

Disability Sport Yorkshire	£1,100	Activity sessions for this charity aiming to get older isolated people out and about following COVID 19 restrictions.
Deptford Methodist Mission Disabled People's Contact	£1,000	Activity programme for this charity aimed at elderly members returning following the lockdown.
The Opening Doors Project	£1,100	Health and wellbeing programme for this charity aiming to combat loneliness, isolation and financial exclusion in people over the age of 55.
The Vine Centre	£1,000	Activities, trips and food for this charity to help prevent isolation in the over 55s.
Grey Matters Active Ageing	£1,000	Day trips to encourage this charity's members to get out into the community again.
Association of Blind Asians Leeds	£1,000	Outdoor group activities for the elderly BAME members of this charity.
The Holly Tree Club	£1,000	Hearing loop installation.
Normandy Community Therapy Garden	£1,250	Garden activities social prescribing programme for the benefit of adults who are suffering as a consequence of the Covid-19 pandemic and lockdowns.
Risca Cv19 Volunteers	£1,000	Community allotment project for this charity.
Purley Bury Tennis Club Charity	£1,000	Continuation of disabled and over 50s sessions for this tennis club charity.
Braid Health and Wellbeing	£1,000	Activities for clients who use this charity's day centre.
The Widows Empowerment Trust	£1,000	Meals out for 20 people once a month over 6 months.
Breathe Easy Fife	£1,000	Singing sessions for the members of this group living with lung conditions.
Plymouth Wheelchair Basketball	£1,300	Sports chairs for this wheelchair basketball club.
Shopmobility Paisley and District	£1,500	Purchase of new mobility scooters for this shopmobility charity.
KOPE with Kayaks	£1,000	Towards activities and equipment for this charity improving the lives of autistic adults.
The Hollow Lane Club	£1,000	Social and recreational activities for young adults with complex needs.
Wigan Workshop CIC	£1,000	Local community project for adults with additional needs and disabilities.
Woking Blackhawks Basketball Group	£1,000	Basketball wheelchair for one of their players who is a young single leg amputee.
Blackfriars Settlement	£1,000	Sunday lunches for the more isolated and vulnerable members of the local community.

Painting Our World In Silver	£2,500	Craft materials for this charity aiming to improve the lives of people over the age of 65.
Salford Refugee Link	£1,000	Dance and fitness sessions aiming to improve the lives of African refugees with mental health issues.
The Green Team	£2,000	Garden power equipment for this charity aiming to improve the lives of the elderly and disabled through their community garden maintenance service.
BOSP Brighter Opportunities for Special People	£1,000	Skills 4 Life project for young people with learning disabilities.
Athac CIC	£1,000	Day trips for adults with learning disabilities.
CYCALL	£1,000	Contribution towards a wheelchair platform bike for this charity running cycling sessions for adults with a disability.
ARIAN	£1,000	Laptops to enable ICT computer training for senior refugees.
The Sprint Community Transport	£1,000	Subsidised costs for membership and travel costs.
Wenlo Riding for the Disabled	£2,500	A horse for this riding for the disabled charity.
Face Front Inclusive Theatre	£1,000	Blue Sky Actors community project for the disabled providing theatre performances.
Riding for Smiles	£1,000	Small group of disabled adults to attend weekly sessions at this equestrian based charity.

BARCHESTER HEALTHCARE FOUNDATION

England & Wales - Charity number 1083272

Accounts

Barchester Healthcare Foundation

Trustees' report and financial statements

Year to 31 December 2020

Registered Company Number 4002177

Registered Charity Number 1083272

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Trustees' Report

The Trustees present their annual report and the audited financial statements for the year to 31 December 2020.

Reference and Administrative Information

Constitution

Barchester Healthcare Foundation ("the Foundation") is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Company Number 4002177. Charity Number 1083272.

Directors and Trustees

The directors of the charitable company ("the Charity") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Trustees

The Trustees who held office during the year and subsequently were as follows:-

Elected Trustees:

Mr Pete Calveley

Mr Andrew Cozens CBE

Mr David Walden CBE

Miss Ann Mackay MBE

Mrs Caroline Baker

Mr Scott Beat

(resigned 21 April 2020)

Ms Fiona McGill

(appointed 1 January 2020)

Mr Jamie Hodgson

(appointed 21 September 2020)

Registered Office:

3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS

Independent Examiners:

Saffery Champness LLP, Kintail House, Beechwood Park, Inverness, IV2 3BW

Bankers:

Royal Bank of Scotland Plc, London Corporate Services, 2½ Devonshire Square, London, EC2M 4XJ

Solicitors:

Blythe Liggins, Edmund House, Rugby Road, Leamington Spa, CV32 6EL

Trustees' Report *(continued)*

Objectives and achievements

The Foundation's mission is to make a difference to the lives of older people and other adults with physical or learning disabilities or mental health challenges, giving grants to help reduce isolation and loneliness, promote group activities and generally improve people's independence, mobility and quality of life.

In 2020, special attention was focused on connecting or reconnecting people with others in their local community, thus combatting loneliness and enabling people to be active and engaged. This has enabled grants totalling £160,000 to be approved, details of which are given in note 3. This represents a positive response by either full or part grants to 18% of the 948 applications received.

In 2019, a resident from Marriott House Care Home in Chichester generously donated £112,000 to the Foundation. The funds were unrestricted, but the Charity launched The Jeanette Gill Special Awards in her memory. Once a year the Charity will fund three special awards for outstanding projects that enrich lives and encourage an active lifestyle. The three awards available include a Gold Award of £15,000, a Silver Award of £10,000 and a Bronze Award of £5,000. The first round took place late in 2019, and two further rounds were planned for 2020 and 2021. In view of the Covid-19 pandemic and the pressure of the Foundation's finances from the cancelling of fundraising events, the Trustees decided to use a proportion of the funds from the Jeanette Gill Special Awards to support the usual grants in 2020. The next round of the Jeanette Gill Special Awards will now be in 2021.

The Foundation was again supported by the Barchester Healthcare group which matched pound for pound all funds raised by Barchester staff. In addition to this, £10,000 of staff time was provided by the Barchester Healthcare Group which was not recharged and has been included as donated staff time. This income is shown in note 2.

Most fundraising events during the year were cancelled due to the Covid-19 restrictions in place. The fundraising by staff once again demonstrated originality and enthusiasm, through competitions and raffles at conferences early in the year, and later on with virtual static bike challenges both in a director's kitchen and at one of the care homes.

Textile recycling at the Barchester homes was reduced during the pandemic.

The Trustees are again grateful to the staff and shareholders of Barchester Healthcare for their continued support.

Appointment of Trustees

The Charity is governed by its memorandum and articles of association. At no time do Trustees nominated by the company constitute a majority in terms of the total number of Trustees. Potential Trustees are nominated by one of the existing Trustees, seconded by another, followed by a vote of all Trustees. Such votes have proved to be unanimous.

Ms Fiona McGill was appointed as a Trustee on 1 January 2020, and Mr Jamie Hodgson was appointed on 21 September 2020. Scott Beat resigned as a Trustee on 21 April 2020.

Trustees' Report *(continued)*

Training of Trustees

The Charity does not have a formal policy of training for the Trustees. However, on appointment, Trustees undertake an induction briefing and usually have experience of service with other charities. In addition, information is regularly supplied to the Trustees, regarding their responsibilities and duties together with regular guidance from the Charity Commission. The charity's membership of the Association of Corporate Foundations also provides useful linkage with other charities of a like nature.

Organisational Structure

The Foundation Trustees meet quarterly. Decisions on grant applications of up to £1,500 are delegated to the Grants Team. Applications for grants between £1,500 and £5,000 are considered - and may be approved - by two nominated Trustees (one of whom is an independent Trustee). If not agreed, these applications are considered by the Board of Trustees at their quarterly meetings. The Jeanette Gill Special Awards are approved by all Trustees.

Trustee meetings

The Foundation holds quarterly meetings and during the year achieved a 74% attendance level.

Reserves Policy

The Trustees review grants made, but not paid, and proposed grants at each meeting. The figure for grants proposed but not approved is deducted from current reserves to ensure that the remaining amount does not reduce to below £25,000 (being the running costs for four months). If funds were to remain below £25,000, with no prospect of further funds, the Trustees would meet to decide the future of the Charity. At the end of the year these funds totalled £102,000 (2019: £152,000). The Trustees' policy is also that they would not hold reserves in excess of one year's maximum expected donations, which they estimate at £250,000.

Grant making policy

The Foundation can provide grants of up to £5,000 to individuals or small groups/charities in England, Scotland and Wales. Applications are invited where older people and disabled adults have direct needs and can propose practical solutions. Through its grants, the Foundation can provide direct assistance to named individuals and small groups rather than make contributions to running costs of organisations. The Jeanette Gill Special Awards have a maximum of £15,000.

Public benefit

The Trustees consider that all aspects of the Charity Commission's Public Benefit requirements are met as the charity will consider applications from all sectors of the community and there is no cost to making an application for support.

Review of Activities and Future Developments

In 2020 the Foundation granted £160,000 (2019: £136,000) towards helping older and disabled people around Britain. 172 grants were awarded ranging from £200 up to £9,955 to support a wide range of projects, which included helping individuals, groups and charities to fund specialist and mobility equipment, education, transport, activities and outings.

The Foundation will continue to make grants to projects where the money can make a real difference to the beneficiaries. The Foundation continues to develop its website and more information on its activities can be found at www.bhcfoundation.org.uk.

Trustees' Report *(continued)*

Risk Policy

The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. Given the nature of the activities the Trustees have identified limited significant risks that the Charity faces. The major risks would be the loss of support from the Barchester Healthcare group and reputational risk from making inappropriate awards. Both risks are viewed as very unlikely to occur. The Trustees believe that the systems and controls operated by the Charity are sufficient to mitigate identified risks. The Trustees make a formal review of the Foundation's risk policy once a year. The Charity does not have an internal audit function given the limited activities operated.

Environmental Policy

The Trustees are committed to reducing the environmental impact of the Charity. Video conferencing has been introduced in order to reduce the amount of travel required, and the Charity have switched from paper-based to electronic systems to decrease the amount of paper consumed.

Safeguarding Policy

The Trustees are aware of the need to be alert to safeguarding issues, with some of the Charity's Trustees having experience in this area.

Investment Policy

The Trustees invest free cash resources in term deposit accounts to maximise interest income while maintaining a low risk policy of investment.

Accounting Policies

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

By order of the board



P Calveley *(Chairman)*

3rd Floor, The Aspect
12 Finsbury Square
London
EC2A 1AS

17 September 2021

Statement of Trustees' Responsibilities in respect of the Trustees' annual report and the financial statements

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the Trustees of Barchester Healthcare Foundation on the accounts for the year ended 31 December 2020

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Respective responsibilities of trustees and examiner

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eunice McAdam
Chartered Accountant

Saffery Champness LLP
Kintail House
Beechwood Park
Inverness

IV2 3BW

Date: 23 September 2021

**Statement of Financial Activities (incorporating the Income and Expenditure Account)
for the year to 31 December 2020**

	<i>Note</i>	Year to 31 December 2020 £'000	Year to 31 December 2019 £'000
Income from:			
Donations, legacies and similar incoming resources	2	190	317
Total incoming resources		190	317
Expenditure on:			
Charitable activities	3	(240)	(210)
Total resources expended		(240)	(210)
Net movement in unrestricted funds/net expenditure for year		(50)	107
Unrestricted fund balances b/fwd as at 1 Jan		152	45
Unrestricted fund balances c/fwd as at 31 Dec		102	152

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The deficit for the year for Companies Act purposes, comprising the net expenditure for the year, was £(50,000) (2019: surplus of £107,000).

Balance Sheet as at 31 December 2020

	<i>Note</i>	2020	2019
		£'000	£'000
Current Assets			
Debtors and accrued income	7	1	1
Cash at bank and in hand		<u>163</u>	<u>218</u>
		164	219
Creditors: amounts falling due within one year			
	8	<u>(62)</u>	<u>(67)</u>
Net assets		<u>102</u>	<u>152</u>
Funds:			
Unrestricted funds	9	<u>102</u>	<u>152</u>

For the financial year ended 31 December 2020 the Company was entitled to exemption from audit under Section 477 of Companies Act 2006 relating to small companies.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the financial statements.

The members have not required the Company to obtain an audit of its financial statements for the year in question in accordance with Section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 8 to 14 were approved by the Trustees on 17 September 2021 and signed on their behalf by:



P Calveley (*Chairman*)

Registered Company Number 4002177
Registered Charity Number 1083272

Notes forming part of the financial statements for the year to 31 December 2020

1 Accounting Policies

Company Information

The Barchester Healthcare Foundation is a private company limited by guarantee, incorporated in England. The registered office is 3rd Floor, The Aspect, 12 Finsbury Square, London, EC2A 1AS.

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Accounting and Reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) effective 1 January 2015, the Companies Act 2006 and accounting standards.

The Trustees consider that the charity has the ability to continue its operations for the foreseeable future and so these financial statements have been prepared on the going concern basis.

The charity has availed itself of Paragraph 3 (3) of Schedule 4 of the Companies Act and adapted the Companies Act formats to reflect the special nature of the charity's activities.

The charity is exempt from the requirement to prepare a cash flow statement on the grounds that it falls within the Companies Act definition of a small company.

The charity constitutes a public benefit entity as defined by FRS 102.

b) Taxation

Barchester Healthcare Foundation is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

c) Company Status

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. This includes legacies which are recognised when received.

The charity recognises income relating to commitments to make annual donations in the period to which they relate, provided that the Trustees are certain that the donations will be received.

Notes forming part of the financial statements for the year to 31 December 2020
(continued)

1 Accounting Policies *(continued)*

e) Resources Expended

Grants are recognised as payable when approval has been given by the Trustees. All other expenditure is accounted for on an accruals basis.

f) Investments

The donations are invested in a bank deposit account immediately upon receipt.

g) Finance and Operating Leases

No leases were entered into during the year or prior year.

h) Fund Accounting

All the Charity's funds are unrestricted i.e. they are expendable at the discretion of the Trustees.

i) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs relating to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

2 Donations, legacies and similar incoming resources

	Year to 31 December 2020 £'000	Year to 31 December 2019 £'000
Corporate donors	160	160
Private donors	29	156
Gift Aid	1	1
	<u>190</u>	<u>317</u>

Included within amounts receivable from corporate donors above is £10,000 (2019: £10,000) in respect of donated staff time and facilities.

Notes forming part of the financial statements for the year to 31 December 2020
(continued)

3 Expenditure on charitable activities

	Year to 31 December 2020 £'000	Year to 31 December 2019 £'000
Grants payable	160	136
Support costs	78	72
Governance costs (see note 4)	2	2
	<u>240</u>	<u>210</u>

Included within support costs above is £10,000 (2019: £10,000) in respect of donated staff time and facilities.

The charity has one activity being grant making in line with the charity's objectives. As such all support and governance costs are allocated to this activity.

a) Grants payable to individuals

108 grants totalling £86,000 (2019: 87 grants totalling £66,000) were payable to individuals in the year. The grants were for a wide range of purposes: electric, sport, manual and folding wheelchairs, power packs and sport wheels for wheelchairs; sport walkers; trikes, handcycles and electric bikes; mobility scooters; laptops and other IT equipment and software; assistive technology and communication aids; exercise and activities, including gym memberships and personal trainer sessions; special days out; holidays and recreational camps; educational grants and car adaptations for disabled people.

b) Grants under £1,000 payable to charities and groups

There were 27 grants of under £1,000 payable to charities and groups, for a total of £14,000 (2019: 62 grants totalling £40,000). These include grants for materials, tools, craft, technology and sport equipment; music, art, sailing, gardening, nature and befriending projects; craft, dance and exercise classes (often virtual during the pandemic); Memory Club workshops; social activities and special events; entertainment; transport and outings.

c) Grants over £1,000 payable to charities and groups

There were 37 grants of £1,000 and over to charities and groups, which totalled £60,000 (2019: 28 grants totalling £30,000). Details are on shown in full on page 15.

4 Governance costs

	Year to 31 December 2020 £'000	Year to 31 December 2019 £'000
Independent examination fee	2	2
	<u>2</u>	<u>2</u>

Notes forming part of the financial statements for the year to 31 December 2020
(continued)

5 Trustees' remuneration

The Trustees neither received nor waived any emoluments during the year. £50 (2019: £223) was reimbursed for travel expenses for one Trustee. No restricted donations were received from Trustees.

6 Staff costs

The charity had no employees during the current or prior year. As the charity has no employees and the Trustees are unpaid the charity does not have a remuneration policy.

During the current year, Barchester Healthcare Homes Limited (part of the Barchester group) recharged the charity for the time of two part-time members of staff. This recharge amounted to £60,300; including £4,400 employer's national insurance and £2,100 pension costs (2019: £56,600; including £4,500 employer's national insurance and £2,100 pension costs). In addition to this, £10,000 of staff time was provided by Barchester Healthcare Homes Limited which was not recharged and has been included as donated staff time as disclosed in note 2.

7 Debtors: amounts falling due within one year

	2020 £'000	2019 £'000
Prepayments and accrued income	<u>1</u>	<u>1</u>
	<u>1</u>	<u>1</u>

8 Creditors: amounts falling due within one year

	2020 £'000	2019 £'000
Accruals and deferred income	34	36
Grants payable	<u>28</u>	<u>31</u>
	<u>62</u>	<u>67</u>
Grants payable	2020	2019
	£'000	£'000
Brought forward	31	14
Grants approved in year	160	136
Grants paid in year	<u>(163)</u>	<u>(119)</u>
Carried forward	<u>28</u>	<u>31</u>

Notes forming part of the financial statements for the year to 31 December 2020
(continued)

9 Analysis of net assets between funds

	Unrestricted Funds £'000	Total £'000
Opening balance at 1 Jan 2020	152	152
Net (outgoing)/incoming resources	<u>(50)</u>	<u>(50)</u>
Closing balance at 31 Dec 2020	<u>102</u>	<u>102</u>
Represented by:		
Net current assets	<u>102</u>	<u>102</u>

10 Financial commitments

At 31 December 2020 the charity had no annual commitments *(2019: £nil)*.

11 Related Parties

There were no transactions with related parties during the period.

Grants payable in furtherance of the Charity's objectives

Grants over £1,000 payable to institutions and groups

APPLICANT NAME	GRANT £	PURPOSE OF GRANT
Arch-Way Project	£1,000	Musical equipment for this charity set up to alleviate loneliness and social isolation in those with mental health needs.
Sunrise Tamil Community Centre	£2,000	Social and exercise activities for this charity aiming to improve the lives of people in the local community.
Ascension Community Trust	£1,320	Weekly line dance classes for the elderly.
North East Warriors Wheelchair Basketball	£1,000	Specialist equipment for this wheelchair basketball club.
Silver Links	£1,000	Outings and sewing materials for this charity aiming to improve isolation and loneliness in the elderly.
The Community Hub	£1,000	Resources and refreshments for the WellBoost social group for elderly people.
Learning Stars	£2,000	Tutor costs for this group aiming to improve the lives of people with learning disabilities.
Vision of Adventure	£9,955	Activity courses for this charity aiming to improve life for partially sighted adults.
Hounslow Hawks F.C.	£6,000	Football inclusion project for disadvantaged people who suffer from mental illness.
Ladybarn Community Hub	£1,000	Expand older peoples programme to the BAMER community.
Cornerstones Centre for the Community le Street Methodist Church	£1,000	Activities for this group aiming to reduce loneliness and isolation in the elderly.
Disabled Sailors Association	£1,000	Equipment for this disabled sailors' charity.
Lake District Mobility	£1,000	All-terrain mobility scooters for this charity's members to use the new step-free route to the iconic viewpoint at Windermere's Orrest Head.
Cornwater Evergreens	£1,000	Activities for this charity aiming to improve isolation and loneliness in the elderly.
Evergreen Care Bexley	£1,000	Equipment for this charity offering somewhere to meet and have a hot meal for the over 65s who are vulnerable.
Ralli Hall Lunch and Social Club	£1,000	Activities for this charity aiming to improve the lives of elderly vulnerable people.
PD Kinetics	£1,000	Equipment for this group aiming to slow the progression of Parkinson's.
Young Star Mentoring	£2,000	Trip for care leavers to Scotland to climb Ben Nevis.

Magpie Dance	£1,000	Additional dance classes for this charity aiming to improve the lives of young people with learning disabilities.
Far Flung Dance Theatre CIC	£1,500	Additional dance classes for the over 60s.
East Sussex Recovery Alliance	£1,000	Towards cookery ingredients for group providing activities and training to sustain rehabilitation from drug and alcohol abuse.
St. Peters Community Wellbeing Project	£2,000	Towards the activity programme of this charity aiming to improve loneliness and isolation in the elderly.
The Blurred Line Group CIC	£1,500	Chit-Chat programme for this CIC aiming to improve mental health in people aged 65+.
Good Companions Bolton	£1,500	Gardening equipment for this charity aiming to improve the lives of people with disabilities including learning and physical disabilities.
Wokingham in Need	£1,000	Equipment for the creation of a sensory garden at this community centre used by adults with learning difficulties.
Friendly Faces of Kent	£1,000	Let's Stay Connected project for this community group aiming to improve the lives of its members during the pandemic.
Para Dance UK	£1,000	Delivering activities remotely for the members of this dance charity.
Spare Tyre Theatre Company	£1,000	Expanding the 'Through Your Letterbox' project for people with dementia.
String of Hearts CIC	£1,800	Music making workshops provided by this Community Interest Company to help tackle isolation in the elderly.
Inverness Men's Shed	£3,000	Refurbishment project for this charity aiming to improve the lives of lonely or isolated men in the community.
Disability Solutions West Midlands	£1,000	Loan tablets for this charity aiming to set up a members Facebook group to reduce loneliness and isolation.
Westwood 2015 Limited	£1,000	Activities for this charity aiming to improve social inclusion.
West Area Project	£1,000	Refreshments costs for this project aiming to promote better health for their service users.
Metro Blind Sport	£1,000	Equipment for Walking Programme for partially sighted members to exercise during the pandemic.
Kingstanding Food Community CIC	£1,000	Equipment and ingredients for online workshops provided by this charity helping vulnerable people.
The Silver Lining Charity	£1,000	Music therapy sessions for this charity aiming to improve the lives of lonely and isolated older people.
Walsall Link Line	£1,000	Cognitive Stimulation Therapy sessions for this group aiming to improve the lives of elderly isolated and lonely people suffering from dementia.

