

REGISTERED COMPANY NUMBER: 03863068 (England and Wales)
REGISTERED CHARITY NUMBER: 1083030

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST AUGUST 2022
FOR
ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY

Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

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FOR THE YEAR ENDED 31ST AUGUST 2022**

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**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Association for Group and Individual Psychotherapy (AGIP) was founded in 1974 as a Professional Association of Psychoanalytic Psychotherapists. It now has members working in London, the rest of the UK and in Europe. The organisation is a member of the United Kingdom Council for Psychotherapy. AGIP has a code of ethics and good practice to which all members subscribe.

AGIP provides a highly regarded Psychotherapy Service in the form of a clinic which is easily accessible to those seeking therapy in North London. We offer consultations, assessment and referrals for ongoing psychotherapy and access to a low-fee psychotherapy scheme, the Fairbridge Clinic.

AGIP also offers a pluralistic and innovative Training Programme of Psychoanalytic Psychotherapy. AGIP's training is recognised by the United Kingdom Council for Psychotherapy.

AGIP's authority is vested in its elected Council; all full Council members also act as trustees of the charity. The work of the Association is carried forward by the council and its sub-committees have responsibility for Training, Clinical Matters, Professional Ethics and Continuing Professional Development.

AGIP's constitutional aims include the following:

- To widen the availability of psychoanalytic psychotherapy
- To provide a psychoanalytically based training programme
- To provide a forum for members to continue and develop their work
- To develop and maintain the highest possible professional and ethical standard of professional excellence and ethical conduct in the practice of psychoanalytic psychotherapy

Public benefit

The section of this report above entitled 'Objectives and activities of the year' sets out the charity's objectives and reports on the activity and successes in the year to 31 August 2022 as well as explaining the plans for the current financial year of 2022-23.

The trustees have considered this matter and concluded:

1. That the aims of the organisation continue to be charitable;
2. That the aims and the work done give identifiable benefits to the charitable sector and both indirectly and directly to individuals in need;
3. That the benefits are for the public, are not unreasonably restricted in any way and certainly not by ability to pay; and
4. That there is no detriment or harm arising from the aims or activities.

The trustees confirm that they have complied with the duty in Section 4 of the Charities' Act 2006 to have due regard to the guidance published by the Charities' Commission on public benefit when reviewing the Charity's main aims and objectives and in planning future activities.

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity's activities including training continued to operate on a remote basis as well as returning to traditional office-based activities. The investment in new equipment facilitated the new hybrid working conditions adopted by many businesses following the pandemic. This facility has enabled AGIP to broaden the accessibility of its services. We would like to take this opportunity to acknowledge all the losses in our membership and express our thanks to past members who have given so much to AGIP over the years.

The charity continues to adopt the Working party and Committee structure to encourage the involvement of more members in the achievement of its activities. We continue to work with the Lady Balogh's Psychotherapy Trust to achieve our mutually shared goals. AGIP continues to support the BJP, the psychotherapy journal, which continues to include papers from AGIP remaining responsive to the issues arising in the practice of psychotherapy.

Training continues to grow despite continuing last year's remote learning techniques. There are currently 14 training members, 20 clinical trainees and 12 foundation trainees. We take this opportunity to welcome 2 new professional members during the year.

The Clinical Committee continues to assess and refer potential patients to trainees or professional members as appropriate. The pressure on such services has significantly increased as awareness of such services grows and the effects of the pandemic. The service continues to be provided through acts of goodwill in support of low-cost therapy through the Fairbridge Clinic.

The Continuing Professional Development Committee continued to provide its services online and intends to continue this service in a hybrid version as we transition back into the availability of in person and online events as circumstances change.

The Professional Ethics Committee reviewed, revised and amalgamated the Code of Ethics and Code of Professional Practice into a single Code, and alongside this revised the Complaints Procedure. These are now both consistent with those of the UKCP. In addition, a range of information leaflets has been prepared including for complainants, members complained against, and anyone who has been asked to be a witness at a disciplinary hearing.

Due to changes during the pandemic the house has been maintained by the office administration staff. As the current working environments change the appropriate management of the house is under constant review.

FINANCIAL REVIEW

Financial position

The membership fees are up slightly from last year which continues the ongoing trend of increased memberships. The APPT training has continued in house since the termination of the partnership with Arbours in September 2017 and will remain in house for the foreseeable future. The income and expenditure relating to the training course is included under charitable activities on the detailed statement of financial activities.

The expenses for the year include legal fees arising from a student ethical concern, the replacement cost of the boiler and the installation of the mesh system. These costs are not expected to recur in the current year.

The charity was self-funded for the year and did not need to draw on its savings. The overall deficit for the year was £9,133.

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2022**

FINANCIAL REVIEW

Reserves policy

It is normally the policy of the Association that the level of reserves (those not tied up in fixed assets and designated and restricted funds) should be maintained at a level at least equivalent to three months' expenditure, which averages £25,000. We have maintained at least this level of reserves over the year. In light of the long term nature of the psychotherapy offered by the Clinic, it is viewed that 6 months' expenditure in the reserves is more prudent. The trustees consider that reserves at that level would ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

As at 31 August 2022, our reserves fund stood at a surplus of £32,429 (as of 31 August 2021: £41,562).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Related parties

The Association is an Organisational Member of the United Kingdom Council for Psychotherapy (UKCP). Association representatives play an active part in UKCP affairs, representing the Association and the interests of its Members at a national level. The Association adheres to the ethical guidelines and policies of UKCP.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03863068 (England and Wales)

Registered Charity number

1083030

Registered office

1 Fairbridge Road
London
N19 3EW

Trustees

Mr C D Berry	Psychoanalytic psychotherapist		
Ms D P Fagin	Psychoanalytic psychotherapist		Resigned 26/11/2022
Mr D Dacre	Psychoanalytic psychotherapist		Resigned 09/07/2022
Mrs D Saadawi	Psychoanalytic psychotherapist		Resigned 09/07/2022
Ms G Pavlina	Psychoanalytic psychotherapist		Resigned 27/11/2021
Ms L Ruxton	Psychoanalytic psychotherapist		Resigned 25/09/2021
Ms C F Wade	Retired chartered accountant		
Ms J May	Psychoanalytic psychotherapist	Appointed 25/09/2021	Resigned 24/09/2022
Mr G J Lee	Psychoanalytic psychotherapist	Appointed 27/11/2021	Resigned 12/07/2022
Frau C Ardt	Psychoanalytic psychotherapist	Appointed 27/11/2021	
Mr L Suss	Retired	Appointed 27/11/2021	
Mr D Butler	Psychoanalytic psychotherapist	Appointed 19/03/2022	
Ms D Hamilton	Psychoanalytic psychotherapist		
Ms S T			
Landesman	Psychoanalytic psychotherapist	Appointed 25/09/2021	
Mr D G Gill	Psychoanalytic psychotherapist	Appointed 09/07/2022	

Trustees Appointed since year-end

Ms F Lorena	Psychoanalytic psychotherapist	Appointed 21/01/2023
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**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Parkers

Cornelius House

178-180 Church Road

Hove

East Sussex

BN3 2DJ

Approved by order of the board of trustees on 25 March 2023 and signed on its behalf by:



Mrs C F Wade - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

Independent examiner's report to the trustees of Association For Group And Individual Psychotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st August 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Annette Watson

Annette Watson PhD BSc FCA
Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

Date: *4th April 2023*

**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST AUGUST 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		80,851	77,021
Charitable activities			
Clinical & CPD related		2,798	2,769
APPT Training courses		59,828	54,373
Investment income	2	10	111
Total		143,487	134,274
EXPENDITURE ON			
Raising funds		9,767	9,901
Charitable activities			
Clinical & CPD related		3,861	2,735
APPT Training courses		34,598	36,548
Other		104,394	85,240
Total		152,620	134,424
NET INCOME/(EXPENDITURE)		(9,133)	(150)
RECONCILIATION OF FUNDS			
Total funds brought forward		41,562	41,712
TOTAL FUNDS CARRIED FORWARD		32,429	41,562

The notes form part of these financial statements

**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

**BALANCE SHEET
31ST AUGUST 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Tangible assets	6	832	768
CURRENT ASSETS			
Debtors	7	5,000	5,250
Cash at bank		35,238	46,365
		40,238	51,615
CREDITORS			
Amounts falling due within one year	8	(8,641)	(10,821)
NET CURRENT ASSETS		31,597	40,794
TOTAL ASSETS LESS CURRENT LIABILITIES		32,429	41,562
NET ASSETS		32,429	41,562
FUNDS	10		
Unrestricted funds		32,429	41,562
TOTAL FUNDS		32,429	41,562

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**BALANCE SHEET - continued
31ST AUGUST 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 MARCH 2023 and were signed on its behalf by:



C F Wade - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST AUGUST 2022

Basis of preparing the financial statements

Income

Expenditure

Tangible fixed assets

Fixtures, fittings & equipment - 25% on reducing balance

Taxation

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2022**

2. INVESTMENT INCOME

	2022	2021
	£	£
Bank interest receivable	10	111
	<u> </u>	<u> </u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	315	255
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2022 nor for the year ended 31st August 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2022 nor for the year ended 31st August 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
	2	2
Support staff	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

	Fixtures, fittings & equipment £
COST	
At 1st September 2021	2,434
Additions	379
	<u> </u>
At 31st August 2022	2,813
	<u> </u>
DEPRECIATION	
At 1st September 2021	1,666
Charge for year	315
	<u> </u>
At 31st August 2022	1,981
	<u> </u>
NET BOOK VALUE	
At 31st August 2022	832
	<u> </u>
At 31st August 2021	768
	<u> </u>

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2022**

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	<u>5,000</u>	<u>5,250</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 9)	-	445
Social security and other taxes	488	2,101
Other creditors	6,153	6,093
Accruals and deferred income	<u>2,000</u>	<u>2,182</u>
	<u>8,641</u>	<u>10,821</u>

9. LOANS

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>-</u>	<u>445</u>

10. MOVEMENT IN FUNDS

	At 1/9/21 £	Net movement in funds £	At 31/8/22 £
Unrestricted funds			
General fund	41,562	(9,133)	32,429
	<u>41,562</u>	<u>(9,133)</u>	<u>32,429</u>
TOTAL FUNDS	<u>41,562</u>	<u>(9,133)</u>	<u>32,429</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	143,487	(152,620)	(9,133)
	<u>143,487</u>	<u>(152,620)</u>	<u>(9,133)</u>
TOTAL FUNDS	<u>143,487</u>	<u>(152,620)</u>	<u>(9,133)</u>

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2022**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/9/20 £	Net movement in funds £	At 31/8/21 £
Unrestricted funds			
General fund	41,712	(150)	41,562
TOTAL FUNDS	<u>41,712</u>	<u>(150)</u>	<u>41,562</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	134,274	(134,424)	(150)
TOTAL FUNDS	<u>134,274</u>	<u>(134,424)</u>	<u>(150)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2022.

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST AUGUST 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Membership fees	35,525	33,138
Donations (general)	24,759	24,883
Donations (house maintenance)	20,567	19,000
	<u>80,851</u>	<u>77,021</u>
Investment income		
Bank interest receivable	10	111
Charitable activities		
Clinical income	2,674	1,332
CPD income	-	1,437
Tuition fees	55,204	51,013
Application fees	4,624	3,360
Other income	124	-
	<u>62,626</u>	<u>57,142</u>
Total incoming resources	143,487	134,274
EXPENDITURE		
Raising donations and legacies		
BJP & PEP professional fees	9,767	9,901
Charitable activities		
Tuition and course related fees incurred	25,935	28,016
Other training related costs	8,727	8,532
Clinical costs	3,861	2,065
CPD costs	-	670
	<u>38,523</u>	<u>39,283</u>
Support costs		
Management		
Wages	58,011	55,340
Pensions	872	847
	<u>58,883</u>	<u>56,187</u>
House costs		
House costs	9,677	4,327
Cleaning costs	10,597	10,412
	<u>20,274</u>	<u>14,739</u>

This page does not form part of the statutory financial statements

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST AUGUST 2022**

	2022 £	2021 £
House costs		
Other		
Telephone	1,233	1,637
Postage and stationery	2,569	1,867
Sundries	162	223
Bank charges	22	40
AGM expenses	441	450
Equipment leasing and hire charges	800	860
General insurances	1,848	1,506
Software, IT support and related costs	2,415	3,939
Depreciation of tangible fixed assets	315	255
HMRC Interest payable	26	-
	<u>9,831</u>	<u>10,777</u>
Governance costs		
Accountancy fees	2,779	2,199
Legal fees	11,376	-
UKCP related costs	1,187	1,338
	<u>15,342</u>	<u>3,537</u>
Total resources expended	<u>152,620</u>	<u>134,424</u>
Net expenditure	<u>(9,133)</u>	<u>(150)</u>

This page does not form part of the statutory financial statements