

REGISTERED COMPANY NUMBER: 03863068 (England and Wales)
REGISTERED CHARITY NUMBER: 1083030

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST AUGUST 2021
FOR
ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

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FOR THE YEAR ENDED 31ST AUGUST 2021**

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**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st August 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Association for Group and Individual Psychotherapy (AGIP) was founded in 1974 as a Professional Association of Psychoanalytic Psychotherapists. It now has members working in London, the rest of the UK and in Europe. The organisation is a member of the United Kingdom Council for Psychotherapy. AGIP has a code of ethics and good practice to which all members subscribe.

AGIP provides a highly regarded Psychotherapy Service in the form of a clinic which is easily accessible to those seeking therapy in North London. We offer consultations, assessment and referrals for ongoing psychotherapy and access to a low-fee psychotherapy scheme, the Fairbridge Clinic.

AGIP also offers a pluralistic and innovative Training Programme of Psychoanalytic Psychotherapy. AGIP's training is recognised by the United Kingdom Council for Psychotherapy.

AGIP's authority is vested in its elected Council; all full Council members also act as trustees of the charity. The work of the Association is carried forward by the council and its sub-committees have responsibility for Training, Clinical Matters, Professional Ethics and Continuing Professional Development.

AGIP's constitutional aims include the following:

- To widen the availability of psychoanalytic psychotherapy
- To provide a psychoanalytically based training programme
- To provide a forum for members to continue and develop their work
- To develop and maintain the highest possible professional and ethical standard of professional excellence and ethical conduct in the practice of psychoanalytic psychotherapy

Public benefit

The section of this report above entitled 'Objectives and achievements of the year' sets out the charity's objectives and reports on the activity and successes in the year to 31 August 2020 as well as explaining the plans for the current financial year of 2020-21.

The trustees have considered this matter and concluded:

1. That the aims of the organisation continue to be charitable;
2. That the aims and the work done give identifiable benefits to the charitable sector and both indirectly and directly to individuals in need;
3. That the benefits are for the public, are not unreasonably restricted in any way and certainly not by ability to pay; and
4. That there is no detriment or harm arising from the aims or activities.

The trustees confirm that they have complied with the duty in Section 4 of the Charities' Act 2006 to have due regard to the guidance published by the Charities' Commission on public benefit when reviewing the Charity's main aims and objectives and in planning future activities.

ASSOCIATION FOR GROUP AND INDIVIDUAL PSYCHOTHERAPY

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST AUGUST 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The pandemic continued to influence the charity's activities with training and all our other services offered on a remote basis. We would like to take this opportunity to acknowledge all the losses in our membership and express our thanks to past members who have given so much to AGIP over the years.

These challenging times have provided the catalyst for us to expand the strategy of Working parties and Committees to involve more members in the achievement of our activities. We continue to work with the Lady Balogh Psychotherapy Trust to achieve our mutually shared goals. AGIP continues to support the BJP, the psychotherapy journal, which continues to include papers from AGIP remaining responsive to the issues arising in the practice of psychotherapy.

Training continues to grow despite continuing last year's remote learning techniques. There are currently 10 training members, 18 clinical trainees and 13 foundation trainees. We take this opportunity to welcome 1 new professional member during the year.

The Clinical Committee continues to assess and refer potential patients to trainees or professional members as appropriate. The pressure on such services has significantly increased as awareness of such services grows and the effects of the pandemic. The service continues to be provided through acts of goodwill in support of low-cost therapy through the Fairbridge Clinic.

The Continuing Professional Development Committee continued to provide its services online and intends to continue this service in a hybrid version as we transition back into the availability of in person and online events as circumstances change.

Due to changes during the pandemic the house has been maintained by the office administration staff. As the current working environments change the appropriate management of the house is under constant review.

FINANCIAL REVIEW

Financial position

The membership fees are up slightly from last year which continues the ongoing trend of increased memberships. The APPT training has continued in house since the termination of the partnership with Arbours in September 2017 and will remain in house for the foreseeable future. The income and expenditure relating to the training course is included under charitable activities on the detailed statement of financial activities.

The charity was self-funded for the year and did not need to draw on its savings. The overall deficit for the year was £150.

Reserves policy

It is normally the policy of the Association that the level of reserves (those not tied up in fixed assets and designated and restricted funds) should be maintained at a level at least equivalent to three months' expenditure, which averages £25,000. We have maintained at least this level of reserves over the year. In light of the long term nature of the psychotherapy offered by the Clinic, it is viewed that 6 months' expenditure in the reserves is more prudent. The trustees consider that reserves at that level would ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

As at 31 August 2021, our reserves fund stood at a surplus of £41,562 (as of 31 August 2020: £41,712).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Related parties

The Association is an Organisational Member of the United Kingdom Council for Psychotherapy (UKCP). Association representatives play an active part in UKCP affairs, representing the Association and the interests of its Members at a national level. The Association adheres to the ethical guidelines and policies of UKCP.

ASSOCIATION FOR GROUP AND INDIVIDUAL
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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03863068 (England and Wales)

Registered Charity number
1083030

Registered office

1 Fairbridge Road
London
N19 3EW

Trustees

Mr C D Berry	Psychoanalytic psychotherapist	
Ms D P Fagin	Psychoanalytic psychotherapist	
Miss L A Ruxton	Psychoanalytic psychotherapist	Resigned 25/09/2021
Ms R R Sillis	Psychoanalytic psychotherapist	Resigned 10/07/2021
Ms J C Williams	Psychoanalytic psychotherapist	Resigned 24/04/2021
Mr D Dacre	Psychoanalytic psychotherapist	
Mrs D Saadawi	Psychoanalytic psychotherapist	
Mr S R B Barette	Training member	Resigned 10/07/2021
Ms P Georgiades	Training member	Resigned 27/11/2021
Ms D Hamilton	Psychoanalytic psychotherapist	Appointed 22/05/2021
Mrs C F Wade	Retired chartered accountant	Appointed 10/07/2021

Trustees Appointed since year-end

Ms J May	Psychoanalytic psychotherapist	Appointed 25/09/2021
S T Landesman	Psychoanalytic psychotherapist	Appointed 25/09/2021
Mr G J Lee	Psychoanalytic psychotherapist	Appointed 27/11/2021
Frau C Ardt	Psychoanalytic psychotherapist	Appointed 27/11/2021
Mr L Suss	Retired	Appointed 27/11/2021
Mr D Butler	Psychoanalytic psychotherapist	Appointed 19/03/2022

Independent Examiner

Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

Approved by order of the board of trustees on 21st May 2022 and signed on its behalf by:



Mrs C F Wade - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

Independent examiner's report to the trustees of Association For Group And Individual Psychotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st August 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Annette Watson

Annette Watson PhD BSc FCA
Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

Date: *24th May 2022*

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST AUGUST 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		77,021	65,047
Charitable activities			
Clinical & CPD related		2,769	6,232
APPT Training courses		54,373	33,319
Investment income	2	111	75
Total		134,274	104,673
EXPENDITURE ON			
Raising funds		9,901	10,945
Charitable activities			
Clinical & CPD related		2,735	2,704
APPT Training courses		36,548	28,896
Other		85,240	70,488
Total		134,424	113,033
NET INCOME/(EXPENDITURE)		(150)	(8,360)
RECONCILIATION OF FUNDS			
Total funds brought forward		41,712	50,072
TOTAL FUNDS CARRIED FORWARD		41,562	41,712

The notes form part of these financial statements

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**BALANCE SHEET
31ST AUGUST 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
FIXED ASSETS			
Tangible assets	6	768	453
CURRENT ASSETS			
Debtors	7	5,250	5,750
Cash at bank		46,365	46,286
		<u>51,615</u>	<u>52,036</u>
CREDITORS			
Amounts falling due within one year	8	(10,821)	(10,777)
NET CURRENT ASSETS		<u>40,794</u>	<u>41,259</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>41,562</u>	<u>41,712</u>
NET ASSETS		<u>41,562</u>	<u>41,712</u>
FUNDS	10		
Unrestricted funds		41,562	41,712
TOTAL FUNDS		<u>41,562</u>	<u>41,712</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st August 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st August 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

ASSOCIATION FOR GROUP AND INDIVIDUAL
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BALANCE SHEET - continued
31ST AUGUST 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21st May 2022 and were signed on its behalf by:



C F Wade - Trustee

The notes form part of these financial statements

**ASSOCIATION FOR GROUP AND INDIVIDUAL
PSYCHOTHERAPY**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST AUGUST 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures, fittings & equipment	- 25% on reducing balance
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At each reporting date non-financial assets not carried at fair value, like goodwill and plant, property and equipment, are reviewed to determine whether there is an indication that an asset may be impaired. If there is an indication of possible impairment, the recoverable amount of any asset or group of related assets, which is the higher of value in use and the fair value less cost to sell, is estimated and compared with its carrying amount. If the recoverable amount is lower, the carrying amount of the asset is reduced to its recoverable amount and an impairment loss is recognised immediately in profit or loss.

Taxation

The company is a registered charity and as such its income and gains falling within section 471 to 489 of the Corporation Tax Act 2010 or section 256 of the Taxation and Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2021**

2. INVESTMENT INCOME

	2021	2020
	£	£
Bank interest receivable	111	75
	<u>111</u>	<u>75</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	255	151
	<u>255</u>	<u>151</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2021 nor for the year ended 31st August 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2021 nor for the year ended 31st August 2020.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Support staff	2	2
	<u>2</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

	Fixtures, fittings & equipment £
COST	
At 1st September 2020	1,864
Additions	570
	<u>2,434</u>
At 31st August 2021	2,434
DEPRECIATION	
At 1st September 2020	1,411
Charge for year	255
	<u>1,666</u>
At 31st August 2021	1,666
NET BOOK VALUE	
At 31st August 2021	768
	<u>768</u>
At 31st August 2020	453
	<u>453</u>

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2021**

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	<u>5,250</u>	<u>5,750</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts (see note 9)	445	-
Social security and other taxes	2,101	2,627
Other creditors	6,093	6,150
Accruals and deferred income	<u>2,182</u>	<u>2,000</u>
	<u>10,821</u>	<u>10,777</u>

9. LOANS

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>445</u>	<u>-</u>

10. MOVEMENT IN FUNDS

	At 1/9/20	Net movement in funds	At 31/8/21
	£	£	£
Unrestricted funds			
General fund	41,712	(150)	41,562
	<u>41,712</u>	<u>(150)</u>	<u>41,562</u>
TOTAL FUNDS	<u>41,712</u>	<u>(150)</u>	<u>41,562</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	134,274	(134,424)	(150)
	<u>134,274</u>	<u>(134,424)</u>	<u>(150)</u>
TOTAL FUNDS	<u>134,274</u>	<u>(134,424)</u>	<u>(150)</u>

**ASSOCIATION FOR GROUP AND INDIVIDUAL
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2021**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/9/19 £	Net movement in funds £	At 31/8/20 £
Unrestricted funds			
General fund	50,072	(8,360)	41,712
TOTAL FUNDS	<u>50,072</u>	<u>(8,360)</u>	<u>41,712</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	104,673	(113,033)	(8,360)
TOTAL FUNDS	<u>104,673</u>	<u>(113,033)</u>	<u>(8,360)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2021.

