

# The Haven

## Income & Expenditure Account

12 Months 6th April 2023 to 5th April 2024

<b>Income</b>	
<b>Registration Fees</b>	
Non Gift Aided	580.00
Gift Aided	460.00
<b>Total</b>	<b>1,040.00</b>
<b>Client Donations</b>	
Non Gift Aided	11,071.51
Gift Aided	12,156.40
<b>Total</b>	<b>23,227.91</b>
Other Donations	3,325.00
Grants	250.00
Gift Aid	3,077.50
Interest	507.39
Other Income	-
<b>TOTAL INCOME</b>	<b>31,427.80</b>
<b>Expenditure</b>	
Rent on Ashby counselling room/office	8,640.00
Rent on L'boro counselling room	4,249.60
Manager - Ashby	10,000.00
Manager - Loughborough	1,800.00
Administrator	1,112.00
Supervisions	1,051.00
Office costs Ashby	1,044.68
Manager phone/zoom	186.00
Mileage	6,111.77
Membership fees	152.25
Insurance	292.60
Training	750.00
Other	939.81
<b>TOTAL EXPENDITURE</b>	<b>36,329.71</b>
<b>SURPLUS/DEFICIT IN YEAR</b>	<b>- 4,901.91</b>

### Bank Balances:-

Lloyds 00225174	1,284.69
Lloyds 00221489	290.00
Lloyds deposit ac	33,083.70
Virgin account	-
<b>TOTAL IN HAND</b>	<b>34,658.39</b>

Gift aid to reclaim:- 3,154.10



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees

The Haven

On accounts for the year  
ended

5th April 2024

Charity no  
(if any)

1082850

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [ ] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date:

06/06/24.

Name:

Ian Stanton

Relevant professional  
qualification(s) or body

Hugglescote Methodist Church Treasurer

(if any):

--

**Address:**

140 Crescent Road, Hugglescote

Coalville, Leics, LE67 2BD

--

## Section B

### Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

--

# TRUSTEES ANNUAL REPORT

For the period 6<sup>th</sup> April 2023 to 5<sup>th</sup> April 2024

## SECTION A REFERENCE AND ADMINISTRATION DETAILS

### Charity Name

The Haven

### Other Names by which charity is known

None

### Registered Charity Number

1082850

### Charity's Principal Address

The Haven  
The Old Police Station  
South Street  
Ashby de la Zouch  
Leics  
LE65 1BR

### Names of Trustees who manage the charity

Mrs Rachel Thorpe (co-chair)  
Mrs Wendy Haywood (co-chair)  
Dr Janet Baker  
Mr Wulf Forrester-Barker

### Names of the Trustees for the Charity, if any (for example custodian trustees)

None

## SECTION B STRUCTURE, GOVERNANCE AND MANAGEMENT

### Type of Governing document

Constitution

### How the charity is constituted

Declaration of Trust made 12th July 2000

### Trustee selection methods

Selected by existing trustees as per guidelines in the constitution.

## SECTION C OBJECTIVES AND ACTIVITIES

### **Summary of the objects of the charity set out in its governing document**

To provide for the relief of persons suffering from psychological, emotional or spiritual distress through the provision of a comprehensive service of pastoral care and counselling

To provide training to people of faith and those with a humanistic ethos to enable them to work as counsellors and supervisors for counsellors and pastoral carers.

### **Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

We confirm that the trustees have regard to the guidance issued by the Charity Commission on public benefit.

Providing counselling services and support to those who need it.

## **SECTION D ACHIEVEMENTS AND PERFORMANCE**

### **Summary of the main achievements of the charity during the year**

Over the year we have increased both counsellors and clients, seeing 112 clients in total. At the end of the year, 22 counsellors were seeing 51 clients across the two venues.

We are continuing to improve the administration systems. Clients can now fill in their registration forms and submit them online. The administrator can check the bank account to ensure registration fees have been paid online to. Both these systems speed up the process of getting clients assessed and seen.

Counsellors continue to undertake in house training, for example in using Sand Trays.

We ran a pilot project, offering 10 sessions of free counselling to a few clients to see if this was a model that worked for us and for clients. The results of this project are being considered.

We have produced improved leaflets featuring a QR code and purchased a banner for use at events. The website is being improved with clearer information on it.

## **SECTION E REVIEW**

### **Brief statement of the charity's policy on reserves**

The Haven aims to keep around £10,000 in reserves to cover 4 months expenditure.

### **Details of any funds materially in deficit**

None

## **SECTION F OTHER OPTIONAL INFORMATION**

None

## **SECTION G DECLARATION**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)..... W M Hayward ..... RTH

Full Name(s)..... WENDY MONICA HAYWARD ..... RACHEL SUSAN THORP

Position (eg secretary, chair)..... CO-CHAIR ..... CO-CHAIR

Date..... 11/06/24 ..... 11/06/24