

# **Sussex ME/CFS Society**

## **Chair's Annual Report 2021/22**

Our organisation remains one of the most successful regional ME/CFS charities in the UK. We have during the last twelve months continued to inform, support and represent our membership through newsletters, information lines, town contacts, website, Egroup and regular meetings.

The society's work across the area continues to be overseen by our Management Committee working with our medical advisors and volunteers.

The NHS regional steering groups that we sit on in Sussex and Kent oversee the continual development of the Local Multidisciplinary Teams that are providing confirmation diagnosis, symptom control and appropriate management strategies at several locations. We are supporting the services and working with the steering groups and attend regular meetings with the CCG and specialist services reps. We also have linkage with the British Association of Clinicians in ME/CFS (BACME). We continue to be involved in the overseeing of the local NHS Services.

We work with national organisations including and cooperate with the NHS Expert Patient Programmes and a network of Yoga teachers across the counties that are improving the lives of those affected by ME/CFS.

Working with the Brighton & Sussex Medical School we have run a survey about the experiences over two years of those affected by the Chronic Fatigue Syndrome – ME across the region. This is the first professionally run comprehensive study of its type and the findings are being seriously viewed by service providers and users alike.

We are planning to hold a South East ME/CFS Conference that will attract medical professionals and patients who will hear presentations from top specialists and researchers from our area.

# Sussex ME/CFS Society Income & Expenditure July 2021 to June 2022

<b>INCOME</b>		<b>EXPENDITURE</b>	
Subscriptions	2908.50	Travel	468.32
Donations/Legacy	32490.19	Printing/Copying	535.63
Yoga	500.00	Yoga	673.00
Medical Conference	193.50	Medical Conference/Meetings	1820.74
		Bank Charges	87.85
		Postage	1327.32
		Phone	1144.28
		Equipment	429.01
		IT	266.00
		Survey	450.80
		Office Space	900.00
		Volunteer Exps	443.22
		Stationery	340.36
		Prof Fees	179.00
B/F	6934.03	<b>TOTAL</b>	<b>9065.53</b>
<b>TOTAL</b>	<b>43026.22</b>	BALANCE C/FWD	<b>33960.69</b>

I hereby certify that the above account for the year to June 2022 has been prepared without audit from the book, vouchers and information supplied to me and are in accordance therewith.

Signed ..... *Blade* .....  
Independent Examiner

Chairman ..... *[Signature]* .....  
On behalf of Board of Trustees

Dated *28/4/23* .....



Section A

Independent Examiner's Report

Report to the trustees

SUSSEX ME/CFS SOCIETY

On accounts for the year  
ended

30/6/22

Charity no  
(if any)

1082681

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Slade

Date:

28/4/23

Name:

VIVIENNE SLADE

Relevant professional  
qualification(s) or body

CLIENT ACCOUNT MANAGER