



Carers Trust Hillingdon

Company Limited by Guarantee

England & Wales Charity number: 1082297

England & Wales company registration number: 04041290

Annual Report

31 March 2022

Auditor:

Cox Costello & Horne

Chartered Accountants and Tax Advisers

26 Main Avenue

Moor Park

HA6 2HJ

Annual Report

Year ended 31 March 2022

Contents:	Page:
Trustees' Annual Report	3
(1) Structure, governance and management	4
(2) Objectives and activities	6
(3) Responding to new and emerging needs from the pandemic	8
(4) Key achievements	10
(5) Financial and governance review	11
(6) Responsibilities of the Trustees	13
Independent Auditor's Report	15
Statement of Financial Activities	20
Statement of Financial Position	21
Statement of Cash Flow	22
Notes to the Financial Statements	23

Trustee's Annual Report Year ended 31 March 2022

The Trustees, who are also directors for the purposes of the Companies Act 2006, present their report and the financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details:

Registered charity name:	Carers Trust Hillingdon
Charity registration number (England & Wales) :	1082297
Company registration number (England & Wales) :	04041290
Registered office:	Luther Bouch House 126, High Street Uxbridge Middlesex UB8 1JT
Website:	www.carerstrusthillington.org

The Trustees:

The Trustees who served the charity during the period were as follows:

Dolores Lee	Chair	Re-elected 7.10.21
John Major	Vice Chair	
Aegon Welsh	Vice Chair	
Manpareet Dhaliwal	Treasurer	
Hardeep Jhutti	Director	
Elizabeth Harris	Director	Re-elected 7.10.21
Gavin Shand	Director	Resigned 21.10.21
Nancy Rawlings	Director	
Jacqueline Hole	Director	Elected 7.10.21
Graham Hawkes	Director	Elected 7.10.21

Chief Executive/Company Secretary: Sally Chandler, RGN, MCMI, CMgr

Bankers: National Westminster Bank Plc
The Chimes
Uxbridge
UB8 1LA

CAF Bank Ltd
Kings Hill
West Malling
ME19 4TA

Solicitors: IBB
Capital Court
30 Windsor Street
Uxbridge
UB8 1AB

(1) Structure, governance and management

1.1: Status

Established as a local project of the Carers National Association in 1989, Carers Trust Hillingdon moved to independence on 25 April 1996 and became an unincorporated association registered as a charity on 10 May 1996. On 26th July 2000 the organisation was incorporated as a company limited by guarantee.

Carers Trust Hillingdon is a company limited by guarantee governed by its Memorandum and Articles of Association, dated 3rd October 2013. It is a registered charity with the Charity Commission. Anyone over the age of 18 can become a member of the Company, agreeing to contribute £1 in the event of the charity winding up.

1.2: Principal activity

The principal activity of the company during the year was the relief of poverty and mental or physical sickness or suffering amongst carers (from age 5 years plus) and mitigation against the negative impacts of unpaid caring responsibilities.

1.3: Recruitment and selection of Trustees

All the Trustees of the charity are also Directors of the company. Under the requirements of the Memorandum and Articles of Association, one third of the directors shall retire from office, being those who have been longest in office as directors. The retiring directors shall be eligible for re-election. Appointment of Trustees is governed by the Memorandum and Articles of Association. The Board of Directors is authorised to appoint new directors to fill vacancies arising through the resignation or death of an existing trustee.

All trustees give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in the notes to the financial statements.

The Board of Trustees undertakes regular reviews of the skill mix of trustees and of the Board's efficacy. They have also developed the roles and portfolios of the Trustees, to maximise their support to the organisation and staff team.

It is always the intention of the Board to reflect the local population and to include representation of those with lived experience of caring. All Trustees have access to a training and development fund and are actively encouraged to explore the role, via conferences, seminars and workshops for trustees.

Continuous improvement is a central tenet of the organisation and Trustees hold an annual away-day where it reviews and measures the organisation against a series of key criteria, such as: sustainability, governance, reputation and quality of services.

1.4: Quality services

The organisation holds the following quality marks:

- PQASSO, level 2 (re-awarded January 2019, 2022 reassessment in progress)
- AQS Advice with Casework, level 2 (re-awarded January 2022)
- London Youth Bronze, Silver and Gold Awards for Youth Work (Bronze and Silver re-awarded March 2021 and currently working towards Gold award)

1.5: Observers

Councillor Becky Haggart (London Borough of Hillingdon's Carers' Champion) has served as observer to Board meetings, as well as supporting the organisation's work through representation with elected Members and championing carers with a broad range of stakeholders.

1.6: Induction and training of Trustees

In addition to their initial meeting with the Chair and Chief Executive, new trustees are provided with the Charity Commission's Essential Guide to Becoming a Trustee, most recent annual report and a portfolio of current policies and procedures. They are invited to spend some time with the Chief Executive and encouraged to meet other staff and volunteers. It is common practice for new trustees to visit some of the frontline services so they have a better sense of the organisation and its relationship with local communities.

1.7: Organisational structure of the charity

The Board of Trustees administers the charity. The Board meets six times a year; there are four sub-committees covering quality, finance, health and safety and fundraising and an Executive sub-committee also meets at least six times per year, which has devolved decision-making powers between Trustee Board meetings. The Finance Committee meets monthly 11 months of the year (apart from May when the annual audit is in progress).

A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within a scheme of delegation approved by the trustees, for operational matters including finance, employment and service development for carer support.

1.8: Interested parties

1.8.1: Carers Trust Hillingdon is a Network Partner of the national body, Carers Trust.

1.8.2: Carers Trust Hillingdon is one of five founding members of H4All, a Charitable Incorporated Organisation, which was established to improve joint-working across the third sector in Hillingdon and to collectively improve residents' health and wellbeing. Originally registered as a Community Interest Company at Companies House on 23 September 2015, H4All changed its status to a CIO in March 2019 (Charity no: 1182593). The other partners are local charities Age UK Hillingdon, Harrow and Brent, Disablement Association Hillingdon (DASH), Harlington Hospice and West London Minds. www.h4all.org.uk

1.8.3: Carers Trust Hillingdon is the lead organisation of the Hillingdon Carers Partnership, which is delivering the London Borough of Hillingdon's Combined Carers Services contract, 2016-2023). It sub-contracts four specialist elements from its partners: Harlington Care, Hillingdon Mind, Alzheimer's Society and Harlington Hospice. www.carerstrusthillington.org/the-hillingdon-carers-partnership/

1.8.4: Carers Trust Hillingdon is also a founding member of 3ST NWL, a growing collaborative of over 30 third sector organisations operating in the eight boroughs of NW London: Hillingdon, Harrow, Brent, Hounslow, Ealing, Kensington and Chelsea, Westminster and Hammersmith and Fulham. www.3stnwl.org.uk

(2) Objectives and activities

The Company's objectives and principal activities are:

2.1: The relief of poverty and mental or physical sickness or suffering amongst the 'carers' defined in the below object.

2.2: The relief of persons with a disability arising from age, sickness or physical or mental disability and in particular by the provision of practical help, service, support, advice, advocacy and information to those responsible for their care, especially spouses, partners and relatives who have an unpaid responsibility for their daily care and treatment ('the carers').

2.3: The activities employed to achieve the charity's objectives include:

- Provision of information and advice on support available to carers and their families;
- Provision of welfare benefits advice and support to appeal;
- Provision of short replacement care breaks for carers;
- Delivery of services that meet the needs of carers from diverse cultures and backgrounds, including information and advice services in four community languages;
- Provision of services that enable adult carers to meet together and benefit from peer support;
- Provision of training opportunities for carers;
- Provision of creative activities for carers;
- Provision of opportunities for young carers to meet other young carers, join in clubs, fun events and trips and learning activities;
- Provision of a supported transition programme for young adult carers between 16 - 25 years;
- Provision of an intensive Family Support Service;
- Provision of a new Schools Outreach programme;
- Provision of a specialist service for young carers affected by parental substance misuse or mental ill health;
- Provision of counselling and therapeutic care, and;
- Enabling carers to have a voice within the local community.

2.4: In shaping our objectives for the year and planning activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

2.5: Volunteers: Carers Trust Hillingdon is very grateful for the support it receives from volunteers in respect of counselling, office administration, support groups such as Carers Cafés, involvement with the Young Carers Clubs and their activities, together with all the events run throughout the year.

In 2021/22 - our volunteers contributed a total of 2,403 hours (2,173 in 2020/21) to the support of carers. This remains lower than pre-pandemic levels as restrictions were still in place for much of the financial year 2021-22.

Volunteer hours significantly increasing our capacity for support to the carers of Hillingdon. Calculated at the London Living Wage of £11.05 per hour, this equates to an increased service capacity of £26,553 (£23,577 – 2020/21).

Carers Trust Hillingdon's data cleanse saw an unprecedented 2,566 cases closed last year and a further 2,066 in the past 12 months. Cases are closed because someone is no longer caring or has moved out of the area. The data cleanse has seen a significant impact on the percentage of carers supported, although we have exceeded all contracted targets for new carers registered, with 858 new adult and 193 young carers registered in the last 12 months.

In year we supported 6,307 (24.25%) of the 26,000 adult carers in the borough and 1,064 (43.4%) of the estimated 2,450 young carers in the borough.

Please note: all figures are based on 2011 census data and therefore likely to be increasingly inaccurate as new data emerges from the recent 2021 census. Unfortunately new Census 2021 data has been delayed and we have no new point of reference this financial year.

2.6: Carers Trust Hillingdon delivered a range of services in order to meet our objectives for our beneficiaries.

During the year Carers Trust Hillingdon has continued to offer services for carers, many of which have now returned face-to-face, although by popular demand from carers, a hybrid delivery methodology has been adopted with some activity still delivered online for their convenience. Delivery falls into five broad categories:

2.6.1: Information, advice and support: a High Street drop-in Advice Centre in Uxbridge – now fully re-opened; maintenance of website and social media accounts; a Carers Newsletter; extensive written information, and; provision of Carers Advisors for every carer using the service. The Advice team offers: help with form-filling, benefit checks, representation at tribunal, Carers Assessments; advocacy and a home visiting service. The team speaks four Asian languages and supports many carers who are non-English speaking.

2.6.2: Health and Wellbeing Services for adult carers: therapeutic care sessions; Carer Cafes; emotional support and one-to-one counselling; psychotherapeutic carer support groups; arts courses; carer training; activities intended to improve health outcomes such as Pamper events; a comprehensive physical activity programme, and; step-up support to access other leisure services.

Additionally, in response to new and emerging needs from the pandemic, we also offer End of Life training and new Bereavement Cafes for carers who have lost loved ones.

2.6.3: Young Carers Services: one-to-one support; specialist support for children and young people; intensive Family Support Service; Young Carers Clubs for fun activities and social contact with other young carers; learning opportunities; sports activities; school holiday activities; supported transition from school to further education or employment; advocacy with education and training providers and, in response to the impacts of the pandemic on the education of young carers, we have invested in a new comprehensive school liaison programme.

2.6.4: Carer Assessments: we have integrated carer assessments across the Hillingdon Carers Partnership and now conduct all single assessments on behalf of the council, with the exception of parent-carers.

2.6.5: Education and awareness raising: via membership of a series of boards and strategic partnerships; training for professionals; and contribution to the induction programme for all new staff to Hillingdon Health and Care Partners (the local Integrated Care Partnership).

2.7: Finally, Carers Trust Hillingdon has maintained and developed its leadership and management of the Hillingdon Carers Partnership (HCP). The Partnership consistently exceeds contracted Key Performance Indicators and continued to do so this year, despite having to rethink the majority of its provision due to government restrictions.

(3) Responding to new and emerging needs from the pandemic

3.1: The global pandemic has had a significant impact on the lives of carers and effective planning was challenging throughout 2020 and 2021 as restrictions were in flux and we had to revert to reacting to immediate need. Despite that, the team was extremely creative in the way they adapted to the challenges of social distancing and lockdown restrictions; we continued to provide high levels of support to carers through online and telephone activities, as well as limited, carefully managed face-to-face essential contact.

3.2: The new demands on carers have not been met with added social care funding or support from government, despite the fact that their caring roles became 24/7 almost overnight as their support services shut down. It is also estimated that the pandemic has 'created' around 4 million new carers nationally over the past 12 months, which has implications for our services locally.

3.3: It has taken some time for us to build a fuller picture of the longer-term impact of the pandemic on carers' lives, and it is a stark one. Research from our national body, our own data and the continuous flow of anecdotal evidence from front line staff has highlighted a number of new and emerging issues. Many of the negative impacts on carers' lives are perhaps obvious, however the challenge we now face is how we best utilise the finite resources we have available to us to respond effectively to these changes. As a needs-responsive organisation, we undertook a review with carers about areas of greatest need and have moved resources - or bid for new - to support:

3.3.1: Carers' mental health and wellbeing

We have seen a significant surge in demand from carers struggling to cope with managing their own mental health and wellbeing. With partners, we have responded through: reviewing service criteria; assigning a RAG status (Red Amber Green) to better target those most in need; supporting more carers in group settings rather than 1:1; targeting our Health & Wellbeing provision to improve our 'offer, and; putting more emphasis on tailoring a support package for a carer to be able to resolve - or develop the resources and strategies to resolve – their own issues, as well as promoting a better understanding of mental health and the importance of self-care.

3.3.2: Young/young adult carers' psychological wellbeing and impacts on education and employment needs

Young people have been significantly impacted by the current situation and the team has identified many young carers who have struggled to cope emotionally with the lockdown. They have seen family relationships suffer as a result of the enforced 24/7 contact and have had to ramp up the emotional support they provide to young adult carers in particular, which has largely been delivered via weekly care-calling, but, in more complex cases, in schools.

Additionally, the team has also had to support many young carers to access home schooling, working closely with parents and schools. The impact on young carers' educations and longer-term aspirations and outcomes remain to be seen. However, we do know that there will be a negative impact and that young adult carers who will be leaving school to seek employment in the coming months are facing an extremely challenging job market.

We have targeted more resource into a new Schools Engagement programme via a new post funded from excess reserves and through new grant funding from Triangle Trust. Using a simple impact assessment tool, we have improved our understanding of the impact of their caring roles on each of the young people we work with and are therefore better able to target support accordingly.

3.3.3: Intensive support for complex families

This has been the area with the greatest spike in demand. The pandemic has created a whole new range of non-health related social issues for families. We have taken the difficult decision to move resources from the Adult HWB team to the Family Support Service. This is the funding for a full time post.

3.3.4: End-of-life care provision in the home and managing death, dying, grief and bereavement

Sadly, but not unsurprisingly, the team is hearing about many carers who have had to provide terminal care in the home or who have lost a loved one during the last 12 months. Care-calling staff and volunteers have been having some very difficult conversations with carers who are grieving or struggling to come to terms with not only their loss, but the manner of their loss.

We secured funding from Carers Trust to support the development of both a training programme for carers and for the establishment of bereavement support groups. With partners from across Hillingdon Health and Care Partners (HHCP) we have developed of a three-workshop carer training programme. Workshops cover the skills needed to provide end of life care and psychotherapeutic support to help deal with stages of grief. Additionally, we have provided training for frontline staff and care-calling volunteers to help them to manage 'difficult' conversations and established two new Bereavement Cafes.

(4) Key achievements

4.1: Headline successes

- Under the leadership of Carers Trust Hillingdon, Hillingdon Carers Partnership has now drawn down new resources to a total of £1,664,155 since the start of the contract in September 2016 – in year this was a total of £212,850 in new funding for services to carers (£200,509 in 2020/21).
- We have diversified our funding and 45% of our services are now funded outside the contract.
- We secured £1,052,583.42 in carer-related benefits in year, improving the household incomes of 572 families providing care and support to a Hillingdon resident.

4.2: Collaborations and partnerships

We have an excellent track record in collaborative working, most notably through the Hillingdon Carers Partnership (HCP) and H4All, although we work closely with multiple organisations where it is in carers' interests to do so. 2021/22 has also seen the development, recognition and growth of 3ST NWL, an alliance of around 35 larger charities working across NW London. 3ST is recognised by the emerging NWL Integrated Care System as the representative body of the third sector in NW London, and the collaborative has seats on the Partnership Board and nine Portfolio Boards.

In 2021, H4All's High Intensity User Service was awarded the highly-acclaimed Urgent and Emergency Care Initiative of the Year, beating off competition from many large NHS Trusts and Foundations.



4.3: National profile

- Carers Trust Hillingdon is engaged in the pan-London and regional structures managed by Carers' Trust, which contributes to the adoption of good practice, as well as giving access to a range of resources that benefit carers.

- Carers Trust Hillingdon' Chief Executive is the elected representative for the Greater London Region to Carers Trust's England Board.

(5) Financial and governance review

5.1: Preparation of financial statements

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's governing document, the Companies Act 2011 and Accounting and Reporting Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland, effective on 1.1.19.

5.2: Income

5.2.1: During the financial year 2021/22, 55% (56% in 2020/21) of the organisation's income was via the Combined Carers Services contract and Corporate Grant from the London Borough of Hillingdon. Remaining income was from Hillingdon CCG and a variety of charitable trusts and foundations.

5.2.2: Other income sources during 2021/22 were:

- Hillingdon Community Trust
- Carers Trust
- NHS Hillingdon CCG
- Henry Smith Foundation
- BBC Children in Need
- Mercers Philanthropy
- Young Londoners Fund
- City Bridge Trust
- Big Lottery
- Triangle Trust
- Arnold Clark Community Foundation
- Asda Foundation

5.3: Expenditure

5.3.1: Carers Trust Hillingdon has continued to exercise robust budgetary control and to achieve savings. More efficient procurement of services has delivered better value for money and we have a continued commitment to providing quality services at as low a cost as is reasonably possible.

5.3.2: Our Business Continuity team reviews and renegotiates all services contracts on a rolling basis to identify cost-savings wherever possible.

5.4: Minimising environmental impact

5.4.1: We continue to apply our Environmental Management System (EMS), based on the principle of the '3 Rs':

- Reducing use of resources
- Re-using resources wherever possible
- Recycling resources that are of no further use

5.4.2: In accordance with the EMS:

- Our Environmental Policy has clear targets for the recycling of consumables (e.g. paper, printer cartridges)
- We renegotiate our energy contracts on a three-yearly basis, monitor our use of energy and set targets for year on year reduction in usage
- We use digital technology to reduce the requirement for paper documents and materials and the associated environmental impact of production and delivery.

5.5: Reserves policy

5.5.1: Following a detailed review of the Reserves Policy in light of new contractual arrangements, the Board of Trustees took a decision to maintain reserves that cover 5 months of the organisation's salary, lease and contractual commitments, plus a contingency of £15,000 for Carers Trust Hillingdon, and a further £15,000 for H4All. The target level of reserves therefore stands at £271,879.

The organisation has restricted reserves of £27,981 and £304,115 of unrestricted reserves at year end, therefore we have exceeded this target this financial year, due to moving our activities online because of the Covid-19 pandemic, and also because we received a very generous single donation in the year. The pandemic has resulted in a cost saving in many areas such as room hire, activity refreshments, entrance fees and premises expenses while the offices were closed.

5.5.2: In 2020-21, Trustees took a prudent approach to the higher than target levels of reserves, being unclear about how the pandemic would impact the future financial stability of the organisation. However, in 2021-22, we were able to review reserve levels and have invested in two new posts: an adult carer Health Development Officer to support increased demand and a second Schools Outreach post to support young carers to catch up with their education. These will be funded by the surplus in the coming financial year, and therefore reduce our reserves back to the target level.

5.6: Risk management

5.6.1: The Trustees actively review the major operational and business risks faced by the charity, in particular focusing on the management of risk associated with the management of four sub-contracting organisations.

5.6.2: The charity has a risk management strategy, which comprises:

- An annual review of the principal risks and uncertainties that the charity face
- Chief Executive review and update of Risk Register for Trustee meetings twice per year – or in response to an extraordinary event.

- The establishment of policies, systems and procedures to mitigate those risk identified in the risk register and annual review of policies and procedures
- The implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

5.6.3: The pandemic introduced new risks associated with the impact of the virus on our services and disruption to some of the ways in which we provided support. We have upgraded our Information and Communications Technology (ICT) infrastructure to enable us to move seamlessly to home working, keeping our staff safe and maintaining our services, following the outbreak of coronavirus.

(6) Responsibilities of the Trustees

6.1: The trustees (who are also the directors for the purpose of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

6.2: Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

6.3: In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

6.4: The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

6.5: The trustees confirm that so far as they are aware, there is no relevant audit information (as defined by section 418(3) of the Companies Act 2006) of which the charitable company's auditors are unaware. They have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

6.6: Auditor:

In pursuance of expenditure controls, Trustees went to the market and re-tendered the contract for the annual audit. The tender exercise was commenced in February 2018; the successful organisation, Cox, Costello and Horne, was appointed by Carers Trust Hillingdon' membership at its AGM in October 2018 and conducted our audit for the first time at the end of the 2018-19 financial year. There is a vote by Carers Trust Hillingdon's membership at its annual AGM when auditors are appointed.

6.7: Small Company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 2006.

Signed on behalf of the trustees:

A handwritten signature in black ink, appearing to read 'D Lee', is centered on the page.

Dolores Lee, Chair
Dated: 5 August 2022

Independent Auditors Report to the Members of Carers Trust Hillingdon Year ended 31 March 2022

Opinion

We have audited the financial statements of Carers Trust Hillingdon (the 'charitable company') for the year ended 31 March 2022 which comprise Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the entity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' report, which includes the directors' report prepared for company law purposes, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees' were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on pages 12 and 13 the trustees (who are also the directors of the charitable company for the

purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the charity's industry and its control environment, and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management, and others within the entity about their own identification and assessment of the risks of irregularities.

We obtained an understanding of the legal and regulatory frameworks that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Memorandum and Articles of Association, The Companies Act 2006, Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and

- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty. These included the Charity Commission for England and Wales (Charity Commission) regulations, fundraising regulations; employment and pension law; direct and indirect tax legislation; health and safety legislation; child protection legislation; anti-bribery legislation and data protection legislation

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the charity for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following areas, and our specific procedures performed to address them are described below:

- Recognition of grant income: this involves judgement around whether grants have performance conditions attached to them which have to be met before income can be recognised, as well as judgement over whether or not those conditions have been satisfied. On a sample basis, we have assessed the judgements and estimates made by management in the recognition of this income.
- Appropriate allocation of restricted income: there is a risk that restricted income may not have been identified and allocated as such. We reviewed the allocation of income to restricted or unrestricted funds on initial recognition to ensure restrictions were appropriately identified and applied, and we reviewed fund transfers from restricted to unrestricted funds to assess the rationale for those movements.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.


In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance, reviewing correspondence with HMRC and with the Charity Commission.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has

been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

DocuSigned by:

404EE733CB1C4F7...

Mr Michael F Cox FCA, Senior Statutory Auditor

Dated: 5th August 2022

For and on behalf of:

Cox Costello & Horne, Chartered Accountants and Statutory Auditors
26 Main Avenue
Moor Park
HA6 2HJ

Carers Trust Hillingdon
Statement of Financial Activities
(Incorporating the income and expenditure account)
Year ended 31 March 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
INCOME:	Note				
Incoming resources from generating funds:					
Donations	2	34,777	31,296	66,073	18,118
Income from charitable activities	3	764,636	584,259	1,348,895	1,360,092
Interest receivable		1,393	-	1,393	1,908
Other income		50	-	50	209
TOTAL		800,856	615,555	1,416,411	1,380,327
EXPENDITURE ON:					
Expenditure on raising funds	4	(23,292)	(3,105)	(26,397)	(18,197)
Expenditure on charitable activities	5	(761,265)	(607,748)	(1,369,013)	(1,322,452)
TOTAL EXPENDITURE		(784,557)	(610,853)	(1,395,410)	(1,340,649)
NET INCOME		16,299	4,702	21,001	39,678
TRANSFERS BETWEEN FUNDS		-	-	-	-
NET MOVEMENT IN FUNDS		16,299	4,702	21,001	39,678
RECONCILIATION OF FUNDS					
Total funds brought forward		287,816	23,279	311,095	271,417
TOTAL FUNDS CARRIED FORWARD	19	304,115	27,981	332,096	311,095

Carers Trust Hillingdon

Statement of Financial Position

Year ended 31 March 2022

		2022	2022	2021	2021
		£	£	£	£
	Note				
Current Assets					
Debtors and Prepayments	10	37,406		69,258	
Cash at bank and in hand	11	475,754		402,844	
		<u>513,160</u>		<u>472,102</u>	
CREDITORS:					
Amounts falling due within one year	12	(181,064)		(161,007)	
NET CURRENT ASSETS			332,096		311,095
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>332,096</u>		<u>311,095</u>
NET ASSETS			<u>332,096</u>		<u>311,095</u>
FUNDS					
THE FUNDS OF THE CHARITY:					
Unrestricted funds	19		304,115		287,816
Restricted funds	19		27,981		23,279
TOTAL FUNDS			<u>332,096</u>		<u>311,095</u>

These financial statements have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 2006.

These financial statements were approved by the members of the Board and authorised for issue on 5 August 2022, and are signed on their behalf by:

M Dhaliwal

Manpareet Dhaliwal Treasurer
Charity number: 1082297
Company registration number: 04041290

Carers Trust Hillingdon
Statement of Cash Flow
For the Year ended 31 March 2022

		2022	2021
		£	£
CASH PROVIDED BY OPERATING ACTIVITIES	Note 15	71,517	26,005
CASH FLOW FROM INVESTING ACTIVITIES		_____	_____
Interest income		1,393	1,908
CASH PROVIDED BY INVESTING ACTIVITIES		1,393	1,908
Increase in cash and cash equivalents in the year		72,910	27,913
Cash and cash equivalents at the beginning of the year		402,844	374,931
TOTAL CASH AND CASH EQUIVALENTS AT THE END OF YEAR	11	475,754	402,844

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

1) Accounting policies

The principle accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS102)– (Charities SORP (FRS102)), the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Carers Trust Hillingdon meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going Concern

The trustees are of the opinion that the charity has adequate resources to operate as a going concern for the foreseeable future and the financial statements have been prepared on that basis. Although the coronavirus pandemic will require changes to activities, it is not a threat to the charity's going concern status due to the diverse nature of income streams, high level of unrestricted reserves and discretionary expenditure base. The charity's charitable programmes will also adapt in response to the changing needs of the sector. As such, at the date of signing these financial statements, the trustees' forecasts indicate that the charity will be able to maintain liquidity for a period of at least one year from the date of signing these financial statements and will therefore be able to continue to operate as a going concern.

Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1. The charity is a company incorporated in the England & Wales, and the registered office address is noted on page 3.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

1) Accounting policies (continued)

other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical judgements in applying the charity's accounting policies

The following are the critical judgements, apart from those involving estimations (which there are none), that the trustees have made in the process of applying the charity's accounting policies and that have the most significant effect on the amounts recognised in the financial statements.

- Grant income: the critical judgements involved in the recognition of grant income are over whether grants have performance conditions attached to them which have to be met before income can be recognised, as well as judgement over whether or not those conditions have been satisfied.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Restricted funds are donations and income which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable the income will be received and the amount can be measured reliably and is not deferred.

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

1) Accounting policies (continued)

Income received in advance of an event or provision of other specified service is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the Bank.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Cost of raising funds comprise the costs of producing and posting a tri-annual newspaper, fundraising and publicity, membership and subscription services, and volunteer expenses.
- Expenditure on charitable activities includes carers' activities and events undertaken to further the purposes of the charity, their associated support costs and governance costs.

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

1) Accounting policies (continued)

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs (such as AGM costs, printing the Annual Review and board training) which support the charity's activities. These costs have been allocated to expenditure on charitable activities.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; the others are apportioned on an appropriate basis.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and instant access deposit accounts.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Deferred income

Deferred income is provided where the income received in the year has an entitlement for the next financial year and can be reliably measured at the balance sheet date.

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

1) Accounting policies (continued)

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are recognised in income and expenditure on a straight line basis over the period of the lease.

Defined contribution pension schemes

Pension costs in respect of defined contribution schemes are recognised in income and expenditure for the period in which they are payable. Such costs are allocated to activities and between funds according to an employee's normal job function.

2) Donations

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
<u>Donations</u>				
Donations	30,055	31,296	61,351	14,697
Gift Aid recovered	350	-	350	711
Gifts in kind	4,372	-	4,372	2,710
	34,777	31,296	66,073	18,118

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

3) Income from charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Grants Receivable				
London Borough of Hillingdon				
Core project	105,000	-	105,000	105,000
Carers Champion (for Conference/Fair)	-	-	-	-
Young People's Fund	-	-	-	1,957
Small Business Grant – Covid-19	4,000	-	4,000	25,000
Contracts Receivable *				
London Borough of Hillingdon				
Adult and Young Carers	655,636	-	655,636	647,679
Hillingdon Borough/Clinical Commissioning				
Group partnership				
Carers support project	-	18,016	18,016	18,016
Hillingdon Community Trust				
YC+	-	20,000	20,000	36,000
Carers Trust				
Quilter Aspirations	-	2,600	2,600	654
Direct Grants to Carers	-	275	275	-
Emergency Fund – Covid-19	-	-	-	7,500
Planning for Tomorrow	-	-	-	2,700
Rebranding Grant	-	-	-	3,000
Create Arts	-	-	-	250
Connecting Carers	-	-	-	9,624
Making Carers Count	-	2,121	2,121	-
H4All	-	307,020	307,020	255,004
London Catalyst	-	-	-	1,000
Big Lottery Awards for All	-	-	-	7,000
Big Lottery Community Fund	-	74,449	74,449	61,016
London Youth	-	750	750	3,025
BBC Children in Need – FSW	-	38,626	38,626	35,782
BBC Children in Need – Covid-19	-	-	-	2,983
The Henry Smith Charity	-	40,300	40,300	28,121
Young Londoners Fund	-	5,834	5,833	10,000
Mercers Philanthropy – Caring Connexions	-	25,933	25,933	29,787
Mercers Philanthropy – Covid-19	-	-	-	5,000
Ajahma Trust	-	-	-	11,000
City Bridge Trust – Dementia SW	-	35,000	35,000	34,667
City Bridge Trust – LCRF - Covid-19	-	-	-	4,207
Triangle Trust	-	12,500	12,500	9,316
Groundwork – LCRF	-	-	-	4,804
Asda Foundation	-	835	835	-
	764,636	584,259	1,348,895	1,360,092

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

4) Expenditure on Raising Funds

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Newspaper Production and Postage	10,557	1,548	12,105	9,665
Membership & Subscription	3,702	430	4,132	3,414
Fundraising & Publicity & Rebranding	8,129	979	9,108	4,688
Volunteer Expenses	904	148	1,052	430
	23,292	3,105	26,397	18,197

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

5) Costs of charitable activities

	Activities undertaken directly	Support and governance Costs	Total funds 2022	Total funds 2021
Restricted Funds	£	£	£	£
Carers Support Worker – CCG funded	18,016	-	18,016	18,016
YC+	29,447	5,057	34,504	40,656
Carers Café	371	52	423	-
YC Donations	242	-	242	2,632
N-Hance – YAC Transition	36,470	2,843	39,313	27,753
Hillingdon4All	302,617	4,403	307,020	255,213
Don't Tone Alone	-	-	-	11,087
Carers Trust - Small Grants	487	-	487	8,788
London Youth	1,259	-	1,259	2,516
Dementia Support Worker	34,259	703	34,962	34,728
Family Support Officer – CIN funded	38,626	-	38,626	33,382
Young Londoners	8,086	-	8,086	7,748
Caring Connections – Mercers	27,378	1,286	28,664	30,790
Young People's Fund	1,779	-	1,779	-
Quilter Mental Health & Wellbeing	2,613	-	2,613	641
Deloitte Education/Employment	-	-	-	150
YC App Development	-	-	-	7,000
Mental Health Carers Support	74,362	160	74,522	60,903
Triangle Trust	12,500	-	12,500	9,316
LCRF	-	-	-	4,207
Planning for Tomorrow	863	43	906	2,702
Groundworks LCRF	-	-	-	4,804
Connecting Carers	-	-	-	5,926
Bringing Communities Back	835	-	835	-
Making Carers Count	1,722	399	2,121	-
Tommy's Fund	870	-	870	-
Subtotal ongoing restricted funds	592,802	14,946	607,748	568,958
Unrestricted Funds	687,945	73,320	761,265	753,494
	1,280,747	88,266	1,369,013	1,322,452

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

6) Governance costs

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Audit and Accountancy Fees	3,719	505	4,224	4,268
Legal Fees	-	-	-	-
Costs - Trustees & AGM & Expenses	466	58	524	425
Companies House Fees	12	1	13	23
Bank Charges	262	37	299	562
	4,459	601	5,060	5,278

7) Analysis of support costs

	Staff costs	Premises costs	Payroll Costs	Insurance	Total 2022	Total 2021
Restricted funds	£	£	£	£	£	£
YC+	275	4,171	100	192	4,738	6,075
Carers Cafes	52	-	-	-	52	-
N-Hance YAC Transitions	451	2,086	50	96	2,683	4,718
H4All	4,403	-	-	-	4,403	1,847
Don't Tone Alone	-	-	-	-	-	304
Dementia Support Worker	188	363	25	48	624	2,230
Family Support Officer – CIN	-	-	-	-	-	346
Caring Connections - Mercers	166	1,043	25	48	1,282	540
Mental Health Carers Support	-	120	-	-	120	470
Groundworks LCRF	-	-	-	-	-	758
Planning for Tomorrow	43	-	-	-	43	2
Making Carers Count	399	-	-	-	399	-
Total restricted funds	5,977	7,783	200	384	14,344	17,290
Unrestricted funds	5,775	59,003	1,397	2,687	68,862	80,268
	11,752	66,786	1,597	3,071	83,206	97,558

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

8) Net incoming resources for the year

This is stated after charging:	2022	2021
	£	£
Auditors' fees	4,200	4,200
	4,200	4,200

9) Staff costs and emoluments

Total staff costs were as follows:	2022	2021
	£	£
Wages and salaries	770,636	698,221
Social security costs	70,303	54,898
Pension costs	18,272	15,549
	859,211	768,668

Particulars of employees:

The average number of employees during the year, calculated on full-time equivalents, was as follows:

	2022	2021
	No.	No.
Number of administrative staff (9 fulltime, 10 part time)	15.7	16.0
	15.7	16.0

No employee received emoluments of more than £60,000 (2020/21-Nil).

The key management personnel of Carers Trust Hillingdon comprise the Chief Executive Officer and three Senior Managers. Total re-numeration of key personnel £149,267 (2021 - £143,326). We have a pay structure with bands and scale points that were set after a pan-London benchmarking exercise of other carer organisations, with the exception of the CEO, which is set by trustees to reflect market rates.

Carers Trust Hillingdon
Notes to the Financial Statements
For year ended 31 March 2022

10) Debtors

	2022	2021
	£	£
Debtors	14,220	53,297
Other Debtors	6,241	800
Prepayments	16,945	15,161
	<u>37,406</u>	<u>69,258</u>

11) Cash at bank and in hand

	2022	2021
	£	£
CAF Gold account	234,117	172,889
NatWest Current account	27,891	13,292
Virgin Money Deposit account	128,043	127,873
Shawbrook Bank	85,000	85,000
Cash in hand	210	121
Mental Health Group Funds	493	3,669
	<u>475,754</u>	<u>402,844</u>

12) Creditors: Amounts falling due within one year

	2022	2021
	£	£
Operating creditors	42,833	8,751
Other taxes and social security costs	-	14,113
Accruals	9,757	36,403
Deferred income	127,981	98,071
Other creditors	493	3,669
	<u>181,064</u>	<u>161,007</u>

Carers Trust Hillingdon
Notes to the Financial Statements
For year ended 31 March 2022

13) Deferred income

	Deferred income as at 1 April 2021	Incoming resources deferred in year	Amounts released from previous year	Deferred income as at 31 March 2022
Restricted funds	£	£	£	£
Henry Smith Charity	20,150	20,700	20,150	20,700
Children In Need	8,318	6,497	8,318	6,497
Young Londoners Fund	5,133	-	5,133	-
City Bridge Trust	5,833	5,833	5,833	5,833
Mercers Philanthropy	25,934	26,979	25,934	26,979
Young People's Fund	-	1,455	-	1,455
London Youth Getting Active	500	-	500	-
HCT – YC+	20,000	45,568	20,000	45,568
Big Lottery – MH Carer Support	12,203	12,449	12,203	12,449
Arnold Clark	-	1,000	-	1,000
Triangle Trust 1949 Fund	-	2,500	-	2,500
Middlesex Masonic Charity	-	5,000	-	5,000
	98,071	127,981	98,071	127,981

Prepaid income relates to performance related grants received in the year where the remaining objectives will be met in 2022/23.

14) Commitments under operating leases

At 31 March 2021 the charity had total commitments payable under non-cancellable operating leases as set out below

	2022		2021	
	Land & Buildings	Other Items	Land & Buildings	Other Items
Operating leases which expire:				
Within 1 year	45,650	605	45,650	605
Within 2-5 years	125,537	1,613	171,187	2,218
Over 5 years	-	-	-	-
	171,187	2,218	216,837	2,823

Lease commitment paid in the year and included as an expense was £45,650 for the advice centre and office rent and £605 for the photocopier.

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

15) Reconciliation of net movement in funds to net cash flow from operating activities	2022	2021
	£	£
Net movement in funds	21,001	39,678
Add back depreciation charge	-	-
Deduct interest income shown in investing activities	(1,393)	(1,908)
Decrease in debtors	31,852	(27,085)
Increase in creditors	20,057	15,320
Net cash used in operating activities	71,517	26,005

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

16) Movement in funds' resources

	Balance 1 April 2021	Incoming Resources	Outgoing Resources	Transfers	Balance 31 March 2022
	£	£	£	£	£
Carers Support Worker – CCG funded	-	18,016	(18,016)	-	-
YC+	-	36,000	(36,000)	-	-
YC Residential	4,352	-	-	-	4,352
Carers Café	611	450	(435)	-	626
YC Donations	5,807	1,796	(242)	-	7,361
N-Hance – YAC Transitions	-	40,300	(40,060)	-	240
H4All	-	307,020	(307,020)	-	-
Carers Small Grants	212	275	(487)	-	-
London Youth	509	750	(1,259)	-	-
Dementia Support Worker	336	35,000	(35,336)	-	-
Family Support Officer – Children In Need	-	38,626	(38,626)	-	-
Restricted Donations	1,030	-	-	-	1,030
Young Londoners	2,252	5,834	(8,086)	-	-
Caring Connections	5,170	25,933	(29,040)	-	2,063
Young People's Fund	1,957	-	(1,779)	-	178
Quilter Mental Health/Wellbeing	13	2,600	(2,613)	-	-
Mental Health Carers Support	113	74,449	(74,562)	-	-
Triangle Trust	-	12,500	(12,500)	-	-
Planning for Tomorrow	917	3,050	(966)	-	3,001
Bringing Communities Back	-	835	(835)	-	-
Making Carers Count	-	2,121	(2,121)	-	-
Tommy's Fund	-	10,000	(870)	-	9,130
Total restricted funds	23,279	615,555	(610,853)	-	27,981
Unrestricted funds	287,816	800,856	(784,557)	-	304,115
Total all funds	311,095	1,416,411	(1,395,410)	-	332,096

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

17) Comparatives for Movement in Funds' Resources 2021

	Balance 1 April 2020	Incoming Resources	Outgoing Resources	Transfers	Balance 31 March 2021
	£	£	£	£	£
Carers Support Worker –					
CCG funded	-	18,016	(18,016)	-	-
YC+	-	41,392	(41,392)	-	-
YC Residential	4,352	-	-	-	4,352
Carers Café	611	-	-	-	611
YC Donations	1,239	7,200	(2,632)	-	5,807
N-Hance – YAC	-	28,121	(28,121)	-	-
H4All	-	255,214	(255,214)	-	-
Don't Tone Alone (Ajah)	88	11,000	(11,088)	-	-
Carers Small Grants	250	8,750	(8,788)	-	212
London Youth	-	3,025	(2,516)	-	509
Dementia Support	397	34,667	(34,728)	-	366
Family Support Officer	9	33,372	(33,381)	-	-
Restricted Donations	1,030	-	-	-	1,030
Young Londoners	-	10,000	(7,748)	-	2,252
Caring Connections	1,458	34,787	(31,075)	-	5,170
Young People's Fund	-	1,957	-	-	1,957
Quilter MH/Wellbeing	-	654	(641)	-	13
Deloitte Employment/Ed	150	-	(150)	-	-
YC App Development	-	7,000	(7,000)	-	-
Mental H Carers Support	-	61,016	(60,903)	-	113
Triangle Trust	-	9,316	(9,316)	-	-
London Comm. Resp.	-	4,207	(4,207)	-	-
Planning for Tomorrow	-	6,619	(2,702)	-	917
Carers Trust Rebranding	-	3,000	(3,000)	-	-
Groundworks LCRF	-	4,804	(4,804)	-	-
Connecting Carers	-	9,624	(9,624)	-	-
Total restricted funds	9,584	590,741	(577,046)	-	23,279
Unrestricted funds	261,833	789,586	(763,603)	-	287,816
Total all funds	271,417	1,380,327	(1,340,649)	-	311,095

Carers Trust Hillingdon
Notes to the Financial Statements
For the year ended 31 March 2022

Comparatives for the Statement of Financial Activities 2021

	Unrestricted Funds	Restricted Funds	2021	Total Funds 2020
	£	£	£	£
INCOME:				
Incoming resources from generating funds:				
Donations and legacies	9,999	8,119	18,118	19,146
Income from charitable activities	777,679	582,413	1,360,092	1,097,520
Income from investments	1,908	-	1,908	2,349
Other income	-	209	209	161
TOTAL	789,586	590,741	1,380,327	1,119,176
EXPENDITURE ON:				
Expenditure on raising funds	(10,109)	(8,088)	(18,197)	(19,074)
Expenditure on charitable activities	(753,494)	(568,958)	(1,322,452)	(1,092,076)
TOTAL EXPENDITURE	(763,603)	(577,046)	(1,340,649)	(1,111,150)
NET INCOME/(EXPENDITURE)	25,983	13,695	39,678	8,026
TRANSFERS BETWEEN FUNDS	-	-	-	-
NET MOVEMENT IN FUNDS	25,983	13,695	39,678	8,026
RECONCILIATION OF FUNDS				
Total funds brought forward - restated	261,833	9,584	271,417	263,391
TOTAL FUNDS CARRIED FORWARD	287,816	23,279	311,095	271,417

Carers Trust Hillingdon

Notes to the Financial Statements

For the year ended 31 March 2022

18) Financial instruments

The charity has the following basic financial instruments:

Financial assets measured at amortised cost comprises trade debtors, other debtors and cash at bank and in hand.

Financial liabilities measured at amortised cost comprises trade creditors, other creditors and accruals.

19) Analysis of net assets between funds

Restricted funds are represented by £27,981 of current assets.

Unrestricted funds are represented by £304,115 current assets.

20) Transactions with the trustees

No trustees received any remuneration during the year. No trustee was reimbursed out of pocket expenses relating to travelling and telephone expenditure. The total amount of reimbursed expenses during the year amounted to £nil (2021 - £nil).

The charity has taken up professional indemnity insurance to protect itself and the trustees from loss arising from the neglect or defaults of its trustees and employees. The cost of this insurance amounted to £1,652 (2021 - £1,598).

21) Interested party transactions

Carers Trust Hillingdon are one of five sovereign charities comprising H4All C.I.C., a local consortium funded by NHS Hillingdon CCG to encourage healthy living amongst the older population of Hillingdon. We directly employ nine members of staff at present (during 2021/22 they numbered thirteen at peak as certain roles were vacant at year end), for which we received funding worth £307,020 in the year 2021/22 (£255,004 in 2020/21).