

*Company Registration Number*

*03965369*

*Charity Registration Number*

*1082166*

## **BOLTON CARERS SUPPORT**

Trustees' Report and Financial Statements  
For the year ended 31 March 2023



# **BOLTON CARERS SUPPORT**

Trustees' Report and Financial Statements  
For the year ended 31 March 2023

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## **BOLTON CARERS SUPPORT**

### **Trustees' Report and Financial Statements For the year ended 31 March 2023**

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A carer is someone who supports a family member, a relative or a friend who cannot manage on his or her own because of illness, disability, addiction or old age.

There are 5.7 million carers in the UK. This means that around 9% of people are providing unpaid care.

According to the 2021 Census, there are 25,980 carers in Bolton. Of these, 8,601 carers provide 50 hours or more care each week.

Unpaid carers in England and Wales contribute a staggering £445 million to the economy every day – that's £162 billion per year (Petrillo and Bennett, 2023). The value of unpaid care is equivalent to a second NHS in England and Wales, which in 2020/21 received an estimated £164 billion in funding (Petrillo and Bennett, 2023).

Bolton Carers Support identifies hidden carers and provides information on local services, as well as offering a listening ear and emotional support, opportunities for a short break, courses on a range of topics, and benefits advice to help carers maximise their income.

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

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Directors' Report for the purposes of section 417 of the Companies Act 2006 and Trustees' Report for the purposes of part 8 of the Charities Act 2011

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

### 1 REFERENCE AND ADMINISTRATIVE DETAILS

<b>Charity Name:</b>	Bolton Carers Support	
<b>Charity Registration:</b>	1082166	
<b>Company Registration:</b>	03965369	
<b>Registered Office:</b>	Thicketford Centre Thicketford Road Tonge Moor Bolton Greater Manchester BL2 2LW	
<b>Trustees:</b>	David Ruane Sue Foster Simon Thompson Enid Brooks Harendra Purshotam Mistry Frances Ayleen Benischke Caroline Hilton Tracy Lee Elizabeth Pickles Ian Bury Ann Lowton	Chair Vice Chair Honorary Treasurer      resigned 24 November 2022 appointed 21 April 2022 ; resigned 16 August 2023 appointed 24 October 2022 ; resigned 28 March 2023
<b>Company Secretary:</b>	Georgette Kay	
<b>Bankers:</b>	Santander UK PLC Bridle Road Merseyside L30 4GB	
<b>Independent Examiner:</b>	Mr Michael Garrett FCA Kay Johnson Gee Limited 100 Barbirolli Square Manchester M2 3BD	

We would like to express our thanks to trustees Elizabeth Pickles, Ian Bury and Ann Lowton, who stepped down from their committee roles during this reporting period.

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

### 2 MESSAGE FROM THE CHAIR

Once again the last twelve months at Bolton Carers Support has been challenging, eventful and rewarding in equal measure. At the turn of the year we were delighted and extremely proud to be awarded the Bolton Quality Mark after a series of audits and scrutiny on our policies, procedures and management systems by an external independent agency. This award is a testament to the hard work, dedication and commitment to staff and volunteers past and present that have built a system of robust and compliant policies and procedures, that not only help to benefit our unpaid carers but also instils confidence in funders and strategic partners.

As a result of last year's Queens Award for Voluntary Service Award we were also very proud to be able to send two of our hard working management committee trustees, Ayleen and Harry down to Buckingham Palace to represent our organisation at the Royal Garden Party that was hosted by the Prince and Princess of Wales, and happily they managed to have a couple of minutes with the Princess of Wales to explain who we were and what we do.

Post pandemic we are finding that we are having to change and adapt some of our respite and social events and offerings as many carers still have the effects of COVID fresh in their minds and also added on to this the cost of living crisis, that even though we heavily subsidise the paid for events, we know that this may still be an issue. So with that in mind we intend to embark on a series of surveys with our carers to see what they would want us to provide that they would be able to feel safe and engaged with and ultimately provide short periods of quality respite.

As I talk about respite events and activities I cannot let the sad passing of Charlie Wallwork go by without a tribute to a great friend of BCS and much loved compère to all of our carer and cared for meals for many many years. Charlie got to know many of our carers by name and always made a point of 'mingling' during events, his wit and humour will be sadly missed and will be very difficult to replace. We obviously continue to send our love and support to Charlie's family.

Next year we will reach a milestone of 30 years of caring for our unpaid carers, and we will be pushing the boat out in planning a series of events and activities to celebrate this remarkable achievement.

I once again need to convey a massive amount of thanks and gratitude to all the management, staff and volunteers who have contributed so much over the last twelve months in keeping our organisation on the front foot in caring for our carers, whilst we are adapting and planning for a more strategic approach to our work we are also acutely aware of the need for us to be reactive at short notice and I have total confidence in this group that they will continue to do this professionally and efficiently. November sees us lose a financial wellbeing officer post due to the relevant funding coming to an end but we continue to offer a benefits advice service and are also very excited to be able to add a volunteer co-ordinator position to our staff ranks which we all agree will add an extra layer of support and resilience for our organisation, this position has been made possible through a successful funding application and will run for two years. Although this was great news we continue to face uncertainty on future funding from both statutory and private streams and is another issue that we will be continuing to work hard to secure our service offerings.

We were all sorry to see that we lost three of our valued trustees this year due to caring and other charitable commitments and I would like to express my thanks for their service but I am also delighted that we have recruited two more equally valuable trustees who bring with them an extensive knowledge and experience of NHS primary and secondary care over many decades and we look forward to benefiting from their contributions.

We also said goodbye to Elaine Holt, Welfare Benefits Advice Worker, who retired in October 2022. Elaine has supported many carers, and we wish her well during her retirement.

On a final note we continue to play a prominent role in assisting our statutory partners in the planning and implementation of policies and procedures designed to help all age unpaid carers in the borough and we do this in the spirit of cooperation and partnership and whilst we hope that this will continue to be a successful and productive arrangement we must not lose sight of our own constituted goals and aims and the reason for our existence of supporting unpaid carers.

Take Care,



David Ruane  
Chair of Bolton Carers Support

Date

20/11/23

# **BOLTON CARERS SUPPORT**

## **Trustees' Report**

For the year ended 31 March 2023

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### **3 STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Registered charity and company limited and guarantee**

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 03965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

#### **Membership**

Bolton Carers Support is a membership organisation. Full membership is available to carers, former carers and representatives of local groups who have registered with the charity. Associate membership is also available to carers' workers and local, regional and national voluntary and statutory organisations with an interest in carers' issues.

Carers are involved throughout the organisation as trustees and as volunteers. The knowledge and skills carers contribute ensures Bolton Carers Support is carer-led and delivers services carers need.

#### **Governing body**

Our governing body, the Board of Trustees (the 'Management Committee'), is responsible for the overall governance, policy and work of the charity, as outlined in our Memorandum and Articles of Association dated 5 April 2000. The Management Committee can have between 3 and 16 members and there is a requirement in the Memorandum and Articles of Association that "the company shall seek to ensure that at all times the majority of Management Committee members are carers".

The trustees are volunteers and do not receive any remuneration for their services but may claim reasonable expenses (such as travel costs) incurred through attending meetings and training sessions or through other duties.

The Management Committee usually meets formally every two months and is responsible for directing the affairs of the charity and ensuring that it is solvent, well run and delivers charitable outcomes for the benefit of carers.

#### **Trustees' appointment, induction and training**

Trustees bring a wealth of skills and insight based on their years of caring, and are passionate about improving services and support for carers in Bolton. The charity ensures that anyone interested in standing as a trustee is fully informed of what the role involves. Potential candidates meet with the Chair and Chief Officer before joining the Committee.

Following their appointment, new trustees are given a detailed 'Essential Guide for Trustees' and attend an induction session at the charity's offices. All trustees receive regular correspondence from the charity and are invited to training sessions (on topics such as: role responsibilities and expectations, equal opportunities, safeguarding, finances), planning for the future workshops, and charity events to help keep them up-to-date and engaged in its work.

#### **Organisational structure and decision making**

A Human Resources and a Finance Sub-Committee meets regularly to deal with matters relating to policies and procedures, personnel, premises and finance. The Sub-committees are attended by the honorary officers (the Chair, Vice Chair, Honorary Treasurer) and trustees with a particular interest in the remit of the Sub-committees. Minutes of meetings go to the Management Committee for approval.

#### **Management**

The Management Committee delegates operational planning and day-to-day management, including financial authority and staff management, to the Chief Officer. The performance of the Chief Officer is overseen by the Management Committee through reports and briefings presented by the Chief Officer, and through regular meetings with the Chair of the Management Committee.

# BOLTON CARERS SUPPORT

Trustees' Report  
For the year ended 31 March 2023

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## 3 STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

### The staff team

Chief Officer and Company Secretary	Georgette Kay
Activities Co-ordinator	Peter Harmer
Fundraising and Strategic Development Lead	Alison Caunce
Welfare Benefits Adviser	Elaine Holt - ended 31.10.22
Welfare Benefits Adviser	Helen Saarma - 15.11.22 - 29.9.23
Financial Wellbeing Worker	Christine Horrobin - from 15.11.22
Carers Information and Advice Service Officer	Bev Strang
Carers Information and Advice Service Assistant	Angela Pagett
Carers Information and Advice Service Assistant	Khadija Patel - from 28.7.22
Carers Information and Advice Service Assistant	Sharon Fairbrother - from 23.6.22
Outreach Worker and Key Worker	Zoe Hill - additional Key Worker role from 3.1.23
BAMER Outreach Worker and Key Worker	Nireexa Solanki - additional Key Worker role from 3.1.23
Telephone Befriending Co-ordinator	Laurent Fernandez-Moreno
* Finance Support is supplied by TACCOUNTS (NW) LTD	

### Public benefit

The trustees have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission and this is detailed in the Objectives and Activities section of the Trustees Annual Report.

## 4 OBJECTIVES AND ACTIVITIES

### Constitution policies and objectives

Bolton Carers Support provides information, emotional support, training and short breaks to carers over the age of 18 who live in Bolton or who care for someone living in Bolton. A carer is someone who supports a family member, relative or friend who cannot manage on his or her own because of illness, disability, addiction or old age. They do not have to live with the person nor be the only one who does the caring.

The Memorandum and Articles of Association states that Bolton Carers Support's objects are:

*"To pursue any charitable purpose for the benefit of carers, in particular but not exclusively, to educate the public about the issues affecting carers and the stresses experienced by them, to provide information, support and services to carers living in or caring for someone in the Metropolitan Borough of Bolton".*

Bolton Carers Support has a 29-year track record of delivering high quality information and support to carers (having been in existence since 1994). Currently, 5,180 carers are being supported (as at 31 March 2023).

### Our Vision

Bolton Carers Support wants all carers to feel valued and to receive the information, care and support they deserve.

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

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### 4 OBJECTIVES AND ACTIVITIES (continued)

#### Our 7 Aims

- 1 Carers will be informed, empowered and confident
- 2 Carers will have improved health and well-being
- 3 Carers will experience reduced social isolation
- 4 Carers will be trained and supported to care
- 5 Carers will be financially better off
- 6 Carers will have regular time off from caring
- 7 Bolton Carers Support is a strong and effective carers organisation

#### Summary of our main activities

<b>Carers Helpline</b>	Carers can ring the helpline for information or emotional support, as well as for signposting information about aids and equipment, benefits, support groups, help at home, respite care, health services and other topics. The helpline is open 24 hours a day, 7 days a week, including bank holidays.
<b>Carers Information and Advice Appointments</b>	Information and advice appointments are held at the office so carers can talk face-to-face to a member of staff and discuss their caring situation in detail.
<b>Carers Contact Newsletter</b>	A free quarterly newsletter is sent to all carers registered with Bolton Carers Support, packed full of useful information on local services, forthcoming events and activities and carers' life stories.
<b>Benefits Advice</b>	Carers are helped to claim any benefits they may be entitled to, with one-to-one appointments offered at the charity's offices and home visits.
<b>Short Breaks</b>	A wide variety of group breaks (of a few hours duration - meals out, day trips, visits to places of interest) are arranged for carers to have some respite from their daily responsibilities.
<b>Training</b>	Carers' workshops, short courses and learning days are held with topics covering health, exercise, arts and crafts, IT, relaxation and mental well-being.
<b>Support Groups</b>	Carers support groups are held at different locations around the borough, offering opportunities for friendship and mutual support.
<b>Awareness-raising</b>	Our outreach work raises awareness about carers, identifies 'hidden carers', and promotes Bolton Carers Support's services.
<b>Work with health and social care professionals</b>	Bolton Carers Support works with partners on joint initiatives to help identify, support and refer carers. Carers' issues are highlighted within a range of local plans and strategies.
<b>Telephone Befriending</b>	A service that offers carers more regular and personalised support. It allows a carer a regular check-in call to support their wellbeing and carer support for their specific needs.

Please see our website [www.boltoncarers.org.uk](http://www.boltoncarers.org.uk) for more information

Twitter @boltoncarers

Facebook @boltoncarers

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

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### 5 ACHIEVEMENTS AND PERFORMANCE

#### Identifying carers

Carers come from all walks of life, all cultures and can be any age. Many feel they are doing what anyone else would in the same situation; looking after their partner, parent or child. They may not realise help is available. We identify hidden carers as this is the first step to getting support.

As part of our commitment to raise awareness about our work, we link into many local networks and meetings to ensure we keep up to date with local developments as well as sharing information about our service to encourage referrals from other groups and organisations.

During the year we identified 425 new carers through talks and presentations, information displays at events, social media, referrals from partner organisations, and noticeboards in GP surgeries. The total number of carers registered with Bolton Carers Support and receiving regular information at 31 March 2023 is 5,180.

Outreach Work to identify hidden carers in the community included:

#### Zoom Groups:

- Carers Quiz Zoom Group - 21 sessions
- Creative Wellbeing Zoom Group - 22 sessions

#### Carer drop in activities:

- Tonge Moor Carers Zoom Group and in person meetings - 25 sessions (now back to meeting in the UCAN full time)
- Westhoughton Carers Hub Meetings - 7 sessions
- Little Lever Christ Church Group - 14 sessions
- Little Lever Precious Gems Group - 9 sessions
- Kearsley Carers Hub - 9 sessions
- The Bridge Hub, Bradshaw Road - 8 sessions
- The Bridge Church, Horwich - 4 sessions
- Walking Group - 15 sessions

#### Presentations to Professionals/Community Groups:

- Carers Rights Day & AGM
- Pulmonary Fibrosis Support Group
- Sevalal Hindu Group
- BHAL Hindu Group - 3 sessions
- BME Event
- Senior Solutions - 4 sessions
- Carers Christmas lunch
- Post Diagnostic Support Group (Memory Assessment Team ) - 4 sessions

Unlocking Wellbeing is a 3-year project which started 1st January 2023 – following on from the one-year test and learn Unlocking Wellbeing pilot project.

The project includes a Key Worker role hosted by Bolton Carers Support, initially working in Brightmet. The purpose of the role is to identify and support carers, connect them to the health and care system and understand their issues/themes and feed their learning into a Steering Group to effect change. A key focus of this element would be on working to understand the community, ensuring that we get the basics right and ensuring that when a carer presents to a service 'no door is the wrong door' and they would receive the support they need. Key Workers support individual carers and link into wider initiatives in neighbourhoods including Community Champions and Social Prescribers to make best use of existing networks.

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

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### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

Events taken place so far:

Kings Church events – 2 sessions

Brightmet Library – 2 sessions

Red Lane Primary School

Dunston GP Surgery

Brightmet Library

Withins UCAN Centre

BAMER Reaching Out Outreach Work was a 1 - year project to connect with communities to identify and support carers from black, Asian, minority ethnic, and refugee communities who have suffered disproportionately during the coronavirus pandemic. The BCS Reaching Out Outreach Worker was tasked with finding, and connecting with, as many hidden carers aged 18+ from the BAMER communities as possible.

Carers were identified through a varied range of outreach activities, and information, advice and outreach was offered to carers across the borough, signposting to other services appropriate to their needs. The outreach worker connected with many organisations, including, Bolton Hindu Forum, Bolton Christian Community Cohesion, King's Church, Asian Elders.

#### Support and advice

Information, support and advice form the cornerstone of Bolton Carers Support services. Carers who contact the helpline receive information and advice and can often be referred or signposted onto other organisations for additional support.

Our Carers information and Advice Service, covers our helpline, website, information and advice appointments, factsheets, and newsletter. Our partnership with Careline provided by Bolton at Home, enables the helpline to be open 24 hours a day, 7 days a week and on bank holidays, ensuring that carers can access support and advice at a time when they most need it.

The nature of the calls/queries/concerns have been varied, but the complexity has increased. Calls to the helpline can be varied in length.

- 30,994 emails sent to carers
- 14,819 texts sent to carers
- 4,808 enquiries from carers were handled in the year as well as a significant number of enquiries from professionals/partners
- The Carers Contact newsletter was mailed/emailed out four times during this year, with an average of 4,736 issues sent out each time.

#### Telephone Befriending Service

The telephone befriending is now fully established. It has close to 200 referrals in the two years since it was started. There continues to be a steady flow of referrals, usually around 5 a month. The majority of these come from within Bolton Carers Support. Carers are identified by the helpline staff as requiring more frequent contact.

Befriending relationships have been started this year with 60 carers and, as of today, there are 73 active relationships. Each relationship varies both in length of call and depth of conversation. Most carers receive a fortnightly call which, on average, lasts for about 30 minutes but there are 5 minute check-ins and calls that last over an hour.

There is no time limit to the length of relationship, that depends on the individual. Some are quite brief, usually if referred by a third party, whilst others are open ended. The first carer contact continues to have regular contact.

Carers referred into the befriending service tend to be identified as having more on-going complex needs - mental health, bereavement and loss, lack of family support, loneliness self-identified, change to relationship. They have a need for friendship/communication/contact – people have felt lonely. They are communicated with as the person that they are. There is no emotional attachment so they can just be themselves – sharing their present, past and future. Carers are being supported with use of compassion-based therapy techniques and goal setting.

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

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### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

The support offered to the individual focuses on understanding their present situation, the support they have, the services involved and in guiding them to access support according to their present needs - carer support, carers assessment, assessment of needs, specialised dementia services etc.

Carers are given encouragement to talk about their likes, interests and activities - present and past.

Health matters are discussed, and a conversation is held about their own well-being and the importance of looking after self. Risk and safeguarding are also monitored.

#### **Benefits Advice Service**

Our Benefit Advice Service, funded by both the The National Lottery Community Fund and The Bolton Fund, continued to offer carers practical help to claim benefits. Within this reporting year we have had a change of staff team, which meant that it was necessary that time was allocated for recruitment and training.

The total benefit gain during the year was £179,675.55. The benefits advice service provided:

- 60 new telephone appointments
- 21 repeat telephone appointments
- 33 additional cases dealt with
- 22 new office appointments
- 12 repeat office

#### Workshops:

- Harwood Methodist - dementia support - 24 attendees
- Thicketford Centre - 2 attendees
- DWP: Work, Health and Wellbeing event - 10 attendees
- Online workshop for acute community practice (Dementia and Benefits) - 20 participants and 13 additional nurses

#### **Activities for carers (outings/events & workshops)**

After the Covid-19 pandemic and subsequent lockdowns, the delivery of short respite breaks for carers and the people they care for began getting back to normal with the provision of more 'face to face' events, learning days and information events. There continues to be reluctance from some carers to engage due to concerns and fear of infection however the majority and many 'new carers' are now getting involved, albeit in smaller numbers than pre-Covid.

We continue in our efforts to upskill carers with knowledge and confidence in relation to the use of digital technology, with more workshops being planned for the future, working in partnership with Bolton Community College.

During the course of the year, Bolton Carers Support was also responsible for the delivery of blankets, socks, slow cookers and food and white goods vouchers to unpaid carers who were becoming particularly vulnerable due to the cost of living crisis. To date over 80 carers have benefitted from this project.

## BOLTON CARERS SUPPORT

### Trustees' Report

For the year ended 31 March 2023

#### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

The following table outlines the respite breaks delivered over the 12-month period:

Event	Type of event	Comments	Carers attending
Crafting group	Learning Day	Weekly sessions	10
Men's carers group	General event	Monthly	9
Carer's consultation roadshow	General event	9 sessions throughout Bolton	36
Queen's Platinum Jubilee lunch	Carer & Cared For	(plus same number cared for)	32
Carers Information Day	General event	Carers Week	104
Bolton Little Theatre	Carer Only		12
Consultation feedback sessions	General Event	2 x sessions	8
Digital Hub Champions	General event	Monthly	6
Planning your future	Learning Day	2 x sessions	15
Achari restaurant	Carer only		26
Queen's Award presentation	General event		12
Queen's Award celebration afternoon tea	General event		20
Summer lunch	Carer & Cared For	(plus same number cared for)	37
BAMER Carers information event	General event		30
Gentle yoga	Learning Day	Fortnightly for 6 sessions	8
Mindfulness and relaxation	Learning day	Fortnightly for 6 sessions	6
Sokrates restaurant	Carer only		24
Halloween lunch	Carer & Cared For	(plus same number cared for)	33
AGM & Carers Information Day	General event	Carers Rights Day	95
Christmas crafts	Learning Day		6
Christmas lunch (C & CF)	Carer & Cared For	(plus same number cared for)	34
Christmas Lunch..Red Lion.	Carer only		36
Cooking on a budget workshop	Learning Day		12
Energy saving workshop	Learning Day		12
Digital skills workshops	Learning Day	6 sessions	8
Nature & Wellbeing workshop	Learning Day		7
Household Support Fund project		Distribution of slow cookers, blankets, socks and food / white goods vouchers. To date, 81 carers have benefitted.	10

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

#### Consulting with our carers

Throughout the year we have been proactively contacting our carers and listening to the need and support required with 9 specific carer-consultation sessions, in each of the neighbourhoods within Bolton.

#### Funding

We wish to express our thanks to The National Lottery Community Fund, Bolton Council, Eric Wright Charitable Trust and Bolton's Fund for continued funding for supporting our work, and to the new funders we have met this year.

Once again, we have seen a steady succession of grants awarded and are very proud to say that we achieved 100% success in funding applications during the year. We have been fortunate enough to secure funding to continue our work with minoritised and marginalised communities in Bolton, both as part of a partnership, and some activities co-ordinated in-house.

Early in the year we were awarded funding from Warburtons to re-build our website, led by carers to ensure that it meets their needs, and also to develop a digital hub. This is proving to be an exceptional partnership, that we are very grateful for, as it is proving to be a catalyst for wider developments than those initially intended.

We received our third donation as a result of your participation in our partnership lottery with Bolton Hospice. This is an easy way for you to help both us, and the hospice, and also have the chance to win a substantial prize for yourself. We are also receiving disbursements from Easyfundraising and would urge you to sign up for this very simple, free way to help us raise income.

The year saw us successfully secure continuation funding for our Connected and Informed Project from the National Lottery Community Fund. This funding will end in October 2025 and we are now actively seeking to diversify the sources of our income in advance of this date being reached. We continue to build on the trust our funders have shown in us to continue delivering what you, as carers, need and are building partnerships and networks to ensure our work aligns with local and national strategies for carers whilst ensuring we don't lose our ability to offer our friendly and personalised touch to all support we provide.

#### Appreciation of volunteers

The contribution made by carers and former carers who are volunteers is enormous. Volunteers help staff members with: newsletter mail-outs; events for carers; and deliver workshops and craft activities. The staff and trustees wish to thank all our volunteers.

#### Feedback from carers

"The only pragmatic help I've received from Bolton Carers support since the start of the pandemic. A lifeline!!"

*"I love my chats. I can moan, cry & laugh with Laurent. He can't solve my caring problems but sharing them gives me a new lease of life. We talk about events in our lives- this reminds me that there is still life and laughter out there."*

"Thanks for the listening ear during our 1 – 1 appointment and all the information sent to me since then – I almost felt 'empowered' after the appointment and have already put some structure/barriers in place to try and make the situation more manageable"

"Even though we spoke for a short amount of time, I felt supported and that I will be able to live my life well even though I am a carer. A term I never thought of being before because of the stigma surrounding the age of carers. I also recognised that I have always been a carer of my family in many different capacities since the tender age of 9.

Thank you so much."

## BOLTON CARERS SUPPORT

### Trustees' Report

For the year ended 31 March 2023

#### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

"It is good to be able to talk to someone outside of my family and say what I feel about how things are going in my life."

"Really enjoy using the befriending service. I can laugh or cry. They listen and give any advice to help the situation. Good for mental health to be able to speak to someone who listens to me. It is never a miserable phone call. I laugh a lot with Laurent but I am able to get rid of any stress that's hanging about. A very good service." PM

"I find that the befriending service has and is helping me thank you. It has helped to focus on life with your help and supported me with my grief."

"I can say anything that is on my mind even the negative thoughts. He will remind me that I am not alone or awful because others think & say the same in my position. He also reminds me to try & think about my needs which I do neglect."

"A lot of people must be grateful for this service and would, probably, be feeling a bit vulnerable without it. Thank you for providing these services they are my lifeline."

"Thank you so much for being so helpful earlier, you have put my mind at ease a lot. You were very kind and helpful, and I appreciate it, as I was well out of my depth today."

"This service is absolutely essential possibly more so highlighted by the pandemic when vulnerable people were very isolated. I found my contact really essential during my role as a full time carer for my wife. Sadly, she is now in a home full time. Thankfully my support hasn't ended. I wasn't trained to be a carer. It is something that I had to adapt to. The older you are, I feel the more this service is essential."

"Although I can't get to coffee mornings and events because I am busy looking after my son. It is reassuring that I can speak to someone if I have any problems and it is very nice to be able to have a chat with someone on the phone."

"Recharging my batteries and meeting up with people I now call my friends. Thank you."

## BOLTON CARERS SUPPORT

### Trustees' Report

For the year ended 31 March 2023

#### 5 ACHIEVEMENTS AND PERFORMANCE (continued)

"Very enjoyable away from the pressure of caring for my husband and able to relax in other's company.... Oh, and the food was excellent."

"The meals out are really good, and meeting other like-minded carers makes you realise that you're not alone."

"Art on Zoom.. is quite an experience in which the group are able to challenge drawing all together and each give their own creation.. very therapeutic and great company that is good for mental health."

"I enjoy immensely the zoom quiz, it's something I look forward to every week. We have great fun with it and help each other out. We all take it in the spirit it was intended, a fun enjoyable time."

The zoom art club I've only done one session so far. I surprised myself by managing to do a landscape picture, something I never thought I could do. I got praise from all of my family for doing it, I feel I want to carry on with art and will try and do some drawing on my own, as well as of course continuing with the zoom art."

"I enjoy my chats and am able to talk about things that are getting me down, things that I have done which are enjoyable or, on the other hand, everyday tasks that I have struggled to cope with. I feel, through our chats, that I have known Laurent for a number of years, he is so good and a very good listener."

"I really appreciate you calling, Your calls are so helpful. It's valuable having someone to just listen."

*"Nice to be able to recharge the batteries. Allows you to get away from the daily pressures and worries for a short while, and be with like-minded carers, who understand".*

"I am so glad I found Bolton Carers Support, I have really enjoyed coming along to the coffee morning and being able to bring my husband is so beneficial for both of us. I am looking forward to attending the wellbeing morning in November as unfortunately we missed out on the one last week due to a prior appointment."

"I really enjoy the carers walks, meeting other carers and having a chat really cheers me up."

"I feel so much better after talking again today and having some of the things explained. The support from BCS has been amazing, I can't begin to express what a difference it makes knowing I can turn to BCS. I really do appreciate their time and effort."

"I'm looking forward to more of both zoom activities as I find both so enjoyable. And feel that it helps me relax and enjoy life more."

# BOLTON CARERS SUPPORT

## Trustees' Report

For the year ended 31 March 2023

### 6 FINANCIAL REVIEW

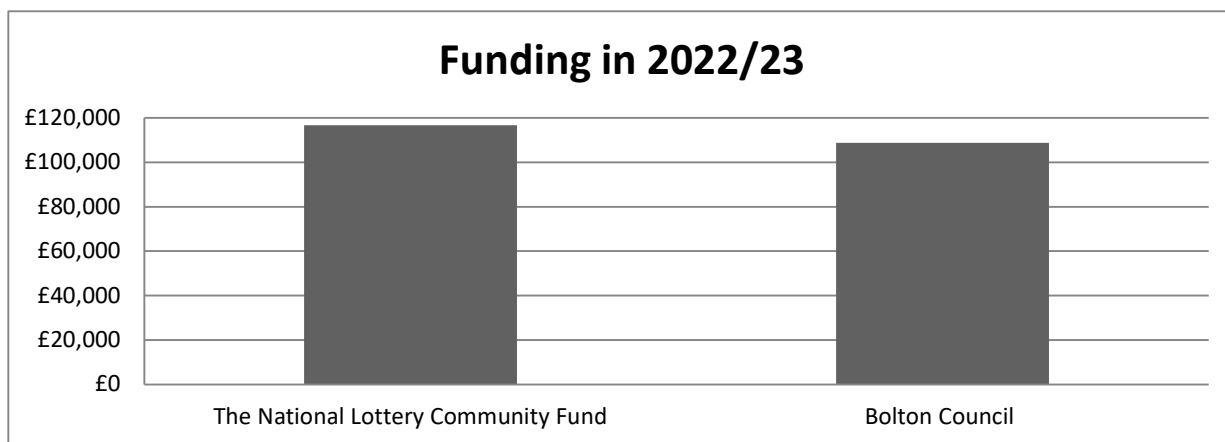
The 2022-2023 financial year saw continuing funding from Bolton Council and The National Lottery Community Fund.

#### Principal funding sources

The principal funding sources have been provided by:

- Bolton Council (Adult Services) which funds the 24 hour helpline and information service and Telephone Befriending service.
- The National Lottery Community Fund which funds the Connected and Informed project.

The trustees wish to thank all our funders for their support.



- |                                       |          |
|---------------------------------------|----------|
| • The National Lottery Community Fund | £116,719 |
| • Bolton Council                      | £108,719 |

# **BOLTON CARERS SUPPORT**

## **Trustees' Report**

For the year ended 31 March 2023

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### **7 STATEMENT OF TRUSTEES RESPONSIBILITIES**

#### **Compliance with Accounting Standards**

The trustees (who are also the directors for the purpose of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees must prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees confirm that so far as they are aware, there is no information relevant to these financial statements of which the charitable company's independent examiner is unaware. They have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant information and to establish that the charitable company's independent examiner is aware of that information.

#### **Internal controls and risk management**

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls, including financial controls. The charity's systems of internal controls are designed to provide reasonable assurance against material financial misstatement or loss to the charity.

Trustees examined the major strategic, business and operational risks which the charity faces and a formal risk management process is in operation across the charity, with a risk management policy and disaster recovery plan in place, and reviewed and updated annually. Potential risks are assessed as to their likelihood and impact and the consequent actions necessary taken to manage those risks. Other management processes in place include:-

- regular review of financial management reports comparing income and expenditure with agreed budgets and year-end forecasts;
- ongoing review of a reserves policy that takes account of the risks of streams of income and expenditure; and
- regular review of insurance cover to take account of potential risks (such as business continuity).

The trustees are satisfied that appropriate actions are being taken to manage risk and that the charity's internal controls comply with the guidelines issued by the Charity Commission.

#### **Liabilities**

In the event of the company winding-up, members and those who have ceased to be a member within one year of such an event have guaranteed the liabilities of the company to the sum not exceeding one pound each.

## BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2023

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### 7 STATEMENT OF TRUSTEES RESPONSIBILITIES (continued)

#### Investment policy and objectives

The trustees invest surplus funds in high rate deposit accounts until required for the charity's use.

#### Reserves policy

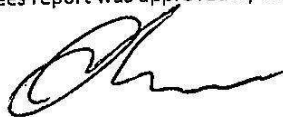
The charity's policy is to invest its funds in the ongoing expansion of the work and reach of the charity but to retain sufficient levels of unrestricted reserves to enable us to continue our core strategic activities, in order to allow trustees to meet their day-to-day responsibilities and to ensure that it continues to operate on a sound basis. The trustees consider the financial position to be satisfactory and funds held are sufficient for:

- the purchase or replacement of equipment and furniture;
- service development to allow for the setting up of new projects and extending existing projects;
- contingency resources to allow the charity to be wound up in an orderly fashion in the event that it ceases to operate.

#### Going Concern

The trustees believe that there are no material uncertainties that call into doubt the charity's ability to continue its activities. The accounts have therefore been prepared on the basis that the charity is a going concern.

The trustees report was approved by the Management Committee and signed on its behalf by:



DAVID RUANE  
Chair of Bolton Carers Support

Date

20/11/23

# **BOLTON CARERS SUPPORT**

## **Independent Examiner's Report to the Trustees of Bolton Carers Support As at 31 March 2023**

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I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Bolton Carers Support ('the charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

### **Responsibilities and basis of report**

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act;
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

### **Use of my report**

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.



Michael Garrett FCA  
Kay Johnson Gee Limited  
100 Barbirolli Square  
Manchester  
M2 3BD

Date 20 November 2023

## BOLTON CARERS SUPPORT

Statement of Financial Activities (including Income and Expenditure Account)  
For the year ended 31 March 2023

		Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
<b>INCOME</b>	<b>Note</b>				
<b>Income from donations and legacies</b>					
Core income		38,748	-	38,748	32,595
<b>Investment Income</b>	<b>3</b>	<b>3,220</b>	<b>-</b>	<b>3,220</b>	<b>198</b>
<b>Income from charitable activities</b>	<b>4</b>				
- Bolton Council		-	108,719	108,719	99,294
- The National Lottery Community Fund		-	116,719	116,719	99,051
- E Wright		-	35,605	35,605	30,000
- The Bolton Fund		-	27,746	27,746	15,393
- Warburtons		-	10,000	10,000	-
- Other charitable activities		-	11,862	11,862	3,776
<b>Total income</b>		<b>41,968</b>	<b>310,651</b>	<b>352,619</b>	<b>280,307</b>
<b>EXPENDITURE</b>					
<b>Expenditure on charitable activities</b>					
- Establishment cost		29,806	-	29,806	39,726
- Bolton Council		-	109,792	109,792	99,294
- The National Lottery Community Fund		-	122,957	122,957	99,051
- E Wright		-	35,605	35,605	20,000
- The Bolton Fund		-	28,868	28,868	15,393
- Warburtons		-	10,000	10,000	-
- Other charitable activities		-	10,678	10,678	-
- Governance costs	<b>5</b>	<b>4,667</b>	<b>-</b>	<b>4,667</b>	<b>4,161</b>
<b>Total expenditure</b>		<b>34,473</b>	<b>317,900</b>	<b>352,373</b>	<b>277,625</b>
<b>Net income (expenditure)</b>	<b>6</b>	<b>7,495</b>	<b>(7,249)</b>	<b>246</b>	<b>2,682</b>
Gross transfers between funds	<b>15</b>	<b>(7,249)</b>	<b>7,249</b>	<b>-</b>	<b>-</b>
Net movement in funds		<b>246</b>	<b>-</b>	<b>246</b>	<b>2,682</b>
Funds at 1 April 2022		<b>81,494</b>	<b>-</b>	<b>81,494</b>	<b>78,812</b>
<b>Funds at 31 March 2023</b>		<b>81,740</b>	<b>-</b>	<b>81,740</b>	<b>81,494</b>

## BOLTON CARERS SUPPORT

### Balance Sheet

As at 31 March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible fixed assets	10	210	436
<b>Current assets</b>			
Debtors	11	3,056	188
Cash at bank and in hand		248,649	318,002
		251,705	318,190
Creditors : amounts falling due within one year	12	(170,175)	(237,132)
Net current assets		81,530	81,058
Net assets		81,740	81,494
<b>Funds</b>			
Restricted funds	15	-	-
Unrestricted funds	15	81,740	81,494
Total funds		81,740	81,494


The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 the Companies Act 2006 (the Act) and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act. The directors acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2023 and of its net income for the year then ended in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements so far as applicable to the company.

These accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The financial statements on pages 19 to 26 were approved by the Board of Trustees :

David Ruane  
Trustee

Date

  
20/4/23

Simon Thompson  
Trustee

Date

  
20/4/2023

## BOLTON CARERS SUPPORT

Statement of Cash Flows  
For the year ended 31 March 2023

	2023 £	2022 £
<b>Net cash flow from operating activities</b>	<b>(69,353)</b>	<b>155,577</b>
<b>Cash flow from investing activities</b>		
Purchase of tangible fixed assets	-	(239)
<b>Net cash flow from investing activities</b>	<b>-</b>	<b>(239)</b>
<b>Change in cash and cash equivalents in the year</b>	<b>(69,353)</b>	<b>155,339</b>
<b>Cash and cash equivalents brought forward</b>	<b>318,002</b>	<b>162,663</b>
<b>Cash and cash equivalents carried forward</b>	<b>248,649</b>	<b>318,002</b>
<b>Cash and cash equivalents consists of:</b>		
Cash at bank and in hand	<b>248,649</b>	<b>318,002</b>
<b>Net cash flow from operating activities</b>		
Net income (expenditure)	<b>246</b>	<b>2,682</b>
Depreciation	<b>226</b>	<b>224</b>
(Increase) decrease in debtors	<b>(2,868)</b>	<b>108,283</b>
(Decrease) Increase in creditors	<b>(66,957)</b>	<b>44,388</b>
	<b>(69,353)</b>	<b>155,577</b>

# BOLTON CARERS SUPPORT

## Notes to the Financial Statements For the year ended 31 March 2023

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### 1 General information

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 3965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

### 2 Accounting policies

#### Basis of preparation of financial statements

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income from donations is included in the accounts for the period in which payment was received.

Investment income comprises of interest, and is accounted for on a receivable basis.

Grants and contract income receivable is credited to the SOFA in the period in which the charity becomes entitled to receive the grant. Grants which are for a specific future period are deferred to that period.

#### Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure is recognised when it is incurred and is reported gross of related income on the following basis:

- Costs of generating funds comprise costs associated with attracting voluntary income and the costs of other income generated.
- Charitable expenditure comprises direct expenditure including direct staff costs attributable to its activities. Where costs cannot be directly attributable, they have been allocated to activities on a basis consistent with the use of resources as described below.
- Governance costs, including those incurred in the governance of its assets and are directly associated with constitutional and statutory requirements.

#### Tangible fixed assets

Depreciation on fixed assets is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Fixture and Fittings	15% straight line
Computer Equipment	25% straight line

At each balance sheet date, the company reviews the carrying amounts of its fixed assets to determine whether there is any indication that any items of tangible fixed assets have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

# BOLTON CARERS SUPPORT

## Notes to the Financial Statements For the year ended 31 March 2023

### Fund balances

Unrestricted funds are incoming resources receivable or generated for the objects of the charity, without restriction, and are available as general funds to be applied as the charity sees fit.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

### Pension costs and other post-retirement benefits

The charitable company contributes to Stakeholder pension schemes chosen by individual employees. Contributions payable to the stakeholders pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

### Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

### Taxation

Bolton Carers Support is a registered charity and has no liabilities to taxation. It is able to recover taxation on Gift Aid and Investment Income.

### Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

3	Investment Income	Unrestricted	Restricted	Total	Total
		2023	2023	2023	2022
		£	£	£	£
	Deposit account interest	3,220	-	3,220	198
4	Income from charitable activities	Unrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
		2023	2023	2023	2022
		£	£	£	£
	Bolton Council	-	108,719	108,719	99,294
	The National Lottery Community Fund	-	116,719	116,719	99,051
	E Wright	-	35,605	35,605	30,000
	The Bolton Fund	-	27,746	27,746	15,393
	Warburtons	-	10,000	10,000	-
	Other charitable activities	-	11,862	11,862	3,776
		-	310,651	310,651	247,514

## BOLTON CARERS SUPPORT

### Notes to the Financial Statements For the year ended 31 March 2023

<b>5 Governance costs</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<i>Unrestricted Expenditure</i>		
Accountancy and independent examination fees	<b>4,360</b>	3,930
Trustee expenses	<b>307</b>	231
	<b>4,667</b>	4,161

<b>6 Net income (expenditure)</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Net incoming resources are stated after charging:		
Independent examiner's fees	<b>4,360</b>	3,930
Depreciation of tangible fixed assets	<b>226</b>	224

#### 7 Taxation

The charitable company is exempt from corporation tax on its charitable activities.

#### 8 Staff costs

No employee received remuneration in excess of £60,000.

#### 9 Trustee remuneration and expenses

None of the trustees received any remuneration during either of the two years. Expenses reimbursed to trustees amounting to £307 (2022: £231) were paid during the year.

<b>10 Tangible fixed assets</b>	<b>Fixtures &amp; fittings</b>	<b>Computer equipment</b>	<b>Total</b>
<b>Cost or valuation</b>	<b>£</b>	<b>£</b>	<b>£</b>
At 1 April 2022	26,767	16,355	43,122
Additions	-	-	-
At 31 March 2023	26,767	16,355	43,122
<b>Depreciation</b>			
At 1 April 2022	26,457	16,229	42,686
Charge for the year	100	126	226
At 31 March 2023	26,557	16,355	42,912
<b>Net book value</b>			
<b>At 31 March 2023</b>	<b>211</b>	<b>-</b>	<b>211</b>
At 31 March 2022	310	251	422

## BOLTON CARERS SUPPORT

Notes to the Financial Statements  
For the year ended 31 March 2023

<b>11 Debtors</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade Debtors	<b>3,056</b>	188
	<b>3,056</b>	188

<b>12 Creditors : amounts falling due within one year</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade Creditors	<b>1,213</b>	104
Other Creditors	<b>6,280</b>	-
Accruals	<b>13,500</b>	11,586
Deferred income (note 13)	<b>149,182</b>	225,442
	<b>170,175</b>	237,132

<b>13 Movement in deferred income</b>	<b>Balance at 1 April 2022</b>	<b>Utilised</b>	<b>Unutilised</b>	<b>Balance at 31 March 2023</b>
<b>Funds</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
NHS Bolton CCG	100,000	(100,000)	90,813	90,813
Bolton Council	29,276	(29,276)	20,789	20,789
The National Lottery Community	24,898	(24,898)	-	-
E Wright	47,769	(47,769)	15,664	15,664
CVS - Leadership Monies	8,500	(8,500)	-	-
Unlocking Wellbeing	-	-	12,499	12,499
Health and Wellbeing	-	-	8,233	8,233
CVS Community Outreach BAMER	13,829	(13,829)	-	-
CVS Connecting People	1,170	(1,170)	1,183	1,183
	<b>225,442</b>	<b>(225,442)</b>	<b>149,182</b>	<b>149,182</b>

## 14 Pension commitments

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £15,053 (2022 - £13,086).

## BOLTON CARERS SUPPORT

Notes to the Financial Statements  
For the year ended 31 March 2023

15 Movement in funds		Balance at				Balance at
	Note	1 April				31 March
		2022	Income	Expenses	Transfers	2023
		£	£	£	£	£
<b>Restricted funds:</b>						
Bolton Council	i.	-	108,719	(109,792)	1,073	-
The National Lottery Community Fund	ii.	-	116,719	(122,957)	6,238	-
E Wright	iii.	-	35,605	(35,605)	-	-
The Bolton Fund	iv.	-	27,746	(28,868)	1,122	-
Warburtons		-	10,000	(10,000)	-	-
Other charitable activities		-	11,862	(10,678)	(1,184)	-
		-	310,651	(317,900)	7,249	-
<b>Unrestricted funds:</b>						
General funds		81,494	41,968	(34,473)	(7,249)	81,740
<b>Total funds</b>		<b>81,494</b>	<b>352,619</b>	<b>(352,373)</b>	<b>-</b>	<b>81,740</b>

Notes on restricted funds

- Bolton Council (Adult Services) funds the Helpline and Information Service, and Time for You project.
- The National Lottery Community Fund have funded a new grant to continue the Carers Health and Well Being Project starting on 1st November 2019 and ending on 31st October 2022. This has been extended to 2025.
- Funding from Eric Wright Charitable Trust has been used to fund the Fundraising Development Officer Post.
- Bolton Community and Voluntary Service (CVS) have funded the Bolton Leadership Project, and additional Benefits Advice Officer hours.

16 Analysis of total funds		General	Restricted	31 March	31 March
		Funds	Funds	2023	2022
		£	£	£	£
<b>Analysis by type of asset and liability</b>					
Tangible fixed assets		211	-	211	436
Net current assets		81,529	-	81,529	81,058
		<b>81,740</b>	<b>-</b>	<b>81,740</b>	<b>81,494</b>

## 17 Employees and Directors

The average number of employees during the period was 11 (2022-2022: 9)