

Company Registration Number
Charity Registration Number

03965369
1082166

BOLTON CARERS SUPPORT

Trustees' Report and Financial Statements
For the year ended 31 March 2022



BOLTON CARERS SUPPORT

Trustees' Report and Financial Statements For the year ended 31 March 2022

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BOLTON CARERS SUPPORT

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A carer is someone who supports a family member, a relative or a friend who cannot manage on his or her own because of illness, disability, addiction or old age.

There are 6.5 million carers in the UK and, according to the 2011 Census, there are 30,629 carers in Bolton (initial figures from Census 2021 suggest this figure is 40,000+). Of these, 7,935 carers provide 50 hours or more care each week.

The economic value of the contribution made by carers in the UK is now £132 billion per year, almost double its value in 2001 (£68 billion).

£132 billion is close to the total annual cost of health spending in the UK, which was £134.1 billion in the year 2014-15.

This means that the value of the contribution made by the UK's carers saves the public purse enormous sums every week, day and hour of the year :

- £2.5 billion per week
- £362 million per day
- £15.1 million per hour

Bolton Carers Support identifies hidden carers and provides information on local services, as well as offering a listening ear and emotional support, opportunities for a short break, courses on a range of topics, and benefits advice to help carers maximise their income.

State of Caring (Carers UK, 2021)

The COVID-19 pandemic continues to have a monumental impact on unpaid carers' lives – not only because of the increased amount of care that many are having to provide, but because of the far-reaching effect that providing this level of care is having on many aspects of their lives: their relationships, their mental and physical health, their paid work and finances, and their emotional wellbeing. We estimate that overnight, an additional 4.5 million people became unpaid carers in March 2020, meaning 1 in 4 (26%) UK adults were providing unpaid care to an older, disabled or ill relative or friend at the height of the pandemic. Although we expect these numbers to decrease slightly, the numbers of unpaid carers have been rising significantly as the population ages and healthcare continues to improve. Increasing support for carers, whether it's practical or financial, must be at the heart of how we address the recovery from the COVID-19 pandemic.

Census 2021

Census 2021 was held on 21 March 2021 in England, Wales, and Northern Ireland. The Office for National Statistics (ONS) runs the census in England and Wales and is independent from the government.

All carers were encouraged to identify themselves on their census form. The census only happens every 10 years and it is used to inform decisions on services, such as healthcare, education, and transport, and it also provides a more accurate and up to date figure for the number of carers in the UK. National and local charities use the census to make the case for more services for carers.

Census 2021 contains a specific question (question 24 in England and Wales) on the provision of unpaid care:

"Do you look after, or give help or support to, anyone because they have long-term physical or mental health conditions or illnesses, or problems related to old age?"

We will soon be able to have access to Census results.

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Directors' Report for the purposes of section 417 of the Companies Act 2006 and Trustees' Report for the purposes of part 8 of the Charities Act 2011

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

1 REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name:	Bolton Carers Support	
Charity Registration:	1082166	
Company Registration:	03965369	
Registered Office:	Thicketford Centre Thicketford Road Tonge Moor Bolton Greater Manchester BL2 2LW	
Trustees:	David Ruane Sue Foster Simon Thompson Enid Brooks Harendra Purshotam Mistry Frances Ayleen Benischke Caroline Hilton Elizabeth Pickles Tim Hilton Abeda Hanslod Anne Oakes Sally Cooper Ian Cooper Tracy Lee Ian Bury	Chair (Trustee 26.5.21 and Chair from 9.12.21) Vice Chair Honorary Treasurer Resigned (5.10.21) Resigned (25.11.21) Resigned (9.12.21) Resigned (26.5.21) Resigned (26.5.21) (from 20.7.21) (from 21.4.22)
Company Secretary:	Georgette Kay	
Bankers:	Santander UK PLC Bridle Road Merseyside L30 4GB	
Independent Examiner:	Mr Michael Garrett FCA Kay Johnson Gee Limited 1 City Road East Manchester M15 4PN	

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In last year's report we expressed our thanks to Anne Oakes, Sally and Ian Cooper, and also Tim Hilton, who all stepped down from their committee roles in 2021. Sadly, Tim died in 2022, and we would like to express our condolences and thanks for all Tim did for Bolton Carers Support.

2 MESSAGE FROM THE CHAIR

As I took over as Chair at the back end of 2021, we were still emerging from the unprecedented social and economic impact that the Covid-19 pandemic had visited upon us, and I truly believe that this will serve as a timeline in our history as now modern events will be referred to as 'pre and post' pandemic much as both World Wars are reference points. At the end of 2021 we were just starting to learn how to live with the 'new normal' way of doing things and as a relatively small organisation not only did we manage to weather that storm, but we were able to provide an unbroken level of service to our unpaid carers throughout, thanks entirely to the dedication commitment and resilience of our staff and volunteers.

As we continue now on that 'new normal' journey I have to admit that whilst I've had quite a bit of experience with Bolton Carers Support both as a volunteer and a trustee and also more importantly as a full time carer myself, I was maybe a little naïve at the beginning as to the enormity of the responsibility and weight of expectation that holding the office of Chair entails. We are seeing more and more deeply complex issues that our carers are reaching out to us for help, advice and support with, and it is being able to provide this impartial and independent service to all of Bolton's carers in all of its diverse communities that fills me with an enormous sense of pride and satisfaction. Whilst I am not the most experienced or knowledgeable in this field I have lived and indeed am still living with some of the same fears, anguish and frustrations as the carers we are supporting on a daily basis.

During this year we had an important funding application in the pipeline for which staff jobs and support services were dependent upon, as well as the possibility of another large slice of funding that we are working hard to bring in along with other organisations. This would go a long way to help us meet our long-term goal of expanding our service user offer to the estimated 40,000+ carers (as we believe the 2021 Census results will show) in the borough but to achieve this ambition we must have confidence, longevity and security which is very difficult to achieve within the VCSE sector. Alongside the funding, we also recognise the importance of developing and maintaining key partnerships with other organisations including the statutory sector to achieve and maintain this goal and at the time of writing we are actively involved with Bolton Council, the newly created Integrated Care Partnership and the Royal Bolton Hospital as well as being involved in social studies with the Bank of England and the Centre for Social Justice and we are noticing more and more that these groups are reaching out to us for help. I must however stress that we will only work within these partnerships if there is a clear synergy on the ambition, outcome and impact for our carers and as an independent and volunteer led organisation we must never lose sight of this reason for our existence and our constitutional obligations.

It was a great pleasure and quite a surprise to learn at the end of 2021 that we were nominated by a third party to receive the Queens Award for Voluntary Service (which is equivalent to a group MBE!). Though this award is aimed at our fabulous volunteers past and present none of it would have been possible without the support of a fabulous team of dedicated staff and it continues to humble me how strong we are as a group. Together we have faced many challenges recently; we've experienced heart-breaking losses for both staff and volunteers. However, we have managed to recruit to key positions in a very difficult environment and it is also my intention to grow our trustee committee to reflect the growing need for change and flexibility within our organisation.

Thank you to everyone involved with Bolton Carers Support; you are an extraordinary and inspirational group of people!



David Ruane

Chair of Bolton Carers Support

Date

16/11/22

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3 STRUCTURE, GOVERNANCE AND MANAGEMENT

Registered charity and company limited and guarantee

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 03965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

Membership

Bolton Carers Support is a membership organisation. Full membership is available to carers, former carers and representatives of local groups who have registered with the charity. Associate membership is also available to carers' workers and local, regional and national voluntary and statutory organisations with an interest in carers' issues.

Carers are involved throughout the organisation as trustees and as volunteers. The knowledge and skills carers contribute ensures Bolton Carers Support is carer-led and delivers services carers need.

Governing body

Our governing body, the Board of Trustees (the 'Management Committee'), is responsible for the overall governance, policy and work of the charity, as outlined in our Memorandum and Articles of Association dated 5 April 2000. The Management Committee can have between 3 and 16 members and there is a requirement in the Memorandum and Articles of Association that "the company shall seek to ensure that at all times the majority of Management Committee members are carers".

The trustees are volunteers and do not receive any remuneration for their services but may claim reasonable expenses (such as travel costs) incurred through attending meetings and training sessions or through other duties.

The Management Committee usually meets formally every two months and is responsible for directing the affairs of the charity and ensuring that it is solvent, well run and delivers charitable outcomes for the benefit of carers.

Trustees' appointment, induction and training

Trustees bring a wealth of skills and insight based on their years of caring, and are passionate about improving services and support for carers in Bolton. The charity ensures that anyone interested in standing as a trustee is fully informed of what the role involves. Potential candidates meet with the Chair and Chief Officer before joining the Committee.

Following their appointment, new trustees are given a detailed 'Essential Guide for Trustees' and attend an induction session at the charity's offices. All trustees receive regular correspondence from the charity and are invited to training sessions (on topics such as: role responsibilities and expectations, equal opportunities, safeguarding, finances), planning for the future workshops, and charity events to help keep them up-to-date and engaged in its work.

Organisational structure and decision making

A Human Resources and a Finance Sub-Committee meets regularly to deal with matters relating to policies and procedures, personnel, premises and finance. The Sub-committees are attended by the honorary officers (the Chair, Vice Chair, Honorary Treasurer) and trustees with a particular interest in the remit of the Sub-committees. Minutes of meetings go to the Management Committee for approval.

Management

The Management Committee delegates operational planning and day-to-day management, including financial authority and staff management, to the Chief Officer. The performance of the Chief Officer is overseen by the Management Committee through reports and briefings presented by the Chief Officer, and through regular meetings with the Chair of the Management Committee.

BOLTON CARERS SUPPORT

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3 STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

The staff team

There are 10 staff members (2 full time and 8 part time):

Chief Officer and Company Secretary	Georgette Kay
Activities Co-ordinator	Peter Harmer
Fundraising Development Officer	Alison Caunce
Welfare Benefits Advisor	Elaine Holt
Carers Information and Advice Service Officer	Bev Strang
Carers Information and Advice Service Assistant	Angela Pagett
Carers Information and Advice Service Assistant	Melissa Taylor (ended 6.5.22)
Outreach Worker	Zoe Hill
BAMER outreach Worker	Nireexa Solanski (from 28.2.22)
Telephone Befriending Co-ordinator	Laurent Fernandez-Moreno

* Finance Support is supplied by TACCOUNTS (NW) LTD

Public benefit

The trustees have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission and this is detailed in the Objectives and Activities section of the Trustees Annual Report.

4 OBJECTIVES AND ACTIVITIES

Constitution policies and objectives

Bolton Carers Support provides information, emotional support, training and short breaks to carers over the age of 18 who live in Bolton or who care for someone living in Bolton. A carer is someone who supports a family member, relative or friend who cannot manage on his or her own because of illness, disability, addition or old age. They do not have to live with the person nor be the only one who does the caring.

The Memorandum and Articles of Association states that Bolton Carers Support's objects are:

"To pursue any charitable purpose for the benefit of carers, in particular but not exclusively, to educate the public about the issues affecting carers and the stresses experienced by them, to provide information, support and services to carers living in or caring for someone in the Metropolitan Borough of Bolton".

Bolton Carers Support has a 28-year track record of delivering high quality information and support to carers (having been in existence since 1994). Currently, 4,803 carers are being supported (as at 31 March 2022).

Our Vision

Bolton Carers Support wants all carers to feel valued and to receive the information, care and support they deserve.

BOLTON CARERS SUPPORT

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4 OBJECTIVES AND ACTIVITIES (continued)

Our 7 Aims

- 1 Carers will be informed, empowered and confident
- 2 Carers will have improved health and well-being
- 3 Carers will experience reduced social isolation
- 4 Carers will be trained and supported to care
- 5 Carers will be financially better off
- 6 Carers will have regular time off from caring
- 7 Bolton Carers Support is a strong and effective carers organisation

Summary of our main activities

Carers Helpline	Carers can ring the helpline for information or emotional support, as well as for signposting information about aids and equipment, benefits, support groups, help at home, respite care, health services and other topics. The helpline is open 24 hours a day, 7 days a week, including bank holidays.
Carers Information and Advice Appointments	Information and advice appointments are held at the office so carers can talk face-to-face to a member of staff and discuss their caring situation in detail.
Carers Contact Newsletter	A free quarterly newsletter is sent to all carers registered with Bolton Carers Support, packed full of useful information on local services, forthcoming events and activities and carers' life stories.
Benefits Advice	Carers are helped to claim any benefits they may be entitled to, with one-to-one appointments offered at the charity's offices and home visits.
Short Breaks	A wide variety of group breaks (of a few hours duration - meals out, day trips, visits to places of interest) are arranged for carers to have some respite from their daily responsibilities.
Training	Carers' workshops, short courses and learning days are held with topics covering health, exercise, arts and crafts, IT, relaxation and mental well-being.
Carers Fact-Sheets	45 fact-sheets are available to download from the website, providing a clear overview of a topic and sources of help.
Support Groups	Carers support groups are held at different locations around the borough, offering opportunities for friendship and mutual support.
Awareness-raising	Our outreach work raises awareness about carers, identifies 'hidden carers', and promotes Bolton Carers Support's services.
Work with health and social care professionals	Bolton Carers Support works with partners on joint initiatives to help identify, support and refer carers. Carers' issues are highlighted within a range of local plans and strategies.
Telephone Befriending	A service which enabled carers to have a break from their caring role. This service has developed into a telephone befriending service due to COVID restrictions.

Please see our website www.boltoncarers.org.uk for more information

Twitter @boltoncarers

Facebook @boltoncarers

BOLTON CARERS SUPPORT

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4 OBJECTIVES AND ACTIVITIES (continued)

During the pandemic

Bolton Carers Support has been an essential contact for unpaid carers and even more so throughout the pandemic. The nature of the calls/queries/concerns have been varied, but the complexity has increased. Calls to the helpline can be varied in length. Clearly a broader range of carer related issues were raised during the pandemic.

Key topics raised on the helpline and during befriending by carers during pandemic include:

- Communication & connection
- Mental Health
- Care home visits/concerns
- Bereavement support
- Shielding and Vulnerability
- Inability to contact other organisations for health/social care issues
- Loneliness
- Support with the caring role
- Understanding the rules/guidance and what they can and can't do
- Risks of paid carers continuing to provide care to cared for
- Emotional support - frustration & offloading
- Value of shared experience
- Accessing food - humanitarian hub
- Prescriptions
- Accessing PPE
- Vaccine queries and eligibility.

The 24-hour carers helpline ran throughout the pandemic with no interruption to service, which we have been complemented on by carers, as they have had trouble contacting other services.

Through the pandemic restrictions, activity involved and continues to involve:

- Carers 24-hour helpline - factual, signposting, listening ear
- Proactive phone calls to carers on a rolling programme
- Benefits advice and support
- Support in providing Carer ID proof
- PPE delivery
- Communication of key messages to carers through our channels - text, email, newsletter, phone, social media
- Quarterly newsletter with key information sent to all registered carers
- Ongoing registration of new carers to our database - with new carer information pack sent
- Digital inclusion and support, including loaning tablets with Wi-Fi, getting carers included and involved with Zoom groups
- Telephone befriending on a regular basis to carers
- Zoom sessions covering a range of supporting topics and opportunities to engage (e.g., mindfulness, fun quizzes, weekly coffee mornings)
- Doorstep visits and walking groups (1-1 and groups) linked to government guidance
- Skill and Confidence development
- Service being a point of contact for those confused in the system - connecting carers with health professionals - e.g., Dementia Lead at Hospital - and our service flagging up common themes to partners.

BOLTON CARERS SUPPORT

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5 ACHIEVEMENTS AND PERFORMANCE

Identifying carers

Carers come from all walks of life, all cultures and can be any age. Many feel they are doing what anyone else would in the same situation; looking after their partner, parent or child. They may not realise help is available. We identify hidden carers as this is the first step to getting support.

During the year we identified 346 new carers through talks and presentations, information displays at events, social media, referrals from partner organisations, and noticeboards in GP surgeries. The total number of carers registered with Bolton Carers Support and receiving regular information at 31 March 2022 is 4,803.

Outreach Work to identify hidden carers in the community included:

Zoom Groups:

- Reading for Wellbeing Zoom Group - 23 sessions
- Carers Quiz Zoom Group - 39 sessions
- Creative Wellbeing Zoom Group - 34 sessions

Carer drop in's/activities:

- Tonge Moor Carers Zoom Group and in person meetings - 33 sessions
- Westhoughton Carers Zoom Group and in person meetings - 12 sessions
- Little Lever Christ Church Group - 7 sessions
- Little Lever Precious Gems Group - 6 sessions
- Kearsley Carers Group - 5 sessions
- The Bridge, Bradshaw Road - 4 sessions
- Origami - 3 sessions
- Bike riding - 6 week courses
- Walking Group - 25 sessions

Presentations to Professionals/Community Groups:

- Carers Rights Day & AGM
- BAND
- Destitution Project
- Age UK Bolton
- MHIST
- Social Prescribing Team - 3 sessions
- BCS Volunteer event
- Carers Xmas Meal x2

Staff events:

- SAFFA
- Mental Health event - Victoria Halls
- International Womens Day - Victoria Halls
- Senior Solutions welcome back events - 2 sessions

As part of our commitment to raise awareness about our work, we link into many local networks and meetings to ensure we keep up to date with local developments as well as sharing information about our service to encourage referrals from other groups and organisations. This has continued where possible.

BOLTON CARERS SUPPORT

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

Support and advice

Information, support and advice form the cornerstone of Bolton Carers Support services. Carers who contact the helpline receive information and advice and can often be referred or signposted onto other organisations for additional support.

Our Carers information and Advice Service, funded by Bolton Council, covers our helpline, website, information and advice appointments, factsheets, and newsletter. Our partnership with Careline provided by Bolton at Home, enables the helpline to be open 24 hours a day, 7 days a week and on bank holidays, ensuring that carers can access support and advice at a time when they most need it.

- 37,995 emails sent to carers
- 2,811 texts sent to carers
- 4,311 enquiries from carers were handled in the year as well as a significant number of enquiries from professionals/partners
- The Carers Contact newsletter was mailed/emailed out four times during this year, with an average of 4,751 issues sent out each time (we now only send electronic versions to professionals).
- There are a total of 45 carer factsheets in the series, with two reviewed during this period.

Telephone Befriending Service

The telephone befriending is now fully established. It has close to 100 referrals in the two years since it was started. There continues to be a steady flow of referrals, usually around 4/5 a month. The majority of these come from within Bolton Carers Support. Carers are identified by the helpline staff as requiring more frequent contact.

Befriending relationships have been started with 63 carers and, at 31st March 2022, there are 54 active relationships. Each relationship varies both in length of call and depth of conversation. Most carers receive a fortnightly call which, on average, lasts for about 30 minutes but there are 5 minute check-ins and calls that last over an hour.

There is no time limit to the length of relationship, that depends on the individual. Some are quite brief, usually if referred by a third party, whilst others are open ended. The first carer contact continues to have regular contact.

Carers referred into the befriending service tend to be identified as having more on-going complex needs - mental health, bereavement and loss, lack of family support, loneliness self-identified, change to relationship. They have a need for friendship/communication/contact – people have felt lonely. They are communicated with as the person that they are. There is no emotional attachment so they can just be themselves – sharing their present, past and future. Carers are being supported with use of compassion-based therapy techniques and goal setting.

The support offered to the individual focuses on understanding their present situation, the support they have, the services involved and in guiding them to access support according to their present needs - carer support, carers assessment, assessment of needs, specialised dementia services etc.

Carers are given encouragement to talk about their likes, interests and activities - present and past.

Health matters are discussed, and a conversation is held about their own well-being and the importance of looking after self. Risk and safeguarding are also monitored.

Volunteers

Our volunteers were unable to connect with us in the same way due to the pandemic restrictions, and vulnerability and shielding issues. Our volunteers who haven't been able to continue supporting the service in the usual way, have been encouraged to support other services through the COVID-19 crisis where possible.

BOLTON CARERS SUPPORT

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

Benefits Advice Service

Our Benefit Advice Service, funded by both the The National Lottery Community Fund and Bolton CVS, continued to offer carers practical help to claim benefits. Due to COVID-19, home visits and office appointments were replaced by telephone appointments only.

The total benefit gain during the year was £208,912. The benefits advice service provided:

- 114 new telephone appointments
- 43 repeat telephone appointments
- 77 additional cases dealt with
- 10 new office appointments
- 1 repeat office

Workshops:

- Harwood Methodist - dementia support - 12 attendees
- Thicketford Centre - 2 attendees

Activities for carers (outings/events & workshops)

The Covid-19 pandemic and subsequent lockdowns were responsible for the delivery of short respite breaks for carers and the people they care for.

A number of planned events had to be cancelled, some at short notice, as we came to terms with the restrictions on movement and getting together, and our plans to deliver activities more locally within the neighbourhoods had to be, once again, postponed.

In order to reduce the negative impact of the Covid constraints, we continued to deliver workshops and classes online via ZOOM for carers to meet others and socialise, albeit on screen.

This brought its own challenges with many carers having the barrier of no internet access or limited knowledge of video conferencing etc.

To tackle these issues, we introduced a scheme to loan our tablet computers together with basic instructions, and back-up over the telephone learning and some home visits when restrictions allowed. This was, in many cases, very successful, but nonetheless challenging. This scheme is continuing as we try to upskill carers with knowledge and confidence in the use of information technology.

Throughout the year, we made every effort to bring carers together, where possible, with outdoor events in Moss Bank Park, for example and, when deemed appropriate, resuming meals out etc for carers, and also carer and cared for events. The uptake to these events however has been lower than pre-Covid levels, as there is a reluctance from some people to engage due to fear of infections.

During the course of the year, Bolton Carers Support was also responsible for the delivery of free Personal Protective Equipment to unpaid carers, delivering over 55000 gloves, 14350 aprons and almost 29000 masks. This massive task was made possible by the flexible working of staff and the assistance of a number of volunteers, who we thank for their help.

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

The following table outlines the respite breaks delivered over the 12-month period:

Event	Type of event	Comments	Carers attending
Theatre Thursdays	Carer & Cared For	8 sessions x ZOOM	9
Build your self confidence	Learning Day	Cancelled: Concerns re Covid (3 sessions)	0
Planning for the Future 1	Learning Day	ZOOM	6
Planning for the Future 2	Learning Day	ZOOM	8
Tackling Loneliness	Learning Day	ZOOM	5
Basic First Aid	Learning Day	ZOOM	5
Warbling Wednesday : Moss Bank Park	Carer only	Low numbers due to concerns re Covid	5
Walking meditation : Moss Bank Park	Carer only	Low numbers due to concerns re Covid	7
Yoga with Lesley	Learning Day	Continuing fortnightly: in person & ZOOM	10
Digital Skills workshop : Bolton College	Learning Day	Cancelled: Concerns re Covid	0
Digital Skills workshop : Bolton College	Learning Day	Cancelled: Concerns re Covid	0
Theatre / Movie Thursdays	Carer & Cared For	12 session x ZOOM	10
Meditation with Nireexa	Learning Day	Continuing fortnightly : in person & ZOOM	10
Exercise with Melissa	Learning Day	10 sessions x ZOOM	5
Mindfulness Cookery	Learning Day	ZOOM	5
Autumn Lunch @ Holiday Inn	Carer & Cared For	Low numbers due to concerns re Covid	25
IT Learning drop in	Learning Day	Cancelled: Concerns re Covid	0
Casa Nostra restaurant	Carer only	Fully booked	29
Bolton Little Theatre	Carer only	Low numbers due to concerns re Covid	18
Christmas lunch @ Holiday Inn	Carer & Cared For	Low numbers due to concerns re Covid	25
Carer Xmas Lunch : Red Lion	Carer only	Low numbers due to concerns re Covid	24
Volunteer Get-together	Learning Day	Cancelled: Concerns re Covid	0
Planning your Future : Kearsley	Learning Day	Cancelled: Concerns re Covid	0
Planning your Future : Thicketford	Learning Day	Low numbers due to concerns re Covid	5
Welfare Benefits : Kearsley	Learning Day	Cancelled: Concerns re Covid	0
Planning your Future : Westhoughton	Learning Day	Cancelled: Concerns re Covid	0
Welfare Benefits workshop : Westhoughton	Learning Day	Cancelled: Concerns re Covid	0
Welfare Benefits workshop : Thicketford	Learning Day	Low numbers due to concerns re Covid	4
Valentine Lunch @ Holiday Inn	Carer & Cared For	Low numbers due to concerns re Covid	30
Coffee & Chat	Carer only	Ongoing from previous year	10
Digital skills x telephone / online	Learning Day	Ongoing from previous year	7
AGM and Carers Rights Day event	General event	Low numbers due to concerns re Covid	65
Distribution of PPE	Gloves	55,300 distributed	
	Aprons	14,350 distributed	
	Masks	28,550 distributed	

BOLTON CARERS SUPPORT

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For the year ended 31 March 2022

5 ACHIEVEMENTS AND PERFORMANCE (continued)

Consulting with our carers

Throughout the year we have been proactively contacting our carers and listening to the need and support required through such extraordinary times. Learning from this period is currently being undertaken, with a second impact report being produced, following consultation with our carers and volunteers.

Funding

We wish to express our thanks to The National Lottery Community Fund, Bolton Council and CVS Bolton's Fund for continued funding for supporting our work.

This year has seen a steady succession of grants awarded. We were particularly pleased to be successful in receiving a grant from Eric Wright with whom we have an excellent relationship but who had previously paused their funding stream but subsequently reopened it. We were also delighted to receive funding from CVS Bolton's Fund to allow us to try and work with some communities which we have struggled to previously reach.

We received our second donation as a result of your participation in our partnership lottery with Bolton Hospice. This is an easy way for you to help both us, and the hospice, and also have the chance to win a substantial prize for yourself.

Looking into the next year we have some significant work to do to ensure we secure the future of some of our biggest projects. Although hampered by the pandemic for the last 2 years we are still trying to diversify the sources of our funding and are also continuing to build on the trust our funders have shown in us to continue delivering what you, as carers, need.

Appreciation of volunteers

The contribution made by carers and former carers who are volunteers is enormous. Volunteers help staff members with: newsletter mail-outs; events for carers; and deliver workshops and craft activities. The staff and trustees wish to thank all our volunteers.

Feedback from carers

"The only pragmatic help I've received is from Bolton Carers Support since the start of the pandemic. A lifeline!!"

"The additional income can now be used for a sitting service and other things that will help us to keep going especially in these difficult times. I am truly grateful for the help and support we received."

"Elaine's help was much needed at a time when things had started to get out of control. The extra income was much needed as it's now giving us the chance to not feel as anxious at what and how we will be able to do and afford help. Thank you for your time and empathy in improving our financial situation."

"Pride was eventually overcome with common sense and with the right advice and help with daunting administration our problematic financial issues have been resolved. Our quality of life has improved considerably. We send our sincere thanks.."

BOLTON CARERS SUPPORT

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For the year ended 31 March 2022

5 ACHIEVEMENTS AND PERFORMANCE (continued)

"I enjoy my chats and am able to talk about things that are getting me down, things that I have done which are enjoyable or, on the other hand, everyday tasks that I have struggled to cope with. I feel, through our chats, that I have known Laurent for a number of years, he is so good and a very good listener."

"I find that the befriending service has and is helping me thank you. It has helped to focus on life with your help and supported me with my grief."

"A lot of people must be grateful for this service and would, probably, be feeling a bit vulnerable without it. Thank you for providing these services they are my lifeline."

"This service is absolutely essential possibly more so highlighted by the pandemic when vulnerable people were very isolated. I found my contact really essential during my role as a full-time carer for my wife. Sadly, she is now in a home full time. Thankfully my support hasn't ended. I wasn't trained to be a carer. It is something that I had to adapt to. The older you are, I feel the more this service is essential."

"It is good to be able to talk to someone outside of my family and say what I feel about how things are going in my life."

"It was great to be able to just get away for a couple of hours and be myself."

"I can say anything that is on my mind even the negative thoughts. He will remind me that I am not alone or awful because others think and say the same in my position. He also reminds me to try and think about my needs which I do neglect."

"Although I can't get to coffee mornings and events because I am busy looking after my son. It is reassuring that I can speak to someone if I have any problems and it is very nice to be able to have a chat with someone on the phone."

"Thank you so much for being so helpful earlier, you have put my mind at ease a lot. You were very kind and helpful, and I appreciate it, as I was well out of my depth today."

"Recharging my batteries and meeting up with people I now call my friends. Thank you."

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2022

5 ACHIEVEMENTS AND PERFORMANCE (continued)

"Very enjoyable away from the pressure of caring for my husband and able to relax in other's company.... Oh, and the food was excellent."

"The meals out are really good, and meeting other like-minded carers makes you realise that you're not alone."

"Art on Zoom.. is quite an experience in which the group are able to challenge drawing all together and each give their own creation.. very therapeutic and great company that is good for mental health."

"It gives me a small amount of time to be myself and re-connect with yoga which I did years ago. I was welcomed into the group and thoroughly enjoy every minute of peace and meditation."

"The workshop (Planning for the future) was great. It allowed me to get out, meet new people and learn what I need to do to sort out our future."

"Just to have the opportunity to get away from caring for a short time and meet up with others is fantastic."

"It's brilliant that I can get involved with Nireexa (Meditation) by ZOOM. I can't get to the centre but really enjoy the sessions."

"The craft lessons run by Zoe have been amazing. Drawing has never been a strong point of mine. I can say I have really enjoyed the sessions. They have given me confidence and I have found them very therapeutic. As a carer these sessions have given me some "me time".

"I really enjoy the carers walks, meeting other carers and having a chat really cheers me up."

"I feel so much better after talking again today and having some of the things explained. The support from BCS has been amazing, I can't begin to express what a difference it makes knowing I can turn to BCS. I really do appreciate their time and effort."

"Feel so much better after chatting today, very grateful for the time and didn't feel rushed. I felt comfortable enough to open up in a way I can't do with family and friends"

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2022

6 FINANCIAL REVIEW

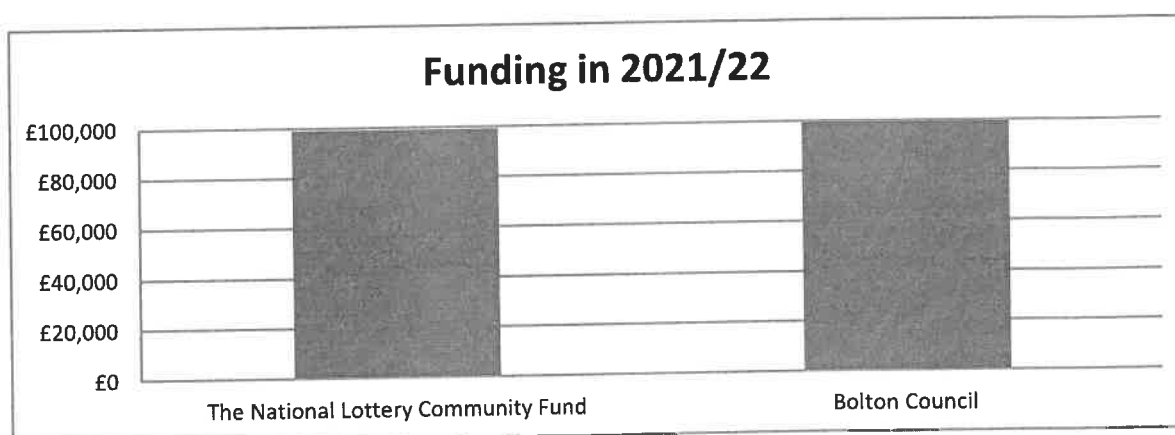
The 2021-2022 financial year saw continuing funding from Bolton Council and The National Lottery Community Fund.

Principal funding sources

The principal funding sources have been provided by:

- Bolton Council (Adult Services) which funds the 24 hour helpline and information service and Telephone Befriending service.
- The National Lottery Community Fund which funds the Connected and Informed project.

The trustees wish to thank all our funders for their support.



- The National Lottery Community Fund
- Bolton Council

£99,051
£99,294

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2022

7 STATEMENT OF TRUSTEES RESPONSIBILITIES

Compliance with Accounting Standards

The trustees (who are also the directors for the purpose of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees must prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees confirm that so far as they are aware, there is no information relevant to these financial statements of which the charitable company's independent examiner is unaware. They have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant information and to establish that the charitable company's independent examiner is aware of that information.

Internal controls and risk management

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls, including financial controls. The charity's systems of internal controls are designed to provide reasonable assurance against material financial misstatement or loss to the charity.

Trustees examined the major strategic, business and operational risks which the charity faces and a formal risk management process is in operation across the charity, with a risk management policy and disaster recovery plan in place, and reviewed and updated annually. Potential risks are assessed as to their likelihood and impact and the consequent actions necessary taken to manage those risks. Other management processes in place include:-

- regular review of financial management reports comparing income and expenditure with agreed budgets and year-end forecasts;
- ongoing review of a reserves policy that takes account of the risks of streams of income and expenditure; and
- regular review of insurance cover to take account of potential risks (such as business continuity).

The trustees are satisfied that appropriate actions are being taken to manage risk and that the charity's internal controls comply with the guidelines issued by the Charity Commission.

Liabilities

In the event of the company winding-up, members and those who have ceased to be a member within one year of such an event have guaranteed the liabilities of the company to the sum not exceeding one pound each.

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2022

7 STATEMENT OF TRUSTEES RESPONSIBILITIES (continued)

Investment policy and objectives

The trustees invest surplus funds in high rate deposit accounts until required for the charity's use.

Reserves policy

The charity's policy is to invest its funds in the ongoing expansion of the work and reach of the charity but to retain sufficient levels of unrestricted reserves to enable us to continue our core strategic activities, in order to allow trustees to meet their day-to-day responsibilities and to ensure that it continues to operate on a sound basis. The trustees consider the financial position to be satisfactory and funds held are sufficient for:

- the purchase or replacement of equipment and furniture;
- service development to allow for the setting up of new projects and extending existing projects;
- contingency resources to allow the charity to be wound up in an orderly fashion in the event that it ceases to operate.

Going Concern

The trustees believe that there are no material uncertainties that call into doubt the charity's ability to continue its activities. The accounts have therefore been prepared on the basis that the charity is a going concern.

The trustees report was approved by the Management Committee and signed on its behalf by:



DAVID RUANE
Chair of Bolton Carers Support

Date 16/11/22

BOLTON CARERS SUPPORT

Independent Examiner's Report to the Trustees of Bolton Carers Support As at 31 March 2022

I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Bolton Carers Support ('the charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

Responsibilities and basis of report

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act;
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Use of my report

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.



Michael Garrett FCA
Kay Johnson Gee Limited
1 City Road East
Manchester
M15 4PN

Date 16 November 2022

BOLTON CARERS SUPPORT

Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 March 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
INCOME					
Income from donations and legacies					
Core income		32,595	-	32,595	17,351
Investment Income	3	198	-	198	221
Income from charitable activities					
	4				
- NHS Bolton CCG		-	-	-	3,803
- Bolton Council		-	99,294	99,294	105,128
- The National Lottery Community Fund		-	99,051	99,051	121,030
- E Wright		10,000	20,000	30,000	5,563
- Bolton CVS		-	15,393	15,393	10,559
- Other charitable activities		3,776	-	3,776	21,431
Total income		46,569	233,738	280,307	285,086
EXPENDITURE					
Expenditure on charitable activities					
- NHS Bolton CCG		-	-	-	3,803
- Bolton Council		-	99,294	99,294	105,128
- The National Lottery Community Fund		-	99,051	99,051	121,030
- E Wright		-	20,000	20,000	5,563
- Bolton CVS		-	15,393	15,393	10,559
- Other charitable activities		-	-	-	21,431
- Governance costs	5	4,161	-	4,161	3,521
- Other resources expended		39,726	-	39,726	3,907
Total expenditure		43,887	233,738	277,625	274,942
Net income (expenditure)	6	2,682	-	2,682	10,144
Funds at 1 April 2021		78,812	-	78,812	68,668
Funds at 31 March 2022		81,494	-	81,494	78,812

BOLTON CARERS SUPPORT

Balance Sheet

As at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	10	436	422
Current assets			
Debtors	11	188	108,471
Cash at bank and in hand		318,002	162,663
		318,190	271,134
Creditors : amounts falling due within one year	12	(237,132)	(192,744)
Net current assets		81,058	78,390
Net assets		81,494	78,812
Funds			
Restricted funds	15	-	-
Unrestricted funds	15	81,494	78,812
Total funds		81,494	78,812

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 the Companies Act 2006 (the Act) and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act. The directors acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2022 and of its net income for the year then ended in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements so far as applicable to the company.

These accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

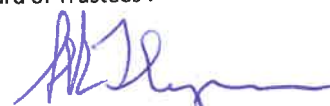
The financial statements on pages 20 to 27 were approved by the Board of Trustees :



David Ruane
Trustee

Date

16/11/22



Simon Thompson
Trustee

Date

16/11/2022

BOLTON CARERS SUPPORT

Statement of Cash Flows

For the year ended 31 March 2022

	2022 £	2021 £
Net cash flow from operating activities	155,577	22,721
Cash flow from investing activities		
Purchase of tangible fixed assets	(239)	-
Net cash flow from investing activities	(239)	-
Change in cash and cash equivalents in the year	155,339	22,721
Cash and cash equivalents brought forward	162,663	139,942
Cash and cash equivalents carried forward	318,002	162,663
Cash and cash equivalents consists of:		
Cash at bank and in hand	318,002	162,663
Net cash flow from operating activities		
Net income (expenditure)	2,682	10,144
Depreciation	224	375
(Increase) decrease in debtors	108,283	(102,130)
(Decrease) Increase in creditors	44,388	114,332
	155,577	22,721

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2022

1 General information

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 3965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

2 Accounting policies

Basis of preparation of financial statements

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income from donations is included in the accounts for the period in which payment was received.

Investment income comprises of interest, and is accounted for on a receivable basis.

Grants and contract income receivable is credited to the SOFA in the period in which the charity becomes entitled to receive the grant. Grants which are for a specific future period are deferred to that period.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure is recognised when it is incurred and is reported gross of related income on the following basis:

- Costs of generating funds comprise costs associated with attracting voluntary income and the costs of other income generated.
- Charitable expenditure comprises direct expenditure including direct staff costs attributable to its activities. Where costs cannot be directly attributable, they have been allocated to activities on a basis consistent with the use of resources as described below.
- Governance costs, including those incurred in the governance of its assets and are directly associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation on fixed assets is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Fixture and Fittings	15% straight line
Computer Equipment	25% straight line

At each balance sheet date, the company reviews the carrying amounts of its fixed assets to determine whether there is any indication that any items of tangible fixed assets have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2022

Fund balances

Unrestricted funds are incoming resources receivable or generated for the objects of the charity, without restriction, and are available as general funds to be applied as the charity sees fit.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company contributes to Stakeholder pension schemes chosen by individual employees. Contributions payable to the stakeholders pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

Bolton Carers Support is a registered charity and has no liabilities to taxation. It is able to recover taxation on Gift Aid and Investment Income.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

3 Investment Income	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Deposit account interest	198	-	198	221

4 Income from charitable activities	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	2022	2022	2022	2021
	£	£	£	£
NHS Bolton CCG	-	-	-	3,803
Bolton Council	-	99,294	99,294	105,128
The National Lottery Community Fund	-	99,051	99,051	121,030
E Wright	10,000	20,000	30,000	5,563
Bolton CVS	-	15,393	15,393	10,559
Garfield Weston	-	-	-	4,225
E D Befriending Service	-	-	-	2,396
European Social Fund	-	-	-	14,699
February Fund	-	-	-	111
Other charitable activities	3,776	-	3,776	-
	13,776	233,738	247,514	267,514

BOLTON CARERS SUPPORT

Notes to the Financial Statements
For the year ended 31 March 2022

5	Governance costs		2022	2021	
			£	£	
		Unrestricted Expenditure			
		Accountancy and independent examination fees	3,930	3,265	
		Trustee expenses	231	256	
			4,161	3,521	
6	Net income (expenditure)		2022	2021	
			£	£	
		Net incoming resources are stated after charging:			
		Independent examiner's fees	3,930	3,265	
		Depreciation of tangible fixed assets	224	376	
7	Taxation				
		The charitable company is exempt from corporation tax on its charitable activities.			
8	Staff costs				
		No employee received remuneration in excess of £60,000.			
9	Trustee remuneration and expenses				
		None of the trustees received any remuneration during either of the two years. Expenses reimbursed to trustees amounting to £231 (2021: £256) were paid during the year.			
10	Tangible fixed assets		Fixtures & fittings	Computer equipment	Total
			£	£	£
		Cost or valuation			
		At 1 April 2021	26,528	16,355	42,883
		Additions	239	-	239
		At 31 March 2022	26,767	16,355	43,122
		Depreciation			
		At 1 April 2021	26,357	16,105	42,462
		Charge for the year	100	124	224
		At 31 March 2022	26,457	16,229	42,686
		Net book value			
		At 31 March 2022	310	126	436
		At 31 March 2021	171	251	422

BOLTON CARERS SUPPORT

Notes to the Financial Statements
For the year ended 31 March 2022

	2022 £	2021 £
11 Debtors		
Trade Debtors	188	108,471
	188	108,471

	2022 £	2021 £
12 Creditors : amounts falling due within one year		
Trade Creditors	104	1,869
Accruals	11,586	8,000
Deferred income (note 13)	225,442	182,875
	237,132	192,744

	Balance at 1 April 2021 £	Utilised £	Unutilised £	Balance at 31 March 2022 £
13 Movement in deferred income				
Funds				
NHS Bolton CCG	100,000	-	-	100,000
Bolton Council	10,301	(10,301)	29,276	29,276
The National Lottery Community	8,583	(8,583)	24,899	24,899
E Wright	7,769	(7,769)	47,769	47,769
Covid Emergency Fund - Core Salary	54,000	(54,000)	-	-
CVS - Leadership Monies	-	-	8,500	8,500
CVS - Bolton's Fund Resilience Grant	815	(815)	-	-
CVS - Bolton's Fund Digital Inclusion	1,333	(1,333)	-	-
CVS - The Haulgh Big Local Fund	74	(74)	-	-
CVS Community Outreach BAMER	-	-	13,829	13,829
CVS Connecting People	-	-	1,170	1,170
	182,875	(82,875)	125,442	225,442

14 Pension commitments

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £13,086 (2021 - £13,980).

BOLTON CARERS SUPPORT

Notes to the Financial Statements
For the year ended 31 March 2022

15 Movement in funds		Balance at 1 April 2021 £	Income £	Expenses £	Transfers £	Balance at 31 March 2022 £
	Note					
Restricted funds:						
Bolton Council	i.	-	99,294	(99,294)	-	-
The National Lottery Community Fund	ii.	-	99,051	(99,051)	-	-
E Wright	iii.	-	20,000	(20,000)	-	-
Bolton CVS	iv.	-	15,393	(15,393)	-	-
		-	233,738	(233,738)	-	-
Unrestricted funds:						
General funds		78,812	46,569	(43,887)	-	81,494
Total funds		78,812	280,307	(277,625)	-	81,494

Notes on restricted funds

- Bolton Council (Adult Services) funds the Helpline and Information Service, and Time for You project.
- The National Lottery Community Fund have funded a new grant to continue the Carers Health and Well Being Project starting on 1st November 2019 and ending on 31st October 2022.
- Funding from Eric Wright Charitable Trust has been used to fund the Fundraising Development Officer Post.
- Bolton Community and Voluntary Service (CVS) have funded the Bolton Leadership Project, and additional Benefits Advice Officer hours.

16 Analysis of total funds

Analysis by type of asset and liability

Tangible fixed assets
Net current assets

General Funds £	Restricted Funds £	31 March 2022 £	31 March 2021 £
436	-	436	422
81,058	-	81,058	78,390
81,494	-	81,494	78,812

17 Employees and Directors

The average number of employees during the period was 10 (2021-2022: 10)