

Company Registration Number
Charity Registration Number

03965369
1082166

BOLTON CARERS SUPPORT

Trustees' Report and Financial Statements
For the year ended 31 March 2021



BOLTON CARERS SUPPORT

Trustees' Report and Financial Statements For the year ended 31 March 2021

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A carer is someone who supports a family member, a relative or a friend who cannot manage on his or her own because of illness, disability or old age.

There are 6.5 million carers in the UK and, according to the 2011 Census, there are 30,629 carers in Bolton. Of these, 7,935 carers provide 50 hours or more care each week.

The economic value of the contribution made by carers in the UK is now £132 billion per year, almost double its value in 2001 (£68 billion).

£132 billion is close to the total annual cost of health spending in the UK, which was £134.1 billion in the year 2014-15.

This means that the value of the contribution made by the UK's carers saves the public purse enormous sums every week, day and hour of the year :

- £2.5 billion per week
- £362 million per day
- £15.1 million per hour

Bolton Carers Support identifies hidden carers and provides information on local services, as well as offering a listening ear and emotional support, opportunities for a short break, courses on a range of topics, and benefits advice to help carers maximise their income.

Caring Behind Closed Doors (Carers UK, October 2020)

Throughout the COVID-19 pandemic, the majority of carers have had to provide more care. It has left many exhausted and close to burning out. They urgently need more support to help them through winter.

The COVID-19 pandemic has had a devastating effect on the lives of carers and those they are caring for. A majority have had to provide extraordinary hours of care for loved ones with increasing needs during the crisis, often without the usual help from family and friends, and with limited or no support from local services.

As a result, many people providing care have been left exhausted, socially isolated and close to burnout. Adding to these considerable pressures, carers have also taken a financial hit, and seen their health and wellbeing decline.

4 in 5 unpaid carers (81%) are currently providing more care than before lockdown.

More than three quarters (78%) of carers reported that the needs of the person they care for have increased recently.

Most carers (64%) have not been able to take any breaks at all in the last six months.

More than half (58%) of carers have seen their physical health impacted by caring through the pandemic, while 64% said their mental health has worsened.

Census 2021

Census 2021 was held on 21 March 2021 in England, Wales, and Northern Ireland. The Office for National Statistics (ONS) runs the census in England and Wales and is independent from the government.

All carers were encouraged to identify themselves on their census form. The census only happens every 10 years and it is used to inform decisions on services, such as healthcare, education, and transport, and it also provides a more accurate and up to date figure for the number of carers in the UK. National and local charities use the census to make the case for more services for carers.

Census 2021 contains a specific question (question 24 in England and Wales) on the provision of unpaid care:

"Do you look after, or give help or support to, anyone because they have long-term physical or mental health conditions or illnesses, or problems related to old age?"

We will soon be able to have access to Census results.

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Directors' Report for the purposes of section 417 of the Companies Act 2006 and Trustees' Report for the purposes of part 8 of the Charities Act 2011

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

1 REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name:	Bolton Carers Support		
Charity Registration:	1082166		
Company Registration:	03965369		
Registered Office:	Thicketford Centre Thicketford Road Tonge Moor Bolton Greater Manchester BL2 2LW		
Trustees:	Simon Thompson	Honorary Treasurer	
	Anne Oakes	Chair	
	Tim Hilton		Ended - 05/10/2021
	Anne Bain		Ended - 05/11/2020
	Abeda Hanslod		
	Enid Brooks		
	Sue Foster	Vice Chair	
	Harendra Purshotam Mistry		
	Frances Ayleen Benischke		
	Caroline Hilton		
	Sally Cooper		Ended - 26/05/2021
	Ian Cooper		Ended - 26/05/2021
	Elizabeth Pickles		
	Tracy Lee		Co-opted - 20/07/2021
	David Ruane		Co-opted - 26/05/2021
Company Secretary:	Georgette Kay		
Bankers:	Santander UK PLC Bridle Road Merseyside L30 4GB		
Independent Examiner:	Michael Garrett, FCA Kay Johnson Gee Limited 1 City Road East Manchester M15 4PN		

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Bolton Carers Support would like to extend their sincere thanks and good wishes to Sally and Ian Cooper, and Tim Hilton who had to step down from their positions as trustees. They continue to be supportive of Bolton Carers Support in any way they can.

In our last report we stated that Anne Bain and Anne Oakes had served their six-year term as trustees and were both due to step down in November 2020.

However, due to the pandemic, we reached agreement to extend Anne Oakes' term for a maximum of a further two years. Anne Oakes has been Chair of trustees since December 2018 and has decided to now step down from her position as Chair at the AGM in November 2021. Bolton Carers Support is extremely grateful to Anne for her time as both trustee and Chair and wishes to extend good wishes to Anne for the future. Anne would also like to continue to offer her support to Bolton

Abeda Hanslod also comes to the end of her six-year term as a trustee at our 2021 AGM. Bolton Carers Support wishes to thank Abeda for her support and for offering to continue as a volunteer

We also wish to welcome David Ruane and Tracy Lee who were recently co-opted as trustees.

2 MESSAGE FROM THE CHAIR

As I ended last year's message, COVID-19 was whipping up a storm. However, as always, the Bolton Carers Support team were already working to find solutions. The staff themselves moved to remote working from home and are still working between office and home. This involved providing everyone with the equipment they needed and updating our helpline to a remote Cloud based system. We are very proud to say that our 24/7 helpline continued with no disruption throughout.

Some of our carers were 'shielders' themselves or cared for people who had to shield. Some of our carers and staff had COVID-19, and have had to also cope with very difficult personal situations.

To combat as many areas as we could our service flexed as best we could to respond to the needs of our carers and support our partners. This involved dealing with many new issues, such as delivering PPE and any other essential items to the doors of our carers, helping to organise grocery deliveries, providing proof of an individual being a carer, and helping to identify carers eligible for the COVID-19 vaccine as a priority. Our team were always at the end of the phone, able to discuss the many concerns and anxieties our carers faced.

We started to communicate via Zoom and had quizzes, stories and home yoga, along with other activities, and found out just how versatile our staff are!

The entire team contributed and supported each other throughout, and I couldn't be prouder of them or more thankful to them.

Our Chief Officer was very active in working with other groups like ours all across the borough. The value of this work cannot be underestimated, nor can a price be put upon it. We value our partners and recognise the value in working together to support our carers with the often complex situations they have to deal with.

Our 'Time for You' project came into it's own as a telephone befriending service and the wider staff team regularly checked in and phoned those members we knew to be vulnerable or alone. Indeed, all phone contacts took on new significance due to the effects of lockdown.

We managed to complete the European Social Fund Volunteer Training project, but in a limited format. We had to say goodbye to Helen, the Volunteer and Training Officer, as the 12-month project came to an end.

Our Fundraising Development officer took advantage of many training courses during lockdown and was instrumental in identifying emergency funds.

Our funders continued their support and Bolton CVS supported us in accessing emergency response monies given to help with COVID-19 for which we were very grateful. We were also grateful to those funders who sent us extra funds to help us through all the changes that had to be made. We would have struggled without any of our donors and a huge thanks goes to each and everyone of them.

Bolton is currently developing its Integrated Care Partnership and our Chief Officer is a key Voluntary Sector Leader in these discussions.

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2 MESSAGE FROM THE CHAIR (continued)

Overall, I think we have shown our metal and made a lot of friends and supporters throughout this troubled period.

I have already extended my period of time as Chair and will have completed an extra year before this year's AGM at which point, I will be leaving the post. There is a new post COVID-19 dawn coming with new challenges and over the last three years I have faced enough challenges!

I have thoroughly enjoyed my time in the post, even the challenging bits. I do not intend to totally leave BCS and will continue to support as a volunteer.

I need to thank the health, social care and voluntary sector professionals who help us to raise awareness about carer needs and issues, and of course, carers themselves and volunteers who assist with a lot of our activities.

Every member of this team has fully earned my respect and I wish them all well on their journey.



Anne Oakes

Chair of Bolton Carers Support

Date

22/11/21

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3 STRUCTURE, GOVERNANCE AND MANAGEMENT

Registered charity and company limited and guarantee

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 3965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

Membership

Bolton Carers Support is a membership organisation. Full membership is available to carers, former carers and representatives of local groups who have registered with the charity. Associate membership is also available to carers' workers and local, regional and national voluntary and statutory organisations with an interest in carers' issues.

Carers are involved throughout the organisation as trustees and as volunteers. The knowledge and skills carers contribute ensures Bolton Carers Support is carer-led and delivers services carers need.

Governing body

Our governing body, the Board of Trustees (the 'Management Committee'), is responsible for the overall governance, policy and work of the charity, as outlined in our Memorandum and Articles of Association dated 5 April 2000. The Management Committee can have between 3 and 16 members and there is a requirement in the Memorandum and Articles of Association that "the company shall seek to ensure that at all times the majority of Management Committee members are carers".

The trustees are volunteers and do not receive any remuneration for their services but may claim reasonable expenses (such as travel costs) incurred through attending meetings and training sessions or through other duties.

The Management Committee usually meets formally every two months and is responsible for directing the affairs of the charity and ensuring that it is solvent, well run and delivers charitable outcomes for the benefit of carers.

Trustees' appointment, induction and training

Trustees bring a wealth of skills and insight based on their years of caring, and are passionate about improving services and support for carers in Bolton. The charity ensures that anyone interested in standing as a trustee is fully informed of what the role involves. Potential candidates meet with the Chair and Chief Officer before joining the Committee.

Following their appointment, new trustees are given a detailed 'Essential Guide for Trustees' and attend an induction session at the charity's offices. All trustees receive regular correspondence from the charity and are invited to training sessions (on topics such as: role responsibilities and expectations, equal opportunities, safeguarding, finances), planning for the future workshops, and charity events to help keep them up-to-date and engaged in its work.

Organisational structure and decision making

A Human Resources and a Finance Sub-Committee meets regularly to deal with matters relating to policies and procedures, personnel, premises and finance. The Sub-committees are attended by the honorary officers (the Chair, Vice Chair, Honorary Treasurer) and trustees with a particular interest in the remit of the Sub-committees. Minutes of meetings go to the Management Committee for approval.

Management

The Management Committee delegates operational planning and day-to-day management, including financial authority and staff management, to the Chief Officer. The performance of the Chief Officer is overseen by the Management Committee through reports and briefings presented by the Chief Officer, and through regular meetings with the Chair of the Management Committee.

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3 STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

The staff team

There are 10 staff members (2 full time and 8 part time):

Chief Officer and Company Secretary	Georgette Kay
Activities Co-ordinator	Peter Harmer
Fundraising Development Officer	Alison Caunce
Welfare Benefits Advisor	Elaine Holt
Carers Information and Advice Service Officer	Bev Strang
Carers Information and Advice Service Assistant	Angela Pagett
Carers Information and Advice Service Assistant	Melissa Taylor
Outreach Worker	Zoe Hill
Time for You Project Worker	Laurent Fernandez-Moreno
Volunteer Training Officer	Helen Saarma (ended March 2021)

* Finance Support is supplied by TACCOUNTS (NW) LTD

Public benefit

The trustees have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission and this is detailed in the Objectives and Activities section of the Trustees Annual Report.

4 OBJECTIVES AND ACTIVITIES

Constitution policies and objectives

Bolton Carers Support provides information, emotional support, training and short breaks to carers over the age of 18 who live in Bolton or who care for someone living in Bolton. A carer is someone who supports a family member, relative or friend who cannot manage on his or her own because of illness, disability or old age. They do not have to live with the person nor be the only one who does the caring.

The Memorandum and Articles of Association states that Bolton Carers Support's objects are:

"To pursue any charitable purpose for the benefit of carers, in particular but not exclusively, to educate the public about the issues affecting carers and the stresses experienced by them, to provide information, support and services to carers living in or caring for someone in the Metropolitan Borough of Bolton".

Bolton Carers Support has a 27-year track record of delivering high quality information and support to carers (having been in existence since 1994). Currently, 4,797 carers are being supported (as at 31 March 2021).

Our Vision

Bolton Carers Support wants all carers to feel valued and to receive the information, care and support they deserve.

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4 OBJECTIVES AND ACTIVITIES (continued)

Our 7 Aims

- 1 Carers will be informed, empowered and confident**
- 2 Carers will have improved health and well-being**
- 3 Carers will experience reduced social isolation**
- 4 Carers will be trained and supported to care**
- 5 Carers will be financially better off**
- 6 Carers will have regular time off from caring**
- 7 Bolton Carers Support is a strong and effective carers organisation**

Summary of our main activities

Carers Helpline	Carers can ring the helpline for information or emotional support, as well as for signposting information about aids and equipment, benefits, support groups, help at home, respite care, health services and other topics. The helpline is open 24 hours a day, 7 days a week, including bank holidays.
Carers Information and Advice Appointments	Information and advice appointments are held at the office so carers can talk face-to-face to a member of staff and discuss their caring situation in detail.
Carers Contact Newsletter	A free quarterly newsletter is sent to all carers registered with Bolton Carers Support, packed full of useful information on local services, forthcoming events and activities and carers' life stories.
Benefits Advice	Carers are helped to claim any benefits they may be entitled to, through telephone or in person appointments.
Short Breaks	A wide variety of group breaks (of a few hours duration - meals out, day trips, visits to places of interest) are arranged for carers to have some respite from their daily responsibilities.
Training	Carers' workshops, short courses and learning days are held with topics covering health, exercise, arts and crafts, IT, relaxation and mental well-being.
Carers Fact-Sheets	45 fact-sheets are available to download from the website, providing a clear overview of a topic and sources of help.
Support Groups	Carers support groups are held at different locations around the borough, offering opportunities for friendship and mutual support.
Awareness-raising	Our outreach work raises awareness about carers, identifies 'hidden carers', and promotes Bolton Carers Support's services.
Work with health and social care professionals	Bolton Carers Support works with partners on joint initiatives to help identify, support and refer carers. Carers' issues are highlighted within a range of local plans and strategies.
Time for You sitting service	A service which enables carers to have a break from their caring role. This service developed into a telephone befriending service due to COVID-19 restrictions, offering carer/crisis support and bereavement support.

Please see our website www.boltoncarers.org.uk for more information

Twitter @boltoncarers

Facebook @boltoncarers

BOLTON CARERS SUPPORT

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4 OBJECTIVES AND ACTIVITIES (continued)

During the pandemic

Bolton Carers Support has been an essential contact for unpaid carers and even more so throughout the pandemic. The nature of the calls/queries/concerns have been varied, but the complexity has increased. Calls to the helpline can be varied in length. Clearly a broader range of carer related issues were raised during the pandemic.

Key topics raised on the helpline and during befriending by carers during pandemic include:

- Communication & connection
- Mental Health
- Care home visits/concerns
- Bereavement support
- Shielding and Vulnerability
- Inability to contact other organisations for health/social care issues
- Loneliness
- Support with the caring role
- Understanding the rules/guidance and what they can and can't do
- Risks of paid carers continuing to provide care to cared for
- Emotional support - frustration & offloading
- Value of shared experience
- Accessing food - humanitarian hub
- Prescriptions
- Accessing PPE
- Vaccine queries and eligibility.

The 24-hour carers helpline ran throughout the pandemic with no interruption to service, which we have been complemented on by carers, as they have had trouble contacting other services.

Through the pandemic restrictions, activity involved and continues to involve:

- Carers 24-hour helpline - factual, signposting, listening ear
- Proactive phone calls to carers on a rolling programme
- Benefits advice and support
- Support in providing Carer ID proof
- PPE delivery
- Communication of key messages to carers through our channels - text, email, newsletter, phone, social media
- Quarterly newsletter with key information sent to all registered carers
- Ongoing registration of new carers to our database - with new carer information pack sent
- Digital inclusion and support, including loaning tablets with Wi-Fi, getting carers included and involved with Zoom
- Telephone befriending on a regular basis to carers
- Zoom sessions covering a range of supporting topics and opportunities to engage (e.g., mindfulness, fun quizzes, weekly coffee mornings)
- Doorstep visits and walking groups (1-1 and groups) linked to government guidance
- Skill and Confidence development
- Service being a point of contact for those confused in the system - connecting carers with health professionals - e.g., Dementia Lead at Hospital - and our service flagging up common themes to partners.

BOLTON CARERS SUPPORT

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5 ACHIEVEMENTS AND PERFORMANCE

Identifying carers

Carers come from all walks of life, all cultures and can be any age. Many feel they are doing what anyone else would in the same situation; looking after their partner, parent or child. They may not realise help is available. We identify hidden carers as this is the first step to getting support.

Unfortunately, our NHS Bolton Clinical Commissioning Group (CCG) funding for our Carers Health Linkworker role ended in May 2020. This has had a significant impact on the number of referrals we receive from GP practices.

During the year we identified 304 new carers through talks and presentations, information displays at events, social media, referrals from partner organisations, and noticeboards in GP surgeries. The total number of carers registered with Bolton Carers Support and receiving regular information at 31 March 2021 is 4,797.

Outreach Work to identify hidden carers in the community included:

- Zoom Groups
- Tonge Moor Carers Zoom Group. This started on June 1st 2020 and up until 31st March 2021, 40 sessions.
- Westhoughton Carers Zoom Group. This started on 15th June 2020, meet monthly, 9 sessions have been delivered. During the summer months of 2020 meetings were held in a local park.
- Reading for Wellbeing Zoom Group. This is a weekly Zoom which started on 20th October 2020, 21 sessions have been delivered.
- Carers Quiz Zoom Group. This is a weekly zoom which started on the 8th October 2020, 25 sessions have been delivered.
- Creative Wellbeing Zoom Group. This is a weekly zoom which started on 23rd March 2021, 2 sessions have been delivered.
- Green Space Meetings
- Walking Groups – when permitted - 12 sessions have been delivered at various locations across Bolton.
- Picnic in the Park - 4 sessions delivered during Summer 2020.
- Doorstep Visits - 13 sessions.
- Christmas hampers - delivered to 21 carers in conjunction with Tonge Moor Carers group.
- Creative wellbeing packs - delivered to 25 carers in the BL2 postcode.
- Befriending – maintained links with 7 carers who engage with activities but need extra support.

As part of our commitment to raise awareness about our work, we link into many local networks and meetings to ensure we keep up to date with local developments as well as sharing information about our service to encourage referrals from other groups and organisations. This has continued where possible.

Support and advice

Information, support and advice form the cornerstone of Bolton Carers Support services. Carers who contact the helpline receive information and advice and can often be referred or signposted onto other organisations for additional support.

Our Carers information and Advice Service, funded by Bolton Council, covers our helpline, website, information and advice appointments, factsheets, and newsletter. Our partnership with Careline provided by Bolton at Home, enables the helpline to be open 24 hours a day, 7 days a week and on bank holidays, ensuring that carers can access support and advice at a time when they most need it.

- 33,063 emails sent to carers
- 8,994 texts sent to carers
- 3,607 enquiries from carers were handled in the year as well as a significant number of enquiries from professionals/partners
- The Carers Contact newsletter was mailed/emailed out three times during this year, with an average of 4,655 issues sent out each time (we now only send electronic versions to professionals).
- There are a total of 45 carer factsheets in the series, with two reviewed during this period.

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

Time for you Sitting Service

Due to COVID-19, this service developed into a telephone befriending service for carers.

There have been 42 referrals to the befriending service. Befriending relationships have been started with 37 carers and, at 31st March 2021, there are 34 active relationships. The majority of carers require a fortnightly call which, on average, lasts for about 30 minutes.

Carers referred into the befriending service tend to be identified as having more on-going complex needs - mental health, bereavement and loss, lack of family support, loneliness self-identified, change to relationship. They have a need for friendship/communication/contact – people have felt lonely. They are communicated with as the person that they are. There is no emotional attachment so they can just be themselves – sharing their present, past and future. Carers are being supported with use of compassion-based therapy techniques and goal setting.

The support offered to the individual focuses on understanding their present situation, the support they have, the services involved and in guiding them to access support according to their present needs - carer support, carers assessment, assessment of needs, specialised dementia services etc.

Carers are given encouragement to talk about their likes, interests and activities - present and past and to continue and start to be active no matter their ability- for example, around the home, chair-based exercise (if able to connect), short & longer walks (bearing safety/risk in mind).

Health matters are discussed, and a conversation is held about their own well-being and the importance of looking after self. Risk and safeguarding are also monitored.

Volunteers

Our volunteers were unable to connect with us in the same way due to the pandemic restrictions, and vulnerability and shielding issues. Our volunteers who haven't been able to continue supporting the service in the usual way, have been encouraged to support other services through the COVID-19 crisis where possible.

'Helping You, Helping Me'

'Helping You, Helping Me' was a 12-month project funded by the European Social Fund, developing skills and opportunities for carers, starting January 2020, just before the first lockdown began. Colleges/training providers could no longer deliver their services face to face and opportunities to volunteer were lost. Carers began self-shielding to protect either themselves or the person they were caring for and/or were unable to commit themselves to the project as respite services were reduced. Home schooling meant parent carers were under increased pressure. As Bolton was placed in the highest tier of restrictions in the country, it became evident that delivering the project in its original form was impossible.

Taking time out from caring responsibilities through learning, gardening, DIY or craft activities offered much needed respite, particularly when respite services weren't available during lockdown. The original bid highlighted low self-esteem and lack of self-belief amongst carers which was exacerbated by carers feeling 'forgotten' during lockdown. Learning a new skill provided much needed confidence and self-belief – one carer said his confidence had 'gone through the roof' since starting the project. For another carer, being able to get online for the first time means she can now join Bolton Carers Support's activities.

Although the overall number of carers reached was small, the difference it made to them was huge and the qualitative data we captured demonstrated this.

Benefits Advice Service

Our Benefit Advice Service, funded by both the National Lottery and Bolton CVS, continued to offer carers practical help to claim benefits. Due to COVID-19, home visits and office appointments were replaced by telephone appointments only.

The total benefit gain during the year was £260,093.28. The benefits advice service provided:

- 154 new telephone appointments
- 72 repeat telephone appointments
- 71 additional cases dealt with 8 attendees at Zoom workshop for Parents Group at Firwood School

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

Activities for carers (short breaks, courses and special events)

Having a break is important for carers not just for their quality of life, but also to help them to maintain their ability to continue caring. Bolton Carers Support provides a varied programme of short breaks and courses for carers to have some respite from their responsibilities. The outbreak of COVID-19 and the subsequent lockdown had a significant impact on the delivery of short respite breaks for carers and the people they care for.

A number of planned events had to be cancelled, some at short notice, as we came to terms with the restrictions on movement and getting together.

In order to reduce the negative impact of the Covid constraints, we introduced workshops and classes which were delivered online via Zoom for carers to meet others and socialise, albeit on screen.

This brought its own challenges with many carers having the barrier of no internet access or limited knowledge of video conferencing etc.

To tackle these issues, we introduced a scheme to loan our tablet computers together with basic instructions, and back-up over the telephone learning and some home visits when restrictions allowed. This was, in many cases, very successful, but nonetheless challenging. This scheme is continuing as we try to upskill carers with knowledge and confidence in the use of information technology.

The following table outlines the respite breaks delivered over the 12-month period:

Events planned pre-Covid lockdown		Carers participating per session
Carer and Cared For Easter Lunch 2020	CANCELLED	N/A
Mystery Tour	CANCELLED	N/A
Yoga (3 sessions)	CANCELLED	N/A
Outdoor exercise (4 sessions)	CANCELLED	N/A
Workshops at Westhoughton / Kearsley / Halliwell & Thicketford		N/A
Aids & Equipment x 4	CANCELLED	N/A
Welfare Benefits x 4	CANCELLED	N/A
Planning for the Future x 4	CANCELLED	N/A
Workshops / classes via ZOOM		Carers participating per session
Coffee & Chat	Weekly (ongoing)	Up to 10*
Yoga & Relaxation	Weekly (20 sessions)	Up to 16*
Planning for the future	1 x session	8
Welfare benefits	1 x session	3
Aids & Equipment	1 x session	3
Mindfulness meditation	Carers Rights Day	11
Yoga	Carers Rights Day	8
Quiz	Carers Rights Day	15
Online crafts	2 x sessions	9
Gentle exercise	12 x sessions (Jan to March)	Up to 12*
Meditation	12 x sessions (Jan to March)	Up to 19*
Yoga & Relaxation	12 x sessions (Jan to March)	Up to 14*
Chair based exercise	3 x sessions	Up to 5*
* Indicates maximum number attending any one session as attendance fluctuated		
In addition to online sessions, there have been many hours spent with over the telephone assistance and instruction, and when restrictions allowed, home visits to allow carers to learn how to use and gain confidence in the use of IT equipment and access sessions via ZOOM etc.		

BOLTON CARERS SUPPORT

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5 ACHIEVEMENTS AND PERFORMANCE (continued)

Consulting with our carers

Throughout the year we have been proactively contacting our carers and listening to the need and support required through such extraordinary times. Learning from this period is currently being undertaken, with a second impact report being produced, following consultation with our carers and volunteers.

Funding

In an extremely challenging environment, this year has seen quite a shift change in the way in which funders have distributed grants and awards. We had disappointing news when one charitable trust with whom we have a very close relationship had to pause all of their grant making at the beginning of the pandemic. However, after a review of their work, they invited us to apply for further funding and we were awarded a grant in March 2021. The benefits of our partnerships with both Bolton Wanderers Charitable Trust and Marks and Spencer's Bolton Store unfortunately had to be deferred as a result of the pandemic but will, in due course and under the right circumstances, resume.

We were extremely grateful to receive emergency funding relating to the continuation and undisrupted service we were able to maintain throughout the year and this came from a range of sources including the National Lottery, DCMS, Neighbourly, CAF, Serco and Bolton's Fund.

Securing grants to allow us to purchase then loan out tablets with data, and provide training in the use of them to access the internet, was a major step forward in Bolton Carers Support contributing to reducing the digital divide, whereby some people were likely to miss out on the help and services that became especially available over the last year as people faced the stay at home and shielding guidance. During the year, we received our first donation as a result of your participation in our partnership lottery with Bolton Hospice.

We have some exciting work to look forward to. We are going to continue to try and diversify the sources of our funding, within COVID-19 guidance, and are also going to build on the trust our funders have shown in us to continue delivering what you, as carers, need.

Appreciation of volunteers

The contribution made by carers and former carers who are volunteers is enormous. Volunteers help staff members with: newsletter mail-outs; events for carers; and deliver workshops and craft activities. The staff and trustees wish to thank all our volunteers.

Feedback from carers



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Trustees' Report

For the year ended 31 March 2021

5 ACHIEVEMENTS AND PERFORMANCE (continued)



BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2021

5 ACHIEVEMENTS AND PERFORMANCE (continued)

'Thank you for keeping in touch and for all the hard work you are doing during these unprecedented times.'

'The online groups have been a lifeline during the lockdowns. I'm not sure how I would have coped without you being there for us.'

'I can't tell you how much it means to know that there's someone I can turn to for help. It was lovely talking to you and gives me peace of mind knowing that we've got someone on our side. Thank you for all your help.'

What a fantastic organisation, providing such a vital service for the many carers in Bolton. Caring can be such a difficult & trying role leaving many carers exhausted most of the time & also a sense of being on a daily often lonely treadmill"

'The additional income has given my Mum security, confidence and peace of mind. We have to say that as much care and support was given over the phone as when the original Home Visit was made and for that we are very grateful.'

"The joy is the satisfaction in learning new skills, putting it into practice and the end result'.

'I was completely unaware of what I was entitled too. The additional income means I can now concentrate on caring for my husband without any financial worries.'

'I contacted Bolton Carers Support for some help about Covid and vaccinations, benefits for my son and some information about social groups, as we hadn't been going out because of the pandemic. It's been good having the tablet and learning how to use it. We can keep in touch with our family and join in the groups. It has been good to meet other people.
Thank you everyone for your help'

"My life would have been much harder without you to talk to"

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2021

6 FINANCIAL REVIEW

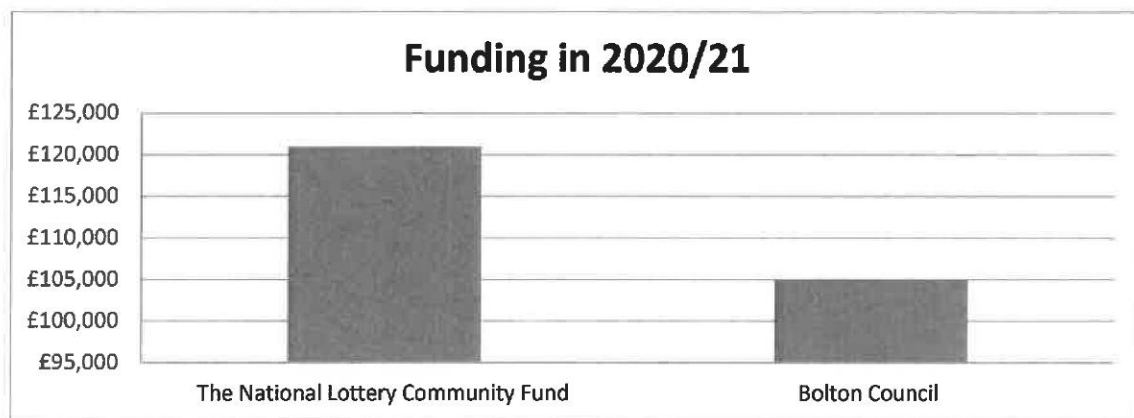
The 2020-2021 financial year saw continuing funding from Bolton Council and The National Lottery Community Fund.

Principal funding sources

The principal funding sources have been provided by:

- Bolton Council (Adult Services) which funds the 24 hour helpline and information service and Time for You Sitting
- The National Lottery Community Fund which funds the Connected and Informed project.

The trustees wish to thank all our funders for their support.



- | | |
|---------------------------------------|----------|
| • The National Lottery Community Fund | £121,030 |
| • Bolton Council | £105,128 |

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2021

7 STATEMENT OF TRUSTEES RESPONSIBILITIES

Compliance with Accounting Standards

The trustees (who are also the directors for the purpose of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees must prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees confirm that so far as they are aware, there is no information relevant to these financial statements of which the charitable company's independent examiner is unaware. They have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant information and to establish that the charitable company's independent examiner is aware of that information.

Internal controls and risk management

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls, including financial controls. The charity's systems of internal controls are designed to provide reasonable assurance against material financial misstatement or loss to the charity.

Trustees examined the major strategic, business and operational risks which the charity faces and a formal risk management process is in operation across the charity, with a risk management policy and disaster recovery plan in place, and reviewed and updated annually. Potential risks are assessed as to their likelihood and impact and the consequent actions necessary taken to manage those risks. Other management processes in place include:-

- regular review of financial management reports comparing income and expenditure with agreed budgets and year-end forecasts;
- ongoing review of a reserves policy that takes account of the risks of streams of income and expenditure; and
- regular review of insurance cover to take account of potential risks (such as business continuity).

The trustees are satisfied that appropriate actions are being taken to manage risk and that the charity's internal controls comply with the guidelines issued by the Charity Commission.

Liabilities

In the event of the company winding-up, members and those who have ceased to be a member within one year of such an event have guaranteed the liabilities of the company to the sum not exceeding one pound each.

BOLTON CARERS SUPPORT

Trustees' Report

For the year ended 31 March 2021

Investment policy and objectives

The trustees invest surplus funds in high rate deposit accounts until required for the charity's use.

Reserves policy

The charity's policy is to invest its funds in the ongoing expansion of the work and reach of the charity but to retain sufficient levels of unrestricted reserves to enable us to continue our core strategic activities, in order to allow trustees to meet their day-to-day responsibilities and to ensure that it continues to operate on a sound basis. The trustees consider the financial position to be satisfactory and funds held are sufficient for:

- the purchase or replacement of equipment and furniture;
- service development to allow for the setting up of new projects and extending existing projects;
- contingency resources to allow the charity to be wound up in an orderly fashion in the event that it ceases to operate.

Going Concern

The trustees believe that there are no material uncertainties that call into doubt the charity's ability to continue its activities. The accounts have therefore been prepared on the basis that the charity is a going concern.

Independent examiner

The trustees have reappointed Michael Garrett of Kay Johnson Gee Limited to undertake the Independent Examination.

The trustees report was approved by the Management Committee and signed on its behalf by:



Anne Oakes

Chair of Bolton Carers Support

Date

22/11/21

BOLTON CARERS SUPPORT

Independent Examiner's Report to the Trustees of Bolton Carers Support As at 31 March 2021

I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Bolton Carers Support ('the charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

Responsibilities and basis of report

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Use of my report

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.



Michael Garrett FCA
Kay Johnson Gee Limited
1 City Road East
Manchester
M15 4PN

Date 22 November 2021

BOLTON CARERS SUPPORT

Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 March 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
INCOME					
Income from donations and legacies					
Core income		17,351	-	17,351	24,629
Investment Income	3	221	-	221	420
Income from charitable activities					
	4				
- NHS Bolton CCG		-	3,803	3,803	26,198
- Bolton Council		-	105,128	105,128	91,410
- The National Lottery Community Fund		-	121,030	121,030	60,144
- Community Lottery 2020		-	-	-	32,455
- E Wright		-	5,563	5,563	20,000
- Bolton CVS		-	10,559	10,559	16,423
- Other charitable activities		-	21,431	21,431	15,549
Total income		17,572	267,514	285,086	287,228
EXPENDITURE					
Expenditure on charitable activities					
- NHS Bolton CCG		-	3,803	3,803	26,787
- Bolton Council		-	105,128	105,128	91,410
- The National Lottery Community Fund		-	121,030	121,030	68,744
- Community Lottery 2020		-	-	-	32,455
- E Wright		-	5,563	5,563	20,000
- Bolton CVS		-	10,559	10,559	16,423
- Other charitable activities		-	21,431	21,431	15,549
- Governance costs	5	3,521	-	3,521	3,037
- Other resources expended		3,907	-	3,907	21,946
Total expenditure		7,428	267,514	274,942	296,351
Net income (expenditure)	6	10,144	-	10,144	(9,123)
Funds at 1 April 2020		68,668	-	68,668	77,791
Funds at 31 March 2021		78,812	-	78,812	68,668

BOLTON CARERS SUPPORT

Balance Sheet
As at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	10	422	797
Current assets			
Debtors	11	108,471	6,341
Cash at bank and in hand		162,663	139,942
		271,134	146,283
Creditors : amounts falling due within one year	12	(192,744)	(78,412)
Net current assets		78,390	67,871
Net assets		78,812	68,668
Funds			
Restricted funds	15	-	-
Unrestricted funds	15	78,812	68,668
Total funds		78,812	68,668

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 the Companies Act 2006 (the Act) and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act. The directors acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its net income for the year then ended in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements so far as applicable to the company.

These accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The financial statements on pages 20 to 27 were approved by the Board of Trustees :

A Oakes
Anne Oakes
Trustee

Date 22/11/21

Simon Thompson
Trustee

Date 22/11/2021

BOLTON CARERS SUPPORT

Statement of Cash Flows For the year ended 31 March 2021

	2021 £	2020 £
Net cash flow from operating activities	22,721	(1,193)
Cash flow from investing activities		
Purchase of tangible fixed assets	-	(498)
Net cash flow from investing activities	-	(498)
Change in cash and cash equivalents in the year	22,721	(1,691)
Cash and cash equivalents brought forward	139,942	141,633
Cash and cash equivalents carried forward	162,663	139,942
Cash and cash equivalents consists of:		
Cash at bank and in hand	162,663	139,942
Net cash flow from operating activities		
Net income (expenditure)	10,144	(9,123)
Depreciation	375	513
(Increase) decrease in debtors	(102,130)	(3,907)
(Decrease) Increase in creditors	114,332	11,324
	22,721	(1,193)

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2021

1 General information

Bolton Carers Support is a company limited by guarantee without share capital and was registered under the Companies Act 1985 on 5 April 2000 with the registration number 3965369. Bolton Carers Support is also a registered charity, number 1082166, and was registered with the Charity Commission on 25 August 2000.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

2 Accounting policies

Basis of preparation of financial statements

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income from donations is included in the accounts for the period in which payment was received.

Investment income comprises of interest, and is accounted for on a receivable basis.

Grants and contract income receivable is credited to the SOFA in the period in which the charity becomes entitled to receive the grant. Grants which are for a specific future period are deferred to that period.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure is recognised when it is incurred and is reported gross of related income on the following basis:

- Costs of generating funds comprise costs associated with attracting voluntary income and the costs of other income generated.
- Charitable expenditure comprises direct expenditure including direct staff costs attributable to its activities. Where costs cannot be directly attributable, they have been allocated to activities on a basis consistent with the use of resources as described below.
- Governance costs, including those incurred in the governance of its assets and are directly associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation on fixed assets is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Fixture and Fittings	15% straight line
Computer Equipment	25% straight line

At each balance sheet date, the company reviews the carrying amounts of its fixed assets to determine whether there is any indication that any items of tangible fixed assets have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2021

Fund balances

Unrestricted funds are incoming resources receivable or generated for the objects of the charity, without restriction, and are available as general funds to be applied as the charity sees fit.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company contributes to a Stakeholder pension scheme. Contributions payable to the stakeholder pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

Bolton Carers Support is a registered charity and has no liabilities to taxation. It is able to recover taxation on Gift Aid and Investment Income.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

3 Investment Income	Unrestricted	Restricted	Total	Total
	2021	2021	2021	2020
	£	£	£	£
Deposit account interest	221	-	221	420

4 Income from charitable activities	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	2021	2021	2021	2020
	£	£	£	£
NHS Bolton CCG	-	3,803	3,803	26,198
Bolton Council	-	105,128	105,128	91,410
The National Lottery Community Fund	-	121,030	121,030	60,144
Community Lottery 2020	-	-	-	32,455
E Wright	-	5,563	5,563	20,000
Bolton CVS	-	10,559	10,559	16,423
Garfield Weston	-	4,225	4,225	1,607
E D Befriending Service	-	2,396	2,396	1,655
European Social Fund	-	14,699	14,699	4,998
February Fund	-	111	111	4,889
Sir James and Lady Scott	-	-	-	2,400
	-	267,514	267,514	262,179

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2021

5 Governance costs	2021	2020
	£	£
<i>Unrestricted Expenditure</i>		
Accountancy and independent examination fees	3,265	2,893
Trustee expenses	256	144
	3,521	3,037

6 Net income (expenditure)	2021	2020
	£	£
Net incoming resources are stated after charging:		
Independent examiner's fees	3,265	2,893
Depreciation of tangible fixed assets	376	513

7 Taxation

The charitable company is exempt from corporation tax on its charitable activities.

8 Staff costs

No employee received remuneration in excess of £60,000.

9 Trustee remuneration and expenses

None of the trustees received any remuneration during either of the two years. Expenses reimbursed to trustees amounting to £256 (2020: £144) were paid during the year.

10 Tangible fixed assets

	Fixtures & fittings	Computer equipment	Total
	£	£	£
Cost or valuation			
At 1 April 2020	26,528	16,355	42,883
At 31 March 2021	26,528	16,355	42,883
Depreciation			
At 1 April 2020	26,292	15,794	42,086
Charge for the year	65	311	375
At 31 March 2021	26,357	16,105	42,461
Net book value			
At 31 March 2021	171	250	422
At 31 March 2020	236	561	797

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2021

11 Debtors	2021	2020
	£	£
Trade Debtors	108,471	6,341
	108,471	6,341

12 Creditors : amounts falling due within one year	2021	2020
	£	£
Trade Creditors	1,869	347
Accruals	8,000	8,000
Deferred income (note 13)	182,875	70,065
	192,744	78,412

13 Movement in deferred income	Balance at 1 April 2020	Utilised	Unutilised	Balance at 31 March 2021
Funds	£	£	£	£
NHS Bolton CCG	3,803	(3,803)	100,000	100,000
Bolton Council	22,927	(22,927)	10,301	10,301
The National Lottery Community Fund	11,843	(11,843)	8,583	8,583
E Wright	13,332	(13,332)	7,769	7,769
Bolton CVS	1,938	(1,938)	-	-
Garfield Weston	4,225	(4,225)	-	-
E D Befriending Service	10,096	(10,096)	-	-
February Fund	111	(111)	-	-
National Lottery Community Fund - Connected and Informed Project - Core Salary	-	-	54,000	54,000
CVS Digital Innovation Fund	-	-	815	815
CVS Digital Inclusion Fund	-	-	1,333	1,333
CVS the Haulgh Big Local Fund	-	-	74	74
Core income	1,791	(1,791)	-	-
	70,065	(70,065)	182,875	182,875

14 Pension commitments

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £13,980 (2020 - £13,722).

BOLTON CARERS SUPPORT

Notes to the Financial Statements For the year ended 31 March 2021

15 Movement in funds		Balance at 1 April 2020	Income	Expenses	Transfers	Balance at 31 March 2021
	Note	£	£	£	£	£
Restricted funds:						
NHS Bolton CCG	i.	-	3,803	(3,803)	-	-
Bolton Council	ii.	-	105,128	(105,128)	-	-
The National Lottery Community Fund	iii.	-	121,030	(121,030)	-	-
E Wright	iv.	-	5,563	(5,563)	-	-
Bolton CVS	v.	-	10,559	(10,559)	-	-
Garfield Weston		-	4,225	(4,225)	-	-
E D Befriending Service		-	2,396	(2,396)	-	-
European Social Fund	vi.	-	14,699	(14,699)	-	-
February Fund		-	111	(111)	-	-
Sir James and Lady Scott		-	-	-	-	-
		-	267,514	(267,514)	-	-
Unrestricted funds:						
General funds		68,668	17,572	(7,428)	-	78,812
Total funds		68,668	285,086	(274,942)	-	78,812

Notes on restricted funds

- NHS Bolton Clinical Commissioning Group funded the Health Linkworker post.
- Bolton Council (Adult Services) funds the Helpline and Information Service, and Time for You project.
- The National Lottery Community Fund includes The National Lottery Community Fund Connected and Informed project, Government Coronavirus Community Support Fund, The National Lottery COVID-19 funding.
- Funding from Eric Wright Charitable Trust has been used to fund the Fundraising Development Officer Post.
- Bolton Community and Voluntary Service (CVS) have funded the Bolton Leadership Project, and additional Benefits Advice Officer hours.
- The European Social Fund has provided funding for a project to support the development of skills and opportunities for carers.

16 Analysis of total funds	General Funds	Restricted Funds	31 March 2021	31 March 2020
Analysis by type of asset and liability	£	£	£	£
Tangible fixed assets	422	-	422	797
Net current assets	78,390	-	78,390	67,871
	78,812	-	78,812	68,668

17 Employees and Directors

The average number of employees during the period was 10 (2020 - 9)