

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**  
**FOR**  
**PATHWAYS TO HEALTH**  
**(A COMPANY LIMITED BY GUARANTEE)**

F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

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**FOR THE YEAR ENDED 31 MARCH 2025**

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**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity's principal objective is that of providing and promoting accessible, affordable holistic health care treatments for any person living in East and West Sussex who:

- (i) has themselves or is affected by someone else's substance use
- (ii) is in recovery from drug and or alcohol use
- (iii) has mental and/or emotional health issues
- (iv) is living with and/or affected by HIV
- (v) has any other health issues as may be identified.

Pathways to Health has met the above objective by providing ear acupuncture treatments to the above listed client groups who do not usually have access to such services because of prohibitive costs and lack of information.

**Mission statement**

Pathways to Health works with people with drug and alcohol and mental health issues. We provide acupuncture as a therapeutic service that supports people at all stages of their recovery journey. Our service is open to everyone and enables individuals and their families to overcome addiction, sustain their recovery and make positive changes in their lives. Underpinning our work is our belief in building and creating positive, sustainable and supportive recovery communities. We are a community health resource for all those living in Brighton, Hove, East and West Sussex.

Central to our service is our Volunteer Programme. We offer practical, supportive work experience and training opportunities for individuals to work as part of the staff team. Volunteers are an integral part of this project and make up the majority of the staff team. We positively encourage service users to get involved in all aspects of the organisation and they make up one third of our team, holding Trustee, practitioner and clinic volunteer positions. Around 25 volunteers work with us every year - half of whom have no paid employment, and one third are young people. Volunteering can enable individuals to make positive life changes and 'move on' into paid work, other volunteering roles or further education and training.

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in the planning of future activities.

The objects of the charity are specifically for the public benefit, to advance the education about the benefits of complementary therapies for drug and alcohol detoxification, for mental health and emotional problems, for Hepatitis C and HIV/AIDS and any other related health problems by undertaking research, providing training, organising outreach activities, holding seminars and conferences and liaising with voluntary and statutory bodies.

**Volunteers**

This year a team of 22 individuals worked with Pathways to health this year in the clinics and in the office.

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Pathways to health runs a community auricular (ear) acupuncture service that is open to all and specialises in treating people with and/or affected by substance use and mental health issues.

This year we have been working in partnership with Oasis and CGL (Change Grow Live)

This year 3,000 treatments have been given with 614 people attending one of our four weekly clinics based at:

Tuesdays: 10.30am - 12.30pm at Unitarian Church

Tuesdays: 1 - 2pm at Oasis (for Women with Drug and Alcohol issues registered with CGL)

Thursdays: 11am - 1pm at Richmond House, CGL Adult Drug and Alcohol Services

Fridays: 4pm - 7pm at Cornerstone Community Centre

**FINANCIAL REVIEW**

**Financial position**

The charity achieved a surplus for the year of £7,024 (2024 : deficit £243) and this has been added to the reserves brought forward of £36,595 to leave reserves of £43,619 to be carried forward.

**Investment policy and objectives**

The Trustees may invest the funds of the company not immediately required for its purposes in or upon such investments, securities or property as they think fit, and from time to time to transpose, vary and realise such investments subject to such conditions and such consensus as may be required by law and subject also to the provisions of the Memorandum of Association.

**Reserves policy**

The Reserves Policy as agreed by Board of Trustees is to hold approximately 3 months expenditure as reserve which currently equates to £18,500. In addition a Designated Reserve of £23,061 is kept to cover redundancy costs accrued by the charity to date.

**Asset Cover for Funds**

The Trustees consider that the assets of the charity are sufficient to meet the charity's objectives on a fund by fund basis.

**FUTURE PLANS**

Due to a significant reduction in funding for the year ahead (2025-26) - primarily the loss of statutory funding from Brighton and Hove City Council, CGL and Oasis, the Trustees have implemented a restructure of the organisation 'core costs' in order to ensure the project is financially viable and 'service delivery' is preserved. The post of Project Co-ordinator will be discontinued and a new post of Project Administrator will be created. In the first quarter (April - June) there will be a reduction in service - running two weekly clinics - with the aim of restoring this to four clinics once sufficient funding is secured during the year.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Pathways to Health was incorporated as a company limited by guarantee (registered number 3710277) on 9 February 1999. The governing document is the Memorandum and Articles of the Association dated 4 August 2000.

**Induction and training of trustees**

Trustees fill in an application form which asks for all their personal details, professional experience and to supply the names of two referees from whom written references are sought. Potential new Trustees are invited for an informal visit to the project and then a formal interview with the Project Co-ordinator and the Chair of the Board of Trustees. Training in aspects of the role as Trustee is offered through courses run by the CVSF (Community Voluntary Sector Forum) which new Trustees attend as required.



**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The Trustees (Directors for Companies Act purposes) are listed in this report.

The number of Trustees shall be not less than 3 but (unless otherwise determined by ordinary resolution) shall not be subject to any maximum. Appointments are made by election at the AGM of the company in accordance with the Memorandum & Articles of Association of the company. Trustees fill in an application form which asks for all their personal details, professional experience and to supply the names of two referees from whom written references are sought. Potential new Trustees are invited for an informal visit to the project and then a formal interview with the Project Co-ordinator and the Chair of the Board of Trustees. Training in aspects of the role as Trustee is offered through courses run by the CVSF (Community Voluntary Sector Forum) which new Trustees attend as required

**Trustees**

The Trustees (Directors for Companies Act purposes) are listed in this report.

The number of Trustees shall be not less than 3 but (unless otherwise determined by ordinary resolution) shall not be subject to any maximum. Appointments are made by election at the AGM of the company in accordance with the Memorandum & Articles of Association of the company.

**Related parties**

There are no related parties.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

03710277 (England and Wales)

**Registered Charity number**

1082154

**Registered office**

Community Base  
113 Quenns Road  
Brighton  
East Sussex  
BN1 3XG

**Trustees**

M C Quinnell  
Ms J Marks  
K Iordache  
D T McNamara

**Independent Examiner**

Christopher Robert Tyler FCA DChA FCIE  
F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Solicitors**

Griffith Smith Farrington Webb  
47 Old Steine  
Brighton  
BN1 1NW

**Bankers**

CafCash Ltd  
PO Box 289  
West Malling  
Kent  
ME19 4TA

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Pathways to Health for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/4/25 and signed on its behalf by:

J Marks  
Ms J Marks - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
PATHWAYS TO HEALTH**

**Independent examiner's report to the trustees of Pathways to Health ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE

F1 CRT Limited  
Flat 24 Wellingtonia Court  
Laine Close  
Brighton  
East Sussex  
BN1 6TD

Date: 24 May 2025

**PATHWAYS TO HEALTH**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

		Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
	Notes				
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	6,433	-	6,433	8,544
<b>Charitable activities</b>					
Holistic health care	5	17,870	52,192	70,062	63,838
Other trading activities	3	567	-	567	539
Investment income	4	1,267	-	1,267	939
<b>Total</b>		<u>26,137</u>	<u>52,192</u>	<u>78,329</u>	<u>73,860</u>
<b>EXPENDITURE ON</b>					
Raising funds	6	460	-	460	444
<b>Charitable activities</b>					
Holistic health care	7	17,200	52,192	69,392	72,491
Support costs		1,453	-	1,453	1,168
<b>Total</b>		<u>19,113</u>	<u>52,192</u>	<u>71,305</u>	<u>74,103</u>
<b>NET INCOME/(EXPENDITURE)</b>		7,024	-	7,024	(243)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		36,595	-	36,595	36,838
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>43,619</u></u>	<u><u>-</u></u>	<u><u>43,619</u></u>	<u><u>36,595</u></u>

The notes form part of these financial statements



BALANCE SHEET  
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	14	209	-	209	760
Cash at bank and in hand		46,235	-	46,235	47,996
		46,444	-	46,444	48,756
<b>CREDITORS</b>					
Amounts falling due within one year	15	(2,825)	-	(2,825)	(12,161)
<b>NET CURRENT ASSETS</b>		43,619	-	43,619	36,595
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		43,619	-	43,619	36,595
<b>NET ASSETS</b>		43,619	-	43,619	36,595
<b>FUNDS</b>	16				
Unrestricted funds				43,619	36,595
<b>TOTAL FUNDS</b>				43,619	36,595

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....30.4.25..... and were signed on its behalf by:

J Marks  
J Marks - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants receivable are credited to income in the period to which they relate, except where the donor imposes restrictions on the timing of expenditure in which case the grant is treated as deferred. Grants relating to later periods are treated as deferred income.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Other income, including investment income and course income, is recorded on an accruals basis.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure has been classified under headings that aggregate all costs related to the category :

- a). Costs of generating funds are those costs incurred in attracting voluntary income and fees.
- b). Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- c). Support costs include mainly governance costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**Tangible fixed assets**

Depreciation is calculated to write off the cost less estimated residual value of fixed assets on a straight line basis over their useful economic lives as follows :

Office equipment - 3 years.

Furniture - 4 years.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	2,946	4,498
Grants	-	500
HMRC online filing incentive	3,487	3,546
	<u>6,433</u>	<u>8,544</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Magic Little Grants	-	500
	<u>-</u>	<u>500</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Room hire	567	539
	<u>567</u>	<u>539</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	1,267	939
	<u>1,267</u>	<u>939</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

5. INCOME FROM CHARITABLE ACTIVITIES

		2025	2024
	Activity	£	£
Client contributions	Holistic health care	12,973	13,551
Service contracts	Holistic health care	4,897	5,720
Grants	Holistic health care	52,192	44,567
		<u>70,062</u>	<u>63,838</u>

The following grants were received in the year and are being carried forward to the year ended 31 March 2026 as deferred income :

	2025	2024
	£	£
The Southall Trust	1,500	1,500
Brighton District Nursing Association Trust	-	2,500
Oasis Project	-	2,398
The Chalk Cliff Trust	-	2,000
Awards for All	-	1,667
Trusthouse Charitable Foundation	-	798

Grants received, included in the above, are as follows:

	2025	2024
	£	£
The Albert Hunt Trust	3,000	2,000
Awards for All	1,666	8,328
Brighton and Hove City Council	12,000	-
Brighton District Nursing Association Trust	6,000	2,500
CGL (Change Grow Live)	10,000	10,000
The Chalk Cliff Trust	2,000	5,000
The Ernest Kleinwort Charitable Trust	5,000	4,000
The Lawson Trust	-	1,747
The Rainbow Foundation	2,728	-
The Schreier Foundation	-	2,500
The Southall Trust	3,000	1,500
Sussex Community Foundation	-	3,000
Trusthouse Charitable Foundation	798	3,992
Westoute Fund	6,000	-
	<u>52,192</u>	<u>44,567</u>



NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

6. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Advertising and fundraising	460	444

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Holistic health care	69,392	-	69,392
Support costs	-	1,453	1,453
	69,392	1,453	70,845

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2025	2024
	£	£
Acupuncture	21,366	25,622
Needles	1,052	1,645
Supervision and training	100	551
Refreshments	366	507
Clinical supplies	180	187
Travel	1,119	1,220
Insurance	410	390
Development Co-ordinator	35,414	32,542
Printing, postage and Stationery	416	342
Rent and rates	5,669	6,387
Telephone	72	144
Bank charges	74	61
IT costs	710	303
Finance officer	1,140	1,300
Pension contributions	1,304	1,290
	69,392	72,491

9. SUPPORT COSTS

	Governance costs £
Support costs	1,453

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

9. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	2025 Support costs £	2024 Total activities £
Independent examination	744	738
Subscriptions and filing fee	709	430
	<u>1,453</u>	<u>1,168</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

11. STAFF COSTS

Staff costs during the year were as follows:

	2025 £	2024 £
Salaries and wages	43,463	43,885
Employer's national insurance	3,487	3,546
Pension costs	1,304	1,282

The average monthly headcount was 2 (2024 : 2).

The charity consider its key management personnel to be the trustees and the project co-ordinator. Total employment benefits to its key management personnel was £32,449 (2024 £31,395).

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	8,544	-	8,544
<b>Charitable activities</b>			
Holistic health care	19,271	44,567	63,838
Other trading activities	539	-	539
Investment income	939	-	939
<b>Total</b>	<u>29,293</u>	<u>44,567</u>	<u>73,860</u>
<b>EXPENDITURE ON</b>			
Raising funds	444	-	444

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Charitable activities			
Holistic health care	27,924	44,567	72,491
Support costs	1,168	-	1,168
Total	29,536	44,567	74,103
NET INCOME/(EXPENDITURE)	(243)	-	(243)
RECONCILIATION OF FUNDS			
Total funds brought forward	36,838	-	36,838
TOTAL FUNDS CARRIED FORWARD	36,595	-	36,595

13. TANGIBLE FIXED ASSETS

	Office Equipment £	Fixtures and fittings £	Totals £
COST			
At 1 April 2024 and 31 March 2025	3,362	890	4,252
DEPRECIATION			
At 1 April 2024 and 31 March 2025	3,362	890	4,252
NET BOOK VALUE			
At 31 March 2025	-	-	-
At 31 March 2024	-	-	-

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Prepayments	209	245
Accrued income	-	515
	209	760

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Accrued expenses	1,325	1,298
Funding in advance	1,500	10,863
	<u>2,825</u>	<u>12,161</u>

16. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
<b>Unrestricted funds</b>			
General fund	13,534	7,024	20,558
Designated Redundancy Fund	23,061	-	23,061
	<u>36,595</u>	<u>7,024</u>	<u>43,619</u>
<b>TOTAL FUNDS</b>	<u>36,595</u>	<u>7,024</u>	<u>43,619</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	26,137	(19,113)	7,024
<b>Restricted funds</b>			
The Albert Hunt Trust	3,001	(3,001)	-
Awards for All	1,666	(1,666)	-
Brighton and Hove City Council	12,000	(12,000)	-
Brighton District Nursing Association Trust	6,000	(6,000)	-
CGL (Change Grow Live)	9,999	(9,999)	-
The Chalk Cliff Trust	2,000	(2,000)	-
The Ernest Kleinwort Charitable Trust	5,000	(5,000)	-
The Rainbow Foundation	2,728	(2,728)	-
The Southall Trust	3,000	(3,000)	-
Trusthouse Charitable Foundation	798	(798)	-
Westoute Fund	6,000	(6,000)	-
	<u>52,192</u>	<u>(52,192)</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>78,329</u>	<u>(71,305)</u>	<u>7,024</u>



NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	13,777	(243)	13,534
Designated Redundancy Fund	23,061	-	23,061
	<u>36,838</u>	<u>(243)</u>	<u>36,595</u>
<b>TOTAL FUNDS</b>	<u>36,838</u>	<u>(243)</u>	<u>36,595</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	29,293	(29,536)	(243)
<b>Restricted funds</b>			
The Albert Hunt Trust	2,000	(2,000)	-
Awards for All	8,328	(8,328)	-
Brighton District Nursing Association Trust	2,500	(2,500)	-
CGL (Change Grow Live)	10,000	(10,000)	-
The Chalk Cliff Trust	5,000	(5,000)	-
The Ernest Kleinwort Charitable Trust	4,000	(4,000)	-
The Lawson Trust	1,747	(1,747)	-
The Schreier Foundation	2,500	(2,500)	-
The Southall Trust	1,500	(1,500)	-
Sussex Community Foundation	3,000	(3,000)	-
Trusthouse Charitable Foundation	3,992	(3,992)	-
	<u>44,567</u>	<u>(44,567)</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>73,860</u>	<u>(74,103)</u>	<u>(243)</u>

The purpose of each restricted funding was as follows:

- 1).The Albert Hunt Trust - clinic based at The Unitarian clinic
- 2).Awards for All - The Ledward Centre clinic
- 3).Brighton and Hove City Council - clinic based at Richmond House and core costs
- 4).Brighton District Nursing Association Trust - clinic based at Cornerstone Community Centre
- 5).CGL (Change Grow Live) - clinic based at Richmond House
- 6).The Chalk Cliff Trust - clinic based at The Unitarian Church
- 7).The Ernest Kleinwort Charitable Trust - Project Co-ordinator post

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**16. MOVEMENT IN FUNDS - continued**

- 8).The Rainbow Foundation - The Ledward Centre clinic
- 9).The Southall Trust - clinic based at The Unitarian Church
- 10).Trusthouse Charitable Trust - clinic based at Oasis
- 11).Westoute Fund - Project Co-ordinator post

**17. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.