

REGISTERED COMPANY NUMBER: 03710277 (England and Wales)
REGISTERED CHARITY NUMBER: 1082154

CHARITY
COMMISSION

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
PATHWAYS TO HEALTH
(A COMPANY LIMITED BY GUARANTEE)

F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

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FOR THE YEAR ENDED 31 MARCH 2023

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's principal objective is that of providing and promoting accessible, affordable holistic health care treatments for any person living in East and West Sussex who:

- (i) has themselves or is affected by someone else's substance use
- (ii) is in recovery from drug and or alcohol use
- (iii) has mental and/or emotional health issues
- (iv) is living with and/or affected by HIV
- (v) has any other health issues as may be identified.

Pathways to Health has met the above objective by providing ear acupuncture treatments to the above listed client groups who do not usually have access to such services because of prohibitive costs and lack of information.

Mission statement

Pathways to Health works with people with drug and alcohol and mental health issues. We provide acupuncture as a therapeutic service that supports people at all stages of their recovery journey. Our service is open to everyone and enables individuals and their families to overcome addiction, sustain their recovery and make positive changes in their lives. Underpinning our work is our belief in building and creating positive, sustainable and supportive recovery communities. We are a community health resource for all those living in Brighton, Hove, East and West Sussex.

Central to our service is our Volunteer Programme. We offer practical, supportive work experience and training opportunities for individuals to work as part of the staff team. Volunteers are an integral part of this project and make up the majority of the staff team. We positively encourage service users to get involved in all aspects of the organisation and they make up one third of our team, holding Trustee, practitioner and clinic volunteer positions. Around 25 volunteers work with us every year - half of whom have no paid employment, and one third are young people. Volunteering can enable individuals to make positive life changes and 'move on' into paid work, other volunteering roles or further education and training.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in the planning of future activities.

The objects of the charity are specifically for the public benefit, to advance the education about the benefits of complementary therapies for drug and alcohol detoxification, for mental health and emotional problems, for Hepatitis C and HIV/AIDS and any other related health problems by undertaking research, providing training, organising outreach activities, holding seminars and conferences and liaising with voluntary and statutory bodies.

Volunteers

This year a team of 22 individuals worked with Pathways to health this year in the clinics and in the office.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Pathways to health runs a community auricular (ear) acupuncture service that is open to all and specialises in treating people with and/or affected by substance use and mental health issues.

This year we have been working in partnership with Cascade, Oasis, CGL and TransSober to extend our reach for people in recovery in all communities.

This year 2,750 treatments have been given with 670 people attending one of our clinics.

Weekly clinics run this year:

Tuesdays: 10.30am and 11.30am at Unitarian Church

Tuesdays: 1 - 2pm at Oasis (for Women with Drug and Alcohol issues registered with CGL)

Tuesdays: 6 - 7pm at The Queery (for trans and non-binary people) from January 2023

Wednesdays: 2pm to 4pm at Cascade Creative Recovery Service

Fridays: 4pm - 7pm at Cornerstone Community Centre

Tuesdays & Fridays: 2 groups for East Sussex Substance Use (ADDER) service users based in Hastings

FINANCIAL REVIEW

Financial position

The charity achieved a surplus for the year of £360 (2022 : deficit £1,513) and this has been added to the reserves brought forward of £36,478 to leave reserves of £36,838 to be carried forward.

Investment policy and objectives

The Trustees may invest the funds of the company not immediately required for its purposes in or upon such investments, securities or property as they think fit, and from time to time to transpose, vary and realise such investments subject to such conditions and such consensus as may be required by law and subject also to the provisions of the Memorandum of Association.

Reserves policy

The Reserves Policy as agreed by Board of Trustees is to hold approximately 3 months expenditure as reserve which currently equates to £17,500. In addition a Designated Reserve of £18,000 is kept to cover redundancy costs accrued by the charity to date.

Asset Cover for Funds

The Trustees consider that the assets of the charity are sufficient to meet the charity's objectives on a fund by fund basis.

FUTURE PLANS

During the year ahead we plan to continue running all current services and maintain partnerships working with statutory and community substance use and mental health services to ensure people have access to 'in-person' support groups in the coming year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Pathways to Health was incorporated as a company limited by guarantee (registered number 3710277) on 9 February 1999. The governing document is the Memorandum and Articles of the Association dated 4 August 2000.

Induction and training of trustees

Trustees fill in an application form which asks for all their personal details, professional experience and to supply the names of two referees from whom written references are sought. Potential new Trustees are invited for an informal visit to the project and then a formal interview with the Project Co-ordinator and the Chair of the Board of Trustees. Training in aspects of the role as Trustee is offered through courses run by the CVSF (Community Voluntary Sector Forum) which new Trustees attend as required.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Trustees (Directors for Companies Act purposes) are listed in this report.

The number of Trustees shall be not less than 3 but (unless otherwise determined by ordinary resolution) shall not be subject to any maximum. Appointments are made by election at the AGM of the company in accordance with the Memorandum & Articles of Association of the company. Trustees fill in an application form which asks for all their personal details, professional experience and to supply the names of two referees from whom written references are sought. Potential new Trustees are invited for an informal visit to the project and then a formal interview with the Project Co-ordinator and the Chair of the Board of Trustees. Training in aspects of the role as Trustee is offered through courses run by the CVSF (Community Voluntary Sector Forum) which new Trustees attend as required

Trustees

The Trustees (Directors for Companies Act purposes) are listed in this report.

The number of Trustees shall be not less than 3 but (unless otherwise determined by ordinary resolution) shall not be subject to any maximum. Appointments are made by election at the AGM of the company in accordance with the Memorandum & Articles of Association of the company.

Related parties

There are no related parties.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03710277 (England and Wales)

Registered Charity number

1082154

Registered office

Community Base
113 Quenns Road
Brighton
East Sussex
BN1 3XG

Trustees

M C Quinnell
Ms J Marks
K Iordache
D T McNamara
Ms A A G Munday (resigned 9.11.22)

Independent Examiner

Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Solicitors

Griffith Smith Farrington Webb
47 Old Steine
Brighton
BN1 1NW

Bankers

CafCash Ltd
PO Box 289
West Malling
Kent
ME19 4TA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Pathways to Health for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on20/6/23..... and signed on its behalf by:

.....J. Marks.....
Ms J Marks - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PATHWAYS TO HEALTH**

Independent examiner's report to the trustees of Pathways to Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

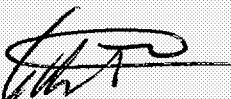
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE
Institute of Chartered Accountants in England and Wales
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

Date: 19th July 2023

PATHWAYS TO HEALTH

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	4,992	-	4,992	8,589
Charitable activities					
Holistic health care		32,379	30,887	63,266	49,018
Other trading activities	3	500	-	500	407
Investment income	4	79	-	79	-
Total		<u>37,950</u>	<u>30,887</u>	<u>68,837</u>	<u>58,014</u>
EXPENDITURE ON					
Raising funds	6	310	-	310	285
Charitable activities					
Holistic health care	7	35,860	30,887	66,747	58,546
Support costs		1,420	-	1,420	696
Total		<u>37,590</u>	<u>30,887</u>	<u>68,477</u>	<u>59,527</u>
NET INCOME/(EXPENDITURE)		360	-	360	(1,513)
RECONCILIATION OF FUNDS					
Total funds brought forward		36,478	-	36,478	37,991
TOTAL FUNDS CARRIED FORWARD		<u>36,838</u>	<u>-</u>	<u>36,838</u>	<u>36,478</u>

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	14	209	-	209	578
Cash at bank and in hand		46,949	-	46,949	45,397
		<u>47,158</u>	<u>-</u>	<u>47,158</u>	<u>45,975</u>
CREDITORS					
Amounts falling due within one year	15	(10,320)	-	(10,320)	(9,497)
		<u>36,838</u>	<u>-</u>	<u>36,838</u>	<u>36,478</u>
NET CURRENT ASSETS					
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>36,838</u>	<u>-</u>	<u>36,838</u>	<u>36,478</u>
NET ASSETS					
		<u><u>36,838</u></u>	<u><u>-</u></u>	<u><u>36,838</u></u>	<u><u>36,478</u></u>
FUNDS					
Unrestricted funds	16			36,838	36,478
TOTAL FUNDS					
				<u><u>36,838</u></u>	<u><u>36,478</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20.6.23 and were signed on its behalf by:

J. Marks
J Marks - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants receivable are credited to income in the period to which they relate, except where the donor imposes restrictions on the timing of expenditure in which case the grant is treated as deferred. Grants relating to later periods are treated as deferred income.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Other income, including investment income and course income, is recorded on an accruals basis.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure has been classified under headings that aggregate all costs related to the category :

- a). Costs of generating funds are those costs incurred in attracting voluntary income and fees.
- b). Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- c). Support costs include mainly governance costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is calculated to write off the cost less estimated residual value of fixed assets on a straight line basis over their useful economic lives as follows :

Office equipment - 3 years.

Furniture - 4 years.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	1,567	2,267
Grants	500	4,384
HMRC online filing incentive	2,925	1,938
	<u>4,992</u>	<u>8,589</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
HMRC JRS Grant	-	1,884
The Schreier Foundation	-	1,000
Arnold Clark Community Fund	-	1,000
Postcode Community Trust	-	500
Magic Little Grants	500	-
	<u>500</u>	<u>4,384</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Room hire	<u>500</u>	<u>407</u>

PATHWAYS TO HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

4. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	79	-

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Client contributions	Holistic health care	10,606	12,080
Courses	Holistic health care	21,773	5,030
Grants	Holistic health care	30,887	31,908
		<u>63,266</u>	<u>49,018</u>

The following grants were received in the year and are being carried forward to the year ended 31 March 2024 as deferred income :

	2023	2022
	£	£
Lawson Trust	1,747	-
Brighton District Nursing Association Trust (BDNAT)	-	1,659
Oasis Project	2,398	-
The Chalk Cliff Trust	5,000	5,000
Community Fundraising	-	738

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Awards for All	9,988	9,794
Brighton District Nursing Association Trust (BDNAT)	5,659	6,827
The Ernest Kleinwort Charitable Trust	3,000	5,000
The Henry Smith Charity	-	5,000
Lawson Trust	5,240	4,287
The Chalk Cliff Trust	5,000	-
The Albert Hunt Trust	2,000	1,000
	<u>30,887</u>	<u>31,908</u>

PATHWAYS TO HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

6. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Advertising and fundraising	310	285

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Holistic health care	66,747	-	66,747
Support costs	-	1,420	1,420
	<u>66,747</u>	<u>1,420</u>	<u>68,167</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023 £	2022 £
Acupuncture	26,792	22,252
Needles	1,000	1,366
Qi Gong	-	451
Supervision and training	54	33
Refreshments	207	503
Clinical supplies	176	134
Travel	1,098	1,098
Insurance	133	133
Development Co-ordinator	27,479	22,854
Printing, postage and Stationery	299	353
Rent and rates	6,447	6,757
Telephone	141	144
Bank charges	73	97
IT costs	435	258
Finance officer	1,100	1,166
Pension contributions	1,313	947
	<u>66,747</u>	<u>58,546</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. SUPPORT COSTS

	Governance costs
	£
Support costs	1,420

Support costs, included in the above, are as follows:

	2023	2022
	Support costs	Total activities
	£	£
Independent examination	720	580
Subscriptions and filing fee	700	116
	1,420	696

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. STAFF COSTS

Staff costs during the year were as follows:

	2023	2022
	£	£
Salaries and wages	51,411	31,563
Employer's national insurance	2,958	1,937
Pension costs	1,117	947

The average monthly headcount was 4 (2022 : 2).

The charity consider its key management personnel to be the trustees and the project co-ordinator. Total employment benefits to its key management personnel was £28,426 (2022 £23,489).

PATHWAYS TO HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,589	-	8,589
Charitable activities			
Holistic health care	17,110	31,908	49,018
Other trading activities	407	-	407
Total	<u>26,106</u>	<u>31,908</u>	<u>58,014</u>
EXPENDITURE ON			
Raising funds	-	285	285
Charitable activities			
Holistic health care	26,923	31,623	58,546
Support costs	696	-	696
Total	<u>27,619</u>	<u>31,908</u>	<u>59,527</u>
NET INCOME/(EXPENDITURE)	(1,513)	-	(1,513)
RECONCILIATION OF FUNDS			
Total funds brought forward	37,991	-	37,991
TOTAL FUNDS CARRIED FORWARD	<u>36,478</u>	<u>-</u>	<u>36,478</u>

13. TANGIBLE FIXED ASSETS

	Office Equipment £	Fixtures and fittings £	Totals £
COST			
At 1 April 2022 and 31 March 2023	<u>3,362</u>	<u>890</u>	<u>4,252</u>
DEPRECIATION			
At 1 April 2022 and 31 March 2023	<u>3,362</u>	<u>890</u>	<u>4,252</u>
NET BOOK VALUE			
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>

PATHWAYS TO HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2023**14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Prepayments	209	209
Accrued income	-	369
	<u>209</u>	<u>578</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accrued expenses	1,175	2,100
Funding in advance	9,145	7,397
	<u>10,320</u>	<u>9,497</u>

16. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
	£	£	£	£
Unrestricted funds				
General fund	18,478	360	(5,061)	13,777
Designated Redundancy Fund	18,000	-	5,061	23,061
	<u>36,478</u>	<u>360</u>	<u>-</u>	<u>36,838</u>
TOTAL FUNDS	<u>36,478</u>	<u>360</u>	<u>-</u>	<u>36,838</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	37,950	(37,590)	360
Restricted funds			
Brighton District Nursing Association Trust (BDNAT)	5,659	(5,659)	-
The Ernest Kleinwort Charitable Trust	3,000	(3,000)	-
The Chalk Cliff Trust	5,000	(5,000)	-
Albert Hunt	2,000	(2,000)	-
Awards for All	9,988	(9,988)	-
Lawson Trust	5,240	(5,240)	-
	<u>30,887</u>	<u>(30,887)</u>	<u>-</u>
TOTAL FUNDS	<u>68,837</u>	<u>(68,477)</u>	<u>360</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	24,991	(1,513)	(5,000)	18,478
Designated Redundancy Fund	13,000	-	5,000	18,000
	<u>37,991</u>	<u>(1,513)</u>	<u>-</u>	<u>36,478</u>
TOTAL FUNDS	<u>37,991</u>	<u>(1,513)</u>	<u>-</u>	<u>36,478</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,106	(27,619)	(1,513)
Restricted funds			
The Henry Smith Charity	5,000	(5,000)	-
Brighton District Nursing Association Trust (BDNAT)	6,827	(6,827)	-
The Ernest Kleinwort Charitable Trust	5,000	(5,000)	-
Albert Hunt	1,000	(1,000)	-
Awards for All	9,794	(9,794)	-
Lawson Trust	4,287	(4,287)	-
	<u>31,908</u>	<u>(31,908)</u>	<u>-</u>
TOTAL FUNDS	<u>58,014</u>	<u>(59,527)</u>	<u>(1,513)</u>

The purpose of each restricted funding was as follows:

- 1). The Chalk Cliff Trust - Clinic based at Unitarian Church
- 2). Brighton District Nursing Association Trust (BDNAT) - Clinic based at Cascade Creative Recovery
- 3). The Ernest Kleinwort Charitable Trust - Project Co-ordinator Post
- 4). Albert Hunt - Clinic based at Unitarian Church
- 5). Awards for All - Clinic based at Cascade Creative Recovery
- 6). Lawson Trust - Clinic based at Unitarian Church

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.