

ADHD NORTH WEST

England & Wales · Charity number 1082031

Details

Other names ADHD NORTH WEST REGIONAL ASSOCIATION

Status Registered

Legal form Other

Registered 2000-08-15

Register [View on the Charity Commission register](#)

Contact

Address Suite 4
The Chambers
Old Town Hall Building
Town Hall Square
Great Harwood
Blackburn
BB6 7DD

Phone 01254 886886

Email barbara.worrall@adhdnorthwest.org.uk

Website www.adhdnorthwest.org.uk

Activities

Objects: THE RELIEF OF PERSONS SUFFERING FROM ATTENTION DEFICIT DISORDERS AND ASSOCIATED CONDITIONS AND THEIR FAMILIES IN THE NORTH WEST OF ENGLAND IN PARTICULAR BUT NOT EXCLUSIVELY BY-(A)RAISING AWARENESS OF THE GENERAL PUBLIC REGARDING ATTENTION DEFICIT DISORDERS AND ASSOCIATED CONDITIONS,(B)THE PROVISION OF FACILITIES FOR INFORMATION,SUPPORT AND OTHER SERVICES CALCULATED TO RELIEVE THE NEED OF SUCH PERSONS AND,(C)BY ANY SUCH CHARITABLE MEANS AS THE TRUSTEES SHALL FROM TIME TO TIME DEEM FIT.

Activities: Helpline, information, advice and support for individuals and families affected by ADHD and associated conditions throughout the north west.Outreach support, workshops and programmes for parents (predominantly but not exclusively within Lancashire).Information, advice, and training for professionals/support workers.Multi-agency working groups, lectures and conferences

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** NORTH WEST ENGLAND
- Blackburn With Darwen
- Blackpool
- Bolton
- Bury
- Cumbria
- Lancashire
- Manchester City
- Oldham
- Rochdale
- Wigan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£0	£0	-	-
2024-03-31	£0	£0	-	-
2023-03-31	£0	£0	-	-
2022-03-31	£127,444	£176,210	-	-
2021-03-31	£160,839	£112,073	-	-

Trustees

Name	Role	Appointed
Frederick Attwater		2017-12-04
Maria Marco		2016-12-07

ADHD NORTH WEST

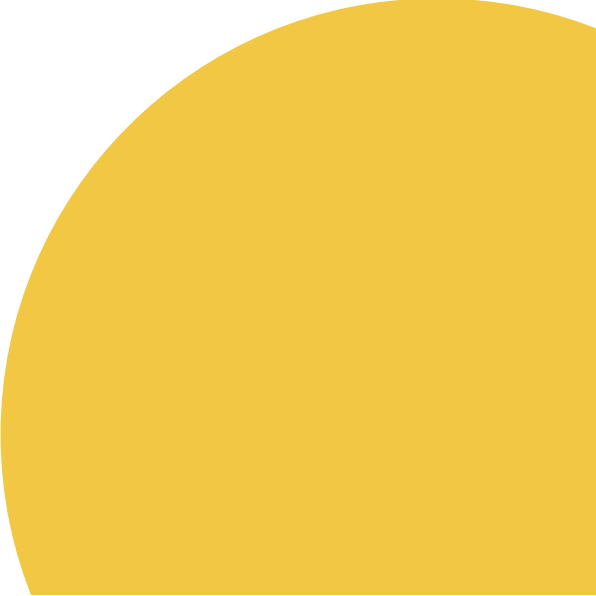
England & Wales - Charity number 1082031

Accounts



ADHD NORTH WEST ANNUAL REVIEW & IMPACT REPORT 2021-22

Registered Charity no. 1082031
Charitable Incorporated
Organisation 1186394
www.adhdnorthwest.org.uk



CHAIRMAN'S INTRODUCTION

The year 21-22 has been a significant year of change for ADHD Northwest as a charity. We have changed our constitution to move from the traditional charity model and constitution to that of a Charitable Incorporated Organisation. The main difference between the two is that the new organisation is a legal body and can enter into contracts and be liable as a business for how it performs. Previously these responsibilities and liabilities sat with individual trustees at a personal level. As the charity has grown there was a need to move to a more appropriate business model.

We have seen a changing of the guard with Barbara Worrall, our charity founder and driving force, deciding this was an appropriate time to step back and take a belated but well earned retirement. I'd like to thank Barbara personally and on behalf of all of our families, staff and trustees for her hard work and effort in championing the ADHD cause and in changing the way the condition is viewed. Congratulations Barbara on your MBE and a big thank you from all of us.

I'd like to end by thanking everyone for their support in helping me to step in Barbara's shoes which is extremely daunting and for your continued support for the charity. 21-22 has been another successful year for us in terms of the numbers of families we assist and the quality of support we provide, a big thank you to our staff team for their work and assistance through this year's changes. Looking forward, we need to build on the strong foundation of Barbara's work, extend our reach and to continue to listen to families. We need to understand what's important to them and tailor the services we provide to suit..

Thank you and best wishes on behalf of the trustees

Fred Attwater

Chair of Trustees

INTRODUCTION

Operating Context

2021 -22 was another busy and challenging year for the organisation, during which we continued to respond to ever changing circumstances in relation to the Covid pandemic and the needs of children and parents. The ability to work online, has enabled us to work more effectively, with the majority of outreach and school meetings along with the parent skills training now held online..

The huge impact of the Covid pandemic on those with additional academic needs and the stop start nature of education is well documented and as the country returned to business as usual, additional delays in ADHD assessment and diagnosis have continued to impact on our services. Many parents were reporting increased anxiety, along with deteriorating behaviour amongst children as schools embarked on 'catch - up ' education leading to increased demand for support.

We continued to be funded in Blackburn with Darwen, East Lancashire, West Lancashire and Morecambe Bay throughout the year and were also pleased to receive additional funding of £35k from Pennine ICP

Personnel

In common with other organisations, recruitment and retention has been a challenge throughout the year with existing staff working extremely hard to meet demand and the trustees are very grateful for their commitment and loyalty. During the year the organisation reviewed its recruitment documents in order to make them more attractive to potential candidates.

Our Chair and founder Barbara Worrall MBE received her honour from Princess Anne in November 2021. Barbara also announced her decision to retire and stand down from the charity at the end of March 2022. She remains as Honorary President and we are grateful for her experience and knowledge.

Fred Attwater took over as Chair of trustees following Barbara's retirement and Carolyn Litherland was appointed as Business Manager and Operational Lead.

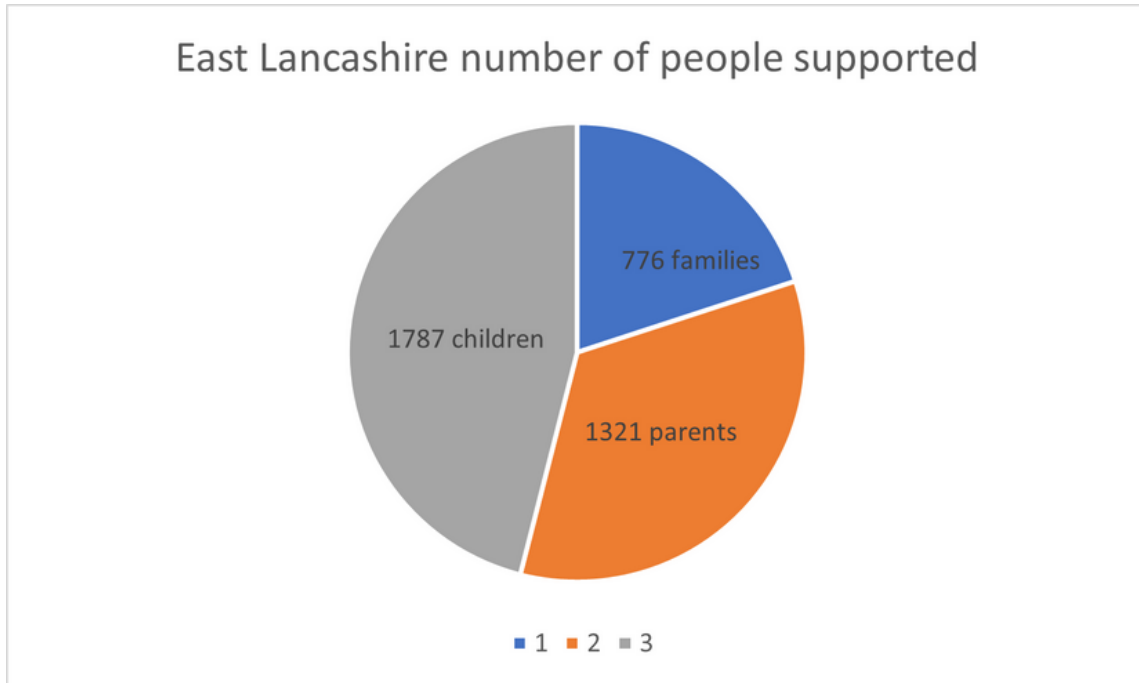
Delivery

During the year, the staff team have increased their knowledge by attending sensory training. Our expertise and knowledge is in demand and we were pleased to deliver awareness raising training to both health and education professionals in addition to families.

FACTS & FIGURES

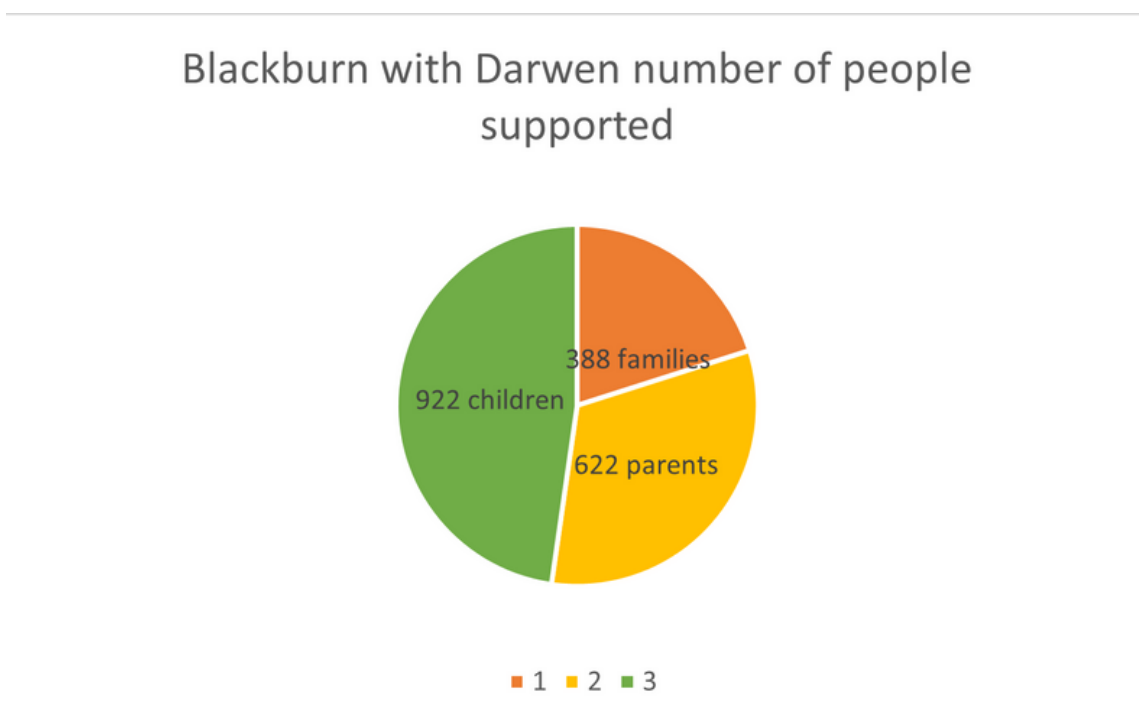
East Lancashire

284 new referrals received



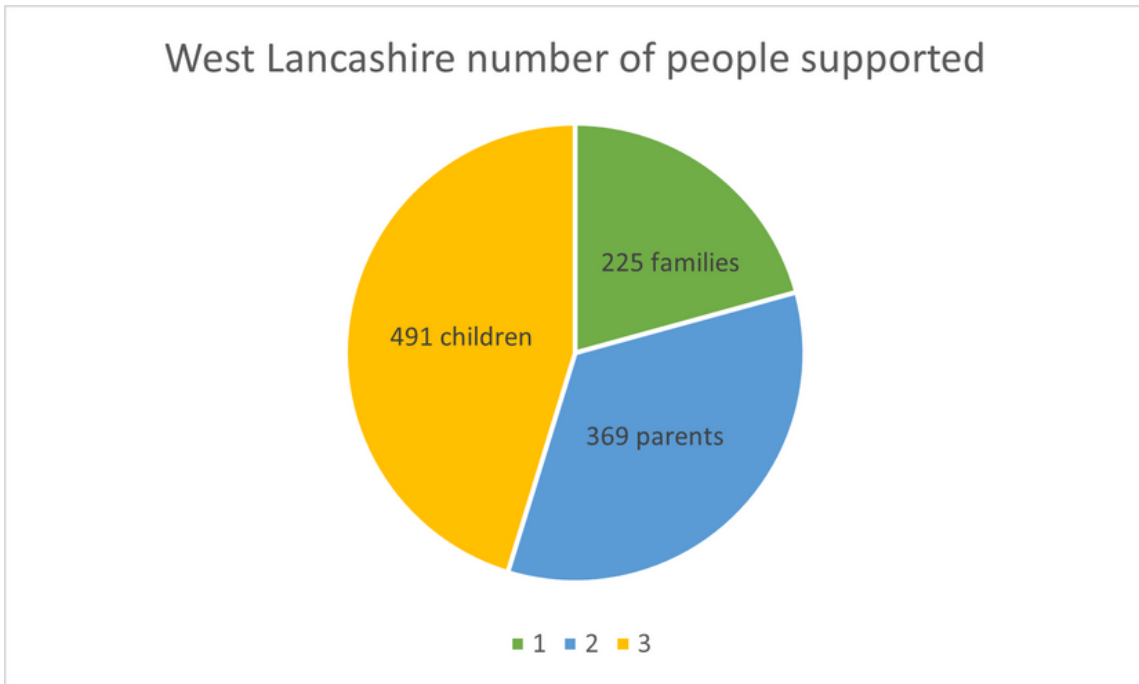
Blackburn with Darwen

153 new referrals received



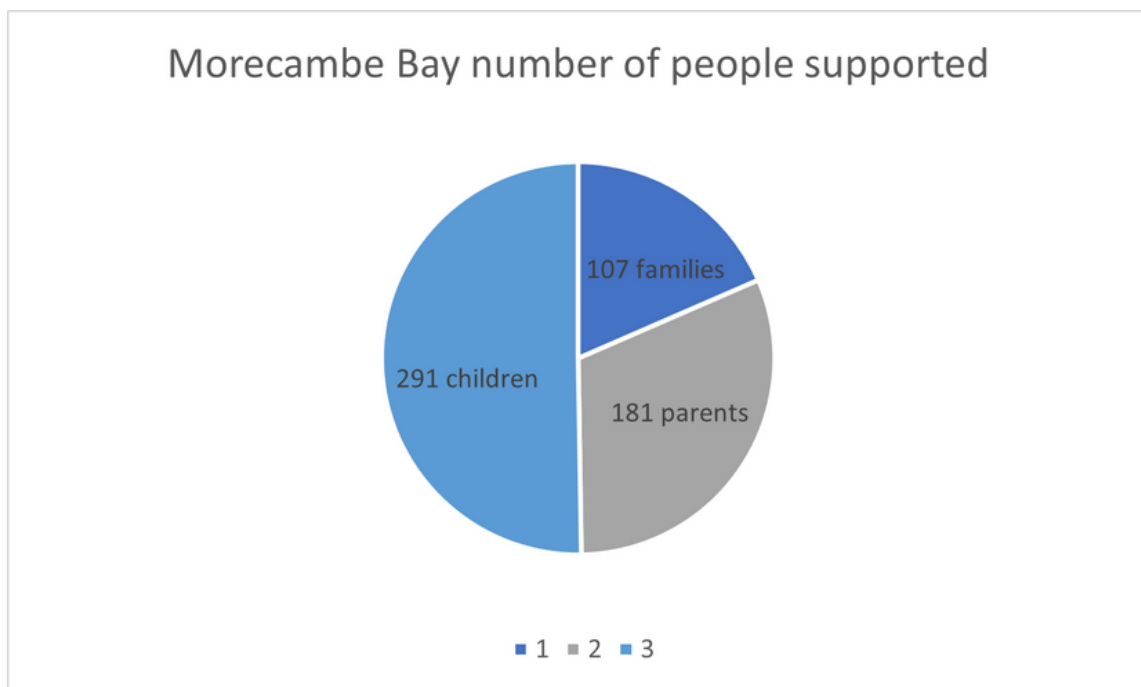
West Lancashire

101 new referrals



Morecambe Bay

52 new referrals



OUR IMPACT

Parent Empowerment and Skills training - PEST

A total of 313 people attended our online PEST training during the year. The PEST training is a core offer of the organisation and one of the main ways that families and parents are supported. This was the second year that the PEST was delivered online, and the course has been rewritten and further adapted to online delivery utilising feedback from participants along with new research and approaches to ADHD management..

Online delivery is well received by parents and delivered in this way it enables the organisation to offer both daytime and evening courses, reaching more parents including those that work during the day.

The course is delivered across 6 sessions and covers topics such as understanding ADHD and associated conditions, behaviour management, school support, and medication and offers parents an important opportunity to share experiences with others.

Parents are also supported on a one to one basis, with liaison meetings at school and with other professionals and most importantly with a listening ear and non judgmental approach when things are difficult

OUR IMPACT

Parent feedback

'I found it incredibly useful in helping me understand exactly what ADHD is and how it affects my child'

'I liked seeing all the different behaviour traits of children with ADHD. I found that reassuring'

'As a parent who is new to this, the facts/statistics were really informative, but it was also the personal examples and insights that were constant lightbulb moments for me, and I felt I understood my daughter so much more after doing the course and can hopefully parent her in a better way for her needs now'

'Finally professionals who fully understand thank you'

'I think everyone with connections to ADHD children or adults would benefit from this course'

'Really enjoyed it and it really made us parents think about how our actions affect his behaviour'

'...it has certainly made me feel less alone with my situation'

About Us

The organisation formally changed its legal status to that of foundation Charitable Incorporated Organisation number 1186394 with effect from June 2021.

Our charitable objects are : The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by A) raising awareness of the general public regarding attention deficit disorders and associated conditions, B) the provision of facilities for information, support and other services calculated to relieve the need of such persons and, C) by any such charitable means as the trustees shall from time to time deem fit

Trustees

Fred Attwater

Angela Kirk

Maria Carnota

Elaine Jennings appointed 1st June 2021

Trudy Warburton appointed 1st June 2021

ANNUAL ACCOUNTS 21-22

The annual report and financial accounts for this year are presented together as it better shows the transition in charitable status, how it has been managed and importantly demonstrates that the change in constitution has not affected the way organisation works with families and its commitment to grow and improve.

We are entering a period of significant change following Covid as people's expectations on how we provide support have changed. We are also seeing big changes coming up in the way that we are commissioned through the NHS and are preparing ourselves to best adapt and manage these changes.



ADHD North West

Registered Charity Nos: 1082031 and 1186394

Trustees' Annual Report and Accounts
for the financial year
1st April 2021 to 31st March 2022

Address:

Suite 4, Old Town Hall
Town Hall Square
Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886

Email Address: reception@adhdnorthwest.org.uk

Trustees: (on the date the Trustees' Report was approved)

Mr. Fred Attwater
Ms Angela Kirk
Ms Maria Marco
Mrs Elaine Jennings
Mrs Trudy Warburton

Bankers: Barclays Bank PLC

1 Churchill Place
London
E14 5HP

Independent Examiner:

Brian Haywood, plc Finance Director / Company Secretary (Retired)

The Trustees of ADHD North West present their annual accounts, for the year ended 31st March 2022, which includes the administrative information and list of the Charity's Trustees as set out above.

Structure, Governance & Management: ADHD North West Charity Number 1082031

Nature of Governing Document: Constitution

How the Charity was constituted: Unincorporated

Date of Governing Document: Adopted 26/06/99, amended 29/07/2000 and 20 July 2002

Active Period: 1st April 2021 to 30th June 2021

All activities, assets and liabilities then transferred to ADHD North West Charity Number 1186394. Following submission of accounts for this period Charity 1082031 will be closed

Structure, Governance & Management: ADHD North West Charity Number 1186394

Nature of Governing Document: Constitution

How the Charity was constituted: Charitable Incorporated Organisation

ADHD Northwest Annual Report April 1st 2021 to March 31st 2022

Objective for both Charities:

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by:

- (a) Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions.
- (b) The provision of facilities for information, support and other services calculated to relieve the need of such persons and,
- (c) By any such Charitable means as the Trustees shall from time to time deem fit.

Management of the Charities:

The Trustees, elected by a simple majority at the AGM, manage the charity. New trustees are inducted into the workings of the charity, including policies and procedures, at committee meetings. Documentation from the Charity Commission, such as "The Essential Trustee: What you need to know" (CC3), provides guidelines. The ADHD North West Charity 1082031 has been successfully led by Barbara Worrall, its founder from May 1995. As chair she has undertaken the day-to-day running of the organisation, maintained the accounts and payroll, and represented the charity at meetings, forums, and on multi-agency steering groups. She has decided to step down as Chair with the transfer to the new CIO and to enjoy her well-earned retirement. We are pleased to confirm that Barbara will maintain her links to the Charity as our Honary President.

With the change to the new CIO Charity, it has been necessary to review the responsibilities and workloads of the Charity and Trustees have appointed Carolyn Litherland as the Business Manager and Operation Lead with Trustees providing a more traditional management, oversight and scrutiny responsibility.

Review of Activities:

Please refer to the 'Annual Report' included with this document as Appendix 1

Membership:

As at 31/03/22, the charity gained 595 new service user families during the year and a number of new professional members. The charity maintains group membership of a variety of organisations with which they share common aims. Some of these are free of charge (or have a nominal annual fee) and represent their support for their broad aims, and vice versa. Examples include a number of Councils for Voluntary Services.

Financial Review:

At the end of the financial year March 31st 2022 the CIO held unrestricted funds totaling £22,640.46 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

On the 1st of July 2021 all assets, contracts, liabilities transferred from the established Charity Registration Number 1082031 to the new CIO, Charity registration 1186394.

	Opening Balance 01/04/21	Closing Balance 30/06/21	Opening Balance 01/07/21	Closing Balance 31/03/22
Charity 1082031	£48,765.65	£147,863.42	0	0
	Opening Balance 01/04/21	Closing Balance 30/06/21	Opening Balance 01/07/21	Closing Balance 31/03/22
Charity 1186394	0	0	£147,863.42	£58,288.26

As the business was moving from one legal entity to another, all staff employed by the Charity were transferred over to CIO under the **Transfer of Undertakings (Protection of Employment) Regulations** maintaining all employment rights irrespective of length of service.

In addition, the majority of Trustees transferred over, ensuring business continuity, with two new Trustees, Elaine Jennings and Trudy Warburton elected to the Board of Trustees

The charity is grateful for the contributions of all volunteers, staff and trustees who give their support and time.

Risk Management:

The main risk identified continues to be the dependence on annual commissioned contracts from the NHS.

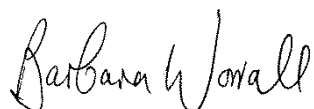
Trustees have considered the necessary exit strategies and resources needed if current contracts were ended and have ring-fenced unrestricted reserves of £13,000 to cover all liabilities associated in closing the business. This amount will be reviewed by Trustees on an annual basis. As at 31/03/22 the CIO is holding £22,640.46 in unrestricted funding. The remaining funds will be used towards salaries and core running costs for 2022-2023.

Responsibilities of Trustees:

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are also responsible for safe-guarding the assets of the charity and ensuring compliance of the requirements of the Trust Deed.

Signed on behalf of the Trustees of Charity Registration Number 1082031 for the Period to 01/07/2021

Barbara Worrall, Chair ADHD Northwest



Signed on behalf of the Trustees of Charity Registration Numbers 1082031 & 1186394 for the Period to 31/03/2022

Fred Attwater, Chair ADHD Northwest



Independent Examiner's Report on the Accounts

I report on the accounts of ADHD North West for the year ended 31st March 2021, which are set out on pages 4 and 5 following.

Respective responsibilities of trustees and examiner.

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (The Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioner. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect :
the requirements to keep accounting records in accordance with section 130 of the Charities Act and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met;
or that , in my opinion, attention should be drawn to any matter in order to enable a proper understanding of the accounts to be reached.



Brian Haywood

Retired Finance Director/Company Secretary

Gazelle Book Services Ltd., Units1-4 Hightown, White Cross Mills, Lancaster, LA1 4XS

18th November, 2022

Annual Report April 1st 2021 to March 31st 2022 - Receipts and Payments Accounts

Opening Balances (Unrestricted)	July 21 – March 22	April – June 21
Current (Barclays)	9,659.30	4,109.66
Business Saver (Barclays)	10,949.03	16,548.39
Petty Cash	119.13	68.27
Opening Balances (Restricted)		
Blackburn with Darwen CCG	29,965.27	5,073.45
East Lancs. CCG	66,548.76	10,067.60
Morecambe Bay	2,377.05	4,289.87
West Lancs CCG	<u>28,244.88</u>	<u>8,608.41</u>
	147,863.42	48,765.65
Income Unrestricted:		
General Funds	0.00	0.00
Donations	1,325.35	0.00
Bank Interest (Business Saver A/C)	8.17	1.14
Income Restricted:		
Blackburn with Darwen CCG	631.80	33,408.00
East Lancs. CCG	308.30	68,784.00
Morecambe Bay	6,554.60	0.00
West Lancs. CCG	<u>191.30</u>	<u>25,251.00</u>
	156,882.94	176,209.79
Expenditure:		
Repairs & Renewals	35.00	00.00
Rent	5,309.37	1,769.79
Telephone	900.57	372.99
Postage	27.10	25.12
Printing	333.78	0.00
Insurance	693.53	00.00
Stationery & Consumables	83.27	6.50
Salaries	80,952.41	23,782.42
Pensions	4,135.74	1,062.35
Miscellaneous	533.59	71.37
Office Equipment/Software	2,922.54	480.27
Refunds	146.00	25.24
Professional Fees	2,020.00	550.00
Travel Expenses	316.60	200.32
Training & Development	169.98	0.00
Books & DVDs	0.00	0.00
Office Furniture & Fittings	<u>15.00</u>	<u>0.00</u>
	98,594.48	28,346.37
Closing Balances (Unrestricted)		
Current (Barclays)	11,470.03	9,659.30
Business Saver (Barclays)	10,949.03	10,949.03
Petty Cash (inc. Equals Cards Balances)	221.40	119.13
Closing Balances (Restricted)		
1. Blackburn with Darwen CCG	2,803.10	29,965.27
2. East Lancs. CCG	17,150.18	66,548.76
3. Morecambe Bay	413.18	2,377.05
4. West Lancs CCG	<u>15,281.54</u>	<u>28,244.88</u>
	58,288.46	147,863.42
Account Balances as at year end of Term		
Current Account (Barclays)	11,470.03	35,155.43
Business Saver Account (Barclays)	46,597.03	112,588.86
Petty Cash (inc. Equals Cards Balances)	<u>221.40</u>	<u>119.13</u>
	58,288.46	147,863.42



ADHD North West

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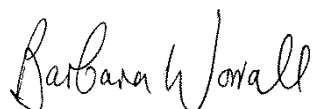
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Signed on behalf of the Trustees of Charity Registration Number 1082031 for the Period to 01/07/2021

Barbara Worrall, Chair ADHD Northwest



Signed on behalf of the Trustees of Charity Registration Numbers 1082031 & 1186394 for the Period to 31/03/2022

Fred Attwater, Chair ADHD Northwest



Independent Examiner's Report on the Accounts

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West Lancs CCG	<u>28,244.88</u>	<u>8,608.41</u>
	147,863.42	48,765.65
Income Unrestricted:		
General Funds	0.00	0.00
Donations	1,325.35	0.00
Bank Interest (Business Saver A/C)	8.17	1.14
Income Restricted:		
Blackburn with Darwen CCG	631.80	33,408.00
East Lancs. CCG	308.30	68,784.00
Morecambe Bay	6,554.60	0.00
West Lancs. CCG	<u>191.30</u>	<u>25,251.00</u>
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Expenditure:		
Repairs & Renewals	35.00	00.00
Rent	5,309.37	1,769.79
Telephone	900.57	372.99
Postage	27.10	25.12
Printing	333.78	0.00
Insurance	693.53	00.00
Stationery & Consumables	83.27	6.50
Salaries	80,952.41	23,782.42
Pensions	4,135.74	1,062.35
Miscellaneous	533.59	71.37
Office Equipment/Software	2,922.54	480.27
Refunds	146.00	25.24
Professional Fees	2,020.00	550.00
Travel Expenses	316.60	200.32
Training & Development	169.98	0.00
Books & DVDs	0.00	0.00
Office Furniture & Fittings	<u>15.00</u>	<u>0.00</u>
	98,594.48	28,346.37
Closing Balances (Unrestricted)		
Current (Barclays)	11,470.03	9,659.30
Business Saver (Barclays)	10,949.03	10,949.03
Petty Cash (inc. Equals Cards Balances)	221.40	119.13
Closing Balances (Restricted)		
1. Blackburn with Darwen CCG	2,803.10	29,965.27
2. East Lancs. CCG	17,150.18	66,548.76
3. Morecambe Bay	413.18	2,377.05
4. West Lancs CCG	<u>15,281.54</u>	<u>28,244.88</u>
	58,288.46	147,863.42
Account Balances as at year end of Term		
Current Account (Barclays)	11,470.03	35,155.43
Business Saver Account (Barclays)	46,597.03	112,588.86
Petty Cash (inc. Equals Cards Balances)	<u>221.40</u>	<u>119.13</u>
	58,288.46	147,863.42

ADHD NORTH WEST

England & Wales - Charity number 1082031

Accounts

ADHD NORTH WEST



Suite 4, Old Town Hall
Town Hall Square
Great Harwood
Tel: 01254 886886
email: reception@adhdnorthwest.org.uk

Annual Report for 2020 - 2021

CHAIRMAN'S REPORT

Well - what can I say - the year has certainly been like no other and has presented numerous challenges which the staff and trustees have met and resolved as they emerged.

- **Covid-19** - I have to start with the impact this pandemic has had throughout the country which some people believe is more severe than the flu pandemic of 2009-10. As mentioned in the previous Annual Report ADHD North West pre-empted the likelihood that the Government would introduce restrictions and lockdowns. To overcome the resulting lack of face-to-face contact with other team members, families, health professionals, social care services, and other stakeholders arrangements were made for staff to work from home utilising various media to ensure continuity of support and communications. Normal working practices and processes were adapted and consolidated to ensure services could be maintained long term.

All service user families were contacted and an online daytime and evening programme utilising Zoom was developed with a total of seven programmes being delivered during the year. This online programme proved extremely successful and will likely continue as an addition to the services we normally provide. Our Business Continuity Plan was updated to meet the changing requirements. Our pro-active approach also paid dividends when a decision was taken to close our office building due to Covid as our advance planning meant we were already prepared for such an eventuality. All this at a time when the number of cases was increasing, children were being home schooled, flexibility in working hours was needed and some staff members contracted Covid.

- **Charitable Incorporated Organisation (CIO)** - Our application to the Charity Commission to upgrade our charity status to that of Charitable Incorporated Organisation (CIO) was a lengthy process but ultimately successful. Due to lockdowns and other issues the transfer to a CIO has been delayed but will take place during 2021. We have been given a new charity number but no other changes are required and staff will transfer under The Transfer of Undertakings (Protection of Employment) (TUPE). This is a progressive step that has been part of our plan for some time.

- **The Child & Adolescent Mental Health Services (CAMHS) Transformation**

The final action plan and subsequent implementation of this important improvement in CAMHS services, originally planned for introduction in April 2020, has been postponed due to the Covid situation. It is now unlikely that these important changes can be phased in until 2022.

- **New Office Premises** - As a result of the rent at our Accrington office being increased substantially, and the fact that it was now too small for our needs, a decision was taken to look for new premises. Finding somewhere suitable at an affordable rent was not easy so we were fortunate to be offered an office in the former Town Hall in Great Harwood. It made sense to close the Morecambe office and concentrate activities in the new premises. The move took place in September 2020 and has proved to be ideal.
- **MBE and Health** - A letter from Buckingham Palace in early December informing me that I was to be awarded an MBE in the New Year's Honours list was a shock that I found difficult to comprehend. How had this happened; who had nominated me. I couldn't ask nor let my family know as you are sworn to secrecy until the list is published. I didn't have time to take it all in as I was admitted to hospital on the 27th December with a heart attack. Another shock! An angiogram carried out two days later at Blackpool Hospital revealed that I needed to have a heart bypass. Unfortunately I contracted Covid in hospital before being transferred to Blackpool Cardiac Unit on 19th January. It was another three weeks before surgery took place on the 5th February and I came home two weeks later. Back to the MBE I subsequently learned that the ADHD North West staff had nominated me. Investitures are currently on hold but I have been informed that mine will take place in late 2021 - can't wait!

This report provides information on the services delivered in different areas of Lancashire, the number of families supported, and other relevant facts and figures.

And finally - I want to say thank you to our stalwart staff and practitioners for all their hard work during this difficult year. Their dedication and support for families and each other has been second to none. We are fortunate to have these amazing people: Operational Manager Carolyn, Senior Practitioner and Training Officer Sheena, and - tackle anything - Office Administrator Yvonne are pictured below.

Barbara Worall



SERVICES AND SUPPORT FOR FAMILIES

EAST LANCASHIRE

This financial year was the last of a three year contract with East Lancashire CCG. During the 12 months under review the number of families supported was:

- Quarter 1 - 201 of which 96 were new to the service
- Quarter 2 - 178 of which 61 were new to the service
- Quarter 3 - 203 of which 99 were new to the service
- Quarter 4 - 194 of which 104 were new to the service

This shows a total of 360 new families referred or self-referred receiving support appropriate to their individual needs.

During the year, and despite the restrictions posed by Covid, families continued to benefit from our support in a number of ways:

- Telephone Calls totalled 2588 across 588 families
- Outreach Support (by various means) totalled 257 across 124 families
- Case Meetings totalled 241 in respect of 136 families
- Parents attending our online PEST (via Zoom) totalled 152

The tools normally used to measure outcomes and evidence positive changes could not be used but the feedback gained confirmed that we were still providing sustainable and transferable strategies and skills.

BLACKBURN with DARWEN

The commissioners for Blackburn with Darwen CCG agreed to renew our contract for a further year allowing us to continue providing families with support and establishing ourselves in this area.

During the 12 months under review the number of families supported was:

- Quarter 1 - 93 of which 37 were new to the service
- Quarter 2 - 81 of which 16 were new to the service
- Quarter 3 - 80 of which 52 were new to the service
- Quarter 4 - 84 of which 43 were new to the service

This shows a total of 148 new families referred or self-referred receiving support appropriate to their individual needs; the breakdown for which is:

- Telephone Calls totalled 657 across 292 families
- Outreach Support (by various means) totalled 15 across 11 families
- Case Meetings totalled 49 in respect of 38 families
- Parents attending our online PEST (via Zoom) totalled 42

Wherever we provide services each family's needs are assessed to ensure we give them the most appropriate support.

WEST LANCASHIRE

West Lancashire CCG renewed our contract for 2020-21. With this small grant we were able to continue providing support for families in this area.

During this financial year the number of families supported was:

- Quarter 1 - 35 of which 18 were new to the service
- Quarter 2 - 39 of which 18 were new to the service
- Quarter 3 - 31 of which 21 were new to the service
- Quarter 4 - 43 of which 30 were new to the service

This shows a total of 87 new families referred or self-referred that received support appropriate to their individual needs; the breakdown for which is:

- Telephone Calls totalled 536 across 135 families
- Outreach Support (by various means) totalled 52 across 35 families
- Case Meetings totalled 34 in respect of 20 families
- Parents attending our online PEST (via Zoom) totalled 35

Despite West Lancashire being remote to our office base in Great Harwood we were still able to keep in contact with families and other stakeholders as evidenced by the figures above.

MORECAMBE BAY

As recorded in last year's Annual Report we were successful in obtaining funding from the Walney Island Windfarm grant programme to provide services in North Lancashire and parts of South Cumbria. The project, named Morecambe Bay, was due to commence early in 2020 but was subsequently put on hold because of Covid. Nevertheless 41 families benefitted during the year by accessing our online Zoom programmes and other types of support.

OTHER NEWS, INFORMATION, AND EVENTS

Staff Training

Staff training during the year included:

- Sensory Training for three staff members;
- Sleep Training for one staff member

ADHD Presentations and Workshops

- The WISH Centre, Blackburn
- St. Mary's Primary School, Rawtenstall

All of the above were done online via Zoom or Microsoft Teams.



INSPIRATIONAL QUOTES...

“I have not failed. I’ve just found 10,000 ways that won’t work.”

Thomas A. Edison

“Believe you can and you’re halfway there.”

Theodore Roosevelt



ADHD North West

Registered Charity No: 1082031

Trustees' Annual Report and Accounts
for the financial year
1st April 2020 to 31st March 2021

Address:

Suite 4, Old Town Hall
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Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886

Email Address: reception@adhdnorthwest.org.uk

Trustees: (on the date the Trustees' Report was approved)

Mr. Fred Attwater
Mr Peter Dowbiggin
Ms Angela Kirk
Ms Maria Marco
Mrs Barbara Worrall

Bankers: Barclays Bank PLC

1 Churchill Place
London
E14 5HP

Independent Examiner:

Brian Haywood, plc Finance Director / Company Secretary (Retired)

The Trustees of ADHD North West present their annual accounts, for the year ended March 2021, which includes the administrative information and list of the Charity's Trustees set out above.

Structure, Governance & Management:

Nature of Governing Document: Constitution

How the Charity was constituted: Unincorporated

Date of Governing Document: Adopted 26/06/99 and amended 29/07/2000 and 20 July 2002

ADHD Northwest Annual Report April 1st 2020 to March 31st 2021

Objectives:

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by:

- (a) Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions.
- (b) The provision of facilities for information, support and other services calculated to relieve the need of such persons and,
- (c) By any such Charitable means as the Trustees shall from time to time deem fit.

Management of the Charity:

The Trustees, elected by a simple majority at the AGM, manage the charity. New trustees are inducted into the workings of the charity, including policies and procedures, at committee meetings. Documentation from the Charity Commission, such as “The Essential Trustee: What you need to know” (CC3), provides guidelines. The chair undertakes the day-to-day running of the organisation, maintains the accounts and payroll, and represents the charity at meetings, forums, and on multi-agency steering groups.

Review of Activities:

Please refer to the ‘Annual Report’ included with this document as Appendix 1

Membership:

As at 31/03/21, the charity gained 595 new service user families during the year and a number of new professional members. The charity maintains group membership of a variety of organisations with which they share common aims. Some of these are free of charge (or have a nominal annual fee) and represent their support for their broad aims, and vice versa. Examples include a number of Councils for Voluntary Services.

Financial Review:

At the end of this financial year unrestricted funds totalled £20,726.32 which have been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees. The charity is grateful for the contributions of its trustees who give their support and time. It is proposed that £13,000 of these unrestricted funds be set aside to provide a contingency fund in case of redundancies. The remaining funds will be used towards core running costs for 2021-22 and replacement/additional computer items.

Risk Management:

Main risks identified remain similar to the previous year. These include the long-term future of the charity and the exiting strategies to be established if current funding contracts come to an end.

Responsibilities of Trustees:

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are also responsible for safe-guarding the assets of the charity and ensuring compliance of the requirements of the Trust Deed.

Signed on behalf of the Trustees on 28th July 2021

Barbara Worrall, Chair ADHD Northwest



Independent Examiner's Report on the Accounts

I report on the accounts of ADHD North West for the year ended 31st March 2021, which are set out on pages 4 and 5 following.

Respective responsibilities of trustees and examiner.

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (The Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioner. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with section 130 of the Charities Act; to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Brian Haywood

Retired Finance Director/Company Secretary

Gazelle Book Services Ltd., Units1-4 Hightown, White Cross Mills, Lancaster, LA1 4XS

28th July 2021



Annual Report – April 1st 2020 to March 31st 2021 - Receipts and Payments Accounts

Opening Balances (Unrestricted)	2020/21	2019/20
Current (Barclays)	3,492.95	6,695.14
Business Saver (Barclays)	16,507.82	10,401.21
Cash in Hand	215.69	520.12
Opening Balances (Restricted)		
Blackburn with Darwen CCG	82.97	3,541.47
East Lancs. CCG	398.88	3,464.57
Lancaster & Morecambe Outreach	0.00	116.02
Morecambe Bay	4,881.14	0.00
West Lancs CCG	<u>(2,838.68)</u>	<u>0.00</u>
	22,740.77	24,738.53
Income Unrestricted:		
General Funds	4,722.96	13,468.92
Donations	239.27	184.09
Bank Interest (Business Saver A/C)	55.59	108.86
Income Restricted:		
Blackburn with Darwen CCG	33,492.18	30,561.40
East Lancs. CCG	68,957.23	62,897.60
Lancaster & Morecambe Outreach	00.00	595.00
Morecambe Bay	00.00	7,293.81
Ad Hoc/Miscellaneous	00.00	480.00
West Lancs CCG	<u>30,631.00</u>	<u>14,550.00</u>
	160,839.00	130,139.68
Expenditure: Unrestricted		
Repairs & Renewals	0.00	186.63
Rent	1,008.00	2,016.00
Telephone	322.78	671.31
Postage	13.87	52.50
Printing	0.00	620.00
Insurance	0.00	95.61
Stationery & Consumables	29.99	145.04
Salaries	2,511.80	3,672.66
Miscellaneous	162.00	449.71
Office Equipment/Software	429.52	611.22
Professional Fees	30.00	00.00
Travel Expenses	0.00	931.32
Training & Development	0.00	143.08
Books & DVDs	0.00	191.80
Donations/Grants	0.00	1,375.00
Expenditure (Restricted Funds):		
Blackburn with Darwen CCG	28,501.70	34,019.90
East Lancs. CCG	59,288.51	65,963.29
Lancaster & Morecambe Outreach	0.00	711.02
Morecambe Bay	591.27	2,412.67
Ad Hoc / Miscellaneous	0.00	480.00
West Lancs CCG	<u>19,183.91</u>	<u>17,388.68</u>
	112,073.35	132,137.44

Closing Balances (Unrestricted)	2020/21	2019/20
Current (Barclays)	4,109.66	3,492.95
Business Saver (Barclays)	16,548.39	16,507.82
Cash in Hand	68.27	215.69
Closing Balances (Restricted)		
Blackburn with Darwen CCG	5,073.45	82.97
East Lancs. CCG	10,067.60	398.88
Morecambe Bay	4,289.87	4,881.14
West Lancs CCG	<u>8,608.41</u>	<u>(2,838.67)</u>
	48,765.65	22,740.77
 Account Balances as at year end 31st March 2021		
Current Account (Barclays)	4,109.66	3,492.95
Business Saver Account (Barclays)	44,587.72	19,032.13
Cash in Hand	68.27	215.69
	<u>48,765.65</u>	<u>22,740.77</u>



ADHD North West

Registered Charity No: 1082031

Trustees' Annual Report and Accounts
for the financial year
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Risk Management:

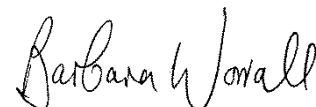
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Signed on behalf of the Trustees on 28th July 2021

Barbara Worrall, Chair ADHD Northwest



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