



# ANNUAL REPORT



2024 - 2025

WWW.SACMHF.CO.UK

Kuumba Centre , Boullton Road, West Bromwich  
West Midlands  
0121 525 1629

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**@SACMHF1**



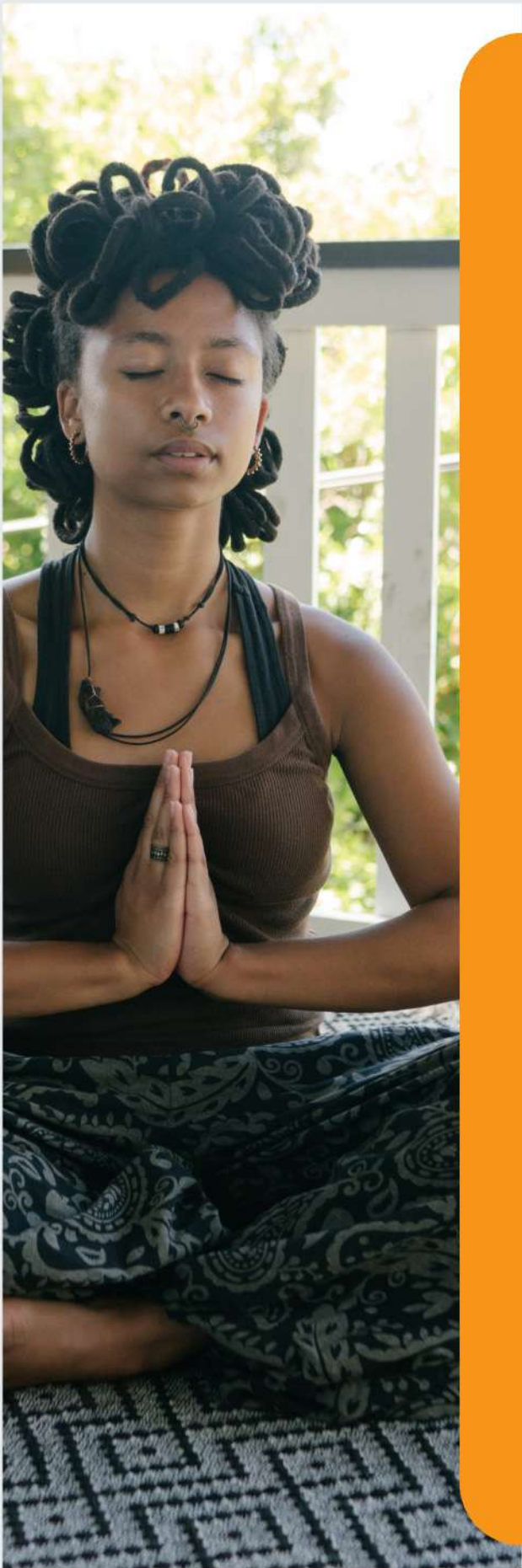
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**@SACMHF**

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## Chair Person



Our charity has withstood the turbulence that comes with third sector delivery of mental health services over many years now and the last year was no different.

Our plan to achieve longevity was ever more apparent as we worked towards the latter part of an asset transfer process. Our vision for SACMHF is to become financially independent with a range of sites, services and beneficiaries who are happy to endorse the friends and family test pertinent to our service offer.

I hope that in bringing our plan to fruition we have brought our very dedicated staff team along with us on that road and I want to take this opportunity to thank them for their support of these plans and their ability to work with us towards the end goal even during times when they are uncertain.



**Board members** accomplish the charities objectives

“ ***Our board members have completed training, attended key meetings, networked and have worked doggedly to support the CEO and to accomplish the charities objectives. I thank them for their diligence and attention to detail.*** ”

I have felt humbled by the support received from a wider range of funders this year to help us to deliver our core services and to broaden our scope with the new build development. Without their support we would be able to flourish and to them I am ever grateful.

Last but by no means least our, the people who use our services allow us a window into their lives and I will continue to pray that they continue to receive benefit from using our services, are able to participate in how the services are delivered and are engaged in contributing to the plans for the future.

SACMHF has come a long way and we hope to further our commitment to continue to deliver culturally responsible and sensitive services for Black communities, their families, carers and the wider communities as we set out to.

*Bishop Donald Williams*  
**Chairperson**

## Chief Executive Officer



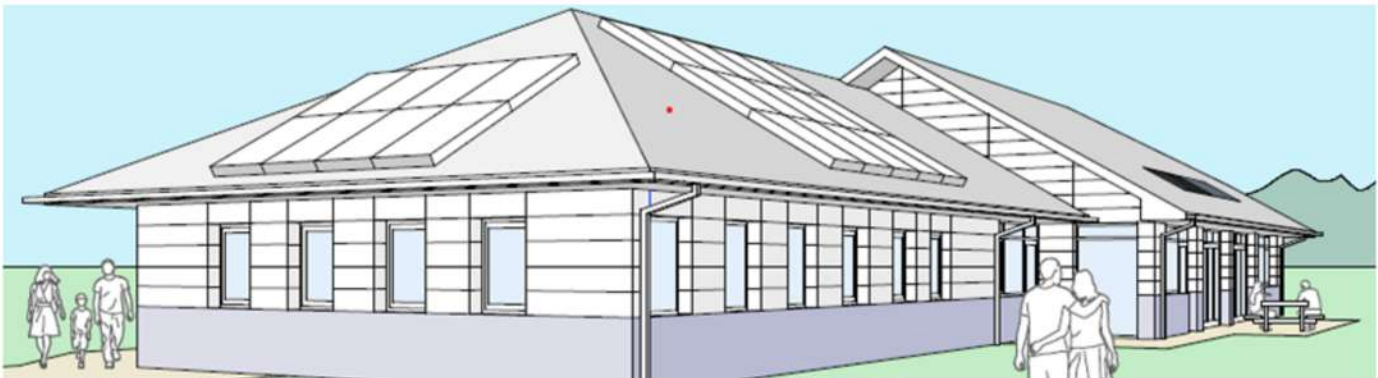
### **Strategic Synopsis: Asset Transfer of a community building**

The whole year for me was characterised by work to secure the transfer of a community building from Sandwell council to our charity. The rationale that supports the need for another larger building to deliver our services from is focused on achieving sustainability. Simply put a larger premises will enable our charity to grow resulting in increased outputs and increased income as we look to serve the community of Charlemont & Grove Vale.

Strategically SACMHF have had a focus on what we can do to get closer to the charity elixir of sustainability and financial freedom. The year has seen SACMHF reach the final chapter of a long journey of work to remove certain of the shackles of the traditional model of financing the charities work. The funds required to support the demolition of the existing site to be replaced with a new building was costed as £950k rising months later to £1.1m.

A project team was assembled which included a business consultant and a firm of architects, both of which had worked recently on another capital project in the borough.

The year commenced with a determination to bring the fundraising strategy for the asset transfer of a community building namely the Charlemont Community Centre with the submission of a large capital funding application to the Community Ownership Fund (COF). This fund was part of the levelling up funding first espoused by the previous Conservative Government.



Outline plan for the new building



Although the fundraising strategy continued the change of government presented us with the dilemma around whether the incoming government would continue the Community Ownership Fund at the start of their tenure. Decisions on our application was due at around the end of May 2024 but there was a deathly silence for some time.

Locality is a 'national membership network supporting local community organisations. Locality, 'provide specialist advice, peer-learning, resources and campaigns including to take over and run assets for the benefit of local people'. Locality were selected to support us through the application process to the COF. Their support was invaluable during the process which was and continues to be challenging!



*There was a deathly silence for a while due to the change of government on the application*



CEO Patricia Johnson with Sarah Coombes MP

In addition to this we were supported by Sarah Coombes MP for West Bromwich, who liaised with central government to ascertain a clearer picture of whether the Community Ownership Fund was going to continue and give us a decision on our application. Her intervention was timely and so helpful, I am most grateful to her for the time she took out of her schedule to help us when the prospect of securing this grant was starting to look bleak.

The fundraising strategy to complete the asset transfer was complete by the end of the year and the required funds were secured from a combination of funders who are Community Ownership Fund, National Lottery Community Fund, Clothworkers Foundation, Wolfson Foundation and Garfield Western. There are several applications that are still being considered.

There has been much involved in the asset transfer process, and it has included engagement with local people who reside in the Charlemont & Grove Vale ward, consultation and engagement with the people who use SACMHF services, lengthy lease negotiations, planning application, the tender for the work to build the centre and much more. The advice and support from our business consultant and the firm of architects has proven to be a critical success factor and I am thankful and grateful to have been able to have them onboard.

The SACMHF team have been rightfully questioning and inquisitive about the asset transfer and it is their studious approach to their work that has helped me to be able to consider this large capital project, and I thank them for their diligence and work ethic. This could not be executed with the support of the team.

Sandwell Metropolitan Borough Council (SMBC), to use the full title have supported this asset transfer from the third time of asking! There are key individuals from SMBC who have worked hard and supported me to help make the challenging and lengthy process smoother and frankly we could not have reached this stage without Manny Sembhi, Nick Garrat, Luke Dove and Stefan Hemmings.





*“Operations were all go last year with a new partnership service funded by the Department for Health & Social Care.”*

Operations were all go last year with a new partnership service funded by the Department for Health & Social Care. The new project was the second part of a two-year pilot and was called the Culturally Appropriate Advocacy Service. This service was delivered in Birmingham in partnership with Pohwer Advocacy a National Advocacy charity and Catalyst 4 Change who provide ‘support for community organisations, SME's, faith groups or businesses with a significant African and Caribbean mental health / wellbeing service user base’.

This service supported people with mental ill health need for advocacy whilst admitted to one of several inpatient units across the Birmingham and Solihull footprint. The CAAS service also supported Carers and people who looking to be discharged from a psychiatric unit back into the community. The project was subject to an evaluation, and the report will be available very soon.

During the previous financial year, we launched a small garden project, and it was our aim to learn from this pilot gardening offer and move on to secure additional funding to increase the garden size during the last financial year and this is exactly what we did.

Courtesy of a successful grant application to the West Midlands Combined Authority Green Grants programme we had sufficient funding to pay a gardener, a team of volunteers and to have new raised beds, new flora and fauna, bulbs, soil, and additional composter and some seating. The garden is flourishing, and I thank all who have been involved and continue to be involved in our Time to Grow project. It's been a huge success, and we even have a volunteer who is neurodiverse who pops to the garden every Saturday morning to water and feed all the plants, flowers and vegetables. This young man has agreed to undertake gardening duties at the Charlemont Community Centre next year when it is up and running!



*“The garden project has really helped me to socialize, learn about the world of plants & has been very therapeutic.”*

*-Kuumba service user*





## Short term Objectives

The annual strategic development day was held over two days last year to enable a much-needed update on the C3 development and time to take questions from the team about the asset transfer process and what had been involved so far. This event is a co-produced event facilitated by Silverdale Associates who have a long history of work with SACMHF. The team expressed their support for the C3 development and expressed a wider understanding of the processes employed to secure the site.

The Business Development Manager works alongside me to execute the finance and fundraising strategy to support the delivery of services and more general operations. During the year he has re-launched the team of community fundraisers who have drafted a schedule of fundraising activities to raise much needed funds for services offered from the Kuumba centre.

The wider determinants of Health service is a service delivered in partnership with the consortium that SACMHF is member of which is Communities in Sync (CIS). Our role in this service is to deliver healthy lifestyle activities called 'Get Active' to support mental wellbeing. The gardening project is a part of this service coupled with health walks and our cycling project. The cycling aspect of this service has grown and much support was received from Cycling UK. I think I may have inadvertently created a wider team of bid writers as our Communications Lead wrote two successful bids to support the purchase of additional bikes and storage!!

Our charity is on a well-deserved trajectory to achieve sustainability. We are not there yet but are edging closer to this strategic goal.

## Moving Forward

Our charity is on a well-earned trajectory to achieve sustainability. We are not there yet but are edging closer to this strategic goal.

The pressure of changing statutory commissioning has meant that third sector community organisations like us need to be ever more creative about how we raise income to support our growing service offer.

The C3 development will help to sure up new opportunities to deliver new and exciting services for the people who currently use our services and for the residents of Charlemont and Grove Vale. I am warmed and excited by this new opportunity which will help to breath new life into our charity and guide us further into a stronger healthier future.

*Pat Johnson*

**Chief Executive Officer**



## Operations Manager

This past year has been active and collaborative, defined by strong partnerships, dedicated teamwork, and a shared commitment to improving mental health outcomes for the Black community. Working with a diverse range of partners and stakeholders has allowed us to expand our reach, enhance our services, and ensure that the voices of those we serve remain at the heart of our work.

As a small charity, our success depends on making every project count. Over the past 12 months, we have managed several small but impactful projects, each with a clear focus on meeting our key performance indicators (KPIs). These metrics are not simply numbers, but a measure of the lives we touch and the difference we make. Projects including our Healthy Lifestyle service focused on the Wider Determinants of Health are evidence of this.

Organisational development has been a major focus this year, and it's inspiring to see the tangible growth we have achieved. We have strengthened our internal systems, expanded our networks, and invested in our team's capacity to deliver high-quality, culturally competent mental health support. This progress gives us a stronger foundation for the future and ensures that we are ready to respond to the community's evolving needs. An example of this is our Nia Imani Counselling service.



*Rebecca Gardener*

**Operations Manager**



There have been several notable achievements that make me particularly proud. Our collaborations with the University of Birmingham on various co-production projects have been a shining example of what can be achieved when lived experience meets academic expertise. Equally, our work with the Race Equality Foundation has deepened our understanding and advocacy for racial equity in mental health provision.

These partnerships have not only strengthened our work but have also helped to influence broader conversations and practices in the sector.

As a mental health charity focused on the needs of the black and wider community, our mission remains as relevant as ever. We know that systemic barriers and cultural stigma often make it harder for individuals to access the right support. This is why our work, based heavily around trust, understanding, and cultural sensitivity; is so essential. We are committed to creating safe spaces, providing effective services, and advocating for change to ensure better outcomes for those we serve.

Looking ahead, I am excited about the many developments in progress. With the continued dedication of the team, partners, supporters and most importantly our beneficiaries, there is a lot more to come from Sandwell African Caribbean Mental Health Foundation





# Business Development Manager



## Business Development Highlights

### Building Voice, Visibility, and Value in Our Organisation:

#### Co-Production

This year, SACMHF has gone beyond service delivery-we've amplified the voices of those we serve and taken bold steps to build a more connected, confident, and cared-for community.

Funded by Bentley UK, we held powerful co-production events with our service users, men and women who have faced stigma, displacement, and mental health crises shared their visions for safer, more inclusive services and spaces. We also focused on their lived experiences around housing and support needs. These sessions weren't just consultations-they were moments of truth, healing, and hope. These voices have directly shaped our future housing strategy and C3 project, reminding us that co-production is not a process-it's a promise.

In partnership with the NHS Recovery College, we delivered an 8-week workshop series covering everything from performance psychology to economic empowerment. Each session offered participants space to reflect, rebuild, and reconnect. For many, it was their first time experiencing culturally relevant mental health education and the impact was transformational. This series enhanced our relationship with NHS partners and have strengthened our relationships with other internal departments such as the NHS spiritual care team and housing team amongst others.

We equipped over 60 young people with life-saving skills through three resuscitation workshops, delivered in schools with Mini First Aid and Resuscitation Council UK. This vital programme was so impactful it was featured by the BBC radio, raising awareness of mental health and emergency preparedness in young people from racialised communities. Finding creative ways to engage with young people will ensure our organisation inspires and can be inspired by new generations.

We have also gained a defibrillator which can be used by our community and we will integrate this into our C3 site.

We also stepped into the corporate arena, delivering a bespoke wellbeing and inclusion workshop for global engineering firm Mott MacDonald. This session explored culture, identity, and mental resilience-bridging our community wisdom within the workplace.

Each of these initiatives reminds us why SACMHF exists: to centre unheard voices, to connect communities with tools and hope, and to create lasting change. We're proud of what we've built-and even more excited for what's next.

We extend our deepest thanks to our staff, community partners, Sandwell Council, our local authority, MPs, councillors, and most importantly, our service users-whose trust, insight, and courage make all of this possible.



*Anthony Reece-Thompson*

**Business Development Manager**



## Senior Counsellor

We are proud to announce that Nia Imani Counselling Service has been running for over a year, providing culturally informed and sensitive therapeutic support to the African Caribbean community. Our mission is to deliver high-quality counselling and wellbeing services that are inclusive, accessible, and responsive to the lived experiences of our clients.

We recognise that members of the African Caribbean community often face unique and complex challenges when accessing mental health services, including cultural stigma, systemic inequalities, and a lack of representation within mainstream provision. For many, these barriers lead to delayed help-seeking, mistrust of services, and poorer mental health outcomes. By embedding cultural competence into every aspect of our work, we ensure that therapy is not only clinically effective, but also culturally safe, relevant, and affirming.

Since our inception, we have received over 150 referrals and successfully supported 148 individuals through their therapeutic journeys. Our approach is grounded in an understanding of the historical and social contexts that shape mental health within the African Caribbean community, enabling us to offer interventions that respect cultural identity, address intergenerational trauma, and promote self-empowerment.



*Jennifer McFarlane*

**Senior Counsellor**



### Partnerships

In October 2024, we partnered with Talking Therapies Plus, contributing to the NHS by helping reduce their long waiting lists. This collaboration has enabled us to extend our support beyond the African Caribbean community and offer counselling to individuals from a range of ethnic backgrounds, without compromising our commitment to culturally attuned care.

Due to the high volume of referrals, we've expanded our team from one full-time staff member to include one part-time therapist and seven student counsellors. Our goal is to continue building a diverse, skilled team that reflects the communities we serve, while expanding our therapeutic approaches and screening tools, such as GAD-7, PHQ-9, and WEMWBS, to provide more nuanced assessments and interventions.

Our vision is to support the community not only through therapy, but by promoting long-term mental health and wellbeing. We are committed to reducing institutionalisation and fostering recovery through a holistic approach, integrating recreational, vocational, and mental health interventions, delivered in collaboration with SACMHF's existing and upcoming projects.

This work is imperative because culturally competent mental health care is not an optional extra, it is a necessity for equity. By acknowledging and addressing the impact of racism, migration, identity, and community values on mental health, we create spaces where people feel understood, respected, and empowered to heal. In doing so, we not only fill a critical service gap, but strengthen the overall support network for the community, contributing to a more integrated, inclusive, and effective model of care.



## User Voices



### Men's Group - Stefano's Journey with SACMHF

Stefano has been coming to our MAN II MAN (Men's group) for 4 years now. He initially found out about us through his sister - who made his referral and ever since Stefano has been a pivotal part of the Kuumba community.

He gets involved with a wide range of our services and activities. These services include: our bike project and the job club. When Stefano first started with us, he said: "I was a little depressed and my mood wasn't great. But joining the men's group and things like the bike project has helped me to feel good again. I enjoy socialising - keeping fit and from the job club I now volunteer 2 hours a week at the British Heart Foundation which has really helped to build my confidence and customer service skills.

I now feel more positive about my future. Thank you Kuumba family for making me feel like me again."

### Counselling - Miram's Journey with SACMHF

Miriam has been coming to the Kuumba Centre since 2016 and first met us through one of our stalls in Handsworth Park. Miriam enjoys going for nice long walks, cycling and generally keeping fit. She has struggled with her mental health over the years, but feels the support she has received from Kuumba has been pivotal in helping her to feel whole again.

After receiving outreach support from us, Miriam heard about the counselling service we offer and reached out to us. Miriam has successfully completed 10 weeks on our counselling programme and has had a very impactful and positive experience with us.

#### How has counselling helped you?

I have found the therapy phenomenal - I have been able to speak to my counsellor without feeling judged, she offers great empathy and understanding in ways I thought wasn't possible. Counselling has helped me with personal battles such as; spiritual difficulties, childhood trauma, domestic abuse and it has allowed me to explore things in which I would previously not feel comfortable speaking about. Counselling has not only allowed myself to pin point my triggers and traumas, but also identifying how trauma works.

I feel so much more at peace now and relaxed to speak at ease openly. Kuumba has helped me so much to connect on a cultural level, which is what I needed - it has allowed me to find myself, it has been my calm and was the missing piece to me.





# Volunteering

## Marva's Journey with SACMHF

Marva attended our bike project for 8 weeks and was soon approached by a member of staff after recognising her exceptional interpersonal skills and commitment. Marva said: "i enjoy attending and participating in various activities at Kuumba Centre. I enjoy the social aspect of volunteering and engaging with service users. I also enjoy assisting staff to help organise events. If you have a few hours to spare, volunteering is valuable and a rewarding way to spend that time, as it gives you a real sense of purpose and it can make a positive impact on people's lives."



### Skills gained....

- I've learned how to become a better cyclist and the maintenance of my bicycle
- Gardening, from preparing the soil to planting to harvesting
- Learning about finance & economics, communication, teamwork and problem solving, which are skills that I can pass onto others.



***Volunteering is a great way to get involved, support your local community & connect with all walks of life.***

We want to thank all of our volunteers for their positive contribution and dedication they give us with their time and commitment. Whether this is helping to make teas and coffees, answering the telephones or assisting with one of our projects - volunteers play a pivotal part of our journey in continuing to help us grow and to serve our diverse community.



Another one of our amazing volunteers, Steph.



# Student Placements

In collaboration with two local universities, we have formulated our student placement programme. This allows students to gain knowledge and experiences of working in the voluntary and mental health sectors. Individuals may have a direct interest in these areas or require more knowledge and experience to enhance their studies.

Our student placement programme has offered a number of placement opportunities for over 100 students. These students have been a combination of first year, second year, and master's students who have worked with us on placement from 3 weeks to 70-day placements. The main students our programme has supported those studying mental health nursing, social work, nursing, and occupational therapy.



I want to use this opportunity to thank you from the depth of my heart for the assistance and support rendered throughout my placement at Sandwell African Caribbean Mental Health Foundation (Kuumba Centre).

I am grateful for the opportunity given to partake in the Adult Safeguarding training. Kuumba Centre is a wonderful place because of its cultural diversity, tolerance and professionalism.



**Nimarta**

Social Work Student Placement



I am leaving with a much better understanding of different mental health issues in black minority ethnic groups, their impact, and as a support worker, what support can be given.

The training sessions that were provided were so insightful and useful in gaining knowledge, an opportunity to have meaningful discussions with different professionals and understanding their roles in society.



**Wendy**

Social Work Student Placement



Through this experience, I not only developed professional skills such as cultural competence, advocacy, and communication, but also gained a deeper understanding of myself.



**Modinat**

Occupational Therapy Student Placement



Overall, my placement was a highly educational experience. The staff and fellow students were welcoming, polite, and supportive throughout.



**Eric**

Mental Health Nurse Student Placement



# Statistics

2024 - 2025

## IMPACT REPORT

**+335**

people who used  
our services  
(PWUS) reported  
raised levels of  
confidence

experienced longer periods of  
Wellbeing

**+278**



## COUNSELLING

**60%**

of members are accessing  
Counselling Support

The  
Counselling  
service has  
exceeded  
annual targets



## NUMBER OF PSYCHIATRIC ADMISSIONS

**1%**

Continues to remain low year  
on year



## Man II Man Group



### Men who attended regularly to the Man II Man Group reported:

- having increased their social networks.
- made friends.
- an increase in their participation in social activities.
- reduced loneliness and isolation.
- had longer periods of wellbeing.

## USER SATISFACTION SURVEY

**100%**

Agree

I was treated with dignity at all times

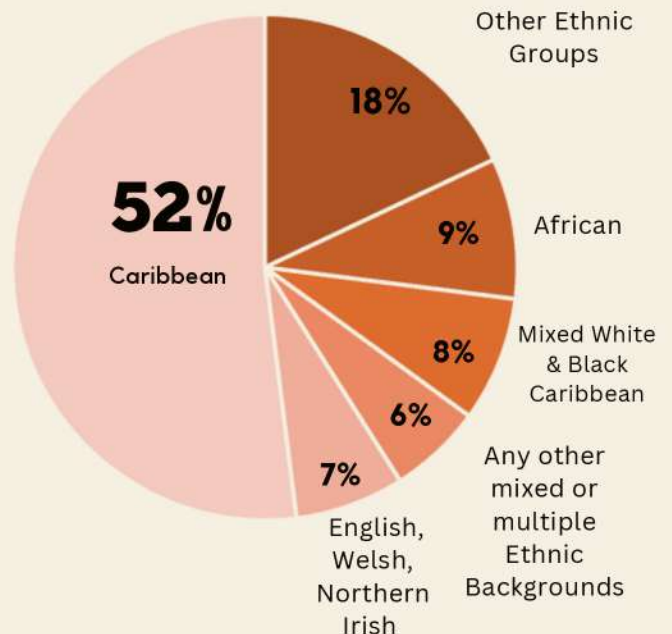
**96%**

Agree

The information I received about my  
support helped me to understand my  
condition/ my families health



## ETHNICITY



# EXPENDITURE

## DETAILED INCOME AND EXPENDITURE ACCOUNT

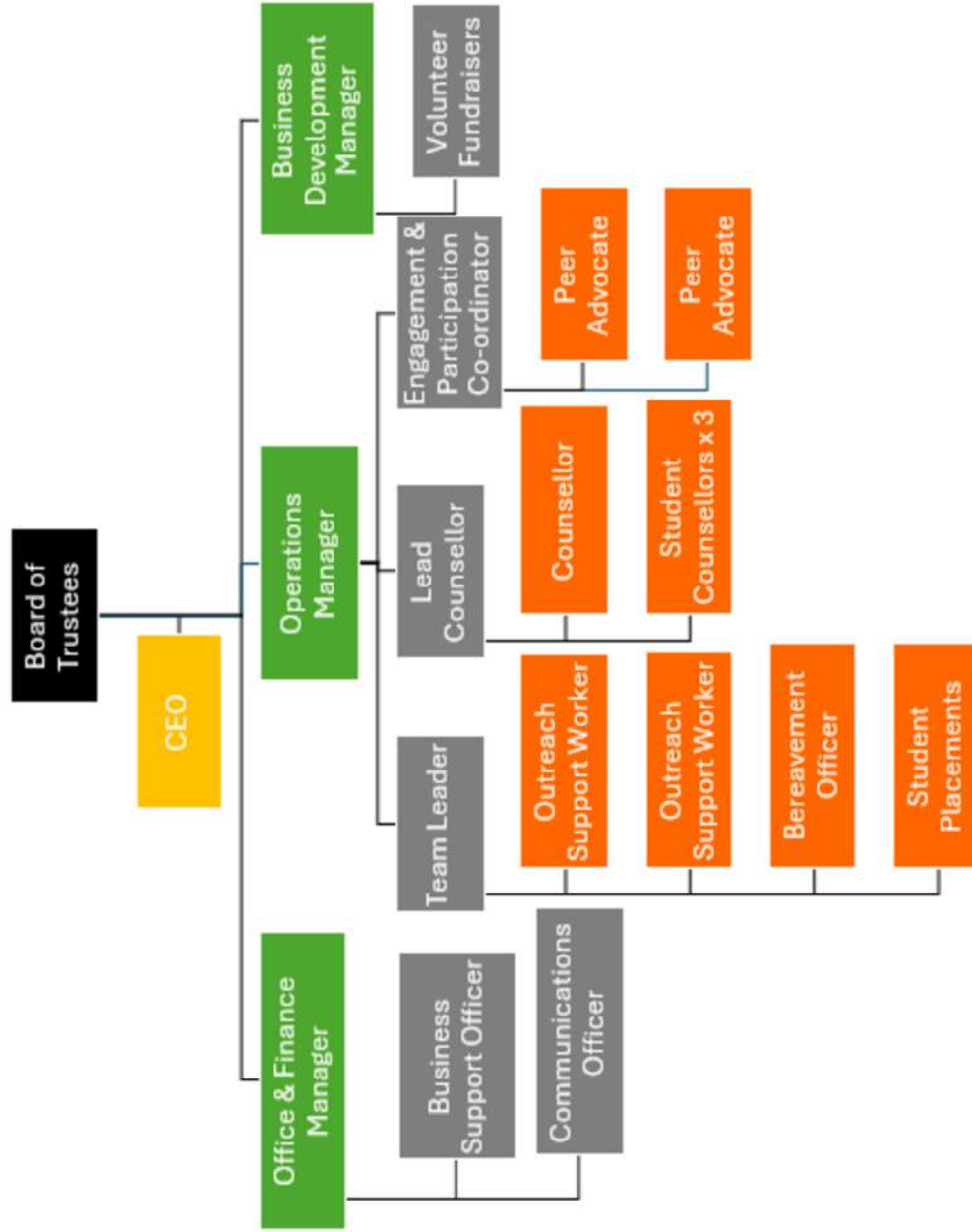
for the ended 31 March 2025

	2025	2024
	£	£
<b>INCOMING RESOURCES</b>		
Grants		
Sandwell MBC	140,440	135,460
Big Lotto2	112,848	56,692
Oak Foundation	64,000	64,000
POhWER Advocacy	58,807	16,039
Henry Smith	40,000	37,050
Heart of England - ICF	38,046	-
Postcode Lottery	25,000	-
Talent Fund	20,000	-
Wider Determinants of Health	17,746	-
Heart of England 2 (Garden Project)	15,588	-
BBWBS	11,250	8,000
Shared Prosperity Fund	5,714	10,826
Others	28,599	18,337
Donations	20,035	1,594
	<u>598,073</u>	<u>347,998</u>
Fundraising	16	148
Sundry income	2,073	198
Commerical operations	22,805	10,086
Rental income and room hire	-	425
	<u>622,967</u>	<u>358,855</u>
<b>STAFF COSTS</b>		
Wages and salaries	<u>383,708</u>	<u>290,610</u>
Rent and rates	18,485	13,001
Insurance	1,648	1,750
Heat, light and water	9,967	12,692
Telephone and communications	10,276	6,113
Postage and stationery	3,152	1,143
Advertising and events	2,316	5,344
Repairs and renewals	15,960	2,473
Travel and subsistence	15,708	3,961
Office expenses	11,786	11,743
Volunteer expenses	466	460
Training and recruitment	12,420	17,653
Computers and IT	21,207	20,867
Legal and professional	11,902	33,732
Bank charges and interest	262	212
Depreciation - office equipment	4,408	2,516
	<u>523,671</u>	<u>424,270</u>
<b>GOVERNANCE COSTS</b>		
Auditor's remuneration	<u>5,700</u>	<u>5,400</u>
	<u>5,700</u>	<u>5,400</u>
<b>NET (DEFICIT)/SURPLUS FOR THE YEAR</b>	<u>93,596</u>	<u>-70,815</u>

This page does not form part of the statutory financial statements



# Management & Staffing Structure





# Acknowledgements

We extend our thanks to the grant funders whose generous support has enabled us to deliver culturally responsive services that truly reflect and respect the black diverse communities we serve. Your commitment to equity and inclusion empowers us to create meaningful impact and foster lasting change.

Without our staff and their commitment and contributions in supporting those with mental ill health - SACMHF would not be able to deliver the services we provide with such care and understanding. We thank you for making a huge difference.

We also wish to acknowledge the invaluable contributions of third sector organisations , suppliers, and partners. Their expertise, collaboration, and dedication continue to strengthen our work and enhance the quality of our services.

Most importantly, we express our deepest appreciation to the people who use our services. Their voices, experiences, and trust guide everything we do. They inspire us to grow, innovate, and remain accountable to the communities we are privileged to serve.

Together, we are building a more inclusive and empowered future.

## Funders

Sandwell Metropolitan Borough Council  
Bentley Advancing Life Changes  
Black Country NHS Partnership Trust  
Communities in Sync  
Cycling UK - Cycling T Club  
Department of Health & Social Care  
Heart of England

Henry Smith Charity  
Oak Foundation  
Resuscitation Council UK  
The Talent Fund (George Michael Fund  
Postcode Lottery)  
UK Shared Prosperity Fund  
University of Wolverhampton





**Sandwell African Caribbean Mental Health Foundation**

**(A Company Limited by Guarantee)**

**Annual Report and Financial Statements  
Year ended 31 March 2025**

Charity number : 1082017

Company Number : 4004120

Feltons  
Chartered Accountants  
Birmingham  
B1 3JR



**Sandwell African Caribbean Mental Health Foundation**

**(A Company Limited by Guarantee)**

**Report and financial statements  
Year ended 31 March 2025**

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**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Reference and Administrative Details**

Chair	Bishop D R Williams	
Trustees	Ms M Wilson Mr R A McDonald El Musa Pujeh	Vice Chair
Company secretary	Patricia Johnson	
Key management personnel	Patricia Johnson Donna Campbell Rebecca Gardner  Anthony Reece-Thompson	Chief Executive Officer Office & Finance Manager Youth Services Manager/Care Co-ordinator Business Development Manager
Registered office		Kuumba Centre Boulton Road West Bromwich West Midlands B70 6NW
Charity number		1082017
Company registration number		4004120
Auditor		Feltons 8 Sovereign Court 8 Graham Street Birmingham B1 3JR
Bankers		Unity Trust Bank Nine Brindley Place 4 Oozells Square Birmingham B1 2HB
Solicitors		Kapasi & Co 1st floor, 17 Birmingham Street Oldbury West Midlands B69 4DT



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Report of the trustees**  
**Year ended 31 March 2025**

The trustees present their report and the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

**Trustees of the charity**

Details of the trustees who served during the year and to the date these accounts are approved are included in the Reference and Administrative details on page 1.

**Objectives and activities**

Our charity delivers services predominately but not exclusively for Black African Caribbean people recovering from mental illness, their families, carers, and the wider community.

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

The strategies employed to achieve the charity's aims and objectives are described in the strategic report below.

**Strategic Report**

**Achievements and performance**

The whole year for me was characterised by work to secure the transfer of a community building from Sandwell council to our charity. The rationale that supports the need for another larger building to deliver our services from is focused on achieving sustainability. Simply put a larger premises will enable our charity to grow resulting in increased outputs and increased income as we look to serve the community of Charlemont & Grove Vale.

Strategically SACMHF have had a focus on what we can do to get closer to the charity elixir of sustainability and financial freedom. The year has seen SACMHF reach the final chapter of a long journey of work to remove certain of the shackles of the traditional model of financing the charities work. The funds required to support the demolition of the existing site to be replaced with a new building was costed as £950k rising months later to £1.1m.

**Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)**

**Report of the trustees (continued)  
Year ended 31 March 2025**

**Achievements and performance (continued)**

A project team was assembled which included a business consultant and a firm of architects, both of which had worked recently on another capital project in the borough.

The year commenced with a determination to bring the fundraising strategy for the asset transfer of a community building namely the Charlemont Community Centre with the submission of a large capital funding application to the Community Ownership Fund (COF). This fund was part of the levelling up funding first espoused by the previous Conservative Government.

Although the fundraising strategy continued the change of government presented us with the dilemma around whether the incoming government would continue the Community Ownership Fund at the start of their tenure. Decisions on our application was due at around the end of May 2024 but there was a deathly silence for some time.

Locality is a 'national membership network supporting local community organisations. Locality, 'provide specialist advice, peer-learning, resources and campaigns including to take over and run assets for the benefit of local people'. Locality were selected to support us through the application process to the COF. Their support was invaluable during the process which was and continues to be challenging!

In addition to this we were supported by Sarah Coombes MP for West Bromwich, who liaised with central government to ascertain a clearer picture of whether the Community Ownership Fund was going to continue and give us a decision on our application. Her intervention was timely and so helpful, I am most grateful to her for the time she took out of her schedule to help us when the prospect of securing this grant was starting to look bleak.

The fundraising strategy to complete the asset transfer was complete by the end of the year and the required funds were secured from a combination of funders who are Community Ownership Fund, National Lottery Community Fund, Clothworkers Foundation, Wolfson Foundation and Garfield Western. There are several applications that are still being considered.

There has been much involved in the asset transfer process, and it has included engagement with local people who reside in the Charlemont & Grove Vale ward, consultation and engagement with the people who use SACMHF services, lengthy lease negotiations, planning application, the tender for the work to build the centre and much more. The advice and support from our business consultant and the firm of architects has proven to be a critical success factor and I am thankful and grateful to have been able to have them onboard.

The SACMHF team have been rightfully questioning and inquisitive about the asset transfer and it is their studious approach to their work that has helped me to be able to consider this large capital project, and I thank them for their diligence and work ethic. This could not be executed without the support of the team.

Sandwell Metropolitan Borough Council (SMBC), to use the full title have supported this asset transfer from the third time of asking! There are key individuals from SMBC who have worked hard and supported me to help make the challenging and lengthy process smoother and frankly we could not have reached this stage without Manny Sembhi, Nick Garrat, Luke Dove and Stefan Hemmings.



**Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)**

**Report of the trustees (continued)  
Year ended 31 March 2025**

- **Operation Level Outputs**

Operations were all go last year with a new partnership service funded by the Department for Health & Social Care. The new project was the second part of a two-year pilot and was called the Culturally Appropriate Advocacy Service. This service was delivered in Birmingham in partnership with Pohwer Advocacy a National Advocacy charity and Catalyst 4 Change who provide 'support for community organisations, SME's, faith groups or businesses with a significant African and Caribbean mental health / wellbeing service user base'.

This service supported people with mental ill health need for advocacy whilst admitted to one of several inpatient units across the Birmingham and Solihull footprint. The CAAS service also supported Carers and people who looking to be discharged from a psychiatric unit back into the community. The project was subject to an evaluation, and the report will be available very soon.

During the previous financial year, we launched a small garden project, and it was our aim to learn from this pilot gardening offer and move on to secure additional funding to increase the garden size during the last financial year and this is exactly what we did.

Courtesy of a successful grant application to the West Midlands Combined Authority Green Grants programme we had sufficient funding to pay a gardener, a team of volunteers and to have new raised beds, new flora and fauna, bulbs, soil, and additional composter and some seating. The garden is flourishing, and I thank all who have been involved and continue to be involved in our Time to Grow project. It's been a huge success, and we even have a volunteer who is neurodiverse who pops to the garden every Saturday morning to water and feed all the plants, flowers and vegetables. This young man has agreed to undertake gardening duties at the Charlemont Community Centre next year when it is up and running!

- **Short term objectives**

The annual strategic development day was held over two days last year to enable a much-needed update on the C3 development and time to take questions from the team about the asset transfer process and what had been involved so far. This event is a co-produced event facilitated by Silverdale Associates who have a long history of work with SACMHF. The team expressed their support for the C3 development and expressed a wider understanding of the processes employed to secure the site.

The Business Development Manager works alongside me to execute the finance and fundraising strategy to support the delivery of services and more general operations. During the year he has re-launched the team of community fundraisers who have drafted a schedule of fundraising activities to raise much needed funds for services offered from the Kuumba centre.

The wider determinants of Health service is a service delivered in partnership with the consortium that SACMHF is member of which is Communities in Sync (CIS). Our role in this service is to deliver healthy lifestyle activities called 'Get Active' to support mental wellbeing. The gardening project is a part of this service coupled with health walks and our cycling project. The cycling aspect of this service has grown and much support was received from Cycling UK. I think I may have inadvertently created a wider team of bid writers as our Communications Lead wrote two successful bids to support the purchase of additional bikes and storage!!

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Report of the trustees (continued)**  
**Year ended 31 March 2025**

Some of the Outcomes and Experiences from people using SACMHF services:

**Case study 1: Female – Outreach and Counselling Services, 31 years old, L**

*What was your situation when you first began using our services?*

When I first joined, I was struggling a lot with my mental health. I felt isolated, anxious, and unsure how to cope with everyday responsibilities. Due to my personal circumstances, I'd lost confidence in myself and didn't know where to turn for help.

*What did you hope to gain from accessing this service?*

I hoped to find someone I could talk to openly, without feeling like a burden. I wanted to learn ways to manage my anxiety, rebuild my confidence, and get support to take practical steps forward in my life. I really struggled with meeting new people without feeling shy/ judged.

*Tell us what you became involved with?*

I attended regular one-to-one counselling sessions, which gave me space to explore my feelings and develop coping strategies. Alongside that, I worked with an outreach support worker who helped me set small goals, find local activities to get involved in, and explore physical activities that I really enjoy.

*Were there any challenges you faced and how were you supported to overcome them?*

One of my biggest challenges was leaving the house and facing social situations. My counsellor helped by starting small; brief visits to local groups, encouragement to get involved in services like the bike project. That step-by-step approach made it possible.

*What impact has accessing this service made for you?*

It's made a huge difference to my life. I feel calmer, more confident, and able to handle challenges. I've reconnected with people, joined community activities such as the bike project which I love doing each week.

*Tell us your main highlight?*

My main highlight has been finding a local group I love going to each week. It's given me sense of belonging and something to look forward to. Coming to the Kuumba centre is now part of my routine.

*What is next for you?*

Next, I want to look forward to any new opportunity that presents and keep building my skills. I have recently signed up for a new employability and vocational skills service at the centre. I'm determined to keep using the tools I've learned so I can stay well and keep moving forward.

**Case study 2: Male – Counselling and iMATTER youth service, 19 years old, J**

*What was your situation when you first joined iMATTER and access counselling?*

When I first started counselling, I was feeling really anxious and down. I was really struggling with the transition into adult services pending. I was worried about how I would cope on my own and avoiding people because I didn't feel confident talking to anyone. Everything felt overwhelming.

*What did you hope to gain from accessing this service?*

I wanted to feel more in control of my life and learn ways to manage my anxiety so I could focus on college and my future. I also hoped to get some guidance on living independently and maybe meet new people.

*Tell us what you became involved with?*

I had regular one-to-one counselling sessions where I learned coping strategies for anxiety and stress. Later, I started working with the youth service outreach team, who began to support me with daily routines, going to appointments, and joining a local youth group.

*Were there any challenges you faced and how were you supported to overcome them?*

One of the hardest things was leaving the flat and going into social situations. My counsellor was amazing and supported me by starting with small steps, like short walks, and even came with me to my first youth group session until I felt comfortable with this transition on my own.



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Report of the trustees (continued)**  
**Year ended 31 March 2025**

*What impact has accessing this service made for you?*

It's made a massive difference. I'm attending college regularly now, I'm able to manage my flat, and I feel more confident around people. I don't feel as stuck as I used to.

*Tell us your main highlight?*

The highlight for me has been making friends and the relationships I built with my counsellor and the wider staff team. Even though my counselling has finished and I am ready to move on, I know that there is always a safe place where I can return to who will always offer me some support.

*What is next for you?*

Hopefully find a part time job. I'm planning to keep using the tools I've learned to stay on top of my mental health and keep building my independence.

**Case study 3: Female – Care for you, Outreach & Counselling Services, 52years old, JR**

*What was your situation when you first joined the counselling service?*

I was in a very low place still struggling with the bereavement which has continued to hinder my life and prevent me from moving forward in some ways.

*What did you hope to gain from accessing this service?*

I wanted some space to talk about how I was feeling without judgement, and to meet people who understood the pressures of caring. I also hoped to get practical advice on what help was out there for me.

*Tell us what you became involved with?*

I was already attending the carers group meetings regularly and joined in with wellbeing sessions they have. I also had one-to-one sessions with an outreach worker who helped me to fill out application forms for financial assistance.

*Were there any challenges you faced and how were you supported to overcome them?*

At first, I felt guilty about the fact that I have struggled to move on with parts of my life. Through talking, I realised that looking after myself was not selfish—it was essential if I want to move forward.

*What impact has accessing this service made for you?*

It's made a huge difference. I feel less alone, have more energy, and taking less medication. By using the counselling service, I was able to have a confidential space to talk about my emotions without worrying about burdening friends or family. I was able to develop coping strategies to manage stress, anxiety, and fatigue. Together,

*Tell us your main highlight?*

My main highlight has been finding a safe, understanding space where I can just be myself, not looking after anyone else. The laughter and support from the group have been a lifeline at times when I needed it.

*What is next for you?*

I plan to keep attending the group and using my respite time to focus on my wellbeing. I'm also looking forward to starting a creative writing course, something I've wanted to do for years.

**Case study 4: Male – MAN 11 Man (men's group), 33 years old, C**

*What was your situation when you first joined the men's group?*

When I first joined, I was in a pretty low place. I'd been dealing with depression for a while and was finding it hard to talk to anyone about how I felt. I spent most of my time on my own and had little motivation to do much outside of work. I was also taking quite a lot of medication to help my mood.

*What did you hope to gain from accessing this service?*

I hoped I could meet people who understood what I was going through and find a space where I could talk openly without feeling judged. I also wanted to learn ways to cope better with my mental health.

**Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)**

**Report of the trustees (continued)  
Year ended 31 March 2025**

*Tell us what you became involved with?*

I started by attending the weekly group sessions, just listening at first, and over time I joined in more. I took part in activities like workshops, fitness sessions, walking groups with the other men, going to the theatre and several other trips. Eventually, I helped welcome new members to the group and have now been a member for a long time.

*Were there any challenges you faced and how were you supported to overcome them?*

At first, I found it really hard to speak up in the group. The facilitators and other men never pushed me but encouraged me to share when I was ready. That made all the difference; it showed me it was okay to take small steps.

*What impact has accessing this service made for you?*

I'm more confident, I've made friends I trust, and I'm much better at handling stress. I've started doing things I enjoy again like socialising with people and groups where I feel safe.

*Tell us your main highlight?*

My highlight has been realising I'm not alone. The support and understanding in the group have been incredible.

*What is next for you?*

I want to keep coming to the group and train as a peer mentor to support other men who are where I was when I first started.

The principal risks and uncertainties together with the plans and strategies adopted to manage these risks are described in the risk management section on page 9 of this report.

**Financial review (including reserves policy)**

The financial results of Sandwell African Caribbean Mental Health Foundation are detailed in the following pages. It is considered that the finances are sound and well established. The principal funding source is a grant from Sandwell MBC. All expenditure of this income is planned to fulfil the objectives and strategies of the charity. During the year ended 31 March 2025 total resources expended were £529,371 and the surplus of income over expenditure was £93,596 stated after depreciation of £4,408.

The trustees continually monitor the reserves of the charitable company. This process encompasses the nature of income and expenditure streams and the need to match commitments with income and nature of reserves.

**Investment powers and policy**

Any surplus funds are deposited with Unity Trust Bank.

**Plans for future periods**

Our charity is on a well-earned trajectory to achieve sustainability. We are not there yet but are edging closer to this strategic goal. The pressure of changing statutory commissioning has meant that third sector community organisations like our charity need to be ever more creative about how we raise income to support our growing service offer. The C3 development will help to shore up new opportunities to deliver new and exciting services for the people who currently use our services and for the residents of Charlemont and Grove Vale. I am warmed and excited by this new opportunity which will help to breathe new life into our charity and guide us further into a stronger, healthier future.



**Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)**

**Report of the trustees (continued)  
Year ended 31 March 2025**

**Structure, Governance and Management**

***Governing document***

Sandwell African Caribbean Mental Health Foundation is a company limited by guarantee governed by its Memorandum and Articles of Association dated 12 April 2000 and is registered as a charity with the Charity Commission. There are currently five members, each of whom agrees to contribute £1 in the event of the charity winding up.

***Appointment of trustees***

As set out in the Articles of Association, the Charity may by ordinary resolution appoint a person who is willing to act as a trustee either to fill a vacancy or as an additional trustee and may also determine the rotation in which any additional trustees are to retire. No person may be appointed as a trustee unless they have attained the age of 18 years or in circumstances such that, had they already been a trustee, they would have been disqualified from acting under the above provisions.

***Trustee induction and training***

New trustees are briefed on their legal obligations under charity and company law and the Charity Commission guidance on public benefit, and are informed of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and the recent financial performance of the charity.

***Organisation***

The board of trustees administers the charity. The board normally meets six times a year and there are sub-committees covering business development including impact, user satisfaction, finance and fundraising strategy and the communications plan which normally meet four times a year. A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance and fundraising, human resources, and business development.

***Related parties and co-operation with other organisations***

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with a client or supplier must be disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. Related party transactions in the current year would be described in notes 8 and 18 to the accounts.

***Pay policy for senior staff***

The board of directors, who are the Trust's trustees, and the senior management team together comprise the key management personnel of the charity in charge of directing and operating the trust on a day to day basis. No director received remuneration in the year and details of directors' expenses and related party transactions are disclosed in note 8 to the accounts. The pay of senior staff is reviewed annually and normally increased in accordance with average earnings.

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Report of the trustees (continued)**  
**Year ended 31 March 2025**

***Risk management***

The trustees have a risk management policy which comprises :

- an annual review of the principal risks and uncertainties that the charity faces;
- the establishment of policies, systems, and procedures to mitigate those risks identified in the annual review; and
- the implementation of procedures designed to mitigate or manage any potential impact on the charity should those risks materialise.

This work has identified that financial sustainability is the major financial risk for the charity. Key elements in the management of financial risk are a regular review of available liquid funds to settle debts as they fall due, regular liaison with the bank, and active management of operational debtor and creditor balances to ensure sufficient working capital by the Trust.

Attention has also been focused on non-financial risks such as fire, health and safety, employment matters and data protection. These risks are managed by ensuring accreditation is up to date, having robust policies in place, and regular awareness training for staff working in these operational areas.

**Trustees' responsibilities**

The trustees (who are also directors of Sandwell African Caribbean Mental Health Foundation for the purposes of company law) are responsible for preparing the Trustees' Annual Report (including the Strategic Report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Report of the trustees (continued)**  
**Year ended 31 March 2025**

**Trustees' responsibilities (continued)**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Disclosure of information to the auditors**

We, the directors of the company who held office at the date of approval of these Financial Statements as set out above each confirm, so far as we are aware, that:

- there is no relevant audit information of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as directors in order to make ourselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

In approving the Trustees' Annual Report, we also approve the Strategic Report included therein, in our capacity as company directors.

On behalf of the board.



.....  
Bishop D R Williams  
Chair

Date : 12 DEC 2025 .....

**Independent Auditor's Report to the Trustees of  
Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)**

**Opinion**

We have audited the financial statements of Sandwell African Caribbean Mental Health Foundation (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements :

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.



**Independent Auditor's Report to the Trustees of  
Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)  
(continued)**

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report have been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement (set out on page 5), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Independent Auditor's Report to the Trustees of  
Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)  
(continued)**

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- We reviewed the company's control and risk management procedures and planned our work based on our assessment of those controls and procedures;
- This review included an assessment of the risk of material misstatement due to errors, fraud and management override of controls for all material areas in the financial statements;
- We made enquiries of management and the company's lawyers regarding any actual or potential litigation and/or claims;
- Financial statements disclosures were reviewed and checked for compliance with applicable laws;
- Detailed testing was conducted on balances and transactions including unusual items and those of individual significance to the financial statements;
- Data analytics were used in order to identify unusual or significant trends;
- Communications with management and those charged with governance regarding relevant matters was undertaken throughout the audit and on completion.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.



**Independent Auditor's Report to the Trustees of  
Sandwell African Caribbean Mental Health Foundation  
(A Company Limited by Guarantee)  
(continued)**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



**David W Farnsworth FCA (Senior Statutory Auditor)**

For and on behalf of Feltons, Statutory Auditor

8 Sovereign Court

8 Graham Street

Birmingham B1 3JR

15 December 2025

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Statement of financial activities**  
**for the year ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted general funds £	Restricted fixed asset funds £	Total 2025 £	Total 2024 £
<b>Income</b>						
Donations and legacies	3	326,881	261,192	10,000	598,073	331,959
<i>Income from charitable activities:</i>	4					
Fund raising		16	-	-	16	148
Sundry income		2,073	-	-	2,073	198
<i>Income from trading activities:</i>						
Commercial operations		22,805	-	-	22,805	26,125
Rental income and room hire		-	-	-	-	425
<b>Total income</b>		<b>351,775</b>	<b>261,192</b>	<b>10,000</b>	<b>622,967</b>	<b>358,855</b>
<b>Expenditure</b>						
<i>Charitable activities:</i>						
Operational and support costs	5	337,015	192,356	-	529,371	429,670
<b>Total expenditure</b>		<b>337,015</b>	<b>192,356</b>	<b>-</b>	<b>529,371</b>	<b>429,670</b>
<b>Net income/(expenditure) before transfers</b>		<b>14,760</b>	<b>68,836</b>	<b>10,000</b>	<b>93,596</b>	<b>(70,815)</b>
Gross transfers between funds	14	-	-	-	-	-
<b>Net movement in funds</b>		<b>14,760</b>	<b>68,836</b>	<b>10,000</b>	<b>93,596</b>	<b>(70,815)</b>
<b>Reconciliation of funds</b>						
Total funds brought forward	14	19,958	63,103	-	83,061	153,876
<b>Total funds carried forward</b>		<b>34,718</b>	<b>131,939</b>	<b>10,000</b>	<b>176,657</b>	<b>83,061</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year



**Sandwell African Caribbean Mental Health Foundation**  
(A Company Limited by Guarantee)

Company Number : 4004120

/ Charity number : 1082017

Balance sheet as at 31 March 2025

	Notes	£	2025	£	£	2024	£
<b>Fixed assets</b>							
Tangible assets	10			66,090			10,066
<b>Current assets</b>							
Debtors	11		69,063			65,179	
Cash at bank and in hand			<u>83,659</u>			<u>51,530</u>	
			152,722			116,709	
<b>Creditors: amounts falling due within one year</b>	12		<u>42,155</u>			<u>43,714</u>	
<b>Net current assets</b>				110,567			72,995
<b>Net assets</b>				<u>176,657</u>			<u>83,061</u>
<b>Funds of the charity :</b>							
<b>Restricted funds</b>							
Fixed asset fund	14		10,000				
General fund	14		<u>131,939</u>			<u>63,103</u>	
				141,939			63,103
<b>Unrestricted funds</b>							
General fund	14			34,718			19,958
<b>Total funds</b>				<u>176,657</u>			<u>83,061</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 18 to 27 form part of these accounts.

The financial statements were approved by the board of trustees on 12 DECEMBER 2025 and were signed on its behalf by:



Bishop D R Williams  
(Chair)

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Statement of cash flows**  
**for the year ended 31 March 2025**

	Notes	2025 £	2024 £
<b>Cash flow from operating activities</b>	17	92,561	(50,265)
Interest paid			
<b>Net cash flow from operating activities</b>		<u>92,561</u>	<u>(50,265)</u>
<b>Cash flow from investing activities</b>			
Payments to acquire tangible fixed assets		(60,432)	(1,673)
<b>Net cash flow from investing activities</b>		<u>(60,432)</u>	<u>(1,673)</u>
<b>Net increase / (decrease) in cash and cash equivalents</b>		<u>32,129</u>	<u>(51,938)</u>
Cash and cash equivalents at 1 April 2024		51,530	103,468
<b>Cash and cash equivalents at 31 March 2025</b>		<u>83,659</u>	<u>51,530</u>

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Notes to the financial statements for the year ended 31 March 2025**

**1. Accounting policies**

**a) General information and basis of preparation**

Sandwell African Caribbean Mental Health Foundation is a charitable company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the delivery of services predominately but not exclusively for Black African Caribbean people recovering from mental illness and their families, carers, and the wider community.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated

**b) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for a period of 12 months from the date of authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**c) Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**d) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Notes to the financial statements for the year ended 31 March 2025 (continued)**

**1. Accounting policies (continued)**

**d) Income recognition (continued)**

- **Grants receivable**

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

- **Donations**

Donations are recognised on a receivable basis where there is certainty of receipt and the amount can be reliably measured. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

- **Donated services and gifts in kind**

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

- **Gifts in kind**

Fixed asset gifts in kind are recognised when receivable and are included at fair value. They are not deferred over the life of the asset.

- **Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

- **Other income**

Other income, including the hire of facilities, is recognised in the period it is receivable and to the extent the goods have been provided or on completion of the service.

**e) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- **Costs of generating funds**

These are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Notes to the financial statements for the year ended 31 March 2025 (continued)**

**1. Accounting policies (continued)**

**e) Expenditure recognition (continued)**

- **Charitable activities**

These are costs incurred in activities undertaken to further the purposes of the charity and their associated support costs.

- **Governance costs**

These include the costs attributable to the trust's compliance with constitutional and statutory requirements, including strategic management and trustees' meetings and reimbursed expenses.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

**f) Allocation of support costs**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative payroll costs. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note .....

**g) Tangible fixed assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Leasehold improvements	- straight line over 50 years
Plant and machinery	- 20% per annum on a straight line basis
Office equipment	- 20% per annum on a reducing balance basis

Assets in the course of construction are included at cost. Depreciation on these assets is not charged until they are brought into use and reclassified to freehold or leasehold land and buildings.

**h) Debtors**

Operational and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**i) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Notes to the financial statements for the year ended 31 March 2025 (continued)**

**1. Accounting policies (continued)**

**j) Liabilities**

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

**k) Operating leases**

Rentals payable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

**l) Taxation**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**m) Pension benefits**

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

Notes to the financial statements for the year ended 31 March 2025 (continued)

**2. Prior year Statement of Financial Activities (year end 31 March 2024)**

	Unrestricted funds £	Restricted general funds £	Restricted fixed asset funds £	Total 2024 £
<b>Income</b>				
Grants and donations	194,514	137,445	-	331,959
Income from charitable activities:	346	-	-	346
Income from trading activities	26,550	-	-	26,550
				-
<b>Total income</b>	<u>221,410</u>	<u>137,445</u>	<u>-</u>	<u>358,855</u>
<b>Expenditure</b>				
Charitable activities	308,124	121,546	-	429,670
				-
<b>Total expenditure</b>	<u>308,124</u>	<u>121,546</u>	<u>-</u>	<u>429,670</u>
<b>Net income/(expenditure) before transfers</b>	(86,714)	15,899	-	(70,815)
Gross transfers between funds	(2,966)	2,966	-	-
<b>Net movement in funds</b>	<u>(89,680)</u>	<u>18,865</u>	<u>-</u>	<u>(70,815)</u>
<b>Reconciliation of funds</b>				
Total funds brought forward	109,638	44,238	-	153,876
<b>Total funds carried forward</b>	<u>19,958</u>	<u>63,103</u>	<u>-</u>	<u>83,061</u>

**3. Grants and donations**

	Unrestricted funds £	Restricted general funds £	Restricted fixed asset funds £	Total 2025 £	Total 2024 £
Grants	316,846	261,192	-	578,038	330,365
Donations	10,035	-	10,000	20,035	1,594
	<u>326,881</u>	<u>261,192</u>	<u>10,000</u>	<u>598,073</u>	<u>331,959</u>

Donations include £10,000 relating to the provision of a lease on Charlemont Community Centre from the local authority.

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

Notes to the financial statements for the year ended 31 March 2025 (continued)

**4. Income from charitable activities**

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Fund raising	16	-	16	148
Sundry income	2,073	-	2,073	198
	<u>2,089</u>	<u>-</u>	<u>2,089</u>	<u>346</u>

**5. Expenditure on charitable activities**

	Core activity £	Total 2025 £	Total 2024 £
<b>Operational and support costs</b>			
Staff costs	383,708	383,708	290,610
Depreciation	4,408	4,408	2,516
Support costs (see note 7)	135,555	135,555	131,144
Governance costs (see note 7)	5,700	5,700	5,400
	<u>529,371</u>	<u>529,371</u>	<u>429,670</u>

Total expenditure on charitable activities was £529,371 (2024 - £429,670) of which £337,015 (2024 - £308,124) was unrestricted and £192,356 (2024 - £121,546), was restricted.

**6. Analysis of support and governance costs**

	Basis of allocation	General support £	Governance function £	Total 2025 £	Total 2024 £
Training and volunteer expenses	Staff time	12,886	-	12,886	18,113
Premises costs	Usage	46,060	-	46,060	29,916
Telephone, postage, stationery	Usage	15,744	-	15,744	12,600
Information technology	Usage	21,207	-	21,207	20,867
Travel and subsistence	Usage	15,708	-	15,708	3,961
General office costs	Usage	11,786	-	11,786	11,743
Audit and accountancy services	Governance	-	5,700	5,700	5,400
Legal and other professional	Usage	11,902	-	11,902	33,732
Bank charges	Usage	262	-	262	212
		<u>135,555</u>	<u>5,700</u>	<u>141,255</u>	<u>136,544</u>

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

**Notes to the financial statements for the year ended 31 March 2025 (continued)**

**7. Net income(expenditure) for the year**

Net income/(expenditure) is stated after charging :

	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Depreciation of tangible fixed assets		
Operating lease rentals	4,408	2,516
Premises		
Auditors remuneration	18,485	12,955
	5,700	5,400

The auditors remuneration amounts to an audit fee of £5,700 (2024 - £5,400).

**8. Trustees and key management personnel remuneration and expenses**

The trustees neither received nor waived any remuneration during the year (2024 - £nil). One trustee (2024 - 1) was reimbursed expenses during the year of £286 (2024 - £489).

The Trust considers its key management personnel comprise the senior management team as listed on page 1. The total amount of employee benefits received by key management personnel was £159,701 (2024 - £187,116).

**9. Analysis of staff costs and numbers**

**Staff costs :**

	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Wages and salaries		
Social security costs	341,440	259,516
Defined contribution pension schemes	28,896	23,391
	13,372	7,703
	383,708	290,610

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

**Staff numbers :**

The average monthly number of employees and full time equivalents during the year was as follows:

	<b>2025 Number</b>	<b>2025 FTE</b>	<b>2024 Number</b>	<b>2024 FTE</b>
Charitable activities	11	8	6	4
Management	4	4	5	5
	15	12	11	9



**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

Notes to the financial statements for the year ended 31 March 2025 (continued)

**10. Tangible fixed assets**

	Leasehold land and buildings £	Assets under construction £	Plant & machinery £	Office equipment £	Total £
<b>Cost</b>					
At 1 April 2024	-	-	-	54,357	54,357
Additions	10,000	38,460	7,414	4,558	60,432
At 31 March 2025	<u>10,000</u>	<u>38,460</u>	<u>7,414</u>	<u>58,915</u>	<u>114,789</u>
<b>Depreciation</b>					
At 1 April 2024	-	-	-	44,291	44,291
Charge for the year	-	-	1,483	2,925	4,408
At 31 March 2025	<u>-</u>	<u>-</u>	<u>1,483</u>	<u>47,216</u>	<u>48,699</u>
<b>Net book values</b>					
At 31 March 2025	<u>10,000</u>	<u>38,460</u>	<u>5,931</u>	<u>11,699</u>	<u>66,090</u>
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>	<u>10,066</u>	<u>10,066</u>

Assets under construction consist of expenditure incurred to date on the reconstruction of Charlemont Community Centre, West Bromwich B71 3PJ. Forecast expenditure to completion of the project is included as a capital commitment in note 16.

**11. Debtors**

	Total 2025 £	Total 2024 £
Debtors from operations	1,718	-
Prepayments and accrued income	67,345	65,179
	<u>69,063</u>	<u>65,179</u>

**12. Creditors - amounts falling due within one year**

	Total 2025 £	Total 2024 £
Creditors from operations	12,826	6,965
Taxation and social security	9,954	8,561
Accruals and deferred income	7,018	19,253
Other creditors	12,357	8,935
	<u>42,155</u>	<u>43,714</u>

**Sandwell African Caribbean Mental Health Foundation**  
(A Company Limited by Guarantee)

**Notes to the financial statements for the year ended 31 March 2025 (continued)**

**12. Creditors - amounts falling due within one year (continued)**

	<b>Total 2025 £</b>	<b>Total 2024 £</b>
<b>Deferred income</b>		
Deferred income at 1 April 2024		
Resources deferred in the year	13,853	-
Amounts released from previous years	-	13,853
Deferred income at 31 March 2025	<u>(13,853)</u>	<u>-</u>
	<u>-</u>	<u>13,853</u>

**13. Commitments under operating leases**

At 31 March 2025 the charity was committed to making the following payments under non-cancellable operating leases :

	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Within one year	13,362	13,362
Within two to five years inclusive	<u>2,952</u>	<u>16,314</u>
	<u>16,314</u>	<u>29,676</u>

**14. Analysis of funds**

	<b>Balance at 1 April 2024 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>Balance at 31 March 2025 £</b>
<b>Restricted general funds</b>					
Henry Smith	8,221	40,000	(25,826)		22,395
Big Lotto 2	47,181	112,848	(80,301)		79,728
Heart of England - ICF	-	38,046	(38,020)		26
Talent Fund	-	20,000	(11,667)		8,333
Others	7,701	50,298	(36,542)		21,457
	<u>63,103</u>	<u>261,192</u>	<u>(192,356)</u>	<u>-</u>	<u>131,939</u>
<b>Restricted fixed asset funds</b>					
Donated fixed assets	-	10,000	-	-	10,000
	<u>-</u>	<u>10,000</u>	<u>-</u>	<u>-</u>	<u>10,000</u>
<b>Total restricted funds</b>	63,103	271,192	(192,356)	-	141,939
<b>Unrestricted funds</b>					
General fund	19,958	351,775	(337,015)		34,718
<b>Total funds</b>	<u>83,061</u>	<u>622,967</u>	<u>(529,371)</u>	<u>-</u>	<u>176,657</u>

**Sandwell African Caribbean Mental Health Foundation**  
**(A Company Limited by Guarantee)**

Notes to the financial statements for the year ended 31 March 2025 (continued)

**14. Analysis of funds (continued)**

Name of fund	Description, nature and purpose of fund
Restricted general fund	Money given to the charity where the donor requires that a grant or donation be spent for a specific project.
Restricted fixed asset fund	Restricted fixed asset funds are resources which are to be applied to specific capital purposes imposed by funders where the asset acquired or created is held for a specific purpose.
Unrestricted general fund	The free reserves of the charity which are not designated for particular purposes.

**15. Analysis of net assets between funds**

Fund balances at 31 March 2025 are represented by:

	Unrestricted funds £	Restricted general funds £	Restricted fixed asset funds £	Total funds £
Tangible fixed assets	-	-	10,000	10,000
Current assets	34,718	174,094	-	208,812
Current liabilities	-	(42,155)	-	(42,155)
<b>Total net assets</b>	<b>34,718</b>	<b>131,939</b>	<b>10,000</b>	<b>176,657</b>

**16. Capital commitments**

Land and buildings

2025	2024
£	£
950,000	-

Forecast expenditure to completion on the reconstruction of Charlemont Community Centre, West Bromwich B71 3PJ. Expenditure to date is included as an asset under construction in note 10.

**17. Reconciliation of net income/(expenditure) to net cash flow from operating activities**

	Total 2025 £	Total 2024 £
Net income/(expenditure) for the year	93,596	(70,815)
Depreciation	4,408	2,516
(Increase) / decrease in debtors	(3,884)	1,800
Increase / (decrease) in creditors	(1,559)	16,234
<b>Net cash flow from operating activities</b>	<b>92,561</b>	<b>(50,265)</b>

**18. Related party transactions**

No related party transactions took place in the period of account.



**Sandwell African Caribbean Mental Health Foundation**  
**DETAILED INCOME AND EXPENDITURE ACCOUNT**  
**for the year ended 31 March 2025**

	2025 £	2024 £
<b>INCOMING RESOURCES</b>		
Grants		
Sandwell MBC		
Big Lotto 2	140,440	135,460
Oak Foundation	112,848	56,692
POhWER advocacy	64,000	64,000
Henry Smith	58,807	16,039
Heart of England - ICF	40,000	37,050
Postcode Lottery	38,046	-
Talent Fund	25,000	-
Wider Determinants of Health	20,000	-
Heart of England2 (Garden Project)	17,746	-
BBWBS	15,588	-
Shared Prosperity Fund	11,250	8,000
Others	5,714	10,826
Donations	28,599	18,337
	20,035	1,594
Fund raising	598,073	347,998
Sundry income	16	148
Commercial operations	2,073	198
Rental income and room hire	22,805	10,086
	-	425
	<u>622,967</u>	<u>358,855</u>
<b>STAFF COSTS</b>		
Wages and salaries	383,708	290,610
<b>SUPPORT COSTS</b>		
Rent and rates	18,485	13,001
Insurance	1,648	1,750
Heat, light and water	9,967	12,692
Telephone and communications	10,276	6,113
Postage and stationery	3,152	1,143
Advertising and events	2,316	5,344
Repairs and renewals	15,960	2,473
Travel and subsistence	15,708	3,961
Office expenses	11,786	11,743
Volunteer expenses	466	460
Training and recruitment	12,420	17,653
Computers and IT	21,207	20,867
Legal and professional	11,902	33,732
Bank charges and interest	262	212
Depreciation	4,408	2,516
	<u>523,671</u>	<u>424,270</u>
<b>GOVERNANCE COSTS</b>		
Auditor's remuneration	5,700	5,400
	<u>5,700</u>	<u>5,400</u>
<b>NET SURPLUS/(DEFICIT) FOR THE YEAR</b>	<u>93,596</u>	<u>(70,815)</u>

*This page does not form part of the statutory financial statements.*