

Charity Registration No. 1081903

Company Registration No. 04037793 (England and Wales)

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

BRENT ADOLESCENT CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION PAGE

Trustees	Mr P J Bard BCom MBA MSc (Chair) Dr B L Roberts MBChBFRCPsych Dr F M Hare (the Earl of Listowel) PhD Pessi Elias Mr Randy Mannie (Treasurer) Mr Gideon Hadary Mr Simon Dodds Mr Ian Barnes Anoushka Babber
Chief Executive	Dr M J A de Sauma MD, F. Inst. Psychoanal.
Company Secretary	Dr M J A de Sauma MD, F. Inst. Psychoanal.
Charity number	1081903
Company number	04037793
Registered office	51 Winchester Avenue London NW6 7TT
Auditor	HW Fisher LLP Acre House 11-15 William Road London NW1 3ER United Kingdom
Investment managers	Seven Investment Management LLP 55 Bishopsgate London EC2N 3AS
Bankers	HSBC Bank UK Plc

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BRENT ADOLESCENT CENTRE (A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Board of Trustees are pleased to present their Trustees' Annual Report and financial statements for the year ending 31 March 2021. The Trustees' Annual Report contains a Directors' Report as required by company law. The financial statements comply with the requirements of the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS102 (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

The main objectives of the charity as set out in the charity's Articles of Association and memorandum are to provide assessment, treatment and interventions, and information to young people in the areas of Health (mainly Mental Health) and other areas relevant to young people, and to research into adolescence and the causes of adolescent breakdown.

The principal activities of the charity continue to be the provision of services to young people in the area of Mental Health and development of a clinical audit, an outcome study on adolescent psychotherapy and research into adolescent breakdown. The Brent Adolescent Centre (BAC) provides Adolescent Exploratory Therapy (AET) and Psychotherapy services to help young people who experience a range of emotional and mental health difficulties. The most prevalent problems across all service users in the past year include:

- Anxiety 93%
- Depression: 86%
- Difficult relationship with family: 83%
- Difficult relationship with peers: 75%
- Sleep disturbances: 75%

These challenges can be addressed head-on through the Centre's range of therapy services. If they aren't talked through in early adulthood, the problem presented can significantly impair mental and physical health, and limit young people's ability to progress into fulfilling adult lives.

Increasingly complex difficulties that the Centre's young people faced included:

- Post-traumatic stress: 40%
- Self-harm: 36%
- Suicide risk: 28%
- Gender identity issues: 14%

This year, we saw a significantly higher proportion of young people who showed signs of severe anxiety in relation to exams and academic performance. It seems likely that this is related to the educational disruption caused by Covid.

The aim is to help young people make positive changes and improve their wellbeing. This can lead to:

- Improved relationships
- Reduced social exclusion
- Lower risk of breakdown in adulthood
- Better educational attainment

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The Centre's activities are provided through eight projects, Individual Adolescent Exploratory Therapy (AET), Individual Psychotherapy, Parental Support and Family Therapy, Practical Support, Young Offenders Project, Schools Services, Sport and Thought and Research. AET, Psychotherapy, Parent Support and Family Therapy, Practical Support and Research activities are undertaken at Laufer House and the other projects take place in outreach locations such as Schools and the Brent Youth Offending Services.

- **Adolescent Exploratory Therapy (AET):** Is a unique therapeutic provision developed by the Brent Centre specifically to meet the needs of adolescents. Through a series of consultations in which a young person explores their feelings and difficulties, and begins to understand what is worrying them and why. The young person and therapist will think together about what changes could be made and what might make the person feel better. Proven to help young people cope with feelings of depression, anxiety, anger, low self-esteem, relationship difficulties and even suicidal thoughts, sessions last for 45 minutes and continue for as long as they are needed.
- **Individual psychotherapy:** Designed for those who have had AET but need additional support, sessions are offered three times a week for up to three years. This gives young people space to understand their situation, feelings and behaviours - empowering them to make needed changes.
- **Parental support:** Support is offered to parents and carers whose children BAC are already in Therapy. This creates opportunity for them to talk openly about their child's needs, discuss concerns and develop new ways to help their loved one overcome the issues they face.
- **Family therapy:** Engaging parents, carers and siblings in group work , where they are encouraged to take an active role in the treatment process. Guided by BAC therapists, they learn to understand the difficulties they face and work together to build a better future.
- **Practical support:** Offered alongside therapy for as long as it is needed. It is designed to help young people access key services such as education, health, housing and employment – smoothing out practical challenges so that they are better able to address their mental health difficulties.
- **Working with Young Offenders:** The Young Offenders Project is based at the Brent Civic Centre working in conjunction with the Youth Offending Service. At the Youth Offending Service (YOS) BAC offer AET, parent support, family therapy and group discussion programmes. On behalf of the YOS BAC run one-off victim awareness sessions for youths on conditional cautions or out of court disposals. BAC staff also provide support to YOS staff, helping them to better identify signs of distress and understand the mental health needs of the young people under their care.

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- **Schools:** At schools BAC provide one-to-one support through AET and a pilot brief intervention service, for pupils with less severe difficulties. In response to specific concerns raised by teachers, BAC provide therapeutic group work for pupils to work through shared difficulties together. BAC supports academic and pastoral care staff to better identify and assist students struggling with mental health. Lastly, BAC provide parents and carers the chance to talk openly about their children's needs through parental or family therapy. The project is based in two primary, one infant and eight secondary schools. Supervision, individual and group work are provided to school staff.
- **Sport and Thought:** Sport & Thought is a combined football coaching and group therapy programme delivered by child psychotherapists. Sport & Thought creates a safe place for young people to build friendships and address the root cause of their behaviours, facilitating improvements in their problematic behaviours, social functions, focus and resilience. The Sport and Thought project is run at two secondary school, and a youth Centre.
- **Research:** BAC continue to research the area of adolescent mental health and are currently working on several articles for mental health publications, particularly on young offending and Adolescent Exploratory Therapy. Current research projects include: a detailed prospective clinical study on adolescent suicidality and self-harm; a retrospective study revisiting BAC's early work on suicidality and adolescence; and a study on Adolescent Exploratory Therapy.

The Brent Adolescent Centre reviews its activities each year against its activities and outcomes from the previous 12 months. The Trustees have paid due regard to the Charity Commission's guidance on public benefit when reviewing its aims and objectives and deciding the activities the charity undertakes.

ACHIEVEMENTS AND PERFORMANCE

Brent Adolescent Centre is delighted that it helped 602 young people (2019/20: 649) through 731 cases during the period (2019/20: 852 cases), during the period total appointment offered were 8,162 (28% increase) (2019/20: 6,399 appointments). The Centre helped 182 (2019/20: 268) young people and families – totaled by recording separate types of cases - at Laufer House (in-house services) offering 3,686 (2019/20: 2,929) appointments, 386 cases (2019/20: 477) through the Brent Centre's Schools and Sport & Thought Services offering 3559 (2019/20: 3,143) appointments and 44 young people (2019/20: 107) at the Brent Youth Offending Service offering 322 (2019/20: 327) appointments. The number of young people helped were slightly less than previous year due to covid-19 we had to adapt the services to deliver remotely via online and telephone but we managed to continue all our services through the pandemic and lockdown, offering more appointment compared to previous year, due to increase in more complex and severe cases.

Crisis Project

Responding swiftly to the pandemic, the Centre launched an enhanced intervention in our schools, providing varying lengths of treatment through reflection groups, assemblies, and 1:1 therapy. This helped to reach a wider population, including students who may not have presented with overt problems. From the group work, 80% of students improved or stabilized their academic performance, and 96% improved or stabilized their suicidal ideation. Through Crisis project group and assemblies work we were able to reach 3,964 students in our schools programme.

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We received overwhelmingly positive feedback on our enhanced service, with one of our school partners saying:

'The funded short-term service has been a real asset to our therapeutic work at Preston Manor, it was timely and effective, providing support when we most needed it and adding a level of versatility and agile responsiveness which we would otherwise have lacked...'

The Centre provided 728 (2019/20: 776) individual appointments to 186 (2019/20: 188) professionals in Schools, Youth Offending Service. The Centre also provided 64 (2019/20: 51) group appointments to professionals in Schools and at the Youth Offending Service.

The Brent Adolescent Centre has continued to develop its outreach therapeutic work in 11 schools in the borough of Brent and Ealing, including 4 new partnerships, and the Brent Youth Offending Service. During the period, the Brent Adolescent Centre continued to run and develop the 'Sport and Thought' project, which combines mental health counselling with football, in two schools and the OK Club. The young people BAC supported through Sport & Thought usually struggle to regulate their emotions and display challenging behavior, and often are at risk of exclusion.

The young people who used BAC services during 2020/21 were aged between 4 and 24, including primary schools, and their ethnicities reflect the diversity of the London Borough of Brent and the other boroughs in which the Brent Adolescent Centre works.

To assess the impact of their work on young people, the Brent Centre conducts regular clinical audits of their service. Therapists regularly provide assessments of their patients, so that it is possible to track progress over time and understand the impact of therapy. Young people are also asked to periodically complete a self-assessment, which helps us to build a picture of their own sense of wellbeing and any changes. By comparing the data from a young person's initial assessment with their closing or most recent assessment, we can measure change in presentation and provide an indicator of therapeutic progress. The information from these assessments is measured according to five key outcome areas for each young person: mental health/emotional difficulties, social functioning, academic/employment functioning, risks towards self and risks towards others.

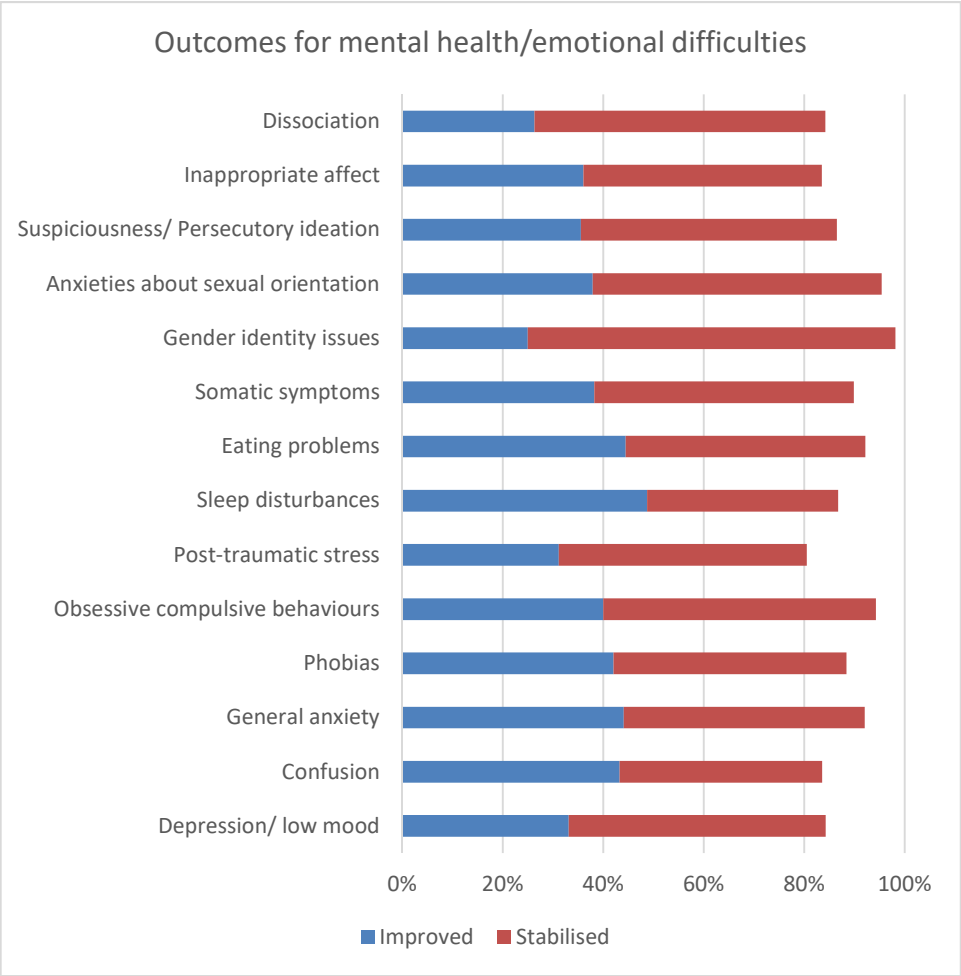
Note: the therapeutic context acknowledges stabilisation of difficulties is an important step towards recovery, as such it is recognised as an achievement. Improvements in specific areas not necessarily means total recovery.

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Outcomes for Mental Health/Emotional Difficulties

Across both In House and Schools service, we saw significant therapeutic achievements in mental health and emotional difficulties. Where the issue was relevant to the young person, 98% stabilized or improvement in relation to gender anxiety issues, 94% stabilized or improved their obsessive compulsive behaviours, 92% improved or stabilized their anxiety, and 84% improved or stabilized with respect to depression/low mood.

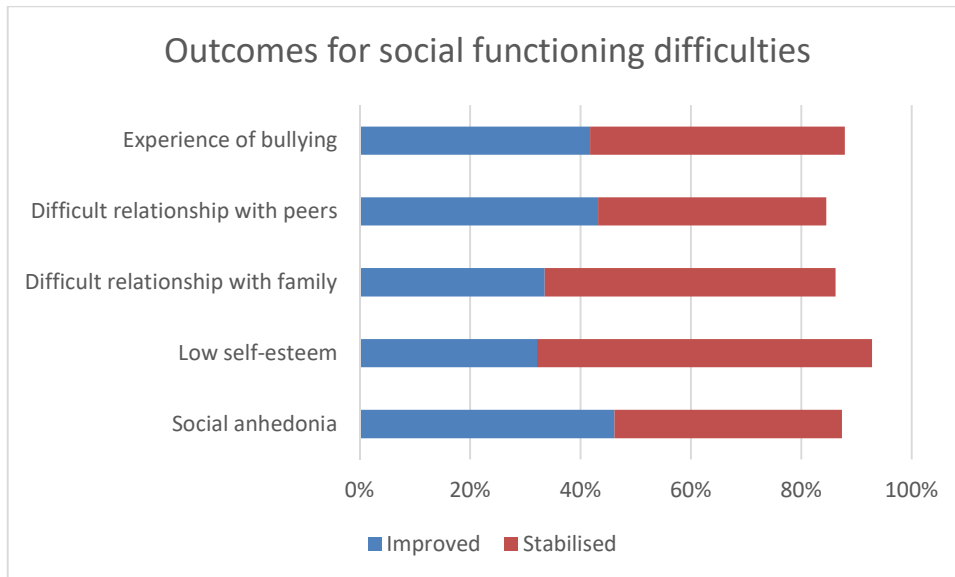


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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

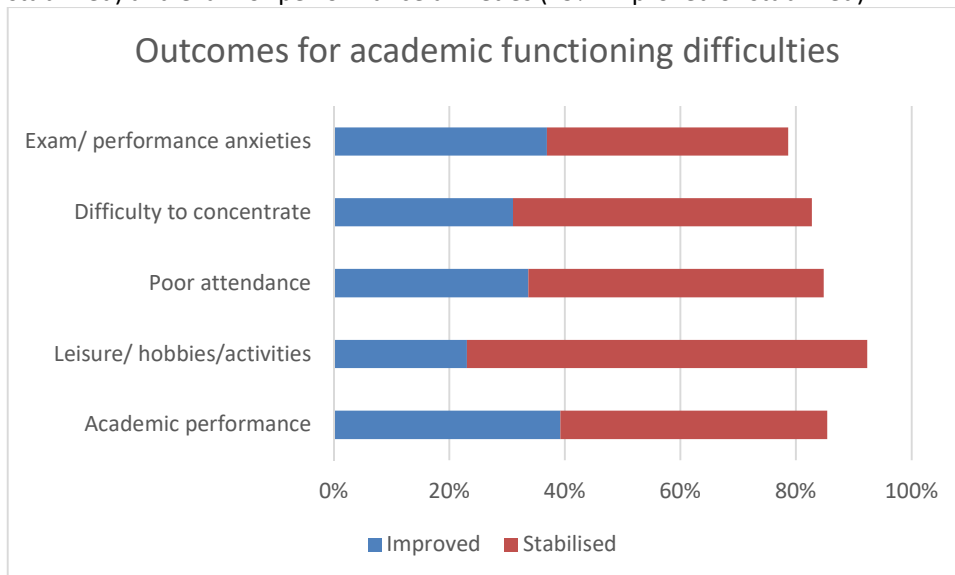
Outcomes for Social Functioning

Social Functioning metrics showed therapeutic achievement in relation to low self-esteem (93% improved or stabilised), experience of bullying (88% % improved or stabilised), difficult family relationships (87% % improved or stabilised), social anhedonia (87% % improved or stabilised), and peer relationship difficulties (84% % improved or stabilised).



Outcomes for Academic Functioning

Academic Functioning metrics showed therapeutic achievement in relation to capacity to engage in and enjoy leisure activities (92% improved or stabilized), academic performance (85% improved or stabilized), poor school attendance (85% improved or stabilized), concentration difficulties (83% improved or stabilized) and exam or performance anxieties (79% improved or stabilized)

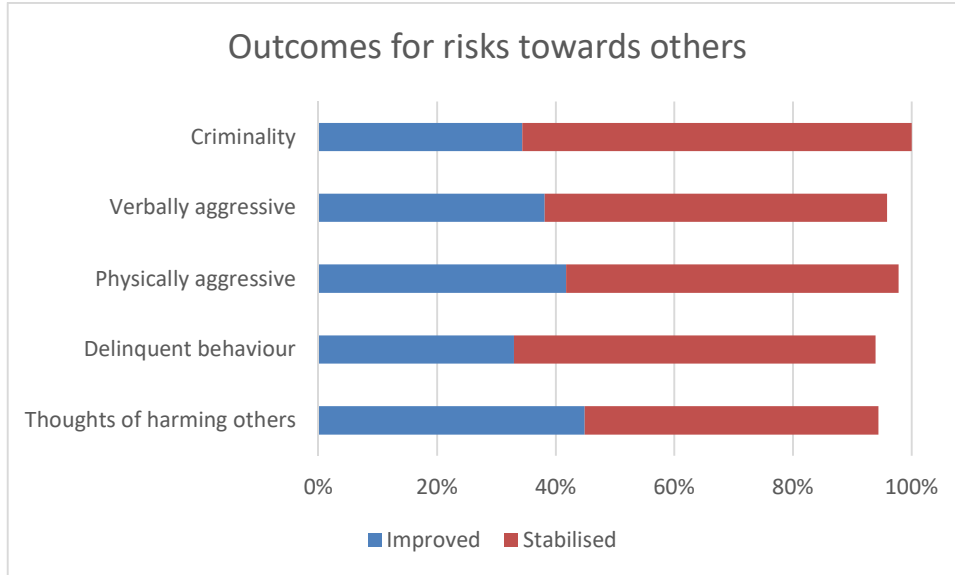


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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

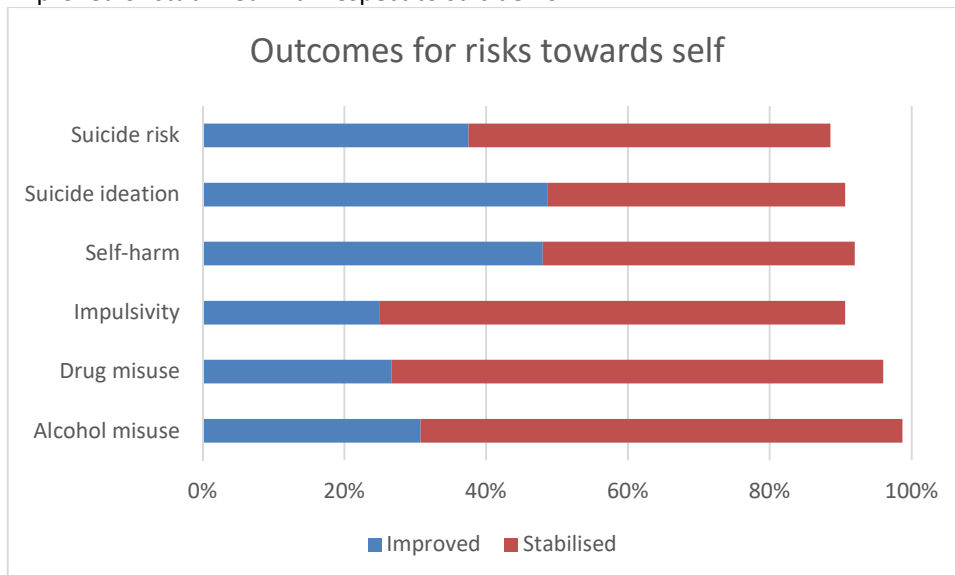
Outcomes for Risks Towards Others

Measures of therapeutic achievement in risk factors towards others showed 100% improved or stabilized with respect to criminality, 98% improved or stabilized with respect to physical aggression, 96% improved or stabilized with respect to verbal aggression, 95% improved or stabilized with respect to thoughts of harming others, and 94% improved or stabilized with respect to delinquent behaviour.



Outcomes for Risks Towards Self

Measures of therapeutic achievement in risk factors toward self, where relevant to a young person, showed 99% improved or stabilized with respect to alcohol misuse, 96% improved or stabilized with respect to drug misuse, 92% improved or stabilized with respect to self-harm, 91% improved or stabilized with respect to impulsivity, and 89% improved or stabilized with respect to suicide risk.



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"Getting acquainted with anger" – A Schools Case Study:

Rebecca is 16 and was referred to our service after repeatedly getting into trouble for aggressive outbursts at school. The school had tried everything but no amount of reasoning helped Rebecca once she felt treated unfairly and she was at real risk of being permanently excluded.

But Rebecca's family life was not well-known to school staff and her work with her therapist uncovered the reality of her difficult home life – that she lived in a refuge with her mother and an older sister who had significant needs of her own. They lived all together in one room unsure if this was a permanent home or whether they'd be moved on. Growing up in poverty, with her father working abroad, Rebecca had been left to fend for herself throughout much of her childhood.

Rebecca had a real fear that if she opened up about her feelings this would only lead to her being let-down. But overtime, the trusted relationship she built up with her therapist provided Rebecca with a reliable and thoughtful space where she felt listened to.

This process of opening up and talking about her problems enabled Rebecca to understand what caused her anger and better manage her emotions. Now when Rebecca becomes angry, or feels slighted, she is able to understand the experience enough to give herself a way out without becoming aggressive. This led to less school isolations and improved her ability to concentrate on her studies. By the end of the treatment, Rebecca was able to take her GCSE's, and discussed with her therapist plans to apply to college. More importantly, her therapist also felt Rebecca's new self-awareness and new understanding of her own feelings would stand her in good stead when facing challenging situations in the future.

FINANCIAL REVIEW

For the financial year ending 31 March 2021, the Brent Adolescent Centre received funding from the following organisations who kindly donated towards the different projects.

For the in-house and Irish Projects and the development of our private service: Brent CCG, John Lyon's Charity, The Government of Ireland: Emigrant Support Programme, Irish Youth Foundation, the National Lottery Community Fund – RC London and South East Region, Comic Relief, London Borough of Brent, Young Brent Foundation, The Pantheon Charitable Trust, The Prism Charitable Trust, Garfield Weston Foundation, DM Thomas Foundation, Charity Aid Foundation, Jusaca Charitable Trust and Julius Silman Charitable Trust. For Schools and Sport & Thought projects: the City of London's Corporation's Charity - City Bridge Trust, Comic Relief, Bridgepoint Charitable Trust, John Lyon's Charity and Lehman Brothers Foundation Europe. For the Youth Offending Service project: BBC Children In Need and Dentons UKMEA LLP Charitable Trust. For organisation core costs Charities Aid Foundation and Peter Stabbing Memorial Trust.

At the end of the year, 2020/21, the Brent Adolescent Centre had total incoming resources amounting to £1,133,914 (2020: £941,812) including capital income. The total resources expended were £1,241,987 (2020: £1,021,546) with the net movement in funds – surplus £55,169 (2020: deficit £165,332).

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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Brent Adolescent Centre remains highly dependent on the generosity of our donors for our daily activities. Demand for our expertise and services to vulnerable young people has never been greater. The main sources of income for the Brent Adolescent Centre have been through Brent CCG, Schools and Grant Making Trusts to provide the services to young people to date, and we expect this to remain the case, whilst we adopted to work during the pandemic and begin to implement our strategic plan.

RESERVES POLICY

Brent Adolescent Centre's policy is to set aside enough funds, equivalent to between six to nine month's expenditure to give the charity a reliable safety net against financial fluctuations.

Each year the Executive Committee of Trustees reviews the appropriate level of reserves by assessing the risks facing the Brent Adolescent Centre and the potential financial impact of these. The policy requires the Trustees to ensure that the reserves are adequate to:

- allow time for fundamental restructuring in the event of a major downturn and consequential future funding uncertainties;
- enable the charity to continue the ongoing programme of work, much of which is long-term in nature, in spite of unexpected variations in income.

As at the end of the year, of the total reserves, the amount of free reserves held by the Brent Adolescent Centre was £1,012,211 which is approx. nine months of the charity's expenditure. The Trustees review the activities and expenditure of the charity and consider which services and expenditure could be reduced, if needed.

The charity is wholly dependent on regular and consistent funding in order to carry out its work with Young People. Whilst our fundraising activity results in a spread of income from a broad range of sources, some of which is longer term, the impact of sudden and major loss in income would impose a significant risk on our ability to maintain our activities. However, our reserves policy provides for a period of stability. In addition, the Centre owns the freehold interest in its building in Brondesbury Park, providing further security in extremis. Further risks which have been identified include allegations of impropriety of our personnel and more usual risks associated with natural catastrophes, such as fire, flood, communications failure, data breach, etc. (most of which are covered by our insurance, in any case). Risks are reviewed regularly.

Brent Adolescent Centre aims to keep the amount invested in reserves such that, most of the income can be spent on the services that it provides to young people, while also ensuring reasonable financial security.

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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

A Summary of the Impact of Coronavirus (Covid-19) on operations at Brent Centre

At the time of writing this report, the UK was still fighting the impacts of COVID-19. In mid-March 2020, Government guidelines dictated that we needed to close our Centre as we were unable to guarantee social distancing for our staff, trainees, service users and visitors. The Covid-19 control measures affected the charity's activities in the following ways;

- All face to face sessions were changed to phone/online contacts with the service users
- All staff and trainees worked from home
- Our Clinic for in-house patient was closed and online/phone support was provided
- All schools and outreach services were provided via phone/online.
- Impact on the Income – we are very grateful to our funders who during the pandemic continued their support and our schools and NHS CCG to continue their contracts to continue our services during the pandemic.
- We will continue submitting numerous applications and bids for funding to continue the services in the future.
- We can make use built up unrestricted reserves to cover any gap that arises.

Response:

- Regular support to staff and trainees, providing IT support to work from home
- We re-opened the clinic partially in October 2020 but we had to close the clinic again in January 2021 as the government announced second lockdown.
- At the writing of the report we have opened our clinic fully at Laufer House from October 2021 to provide our services face to face and also all our outreach staff are back at the schools and youth centres providing the services face to face. We are still offering appointment to those who required remote online appointments.
- Continued fundraising, from trusts & foundation, NHS and schools contracts, donations and events.
- Identified and reducing the running costs
- Continue assessment by the board as to the ongoing impact of Covid-19

PLANS FOR FUTURE PERIODS

At the time of writing this report we have opened all our services face to face. Our clinic at Laufer house is opened as usual for the patients and families to provide clinical services. Our schools and outreach staff are providing face to face services at the schools and youth centres face to face.

The Brent Adolescent Centre is looking forward to enhancing its services over the next year, working towards providing greater provision of mental health services for young people through all projects subject to funding. The trustees, along with senior management are continuing to develop Strategic Plan according to the charity's aims and objectives. Through these plans we will fine tune our organisation to reach and support as many young people as possible and see their lives transformed. We are working in a collaboration with The Institute of Psychoanalysis (British Psychoanalytical Society) at Byron House, 112a Shirland Road, Maida Vale, London W9 2BT, in the London Borough of Westminster, to provide the psychotherapy clinic similar to the one we have at Laufer House in Brent. The Institute of Psychoanalysis is the oldest psychoanalytic organisation in the UK with more 100 years of history. We have started pilot work in November 2021 at the London Borough of Westminster. We are also working to start two new schools in Ealing Borough from 2022 supported by John Lyon's Charity. We have signed new service level agreement with ScotsCare to provide our clinical services to their young people and their families, who come from Scottish descent and lives in London. This new areas of work will help expand our strategic reach to other borough of London and providing our much needed services to the young people, who are in need more than before due to increase in mental health issues and impact of the Covid-19 pandemic.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

The Brent Adolescent Centre is a registered charity (1081903). The charity is set up under its Memorandum and Articles of Association as a company limited by guarantee (registration number 04037793). The company was incorporated on 17 July 2000. Prior to this, the unincorporated charity operated as Centre for Research into Adolescent Breakdown.

The Board of Trustees are the charity's Trustees and the legal directors of the company. They are eligible for reappointment every three-years at the Annual General Meeting. As the need to recruit new Trustees arises Brent Adolescent Centre analyses the skills and capacity of its current board. The Brent Adolescent Centre will then seek to identify potential candidates who will bring relevant knowledge and experience to the board in line with its needs. Candidates are then invited to apply. The current board will discuss the candidates and select new Trustees who must be appointed at a Board meeting. Training needs of Trustees are identified by the Chair of Trustees with the Board.

The Trustees who served during the year were:

Mr P J Bard BCom MBA MSc (Chair)
Dr B L Roberts MBChB FRCPsych
Dr C R S Anderson MRCP FRCPsych (Resigned 15 July 2020)
Dr F M Hare (the Earl of Listowel) PhD
Mrs Danielle Sinclair (appointed 26 February 2020, resigned 15 July 2020)
Pessi Elias
Mr Randy Mannie (Treasurer)
Mr Gideon Hadary
Mr Simon Dodds
Mr Ian Barnes
Anoushka Babber

Key management personnel

Chief Executive Officer and Company Secretary: Dr M J A de Sauma MD, F. Inst. Psychoanal.

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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Board of Trustees meet at least five times a year. The Board set and review strategy and monitor operational matters. The Management and Finance Committee is a sub-committee of the Board of Trustees which includes the Chair, Treasurer, 3 Trustees and the Chief Executive Officer. They meet to review the general and financial management of the Centre, annual financial statements, matters relating to internal and external audits, investment and reserves' policies and changes in remuneration of staff. Other sub-committees are the Schools Sub-Committee, Private Services Sub-committee, Fundraising, development & Communications and Governance Working party. All recommendations from sub-committees are presented at subsequent Trustees' meetings and a decision is finalised by the board.

The Chief Executive Officer (CEO) and Clinical Director was appointed by the Board of Trustees to manage the running of the organisation. In the absence of the CEO and Clinical Director there is a senior management team consisting of the Research Manager, Head of Finance and Resources, Head of Clinical Services and Head of Private Services to help with the strategy and management of the organisation. The CEO and Clinical Director is the manager of heads of the departments, all the heads of the departments manage their respective departments, Finance & resources, Fundraising, Communications, Clinical Services (In-House and Outreach services), Research, and private services. All clinical in-house and outreach staff attend clinical meetings and are allocated a small supervision group.

The Trustees are provided with an induction and invited to attend the Clinical and Psychotherapy meetings. Trustees also meet with heads and managers of different departments and services to get a better understanding on how the organisation operates. The CEO and Clinical Director sends Trustees a list of possible training courses.

The CEO and Clinical Director is in charge of setting the pay and remuneration for management personnel. These are presented to the Board of Trustees who discuss the implications on the budget before approving.

Internal control and risk management

The Board of Trustees is responsible for ensuring that the Brent Adolescent Centre has an appropriate system of financial controls that regulates the efficient and effective operation of the charity. The Trustees also have to ensure that the charity complies with relevant laws and regulations and approve policies relating to them.

Brent Adolescent Centre policies are initially written by the member of staff most involved in that policy area in conjunction with the Head of Finance and Resources. The policy is then reviewed and amended by the CEO before submitting to the Board of Trustees for approval. If a policy is not approved, the Trustees will comment and it will be returned to the CEO and other staff. Decision making is taken at the most appropriate level depending on the risk involved. All decisions are made with the knowledge of the CEO. For decisions that involve a large commitment or level of risk to the organisation, the Board's approval is required.

Disclosure of information to auditor

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

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TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

Auditor

In accordance with section 485 of the Companies Act 2006, a resolution proposing that HW Fisher LLP be re-appointed as auditor of the company will be put to the Annual General Meeting.

On behalf of the Board of Trustees



P J Bard BCom MBA MSc

Trustee

Dated: 22 Jan 2022

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees, who are also the directors of Brent Adolescent Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF BRENT ADOLESCENT CENTRE

Opinion

We have audited the financial statements of Brent Adolescent Centre (the 'Charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF BRENT ADOLESCENT CENTRE

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the statement of trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

As part of our planning process:

- We enquired of management the systems and controls the charity has in place, the areas of the financial statements that are most susceptible to the risk of irregularities and fraud, and whether there was any known, suspected or alleged fraud. The charity did not inform us of any known, suspected or alleged fraud.
- We obtained an understanding of the legal and regulatory frameworks applicable to the charity. We determined that the following were most relevant: the Charity SORP, FRS 102, Charities Act 2011 and Companies Act 2006.
- We considered the incentives and opportunities that exist in the charity, including the extent of management bias, which present a potential for irregularities and fraud to be perpetuated, and tailored our risk assessment accordingly.
- Using our knowledge of the charity, together with the discussions held with the charity at the planning stage, we formed a conclusion on the risk of misstatement due to irregularities including fraud and tailored our procedures according to this risk assessment.

The key procedures we undertook to detect irregularities including fraud during the course of the audit included:

- Identifying and testing journal entries and the overall accounting records, in particular those that were significant and unusual.
- Reviewing the financial statement disclosures and determining whether accounting policies have been appropriately applied.
- Assessing the extent of compliance, or lack of, with the relevant laws and regulations.
- Assessing the validity of the classification of income, expenditure, assets and liabilities between unrestricted and restricted funds.
- Obtaining third-party confirmation of material bank balances.
- Documenting and verifying all significant related party balances and transactions.
- Reviewing documentation such as the trustee minutes for discussions of irregularities including fraud.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF BRENT ADOLESCENT CENTRE

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

HW FISHER LLP

Sailesh Mehta (Senior Statutory Auditor)
for and on behalf of HW Fisher LLP

Chartered Accountants
Statutory Auditor
Acre House
11-15 William Road
London
NW1 3ER
United Kingdom

22 January 2022

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

Current financial year

		Unrestricted funds general 2021 £	Unrestricted funds designated 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
	Notes					
<u>Income and endowments from:</u>						
Donations	3	397,273	-	421,443	818,716	630,809
Charitable activities	4	298,416	-	-	298,416	294,719
Investment income	5	10,222	-	-	10,222	16,284
Other income	6	6,560	-	-	6,560	-
Total income		712,471	-	421,443	1,133,914	941,812
<u>Expenditure on:</u>						
Raising funds	7	120,067	-	-	120,067	96,584
Clinical services	8	691,685	8,792	421,443	1,121,920	924,962
Total resources expended		811,752	8,792	421,443	1,241,987	1,021,546
Net gains/(losses) on investments	12	163,242	-	-	163,242	(85,598)
Net movement in funds		63,961	(8,792)	-	55,169	(165,332)
Fund balances at 1 April 2020		948,250	476,978	81,611	1,506,839	1,672,171
Fund balances at 31 March 2021		1,012,211	468,186	81,611	1,562,008	1,506,839

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

Prior financial year

		Unrestricted funds general 2020 £	Unrestricted funds designated 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes				
<u>Income and endowments from:</u>					
Donations	3	226,577	-	404,232	630,809
Charitable activities	4	294,719	-	-	294,719
Investment income	5	16,284	-	-	16,284
Total income		537,580	-	404,232	941,812
<u>Expenditure on:</u>					
Raising funds	7	96,584	-	-	96,584
Clinical services	8	387,661	135,569	401,732	924,962
Total resources expended		484,245	135,569	401,732	1,021,546
Net gains/(losses) on investments	12	(85,598)	-	-	(85,598)
Gross transfers between funds		(8,082)	8,082	-	-
Net movement in funds		(40,345)	(127,487)	2,500	(165,332)
Fund balances at 1 April 2019		988,595	604,465	79,111	1,672,171
Fund balances at 31 March 2020		948,250	476,978	81,611	1,506,839

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	13		168,186		176,978
Investments	14		867,570		702,946
			<u>1,035,756</u>		<u>879,924</u>
Current assets					
Debtors	16	311,510		118,923	
Cash at bank and in hand		411,813		658,996	
		<u>723,323</u>		<u>777,919</u>	
Creditors: amounts falling due within one year	17	(197,071)		(151,004)	
Net current assets			526,252		626,915
Total assets less current liabilities			<u>1,562,008</u>		<u>1,506,839</u>
Income funds					
Restricted funds	19		81,611		81,611
<u>Unrestricted funds</u>					
Designated funds	20	468,186		476,978	
General unrestricted funds		1,012,211		948,250	
		<u>1,480,397</u>		<u>1,425,228</u>	
			<u>1,562,008</u>		<u>1,506,839</u>

The financial statements were approved by the Trustees on ~~22 Jan 2022~~ 22 Jan 2022



P J Bard BCom MBA MSc
Trustee

Company Registration No. 04037793

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

		2021		2020	
	Notes	£	£	£	£
Cash flows from operating activities					
Cash absorbed by operations	22		(247,183)		(148,471)
Investing activities					
Purchase of tangible fixed assets		-		(8,082)	
Net cash used in investing activities			-		(8,082)
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(247,183)		(156,553)
Cash and cash equivalents at beginning of year			658,996		815,549
Cash and cash equivalents at end of year			411,813		658,996

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Company information

Brent Adolescent Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 Winchester Avenue, London, NW6 7TT.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of investments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

The trustees have considered the effect of the Covid-19 outbreak. The outbreak has caused little disruption to the company's business to date, as the charity's clinical services have been provided using online platforms. We had to close the centre, but we continued our services online and by telephone. Income has continued to be received from the multi-year grant agreements and staff have worked from home and attended meetings online. The trustees consider it unlikely that a prolonged outbreak will cause significant disruption. All our funders were particularly supportive during this lockdown period. We re-opened the partial clinical services at the centre from October 2020 and continued to provide services. We restored the outreach services to the schools fully with the re-opening of the schools from the new academic year. Accordingly, at the time of approving the financial statements, the trustees have a reasonable expectation that the company has adequate resources to continue in operation for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grant income is recognised in full in the year in which it is receivable unless there are specific performance related conditions that prevent its recognition and instead the income is deferred.

Government grants are recognised at the fair value of the amount received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. The charity has received grants under the Coronavirus Job Retention Scheme. The scheme is designed to compensate for staff costs, so amounts received or receivable are recognised in the income statement as part of other income over the same period as the costs to which they relate. Government grants are accounted for under the accrual model.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Staff costs not directly identified have been allocated on the following basis:

Fundraising costs	Direct cost
Support costs	12% of total cost
Direct charitable activities	88% of total cost

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Freehold property	3% on reducing balance
Equipment	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks and other short-term liquid investments with original maturities of three months or less.

1.10 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments, other than investments, are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Trustees do not consider there to be any critical accounting estimates or judgements applied in the preparation of the financial statements.

3 Donations

	Unrestricted funds general 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds general 2020 £	Restricted funds 2020 £	Total 2020 £
Donations and gifts	397,273	421,443	818,716	226,577	404,232	630,809

4 Charitable activities

	2021 £	2020 £
Service level agreements	298,416	294,196
Donated goods & services	-	523
	298,416	294,719

5 Investment income

	Unrestricted funds general 2021 £	Unrestricted funds general 2020 £
Bank interest receivable	10,222	16,284

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

6 Other income

	Unrestricted funds general 2021 £	Total 2020 £
CJRS government grant	6,560	-
	<u>6,560</u>	<u>-</u>

7 Raising funds

	Unrestricted funds general 2021 £	Unrestricted funds general 2020 £
<u>Fundraising and publicity</u>		
Fundraising costs	2,400	2,168
Staff costs	108,827	85,580
	<u>111,227</u>	<u>87,748</u>
Fundraising and publicity	111,227	87,748
<u>Investment management</u>	8,840	8,836
	<u>120,067</u>	<u>96,584</u>

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

8 Clinical services

	2021	2020
	£	£
Staff costs	837,197	701,511
Depreciation and impairment	8,792	7,569
Consultancy	-	6,498
Other	3,979	8,187
	<u>849,968</u>	<u>723,765</u>
Share of support costs (see note 9)	260,539	194,897
Share of governance costs (see note 9)	11,413	6,300
	<u>1,121,920</u>	<u>924,962</u>
Analysis by fund		
Unrestricted funds - general	691,685	387,661
Unrestricted funds - designated	8,792	135,569
Restricted funds	421,443	401,732
	<u>1,121,920</u>	<u>924,962</u>

9 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Staff costs	134,515	-	134,515	86,277	-	86,277
Head office costs	33,523	-	33,523	39,736	-	39,736
Other costs	92,501	-	92,501	68,884	-	68,884
Audit fees	-	11,413	11,413	-	6,300	6,300
	<u>260,539</u>	<u>11,413</u>	<u>271,952</u>	<u>194,897</u>	<u>6,300</u>	<u>201,197</u>
Analysed between						
Charitable activities	<u>260,539</u>	<u>11,413</u>	<u>271,952</u>	<u>194,897</u>	<u>6,300</u>	<u>201,197</u>

10 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

There were no reimbursed expenses to trustees during the year (2020: nil).

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

11 Employees

Number of employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
Management and administrative staff	9	10
Research and clinical staff	27	23
	<u>36</u>	<u>33</u>

Employment costs

	2021	2020
	£	£
Wages and salaries	959,121	768,267
Social security costs	83,752	66,263
Other pension costs	37,666	38,838
	<u>1,080,539</u>	<u>873,368</u>

The number of employees whose annual remuneration was £60,000 or more were:

	2021	2020
	Number	Number
£90,000-£99,999	1	1

The key management personnel of the charity comprise the trustees, the Chief Executive Officer, Executive Assistant to the Chief Executive Officer, Head of Finance & Resource and Administration and Finance Manager. The total benefits of the key management personnel of the charity were £255,303 (2020: £241,997). Pension costs in respect of higher paid employees was £9,410 (2020: £15,525).

12 Net gains/(losses) on investments

	Unrestricted	Unrestricted
	funds	funds
	general	general
	2021	2020
	£	£
Revaluation of investments	131,819	(99,177)
Gain/(loss) on sale of investments	31,423	13,579
	<u>163,242</u>	<u>(85,598)</u>

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

13 Tangible fixed assets

	Freehold property	Equipment	Total
	£	£	£
Cost			
At 1 April 2020	341,440	40,806	382,246
At 31 March 2021	341,440	40,806	382,246
Depreciation and impairment			
At 1 April 2020	173,640	31,628	205,268
Depreciation charged in the year	5,034	3,758	8,792
At 31 March 2021	178,674	35,386	214,060
Carrying amount			
At 31 March 2021	162,766	5,420	168,186
At 31 March 2020	167,800	9,178	176,978

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

14 Fixed asset investments

	Listed investments	Cash in portfolio	Total
	£		£
Cost or valuation			
At 1 April 2020	630,255	72,691	702,946
Additions	323,071	(323,071)	-
Valuation changes	131,819	-	131,819
Investment income	-	10,222	10,222
Management charges	-	(8,840)	(8,840)
Disposals	(276,743)	308,166	31,423
	<u>808,402</u>	<u>59,168</u>	<u>867,570</u>
Carrying amount			
At 31 March 2021	808,402	59,168	867,570
	<u><u>808,402</u></u>	<u><u>59,168</u></u>	<u><u>867,570</u></u>
At 31 March 2020	630,255	72,691	702,946
	<u><u>630,255</u></u>	<u><u>72,691</u></u>	<u><u>702,946</u></u>

15 Financial instruments

	2021	2020
	£	£
Carrying amount of financial assets		
Instruments measured at fair value through profit or loss	808,402	630,255
	<u><u>808,402</u></u>	<u><u>630,255</u></u>

16 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	305,426	111,597
Other debtors	669	-
Prepayments and accrued income	5,415	7,326
	<u><u>311,510</u></u>	<u><u>118,923</u></u>

BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

17 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	30,339	24,905
Trade creditors	9,424	21,338
Other creditors	-	1,184
Accruals and deferred income	157,308	103,577
	<u>197,071</u>	<u>151,004</u>

Included in accruals and deferred income is £104,764 of deferred income. £59,103 was brought forward and released in the year.

18 Retirement benefit schemes

Defined contribution schemes

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £37,666 (2020 - £38,838).

**BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

19 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Movement in funds		
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £	Incoming resources £	Resources expended £
In House Projects	-	92,000	(92,000)	-	105,132	(105,132)	-	-	-
Development Fund	59,111	-	-	59,111	-	-	59,111	-	-
Schools Project	-	56,829	(56,829)	-	77,139	(77,139)	-	-	-
YOS Project	-	70,218	(70,218)	-	32,386	(32,386)	-	-	-
Strength Review (Big Lottery)	15,000	-	(7,500)	7,500	-	-	7,500	-	-
AET Project	-	25,000	(25,000)	-	-	-	-	-	-
Sport and Thought	-	51,926	(51,926)	-	42,540	(42,540)	-	-	-
Healthy Minds Brighter Future (Big Lottery)	-	66,034	(66,034)	-	132,068	(132,068)	-	-	-
Capital Project	5,000	14,500	(4,500)	15,000	-	-	15,000	-	-
Comic relief Red shade	-	26,559	(26,559)	-	32,178	(32,178)	-	-	-
Fun fit families workshop	-	1,166	(1,166)	-	-	-	-	-	-
	79,111	404,232	(401,732)	81,611	421,443	(421,443)	81,611	421,443	(421,443)

**BRENT ADOLESCENT CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

19	Restricted funds	(Continued)
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During the year, £48,473 was received from John Lyon's Charity, £25,885 from BBC Children In Need, £6,667 from Mrs Smith and Mount Trust, £4,000 from Irish Youth Foundation, £5,000 from Charles Hayward Foundation; £119,722 from Comic Relief, £132,068 from the National Lottery Community Fund; £36,900 from The City of London Corporation's charity - City Bridge Trust, £8,333 from the William Allen Young Charitable Trust, £5,000 from Garfield Weston, £6,364 from Lehman Brothers Foundation Europe, £3,000 from Pantheon Charitable Trust, £7,910 from Young Brent Foundation and £32,000 from Bridge Point with the remainder being made up of smaller donations from various trusts.

In addition, the following Trusts and Foundations have provided consistent support over several years:
The Dentons UK MEA LLP Charitable Trust; Mazars Charitable Trust. Most donations were for the purposes of clinical sessions for young people aged 14-21.

Government of Ireland: Emigrant Support Programme

Government of Ireland: Emigrant Support Programme (included within In House Projects) awarded a grant of £19,250 for the year 1 July 2020 to 30 June 2021. The funds were restricted for the following projects: Irish Mental Health and Practical Support Project. Nine months grant income was utilised in the period to 31 March 2021. Three months' grant income amounting to £4,875 has been deferred to the 21/22 financial year and will be utilised by 30 June 2021. Three months' grant income amounting to £4,875 deferred from 2019/20 has been utilised this year.

BRENT ADOLESCENT CENTRE
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

20 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2019	Resources expended	Transfers	Balance at 1 April 2020	Resources expended	Balance at 31 March 2021
	£	£	£	£	£	£
Fixed Asset Funds	176,465	(7,569)	8,082	176,978	(8,792)	168,186
Strategic Plan Implementation	128,000	(128,000)	-	-	-	-
Research Projects	150,000	-	-	150,000	-	150,000
Education and Training Development	150,000	-	-	150,000	-	150,000
	<u>604,465</u>	<u>(135,569)</u>	<u>8,082</u>	<u>476,978</u>	<u>(8,792)</u>	<u>468,186</u>

Fixed asset fund - equates to the value of fixed assets at the balance sheet date. The transfer above, equalling fixed asset net book value, has been made for this purpose.

**BRENT ADOLESCENT CENTRE
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

21	Analysis of net assets between funds	Unrestricted funds		Designated funds		Restricted funds		Total		Unrestricted funds		Designated funds		Restricted funds		Total	
		2021	£	2021	£	2021	£	2021	£	2020	£	2020	£	2020	£	2020	£
	Fund balances at 31 March 2021 are represented by:																
	Tangible assets	-		168,186		-		168,186		-		176,978		-		176,978	
	Investments	567,570		300,000		-		867,570		402,946		300,000		-		702,946	
	Current assets/(liabilities)	444,641		-		81,611		526,252		545,304		-		81,611		626,915	
		1,012,211		468,186		81,611		1,562,008		948,250		476,978		81,611		1,506,839	

BRENT ADOLESCENT CENTRE
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

22	Cash generated from operations	2021 £	2020 £
	Surplus/(deficit) for the year	55,169	(165,332)
	Adjustments for:		
	Investment income recognised in statement of financial activities	(10,222)	(16,284)
	Gain on disposal of investments	(31,423)	(13,579)
	Fair value gains and losses on investments	(131,819)	99,177
	Investment management charges	8,840	8,836
	Depreciation and impairment of tangible fixed assets	8,792	7,569
	Movements in working capital:		
	(Increase) in debtors	(192,587)	(5,286)
	Increase/(decrease) in creditors	46,067	(63,572)
	Cash absorbed by operations	(247,183)	(148,471)
		<u> </u>	<u> </u>
23	Analysis of changes in net funds		
	The Charity had no debt during the year.		



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