

REGISTERED COMPANY NUMBER: 03957079 (England and Wales)
REGISTERED CHARITY NUMBER: 1081713

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
TAN Y MAEN LIMITED**

TAN Y MAEN LIMITED**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objectives are:

1) The relief of persons experiencing mental health problems, including alcohol and drugs in the North Wales region including Gwynedd, Conwy, Wrexham, Ceredigion and North Powys; in particular but not so as to limit the generality of the foregoing, by:

a) The provision of an information and support service on mental health and related issues.

b) Promoting good practice in mental health by working together with voluntary organisations, service users, statutory authorities and carers engaged in providing mental health services.

2) The advancement of education of the public about mental health issues.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This year has been different to any other in the history of our organisation.

We have had to adapt our services to continue to support those in need in the face of the global pandemic and the suspension of many of the support services we have come to rely upon.

We have adapted our provision to encompass every aspect of virtual and remote support, whilst still maintaining the personal contact we have had with our existing and new service users.

As well as our Community Wellbeing Projects which have continued to provide support by phone, email and by text, we have implemented our App Based Support Project, which has provided innovative support by smartphone apps across the whole BCUHB area.

We have enhanced our support by distribution of our Mindfulness on Video which has provided 8 sessions of Mindfulness Based Stress Reduction, our 'We can get through this' Podcast, our FunFit sessions for gentle exercise at home.

Additional funding was secured by way of grant this year to provide added value by provision of 'Life after Loss' support for anyone adversely affected by loss as a result of Covid19.

Since reopening of services we have re-established the group activities at the Tan Y Maen Wellbeing Centre, Dolgellau Community Wellbeing and Tywyn Community Wellbeing Projects. We have provided Telephone Mentoring/Befriending Support to individuals in Conwy Borough through Mentora Conwy and have extended this to all our South Gwynedd Wellbeing Projects.

We have upgraded our website to reflect our new services offer. We continue to provide support by way of the Parabl talking Therapies Partnership and have expanded our responsibilities in this project to deliver all CCBT Introductions and subsequent Telephone Support across N Wales, as well as our Counselling, Mindfulness and Therapeutic Courses in South Gwynedd and Denbighshire.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Reserves policy

In line with good practice it is agreed that monies are allocated towards a reserve the purpose of which is:

- ~ To ensure cash flow
- ~ To cover any unforeseen circumstances
- ~ To provide the opportunity to attract/identify funding should existing funding be subjected to cutbacks
- ~ To ensure that, should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when winding up

The level of the reserve will be reviewed annually by the Board. Unless and until otherwise agreed the organisation will maintain a minimum reserve equivalent to the current three months running costs of the organisation and endeavour to increase this amount to the equivalent of six months running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees.

Trustees are generally recruited from related and relevant organisations. Potential trustees are invited to two or three meetings, and if suitable are elected to the board. Relevant training is provided.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03957079 (England and Wales)

Registered Charity number

1081713

Registered office

Church Street
Blaenau Ffestiniog
Gwynedd
LL41 3HB

Trustees

Delwyn Evans
Simon Anderson
Margaret Rose Gough
Ronald Peter Barnes

Senior Management Team

Philip Griffiths - Manager

Company Secretary

Philip Griffiths

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Keith Barker (FCCA)

FCCA

Williams Denton Cyf

Chartered Certified Accountants

Glaslyn

Ffordd Y Parc

Parc Menai

Bangor

Gwynedd

LL57 4FE

Bankers

NatWest

72 High Street

Porthmadog

Gwynedd

LL49 PNR

Approved by order of the board of trustees on *10 November 2021* and signed on its behalf by:



.....
Delwyn Evans - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TAN Y MAEN LIMITED**

Independent examiner's report to the trustees of Tan Y Maen Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Keith Barker (FCCA)
FCCA
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

Date: 22 November 2021

TAN Y MAEN LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,986	-	8,986	1,175
Charitable activities	3				
Mental health services		236,616	35,834	272,450	162,823
Investment income	2	13	-	13	35
Other income		-	-	-	3,743
Total		245,615	35,834	281,449	167,776
EXPENDITURE ON					
Charitable activities					
Mental health services		150,423	18,438	168,861	158,980
NET INCOME		95,192	17,396	112,588	8,796
RECONCILIATION OF FUNDS					
Total funds brought forward		22,115	-	22,115	13,319
TOTAL FUNDS CARRIED FORWARD		117,307	17,396	134,703	22,115

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	7	909	-	909	449
CURRENT ASSETS					
Debtors	8	1,493	-	1,493	655
Cash at bank		117,714	17,396	135,110	25,489
		<u>119,207</u>	<u>17,396</u>	<u>136,603</u>	<u>26,144</u>
CREDITORS					
Amounts falling due within one year	9	(2,809)	-	(2,809)	(4,478)
NET CURRENT ASSETS		<u>116,398</u>	<u>17,396</u>	<u>133,794</u>	<u>21,666</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>117,307</u>	<u>17,396</u>	<u>134,703</u>	<u>22,115</u>
NET ASSETS		<u>117,307</u>	<u>17,396</u>	<u>134,703</u>	<u>22,115</u>
FUNDS	10				
Unrestricted funds				117,307	22,115
Restricted funds				17,396	-
TOTAL FUNDS				<u>134,703</u>	<u>22,115</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 November 2021 and were signed on its behalf by:



.....
Delwyn Evans - Trustee



.....
Simon Anderson - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. The costs of minor additions are not capitalised.

Depreciation is provided at rates calculated to write off the cost of fixed assets over their expected useful lives on the following basis:

Office equipment	- 20% per annum on cost
Computer equipment	- 33% per annum on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Operating lease commitments

Rentals paid under operating leases are charged to the statement of financial activity on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

2. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	13	35

3. INCOME FROM CHARITABLE ACTIVITIES

		31.3.21	31.3.20
	Activity	£	£
Grants	Mental health services	41,743	21,525
BCUHB	Mental health services	94,954	51,807
Gwynedd Council	Mental health services	13,433	10,746
Parabl	Mental health services	25,386	27,333
Dolgellau Wellbeing	Mental health services	3,538	9,200
Tywyn Wellbeing	Mental health services	276	-
BCUHB - Dolgellau			
Wellbeing	Mental health services	12,500	12,320
BCUHB - Tywyn Wellbeing	Mental health services	12,500	5,000
BCUHB - Mentora	Mental health services	31,115	24,892
App Based Support	Mental health services	35,834	-
BCUHB - Pwllheli Wellbeing	Mental health services	1,171	-
		272,450	162,823

Grants received, included in the above, are as follows:

	31.3.21	31.3.20
	£	£
Big Lottery Fund	10,000	-
Lloyds Foundation	30,925	21,175
Coop Community Fund	-	350
Dref Werdd	500	-
Freeman Evans	318	-
	41,743	21,525

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	821	511
Other operating leases	7,764	11,174

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

5. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.21	31.3.20
	£	£
Trustees' salaries	9,743	10,465
Trustees' social security	-	253
	<u>9,743</u>	<u>10,718</u>

Trustee Mr Simon Anderson is paid remuneration in relation to the work that he undertakes for the Charitable Company.

Trustees' expenses

Expenses totalling £478 were paid to Trustees during the year (2020: £119).

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	1,175	-	1,175
Charitable activities			
Mental health services	162,823	-	162,823
Investment income	35	-	35
Other income	3,743	-	3,743
Total	<u>167,776</u>	<u>-</u>	<u>167,776</u>
EXPENDITURE ON			
Charitable activities			
Mental health services	158,980	-	158,980
NET INCOME	<u>8,796</u>	<u>-</u>	<u>8,796</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	13,319	-	13,319
TOTAL FUNDS CARRIED FORWARD	<u><u>22,115</u></u>	<u><u>-</u></u>	<u><u>22,115</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. TANGIBLE FIXED ASSETS

	Improvements to property £	Office equipment £	Computer equipment £	Totals £
COST				
At 1 April 2020	31,732	15,203	4,955	51,890
Additions	-	-	1,281	1,281
At 31 March 2021	31,732	15,203	6,236	53,171
DEPRECIATION				
At 1 April 2020	31,732	15,123	4,586	51,441
Charge for year	-	40	781	821
At 31 March 2021	31,732	15,163	5,367	52,262
NET BOOK VALUE				
At 31 March 2021	-	40	869	909
At 31 March 2020	-	80	369	449

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Prepayments	1,493	655

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Accruals and deferred income	2,809	4,478

10. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	22,115	95,192	117,307
Restricted funds			
App Based Support Project	-	17,396	17,396
TOTAL FUNDS	22,115	112,588	134,703

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	245,615	(150,423)	95,192
Restricted funds			
App Based Support Project	35,834	(18,438)	17,396
TOTAL FUNDS	<u>281,449</u>	<u>(168,861)</u>	<u>112,588</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	13,319	8,796	22,115
TOTAL FUNDS	<u>13,319</u>	<u>8,796</u>	<u>22,115</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	167,776	(158,980)	8,796
TOTAL FUNDS	<u>167,776</u>	<u>(158,980)</u>	<u>8,796</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	13,319	103,988	117,307
Restricted funds			
App Based Support Project	-	17,396	17,396
TOTAL FUNDS	<u>13,319</u>	<u>121,384</u>	<u>134,703</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	413,391	(309,403)	103,988
Restricted funds			
App Based Support Project	35,834	(18,438)	17,396
TOTAL FUNDS	<u>449,225</u>	<u>(327,841)</u>	<u>121,384</u>

11. RELATED PARTY DISCLOSURES

Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest.

The company Prime Response in Mental Health Emergency CIC ("Prime") is defined as a related party due to significant influence or control being held over this company by the wife of Tan y Maen Senior Management Team member Phil Griffiths. Prime provided mental health mentoring and support services at a cost of £71,729 (2020: £51,164) during the accounting period. These costs are included in expenditure on mental health services in the financial statements.

