

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales · Charity number 1081677

Details

Status Registered

Legal form Other

Registered 2000-07-20

Register [View on the Charity Commission register](#)

Contact

Address The Cassel Hospital
1 Ham Common
Richmond
TW10 7JF

Phone 020 8483 2900

Email info@casselhospitalcharitabletrust.org

Website casselhospitalcharitabletrust.org

Activities

Objects: FOR THE PUBLIC BENEFIT TO RELIEVE PERSONS SUFFERING FROM MENTAL ILLNESS AND INCLUDING THOSE WITH PERSONALITY DISORDERS AND COMPLEX TRAUMA IN PARTICULAR BUT NOT EXCLUSIVELY BY PROMOTING THE EFFECTIVE CARE AND TREATMENT FOR SUCH PERSONS BY:A) ASSISTING IN THE PROVISION AND IMPROVEMENT OF HOSPITAL BUILDINGS, EQUIPMENT AND FACILITIES AT THE CASSEL HOSPITAL OR ELSEWHERE, NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES.B) SUPPORTING EDUCATION, TRAINING AND DEVELOPMENT AT THE CASSEL HOSPITAL OR ELSEWHERE, IN PSYCHOTHERAPY, PSYCHOSOCIAL AND PSYCHOANALYTIC INTERVENTIONS AND RELATIONAL MODELS OF CARE AND TREATMENT. C) SUPPORTING RESEARCH INTO HUMAN RELATIONSHIPS AND THE INFLUENCE OF ENVIRONMENT ON THE DEVELOPMENT OF PERSONALITY, THE CAUSES OF MENTAL ILLNESS, PRIMARILY PERSONALITY DISORDERS AND COMPLEX TRAUMA, INNOVATION IN TREATMENT AND THE DISSEMINATION OF EVIDENCE TO ENSURE BEST PRACTICE.D) ASSISTING IN THE PROVISION OF EDUCATIONAL, SOCIAL AND OTHER THERAPEUTIC SUPPORT FOR PATIENTS AND CARERS OF THESE PATIENTS AT THE CASSEL HOSPITAL OR ELSEWHERE, BEYOND THE PROVISIONS OF STATUTORY AUTHORITIES, TO ASSIST THEIR TREATMENT AND QUALITY OF LIFE.

Activities: We promote the effective treatment of adults and young people who have long histories of trauma and neglect and therefore struggle to establish and maintain relationships, to manage their emotions and to lead fulfilling lives. This group of people often attract the diagnosis of personality disorder. We fund research, training & education and buildings and facilities at the Cassel and elsewhere.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£30,363	£27,002	-	-
2024-04-05	£36,557	£36,994	-	-
2023-04-05	£29,158	£58,347	-	-
2022-04-05	£42,888	£42,685	-	-
2021-04-05	£42,203	£27,642	-	-


Trustees

Name	Role	Appointed
Maureen Miller	Chair	2020-09-21
Anna Rebecca Rudd		2024-06-03
Brian Waters		2017-03-06
Dr Dagmar Zeuner		2024-03-13
Dr Sally Glen		2022-12-05
Gareth John Williams		2020-03-16
Linda Stradins		2016-10-24
Paul Jullien		2020-09-21

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales - Charity number 1081677

Accounts

	Trustees' Annual Report for the period						
	Period start date			Period end date			
	From	6th	APRI L	2024	To	5th	APRIL

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address
 THE CASSEL HOSPITAL
 ONE HAM COMMON
 RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE		Until 4/11/24	
2	MAUREEN MILLER	CHAIR		
3	ANNA REBECCA RUDD		From 3/6/24	
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
9	PROF SALLY GLEN			
14	REMA CHANDRAN		Until 18/9/24	
15	EMILY LIGHTFOOT			
16	DR DAGMAR ZEUNER			
17				
18				
19				
20				

	Names of the trustees for the charity, if any, (for example, any custodian trustees)	
	Name	Dates acted if not for whole year

	Names and addresses of advisers (Optional information)	
Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QN

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000, together with amended Objects 2022.
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> ● policies and procedures adopted for the induction and training of trustees; ● the charity's organisational structure and any wider network with which the charity works; ● relationship with any related parties; ● trustees' consideration of major risks and the system and procedures to manage them. 	<p>New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.</p> <p>The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.</p> <p>The following policies and procedures have been agreed and are regularly reviewed:</p> <ul style="list-style-type: none"> ● Financial Procedures ● Major Donor Policy ● Safeguarding ● Conflicts of interest
--	---

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.
4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded

Total £20,504, as follows -

Buildings and Facilities

Cassel Hospital Garden £4,226: patient gardening projects

Education and training

Eileen Skellern Awards: Support for therapy fees or conference attendance for 4 nurses - £2,884

Completion and launch of centenary film - £7,307

Funding of professional conference in Birmingham - £1,938

Visit to Cassel archive by patients and staff - £623

Better Lives

Outreach activities - £2,106

Inpatient activities - £657

BIGSPD Conference attendance by former patients - £763

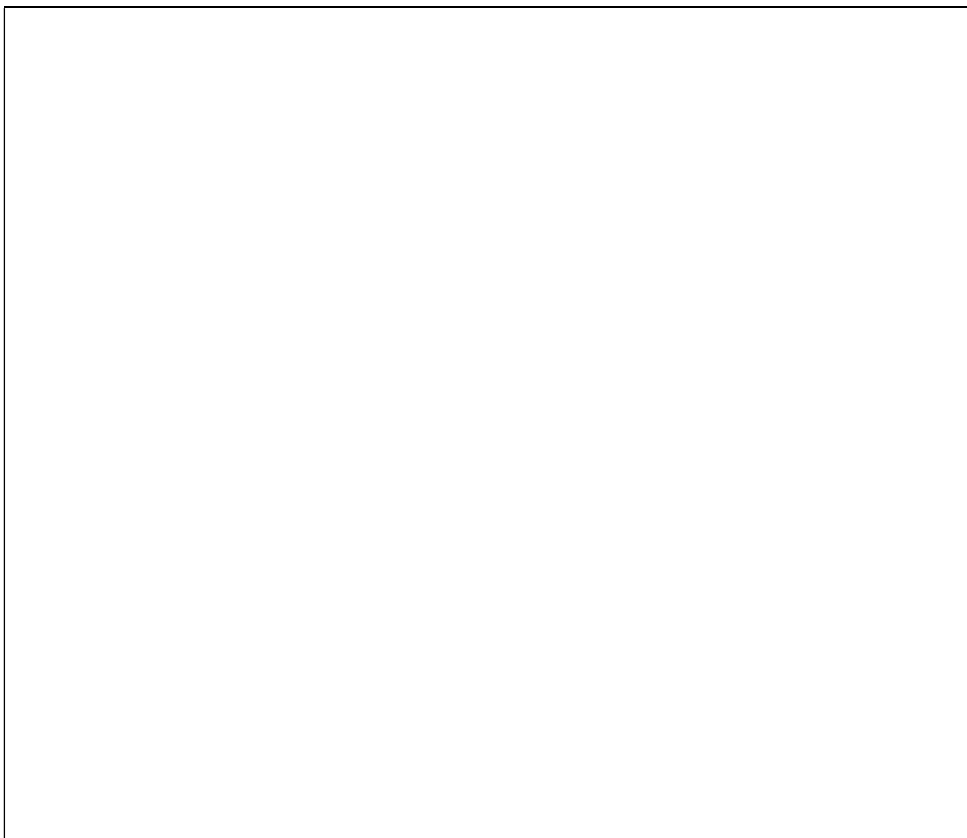
Research

No expenditure in this financial year.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received: Richmond Parish Lands charity £2,451 for patient gardening activities.

Horticulturist Sarah Heaton leads the weekly sessions, which combine gardening with trips to garden centres and Kew and Richmond Park.

EDUCATION AND TRAINING

We supported a professional conference in Birmingham in January 2025, attracting 100 local delegates, including psychiatrists, nurses, therapists, psychologists, and community health teams.

After four years' work, we were delighted to release the Cassel centenary film 'Hospital in the Mind' at a premiere attended by over 80 people, among them Stephen Jones, Head of Nursing Practice, Royal College of Nurses, who said:

"A privilege to represent the RCN at the centenary celebration of The Cassel. Inspirational film showing the life changing and life saving impact of psychosocial interventions and therapeutic care."

RESEARCH

A research programme funded in previous years by the CHCT and undertaken by King's College, London, and Bristol University, was completed. The aim was to identify what recovery means for patients with a diagnosis of personality disorder.

Grant received: Luff Foundation £20,000. We are developing our plans to use this on new projects in 2025.

BETTER LIVES

We continued to support outpatients on the two-year outpatients' Cassel Outreach programme, which combines weekly community-based psychosocial nursing groups and social activities to help patients tackle the realities of daily living, such as in employment, education, housing and relationships.

We funded educational, social and occupational activities, with trips to galleries and museums, arts and crafts activities, and seasonal day-outings. We established an outreach treasurer role which develops new skills to enhance their CV.

We funded four past patients through our Service Users Involvement Fund to attend the annual BIGSPD conference, where they had

successfully presented a session the previous year.

Local engagement

We published an article in the special edition of the local Ham and Petersham magazine focussing on mental health, to coincide with Mental Health Awareness week. It described how the Cassel transformed the treatment of mental health away from the brutal asylum approach and introduced the model of psychosocial nursing.

Local Engagement also included a presence at Ham Fair and Ham Parade Christmas Market. In December, we launched a Friends of the CHCT scheme to engage with the local community and develop a sustainable income stream.

A new trustee was recruited in June and September 2024.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2025 the charity had unrestricted reserves of £17,968 (2024: £30,132) and restricted reserves of £40,319 (2024: £24,795)

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

--

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s) Maureen Miller

Maureen Miller	
----------------	--

Position (eg Secretary, Chair, etc) Chair

Chair	
-------	--

Date

14 October 2025

14 October 2025

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2025

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2025, which are set out on pages 9 to 12.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

20 November 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name ASSEL HOSPITAL CHARITABLE TRUST	No (if any) 1081677
--	-------------------------------

CC16a

Receipts and payments accounts

For the period from	Period start date 6/5/2024	To	Period end date 5/4/2025
------------------------	-------------------------------	----	-----------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants and donations	7,412	22,951	-	30,363	36,557
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,412	22,951	-	30,363	36,557
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,412	22,951	-	30,363	36,557
A3 Payments					
Grants	15,128	5,376	-	20,504	27,071
Running costs	6,498	-	-	6,498	9,923
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	21,626	5,376	-	27,002	36,994
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	21,626	5,376	-	27,002	36,994
Net of receipts/(payments)	- 14,214	17,575	-	3,361	- 437
A5 Transfers between funds	2,050	- 2,050	-	-	-
A6 Cash funds last year end	30,132	24,794	-	54,926	55,363
Cash funds this year end	17,968	40,319	-	58,287	54,926

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		17,968	40,319	-
		-	-	-
		-	-	-
	Total cash funds	17,968	40,319	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
	Unclaimed gift aid	2,506	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investments held by Rathbones		-	57,816
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Secretarial expenses to year end	Unrestricted	200	
Sarah Heaton	Unrestricted	305	

OTR	Unrestricted	585	
		-	


Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of
	Maureen Miller	14/10/2025

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales - Charity number 1081677

Accounts

		Trustees' Annual Report for the period					
		Period start date			Period end date		
		From	6th	APRIL	2023	To	5th
Section A Reference and administration details							
Charity name				THE CASSEL HOSPITAL CHARITABLE TRUST			
Other names charity is known by							
Registered charity number (if any)				1081677			
Charity's principal address				THE CASSEL HOSPITAL			
				ONE HAM COMMON			
				RICHMOND			
				Postcode		TW10 7JF	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE			
2	MAUREEN MILLER	CHAIR		
3	DR JULIA BLAZDELL		until 27th June 2023	
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
8	PROF SALLY GLEN			
9	REMA CHANDRAN		from 13th March 2024	
10	EMILY LIGHTFOOT		from 13th March 2024	
11	DR DAGMAR ZEUNER		from 13th March 2024	
12	ANNA RUDD		From 3rd June 2024	
13				
14				
15				

	Names of the trustees for the charity, if any, (for example, any custodian trustees)	
	Name	Dates acted if not for whole year

	Names and addresses of advisers (Optional information)	
Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000 , together with amended Objects 2022.
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.
4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded

Total £27,071, as follows -

Buildings and Facilities

Cassel Hospital Garden £4,139: patient therapeutic gardening projects

Education and training

Residential archive research trip - £336

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £2,000

Better Lives

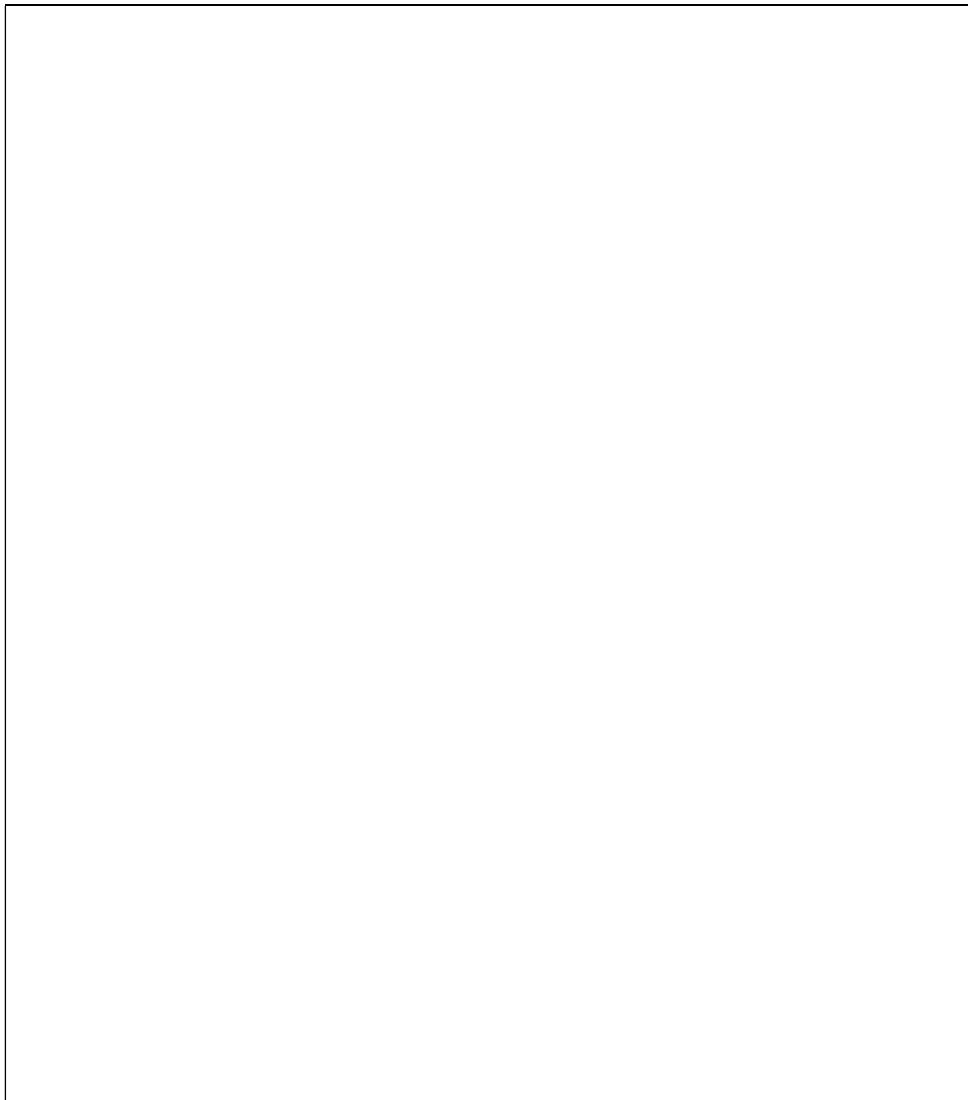
Outreach social and occupational therapy activities £2,519

BIGSPD Conference attendance for presentation by four former patients/experts by experience £1,089

Piano tuning for musical activities £155

Centenary projects

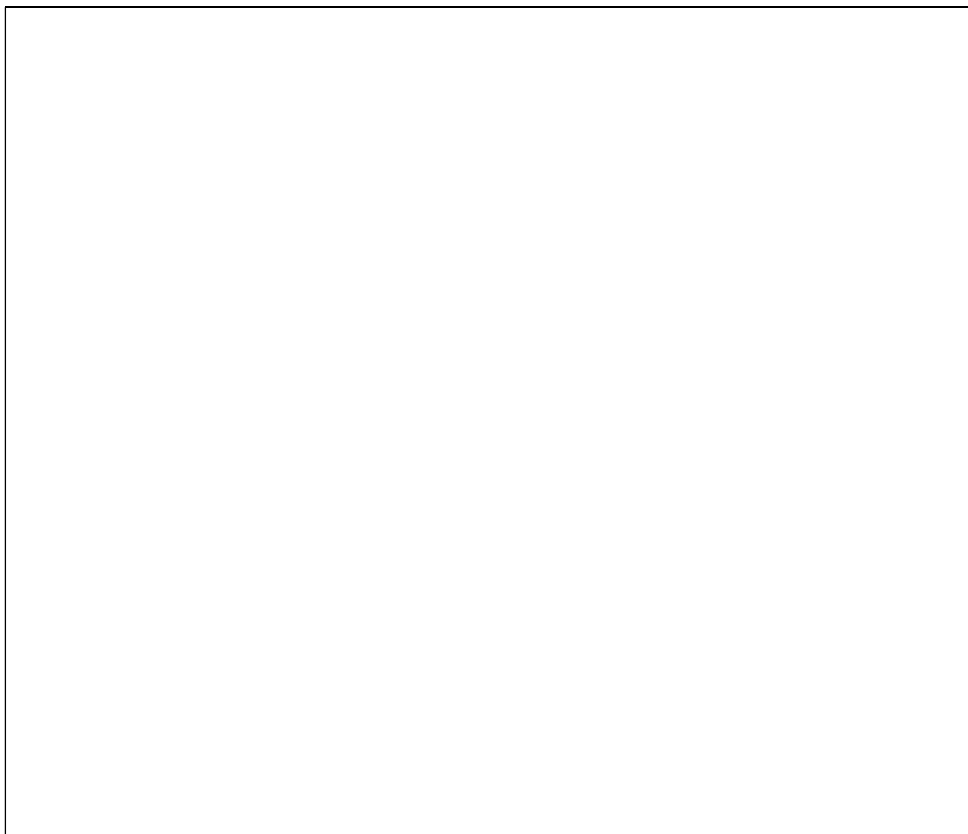
£16,830 to Cassel Centenary Film Production company On the Record for Film project for production expenses including payments to the Director.



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received in the previous year: Richmond Parish Lands £4,290, for therapeutic gardening projects.

RESEARCH

Grant received Luff Foundation £20,000

The CHCT has been running a successful research programme with Bristol University and King's College London for the past 4 years, looking at the meaning of Recovery in patients with a diagnosis of personality disorder and complex needs.

BETTER LIVES

The regular weekly support we provide to patients is an essential part of their transition into their former normal lives.

A highlight this year was funding the presentation by four former patients in Glasgow at the BIGSPD major national conference.

CENTENARY

Income of £15k was received for the film.

The film Hospital in the Mind is the major product of the centenary activities. It is an oral history documentary featuring interviews with 31 past patients and staff telling the story of the work of this unique hospital. The film is part of the charity's education and training programme and will be used to educate the professional community about the therapeutic approach of the hospital.

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market and a fund-raising quiz night.

Unrestricted donations:£1,557

Three new trustees were recruited.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2024 the charity had unrestricted reserves of £30,132 (2023: £44,948) and restricted reserves of £24,795 (2023: £10,416).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

--

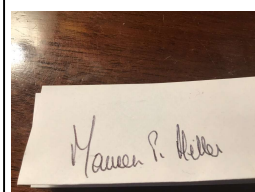
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s) Maureen Miller

Position (eg Secretary, Chair, etc)

Chair

--

Date

12th November 2024

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2024

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2024, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

17/11/2024



Receipts and payments accounts

For the period from	Period start date 6/4/23	To	Period end date 5/4/24
---------------------	-----------------------------	----	---------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations/grants	1,557	35,000	-	36,557	29,158
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,557	35,000	-	36,557	29,158
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,557	35,000	-	36,557	29,158
A3 Payments					
Grants	8,452	18,619	-	27,071	51,246
Running costs	9,923	-	-	9,923	7,101
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	18,374	18,619	-	36,994	58,347
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	18,374	18,619	-	36,994	58,347
Net of receipts/(payments)	- 16,817	16,381		- 437	29,189
A5 Transfers between funds	2,000	2,000			
A6 Cash funds last year end	44,949	10,414		55,363	84,552
Cash funds this year end	30,132	24,795		54,926	55,363

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		30,132	24,795	-
		-	-	-
		-	-	-
	Total cash funds	30,132	24,795	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio		-	£56k
		-	-
		-	-
		-	-
		-	-

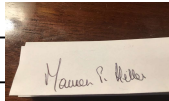
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Grants	Unrestricted	1,693	
Running costs	Unrestricted	1,134	

Signed by one or two trustees on behalf of all the trustees

	Print Name	Date of approval
	Maureen Miller	12 November 2024

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales - Charity number 1081677

Accounts



Trustees' Annual Report for the period

Period start date			T	Period end date		
			O			
From	6th	APRIL	2022	5th	APRIL	2023

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address
 THE CASSEL HOSPITAL
 ONE HAM COMMON
 RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MAUREEN MILLER	CHAIR		
2	DR OLIVER DALE			
3	DR JULIA BLAZDELL			
4	PAUL JULLIEN			
5	LINDA STRADINS			
6	BRIAN WATERS			
7	GARETH WILLIAMS			
8	NEVILLE MANUEL		Until 20/6/22	
9	PROF SALLY GLEN		From 5/12/22	
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

	Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

On 22nd June 2022 a new Object was added as follows:

4. Assisting in the provision of educational, social and therapeutic support for patients and carers at the Cassel hospital and elsewhere, beyond the provision of statutory authorities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity carries out its Objects by making grants.

Grants awarded 2022-23

Total £51,246, as follows -

Buildings and Facilities

Cassel Hospital Garden £3,588: patient gardening projects

Education and training

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £1,400

Centre for Mental Health for 'A Tale of 3 cities goes global 2022', a programme to give a voice to young people with personality disorder.- £1,000.

Research and Innovation

£32,000 KCL contract

Better Lives (new fund/object)

Outreach activities £464

Activities of camping, annual barbecue and tuning of the hospital piano - £705.

Centenary projects

£11,796 to On the Record

£293 to Sam Parker, Expert by Experience for support with the centenary.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

BUILDINGS AND FACILITIES

Grant received: Richmond Parish Lands £4,290

This funds the Cassel garden project – a key feature of the patients' therapeutic treatment with weekly gardening led by a professional horticulturalist and supported by nursing staff.

EDUCATION AND TRAINING

We have begun the development of academic training modules for psychosocial nurses and other professionals and to develop wellbeing residencies based on the Cassel archive. We are working with partners King's College London, University of Roehampton and Kingston University.

RESEARCH

Grant received Luff Foundation £20,000

This will fund phase 2 of our research project to research recovery and remission in patients with a diagnosis of personality disorder. This will look at using groundbreaking Artificial Intelligence – AI – techniques to read clinical data in Electronic Health Records.

BETTER LIVES

This is a new fourth Charitable object agreed by the Charity Commission to provide social and occupational support activities for patients to build their confidence and skills and ease their transition back into their regular daily lives.

CENTENARY

Grant received: NHS West London £2,000

This will contribute to the cost of the Cassel Centenary documentary film – Voices of the Cassel.

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market.

Unrestricted donations:£2,868

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2023 the charity had unrestricted reserves of £44,948 (2022: £60,910) and restricted reserves of £10,416 (2022: £23,643).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

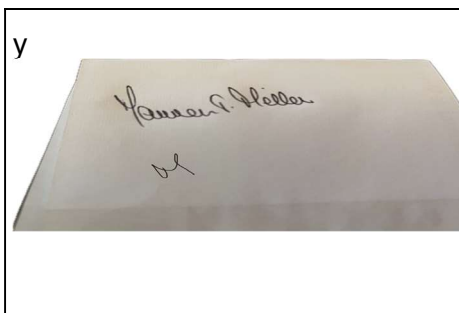
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) y

A photograph of a piece of paper with a handwritten signature in black ink. The signature appears to be 'Hannah Helder' with a small mark below it. The paper is placed on a white surface.

Full name(s) Maureen Miller

Position (eg Secretary, Chair, etc) Chair

Date 8/12/2023

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2023

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2023, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB

09/01/2024



Receipts and payments accounts

For the period from	Period start date 6/4/22	To	Period end date 5/4/23
---------------------	-----------------------------	----	---------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Investment Income	-	-	-	-	642
Donations	2,868	-	-	2,868	3,017
Grants	-	26,290	-	26,290	39,230
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,868	26,290	-	29,158	42,889
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,868	26,290	-	29,158	42,889
A3 Payments					
Grants	13,729	37,517	-	51,246	34,536
Secretarial	2,825	-	-	2,825	5,450
Other running costs	4,276	-	-	4,276	2,699
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	20,830	37,517	-	58,347	42,685
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,830	37,517	-	58,347	42,685
Net of receipts/(payments)	- 17,962	- 11,227	-	- 29,189	204
A5 Transfers between funds	2,000	- 2,000	-	-	-
A6 Cash funds last year end	60,910	23,643	-	84,553	84,349
Cash funds this year end	44,948	10,416	-	55,364	84,553

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		44,948	10,416	-
		-	-	-
		-	-	-
	Total cash funds	44,948	10,416	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio	Unrestricted	-	52,327
		-	-
		-	-
		-	-
		-	-

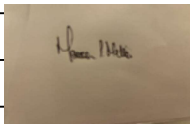
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Independent examination	Unrestricted	702	
Secretarial	Unrestricted	1,325	
Web design	Unrestricted	860	
Outreach expenditure	Unrestricted	668	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MAUREEN MILLER	8/12/2023

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales - Charity number 1081677

Accounts

	Trustees' Annual Report for the period						
	Period start date				Period end date		
	From	6th	APRI L	2021	To	5th	APRIL

Section A Reference and administration details

Charity name	THE CASSEL HOSPITAL CHARITABLE TRUST
---------------------	--------------------------------------

Other names charity is known by	
--	--

Registered charity number (if any)	1081677
---	---------

Charity's principal address	THE CASSEL HOSPITAL
	ONE HAM COMMON
	RICHMOND
	Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE	CHAIR		
2	SIR DAVID WILLIAMS	VICE-CHAIR	Until 27/9/21	
3	MAUREEN MILLER	VICE-CHAIR		
4	DR JULIA BLAZDELL			
5	HANNAH PROWSE		Until 26/11/21	
6	PAUL JULLIEN			
7	LINDA STRADINS			
8	BRIAN WATERS			
9	SARAH EDWARDS		Until 27/9/21	
10	DR MARCELLA FOK		Until 12/7/21	
11	GARETH WILLIAMS			
12	NEVILLE MANUEL			
13				
14				
15				

	16			
	17			
	18			
	19			
	20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system

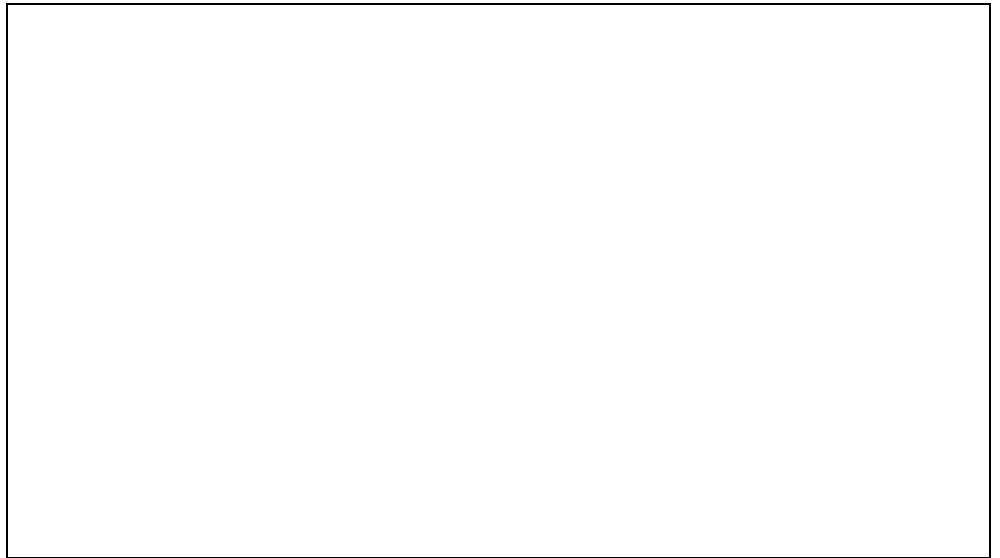
New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

and procedures to manage them.



Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Grants awarded 2021-22

Total £34,536

Education and training

Eileen Skellern Awards: Support for therapy fees for 2 nurses - £1985

Cassel Hospital Garden £1818: patient wreath-making and gardening projects

Research and Innovation

£23,675 KCL contract

£1,210 funding training courses for researchers

Centenary projects

£5848 to On the Record for Voices project

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year**RESEARCH**

The Charity has funded a year long, ground-breaking research project led by King's College London to look at the occurrence of remission and recovery among patients with personality disorder. The aim is to develop new algorithms using real life clinical data.

EDUCATION AND TRAINING

The Charity continued to support the education, training and therapy programmes through the Skellern award for nurses.

Gardening continued to be a key focus for patients and particularly the creation of the Centenary garden this year.

CENTENARY

The pandemic lockdown curtailed physical face to face interviews and filming of the Centenary Voices film. Consultation and research with present and past patients and discussion around the themes for the co-produced Voices film took place virtually throughout the year in readiness for filming in the summer of 2022.

Grants received totalled £39,230:

GLA £4350

Luff Foundation £20,000

Petersham Open Gardens £8,000

Major Donor £3000

Richmond Parish Lands £3880

Local Engagement included a presence at Ham Fair and Ham Parade Christmas Market. Leaflets about the charity were handed out at Petersham Open Gardens. Several articles about the charity were published in the Ham and Petersham Magazine, which has a wide local distribution.

Trustees decided to amend the Charitable Objects, to be confirmed in 2022.

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2022 the charity had unrestricted reserves of £60,910 (2021: £48,384) and restricted reserves of £23,643 (2021: £35,965).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

--

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Oliver Dale

Full name(s)

Dr Oliver Dale

Position (eg Secretary, Chair, etc)

Chair



Date 18 January 2023

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2022

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2022, which are set out on pages 9 to 10.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300,
Peachman Way,
Broadland Business Park,
Norwich
Norfolk
NR7 0LB
23/01/2023



Receipts and payments accounts

For the period from	Period start date 6/4/21	To	Period end date 5/4/22
---------------------	-----------------------------	----	---------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Investment income	642	-	-	642	1,872
General donations	3,017	-	-	3,017	1,268
Grants	-	39,230	-	39,230	28,263
Other	-	-	-	-	10,800
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,658	39,230	-	42,888	42,203
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,658	39,230	-	42,888	42,203
A3 Payments					
Grants	1,985	32,551	-	34,536	17,684
Secretarial	5,450	-	-	5,450	2,800
Marketing	234	-	-	234	1,445
Other	936	1,529	-	2,465	5,713
	-	-	-	-	-
Sub total	8,605	34,080	-	42,685	27,642
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,605	34,080	-	42,685	27,642
Net of receipts/(payments)	- 4,946	5,150	-	203	14,561
A5 Transfers between funds	17,472	- 17,472	-	-	-
A6 Cash funds last year end	48,384	35,965	-	84,349	69,788
Cash funds this year end	60,910	23,643	-	84,552	84,349

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	60,910	23,643	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds		60,910	23,643
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-

	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investec Portfolio	Unrestricted	-	54,365
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Secretarial	Unrestricted	900	
Independent examiner	Unrestricted	650	
Research	Restricted	11,060	
Timeline	Unrestricted	750	
SUIF Expert by Experience	Unrestricted	1,500	
Mulberry Archive visit	Unrestricted	310	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	OLIVER DALE	18 January 2023

THE CASSEL HOSPITAL CHARITABLE TRUST

England & Wales - Charity number 1081677

Accounts



Trustees' Annual Report for the period

Period start date			Period end date		
6th	APRI L	2020	T o	5th	APRIL 2021
From				To	

Section A Reference and administration details

Charity name THE CASSEL HOSPITAL CHARITABLE TRUST

Other names charity is known by

Registered charity number (if any) 1081677

Charity's principal address

THE CASSEL HOSPITAL
ONE HAM COMMON
RICHMOND
Postcode TW10 7JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR OLIVER DALE	CHAIR		
2	SIR DAVID WILLIAMS	VICE-CHAIR		
3	MAUREEN MILLER		From 21/9/20	
4	DR JULIA BLAZDELL			
5	HANNAH PROWSE		From 21/9/20	
6	PAUL JULLIEN		From 21/9/20	
7	LINDA STRADINS			
8	BRIAN WATERS			
9	SARAH EDWARDS			
10	DR MARCELLA FOK			
11	GARETH WILLIAMS			
12	NEVILLE MANUEL			
13				
14				
15				

	16			
	17			
	18			
	19			
	20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
INVESTMENT MANAGER	PETER BIRCHALL	INVESTEC, 30 GRESHAM ST, LONDON, EC2V 7QP

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED, 22 ND JUNE 2000
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY THE BOARD

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system

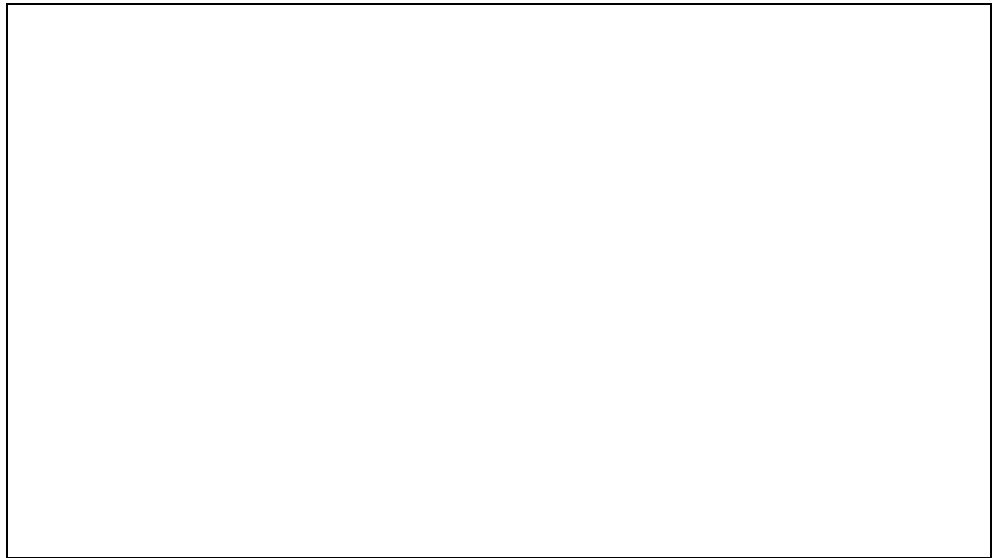
New trustees are given an induction to the hospital and provided with a copy of the Trust Deed, latest report & accounts, recent minutes and Charity Commission guidance e.g. 'The Essential Trustee.' They sign a declaration of eligibility form, declare interests and undergo a DBS check.

The charity has a close relationship with the West London NHS Trust, which runs the Cassel Hospital.

The following policies and procedures have been agreed and are regularly reviewed:

- Financial Procedures
- Major Donor Policy
- Safeguarding
- Conflicts of interest

and procedures to manage them.



Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the CHCT is to promote the effective care and treatment for adults and young people with personality disorders and complex trauma.

It works to achieve this through the following objects:

1. Assisting in the provision of hospital buildings, equipment and facilities at the Cassel Hospital and elsewhere.
2. Supporting education and training in psychotherapy, psychosocial interventions and relational models of care and treatment.
3. The conduct of research and innovation to improve outcomes for people with personality disorders and the dissemination of evidence to ensure clinical effectiveness.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Grants awarded 2020-21

Total £17,683.55

Education and training

Service User Involvement Fund - £37.50

Trustees also agreed to commit £1500 to an Expert by Experience to work on the hospital centenary over the next 12 months.

Eileen Skellern Awards:

Support for therapy fees for 2 nurses - £1,130.

Research and Innovation

Research Assistant Funding £12,978.81 (August 19-January 20)

The Research Assistant has been working on the following projects -

NIHR Mental Health Policy Research Unit - Supporting a scoping review of current services commissioned by NHS England. The work has supported a number of publications and national presentations going on to support the development of the Community Mental Health framework

Personality Disorder Severity Project - Personality Disorder is now classified as either mild, moderate or severe. The project, in collaboration with Kings College London and University of Bristol, aims to investigate the outcomes associated with the different levels. A grant from the Robert Luff foundation supported the establishment of a team to start the first project exploring the association of severity of personality disorder with admission to physical health hospitals. This is due for presentation later in 2021.

Cassel and Managed Clinical Network. The Research Assistant supported a number of projects which were jointly run with clinicians alongside lived- experience practitioners. These projects have resulted in two publications in 2020 and a further one under review.

Centenary projects £3537.24

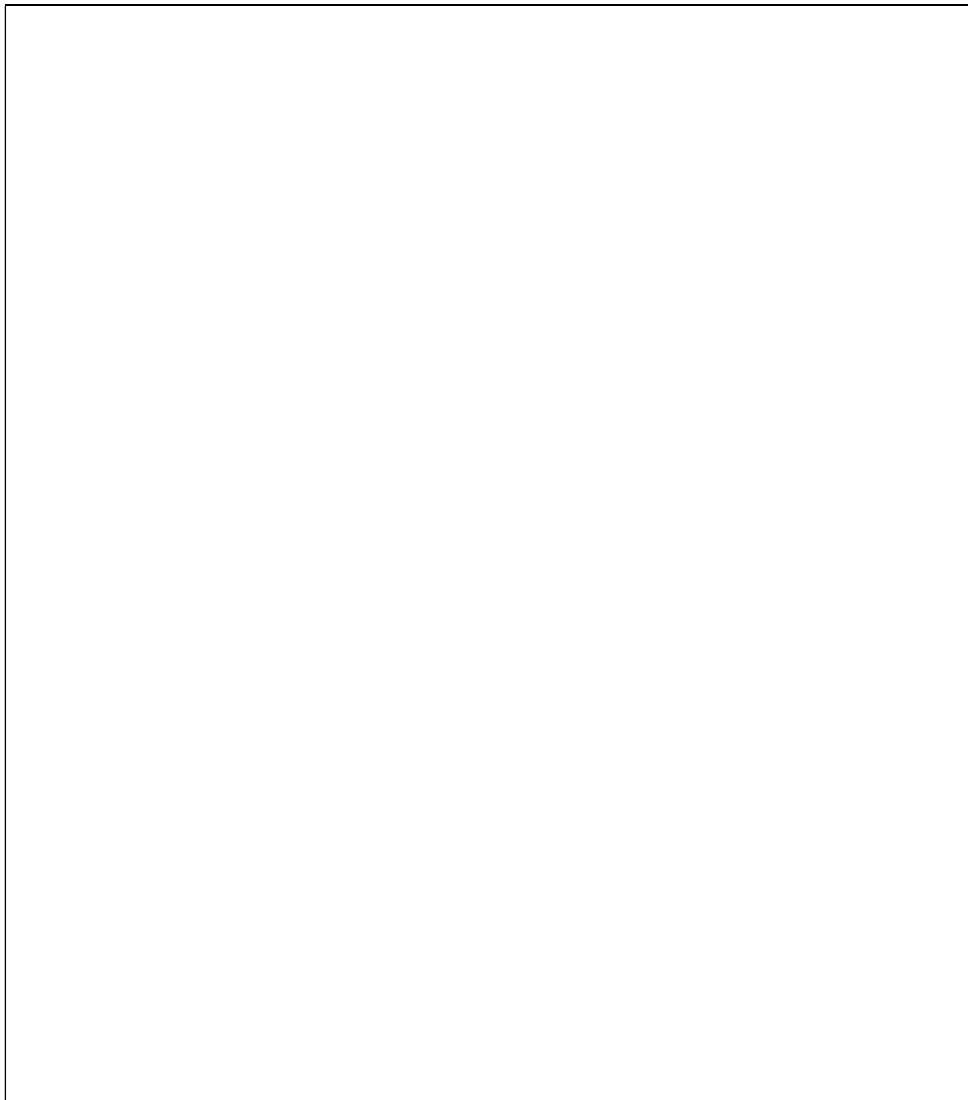
To mark the Centenary of the Cassel we are working with the hospital to deliver a number of projects including an academic conference, Centenary edition of the International Journal of Therapeutic Communities and to digitise the unique archive collection that documents the significance of the Cassel and its contribution to the development of the treatment of complex personality disorder. We are also making :1 Centenary quilt with 100 diamonds.

2 - A film – The Voices of the Cassel - using the unique archive material and the voices of current and past patients. The oral history company On the Record (OTR) is our film production partner.

Costs comprised:

The National Lottery grant first instalment of £3212 to On the Record for the film project.

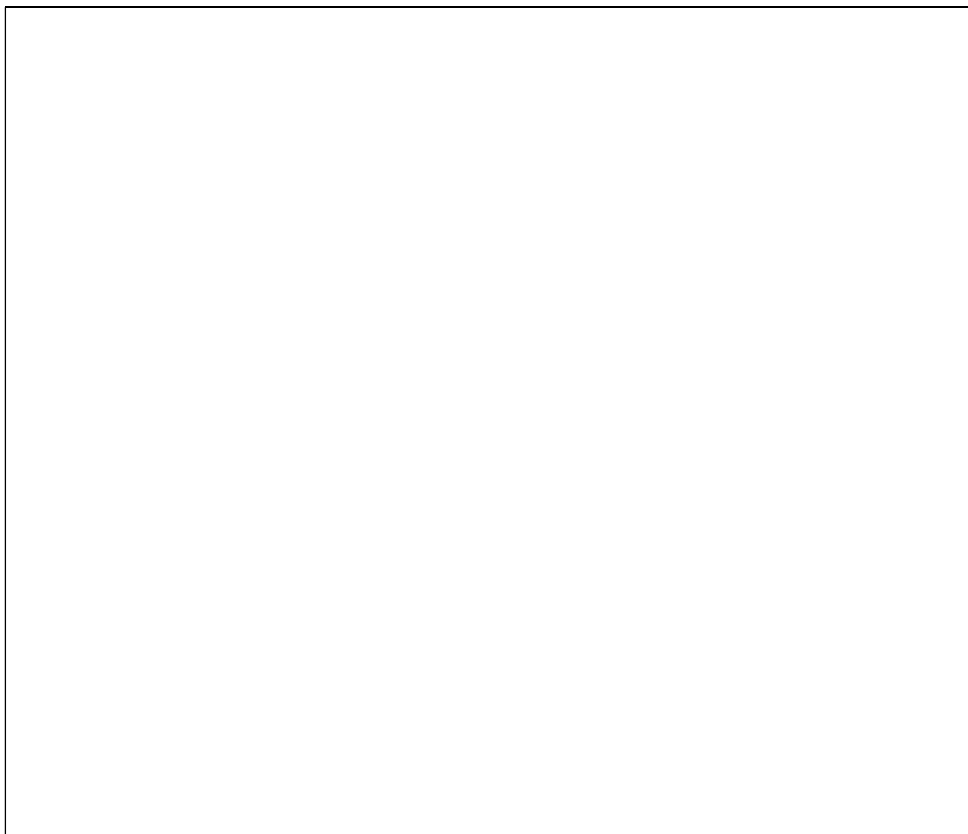
Quilt materials £325.24



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

Research - the research assistant continued to work on a full-time contract from January-October 2020, funded by NHS West London. The projects she was involved in, detailed above, will raise the profile of the Cassel as a research centre. Income from Kings College London of £5800 was received in May 20. A second research grant from the Luff Foundation of £20,000 was received in December 2020.

Service User Involvement fund – this supports service users to work alongside clinicians developing and delivering training, benefitting both staff and patients.

The continuation of the **Eileen Skellern Awards** in 2020-21 has subsidised therapy fees for nursing staff, which is a powerful tool in recruitment and retention of staff.

Local engagement was naturally curtailed this year, given the pandemic, although the charity had a presence at the local Christmas market. However work progressed on developing the public profile of the charity through relaunching the website, including essential FAQs about the charity and its work, and preparing copy for a local magazine. Links were also made with Richmond CVS, Ham United Group and the Ham and Petersham Association.

Centenary The aim is to use this opportunity to raise the profile of the hospital and to raise funds. Trustees have attended regular meetings with hospital staff, patients and partners to consider ways of commemorating this event, including an oral history project with past patients, archival research on the history of the hospital, a craft project, an academic conference, the editorship of an academic journal and the hosting of the annual Skellern lecture. Some of these projects have had to be postponed, but have been rescheduled for 2022.

Grant income of £8263 was obtained for the oral history project from The National Lottery Community Fund. While the project had to be postponed, preparatory work was undertaken. A partnership agreement was entered into with On the Record, an oral history specialist, to facilitate this project.

Trustees

Three new trustees were recruited in the summer of 2020.

Maureen Miller (local resident)
Paul Jullien (Cassel Carers' group)
Hannah Prowse (local resident)

Section E

Financial review

Brief statement of the charity's policy on reserves

Current policy is to maintain three years' core costs and shut-down costs, while plans are made to develop regular income.

As at 5 April 2021 the charity had unrestricted reserves of £48,384 (2020: £40,656) and restricted reserves of £35,965 (2020: £29,132).

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds currently derive from investment income, grants and donations.

Investment policy – funds not likely to be required in the short term have been invested in listed investment. It is the Trustees' policy that the portfolio comprise 30% gilt-edged stock and 70% equities, with safety and security being the primary consideration.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Oliver Dale

Full name(s) Dr Oliver Dale

Position (eg Secretary, Chair, etc) Chair



Date 17.12.21

The Cassel Hospital Charitable Trust

Independent Examiners' Report to the Trustees of The Cassel Hospital Charitable Trust

Year ended 5 April 2021

I report to the charity trustees on my examination of the accounts of The Cassel Hospital Charitable Trust for the year ended 5 April 2021, which are set out on pages 10 to 11.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Mark Proctor FCA DChA
Independent Examiner

Lovewell Blake LLP
Chartered Accountants
Bankside 300, Peachman Way,
Broadland Business Park, Norwich
NR7 0LB

19/12/2021



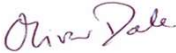
Receipts and payments accounts

For the period from	6/4/20	To	Period end date 5/4/21
---------------------	--------	----	---------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Investment income	1,872	-	-	1,872	2,311
Donations	768	500	-	1,268	2,592
Grants		28,263	-	28,263	22,000
Research income	5,800	-	-	5,800	13,200
Other		5,000	-	5,000	1,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,440	33,763	-	42,203	41,603
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,440	33,763	-	42,203	41,603
A3 Payments					
Grants	1,167	16,517	-	17,684	11,195
Secretarial	2,800	-	-	2,800	4,500
Marketing	945	500	-	1,445	-
Other	713	5,000	-	5,713	402
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,625	22,017	-	27,642	16,097
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,625	22,017	-	27,642	16,097
Net of receipts/(payments)	2,815	11,746	-	14,561	25,506
A5 Transfers between funds	4,913	- 4,913	-	-	-
A6 Cash funds last year end	40,656	29,132	-	69,788	44,282
Cash funds this year end	48,384	35,965	-	84,349	69,788

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	48,384	35,965	-
		-	-	-
		-	-	-
	Total cash funds	48,384	35,965	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Investment income	277	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Investec Portfolio	Unrestricted	-	51,597
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Secretarial pay	Unrestricted	2,500	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Dr Oliver Dale		17.12.21