

Company Registration No. 03888655

Registered Charity No. 1081427

Lancashire Mind Limited (a company limited by guarantee)

**Trustees' Annual Report and
Financial Statements**

**For The Year Ended
31 March 2025**

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
COMPANY INFORMATION

Trustees and Directors	Mr M Jameson (Chair) Mr I Reed Ms V Smith Ms A Moore Mr F Musa Mr S Raine Miss F Billington Mr M Wearden Mrs C Noblett Mr I Stewart
Chief Executive Officer	Mr D Dunwell
Secretary	Mr D Dunwell
Registered office and Principal Address	80-82 Devonshire Road Chorley Lancashire PR7 2DR
Registered Company Number	03888655
Registered Charity Number	1081427
Auditors	MHA Richard House Winckley Square Preston PR1 3HP

LANCASHIRE MIND LIMITED
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LANCASHIRE MIND LIMITED
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who act as directors for the purposes of company law, present their annual report (incorporating the directors' report) and the financial statements for the year ending 31 March 2025.

Directors and trustees

All directors of the company are also trustees of the charity. The following trustees served during the period.

Mr M Jameson (Chair)
Mr I Reed
Ms S Barker (resigned 29 June 2024)
Ms V Smith
Ms A Moore
Mr F Musa
Mr S Raine
Mrs B Littler (resigned 25 February 2025)
Miss F Billington
Mr M Wearden
Mrs C Noblett (appointed 27 November 2024)
Mr I Stewart (appointed 27 November 2024)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Lancashire Mind Limited is a company limited by guarantee, registration number 3888655 and is governed by its memorandum and articles of association (revised 30 November 2018). It is registered as a charity under Charity Commission number 1081427.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Appointment of trustees

In accordance with our articles of association, trustees are elected at each AGM. Trustees are sought through open recruitment based on skills required. After an appropriate selection process successful candidates are recommended to the membership for election. Trustees then undertake an induction process and are provided with the support to be an effective trustee. An induction pack is provided containing additional guidance on the role of the trustee, on Lancashire Mind and other information as needed.

All trustees give their time voluntarily and receive no benefit from the charity. Any expenses reclaimed are set out in the audited accounts.

Delegation of Authority

The charity is organised so that the trustees meet quarterly to manage its affairs, with three sub-committees that sit under the main board. The board has a scheme of delegations under which management functions are apportioned to the Chief Executive Officer and his senior team, allowing the trustees to focus on governance issues.

(A COMPANY LIMITED BY GUARANTEE)**TRUSTEES' REPORT (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)**Quality and benchmarking**

As part of the national Mind Federation, which is administered by the national charity, Mind (legal name: The National Association for Mental Health, hereinafter called "Mind"), Lancashire Mind complies with – and is independently assessed against – the Mind Quality Mark. This is an evidenced based quality management tool which provides assurance that the charity complies with best practice in the sector. The quality mark considers scores across over 150 indicators to track progress against 20 standards, which are grouped by theme. We complete a self-assessment against these standards each year, with an external inspection being conducted by Mind every three years. As part of our reporting cycle, we were subject of a full external inspection in September/October 2023. The next full review will likely be in 2026. It was confirmed in April 2024 that Lancashire Mind was successful in achieving the Mind Quality Mark and is currently able to evidence good or excellent attainment against every thematic area, including:

Leadership and governance

- Leadership
- Strategy
- Mind Federation
- Board of trustees
- Legal compliance

Finance and policies

- Risk
- Finance
- Policies
- Health and Safety
- Information Governance

Services and people

- Equality and diversity
- Effective services
- Safeguarding
- Human Resources
- Volunteers
- Evaluation and impact

Influence and engagement

- Collaboration, profile and influence
- Influence and participation
- Promoting positive attitudes to mental health
- Environment

Lancashire Mind were pleased to win Mind Quality Mark Excellence Awards in the categories of 'Board of Trustees' and 'Environment', with a highly commended award in the 'Strategy' category.

The quality mark report overview stated, *"The aspiration of excellence runs through Lancashire Mind. It can be seen in its approach to deliver services, lead its teams and to enter partnerships, which will progress its work in supporting people with their mental health. Its values are present in the actions of its staff, trustees, and*

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TRUSTEES' REPORT (CONTINUED)

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STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

volunteers. People are valued and motivated to give their best. Its inspired values framework features as an important part of the recruitment process and it makes the organisation a great place to be. Everyone shares these values and there is a real sense that Lancashire Mind is a people led organisation, this definition means that people's voices are heard, and they are empowered to speak up for positive change and action."

Lancashire Mind were also successful in the Red Rose Business Awards, being finalists in two categories and winning the Health and Wellbeing Award, whilst also being finalists in the BIBA's (Be Inspired Business Awards) for Community Business of the Year.

Risk management

The major risks faced by Lancashire Mind are identified on a strategic risk register. The register is systematically reviewed by the board of trustees and its sub-committees at each of their meetings. Operational risks are also monitored internally utilising a separate register, which is regularly reviewed by the senior executive team. The charity believes that maintaining reserves as per our Reserves Policy, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

OBJECTIVES AND ACTIVITIES

The charity reviewed and updated its Articles of Association, including its objectives during the 2024/25 financial year. The objectives of the Charity, as set out in the Memorandum and Articles of Association, are for the public benefit, in particular but not exclusively, in Lancashire:

- A) To promote the preservation of good mental health, in particular by enabling and empowering everyone experiencing mental health conditions to live with, manage and recover from their condition.
- B) To relieve the needs of people with mental health conditions by working to increase the understanding of mental health and mental health conditions, by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

As in previous years, the executive team utilise a strategic implementation plan, including key assurance indicators to reflect on progress against strategy, presenting key updates to the board of trustees in August 2024.

The strategy initially came about through a large piece of engagement work with stakeholders across Lancashire. Views were sought through focus groups, one-to-one interviews and through online engagement. In total the charity spoke with several hundred people. Those stakeholders included: people who currently (or formerly) use(d) the charity's services; others with lived experience of poor mental health; volunteers; people from the wider population of each of the districts and unitary authorities; funders, commissioners, and leaders from partner organisations.

The end of 2024/25 prompted early discussions to plan for the next strategy cycle, with planning starting in the next financial year. December 2024 represented a milestone for 25 years as a charitable entity, with 2025 including additional events, communications and campaigns to mark the occasion. As such, there have been internal reflection exercises on the current strategy and service changes since the turn of the millennium, with some forethought to the next 25 years.

The strategy can be summarised across the following elements:

Our vision

A Lancashire where everyone can have the best mental health and wellbeing possible

Our purpose

We want to work with Lancashire, for Lancashire – we believe in a future where everyone in Lancashire has the opportunity to have the best mental health and wellbeing possible

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OBJECTIVES AND ACTIVITIES (continued)

Our mission

- *We will Connect Minds to understand people's experience of mental health in Lancashire*
- *We will Support Minds by offering services that meet the needs of local people and communities*
- *We will Change Minds by challenging stigma and increasing knowledge around mental health*

Our Aims

- *Aim One – Listen, Learn and Influence*
- *Aim Two – Work with others to make positive changes*
- *Aim Three – Make it easy to talk about mental health and wellbeing*
- *Aim Four – Get people the help they need*
- *Aim Five – Keep getting better*

Our Values

- *Real – Grounded in lived experience and making a real difference*
- *Bold – Up for challenging the rest of the county to do better*
- *Caring – Helping because we believe in being there for all people and communities in Lancashire*
- *Open – Working inclusively to tackle issues and open to new ideas*

ACHIEVEMENTS AND PERFORMANCE

2024/2025 continued to present a multitude of challenges for the people of Lancashire (and beyond). Societal factors, including new governments and international conflicts, combined with cost-cutting within Lancashire's clinical health system and key challenges such as the rising cost of living, have led to many mental health statistics continuing to worsen.

As a result, these effects have also impacted on Lancashire Mind, with rising need from Lancashire people and in some cases our own waiting lists for services. These factors have also affected corporate and individual approaches to fundraising, leading to a need to adapt and innovate. Despite these impactors, Lancashire Mind have managed to grow and manage our finances effectively, whilst investing reserves into projects to enable the charity to support those most in need.

The trustees would like to take this opportunity to speak to those stakeholders who supported Lancashire Mind during this period. While the charity put the needs of beneficiaries first, this would not have been possible without the communication with, and cooperation of, our funders, partners and supporters. The board would also like to thank the people who use the services of Lancashire Mind, the volunteers, and the staff for their ongoing support.

Highlights of the year included:

ORGANISATION WIDE ACHIEVEMENTS:

- Over 7,000 people accessed 24 different Lancashire Mind projects and services – with several thousand more engaging in other ways.
- In alignment with the growth of the organisation, the organisation embedded over 15 brand new roles into the structure, attracting some exceptional talent.
- Winning Mind Quality Mark Excellence Awards in the categories of 'Board of Trustees' and 'Environment', with a highly commended award in the 'Strategy' category.
- Winning the Red Rose Business Awards Health and Wellbeing Award by demonstrating a good business model that leads to positive outcomes for people who use our services.

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ACHIEVEMENTS AND PERFORMANCE (continued)

- To mark 25 years of being a charity, a 25th anniversary campaign was launched, which included additional marketing, projects and events. This included eight new Lancashire Mind Ambassadors being enrolled and six of 25 planned, lived experience stories being shared.
- 83 volunteers gave over 1,250 hours of their time to support our work.
- Services worked with over 100 Lancashire workplaces on training, employee volunteering and fundraising opportunities.
- Upgraded and relaunched the phone system to offer better support and signposting to Lancashire communities.
- Updated Lancashire Mind's articles of association and charitable objects, to better reflect the organisations direction and growth.
- Enhanced back-office support through HR consultancy and new central support roles.
- Finalised a co-produced pay review with the staff team, ensuring future financial stability and fairness.
- Embedded new technologies, including a new HR system and impact monitoring system.
- Hosted 14 Lancashire MPs in the Speakers Chambers of Westminster, to lobby for support of mental health causes.
- Hosted our first Candlelight Walk vigil in memory of those bereaved by suicide, with over 100 attending.
- Delivered several successful fundraising events, including the Cross Bay Walk, a Skydive Fundraiser and our flagship event, Mental Elf (which has now been adopted by 43 other local minds across the country).
- Delivered the biggest Mental Elf ever, with approximately 400 runners raising over £18,000.
- Piloted a 'Mental Elf in Schools' initiative, with 10 schools organising their own run, raising over £4,000.
- Over 800 people accessed a series of one-to-one support sessions.
- Staff Wellbeing Champions organised 12 wellbeing events to provide opportunities for staff members to connect through activities aimed at boosting their wellbeing.
- Our online following across social media channels grew by 89.5% with over 17,500 people following across platforms – giving an increased reach of 1,323,585.
- Our new podcast, Lancashire Mind Talks, recorded 26 episodes, with 15 going live.

Coaching and Therapeutic Services

- Pilot and successful launch of our low-cost therapies service – with over 25 people signing up in the opening weekend. Securing funding for 25 free places annually, for the therapy service from CRH Charitable Trust (for a three-year period).
- Pilot and launch of our new Employee Assistance Programme – co-produced with the support of James' Places.
- Winning a contract with Blackburn with Darwen Council (£78,675) to provide a new service 'Together After Loss' – a service to provide emotional support for families who have experienced baby loss and miscarriage - the first of its kind in Lancashire.
- 2,073 hours of 1-to-1 wellbeing coaching were delivered to help support individuals' mental health.
- Completion of Flourishing Minds – a five-year project delivering a mental wellbeing service to offer universal support to Blackburn with Darwen adults in partnership with several other third-sector organisations.
- Secured funding to deliver wellbeing coaching as part of the Work Well team in Blackpool - supporting people back into employment.
- Representatives from The Sir Jules Thorn Charitable Trust visited to celebrate the impact of the Supported Self Help Programme.

Children and Young Peoples Services

- Launched a new county-wide schools resilience programme, following a successful bid for the Lancashire and South Cumbria Integrated Care Board's CYP Mental Health Services Resilience and Prevention in Schools Commission, to the value of £195k (with an optional second year).

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ACHIEVEMENTS AND PERFORMANCE (continued)

- 288 children and young people accessed one-to-one coaching sessions.
- Over 2,500 young people were supported through our children's services.
- Delivered over 3,500 hours of classroom activity to schools across Lancashire.
- Supported the project, 'Mind Working Towards a Trauma Informed Vision for CYP Services', using £20k of funding to work with Mind, other local Mind organisations and young people, to coproduce trauma informed practice, including a toolkit shared across the Mind Federation.
- Delivered a new suicide prevention programme for 11-25 years olds as part of wider Lancaster District suicide prevention strategy, following receipt of £20k of funding. Delivering 'live' online workshops for the first time to secondary schools, colleges and universities as part of our North Forward project.
- Receiving a Local Mind grant fund for continuation of services for continuation of CYP wellbeing coaching, valued at an additional £10k.
- We would like to thank the Eric Wright Charitable Trust for their continued support, with a fifth annual grant to deliver Bounce Forward for primary schools in Lancashire (at £40,000).
- We would like to thank Booths for their continued support, with a third annual £40,000 donation allowing one-to-one wellbeing coaching service for children to be sustained following an internal investment pilot.

Community Projects (Adults)

- 281 organisations and community groups engaged in improving links between the voluntary sector and clinical services.
- Engaged 7 individuals to be part of an ongoing Lived Experience panel, to ensure all key decisions and services carefully consider the impact on the individual.
- Through the Connecting Communities project, supported over 250 individuals from South Asian communities to overcome barriers to achieving positive mental health, the majority of whom having English as a second language.
- Co-produced recommended changes on Lancashire and South Cumbria's NHS Foundation Trusts Healthy Young Minds website.
- Delivered financial linked mental health support in Chorley through the Money & Me programme, funded by Chorley Council UKSPF to the value of £25,612.
- Delivered additional volunteering activity in Preston as a result of the Preston Volunteering Fund.

Housing

- Represented Mind at the Covid Inquiry for housing.
- Supported 24 people to move on to independent living while increasing the number of tenants supported.
- 1,400 hours of support were given supporting people to access our Bridge2Home service, supporting those who are clinically ready for discharge from hospital, following support with their mental health.
- 20 new units were onboarded within our housing portfolio, growing our tenancy offer to 92 units, including properties in new areas; Blackburn and the Fylde Coast.
- Set up a Community of Practice for Local Minds with a Housing provision.
- A new out of hours support service has been implemented to better support tenants in the event of an emergency.

Training and Workplace Wellbeing

- Delivering suicide prevention and mental health awareness training to nearly 1,500 learners as part of Lancashire and South Cumbria Integrated Care System's suicide prevention programme .
- 86 parents learned to better support their child's mental health through co-produced workshops.
- Were a named partner in a successful multi-million-pound commission to deliver peer support to adults across Lancashire (branded 'Zest'), with Lancashire Mind's role to offer training and wrap-around support.
- Over 1,000 parents responded to a survey to help co-produce Supporting Your Child e-learning training, which more than 300 people accessed within three weeks of its launch.
- Grew our Wellbeing Business Network to over 20 representative businesses.

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ACHIEVEMENTS AND PERFORMANCE (continued)

- Being recognised as Neuro-Champions at the Genius Within Celebrating Neurodiversity Awards under the categories of Inclusion Project of the Year and Inclusive Education Provider.

OTHER

- Successfully completing the Big Give Christmas Challenge. Combining £2,500 pledged by our Big Give Champion, The Julia Rausing Trust, and £2500 pledged by local companies, which was used to match the £5000 in donations we received during the Challenge - raising £10k in total towards 1:1 support.
- We would like to thank the William Thomas Ward Trust for the final installment of a Legacy payment, to the value of just under £55,000. Although we don't have any specific wishes from the family to show how the funding should be utilised, the trustees are very concerned about making best use of the monies received, in line with our Ethical Fundraising Policy.
- We would like to thank the following corporate partners for nominating Lancashire Mind as their Charity of the Year, or offering noteworthy support or fundraising contributions: Asian Media Awards, Back Care Solutions, Birchall Food Services, Essential Industrial Services, Financial Options Group, James Hall & Co. Ltd (SPAR), James' Places, Kingsley Asset Finance, Leyland Trucks Helping Hand, Marsden Rawsthorn, PAR Group, Pierce Business Advisory and Accountancy Group, Zebra Technologies.

FINANCIAL REVIEW

Financial position

Lancashire Mind Limited reports a deficit of £37,493 for the 2024/25 financial year. This incorporates £112,465 spending on designated funds, specific use of reserves approved by the trustees to build the infrastructure and delivery capacity of the charity. Without choosing to use reserves in this way we would have shown a £74,972 surplus on unrestricted funds for the year.

Principal Funding Sources

Lancashire Mind has a diverse range of funding sources. We bid for grants and contracts to support the work of our varied service teams in Adult Services, Children & Young People Services, Engagement and Inclusion, Housing, Training and Wellbeing Coaching.

Income for 2024/25 grew by £557,290 to £2,534,902 a rise of 28%. A number of areas saw increases but the most significant growth came in our Children and Young People (CYP) Services which saw growth of almost 300% from £149,634 to £583,844.

There were a number of continuing projects within our CYP offer this year. We continued to offer our Bounce Forward project through funding from Eric Wright Group and our virtual wellbeing coaching service funded by Booths and delivered a full year of our BBC Children in Need funded support for 12-18 year olds in Burnley and Pendle.

The growth in CYP services came from a number of grant funded projects. Funding from the Department for Health and Social Care of £213,520 enabled us to provide early intervention hubs across Lancashire to enable young people to access a number of mental health services. From NHS Lancashire and South Cumbria Integrated Care Board we received grants for CYP and Parenting Peer Support and for our Resilient Minds project providing resilience and prevention interventions for schools and colleges, targeting ones that do not have access to Mental Health Support Teams and those with a high level of need/deprivation. We also received funding from Mind to further support our Virtual Coaching and from Lancaster Primary Care Network to deliver the Lancaster District Schools and Further Education Suicide Prevention Programme.

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FINANCIAL REVIEW (continued)

We also saw significant growth (70%) in our Wellbeing Coaching Services. We delivered the final year of our Flourishing Minds project (£109k) funded by Blackburn with Darwen Council and continued delivery of our Supported Self Help project (£65k) which provides wellbeing coaching as an early intervention and to bridge the gap for people waiting for higher-level support.

One of our designated funds was set aside to fund the development of a low cost therapy service which launched in the autumn of 2024 with further funding support from CRH Charitable Trust. Another new project funded by Blackburn With Darwen Council was our Together After Loss programme providing emotional wellbeing support to those who have suffered baby loss.

We continued to receive funding (£150,000) from the NHS (Lancashire and South Cumbria Integrated Care Board) for our vital Suicide Prevention training and from Department of Health and Social Care under their Suicide Prevention grant programme to deliver workshops and develop e-learning to support parents and caregivers to increase awareness and understanding of CYP mental health and self harm, particularly those with neurodivergent conditions.

We also received continued funding of over £110k from the National Lottery for our Connecting Communities project

While these are many of our biggest grants and contracts there were a number of other funders for which we are extremely appreciative. Full details are set out in note 17, Restricted Funds.

Our biggest area of work by charitable income is our Housing service, another area that has seen significant growth. Income rose by circa £160k to £851k mainly due to a significant increase in the number of supported lets from 67 at the start of the year to 85. We also continued to deliver our Bridge to Home project to support vulnerable people from in-ward hospital support to suitable housing and support accessing community services.

Fundraising, Donations and Legacies

Lancashire Mind is extremely grateful for the continued support it receives from a wide range of individuals and groups through donations and fundraising events. Our supporters show immense effort and creativity to raise funds on our behalf with circa £175,000 income from their activities in 2024/25.

Over the course of the year fundraisers raised £126,366, an increase of 21%. Lancashire Mind have built meaningful relationships with a number of dedicated individuals who have organised multiple events and activities throughout the year in support of the charity.

Lancashire Mind has forged strong corporate partnerships with several Lancashire based businesses and organisations. Grants and donations from organisations have also resulted in over £35,000 in funds, whilst we are very grateful to have been provided with circa £4,000 from in memoriam donations. This year's figures also reflect the final balance of the William Thomas Ward Trust of just under £55,000, a legacy which has provided great support to our growth and development in recent years.

Overall fundraising and donations have come from a varied range of areas showing that Lancashire Mind has a good presence across the county. This is a result of engaging directly with individuals, companies, sports clubs, educational institutions and community groups to promote the work of Lancashire Mind and to inspire people

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FINANCIAL REVIEW (continued)

throughout Lancashire to raise funds for us. We highly value all those who champion the cause of Lancashire Mind within their communities and networks.

We are registered with the Fundraising Regulator and we are committed to adhering to all recognised standards in relation to our fundraising activity. Staff ensure that all fundraising activity complies with the Fundraising Regulator's Code of Practice. Staff and volunteers are trained in their responsibilities in relation to fundraising regulation.

No commercial participators or professional fundraisers are used by Lancashire Mind.

We ensure we do not contact supporters by telephone, email or text message without their explicit consent and we ensure communications do not put undue pressure on anyone to donate.

Tangible fixed assets for use by the charity

The charity owns the property used as its Head Office. The property is free of any borrowing. In line with standard accounting practice we now capitalise equipment of over £500 and £22,688 of IT equipment was capitalised.

Investment policy and returns

Under the memorandum and articles of association, the charity has the power to make any investments which the trustees see fit. Whilst the trustees take a prudent approach to balancing risk and return we have now invested a portion of our bank deposits in a 35 day notice account to take advantage of higher interest rates.

Reserves

An analysis of reserves held by Lancashire Mind Limited is as follows:

	2025	2024
Total Reserves	925,237	962,730
Tangible Fixed Assets	109,277	97,556
Designated Funds	41,607	94,072
Free Unrestricted Reserves	774,353	771,102

We consider it is appropriate to hold 3 months of unrestricted expenditure in reserves, together with contingency to meet business commitments and to ensure that in a worst case scenario all closure costs could be met in a responsible manner. Based on current budgets this would require approximately £550,000 to be retained.

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A portion of the balance held over and above this minimum reserves position has been designated for projects by the trustees, as below:

Building Engagement Capacity	8,538
Inclusion and Accessibility	10,823
Business Development	4
Lived Experience	10,692
Therapeutic Services	8,870
CRM Development	2,680
Total	41,607

Movements on designated funds in the year are set out in note 18 to the accounts.

DETAILED ANALYSIS OF REINVESTMENT OF UNRESTRICTED RESERVES – DESIGNATED FUND**Investment of unrestricted reserves**

While Lancashire Mind recognises the financial benefits of generating unrestricted income, and holding some of this in reserve, the trustees are also keen to ensure that additional funds raised have a significant and timely impact for the beneficiaries of the charity. Therefore the trustees have sought to reinvest surplus reserves that will develop the charity's capacity to better support achieving our vision of the best possible mental health and wellbeing for everyone in Lancashire. The trustees' sincere hope and belief in doing so is that:

- Unrestricted reserves can help develop services for which we can see evidence for need, but where there is little external funding for;
- Unrestricted reserves can also help us with our strategic aim to keep getting better by improving our capacity around information governance, digital engagement and so on;
- By ensuring unrestricted funds are spent in a timely manner we can talk directly to donors about the additional impact their money has had for the lives of people in Lancashire; and
- That when applying for funding from charitable trusts, that their boards or funding panels can see that we prioritise helping people over hoarding resources in reserve.

Purpose of Designated Funds Held**Building Engagement Capacity**

This was designed to build structures for engagement with people with lived experience of mental ill health and with the wider population, to co-create solutions to mental health challenges, a fundamental aspect of the work of the Mind federation. This continues with the work of our Volunteer Engagement Coordinator.

Inclusion and Accessibility

A fund to allow staff to remove any barriers to people accessing our services thereby enabling our vision of 'A Lancashire where everyone can have the best mental health and wellbeing possible'.

Business Development

With the growth in the charity putting added responsibilities on Senior Managers it was realised that we needed investment in capacity to assist in identifying and applying for funding opportunities, providing the possibilities to maintain and expand our work across Lancashire. A writer/researcher has been employed since July 2023 using this fund.

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PLANS FOR FUTURE PERIODS (continued)

Lived Experience

Expanding our engagement and inclusion service to enhance our lived experience engagement work, to create sustainable structures which feed into all aspects of Lancashire Mind.

Therapeutic Services

This allowed us to develop and deliver a pilot offer of Therapeutic Services including Cognitive Behavioural Therapy and Person Centered Therapy and support the launch of this as an ongoing service.

CRM Development

This supported development of Lancashire Minds CRM system to provide the existing strong team of staff with the right tools to drive further development/growth/impact of Lancashire Mind

PLANS FOR FUTURE PERIODS

As Lancashire Mind enter the penultimate year of the 2021-2027 strategy - coinciding with the 25th year as a charity - there are a significant number of new activities in the pipeline. A brief headline summary of these are provided under the strategic aims below:

Aim One – Listen, Learn and Influence

Lancashire Mind will continue to develop our resources and infrastructure to better engage with the widest possible range of people across Lancashire, with a particular intention to work closely with, and listen to, those who are in need of our services. The newly formed Lived Experience Panel and Youth Advisory Board will be pivotal in ensuring we do this effectively, and developments will continue to be made to ensure both groups influence decision-making at all levels within the organisation.

Lancashire Mind will relaunch our newsletter to share more targeted information to those with differing interests. In addition, engaging with different target audiences through newly utilised communication platforms, such as Tik-Tok. Developing the newly implemented impact data monitoring system will enable the organisation to better analyse who we work with, helping develop new actions around equality, diversity and inclusion.

2026 will also see Lancashire Mind start early engagement activity to inform the next strategy cycle from 2027. This will involve listening exercises and reflection on the effectiveness of the current strategy cycle, societal changes and future direction.

Aim Two – Work with others to make positive changes

Lancashire Mind will continue building on its increasingly strong partnerships with voluntary, public and private sector partners, to deliver change in a collaborative and joined-up way. The rollout of Lancashire Minds new Employee Assistance Programme service should encourage further engagement from private sector partners, tackling workplace wellbeing challenges across the county. This is in addition to the increasing number of corporate fundraising partners; some of whom will support the furnishings/equipment required for the new office.

With significant change taking place in the clinical health system, including the disbanding of NHS England and reduction in the scale of Integrated Care Boards, Lancashire Mind intend to lead the voluntary sector voice for mental health in Lancashire – creating more collaboration opportunities with community and third sector organisations, whilst increasing representation on strategic clinical and statutory boards.

Further changes will also be taking place across educational establishments, with changing governmental support regarding mental health. Lancashire Mind intend to roll out new extra-curricular offers and school events to build and sustain relationships with education leaders. By working with as many young people as feasibly possible, Lancashire Mind intend to drive generational change in resilience, attitudes and stigma towards mental health.

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PLANS FOR FUTURE PERIODS (continued)

With the ongoing growth of the Lancashire Mind Ambassadors programme, there is an intention to work with those passionate individuals with influence in their respective communities to drive increased reach, awareness and representation.

Aim Three – Make it easy to talk about mental health and wellbeing

Lancashire Mind will increase focus on accessibility of services, offering more services remotely. The e-learning platform will allow more people to access training opportunities outside of the typical working day, and upgrades such as multi-language plugins on key digital platforms will open access to more Lancashire audiences.

There will be an intention to continue to increase Lancashire Minds external presence across Lancashire, using 25th anniversary celebrations as an opportunity to raise profile. Storytelling and sharing personal experiences and journeys will remain a key focus. Increasing video, alongside new fundraising and awareness raising events.

Lancashire Mind will provide new in-person platforms and opportunities to encourage conversations, such as a new roadshow during Mental Health Awareness Week.

Aim Four – Get people the help they need

Lancashire Mind will continue to foster a culture of continuous improvement, constantly evaluating and reevaluating the impact of our service delivery. We will continue to enhance internal monitoring and evaluation processes, including introducing new processes linked to new data monitoring systems, to more efficiently and regularly reflect on learning and progress.

Following a multitude of actions to enhance Lancashire Mind to be increasingly trauma informed, the organisation will complete the Trauma Informed Silver Accreditation in late 2025. Ensuring that the new office is fit for purpose through trauma informed spaces, that are welcoming and accessible to users of our services is essential.

Given worsening statistics around men's mental health, Lancashire Mind will look to include new dedicated events and campaigns into their calendar to offer additional support. An example of this will be a new Sunrise Walk to take place early in 2025/26.

Furthermore, Lancashire Mind intend to continue to grow the portfolio of the tenancy support service, undertaking new properties to help provide supported housing to those in the community with poor mental health. By the end of 2024/2025 Lancashire Mind managed 92 properties and there is a view to upscale this to 100 by the end of the next financial year.

In addition to the provision of low-cost therapy for adults, Lancashire Mind will begin early planning for rolling out a similar service offering low-cost therapeutic support to young people, from 2026/27.

Aim Five – Keep getting better

Continuous improvement remains to be at the heart of Lancashire Minds success. New data impact monitoring system will further support services to be regularly reviewed for effectiveness and new creations, such as an 'internal charter' will be developed during 2025/26 to ensure standards remain high for all team members.

Lancashire Mind will complete the office move to Balfour Court in Leyland, ensuring the buildings facilities provide a great working environment for the team, whilst providing the right resources and spaces for the teams to do their roles effectively. There will then be a need to sell or repurpose the Devonshire Road Office.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

A key focus of 2025/26 will be to better embed artificial intelligence into the organisation, improving efficiencies and reducing workload. Lancashire Mind will introduce an AI assisted recruitment platform to save administrative time and enable a smoother user journey for those applying to volunteer or work at the organisation. There will also be research conducted into a housing management platform to support our housing offer.

PUBLIC BENEFIT STATEMENT

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing and planning future activities. In particular the trustees have considered how future activities will contribute to the overall aims and objectives established in the articles of association and ensured that they have set out objectives as part of the business and strategic plan. In this consideration the trustees have complied with their duty to have due regard on public benefit in exercising their responsibilities, powers or duties.

Responsibilities of the trustees

The trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditor

A resolution to re-appoint MHA Moore and Smalley as auditor for the ensuing year will be proposed at the Annual General Meeting.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Small company rules

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act.

This report has been approved by the Board of Trustees and is signed on its behalf.

Signed on behalf of the Board of Trustees



.....
Mr M Jameson
Trustee December 4, 2025
Date.....

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITORS' REPORT TO THE BOARD OF TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Opinion

We have audited the financial statements of Lancashire Mind Limited (the 'charitable company') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the cash flow statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

LANCASHIRE MIND LIMITED

(A COMPANY LIMITED BY GUARANTEE)

INDEPENDENT AUDITORS' REPORT TO THE BOARD OF TRUSTEES (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

LANCASHIRE MIND LIMITED**(A COMPANY LIMITED BY GUARANTEE)****INDEPENDENT AUDITORS' REPORT TO THE BOARD OF TRUSTEES (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025**

Respective responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out on page 12, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations;
- Enquires with management about any known or suspected instances of fraud;
- Review of minutes of board meetings;
- Auditing the risk of fraud in revenue, including through the testing of income cut off at the period end and through income transaction testing to provide comfort that revenue is completely stated in the financial statements; and
- Examination of journal entries and other adjustments to test for appropriateness and identify any instances of management override of controls

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

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LANCASHIRE MIND LIMITED

(A COMPANY LIMITED BY GUARANTEE)

INDEPENDENT AUDITORS' REPORT TO THE BOARD OF TRUSTEES (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with the Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

Nicola Mason MA(Cantab) ACA DChA (Senior Statutory Auditor)

For and on behalf of MHA

Chartered Accountants and Statutory Auditor

Richard House
9 Winckley Square
Preston
PR1 3HP

Date December 4, 2025

MHA is the trading name of MHA Audit Services LLP, a limited liability partnership in England and Wales (registered number OC455542).

LANCASHIRE MIND LIMITED**(A COMPANY LIMITED BY GUARANTEE)****STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)****FOR THE YEAR ENDED 31 MARCH 2025**

		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	2025 £	2024 £
Income:					
Donations and legacies	2	103,162	-	103,162	80,642
Other trading activities:	3				
Fundraising		126,366	-	126,366	104,116
Training and other traded services		56,495	-	56,495	59,275
Investment income	4	15,615	-	15,615	13,653
Charitable activities:	5				
Housing		774,568	76,501	851,069	691,727
Wellbeing Coach Services		-	274,499	274,499	159,989
Engagement and Inclusion Services		-	100,980	100,980	243,325
Children and Young People Services		-	583,844	583,844	149,634
Adult Services		-	139,403	139,403	97,547
Training Services		-	263,259	263,259	340,910
Other Income		215	19,995	20,210	36,794
Total income		1,076,421	1,458,481	2,534,902	1,977,612
Expenditure:					
Costs of raising funds		98,605	-	98,605	68,837
Cost of trading activities		22,654	-	22,654	43,583
Expenditure on charitable activities:					
Housing		807,216	76,501	883,717	739,889
Wellbeing Coach Services		63,407	274,499	337,906	240,081
Engagement and Inclusion Services		45,655	100,980	146,635	338,311
Children and Young People Services		44,304	583,844	628,148	192,158
Adult Services		10,579	139,403	149,982	110,808
Training Services		19,977	263,259	283,236	399,224
Other Expenditure		1,517	19,995	21,512	38,078
Total expenditure	6	1,113,914	1,458,481	2,572,395	2,170,969
Net income/(expenditure)		(37,493)	-	(37,493)	(193,357)
Net movement in funds		(37,493)	-	(37,493)	(193,357)
Total funds brought forward		962,730	-	962,730	1,156,087
Total funds carried forward		925,237	-	925,237	962,730

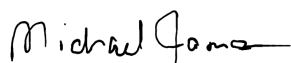
All gains and losses recognised in the year are included above.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2025

			2025	2024
	Note	£	£	£
Fixed assets				
Tangible assets	12		109,277	97,556
Current assets				
Debtors	13	271,548	215,964	
Cash at bank and in hand		<u>840,719</u>	<u>917,100</u>	
Total current assets		1,112,267	1,133,064	
Liabilities				
Creditors: amounts fall due within one year	14	<u>(296,307)</u>	<u>(267,890)</u>	
Net current assets			<u>815,960</u>	<u>865,174</u>
Net assets			<u>925,237</u>	<u>962,730</u>
Funds				
Restricted funds	17		-	-
Unrestricted funds				
Designated	18	41,607	94,072	
General		<u>883,630</u>	<u>868,658</u>	
Total unrestricted funds			<u>925,237</u>	<u>962,730</u>
Total funds	19		<u>925,237</u>	<u>962,730</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Board of Trustees on December 4, 2025 and are signed on its behalf by:



.....
Mr M Jameson
Trustee

Company Registration Number: 03888655

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2024
	£	£
Cashflows from operating activities		
Net movement in funds	(37,493)	(193,357)
Investment income	(15,615)	(13,653)
Depreciation	10,969	4,468
Decrease/(increase) in debtors	(55,585)	318,279
Increase/(decrease) in creditors	28,416	(174,684)
Net cash provided by/(used in) operating activities	(69,308)	(58,947)
Cashflows from investing activities:		
Investment income	15,615	13,653
Purchase of tangible fixed assets	(22,688)	-
Cash provided by investing activities	(7,073)	13,653
Increase/(decrease) in cash and cash equivalents in the year	(76,381)	(45,294)
Cash and cash equivalents at 1 April 2024	917,100	962,394
Cash and cash equivalents at 31 March 2025	840,719	917,100
Analysis of cash and cash equivalents		
Cash in hand	183	1,180
Cash at bank	840,536	915,920
	840,719	917,100

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

1.1 Basis of preparation of accounts

Lancashire Mind is a company limited by guarantee in England and Wales. The address of the registered office is given in the charity information on the second page of these financial statements. The nature of the charity's operations and principal activities are set out in the trustees' report on pages 1 to 14.

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. The particular accounting policies adopted by the trustees are described below.

The financial statements are presented in sterling which is the functional currency of the charity and figures are rounded to the nearest £.

Lancashire Mind Limited meets the definition of a public benefit entity under FRS102.

1.2 Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

1.3 Fund accounting

Restricted funds and expendable endowment funds are funds subject to special conditions imposed by the donor and are not available for purposes other than those specified by the donor. Unrestricted income funds comprise accumulated surpluses and deficits on general funds that are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and that have not been designated for other purposes.

1.4 Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income, after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (continued)

1.5 Expenditure

Expenditure is included in the SoFA on an accruals basis, recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measure reliably. All expenditure has been classified under headings that aggregate all costs related to that category. Where possible, costs are allocated directly to specific charitable activities or support costs relating to those activities.

Support costs include all expenditure not directly related to fundraising ventures or charitable activities. Where support costs cannot directly be allocated to a particular charitable activity, they are apportioned on a basis consistent with the use of the resources. Staff costs are apportioned between activities on the basis of time spent by the individual staff members. Governance costs represent the costs of audit fees, trustees' indemnity insurance & AGM expenses.

1.6 Discontinued activities

There were no discontinued activities during the year.

1.7 Pension scheme

The charity operates a defined contribution scheme for employees, and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.8 Leasing

Rentals payable under operating leases are charged against incoming resources on a straight line basis over the lease term.

1.9 Fixed assets and depreciation

All fixed assets are stated at cost less depreciation.

Depreciation is provided on tangible fixed assets at rates calculated to write off the cost, less estimated residual values, over their expected useful economic lives, on a straight line basis, as follows:

	Depreciation Rate
Freehold property	2.5%
Vehicles	25%
IT equipment	33.3%
Furniture and other equipment	25%

1.10 Debtors

Trade debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

1.11 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (continued)

1.12 Creditors and provisions

Creditors and provision are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.13 Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at the carrying value plus accrued interest less repayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method.

1.14 Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria is satisfied is recognised as a liability.

1.16 Judgements and key sources of estimation uncertainty

In the application of the company's accounting policies, trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

2 Donations and legacies

	2025 £	2024 £
General donations	103,162	80,642
	<hr/>	<hr/>

No donations were received for a restricted purpose (2024: £Nil)

3 Other trading activities

All of the income from other trading activities received in this year and the comparative year was unrestricted.

4 Investment income

Investment income for each year comprises interest received from the bank current and deposit accounts in the United Kingdom.

5 Incoming resources from charitable activities

	2025 £	2024 £
Housing		
<i>Restricted Income</i>		
Bridge to Home	76,501	35,480
	<hr/>	<hr/>
	76,501	35,480
	<hr/>	<hr/>
<i>Unrestricted Income</i>		
Housing Benefit and Management Fees	737,812	633,365
Support Only Income	679	2,983
Licence Charges	36,077	19,899
	<hr/>	<hr/>
	774,568	656,247
	<hr/>	<hr/>
Total Housing	851,069	691,727
	<hr/>	<hr/>

LANCASHIRE MIND LIMITED**(A COMPANY LIMITED BY GUARANTEE)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2025****5 Incoming resources from charitable activities (continued)**

	2025	2024
	£	£
Wellbeing Coach Services		
<i>Restricted income:</i>		
Youth Support Hubs	7,436	7,800
Flourishing Minds	109,616	105,400
Blackburn College Enrichment	8,492	10,733
Public Health Budget	-	100
Supported Self Help	64,932	34,466
Child Action North West	21,292	1,490
Together After Loss	52,449	-
CRH Charitable Trust – Therapeutic Services	3,782	-
Workwell Blackpool	6,500	-
Total Wellbeing Coaching Services	274,499	159,989

	2025	2024
	£	£
Engagement and Inclusion Services		
<i>Restricted income</i>		
Money & Me (Investing in mental health)	-	44,518
NHS Lancashire and South Cumbria Community Mental Health Transformation	100,000	198,808
Preston Volunteering Fund	980	-
Total Engagement and Inclusion Services	100,980	243,326

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

5 Incoming resources from charitable activities (continued)

	2025	2024
	£	£
Children and Young People Services		
<i>Restricted income</i>		
Bounce Forward Project (Eric Wright Foundation)	-	25,922
Co-op Foundation/National Lottery Community Fund #iwill Fund Grant	-	38,149
BBC Children in Need	34,968	8,682
Virtual Wellbeing Coaching – Booths funding	38,000	27,000
Mind CYP grant	-	32,562
Openwork Foundation	-	1,300
Bounce Forward West Lancashire (Eric Wright Foundation)	34,729	16,019
CYP Peer Support – NHS Lancashire & South Cumbria ICB	117,386	-
CYP Mental Health Early Intervention Hubs - DHSC	213,520	-
Working Towards a Trauma Informed Vision – Mind	20,000	-
Parenting Support Blackpool – NHS Lancashire & South Cumbria ICB	13,369	-
Resilience and Prevention – NHS Lancashire & South Cumbria ICB	97,505	-
North Lancashire Suicide Prevention	11,367	-
Local Mind Grant – Virtual Coaching	3,000	-
	<hr/>	<hr/>
Total Children and Young People Services	583,844	149,634
	<hr/>	<hr/>

	2025	2024
	£	£
Adult Services		
<i>Restricted income</i>		
The National Lottery Community Fund RC North West Region (Connecting Communities)	110,486	70,997
Great Places Housing Group – Greater Together Resilience Fund	3,306	1,653
Mind Cost of Living Crisis Fund	-	20,000
Chorley BC Community Grant Fund – Cost of Living Project	-	5,000
UK Shared prosperity Fund – Money and Me (Chorley BC)	25,611	-
Sub-total – restricted income	<hr/> 139,403	<hr/> 97,650
<i>Unrestricted income:</i>	-	(103)
	<hr/>	<hr/>
Total Adult Services	139,403	97,547
	<hr/>	<hr/>

LANCASHIRE MIND LIMITED**(A COMPANY LIMITED BY GUARANTEE)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2025****5 Incoming resources from charitable activities (continued)**

	2025	2024
	£	£
Training Services		
<i>Restricted Income</i>		
Suicide Prevention	150,900	190,997
Business Health Matters	-	129,671
DHSC Suicide Prevention Fund	98,486	20,242
Peer Support and Mental Health Outreach – NHS Lancashire & South Cumbria	13,873	-
	<hr/>	<hr/>
Total Training Services	263,259	340,910
	<hr/>	<hr/>

6 Resources expended

	Direct costs	Support costs	Total	Direct Costs	Support costs	Total
	£	£	2025	£	£	2024
			£			£
<i>Unrestricted</i>						
Fundraising	91,650	6,955	98,605	60,480	8,357	68,837
Trading activities	21,056	1,598	22,654	38,320	5,264	43,584
Charitable activities:						
Housing	744,886	62,330	807,216	597,303	89,331	686,634
Wellbeing Coach Services	39,571	23,836	63,407	51,097	28,994	80,091
Engagement and Inclusion Services	35,313	10,343	45,656	29,068	40,857	69,925
Children and Young People Services	-	44,304	44,304	19,317	23,207	42,524
Adult Services	-	10,578	10,578	(224)	13,382	13,158
Training Services	-	19,977	19,977	-	48,214	48,214
Other Grants	-	1,517	1,517	-	4,599	4,599
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total unrestricted expenditure	932,476	181,438	1,113,914	795,361	262,205	1,057,566
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
<i>Restricted</i>						
Housing	76,501	-	76,501	53,255	-	53,255
Wellbeing Coach Services	274,499	-	274,499	159,989	-	159,989
Engagement and Inclusion Services	100,980	-	100,980	268,386	-	268,386
Children and Young People Services	583,844	-	583,844	149,634	-	149,634
Adult Services	139,403	-	139,403	97,650	-	97,650
Training Services	263,259	-	263,259	351,010	-	351,010
Other Grants	19,995	-	19,995	33,479	-	33,479
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total restricted expenditure	1,458,481	-	1,458,481	1,113,403	-	1,113,403
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total expenditure	2,390,957	181,438	2,572,395	1,908,764	262,205	2,170,969
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

LANCASHIRE MIND LIMITED
(A COMPANY LIMITED BY GUARANTEE)
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FOR THE YEAR ENDED 31 MARCH 2025

7 Analysis of support costs

The charity identifies the costs of its support functions and, within that, those costs which relate to governance. Governance and other support costs are apportioned separately between the fundraising activities of the charity and each of the areas of charitable activities undertaken in the year (see note 6). The costs are apportioned on a basis consistent with the use of the resources by each area. The table below gives an analysis of support and governance costs.

Current year	Staff costs £	Office costs £	Governance £	Total £
Fundraising	6,235	300	419	6,954
Trading activities	1,433	69	96	1,598
Housing	55,881	2,691	3,759	62,331
Wellbeing Coach Services	21,370	1,029	1,437	23,836
Engagement and Inclusion Services	9,272	446	624	10,342
Children and Young People Services	39,720	1,913	2,672	44,305
Adult Services	9,484	457	638	10,579
Training Services	17,910	862	1,205	19,977
Other Grants	1,360	65	91	1,516
	<hr/>	<hr/>	<hr/>	<hr/>
	162,665	7,832	10,941	181,438
	<hr/>	<hr/>	<hr/>	<hr/>
Prior year	Staff costs £	Office costs £	Governance £	Total £
Fundraising	7,988	-	369	8,357
Trading activities	5,031	-	232	5,263
Tenancy Management Services	85,391	-	3,940	89,331
Wellbeing Coach Services	27,716	-	1,279	28,995
Engagement and Inclusion Services	39,055	-	1,802	40,857
Children and Young People Services	22,183	-	1,023	23,206
Adult Services	12,792	-	590	13,382
Training Services	46,087	-	2,126	48,213
Other Grants	4,599	-	-	4,599
	<hr/>	<hr/>	<hr/>	<hr/>
	250,842	-	11,361	262,203
	<hr/>	<hr/>	<hr/>	<hr/>

LANCASHIRE MIND LIMITED**(A COMPANY LIMITED BY GUARANTEE)****NOTES TO THE ACCOUNTS****FOR THE YEAR ENDED 31 MARCH 2025****8 Net income/expenditure**

	2025	2024
	£	£
Stated after charging:		
Depreciation and profit on disposal of fixed assets		
- Owned by the charity	10,969	4,468
Auditor remunerations		
- Audit fees	10,500	10,861

9 Staff numbers

	2025	2024
	No.	No.
The average number of staff employed, analysed by function was:		
Direct charitable work	42.5	38.5
Administration	7.3	6.5
	<u>49.8</u>	<u>45</u>

10 Analysis of staff costs and trustee remuneration and expenses

	2025	2024
	£	£
Wages and salaries	1,458,093	1,125,320
Social security costs	127,036	94,376
Pension costs	62,289	48,486
	<u>1,647,418</u>	<u>1,268,182</u>

One employee received emoluments exceeding £60,000 per annum during the year (2024: 1). No employees received emoluments exceeding £70,000 per annum during either year.

No remuneration was paid to trustees during the year (2024: Nil). One trustee was reimbursed travel costs in 2025: £329 (2024:£96).

The trustees consider the charity's key management personnel to consist of the CEO and the Senior Management Team. The total employee benefits received by key management personnel during the year were £358,084 (2024: £293,318).

LANCASHIRE MIND LIMITED
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11 Related party transactions

There were no related party transactions during the current or prior year, apart from any disclosed above relating to the trustees.

12 Tangible assets

	IT Equipment £	Freehold property (office) £	Total £
Cost			
At 1 April 2024	-	178,701	178,701
Additions	22,688	-	22,688
At 31 March 2025	22,688	178,701	201,389
Depreciation			
At 1 April 2024	-	81,145	81,145
Charge for year	6,500	4,467	10,967
At 31 March 2025	6,500	85,612	92,112
Net book value			
At 31 March 2025	16,188	93,089	109,277
At 31 March 2024	-	97,556	97,556

13 Debtors

	2025 £	2024 £
Trade debtors	112,246	64,832
Prepayments and accrued income	159,302	151,132
	271,548	215,964

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	78,838	30,012
Taxes and social security costs	32,055	24,539
Accruals	67,483	49,211
Deferred income	117,931	164,128
	296,307	267,890

LANCASHIRE MIND LIMITED
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Creditors: amounts falling due within one year (continued)

Income is deferred based on the service delivery of projects. Further details of each fund can be found in note 17.

The movement in deferred income is as follows:

	At 1 April 2024 £	Released from prior years £	Received Year £	At 31 March 2025 £
Youth Employment Hubs	7,436	7,436	-	-
The National Lottery Community Fund RC North West Region (Connecting Communities)	15,479	15,479	23,369	23,369
Tenancy Services – personal charges	1,000	1,000	0	0
Bounce Forward West Lancashire (Eric Wright Trust)	18,981	18,981	24,252	24,252
CYP Traded Services	5,500	5,500	14,500	14,500
NHS Lancashire and South Cumbria VCSFE Preparing for Transformation	100,000	100,000	-	-
Great Places Housing Group – Greater Together Resilience Fund	3,305	3,305	-	-
BBC Children in Need	12,428	12,428	3,473	3,473
North Lancashire Suicide Prevention	-	-	8,633	8,633
Local Mind Grant Virtual Coaching	-	-	7,000	7,000
Peer Support and Mental Health Outreach – NHS Lancashire & South Cumbria	-	-	3,049	3,049
CRH Charitable Trust – Therapeutic Services	-	-	3,719	3,719
Together After Loss	-	-	26,226	26,226
Preston Volunteering Fund	-	-	3,710	3,710
Total funds	164,129	164,129	117,931	117,931

15 Pension commitments

The pension scheme is with the National Employment Savings Trust (NEST). The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the scheme and amounts to £62,289 (2024: £48,486) in respect of 66 members of staff during the year (2024: 50). At the balance sheet date, the charity owed £10,604 in unpaid contributions (2024: £8,238).

LANCASHIRE MIND LIMITED
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16 Share capital

The company is limited by guarantee and does not have share capital.

17 Restricted funds

The movement on restricted funds comprises the income less expenditure and transfers on the general fund as set out in the Statement of Financial Activities.

Current year	At 1 April 2024 £	Income £	Expenditure £	At 31 March 2025 £
Flourishing Minds	-	109,616	109,616	-
Youth Support Hubs	-	7,437	7,437	-
Suicide Prevention Training	-	150,900	150,900	-
Bridge to Home	-	76,501	76,501	-
Blackburn College Enrichment	-	8,492	8,492	-
Great Places Resilience Fund	-	3,306	3,306	-
National Lottery Fund – Connecting Communities	-	110,486	110,486	-
Bounce Forward West Lancashire (Eric Wright Foundation)	-	34,729	34,729	-
Children in Need	-	34,968	34,968	-
CYP Virtual Wellbeing Coaching (Booths)	-	38,000	38,000	-
National Suicide Prevention Funding	-	98,486	98,486	-
Supported Self Help	-	64,932	64,932	-
Child Action North West	-	21,292	21,292	-
Together After Loss	-	52,449	52,449	-
CRH Charitable Trust – Therapeutic Services	-	3,782	3,782	-
Workwell Blackpool	-	6,500	6,500	-
Preston Volunteering Fund	-	980	980	-
Community Mental Health Transformation	-	100,000	100,000	-
CYP Peer Support – NHS Lancashire & South Cumbria	-	117,386	117,386	-
CYP Mental Health Early Intervention Hubs	-	213,520	213,520	-
Working Towards a Trauma Informed Vision – Mind	-	20,000	20,000	-
Parenting Support – Blackpool – NHS Lancashire & South Cumbria	-	13,367	13,367	-
Resilience and Prevention – NHS Lancashire & South Cumbria	-	97,504	97,504	-
North Lancashire Suicide Prevention	-	11,367	11,367	-
Local Mind Grant – Virtual Coaching	-	3,000	3,000	-
UK Shared Prosperity Fund – Money & Me (Chorley BC)	-	25,612	25,612	-
Peer Support and Mental Health Outreach – NHS Lancashire & South Cumbria	-	13,874	13,874	-
Mental Health Website Coproduction – LSCFT	-	19,995	19,995	-
Total funds	-	1,458,481	1,458,481	-

LANCASHIRE MIND LIMITED
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17 Restricted funds (continued)

Prior year	At 1 April 2023 £	Income £	Expenditure £	At 31 March 2024 £
Flourishing Minds	-	105,400	105,400	-
Co-op Foundation/National Lottery	-	38,149	38,149	-
Community Fund #will Fund Grant	-			-
Youth Support Hubs	-	7,801	7,801	-
Suicide Prevention Training	10,098	191,000	201,098	-
Eric Wright funding	-	25,921	25,921	-
Mind CYP Grant	-	32,562	32,562	-
Co-op resilience programme	5,606	-	5,606	-
Engagement Small Grants	7,103	-	7,103	-
Business Health Matters	-	129,670	129,670	-
Investing in Mental Health – Money & Me	12,354	44,517	56,870	-
Mind Digital Marketing Grant	-	33,479	33,479	-
Openwork Foundation	-	1,300	1,300	-
Eric Wright Trust Cost of Living Grant	17,775	0	17,775	-
Bridge to Home	-	35,480	35,480	-
Blackburn College Enrichment	-	10,733	10,733	-
Public Health Budget	-	100	100	-
Great Places Housing Group – Greater Together Resilience Fund	-	1,652	1,652	-
Mind Cost of Living Crisis Fund	-	20,000	20,000	-
Chorley BC Community Grant Fund – Cost of Living Project	-	5,000	5,000	-
The National Lottery Community Fund RC North West Region (Connecting Communities)	-	70,996	70,996	-
Bounce Forward West Lancashire (Eric Wright Trust)	-	16,019	16,019	-
BBC Children in Need	-	8,682	8,682	-
CYP Virtual Wellbeing Coaching-Booths	-	27,000	27,000	-
NHS Lancashire and South Cumbria Community Mental Health Transformation	-	198,808	198,808	-
DHSC Suicide Prevention Fund	-	20,242	20,242	-
Supported self help	-	34,466	34,466	-
Child Action North West	-	1,490	1,490	-
Public Health Budget	-			-
Total funds	52,936	1,060,467	1,113,403	-

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17 Restricted funds (continued)

Details of the various restricted funds projects listed above are as follows:

Flourishing Minds is a project commissioned by Blackburn with Darwen Council to improve the mental wellbeing of its population by providing community based services.

Youth Support Hubs are a partnership with Active Lancashire to work alongside local partnerships and young people to explore and co-design physical and mental wellbeing offers that will be embedded into the Youth Employment Hub approach.

Suicide Prevention is a project which aims to develop, promote and co-ordinate training programmes to equip individuals and professionals working in multiple settings to recognise emotional distress and develop well-being promoting skills and increase knowledge of mental health and suicide prevention and to develop and deliver universal, targeted and specialist levels of training.

Bounce Forward/Bounce Forward West Lancashire – the Eric Wright Trust used to deliver our Bounce Forward programme to different areas of Lancashire, currently focused on the West Lancashire district.

Great Places Housing Group – Greater Together Resilience Fund – delivering our **Money & Me** project in the Blackburn with Darwen area.

Bridge to Home funds a caseworker to support service users moving from in-ward to housing enabling them to access community services and activities to improve wellbeing.

Blackburn College Enrichment – supports the delivery of mental health wellbeing sessions at Blackburn College.

The National Lottery Community Fund RC North West Region – Our **Connecting Communities** project supporting people from minoritised communities in six East Lancashire neighbourhoods to overcome barriers to positive mental health and wellbeing.

BBC Children in Need grant funds a range of support for 12-18 year olds with poor mental health in Burnley and Pendle, Lancashire leading to improved coping strategies, support networks and wellbeing.

CYP Virtual Wellbeing Coaching – funded by Booths to deliver virtual wellbeing coaching to children and young people across Lancashire.

NHS Lancashire and South Cumbria Community Mental Health Transformation working on engagement with providers across the VCSFE sector to ensure that providers large and small are enabled to participate in the design and delivery of mental health services.

DHSC Suicide Prevention Fund – Provision of suicide prevention training and interventions for children and young people vulnerable to suicide and support for caregivers' wellbeing.

Child Action North West – partnering with CANW to support the provision of the Early Support Emotional Health and Wellbeing service

Supported Self Help – Supported Self-Help is a low-intensity mental health service which uses CBT-based techniques to support mental wellbeing. The aim is to be able to offer this as an early intervention, and to bridge the gap for people waiting for higher-level support.

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Together After Loss – A service provide parents and wider family members with emotional grief and emotional wellbeing support following baby loss.

CRH Charitable Trust – Therapeutic Services – providing free places for our therapeutic service to help support community need and contribute towards reducing therapeutic waiting times in the county.

Workwell Blackpool – is a light touch, early-intervention service available to anyone aged 16 plus living in Blackpool with a disability or health condition who needs support to remain or start in work.

Preston Volunteering Fund – to improve volunteer participation and retention and create new volunteering opportunities in Preston.

Community Mental Health Transformation – Contributing towards the LSCFT goal to improve mental health service provision throughout Lancashire and South Cumbria, through partnership collaboration with the VCFSE, encapsulating lived experience and coproduction.

CYP Peer Support – to provide targeted peer support to Children and Young People in various protected groups who can have a higher prevalence of mental health needs and who are less likely to access support or engage in interventions.

CYP Mental Health Early Intervention Hubs – Delivery of a model of CYP Hubs across Lancashire using our existing activities in hub locations that young people access, gathering feedback from CYP to understand need in each area and further refine and adapt the service to meet those needs.

Parenting Support - Blackpool – providing parenting support as part of the transformation plan for children and young people to grow up with healthy minds and resilience

Resilience and Prevention (resilient minds) - To provide Primary, Secondary schools and Colleges across Lancashire and South Cumbria with resources, training and support to offer a whole school approach to equipping children with the skills required to build wellbeing and resilience and prevent long term harm.

North Lancashire Suicide Prevention – To proactively provide all young people, in education, aged 11-24 in the North Lancs District, with the tools to manage situations, change and life in general, throughout their life.

Local Mind Virtual Coaching – funded by Mind to deliver virtual wellbeing coaching to children and young people across Lancashire.

UK Shared Prosperity Fund – Money & Me – This service aims to strengthen beneficiaries, economic and mental wellbeing through facilitating access to information, advice, tools and income. Combining mental health experience with money management tools.

Peer Support and Mental Health Outreach – As part of the Mental Health Wellbeing Partnership, providing access to training and resources to staff and volunteers. This includes Mental Health First Aid, Suicide First Aid and the Orange Button Scheme and offering Wellbeing Coaching to Peer Support Workers who may need additional support in achieving mental wellbeing.

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NOTES TO THE ACCOUNTS
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18 Designated funds

The funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

a) Current year	At 1 April 2024 £	Transfers £	Expenditure £	At 31 March 2025 £
Building Engagement Capacity	29,544	-	21,006	8,538
Inclusion and Accessibility	11,019	-	197	10,823
Business Development	17,964	-	17,960	4
Operations Capacity	12,103	-	12,103	-
Adult Virtual Wellbeing Coaching	23,442	-	23,442	-
Therapeutic Services Development	-	25,000	16,130	8,870
Lived Experience	-	25,000	14,306	10,692
CRM System	-	10,000	7,320	2,680
Total funds	94,072	60,000	112,464	41,607

b) Prior year	At 1 April 2023 £	Transfers £	Expenditure £	At 31 March 2024 £
Building Engagement Capacity	58,612	-	29,068	29,544
Staff Development	3,495	-	3,495	-
CYP Wellbeing Coaching Service	19,317	-	19,317	-
Inclusion and Accessibility	13,076	-	2,057	11,019
Business Development	40,060	-	22,096	17,964
Operations Capacity	38,387	-	26,284	12,103
Adult Virtual Wellbeing Coaching	74,539	-	51,097	23,442
Total funds	247,486	-	153,414	94,072

The trustees' report provides more details on the individual projects.

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19 Analysis of net assets between funds

a) Current year	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2025 are represented by:			
Fixed assets	109,277	-	109,277
Current assets	<u>975,583</u>	<u>136,684</u>	<u>1,112,267</u>
Creditors: amounts falling due within one year	<u>(159,623)</u>	<u>(136,684)</u>	<u>(296,307)</u>
Net assets	<u>925,237</u>	<u>-</u>	<u>925,237</u>
a) Prior year	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2024 are represented by:			
Fixed assets	97,556	-	97,556
Current assets	<u>947,877</u>	<u>185,188</u>	<u>1,133,065</u>
Creditors: amounts falling due within one year	<u>(82,702)</u>	<u>(185,188)</u>	<u>(267,890)</u>
Net assets	<u>962,731</u>	<u>-</u>	<u>962,731</u>

20 Operating lease commitments

At the year end the total of future minimum lease payments under non-cancellable operating leases was as follows:

	2025 £	2024 £
Within one year	9,554	7,806
Within two to five years	20,834	13,660
	<u>30,388</u>	<u>21,466</u>

21 Contingent liabilities

The charity had no contingent liabilities at 31 March 2025 (2024: None).

22 Capital commitments

There were no capital commitments at 31 March 2025 (2024: None).